

VIRGINIA

STAFFORD Home Demonstration Agent Annual Report 1939
County

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REPORT FILES
EXTENSION WORK

ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION WORK
STAFFORD COUNTY

HOME DEM AGENT ANNUAL REPORT

1939

JO V. SAUFORD

HOME DEMONSTRATION AGENT

July 1, 1939 - - - November 30, 1939

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SUMMARY OF INDIVIDUAL ACTIVITIES:

Days in field	41-1/2
Days in office	76-1/2
Days annual leave	1
Days sick leave	0
Days leave without pay.	0
Legal holidays taken.	3
Number home visits made (adult)	408
Number 4-H Club members visited	33
Total number different homes visited.	420
Number office calls	28
Number telephone calls.	24
Number news articles and stories published.	24
Number individual letters written	165
Number different circular letters written	31
Number meetings attended.	52
Number miles traveled	4752

THE COUNTY AND ITS PEOPLE:

Stafford County is located 9 miles north of Fredericksburg and 45 miles south of Washington. It is bound on one side by the Potomac River, on one side by the Rappahannock River, and by the Counties of Prince William, Fauquier and King George. The county is in the direct path of north-south traffic, there being 20 miles of Highway No. 1 running through the county.

The county has an area of 274 square miles which gives it a rank of 85th in size among the one hundred counties in the state. The population in 1930 was a little over 8,000, widely scattered over the county. About 1,000 of this total is colored.

Stafford County is essentially rural, farming being the principal industry. The soil on the uplands is clay loam which is fairly easy to cultivate, well drained and responds to improvement. The soil of the lowlands lying along the Rappahannock River is light loam, very fertile and highly productive.

In 1939 the Land Use Program in this county showed 796 farms of which 35% have less than 50 acres and 40% have less than 20 acres.

The principal crops grown on the larger farms are corn and wheat while much of the land on the smaller farms is idle, the owners of these farms working in nearby industrial centers. A large part of the county is woodland, and the sale of timber furnishes considerable income. The development of hose and shoe factories and a cellophane plant in Fredericksburg has attracted

many laborers, both men and women from farms in the county. Many others work on the highway and at Quantico, a nearby Marine Base. All have small places comprised of two or more acres in the county and commute to work.

The 1930 census showed 1,089 farm workers in Stafford County of which 58% have annual incomes less than \$600.00, the average being \$968.00. Incomes have been less continuously since 1929. Money coming into the county as a result of the A.A.A. Program in 1939 amounted to \$18,000 and from sales at the Old Dominion Home Industries Cooperative Market, \$52.00 for 17 producers.

On a whole the homes in the County are in fairly good condition, those of the factory workers being decidedly more convenient and modern than the strictly farm homes as a result of their regular cash incomes. Many of them need paint and slight repairing. The 1930 census showed 10.8% homes with running water and 10.1% with electricity. Surveys for R. E. A. are being made at present and there will soon be 40 miles of lines to serve 120 families in this county.

FINANCIAL SUPPORT OF WORK:

The County Board of Supervisors is composed of four members each representing one of the Magisterial Districts. This board appropriates a fixed amount each year toward the support of home demonstration work in the county. This amount is supplemented by

the state and federal appropriation to make the agent's salary. In addition to this appropriation a well-equipped, comfortable office is supplied for the home agent's use. This office is very conveniently located in a new building, an annex to the Court House. Part-time office help is supplied by N. Y. A.

The County Board of Supervisors meets monthly and in order to keep the members informed of home demonstration work in the county, the agent makes a brief report each month to this group. This report includes communities in which clubs have been organized, demonstrations given and other general items of interest. The members of the Board are also asked to make any suggestions they deem wise in connection with the County Program.

WOMEN'S WORK:

In resuming home demonstration work in Stafford County in July, it seemed best to concentrate on the organization of women's work at first since the county is so sparsely settled, and it would have been quite difficult to get 4-H club groups together in the summer. There was some carry-over from the work done by former agents but it had been discontinued for eight years, and for the most part home demonstration work is new.

