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Virginia

Agricultural Extension Service



ANNUAL REPORT
HOME DEMONSTRATION WORK
1952

Mrs. Georgia N. Nelson
agent

asst. agent

Sunderland
county

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III. COUNTY SITUATION

Cumberland County is 288 square miles in area.

The 1950 Census gives 1,054 farms in the County; 505 white farm operators and 549 non-white farm operators; 7252 people in the county.

Cumberland is an agricultural county with real estate being the chief source of taxable wealth.

The majority of white families are small land owners. The principal crops are tobacco, hay, small grains. Broilers are becoming a major source of income for some sections of the county. The raising of beef cattle and dairy herds are on the increase in the county.

The income of the farm families is relatively high evidenced by the purchase of home appliances and farm mechanized equipment.

Electric current is available to at least 85% of the farm families.

Telephone service continues to be poor.

Cumberland County women were interested in saving time in their home activities, so as to have more time to devote to hobbies and outside activities.

IV. CONTRIBUTIONS TO BETTER LIVING

Leaders gave 89 demonstrations in absence of the Agent in 4-H and

Home Demonstration work.

In 1951 leaders gave 72 demonstrations in 4-H and Home Demonstration work.

In 1952 54 radio broadcasts were made on Home Makers program, Radio Station WFLO, Farmville, Va.

In 1951 50 radio talks were given over this same program.

45 tailored garments were completed as result of 5 tailoring schools. One 4-H girl attends these tailoring schools.

Extension program in county reaches an estimated 519 families.

275 families were reached through food and nutrition program.

In Home Demonstration Conservation of Food program 11,009 quarts of food have been canned and 14,015 pounds of food frozen.

In the 4-H Food Conservation program 1476 quarts of food were canned and 473 pounds of food frozen.

199 members improved housekeeping methods after the demonstration on "Short Cuts in House Cleaning".

135 families have improved their kitchens.

56 lamps have been wired as result of house furnishings program.

65 lamp shades have been made.

206 pictures have been hung and re-hung and 96 picture frames re-finished.

96 dried flower arrangements have been made as result of demonstrations on "Winter Flower Arrangements".

The house furnishings program has reached approximately 265 families.

There are 17 landscape result demonstrations in the county.

198 homemakers report they have improved their home grounds.

Mrs. Ruth L. Gamage and children were chosen as the outstanding family in Cumberland County in promoting Extension work in the county.

The Cumberland Home Demonstration Club has chosen Community Improvement as the community project for their club. They have sponsored a Clean-Up Campaign and have undertaken the project of landscaping the Health Center.

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4-H and Home Demonstration joint Achievement Day program was a great success with approximately 300 persons in attendance.

Home Demonstration Clubs are outstanding in 4-H Club work. Clubs contributed for the chartering of bus to transport members to camp and for 4-H prizes.

There are 8 neighborhood project groups with 24 leaders. These leaders have held 56 demonstrations in absence of the home agent.

V. ADULT WORK

A. PROJECT WORK

1. Food and Nutrition

Outstanding demonstrations - "Master Mix and Its Uses". 275 families were helped through this demonstration. Information reaches Austria, Georgia, Arkansas, and Louisiana.

Objectives of food and nutrition program:

1. To help homemakers save time and energy in food preparation.
2. To help club members improve the methods in making meringues, pastries, and the use of the Basic Cream Pie Mix.
3. To encourage families to use salads to add interest and additional nutrition values to their meals.

Demonstrations this year were given on "The Master Mix and Its Uses", "Pies and Pastries" and "Summer Salads".

The Agent gave 17 demonstrations with an attendance of 165 women. Leaders assisted Agent with 21 demonstrations.

Leaders gave 12 demonstrations without Agent with an attendance of 150 women.

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The Virginia Electric and Power Company's Home Economist gave 4 foods demonstrations.

The Guinea Home Demonstration Club chose as its subject of their educational booth at the Farmville Five County Fair - "The Master Mix and Its Uses" - showing the many products that can be made from the master mix. This booth drew considerable attention.

Club members report they have assisted 75 other families by giving them bulletins, etc.

Approximately 300 bulletins and leaflets were distributed. The Agent finds these bulletins have a wide distribution - some being sent to Austria, Louisiana, Arkansas, Georgia, Texas and surrounding counties.

The Agent gave 1 leader training meeting for leaders in the county.

Considerable radio time was devoted to the foods program.

Newspaper articles have also been published.

Mrs. Mary L. Thompson, Food and Nutrition Specialist, held a leader training meeting for foods leaders for the January and February demonstrations of the 1953 program.

The Agent estimates 275 families have been reached by this program.

Food Preservation

Home freezing is on the increase in Cumberland County.

Objectives:

1. To encourage each family in the county to preserve enough food for their own use.

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54 club members report they have preserved the following:

Tomatoes	canned - 1832 qts.
Other vegetables	canned - 3816 "
	frozen - 2052 "
Fruits	canned - 4061 "
	frozen - 1667 "
Meats	canned - 596 "
	frozen - 10,296 lbs.
Other Foods	canned - 764 qts.

26 of the club members reporting own home freezers and 3 use community lockers.

Radio broadcasts and newspaper space were devoted to the Food Preservation program.

The Agent attended an Agents training meeting on "Frozen Foods" conducted by Mrs. Mary L. Thompson, Foods and Nutrition Specialist, in the Vepco kitchen, Richmond, Va.

The Agent estimates 250 families have been reached by the Food Preservation program.

