

giving agents two rooms for office instead of one.

XII. The look ahead

1958 experiences have taught us that we need more than one office for 4 agents and one secretary. Moving to two rooms should be an advance forward.

Due to school facilities for 4-H Club members and a full program for senior members, it seems advisable to work towards community clubs in some areas at least. There is a need for more leaders who understand teen agers better. The 4-H leaders conference with two leaders from Hanover attending should be of great benefit to the county.

was presented by Mr. Heckle.

10. Agent and asst. agent attended Better Lighting workshop in King & Queen.
11. Agent and Asst. Agent attended the "Braided Rugs" in Tappahannock.
12. Agent and asst. agent attended agents workshop on Kitchen Storage and Space Savers at Mechanicsville.
13. Agent and asst. agent attended general landscaping meeting in Ashland.
14. "Light for Better Living" result demonstration in Goochland and Manover.
15. District XI Forum on Art in Daily Living with emphasis on literature and nature attended by agent and asst. agent.
16. Judging school at Jefferson Hotel in the educational exhibit group attended by both home agents.
17. Food Forum. The agent and asst. agent have attended 2 meetings on food facts, fads and fallacies held at Richmond and sponsored by the Nutrition Committee of the Virginia Council on Health & Medical Care.

These have been very informative. 2 articles following these meetings were written up in the asst. agent's column and information given to home-makers during home visits.

18. Meat Institute. The agent the asst. agent attended a training meeting on cuts of meat and preparation presented by National Livestock and Meat Board.

By means of a radio talk and 2 newspaper articles this information was passed on to others.

19. Have also read professional magazines, books and other publications. Used material from library, V.F.I., and bank in studying for demonstrations. As a member of the National and State Home Economics Association, National and State Home Demonstration Association. Attended the District Home Economics meeting in Richmond in November. Have attended meetings in Richmond pertaining to foods and clothing when time permitted. Attended the District Meeting of HD Clubs at Jamestown. Have attended church programs and taught a Sunday School class and have given programs in Circle meeting for the church.

XI. To improve office and working conditions

Have had office conferences and worked together on a total Extension program. Have worked closely with the county agent on 4-H program. Have cooperated with the asst. county and home demonstration agents in working with selected farm and home development families, have cooperated with changing office arrangement and contributed toward having a girl clean weekly. The office is being moved at the end of November thereby

X. Professional Improvement

1. Attended the Southern Regional Extension School in Arkansas where completed two courses with three credits. They were "Effective Use of Information Media" and "Organization and Procedure in 4-H Club Programs".

2. The agent and the assistant agent attended the two-day conference of the Virginia Home Economics Association in Richmond during March and the district meeting of the home economists held November 19th.

They both held membership in the State and National organization.

They are also members of the Richmond Home Economics Association. State and National publications are read as they are received.

3. The agent and assistant agent participated in the two-day tour of home agents in the Northeast District to the Experiment Station at Beltsville. This provided an excellent source of information on research being carried out on clothing, nutrition, and kitchen arrangements.

4. Attended a two-day agents workshop on clothing which included selection, adjustment, and use of pattern and material. A cotton dress was constructed.

5. The agent and the asst. agent attended a training meeting for agents at Williamsburg in December. This was conducted by Mr. G. C. Herring, Asst. Director of Extension, Mrs. Kyle and Mr. Norment, district supervisors. Emphasis was placed on the Farm and Home Development field. The Virginia plan was discussed.

6. Communications. The agent and the asst. agent attended a four-day training school on communications presented for agents in this district.

This included a discussion of our needs and goals as agents in our counties, methods of learning and most effective means of communications through various methods. Effective meetings were analyzed and demonstrations of such meetings were presented.

Major methods of presenting the message were discussed and evaluated. The conference was very practical and helpful.

7. Agents Conference (Blacksburg). The agent and the asst. agent attended the training conference held at V.F.I. for a week. Workshops on house furnishings, housing, kitchen planning and urban Extension were very practical and informative.

8. Agents Conference (Richmond). The asst. agent attended a training meeting devoted chiefly towards promotion of Program Development. M. C. Neckle, Extension Training Specialist, presented information supplemented by contributions of agents from "buzz sessions".

9. Agents Conference (Richmond)

The asst. agent attended a conference of agents in this district. Administrative matters were discussed by Mr. DeHart and Mr. Slusser. Communications

16. Ruritan Clubs

The asst. agent judged cakes at the 4th of July celebration of the Rockville Ruritan Club. Comments were given to the cake bakers as to how improvements could be made.

Farm Bureau (continued)

The asst. agent served on the Women's Committee. She introduced the speaker, Dr. A. Funnell Bailey, for the Christmas party, has worked on the "Food Comes First" project and given reports.

IX. Progress in developing good public relations in the county with:

A. Co-workers

Have worked together in planning and carrying out plans of unified Extension program.

B. General Public

Have kept the general public informed as to the home demonstration and 4-H program through the radio and local paper. Have complied with requests made for both bulletins and other information from the office. Have invited interested people to join the clubs and to attend programs during this year.

C. Elected Representatives

Board of Supervisors

The agent gave them a monthly report and will give them an annual report. She was advised not to attend board meetings except for specific requests. Members of the Board of Supervisors were invited to attend public functions of Extension nature. They are kept informed of Extension work in the county.

D. Commercial Interests

Commercial materials, approved by Extension, were used in 1958 program. She worked in cooperation with the utility people in using their kitchen for meetings. The utility home economists have helped the agent in the lighting program. Windows in local stores were used for exhibits for National HD Club and 4-H Weeks. The HD Clubs worked in cooperation with a local department store in having a style show and tea to supplement the county budget. HD Club and 4-H members attended educational programs which were sponsored by a department store

E. Other Professional Workers

The agent has encouraged the home economics teachers to serve in an advisory capacity to the clothing and foods committees. She has sent material from Extension as requested to home economics teachers.

ported on work done in the Farm and Home Development program.

8. Atlantic Rural

The agent, together with Mrs. Burton Chapman and Mrs. Charles Owen, judged clothing. This is the fourth year of judging at this Fair.

The assistant agent, together with Mrs. Seiden and Mrs. Sweeney, judged fables, jams, catsup, relishes, etc. for the four consecutive year at the Atlantic Rural.

9. Goodland Fair

The agent, together with Mrs. Ernest Jones of Hagerover County, judged 4-H and FFA exhibits in clothing.

10. 4-H Club Fair

The assistant agent judged home improvement and clothing at the Henrico County 4-H Club Fair.

11. Rockville Jr. Women's Club

The agent, agent and Mrs. J. R. Gilliam presented a demonstration to this group showing 12 Christmas arrangements. This included door, table, mantle and hall-way decorations. Table favors were also shown. 25 ladies were present.

12. Haverford River Garden Club

The agent, agent served as chairman of a committee for this club to decorate the door of "Sunshine Sue's" (John Norman's) home in a community contest in which 5 garden clubs participated. This door was awarded the first prize.

13. Barton Heights (Richmond)

The agent, agent was the principal speaker for the Christmas program at the Barton Heights Garden Club. She spoke on "Christians in Hierarchy". Illustrative material was shown. Approximately 60 women were in attendance.

14. Beulah Presbyterian Church

The agent, agent secured a speaker for the Women's Circle of this church to speak on church flower arrangements. She visited the speaker, Mrs. Miller, and helped her to organize her demonstration.

15. Southern States

The agent, agent served on the board of the Farm Home Advisory Committee. Helped make plans for their annual dinner meeting. She also served as secretary.

VIII. Cooperative work done by agent with other agencies or groups

1. Welfare Department

The agent and the HD Clubs cooperated with the Christmas Mother program in Hanover County. We have shared the use of the HD Kitchen with the Christmas Mother during the month of December to store material safely and to furnish an adequate space in which to prepare packages and baskets for needy families.

2. WML

The agents have given radio broadcasts and helped to prepare radio programs at designated times.

3. Health Department

The agent cooperated with Home Demonstration Club members in having physical check-ups and X-ray for TB.

4. Ruritan Clubs

The agent judged "Christmas Decorations" with two home demonstration club members in the Elmont area December 27th for the Ruritan contest.

