

D. GETTING LEADERS FROM SEVERAL CLUBS TO ATTEND LEADER TRAINING MEETINGS

There are a few clubs whose leaders do not realize the importance of attending leader training meetings. It is hoped this will be overcome this year through the score card for judging individual clubs set up in the Year Book. Agent is stressing the importance of this phase of the program.

E. NEED FOR MORE COOPERATION AND COORDINATION BETWEEN FARM AND HOME AGENTS

The home agent plans to keep the farm agent better informed on home demonstration activities, solicit his cooperation in putting across programs having a farm and home approach.

Keep him informed as to when the different specialist will be in the county and for what and hope for better cooperation and coordination of agents and their programs. Have better cooperation of agents in following through on 4-H and other projects.

F. NEED FOR BETTER PUBLICITY

No local paper - have to depend on Charlottesville, Scottsville and Louisa papers for coverage. Need photographic coverage.

XII. PLANS FOR COOPERATING WITH OTHER EXTENSION AGENTS TOWARD A UNIFIED COUNTY EXTENSION PROGRAM OR SOME PHASE OF EXTENSION PROGRAM

A. COUNTY AGENTS

The agent will continue to plan with the county agents in developing and carrying out 4-H programs involving boys and girls activities or girls taking agricultural project. Special 4-H club activities will also be worked jointly.

The agent will solicit the cooperation of the county agents in all phases of the home demonstration program that their assistance would make for a better program.

Such county-wide programs as Installation of Water Systems, Pest Control, Gardening and Home Grounds Beautification Projects or programs that develop throughout the year.

The agent will try to keep the county agents better informed on the home demonstration clubs and agent's activities and urge them to keep the home demonstration agent better informed on activities and programs that would make for a more unified Extension Program in the county.

XIII. PROBLEMS IN CARRYING OUT EXTENSION PROGRAM IN COUNTY

A. INADEQUATE FACILITIES FOR HOLDING COUNTY MEETINGS

No public auditorium or building available for large county-wide meetings. School auditorium is used from time to time but limited to night meetings or very important meetings during summer months. Home demonstration clubs have to pay for use of high school cafeteria when used.

The County Courthouse is available at times but too small for large audiences. The new Wilmington Community House is off center of county, but it can be used for fairly large groups.

B. INADEQUATE SHOPPING FACILITIES

Only country stores available, stock very limited.

Agent has to go to Charlottesville twenty miles distance (one way) for equipment and supplies.

C. NEED FOR MORE 4-H LEADERS

It is hoped that with the home demonstration clubs stressing 4-H leadership again this year, there will be a great improvement in community 4-H adult project leaders. Each club is to have one or more 4-H leaders.

XI. PLANS FOR PROFESSIONAL IMPROVEMENT

A. ORGANIZED STUDY

The agent expects to attend the In-Service Training School at V.P.I. February 14 to 26.

B. READING PROFESSIONAL BOOKS AND OTHER PUBLICATIONS

The agent reads the Home Economics Journal, Extension Service Review, What's New in Home Economics, Agricultural Leader's Digest, and other books and pamphlets of professional and subject matter interest.

The agent reads two daily papers, three weekly papers and Time Magazine. She also reads articles of interest from nine magazines of interest to farming and homemaking.

C. MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

The agent is an active member of the State and National Home Demonstration Agents Organizations.

She is recording secretary of the Virginia Home Demonstration Agents Association.

The agent belongs to Epsilon Sigma Phi.

She is also an active member of the Virginia Home Economics Association and attends these meetings. also Nat'l H E - Assoc -

D. PARTICIPATING IN PROGRAMS AND WORKSHOPS PLANNED BY OTHER ORGANIZATIONS

The agent attends P.T.A. programs, Daughters of the American Revolution, Red Cross programs and workshops. She is active in church sponsored programs and projects sponsored by community groups.

The agent participates as much as she can in health group programs.

E. PLANNED EDUCATIONAL TRIPS

The agent is planning a trip to the West Coast next Fall that will include visiting points of interest throughout the West and attending the National Home Demonstration Agents meeting in Seattle, Washington.

there is a need.

Their cooperation will be solicited and the agent will cooperate with them in carrying out a well rounded county program.

D. COMMERCIAL INTEREST

The agent will strive to continue the good public relations with commercial groups, solicit their cooperation and assistance in carrying out a better overall program.

E. OTHER PROFESSIONAL WORKERS

The agent will continue to maintain the professional interest and friendly relations with this group and stand ready to assist them in anyway possible and request their cooperation when needed.

