

VIRGINIA

LOUDOUN
County

Home Demonstration Agent

Annual Report

1940

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REPORT FILES
EXTENSION WORK

ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION WORK
LOUDOUN COUNTY

1940

Karle Bundy

HOME DEMONSTRATION AGENT

December 1, 1939-- November 30, 1940

HOME DEM AGENT ANNUAL REPORT

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III. SUMMARY OF INDIVIDUAL ACTIVITIES.

Days in Field	212
Days in Office	65
Days Annual Leave	20
Days Sick Leave	0
Days Leave without Pay	0
Legal Holidays Taken	7
Number Home Visits Made (Adult)	253
Number 4-H Club Members Visited	96
Total Number Different Homes Visited	349
Number Office Calls	202
Number Telephone Calls	395
Number News Articles or Stories Published	38
Number Individual Letters Written	718
Number Different Circular Letters Written	133
Number Meetings Attended	155
Number Miles Traveled	8,258

IV. THE COUNTY AND ITS PEOPLE

Loudoun was formed from Fairfax in 1757. It is the northernmost county in the State with an area of 519 square miles. The elevation ranges from 400 to 600 feet in the plain region to 1600 feet in the mountains.

The general topography is a plain with rolling hills and gentle slopes.

The chief soils are clay and loam, largely known as the Cecil clay type.

Livestock and dairying are the main sources of farm income. A large variety of crops are grown in the county.

The county is strictly rural with a population of approximately 32,000 people. About 20% of its people live in small towns, 49% are small landowners, 4% are large landowners, and 27% are tenants or farm hands.

The home demonstration program is planned to meet the needs of the farm and village homemakers. The recent development of the R. E. A. lines in the county will definitely affect the activities and equipment in many farm homes for 1941.

V. FINANCIAL SUPPORT OF WORK.

The county Board of Supervisors aids in supporting home demonstration work in the county. The Board is composed of one representative from each of six magisterial districts. These members are elected by the

people for a period of four years.

VI. WOMEN'S WORK.

1. Organization

a. County Homemaking Board

The homemaking board is composed of the executive officers of the home demonstration clubs and representatives from all other homemaking agencies working in the county. The purpose of this Board is to coordinate the work of all homemaking agencies in the county for better rural living. This Board studies the conditions and needs in the county and communities relative to deciding and carrying out the greatest need as a county-wide piece of work each year.

b. County Home Demonstration Committee

The county home demonstration committee consists of the presidents of all the home demonstration clubs. It has its organization separately from the homemaking board for the purpose of planning the program relative to home demonstration work in the county. This committee serves on the county homemaking board and holds its regular meetings preceding the Board meeting. County-wide projects adopted at the homemaking board are then incorporated into the planned home demonstration program for the year.

The home demonstration program of work for this year placed emphasis on clothing from the standpoint of selecting and buying materials and the construction and fitting of the basic dress. A coat school was

held in connection with this project at which time the women learned to tailor coats.

A live-at-home program stressing the growing of better gardens and the canning of more vegetables for winter use was carried in cooperation with the Homemaking Board.

The 1941 home demonstration program had its origin in the early spring when the homemaking board met and presented background facts for program planning. This information was carried by each club president to her respective club for further discussion. They used this information for further study in their clubs for two successive monthly meetings to get the needs and interests of their respective communities. A home demonstration committee meeting followed at which time the collected facts were pooled and the county major project, foods, was selected. The chairman of the county home demonstration committee was delegated to attend the State program planning meeting in July. Following this meeting the State Extension Foods Specialist met with the county committee to plan in detail the foods demonstrations for the new year. The remainder of the program will be completed by the local club committees according to their club interests and needs.

c. Home Demonstration Clubs

There are ten organized home demonstration clubs in the county. The officers consisting of a president, vice-president, secretary and treasurer are elected by the club members. These officers are members

of the County Homemaking Board. Two project leaders and an alternate are selected by the club president to help carry through the major project chosen by the club. The president also has the power to select such committees as she deems necessary in the carrying out of the club program.

Each club selects some real need and works toward that goal as its community project each year. The club members are responsible for passing on information, gained at their meetings, to others in their community and for promoting the work in every way possible.

d. Scope of Work.

(1) There are approximately 3,500 white homemakers in the county. Five hundred and sixty-four of this number have been reached directly by some phase of club work with approximately 1500 reached indirectly. Transportation is a handicap to a great number of women who would like to take part in the work.

(2) Enrollment for the past three years is as follows:

<u>Year:</u>	<u>No. Clubs:</u>	<u>Membership:</u>	<u>No. Reached Indirectly</u>
1938:	11 :	549 :	1,100 Est.
1939:	10 :	557 :	1,000 Est.
1940:	10 :	564 :	1,500 Est.

(3) The home demonstration clubs are evenly distributed over the county. There are six magisterial districts

in the county. There is one club in Lovettsville district; two in Jefferson; two in Mt. Gilead; two in Mercer; two in Leesburg, and one in Broad Run.

2. Project Work
a. Major

The club women selected clothing as their major project this year. The project was determined after discussions were held in the local clubs to find out the greatest needs and interests of the members and others in the various communities. These discussions definitely showed the need for better buymanship and selection of ready-made clothes, and the construction of well fitted garments at home in order to get the most from the family clothing dollar.

Demonstrations were given by the project leaders after they had received training under the supervision of the State Extension Clothing Specialist, to include color, design, fabrics, construction, and accessories for the basic dress.

A three-day coat school was held for these women desiring to learn tailoring. Six women made new coats for themselves; one made a new coat for a small son; another a cool jacket for herself. One woman restyled a coat for herself, and two made dresses while observing the tailoring process.

Self confidence was developed by these women making coats. They

stated that the school had been a success because it made the many problems in sewing and pressing easier after learning the right way of doing the job. One woman expressed the school in this way, "I have never spent three more profitable days. I learned so much about tailoring, cutting, pressing and fitting, and I never had a coat to hang more beautifully than the one I made. The set is perfect, and it feels like a million dollars on me. It cost me \$7.95."

The actual cost of all coats made was \$42.00; the approximate value \$175.00. The three days' work represented a cash saving of \$133.00, in addition to the learning processes and practice in actual construction, and the confidence developed in the women, which no doubt led to further help and satisfaction in spending wisely the family clothing dollar.

