

and sent many homemakers from home to help meet the family's needs. Methods and ways of reaching these families, helping with management problems and time saving aids in keeping the home unified and family together will have to be considered.

It is my idea that a strong leadership program organized to do the task of relieving and sharing the information will be the best solution to our county problem.

More specific planning on the part of the agent to meet the demands thru this and other techniques will have to be done.

The result demonstrations can serve well in this changing era in the county as incentives to others.

Getting more planning on the part of the families and cooperation of all members so that they may understand the situation will be an asset.

A failure in this year's work was in getting members to complete projects and keep record in the 4-H program. Those who completed, did so with the minimum requirements. Those who accomplished above this did not have accurate records to show their accomplishment. This we hope to improve next year by having leaders to work at intervals during the year to check the records and accomplishments. We hope this will result in greater efficiency in club work.

would help me in the work. The exchange of ideas was beneficial.

My last summer's trip was quite an asset in this year's work.

I plan to attend summer school within the next two summers.

#### XI. Improvements in Office and Working Conditions

New equipment for the office has made it more attractive as well as conducive to good working conditions. The new equipment is a bulletin display rack, a mimeograph machine and a table.

I have secured a combination slide and film projector and also a camera that will enable me to have slides and pictures of activities in the county. I can show them in the county to arouse interest and out of the county to show accomplishments.

#### XII. A Look Ahead

With the rapid change of time to meet the needs and desires of today's homemakers, the extension program in the county will have to be broadened. If their needs are to be met and the interest maintained, a stronger leadership and varied program must be set up.

The problem with the only industry in this area is mechanized, along with the mechanized farming problem which has put many a family's wage earner out of steady employment

B. Elected Representatives

They are kept informed of the activities and accomplishments. Their authority and good judgement is always respected and assistance asked whenever needed.

C. Other Professional Workers

Work is done cooperatively with other workers. We exchange ideas and give assistance whenever possible.

D. Commercial Interest

The local merchants are very cooperative in that they let us use materials and items for demonstration purposes on consignment whenever needed. When items are needed by club members and agents they are very cooperative in securing these items.

X. Professional Improvement

For personal development and professional improvement, I spent a portion of my time reading magazines, articles, books, and data that will give me a broader knowledge of the program. I also use suggestions and ideas for strengthening the program of which I am affiliated.

I spend time trying out new recipes, laundry suggestions and other demonstrations so I may be able to inform others more thoroughly.

During the summer, on my vacation, I visited other agents in another state to get ideas and methods that I felt

accidents. This has been a rewarding accomplishment to the HD members.

VII. Work With Other Agencies

A. Vocational Agriculture and Home Economics

Work has been done with this organization by participating on programs at their meetings and a program was sponsored on Better Family and Community Relationship.

B. Welfare Department

We are working directly with this department by donating wearing appareals for the needed.

Another phase worked on is the Food Situation for Civil Defense. Keeping the families informed and encouraging them to have the necessities in care of an attack or results of an attack.

C. Co-workers

Assistance was given other agents as helping new agent with problems and situation. Methods and procedures in demonstrations and assisting in judging at Achievement Days and fairs.

IX. Developing Good Public Relations in the County

A. General Public

The program was presented and material presented whenever possible to keep the public informed of the extension program and its service.

The objectives of this group are:

- a. To improve community standards, morally, physically and socially.
  - b. To bring about a better relationship and clearer understanding between mother and daughter.
  - c. To help cope with dating problems and standards.
  - d. To help young mothers with child care problems and responsible motherhood.
  - e. To provide wholesome recreation that mothers and daughters may attend together.
  - f. To help reach those families that are not reached directly through HD Clubs to improve their homes and surroundings.
  - g. To help to change attitudes and improve people in general.
- F. Significant Achievement the Extension Program has played in Health.

The health conditions of the people of the county have improved greatly over the pass ten years. They have been made conscious of their individual health from the stand-point of balanced diets. They are conscious of the necessity of contributing time, money, and energy to the various campaigns. We have worked directly in making dressings for the Cancer Society; selecting donors for the blood bank; making individuals comfortable and supplied them with the needs of a sick or convalescent person.

The Health Loan Chest which is set up and supplied by the HD Clubs have served many families during illness or

year he retired from this occupation. Mrs. Caster has helped to supplement the family's income by working part-time at a country club as head of food and service.

The family life is one that is interesting. They have a comfortable and convenient home of which all enjoys.

Mrs. Caster is president of the Wicomico home Demonstration Club and has served as a result demonstrator on kitchen improvement. This has been accomplished by the cooperation of the family. They made the kitchen larger, enabling them to have an eating area in the kitchen and a complete kitchen unit with the modern conveniences and added cabinets. In addition to being convenient, it is very attractive.

The two younger girls are 4-H Club members. Mrs. Caster encourages their work and projects.

#### E. Outstanding HDC Accomplishment

##### 1. Mother - Daughter Community Club Organization

As a direct result of a discussion at the Annual Planning Meeting in juvenile delinquency and mother-daughter misunderstandings, a club has been organized in one district to help elevate the standards and cope with these problems. There are twenty-three families represented with thirty-eight members.

This group's direct aim is to get the majority of the families in this community to affiliate and cooperate with this group.

keeps her members informed. As a result of this she was assigned the task of giving a simple demonstration at the District Meeting. This was well done by Mrs. Nelms.

When she attends community and county meetings she contributes as well as benefits. She has become more active in school, church, and other community organizations and now she readily participates.

She works with her children who are club members and encourages their projects and efforts.

She has agreed to serve as a demonstrator on kitchen improvement for 1958 and 1959.

