

# VIRGINIA

## AGRICULTURAL EXTENSION SERVICE HOME DEMONSTRATION WORK

### ANNUAL NARRATIVE REPORT

\_\_\_\_\_ LOUISA \_\_\_\_\_ COUNTY  
1949

Agent Ruth P. Boggs December 1, 1948 to November 30, 1949  
Date worked from to

Assistant Agent \_\_\_\_\_  
Date worked from to

Agent \_\_\_\_\_  
Date worked from to

Assistant Agent \_\_\_\_\_  
Date worked from to

1.

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## III. ACCOMPLISHMENTS

The Federation Goal for the year was Health and the Health Goal aim for the year was "To know our Health situation and act on the knowledge gained."

A member of the Piedmont Club was Secretary for the Hospital Board and a report by her at the Spring Planning Meeting brought to the attention of the club members the situation of the present hospital. Her report was in effect that the present hospital would be closed and unless additional funds were raised for a new hospital Louisa County would be without a hospital. Without a hospital the County could not have a Health Center and this was one thing the citizens had so badly wanted and needed. The citizens of the county decided to put on a fund raising campaign which was carried out in September. \$100,655.00 has been pledged to date and of this amount Louisa County Club Members through their respective clubs pledged \$1000.00. This is to be paid over a three-year period and may be a donation by each member or the club may at its discretion, serve a supper to some group or in some other way raise the funds.

At the Fall Planning Meeting the Nurse from the County Health Unit explained their work and asked that the Club members there publicize the County Health Unit Program so that their services could be available to all who needed them.

The club members actively cooperated with the T.B. Nurse in raising money with which to buy milk to be distributed to T.B. children or children having T.B. contacts. The aim was to have milk available for every school child, but there has not been sufficient money to

carry out this aim; however, \$35.00 was raised by club members, which was used to buy milk for T.B. children. Every school in the County now has milk with the exception of one.

The club members also pledged themselves to help with school clinics and this was done by transporting children to and from the clinics and helping in various other ways. The Mineral Club served cookies and tea at one of the clinics held at the Mineral Grade School.

The P.T.A. of Green Springs School is furnishing cod liver oil to children of that school who are unable to get it at home. Incidentally a great number of the members of the Green Springs P.T.A. are the same people who are members of the Home Demonstration Club. The Mineral Home Demonstration Club is sponsoring this same project in the Mineral Grade School.

Studies were made by club members of Health Insurance and sample copies of policies were obtained by the Health Leaders from several Health Insurance companies. They were studied and discussed both from the standpoint of what each offered and the cost. Many of the club members already carry health insurance and much information was gained through them as to their value.

Since most of the club members were "Health Conscious", they also began to think seriously of a physical check-up. Many of the women had thorough physical examinations and every member of the Piedmont Club had their check-up through the Bessie Dunn Miller at Charlottesville.

Previously mentioned in this report was the fact that the present

Louisa Community Hospital could not continue to operate unless it had some outside help. In order to keep this hospital going until the new one is built, which was considered vitally important, the members of Louisa, Green Springs and Piedmont Clubs furnished canned goods, tea towels, dish cloths and various other items that were needed. The Green Springs and Piedmont clubs also cleaned the Hospital Living Room, washed windows and washed and ironed the slip covers. Club members throughout the County made hospital coats, T bands, and various other articles needed by the hospital from time to time.

One of the aims has not been reached - namely a lunch room for the County High School. The members will continue to work on this; however, and hope to be successful in the near future.

Of the demonstrations during the year the ones on Cooking, Handicraft and Flower Arrangement were the ones most enjoyed by the club women.

Since the homemaker is faced daily with the problems of preparing and serving three meals a day the demonstrations on food apparently were of great interest to the majority of them. Cookie making, Time Savers in Food Preservation, Eat for Pep, Good Looks and a Long Useful Life, Refrigerator Salads and Desserts, Pickles, Relishes and Preserves and Christmas Cookery were the demonstrations relating to foods.

The 4-H clubs concentrated on fewer projects in order to do a better job. Sixteen of the twenty-five Food Preparation members completed their projects, of this number 75 meals were planned by

*Year Book*

**Home Demonstration  
Clubs**



**LOUISA COUNTY**

**1949**

# 1949

Sun.	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	Sun.	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.
<b>JANUARY</b>							<b>JULY</b>						
..	..	..	..	..	..	1	..	..	..	..	..	1	2
2	3	4	5	6	7	8	3	4	5	6	7	8	9
9	10	11	12	13	14	15	10	11	12	13	14	15	16
16	17	18	19	20	21	22	17	18	19	20	21	22	23
23	24	25	26	27	28	29	24	25	26	27	28	29	30
30	31	..	..	..	..	..	31	..	..	..	..	..	..
<b>FEBRUARY</b>							<b>AUGUST</b>						
..	..	1	2	3	4	5	..	1	2	3	4	5	6
6	7	8	9	10	11	12	7	8	9	10	11	12	13
13	14	15	16	17	18	19	14	15	16	17	18	19	20
20	21	22	23	24	25	26	21	22	23	24	25	26	27
27	28	..	..	..	..	..	28	29	30	31	..	..	..
<b>MARCH</b>							<b>SEPTEMBER</b>						
..	..	1	2	3	4	5	..	..	..	..	1	2	3
6	7	8	9	10	11	12	4	5	6	7	8	9	10
13	14	15	16	17	18	19	11	12	13	14	15	16	17
20	21	22	23	24	25	26	18	19	20	21	22	23	24
27	28	29	30	31	..	..	25	26	27	28	29	30	..
<b>APRIL</b>							<b>OCTOBER</b>						
..	..	..	..	..	..	1 2	..	..	..	..	..	..	1
3	4	5	6	7	8	9	2	3	4	5	6	7	8
10	11	12	13	14	15	16	9	10	11	12	13	14	15
17	18	19	20	21	22	23	16	17	18	19	20	21	22
24	25	26	27	28	29	30	23	24	25	26	27	28	29
..	..	..	..	..	..	..	30	31	..	..	..	..	..
<b>MAY</b>							<b>NOVEMBER</b>						
1	2	3	4	5	6	7	..	..	1	2	3	4	5
8	9	10	11	12	13	14	6	7	8	9	10	11	12
15	16	17	18	19	20	21	13	14	15	16	17	18	19
22	23	24	25	26	27	28	20	21	22	23	24	25	26
29	30	31	..	..	..	..	27	28	29	30	..	..	..
<b>JUNE</b>							<b>DECEMBER</b>						
..	..	..	1	2	3	4	..	..	..	..	1	2	3
5	6	7	8	9	10	11	4	5	6	7	8	9	10
12	13	14	15	16	17	18	11	12	13	14	15	16	17
19	20	21	22	23	24	25	18	19	20	21	22	23	24
26	27	28	29	30	..	..	25	26	27	28	29	30	31

## Virginia Homemakers' Creed

*As Homemakers we will strive to:*

Have our organization foster the highest ideals in home, church, school and public life.

Have our homes reach out in service to the communities and help unite the people.

Have cooperation and progress the leading forces in our communities.

Study the best ways to do every day work that we may find joy in common tasks well done.

Be kind beyond the standards of charity; avoid thoughts and words that condemn; be more thoughtful than love requires; maintain the highest ideals of Christian life.

## The American Creed.

I believe in the United States of America as a government of the people, for the people; whose just powers are derived from the consent of the governed; a democracy in a republic; a sovereign nation of many sovereign states; a perfect union, one and inseparable; established upon those principles of freedom, equality, justice, and humanity for which American patriots sacrificed their lives and fortunes.

I therefore believe it is my duty to my country to love it; to support its constitution; to obey its laws; to respect its flag; and to defend it against all enemies.

## Parliamentary Procedure

### SUGGESTIONS FOR CONDUCTING A MEETING:

President: (Standing) "The meeting will please come to order. Mrs. Homemaker will conduct the devotionals, after which we will stand and repeat the Homemakers' Creed."

