

H. D. Clubs will continue to have a Library Chairman, who will be constantly reporting on Library needs, good books read, etc.

Since many Social Security benefits are changing, people are becoming increasingly interested and wish to understand more concerning these changes. Other legal and business matters such as: Inheritance Laws and Wills, Insurance, etc., are included in next years program because club women felt the need to be better informed as many act as bookkeeper for their husband's farm or other business interest.

Someone from the State Health Department has said that we have one of the most health conscious counties in the state - and it is well we do because of travel difficulties; often, time is imperative in an emergency. We have an active Health Council, which is doing a very good educational job and all interested persons may become members. The H. D. Clubs chose Health for their Federation Program of Work and will work through their clubs in attempting to improve all phases of Health in the county.

Agent and three H. D. members attended the Judging Training School in Courtland put on by V.P.I. specialists.

The National Live Stock and Meat Board held an all day meat Information School at the Extension office in Norfolk, which agent attended. Only professional workers were invited.

The Rural Arts Workshop held in Isle of Wight County planned by the State Chairman and Miss Catherine Peery, V.P.I. Rural Arts Specialist was very interesting and educational as shown by the large number that attended.

Agent and H. D. members from this county assisted in plans and preparation for the District H. D. Meeting held in Onancock.

Agent attended workshops at Agent's Conference and the Southeast District meeting.

#### XI. OFFICE AND WORKING CONDITIONS

Not too much has been done since the office and working conditions seem to be very satisfactory as they are.

#### XIII. THE LOOK AHEAD

Since considerable time, this year, has been devoted to lighting, I believe the people have become more light conscious and will continue on their own to do more and more to improve their homes, by planning and seeing that all areas have not only enough light but that best suited to meet the needs of all family members.

Education and recreation can be strengthened through continued and increased use of our Library and Bookmobile. To aid in this all

2. Public Welfare

All workers are very friendly and willing to work with agent whenever necessary to benefit a family.

3. Ministers

Ministers are always ready to assist in any way with county-wide programs, etc. One has loaned his projector and screen for H. D. meetings.

4. Library

Workers in the Eastern Shore Public Library have been very helpful in securing books for us to use in our work. They keep a recommended reading list on the Bookmobile.

5. Health Department

The Health Department officials are always ready and waiting to assist us with any part of the county program in their field.

I. PROFESSIONAL IMPROVEMENT

Agent subscribes to a number of magazines and reads all possible in addition to obtaining many books from the Library and Bookmobile.

Both Miss Amelia Fuller and Miss Bettie McClaskey have given agent training in their respective fields.

Agent attends all training schools and study book classes put on by the church, to which she is a member, which she feels is education even though it is not in the subject matter field.

Agent works with Girl Scouts and attends training meetings and others concerning this work.

cooperative, but we felt more time was needed and better club members available to do the selling job.

#### VIII. COOPERATIVE WORK WITH OTHER AGENCIES

Agent has cooperated and worked with other groups whenever asked or the need arose. See III - 3 on page 14 of this report.

#### IX. PUBLIC RELATIONS

##### A. Co-workers

The agent works with both county agent and assistant county agent. Offices are adjoining but no definite time has been established for holding conferences; something which agent feels should be done.

##### B. General Public

Agent has not had any difficulty in developing good relations with the general public.

##### C. Elected Representatives

Agent knows almost all of these representatives.

##### D. Commercial Interests

All manufacturers, contractors, dealers, merchants have been most cooperative in helping agent in any possible way.

##### E. Other Professional Workers

###### 1. School Officials

Superintendent of Schools, principals and teachers are very cooperative in helping agent arrange meetings during school sessions. The Superintendent and School Board grant permission to use a school bus to transport 4-H members to and from 4-H camp at Jamestown.

Proceeds were used to finance the two clubs activities. This is a community affair and one to which the people look forward to each year. This club also helps, financially a worthy 4-H member to attend Jamestown 4-H Camp. In addition to the pajamas made, mentioned above, they held an auction and used proceeds to provide "jingle money" for necessities such as stamps, stationery for sanatoria patients.