The agent will attend all professional workers councils, and seek to have a better understanding of each member's program and the group feel that she is ready at all times to do her part in promoting a well coordinated program to make for better living for the farm families of Fluvanna County.

X. PLANS FOR RECORDING PROGRESS AND EVALUATING PROGRAM AS PLANNED FOR 1955

- A. Keep records that can be used in evaluating work. Simple pertinent questions will be given club members so their answers will give the information needed to check on purpose and objectives set up in program.

Some evidences the agent will look for are:

1. Changes in attitudes
2. Pride of accomplishments
3. Appreciation
4. Changes in practices
5. Do they have more leisure time or time to devote to other activities?

B. Monthly and Annual Reports

1. Plan for accuracy in annual report

C. Monthly and quarterly check on progress

1. Check results against objectives

D. Compare attitudes to program

E. Leadership developed

E. WELFARE DEPARTMENT

The agent will continue to work closely with this department giving assistance on nutrition, child welfare and family relation problems, and will seek the cooperation of this department when circumstances indicate it advisable.

F. RED CROSS

The agent will continue to cooperate with the local Red Cross Chapter promoting fund drives and various other Red Cross projects, and solicit the cooperation of the local chapter when occasions arise.

Several of the clubs are planning First Aid Class under the Red Cross Program as a Civil Defense measure.

G. GARDEN CLUB

The agent and home demonstration clubs will continue to work with the Garden Clubs in home, community and highway beautification projects, help obtain speakers for programs, etc.

Mrs. T. J. Loving, a most capable home demonstration member, is president of one of the Garden Clubs. She also is county federation goal chairman and doing an excellent job.

IX. PLANS FOR DEVELOPING GOOD PUBLIC RELATIONS IN COUNTY WITH:

A. ELECTED REPRESENTATIVES

The agent will strive to keep the confidence and good will of the elected representatives of the county and to keep them informed of the high type of program sponsored by the Extension Service.

Monthly reports will be given at meetings of the Board of Supervisors.

B. GENERAL PUBLIC

The agent will try to promote the type of program that will attract and hold the interest of the general public, maintain a friendly and cooperative attitude with the general public, have general public realize that the Extension is for all peoples and not a particular group, and that the Extension Program is set up on the principals of, for, and by the people.

C. CO-WORKERS

The agent will continue to work closely and cooperatively with co-workers to maintain the good friendly and professional relationship that now exists and try at all times to make this relationship stronger.

Weekly staff conferences will be held and special conferences when

VIII. PLANS FOR WORK WITH OTHER AGENCIES

A. HOME ECONOMIC TEACHER

The agent will continue to work with the home economic teacher in all programs of mutual interest and for a more uniform, coordinate program in the county.

The present home economic teacher is a former home demonstration agent and is a member of the home demonstration club, serving as president until she took the teaching job. She is very cooperative and the agent is looking forward to working cooperatively with her.

B. CHURCHES AND MINISTERS

The agent will continue to cooperate with church groups when called upon for assistance in redecorating, landscaping, planning for special dinners, etc.

The agent is an active church member, serving as clerk.

Rural Life Sundays will be held in the various churches. The ministers will be asked to cooperate.

C. SCHOOLS

The agent will continue to work through 4-H and home demonstration clubs to improve school attendance and health of school children, assist in lunch projects and food preservation.

The agent will continue to seek the cooperation of the school superintendent, Director of Instruction, and school teachers in helping to put across a more effective Extension Program in the county.

D. HEALTH

The agent and club members will continue to cooperate with the county health unit in all phases of its program, and will solicit the cooperation of the health unit personnel in making a more healthful Fluvanna citizenry.

County Health Director and Nurse will assist agent with Weight Control Program.

The home demonstration clubs will continue the drive to control Bangs Disease.

Several home demonstration clubs are planning First Aid programs. County nurse will be asked to assist in Civil Defense Programs, and overweight and other health programs.

