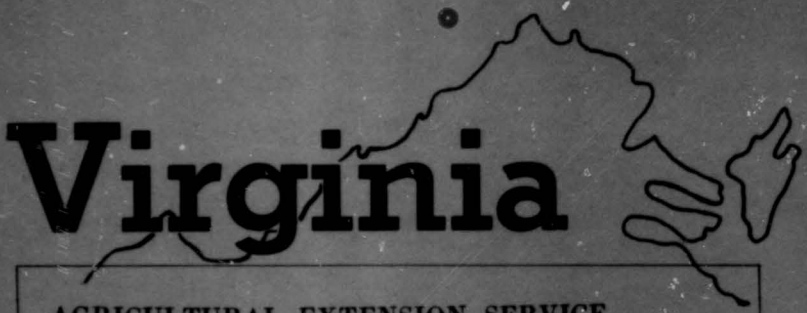


Virginia

An outline map of the state of Virginia is positioned behind the word "Virginia". The map shows the state's borders and major water bodies like the Chesapeake Bay and the Atlantic Ocean.

AGRICULTURAL EXTENSION SERVICE

Annual Report

Home Demonstration Work

1951

Ether B. Foster

Agent

Lunenburg

COUNTY

Asst. Agent

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III. The County Situation As It Affected The 1951 Program.

In Lunenburg County the main source of income is from tobacco.

More people are realizing the advantage of having a more balanced type of farming and are gradually supplementing their main source (tobacco) with cattle. The Homemakers had a general interest in the improvement of homes, but realized they must spend much time helping with the crops in order to make home improvements. With Camp Pickett in the adjoining county reopening, many people from Lunenburg County were employed there. During the busiest seasons on the farms most Homemakers helped since there was a shortage of labor.

Community improvements were realized and the people planned projects and special emphasis was stressed on these projects.

IV. Contributions of The 1951 Program To Better Family Living.

The Extension Program during 1951 in Lunenburg County has had influence in setting a higher pattern of family living on farms and in the homes. There has been marked progress over the past ten years in the county and the program this year, which was planned by the people, has helped Lunenburg farms to be improved for easier and better farming and homes to be improved for convenience and more comfort.

The Federation Goal 'Art in Daily Living' was stressed in the various activities worked on during the year. A program was planned for discussion at club meetings for each month. The club members tried to understand and learned to appreciate art. Skills and techniques were developed in metal craft.

The monthly programs this year were mainly devoted to Foods and Nutrition and Home Management. Better diets and knowledge of nutrition is

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part of the long time goal or objective in the county. The improvement of homes in better lighting and care of home and furnishings is another part of the long time objectives. During the past several years other projects have been worked on and Food and Nutrition has not been a main interest. The members realized they needed information on Food and Nutrition; therefore, 5 monthly demonstrations were devoted to that project in some Demonstration Clubs. The 4-H Club members carried Food projects during this year also.

There were approximately 500 people helped to have better diets and more nutritious meals. 125 people prepared and served dishes according to methods given through the H. D. Club demonstrations.

Six monthly demonstrations were devoted to Home Management. Many families were interested and able to make improvements in their homes and furnishings. Slides were used for two of the demonstrations to show members what can be done in house furnishings. A list of accomplishments which follow will show some results of the projects. Members reported they had made 60 improvements in walls and woodwork. 60 people reported they had rearranged furniture. Reupholstering furniture was a project 13 members were interested in and 24 pieces of furniture were reupholstered.

As a carry over project from last year the clubs continued to pay on pledges toward a hospital building to be constructed. Some clubs had Health discussions from time to time at the meetings. Club members participated in projects for service men at Camp Pickett.

Citizenship was a carry over from the Federation Goal worked on in 1950. The club members stressed voting privileges and 2 clubs had 100% club enrollment to register and vote this year. Discussions were held in 4 clubs on being better citizens.

V. Adult Work.

A. Project Work:

1. Home Improvement and Management.

a. Objectives:

- (a) To help people who did not have sufficient home lighting to know the importance and to do something about it.
- (b) To have homemakers understand the basic principles for improving their homes to be beautiful and comfortable.
- (c) To help homemakers to make furnishing more comfortable.
- (d) To help homemakers understand art in home management and ways to achieve it.
- (e) To give club members an opportunity to see results as suggested recommendations of Extension Service.
- (f) To help homemakers to buy wisely.

b. Methods Used - Results Obtained.

Monthly demonstrations were given in each club on Home Lighting. Club members were given materials on lighting to study. In 1933 one club choice monthly demonstration was devoted to making lamp shades. The study on importance of home lighting gave club members an incentive to continue with making shades. 86 homes had their lighting improved either through rearranging for better use or by having some wiring done. 8 lamps were made or remodeled during the year.

Three monthly demonstrations were devoted to improving homes and furnishings to make them beautiful and comfortable. Slides were used to explain and help homemakers with a study on "House Furnishing - What Goes With What" and "Arrangement of Furnishings". The

demonstrations were given before approximately 185 people. Club members reported furniture has been rearranged to a better advantage in 60 rooms as a result of the study. 407 pieces of furniture and furnishings were selected and bought this year by club members. They used points learned from the study in 'Furniture Selection' in selecting their furnishings.

Walls and woodwork was a study given in each club by leaders who were trained by Specialist. Color schemes were improved in 66 rooms and in 74 rooms walls and woodwork were improved as a result. In the Lochleven Club several club members worked together in putting up wallpaper more suitable to the rooms and home. They had good success and did a good job, thus saving in expenses on improvement.