This I believe is a good example of an improved individual. She readily praises the Extension Program and the benefit she has received as an individual and the service it has rendered her family and community.

D. Outstanding Family and Accomplishments.

Mr. and Mrs. James Caster of Wicomico Community is the family I shall narrate about. The Casters have children, all grown except three daughters. The Caster's are seeing that all of their children are prepared for a good life. Eight of the ten children have finished high school, five have completed college, one attending college and two in high school. Two boys who did not choose to go to college have been compensated in establishing homes with the help of their parents.

Mr. Caster has fished for thirty-seven years and this

C. Outstanding Leader

Mrs. Marie Nelms of Heathsville Community is one of the outstanding leaders of the year. I have chosen to write about Mrs. Nelms because of her improvement as an individual. She has been a club member for thirteen years. Her interests were limited due to her lack of confidence in herself and her ability to do the job. She is a quiet person with interest in her family and home. She would always refuse an office or community responsibilities. It was detected that she had the ability to lead with some encouragement and training. She seldom missed a meeting and her project work in the club and at home would be well done, attractive, and neat. After observing these facts, we staged an extra activity in the club. This was Mock Club Meetings, to train the members in parliamentary procedures. She came to office for additional information on parliamentary procedures and conducted meetings. When she conducted the meeting as president, her performance was excellent. The group was surprised and pleased. About two months later the group was electing officers and she was selected as president of her club. She accepted with the determination to learn and asked the help and support of the members. She has attended every meeting, all training meetings, Farm and Home Week, District Meeting and County affairs and activities. She stays informed and

## 3. Overall Youth Leaders

(Organizational Leaders for County  
Youth Council)

<u>No. 1957</u>	<u>1958</u>
<u>8</u>	<u>14</u>

## 4. 4-H Club Leadership

	<u>1954</u>	<u>1955</u>	<u>1956</u>	<u>1957</u>	<u>1958</u>
No. Club Officers	32	36	45	47	48
No. Adult Project Leaders	21	12	12	12	14
No. Junior Project Leaders			17	27	40
No. Result Demonstrators					8
No. Training Meetings by Specialists					0
No. Training Meetings by Dist. Agents	6	10	5	7	0
No. Training Meetings by Agent					6
No. Training Meetings by Others					2
No. Total Attendance at Leader Training Meetings	68	62	43	40	46
No. 4-H Leader Trained Individually	32	23	62	41	43
No. Club Meetings held by leader without Agent	37	30	34	23	24
No. Additional Club Meetings which Leaders Assisted	16	50	52	36	38
No. Demonstrations given by Adult Leaders	21	26	27	29	21
No. Demonstrations given by Junior Leaders	16	54	36	23	26

## 5. Young Men and Women's Clubs

	<u>1954</u>	<u>'55</u>	<u>'56</u>	<u>'57</u>	<u>'58</u>
No. Club Officers	4	4	4	6	6
No. Leaders or Sponsors	6	5	6	6	6

## B. Growth of Leadership

## 1. Overall Program Leaders

	No. 1957	1958
Organizational leaders for County		
Extension Service Board	<u>11</u>	<u>11</u>

## 2. Home Demonstration Club Leadership follows

	1954	1955	1956	1957	1958
No. Organizational Leaders	32	36	36	45	48
No. Project Leaders (Sub. Matter)	58	32	28	60	56
No. Federation Program of Work Ch.	9	12	8	12	16
No. Program Development Leaders	12	18	10	16	16
No. Result Demonstrators	16	8	15	8	12
No. Training Meetings by Specialists	3	1	4	0	3
No. Training Meetings by Dist. Agent	1	1	1	1	0
No. Training Meetings by Agents	17	10	7	10	12
No Training Meetings by Others					4
No. Meetings held without an Agent	24	34	27	32	21
Attendance at All Training Meetings	153	46	46	103	93
No. Meetings Leaders Assisted	31	51	54	47	42
Demonstrations by Leaders	20	23	52	63	53
Talk and Discussions by Leaders	47	81	99	102	74

other organizations and inform them of the extension program, correlating the activities of the groups and people.

### 3. Subject Matter

These are informers of the subject they are serving as leaders. They attend the training meetings and help the agent and also conduct the demonstration during the absence of the agent. They seek new ideas and bring them to the other members. Their resources are magazines, books, radio, television, newspapers and meetings.

### 4. Federation Program of Work Chairman

This person serves as the overall county leader on the district goals, which were health and recreation. There are co-workers in each community who take the information to the community and report the accomplishments to the county chairman. The chairman worked with the Foods and Nutrition Committee in the health problems, and also headed the Recreational Program.

B. How the Scope of Work Increased.

The scope of work has increased in some areas and decreased in others. This is due to the county situation. A number of families are seeking employment out of the county and return here on week-ends and holidays. The children are enrolled in school elsewhere. More homemakers are working in the various industries, domestic, and school programs. This has caused them to be away from the various organizations. They seek the information from the office and community leaders. This enable them to know what we are doing.

A problem has arose of changing many of the meetings to night to see if this will meet the demands.

VII. Leadership

A. Contributions of the various leaders to the program.

1. Organizational

These are officers of the clubs in their communities. They are responsible for organizing the groups and keeping records of activities of the club. They also work in unorganized areas acquainting the people with the program, of what benefit it is to them and the help they can derive from this service. They help to analyze their community's needs and interest, determine the county's program and help to meet the desires of the people.

