

VIRGINIA

NOTTOWAY COUNTY HOME DEM. AGENT ANNUAL REPORT 1934

Index		Page
4 b 2	Dairy cattle Butter and cheese making	7, 8
4 h 1.5	Chickens- management	9-10
6 e 6.7	Relationship - Commercial firms . . .	7
* 6 h 2.8110	Feature story - Adult - Foods . . .	8, 10
1 e 3.73	Selling - Food products	8, 10, 12
T - 5		

REPORT FILES
OFFICE COOPERATIVE
EXTENSION WORK

ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION WORK
NOTTOWAY COUNTY
VIRGINIA

1934

Mary Katherine Lambert
Home Demonstration Agent

July 1, 1934 - November 30, 1934

HOME DEM AGENT ANNUAL REPORT

T A B L E O F C O N T E N T S

I.	Cover and Title Page	
II.	Table of Contents.....	
III.	Personal Report Summary.....	1
IV.	Status of County Extension Organization.....	2
	1. Board of Supervisors.....	2
	2. Advisory Board.....	2-3
	3. General Policies.....	3
V.	Program of Work.....	4
	1. County Map.....	4
	2. Scope of Work.....	6
	3. Women's Work.....	6-7-8-9-10-11-12
	4. Girl's Work.....	12-13
VI.	Evidence of Progress.....	13-14
VII.	Plans and Goals for 1935.....	14-15

III. PERSONAL REPORT SUMMARY

Days in field.....	69
Days in office.....	60
Days annual leave.....	
Days sick leave.....	
Days leave without pay.....	
Legal holidays taken.....	2
Number home visits made.....	215
Number 4-H club demonstrations visited.....	11
Total number different farms or homes visited.....	165
Office calls (other than telephone).....	67
Telephone calls.....	38
Number news articles or stories prepared for press..	34
Number individual letters written.....	336
Number different circulat letters prepared.....	27
Number miles traveled.....	3103

IV. STATUS OF COUNTY EXTENSION ORGANIZATION:

1. County Organization Giving Financial Support to Home Demonstration Work: The Board of Supervisors is an organization composed of a representative from each of the magisterial districts of Hottoway County. This Board meets regularly the second Monday of each month and appropriates annually \$700.00 for Home Demonstration Work.

2. County Organization Supporting the Work:

a. County Advisory Board:

(1) The Advisory Board for the Home Demonstration Work is composed of 15 members. The Board works with the home agent, selecting the project work for the year and making plans and seeing that these plans are carried out. This Board meets twice each year at which time the plans for the year are discussed. The most outstanding piece of work done by this organization this year was to see that Home Demonstration Work was put back in the county. Having had Home Improvements and Handicrafts for several years as the major projects, the majority of clubs were ready to turn their interest to the study of foods. In this county you find about 1,885 white home makers. Of this number, 206 were reached directly by Home Demonstration Work. The county