	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>	<u>Goal</u> <u>1955</u>
B. 4-H CLUB					
No. 4-H Club Officers	40	36	40	36	36
No. adult project leaders	10	16	19	14	14
No. junior project leaders	20	10	14	10	15
No. result demonstrators	-	5	-	2	10
No. meetings at which leaders were trained by specialist	-	-	-	0	0
No. meetings at which leaders were trained by district agent	-	-	-	0	0
No. meetings at which leaders were trained by agent	5	5	3	8	4
No. meetings at which leaders were trained by personnel in 4-H Department	-	-	1	0	1
Attendance at leader training meetings	48	43	25	83	75
No. 4-H leaders trained individually	10	16	19	15	12
No. club meetings held by leaders without agent present	24	48	37	43	60
No. club meetings at which leader assisted	-	-	-	8	12
No. demonstrations given by adult leaders	30	36	35	52	75
No. demonstrations given by junior leaders	22	22	27	15	45
C. YOUNG MEN AND WOMEN'S CLUBS	2	2	2	0	1
Number of club officers	4	4	0	0	4
No. adult leaders or sponsors	2	2	0	0	2

for cooperation of the group in carrying out a better overall county-wide Extension Program.

F. COUNTY 4-H PROJECT PLANNING COMMITTEE

(See page 17)

G. PROFESSIONAL WORKERS

The Professional Workers Council will have meetings from time to time to discuss, plan and carry out county-wide programs and to keep the various departments informed on changes in policies, programs, etc.

One such program will be a Rural Life Program which includes all professional workers and county ministers.

The Water System Project is also work through all agencies.

III. PLAN FOR LEADERSHIP

A. HOME DEMONSTRATION	1951	1952	1953	1954	Goal 1955
No. Project Leaders (subject matter)	144	166	229	182	190
No. Federation Goal chairmen	14	13	12	13	14
No. program development leaders	14	12	11	12	13
No. of result demonstrators	14	13	11	3	6
No. meetings at which leaders were trained by district agents	2	1	1	1	1
No. meetings at which leaders were trained by specialist	8	8	6	5	6
No. meetings at which leaders were trained by agent	12	11	5	7	5
Attendance at training meetings	229	264	184	178	200
No. club meetings held by leaders without agent present	54	50	55	50	60
No. club meetings in which leaders assisted	-	-	-	14	10
Total number of demonstrations given by leaders	144	117	113	144	130
Total number of talks or discussion by leaders	-	205	242	152	165

C. COUNTY 4-H COUNCIL

1. Objectives:

- a. Plan general meetings.
- b. Plan Achievement Day and tours.
- c. Plan for 4-H participation in Fair.
- d. Have council set up 4-H project planning committee.
- e. Set up county goal, decide when and how goal will be checked.
- f. Plan and carry out county-wide recreation programs.

2. Procedure:

- a. Have at least 2 meetings a year.
- b. Call meetings of Executive Committee.
- c. Encourage officers to take more responsibilities.

D. COUNTY ALL STARS

1. Objectives:

- a. Make goal recommendations for 4-H work.
- b. Sponser special programs.
- c. Assist agents in project work. Serve as leaders, help with records, including contest winners.

2. Procedure:

- a. Agent work more closely with All Star group.
- b. Assist in working out plan of work for group.
- c. Assist in programs.
- d. Solicit help of All Stars in carrying out county 4-H programs.

E. COUNTY YOUNG MEN AND WOMEN'S BOARD (See page 20)

It is hoped that a Young Men and Women's Group will materialize and a constructive program of work can be worked out that will provide

V. SCOPE OF WORK

A. ORGANIZATION	1951	1952	1953	1954	Goal 1955
Number of home dem. clubs	14	13	12	12	13
Membership	305	339	302	320	330
Number of 4-H clubs	10	9	10	9	9
Membership	152	147	153	133	150
No. young men & women's clubs	2	2	2	0	1
Membership	70	65	40	0	25

VI. PLAN FOR USING THE FOLLOWING ORGANIZATIONS TO STRENGTHEN THE EXTENSION PROGRAM IN 1955

A. COUNTY HOME DEMONSTRATION COMMITTEE

1. Objectives:

- a. Home Demonstration Committee to be an active organization holding two meetings a year - spring and fall. Each meeting preceded by a meeting of the Executive Committee. A call meeting of the Executive Committee will be held whenever anything comes up to make it advisable.
- b. Strengthen and expand home demonstration program.
- c. Make and carry out county program including county-wide objectives.

2. Procedure:

- a. Encourage clubs to elect capable women as officers and chairmen.
- b. Have committee members actively participate in meetings following through by taking back information and programs set up by the County Committee.
- c. Follow through on club level.

B. COUNTY BOARD OF AGRICULTURE

The County Board of Agriculture has not been set up. The agent has talked with the county agent regarding this, but he wants to get more information from the District Agent before setting up organization.

The agent feels this will be a definite step forward and will greatly strengthen the over all county Extension program.