The agent recommended two worthy girls to be sent to 4-H Camp at Jamestown, and attended a dinner with them at a Ruritan meeting where each gave a report on camp activities.

5. Farm Bureau

The agent worked with Farm Bureau members in having a 4-H Achievement Day program.

The assistant agent worked with Farm Bureau on Food for Fitness by organizing a food and nutrition committee.

6. Farmers' Home Adm.

Three conferences have been held by the asst. home agent with Al Turner, Farmers' Home Adm. Supervisor in discussing homemakers association with this agency.

Work is being done by the assistant home agent with Pawlett, Marion Furr, and Charles Darr. These families have been invited to attend the Hanover County Farm and Home Development School to be held in December.

7. Agricultural Conference

The assistant agent served on a committee to plan recreation and home economics exhibits for the Farmers' Picnic which was held at Hanover Wayside Park, August 27th.

The assistant agent attended a meeting of the Agricultural Board and re-

terested in the county program as a whole. However, they are a very fine club and have made some real contributions to the county and State. There are 18 active members and 10 inactive with an average attendance of 16. Some of the members have attended every meeting.

Nine members attended one or more workshops during the year. They have passed information on to 24 or more non-club members. Two members have helped 4-H'ers. Thirteen have made 104 different Christmas decorations. All have used suggestions on "Preventing Food Waste". Three have used "Meals for Two" recipes. Suggestions given on Color Harmony have been used by six members in 2 or more ways. Their leaders who gave this demonstration also gave it to another club which could not send a representative to the leader-training meeting. Five members have refinished from 1 - 12 pieces of furniture. Three have made slipcovers. Four have made or started rugs. One member got a reading certificate. Ten members restyled hats and two members made new hats. Four members etched fifteen trays. One member made a large basket. One bedspread was made. Three members made eighteen garments (dresses and skirts).

Three members attended the meeting on landscaping, benefitted by suggested planting of at least twenty five shrubs and trees.

The club participated in Achievement Day winning a Blue Ribbon on their educational exhibit.

One member is on the county nutrition committee and one member on the county clothing committee.

Two members attended the judging school and two members the nutrition forum.

A color harmony exhibit was arranged in a store window for National HD Club Week.

One member served on the District nominating committee; two members are state standing committee chairmen.

Five dollars was sent to IFYE and three dollars to Pennies for Friendship. A wall can opener was given to the Hanover HD Kitchen.

F. One significant achievement of Extension Work in 4-H Club Work

Kathleen Graves will be one of the 40 Virginia delegates who attend the National 4-H Club Congress, November 29-December 7. Many years in 4-H Club work and many projects that Kathleen has taken, the fine work she has done for herself and her wonderful leadership record play a big part in Kathleen's winning the State award in her Achievement Records.

She is one of the outstanding young people in our county. Many of her accomplishments she attributes to 4-H. She is a freshman in college this year. Kathleen was taken into the All-Star organization in 1957. Truly she is a credit to this organization whose motto is "Service".

No. demonstrations given by junior ldrs.	21	24	24	33	34
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5. Young Men and Women's Clubs

	1954	1955	1956	1957	1958
No. club officers	0	0	0	0	0
No. leaders or sponsors	0	0	0	0	0

C. Activities and accomplishments of some outstanding leader and Extensions part in this development.

Mrs. Charles Beck served two years as president of the Hanover County HD Clubs. Prior to that she served two years as president of her club.

A lovely and gracious lady, she has achieved much in the development and interests of her own club members as well as those county wide. Because of her, the Beavertan Club has a good monthly attendance and take part in the majority of the county activities. Often club members are unable to furnish a meeting place. They are always welcome to use her home. They are also dependent on her for transportation.

County wide she has contributed much of her time and has been exceedingly interested - also attending the district meetings.

Mrs. Beck's husband's business is in Fredericksburg, and she is very active there. Working with HD Clubs has enabled her to know more about the county in which she lives and the people and to take a much deeper interest in it.

D. Activities and accomplishments of an outstanding family

Mr. and Mrs. A. M. Tiller and Janet are one of Extension's outstanding families. They live on a livestock (pigs and poultry) farm where they have lived for 16 years. All are active in community activities and show results of good previous planning. Mr. Tiller is primarily interested in hogs and Mrs. Tiller raises broilers for extra income.

Mrs. Tiller has been a 4-H leader for three years. She is a conscientious leader seeing that her members complete their projects. This fall, due to unavoidable circumstances, she has to give up being a leader. She will be greatly missed. At this time her young children have joined another group.

Janet is taking Meal Preparation and Pigs. She has entered the demonstration contests, shows exhibits and is most active in her pig project. She was successful in 1957 winning first place in a pen of three and single entry. She also won the grand champion award. This pig brought over \$200 when it was sold.

Mr. & Mrs. Tiller are enrolled in Farm and Home Development and seem well pleased.

E. Activities and Outstanding Accomplishments of a Club

The Patrick Henry Club is one of Hanover's older clubs. Since many of the members have already reared their families, they are not always in-

May	Individual and community clean-up	135
June and July	Plant for food Beauty and Pleasure	90
Aug.) Sept.) Oct.)	Aid in establishment of disposal centers	8

Program of Work Chairmen had a leader training meeting with an attendance of eight under the leadership of the horticulture specialist at V.F.I. in November. They are very much interested in their work on Home and Community Beautification and have requested help in February.

B. Growth of Leadership	No. 1957	No. 1958
1. Overall Program Leaders (organizational) Leaders for County Ext. Service Board)	<u>0</u>	<u>0</u>
2. Home Demonstration Club leadership:		

	1954	1955	1956	1957	1958
No. organizational leaders	76	66	30	45	51
No. project leaders (subject matter)	15	12	13	13	10
No. Federation program of work chairmen	15	12	13	13	10
No. program development leaders	2	0	0	0	1
No. result demonstrators	7	8	6	6	5
No. training meetings by specialists	0	2	0	0	0
No. training meetings by dist. agents	0	5	0	3	3
No. training meetings by others				1	2
Attendance at all training meetings	176	129	90	74	152
No. meetings held without an agent	41	64	86	52	63
No. meetings leaders assisted	114	12	76	79	105
Demonstrations by leaders	88	64	69	69	48
Talks and discussions by leaders	60	173	228	127	114

3. Overall Youth Leaders (Org. leaders for County Youth Council)	No. 1957	No. 1958
	<u>0</u>	<u>0</u>

	1954	1955	1956	1957	1958
4. 4-H Club Leadership					
No. Club Officers	55	51	45	66	
No. adult project leaders		16	16	13	9
No. junior project leaders			5	5	2
No. result demonstrators			0	0	0
No. training meetings by specialists	1		2	0	1
No. training meetings by dist. agents				0	0
No. training meetings by agent	1		2	5	7
No. training meetings by members of club dept.	1	2	0	0	1
No. training meetings by others		1	2	2	2
Total attendance atldr. training meetings	14	35	32	61	67
No. 4-H leaders trained individually	6	6	5	6	3
No. club mgs. held byldr. w/out agent	51	61	97	103	76
No. additional club meetings at which leaders assisted	20	34	5	55	2
No. demonstrations given by adult ldra.	47	49	18	62	46

VII. Leadership

A. Contribution of the following volunteer leaders to the program:

1. Organizational

The club presidents, program development leaders, and program of work chairmen plan the club programs and see that they are participated in by members. The meetings have been conducted according to parliamentary procedure. In the absence of the president, the vice-president conducted the meetings. The secretaries kept attendance records and minutes and attended to club correspondence. They sent the agent the club enrollment, lists of officers and project leaders. The treasurers kept account of money received and disbursed.

2. Program Development Leaders

The Program Development Leaders, trained by the specialist, took the lead in developing an useful program which was based on the needs and interests of club members. Their job is continuous in helping to carry out the program as it progresses and in helping members to plan a program for the following year and on into the future. They summarized the needs and interests of their clubs and sent to agent. These summaries were used at the planning meeting. When the program was decided upon they presented it to their clubs for necessary adjustment and adoption. They summarized the club accomplishment sheets and sent to agent in November.