President: "The Secretary will read the minutes of the last meeting."

Secretary: (Standing) "Madam President: The regular meeting . . ."

President: "You have heard the reading of the minutes. Are there any corrections or additions?" (Pause)  
"There being none, the minutes stand approved as read."

President: "Will the Treasurer make her report?"

Treasurer: "Madam President: . . ." (Gives report).

President: "You have heard the report of the treasurer. If there are no objections, the report will be filed."

President: "We shall now hear reports from the standing committees."

President: "Special committee reports are now in order and we shall hear the report of . . ."

President: "Is there any unfinished business? (If none, she continues): "Under new business we have . . ."

### Nominations

It is usual to have nominations made by a committee elected or appointed in advance. The committee should get the consent of the persons to be named. When a committee makes its report the President asks if there are any other nominations. A nomination does not require a second.

### Motions

Say: "Madam President"--"I move that . . ." A motion must be seconded. One does not need to rise or address the chair in seconding a motion. A motion must be voted upon.

## County Officers

President.....	Mrs. A. B. Engleman
Fredericks Hall, Va.—Fredericks Hall Club	
Vice President.....	Mrs. A. C. Marshall
Louisa, Va.—Louisa Club	
Secretary.....	Mrs. E. A. Terrell, III
Fredericks Hall, Va.—Fredericks Hall Club	
Treasurer.....	Mrs. Milton Turner
Mineral, Va.—Mineral Club	

## County Chairmen

Health.....	Mrs. Roy Kincannon
Mineral, Va.—Mineral Club	
4-H and Youth.....	Mrs. Berry Smith
Buckner, Va.—Buckner Club	

*THEME:* Harmony in the Home.  
Order in the Nation.  
Peace in the World.

## Club Presidents

President	Club
Mrs. Wesley Parrish.....	Apple Grove
Mrs. E. J. Perkins.....	Bells X Roads
Mrs. James Hartley.....	Buckner
Mrs. Francis Harris.....	Bumpass
Mrs. G. B. Lancaster.....	Cuckoo
Mrs. Hartwell Willis.....	Dabneys
Mrs. Leroy Chisholm.....	Fredericks Hall
Miss Mary Ogg.....	Green Springs Valley
Mrs. Joseph Dymacek.....	Locust Creek
Mrs. Kent Woolfolk.....	Louisa
Mrs. Bryan Kennedy.....	Mineral
Mrs. J. W. Tolleson.....	Piedmont
Miss Elmo Faudree.....	Quail
Mrs. L. A. Ware.....	Shelfar
Mrs. Lynn Clough.....	South Anna
Mrs. S. M. Ellis.....	Vawter's Store

*WMAA: Harmony in the Home,  
 Order in the Nation,  
 Peace in the World.*

Mrs. Susan Clark, RN., Health Nurse, Louisa County

Dr. H. S. Daniel, Health Doctor, Louisa County

## Club Officers and Leaders

President.....  
 Vice President.....  
 Secretary-Treasurer.....  
 Health.....  
 Food.....  
 Handicraft.....  
 Clothing.....  
 Program Development.....  
 Flower Arrangement.....

### SCHEDULE OF MEETING DATES

#### FIRST WEEK

Office and Cuckoo HDC..... Monday  
 Locust Creek HDC..... Tuesday  
 Louisa 4-H..... Wednesday  
 Mineral HDC and Mineral 4-H..... Thursday  
 Vawter's Store HDC..... Friday

#### SECOND WEEK

Piedmont HDC and Louisa School 4-H..... Monday  
 Bells X Roads HDC and Bells X Roads 4-H..... Tuesday  
 South Anna HDC and Apple Grove 4-H..... Wednesday  
 Green Springs 4-H and Quail HDC..... Thursday  
 Shelfar HDC..... Friday

#### THIRD WEEK

Office..... Monday  
 Dabneys HDC..... Tuesday  
 Apple Grove HDC..... Wednesday  
 Bumpass HDC..... Thursday  
 Fredericks Hall 4-H..... Friday

#### FOURTH WEEK

Office..... Monday  
 Buckner HDC and Buckner 4-H..... Tuesday  
 Fredericks Hall HDC and 4-H..... Wednesday  
 Green Springs Valley HDC and Burnley 4-H..... Thursday  
 Louisa HDC..... Friday

## 1949 Standard Club Objectives

	May	Oct.
1. That clubs be responsible for four of their demonstrations during the year.		● ●
2. Every club sponsor 4-H club work and/or other youth groups.....		●
3. Each active club member carry information to four non-club members.		
4. Each club carry out County Federation Goal .....		
5. Each club have active members attend six meetings per year, and get four or more new members.....		
6. Be represented at all county meetings and leaders' meetings.....		
7. All clubs pay Federation Fee by March 1st, and hand in complete report of project work in October...		
Other Objectives:		
1.		
2.		
3.		

### Louisa County Officials

Hon. Burnett Miller, Jr.	Judge of Circuit Court
S. A. Cunningham	Trial Justice
L. A. Keller, Jr.	Clerk of Circuit Court
W. Earle Crank	Commonwealth Attorney
J. F. Bickers	Sheriff
E. B. Pendleton, Jr.	Treasurer
R. E. Trice, Jr.	Commissioner of Revenue
D. B. Webb	Superintendent of Schools

## Health Goal

MRS. ROY KINCANNON, Chairman

SLOGAN: Good Health Is Good Economy.

AIM: To know our health situation and act on the knowledge gained.

- I. Publicize the County Health Unit.
- II. Organize and assist county-wide Health Activities.
  1. Actively cooperate with TB Nurse,
  2. School clinics,
  3. Dental clinics,
  4. Distribution of cod liver oil.
- III. Health and Hospital Facilities.
  1. Study and encourage health insurance,
  2. Physical check-up.
  3. Continue to help with community and memorial hospitals,
- IV. Improve School Lunch Program.
  1. Milk for every child.
  2. Establishment of lunch room at county High School.

## Tuberculosis Census—1948

	White	Colored	Total
Positive .....	32	21	53
Suspicious .....	8	8	16
Contacts .....	272	402	674
Patients in Hospital.....	2	5	7
Waiting for beds.....	1	2	3
•Home from Hospital this year.....	2	1	3
Deaths in 1948.....	1	4	5
Deaths in 1946-47.....	4	7	11

## How Good A Club Member Am I?

### "SCORE YOURSELF"

1. Am I punctual in attendance?.....
2. Do I fill my place on the program or else supply a substitute?.....
3. Do I respond willingly when called upon to help? .....
4. Do I personally welcome a new member?.....
5. Do I listen attentively to the person on the program? .....
6. If I have enjoyed or been benefited by a program, have I been prompt to give a word of praise to the contributor?.....

### Louisa County

Board of Supervisors	District	School Board
Carl Nolting.....	Green Springs	Pallison Hanger
Hugh Bowles.....	Mineral	J. C. Whitlock
R. B. Massie.....	Louisa	J. O. Loving
C. R. Carpenter.....	Cuckoo	Mrs. H. H. Walton
O. C. Perkins.....	Jackson	C. E. Ware

## December

Call to Order.

Creed and Song.

Suggested Devotional: Luke 2:1-20.

As with gladness men of old  
Did the guiding star behold;  
As with joy they hailed its light,  
Leading onward, beaming bright;  
So, most gracious God, may we  
Evermore be led to thee.

William C. Dix.

Reading of Minutes.

Get Acquainted with State Federation Handbook.

Business: Appoint Committees, Leaders and  
Hostess.

Demonstration: Christmas Cookery.

Place \_\_\_\_\_

Notes:

\$1,049.34 collected from sale of TB seals in Louisa  
County last year. This amount was not sufficient  
to take care of current needs.

January

Call to Order.

Creed and Song.

Suggested Devotional: Matthew 8:5-13.