Organization of Home Demonstration work in the county started with a county meeting in July, a week after the arrival

of the agent. This first meeting was a luncheon meeting to which five or six representatives or key women of the four Magisterial Districts, county officials and representatives of other public agencies were invited. Home Demonstration work and its aims were discussed at the luncheon, after which the women met in district groups to discuss and make plans for arranging the work in their respective communities. Places for holding demonstrations were selected and a woman from each community appointed to accompany the agent on home visits to meet and interest people in attending these demonstrations.

A number of home visits were made in this connection and demonstration places and dates arranged in eleven communities. The first demonstration selected in all cases was canning since it was the season suitable for that. At each of these demonstrations, a second meeting was planned if enough interest was shown. Nine such meetings were planned with the idea that if as many as fifteen women were present who wanted to form a club, organization would be started. Organization was started in five clubs at this second demonstration. A nominating committee was appointed by the agent to meet with her and suggest officers to be voted on at the next meeting. Two more groups began organization at the third demonstration, making a total of seven home demonstration clubs in the county at present.

The County Homemaking Board has not been organized but steps have been taken toward this end. Four committees have been ap-

pointed by the agent to serve in organizing the Board. These committees which are nominating committee, Federation Goals Committee, and County Campaign Committee, will meet with the District Agent and the Home Agent prior to the Board meeting to discuss the needs of the county people, and possible and practical ways of meeting these needs. Their recommendations will be presented at the Board meeting as will the 1940 program as developed by the County Home Demonstration Committee.

The County Homemaking Board will include officers and leaders of the seven home demonstration clubs in the county, several members at large, the Home Management Supervisor for Farm Security, a representative Home Economics teacher, Welfare worker and the County Nurse. It is hoped that by having this Board meeting twice a year for joint discussion and planning by all agencies working for rural people in the county it will enable them to better coordinate their programs and prevent overlapping.

Since development of the 1940 program would have been delayed considerably by waiting for the formation of the County Home Demonstration Committee the following procedure was adopted: A set of three questions was prepared and copies given out at the September meetings to be answered by the women. The questions listed were, "What do you find hardest to do in your job of homemaking?", "Name the demonstrations that you would like to have

given in your community," and, "What do you consider the greatest need in your community?" In summarizing the answers to these questions it was quite evident that the demonstrations most in demand were along the line of Foods. Community organization and Health work were predominant as community needs.

The first meeting of the Home Demonstration Committee was held on November 10, with all seven clubs represented. The District Agent presented the result of the questionnaire summaries, with a list of suggested demonstrations to meet this demand. Others were added by the committee and discussed. The club representatives were asked to select six of these demonstrations they thought suitable for their clubs. In this way Foods was chosen as the major project for 1940 and the demonstrations selected are as follows: "Wholesome Sookies for Christmas," "Meal Planning and Menu Making," "Quick Meals From the Emergency Shelf," "Vegetables, Their Food Value and New Ways to Prepare," "Table Setting and Service," and "Pickles, Jellies, and Juices."

Plans for the first leader training meeting which was held on November 27, were announced at the Home Demonstration Committee Meeting. The demonstrations at this meeting were given by the Food and Nutrition Specialist, and five clubs were represented.

Home Demonstration Clubs have been organized in seven communities in the county following the procedure described under the county homemaking board. The agent made a number of home visits in

each of these communities with the women who had been suggested for this at the first county meeting in July, to work up interest in demonstrations. At the first meeting a list of suggested demonstrations was given out and each person checked the one she wanted to have given at the next meeting. This method was used until the groups organized into clubs, and the county program was planned. As each group decided to organize a club a nominating committee was appointed to meet with the agent. These committees met with the agent and studied the duties and responsibilities of the different officers to be elected. They carefully considered women for each office and listed their nominees. All nominees were contacted before the next meeting at which the nominating committee was asked to give its report and then the chairman asked for any additional nominations from the floor. In all the clubs the report of the nominating committee was accepted, and the chairman, two leaders and the secretary-treasurer who will also act as reporter have been elected. These officers will represent the clubs on the County Homemaking Board.

There are approximately 1,982 white homemakers in Stafford County. Two hundred eleven of these were reached directly this year and approximately 400 others were reached by information passed through the mediums of bulletins, news articles and personal contacts.

Since work is new in the County, there is no club enrollment

for the past three years. The number of clubs in each of the Magisterial Districts of Stafford County are as follows:
Aquia, 2; Rockhill, 2; Falmouth, 2; Hartwood, 1.