The Carl Mathews family has done an outstanding job with food preservation. Mrs. Mathews reports that she and her two daughters (both 4-H members) have canned 550 qts. of food.

2. Clothing

5 tailoring schools were outstanding in clothing work. 45 garments were completed.

Objectives:

1. To teach techniques in tailoring garments
2. To encourage homemakers to save time and energy in doing their family sewing.
3. To teach club women how to give a professional look to their home sewing.
4. To encourage members to do their own sewing and to be proud of their work.

45 garments, including tailored dresses, suits and coats, were completed at the 5 tailoring schools held in the county.

One 4-H girl, Barbara Gamage of the Cumberland 4-H club, attended the Cartersville tailoring school and completed a short coat. Her garment was a professional job.

12 women modeled their tailored garments at the joint 4-H and Home Demonstration Achievement Program, with approximately 300 attending.

The Cartersville tailoring school was a special feature article, with pictures, in the Farmville Herald which drew considerable comment and interest.

Club members report assisting 20 others with tailoring problems.

Club demonstrations this year have included "Short Cuts In Sewing" and "Good Grooming".

The Agent gave 12 demonstrations on Clothing in the regular club program.

Club members report 200 have used the information from the demonstration "Short Cuts In Sewing" and gave information to 78 others.

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• 96 families have re-arranged sewing equipment to save time and energy.

• 136 members have made 319 new dresses, 45 coats and suits, and 23 other articles. They have remodeled 179 dresses, 76 coats and suits, 3 hats, and 96 other garments.

• Lessons gave demonstrations without assistance from Agent, after being trained by the Agent.

• Radio broadcasts on the Homemakers Show over WFLO, Farmville, were devoted to the Clothing project.

• News articles were published in the Farmville Herald.

• Many bulletins and leaflets have been distributed.

• The Agent estimates 290 families have been reached through the Clothing program this year.

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3. Home Management.

• 199 members improved housekeeping methods after demonstration on "Short Cuts In House Cleaning".

Objectives:

1. To help homemakers save time and energy by knowing ways of taking short cuts in cleaning their homes.
2. To help homemakers improve their kitchens by better kitchen storage.
3. To teach good kitchen planning by continuing the 5 yr. kitchen result demonstrations started in 1951.

Demonstrations this year included "Short Cuts in House Cleaning" and Kitchen Planning and Storage".

Mrs. Helen Alverson, Home Management Specialist, held a leadership meeting for these two demonstrations. 17 home management workers attended this meeting.

Leaders gave 8 demonstrations without assistance from Agent.

The Agent gave 10 demonstrations on Kitchen Planning.

199 club members report they have used information received on "Short Cuts in House Cleaning" and Kitchen Planning.

Club members report they have reached 45 additional families with this program.

125 members have improved their kitchens in some way - by re-arranging furnishings, adding equipment, painting, etc.

There are 8 result demonstrations on kitchen improvement in Cumberland County. These demonstrators report 100 people have visited these demonstrations.

6 families have been assisted with bath rooms for their homes.

Bulletins and leaflets have been distributed to the Cumberland County club women.

Radio time has been devoted to Home Management problems.

The Agent estimates 200 families have been reached with the home management program.

Mrs. Henry Josephson of the Needham Club has been very active in home management. Mrs. Josephson is one of the kitchen result demonstrators. This year she put the finishing touches, paint, etc. on her kitchen that was almost completed last year. In addition, they have installed a bathroom and a furnace in their home.

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4. House Furnishings

13 chairs were completed at Upholstery Clinics; and 16 chairs were upholstered during the year.

Objectives:

1. To encourage Cumberland County homemakers to use what they have to improve their homes.
2. To teach what is and what is not good decoration.
3. To help club women to improve their homes through selection and hanging of pictures, and selecting and applying colors suitable for Cumberland County homes.
4. To teach Cumberland County homemakers to reupholster a piece of furniture.

Miss Ruth Jamison, House Furnishings Specialist, conducted a 3 day Upholstery Clinic at the Cartersville Community House. 27 women attended the clinic and 13 pieces of furniture were completed.

These women report they have assisted 20 others with reupholstery problems - with a total of 16 chairs completed during the year.

Mrs. Jack Martin of the Ashby Club did an exceptional job of upholstering a living room chair.

Mrs. Ruth Gamage of the Cartersville Club reupholstered a chair for her living room and has upholstered 2 chairs in addition to the one completed at the clinic.

Club demonstrations in house furnishings this year have included "Christmas Decorations", "Lamps and Lamp Shades", "Color For The Home", "Selecting and Hanging Pictures" and "Winter Bouquets".

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The Agent gave 49 demonstrations after receiving written material on these demonstrations from the specialist.

Leaders gave 8 demonstrations after being trained by the Agent.

175 club members report they have used Christmas decorations and ideas given in the Christmas decorations demonstration.

56 lamps were wired, this being the 3rd time this demonstration has been given to the Cumberland County club women.

65 lamp shades were made.

The Agent assisted 105 families with the selection of lamps.

175 club women report they have used the information from the demonstration on "Color in the Home".

109 club members report they have used information from selecting and hanging pictures. 206 pictures have been hung or rehung as the result of this demonstration. 96 picture frames were re-finished.

The demonstrations on "Winter Bouquets" were of great interest to the club women. 96 arrangements have been made.

Club women report they have helped 90 additional families with house furnishings problems as a result of these demonstrations.