2. Program Development

These serve the adult and youth. They also contact

## VI. Scope of Work

	1954	1955	1956	1957	1958
No. HD Clubs or Groups	10	9	9	8	8
Membership	158	131	151	153	119
No. 4-H Clubs	9	9	9	9	9
Membership	203	232	221	243	203
No. YMW Clubs	1	1	1	1	1
Membership	26	23	27	18	18
No. Community Clubs	1	1	1	1	1
Membership	29	27	28	32	34
No. Home Ec. Committees	0	0	0	0	1
No. General Interest Committees	0	0	0	1	1
No. Youth Committees	1	1	1	1	1
No. Other Organizations	0	0	2	3	3
No. Farm & Home Dev. Families	0	1	1	1	1
No. Other Families Reached	342	315	287	329	320
No. Different Families Reached	87	112	91	138	83

## NOTE

The reason for the decline in the number of clubs was four small clubs were combined to make two.

procedures of deeds, wills, and recordings. The lawyer was invited on one occasion and explained the steps and various technicalities and procedures to the group. On another occasion a local doctor talked on health as an investment. A local insurance agent explained the family's security and the various types that are available. The best instruments according to occupation and income. All of these served as beneficial aids to the group.

Each month a special meeting was held for group participation in recreation. Serval new games were taught and the group enjoyed participating. These games could be used for family entertainment and when friends drop in.

E. Activities

1. Tour

Objectives:

- a. To stress wholesome recreation,
- b. To expose them to historical and interesting places.

The young people tour the Jamestown Festival and Williamsburg and benifited by this trip. It was educational and recreational for the entire group.

- c. To serve as an incentive to create interest and give recognition.

There were three delegates in attendance at the State Wildlife Conference. Due to my illness, the four delegates did not attend the short-course. These delegates are a stimuli to other club members. Those in attendance learned about the conversation of wildlife and the 4-H work in general.

D. Young Men and Women Work

1. Recreation and Health

Objectives:

- a. To teach cooperation through group participation,
- b. To initiate a mental health program in the community.
- c. To stress good physical development and health habits in the community,
- d. To improve recreation in their homes and community.

Procedures:

1. Group meetings and participation
2. Discussions and talks
3. Lectures
4. Method Demonstrations

This group of young men and women was organized in the Lottsburg Community with several neighborhoods represented. In fact, a few young couples out of the area are members. They had various ideas of outstanding legal

when a 4-H Club member resided. Added features such as attractive mail or paper boxes with name plates and planting of shade trees, attractively painted lawn furniture and outdoor living areas added to the appearance of these homes. This made them more attractive and conducive to better family living.

C. Other Activities

1. Rural Life Sunday

Objectives:

- a. To encourage 4-H members to observe this occasion,
- b. To stress the opportunity it affords to inform the public of their program and a chance to participate.

On Rural Life Sunday seven 4-H Clubs participated in three services in the county at three different churches. The youth had charge of the devotional services and the ministers centered their sermons around the theme of "Challenging Youth of Their Responsibilities." This was inspirational to them and the adults as well. It gave them a chance to appear and bringing to the public the part they are playing in the extension program. Approximately one hundred and twenty-two 4-H'ers attended and twenty seven participated individually.

2. State Short Course and Wildlife Conference

Objectives:

- a. To encourage outstanding project work
- b. To develop leadership ability in all 4-H members,

area of work is not developed as fully as we would like it to be. Due to the fact, we are forced to meet in the school with limited time of one hour per club and not enough voluntary leaders to conduct these projects. Several of the clubs are too large. Organization and information are most we are able to give in this size group in the limited time.

## 2. Home Ground Beautification

### Objectives:

- a. To teach the 4-H members the importance of caring for the homeground,
- b. To teach an appreciation for nature and its beauties,
- c. To show them how an attractive yard adds to a home and family pride,
- d. To teach them to recognize trees and plants by leaves.

### Procedures:

1. Method demonstrations
2. Discussions and talks
3. Films and slides
4. Posters and charts

### Results:

As a result of this project the youth developed pride in making their homegrounds and school yards attractive. Forty-one out of sixty-five enrolled in this project completed. This aided these youth in developing pride along with their parents goals in making their home and surroundings more beautiful and attractive. It was readily recognizable according to the lawns

the 4-H boys and girls of the county, and (6) to plan a program that will satisfactorily meet these needs.

B. 4-H Project Work

1. Clothing (Looking Your Best and So You Like to Sew)

Objectives:

- a. To encourage the improvement of personal appearance through good grooming,
- b. To teach the importance of wearing the correct dress for the occasion,
- c. To teach the importance of caring for clothes,
- d. To encourage them to care for their skin, hair, teeth, health, etc.
- e. To teach the importance of storing clothes correctly,
- f. To teach basic fundamentals of beginners sewing.

Procedures:

1. Method demonstrations
2. Lecture demonstrations
3. Talks and discussions
4. Films and slides
5. Bulletins

Results:

As a result of this project the girls have learned more about personal grooming and more interested in their personal appearance. Through this project they developed pride. Personality changes took place. From the two projects in clothing 80 were completed out of 115, and 17 out of 23 completed. This

machinery and a pick-up was purchased for the farm.

Mr. Keyser's desire was to rent additional land to justify his investments. He has not been able to meet his needs.

Mrs. Keyser has secured employment and finds that she is away from home and not able to give the assistance to the children who are in school and the home has had to make many adjustments. This family was able to secure a loan locally to combine all of their indebtedness which eliminates a list of the bookkeeping.

A definite step has been made to get two other families enrolled in this phase of the program.

#### V. County Extension Program - Youth

##### 1. County 4-H Council

The county 4-H Council is composed of secretaries, presidents, junior and adult leaders of the individual clubs from various communities. In this organization the youth and leaders were trained in parliamentary procedures, recreation and social courtesy.