- (5) Have one or more county-wide 4-H parties.
- (6) 4-H clubs sponsor annual Brunswick Stew for recreation and money making project.

IV. YOUNG MEN AND YOUNG WOMEN'S WORK

A. Program Areas

We are just in the planning stage for the Young Men and Women's organization. The agents have had a conference with Dr. Duncan, Youth Specialist, and decide to have a meeting of some of the key young people in the county and see if they want such a group, etc. This is planned for January 12th. with Dr. Duncan attending the meeting.

Home Demonstration Program geared to Young Homemakers --

In setting up the home demonstration program the planning group recognized that more and more young homemakers were coming into the home demonstration clubs and this greatly influenced them in setting up the 1955 program.

1. Objectives:
 - a. To reach more young homemakers in the home demonstration program.
 - b. Help organize Young Men and Women's Group.
 - c. Help group work out an interesting program calendar.
2. Procedure:
 - a. Make a special effort to get young homemakers in all home demonstration clubs.
 - b. Make home demonstration program interesting to young homemakers.
 - c. Work more closely with Young Men and Women's Group if organized.
 - d. Give special recognition to young homemakers serving as leaders.

B. ACTIVITIES

1. Encourage members to attend Youth Camp at Virginia Beach and Institute of Rural Affairs.
2. To sponsor some project that will tie in with county program.
3. Have members accept leadership responsibilities.
4. Encourage members to participate in Fair.

- (2) Programs will be given on judging to teach members how to select products for exhibit.
- (3) Plan more and better special activities.

6. Camps

a. District Camp - Holiday Lake

Club members will be encouraged to attend camp at Holiday Lake.

Home demonstration clubs will finance a club member to camp who otherwise could not attend.

b. Conservation Camp

It is hoped that Fluvanna will have her quota at Conservation Camp.

7. Short Course

It is hoped that the county quota will be met in sending girls to Short Course.

Since the 4-H clubs have "Money in the bank", a plan may be worked out to help finance members going to Short Course.

8. Recreation Program

a. Objectives:

- (1) To make 4-H programs more attractive and self satisfying.
- (2) To learn to lead recreational activities as well as to follow.
- (3) To make friends by participating in recreation groups.

b. Procedure:

- (1) To elect recreation and song leaders in each group.
- (2) Agent assist leaders.
- (3) Have more singing and games in regular 4-H meetings.
- (4) Encourage recreation meetings on community level under the direction of adult and junior leaders.

3. Club Contest

a. Objectives:

- (1) Greater participation in contest.
- (2) To arouse interest and desire for greater achievement in project work.

b. Procedure:

- (1) Agent will train leaders in contest work so they will have a better understanding of requirements and can render greater service to girls and agent.
- (2) Leaders will inspire and help girls to reach higher standards.
- (3) Have contest eliminations in each community group.
- (4) When winner is chosen all members will help her get ready for county contest.

4. Rural Life Sunday

a. Objectives:

- (1) To encourage club members to become church members and support the churches and Sunday Schools.
- (2) To have members join with friends in praising and worshipping God.

b. Procedure:

- (1) To observe Rural Life Sunday set up as a County-wide goal.
- (2) Local leaders and club members work out their program to fit in with the community situation.
- (3) The agent will furnish materials and give suggestions.

5. County Fair

(See page 11 for regular objectives and procedures).

a. Objectives:

- (1) To get more L-H members to exhibit.

b. Procedure:

- (1) Solicit the cooperation of the teachers and leaders in getting products ready for the Fair.

- (1) To strengthen club work through an active 4-H council.
- (2) Have at least two meetings a year -- Spring and Fall.
- (3) Have more truly membership planning and execution of plans for all club activities.

b. Procedure:

- (1) Council meetings will be preceded by council executive meeting to plan for council program and serve as steering committee.
- (2) Club officers will attend the meetings and actively participate in all council meetings.
- (3) Follow through with respective groups after attending council meetings.

2. 4-H Planning Group

a. Objectives:

- (1) To have club members recognize the projects that would interest and benefit the majority of members, and select, plan and carry through with a good 4-H project program.

b. Procedure:

Having the experience of the 1954 and part of the 1955 programs, it is believed that a change will have to be made in our program planning. For the past two years projects have been selected to interest boys and girls. These exclude the home economics projects that are important to the girls. The membership has decreased each year.

- (1) Members will be appointed or selected from each club to attend meeting.
- (2) Outstanding old club members will be asked to attend.
- (3) Adult leaders will also attend and assist.
- (4) This group will select major projects to be had during school year.
- (5) They will set up county-wide objectives in cooperation with county council.