Take time to play—it is the  
secret of perpetual youth.

Take time to read—it is the  
fountain of wisdom.

Take time to be friendly—it  
is the road to happiness.

Take time to dream—it is  
hitching your wagon to a star.

Take time to love and be loved—  
it is the privilege of the gods.

Take time to look around—it is  
too short a day to be selfish.

Take time to laugh—it is the  
music of the soul.

Get acquainted with new Year Books.

Reading of Minutes.

Business: Appoint Better Homes and  
Gardens Committee.

Demonstration: Health Goal.

Place \_\_\_\_\_

Notes:

1156244 corrected from sale of TB seeds in Louisa  
County last year. This amount was not collected.  
Louisa County Cancer collection for 1948 was \$1316.72.

## February

Call to Order:

Creed and Song.

Suggested Devotional: Matthew 9:2-8.

### A GOODLY LIFE.

To be honest, to be kind—to earn a little and to spend a little less, to make, upon the whole, a family happier for his presence—to keep a few friends.

—Robert Louis Stevenson.

Reading of Minutes.

Business: Federation Goal Information and Dues.

Demonstration: Planning and Careful Buying  
of Family's Clothing.

Children's Clothing (All Day)

Place \_\_\_\_\_

Notes:

Amount spent for cancer in Louisa County was \$1325.00

## March

Call to Order.

Creed and Song.

Suggested Devotional: Matthew 9:20-22.

The Crown of the house is Godliness.

The Beauty of the house is Order.

The Glory of the house is Hospitality.

The Blessing of the house is Contentment.

—Old Inscription.

Reading of Minutes.

Business.

Demonstration: Children's Clothing—  
Decorative Finishes.

Memo—Rural Life Sunday April.

Place \_\_\_\_\_

Notes:

Deaths caused from cancer in county during 1947—11

## April

Call to Order.

Creed and Song.

Suggested Devotional: Luke 4:16-23.

For flowers that bloom about our feet;  
For tender grass so fresh and sweet;  
For song of bird and hum of bee;  
For all things fair we hear and see,  
Father is Heaven, we thank Thee!

—Ralph Waldo Emerson.

Reading of Minutes.

Business.

Demonstration: Time Savers in Food  
Preservation.

Place \_\_\_\_\_

Notes:

Six cases of Poliomyelitis reported in county  
this year (1948).

## May

Call to Order.

Creed and Song.

Suggested Devotional: St. John 4:46-53.

Do you know that your bodies are made of some of the same substances that are found in the sun and the other stars? You are a sample of the great Universe. So do not let little things trouble you, but think and act as if you were a part of a bigger world than the little earth upon which you live.

—Edwin B. Frost.

Reading of Minutes.

Business.

Demonstration: Eat for Pep, Good Looks and a Long Useful Life.

Place \_\_\_\_\_

Notes:

Collection for Poliomyelitis amounted to \$1621.98,—  
50% of which goes to the National Foundation.

## June

Call to Order.

Creed and Song.

Suggested Devotional: Acts 9:32-35.

And what is so rare as a day in June?

Then, if ever, come perfect days;

Then Heaven tries earth if it be in tune,

And over it softly her warm ear lays.

Lowell—Vision of Sir Launfal.

Reading of Minutes.

Business: Farmers' Picnic.

Demonstration: Refrigerator Salads and  
Desserts.

Place \_\_\_\_\_

Notes:

The amount used for Poliomyelitis in 1948—\$1018.50.

ACCOMPLISHMENTS	Dec.	Jan
1. Did you help with 4-H? Did you have a Physical Examination?		
2. Do you help with Community Hospital?		
3. Do you have Hospitalization?		
4. Did you attend Leader Training Meetings?		
5. No. persons you have given timely information on homemaking?		
6. No. persons given information on canning, drying and freezing. No. persons given information on.....		
7. Check months you got food from your garden.		
8. How many quarts Vegetables frozen?..... Fruits? ..... Meats? .....		
9. How many quarts Vegetables canned?..... Fruits? ..... Meats? .....		
10. No. garments made..... No. remodeled .....		
11. Improvements in living room.....		
12 No. improvements made in lighting.....		
13. Did you make any improvements on your lawn?		

INDIVIDUAL ACC

The amount used for Publications in 1948 - 1949 is \$1.00



July

Call to Order.

Creed and Song.

Suggested Devotional: Psalm 95.

The Freedom Train slogan says:

"Freedom is everybody's job." And it may be added that no job is worth a nickel, if its holder won't work at it. Work need not be a sacrifice. Work built opportunity and a privilege. Work built America, and work can keep America growing.

Reading of Minutes.

Business: 1950 Program Planning—  
Appoint Nominating Committee.

Demonstration: Flower Arrangement  
Containers and flowers

Place \_\_\_\_\_

Notes:

Cash collected to date for Memorial Hospital, \$36,764.58

## August

Call to Order.

Creed and Song.

Suggested Devotional: Acts 9:36-41.

Look to your health, and if you have  
it, praise God, and value it next to a good  
conscience.

—Izaak Walton.

Reading of Minutes.

Business: Election of Officers.

Demonstration: Health Goal.

Place \_\_\_\_\_

Notes: \_\_\_\_\_

Board of Supervisors appropriated funds to establish  
County Health Unit as soon as State can  
furnish necessary personnel.

## September

Call to Order.

Creed and Song.

Suggested Devotional: Luke 17:12-19.

Four things a man must learn to do  
If he would make his record true;  
To think without confusion clearly;  
To love his fellow man sincerely;  
To act from honest motives purely;  
To trust in God and Heaven securely.

—Henry Van Dyke—Four Things.

Reading of Minutes.

Business: Achievement Day Planning.

Demonstration: Pickles, Relishes and Preserves.

Place \_\_\_\_\_

Notes:

Number patients in local Hospital in 1948—233.

## October

Call to Order.

Creed and Song.

Suggested Devotional: Matthew 15:22-28.

October turned my maples' leaves to gold;  
The most are gone now; here and there  
one lingers;  
Soon these will slip from out the twigs'  
weak hold,  
Like coins between a dying miser's fingers.

—T. P. Aldrich—Maple Leaves.

Reading of Minutes.

Business.

Demonstration: Yard Beautification.

Place \_\_\_\_\_

Notes:

Number maternity cases in local hospital 1948—128.

## November

Call to Order.

Creed and Song.

Suggested Devotional: Psalm 100.

For each new morning with its light,  
Father, we thank Thee,  
For rest and shelter of the night,  
Father, we thank thee,  
For health and food, for love and friends,  
For everything Thy goodness sends,  
Father, in heaven, we thank Thee.

—Ralph Waldo Emerson—Thanksgiving.

Reading of Minutes.

Business: Organization for 1950.

Demonstration: Handicraft.

Place \_\_\_\_\_

Notes:

Local hospital operated at a loss of only \$5.98 in 1947.

## Carry Me Back to Old Virginia

Carry me back to old Virginny;  
There's where the cotton and the corn and 'taters grow.  
There's where the birds warble sweet in the springtime.  
There's where the old darkey's heart am longed to go.

There's where I labored so hard for Old Massa  
Day after day in the field of yellow corn.  
No place on earth do I love more sincerely,  
Than old Virginny, the state where I was born.

### CHORUS

Carry me back to old Virginny;  
There's where the cotton and the corn and 'taters grow.  
There's where the birds warble sweet in the springtime.  
There's where the old darkey's heart am longed to go.

## I Would Be True

I would be true, for there are those who trust me.  
I would be pure, for there are those who care;  
I would be strong, for there is much to suffer;  
I would be brave, for there is much to dare.

I would be friend of all—the foe, the friendless;  
I would be giving, and forget the gift;  
I would be humble, for I know my weakness;  
I would look up, and laugh, and love, and lift;  
I would look up, and laugh, and love, and lift.