They also planned and selected projects that will meet the needs and interest of all the 4-H members in the county. The objectives of this body are: (1) to train 4-H leaders (2) to encourage participation in all phases of club work, (3) to plan a program that will provide needed information and assistance, (4) to provide recreational activities, (5) to study the needs and interest of

C. Progress Story of Farm and Home Development Family

The Bayse Keyser family is the only one worked with directly with the farm and home approach. The family started out with these major objectives. (1) To secure land and construct a house of their own, (2) To purchase additional furniture and appliances, (3) To have a family food plan to meet the family's need, (4) To supplement the family's income so more of the needs could be met.

The family also had several short-time goals. The Keyser's tried, but with no success to secure a small farm and home of their own. At that time Mr. Keyser was working away from home. Mrs. Keyser was at home. As has been told in previous reports, they live with his parents. They have two children, a daughter nine years of age and a son seven. Mrs. Keyser thought it wise for her husband to come home as the children needed him and the responsibilities were growing for his parents and family. He then resorted to fishing during the summer and early fall.

This made a drastic change in their plans. His father passed, leaving them the responsibility of caring and looking after his mother, who is quite aged and ailing. The decided not to leave as planned. So they made plans to make the place they were living more comfortable and attractive. These accomplishments were stated in previous stories.

This year's major accomplishments were the redcoration of the home, such as panting and papering, additional accessories for the home; curtians, draperies, rugs, runners for hall, thread for steps and linens and other needed items. Some

Williamsburg area. This promoted fellowship, recreational, and educational information for residents of the county. They enjoyed seeing the historical sights and learning about the things they had heard and read about.

After touring the historical spots, a picnic was held in the park area. All who attended enjoyed the activities of the day.

#### IV. Farm and Home Development

##### A. Problems encountered most often

1. Family often stray from plans.
2. Lack of sufficient income.
3. Both parents interest are different.
4. The do not recognize the difference between a need and a want.
5. Not able to secure additional land for farming.

B. Subject Matter Areas and Assistance Given	Short-Time Goals	Long-Time Goals	Outlook Information	Buying Information	Improved Methods and Practices	Demonstrations	Specialist Assistance
<u>Foods and Nutrition</u>	1		1	1	1	1	
<u>Vegetable Gardening</u>	1	1			1		
<u>Clothing</u>	1			1	1		
<u>Housing</u>	1		1		1	1	
<u>Home Management</u>	1	1			1		
<u>House Furnishings</u>	1	1		1	1	1	
<u>Yard Improvement</u>	1				1		
<u>4-H Club</u>							
Other (specify)	1						

them, and gave them a broader knowledge of the extension program. It also enable them to hear and see what people in other areas were doing and they were able to get new ideas for strengthening their program.

#### Homemakers Worship Together

2. A Homemaker's Worship Service was conducted and approximately sixty club women attended and dressed in dark dresses and blue and white ribbons. Several participated in the program with readings, poems, Homemakers Creed, County Women's Prayer and solo. This they feel was in reverence and homage for the success and privilege of the program and the opportunity for being American Club women. About one hundred and fifty additional persons attended.

#### Covered Dish Dinner

3. The Heathsville Club had a covered Dish Dinner and Recreational Program for their families. Each member donated a covered dish of food for the dinner. All dishes were placed on the table and uncovered at the same time, which made a complete and very attractive meal. All who attended enjoyed themselves. After the dinner the members conducted games and all participated.

The various activities were enjoyed by all. Many ideas were gained and they felt inspired to continue to promote an active program in their community.

#### Educational and Recreational Tour

4. A tour was conducted to the Jamestown Festival and

- e. To encourage leaders to carry information to unreached areas and people and help in organizing them

Procedures:

1. Mass meetings
2. Group meetings
3. Personal contact
4. Leadership
5. Community and county activities

Results:

As a result of this phase which was selected as our district goal, 94% of the club members are registered voters, and have encouraged a number of non-club members to become voters.

Through encouragement, announcements at meetings many homemakers have become active in more community activities such as the school, church, and social and civic organizations that help to promote and develop better communities.

2. National Home Demonstration Week Activities

Objectives:

- a. To present a home demonstration program to the public to keep it informed
- b. To encourage more families to become affiliated with the program
- c. To stimulate more interest in the HD Club
- d. To give recognition to the leaders and club

During National Home Demonstration Week the following activities took place. They were:

1. Eighteen delegates attended the District Home Demonstration Meeting in Lancaster County. This, we feel, enlighten

was not affiliated with the extension program. This gesture was to acquaint others with the work and make better community and public relations. Games and music were furnished for all ages. Very tasty refreshments were provided by the club members. Each club member had a secret pal in her club on this occasion; she remembered her and the family who accompanied her with a token she had made at home.

Baskets were also provided for the shut-in. A total of fifteen baskets were donated by the HD Clubs of the county.

#### 2. Recreational Night Sponsored by HD Clubs

As a means of combating juvenile delinquents and community recreational problems, the home demonstration clubs of Heathsville sponsored a recreational night once each month to help solve these problems. Games, music, and dancing were enjoyed by those in attendance. Refreshments were served by the club members.