As a special interest in improving furniture a two day reupholstering workshop was conducted by the specialist. Eleven H. D. members attended. Three chairs, one bed and two sofa-pillows were the articles worked on. As a result of this training a total of 24 pieces of furniture has been reupholstered. The ladies learned each step at the workshop then helped others later.

Approximately 175 members learned how to add color and interest to their homes in winter by studying what materials are good to dry, and the method for preparing the materials for dried arrangements or bouquets for the home.

Buying House Linen, Buying China, Silver and Glassware and Picture Appreciation were also choice demonstrations given to the various clubs. These demonstrations were given late in the year and results from this information has not been reported. Members were given materials with main points of the demonstration listed. They will use this information when they shop for needed things in the home.

A carry over project on Yard Improvement was worked on during the year. The specialist visited part of the result demonstrators on Yard Improvement and at that time he gave further suggestions for improvement. Signs were not placed at the demonstrations as was planned. The specialist was to send information about signs. This part will have to be a carry over project for 1952. The specialist visited 9 additional homes and gave suggestions for improvements on landscaping and on care of shrubs. As a result of the suggestions improvements have been made at 8 places.

Mail box improvement and Farm entrance improvement were projects carried by the H. B. Clubs. There was beauty added to the lives and homes through improvements made by 58 people on mail boxes, farm entrances, fences and by pruning shrubbery.

2. Food and Nutrition

a. Objectives -

- (a) To help rural families have better and balanced diets in order that they might keep healthy.
- (b) To help homemakers with the art of food preparation.
- (c) To help homemakers realize food values, and plan for adequate meals.
- (d) To help homemakers spend their food dollars more wisely.

b. Methods Used - Results Obtained.

"Planning An Adequate Meal" was studied at one monthly club meeting. The agent held a discussion with club members. Each member present planned meals for a week and were asked to post the plans in their kitchen and try to follow them. Reports at following club meetings showed the members had better meals and with more ease.

A training meeting was held by specialists on the following food demonstrations: "Salads for Winter Meals" and "Desserts". 21 leaders attended the demonstration on "Salads". They gave the demonstrations to the club members at the monthly club meetings. Memograph sheets of recipes were given to the members. As a result 72 percent of members attended the demonstrations and have used recipes given to them. 20 leaders attended the demonstration on "Desserts". 9 clubs the leaders gave the demonstration to their club members. The agent gave one demonstration. The leaders reported 71 percent members attended the demonstrations and the members reported having used recommended practices from the demonstration on "Desserts". Leaders reported having good results with the demonstration. Samples were given to the members.

2 club leaders gave excellent demonstration. The food leaders, Mrs. J. T. Robertson and Mrs. F. L. Blankenship of the Bethel W. M. F. Club, attended the leader training meeting on "Desserts". They worked together on plans for giving the demonstration. They invited non-club members to the meeting. Club members reported they gave the demonstration in a professional manner and had excellent results with their products.

The demonstration "Getting the Most For The Food Dollar" was presented in an interesting manner. The leaders helped the agent with the demonstration by collecting supplies for the demonstration to show low cost foods, if prepared correctly and with ingenuity, would satisfy the family as well as the group of high cost foods. It was pointed out that people can have nutritious, delicious, and attractive meals at lower costs. The agent gave out sheets of information to help guide their food planning and buying.

"Planning and Serving Community Meals" was a club office demonstration selected by six clubs. Points on preparation, planning and serving

different type groups and different type foods were discussed. The members asked questions and good discussions were held on individual community activities and problems they had when serving community meals. As a result of the demonstration the Home Agent observed much more organization and work done quicker and with more ease at a community supper served by one club.

The Lunenburg County home makers are using the new and improved methods of preserving foods. Last year a county cooperation was held. This past year approximately 25 home makers have reported using practices recommended at the demonstration given on Preparing Foods for the Frigger. Approximately 40 requests were made for booklets on Freezing of Foods and new methods of canning. Home demonstration members have reported canning 20,412 quarts of food and freezing 6,777 quarts, plus 4,860 pounds of meats. The locker and home freezing units are becoming more popular each year and prove to be a great asset to the people.

Four articles pertaining to the latest information on foods and preservation were in the county paper during the year.

3. Citizenship

a. Objectives -

- (a) To help club members realize the need of their help towards peace.
- (b) To have club members to be more interested in local government.

b. Methods Used - Results Obtained.

Short discussions on local government was held at club meetings from time to time. Printed materials were sent to the Citizenship Chairman in the clubs and they were responsible for leading the discussion. Registering and voting were two points stressed by the chairman. This was a carry over project from last year.

One club with a membership of 21 100% registered and voting.

The Citizenship Chairmen in the Lochleven and Makerrin Clubs held interesting discussions at their club meetings. Each month they would go over the list of members who had not registered and asked them to do so. They kept their members informed on the local government affairs as much as possible. Finally Mrs. Richard Bacon of the Lochleven Club reported her club had 100% of members registered and ready to vote. Mrs. J. R. Hubbard had helped to influence most of her fellow club members to register and vote. She stresses to them the importance of every individual expressing his opinion.

4. Health

a. Objectives -

(a) To improve the health standard of family living.

b. Methods Used - Results Obtained.

Pamphlets and materials were mailed to health club leaders and were reviewed at club meetings.

Club members helped to stress the importance of taking advantage of the free X-Ray T.B. Clinic. It was also stressed that everyone should have a physical checkup during the year. Reports of club members show that 88 had T.B. X-Ray and a physical checkup during the year.

Ten clubs have contributed toward hospital pledges made toward the community hospital to be in South Hill.

5. Family and Community Relations

a. Objectives

(a) To create a better understanding and more congenial interest in families and in the community.

b. Methods Used - Results Obtained.