I would be prayerful thru each busy moment;  
I would be constantly in touch with God;  
I would be tuned to hear His slightest whisper;  
I would have faith to keep the path Christ trod;  
I would have faith to keep the path Christ trod.

## America, The Beautiful

O beautiful for spacious skies, For amber waves of grain,  
For purple mountain majesties, Above the fruited plain.  
America! America! God shed his grace on thee,  
And crown thy good with brotherhood, From sea to  
shining sea.

O beautiful for pilgrim feet, whose stern impassion'd stress  
A thoroughfare for freedom beat, Across the wilderness.  
America! America! God mend thine every flaw,  
Confirm thy soul in self-control, Thy liberty in law.

## Dreaming

My home must have a high tree  
Above its open gate;

My home must have a garden  
Where little dreamings wait;

My home must have a wide view  
Of field and meadow fair,  
Of distant hill, of open sky,  
With sunlight everywhere.

My home must have a friendship  
With every happy thing;  
My home must offer comfort  
For any sorrowing;

And every heart that enters  
Shall hear its music there.  
And find some simple beauty  
That every life may share.

My home must have its mother,  
May I grow sweet and wise,  
My home must have its father  
With honor in his eyes;

My home must have its children,  
God grant the parents grace  
To keep our home, thro' all the years,  
A kindly happy place.



**SOUTHERN STATES**  
**Farm Family Flour Enriched**

Guaranteed Satisfaction or  
Your Money Back

**LOUISA FEED SERVICE**

PHONE 225

LOUISA, VIRGINIA

**R. S. McDONALD**  
**Wholesale and Retail Lumber**

✦  
WINDOWS — DOORS  
AND OTHER BUILDING MATERIAL

✦  
R. D. McDONALD, PROPRIETOR  
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**Walton Lumber Co.**

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PENDLETON — DUMBARTON — BEAVERDAM  
VIRGINIA

**Wholesale Lumber**

LUMBER, RAILROAD TIES

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**SAFEWAY  
STORES**

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**Louisa, Virginia**

**W. J. MAY, MGR.**



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PHONE 44

*Plymouth - Chrysler*



INTERNATIONAL  
MOTOR TRUCKS

SALES — SERVICE

TIRES

BATTERIES

individual members and 120 meals served to their respective families. The members gained knowledge of the Basic 7 Chart and the foods needed in the diet each day. The meals were prepared and served the proper way. The mothers of these girls were quite pleased with the progress made and were over joyed with the help and steps they were able to save.

Sixteen members took Food Preservation including canning and freezing foods. Of this number, nine girls completed - 378 quarts were canned, 260 quarts frozen and 200 pounds frozen.

One hundred and fifty-four members took the Clothing Project. Of this number 97 girls completed various garments such as dresses, slips, aprons, skirts, shorts and blouses were among the 183 garments made. These girls were taught the right materials to choose, the most becoming color, how to fit and all the basic steps in sewing.

#### IV. ADULT

##### A. Project Work

1. Mrs. Roy Kincannon held a Leader Training Meeting for all Health Leaders. The result of this meeting, Mrs. Kincannon and others attended six of the club meetings and gave talks on health. Club members were asked to publicize the County Health Unit. The Board of Supervisors appropriated funds to establish a county Health Unit as soon as the State could furnish necessary personnel. Louisa, Fluvanna and Goochland counties would make up the unit. There would be one doctor for the three counties and each county will maintain a nurse, sanitation officer and secretary.

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The clubs actively cooperated with the T.B. nurse by helping with the T.B. milk fund for the county. The agent carried a milk bottle to all club meetings and collected \$35.00 for the cause.

Quite an intensive study was made of the various hospital insurance and the members were instructed as to the good and poor features to look for when deciding on insurance. It was found that only 35 club members carried hospitalization after this study.

Milk for every school child - at present, the high school and four of the five elementary schools serve milk to the pupils. It is the aim of the committee to try to have milk in all the schools.

Since milk is one of the aims for every school child it was decided that the family milk supply should be considered also. Mr. Aull spent two days in the county giving four demonstrations in central parts so as to reach as many members as possible. Sixty members attended these demonstrations. Since T.B. and undulant fever can be transmitted to human beings from raw cows milk a number of the members are at present pasteurizing their milk supply. The care of milk, utensils and also dairy barns, cows and family cow were discussed at these meetings.

Since Louisa County has been trying to get a Health Center and our Goal for the year is Health, our chairman, Mrs. Kincannon sent out letters to all club members urging them to attend the county-wide Hospital Meeting. Mrs. A.B. Engleman, our county chairman introduced the speaker, Mrs. Ben Wailles and members of the Louisa club handed out programs. There were approximately 175 present at this meeting and it was voted on and passed that we start working on the proposed

RM  
34  
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Hospital Center.

2. Time Savers in Food Preservation - Members were shown various devices which would save time and energy, the circular #419 Table with a dozen uses was given to each person attending with the explanation of how to use not only during canning season, but throughout the year. The following equipment was shown at each meeting - four different jar closures, chopping board, vegetable brush, strawberry cappers, peelers, perforated spoon, dipper, pot holders, jar fillers, jar lifters, choppers, food mills, pressure cooker and pressure sauce pan. Freezing equipment such as fillers, types of boxes, wrappings suitable for meats and ascorbic acid.

"Eat for Pep, Good Looks and a Long Useful Life" - Food leaders gave six of the demonstrations and leaders assisted the agent in several cases. Miss Cameron gave a very instructive leader meeting on the above and also Refrigerator Salads and Desserts. The wheel of Good Eating was explained and the vitamins and minerals discussed as to which we lack and the most important ones we should strive for in our foods. Molasses muffins and Bean Cutlet were made at all meetings.

Eight leaders gave demonstrations on Refrigerator Salads and Desserts. The vegetable salads, jellied cucumber ring with cottage cheese, frozen butter milk sherbert and Chocolate Mousse proved to make a popular and attractive demonstration as well as something good to eat.

Pickles, Relishes and Preserves - club members exhibited luscious jars of all varieties of the above. Two leaders held the meetings in the agents absence. Copies of tested recipes were given

the 121 members attending these meetings.

3. 3. Flower Arrangement - Containers and Frogs proved to be quite a popular demonstration. Club attendance increased during this month due to the interest in flowers. Mrs. N. G. Peck furnished the majority of the flowers and gave six demonstrations. In other instances she assisted the agent. Due to the flower interest of Mrs. Pecks club, they furnished flower arrangements to the following: 20 to Churches, 11 to Sick, 12 to Hospital, 4 colored Funerals, 2 White Funerals, 3 Shut-ins, 5 to School for Hospital Meeting and 16 for Better Homes and Garden Day.

4. Mr. Beecher spent two days in the County- one day was spent assisting Church members to landscape their respective Church lawns. Forty people were contacted this particular day. The members received help in landscaping, the right things to plant, where to plant, and how to prune. The Fredericks Hall Club are planning to landscape their new club house lawn, other clubs have selected homes of club members.

5. Christmas, the most enjoyed time of the year, all club members asking for new recipes for goodies and new ways to decorate for all their loved ones coming home for the holidays. The Fredericks Hall club members presented their best and most popular recipes to the agent and from this list four pages of recipes were mimeographed and given to club members throughout the county.

The interesting candy making such as sea foam, all the variations, fudge and pancho -members bringing their favorite recipe.

Cookie making using the cookie press showing many designs and variations.

Christmas decorations, door, mantel, table and window. A number of native evergreens were used.

6. One Sewing Machine Clinic was held at Mineral with eighteen persons present, representing seven clubs. Fourteen machines were cleaned and repaired. Mr. Waller taught the women how to oil, repair and use their machines. He had parts to machines and also addresses where members might obtain new parts.

Miss Jamison helped five members refinish furniture such as chairs, picture frames, chests and coffee mills. From this number the five people have helped 16 families with their refinishing problems.

Fourteen pressure cookers were tested during the year.