#### D. Other Activities:

##### 1. Citizenship and Reaching More People

###### Objectives:

- a. To stress the importance of good citizenship
- b. To encourage club and non-club members to vote
- c. To teach good citizenship through home, school church, and community participation
- d. To emphasize the slogan, "A voteless people is a voiceless people"

2. New articles
3. Group meetings
4. Bulletins

Results:

Due to the exorbitant prices of foods and the growing demands on the family wage earner, they have taken the old advice of producing more of what they eat. This year seemly more home-makers were busy canning, preserving, and freezing products from their home gardens and fruits from various sources so that the family's food supply would not be effected during the winter months. They deem it important that their families be fed well-balanced and attractive meals. Few families have learned the technique of a good fall or winter garden, but most of them try diligently to have a variety of greens and a few root crops.

D. The club members continued to work on other phases to improve their standards; such as clothing, home management, health, safety, and family life.

C. HDC Community Projects

Better Family and Community Relationship

1. Christmas Party

To climax a year of hard work and looking forward to a successful year ahead, a joint Christmas party was held by all clubs in the county. Each club member in attendance brought her family and another family who

have rebuilded according to specifications and installed a complete water and heating system in their home. In talking with Mrs. Holden she says, "These conveniences have helped to make her work more enjoyable and convenient."

Mr. and Mrs. Thomas Walker of Horse Head, Avalon Community have installed a complete water system in their home. This being a long time goal for the Walkers it seems to be one which the entire family enjoys. They accomplished this by converting all their small debts and this project into one loan.

Mr. and Mrs. Ellis Jones of Wicomico Community have installed water in their kitchen. This is a long time goal for the Jones. They plan to enclose the majority of their back porch which will give them additional space in their kitchen, utility room, and bathroom. They were able to accomplish this project so far with very little cost as her husband secured a good used pump and a cabinet sink. He was able to do the majority of the work.

#### C. Year round gardens

##### Objectives:

- a. To encourage families to produce more of what they eat
- b. Encourage them to grow a large variety of vegetables
- c. To stress the importance of planting enough for the entire year.
- d. To encourage them to have some green vegetables in their gardens the year round

##### Procedures:

1. Newsletters

The other families making progress are Mr. and Mrs. Reuben Jackson of Byrdton community and Mr. and Mrs. Hampton Caster of Ditchley. They made progress in this phase: The Jacksons have cleared and added a driveway. The Casters have added a gravel driveway turn-about and parking area, flowers and additional shrubbery.

Other families have made improvements by providing outdoor living areas, laundry, and service areas, and flower beds.

#### B. Water Under Pressure

##### Objectives:

- a. To stress the advantage of water under pressure in the home
- b. To emphasize that time and labor are saved by having this convenience.
- c. To encourage families to plan this as a long time goal.
- d. To emphasize the added conveniences this project will give

##### Procedures:

1. Personal contact
2. Tours
3. Home visits
4. Illustrative materials

##### Results:

Mr. and Mrs. Edward Holden of Lottsburg Community has consented to be a demonstrator on the phase of work. During the early spring their home was completely destroyed by fire. They

storage and storage aid for limited space. The leaders who attended carried this information back to their communities, teaching the other members and homemakers how to make beds, side tables, underwindow storage seats, cabinet partition, and other small storage aids were taught.

4. Result Demonstrations

A. Home Ground Beautification

Objectives:

- a. To encourage the use of native material in beautifying the home ground
- b. To make the home and surroundings beautiful and attractive as possible

Procedures:

1. Home visits
2. Group meetings
3. Circulars and letters
4. Bulletins
5. News articles

Results:

Three families have made definite progress in beautifying their home grounds.

Mr. and Mrs. Talmage Treacle of Sunny Bank Community have completed the grading and seeding of their lawn and are gradually adding shrubbery and flowers. This project is not complet due to the fact that their home is located near the water in a low aera. A large sum was spent for hauling top-soil. He also added the drive and walks. When remaining shrubbery and trees have been added it will be completed.

(14)

- b. To encourage economizing by refinishing a solid piece of furniture rather than buying a cheap piece.
- c. To teach simple refinishing that may be done at home.
- d. To teach selection of durable and suitable fabrics which are to be used for upholstering.

Procedures:

- 1. Training meetings

This phase of work was taken by a small group who requested it as a direct need and interest

- C. Simple Construction

Objectives:

- a. To teach families to provide more storage space in their homes.
- b. To encourage families to use storage wisely through use of additional storage aids.
- c. To give families information to make their home more comfortable and suited to their family's needs.
- d. To encourage growing families to use plans that can be converted or added.

Procedures:

- 1. Lecture Demonstrations

Specialist and agent gave suggestions and ideas for families with limited storage space.

- 2. Work shop

A work shop was conducted by the specialist in simple storage aids that were both useful and attractive.

The Extension Agriculture Engineering Specialist conducted a work shop in the county on

A. Rural Arts

Objectives:

1. To teach the wise use of leisure time.
2. To serve a recreational activity.
3. To encourage homemakers to develop their potentiality and to stimulate interest.
4. To stress this as a means of supplementary income for those who can produce worthwhile products.

Procedures:

1. Training meetings

Conducted by agent and specialist.

2. Method Demonstrations

Step by step procedures were used and applications of the same.

3. Discussions and Talks

Discussions and talks were given by agent and specialist on the origin of Early American stenciling and how to use it.

Rural arts were talked about by agent and leader. This dealt mainly with stenciling of various kinds of trays, old pine accessories and chairs. These leaders learned what to stencil, how to prepare articles for stencil, how to prepare articles for stenciling, drawing and cutting stencils and how to stencil using oven-tones stencils. They were caution on over decorating of an item and encouraged to use simple and attractive designs and colors suited for the item.