Since work in the county is new, the agent did not have a regular program of work to follow but gave each group a list of suggested demonstrations and let them select each time the demonstration they wanted for the next meeting. This list included the following demonstrations: "Canning for Hot Lunches", "Summer Salads", "School Lunches," "Planning the Fall Garden," "Restyling Last Year's Wardrobe," "Selection, Use and Care of an Electric Iron and Other Small Appliances," "Planning Kitchens to Save Energy," "Selecting Poultry for Good Egg Production," "Helping the Homemaker Schedule Her Work to Save Time and Strength," "Making American Cheese at Home," "Yeast Breads Easily Made at Home," "Short Cuts in Clothing Construction," "Refinishing Furniture," "Window Curtaining," "Floors and Floor Finishes."

Canning demonstrations on fruits, vegetables and meats were given in twelve communities in the county, assisting 275 families in the canning and preserving of the home food supply. Several women have decided to buy pressure cookers to use for home canning as a result of having seen the cookers used in canning demonstrations.

Much interest was shown in food selection and preparation in school and working lunches, meal planning, and yeast breads.

Forty-two women reported as using 73 new recipes. Forty-seven

families reported receiving help on meal planning and ninety-five families improved home packed lunches according to recommendations. One woman reporting on the school lunch and meal planning demonstrations expressed the following benefit received, "Before the demonstration, a sandwich was always a task to prepare--a slice of meat, lettuce and tomato or perhaps a jelly or preserve sandwich was the limit. Now meats, fish, or vegetables combined provide a new lunch every day, and the children enjoy it;" of the meal planning, she said, "I had been trying before to please every member of the family; now I serve a balanced meal without a lot of trouble worrying about likes and dislikes." The same woman, also reported canning 75 quarts of vegetables for the first time after the canning demonstration.

The agent was asked to help make planting suggestions one of the grade schools in the county and visited the school for this purpose. The State Landscape Garden Specialist was in the county one day and visited seven homes which had requested help in planning their ground plantings, walks and drives. A group of ten women met to hear her discussion and suggestions at one of the homes visited.

Community projects in Stafford County consisted of canning, soup mixtures, tomato juice and other vegetables for soup in five grade schools in the county. Two of these schools have never had soup served in the winter and the other three have had W.F.A. help in previous years. They will not have this assistance this

year and consequently were very glad to have these products canned. Surplus products were donated by various women in the clubs and others volunteered to help with the canning which was supervised by the agent. Three hundred-sixty quarts were canned in this way. These canning days proved to be excellent means of arousing community spirit and cooperation in three instances where they had never done anything cooperatively. It also created interest in home demonstration work.

The Old Dominion Home Industries Cooperative Roadside Market is located in Stafford County. The purpose of the cooperative market is to provide skilled, rural handicraft workers with a market whereby they may be able to sell their products at a fair profit and to develop with low-income families another source of supplemental income. Being so conveniently located for people in the county the agent is especially anxious to develop local producers particularly of food products. One woman has been helped by the agent in preparing products for the market. It was impossible to do very much with this type of thing this year as people had not planned their gardens with this in view. The agent hopes to develop several good food products contributors in 1940 by having them plan their gardens and food supply toward that end.

The agent has taken her turn on the rotating Committee that meets twice a month as the Standards Committee at the Market to receive products.

Mrs. Winter Powers, who operates the market is a resident of

Stafford and the market has added \$800.00 to her income this year.

In previous years very successful County Agricultural Fairs have been staged in Stafford, but there have been none since 1931 when Home Demonstration work was discontinued. In September the Ruritan Club, a rural organization working for the betterment of rural conditions in the County, decided to sponsor a small county, school and agricultural Fair on November 10 and 11. Their purpose was to revive interest in Fairs and to afford an opportunity for the people to show to others the high quality of work being done in the various fields of endeavor. The agent was asked to attend committee meetings for making plans. Since Home Demonstration work was new in the county the agent did not feel that a home demonstration department would be possible. Instead, classes for a small Home Department were worked out and the agent urged all women in the home demonstration clubs to participate and make entries. The women cooperated quite well and a very creditable display of products was made. In addition to this the Agent arranged two educational exhibits to represent home demonstration work in the county. These exhibits were a display of "Food for Adequate Diet for One Person One Year," and the "Mrs. Everwell and Everwell" Medicine Cabinet. These exhibits were selected as a result of the feeling of a professional committee in the county that a "Live at Home" program should be emphasized in the county. There is a possibility that the County Campaign Committee will recommend a "Live

at Home" campaign and the carry-over from the exhibits will be beneficial in carrying out such campaign. The professional committee included the Farm Security Supervisor, Home Economics Teacher, and Home Agent.