3. Subject Matter

The project leaders were trained by the specialists, agent, assistant agent, and local leaders. The agent supplied them with subject matter material for themselves and to distribute to club members and interested non-club members. Some of the leaders gave project instruction to 4-8 Club members. Project leaders were responsible for 6 club meetings out of 12 in each of the clubs. They assisted each other when requested.

4. Federation Program of Work Chairmen

The county chairman planned the year's objectives with the chairmen of the clubs. A check sheet was given each chairman and they were asked to turn in the activities in November.

The program of work as set up by the program of work chairman and results obtained:

<u>Month</u>	<u>Objective</u>	<u>Results</u>
Jan. & Feb.	Plan vegetable and Flower Gardens	64
March	Plant Dogwood	27
April	Improve mailboxes and make entrances safe	54

also assisted by planning with committees, registering exhibits and assisting the judges. She helped Lucy Selden with preparations for her demonstration on Lighting.

(8) First-Aid Kits

First-aid-kits were sold by club members as part of their safety project and to raise funds for the 4-H treasury. Members in each club received an award for selling the most kits. An award also went to the member who sold the most in the county. Each member of the club which sold the most received a candy bar each. \$210 was made in selling 4-H kits by both girls and boys.

D. Young Men and Young Women's Work

Hanover County does not have an organized group. Young homemakers are reached through home demonstration club membership, special interest group meetings, home visits, office and telephone calls, farm and home development program and distribution of requested material to help solve their problems.

VI. Scope of Work

A.

	1954	1955	1956	1957	1958
No. H.D. Clubs or Groups	15	12	14	12	10
Membership	265	272	254	265	226
No. 4-H Clubs	11	10	8	11	15
Membership	267	303	261	311	293
No. YMW Clubs	-	-	-	-	0
Membership	-	-	-	-	0
No. Community Clubs (4-H)	-	7	9	10	6
Membership	-	88	116	95	65
No. Home Hd. Committees	-	-	-	-	2
No. General Interest Committees	-	-	-	-	1
No. Youth Committees	-	-	-	-	0
No. other organizations	-	-	-	2	0
No. Farm & Home Dev. Families	-	-	19	26	55
No. other families reached	-	-	-	100	300
No. different families reached	-	-	-	600	600

B. What was done to increase scope of work and to inform the public about HD work.

Radio programs participated in the first part of the year, television programs during the year. Interested people were invited to District Meeting, tea and fashion show, Home Demonstration Achievement Day Program, special interest group meetings, club meetings, and community picnics. Exhibits were shown in community store windows and on Achievement Day. News articles were written. Bulletins were furnished non-club members on request. Club members carried information to non-club members.

of Henrico County, visited Richmond Willow Works, Tandy's, and the Art Shop in securing materials for the 4-H Club Camp at Jamestown.

The Assistant Agent helped with the leader training meeting on crafts at Hanover Wayside Park in preparation for 4-H Club Camp at Jamestown.

31 members attended Jamestown 4-H Camp with 4 junior leaders.

3 members attended Conservation Camp, one of these on a scholarship for being best all-round girl at camp in 1957.

(3) Short Course

5 attended 4-H Short Course at Blacksburg. Two members received State Awards on records—one winning \$150 scholarship in Laundry and another winning a trip to National 4-H Congress. Two girls who won in the District Contests on demonstrations gave demonstrations at the Short Course.

(4) County Contests

It was decided to postpone the date of the County 4-H Contests from August, 1958 to February, 1959, in order to be nearer to the District contests.

(5) District Contests

12 Hanover girls entered the District Contests winning 4 blue, 4 red, and 4 white awards. Of this number, three were seniors and each won a blue award. The contests they entered were: Frozen Foods, Meal Preparation, Poultry Consumption - Junior & Senior, Dairy Foods, 4-H Records, Clothing Achievement, Dress Revue, Bread, Public Speaking, Meal Preparation, Home Improvement, and Laundry.

(6) Rural Life Sunday

The school clubs observed Rural Life Sunday by having members attend church with the family.

Two community clubs attended church in groups.

One club had the program at young-people's meeting and furnished flower arrangement.

(7) Achievement Day

The 4-H Achievement Day Program was held October 3rd in the War Memorial Building in Ashland. Exhibits were collected and put in place on October 2nd. The foods were judged that night by a trained HD Club member. A HD agent and home economist in business judged the exhibits on the morning of the 3rd. Exhibits were on display during the day and evening. They were of very good quality--75 exhibits with 25 blue awards, 24 red awards, and 14 white awards.

The assistant agent secured ribbons and posters for this event through the courtesy of Mr. Williams, advertising manager for Sears, Roebuck. She

This committee is composed of HD Club members, 4-H leaders and Farm Bureau representatives. They work with the agents in carrying out the 4-H Achievement Day Program.

B. 4-H Project Work

1. Safety

Safety was chosen as a county wide school project at a 4-H planning meeting.

The program was set up as follows:

September:	Meeting with last year's 4-H Club members about project completions and Achievement Day (4-H).
October:	Organization
November:	Explanation of Safety project plans for the year.
December:	First Aid. Explanation of use and importance. Plans for selling kit.
January:	Safety in the home. Make a safety survey.
February:	Discuss hazards found. Demonstrations as result of hazards found.
March:	Safety in buildings and surrounding areas. Discuss hazards.
April:	Exchange safety demonstrations with boys 4-H Club. Discuss next year's project.
May:	Project completion. Vote on next year's project.

These lessons were taught with demonstrations, talks, illustrations, and posters.

186 club members in 9 clubs took this project with 110 completions. Members located hazards in their homes and on their farms and reported what they did about them at club meetings and on their record sheets. They gave demonstrations and took part on the program. They made educational exhibits at Achievement Day Program.

School clubs are very much handicapped because of insufficient meeting places, poor acoustics, and constant interruptions.

Community groups took other projects, mainly Neal Preparation and So You'd Like to Sew. Some older club members took Make and Remake.

C. Other Activities

(1) Community Activities

4-H members assisted HD Club members in the clean-up campaign mentioned under adults.

The sold signs for mailboxes to improve appearance and to raise money for church.

(2) Camp

The assistant agent, together with Mary Graham, assistant 4-H Club Agent

V. County Extension Program - Youth

A. Organization

1. County Youth Council
 2. County Youth Committee
 3. County 4-H Council
- } Have not been organized but an attempt has been made. It did not materialize due to lack of attendance.

The membership of the County 4-H Council consists of officers from each of the school clubs, and the adult and junior leaders in the county.

One meeting was held in 1958--in October. County officers were elected. All officers were trained and materials given them to further inform them of their duties. The Asst. Home Agent held a training session for the club presidents. Awards were given, leaders, parents and members recognized. Members participated in recreation and were served refreshments

4. All Stars

The All Stars have a small number in Hanover County. One girl was added to the group in 1958. Jane Ruffin presided at the All-Star banquet at Christmas. Kathleen Graves helped decorate the tables and was on the program. The home agent and assistant home agent attended the banquet also.

A meeting was held to determine the candidates for membership in the All Star organization in June. One of the All Stars from another county serves as adult leader for one of the community groups and at 4-H camp.

5. Honor Club

There are not sufficient eligible senior members in Hanover County to organize an Honor Club.

6. Project Planning Committee

Due to the agent being away part of summer and the full program of 4-H members, a project planning group was not held. Clubs selected their projects in the school groups.

7. Other

Adult Leaders Committee

An adult leaders committee met monthly from December until June. Due to poor attendance, the meetings were cancelled. Plans are underway for holding 3 or 4 such meetings annually.

Achievement Day Committee

Insulation of walls has been accomplished.

Mrs. Graves and Kathleen are both enthusiastic about help received. Mrs. Graves entertained the members of her Cold Harbor Club and showed what had been done. As a result, Mrs. Watt Wood has asked to be enrolled in the Farm and Home Development Program.

Kathleen is now at Mary Washington College. Mrs. Graves explained how information gained is being used in planning her room at college. She is working with 2 room mates in coordinating colors and furnishings.