Another outstanding feature of the clothing program was a restyling clinic. The women brought their old and discarded garments to the all-day meeting to have them brought up to date. They went home feeling that they had been greatly benefited by attending the most helpful clinic.

b. Minors

Food preservation, House Furnishings, and Health were carried as minor projects in the clubs.

Club members canned 32,954 quarts of fruits, vegetables, meats, and other things, thus showing a decrease in the amount canned this year over

last year. The reason for this difference is explained by the cold weather and the fact that most gardens were planted later this year. Canning days were held in several communities during the summer months to teach better methods in food preservation. As a result of these meetings, approximately 750 quarts of vegetables were canned for the hot school lunches.

An all-day slip cover school proved very helpful to a great many women. They brought their furniture to a central place in the county and worked under the supervision of the State House Furnishings Specialist to fit slip covers. As a result of this school 23 families made slip covers for their furniture.

The demonstrations held on making corn shuck hot-dish mats were interesting as well as worthwhile.

Reseating chairs and bottoming footstools proved easy work at an all day picnic meeting held on the lawn of a club member during the summer. Nineteen families benefited from this meeting, and report 25 chairs and stools seated.

Health meetings were held in all clubs at which time members from the Loudoun County Council, an organization consisting of representatives from all welfare and social agencies working in the county, sent a member of their health committee to each home demonstration club to talk on the "Advantages of having a Health Unit in Loudoun county." This was also a means of educating the rural people as to the health conditions now

existing and of asking their support in promoting an organized health unit in the county. 11

c. Community Projects

Sponsoring the hot school lunches has been a community project in five clubs. One club took the whole responsibility of making and serving the hot lunches in their school during January, February and March. Each day two women made and served soup to the undernourished children. Other clubs worked with the P. T. A. in holding canning days to can surplus vegetables for the hot lunches.

Most of the clubs fixed Christmas baskets for those less fortunate than themselves. Committees were appointed to distribute them on Christmas Eve.

One club got in touch with the teacher of the one room school in its community to find out the needs of the children. There were many underprivileged children badly in need of clothing. Five large boxes of clothing were donated by the club members. Each child in school was given a new pair of socks filled with oranges, candy and a toy. Each needy family was given a new pair of sheets and pillow cases. The children showed plainly that the Christmas party was a gala time for them. The club members left the school with the knowledge that they had supplied all the Christmas some of the children would have.

Two clubs made layettes for expectant mothers in their communities. The garments were cut out at a club meeting and each member took the

responsibility of making at least one article at home.

3. Project Leadership

a. Plan for Training and Use of Leaders.

Two leaders and an alternate were appointed by the club chairman in each local club to give and assist with the major project demonstrations. Three county leader training meetings were held under the supervision of the State Clothing Specialist to help the leaders plan their local club demonstrations. Source materials were secured from the State Agricultural College and other places to aid the leaders in their discussions. The leaders were also responsible for collecting information from the club members relative to their projects achievements.

b. Results Obtained

Excellent attendance was had at each leaders training meeting. If the appointed leader could not attend a substitute was sent to serve in her place. The demonstrations by the leaders showed they had given study to the subject before presenting it at their local clubs. Several leaders expressed a satisfaction gained through experience as a leader that they had never before realized from just being a regular club member.

The project sheets solicited from individual members from time to time served as a summary of what had been carried out at home after observing a method demonstration.

4. Other Activities

a. Campaign

A live-at-home county-wide campaign was carried through the year stressing better home gardens and the canning of more vegetables for winter use. Three hundred and eighty-five families were enrolled in this campaign and reported having canned approximately 12,000 quarts of vegetables from their gardens with an average of seven vegetables growing in their fall gardens.

The campaign was organized by having a garden chairman in each home demonstration club with a committee whose responsibility it was to enroll members in their respective communities. The committee was also asked to visit these gardens at least once during the year. At the close of the campaign the local committee members summarized their results for the county committee's report.

Each club selected one garden in its community as a demonstration garden. These gardens served as model gardens for the communities and were judged on the variety and number of vegetables planted and grown. Families were asked to visit these demonstration gardens for information relative to planning and planting their individual gardens. Special garden meetings were held in July at which time the State Garden Specialist was present to discuss the planning and planting of the fall and winter garden. These meetings were held at the demonstration gardens reaching approximately 200 people.

Garden letters containing timely instructions for gardening were sent out monthly to all those enrolled in the campaign.

b. Recreation

Every club has held one or more socials during the year. The August club meetings were in the form of picnics or outings. The young people were invited and games, songs and refreshments were enjoyed. Following the social hour the business meeting was held at which time the club delegate to the State Federation of Home Demonstration clubs gave a report of her trip.

Most of the clubs held a special Christmas party. These parties were held at night to include the entire family.

Each club held at least one benefit party for the purpose of defraying its club's expenses. Twelve dollars was used to send a club delegate to the State Federation meeting. These benefits included game parties, ice-cream festivals and square dances, and were a means of recreation for both the young and old in the community.

c. County Meetings -- Fair and Achievement Day.

In order to sponsor the county 4-H club Fair, the home demonstration clubs held their out flower exhibit in conjunction with the 4-H exhibits at the Fair. Eighty-nine flower arrangements were on display during the day. This is the second year this exhibit has been held. It not only added color and a lovely background for the 4-H girls' exhibits, but it served as a means of bringing more parents and adults to

the 4-H Fair to enjoy the festive occasion with the boys and girls.

The Annual Achievement Day program was held in October at the county-seat with approximately 375 people in attendance.

Highlights of the morning program were the reports by clubs relating their outstanding achievements for the year. The guest speaker spoke on, "Am I a Personality as well as a Homemaker," bringing out the fact that the rural woman now has a bigger job than just being a house-keeper.

Exhibits by club members were enjoyed. They consisted of canned foods, cakes, flowers, bed spreads and antiques.

The miniature home garden exhibit displayed through the cooperation of the Farm Security home supervisor and her clients created much interest. This exhibit contrasted the fall garden as we would like to see it with the neglected fall garden that we so often find.

The exhibit made by the County Health nurse showed in chart form a preventive program for tuberculosis.

A delicate plate luncheon was served by the women for the benefit of the Homemaking Board, netting approximately \$40.00.

The entertainment number in the afternoon was a fashion show sponsored by the club women and a local store. The club women modeled coats and dresses they had made as a result of their clothing work. This was followed by a revue of the new fall styles in ready-to-wear for rural women and school children.

5. Participation in Federation

a. District.