The first County Home Demonstration Committee meeting described under organization was held during the Fair which proved quite a successful time as many more attended than would have at another time probably.

The seven Home Demonstration Clubs in the county had the opportunity to make money for the County Homemaking Board at the Fair by selling food. Chicken-salad sandwiches, coffee and pie were sold one day and an oyster supper served the next. The food for this was donated by the clubs and with the money made from the sale of cakes and hot dogs sold by 4-H members, \$50.00 was cleared for the Homemaking Board Treasury. This money will be used for demonstration expenses of the various clubs, leader training meetings and for sending delegates to conventions.

On the whole the Fair was considered quite a success for what it attempted and the Puritan Club has decided to sponsor it again next year. The agent feels that it was an excellent means of bringing home demonstration work to the attention of the people in the county and that it was well worth the time and effort put forth by her.

Since the Fair was a success it is hoped that an appropriation from the County Board of Supervisors will be obtained another year to help finance this worthwhile project.

The county was represented at the State Federation Meeting in Blacksburg by six women. These women represented three Magisterial Districts and were very much interested in and impressed with the program. Two of them have since then become 4-H Club leaders and the others have taken an active part in organizing a club in their community.

An interesting carry-over of extension work from an adjoining county was shown in the part Mrs. R. A. Watson has played in home demonstration work in Stafford. She was a member of a club in an adjoining county for a short time and felt it was quite beneficial. For the past year she has lived in Stafford and when home demonstration work was resumed in the county she gave her whole-hearted support to organizing a club in the community nearest her. She hopes to have a club in her immediate neighborhood later but is attending the other club regularly until it is possible to organize a club in her community. She gladly consented to take charge of the canning department at the Fair in November and gave of her time and strength willingly before and during the Fair to make this department quite a success. She has told the Agent several times that home demonstration work has meant so much to her even in this short time, not so much the practical information and help received from demonstrations as the social benefit derived from meeting and working with people in the county whom she would not have known otherwise.

4-H CLUB WORK:

As mentioned before, in resuming home demonstration work in the county it seemed best to concentrate on organization of womens' work at first. To do this it was necessary to give much time to individual work and home visits in order for the agent to become acquainted with the people and learn the county. Consequently, very little time has been put on 4-H Club work. The Assistant Agent in charge of club work who had done a little work with one 4-H club of boys and girls left the county in June. The Home Agent met with this group twice but was unable to do any project work as the members were all boys but two. The two girls had started flower projects. This group has since been reorganized. The county is very sparsely settled making it difficult to get groups together in the summer. There was only one community in which actual project work was done. A group of 13 girls met for two canning demonstrations and were asked to keep a record of canning done at home. Nine girls reported canning and assisting with 179 quarts.

One club was reorganized and two others organized in October and November. Their meetings have been devoted to organization and making Club Record Books; no project work has been done. The agent plans to develop the Family Activities Program with these clubs during school, and clothing has been chosen as the major project for work in the summer.

All clubs have had some recreation in their programs in organizing, and the club that was organized by the Assistant Agent held a picnic in September.

Leadership ability in the county is very limited and three of the 4-H clubs only have one leader, the other having two. The two outstanding leaders are those who attended the State Federation in Blacksburg and became very much interested in the work then. One of these leaders and her girls did an excellent piece of work at the Fair in taking charge of the food stand in the money-making activities for the County Home-making Board.

HISTORY AND APPRAISAL OF HOME DEMONSTRATION WORK IN THE COUNTY:

The first organized Home Demonstration work in Stafford County was started in 1922 and continued through 1931 with agents whose periods of service were as follows: Annie Garrett, 1922-26; Eva Kinsey, 1926-30; Lucille Selle, substituting 1928-29 while Miss Kinsey studied; Matilda Garner, 1930-31.