The Agent estimates the house furnishings program has reached approximately 265 families.

The Agent attended an Agents Training Meeting conducted by Miss Ruth Jamison, House Furnishings Specialist, and a representative of the Interior Decoration Dept. at Miller and Rhoads, Richmond. The Agents were shown furniture, fabrics, rugs, draperies, etc. that are on the present market. This information is being used in the home demonstration and 4-H clubs home management program in the county.

Approximately 400 leaflets have been distributed to Cumberland County women.

Radio time has been devoted to the house furnishings program in the county.

Mrs. Arthur Davis of the Trenton Club has been very active in the house furnishings program this year. She alone, has painted 7 rooms and plans to make draperies and curtains for 6 rooms.

Mrs. George M. Jefferies, Jr. of the Trenton Club has also been very active in house furnishings work. She has sanded 2 floors, painted 2 rooms and improved her kitchen.

The Agent assisted in fitting 2 slip covers this year. 10 slip covers have been completed in the county. 19 families were assisted in selecting household furnishings.

20 ~~more~~ have been completed.

Housing

Objectives

1. To improve housing conditions in Cumberland County.

Since no specific demonstration was included in this year's program, housing is always a part of the home demonstration program.

The Agent has assisted 5 families with plans for constructing new homes.

The Agent has assisted 10 families with plans for remodeling homes.

The Agent has assisted 7 families with problems in insulating, basement improvements, etc.

The Agency has assisted 6 families with improved heating of their homes.

6 families were assisted with sinks in their kitchens.

6 families were assisted with installing running water in the kitchens.

5 families were assisted with installing bath rooms in old homes.

Mrs. Carl Mathews of the Guinea H. D. Club has installed water in her kitchen this year. Mr. and Mrs. Mathews did all the plumbing themselves. The Agency assisted by helping to plan the water system and by furnishing pipe, etc. on the method of doing the work.

Radio time has been devoted to the housing program.

6. Rural Arts

31 chairs have been resented and 25 aluminum trays have been etched at special meetings.

Objectives:

1. To teach art principles in color and design.
2. To teach good taste in decorations.
3. To give a deeper appreciation to country life.

"Art In Daily Living" is the Federation Goal chosen by the Cumberland County women for this year. In addition to the Federation Goal 100 women did some rural arts work, and gave information to 25 additional families.

31 chairs have been resented.

A special interest group was formed in the Ashby community on making aluminum trays. 25 trays were completed at this meeting. Radio time has been devoted to the Rural Arts program.

The Cumberland, Needham and Pleasant Valley chose Rural Arts as the subject of their educational booths at the Farmville Five County Fair. All of these clubs demonstrated the techniques of painting china. The Cumberland and Needham clubs won 1st. prizes and the Pleasant Valley won 3rd. prize on their booths.

7. Landscaping

There are 17 landscape result demonstrations in the county.

Objectives:

1. To encourage Cumberland County citizens to have pride in their homes and their community.
2. To teach by demonstration good homestead planning.

The landscape result demonstrations will be discussed at length under "Result Demonstrations".

The Cumberland Home Demonstration Club sponsored a "Clean-Up Campaign" this fall, encouraging the village citizens to clean up the premises and to get ready for a community improvement project next spring. This campaign met with great success, with the majority of the village folk cooperating.

The Cumberland Club has also taken the community project of cleaning up, improving and landscaping the Health Center grounds.

Mr. Albert Beecher, Asst. Ext. Horticulturist, met with the Health Center Committee from the H. D. club and made suggestions and drawings for accomplishing this project.

The Agent estimates she has assisted 75 families with landscape problems.

The Agent has devoted considerable radio time to improvement of home grounds.

498 homemakers report they have improved their home grounds in some way this year.

8. Gardens

Objectives:

1. Each Cumberland County family to have a good spring and fall garden, and to raise enough food for their families.

Nearly every farm family had a spring garden, but only an estimated 35% of them had good fall gardens.

The Agent has assisted approximately 40 families with garden problems.

Time was devoted to gardening at home demonstration club meetings.

Radio time was devoted to the importance of a good garden, and to encouraging the raising of one new vegetable this season.

Bulletins and circulars on fertilization, pest control, varieties, etc. were distributed to Cumberland County citizens.

B. OTHER ACTIVITIES

1. Outstanding Family

The Agent feels that Mrs. Ruth Gamage and children of Cartersville are the outstanding family in promoting Extension work in Cumberland County.

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Mrs. Gamage and her children Barbara, Patsy, Freddie and Lennie, operate a 640 acre cattle farm at Cartersville, Virginia.

While Mrs. Gamage operates the farm, runs the house and acts as both mother and father to her 4 children, she still finds time to be active in community and school affairs and in the Extension program.

She is president of the Cartersville Home Demonstration Club, Chairman of the County Home Demonstration Agricultural and Home Economics Advisory Council Committee. She has served as 4-H Leader for the Hamilton 4-H Clubs for 5 years. In addition to this she helps with the summer projects groups in her community. She participates in all home demonstration activities. She attended and upholstered a chair at the Upholstery Clinic and completed 2 additional chairs at home.

Mrs. Gamage has attended 2 tailoring schools in that community and made 2 suits.

Barbara, Patsy and Freddie are members of 4-H clubs. Barbara has been song leader, secretary and president of her 4-H club. She has competed in 2 district frozen foods contests. She attended the tailoring school at Cartersville this spring, missing school one day each week for 5 weeks, yet she was taking home economics as a part of her high school course. Barbara has participated in various county contests, dress revues, local fairs, etc.