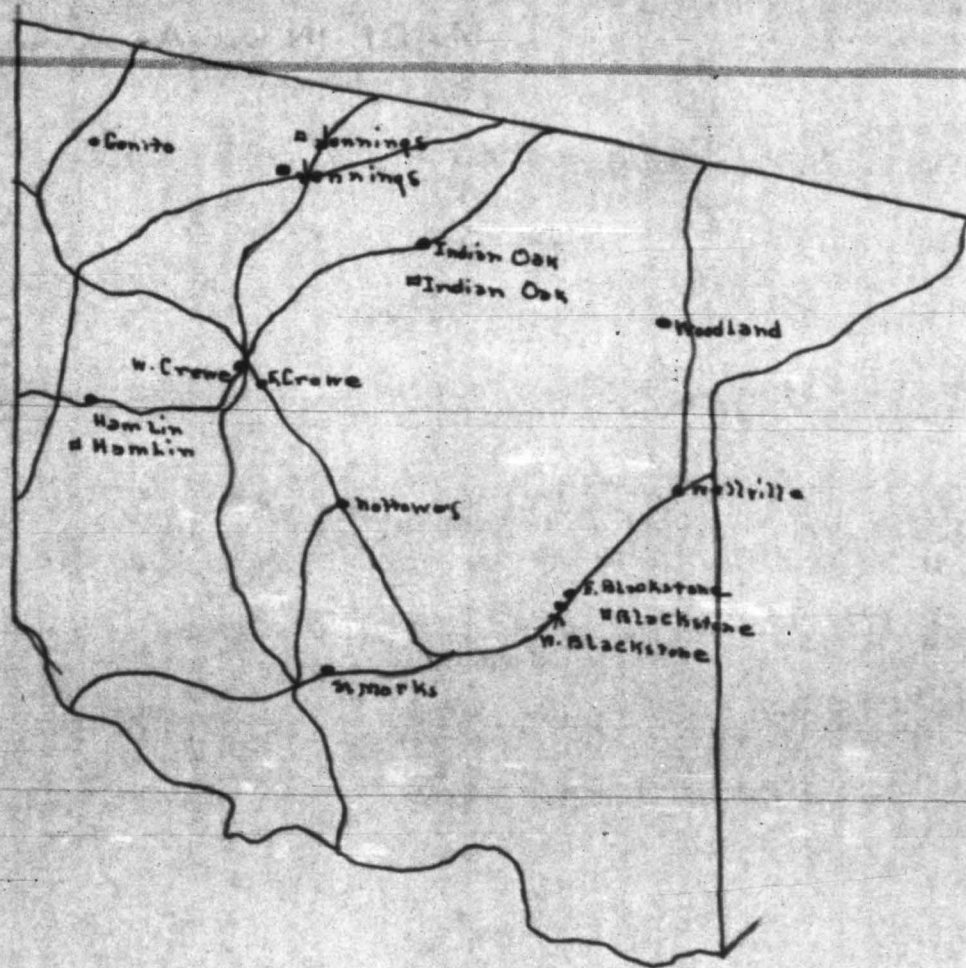
was without an agent for 1 year prior to July 1st and plans were made just for 5 months. The demonstrations for these five months were unanimously voted upon as follows:

- (a) Cold drinks and cookies
- (b) Salads
- (c) School lunches
- (d) Canning fruits, vegetables, and meats
- (e) Making of American Cheese

3. General Policies, Including Relations with Other Organizations:

In every way possible we have cooperated with all worthy organizations in the county. I have visited schools with the Relief Director to help with plans for serving hot lunches to the needy children. On several occasions I have referred relief cases to the Relief Director. I am a member of the Blendon Grange, serve on programs and help with entertainments. We help with the Red Cross by cutting out garments for the needy. The following clubs; the West End Crews, the St. Marks, and the Jennings Clubs canned for the Southside Community Hospital. The Jennings Club did a considerable amount of canning for the needy of the community. The Genito Club members gave several days of their time to canning for relief purposes.

Nottoway County



● Home Demonstration Club
□ 4-H Club

(1)

HOME DEMONSTRATION CLUBS

<u>NAME OF CLUB</u>	<u>NO. MEMBERS</u>	<u>NO. MEETINGS</u>
Jennings-----	17-----	5-----
Genito-----	13-----	5-----
St. Marks-----	18-----	5-----
East blackstone-----	14-----	5-----
East Crewe-----	20-----	5-----
Woodland-----	20-----	5-----
Hottoway-----	14-----	5-----
West Crewe-----	20-----	5-----
West Blackstone-----	15-----	5-----
Indian Oak-----	24-----	5-----
Hamlin-----	13-----	5-----
Wellville-----	18-----	5-----
<hr/>		
12 Clubs	206	61

4-H CLUBS

Jennings-----	16-----	3-----
Hamlin-----	13-----	3-----
Indian Oak-----	18-----	3-----
East Blackstone-----	8-----	2-----
<hr/>		
4 Clubs	55	11

2. Scope of Work

a. Enrollment for past one year:

Year	WOMEN		GIRLS	
	No. Clubs	No. Members	No. Clubs	No. Members
1934	12	206	4	55

3. Women's Work

(a) Major Project:

When I came into the County the first of July, I found some of the clubs meeting regularly each month, while others had disbanded soon after the former Home Agent left the county.

At the first meeting plans were discussed for the remaining five months, and foods was chosen as the major project by each club. Each club seemed very much interested in the first demonstration which was refreshments. They were especially interested in graham bread for sandwiches. Each club member has made graham bread a number of times, thus varying the types of bread used in the family menu.