Home Demonstration work was discontinued in 1931 during the depression. It was reinstated in July, 1939, largely due to the efforts of Miss Garner who is now Mrs. Grafton Greenlaw and a citizen of the county.

The work in these early years was largely with girls in 4-H Clubs. Many of these girls are homemakers living in the County now and have shown considerable interest in Home Demonstration

work since it has been reinstated.

Running water, electricity and the resulting improvements have raised the standard of living in many homes and this has caused some changes in the nature of the program. Formerly the Agent's work was largely with individuals; now it is mostly with groups in organized Home Demonstration Clubs.

PROGRESS MADE DURING THE YEAR:

During the year a distinct increase in interest in Home Demonstration Club work has been noted. There has been no direct opposition to the work, and the agent feels that as time goes on and it has a chance to prove its worth, interest will increase still more. Seven new clubs have been organized and are working very effectively. The need in small neighborhoods of more opportunity for community groups meetings and cooperate effort has been greatly appeased by the organization of clubs, canning for hot lunches at school in the summer and the Fair.

Four 4-H Clubs have been organized but have not had time to note much progress.

PLANS AND GOALS FOR 1940:

Plans are being made to interest more women in the communities where clubs are organized. Two communities have requested clubs and organization of these two groups and several others that the agent feels should have clubs will be started shortly.

The agent plans to develop a number of contributors to the Old Dominion Home Industries Market in the county since it is so conveniently located.

Since the County Homemaking Board has not been organized, the County Campaign and Federation Goal have not been selected or definite club goals set up.

Plans have been started to organize two more 4-H Clubs in the County. There are two high schools in the county both teaching home economics and it seems advisable to build clubs in the smaller communities and neighborhoods and have club meetings in homes.

No county council for 4-H club work has been organized and consequently no goals or standards have been adopted.

AGENT DISCUSSES WORK IN STAFFORD

Demonstration Activities Organized At Meeting Yesterday.

Organization of home demonstration work in Stafford County was launched at a luncheon meeting held yesterday at Stafford High School. Approximately 30 women from the four county districts were present for the session at which Miss Jo V. Sanford, newly-appointed home demonstration agent, was introduced. Other county officials who attended the meeting included W. L. Browning, county farm agent; Hel- S. Orth, county nurse; Dr. C. A. Belfly, director of the Stafford-Prince William Health Department; James Ashby, county clerk, and T. Denton Gayle, superintendent of schools.

Following the luncheon, the women met in groups according to districts to lay preliminary plans for holding demonstrations in each district and to get the work started in the county.

In a talk following the luncheon, Mr. Gayle said that leadership development in the county, especially among the sub-marginal families, should be a major objective of all county agencies.

The objectives of home demonstration work were outlined briefly by Miss Belle Burke, district agent.

The luncheon was prepared and served by Mrs. Mary Rich, demonstrator for a commercial firm. She was assisted in serving by Helen Tru-low and Connie Thomas, of Stafford, and Mary Ann Burton, of Brooks, home economics students at Stafford High School.

CANNING METHODS SHOWN 35 WOMEN

Stafford Demonstration Is Staged By Nutrition Specialist.

More than 35 Stafford County women yesterday attended a demonstration of canning methods by Miss Janet Cameron, state food and nutrition specialist at Stafford High School. The demonstration was sponsored by the County Home Demonstration Department.

Miss Cameron, who said that "a smart gardener needs to do little canning," added that since very few people have attained perfection in planning their gardens, it is necessary to can vegetables in order to be assured of an adequate year-round diet.

Miss Cameron showed how corn and butterbeans can be canned in a pressure cooker and canned other vegetables by means of a hot-water bath method. She also displayed a number of home canned fruits and vegetables and discussed their merits.

CANNING BUDGET

A simplified table to be used in figuring canning budgets was explained by the expert and persons in the audience were shown how to figure the budgets. Miss Jo V. Sanford, County Home Demonstration Agent, announced that the tables might be obtained at her office.

Miss Sanford also announced the schedule of demonstrations to be held in the county in August and plans were laid for a demonstration to be held at 7 p. m., August 18, at Falmouth H. S. School.

CANNING MEETINGS LARGELY ATTENDED

Demonstrations Were Sponsored In
Stafford County.