One section of the District meeting for Northern Virginia home demonstration clubs was held in Loudoun this year. Entertainment and local arrangements for this meeting were well handled by the local clubs in the county. Approximately 600 women attended and all expressed themselves as having enjoyed the meeting. This was the largest meeting of its kind ever held in the county. It gave the local club members a broader view of home demonstration work outside their own county.

b. State

Thirteen club women and the home agent attended the State Federation meeting held at Blacksburg. Nine out of ten clubs sent representatives to this meeting.

This was the fifth consecutive year for Loudoun to have every club affiliate with the State Federation by paying its annual dues.

Splendid reports were given by the club delegates at their local meetings, showing that many worthwhile things were gained from the trip. The educational exhibits seen at this meeting appealed to the women and the program made them realize that they have an important part to play in the National Defense program as homemakers.

d. Work on State Federation Goal.

Older youth was continued this year as the Federation Goal. Each club held one meeting on a discussion of the characteristics of the teen age group. Material for these meetings was outlined by the State Child-Care Specialist and proved very helpful to those leading the discussions. Most every club invited the older youth in their community to attend their picnic in August. Games were played and enjoyed along with the good food. Ice-cream festivals were held in two clubs as benefit parties with the older youth club members participating and receiving one-half of the net proceeds.

6. Story of Achievement by Club Carrying Best Program.

Lucketts club was one of the outstanding clubs in the county, having achieved all the goals for a standard club this year. They had an enrollment of 21 members with an average attendance of 19 at 12 regular monthly meetings. Four new members joined the club this year. The project leaders gave four major project demonstrations in the absence of the Home Agent.

The club affiliated with the State Federation by paying its annual dues of \$3.00. Since the District meeting was held in this county, the members took an active part in carrying through the plans for this program. They sent a delegate to the State Federation meeting. Eighty-five percent of the members submitted a report of their achievements, showing 51 dresses made at a cost of \$39.99 and valued at \$94.20. Fifty-seven other

garments were made with 14 remodeled, showing an estimated savings of \$70.40 due to the clothing project carried out in the club. Eight members kept a clothing account; sixteen members reported they had reduced their expenditures by producing a larger part of their food at home. The group reported a total of 3,877 quarts of food canned at a value of \$915.10. One member installed a complete water system in her home, three put sinks in their kitchens, two wired their houses for electricity, and three members purchased pressure cookers this year.

The club promoted the older youth program in every way possible. At Christmas they helped the young people distribute toys, food and clothing to four needy families in the community. In June a joint ice-cream festival and dance were held for the benefit of the two clubs. The older youth club sponsor was an active member of the home demonstration club.

The club members made and served hot soup to the school children three times each week for a period of three months. They also held a canning day during September, at which time they canned 125 quarts of soup mixture. This will be used for hot school lunches this winter.

The club gave one meeting to the making of bandages for the Red Cross.

A member of the Lucketts club served as 4-H club leader, meeting with the girls for their sewing project at least once a week during the school months. Under her supervision these girls were taught to sew a fine seam. They were proud of the dresses they had learned to make for themselves.

Story of Outstanding Achievement by Individual.

Mrs. John Dwyer, a member of the Lucketts home demonstration club, has done her part in promoting extension work in her community and home. She has been a member of the Lucketts club for the past two years, attending most every club meeting, and has tried to live up to the standards set by her club.

She took an active part in the county-wide garden campaign by enrolling non-club members in her neighborhood. Her home garden served as the demonstration garden in that section of the county and was judged one of the best grown in the county. A special garden meeting was held at her garden in July, reaching ^{that} approximately 75 people ^{ad} to help them plan their fall gardens. She has ^{planned} vegetables growing in her fall and winter garden. She canned a total of 1,214 quarts of vegetables, fruits, and meats produced at home and has stored 96 bushels of potatoes, apples and turnips for winter use. A larger part of the family-food supply is produced at home for a family of nine.

As a result of the clothing program in her club, she has made four dresses, 13 other garments, and remodeled three at an estimated savings of \$42.03.

The family has installed a complete water system in the home this year. ^{see page 20} A sink was put in the kitchen and the bathroom is under construction at the present time.

A rural electrification line is being constructed in this community and the family looks forward to having the benefits of electricity in their home in the near future.

~~Mrs.~~ Mrs. and Mrs. Dwyer are very interested in the Older Youth club work at Lucketts, since they have two daughters in this age group. Mr. Dwyer serves as a sponsor to the older youth club and attends the monthly meetings with the girls.

VII. 4-H CLUB WORK.

1. Organization a. County Council

The purpose of the County Council is to unify club work by making and carrying out a county plan of work which meets the needs and interests of the local clubs. It also gives training to the local club officers in carrying out their club programs.

The Council is composed of all the officers of all the clubs with the adult and junior leaders, and the county agents serving in an advisory capacity. Two regular meetings were held during the year, one in the fall for program planning and another in March to elect new officers and plan in detail the County Rally Day and 4-H Fair.

The March meeting was in the form of a banquet, at which time special guests were entertained. The Lovettsville 4-H club sponsored the banquet, making all arrangements for serving 100 officers, leaders and guests. The white covered H shaped table was beautifully decorated with green

candles and green and white gum drop favors and memos.

The Council members and leaders have assumed more responsibility in planning and carrying through county events this year, by working with special committees. The Rally Day and 4-H Fair results gave evidence to their splendid leadership and interest in club work. The Council paid the expenses of a county delegate and 10 correct dress contest winners to the State Short Course.

b. 4-H Clubs

All boys and girls between the ages of 10 and 20 who conduct a project are members of an organized 4-H club in a given community.

The local club officers are elected annually at the November meeting consisting of a president, vice-president, secretary, treasurer, reporter, song leader, club leader, and sergeant-at-arms. Each club has at least one adult leader who assists the members with their educational, recreational, and project meetings. They assume the responsibility of checking individual project reports at the close of the club year. Transportation for members to county-wide events during the year is also a duty of the leaders and club officers.

There are 13 organized clubs in the county, with an enrollment of 328 boys and girls. Monthly meetings were held during school time, for an hour and a half, at which time the boys and girls met jointly for a short business and program meeting, after which they separated for their project discussions. The Home and Assistant Farm Agent attended all

meetings except those planned in advance to be held by the local leaders. All club meetings except one were held during school hours due to the consolidation of our public school system and a lack of time to meet out of school. Meetings out of school will not be a success until we have more efficient volunteer local leaders who are willing to give of their time and efforts in working with small neighborhood groups.