Cheese making was popular in the Dabneys Club - five members have made 40 pounds of cheese and expect to continue to do so.

The Mineral Club applied Etchall to 52 pieces of glassware.

Thirteen slip covers were completed by club members after the slip cover demonstration by the Singer Company.

#### B. Other Activities

##### 1. Better Homes and Garden

The Annual Better Homes and Garden Day Program was held on Monday, March 14th with Mrs. Kent Woolfolk, acting as chairman. This is sponsored by the Home Demonstration clubs of the county and provides informative, helpful and entertaining speakers. The eighth grade from the High School opened the program with a musical devotional followed by a Prayer by the Reverend Ross Terrell. Mr. E. T. McLean, a plant breeder from Virginia Truck Experiment Station at Norfolk spoke on "Gardens in Other Lands".

## Better Homes and Gardens Day Program Announced

The Home Demonstration Clubs of Louisa County are completing plans for their annual Better Homes and Gardens Day to be held at Louisa on Monday, March 14. The morning session, beginning at 10 a. m., and the afternoon session, beginning at 2 p. m., will be held in the Louisa Baptist Church. The Clubs will sell lunch at the Fire Hall at noon.

Mr. F. T. McLean, a plant breeder from the Virginia Truck Experiment Station at Norfolk, will be the guest speaker of the morning. His topic is "Gardens in Other Lands," a subject on which he is an authority, having traveled widely in doing plant research. The program also includes a music devotional by the Eighth Grade of Louisa County High School, and musical selections by Mrs. E. H. Poindexter and by the Piedmont Home Demonstration Club.

"Fitting a House to a Family" will be the subject of the afternoon address to be made by Miss Mary B. Settle, who is House Improvement Specialist on the Virginia Extension staff at V. P. I.

Committees for Better Homes and Gardens are as follows: Program, Mrs. Kent Woolfolk, Mrs. A. B. Englemann, Mrs. Roy Kincannon; Publicity, Mrs. George Lancaster; Lunch, Mrs. S. M. Ellis, Mrs. N. H. Gallion, Mrs. Jack Crebbs, Mrs. Kent Woolfolk; Tickets, Mrs. J. Fletcher Osborne, Mrs. Sara Bagby; Decoration, Mrs. N. G. Peck, members of the Green Spring Valley Home Demonstration Club.

The Lunch Committee is offering for sale an attractive plate lunch at 60c, Brunswick stew at 25c; sandwiches, 25c; pie, 10c, and coffee, 5c.

## Better Homes and Garden Day To Be Held in Louisa Monday

### Interesting Program Arranged by H. D. Clubs

The annual Better Homes and Garden Day program will be held at the Louisa Baptist Church on Monday, March 14. This program, sponsored and planned by the Home Demonstration Clubs of Louisa County, provides informative, helpful and entertaining speakers.

The morning session will begin at 10 o'clock, and will be opened with a devotional by the eighth grade from the High School, led by Mrs. Edith Layman. Following the devotional and prayer by the Rev. Ross Terrell, the morning speaker will be introduced by Mr. J. S. Wills.

Mr. F. T. McLean, who will present the morning address, is a plant breeder from the Virginia Truck Experiment Station at Norfolk. His topic will be "Gardens in Other Lands." Mr. McLean was trained in Forestry at Yale, and in Botany and Physiology at Johns Hopkins. He has spent a good many years in plant research in the Philippines, California, Florida and Rhode Island. He has been connected with the U. S. Forest Service and has traveled widely in plant research—in China, Australia, Japan, South Africa and Mexico.

The afternoon session will begin at 2 o'clock, and Mrs. Kent Woolfolk will introduce the speaker, Miss Mary B. Settle.

Miss Settle, who is House Improvement Specialist of V. P. I., will speak on the topic "Fitting a House to a Family." She has done Home Economics teaching, Extension Service and Farm Security work in Virginia, and was for several years Home Economics Supervisor with the Farm Security Administration. From 1941 to 1947, Miss Settle served as Regional Director in charge of Home Economics for the Farm Security Administration in the midwest. She is a graduate of George Peabody College from Purdue University.

Musical highlights of the day will be a piano solo by Mrs. E. H. Poindexter and selections by the Piedmont Home Demonstration Club.

Singer sewing machine attachment will be demonstrated at the Baptist Church between 12 noon and 2 p. m.

Lunch will be sold by the club women, beginning at 11 a. m., in the Louisa Fire Hall.

COMMITTEES

PROGRAM: Mrs. Kent Woolfolk, Chairman  
Mrs. A. B. Engleman  
Mrs. Roy Kincannon

PUBLICITY: Mrs. George Lancaster

LUNCH: Mrs. Sam Ellis, Chairman  
Mrs. N. H. Gallion  
Mrs. Jack Crebbs  
Mrs. Kent Woolfolk

TICKETS: Mrs. J. Fletcher Osborne  
Mrs. Sara Bagby

DECORATION: Mrs. N. G. Peck, Chairman  
Members of the Green Springs  
Valley Home Demonstration  
Club.

They can conquer who believe they can. - Virgil

BETTER HOMES

AND

GARDENS DAY.



A wee bit' of earth  
Plus a sunbeam or two,  
And a brown-coated seed  
Holds glory for you!  
Yet, there's skill in the planting,  
How to water and feed!  
That a wee bit of heaven  
May be yours indeed!

BAPTIST CHURCH

LOUISA

MARCH 14, 1949

MORNING PROGRAM

Louisa Baptist Church

Mrs. A. B. Engleman, County Chairman Presiding

Music Devotional

Eighth Grade Louisa County High School

Led by ..... Mrs. Edith Layman

Prayer ..... Rev. Ross Terrell

Introduction of Speaker.... Mr. J. S. Willis

Gardens in Other Lands..... Mr. F. T. McLean  
Plant Breeder, Virginia Truck Experiment  
Station, Norfolk, Va.

Piano Selection Mrs. E. H. Poindexter

Recognition of Club Presidents and Visitors.

Announcements

\*\*\*\*\*

LUNCH-12:00

Louisa Fire Hall

Plate lunch	.60
Brunswick Stew	.25
Sandwiches	.25
Pie	.10
Coffee	.05

AFTERNOON PROGRAM

2:00 P.M.

Mrs. A. B. Engleman, County Chairman,  
Presiding

Musical Selection.....Piedmont Home  
Demonstration Club

Introduction of Speaker .....  
Mrs. Kent Woolfolk

Fitting a House to a Family.....  
Miss Mary B. Settle  
House Improvement Specialist, VPI

Announcements

\*\*\*\*\*

EXHIBITS

Singer Sewing Machine Attachments  
demonstrated between 12:00 and 2:00 P.M.

\*\*\*\*\*

We wish to express our appreciation to:

Board of Deacons and Members of Louisa  
Baptist Church.

Louisa Fire Department and Auxiliary,

Mr. H. M. Woodward.

All taking part on the Program.

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**Louisa Clubs To Observe  
National H. D. Week  
May 1 to 7**

If you will tune to Cavalcade of America N.B.C. 8:00 p. m. Monday evening, May 2nd, you will hear the drama of early days of Home Demonstration work. You will hear the voice of Jane McKinnon, 82, who was one of the first H.D.A.'s in the country. When she retired as State Home Demonstration leader in 1937 she wrote a book, "When we're Green We Grow", the title of the Cavalcade play. Our district meeting will be held in Charlottesville May 4 at 9:45 a. m. in the Lane High School. The following program will be rendered.

"Home Demonstration Clubs a Force for Civic Progress"—Miss Maude E. Wallace, Assistant Director in Charge of Home Demonstration Work.

"Cooperative Work Between the Federation, V. P. I. and Agricultural Agencies", Mrs. H. H. Walton.

**Special Features:**

Exchange Students from Sweet Briar.

Concert—Lane High School Band.

Solo—Mr. Gordon Page, Director Music—Albemarle Schools.  
Chorus—McIntyre High School.