4. Clothing III - "So You'd Like to Sew"

This project to be conducted in community groups with adult or junior leaders.

a. Objectives:

- (1) To create interest in young members learning to sew.
- (2) Get members started in sewing by equipping sewing box, get use to thimble and making simple articles.

b. Procedure:

- (1) Girls will get together in community or neighborhood.
- (2) The agent will train the leaders.
- (3) Getting ready - equipping sewing box.
- (4) Make wrist pin cushion.
- (5) Make needle case.
- (6) Learn to straighten material.
- (7) Cut and make simple articles - such as towels, mats, aprons, etc.
- (8) Make stuffed toy.

It is hoped that some of these groups will continue on the yearly basis and the girls will advance into Make or Remake when they are ready.

5. Miscellaneous

Older girls will continue with Clothing, Home Improvement, Food Preservation and Preparation projects.

The objectives and procedures of these projects have been set up in past years.

Home Demonstration club women will be trained by the agent to give these girls the guidance needed.

B. OTHER 4-H CLUB ACTIVITIES

1. County Council

a. Objectives:

3. Farm and Home Electric Project

This project will be conducted through the cooperation of the Agriculture and Home Economics Teachers of the Fluvanna County High School, and the local power supply company engineer and home service director.

This will be limited to eight grade students except those in the high school who are taking the advanced unit.

a. Objectives:

- (1) To develop interest in electrical methods and equipment used on farm and in the home.
- (2) Develop and determine more practical improvements.
- (3) To acquire a working knowledge and skill in the most effective and profitable use of electricity on the farm and in the home.
- (4) To develop plans for using electricity and electrical equipment more efficiently in the improvement of farm, home and community.
- (5) To help others to acquire knowledge and skill in improving farm and home methods and raising standards of living in community.

b. Procedure:

- (1) This project will be taught by the agricultural engineer and home service director from the Virginia Electric and Power Company.
- (2) Subject matter, illustrative materials obtained from V.P.I.
- (3) The following programs will be given:
 - (a) Movie - History of electricity.
 - (b) Fuses and their uses.
 - (c) Cords.
 - (d) Better Lighting in the Home.
 - (e) Care of Electrical Equipment.
 - (f) Tour of Electric Plant at Brems Bluff.
 - (g) Records - Explain and show how to fill out.

- (a) Transplanting Shrubs
 - (b) Plant Exchange
 - (c) Cooperate with Virginia Plant Conservation Program
- (3) Community Clean-Up Campaign
 - (4) Develop a Wayside Picnic Area
 - (5) Visit homes of improved grounds and community project
 - (6) Put up road signs at entrances of county

2. Health and Safety

Taken by boys and girls of the grade school clubs.

This project was selected as a follow-up of last year's, "Looking Your Best" project.

a. Objectives:

- (1) To appreciate and understand that safety work leads toward the basic objectives of 4-H club work.
- (2) Realize the importance of getting rid of rats, mice, and other household pest.
- (3) Learn the proper disposal of trash and garbage.
- (4) Learn simple first aid - insect bites, poison ivy, etc.
- (5) Learn how to equip and use home medicine cabinet.
- (6) Learn work of county Health Department.
- (7) To recognize and do away with safety hazards.

b. Procedure:

The following club programs will be held:

- (1) Control of rats, mice and household pest.
- (2) Disposal of trash and garbage.
- (3) Simple first aid - insect bites, poison ivy, etc.
- (4) Home Medicine Chest - What to put in it and its uses.
- (5) Have exhibit of articles made or assembled in project.
- (6) Demonstrations by club members.

III. 4-H WORK

A. PROJECT WORK

A program planning meeting was held during the summer with representatives of the county 4-H clubs present, including girls and boys, also adult leaders. This group selected the two major projects to be taken jointly during the school year.

They also set up the county-wide goals.

1. Home Grounds Beautification

Project taken by all club members - boys and girls.

a. Objectives:

- (1) To develop leadership and achieve the broad 4-H objectives of character and effective citizenship.
- (2) To gain a knowledge of plants and their artistic uses.
- (3) To learn how to correctly plant and care for grasses, flowers, shrubs and trees for beauty and to control soil erosion.
- (4) To make home surroundings more attractive, to provide an area for family recreation and outdoor living.
- (5) To develop a pride and joy in rural homes.
- (6) To develop happy family relationships through working with other members of the family in beautifying the home grounds.

b. Procedure:

The bulletin, "Designs of the Home Grounds" will be used.