The second demonstration was salads. One salad of each of the following types was demonstrated: fruit, meat, vegetable, and combination. Cabbage leaves, water cress, lettuce leaves and nasturtium leaves were used as garnishes. The proper salads to be used with different menus were discussed,

The next demonstration was American Stirred Curd Cheese, which created much interest among club members as well as outsiders. One woman cleared \$16.00 from cheese she made in her own home. The women in the county have made 442 pounds of cheese.

Demonstrations on canning non-acid vegetables and meats were given in the county. Poultry canning was very popular after the flocks were culled, thus increasing the demand for pressure cookers. Ten pressure cookers have been bought in the county since July 1st, due to Home Demonstration Work. 21,872 quarts of vegetables, fruits, and meats have been canned by the club women in this county at a value of \$4,854.90.

Miss Mauphin, commercial demonstrator for the Kerr Canning Company, came to the County and gave two canning demonstrations, one at Blackstone, and one at Crewe on pickling and jelly making.

Several demonstrations were given on school lunches. Packing of school lunches seemed to be one of the greatest problems of the rural women. An ideal school lunch was packed showing a balanced meal for the child, the proper method of packing and the proper container.

Approximately 100 families in the county have been benefited by these school lunch demonstrations, thus affecting about 300 children.

Mrs. Rorer of the Jennings Club has done outstanding work in foods. It was in her home the first cheese demonstration was given in the County. Since that time she has made and sold cheese, clearing a profit of \$16. Her husband said that he was prouder of her for making cheese than in any other one thing she had ever done, and for the first time in his life he eats cheese and likes it. Mrs. Rorer makes cheese one day and butter the next, in this way using all of her surplus milk. The following is a report of the outstanding work done by Mrs. Rorer:

Canned fruit	282 qts.
Pickles	48 cans
Preserves	38 cans
Fruit Juices	24 cans
Meats	118 cans
Vegetables (home use)	374 cans
Vegetables (needy families)	477 cans
Homemade soap	19 lbs.

Twenty women made canning budgets and entered the Ball and Kerr Contest, which was held in Crewe on November 18. An exhibit was held with 16 women exhibiting. There were no District or State prizes won in the County this year.

(b) Poultry

Nottoway County Poultry Improvement Contest

The following report is an account of a Farm Flock Improvement Contest held in Nottoway County by club members this year and not previously reported under a former agent and carried on by the Specialist and District Agent. The project was started in March 1933, and on March 15, 1934 a meeting of the contestants was held at Blackstone at which time results of the contest were discussed and prizes were awarded. The meeting was sponsored by the Nottoway Chapter of Homemakers with Mrs. B. I. Draper presiding. Of the fifteen flocks originally scored, eleven were carried through the year with the following improvements: Eight houses were remodeled, eight new brooder houses were put up, and seven brick brooders were built.

Some excellent results were shown through the interest in keeping accurate records and the increased egg production resulting from more comfortable housing of laying birds.

The eleven contestants who completed the year's program all showed a financial profit. The smallest profit shown

by any contestant was \$14.50 and the largest was \$1,042.54, while the total for all eleven contestants was \$1,737.74.

After the Home Agent left the county the Assistant Poultry Specialist and the District Agent visited these flocks several times.

As a result of these contests we now have six women keeping a farm flock calendar record of their flocks.

Ten prizes were awarded to the contestants, the first two prizes being awarded as follows: Mrs. Wirt Kottley,

Burkeville, Virginia; Mrs. C. W. Phelps, Burkeville, Virginia.

One of the most outstanding pieces of work in this contest was done by Mrs. C. W. Trump of the Indian Oak Demonstration Club. She made outstanding improvements in housing and feeding. That this proved profitable is shown by the following financial report of her year's work.

Amount eggs sold	\$ 470.18
Amount poultry sold	1318.46
Poultry - Amount on hands	204.40
Amount butter sold	6.64
Amount cream sold	<u>35.56</u>
SOLD	\$ 2035.24
EXPENSE	<u>946.20</u>
PROFIT	\$ 1091.04

(c) Achievement Day

Achievement Day for Nottoway County was held in the basement of the Baptist Church in Crewe, Virginia on Wednesday, October 24, 1934.