B. Upholster and Refinishing Furniture and Accessories

Objectives:

- a. To encourage homemakers to give their furniture a face lifting.

of available materials and items they already have. In addition to this they have been taught to select and use native materials as a major accessory; namely, drift wood, flowers from their gardens, shells, and crop materials such as wheat, barley, rye and oats. Keeping in mind the adage: "The first impression is a lasting one" has served as a stimuli for the discussion and demonstration. Recognizing the fact that persons who enter their home never see beyond the entrance, they have put forth much effort to make it both interesting and attractive. They were taught to use the necessary furnishing, pictures and arrangements representative of the locality and type of home they live in. Keeping in mind simplicity and individuality to make it interesting for the family as well as visitors.

Most families have their meals in a part of the kitchen or dining room. Realizing the family spends most of its time in these areas, they are encouraged to make them more attractive and cheerful. Proper selection of table service equipment and arrangement of furniture and accessorizing the eating area were the phases of importance. Many ladies were encouraged to rearrange this area as it served as study and family room for the family. This arrangement seems to be quite effective and brought about more unity in the family as it automatically encouraged them to spend more time together. It was conducive to a better family unit.

### 3. Special Interest

(11)

- a. Use of available items for accessorizing the areas
- b. Use of native materials and arrangements of fall and winter bouquets
- c. Selection of the articles to be used in the area
- d. Stenciling and redecoration of small furniture and accessories and framing pictures were the phases in which method demonstration were given.

☒ Lecture Demonstrations

Use of flannel graphs and velsigraph in presenting subject matter material were used.

(3) Slides and Films

Related scrip and slides were shown to club members in interested groups. This enable them to see, so that they may plan according to their situation.

(4) Exhibits

From the exhibits and illustrated material the table Service Loan Kit from Sears Roebuck and Company was used along with other items selected from homemakers. They were set up so that the home makers may recognize quality in selecting China, crystal, and silverware for the family.

(5) Bulletins and Pamphlets

These were distributed to all club members and other individuals seeking this information. Those used were: Table Setting and Service (Sears Roebuck & Company) The Stencil Piece, Chairs, Trays and Furniture, Circular 699, Accessories, How to Use Them, Bulletin 218, Phause or Living, Coco Cola Company.

Results:

As a result of the home furnishing and accessorizing the home project, the club members have learned to make better use

Results:

As a result of the project on foods and nutrition a large percentage of the families have learned to make their own mixes, storing, and using them as they are needed. This gives them quicker meal preparation with use of a variety of breads, cookies and pasteries. 78% of the club members report they are able to plan their shopping list and meals more effectively with these aids. Newsletters and circulars kept those club members who were not in attendance informed of this information. 81% reported that they are able to economize on food budget, time, and energy through these aids.

2. Home Furnishings and Accessorizing the Home

Objectives:

- a. To encourage families to improve the kitchens, breakfast nook, and dining areas as they spend most of their time together here.
- b. To stress the importance of arrangements of furniture for convenience and comfort.
- c. To encourage the use of flower arrangements and accessories to make the area cheerful and livable.
- d. To teach points to consider when selecting utensils for table service.
- e. To encourage the use of accessories that will be both useful and attractive.

Procedures:

(1) Method Demonstration

Step by step methods use of accessories were demonstrated and furniture arrangements were given in making the eating area and entrance more attractive.

- b. To teach variety in breads for nutritious meals.
- c. To teach them to make their own loaf bread and rolls, as much of the food money is spent for ready made breads.
- d. To teach homemakers variety in cooking, make for home use and entertainment.
- e. To encourage families to make their eating areas attractive and conducive for good eating.

Procedures:

(1) Method Demonstrations

Step by step methods were given on home made mixes, and followed by the use of these mixes. Leaders gave demonstrations and assisted in this area.

(2) Lecture Demonstrations

Lectures were given, using Flannel-graphs material, slide and films, used to stimulate the interest so they may see as well as hear them.

(3) Talks and Discussions

Leaders and agents gave talks and discussions on the food projects. Members contributed voluntarily. This enabled the agents and leaders to learn more about the food habits of the family of whom they were working. It also enabled them to plan to meet their needs more effectively.

(4) Bulletin and Pamphlets

These were distributed according to the information given so that the homemakers may file them for reference in future use. Those used were:

"She Cooks to Conquer"	vol. 4, no. 3
"It's Simply Super"	vol. 4, no. 2
"Bread the Stuff of Life"	vol. 4, no. 3
"It's a Date"	vol. 4, no. 1
"Foods for Families with School Children"	
	AIS 71
"Cream Pie and Pastry"	M. F. 249
"Better Homes and Garden Recipes"	

the county. Its purpose is to acquaint the people with the purpose of the program and what it is designed to do. This committee deals mainly with the problems of the families and the community. (1) It helps to develop each individual worked with. (2) It teaches each family that their home help make up the community and their contributions are wanted and needed. (3) It teaches each family to consider each individual as they are different and must be dealt with accordingly. (4) It teaches to consider each member of the family in making decisions and (5) To work with withdrawn individuals so that they will feel wanted, needed, and show that their contributions are worthwhile.

#### 4. County Home Economics Committee

There is only one such committee in the county. This committee deals with the nutrition and food habits of the people. It discusses the needs and all sources dealing with foods. Ways and means of improving these food and nutrition standards are planned. The phases worked with are the home, school lunch-room program and community food serving. Its main objectives are: (1) to change attitude, (2) improve the health of family through better nutrition and (3) to improve food habits and diets.

#### B. Project Work

##### 1. Food and Nutrition

##### Objectives:

- a. To teach homemakers to economize on money and energy, by making their mixes for breads, pastries, etc.