**Rural Life Institute  
Group Meets**

The annual meeting of the Rural Life Institute was held Friday, April 15th, in the Courthouse.

An instructive and interesting program was given. The meeting was called to order by Mr. T. C. Andrews, chairman, after which Rev. J. Fletcher Osborne gave the invocation.

Rev. R. G. Hutcheson discussed the Association of Church organization and also introduced Miss Harriett Johnson, Bible teacher, who stated she had 570 young people enrolled in her classes, 75 per cent of which had never attended Sunday School.

Mr. H. E. Waldrop, Soil Conservation Technician, discussed Soil Conservation Week.

Mr. B. L. Hummel, Extension Sociologist from V. P. I. gave a talk on Church Working in Cooperation with Public Agencies in the Building of Rural Communities, and Mr. W. W. Eure, Rural Youth Specialist from V. P. I., talked on Work with Young Men and Women. Others present were Mr. J. F. Roberson, Farm Credit from Richmond, Mrs. Roy Kincaid and Miss Ruth P. Boggs.

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### Louisa County Picnic At Mineral Aug. 11th



Stuart Grizzard  
To speak at picnic

The Louisa County Picnic, which has now become the established event of community interest, will be held this year at the Firemen's fair grounds in Mineral on Thursday, Aug. 11th.

The contests, which will be conducted by Bob Pendleton, promise to provide plenty of laughs and much exercise for both young and old. Bob reports that the prize donors have been so generous that there will be several valuable prizes for each event.

Frank Baker with the able assistance of the Food Committee will be on hand with free hamburgers, hot dogs and Brunswick stew.

A special play period for children, under the direction of Miss Carolease Woodward, is scheduled from 11 a. m. until noon.

The Rev. J. Stuart Grizzard of Orange, an interesting public speaker who appreciates the problems of rural communities, will deliver the principal address.

A ball game between Mineral and Louisa will climax the program.

The picnic is sponsored by the Home Demonstration, Rotary and Ruritan Clubs.

### Louisa County Represented at Rural Affairs Institute

The Louisa County delegation returned on Aug. 6th from the three-day meeting of the Institute of Rural Affairs at Virginia Polytechnic Institute, Blacksburg, after having been among the 1300 attendees and having a perfectly marvelous time.

The Institute's men's section, the Agricultural Conference Board of Virginia, and the women's section, the State Federation of Home Demonstration Club, met sometimes separately and sometimes simultaneously in business, social and study groups. The discussion leaders were chosen from among V. P. I.'s fine faculty and other exceptionally well-qualified people.

Louisa men's delegation was headed by Mr. T. C. Andrews, County Agent, and included R. J. Fisher, C. M. Winston, Lindsay Cave, Douglas Smith, Bernard Watkins, P. B. Hanger, John Perkins, Quintus Massie, Henry Langford, W. F. Baker and G. A. Estes.

The H. D. group was headed by Miss Ruth P. Boggs, Home Demonstration Agent, and included Mrs. Bryan Kennedy, Mrs. Edna Moss, Miss Mary Ogg, Mrs. Russell Fisher and Mrs. E. F. Taft.

The first day of the Institute brought general meetings, Mrs. N. C. Bailey, State President, of Orange, presiding. The men's general meeting was continued in the afternoon. At that time the women divided into three groups to consider problems of publicity, discussion techniques and program development as applied to home demonstration work. Louisa was represented at each. Dr. Paul Sanders, editor of the "Southern Planter," ably assisted by leading women journalists of the South and radio representatives, gave chapter and verse on methods of bringing home demonstration work into the lives of more rural women, in the section on publicity.

A recreational evening followed. The Barter Theatre of Virginia presented a play, "Jenny Kissed Me." Dancing followed in the college gymnasium. Miss Boggs was among the hostesses.

The mornings of the second and third days were devoted to sections on government, economics and rural youth. Miss Maude E. Wallace of the faculty led the government section which considered intensively civil and legislative problems. One of the speakers was Miss Mary Shadow of Tennessee, the youngest elected legislator in the country. Mrs. Ben Wailes of Sweet Briar College led a panel discussion.

In the economics section, Mrs. A. J. Wickens of the U. S. Labor Department drew from her extensive knowledge of national economic trends to forecast a "readjustment," in the next fiscal year, and to predict specifically for Virginia's first six crops. Also, Dr. S. W. Warren of Cornell University told farmers exactly what factors to consider when deciding to what extent to mechanize. Management vs. Paternalism and father-son farming agreements rounded out this program.

The rural youth group discussed extension work and the importance of democracy to young people. Dean M. Moffett of Radford College outlined the salient features of marriage and family living, and Dean W. W. Savage of Longwood College, Farmville, gave pointers on choosing a life work.

In the afternoon, agricultural sessions were held in nine sections, animal husbandry, poultry, vegetables, ornamental horticulture, agronomy, fruit, wildlife, dairy cattle and dairy products. The third afternoon, the women's group held a final business meeting. At this time officers were elected and a motion to sponsor an adult education center was defeated.

The evenings of the second and third days brought inspiring talks by Dr. John O. Christianson of University of Minnesota on America from an European point of view, and by Dr. Walter S. Newman, V. P. I. president, entitled "Your Land Grant College and You." Certificates of merit presented to Mrs. Wailes and to Mr. Turpin Willis, dairy farmer of Culpeper.

All the meetings were interspersed with group singing. Square dancing was held every night. The delegates were housed in the men's barracks and fed in the mess halls. Inspiring exhibits were on public view.

The Louisa County delegation held a private picnic at nearby Mountain Lake.

Miss Mary B. Settle gave a very interesting discourse on "Fitting a House to a Family." Two hundred members attended each session. Lunch was served in the Louisa Fire Hall by club members, Mrs. Sadie P. Ellis, acting as chairman. The various clubs throughout the county furnished Brunswick Stew, Chicken for sandwiches and pie. The net proceeds of the lunch amounted to \$154.00 which went into the County Club Treasury. Twenty-two lunches were given to visitors, members of Board of Supervisors and persons taking part on the Program. The Church where the meeting was held and Fire Hall were beautifully decorated with seasonal flowers by the members of the Green Springs Valley Home Demonstration Club. All the committees functioned well and the club members worked together to make the day a success.

#### 2. Rural Life Institute

The Rural Life Institute Group met and a very interesting program was offered to the ten persons present. The Reverend R.G. Hutcheson discussed the Association of Churches in Louisa and Miss Harriett Johnson, Bible Teacher stated that she had 570 young people enrolled in her classes, 75% of which had never attended Sunday School. Mr. Hummel gave a talk on "Church Working in Cooperation with Public Agencies in the Building of Rural Communities", and Mr. Eure talked on "Work with Young Men and Women".

#### 3. Federation Meeting

District Six Federation Meeting of which we are a member, met in Charlottesville on May 2nd in the Lane High School. Thirteen of our sixteen clubs were represented with a total of 42. Our president told in her report that our Federation dues were paid up 100%.

## 4. Family Picnic

Annual County Family Picnic which is sponsored by the Home Demonstration, Ruritan and Rotary clubs, was an event which takes place the second Thursday in August. This day is selected by the Board of Supervisors as a holiday for everyone in the county and was attended by 1200 this year. The Home Demonstration clubs furnished Brunswick Stew and the Ruritan and Rotary clubs weiners and hamburgers. Quite a few contests were enjoyed by young and old, prizes being donated by various business concerns throughout the county. Mr. Stuart Grizzard from Orange presented an interesting address while the children were being entertained with games and stories.

## 5. Institute of Rural Affairs

Five club members from five clubs attended the Institute of Rural Affairs with the Agent. Three of the five attended for the first time and all were inspired and carried quite a number of ideas back to their respective clubs and to the county.

## 6. Year Book Committee

The Year Book Committee, with Mrs. A. C. Marshall, chairman met and completed the subject matter part of the book. At present, the book has gone to press and it is hoped that it will be in club members hands very soon.