An excellent program was put on with more than 100 homemakers participating in the homemakers creed, club songs, and a delightful luncheon served by the Parent Teacher's Association of Crewe.

Before the luncheon the District Home Demonstration Agent discussed the various essentials of the ideal home, and then the County Farm Agent of Nottoway County spoke on the New Deal and its Benefits to Nottoway County.

Several interesting readings and piano selections were rendered which helped to enliven the program.

Reports of the past year's work were given by the twelve Home Demonstration Clubs of the county and several amusing skits were put on by some of the clubs.

An exhibit of handiwork and food products was shown by Jennings, Indian Oak and Woodland Clubs as well as the canned fruits, meats and vegetables entered in the canning contests.

(d) State Federation of Home Demonstration Clubs

We had five women from this County to attend the State Federation Meeting held at Blacksburg from July 30, 1934 to August 4, 1934. The exhibit of handwork and the dis-

play of miniature markets and display of foods were both attractive and educational. A very interested lecture on Long Time Program for Agriculture was given which was very outstanding and thoroughly enjoyed by all. The only objection, coming from such a low altitude, the cool mountain air made every one so sleepy that it was almost impossible to sit through an afternoon meeting.

(e) Home Marketing

We do not have a regular market, but a number of women sell their farm products to the local stores. One woman has cleared \$16 on cheese, and another has made and sold 10 rugs at \$3.00 each. All of these sales resulted after she had exhibited one of her rugs at the Home Makers meeting at Blacksburg.

We have another woman in the County who does very outstanding work in basketry. She has received several orders after her exhibition at Blacksburg.

4. Girls Work

4-H Club work was not started in the County until the later part of September. The first club was organized at Jennings Ordinary with six girls present. Now this club has an enrollment of 16 girls. The next club was started in the Hamlin community. This club has an enrollment of 18. The Indian Oak club followed with an enrollment of 18 members. Blackstone was the fourth to organize with 8 members. We have

had two leaders meetings and definite programs have been made for 1935. Owing to the fact that half of the schools in the County are open on Monday and the other half on Saturday, it has been impossible as yet to have a 4-H Club Council.

VI. PROGRESS MADE DURING THE YEAR

Since coming to the county five months ago I have met each of the eleven Home Demonstration Clubs that were previously organized by the former agents. Several of these clubs were holding regular monthly meetings, partly through the efforts of our efficient County Nurse, while others had not met for several months. These clubs have been reorganized and one new Home Demonstration Club has been organized making a total of twelve Home Demonstration Clubs in Hottoway County. This is the largest number of clubs in the history of Home Demonstration work in Hottoway County.

I have had several other requests to organize clubs, which will be done in the near future.

4-H Club work has been started with four clubs organized and two additional one to be organized next month. There are at the present time 55 on roll. I feel that I have been fortunate in securing splendid leaders for each club.

Each leader is giving extra time to meetings in order to help individual club members. One club has called a special meeting, the purpose of which is to decide in what way they can best cooperate with the Red Cross. The club work is going along very smoothly. The club members and people of the different communities have cooperated with me in every way possible. I have thoroughly enjoyed my work with the people in Mottoway County, and with the continued cooperation of the people and the Farm Agent we are looking forward to a very profitable year in 1935.

VII. PLANS AND GOALS FOR 1935

1. Womens Work:

Major Project: Foods - Health giving menus - 6 demonstrations

Minor Project: Home Improvement and Poultry

Each club will take an active part in the Sanitation campaign planned for the whole county as part of the State Home Improvement Program.

I am planning to organize at least two more Home Demonstration Clubs and to increase the enrollment of the twelve clubs already organized. We hope to have a large attendance at the Federation of Home Demonstration Club meeting at Blacksburg next year. We are looking forward

to making a better record in the different contests that the women will be entitled to enter.

After finding it very hard this year to get an accurate account of the work done, we are making an effort to work out a system by which we will be able to keep better records.

2. Girls Work:

Major Project: Clothing

Minor Project: To establish an ideal recreational center in each community

We are planning to have a 4-H Club Library for each club, to have a large number of girls to go to camp the coming year at Hampden Sydney, and to have a number of older girls in the clubs to attend the short course at Blacksburg.

Plans are being made to organize more groups and reach a larger number of girls during the year 1935.