2. Project Work

a. Family Activities Program and Results Obtained

The girls' project work included a general family activities' program built around the chores of everyday duties carried on in the home. Responsibility in the home was stressed at every club meeting. These responsibilities served as a nucleus around which their project program was centered.

The major project demonstrations in "Foods for Breakfast" were planned for the three summer months. Leader training meetings were held previous to these meetings at which time the leaders and a selected number of club girls attended to receive preparation for their local club demonstrations. ^{all 923} These demonstrations included fruits, cereals, beverages, eggs and breads for a well balanced breakfast. After receiving special training, the club girls prepared these foods in their respective clubs with the leaders present to discuss the nutritional value of such foods.

Different ways of preparing fruits, cereals, and beverages were given at the June meeting. July was given to the preparation of eggs and breads. At the August meeting, committees worked together in preparing a complete club breakfast, at which time the members invited their mothers to dine with them. This meeting afforded recreation for the girls, as well as teaching them the steps in preparing a balanced meal. Two hundred and thirty foods demonstrated at the local meetings were prepared at home by club members. Sixty-six girls planned and served meals alone while their mothers took a vacation.

As a part of their summer project work the girls assisted their mothers with the home canning and reported having helped can 11,322 quarts of fruits and vegetables, with 1,094 quarts canned alone. As preparation for their canning work, the girls were given training during the winter months in what to look for in good canning. A judging contest was the result of these discussions to set up standards for canned foods.

Attractive breakfast mats were made by the girls at the winter meetings. The proper setting of the table and suitable winter bouquets for breakfast arrangements afforded topics for their educational programs.

b. 4-H Health Work.

As a part of the health program, the girls kept a food habits score to check themselves daily on the foods they were getting in their diet.

Ninety-two girls kept this foods record and each reported having learned to eat three new foods during the year.

Rules for good posture and ways of correcting poor posture were discussed at club meetings. Ninety-six girls reported having improved their posture as a result of these discussions. Each girl set up her own personal health goals and worked toward improving the ones she was weakest on.

Several of the combined educational programs of the boys and girls were built around Health as the general topic for discussion.

c. Story of the Best Project Work by Individual

Mary Belle Fleming, a member of the Lincoln senior club has achieved outstanding results in her project work this year. She is seventeen years old and has been in club work five years. Since she is the oldest of five children, she naturally has to assume a great many responsibilities. She has planned and served at least one meal each day and has tried six new dishes at home after demonstrating them in her local club.

Canning has always been a hobby with her. This year she reports having canned 80 quarts of fruits and vegetables alone, and assisted her mother with 203 quarts. She also gave her time to help with the canning of soup mixture for the hot school lunches in her community.

Mary Belle makes most of her own clothes. She has made five dresses and remodeled four at an actual cost of \$4.75. Her clothing account kept

for the year showed a total of \$23.40 spent on outer garments, underwear and hose.

She is very interested in making her home more attractive. She has improved her bed room, the dining room and kitchen by rearranging the furniture and refinishing the floors. She reupholstered one chair, slip covered three pieces of furniture, made 12 window curtains, and eight breakfast mats. These improvements in her home actually cost her \$6.27.

As a result of her project work this year she made 15 exhibits at the county 4-H Fair, winning the highest number of points for any one club member for the third consecutive year.

3. Community Activities

a. Community Project

Canning for the hot school lunches was a community project completed in five clubs. This was the sixth consecutive year that Ashburn club members have grown a garden and canned the vegetables for the hot school lunches in their community. The boys planted the vegetables under the supervision of the boys' club agent and the girls did the canning. Approximately 125 quarts of tomatoes and soup mixture were canned from their garden. The garden plot was donated by an interested individual and the jar tops and rubbers were bought by the Parent-Teachers Association.

Lincoln club spent \$8.00 of their club funds to help buy a stove for the school kitchen after giving \$20.00 toward buying a new sink for the

kitchen last year.

Several clubs fixed Christmas baskets for the less fortunate families in their communities. These baskets included clothing, toys, food and candy.

b. Recreation

Every club held at least one indoor social during the year, consisting of an evening of planned games and refreshments. Picnics and weiner roasts were quite popular during the month of August.

c. Raising Money for Club Activities

Game parties proved an enjoyable and easy means of raising money for the club activities.

One club held a penny carnival. A penny an inch admission was charged not to exceed 25¢. Numerous games and penny contests afforded a gala evening for club members and their friends. Fifteen dollars was realized and used to pay the club's annual dues to the County Council and the expenses of two club delegates to the Short Course.

A foods sale in another club raised sufficient funds for the club to give \$8.00 toward buying equipment for the hot lunch project in their school and to send two delegates to the Short Course. They also paid their annual dues of \$4.00 to the Council and have a balance of \$3.65 in the treasury to start the new year's activities.

Selling home-made pies and ice-cream was a means of raising money in many of the groups. This was donated by parents of club members and sold

during the noon hour at school.

4. Local Leadership

a. Plan for Training and Use of Leaders

County training meetings were held to give instruction to leaders in organization and project work. These meetings were conducted by a State Specialist and the County Agents. Home visits to the leaders not able to attend the training meetings were made by the home agent to give instructions.

The leaders were asked to attend monthly club meetings to help the members with their programs and projects. They served as ex-officio members of the County Council.

b. Results Obtained

Three leader training meetings were held with an average attendance of eight at each meeting. The leaders held most of the summer project meetings with the girls, working in an advisory capacity to help the girls give their food demonstrations. The girls did the actual cooking and the leaders were present to stress the nutritional value of the demonstrations.

The leaders cooperated in getting achievement reports summarized for their respective clubs. They assumed much responsibility in making our Rally Day program and 4-H Fair a success. At Council Meetings and special committee meetings they offered helpful suggestions for program planning.

5. Other Activities

a. Camps

(1) Participation in the State Short Course,

Twenty-five boys and girls, with two adult leaders, attended the State Short Course. This number included delegates from five senior clubs, the County Council and the county correct dress contest winners. One boy and one girl were taken into the All-Star organization. Six All-Stars from the county attended this meeting and remained for the Short Course. One of our 4-H members was made president of the State Federation of 4-H Clubs during the Short Course.

b. County Meetings or Special Events

(1) Rally Day

The annual rally day program was held in June. The usual track events were participated in by the local club members during the morning. Silver trophy cups were awarded by the Council to both junior and senior clubs winning the highest number of points in the track events.