One of the sons has improved the lighting in his room by painting the inside of the parchment shade white, using a wide harp and an R-40 bulb.

The Graves are a most satisfactory family to work with. They are very quick to improve practices and are very appreciative of help received from the Extension Service.

D. Evaluation of Farm & Home Development Program

The majority of the families with whom the assistant agent works are very cooperative and are interested in going ahead with plans. "Before" pictures have been taken in several instances and "after" pictures will show results. It is planned that these be shown at some recognition meeting to indicate a definite accomplishment on the part of each family.

The Farm & Home Development Program is one by which the agent learns from experience. It is a challenging program, being concerned directly with the homemaker's problems in her own home.

Training by the specialists and help from the District Agent are of much value.

The large investment in housing and the convenience and satisfaction to the family members should allow for no mistakes in advice given by the agent. The assistance by Mr. Wheary has been greatly appreciated. Plans for future work indicate such more help will be needed in 1959.

Financial planning has gotten a start in 1958. The sessions to be given at the December school should help promote an increased interest in 1959.

A garage with storage facilities and an additional poultry house has been added.

A den will be built when finances permit.

Burnettes are a very fine family. They are very appreciative of help given by the Extension Service and are most cooperative.

E. K. Graves, Rt. 1, Richmond, Va.

The E. K. Graves have 3 children, Kathleen, Edward, and Steven.

They raise cattle and operate an used auto parts business.

Mrs. Graves has been very cooperative with both home demonstration and 4-H Club work. Her children have been enrolled in 4-H Club work for several years. Kathleen has won many honors in 4-H Club work. She was taken into "All Stars" a year ago and shall be a delegate to Club Congress this fall.

The Farm & Home Development Agent has worked with both Mrs. Graves and Kathleen in Home Improvement.

Before and after pictures were taken of Kathleen's room and the following changes made: Bed and furniture rearranged to provide better balance and convenience. Wall colors changed from gray to light green with white trim. Dark green bedspread changed to yellow checked with ruffles and cafe' curtains to match. Small rocking chair from outside porch used—refinished and brown pillow added—very attractive. Two Wunda-weave 4 x 7 rugs in brown replaced small various colored rag rugs. Unused bookcases removed to give an "uncluttered" look to bedroom. Pictures rehung. Books rearranged and philanderrum added an attractiveness to book cases.

"Good Lighting" was added to desk for study and to bedside table for reading. Painting parchment shade white and R-40 light bulb improved lighting.

This was accomplished at low cost. Mrs. Graves remarks "I can hardly believe it is the same bedroom. It's just like a ray of sunshine."

Work with Mrs. Graves included the following: By rearranging furniture in living room and removing 2 large chairs, fire screen, corner shelves, crocodile and some accessories the room lost a "cluttered look". Pictures and accessories were rearranged in living room, den, dining room and adjoining room. Colors of walls were co-ordinated. Lighting has been arranged for reading according to recommendations by proper placement and correct wattage.

A visit was made with Mr. Wheary to discuss insulation and how to take care of condensation of moisture on walls. A possibility for using the back porch as a "mud room" and construction of stair case to attic was also explained.

goals slowly and systematically.

A. House Furnishings

Having an attractive and comfortable living room was Mrs. Isbell's short-time goal. Miss Jamison, Home Furnishings Specialist from V.P.I., assisted with this project and the following has been accomplished:

Rearranged furniture more convenient for TV viewing and better balance in the room.

Constructed draperies.

Purchased area rug.

Improved lighting.

Rearranged accessories.

Recovered and refinished chair. It is now attractive although formerly Mrs. Isbell says she had considered an "eye sore" before renovation.

B. Landscaping

Shrubs have been arranged according to Mr. Beecher's recommendations. Lawn has been leveled. It is much improved.

C. Time Management

Mrs. Isbell has been working on "time management" for herself. Has been using Extension recipes and suggestions for more efficient use of freezer. Is enthusiastic about her success with twice-baked rolls, meat loaf, sweet potatoes, etc.

The entire family is interested and enthusiastic about progress in Farm & Home Development field.

Mr. & Mrs. John G. Burnette, Rt. 1, Richmond, Va.

The Burnettes have 3 daughters, Sandra, 12, a 4-H member; Linda, 8; and Betty Anne, 4. They have been enrolled in Farm & Home Development since early in 1956. They are truck farmers, living in the area of Hanover County which is particularly good for this type of farming. They also raise poultry and eggs to give them a year-round income.

From plans developed at a housing conference, under the direction of Miss Mary Settle, housing specialist, and Mr. G. D. Wheary, agricultural engineer, V.P.I., 2 extra bedrooms have been added.

These have been furnished and painted. She is working with the agent in planning storage facilities and window treatments.

The kitchen storage facilities have been improved by the use of step shelves and spice racks which her husband made for her.

Living room furniture has been rearranged and pictures rehung to add attractiveness and convenience.

Good lighting is a future goal to be attained.

House Furnishings:

78 home visits have been made to 23 homemakers to give assistance with home furnishings problems. Many feel inadequate in choosing color schemes and furnishings.

Since the cost of home furnishings prohibits too many changes, once a decision is reached, and family pride in the home is often affected by its appearance, this problem of the homemaker is of utmost importance. Encouragement is given for the entire family to be considered as to likes and dislikes and at the same time attempt to foster good art principles. Commercial samples of fabrics, color charts, and bulletins have been used in working with these homemakers.

Miss Jamison, V.P.I. Home Furnishings Specialist, has visited two families with the home agent. This in addition to special training meetings and printed material has provided much information and inspiration.

Yard Improvement:

There is a definite interest on the part of eight homemakers in beautifying their homes by more attractive grounds.

The J. D. Isbell home was visited by Mr. A. S. Beecher, Extension Specialist. His recommendations were followed. More information regarding help received by Mr. Beecher is included in the Asst. Agent's and Agent's combined report under III B Project Work, S, Landscape.

4-H Clubs:

Wesdames Tyler, Isbell, Wright, Tiller, Burnette, Dvorak, Salden, Graves, and Vincill have daughters of 4-H Club agent. The agent discusses the 4-H Club work at each conference with the mother. Lucy Salden is in the process of redecorating her bedroom as a 4-H Club project.

Kathleen Graves has completed this project. This is written up in the Progress story of the Graves family.

G. Progress Stories

Mr. & Mrs. Joe Isbell, Rockville, Va.

Family Situation:

The Isbells are a young family. They have 3 children: Betsy, 11; J. D., 7; and Susie, 2 years.

They are long-time residents of Manover County. They have lived on this farm for approximately seven years.

Both Mr. & Mrs. Isbell construct their new home. Storage space was planned and arranged for this house. Mr. Bradley has taken pictures.

They have as long time goals the payment of debts, farming on an economic basis, provision for education for children, having a comfortable home and surroundings. The Isbells are working towards these

Information is given by the Farm & Home Agent on suggested methods of food preservation and cookery. Variety of preparation is included.

Clothing:

Eleven homemakers have been assisted with problems on clothing. Buying clothes for their children which will be durable, attractive, and which can be adjusted during the child's growth are of concern to the homemaker.

The lesson on buying clothing for children which shall be presented at the school should be very helpful.

Housing:

26 home visits have been made to help with housing.

Since work with housing is usually very costly, and often permanent, families are advised to plan each step thoroughly. Families are encouraged to analyze plans carefully as to passageways, placement of windows, and doors, room arrangement, storage facilities, conveniences, and attractiveness.

Two families are planning to build new homes, two are converting attics to bedrooms, four wish to remodel, one to insulate, five to repair, and one to complete work on home now being constructed.

Mr. Wheary, V.P.I. specialist, visited three homes--two to give advice on repair and insulation and one to advise regarding the conversion of a porch to a family room.

Additional visits are scheduled for Mr. Wheary when he visits the county again the early part of December. His help is of much value to the families.

Home Management:

Time Management seems to be a common complaint among the majority of homemakers with whom the agent has worked. The agent is working with them in trying to determine the cause--whether poor organization, improper storage, poor techniques of work, etc.