More than 30 women attended home demonstration meetings in Stafford County last week conducted by the new agent, Miss Jo Sanford. Canning was the chief topic. The women and the meetings attended were:

New Hope—Mrs. Gertrude Edwards, Mrs. Pegri Young, Mrs. J. T. Harrell, Mrs. L. W. Jett, Mrs. G. W. Sullivan, Mrs. Fannie L. Harper, Mrs. Richard Sullivan and Mrs. T. M. Schuler.

Esoc—Miss Dorothy Raines, Mrs. Mary V. Cox, Mrs. Emily Snellings, Mrs. Lulu Bowling, Mrs. Charles M. Cox, Mrs. J. R. Snellings, Mrs. Cora D. Wint, Mrs. M. M. Moore, Mrs. Bennett Snellings, Mrs. Swanson Schooner, Mrs. Ruth W. English and Mrs. Adrian Tru-low.

ROSEVILLE MEETING

Roseville—Mrs. Lottie Armstrong, Mrs. David Wirmann, Mrs. Jennie Reid, Mrs. Martha Jones, Mrs. Grace Embrey, Mrs. James Ross, Mrs. Ethel Raines, Mrs. Dora Gordon, Mrs. Fayet, Miss Emma Dodd, Miss Phyllis Embrey, Miss Emma Nelson and Mrs. Mildred Wint.

Falmouth—Mrs. Robertson, Mrs. Skinner, Mrs. C. K. Bass, Mrs. Allison, Mrs. Adrian Tru-low, Mrs. Kennedy, Mrs. Watson, Miss Geneva Brooks, Miss Edmo Lee, Miss Marie Heflin, Mrs. Wynn, Mrs. Burgess, Mrs. W. W. Lupton, Mrs. Black, Mrs. Deichmann, Mrs. J. E. Brickert, Mrs. Harrell, Mrs. Smith, John Patton and Mrs. Randolph Brooks.

HOME CLUB WORK IS PROGRESSING

Three New Units Named Officers Last Week

Three Stafford County home demonstration clubs last week elected officers and one appointed a nominating committee to name a slate of officers to be chosen later. They were:

Enon—Meeting held at the home of Mrs. Adrian Truslow and officers elected as follows: Mrs. A. N. Truslow, chairman; Mrs. Swanson Schooler and Mrs. Bernice Withers, leaders; Mrs. Mabel Snellings, secretary. Meal planning was discussed by Miss Jo Sanford, home demonstration agent, and "Canning of Meat" was selected for the November demonstration.

Falmouth—This club met at Falmouth Recreation Center, with 19 present. Meal planning was discussed by Miss Sanford. Officers elected were: Mrs. Randolph Brooks, chairman; Mrs. Arthur Snellings and Mrs. Eustace Blake, leaders; Mrs. C. K. Bass, secretary; Miss Belle Burke, district agent, made a short talk on home demonstration work and its aims. Plans were made to enter canned and baked products in the Stafford County Agricultural and School Fair, November 10 and 11. The next meeting will be held November 16.

Garrisonville — "Yeast Breads Breads Made at Home" was the demonstration at the meeting held at the home of Mrs. Louise Ryan. A nominating committee was appointed and the next meeting will be held at the home of Mrs. B. L. Roberson. Canning of meats will be demonstrated.

Extension Work.

Reports of interest in Home Demonstration meetings in Stafford County indicate that this worthwhile work is taking a strong foothold there since being resumed July 1. The Board of Supervisors is to be commended for supplying the necessary funds to restart the extension activity in conjunction with Virginia Tech.

The usefulness of the advice and information which the new agent, Miss Jo Sanford, can give the women of Stafford will become more and more evident as time passes. Better methods of preparing and canning foods, gardening, beautifying the home, repairing household furnishings, making clothes, buying, budgeting, all these and many more will be demonstrated with the result that improvements and savings should be widespread and generally beneficial.

Agricultural and home economics extension work in Virginia has become an indispensable part of life in rural Virginia. No forward-looking county can afford to be without it.

New Hope—Mrs. W. T. Deacon was elected chairman; Mrs. Fred Stevens and Mrs. J. T. Harrell, leaders, and Mrs. Richard Sullivan, secretary. School and work lunches were demonstrated by Miss Sanford. Plans for the fair were discussed and donations offered by those present for a supper to be served at that time. The November 17 session will take place at the home of Mrs. Lloyd Jett, with meat canning as the demonstration. The meeting was held at the home of Mrs. Fred Givens.