They have purchased a camera and the secretary is keeping a scrap-book showing the outstanding accomplishments of the year. Considering about half of this club membership is employed during the day, I think they have done an excellent job in keeping up their attendance to an average of fifteen per meeting, plus all of the other things they have been able to do.

F. Significant Achievement of Extension Work in 4-H

One significant achievement of Extension work in 4-H Clubs was the organizing of a 4-H Club at Northampton High School. While it was started last year, we believe that it has been strengthened as the new members this year are some of the best club members from 7th grade clubs last year. It has been and will continue to be hard for agents as the vocational teachers seem to be opposed to it even though many prospective 4-H members would never take vocational subjects during their entire school years. It is hoped that this year, through the club, we may be able to put on a good educational program on 4-H work for the entire student body, which will change many attitudes. This suggestion was made by the principal, last year, who has been very

beyond the Northampton County line as her sister, living there was very much interested. Agent contacted Mrs. Smith and club was organized in that community.

Mrs. Wilson has attended a number of training meetings this year, more than her share, because so many of her club members work. She has held a number of workshops at her home; showing others how to etch trays, do copper tooling and hammered brass and lamp shades. She has been untiring in her efforts to help with all volunteer work. The club members met at her home and made nine pairs of pajamas for T.B. patients in the sanatorium.

Her home is filled with a number of pieces of furniture she has refinished and now she is working on landscaping grounds.

D. Outstanding Accomplishments of a Family

The most outstanding accomplishments of a family is that of Mrs. E. L. Kelly. She is our county chairman and has done an excellent job for three years. Her two sisters and mother belong to the H. D. Club and they cooperate and work together so well doing volunteer hospital sewing, sewing for T.B. patients and work with X-Ray mobile unit as well as all regular H. D. programs. All were very much interested and helped tremendously in getting the Bookmobile established on the shore.

E. Outstanding Activities and Accomplishments of a Club

The activities and outstanding accomplishments of Mrs. Wilson's club are most commendable. Birdnest H. D. Club co-sponsored with 4-H Club an Evening of Fun, with games, dancing and a "Foods Table".

Growth of Leadership (continued)

	1954	1955	1956	1957	1958
Demonstrations by leaders	64	62	70	80	42
Talks, discussions by leaders	250	184	336	300	297

4. 4-H Club Leadership

	1954	1955	1956	1957	1958
No. club officers	21	21	21	21	35
No. adult project leaders	0	2	3	2	2
No. training meetings by agt.	0	0	0	2	2
No. trng. mtgs. by member club dept.	0	0	0	0	1
No. trng. mtgs. by others	0	0	0	0	4
Total attendance at ldr. trng. mtgs.				37	30
No. 4-H leaders trained individually	1	2	3	2	2
No. club mtgs. held without agt.	7	7	10	14	5
No. dem. given by adult ldrs.	7	7	16	14	13

C. Activities and Accomplishments of An Outstanding Leader

Mrs. Joe Wilson, Birdsnest, secretary of the Birdsnest H. C. Club and incoming secretary of the County H. D. Committee has made an outstanding contribution to the program in her community because of her interest in all phases of homemaking. She is one of four sisters, all leaders in their communities. Mrs. Wilson was indirectly responsible for a new club being formed in Accomac County. She asked the agent if a new club couldn't be started in Painter, a small town a few miles

Mrs. Marshall Ames from the Community H. B. Club did an excellent job on "Identification and Selection of Plants" not only for her own club but helped out a neighboring club by presenting their demonstration when their leader was unable to attend. Also landscaping leaders have worked faithfully in planning and carrying out the suggestions offered by Mr. Beecher and Mr. Watts concerning their own home grounds.