Good Lighting was emphasized this year in both Home Demonstration Clubs and in the Farm and Home Development program. The work done by the Asst. Home Agent is written in detail in the combined report of the home agent and Asst. Agent, Section III, B Project Work, J Home Management.

Family Accounts and Finances have been discussed with the homemakers and record books given to her.

Suggestions for wise buying have been given whenever possible but this is a field in which much additional work is needed.

The scheduled school should give splendid help along these lines.

families this year.

Families were encouraged to list goals which they wished to attain in life--both short and long time goals. These have included the entire family.

They were also encouraged to study their resources and determine if all possible resources were fully realized.

These were evaluated in the light of the time and energy of the family members as well.

Wherever possible alternatives were presented to the family and they were encouraged after being presented as much background information as possible by the agent, to make their own decisions. Subject matter specialists from V.P.I. have been called upon to give additional help when necessary.

The school, where the group approach is used, shall provide a more efficient use of the agent's time, since common problems shall be considered. After the school, it would seem advisable to make individual visits to determine the effectiveness of this teaching and see if further help is needed.

An opportunity shall be given those attending to request additional group meetings of a similar nature.

Training by the VPI specialists, Miss Amelia Fuller and Mrs. Ocie O'Brien and conferences with the District Leader, Mrs. Betty Kyle, have been a splendid help.

Subject Matter

Nutrition & Food Preparation:

13 families have requested assistance in planning and preparing more adequate meals for their families. The agent has attempted to give information and also printed material which would help the homemaker to plan more enjoyable meals, save time, energy and money and have better health.

Since the majority of the women have home food freezers, emphasis is placed on methods of preparing foods for the freezer from the home garden and also preparation of preserving prepared foods so as to save time, money, and energy.

The use of milk in cookery will be demonstrated at the Farm and Home Development School.

Vegetable Gardening:

Eleven homemakers have vegetable gardens and receive the Garden Suggestions which are sent out monthly by the County Agent's Office.

Forty-two additional homeowners have been enrolled in the Farm and Home Development Program this year. Requests have been made for assistance from 4 additional women; and they shall be enrolled as soon as they permit.

This brought the total enrollment up to 36; however, three women have been dropped as they have moved away from the county, so the present enrollment is 33. Fifty-four families are now participating in the Farm and Home Development program. Of this number, 21 families are enrolled in both the farm and home programs.

Both the home agent and farm agent attempt in each farmhouse to get all the family members to participate as an unit so that both farm and home needs may be considered and plans made to utilize local resources.

The home agent started work on a full-time basis on March 1st. This has helped to intensify the work done--the agent has been provided with more of an opportunity to become better acquainted with the families, to learn more about their problems and needs and try to assist them with information for solving these problems.

The Farm and Home Development Committee met on March 10, 1958. The purpose of this committee is to serve in an advisory capacity. The agents reported on work being carried out in the county, and requested recommendations as to services which would be most helpful.

This committee felt that a school, similar to that held in 1957 would be beneficial. The agents were requested to visit Farm & Home Development families for recommendations as to type of subject matter which they felt would be of the greatest benefit for them.

A school is scheduled for December 9th and 10th to be held at Hanover Home Demonstration Kitchen. The men and women shall meet together the first day and shall meet in separate sessions for the second day.

Research loops, Farm Management Specialist from V.F.I. and Miss Anella Puller, Home Management Specialist, V.F.I., will be the principle discussion leaders. The farm and home agricultural outlook, money management for the entire family, and a work session on record books will be the program for the first day which shall include both husband and wife.

The second day the women shall receive information on buying children's clothing and quiet and economical ways of using milk in cooking. The agent together with one of the cooperators shall give a demonstration on the uses of milk.

Subject matter as planned by the farm agent shall include a discussion of business in farming; cost of crop production, livestock production, and renting and operating machinery.

One of the local bankers will participate in the program. The cost of the luncheon at noon is also being taken care of by a bank in the county.

190 individual home visits have been made to Farm and Home Development

Contest held in Richmond on February 15th. She presented three 4-H Club members over radio station WRNL with information on the contest.

The assistant agent presented a radio program on "Points in Purchasing Meat."

Television

The assistant agent scheduled arrangements for 3 TV programs over station WTVR during National 4-H Club Week.

The assistant agent helped plan and organize 2 television programs over WTVR in Richmond. The first concerned the style show sponsored by ND women; the second gave information on lighting and announced the "open house" demonstration at T. H. Doughertys.

E. Urban Work

The small towns in Hanover County are not considered urban.

IV. Farm & Home Development

A. Problems encountered most often:

	<u>No. families</u>
House Furnishings	23
Housing	15
Nutrition & Food Preparation	13
Yard Improvement	8
Time & Energy	7
Household Accounts	8

B. Subject Matter Areas and Assistance Given:

	Short-Time Goals	Long-Time Goals	Outlook	Information	Buying Information	Improved Methods and Practices	Demonstrations	Specialist Assistance
<u>Foods and Nutrition</u>	13	12	13	13	12	2	-	-
<u>Vegetable Gardening</u>	11	11	11	11	11	-	-	-
<u>Clothing</u>	11	11	11	11	11	-	-	-
<u>Housing</u>	15	15	-	-	15	-	-	-
<u>Home Management</u>	7	-	-	-	-	-	-	-
<u>House Furnishings</u>	21	15	21	21	15	1	-	-
<u>Yard Improvement</u>	8	8	-	-	7	-	-	-
<u>4-H Club</u>	12	3	-	12	3	-	-	-
<u>Other (specify)</u>								

(4) Judging School

The agent and assistant agent together with 30 members from Hanover County attended the Judging School in Richmond. Some members were in each of the four groups. They also furnished a number of articles and food to be judged.

(5) Nutrition Forum

The agent and assistant agent and three club members attended the Nutrition Forum in Richmond.

(6) Institute of Rural Affairs

The assistant home agent and six women attended the Institute of Rural Affairs. The 1958-59 County Chairman was sent as a delegate with a HD Club member from another club.

(7) Unorganized Communities

Some work has been done to organize a club in the Overhill Lake Community. So many of these women work, this club would have to be held at night. It has not been determined that there is sufficient interest to organize a club at present.

(8) HD Achievement Day Program

An Achievement Day Program was held in Ashland on October 23rd with 162 members, guests, and friends. Luncheon was served by a church group. The program consisted of invocation, music, presentation of ribbon awards to the nine clubs which had educational exhibits on display, presentation of reading certificates, remarks from the State Federation Chairman, the County Chairman, a guest speaker, and installation of officers. The clubs were represented 100 percent. Guests were: the District Agent, a retired District Agent, the District HD Chairman, and the State HD Chairman.

(9) Farmers' Picnic

A Farmers' Picnic was held at Hanover Wayside Park in August. Farm and home exhibits were shown and judged with ribbons and prizes awarded to the residents of the county. Lunch was served on the grounds. There were competitive games and contests. HD Club members entered exhibits, furnished workers for the day and took part in the program. Approximately 500 people attended the picnic.

(10) Publicity

Newspaper

Regular space is given each week to the Asst. Agent's column with an illustrated caption "Art of Homemaking". 42 articles were written primarily to homemakers for the purpose of giving information of an educational nature, giving recognition for achievement, or announcing of coming events.

Radio

The Asst. Agent served as publicity chairman for the District 4-H Club

of Work Committee.

Home Demonstration Club members contributed fruit, white elephants, and money to the Patrick Henry Hospital in Warwick which has several beds for Hanover residents.

Three Home Demonstration Clubs assisted in folding and putting TB seals and letters in envelopes to be sent to residents in three copies for Christmas donations.

The Home Demonstration Kitchen at Hanover will be used this year as in other years for wrapping Christmas packages and preparing boxes for the needy by the Hanover Christmas Mother. Members contribute cash, clothing, and toys to this cause.

Home Demonstration Clubs contribute to the Rescue Squad annually.

A church group served the luncheon for the Home Demonstration Achievement Day Program to raise money for their church.

Home Demonstration Club members can food and give money and presents to the Orphaned Children's Hospital and Shalvester Arms Hospital in Richmond at Christmas.