Each of the two clubs last year had a Christmas party after a short demonstration at their regular club meeting. The members played games and discussed which ones they might use with their families at Christmas time. The group exchanged gifts and enjoyed the social period.

One month during the summer the club members had 7 club picnics. They invited their families and non-club members and families. All enjoyed the social get-together of their family and others in their community at a member's home, lake, or pond. They had recreation and time for talking along with picnic supper.

The Dundee Club members have started having a social get-together once a month. They met at a restaurant in town and had dinner, each paying for his own. Afterwards they would do some activity as a group, such as go to a movie or go to some place and play games. It was enjoyed and the club members and their guests looked forward to the affair each time.

6. Others

A. Library Reading

a. Objectives

(a) More and better reading.

(b) Club members to read required number of books to get certificates.

b. Methods Used - Results Obtained.

The Extension reading list were placed in the hands of club library chairmen. The chairmen emphasized reading good books, also that club members read 5 books listed on the reading list. Fifteen club members were reported as reading 5 books from the lists.

One club has a loaning kit within their club. The club members have read more than usual by the chairman taking charge of such a project.

B. Camp Pickett Project

a. Objectives

- (a) To help at the hospital when needed.
- (b) To give things to help cheer up men in hospital.

b. Methods Used - Results Obtained.

From time to time there is need for additional help in the hospital at Camp Pickett since Korean men who were wounded were sent there. Many club members go and help on certain days in the hospital. Not being trained nurses they do little activities for the comfort and pleasure of men when the nurses have no time to spend on such activities.

Parties were given for the men in the hospital and requests for homemade cookies were filled by members in the M. D. Clubs. They sent a total of approximately 150 dozen at different times.

One club worked on a project of getting Christmas supplies for Camp Pickett men in the hospital.

Letters of appreciation for participating in the projects have been sent to the clubs and the members feel they are helping in a way toward world peace.

C. Christmas Gift Suggestions

One club held an all day work meeting to make Christmas gifts. Ideas and leaflets on how to make inexpensive Christmas gifts were distributed to all club members. Suggested gifts were shown. Approximately 15 gifts were made at the meeting.

B. Other Activities

1. Community Projects

a. Objectives

- (a) Each club carry out project to improve community.
- (b) To develop a Fellowship spirit.

b. Methods Used - Results Obtained.

The clubs selected various projects such as improving farm entrances, mail box improvement, improving community building or church yard.

Help was given by Horticulturist in improving Cooles Spring church grounds. Cleaning of the grounds and parking area has been improved.

The Plymouth Community House has had repair jobs done. The club members' husbands did the repair work while the ladies prepared a pot-luck meal for them, to be served after the work was done.

Community stews and food sales were held as money raising activities to use on improvements for the community house. Another organization bought and placed a name sign on the community grounds. The community building is a center of interest in the community.

The work done on mail boxes and farm entrances see under 2-3-(b).

2. Community Activity - Friendship Services

a. Objectives

- (a) To forward friendship.
- (b) To advertise Home Demonstration work.
- (c) To benefit club treasuries.

b. Methods Used - Results Obtained.

This was an important project to the club members. 11 meals were prepared and served by the clubs to other organizations. The club

members learned about quantity cookery as well as some basic rules of preserving. This was a project done by various clubs as a money making activity.

Bonshine baskets were sent to the sick and needy of 10 communities.

Flowers and cards were sent by remembrance committees in each club.

3. Federation Goal Activities - "Art in Daily Living".

a. Objectives -

- (a) To have beauty in the home and furnishings.
- (b) To have an understanding of art in homemaking. Good art, representation of work and surroundings.
- (c) Development of skill in our art.

b. Methods Used - Results Obtained.

"Art in Daily Living" was a goal of much interest to all club members. The county chairman, Mrs. Chapell Hawthorne, with the agent's help, planned a 10 minute art study for each monthly club meeting. A booklet was made up for each club art leader to use for the discussions at the meetings. The booklet had a different painting for each month, a miniature picture, a story of the picture and facts about the artist. Club members enjoyed looking at the painting as their leader told them about it. Points about beauty in our everyday work and surroundings were discussed in connection with this study.

Special study on art - The Meherrin Club had a short study on music each month. The leader would discuss different types of music and different musicians; then she would quiz the group. All this added much interest to the club meetings.

One county-wide special interest meeting was held on metal craft (tray making). The members learned about designs, and steps in making trays. They held several smaller group meetings after the county meeting. A total of approximately 209 trays were made.

There were other projects done which required skill in doing a good job. 6 rugs were made with good color schemes and workmanship displayed. The Dundas Club held an all day work meeting on stenciling. 20 articles were completed with pride on the work done.

4. Special Programs

DISTRICT HOME DEMONSTRATION FEDERATION

a. Objectives

- (a) To have each club a member of Federation.
- (b) To acquaint more people with the organization and its operations.
- (c) To have each club represented at the District meeting.

b. Methods Used - Results Obtained.

The agent stressed the importance of all clubs paying federation dues. She also stressed the attendance at the District meeting. Two articles were put in the county paper.

Each club paid their Federation dues by March 1. There were 25 members who attended the District Federation meeting held at Powhatan. The members heard a district report given at this meeting. A report of the district meeting was given by 3 members and agent over W.S.V.W. Short reports were given at each club meeting on the meeting.

NATIONAL H. D. WEEK

a. Objectives

- (a) To have members rededicate themselves.
- (b) To acquaint the public with Extension program.
- (c) To enroll new members.

b. Methods Used - Results Obtained.

National H. D. Week was observed by members attending the District Federation meeting. Two radio programs were given with 3 members participating in one program.