Freddie has been song leader, secretary and is now president of his 4-H club.

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Patsy is beginning her second year in 4-H club work, while receiving encouragement from her family.

The Gamage's are doing much by word and actions to promote the Extension program in Cumberland County.

2. Community Projects

The Cumberland Home Demonstration Club, feeling the need to improve their community, chose Community Improvement as their community project.

This club sponsored a Clean-Up Campaign this fall, encouraging families to get rid of trash piles, debris, etc. This campaign was met with much enthusiasm by the village people and plans are being made for a more thorough campaign in the spring.

This group is also sponsoring the landscaping of the Health Center Building. The grounds have already been cleaned and a landscape plan is being developed with the assistance of Mr. Albert S. Beecher, Asst. Extension Horticulturist.

The Cumberland Club also sponsors 4-H club work. They furnish ~~lunches~~ for the summer project groups, furnish refreshments for these ~~group~~ meetings, give money, 4-H club project prizes, and gave \$10.00 towards transportation of 4-H club members to and from camp for 1952.

3. Federation Goal

Cumberland County women chose, for the third year, "Art In Daily Living" as their Federation Goal, with the following points to be stressed:

1. stress singing at each club meeting
2. stress Art in House Furnishings
3. develop a deeper appreciation of country life

The Federation Goal chairman of each club had charge of the singing at each club meeting.

Various types of songs were planned for each month: December - Christmas Carols; January - Folk Songs; February - Hymns; March - Action Songs; April - Easter Music; May - Songs of Home; June - Songs of Nature; July - Patriotic Songs; August - Songs of Other People; October - Lullabies; November - Thanksgiving Music.

The Federation Goal chairmen selected the songs, gave the history of the song and something of the author's life; then the whole group sang the song.

The women enjoyed singing at the club meetings, and singing will continue to be a part of the 1953 club program.

County Objectives

The County Home Demonstration Committee set up the following objectives for the 1952 program.

1. Increase membership by 10% and organize new clubs. Membership has increased but no new clubs have been organized. It was felt by the Committee after this objective was set up that club members should concentrate on increasing membership in the existing clubs rather than organizing new clubs.
2. Help with 4-H Clubs and furnish leaders. Home Demonstration clubs contributed \$70.00 to charter a bus to transport 4-H club members to District 4-H Camp at Holiday Lake.

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Clubs contributed approximately \$24.00 for 4-H club prizes, awarded to 4-H club girls after school projects had been judged.

Clubs sponsored the 4-H project groups in their communities; some clubs furnishing refreshments for the project meetings; all awarding prizes to winners in the community groups. All 4-H girls modeled their garments at a home demonstration club meeting.

Home Demonstration Club women serve as leaders for 4-H clubs. Stress safety in the home, on highways and on the farms.

Clubs have not concentrated on this objective as much as has been needed, but check lists have been distributed to club members and safety work has been discussed at several meetings.

Study Civilian Defense.

Civilian defense leaflets have been distributed to club members, but a thorough study has not been made.

5. Each woman an informed and participating citizen.

More Cumberland County women registered and voted than ever before. This was stressed at club meetings - to think, then vote.

One news story each month.

This goal has been accomplished. Each club has a reporter that sends the story of their club meeting to the Farmville Herald. Mr. Dean Collins, a reporter from the Farmville Herald, trained reporters and club officers in writing news stories at the afternoon session of the Fall Planning meeting in 1951 and 1952.

Result Demonstrations

Yard Improvement:

Cumberland County women are interested in improving their home and communities. These demonstrations were set up to teach by example.

There are 17 result demonstrations in yard improvement.

7 meetings were held at these demonstrations. An estimated 175 people visited these demonstrations.

These demonstrations were set up for 5 years. One of these demonstrations was completed the first year it was started. Little work has been done on some of the others.

The Wesley Chapel Church in the Ashby Community is a good example of work that is progressing over the years.

Mr. A. G. Smith visited this church in 1949, with the Grounds Committee of the church also present, and at that time the cemetery was not properly cared for. No grass, etc. being present. No specific parking area was provided.

Mr. Smith made suggestions for cemetery improvement, parking, landscaping, etc. All of Mr. Smith's suggestions have been carried out.

Members of the church brought their tractors and leveled all the graves, covered the ground to grass. All families having relatives buried in the cemetery were contacted to encourage families to place markers on the unmarked graves. Fences, etc. were torn down. Parking and picnic facilities were provided, and while these grounds have not been completed, something is done each year. This project was started and encouraged by the Ashby Home Demonstration Club.

Radio broadcasts have been devoted to these result demonstrations.

Kitchen Improvement:

There are 8 kitchen result demonstrations in the county. These were set up to encourage more women to improve their working conditions in the kitchen.

9 meetings were held at these demonstrations.

Approximately 100 people have visited these demonstrations.

Mr. and Mrs. Marvin Orange in the Pleasant Valley community have completed their kitchen.

The Orange family needed more room, so they built a new kitchen on their house. Miss Helen Alverson, Home Management Specialist, visited the Orange home to help them with their plans. Mr. and Mrs. Orange did all of the work themselves; Mrs. Orange acting as carpenter's helper. This kitchen has been completed and the family enjoys it very much. Mrs. Orange says it saves her much time and is very convenient.

Achievement Day Programs

The Cumberland Home Demonstration Club members and 4-H members held a joint Achievement Day Program at the Cumberland High School Auditorium.