Forty-five dollars was contributed to I.P.Y.S.

D. Other activities

(1) To Promote the 4-41 Program

HD Club members contribute leaders and money to the 4-41 program. They paid half of the expenses of two leaders at the Adult Conference at Retamal Bridge in November.

HD Club members had a 4-41 member give demonstrations on Christmas decorations at their November meeting.

They paid for refreshments at the 4-41 Achievement Day Program, supplied four 4-41 Adult Leaders during the year, and two for 4-41 Camp at Jamstown.

(2) National HD Club Week

Set up exhibits in local store windows. Displayed the HD Creed with a flower arrangement in a bank, invited community members to their club meeting.

The County HD Clubs gave a Fashion Show & Tea featuring "Miss Virginia". Approximately 200 people attended the tea. Party sandwiches, homemade nuts and cookies were furnished by the clubs.

(3) District Meeting

Thirty two members attended the District Meeting at Jamstown 4-41 Camp. Two members took part in this program.

Method:

One of the members, who has worked for years in a hat shop and who has also worked on restyling hats in the Home Demonstration Clubs in a nearby county, held a workshop on Restyling Hats in one of the clubs in September.

Result:

12 hats renovated and restyled.

6. Housing

Eight members remodeled kitchens during the year.

7. Garden

72 members regularly received "Garden Suggestions" during the year. They have been particularly grateful for these leaflets and have frequently mentioned being benefitted by them.

8. Landscape

(Meeting arranged for by Asst. Home Agent)

In response to several requests in the county made by families including the Farm & Home Development Program for help with landscaping of home grounds, Mr. A. S. Beecher, gave a lecture on basic principles at the Westinghouse Kitchen in Ashland on April 2nd, 1958. Illustrations were shown by means of slides.

Announcements were made over WBNL radio station, in the weekly county paper--The Herald-Progress, to Home Demonstration Club meetings and to Garden Clubs. There was an attendance of 40.

Eight people brought specific requests for help with their own homes. Three members of an Episcopal Church near Tunstall received assistance in planning the church grounds. Mr. Beecher and the Asst. Home Agent made a visit to a Farm & Home Development family, Joe Isbells, where suggestions were given which involved the entire lawn area, including recreation and eating. Three neighbor ladies observed.

9. Family Life

Two Home Demonstration Club members attended a meeting on Family Life with Dr. Tate from V.F.I. as speaker. These members took careful notes and gave this information to their club which was particularly interested in studying Family Life.

10. Community Project

Home Demonstration Club members and 4-H members worked together in cleaning up church grounds in one of the communities.

1. St. Peter's Church

The Asst. Agent was requested to take "before" and "after" pictures of grounds beautification of St. Peter's Methodist Church in a congregational, one day, clean-up campaign. This was done under the direction of Mrs. D. G. Tignor, County Chairman of the Home Beautification project for the Program

ideas.

24 members taught friends and neighbors.

Other demonstrations and workshops were held in the clubs at Special Interest group meetings, at Club Choice month in July and on the afternoons of their regular club meetings.

One club which feels it cannot manage without crafts has a workshop conducted in the afternoon of every club meeting date. They spend several afternoons completing work begun.

One club which is only two years old had great pleasure in holding Special Interest group meetings at members homes.

Results:

Baskets made	21
Stenciled trays made	37
Flanter boxes tooled	21
Stools bottomed	17
Chairs seated	16

Rural Arts (continued) - Christmas Tree Decorations & Lighting

The Assistant Agent worked with Mrs. J. A. Vance in organizing plans for the leader training meeting on Christmas tree decorations for the Home Demonstration Clubs on November 5th. 16 members from 7 clubs were present and 2 guests.

Mrs. Vance showed numerous ways by which she had decorated tin can lids and cookie cutters to be used as tree decorations. Sequins, tiny Christmas tree balls, beads, and pearls, and glitter were used on gold painted lids. Christmas pictures, including family photographs and snaps were framed on these covers. By means of an ice pick, a hole was punched into the lid and it was threaded to hang on the tree.

The women were very enthusiastic. Materials had been brought along so the women made similar objects. This shall be included in the lesson which they shall present to their own clubs.

The Assistant Agent showed a leaf-shaped candle holder made from a tin can. Patterns were distributed.

Miss Jo Ann Gary, home economist from VEPCO, showed slides on Christmas lighting, and also had exhibits of Christmas decorations which were illuminated. Safety precautions were stressed.

Results of this meeting can't be determined since individual clubs shall hold their meetings in December.

5. Clothing

Objective:

To meet the needs of certain members who were interested in restyling and renovating hats.

Installment Buying

The agent trained by the specialist gave this demonstration in six of the nine clubs. This will probably be given at one other club. There was not felt a need for it in two clubs since the members paid cash for their purchases.

A flip chart, posters and the black board were used to hold interest and to help members better remember the lesson taught. Members were encouraged to make plans before buying. Material was given to them from local bank on savings and booklets on "Where Does My Money Come From, and Where Does It Go" was given on request. This meeting was listed in the Year Book and publicized in the local paper.

Results:

An estimated 150 people profited, to buy more wisely.

Wills

Arrangements were made through a local banker to furnish speakers from the Richmond banks for five meetings on "Wills". Three clubs grouped together for their meeting in the upper end of the county and three clubs in the lower end of the county grouped together for theirs. The remaining three clubs held their regular meetings with a banker speaking to them. Bulletins on "What Will Become of Your Property" were given out in advance to prepare members for the question and answer period which would be allowed in each club.

These meetings were listed in the Year Book and publicized in the press.

Results:

It is too early to estimate the results of this lesson but it is believed that it was of great benefit to the 250 members and friends who attended the meeting and of some real value to those whom it reached by interested members. Approximately 50 more. It is believed that 250 families profited by the Home Management lessons.

4. Rural Arts

Objectives:

To satisfy the desires of many of the club members who desire to be creative with their hands, to keep them interested HD members, and to interest others.

Methods:

A leader training meeting was held in November on "Christmas Decorations". Every club was represented with 12 leaders present.

The leaders gave the demonstrations in their clubs in December. Other members contributed their ideas at the local clubs. Members were very much interested.

Results:

Club members made 800 Christmas decorations using 60 or more original

The Asst. Agent attended an Open House demonstration on Lighting at Eva Foster's, R.D.A. in Coocohland Co. She provided transportation for Mrs. T. H. Dougherty whose home was used for a similar demonstration in July.

The HD Club representatives at program planning chose as an objective that each club member improve the lighting in at least one room this year.

The Asst. Agent gave a demonstration on Lighting to the Beaverdam Home Demonstration Club. 12 members were present.

The Asst. Agent attended a meeting on lighting given by Jo Ann Garey of VEPCO for HD Club members, and agent training meeting at King & Queen given by Miss Jamison.

Making Braided Rugs

Method

The agent attended a workshop on "Braided Rugs" given by the specialist. A Special Interest group meeting with 16 members attending was held in February. The booklets "Planning A Braided Rug" were distributed, a rug made by a member shown, materials needed to make a braided rug were shown, methods used by leader demonstrated. A rug stripper was bought by the county. Members were very much interested and planned to attend a meeting on "Planning The Braided Rug" to be held by the specialist. This meeting was cancelled due to the specialist's illness.

Results:

Members plan to work on Braided Rugs in 1959. It is estimated that the house furnishing program reached approximately 600 families.

3. Home Management

To teach homemakers to use their time to best meet their needs, to learn the advantages and disadvantages of Installment Buying and the importance of making a will.

Time Management

Methods:

The agent trained by the specialist gave the demonstration on "Time Management" to each of the nine clubs in September and October. Slides and posters were used and the use of different kinds of wax demonstrated. The members were urged to use their time wisely. There was a great deal of interest in this demonstration. It was listed in the Year Book and publicized in the local paper.

Result:

It is estimated that 250 families used some improved practices in time management.

notified as well as home agents in 12 surrounding counties.

Three news articles appeared in the county newspaper prior to this event and a story which gave results of this meeting. In addition, comments were made in the agent's weekly column. Three conferences were held with Joe Stuts, reporter for Times-Dispatch, but no publicity given.