The high school club have developed the following plan of work:

- (1) Designing the Home Grounds (Dec., Jan., Feb.)
 - (a) Survey of Home Grounds
 - (b) Landscape Map
 - (c) Planting Plan
- (2) Planting (March, April, May)

b. Procedure:

- (1) Enlarge and strengthen fair committee (appointed by County Home Demonstration Committee.)
- (2) Urge greater participation in the Fair.
- (3) Continue the fine cooperation between school officials and personnel and commercial firms.
(Schools are closed for the Fair and teachers help in preparing exhibits and other phases of Fair activities.)
- (4) Junior Garden Club to continue their exhibit.
- (5) Plan more and better special activity programs.

5. Home Demonstration Kitchen *

a. Objectives:

- (1) To make the kitchen more efficient.
- (2) To make kitchen more attractive.

b. Procedure:

- (1) Kitchen has been painted by home demonstration women.
- (2) Cabinet made by home demonstration women.
- (3) Stove moved by electrician.
- (4) Board of Supervisors provided money to buy supplies, paid electrician, etc.
- (5) The Bybee Club will make curtains and dish towels.
- (6) Linoleum bought for floor.
- (7) Small equipment to be purchased.
- (8) Each club will buy two folding chairs (24) to be used for leader training and other county home demonstration meetings.

2. Overweight Program *

No overweight group has been scheduled to date, but there is continuous requests for individual assistance in losing unwanted pounds. The 1954 program was quite successful and the agent will continue this program on individual and group level when there is sufficient interest.

3. Achievement Day

a.) Objectives:

- (1) To have an appropriate culminating activity to the year's program.
- (2) Have women get a better picture of overall program.
- (3) Have more women of different clubs know each other.

b. Procedure:

- (1) An Achievement Day Committee has been appointed to work out plans for the Achievement Day Program.

4. County Fair

The County Fair is no longer sponsored entirely by the Agricultural Professional Workers. A Board of Directors and other county fair officers has been set up. The Professional Workers serve in an advisory capacity.

Home Demonstration women represented on Board of Directors, ~~and~~ Fair Committees for women and girls' departments set up by home demonstration membership.

Home demonstration women volunteered to solicit advertisements for catalogue in 1955.

a. Objectives:

- (1) To teach higher standards through exhibits.
- (2) Give opportunity for recognition for good quality work.
- (3) Provide reward for good work done.
- (4) Provide inspiration for greater achievement.
- (5) Provide opportunity, county-wide cooperation to achieve success.

- (c) Leaders attend training meetings, assist girls in community groups or individually in project instruction.
- (d) Leaders to help girls with records.
- (e) Recognize leaders for their contribution.

g. Increase Home Demonstration Membership.

(1) Objectives:

- (a) Increase membership of already organized clubs.
- (b) Promote better attendance of clubs.
- (c) Reactivate two "sluggish" clubs.
- (d) Try to organize one or more new clubs.

(2) Procedure:

- (a) List non-members living in community.
- (b) Assign ones on list to various club members to encourage them to become members, bring them to meeting.
- (c) Make a special effort to get old members who attend poorly to become more active.
- (d) Have interesting well planned and executed programs.

h. Continue Support of Bookmobile Service

(1) Objectives:

- (a) To provide information, inspiration and recreation by encouraging the love of good reading.
- (b) To make library service available to the people of the county.
- (c) Encourage club members to read five or more books from the approved list.

(2) Procedure:

- (a) Each club will have a library chairman to keep the members informed on Bookmobile schedule, books available, etc.

(2) Procedure:

- (a) Each club to cooperate.
- (b) Members from each club who enjoy singing will be asked to join county-wide group.
- (c) Group to be trained by local qualified persons.

e. Hold Officer Training Meetings

(1) Objectives:

- (a) To have better informed and trained officers that they may better serve the home demonstration clubs and other organizations.

(2) Procedure:

- (a) Leader training meetings for the club presidents, vice presidents, secretaries, treasurers and program development chairman will be held. The training given by the agent.

f. Each Club to provide 4-H helpers.

(These may be sponsors, project leaders or persons assisting in transportation, etc.)

(1) Objectives:

- (a) To have home demonstration women realize the need for community 4-H leaders.
- (b) Have leaders recognize the contribution they can make to girls and community.
- (c) Increase enrollment.
- (d) Make for better project work.
- (e) Provide transportation for county-wide and other meetings.