4. Federation Program of Work Chairmen

These chairmen have done an excellent job, this year, because they made it their job to publicize the Bookmobile and in every way see to it that it was established on the Shore, after the demonstration period. Many of these chairmen give book reports to their clubs often.

B. Growth of Leadership

	1954	1955	1956	1957	1958
No. organizational leaders	36	36	36	36	36
No. project leaders	68	38	79	70	79
No. Federation chairmen	8	8	8	8	7
No. program development leaders	7	7	9	8	7
No. result demonstrators	27	29	12	18	20
No. training mtgs. by specialist	5	4	4	6	3
dst. agt.	2	2	2	4	1
agent	3	2	4	6	1
others	0	0	0	0	5
Attendance at all training mtgs.	101	100	127	172	99
No. meetings held without agent	52	69	89	55	45
No. meetings leaders assisted	12	4	7	8	10

some that will become fine leaders. The educational exhibits set up in store windows have been talked about and requests for information have reached this office as well as requested of club members.

## VII LEADERSHIP

### A. Contributions of the following volunteer leaders to the program

#### 1. Organizational

Officers of the clubs are largely responsible for the planning and executing the programs. The growth or lack of growth of the club and attitudes of the members is reflected back to the leaders of these various clubs. If they are strong, it means the clubs go forward. Several new members have been added recently. Six or seven ladies asked to attend Achievement Day this year as they are interested in forming a new club in Nassawadox.

#### 2. Program Development

Each H. D. Club has a Program Development Chairman. These chairmen were given training by the agent early in the year and were asked to present factual information on this business of being a homemaker at their club meetings. All leaders tried to show by use of pictures on a flannel board their members all the many jobs a homemaker is called on to perform. Then questionnaires were filled in to get members to indicate their needs and wishes for the next year's program.

#### 3. Subject Matter

Subject matter leaders in Lighting, Landscaping and House Furnishings have all done very good work in the majority of demonstrations.

8. Achievement Day

The Northampton County 4-H Achievement Day was held in June because agents felt that was the better time since all clubs are held in school and most projects are carried only during the school year. The Elementary Schools Band played at the beginning of the program. After the County Council business meeting, a public speaking contest was held to select the county winner. Then clothing project girls put on a Dress Revue, after which county medals were awarded.

9. Picnic

County-wide picnic was held at Wilkins Beach in July.

VI SCOPE OF WORK

<u>A.</u>	<u>1954</u>	<u>1955</u>	<u>1956</u>	<u>1957</u>	<u>1958</u>
No. H. D. Clubs or Groups	7	8	8	8	7
Membership	157	160	151	136	123
No. 4-H Clubs	3	3	3	3	4
Membership	68	67	71	71	87
No. other families reached	125	250	275	300	325
No. different families reached	250	150	325	400	425

B. Steps taken to increase scope of work

Publicity has been sent to three newspapers every week concerning club meetings and also articles concerning all phases of homemaking. Club program and schedules have been included.

The giving out of good information to non-members and encouraging them to join clubs has resulted in some very good new members joining -

Christmas and also went there to sing Christmas Carols. Both children and patients enjoyed this. They started singing on the top floor and before they could get to the basement where the colored patients were a request came from them to be included.

4. Camps

Jamestown 4-H Camp, held July 21-26, was attended by 21 girls. Agent and one adult leader accompanied the group to and from camp and spent the week with them. Only those completing their projects are eligible to attend.

5. Rural Life Sunday

At the March meetings, club presidents appoint committees from each church represented by the members, to contact the ministers and offer the assistance of the members in presenting a Rural Life Service. A number of club members took some part in this service either by ushering, providing flowers, furnishing special music, etc. In two in particular, they sat together in a body, ushered, took up collection, read scripture and responses and had as their speaker an I.F.Y.E. delegate, Glen McClanan from Princess Anne County.

6. All clubs held Public Speaking Contests to choose a winner for their club who competed in the county contest at Achievement Day on June 6. The county winner was awarded a free trip to Jamestown 4-H Camp in July by the County Council.