Leave For Blacksburg To Attend Institute

Miss Jo Sanford, home demonstration agent of Stafford County, accompanied by Miss Marie Heflin, of Crump; Miss Geneva Brooks and Miss Geraldine Wheeler, of Falmouth, and Miss Vivian Reid, of Ruby, left today for Blacksburg where they will attend the eleventh session of the Institute of Rural Affairs being held at the Virginia Polytechnic Institute for three days.

The Institute, which is directed by the agricultural faculty of Virginia Polytechnic Institute, includes the State Farmers' Institute, the Federation of Home Demonstration Clubs, the Agricultural Conference Board and all farm and home organizations of rural people in the state. Each group holds individual meetings in the mornings and afternoons and joint sessions are held in the evenings.

Among the speakers on the evening program are Ruth Bryan Rhode, former American Minister to Denmark; Dr. J. D. Egleston, president of Hampton-Sydney College, and Dr. Douglas S. Freeman, editor of the News Leader.

The delegates will return to Stafford on Friday.

First H. D. Clubs Formed In County

The first home demonstration club in Stafford was launched yesterday, at a meeting at the home of Mrs. Richard Mountjoy, under the auspices of the newly-formed Home Demonstration Department.

A nominating committee was appointed to name a slate of officers to be elected in October. Those on the committee are Mrs. Mountjoy, Mrs. O. H. Powers and Miss Nannie Lee.

A demonstration on school lunches and lunches for the working man was made by Miss Jo Sanford, home demonstration agent.

Those present, all of whom signified they would like to join the club, were Mrs. Annie McMichael, Mrs. C. N. Bullock, Mrs. E. C. Derrick, Miss Fickett Waller, Miss Eva Bell, Mrs. Willie Griffin, Mrs. E. P. Cato, Mrs. Muriel Deatur, Mrs. George Deatur, Mrs. Mattie Dickerson, Mrs. Mountjoy, Mrs. O. A. Powers, Mrs. Russell, Mrs. Pearson, Mrs. Robert Dent, Mrs. Gayle Brumbaugh, Mrs. MacGregor, Miss Lee, Miss Lucille Williamson.

Much Food Canned For County School

Miss Jo V. Sanford, Stafford County Home Demonstration agent, gave a demonstration at the home of Mrs. Hayden J. Silver recently on "Lunches for school children and for the working men." A large group attended.

Under Miss Sanford's supervision the women in Little Falls community have canned 100 quarts of soup mixture, 14 quarts of string beans, eight quarts of tomatoes and 31 quarts of tomato juice for the kitchen of the Little Falls School.

ELECTION OF OFFICERS

Officers for the Garrisonville Home Demonstration Club were elected at the November meeting at the home of Mrs. E. L. Roberson. They were: Mrs. Raymond Ryan, chairman; Mrs. Gusta Shelton and Mrs. E. L. Roberson, leaders; Miss Pauline Poppen, secretary-treasurer.

There are sixteen members in the club now. Those present were Mrs. Duff Gill, Mrs. Hilda Hames, Mrs. Curtiss, Mrs. Humphries, Mrs. Robert Bridwell, Mrs. Pratt Bridwell and the officers. A demonstration on "Meat Canning" was given by Miss Sanford, home demonstration agent, and a report of the fair was made. The next meeting will be held December 2 at the home of Miss Pauline Poppen for a demonstration on "Wholesome Cookies for Christmas."

Other recent home demonstration club meetings in Stafford were:

The Enon Club met at the home of Mrs. Adrian Truslow; the Falmouth Club at the Recreation Center, and the New Hope Club at the home of Mrs. L. W. Jett. "Meat Canning" was demonstrated at all of these meetings. "Wholesome Cookies for Christmas" will be the demonstration for all clubs in December.

Fifty-two people attended the meetings.



FARM EXHIBITS IN STAFFORD—Mr. and Mrs. Frank Powers (left), of Stafford, inspect the Stafford County Home Demonstration Club exhibit arranged by Miss Jo Sanford, Stafford Home Demonstration agent.