(2) Procedure:

- (a) Have two or more home demonstration women in each club serve as 4-H project leaders.
- (b) Have leaders list children within 4-H age in their community, star those that are members, and urge others to join.

- g. Home demonstration club will solicit the cooperation of all groups in the county in carrying out this project.
- h. Tour will be conducted to see improvements.
- i. Home demonstration clubs will cooperate with the Anti-Litterbug Campaign.
- j. Home demonstration clubs will sponsor a movement to establish community dumps (very badly needed in this county).

C. OTHER ACTIVITIES

1. Club Objectives or Goals

- a. Try to provide community dumps.) See Federation
- b. Cooperate with Anti-Litterbug Campaign.) Goal.
- c. Observe Home Demonstration Week.

(1) Objectives:

- (a) To publicize the home demonstration program.
- (b) Increase membership.
- (c) Provide inspiration and interest.

(2) Procedure:

- (a) Individual clubs will be asked to put on special programs, tours, exhibits, etc. either during National Home Demonstration Week or the month of May.
- (b) County Home Demonstration Committee to have county wide meeting, tour or exhibit set up in central location.

d. Promote County Home Demonstration Chorus *

This project was started in 1954, but not much headway was made.

(1) Objectives:

- (a) To encourage people to sing.
- (b) To develop appreciation for good singing.
- (c) To have group trained to sing not only for their own pleasure, but to sing for special programs, etc.

B. FEDERATION GOAL

✕ Home Grounds Beautification (2nd. year)

1. Objectives:

- a. To make homes and grounds more attractive and useful.
- b. To promote individual and community pride.
- c. To conserve wildlife.

2. Procedure:

- a. The same county chairman was elected for the second year, so she could continue the excellent project started in 1954.
- b. Same women will serve on club level in most cases.
- c. Program of work developed as follows:
 - (1) Designing the Home Grounds (December, January, February)
 - (a) Survey of Home Grounds.
 - (b) Landscape Map.
 - (c) Planting Plan.
 - (2) Planting (March, April, May)
 - (a) Transplanting shrubs, etc.
 - (b) Plant Exchange.
 - (c) Cooperate with Virginia Plant Conservation Program.
 - (3) Community Clean-Up Campaign (June, July)
 - (4) County tours of improved home grounds, gardens and community project (September, October)
- d. The Booklet, "Design of Home Grounds" by A. G. Smith will be given to club chairman, also families doing project as a result demonstration.
- e. Other bulletins on transplanting and care of shrubs will be used.
- f. Club chairman will present program and assist members.

(2) Procedure:

- (a) Leaders trained by specialist.
- (b) Leaders teach respective club members.
- (c) All day meetings will be held to provide for better workmanship.
- (d) Members report on number of articles made.

7. Garden and Small Fruits

a. Objectives:

- (1) To stimulate greater interest in home production of food.
- (2) Produce better vegetables.
- (3) Control insects and diseases.

b. Procedure:

- (1) Each club to have garden leader.
- (2) Leaders trained by specialist.
- (3) Leaders provided with garden manuals, also monthly garden news letter.
- (4) Leaders keep club members informed on garden practices, seeds, insecticides, etc.
- (5) Each club to have garden tour and select the best garden.
- (6) A county-wide tour will be made visiting the best gardens in each club.
- (7) The county winner will be selected from this group. A specialist will be asked to do the final judging.

8. Miscellaneous

a. Club Choice

Two months have been set up as Club Choice. August is the month the clubs have some form of family and community recreation or an educational tour.

November - Each club will decide what they want for the club program.

(d) Members study meat charts to learn from what part of the animal the various cuts come, thus knowing what method of cookery to use.

(e) Members report on effectiveness of program.

5. Standards in Judging Fair or Other Exhibits

a. Objectives:

- (1) To know good workmanship.
- (2) To recognize qualities of perfect products.
- (3) To improve individual workmanship.
- (4) If product is below standard, teach women the probable reasons for the defects and how they can be improved.

b. Procedure:

- (1) Leaders trained by agent - using score cards, set up by the different specialists.
- (2) Leaders will be asked to bring various products to be judged.
- (3) Leaders give program in clubs.
- (4) Members will be asked to bring products to be judged.
- (5) Members report on result of programs.

6. Handicraft

a. Basket Making

(1) Objectives:

- (a) To teach women to make attractive, functional baskets for themselves and for gifts.
- (b) To provide enjoyment and pleasure derived from "creating".
- (c) Save money.
- (d) Teach standards of good design and workmanship.

