Dealing With Differences in Workplace Interactions



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Introductions...

At your table...

- Share your name, your department
- Share one thing about yourself that is pretty easily observable or found out
- Share one thing about yourself that others may find surprising, or not easily found out



Schools of Thought...

Focus on commonality



Understand and appreciate differences



Commonality: Universal Human Needs

Competence

 People need to feel effective in their efforts, be able to make use of their strengths, and feel capable of achieving desired outcomes.

Relatedness

 People need to feel connected to, understood and valued by others.

Autonomy

 People need to feel a sense of ownership and self-direction in their behavior and work.



Differences...

Exercise:

What types of difference exist between individuals?





So now what?

- Traditional "diversity training" focuses on teaching about key demographic differences.
- HOWEVER, this falls short in a couple of ways:
 - Volume of content
 - Timing



So...

You're off the hook. (Kinda.)

 Here's the key... you can't know it all. And you don't have to.

So what do you need to know?



Strategies for Navigating Difference

- What are you working with in the current situation – what dimensions of difference are involved?
- What do you need to learn more about to best navigate the current situation?
- What are your resources?
- What's the best way to navigate the situation with the others involved?



Case Study Exercise

Work in table groups...

- Read your scenario
- Answer the questions:
 - What are you working with in the current situation

 what dimensions of difference may be involved?
 - What would you need to learn more about to best navigate the current situation?
 - What are your resources?
 - What's the best way to navigate the situation with the others involved?



Questions?