FAIRGOERS TO BE SERVED BY CLUBS

Stafford Home Demonstration Groups to Prepare Meals.

Plans for the 1940 program will be made and ideas exchanged during the first meeting of the Stafford County Home Demonstration Committee, composed of officers of the seven newly-formed home demonstration clubs, Friday at Stafford High School at 3:30 p. m. Miss Belle Burke, district home demonstration agent, and Miss Jo Sanford, county home demonstration agent, will attend.

The committee expects at a later date to join other public agencies and form a county Homemaking Board in order to have broad program planning.

An oyster supper will be served at the Stafford County Agricultural and School Fair Saturday from 5 to 7 p. m., by home demonstration clubs to raise funds for the Home Demonstration Committee. Hot dogs will be sold Saturday afternoon under the supervision of Miss Vivian Reid, leader of the Stafford 4-H Club and other club members will assist. Chicken salad sandwiches, coffee and pie will be served from 5 to 7:30 p. m. Friday.

Miss Sanford called the attention of homemakers to the Home Department of the fair and urged cooperation in entering products. Exhibitors should notify Mrs. A. L. Deichman, Falmouth, and have their articles at the fair not later than noon Friday. Miss Belle Burke and Miss Merrill, of Mary Washington College, will judge the food products, and two members of the Rappahanock Valley Club will judge the flowers.

MANY EXHIBITS IN STAFFORD CO. FAIR

Two-Day Event Closes Tonight With Entertainment Program.

CROWDS ATTEND

The Stafford County Agricultural and School Fair is scheduled to come to a close tonight with a program that includes a dress parade from 7:30 to 9:15 o'clock, sponsored by the Stafford High School Home Economics Department, and musical entertainment by the Tobacco Tags, radio entertainers, of Richmond.

Stafford residents turned out in large numbers yesterday and today for their first fair in several years. Their enthusiasm attested to the success of the event which may become an annual one, according to Webb Mydette, general chairman.

A mule race, draft colt show and a corn shucking contest between the Falmouth and Stafford 4-H boys were programmed for this afternoon after which appetites will be satisfied at an oyster supper prepared by the county demonstration club members under the supervision of Miss Jo Sanford, home agent.

ENTERTAINMENT PROGRAM

Community singing, a womanless wedding and music and dancing held the attention of fair audiences last night after a day of viewing numerous displays which had turned the Stafford High School building into an exhibition hall.

Tables placed around the walls of the spacious first floor auditorium were bedecked with grain, vegetables, fruits and many other products. There were also displays of pastries, as well as flowering plants.

The county Red Cross chapter and the Stafford Health Department also had displays. There was also one by the Old Dominion Home Industries Cooperative.

WINS FIRST PLACES

Hunter Greenlaw, crowned America's Star Farmer in 1938, had an entry in every agriculture exhibit. He won four first places, two second places and two fourths.

The list of prize winners is published elsewhere in this paper.

Approximately 40 officers and members of home demonstration clubs attended the county program planning meeting in the school auditorium in the afternoon. Miss Sanford introduced Miss Belle Burke, district home agent, who discussed the organization of a county homemaking board and the program mapped out for 1940.

A summary of questionnaires answered by club members this fall showed that the majority of the women were interested in foods as a major project for the coming year. Demonstrations along this line were named by the groups and six meetings will be devoted to them throughout the county, Miss Sanford said.

MEETINGS SLATED

The meetings are as follows: December, "Wholesome Cookies for Christmas"; January, "Menu Planning"; March, "Quick Meals from the Emergency Shelf and Canning Budgets..."; April, "Vegetables, Their Food Value and New Ways to Prepare"; June, "Table Setting and Service"; July, "Juices, Jellies, Jams."

Demonstrations for the other meetings will be planned according to the individual interests and desires of the various clubs.

TO TRAIN LEADERS

The first leader training meeting which will be conducted by Miss Janet Cameron, State food and nutrition specialist, will be held on November 27, and the demonstration will be on "Wholesome Cookies for Christmas" and "Menu Planning," Miss Sanford announced.

A nominating committee was appointed to select officers for the County Homemaking Board. It includes Mrs. James Ross, chairman; Mrs. Duff Gill and Miss Elizabeth Silver. The tentative date set for the meeting is December 8 at Stafford Court House.