4. Foods

a. Emergency Meals from Farm Products

(1) Objectives:

- (a) Teach women to plan for emergency meals from farm products by making up menus and providing supplies on pantry shelf or in freezer.
- (b) Make it possible to serve family and guests quick, nutritious meals.
- (c) Save wear and tear on homemaker when emergencies arrive.
- (d) Provide the necessary time for homemaker to participate in activities outside the home.

(2) Procedure:

- (a) Leaders trained by specialist.
- (b) Leaders give demonstrations in clubs.
- (c) Members provided with mimeographed menus and recipes.
- (d) Members report on effectiveness of program.

b. Meat Cookery

(1) Objectives:

- (a) Teach women how to cook various cuts of meats to make it more tasty and nutritious - including methods and temperatures.
- (b) Teach new recipes.
- (c) Teach meat carving.

(2) Procedure:

- (a) Leaders trained by specialist.
- (b) Leaders give demonstrations in clubs.
- (c) Members given supplemental mimeographed material on meat cuts, methods and recipes.

- (c) Members to report new equipment purchased and whether or not programs proved helpful.

2. Household Pest Control

a. Objectives:

- (1) To stop the destruction caused by household pests.
- (2) Create a more healthful, sanitary environment.
- (3) To learn about insecticides, the kinds, their special uses, and safety practices to be followed.

b. Procedure:

- (1) Leaders trained by specialist.
- (2) Leaders give programs in clubs.
- (3) Members given supplemental mimeographed materials.
- (4) Clubs cooperate with county-wide objective to help provide community dumps.
- (5) Members report on effectiveness of program.

3. Garden Pest Control

a. Objectives:

- (1) To get the maximum production from gardens by carrying out a planned program in insect and other garden pest control.
- (2) To learn about insecticides, how to use them safely and effectively.

b. Procedure:

- (1) Leaders trained by specialist.
- (2) Leaders give program in clubs.
- (3) Members given supplemental mimeographed materials.
- (4) Members report on effectiveness of program.

(c) Members asked to report results of program in their situation.

b. Homemakers Business Center

(1) Objectives:

- (a) To teach club members to keep records -- type of records to keep, etc.
- (b) Provide space for planning and keeping accounts.
- (c) Report on number centers set up.
- (d) Tours to see "set up centers" in homes.

c. Better Laundry Methods

(1) Objectives:

- (a) To create the desire for better equipment.
- (b) Teach women better methods of laundrying, removing spots, etc.
- (c) Members be brought up-to-date on the handling of new fabrics, finishes, etc.

(2) Procedure:

- (a) Leader training by specialist.
- (b) Leaders to give demonstrations in clubs.
- (c) Members will be provided with supplemental mimeographed materials.
- (d) Members report on results.

d. Better Ironing Methods

(1) Objectives:

- (a) Create desire for better and more efficient ironing equipment.
- (b) Teach techniques of ironing.

(2) Procedure:

- (a) Leaders trained by specialist.
- (b) Leaders give demonstration in clubs.

1955 PLAN OF WORK

Katherine T. Onohundro
Home Demonstration Agent
Fluvanna County

I. COUNTY SITUATION CONSIDERED IN DEVELOPING THE 1955 PROGRAM

Fluvanna County is a small strictly rural county, 285 square miles, with a population of 7128.

The chief source of income is from the farm with a limited amount of off farm employment.

The people are interested in educational, cultural and religious activities. As a whole they maintain an average standard of living. They are ambitious and constantly alert to ways and means of continuing to grow.

There has been a continuous influx of new people into the county. Many of these homemakers have enrolled in home demonstration and 4-H clubs. It is from this group that many requests come for assistance.

More and more young homemakers are coming into and taking an active part in the program.

In setting up the 1955 Program, the planning group kept in mind the turn over in population and that the clubs were reaching young homemakers who need more guidance in home management.

The past two years of extended drought also made them more conscious of the need for greater gardening effort including management.

II. ADULT PROGRAM

A. SUBJECT MATTER FIELDS

1. Home Management - Major - 4 programs

a. Planning to Save Time and Energy in Housekeeping

(1) Objectives:

- (a) Create the desire for more efficiently planned and run homes.
- (b) Teach women ways and means of conserving time and energy through better equipped homes and more efficient use of time.

(2) Procedure:

- (a) Leaders trained by specialist.
- (b) Leaders to give demonstrations or programs in respective clubs.

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