Mrs. Dougherty, Jo Ann Garey, of VEPCO, and the Asst. Agent prepared and gave a television program over WTVR, Channel 6 in Richmond with information about this meeting.

Eight posters, made by VEPCO, were placed by HD members in prominent public places throughout Hanover County. Radio announcements were made over WRVA and WRNL, Richmond radio stations.

An attendance contest was held among the HD Clubs. One of the HD members baked a cake as an award. Washington-Henry received the prize having 19 members present. All clubs were represented except Boswell.

Results

Good lighting was achieved throughout the entire home which qualified under standards of lighting recipes for various tasks, such as reading, sewing, TV viewing, etc. Estimated cost amounted to about five dollars. Changes of the lamps owned by the Dougherty's were minor, such as painting the inside of a dark shade white, using white contact paper in another, using wide harps and adding a diffuser bowl. Changes of location, including height and a diffuser (including the R-40 bulb, or increasing wattage remedied the situation in most instances. A fluorescent lamp was diffused by use of cloth stretched over a painted picture frame.

Three lamps belonging to VEPCO were borrowed for the demonstration. Mrs. Dougherty has since purchased a recommended type with the advice of the Asst. Home Agent. Light bulbs throughout the home were provided by VEPCO.

The HD women and A-N Club girls serving as hostesses were among the most enthusiastic and were good teachers. They had received training at the Dougherty's one week prior to Open House.

Mrs. Dougherty remarked "I had no idea what a difference good lighting made. We only had one chair with really good lighting--that was Mr. Dougherty's. Now I know why every one seemed to want that. With other good reading locations, we don't seem to mind now."

Mrs. Beck, county chairman, "The women in our Beaverdam Club want a good lighting exhibit for Achievement Day. They want to wire an entire house."

Mrs. E. K. Graves has purchased 2 lamps, recommended for good lighting, her daughter Kathleen and son have also fixed up study centers with good lighting.

Mrs. Harry Selden is working towards good lighting for her home. Her daughter, Lucy, gave a demonstration on good lighting at A-N Achievement Day. The Asst. Agent helped her with preparations.

agent being out of the county on educational leave, a VEFOD home concert gave the demonstrations. Since this company does not service all Hanover, it was necessary to arrange for some of the clubs to meet with other clubs. Two club meetings were held in Flemond and three in different communities in the county. The three clubs who attended as guests attended the meetings held in Flemond. Members were taught about bulbs, shades, and different types of lamps. The recipe book was given out to members.

In addition to the June demonstration, many club members attended a result demonstration on "Better Lighting" in July which was planned and carried out by the last, H.D. Agent. Because of this, club members learned even more about proper light in the home. These meetings were published in the paper and over the radio. The monthly meeting was in the Lear Book and the result demonstration was on television.

Results:

Results are difficult to estimate. Certainly the 182 people who attended the meetings have profited by the lessons taught. Most of them have put them in action. Lamps, shades, table lamps, 40 watt bulbs, diffusing bowls, and shades have been bought. Others improved, especially shades. Some lamps have been made the right height by setting on a block or a board. Some shades have been painted inside, others have been lined. It is estimated that there have been more than 500 improved practices because of this demonstration. Important is so high that club members chose to study "Better Lighting" in the 1954-59 program.

Better Lighting "Open House" Demonstration

Principles of good lighting for the living room, den, dining room, hallway, bedroom, and bathroom were demonstrated at an "Open House" held at the home of one of the families, T. H. Dougherty, cooperating with the Farm & Home Development Program.

Approximately 150 visitors attended this demonstration which was held on Sunday, July 13th. This was sponsored jointly by the HD Clubs and VEFOD. 17 HD members and 8 4-H Club members in addition to 2 members of the VEFOD staff and the County Extension staff participated. Three boys helped park cars and the 4-H Club girls and HD women assisted in serving refreshments of food and drinks which they made and explaining how good lighting was achieved.

In addition to this Open House, held both afternoon and evening, Mrs. Dougherty entertained 3 members of her Bridge Club and explained lighting principles.

Mrs. Rachel Mack, Assistant Director of Extension from Oregon, visited and was given information regarding it.

Publicity

Letters were sent to 32 organizations and the County School Board and Board of Supervisors announcing this demonstration. These were signed by the HD County Chairman and the Assistant Agent. HD Clubs were also

niture should fit in with the other furnishings.

Color Harmony

Method:

16 leaders from seven clubs attended a leader training meeting on Color Harmony given by the house furnishing specialist in February. The agent, prompted by the specialist, secured illustrative material. Leaders made up their kits according to their choice and used it in giving demonstrations in their clubs. They also made a special trip to Richmond and secured additional material. They gave the demonstrations in the clubs which were not represented at the training meeting, as well as their own in April. They worked hard and gave excellent demonstrations. Members were so interested they asked to study "Color Harmony" further in the 1948-49 program. An exhibit on "Color Harmony" was shown in a store window during National HD Club week.

Results:

Lessons taught at these meetings have been used no doubt by all those attending the meetings. 184 members, and many more who viewed the exhibit, approximately 400.

This lesson has not only created much interest but has benefited in particular the young homemakers.

Refinishing Furniture

Method:

Thirteen leaders from six clubs attended a leader training meeting on "Refinishing Furniture" in March. This workshop was held by an experienced member who used "New Life for Your Furniture" as her guide.

Since "Refinishing Furniture" had been done to a great extent by old club members in Hanover County, it was not necessary to have leaders from every club present. This was given as a demonstration in some of the clubs. Others held a workshop for members and community people. The program was listed in the Year Book and published in the local paper. Bulletins on "New Life for Your Furniture" were given upon request to members and others. Exhibits on refinished furniture were on display National Home Demonstration Week and at the Achievement Day Program.

Results

55 pieces of furniture have been refinished. Members plan to refinish many other pieces. One member has refinished 6 chairs, a table and chest for herself. She has spent time in helping neighbors.

Better Lighting

Method

This demonstration was to have been given to the nine clubs by the home agent who was trained by the specialist in February. Due to the

A leader training meeting on "Meals for Two" was given to 13 members in January by the food and nutrition specialist assisted by the assistant agent. The leaders gave this demonstration in each of the clubs in February with the exception of the Ridge Club which was given by the assistant agent. Leaflets were given to the club members and sent to other interested people.

The agent gave the demonstration on "Relation of Food to Weight Control" to the nine clubs in March and April. Members were interested in learning how to plan and prepare menus which could be used in families that had overweight and underweight members while others were of normal weight.

These foods demonstrations were listed in the Year Book and publicized in the local paper.

Results Obtained:

191 families used some of materials and suggestions given them in Preventing Food Waste. 60 others were given the material. This information reached approximately 250 families.

"Meals for Two" gave club members many good ideas and practices which they carried out regardless of the size of their family. 227 families profited by this lesson.

"Relation of Food to Weight Control" gave good sound meal planning for all members even when they did not have a weight control problem. Others wanted to maintain proper weight so this lesson applied to them. 184 families used many practices taught here. Material was given to 24 additional families reaching 208 families.

Approximately 350 families have been reached in Hanover through foods demonstrations stressing better nutrition.

2. House Furnishings

Objective:

To learn to make family homes more attractive, comfortable and healthful.

Method:

A Hanover leader who attended a workshop conducted by the specialist gained experience by slipcovering a sofa and a chair of her own. This leader was of invaluable aid in carrying out a two-day workshop on slipcovering in Hanover County. The first day she was assisted by the Asst. HD Agent, and the second day by the home agent.

Results:

12 members from 9 clubs attended the workshop.
32 slipcovers have been made in the county.
5 slipcovers have been made by others for club members.
Club members realize that making slipcovers requires skill and they are unwilling to invest so much in something that they are doubtful about satisfactory results. However, I am sure they gained knowledge in how well-made slipcovers should fit, approximately how much material it would take, the most desirable material to use, and how such a piece of fur-

Nine women from different communities were invited to a meeting to determine what should be done. Five of these women were able to attend. Some of the county background and facts about clothing was presented to the group. An acting secretary was appointed. The group did not want to organize at this time.