The judging for the correct dress contest took place in the afternoon, followed by a style revue on the stage

of those participating in the contest. The program was interspersed with special entertainment numbers by club members consisting of skits and music. Approximately 175 club members, leaders and parents attended the rally day.

(2) 4-H Fair

The annual 4-H Fair was held in September. This was the fifth consecutive year a 4-H Fair has been held in the county. Over a thousand people attended. The 4-H exhibits exceeded those of last year in number and quality. The 4-H girls made 299 entries in the various departments consisting of foods, canned products, flowers, record books, breakfast table arrangements and hobbies. Open classes were held for adults and older youth club members. The home demonstration clubs held their cut flower exhibit in conjunction with the Fair, and it was a means of bringing more mothers and adults to the festive occasion. The entertainment features for the afternoon program, held in front of the grandstand, consisted of the baby beef show, the greased pig race, a milking contest for girls, and the mule and pony races. These numbers were interspersed with musical numbers

furnished through the courtesy of the Loudoun County School Band.

Sandwiches, cold drinks and ice-cream were sold on the grounds for the benefit of the 4-H Fair. A special plate luncheon was served to the judges by a committee of home demonstration club women. We were fortunate in having several Extension people from other States who served as judges. Prizes in all the exhibit departments were made possible through the courtesy of the banks and interested individuals in the county.

(3) Achievement Night Program

The annual achievement program was held in November. This was an evening program with approximately 225 club members, parents, and friends present. Splendid reports of the club achievements for the year were heard by the club secretaries. The Assistant Farm Agent from Montgomery county, Maryland, was the guest speaker. He spoke on "What it Takes to be a Successful Club Member." A social hour followed after banners were awarded to the junior and senior clubs having made the most progress during the year.

6. Story of Achievement of Best Club

Lincoln club became a senior group this year because of an increase of older boys and girls in their enrollment. Last year as a junior group, the club carried home the banner. This year, Lincoln was declared the senior banner club for its outstanding achievements. The club had an enrollment of 25 members. All the girls completed their projects and lived up to the 12 standard goals for a banner club.

The club had an average attendance of 77% at 12 monthly meetings. The girls served a breakfast to their mothers, planning the meal from foods that had been demonstrated at their summer project meetings. Eighty percent of the members attended the Rally Day and 95% the 4-H Fair. Five members won honors in the county correct dress contest and the silver trophy for the track meet was carried home by this club on Rally Day. Twenty-two members made 137 entries at the 4-H Fair, winning the highest number of points at the Fair.

As their community project, the club members helped to equip the graded school kitchen for serving hot lunches by donating \$8.00 toward the purchase of a stove. The girls helped can 89 quarts of snap beans and 114 quarts of other vegetables for the hot school lunches.

The success of the group was due, in a large measure, to the interest of two voluntary adult leaders working with these young people.

VIII. OLDER YOUTH.

There are three organized older youth clubs in the county with a total enrollment of 160 members. These clubs were organized in 1938 as a result of the home demonstration club youth survey.

The clubs have held their meetings in homes and school auditoriums each month, at which time educational and recreational programs were participated in by the members. These planned programs have met the needs and interests of the majority of those attending. The meetings are always held in the evening. No adults attend except the home demonstration club sponsors. The home agent and sponsors have met with the committee members to help with their program planning. Such topics as personality development, history and quizzes were used for the educational program discussions.

An occasional guest speaker was invited to talk to the groups during the year. The recreational part of each program, consisting of group games, music and refreshments, was always enjoyed.

The summer meetings were entirely recreational programs. The groups took time about entertaining each other at these meetings. Watermelon feasts, weiner roasts, picnics and dances were held, reaching approximately 100 young people on each occasion. A moonlight excursion on the Potomac was enjoyed by one club this summer.

The Paconian Springs group built an outdoor fireplace as a result of a committee meeting following the sale of the abandoned schoolhouse they had been meeting in. This fireplace served as a community project for the club as well as a meeting place for the summer months. From the start, the fireplace seemed only a dream until an interested individual in the community offered his lot as a location. The members set to work to clear the lot of rubbish and weeds. Rock was hauled and soon the fireplace was constructed by the boys in the evenings after their regular work hours. It was named the Paconian Community Center, and was first used for an ice-cream festival given jointly by their club and the local home demonstration club members.

Community Christmas programs were given by all the clubs, at which baskets of toys, food, and clothing were donated for the needy families in their respective communities. Christmas carols and special programs were enjoyed by members and invited guests.

A program-planning meeting was held this fall with representative committees and sponsors from the three groups present to share in the suggestions for the new year's programs. The State Girls' 4-H Club Agent and the National Extension Recreation Director were present to guide the committees in their planning. An evening program of recreation followed this meeting to teach new games to 75 members attending.

Suggestions received at this meeting will be used as a basis for planning the 1941 programs in the local clubs.

With the continued interest and support of the community and the home demonstration clubs, these young people hope to accomplish even greater results in 1941.

IX. PROGRESS MADE DURING THE YEAR.

There were no new home demonstration clubs organized this year, but the ten organized clubs have held meetings in unorganized communities reaching other women. There has been an increase in the total membership of seven women over last year's enrollment. Progress has been made toward promoting the hot school lunches in the county. This was shown by the increased number of community canning days held for this project. Leadership has been more efficient in carrying through the demonstrations and other club activities. Each home demonstration club held at least four meetings in the absence of the Agent this year. Every club completed at least one community project which shows they are serving the less fortunate families in their respective communities. The number of people reached indirectly by some phase of Extension work was greater this year. The women have continued their Rural Youth Study by helping these young people with their programs in the communities, and by helping them individually to find work.

One new 4-H club was organized with 25 members and an adult leader, making a total of 186 girls reached this year.

X. PLANS AND GOALS FOR 1941.

The home demonstration clubs have selected foods as their major project for 1941. The demonstrations were outlined by the home demonstration committee, assisted by the State Foods Specialist. These demonstrations will include winter salads from home canned foods, new uses of canned vegetables, whole wheat quick breads, left-over meats, variety in canning meats, new apple dishes, and a 15-minute emergency meal.

Since the rural women were urged to can and store more home grown foods for winter use this year, the 1941 demonstrations were selected to help the women use these foods to the best advantage in feeding their families.

The Federation Goal will be First-Aid in the Home. The Campaign, Sanitation in the Home, will stress health measures for the family. A continuation of the live-at-home program, producing home-grown products, especially the home garden, will be emphasized as the keynote for home defense.

