

attend the leaders conference (provided it does not come during hunting season) and other meetings of interest to the program. A chart will be used which both leaders and agent can check work and accomplishments.

Plans will be made with club members so that many of them can give club demonstrations. This will provide experience for county and district contests later.

VI. FOR SPECIAL CONSIDERATION

A. The plan for maintaining and strengthening good public relations in the county with all contacts are:

1. To be loyal to my work.
2. To be interested in all people with whom there is contact.
3. To always be willing to do more than my part of a job.
4. To be considerate of all and especially of those who operate radio, newspaper, telephone and post office personnel.
5. To see that all debts, both related to the work and personal are paid in good time.
6. Assist other organizations and agencies when possible.

B. Professional Improvement

The only plan is to try to keep informed by reading, study and listening. Some of this is acquired through training meetings given by the Extension Service.

C. Strengthening the 4-H and Youth Program in the County will

Contribute Much to Family Living

A start has been made to get parent interest and participation.

Five clubs are now organized on a community basis and more study and consideration will be given to having a few additional groups in communities.

Plans are being worked out for more good county activities and for training of all leaders. Leaders will be encouraged to

2. Home Demonstration Leadership

	<u>No. in 1959</u>	<u>Goal for 1960</u>
No. organizational leaders	18	18
No. project leaders (subject matter)	22	30
No. Federation program of work chairman	6	6
No. program development leaders	6	6
No. result demonstrators		1
No. training meetings by specialists	4	6
No. training meetings by dist. agents		
No. training meetings by agents		2
No. training meetings by others	1	3
Attendance at all training meetings	32	43
No. meetings held without an agent	20	30
No. meetings leader assisted	38	48
Demonstrations by leaders	24	15
Talks and discussions by leaders	60	72

3. 4-H Club Leadership

	<u>No. in 1959</u>	<u>Goal for 1960</u>
No. Club officers	41	50
No. adult project leaders	9	10
No. junior project leaders	5	8
No. result demonstrators		3
No. training meetings by specialists		
No. training meetings by dist. agents		
No. training meetings by agents	2	8
No. training meetings by members club dept.		
No. training meetings by others		
Total attendance at ldr. tr. meetings		28
No. 4-H leaders trained individually	10	4
No. club mtgs. held by ldr w/out agent	22	30
No. additional club meetings at which leaders assisted	35	60
No. demonstrations given by adult leaders		20
No. demonstrations given by junior leaders	21	25

B. Strengthening Leadership

A great need is seen for strengthening club work by more parent interest and participation. This will be accomplished by giving leaders more training and dividing clearly the responsibility of each leader and agent. Check will also be made to be sure leaders are equipped with illustrative materials and other materials necessary to the success of the meeting.

4. See that projects started are completed.
5. Discourage members starting new projects while they have unfinished ones still on hand.
6. Have good illustrative materials worked up to be used to encourage members to carry and complete work

B. Several Ways that May Be Used to Inform the Public About Extension Home Economics Program are:

1. Show actual completed work by using displays in windows, at fairs and in their own homes. Eventually to work out some result demonstrations.

2. When giving information by radio, newspaper and when speaking to civic and public groups be sure the public realize you are representing the Extension Program.

Home visits will be used to seek additional families for the Farm and Home Development program. Request for an-the-spot help will be answered. Home visits to as many 4-H members as possible will add some new members to the rolls.

V. LEADERSHIP

A. Plan for Leadership

	<u>No. in 1959</u>	<u>Goal for 1960</u>
1. County Program Leaders		
a. County Agricultural Extension Service Board	_____	_____
b. Youth Council	_____	_____
c. Home Economics Council	_____	_____

given additional help in conducting her demonstration.

Another activity which club members and parents share in the club program is the annual Achievement Program. The parents like to attend and see their young people perform and see some receive the awards and medals.