Approximately 300 people attended this program. A report of the Home Demonstration Clubs' accomplishments was given by the County Chairman, Mrs. Ruth L. Gange.

Several home demonstration members who had made suits, coats, and dresses at the tailoring schools, modeled these garments at the program.

The Cumberland Club was the hostess group and served refreshments.

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National Home Demonstration Week

National Home Demonstration Week was observed by each of the clubs in the county. A history of Home Demonstration work was prepared and presented to each club. The county accomplishments in home demonstration work was reviewed and plans made for improving each club.

Radio time was devoted to National Home Demonstration activities.

35 clubs attended the district meeting of the Federation of Home Demonstration Clubs held in Louisa. Approximately \$14.00 was collected and contributed to the "Pennies For Friendship" fund at the district meeting.

Fairs

The Agent estimates spending 15 days working with fairs - and traveling approximately 1000 miles.

The Agent was an assistant Supt. for the Home Makers Dept. at the Falmville Five County Fair.

The Agent judged at the Fluvanna County Fair.

The Agent judged at the Halifax County Fair.

Club participation:

Cumberland County clubs were outstanding winners in the Booth exhibits at the Five County Fair.

The Needham and Cumberland clubs were the only clubs entering booths and won two first prizes in the entire exhibit.

• • Club members also made many individual exhibits, taking various prizes

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9. Publicity

Radio:

The Agent participates in a Homemakers program broadcast each day, Monday through Friday at 10:30 A. M. Radio station WFLO, Farmville, Va. broadcast day of homemakers program for Cumberland county is each Friday, and the 1st. Monday in each month.

The Agent has made 54 radio broadcast. From time to time, club women broadcast for the home Agent.

The Agent has participated in this radio program for 4 years.

Newspaper:

19 news articles have been published by the home Agent in the Farmville Herald, Farmville, Va.

Club reporters in each club write an article on their club meeting each month. The Agent estimates reporters have published 80 articles this year.

10. Institute of Rural Affairs

One woman and the Agent attended the State meeting of the Federation of Home Demonstration Clubs and the Institute of Rural Affairs at V.P.I.

11. Southern Regional Extension School

The Agent attended the Southern Regional Extension School at the University of Arkansas, Fayetteville Arkansas in July. This was a special course offered to Southern Extension Workers.

VI. 4-H CLUB WORK

A. PROJECT WORK

B. Food and Nutrition

The Pleasant Valley project group was outstanding in Foods work.

Objectives:

1. To encourage 4-H girls and their families to eat a balanced diet.
2. To encourage 4-H girls to help prepare meals at home.
3. To teach 4-H girls the principles of food preparation and bread making.

Leaders gave 17 demonstrations and 3 talks. Junior leaders gave 2 demonstrations and 1 talk. The Agent gave 2 demonstrations.

75 members enrolled in the Food Preparation project. 65 members completed.

347 meals were planned and 278 meals were served.

50 members were enrolled in the bread project. 30 members completed this project.

The Pleasant Valley Foods project group, under the supervision of their leader, Mrs. Marvin Orange, have been outstanding in the Food Preparation work.

This group of 7 girls attended 6 meetings at the home of their leader. They studied meal planning, making salads, prepared and served breakfast, prepared and served a dinner and prepared and served refreshments for the home demonstration club.

Food Preservation

Objectives:

- 1. To encourage families to preserve enough food for their own use.
- 2. To urge families to conserve according to a food budget.
- 3. To teach latest methods of food conservation.

The Agent gave 4 demonstrations in this project. Leaders gave 3

talks and Junior leaders gave 1 talk and 2 demonstrations.

25 members were enrolled in the food preservation project. 21 girls completed this project.

9 girls concentrated on freezing foods and 16 concentrated on canning.

476 lbs. were canned by members alone.

1200 lbs. members helped to can.

229 lbs. were frozen alone by members.

290 lbs. members helped to freeze.

22 girls were enrolled in the Sears Roebuck Garden and Canning Contest.

9 girls completed this project.

418. vegetables canned	1326
418. vegetables frozen	292
138. dried and stored	1500

The winning canning exhibits in this contest from the county were taken

to the Sears store in Lynchburg. There they were judged by sweepstakes

and left on display at the store for two weeks. At the end of two

weeks the winners in the county went to Lynchburg to receive their

prizes from the Sears manager.

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Members in this project were as follows:

Rebecca Hart \$7.00; Dorothy Mathews \$3.00 - 2nd.; Merle Seal
\$3.00, 3rd.; Audrey Huddleston, 4th.; Texa Ball \$1.00, 5th.

Club members exhibited at the Five County Fair and the Lynchburg
County Fair Shows.

Radio time was devoted to the Food Conservation Program.

Leaflets and bulletins were distributed.

Clothing

45 meetings were held in absence of Agent.

Objectives:

1. To teach 4th girls how to use their sewing equipment.
2. To encourage 4th girls to have their own sewing equipment.
3. To teach beginners in sewing the basic principles of sewing.
4. To teach members how to sew.
5. To encourage members to be well groomed at all times.

Leaders gave 15 demonstrations.

Junior leaders gave 15 demonstrations.

Agent assisted by leader gave 36 demonstrations.

The Agent gave 13 demonstrations.

The leaders gave 127 talks.

The junior leaders gave 10 talks.

104 members were enrolled in Clothing Unit I. 104 members completed

Club members report:

90 made improvements in care of feet.