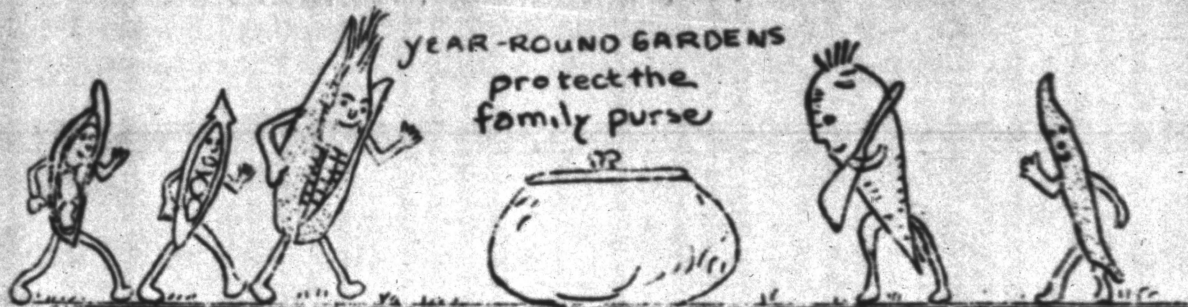
A special clinic will be arranged for those wishing to learn how to retie broken-down springs in furniture. This will be an all-day meeting under the supervision of the House Furnishings Specialist. The women will bring their "sick" furniture to the meeting for restoration.

Rural youth will be continued with the women doing everything possible to promote their work.

The goals for a standard home demonstration club are: Club shall hold 12 regular meetings; club members shall attend at least two regular meetings during the year; club shall increase its membership; club shall affiliate with the State Federation of Home Demonstration clubs; club shall be represented at each Homemaking Board and Home Demonstration Committee meeting; club shall have two project leaders or substitutes at each leader training meeting; project leaders shall give four major project demonstrations in the absence of the agent; club shall hold one other meeting without the Agent; club shall promote the 4-H Fair in a definite way; club shall give at least one demonstration in a neighborhood in which there is no home demonstration club; club shall promote the Rural Youth or 4-H program in at least two ways; club shall complete at least one community project during the year; eighty-five percent of club members shall submit an achievement project record for the year.

The 4-H club girls will continue their Foods project, building their demonstrations around foods for simple suppers and luncheons. Building stronger bodies by eating better foods will be stressed in a health program through the year.

The goals for a standard 4-H Club will be recommended and adopted at the 4-H Council meeting scheduled for December 7, 1940.



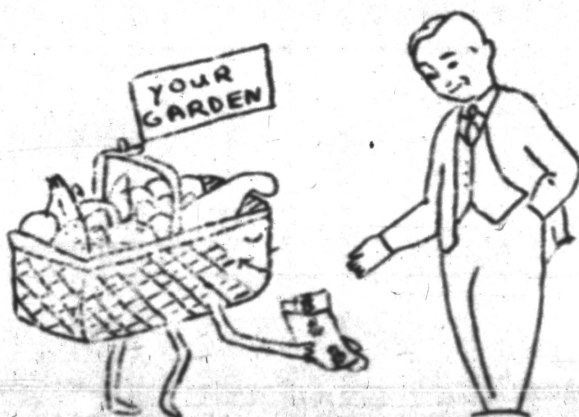
LOUDOUN YEAR-ROUND GARDEN CAMPAIGN

1940

I wish to enroll in the Garden Campaign and will try to carry out the suggestions below:

1. I will plant my garden early enough to be using at least 6 vegetables by the 1st of July.
2. I will plant at least 18 vegetables in my garden.
3. I will make plantings in July and August for Fall and Winter Garden. (Suggested plantings: snaps, corn, kale, spinach, carrots, beets, turnips, cabbage, etc.)
4. I will try to have vegetables in my garden the year-round.
5. I will try to can at least 40 quarts of vegetables for each member of my family.

Signed _____



600 HD Women Hold Meeting At Leesburg

Prominent Speakers Address District Meeting Comprising 9 Counties

Six hundred women gathered in Leesburg Wednesday for the annual meeting of the Northern Virginia Federation of Home Demonstration Clubs which was held in the local theater. Nine counties were represented, including Fairfax, Prince William, Spottsylvania, Orange, Madison, Caroline, Stafford, Louisa, and Loudoun.

Miss Ella Gardner, Extension Service, U. S. Department of Agriculture, was the principal speaker. She emphasized a "merry heart" for good living, and said the important things are to express a joyous interior and faith in mankind to make the world more attractive. "Good mental health and courage to try new things are among the important phases in good living," she said. "One should live joyously with the family instead of conscientiously for them," she pointed out.

Miss Maud E. Wallace, assistant director in charge of home demonstration work, gave an excellent talk on "Getting Your Money's Worth through Consumer Education," in which she stressed what to buy, where to buy, and when to buy.

Other speakers were Mrs. J. M. Peck, president of Virginia Federation Home Demonstration Clubs; Mrs. N. C. Bailey, state chairman, home and roadside development, and Mrs. D. C. Sands, State chairman of Virginia Association for Highway Beautification.

The address of welcome was given by former Governor Westmoreland Davis, and the response by Mrs. T. M. Kitchen, of Madison County. Rev. H. L. Moore, Metho-

(Continued on page 2)

600 H. D. Women Meet Wednesday At Leesburg

(Continued from front page)

dist minister, gave the invocation, and group singing was led by Mrs. Mildred Rawlings, with Mrs. N. B. Hawthorne at the piano. Miss Karl Bundy, local home agent, was in charge of arrangements.

Two feature numbers were given one by some tiny tots from Dun Loring and Idylwood and the other consisted of three scenes from a historical pageant given last fall at the County Achievement Day. The Round Hill Club presented the scene depicting the founding of the County; Lovettsville, a scene at Bush Meeting about 1900 and the Blue Ridge Club a scene somewhat later at the Loudoun Camp Meeting.

Lunch was served in the high school auditorium with Miss Mary Norris of the Leesburg Club in charge. She was assisted by twenty members of the Home Demonstration Clubs in the County, some of the girls in the 3 Older Youth Clubs and several members of the Leesburg 4-H Club.

During the lunch hour two group meetings were held. At the meeting of the County Homemakers Boards, Mrs. John Webner of Louisa County discussed some of the problems facing these Boards

PROGRAM
Fifth Annual Exhibition
Loudoun County
4-H Fair

AT
Parcellville Fair Grounds

S A T U R D A Y
SEPTEMBER 14, 1940

As The Twig Is Bent So The Tree Inclines

The future development of the agricultural interest in Loudoun County will be governed largely by the early training of the boys and girls through the activities of the 4-H Club.