7. The 4-H Club of Northampton High (8th grade) was taken on a Tour in May, which included furniture stores, Electric Coop and Shirt Factory.

selection, "Steps in Clothing Construction" (checking grain of fabric, notches, pattern placement, marking fabric.) All members completed this project, making some very satisfactory garments. It was very interesting to hear members say they were going to continue sewing through the summer and some had already started another garment before school closed.

#### 4. Room Improvement

Second year members were enrolled in this project with emphasis on keeping their own bedroom. Demonstrations were given on "Christmas Decorations and Customs", "Selecting a Reading Lamp", "Making a Trash Basket" and "Making a Shoe Rack or Bag." All members taking this project completed and seemed to enjoy taking care of their room. One member made a Brick and Board Bookshelf in addition to her other activities.

#### C. Other Activities

1. All clubs observed National 4-H Club Week by putting educational exhibits in store windows. These were judged by H. D. members and awarded prizes of \$4.00, \$3.00, \$2.00 and \$1.00.
2. One club sponsored an "Evening of Fun" with their community's H. D. Club in March. The whole community seems to look forward to this event every year. One little new 4-H'er rushed over to the President of the H. D. Club and asked breathlessly, "Are we going to have that party this year?"
3. Exmore 4-H Club members made tray favors for the hospital for

the other two have small children. One is chairman of the 4-H Advisory Committee.

5. Honor Club - None at present
6. Project Planning Committee - None at present but plan to enlist the help of the 4-H Advisory Committee.

B. 4-H Project Work

1. Foods and Nutrition

With very little leader help and limited facilities this project was confined to Health for the third year girls.

2. Clothing

a. All first year girls took "Learning To Sew" as their project. Learning the use of the sewing machine was the main objective for these girls. Hemming dish towels, stitching along thread-drawn lines for making table place mats and head scarves, and stitching around curves as in stuffed toys; these were some of the articles made in learning to use the sewing machine. Of the members enrolled 73% stayed in 4-H and completed this project.

b. "Good Grooming", for the third year club members entailed taking inventory of clothing on hand; listing clothing needs; posture; care of clothing, including shoes and hose, care of hair, teeth and skin. Agent noticed a marked improvement in the posture and poise of these girls at the end of the year.

c. "Make or Remake" was the project selected by other third year members. Demonstrations were given on collars and aprons, pattern

E. Urban Work

Some of the Home Demonstration Clubs draw most of their members from the small towns dotted along the shore. A number of organizations both youth and adult exist in the county such as P.T.A., Girl and Boy Scouts, Church groups, Young Woman's Clubs, and band members clubs. Agent has been asked to talk to the Woman's Club and has assisted with P.T.A., church groups and band groups. Agent has a Girl Scout Troop of twenty-eight members meeting at night.

IV. FARM AND HOME DEVELOPMENT - No report

V. COUNTY EXTENSION PROGRAM - YOUTH

A. Organization

1. County Youth Council - None at present
2. County Youth Committee - None at present
3. County 4-H Council

The council is composed of the officers from the four 4-H Clubs and leaders. Meetings are held in November and June to plan programs; set goals; train officers and provide wholesome recreation as well as acquaint members from all parts of the county with each other.

In June, progress is evaluated, the county picnic is planned and Achievement Day committees appointed. At this time, contests are arranged to determine the county winners in the projects the girls have carried in their clubs.

4. All Stars

There are three women all Stars in the county; one is working,

of the Library Advisory Committee, sponsored a poster contest, giving as a prize a year's subscription to National Geographics, went to see their supervisors, wrote letters, etc., to let people know they wanted and felt a definite need for the Bookmobile in the county. All clubs have a Library Chairman and quite often review interesting books on various subjects. The necessary appropriation was made to maintain the Bookmobile in the counties. ✓

National H. D. Week was observed by placing exhibits in store windows. These were excellent exhibits, including correct and incorrect lighting methods and showing a number of certified lamps.