The agent had news articles in the Lunenburg County weekly paper announcing the week and notices of special meetings. This paper has a subscription volume of approximately \$50.

There were two exhibits planned, prepared and displayed in two store windows during the week. (One exhibit was in Victoria and one in Newbridge).

The agent visited in a community without a club during the month of May and a new club was organized in June as result of special emphasis on membership during National H. D. Week.

INSTITUTE OF RURAL AFFAIRS

a. Objectives -

(a) To have H. D. members broaden their view of Extension service.

b. Methods Used - Results Obtained.

Four Home Demonstration Club members attended the State Federation meeting and Institute of Rural Affairs held in connection. The ladies who attended represented only 3 of the H. D. Clubs. The H. D. Committee gave a scholarship to one member. Mrs. A. W. Breedlove, Mrs. J. W. Edwards, Mrs. V. G. Eves, and Mrs. W. N. Pound attended different meetings in order to bring back more information to the county. Each lady wrote up reports on meetings she attended. These reports were combined and typed copies of the most interesting things were sent to each of the clubs. 3 of the members gave reports of the meetings over the radio.

ACHIEVEMENT DAY

a. Objectives -

- (a) To help people analyze work done.
- (b) To show people and tell people what was done.
- (c) For educational purpose.
- (d) To have a county-wide get-together.

b. Methods Used - Results Obtained.

The H. D. Clubs held their Achievement Program in connection with the 4-H Program. They decorated the stage and the county committee chairman presided over the adult part of the program.

The H. D. Club year's summary of work was given in the form of a skit by giving a county summary of the work done. Exhibits of activities done during the year were displayed by members of the various clubs as part of the skit. It was very interesting and informative. Approximately 150 H. D. members, 4-H members, and friends attended. The guest speaker was Mr. Jack Tye from 4-H Club Department at V.P.I.

VI. 4-H Club Work

A. Project Work:

1. Food For Pop and Food Preparation.

a. Objectives -

- (a) To have club members know the importance of nutrition, and to practice it.
- (b) To have club members have high standards in food preparation also know better methods.

b. Methods Used - Results Obtained.

2 monthly discussions were held on foods needed and the diet new to check to see if each individual was getting what he needed.

Club members kept records of foods eaten. Five demonstrations were held on the preparation of foods in the 'Food for Pep' project. Girls gave short demonstrations on measurements. In addition to the food preparation the girls studied and learned how to set a table correctly, and good manners at the table. As a result of the 'Food for Pep' project carried by 89 girls it was reported that 68 learned about the Basic Seven Food Groups. 73 learned to wash dishes according to methods taught at club demonstration and how to set the table correctly.

There were six clubs (115 girls) enrolled in the Food Preparation project. This work followed up the 'Food for Pep' project and the girls carried the project during the summer. They were divided into smaller community groups to work with 15 Home Demonstration members giving instructions and demonstrations. A training meeting was held with 14 adult and Junior leaders attending. Mrs. Mary Thompson gave the training to the members.

When school was out the leaders gave demonstrations showing how to use equipment and how to make the various products for the project. They held a total of 22 demonstrations. The girls were trained to give demonstrations and they practiced at club meetings. These meetings were held as the leaders could plan them rather than once a month, as they are held during the winter. 21 girls completed and reported having done the following:

- 64 demonstrations were given by girls on the preparation of food products.
- 70 exhibits were made.
- 172 meals were planned alone.

247 meals were prepared by club members.

686 lunches were packed by members.

346 cakes made.

538 time cookies were made.

959 times milk dishes were prepared.

754 times salads were made.

939 times members cooked vegetables.

Each summer group had a contest and selected the best demonstrator.

A county-wide contest was held in August with 6 groups represented.

Each group winner gave a demonstration at the contest. Judges from outside the county were used at the county contest.

The principles of preparing foods by Extension methods improved methods used at home by both the 4-H members and her mother.

2. Food Preservation.

a. Objectives -

(a) To teach club members the need for enough food well canned for the family through the months it is not available from the garden.

(b) To teach methods of handling equipment and improved methods in food preservation.

b. Methods Used - Results Obtained.

This project was carried by older club members. One demonstration on the main steps was given by adult leader. The agent went over the canning plan with the girls.

The agent reviewed timely canning methods and uses of equipment with the leader before the demonstration with the girls.

20 girls enrolled in the project and 15 completed. The girls planned the needed canned foods for their families.

The girls reported the following results:

1270 quarts canned alone.

3265 quarts helped to can.

14 girls exhibited canned foods.

11 girls enrolled in the Freezing of Foods project and 8 completed. The agent gave pamphlets and individual help to the girls. She had the understanding with the 4-H girls' mother that she would help her girl with correct methods in preparing foods to freeze. The girls reported the following results:

466 quarts prepared alone.

395 quarts helped with.

3. Laundry.

a. Objectives

- (a) To teach girls the best way to do home laundering.
- (b) To teach girls what equipment is needed to save time and energy in doing home laundry.

b. Methods Used - Results Obtained.

32 girls were enrolled in the laundry project with 26 completing. Demonstrations were given on how to prepare and arrange equipment for making laundry work easier. The girls learned how to make articles to help make laundry work easier; then made them for their home and gifts. The following list shows accomplishment from this project:

Clothes baskets made 10

Clothes pin bags made 22

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Padded an ironing board 10

Made an ironing board cover 2

Made or got a sleeve board 8

Made pressing equipment 22

4. Clothing.

a. Objectives -

(a) To teach basic principal in wardrobe planning.

(b) To teach sewing principals.