## 7. Banquet

The club members voted in their individual clubs to hold a banquet for 1949 instead of the regular Achievement Day. Mrs. Roy Kincannon acted as chairman and dinner was served by the Home Economics Department of the Louisa County High School. Miss Rowena Briel, a District

### Home Demonstration Clubs Plan Achievement Banquet

The Home Demonstration Clubs of Louisa County have completed plans for an Achievement Banquet to be held at the Louisa Fire Hall on Friday, Oct. 14, at 7 p. m. Dinner will be served by the Home Economics Department of the Louisa County High School.

Mrs. Roy Kincannon, chairman of the program committee, has announced that the banquet speaker will be Miss Rowena Briel, who is now a District Supervisor of Home Economics. Miss Briel, who is well known in Louisa County, was formerly Home Demonstration agent here, and also served as Home Economics instructor at Louisa County High School.

Mrs. James Hartley will serve as toastmaster at the banquet, and group singing will be led by Mrs. E. B. Pendleton, Jr. Special music will be presented by Mrs. Robert Woodman and Mrs. Emmett Poindexter. Miss Harriet Johnson will deliver the invocation, and the speaker and special guests will be introduced by Mrs. H. H. Walton. T. C. Andrews will present the award and a program highlight will be the president's address by Mrs. A. B. Engleman.

All Home Demonstration Club members are urged to make their banquet reservation by Oct. 12. The reservation fee is one dollar per plate.

Committees for the Achievement Banquet are as follows:

Program: Mrs. Roy Kincannon, Mrs. H. H. Walton.

Table Decoration: Mrs. Leroy Chisholm, Mrs. Lizzie Trice and Mrs. Lewis S. Far.

Favor and Program: Mrs. N. G. Peck, Green Springs Valley H.D.C.

Banquet: Mrs. E. M. Pennington, Mrs. Louise Downing and FHA girls.

Publicity: Mrs. George B. Lancaster.

### H. D. Clubs To Hold Achievement Banquet At Fire Hall Friday

When homemakers of Louisa County assemble for their achievement banquet Friday night, Oct. 14, they will individually and collectively represent the finest in leadership, homemaking and community spirit in our County and in our nation.

The banquet, which last year replaced the annual Achievement Day, and because of its overwhelming success is repeated this year, will begin at 7 p. m. in the Louisa Fire Hall. Dinner will be served by the Home Economics Department of the Louisa County High School.

Miss Rowena Briel is to be guest speaker at the banquet. Miss Briel, who is a graduate of Madison College, was Home Demonstration agent in Louisa in 1936-1940. She taught Home Economics in Louisa County High School from 1940 to 1943, and at present is District Supervisor of Home Economics Education.

The program for the banquet is as follows:

Toastmaster, Mrs. James Hartley.

Creed  
Song, led by Mrs. E. B. Pendleton, Jr.

Invocation, Miss Harriet Johnson.

Special Music, Mrs. Robert Woodman.

Dinner.  
Our president speaks, Mrs. A. B. Engleman.

Piano Solo, Mrs. Emmett Poindexter.

Introduction of special guests and speaker, Mrs. H. H. Walton.

Our Guest Speaker, Miss Rowena Briel.

Award, T. C. Andrews.  
Song, led by Mrs. E. B. Pendleton, Jr.

### Miss Briel Banquet Speaker

Miss Rowena Briel, formerly Home Demonstration Agent here, was guest speaker at the Achievement Banquet of Louisa County Home Demonstration Clubs, which was held in the Louisa Fire Hall Oct. 14. She spoke to a large group, representative of every section of the County.

Mrs. James Hartley, mistress of ceremonies, introduced Mrs. A. B. Engleman, president of the County Clubs. Mrs. Engleman advised the clubwomen to enjoy the world in which they live, to keep minds and hearts alert to new worlds, and to be proud of the "little worlds" which are theirs.

Miss Briel was introduced by Mrs. H. H. Walton, former State President of the Home Demonstration Clubs in Virginia. Miss Briel spoke to the club members concerning their responsibility for helping to solve problems of today's world. She quoted Margaret Chase Smith as defining a home as the most fundamental form of democratic government, and as having said that the structure of a nation is only as strong as the structure of the homes that compose it. Miss Briel stressed personality development, which begins in the home. She emphasized that homemakers are leaders in their communities.

T. C. Andrews presented the 4-H Merit Award to Mrs. Marjorie Matthews Smith, who has served as a 4-H Club Leader for approximately 20 years, and has been an active member of the Home Demonstration Club, the Grange, PTA, the Red Cross and other groups.

A delicious meal was served by the Future Homemakers of Louisa County High School. Music was furnished by Mrs. Robert Woodman, Mrs. Emmett Poindexter and Mrs. E. B. Pendleton, Jr. The banquet was acclaimed a success and a most enjoyable affair.



PROGRAM

Toastmaster. . . . .Mrs. James Hartley  
Creed  
Song . . . . .America, The Beautiful  
Invocation . . . . .Miss Harriett Johnson  
Special Music . . . . .Mrs. Robert Woodman  
Dinner  
Our President Speaks. .Mrs. A.B. Engleman  
Special Music . . . . .Mrs. Emmett Poindexter  
Introduction of Special  
Guests and Speaker . . Mrs. H.H. Walton  
Our Guest Speaker . . .Miss Rowena Briel  
Song . . . . .Look For the Silver Lining  
Award . . . . .Mr. T.C. Andrews

"LOOK FOR THE SILVER LINING"

Look for the silver lining,  
Whenever clouds appear in the blue  
Remember somewhere the sun is shining  
And so the right thing to do  
Is make it shine for you.  
A heart full of joy and gladness  
Will always banish sorrow and strife,  
So always look for the silver lining  
And try to find the sunny side of life.

### COMMITTEES

Mrs. Roy Kincannon-Chairman

Program:

Mrs. Roy Kincannon

Mrs. H.H. Walton

Table:

Mrs. Lizzie Trice

Mrs. Lewis Spicer

Programs:

Mrs. N.G. Peck & Green Springs H.D.C.

Publicity:

Mrs. George Lancaster

Banquet:

Mrs. E.M. Pennington

Mrs. Louise Downing

F.H.A. Girls

### HOMEMAKERS' CREED

As Homemakers we will strive to:

1. Have our organization foster the highest ideals in home, church, school and public life.

2. Have our homes reach out in service to the communities and help unite the people.

3. Have cooperation and progress the leading forces in our communities.

4. Study the best ways to do every day work that we may find joy in common tasks well done.

5. Be kind beyond the standards of charity; avoid thoughts and words that condemn; be more thoughtful than love requires; maintain the highest ideals of Christian life.

#### 4-H'ers Attend Camp

Thirty 4-H Club girls and boys, representing 10 4-H Clubs in Louisa County attended Holliday Lake 4-H Club Camp in Appomattox County last week. They were accompanied by T. C. Andrews, county Agent, Ruth P. Boggs, Home Demonstration Agent, Mrs. Bernice Ware and Harry Walton Meredith, who served as leaders.

4-H'ers from Greene, Madison, Culpeper and Orange Counties also attended camp with the Louisa group.

The club members had a full week of instruction including classes in wild life, home accessories and handicrafts such as stools, bird houses and halters. Swimming, games and songs were also part of the daily routine.

Those attending were: Sara Anne Pennington, Beverly Hicks, Jeanne Ware, Edgar W. Goodwin, Newton Gammon, John Grant, Eugene Lloyd, Gussie Sprouse, Barbara Reidelbach, Alice Sims, Doris Shiflett, Blutcher Reidelbach, Johnny Barlow, Rachael Duncan, Fred Peetz, Harvey Fleshman, Wellford Sims, Johnny Fleshman, William Bickers, Arthur Boyd, Calvin Stevens, Bobby Gayle Shumake, Betty Jane Fisher, Shirley Ann Coleman, Bonnie Fisher, Doris Carol Eubank, Janet Gaskill, Martha M. Fisher and Beverly Fisher.