Achievement Day was held on October 16, with eighty-two persons attending. The day began with a tour of Tankard's Nursery, in Emore. A number of club demonstrations included some phase of landscaping or plant life so in order to tie them together the County Achievement Day Committee planned this tour. Following the tour members assembled at a central meeting place for luncheon and program. Each club set up an exhibit of the extra work done. The speaker, local textile shop owner and operator, chose as her topic, "Today's Fabrics and Their Care". This topic was selected because several programs had been on House Furnishings during the year.

Four H. D. members attended Achievement Day in adjoining county.

Three H. D. members and agent attended Judging Training School at Courtland in May. Club members were asked to judge 4-H Club exhibit windows during National 4-H Week.

Association has been assisted in a number of ways: envelopes have been stuffed with Christmas seals, various toilet articles and clothing contributed by both H. D. and 4-H members, twenty-three pairs of pajamas have been made for T.B. patients in the sanatorium and a "jingle money" fund was set up to provide necessities such as stamps, etc., for patients by one H. D. Club.

Quite recently a club has decided to set aside one day a month to sew for the local hospital. It will be simple sewing such as mending sheets and other hospital linens.

All of these activities have made people realize the need for a strong Health Department such as we have and the necessity for detecting and medically treating tuberculosis in the early stages.

Birdsnest Home Demonstration Club co-sponsored, with the Birdsnest 4-H Club an Evening of Fun, with "Bingo", "Dancing", Movies (for pre-school children) and a Foods' Table. 25¢ admission entitled the participants to a cold drink and cookies. Proceeds were used to finance the two clubs' activities. This club also helps, financially, a worthy 4-H Club member to attend Jamestown 4-H Camp.

Community Home Demonstration Club assists a boy and girl, financially, in attending Jamestown 4-H Camp.

D. Other Activities

One of the county objectives for 1958 was to do everything possible to get the Bookmobile established in the counties after the demonstration period. Members worked unceasingly in many ways. They were members

9. Health Council

There is established an Eastern Shore Health Council and agent is a member as well as each H. D. club being represented by a Health Chairman. It has been in existence for three years. It is an organization composed of representatives from civic groups, voluntary agencies, governmental agencies, churches, schools and individual citizens interested in the health problems that confront the Eastern Shore of Virginia. At present the Health Council is studying the problem of Mental Hygiene and Child Guidance Clinics for the Shore. Health officials from Richmond stated "that the Eastern Shore of Virginia was, beyond a doubt the most Health conscious community in Virginia."

C. Community Project Work

Each H. D. Club has had a Health chairman and in most all cases made a report at each club meeting on some phase of health; quite often taking her material from the Va. Health Bulletin. Every Health chairman and agent receives a copy of this bulletin each month. Included in the county objectives for the year was a goal to cooperate with the Health Department in any way needed. Many clubs and members have worked hard in this field giving their time to assist with mobile X-Ray clinics, and urging friends and neighbors to avail themselves of this service. They have attended Health Council meetings and brought back reports to their clubs of the work that the council is doing and suggested ways in which everyone can help. The Eastern Shore T. B.

crowded conditions which existed at many of the larger communities and right now quarters are not large enough to house the number of books at the library. 11

7. Garden, Poultry and Landscape

Garden and Poultry bulletins are distributed by leaders in each club to those interested.

Some families are moving or building so they requested information and help with several problems. Landscape Leaders were trained by Mr. A. Vernon Watts, Virginia Truck Experiment Station, on "Plans For Home Grounds Improvement" in February. Some very lovely well planned grounds were shown on colored slides.

In August, Mr. A. S. Beecher met leaders for two meetings - "Identification and Selection of Plants" and "Care of Home Grounds". These meetings, especially the first, were so well received that leaders gave excellent demonstrations to their clubs following the plan Mr. Beecher suggested of bringing plant cuttings and asking members to actually identify them.