They decided to take a survey to find out the needs in the county. They drew up a set of questions which were sent to the clothing specialist for approval and to make any change she saw fit.

This questionnaire has been returned to Hanover County. The next step will be to call a meeting to go over the questionnaire, to decide how and to whom it should be presented. It is hoped that a chairman and secretary will be elected at this time. There will also have to be a revision of committee members.

5. County Home Demonstration Club Committee

The County HD Club Committee is composed of the president, program development chairman, and program of work chairman in each club and the county officers who are: president, vice-president, secretary, treasurer, program of work chairman, program development chairman, news chairman, and 4-H chairman.

- (1) A planning meeting was held in February with every club represented and every county officer present. The program was reviewed to date and special activities planned for the rest of the year. The Asst. Agent gave a report on her work with the Farm and Home Development Program.
- (2) The second planning meeting was held in June with the District Agent and Asst. Agent. The home agent was on educational leave. At this time the program was planned for 1958-59. The president and secretary were elected to serve two years.

Important committees were appointed to carry out the program. Two delegates were elected to attend the Institute of Rural Affairs, Federation Program of Work and result demonstrations were decided upon. Other important work was carried out through the year by the Executive Board which met as needed to carry out the program.

B. Project Work

1. Foods & Nutrition

Objectives of major work planned:

To have families learn to serve economical, nutritional and attractive meals, learn to prepare meals to the best advantage for families with only two members, and to learn to prepare food wisely in relation to weight control.

Methods used:

The agent, trained by the specialist, gave the demonstration on "Preventing Food Waste" in each of the nine clubs in January. Mimeographed sheets on economical recipes were given to club members.

organisations, how they functioned in planning and carrying out the 1958 Extension program.

1. County Agricultural Extension Service Board

There is a Board of Agriculture, but the above has not been organized in Hanover County. Plans are being made for an organization in December.

2. Home Economics Council

Not organized.

3. General Interest Committees

The Farm & Home Development Committee consists of 10 people--5 men and 5 women from different sections of the county, a banker, a representative from the County Board of Supervisors, a farmer and his wife, and other key people in their communities. Their function is to act in an advisory capacity to the Extension agents, make recommendations and submit names of families who might be interested in Farm and Home Development. Meetings are held at intervals at which time Farm & Home Development Agents report progress. The county and home agents cooperated with the assistant agents by helping select the committee and attend the meetings.

4. Home Economics Committees

a. Food & Nutrition Committee

A permanent Food & Nutrition Committee was organized in July. Its primary purpose is to serve in an advisory capacity and promote good nutritional practices throughout the county.

The Hanover County Farm Bureau requested that the Assistant Home Agent serve as chairman of a committee to sponsor a "Food Comes First" campaign locally in line with a national program along these lines. Since the function of the county committee and the Farm Bureau committee was similar, this was organized as one committee for the county.

Personnel of this committee consisted of Mrs. Charles Beck, County HD chairman; Mrs. Eunice Swasey, HD & Women's Clubs and church; Mrs. J. R. Gilman, Farm Bureau, church, and PTA; Mrs. W. W. Mallory, church, Southern States Cooperative, and Farm Bureau; Mrs. Kenneth Litton, HD Clubs, schools (substitute teacher), and PTA; Mrs. Betty Kyle, District Agent; Mrs. Julia Carson, HD Agent; and Mrs. Helen Hazard, Asst. H.D. Agent. Further recommendations for committee members made by the group--Mrs. Harwood Cochrane, P.T.A.; and Mrs. R. W. Durham, Home Economics teacher.

b. Clothing Committee

Remarks in different parts of the county from time to time led the agent to think there was a need for a Special Interest group on Clothing.

of farm products; milk, 15%; cattle and calves, 12%; and vegetables, 10%. Hogs, small grains, soybeans, forest products are also important sources of cash incomes on small farms. About three fifths of the county's area is wooded and farms contain about 100,000 acres of woodland. There are many plants that produce excelsior, lumber, millwork, and fence posts.

Many of the Home Demonstration members are people who have lived in cities and moved to Hanover County to have the advantage of county living and still enjoy many of the conveniences of the city. Many family members commute to Richmond where they are occupied in business or office jobs. Their interests are quite different from the club members who has always lived on the farm and whose prime interest is working with her family for better farm and home living.

Clubs are varied as to the economic and social status in the communities. Club members are also of varied ages including young homemakers who have just begun to keep house as well as older members who have belonged to the clubs for many years. Because of this situation, the demonstrations are keyed to meet the needs of the different groups.

Many club members are active in the various organizations of Hanover County, such as Garden Clubs, Women's Clubs, Parent Teachers Association, Farm Bureau, Brownie and Scout Leaders and 4-H Leaders. There are many who are active in church work.

There is a well organized Health Department in Hanover County and during the last year additional doctors have been secured.

The 4-H program in Hanover County is handicapped by the crowded school condition and lack of proper places to meet. A full-time schedule and the fact that Home Economics is taught in each of the high schools makes it difficult to keep senior members active in 4-H Club work.

There are nine HD Clubs in Hanover County. Each of these clubs take an active part in the programs. They have almost 100 percent representation at all county meetings. An educational program is taught in the clubs almost entirely with special interest group meetings to carry on the crafts in which they are interested.

They are particularly interested in foods and nutrition and in addition to these the clubs decided to work on House Furnishings and Home Management. They continued to work on Home Grounds Beautification for the Federation Program of Work.

The 4-H Clubs took a county-wide project SAFETY in the schools. Other projects on the farm and in the home were taken in the community clubs led by Adult and Junior Leaders.

III. County Extension Program - Adult

A. Organization

A brief description of the composition and organization of the following

I. Highlights of the 1958 Program

Extension has achieved many good results in Hanover County in 1957-58. Many events have taken place to make this a very busy and worthwhile year.

The County Committee has done an excellent job in accepting and carrying out their responsibilities.

4-H leaders have worked with community clubs in achieving a well rounded 4-H program.

The 4-H Clubs and 4-H Clubs have cooperated with other groups in helping the county progress.

Two Special Interest group committees have been organized—Clothing and Foods. Members of these committees are particularly interested in meeting the needs of the county to the best of their ability.

The 4-H Club program which consisted of Foods and Nutrition, House Furnishing and Home Management contributed to better homemaking, better rural living and improved people by teaching them further how to serve economical, attractive, and nutritious food; how to make their home more comfortable and attractive; how to secure the best light for various tasks; how to use their time to the best advantage; use credit wisely; and the necessity of making wills.

4-H members have contributed to better family living by learning the best practices in home economics and contributing their efforts and interests to everyday family living. An increasing number of individual problems were solved and are being worked on through the Farm and Home Development Program.

II. The County Situation

Hanover County is in the west-central section of Virginia with the county seat at Hanover Courthouse.

The County Extension Office is located in Ashland, the largest town in Hanover and more centrally located.

The population of Hanover is 22,000 according to the 1950 Census with 30.8 percent non-white. There are 1541 farms with an average of 116.1 acres. 459 of these farms have less than ten acres. Slightly more than half of the farms are classed as residential or part-time.

The west end of the county is devoted to general farming and lumbering while the east end is truck and dairy farming. Truck farming is practiced in this section with products being sold to the Richmond markets.

Agriculture is an important source of the county's income. The sales of farm products in recent years have amounted to nearly four million dollars. Poultry contributes nearly 35% of the total value of sales

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Mrs. Julia S. Carson
Home Agent
December 1, 1957-Nov. 30, 1958

Helen S. Hazard

Mrs. Helen S. Hazard
Asst. Home Agent, F & H Dev.
(Employed half time Dec. 1, 1957-
March 1, 1958; Employed full time
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ANNUAL NARRATIVE REPORT

COUNTY
EXTENSION
WORK

Virginia Agricultural Extension Service

Mrs. Julia S. Carson

Name

Home Demonstration

Agent

Title

Mrs. Helen S. Hazard

Assistant Agent, Farm & Home Development
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Assistant Agent

Assistant Agent



1958

Hanover

County