(c) To help club members improve their appearances and grooming habits.

b. Methods Used - Results Obtained.

27 girls carried clothing projects. Two girls had monthly demonstrations given on grooming and care of clothes. The agent worked individually with other girls carrying the clothing project. Typed sheets of instructions, pictures and exhibits created great interest among the members in their clothing project.

The following things were done by 4 Club members in Clothing Unit I "Make and Remake" and Unit III "Learn to Sew".

25 new garments made.

38 remodeled

24 girls had sewing kits and owned a pattern.

These two projects created a great interest to make things for themselves. It has helped to improve neatness and appearance.

The Unit I "Looking Your Best" project has improved neatness with a good number carrying the project. The following things were reported:

10 reported improving care of feet

3 reported improving care of skin

9 reported improving care of teeth

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- 10 reported improving care of hands
- 9 reported improving care of posture
- 10 reported improving care of hair
- 1 reported improving voice
- 1 provided a shoe shine kit
- 10 drycleaned washables
- 10 members made quick repairs
- 7 members pressed woollens
- 10 members replaced hems
- 10 members laundered 27 sweaters.

These members used methods learned at the club meetings or suggestions from sheets of instructions given.

5. Rural Electrification

a. Objectives -

- (a) To help club members learn the importance of good lighting.
- (b) To show how to prepare electrical equipment for use.

b. Methods Used - Results Obtained.

Monthly demonstrations were held for 8 girls carrying the project. They studied lighting, care and repair of electrical equipment. Each member learned to splice chords, and to repair chords. Seven lamps were made, a churn chord was repaired, 3 chords to lamps were repaired and the members cared for electrical equipment at home as a result of the project. The group toured an electrified farm also.

B. Other Activities

1. Community Activities

a. Objectives -

- (a) To teach club members to help maintain community property and to help improve their community.

b. Methods Used - Results Obtained.

Each of the 8 clubs selected a community project toward improving their community. The selections were as follows:

West-End - To plant shrubbery around school.

Moherrin - To keep rest rooms at school neat and clean.

Victoria, Junior and Senior - To purchase and give to the school a flag for the stage.

Kenbridge Junior and Senior - Mail box improvement.

Lochleven - To clean school grounds.

Plymouth - Mail box improvement.

The following are the outstanding things done in the projects:

The Plymouth group painted post, and set up substantial boxes at 4 entrances.

The Lochleven group cleaned the school grounds of all trash and helped to keep it that way during the school year.

The Kenbridge Junior and Senior groups improved a few mail boxes.

The Victoria Junior and Senior Clubs planned and raised enough money to buy a flag for their school stage.

The Moherrin Club cleaned the rest rooms once a week at school.

The West-End Club secured help from Horticulturist at V.S.I. and worked on improving school grounds. They purchased 4 pieces of shrubbery to plant near the front of the school building.

These projects created interest and cooperation among members. Committees were given responsibility and did a good job of carrying it out.

2. 4-H Camps.

a. Objectives -

(a) To have club members broaden their interests and relations to

- the outside world..

(b) To have club members learn to associate with other members.

Methods Used - Results Obtained.

The agent visited in club members' home; she talked to parents and 4-H members about camp requirements and activities. Requirements were checked before going to camp.

Thirteen girls and one woman leader attended District 4-H Camp at Virginia Beach. The girls participated in the programs and work while there for a week. Each girl made some type of handicraft while there. One older girl, Margaret Townsend, went to camp a day before the other members arrived, and she acted as hostess to the girls when they came in on Monday. It was an educational experience for Margaret and she enjoyed it. She was helpful to the group while at camp that week.

Reports were given by these members at the September monthly club meeting.

One girl attended Conservation Camp at Virginia Beach. She had classes and other camp activities of much interest.

Five girls attended the 4-H Short Course and attended classes and demonstrations. They gave reports at their club meetings in September.

3. Rural Life Sunday

a. Objectives -

(a) To create a feeling of fellowship through worship.

b. Methods Used - Results Obtained.

A county-wide out-door vesper program was held at Lunenburg Beach in observance of 4-H Rural Life Sunday. The club members

participated in the program. A minister in the county gave a talk on his trip to Bethlehem. Approximately 100 4-H members, parents, and friends attended.

4. Achievement Day

a. Objectives -

- (a) To help club members evaluate year's work.
- (b) Have educational exhibits.
- (c) Have individual exhibits.
- (d) Have reports.

b. Methods Used - Results Obtained.

The grand finale for the 1951 Lunenburg 4-H'ers was held in October. The Achievement Program was held at night in connection with the H. D. Clubs. The clipping that follows shows methods and results of the Achievement Program.

Achievement Day Program Held At Community House

The 4-H Club and Home Demonstration Achievement Day Program was held at the Victoria Community House and a large crowd attended.

Many county people arrived early to view the exhibits, artistically arranged around the building, and to note the impressive array of awards. The judges, Miss Bertie Yates, Charlotte County Home Agent, Mrs. Hawkins, Home Economics teacher at Victoria High School, and Mr. Paul Cassell, County Agent of Nottoway had judged the exhibits during the afternoon and the consensus seemed to be that the judges had shown excellent taste in their decisions. The displays were not so numerous as they have been some years, but the general excellence appeared to be better.

Dan Love, president of the 4-H County Council, and Mrs. R. E. Gill, Chairman of the H. D. County Committee were in charge of the program. The invocation was made by the Rev. M. M. Austin of Kenbridge. Maxie Moore, 4-H club member and all-star made the welcome address. This was followed by enthusiastic group singing led by Miss Mary Ellen Hawthorne. Miss Hawthorne's four younger brothers, called "The Great Hawthorne Quartette", sang two numbers accompanied by their sister. This was occasion for loud applause. A member of each of the 4-H clubs in the county reported on the work done by his or her organization during the year. Miss Helen Rick, District H. D. Agent, graciously recognized the leaders and their work in her talk. Awards were presented by Miss Esther Foster, Home Agent, H. B. Powers, County Agent and S. F. Sanger, Assistant Agent.