Such a great interest was shown, that the County Achievement Day Committee planned a tour to Tankard's Nurseries to see numbers of plants and shrubs growing and the method used.

In October, a local florist met with leaders to train them in making "Indoor Gardens", using available native woods plants. Members plan to do some of these for shut-ins and to take to the hospital.

8. Marketing - Not included in the 1958 program

wanted to provide more cabinet space in her kitchen. Three churches have requested help; two with rearrangement of kitchens to utilize the maximum in space and the other what to do about cracks in concrete basement floor.

A small country church at Jamesville had the misfortune to lose all their Sunday School rooms and kitchen in a disastrous fire on September 16. Agent was asked to aid in planning a new kitchen to fit into the old shell. Plans, measurements, etc., were drawn of what was left and sent to Miss Mary B. Settle with a request for help. Even though out doing field work, she very promptly sent two plans that could be used. Both she and agent were handicapped in planning because neither they nor the committee knew what equipment would be available or could be secured.

#### 6. Rural Arts

"Reading For The Whole Family" was the topic chosen for the February demonstrations. Two professional librarians and an author very ably put on these demonstrations. Members were well pleased with these talks as shown by the many questions asked. A special interest meeting on setting up a "Reading Area" was very informative. The correct placement of chairs, tables, lamps and bookshelves was studied. Both a lighting and reading specialist assisted in this endeavor. Many H. D. members cooperated in every possible way to make sure that the Eastern Shore Bookmobile was transferred from a demonstration to a permanent status. It was necessary to secure a larger unit due to the

and Diffusers" and "Placement of Lamps and Outlets" were all topics chosen for study, this year, because even though 96% of the homes have electricity, many have "just lights" instead of good farm and home lighting. Mrs. Bea Johnson, Home Economist, Accomac-Electric Cooperative, Parkaley, gave the training. She met with each club and helped members convert present lamps into good and recommended lights by the use or change of harps, bulbs, adapters, etc. As a result of these, requests were made for learning how to make certified lamp shades. Four lamp shade clinics were held and about fifty shades were completed.

Miss Jamison, V.P.I. Home Furnishings Specialist, met with leaders in April and trained them in "New Trends in Household Textiles" and "Selection of Tables and Chairs". As a result of these training meetings, leaders planned excellent demonstrations in their clubs using colored pictures of furniture, ads cut from newspapers and catalogs, and actual samples illustrating the points they wanted to put across. With so many new blends being put on the market constantly, it was felt necessary to become more familiar with such fabrics.

#### 5. Housing

In February, Mr. C. D. Wheary, Housing Specialist, visited the county and worked with the agent in the homes of both club members and non-club members. In one home, a downstairs bedroom, bath and utility room were planned as well as some changes made in kitchen arrangement. Another had plans to install central heat, another

4. Home Economics Committees - Plans are to certainly make an effort to form such a committee, even though before not enough interested people could be found to have a working committee.

5. County Home Demonstration Committee - This organization is composed of presidents of the seven Home Demonstration Clubs, Federation Program of Work Chairman and a few other representative members, serving as officers.

Semi-annual meetings are held, at the county seat, when county objectives are set up; delegates, to out-of-county Federation meetings, are elected; a financial budget is set up; officers are elected, Year Book and Achievement Day committees are appointed and progress is checked.

B. Project Work

1. Foods and Nutrition

Agent gave demonstrations to every club on "Party Refreshments Prepared in Advance." This proved to be very interesting and helpful to the women because almost all could profit by preparing ahead to save valuable time when the Christmas Season arrived. Sandwiches (party), cookies, candy, punch, edible decorations, etc., were included to meet the varied interest of the different groups.

2. Clothing - Not included in 1958 program.

3. Home Management - Not included in 1958 program.

4. House Furnishings

"Improvement of Present Home Lighting", "Types of Bulbs

transportation becomes a real economic problem.