Established 1870

The
Loudoun National Bank
Leesburg, Virginia

MEMBER FEDERAL DEPOSIT INSURANCE CORPORATION

FORTUNE'S FRONTIER

There is no fixed boundary line to the frontier of good fortune. For those who save regularly, it extends from a modest beginning to the gradual accumulation of a substantial cash reserve, which can be used for purposes as widely varied as human needs. By acquiring the habit of systematic thrift, you, too, can look forward to a brighter future.

A savings account here will give you this new vision. When added to every payday, it will project a portion of your present earning power steadily into the future.

The
Purcellville National Bank
PURCELLVILLE, VIRGINIA

**MORE THAN TWENTY YEARS OF
FAITHFUL SERVICE TO THE
PEOPLE OF LOUDOUN
COUNTY**

**THE
ROUND HILL NATIONAL BANK
ROUND HILL, VIRGINIA**

RESOURCES OVER \$700,000.00

H. C. THOMPSON, President
H. H. COOLEY, Vice President and Cashier
CHARLES J. FORD, Vice President

COMPLIMENTS OF
The Loudoun County
Live Stock Market

COMPLIMENTS OF
The Southern States Cooperative
Leesburg Service
FEED — SEED — FERTILIZER
MISCELLANEOUS SUPPLIES

COMPLIMENTS OF
J. T. HIRST
LUMBER — BUILDING MATERIALS
Leesburg, Virginia

COMPLIMENTS OF
Leesburg Grain & Feed Company
SEEDS — FEEDS — FARM MACHINERY

PONY CLASSES

Ann Bayly and Douglas Simpson, Supts.

Prizes: First, \$5.00; second, \$3.00; third, \$2.00; fourth, Ribbon.

4-H CLASSES

- 2:00 P.M. (1) Ponies 12.2 hands and under—walk, trot and canter; owned and ridden by a 4-H boy or girl.
- 2:15 P.M. (2) Ponies 12.2 to 14.2 hands—gaits and riders, same as in Class (1).

OPEN CLASSES

- 2:30 P.M. (3) "Horsemanship"—14.2 hands and under, to be ridden by a boy or girl who has never won a ribbon in any pony show.
- 2:45 P.M. (4) Ponies over Fences. Ponies not over 12.2 hands, to be ridden by boy or girl under 12 years of age. Fences not to exceed 2½ feet. Performance and manners 75%; conformation 25%.
- 3:00 P.M. (5) Ponies over 12.2 hands and not exceeding 14.2 hands, to be ridden by boy or girl under 16 years of age; fences not to exceed 3½ feet. Performance and manners and conformation, same as in Class (4).
- (6) High Jump for Ponies open to all Ponies 14.2 hands and under. Best performance to win.

HIGH JUMP FOR DOGS EITHER LOOSE OR ON LEASH

Prizes: First, \$3.00; second, \$2.00; third, \$1.00; fourth, Ribbon.

Each dog to have three trials to clear jump. First jump to be 3 feet 6 inches. The jump will be raised six inches for each additional height. No entry fee.

DRAFT HORSE CLASSES

Charles R. Hope, Superintendent

No entry fee.

Class No.	10 A.M.	PRIZES			
		First	Second	Third	Fourth
1. Heavy Draft Foal of 1939.....		\$5.00	\$3.00	\$2.00	Ribbon

10:15 A.M.

2. Heavy Draft Yearling Colt or Filly.....	5.00	3.00	2.00	Ribbon
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10:30 A.M.

3. Heavy Draft two-year-old Mare or Gelding	5.00	3.00	2.00	Ribbon
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10:45 A.M.

4. Heavy Draft three years old or over..... (Mare or Gelding)	5.00	3.00	2.00	Ribbon
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11 A.M.

5. Heavy Draft 4 years old and over..... (Mare or Gelding)	5.00	3.00	2.00	Ribbon
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11:15 A.M.

6. Heavy Draft two-horse Team..... (Mares or Geldings)	5.00	3.00	2.00	Ribbon
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11:30 A.M.

7. Heavy Draft Stallion ...	Ribbon	Ribbon	Ribbon	Ribbon
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Joseph M. Vial, University of Maryland, College Park, Maryland, has consented to judge the Draft Classes.

IN THE EVENT OF TWO ENTRIES OR LESS
BLUE RIBBON AND SECOND MONEY

In Order To Encourage The Draft Horse Industry In Loudoun County, The Following Persons Have Donated Sufficient Prize Money For The Draft Horse Classes.

Charlie Benedum	Will McCarty
Beatty's Transfer	J. H. Monroe
Irving Beaver	E. E. Nichols
Case Motor Co.	M. G. Parks
Clarke Milling Co.	R. R. Peters
W. B. Curtis	Purcellville Motor Co.
Mr. and Mrs. Henry Fields	Round Hill Pharmacy (J. S. Patterson)
Ray Fields	Round Hill Milling Co.
Mrs. J. B. Helm	H. C. Thompson
C. R. Hope	W. R. Thompson
George W. Hough	Whitmore & Armfield
M. N. Lyon	Carl Wynkoop
Loudoun County Milling Co.	

AFTERNOON PROGRAM

Pony Show.
4-H Girls' Milking Contest.
Mule Race.
Livetsock Parade.
High Jump for Dogs.
Catching the Greased Pigs.

FORENOON CLASSES

BABY BEEF CLASSES

Ned Tyler, Supt.
Angus, Hereford and Shorthorns,

SWINE

Lyle Potts, Supt.

BREEDING PIGS

Registered Animals of Three Breeds.

FAT PIG CLASS

Groups of Three Fat Animals.
Group of Two Fat Animals.
Single Fat Pigs.
4-H Boys' Livestock Judging Contest.

POULTRY

Buddy Presgraves and Jack Mayer, Supts.
Pens of Young Birds.

OPEN CLASSES

Best Dozen White Eggs.
Best Dozen Brown Eggs.
Best Collection Garden Vegetables.
Best Six Stalks Hybrid Corn.
Best Six Stalks Open Pollinated Corn.
Best Peck of Wheat.
Best Peck of Barley.
Tallest Stalk of Corn.
Largest Pumpkin.