The H. D. Clubs of the county put on an attractive skit with Mrs. G. W. Moore leading. The

purpose was to show the achievements of the various clubs in different phases of home making. An impressive amount of work had been done by Lunenburg women.

Jack Tyree, Assistant 4-H Club Agent for the State, was the featured speaker of the evening. His talk sparkled with humor, yet he left the serious thought with his hearers that work was done was one of the most worthwhile objectives of life.

Winners of Individual Exhibits

- Girl's Projects
FOOD: I. Custard
 2nd. Betsy Cocks.
II. Cookies
 Senior group
 3 - Arlene Elliott.
 Junior group
 1. Patsy Featherstun
 2. Betsy Cocks
 3. Sue Gill.
III. Yeast Bread
 1. Alice Lyons
IV. Muffins
 3. Arlene Elliott
V. Biscuits
 1. Marjorie Hite
 2. Mary L. Barnes
 3. Betty Barnes
VI. Cake
 Junior Group
 1. Nancy Bishop
 2. Janie Bishop
 3. Virginia Mayton
 Senior group
 1. Alice Lyons
 2. Aneta Alder
 3. Eleanor Latta
VII. Candy
 1. Jean Taylor
 2. Goldie Reynolds
 3. Susan Royster
CANNING: I. Jam, J.
 Junior Group
 1. Jan Bishop
 2. Bonnie Sharpe
 3. Joan Crutchfield

Continued on page 8



Lunenburg County 4-H winners are pictured above. Front row left to right: Robert Williams, Rural Electrification; Sue Gill, Dairy Achievement; Budd Poole, Dairy Achievement; Melvin Fowler, Dairy Achievement. Back row: James Gauding, Field Crops; Maxie Moore, Tractor Maintenance; and Donald Ray Callie, Meat Animal.

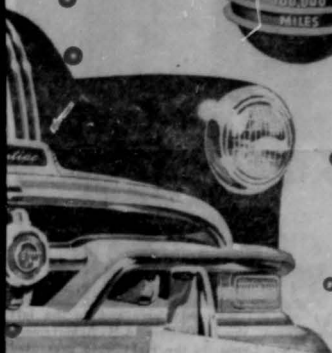


Dan Love and Shirley Johnson pictured above and to the left were awarded leadership pins at the Lunenburg 4-H Achievement Program. Dene Estes and Alice Lyons, to the right were presented pins as County Achievement winners.



The girls in 4-H who are project winners for 1951. Front row left to right, Patsy Featherstun, Food Preparation; Pat Alder who received the medal on Dairy Foods for her sister Janetta; Louise Stone, Clothing Achievement. Back row: Alice Lyons, Girls' Record; Janie Bishop, Food Preservation; Lillie Saunders, Rural Electrification and Katherine Winn, 1st winner in Rural Electrification.

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OTHERS

Number 1684

Achievement Day

Continued from page 1

1. Grace Hubbard
2. Alice Lyons
- II. Fruit, Vegetables

Junior Group

3. Goldie Reynolds

Senior Group

1. Shirley Johnson
2. Grace Hubbard

CLOTHING: I. Apron

1. Ann Wallace

2. Jean Turner

II. House

1. Lilly Saunders

III. Dress

1. Louise Stone

IV. Play Shorts

2. Mary Johnson

LAUNDRY: I. Pressing Equip

1. Ann Curtis

II. Clothes Pin Bag

1. Cora May Clem

2. Eunice Latta

III. Towel

1. Judy Stokes

ELECTRIFICATION: I. Lamps

1. Alice Lyons

2. Lilly Saunders

Boy's Projects

Project Exhibit Winners

POULTRY: Class of Eggs

- 1st. Nelson Bailey

- 2nd. Albert Watts

CORN: Senior Yellow

- 1st Dan Love

- 2nd Tommy Gee

- 3rd James Gaulding

CORN: Senior White

- 1st Charles Wallace

CORN: Junior Yellow

- 1st Wayne Parrish

- 2nd Bobby Stone

- 3rd H. B. Crutchfield

TOBACCO DARK

- 1st George Jones

BLUE TOBACCO: Junior

- 1st John Shields

- 2nd Ned Bayne

BLUE TOBACCO: Senior

- 1st Hester Newcomb

County Medal Awards - Winners

DAIRY ACHIEVEMENT

Melvin Fowler

Donald Campbell

Sue Gill

Buddy Poole

MEAT ANIMAL

Donald Ray Callie

FIELD CROPS: International

Harvester

James Gaulding

RURAL ELECTRIFICATION

Jerry Layne

Robert Williams

TRACTOR MAINTENANCE

Earl Barnes

Maxie Moore

Booth Winners

1st West End, \$8 Health,
Seven Basic Foods.

1st Kenbridge, Jr., \$8 Tractor
Maintenance

1st Lochlen, \$8, How to give
a food demonstration

2nd Plymouth, \$6, Rural Electrification.

2nd Victoria, Sr. \$6, Safety

3rd Victoria, Jr., \$5, Freezing
of Food

3rd Kenbridge, Sr., \$5, Construction of Garments.

specialists at VPI say vegetable growers who are planning fall operations for 1952 should start to stock certain supplies, including spray and dust materials, high grade mixed fertilizers and nitrates.