Board. This organization is composed of three key leaders from each community. Usually it is designated according to sex. Due to the occupation of the men in this county, with the majority being away except during the winter months, mostly women composes this committee with a few available men. This committee sponsors the community improving work, special extension activities, evaluate and analyzes the overall Extension Program.

It makes plans to strengthen the Extension Program and reaching more people. There are 45 members of this board who have held three meetings with 107 attending.

#### 2. The County Home Demonstration Committee

This committee is composed of the president, secretaries, and leaders from Home Demonstration Clubs. Its purpose is to bring to the body the desires, needs, and interest of the people. It also plans the calander of work for the Home Demonstration Clubs of the county. It informs people of the Extension Program in what its aims and objectives are. It studies and evaluates the program so it is planned to meet the needs and interest of the people. The programs are presented to the public to inform them of some of its accomplishments. Its main objective is to reach the masses of people with needed information. There are 24 members in the committee. They have held two meetings and 42 persons attended.

#### 3. General Interest Committee

This committee composed of professional and lay-people of

and easier methods of preparation, (3) to plan more nutritious meals in their families, (4) to improve their families eating habits, (5) to make their eating areas more attractive and interesting by wise use of accessories, (6) to arrange and accessorize their home to meet their family's needs and (7) to learn to refurnish and decorate useful items they possess or can obtain. With these in mind the program calendar was planned accordingly.

The long-time goals desired by the people when the program was planned last and previous years are better housing, more attractive and comfortable homes, reaching more people and citizenship. Each family desire is to make its home as attractive, comfortable, and convenient as its income will allow.

Improved citizenship is deemed the necessities for any community's improvement. With this in mind the homemakers are working hard to contact families that are not reached directly through the organizations of the Extension Program. They are using various methods to get non-club members to recognize their responsibility to their community's development. They are continuously reminded that good citizenship is not only a responsibility, but an obligation to themselves, to their families and to the community.

### III. County Extension Program

#### A. Adult Organization

##### 1. The County Agriculture Extension Board

This overall organization is called the County Advisory

better rural living, homemaking, and improved people in general.

## II. The County Situation

### Existing Conditions When the 1958 Program was Planned

Northumberland County is located in the northeastern part of the state. It is bound on the northeast by the Potomac River, southeast by the Chesapeake Bay, on the northwest by Westmoreland County, west by Richmond County, and southwest by Lancaster County. These are the four counties that compose the section of Virginia called the "Northern Neck."

The county by statistics is 210 sq. miles, composes 128,000 acres which 49% (62,377 acres) are in farm land. There are 751 farms in the county of 60% (500) are white and 40% (251) non-white. The total income annually from farm land is approximately 1.5 million dollars.

The occupational statuses of the family in the county has been stated in the previous topic. The main occupation which is Manhaden fishing fell below standard in 1957-58. The farming industry has increased and it was one of the most successful in the last five (5) years. The familys' income was effected by the decline in the fishing industry, due to the recession and mechanized farms, jobs at the end of the fishing season are very few. The FICA supplemented for the failure to obtain a job.

In planning the 1958 program the wishes of the people were:

- (1) to obtain more from their food dollar,
- (2) to learn quicker

of the family, but the moral, social, and spiritual ones have improved as well. Each family's members has taken added pride in helping to make their home representative of them. The homemaker is not only interested in making her home comfortable and attractive for the family, she is also interested in serving her family more nutritious and attractive meals. She has learned new and quicker methods of preparing a variety of dishes for the family. Newer methods have made her task easier and more enjoyable. She finds in proper planning she gets more from her food dollar and the family is better fed. The homemakers' slogan is, "A well fed family is a healthier and happier one."

The 4-H projects are developing personality and pride in youths. They have become greatly interested in personal appearance, health, and care of their personal belongings. Each H. D. member and 4-H member has extended their interest beyond their homes. All are taking great pride in building a better and stronger community. Reaching more people, and citizenship were the overall county goals. Realizing that better homes make better communities, they are striving through various mediums to reach as many people as possible. Knowing a community is no stronger than its people, citizenship has been the primary step for building better communities. The homemaker doesn't only consider herself and her family, but other families in her community as well. Glancing over the results of 1958 program one can really see that it has contributed to

recreational activities. Through this program we have encouraged many families to set up a recreational night at home so that the entire family may participate. They have such activities as games, television hour, night at the theater, friends in for the evening and whenever possible a sport activity. Since the county is partially surrounded by water, this affords recreation for the residents during the summer. Picnics, swimming, boat riding, fishing, and crabbing are the main activities. In the winter skiing and hunting are the main outdoor activities. In recent years many families have outdoor fire places or barbecue pits and cook-outs have created lots of interest.

The 1958 contribution of the Extension Program has been mainly in the areas of the house and surroundings, furnishings and equipment, homemangement, family economics, foods and nutrition and family life.

This year's phase of work has met a direct need, created and filled the direct interest of the homemakers. The club members seem to have a great appreciation for the type of assistance they have received in this area. Most of them seem to have taken a new interest in their homes and families. Each homemaker is striving hard to make her home meet and serve her family's needs. Her interest has been aroused to the extent that she considers each member of the family in the planning and is trying to make her home serve their individual needs and interest. The program has not only improved the physical aspects

This county is rural in most respects, but little labor is done on the farm by women and children as the majority of the farms are machanized. The chief crops are soybeans, corn, tomatoes, and small grains with a little truck crops.

The standards of living are above average of those of most rural areas where farming is the main industry. The majority of the homes are comfortable, convenient, and attractively furnished.

The educational standard, according to a recent survey of club women, shows that most of the women attended high school and a larger number completed and a few have done some college work.