IV. SCOPE OF WORK

A. Organization

	No. in 1959	Goal for 1960
<u>No. H. D. Clubs</u>	6	7
<u>Membership</u>	118	125
<u>No. H. D. Groups (unorganized)</u>		
<u>Membership</u>		
<u>No. 4-H Clubs</u>	10	12
<u>Membership</u>	133	150
<u>No. YMW Clubs</u>		
<u>Membership</u>		
<u>No. Community Clubs</u>		
<u>Membership</u>		
<u>No. Home Ec. Committees</u>		
<u>Membership</u>		
<u>No. General Interest Committees</u>	0	1
<u>Membership</u>		
<u>No. Youth Committees</u>	1	1
<u>Membership</u>	1	1
<u>No. Other Organizations</u>		
<u>No. Farm & Home Dev. Families</u>	2	4
<u>No. Other families reached</u>		
<u>No. Different families reached</u>		

The greatest need in the overall program is strengthening the present program. Attendance at meetings needs pulling up, planned programs need to be executed, projects need to be checked on and followed through to completion.

Ways to accomplish these:

1. Have interesting monthly meetings.
2. Have each member working.
3. Club members will invite old members who are now inactive to attend.

4-H PROJECT WORK

<u>Project</u>	<u>Topics to be Included</u>	<u>No. of clubs, groups or committees</u>
Clothing	So You'd Like to Sew	6
	Make or Remake	6
	Looking Your Best	2
Food	Meal Preparation	5
Safety	All topics	5
Management	Laundry	4

<u>GOALS</u>	<u>WHAT THE MEMBERS ARE TO LEARN</u>	<u>PLANS FOR CARRYING OUT PROJECT</u>	<u>NOTES ON RESULTS, ADJUSTMENTS AND ACCOMPLISHMENTS</u>
To have members acquire knowledge of her project.	The skill to do the job. To evaluate and judge the project.	Leaders and agent share responsibility for project instruction. Have some project work given at each meeting if possible. Visit club members who are taking furnishing and homemaking projects.	
To have her carry out definite practices.	Be happy and satisfied with a well done job To have an appreciation for mother's job.	Get as many parents interested in their child's project and have them helping at home.	
To have her complete her project.	To realize that each member of the family has her responsibility to the family.		
To try to reduce accidents.	Learn to plan and manage Be safety conscious.		

summer meeting is a recreation meeting and the fall meeting is a business session.

B. 4-H Project Work

(See attached form)

C. Other Activities

Each community club observes Rural Life Sunday by attending Church in a body. In some instances the youth are used to help with the worship service. School club members are so scattered that they are unable to attend except with members of community groups if they have a group near enough.

Because camp life contributes so much to the development of a club member, a full quota will be encouraged to attend.

Some clubs are already planning educational exhibits to be put in local store windows for 4-H club week. This will let the public know some of the things being done in the 4-H program.

4-H members assist in the success of the Annual Ruritan Fair held annually. They make personal and educational club exhibits, act as superintendent of junior exhibits, assist the judges and sometimes the older girls act as judges at neighboring county fairs. When they are asked to do this they are paired with an experienced home demonstration club member and are given score cards to use as a guide. Club members also help with setting up the fair and registration.

A county contest is held prior to the district contest. All members will be encouraged to enter a contest related to her projects. The winners in each contest will represent the county in the annual district contest. Those who are to represent the county will be

the family. At this time we would explain the program, what may be accomplished and find out what direction they wish to follow. We would work up with them plans for a short time and long-time (By this, a short time may be 1 or 2 months and a long one 1 year) to get started. We would visit them as often as advisable and secure for them outside help where needed. Each family will have a file and all plans and progress will be tabulated after each visit. In addition, the family will have a check sheet.

III. COUNTY EXTENSION PROGRAM - YOUTH

A. Organization

1. 4-H County Council

The County Council is the main functioning body for youth in the 4-H club work in Clarke County. The group is composed of all officers of local 4-H clubs plus club officers. They hold 2 meetings yearly, one in spring and one in fall. Plans were made at the fall meeting for holding the Achievement Program and a committee appointed to work out all details. They met with both agents and made these plans. They also made plans for other activities, for money making, and for projects. At the fall meeting, a training session was held for new officers of all clubs.

2. Honor Club

Each year several club members are tapped for membership in a group called the Honor Club. Membership is selected from youth who have contributed more than average to the club program. The Honor Club usually hold 3 yearly meetings - a spring meeting is held and plans worked out for activities during 4-H club week. A

All agencies cooperating set up fair premium list, secure helpers, secure judges and work at any job which needs doing. Leaders are trained in judging about every three years and help to judge at neighboring county fairs and for 4-H county contests. This is wonderful training for them, and even though it is difficult, they do get a lot from it.