THE SPONSORS OF THIS EDUCATIONAL FAIR
ASSUME NO RESPONSIBILITY FOR ACCIDENTAL
INJURIES OR LOSS OF PROPERTY BY EXHIBITORS
OR SPECTATORS.

COMPLIMENTS OF
GILL'S
RADIO and ELECTRIC SERVICE
LEESBURG, VIRGINIA

MORNING PROGRAM

All Exhibits must be in place by 9:30.

Gill's Radio Shop of Leesburg will announce events and contest results.

Cut Flower Exhibit by Home Demonstration Club Members.

All Entries shall be post entries.

Open classes will be found in pages that follow.

4-H BOYS' DEPARTMENT

Livestock Judging Contest.

Baby Beef Classes, Field Corn and Potato.

Fat Pig Classes and Poultry Pens.

Dairy Calves.

Gardens, Hobbies.

4-H GIRLS' DEPARTMENT

Breakfast Table Arrangement Contest.

Foods Classes.

Canning Classes.

Flower Arrangements.

Record Books.

Hobbies and Garden Vegetables.

FORENOON CLASSES

Canning—Mrs. John Keister, chairman.

Foods—Mrs. R. R. Larrick, chairman.

Breakfast Table Arrangements—Mrs. Clarence Carbaugh,
chairman.

Record Books—Miss Helen Crouch, chairman.

Hobbies—Miss Alice Ankers, chairman.

Miscellaneous—Mrs. Harry Myers, chairman.

General Chairman of All Exhibits—Mrs. Alice Cady.

Treasurer of 4-H Fair—Mrs. L. H. Taylor.

Lunch will be served on the grounds.

Mrs. A. W. Hoopes and Mrs. R. R. Thornsb^{er}ry, chairmen.

ADMISSION

Adults	25c
Children over 12	10c
4-H Members Exhibiting	Free
Older Youth Members Exhibiting	Free
Automobiles	Free

This annual event has been made possible by consistent application of the Dr. Seaman Knapp conception of Agricultural Extension. The 4-H organizations in the nation, the state, the county and the rural community, develop the **HEAD** to think, the **HAND** to skill in agriculture and home making, the **HEART** to co-operatively work with others, and the **HEALTH** to live useful and effective lives.

A county 4-H Fair provides the necessary medium for comparisons of the work of each 4-H member within the county.

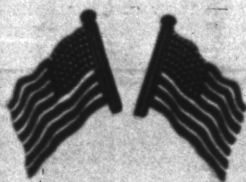
4-H Clubs reach directly more farm youth by far than any other organized effort in agricultural education and home making.

4-H boys and girls of today are in no small measure the citizenship of tomorrow.

This program is made possible through the loyal and intelligent assistance rendered by many individuals, commercial establishments and financial institutions.

EDUCATIONAL * INTERESTING * CLEAN

LOUDOUN COUNTY
ACHIEVEMENT DAY PROGRAM



"I pledge allegiance to the Flag of the
United States of America and to the Republic
for which it stands."
"One nation indivisible, with liberty and
justice for all."

LEESBURG SCHOOL AUDITORIUM

OCTOBER 8, 1940

HOMEMAKERS' PROGRAM

Mrs. J. G. Carruthers, presiding

10:00

Song-----"God Bless" America"

Flag Salute and Pledge----- Led by Mrs. J. B. Carpenter

Invocation ----- Rev. Charles M. Calkins, pastor
Leesburg Baptist Church

Group singing --

Achievements of the Year's Work and Roll Call by Clubs:

Blue Ridge	Catoctin	Locketts	Pot House	Sycolin
Broad Run	Central	Lovettsville	Round Hill	Watson

The Girls' Home Economics Program in Loudoun ----- Miss Grace Jenkins
Home Economics Teacher, Leesburg

Address ----- "Am I a Personality As Well As a Homemaker?"
Miss Martha Creighton, Supervisor Home Ec. Education

Group Singing --

Farm Security Program in Loudoun ----- Mrs. Mildred Thornton
Farm Security Home Supervisor

Some of the 4-H Results in the 1940 Program ----- Miss Elizabeth Frye
4-H Club Leader

Older Youth Work in Loudoun ----- Miss Ruth Arnold
Older Youth Club Member

County Summary of Home Demonstration Results ----- Miss Karle Bundy
Co. Home Demonstration Agent

Announcements: Lunch and Inspection of Exhibits

1:30 P. M.

Group Singing --

Presentation of Delegates to Blacksburg ----- Mrs. J. H. Erick

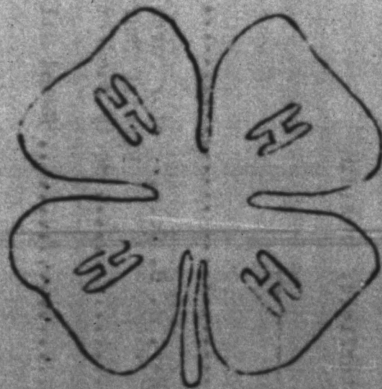
FASHION SHOW ----- Modeling by Loudoun Club Members followed by 1940 Fall
Styles from Leesburg local stores

Exhibit Awards ----- Miss Sally Shumate, treas., Honoring Board

Announcement of Standard Club for 1940 ----- Miss Karle Bundy

Adjournment with Homemakers' Creed

4-H Speakers
at



The
Achievement
Program

Friday Evening - November 8, 1940,
Crescent School Auditorium

PROGRAM

Betty Sue Potterfield, presiding

Song group

Invocation Rev. H. B. Cole, pastor Purcellville
Baptist Church

Welcome Betty Sue Potterfield

Special Music Round Hill Club

4-H Speakers:

Aldie	Hamilton	Lovettsville
Arcola	Hillsboro	Lucketts
Ashburn	Leesburg	Round Hill
Bluemont	Lincoln	Waterford
		Purcellville

Group Singing --

Guest Speaker Mr. Rufus King
Asst. County Agent, Montgomery Co., Md.

Special Music Lovettsville, Club

What 4-H Club Work Has Meant To Me Martha Dickens, Lovettsville

My 4-H Project Frank Eppes, Lincoln Club

Introduction of Delegates to Blacksburg..Elizabeth Frye, Lovettsville
Leader

4-H Camp James Pierpoint, Hamilton Club

Group Singing --

County Summaries Miss Karle Bundy

Awarding of Banners J. R. Lintner, Co. Agent
Emr H. Cockerill, Asst. Co. Agent

Club Pledge --

Movie -- "Happenings At The 4-H Fair"

Refreshments and Social Hour