The social conditions of the people of the county is generally like that of other rural areas. Most families have their own transportation. The church affords the greatest outlet for the people. There are several social and civic groups that provide social recreational activities for the adults and a few for the youth. The school offers some recreation for the youth through sports and other social affairs.

A few of the families are exposed to some fine arts. Those of music, dramatics, art shows, and dancing. Each year the school and some organization presents such activities in the county. Since Washington, Baltimore, and Richmond are not far away, and most families have transportation, a few families deem it necessary to see that their children along with themselves are exposed to many of the arts.

Many families have television and this affords the family's

## Apparaisal of Year's Work

### I. Highlights of the 1958 Extension Program and Its Contribution to Better Homemaking, Better Rural Living, and Improved People.

The 1958 Extension Program in Northumberland County has been inspirational, beneficial, and an asset to the people in general.

The pattern of living of the people of this county is typical of that of any waterfront area. The main occupation is water industries; namely, Manhaden fishing, crabbing, obstering, trap fishing, and seafood factories.

Farming is the secondary phase of employment and is often used as a supplementary income for many families. There are very few full time farmers. The acreage of most farms is not large enough to support the family, so they seek part time or seasonal employment in such phases as the main industry. (Manhaden fishing, sawmills, laborers, and chauffers) There are a small percentage of families that receive their income from out of county employment; such as Naval Grounds, Army Bases and other government sources. Other types of employment are construction work (skill and unskilled) and machinist.

Majority of the women are homemakers, but some seek employment as domestic workers, school lunchroom workers factory workers, professional positions, and other odd jobs.

IX. Developing Good Public Relation . . . . .	39
A. General Public . . . . .	39
B. Elected Representatives . . . . .	40
C. Other Professional Workers . . . . .	40
D. Commercial Interest . . . . .	40
X. Professional Improvements . . . . .	40
XI. Improvements in Office and Working Conditions .	41
XII. A Look Ahead . . . . .	41

V.	County Extension Program - Youth . . . . .	24
	A. County 4-H Council . . . . .	24
	B. 4-H Project Work . . . . .	25
	1. Clothing . . . . .	25
	2. Home Ground Beautification . . . . .	26
	C. Other Activities . . . . .	27
	1. Rural Life Sunday . . . . .	27
	2. State Short Course and Wildlife Conf. . . . .	27
	D. Young Men and Women Work . . . . .	28
	E. Activities . . . . .	29
VI.	Scope of Work . . . . .	30
	A. Chart . . . . .	30
	B. How Scope of Work Increased . . . . .	31
VII.	Leadership . . . . .	31
	A. Contribution . . . . .	31
	1. Organizational . . . . .	31
	2. Program Development . . . . .	31
	3. Subject Matter . . . . .	32
	4. Federation Program . . . . .	32
	B. Growth of Leadership . . . . .	33
	1. Overall Program Leaders (chart) . . . . .	33
	2. Home Demonstration Club Leadership . . . . .	33
	3. Overall Youth Leaders (chart) . . . . .	34
	4. 4-H Club Leadership . . . . .	34
	5. Young Men and Women Clubs . . . . .	34
	C. Outstanding Leader . . . . .	35
	D. Outstanding Family and Accomplishments . . . . .	36
	E. Outstanding HDC Accomplishments . . . . .	37
	F. Achievements of Program - Health . . . . .	38
VIII.	Work With Other Agencies. . . . .	39
	A. Vocational Agriculture and Home Ec. . . . .	39
	B. Welfare Department . . . . .	39
	C. Co-workers . . . . .	39

TABLE OF CONTENTS

	PAGE
I. Appraisal of Year's Work . . . . .	1
II. The County Situation . . . . .	5
III. County Extension Program . . . . .	6
A. Adult Organization . . . . .	6
1. The County Agriculture Extension Board . . . . .	6
2. The County H. D. Committee . . . . .	7
3. General Interest Committee . . . . .	7
4. County Home Economic Committee . . . . .	8
B. Project Work . . . . .	8
1. Food and Nutrition . . . . .	8
2. Home Furnishings and Accessorizing the Home . . . . .	10
3. Special Interest . . . . .	12
a. Rural Arts . . . . .	13
b. Upholster and Refinishing . . . . .	13
c. Simple Construction . . . . .	14
4. Result Demonstration . . . . .	15
a. Home Ground Beautification . . . . .	15
b. Water Under Pressure . . . . .	16
c. Year Round Gardens . . . . .	17
C. HDC Committee Project . . . . .	18
1. Christmas Party . . . . .	18
2. Recreational Night Sponsored by Home Demonstration Clubs . . . . .	19
D. Other Activities . . . . .	19
1. Citizenship and Reaching More People . . . . .	19
2. National HD Week Activities . . . . .	20
IV. Farm and Home Development . . . . .	22
A. Problems encountered Most Often . . . . .	22
B. Subject Matter Areas and Assistance . . . . .	22
C. Progress Story . . . . .	23

V I R G I N I A

AGRICULTURE EXTENSION SERVICE  
HOME DEMONSTRATION WORK

ANNUAL NARRATIVE REPORT  
NORTHUMBERLAND COUNTY

1958

Ernestyne G. Jeffries, Agent

# ANNUAL NARRATIVE REPORT

## COUNTY EXTENSION WORK

### *Virginia Agricultural Extension Service*

Ernestyns G. Jeffries

**Name**

Local Home Agent

**Title**

**Agent**

\_\_\_\_\_  
**Assistant Agent**

\_\_\_\_\_  
**Assistant Agent**

\_\_\_\_\_  
**Assistant Agent**



1958

Northumberland

\_\_\_\_\_  
**County**