D. Plans for Adapting and Carrying Out Programs with Urban Families

One club is entirely urban. It meets in Berryville in the evening because most of the members work. This club is not generally interested in the over all home demonstration program as set up, except food. They must work out a program for themselves which will give them satisfaction. First they want to complete work started in the past, and from there they will make a program.

Cooperation is given to garden and Woman's Club when called on and time permits and to other agencies when needed.

E. Farm and Home Development

In 1959, two families were worked with in this program. As yet they have not been visited by the agent. It is hoped that in addition to these one more family may be found who would like more concentrated work on management. By talking of this service to home demonstration members will be the best source of locating other families. To have the entire family realize where the income comes from and where it goes is fast becoming a necessity if a satisfying life is to be enjoyed. After finding or creating a desire for help along this line it would be necessary to know if this family will work with the agents jointly and if so both agents will visit with

C. Other Activities

One activity which has become a yearly event is a dinner prepared and served by home demonstration members. It has been held for the past seven years with much success. In 1959, \$500 was donated to charity with \$460 being made by holding the dinner. An evaluation meeting has already been scheduled to talk over such a venture in 1960. The dinner is usually held in October.

The county objectives which were set up by the county planning board at the fall planning meeting were:

1. Begin meeting on time.
2. Have club represented at each county training meeting.
3. Each club member attend spring district meeting.
4. Support all 4-H club activities and help increase membership by 20 members.
5. Each club get three new members.
6. Each club try to have a representative to the Institute of Rural Affairs.
7. Each club member read 5 books on reading list.
8. Each member take one non-member family and pass on information regularly.
9. Participate and help to sponsor Polio and Cancer dinner.

During National Home Demonstration Week a display of work being done will be put in a hardware store window in Berryville. This will show current work being done by the clubs in the county and will be done by the county committee.

The radio program nearest home demonstration week will be devoted to some phase of the program to try to stimulate interest which has lagged and new members.

The Ruritans sponsor an agricultural fair in the fall. It is a cooperative endeavor with all extension doing their part to make it a success. Women make individual exhibits. The clubs make educational exhibits showing what is being done by clubs in actual tangible results.

Subject Matter Food

<u>Problem</u>	<u>Topics to be Included</u>	<u>No. of Clubs</u>
Since many of the homemakers work at least part of the year, they need healthful food dishes which will be nourishing and add variety.	Healthful Snacks	6
	Desserts along the Milky Way	6
	Dressing up Everyday vegetables	6
	Cheese cookery	6

<u>GOALS</u>	<u>WHAT PEOPLE ARE TO LEARN</u>	<u>PLANS FOR CARRYING OUT PROGRAM AND MEASURING RESULTS</u>	<u>NOTES ON RESULTS, ADJUSTMENTS AND ACCOMPLISHMENTS</u>
Have 75% of the members prepare 1 dish from each demonstration.	To prepare new dishes. To learn more nourishing varieties of food. To use the old foods in a variety of interesting ways.	The training for these topics will be given by the state specialist. Demonstrations will be given in turn to local clubs by the food leaders. Should specialist help not be available, the services of the Northern Virginia Power Co. Home Service Dept. is always available. At club meetings sufficient copies of the recipes are available for each member or non members. After all food meetings are completed members will be given a questionnaire to find what it has meant and results.	

Subject Matter House Furnishings (crafts)

<u>Problem</u>	<u>Topics to be included</u>	<u>No. of Clubs</u>	
Members of the clubs want to include crafts in their program and complete the work begun, therefore, they planned to give two meetings to each craft.	Rug making Hooked (chair seats	1	
	& lamp mats) Braided	2	
	Bedspreads - tufted	2	
	Bathmats - tufted	2	
	Metal tooling	1	
	Chair seating	Cane	4
		Rush	4