104 made improvements in care of hands

104 made improvements in care of hair

104 made improvements in care of skin

104 made improvements in posture

95 made improvements in voice

104 made improvements in care of teeth

79 provided shoe shine kits

dry cleaned clothing

83 made quick repairs

82 cared for hose and socks

230 sweaters were washed

89 stored clothing seasonally

85 pressed woolens

91 replaced heels

91 hung up clothing when removed

125 girls were enrolled in Clothing Project "So You Like to Sew"

125 girls completed this project

125 girls have a well equipped sewing box

Club members report making the following

39 headscarfs

54 aprons

45 kitchen towels

45 needlecases

65 stuffed toys

27 gathered skirts

36 handkerchiefs

41 wrist pin cushions

The projects "Looking Your Best" and "So You Like To Sew" were carried during the school year.

4 leaders assist the Agent during the school year in giving project instructions.

After the projects have been completed, the articles are judged and prizes awarded to the winners. Money for prizes are contributed by home demonstration clubs.

140 members enrolled in Clothing Unit II. 130 members completed this project.

190 garments completed

65 garments remodeled

8 neighborhood project groups were formed this year, with 19 leaders holding 45 demonstrations in absence of the Agent.

15 girls modeled garments they had made at the 4-H and Home Demonstration joint Achievement Program held at the Cumberland High School Auditorium.

These girls exhibited project work at the Five County Fair and the 14 County Farm Show. These girls won many prizes and are very proud of the dresses and skirts they have completed.

Radio and newspaper work were devoted to the 4-H projects. Leaflets and bulletins were distributed to members.

3. Home Improvement

175 rooms were improved as result of home improvement project.

Objectives:

1. To encourage all members to care for and improve their rooms and homes.

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2. To assist members in knowing what to do to improve their homes
with a minimum of expense.

150 club members enrolled in the Home Improvement Projects

135 girls completed this project

135 members cared for floors at least 6 months

175 rooms were improved

190 rooms were rearranged.

195 articles or furnishings were bought or made

75 pieces of furniture were bought

79 rooms were repapered or painted

35 lamps were made

The Agent gave 5 demonstrations and 3 talks. Adult leaders
gave 4 demonstrations and 6 talks. Junior leaders gave 2 talks.

Radio talks were devoted to phases of the 4-H home improvement
program.

Leaflets and bulletins were distributed to 4-H club members.

4. Home Garden

Girls high garden course in County.

Objectives

1. To encourage families to produce year around gardens.
2. To encourage families to produce enough food for their own use.
3. To insect and pest control.
4. To teach varieties adaptable to this section.

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For agent gave 4 demonstrations in this project.

29 girls were enrolled in this project. 8 girls completed the project

The 12 girls enrolled in this project served as result demonstrators in their communities.

This project is part of the Sears Roebuck Garden and Canning Contest sponsored in this area by the Lynchburg Sears store.

The gardens are judged twice each year, in the spring and in the fall. Mr. F. H. Scott, VPI Garden Specialist, has been the judge for the past few years. The spring and fall scores all average. County and district winners are selected.

Dorothy Mathews won 1st place in the County with a score of 96. She was also 2nd place district prize winner, receiving a total of \$30.00

Value of these gardens were estimated at	\$925.15
Cost of gardens	108.05
Profits	818.70

None of this has been devoted to this garden project.

5. Furn and Home Electric Project

128 students completed project.

Objectives.

1. To teach 4-H members to use electricity to the best advantage.
2. To teach 4-H members how to care for electrical appliances in their homes.
3. To teach 4-H members fundamentals of electricity.

118 members enrolled in this project; 118 members completed this project.

117 articles were made; and 118 articles were repaired.

30 Virginia Electric and Power Company representatives in this group gave 9 demonstrations to 4-H members.

The Agent gave 3 demonstrations and 6 talks.

Local leaders gave 6 talks to 4-H groups.

Fanny Carter, County winner for the girls, and the Agent attended the Virginia Farm and Home Electric Congress held at Hotel Jefferson in Richmond.

6. Home Grounds Improvement

25 members completed this project.

Objectives

1. To encourage 4-H members to care for and improve their home grounds.

2. To encourage 4-H'ers to take responsibility for caring for home grounds.

The Agent gave 2 method demonstrations.

Local leaders gave 1 demonstration.

25 girls were enrolled in this project; and 25 girls completed this project.

All members reported they had planted flower borders, cleaned the yard, cut grass, cut out shrubs, pruned shrubs, etc.

Fanny Martin has done outstanding work in the project.

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2. A-H ACTIVITIES

3. Camp

22 girls attended A-H Club Camp at Holiday Lake this year.

3 Leaders also attended camp. Home demonstration clubs contributed \$70.00 to charter a bus for transporting club members to and from Holiday Lake.

This was the largest delegation Cumberland County has ever sent to Camp. *The Agent feels this was partly due to the effect of several circular letters sent into the A-H members homes.

One club girl from Cumberland County attended the State Short Course at VPI.

One girl attended Conservation Camp at Camp Farrar, Virginia Beach, Virginia.

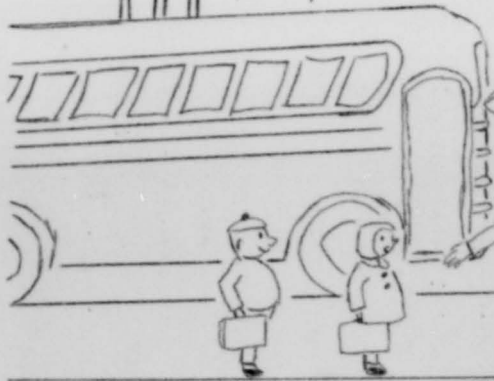
(One copy of one circular letter used in connection with the Club Camp at Holiday Lake, see next page - 34.)