Stocks of such seeds as dwarf

Keysville Legion Will Parade Sunday, Nov. 11

R-H H S Band To Participate In Armistice Day Exercises

The Keysville Legionnaires will hold an Armistice Day Parade, Sunday afternoon, November 11, it was announced this week by Dave Hammett, Commander of the Post.

The Randolph-Henry Band, directed by Mrs. Maurice Moseley, will lead the parade, which will form at Hawthorne and Lawson's Store at 2:00 P. M. The march will commence at 2:30 along King Street and will cross over to Church Street at the Perdue residence. At Pollard's Service Station the parade will cross back over to King Street and proceed to the Keysville Hotel.

A short program will be held on the hotel lawn including a speaker and selections by the band.

All veterans, especially Korean War, are invited to march in the parade.

To Attend Church Services

The Rev. Edgar Stephen has invited the Legionnaires to attend the eleven o'clock service at Ash Camp Baptist Church. The Legionnaires will gather in front of the church at 10:40 and march in together before the service.

L. A. Starling, Chairman of the Americanism Committee, will be in charge of the activities of the day.

C. I. Abbitt

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Victoria, Virginia

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- '48 Packard 2-dr. Radio, heater, overdrive. Only \$1095
- '49 Studebaker 4-dr. Overdrive. Radio, heater. Only \$1195
- '45 Dodge 2-dr. Loss

5. Contest

a. Objectives -

- (a) To teach sportsmanship as well as competition.
- (b) To give members an opportunity to try for awards.

b. Methods Used - Results Obtained.

The agent arranged for a foods county-wide contests. Judges were secured from outside the county. There were 6 groups represented at the demonstration contest. The girls gave demonstrations on preparing a food product in the project they were carrying. Winners were announced after the contest. Approximately 30 people attended the contest and were very pleased at the girls' ability and ~~and~~ with which they prepared the products.

The winners in the other projects were selected on project records and work agent saw from time to time. Girls' projects were judged in Junior groups and Senior groups.

6. National 4-H Week.

a. Objectives -

- (a) To interest public in 4-H organization and show what 4-H'ers are doing.
- (b) To have members rededicate themselves.

b. Methods Used - Results Obtained.

Two store windows were decorated with 4-H project work and pictures of activities. They were in Cambridge and Victoria.

Each 4-H Club decorated a bulletin board in school.

Each club had a short program for their club on United Nations.

The club members participated in the program.

34
72

7. Special County-Wide Activities

I.F.Y.E. PROGRAM

a. Objectives -

(a) To have 4-H'ers realize their part toward world understanding.

b. Methods Used - Results Obtained.

In each club the International Farm Youth Exchange program was discussed and explained to the members. Each club voted to help by donating to the cause. The Honor Club helped also. A total of \$20.00 was sent in from the county.

COUNTY-WIDE PICNIC

a. Objectives -

(a) To give club members an opportunity to become acquainted with others in the county.

b. Methods Used - Results Obtained.

In July a county-wide picnic for 4-H members, parents and friends was held at Lunenburg Beach with approximately 75 attending. They enjoyed swimming, the social get-together and a picnic lunch.

NATIONAL ACHIEVEMENT WEEK

a. Objectives -

(a) To acquaint the public with 4-H work.

b. Methods Used - Results Obtained.

In observance of National 4-H Achievement Week an educational exhibit on "The Basic Seven Facts" was displayed in a store window in Victoria.

VII. Young Men's and Women's Work

The agent made a survey of young homemakers. Instead of trying to get an organization started for the ones listed, club members invited them to join H. B. Clubs. One new H. B. Club organized this year has a

RM
34

number of young homemakers. The groups had the young homemakers to take an active part in program planning for next year.

The agent has given out information to homemakers when called.

VIII. Scope of Work.

	1948	1949	1950	1951
No. H. B. Clubs or Groups	10	10	10	11
Membership	161	193	204	255
No. 4-H Clubs	2	8	8	8
Membership	93	107	112	131
No. of other families reached	248	59	2045	1675
Total No. families reached	749	855	1249	1961

IX. Functions of County Organization in 1951.

A. County Board of Agriculture:

The board made up of outstanding citizens of the county helped to plan and carry out the Extension program.

The committees met and planned from the long-time goals the projects they wanted to be accomplished this year. These were written out and the agents included them in the 1951 plan of work. The group distributed a copy of a unified plan of work for Farm and Homes in the county as set up by the various committees.

Two meetings were held during the year, with the Dundas and Hollydale Home Demonstration Clubs serving the suppers. At the spring meeting the members gave plans to be worked on, and in the fall meeting the accomplishments toward the long-time goals planned by the Board were given. Each time an outside guest speaker gave an interesting talk to the group. The agents believe the Board is an asset to the county Extension program.

B. County Home Demonstration Committee:

The Home Demonstration Committee consisting of 16 members, a president from each club, county chairman, vice chairman, secretary, and treasurer spearheaded the Home Demonstration program in the county.

The committee held 4 meetings during the year being up business to further the program in the clubs.

Four county goals were set up for the clubs to attain, and they are as follows:

1. Urge members to qualify and vote.
2. Increase membership.
3. Each club have one or more 4-H summer leaders.
4. Each club keep informed on the health and welfare programs.

These points have been discussed in other parts of the report.

Each club paid Federation dues by March 1. An average of 8 clubs were represented at each H. D. Committee meeting. The committee pledge toward the hospital was paid on during the year. The committee sponsored a delegate to the State Federation meeting.

The committee with Program Development Chairman planned the program for 1952, taking into account the past programs, desires and needs of the people.

The committee sponsored 2 exhibits during National H. D. Week; also sponsored H. D. Yearbook.