<u>GOALS</u>	<u>WHAT PEOPLE ARE TO LEARN</u>	<u>PLANS FOR CARRYING OUT PROGRAM AND MEASURING RESULTS</u>	<u>NOTES ON RESULTS, ADJUSTMENTS AND ACCOMPLISHMENTS</u>
For <u>each</u> homemaker to start a craft and finish it.	To create something lovely and useful. To learn the skill To develop a hobby To compare price of article xxx homemade and bought.	In the monthly calendar 4 months were planned to be used in construction of crafts. The six clubs managed to get hooked and braided rugs, tufted spreads and bathmats for January and February and metal tooling with chair seating (cane and rush) in April and May. The agent is carrying all these meetings. To prepare for these and to give members complete information an expert hooker will accompany her to the group doing hooking. On braiding help was obtained from experienced braiders and materials borrowed from them. To further help each member have materials to work with at the Jan. meeting, materials have been dyed 6 or 7 shades, using wool, hose and rayon jersey. Each member will be encouraged to tackle a lamp mat.	

ADULT WORK

Subject Matter Clothing

Problem	Topic	No. of Clubs
Materials and garments made of these materials on the market today demand that the homemaker know how to take care of these. Many of the homemakers are doing clothing construction so a study of better use of the machine and attachments was included.	Care of Fabrics	6
	Getting the most out of the sewing machine	6
	Use of sewing machine attachments	6

GOALS	WHAT PEOPLE ARE TO LEARN	PLANS FOR CARRYING OUT PROGRAM AND MEASURING RESULTS	NOTES ON RESULTS, ADJUSTMENTS, AND ACCOMPLISHMENTS
Use the easier to care for fabrics provided they are willing to care for them in recommended way.	To care for new fabrics To learn to read labels To learn the parts of machine	All topics will start in the form of a leader training meeting. Both home demonstration and 4-H leaders will attend and receive training. After this the agent will see that each leader has illustrated material worked up for the demonstration on fabrics. On the machine and attachments, both leaders and agent will work, probably dividing groups into smaller groups in order that detailed instructions can be given all present.	
To save time and work by use of these fabrics.	To know how to take care of the machine.		
To be able to take care of own machine and keep it in good repair.			
To be better satisfied by using all parts of the machine to its full advantage.	To learn stitches, threads and needles for different materials.		
	To learn to use all the attachments of the machine.		

Most rural families produce some of the meat supply, garden vegetables and fruits and also poultry products.

Clarke is lacking in recreational facilities and activities for young people. Because of the smallness it is hard to swing a venture. At the present time an Armory is in sight and this may at least provide for basketball.

II. COUNTY EXTENSION PROGRAM - ADULT

A. Organization

1. County Home Demonstration Club Committee

A nominating committee find a slate of county officers. Included is President, Vice-president, Secretary, Treasurer, Program of Work Chairman, Publicity Chairman and Federation Goal Chairman. Other members of the board are club presidents and program development leaders of each local club. The fall meeting is the planning meeting for the coming year's program. County objectives are decided, plans for the yearbook made and activities for the first part of the year planned. The spring meeting is a "take stock" to date, suggestions to think of for the following year's program and planning for the fair and remainder of the year.

B. Subject Matter and Special Emphasis Area

See attached sheets

1960 PLAN OF WORK

Madeline E. Myers
Home Demonstration Agent

Clarke
County

I. COUNTY SITUATION

Clarke County covers a radius of 171 square miles located between Frederick and Loudoun Counties, in northern Virginia. It borders West Virginia on the northern boundary. The population is 7,050 with 53% engaged in agriculture and 47% in industry. The agricultural incomes is from cattle, dairying, fruit and general farming. A number of farms in this county are owned by non-residents and retired people. Much of the farm work is done by tenants or laborers and only a small percentage of farming is being done by home owners on an average size farm. More residents are employed in industry since the government has a secret set-up nearby in Loudoun County and many of these families live in Clarke. Doubleday Printers also have a factory in Clarke, which employ approximately 350 workers.

Many of the women work in fruit industries, both locally and in Frederick County during the season. Other women are employed outside the home. This fact not only means that attendance is small during the fall months, but that two home demonstration clubs hold their meetings in the evenings.

1960 PLAN OF WORK

CLARKE COUNTY

Madeline E. Myers

Home Demonstration Agent