4. Achievement Day

Home Demonstration and A-H Clubs held a joint Achievement Day at Cumberland High School.

Club girls presented skits. A report of A-H work was given by a club member. County medals were awarded to winners in the various projects.

Approximately 300 attended this program.



HURRY DADDY!
THE BUS IS LEAVING
AT 12:30!



JUNE
8/16th
CAMP
LIST

MR SEAY

MRS WILKINSON

#5

RM
34

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National 4-H Club Week

9 clubs celebrated National 4-H Club Week. Radio broadcasts were given telling of 4-H Club work and the 4-H Club work being done in Cumberland County.

Fairs

The Cumberland County Clubs were outstanding winners in the Educational Booth exhibits at the Farmville Five County Fair.

John Randolph Club won 1st. prize of \$20.00

Cumberland Club won 3rd prize of \$10.00

Hamilton Club won 4th prize of \$8.00

The John Randolph Club booth was on display at the Lynchburg Farm Show.

Club members made many individual exhibits.

8 girls entered the Dress Revue at the Five County Fair. Virginia Garnett Wessick of the John Randolph 4th grade club, won 2nd. place in the Dress Revue, in the class for Church and street wear.

Contests

Girls entered contests in which they were enrolled and county medals were awarded.

Julia Ann Vogel and Barbara Gamage entered the District Contests in Canning and Frozen Foods.

VIII. SCOPE OF WORK

	1949	1950	1951	1952
No. H. D. Clubs or Groups	8	9	10	10
Membership	161	175	212	237
No. 4-H Clubs	3	5	7	9
Membership	93	135	157	187
No. YMW Groups				
Membership				
No. of other families reached	25	36	40	45
No. of different families reached	369	401	490	519
No. community clubs				
Membership				

IX.

A. County Home Economics and Agricultural Advisory Council

This is a county-wide planning committee, called the Cumberland Home Economics and Agricultural Advisory Council, made up of leading men and women from each of the three districts of the county. This council is divided into special interest committees. There is a Home Demonstration Committee and a 4-H Committee. These committees met once this year to revise the objectives, discuss county problems and means of solving them. This council is available at all times to give help and advise to the Farm and Home Agents. Seven women are members of this council.

Objectives: set up by Home Demonstration Committee for H. D. Work.

1. Reach more people through contact of club members, radio, newspaper, circular letters. Enroll members in clubs and make a special effort to reach homes not now reached by any agency. Reach more people through trained leaders.

2. Plan for some recreation as a part of Home Demonstration Club program.
3. The Home Demonstration Committee plan interesting and helpful program for the county. Some of these will be improving road entrances, walkways to the home, work to provide off the highway parking facilities, hold meetings on installing water systems in various communities, hold meetings on housing and housing problems in the various communities.
4. Continue with the Yard Improvement Result Demonstrations and hold meetings at these demonstrations. Get program underway to eliminate roadside dumping.
5. Have campaign underway to get everyone in the county to screen houses and porches. Have campaign on rodent and insect control.
6. Get campaign underway to eliminate county driving hazards.
7. Have intensive campaign on Farm and Home Safety.
8. Work to improve county roads.
9. Continue to use result demonstrations in yard improvement as a means of influencing others to make improvements.
10. Help adults to practice good methods in child care and child management.
11. Encourage use of labor saving devices in the home.
12. Keep up to date and practice good nutrition. Know what to feed the family and how to feed the family to ward off diseases.
13. Assist with 4-H club work by providing adult leadership and help with recreation in the 4-H club work.

14. Stress the importance of families to produce and conserve enough food for family use.
15. The committee to keep an up to date mailing list of farm families in the various communities.
16. Adults to encourage leadership among the young people.

Objectives: set up by 4-H Committee for 4-H Club Work.

1. More leadership to direct and aid clubs from parents and other adults.
2. Have strong educational program.
3. Work for project completion and for participation of club members in helpful contests and exhibits.
4. Continue recreational programs now being carried.
5. Study possibilities for enlarging these recreational programs.
6. Hold county-wide picnic at Bear Creek Lake in August with Home Demonstration Clubs.
7. Work with County Council on possibility of taking 4-H club members to Richmond Fair.
8. Encourage 4-H club members to take community project.

County Home Demonstration Committee

The County Home Demonstration Committee is composed of the officers of the home demonstration clubs in the county. This Committee has a chairman, vice-chairman, secretary, treasurer, and a federation goal chairman.

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This Committee meets twice each year, in the fall, to plan the following years work; after the coming years program has been discussed for 2 months in the various clubs.

The planning meeting for the 1953 program was done without help from the district Agent. The women are very proud of their program.

The spring planning meeting is held to review the remainder of the years program and discuss county business.

It is the job of the County Home Demonstration Committee to make final plans for clubs program for the year, discuss and set county objectives and make plans for carrying these objectives through. This committee plans all home demonstration activities.

C. County 4-H Project Planning Committee

This Committee is made up of the leaders, older club girls and younger club girls. This Committee meets and selects projects they think are suitable for the county and work out project activities.

This group is assisted by the 4-H Committee of the Advisory Council.