Recreational facilities are improving, with two gymnasiums in the new High Schools and a Regional "Bookmobile", that began operating in January, 1957. A community building affords recreation during the winter months.

### III. COUNTY EXTENSION PROGRAM - ADULT

1. Up to date a County Agricultural Extension Service Board does not exist.
2. There is no existing Home Economics Council.
3. General Interest Committees
  - a. Eastern Shore Library Advisory Committee is made up of interested people of the two Eastern Shore counties for the purpose of carrying on the necessary work of the Shore Bookmobile. It functioned very actively in helping to show the communities the real need of such a service for them.
  - b. Eastern Shore Health Council - all interested persons of both counties (Northampton and Accomack) are invited to attend all meetings. The purpose of the council is to aid and assist in any way possible through education and other means the development of better health conditions for the entire Eastern Shore of Virginia.
  - c. Special Interest Committees are gradually being formed, especially under Rural Arts as a number of club women meet and work together on certain projects.

acres of farm land, operated by 481 farm owners and 177 farm tenants. The total population is 17,300 - 8,044 white, with 77 plus persons per sq. mile. There are 4240 families with 3.6 persons per household. Farms range in size from 2.5 to 3000 acres with 400 specialized and commercial farms. The soil is sassafras-sandy-loam, with good drainage; very little erosion and a growing season of 210 days, with productivity above average for the state. Truck crops, marketed in northern cities, by rail and good highways, are principle sources of income. Median income is \$1,407 compared to \$2,602 for state. Three canning factories, a freezing plant, shirt factory, railroad and ferry terminals give employment to a number of the county's men and women. 24% of homemakers work out of home.

The dwellings are generally good with 96% electrified; 76% have running water; 75% telephones; 607 autos on 481 farms; 41% washing machines; 71% have televisions and central heat is being installed as incomes justify. No figures available on number so heated. 41% have home freezers.

Four elementary and two High Schools, one with a nice gymnasium, are accessible to all white children. Four elementary and one High School serve, adequately, the negro population. Two High Schools are practically new and equally equipped. Median years of schooling completed - 7.8 as compared to 8.5 for state.

Water barriers make shopping difficult, in nearest city. With no towns or cities in the county, providing adequate shopping centers,

## I. HIGHLIGHTS OF THE 1958 PROGRAM

In planning the 1958 program, the women of the county requested home improvement topics, with major emphasis on home and farm lighting. Almost all rural homes were wired for electricity but few were adequately lighted.

Mrs. Bea Johnson, Home Economist, R.E.A., Parksley, assisted the agent in a number of lighting demonstrations, thereby making club members aware of the need for adequate lighting. Clinics were held to improve and convert many of the still usable lamps by adding new harps, adapters, correct size bulbs, diffusing bowls, etc. - all the time keeping before them the ideal certified lamp and shade.

Out of this grew the desire to continue to improve by making certified lamp shades. Three lamp-shade-making clinics have been held, with another planned. At least forty shades have been completed, to date.

With so many of our homemakers working, the increased efficiency and time saved brought about by good lighting can mean so much to the welfare of each family. Good lighting means better living and longer earning hours.

Even the 4-H children have benefited from the lighting program. Mrs. Johnson showed them colored slides of good and bad lighting practices and created a desire in them to improve their study centers.

## II. NORTHAMPTON COUNTY SITUATION

Northampton County is a rural county, consisting of 71,742

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HOME DEMONSTRATION AGENT'S  
ANNUAL NARRATIVE REPORT

1958

Catherine Revell  
NORTHAMPTON COUNTY

# ANNUAL NARRATIVE REPORT

## COUNTY EXTENSION WORK

### *Virginia Agricultural Extension Service*

Catherine W. Revell

**Name**

Home Demonstration

**Title**

**Agent**

\_\_\_\_\_  
**Assistant Agent**

\_\_\_\_\_  
**Assistant Agent**

\_\_\_\_\_  
**Assistant Agent**



1958

Northampton

**County**