Supervisor of Home Economics and a former Home Demonstration Agent of Louisa, spoke to the club members concerning their responsibility for helping solve problems of today's world. She quoted Margaret Chase Smith as defining home as the most fundamental form of democratic government, and as having said that the structure of the nation is only as strong as the homes that compose it. Our own Mrs. Engleman advised the club women to enjoy the world in which they live, to keep minds and hearts alert to new worlds, and to be proud of the "little worlds", which are theirs.

Mrs. James Hartley ably served as toastmaster and a number of lovely musical selections were presented by club members throughout the county.

145 club members attended this banquet and there has been quite a lot of favorable comment concerning the evening.

#### V. 4-H CLUB

##### A. Project Work

1. Clothing seemed to be the most popular project with 154 girls taking the project. Of this number 97 completed and 183 garments were made and 45 garments remodeled. Much interest was shown in clothing construction for two reasons. The first being that they were actually making an article of clothing "on their own", and all were well pleased with the progress they were making. The second reason being that they were going to be able to contribute their part at home, in this phase of homework, and are proud of the fact that they have gained new ideas outside of the home and are able to take home and put into effect new ideas.

The methods used in teaching clothing construction were used as follows:

1. Selection of materials and suitable patterns for these materials and the person for whom they are to be used.

2. Study of pattern - how to use and alter.

3. Shrinking of material (beforehand) laying pattern on material correctly, cutting, cutting notches properly, making tailor's tacks.

4. Basting, fitting, making alternations necessary before stitching.

5. Actual stitching, fitting, finishing, buttonholes, decorative finishes by use of bias tapes, etc.

6. Pressing.

2. Food Preparation - 25 girls took the project and 16 completed. The girls taking this project were taught how to give demonstrations in foods and also the following:

1. The Basic 7 Food Chart was studied and each member could name foods in each group.

2. Menus for breakfast, lunch and dinner were made out by individual members. Old menus were discussed as to the right and wrong foods.

3. Rules for dish washing.

4. Correct ways to measure dry and liquid ingredients.

5. Proper way to set a table - showing various types of table mats and cloths.

6. Cooked and served a milk dish such as custard and white sauce.

7. Cooked potatoes using pressure sauce pan.

8. Made several attractive salads.

9. Made cookies and biscuits.

3. Food Preservation - 16 girls enrolled and 9 completed, these 9 canned 378 quarts, 260 qts. frozen and 200 pounds frozen. Demonstrations were given as follows:

1. Types of jars and difference closures - the best equipment to use to save time and energy for both canned and frozen foods.

2. Canned tomatoes and tomato juice.
3. Made food preservation plan for the family.
4. Freezing and canning peaches.
5. Canned greens.
6. Members given opportunity to give demonstration.

One club member from each of the following clubs, Bells X Roads, Louisa and Burnley entered the Area Contest in Culpeper and brought a blue, a red and a white ribbon home with them. The girls entered Food Preparation, Frozen Foods and Dress Revue. The contests were very helpful in that they taught the girls how important records were and also to try to "do the job they were doing better".

#### B. Other Activities

##### 1. 4-H Camp

Fifteen girls with one leader and the agent attended Holiday Lake 4-H Camp activities. Martha Marie Fisher from the Burnley club was elected scribe by the 4-H group. The other girls also took an active part in all the camp activities.

##### 2. Rural Life Sunday

The Green Springs, Burnley and Buckner 4-H clubs observed Rural Life Sunday in a body at their respective churches. The 4-H'ers had a short program repeating their pledge and singing a song. The Pastor in each instance used as his topic something relating to the Rural People and their way of living.

#### VI. OLDER YOUTH

There has been one meeting of the older youth group between the ages of out of school age and thirty. Mr. Eure explained the program to these 11 young men and women and they plan to meet again the early part

of December in order to organize.

VII. SCOPE OF WORK	1948	1949
<u>Number Home Demonstration Clubs or Groups</u>	<u>15</u>	<u>16</u>
<u>Membership</u>	<u>440</u>	<u>440</u>
<u>No. 4-H Clubs</u>	<u>12</u>	<u>8</u>
<u>Membership</u>	<u>180</u>	<u>180</u>
<u>Number of other families reached</u>	<u>1183</u>	<u>933</u>
<u>Total number families reached</u>	<u>723</u>	<u><del>713</del> 1932</u>

## VIII.

## 1. County Board of Agriculture

The County Board of Agriculture was re-organized by taking most of their membership from the old Board, adding a few additional members and dividing them into committees, according to their agricultural and Home Economics interests.

## 2. County Home Demonstration Committee.

The County Home Demonstration Committee met twice during the year to plan the Spring and Fall Planning Meetings. They also met after Better Homes and Garden Day to criticize the program so that we might profit from our mistakes for the coming year.

## IX. F

From the result of Mrs. Kincannon's Leader Training Meeting, leaders attended six club meetings and gave talks on Health.

The committees for Better Homes and Garden Day with Mrs. Kent Woolfolk, chairman, Mrs. George Lancaster, publicity, Mrs. Sam Ellis lunch, Mrs. J. Fletcher Osborne, tickets, and Mrs. N.G. Peck, decoration and two members from each club assisting for the day. These committees worked together and did a fine job of making the day a success.

Two club members helped thirteen families in their communities make slip covers.

From the eighteen persons attending the Sewing Machine Clinic, ten assisted families in their communities to repair and clean their sewing machines.

There were twenty-one food leaders present for the Leader Training Meeting on "Eat for Pep, Good Looks and a Long Useful Life" and Refrigerator Salads and Desserts". Fourteen demonstrations were given by leaders from the result of this.

Leaders gave eight demonstrations of "Flower Arrangement- Containers and Frogs".

The members of the Mineral Home Demonstration Club acted as hostess for the Family Picnic. This club named committees who took charge of the food for the day with the assistance of one member from each club.

The five attending the "Furniture Refinishing Clinic" have helped sixteen families with their furniture problems.

Mrs. George Lancaster from the Cuckoo Club has written articles on Better Homes and Garden Day and the Banquet for the local paper.

Mrs. Taft from the same club furnished the article about the Institute of Rural Affairs.

Mrs. Gaskill, program development chairman from the Piedmont club furnishes her club with timely articles at each club meeting.

Growth of Home Demonstration Club Project Leadership		1948	1949
No. project leaders and goal chairman		120	144
No. training meetings held			
	By specialist	7	7
Attendance at all training meetings		83	97
No. Club meetings held by leaders without agent present		36	47
No. Club meetings at which leaders assisted		42	61
Growth of 4-H Club Project Leadership		1948	1949
No. adult project leaders		8	14
No. junior project leaders		2	4
No. training meetings held			
	By specialist	1	1
Attendance at leader training meetings		2	1
No. 4-H Leaders trained individually		1	3
No. Club meetings held by leaders without agent present		2	
No. club meetings at which leaders assisted		15	34
No. demonstrations given			
	By leaders	17	10

X. The most significant contribution of the club members was the part they played in the Hospital Drive. This drive called for united effort and it seemed to develop a closer contact of all members.

Volunteer leaders have been a great value and they help straighten the program very much. In the majority of cases more women leaders have

shown an interest in the program.

The picture is not perfect, a much higher average attendance is needed at meetings and more active leaders are needed in both 4-H and Home Demonstration.

The club members have been successful in helping obtain the County Health Unit and have cooperated to the fullest extent with the nurse and sanitation officer.

Thirty-five women carried health insurance before our meetings. Now fifty more have reported to date.

The new club which was organized at the end of 1948 have taken quite an active part this year - incidently they met all the standards of an ideal club.

The 4-H program has helped all children taking part in that it helps them do for themselves and also they are better prepared to assist with home duties. They have learned easier and quicker ways to do the tasks they are required to do at home.