D. County 4-H Council

This council is made up of the officers of all of the 4-H clubs in the county and meets twice each year to plan 4-H activities.

This council has a chairman, vice-chairman, secretary and treasurer.

E. County 4-H Honor Club

There is a 4-H Honor Club in the county and is made up of 22 active 4-H Club members of 16 years of age and over, and have completed at least 3 years of successful 4-H club work.

This group carries leadership projects in addition to their regular project work. These honor club members assist adult project leaders with summer project groups. They also help younger club members with project work and various other leadership projects.

F. Professional Workers Council

The Professional Workers Council, made up of the representatives of the various agencies in the county, meet from time to time to discuss county needs and to explain their programs and activities in their programs at that time.

X. LEADERSHIP

A.

1. Organizational

There are 10 Home Demonstration Clubs in the County with 42 organizational leaders. These include president, vice-president, secretary and treasurer, and reporter for each club.

The organizational leaders conduct the meetings in a business like manner, have the responsibility of seeing that all club business is carried through. These leaders appoint Committees to carry out club plans and objectives.

These leaders gave 471 talks or discussions.

The Agent gave 28 talks or discussions.

2. Program Development

There is a program development chairman in each of the 10 home demonstration clubs.

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These chairmen did 90 discussions.

* The Agent led 10 discussions.

A training meeting was held by the Agent for the program development chairmen at the County Home Demonstration Committee spring meeting.

These chairmen have charge of the program planning in their clubs. These women discuss the county, state and national situation with their clubs. They discuss county and community needs. After these discussions, club members plan demonstrations to meet these needs. A list of suggested demonstrations are taken to the fall planning meeting and a yearly program is planned by the County Home Demonstration Committee.

3. Subject Matter Leaders

This year's program called for subject matter leaders in Home Management, House Furnishings, Foods and Clothing.

These leaders gave 33 demonstrations in absence of the Agent, and led 50 discussions on these topics.

54 different women serve as project leaders.

The leaders assisted the Agent with 66 demonstrations

* * *

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C. Outstanding Leader and Achievement

Mrs. Charles Crowder of the Home Demonstration Club has contributed much to the Home Demonstration and 4-H club program.

Mrs. Crowder has been leader for the John Randolph 4-H clubs for 4 years. She attends the club meetings each month during the school year, giving one full day each month to 4-H club work. She prepares demonstration materials for these meetings, and can conduct the meeting in absence of the Agent.

Mrs. Crowder assists the 4-H members in putting up the clubs educational booth at the Fagnville Fife County Fair, which won 1st place this year and for the past 3 years. She helped put up the booth at the Lynchburg 14 county Fair show.

Mrs. Crowder has been president and secretary of the Home Demonstration Club, and is on the 4-H Committee of her club. She also serves as substitute foods leader.

She is active in all the clubs activities. This year she has re-decorated her daughters room, painted and papered 6 rooms, rearranged her furniture for greater convenience. She has started working on her kitchen to make it a more convenient work room. She has made a work room in her basement.

Mrs. Crowder's work has not been confined to improving the interior of her home. She has started improving the lawn area of her home, planting and moving shrubs, seeding the lawn to grass, etc.

In the Agent's estimation, Mrs. Crowder's services are invaluable to the Extension service.

Cooperation with Other Agencies

Health Dept.

The Agent has cooperated with the health nurse in publicizing various programs sponsored by the health dept., such as pre-school clinics, baby clinics,

The County nurse is invited to the Home Demonstration Clubs to explain health programs and discuss health problems in the county.

Public Welfare

The Agent has informed club members of the Welfare program and its accomplishments and assists welfare worker when asked.

Vocational Home Demonstration Teacher

The Agent furnishes the teacher with bulletins and mimeographed materials when requested.

Cancer Drive

The Agent assists in the Educational Campaign of the Cancer Drive. Club members are urged to pass this information to non-club members.

County Drives

The Agent has assisted County drives, such as T. B., Red Cross, March of Dimes, etc. by giving publicity through radio and newspaper and information at club meetings, distributing literature, etc. of these various drives to the County people.

Club members serve as community workers for these drives.

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XII. Appraisal of Year Work

The Agent feels this has been a successful year for Home Demonstration and 4-H work. Cumberland County citizens are more interested in the Extension program than ever before. This is evidenced by increased leadership, membership, and attendance at meetings, etc.

Through the efforts of the various programs there is increased interest of the people in improving their homes and their county. The increased interest in county affairs does not come from Extension alone, but it does deserve a large share of credit.

The Agent feels this program has made a real contribution to the lives of Cumberland County citizens.

Results of Extension program have been discussed at length throughout this report.

Mr. ~~Wm. L.~~ Thompson - Associate Food & Nutrition Specialist -
 Leader Training Meeting
 Miss ~~Wm. L.~~ Jackson - Home Furnishings Specialist -
 Upholstery Clinic
 Miss ~~Wm. L.~~ Alvarson - Home Management Specialist -
 Leader Training Meeting
 Miss ~~Wm. L.~~ Noonan - District Home Agent At Large -
 Filing System
 Miss Lucy Blake - District Agent - Extension Supervisor
 Mr. W. H. Scott - Assoc. Garden Specialist - Judging 4-H Gardens
 Mrs. ~~Wm. L.~~ S. Beecher - Asst. Horticulturist - Leader Training Meeting
 Dr. W. E. Shelton }
 Jess Lynn } - 4-H Club Dept. 4-H Club meeting