C. County 4-H Planning Committee:

In each 4-H Club a girl was appointed to act as leader in the group to find out what projects the girls wanted to take next year. One planning meeting was held in seven clubs. A county-wide planning meeting was held with 5 clubs represented. Only 2 club leaders attended. The group planned the 1952 project programs and discussed them in the clubs in the fall.

D. 4-H County Councils:

The Council, with a membership of 41, held two county Council meetings for the purpose of planning for the 8 clubs.

All officers were elected at the first meeting and a "Plan of Work" sheet was set up for the president to use in conducting the meetings. The year's work month by month was set up on the sheet.

The Council also helped to sponsor the 4-H Achievement program.

E. County 4-H Honor Clubs:

The members of this organization are outstanding club members who have completed 1 years of club work. There are 24 members on roll. The club held 2 meetings during the year. One was a recreational meeting and a guest speaker was the main program at the other meeting.

The Honor Club as a group purchased a blackboard for public use at the Victoria Community House. The club members helped to collect record books and helped with demonstrations.

F. Others:

The Home Demonstration Agent and Home Economics teachers in the county worked together on programs of interest to county people. In so doing they correlated rather than duplicated.

X. Leadership.

A. Contribution of Volunteer Leaders to the Program:

1. Organizational Leaders:

These leaders were most sincere in their efforts and duties toward the clubs. There are 52 leaders and they were held responsible for the success of a well conducted program each month. They prepared materials with the agent's help and held very business-like monthly meetings. Whenever the agent was unable to attend each

leader took the responsibility to see a report of the meeting was sent to the agent by someone.

Each leader improved during the year in leadership, parliamentary procedure and in planning.

2. Program Development Leaders.

The leaders were trained on their duties and how to help plan a program. They held two discussions in monthly club programs. They helped to make plans for the 1952 program. By this method of planning a program the club members here found they got a program of work they like.

3. Subject Matter.

Outstanding leadership was displayed by the subject matter leaders. Leaders gave demonstrations after they were trained on Home Furnishings, Food, Handicraft and Art.

Training was given to these leaders by extension specialist and agent on the subject demonstrations in the 1951 program. The subject matter leaders have carried information to non-club members. These leaders have given radio talks, collected records, and planned exhibits. It was reported that leaders in two clubs gave excellent demonstrations during 1951. They have improved to the point that if trained and given material to study they enjoy giving the demonstrations and the members enjoy watching and learning things taught by fellow club members.

B. Growth of H. S. Club Project Leadership:		1948	1949	1950	1951
No. project leaders and goal chairmen		4	115	124	106
No. training meetings held By	Specialist	5	8	6	5
	By Agent	8	7	5	14
Attendance at all training meetings		180	100	106	179

Growth of H. B. Club Project Leadership				
No. club meetings held by leaders without agent present	1948	1949	1950	1951
	10	21	35	49
No. additional club meetings at which leaders assisted	99	86	103	89
Growth of 4-H Club Project Leadership				
No. adult project leaders	1948	1949	1950	1951
	4	13	24	21
No. junior project leaders	6	14	26	25
No. training meetings held by specialist by agent	9	2	2	2
			11	9
Attendance at leader training meetings	2	18	21	36
No. 4-H leaders trained individually	0		5	7
No. club meetings held by leader without agent present	10	13	9	24
No. additional club meetings at which leaders assisted	37	45	63	42
No. demonstrations given by Leaders by adult by junior	12	18	27	34
	0 Apr 32	32	21	10

G. Activities of Leaders

Mrs. W. T. Estes, 4-H Club leader for the Plymouth Club has been a faithful and most sincere leader for approximately 18 years. The girls in the club carried 3 projects during 1951. Mrs. Estes was instrumental in having 9 demonstration meetings without the agent. Materials and demonstration information were given to her and she held additional club meetings so the club members would have more interest in the work. She helped them to have a club tour to see project work of club members at their homes.

Mrs. Estes always put forth a great effort to help in money making activities for the club such as food sales, music entertainment activities, lawn parties and club supplies. She helped in order to have money to help club members attend Short Course and Camp. This past year 8 club

Members attended Short Course, a camp or Electrification Congress and each one had a part of the expenses paid.

The Plymouth 4-H Club had several special club entertainments for members and their friends. The groups had a hay-ride and picnic supper. The Christmas party was quite an affair. The members played games, sang songs, prepared 7 baskets for needy people and delivered them, exchanged gifts among themselves and enjoyed the party planned and carried to success by their leader.

1951 has been a profitable year for the Plymouth 4-H Club and Mrs. Estes deserves the credit.

XI. Work in Cooperation With Other Agencies.

1. The Health Unit.

The March of Dimes, Cancer drive and T.B. Clinic, Red Cross and others.

The club members participated in these programs through committees. They also discussed these at club meetings and helped whenever possible.

The agent distributed sheets on the Free Mass X-Ray clinic conducted in the county. Through the clubs, the people tried to help to get every individual X-Rayed.

XII. Appraisal of Year's Work.

The 1951 Extension program, both Home Demonstration and 4-H, has given the rural people of Lunenburg County the time for learning new and improved practices. The program as a whole has helped the people to an extent of greater appreciation for the better qualities of living and enjoying everyday life.

The development of the individual and county as a unit has strengthened life in the communities. The improvement of the family life is foremost in the minds of the people.

The women certainly displayed cooperation and much interest in every project undertaken.

The progress has given individuals an opportunity for self expression and development of skills and talents which is a great contribution in improving better living and people.

The 1951 Extension program satisfied the desire for participation in club, community, county and State issues.