

as allotment of peanuts and cotton, families seeking employment elsewhere in the counties and financial problems. In the light of past experiences, the County Advisory Board should consider the community in view of the situation and decide upon ways of getting better results to report or select another community to work on for the 1960 year.

Other than this organization the county is well rounded and reaches out to many homemakers who are interested and willing to work. The cooperation from the extension families proves this true in this county.

### C. Professional Improvement

1. Professional books have been read for information on ideas in home-making for our interest and keeping up with the latest trends. Magazines and bulletins were used to the best advantage.
2. The agent joined the P. T. A., Women's Council, NAACP, Thrifty Club and takes an active part in all community activities in school and church.
3. Cooperates with other workers and agencies.
4. Keeps up to date on current affairs by attending meetings, radio, television and newspaper.

### VII. The Look Ahead

The following suggestions are offered to help strengthen the 1960 program of work in this county:

1. Continue to train leaders to help carry out the program.
2. Teach good record keeping to club members and take time out to see if they have recorded results.
3. Let all clubs make their own suggestions before offering yours.
4. Do one job well before attempting to go into another.
5. Do not carry H. D. Work too fast as to leave out the most important factor - achieve.
6. Train as many leaders and club officers as possible.
7. Plan the program of work around the interest, need and community.
8. Find out the interest of club members through surveys.
9. Be frank, firm, but kind; cooperative and agreeable in all phases of extension work with club members and co-workers.
10. The agent should show an interest in all families, have understanding, confront problems, and patience to do a successful job in extension.

On a whole, extension work for the past year in this county has been successful with the exception of one phase. The community-Live-at-Home project is progressing slowly. The community selected by the County Advisory Board has not done a worth while job because of many obstacles, facing the community such

VI. For Special Consideration

The most significant achievement of Extension Work in Home Economics and 4-H club work in this county is development of good leaders. Leadership has already been stressed upon previously in this report.

B. Good Public Relations

In helping other agencies have helped the agent. Cooperation with other agencies have established a better relationship. The agent has called upon other agencies, for educational talks, demonstrations and programs. The agent has helped other agencies by giving assistance in planning programs for P. T. A., Womens Council, talks and demonstrations in churches and schools on some phase of homemaking and family relationship.

A. Co-Workers

Discussions with agents and exchanging ideas have helped to better the program. Agents cooperate in giving assistance in judging, leader-training meetings and special programs.

B. General Public

The agent has assisted in work in schools, churches and other civic organizations.

C. Commercial Interests

Ideals of bulletin boards are put upon display in downtown stores for publicity as well as educational purposes. The stores cooperate with the agent by loaning materials for demonstrations. The agent works with the news representative for pictures and stories on worthwhile accomplishments.

E. Other Professional Workers

Work with teachers in schools by helping them plan bulletin boards on Looking your Best and other subjects of homemaking. The agent loans them demonstration materials and give them pamphlets and booklets for reference.

	1955	1956	1957	1958	1959
No. adult project leaders	13	13	36	42	48
No. junior project leaders	26	26	26	26	26
No. result demonstrators	10	10	10	10	25
No. training meetings by specialists	0	1	1	1	0
No. training meetings by dist. agents	0	0	0	0	0
No. training meetings by agent	1	2	1	1	1
No. training meetings by members club dept.	1	1	0	2	2
No. training meetings by others	1	2	48	52	31
Total attendance at ldr. tr. meetings	38	32	12	32	24
No. A-H leaders trained individually	4	8	55	55	58
No. club meetings held by ldr. w/out agent				60	33
No. additional club mtgs. at which ldrs. asst.	32	18	25	24	30
No. demonstrations given by adult leaders	8	10	12	15	36
No. demonstrations given by junior leaders	19	10	10	15	24

### B. Outstanding Club

The county plaque that was purchased by the County Advisory Board to be given to the outstanding club each year goes to Brown Doyle Home Demonstration Club for the job they have done in their club and community. The following factors goes to make this club outstanding:

1. Attends all meetings regularly outside and in the county.
2. Active leaders in A-H and H-D .
3. Large membership on roll and all active members.
4. Voting status is good.
5. Participated in Tidewater Fair each year and won first prizes.
6. Take an active part in all community activities such as civic organizations and P. T. A.
7. Landscaped the church in the community at club expense.
8. Accept assistance from Extension Agent at any time on ideas for improvement in the home and community.
9. Keeps in contact with Extension office for current events and recent bulletins.
10. Pay regular visits to the office for help in budgeting, plans for remodeling and other homemaking practices that might arise.

Brown Doyle Club is cooperative, agreeable, dependable and willing workers. With these factors in mind, the County Advisory Board and other organizations in the county agreed that they deserve recognition this year .

	1955	1956	1957	1958	1959
No. Home Ec. Committees	0	0	0	1	1
No. General Interest Committees	0	0	0	1	1
No. Youth Committees	0	0	0	1	1
No. Other Organizations					
No. Farm & Home Dev. Families	0	1	1	9	9
No. Other Families Reached	1703	1196	1002	2121	3450
No. Different Families Reached	815	1714	1840	1925	2564

### B. Brief Statement of Scope of Work

Members were appointed to make themselves a committee by contacting families who were not connected with the extension program. Results of the county program and community projects increased the interest of non-members. News articles and announcements of meetings were sent in by club reporters to be put in local newspapers and on the air to stimulate outsiders.

### V. Leadership

#### A. Growth of Leadership

I. Overall program leaders	1957	1958	1959
(a) County Agricultural Extension Service Board	35	70	96
(b) Youth Council	30	65	96
(c) Home Economics Council	144	156	120

#### II. Home Demonstration Club Leadership

	1955	1956	1957	1958	1959
No. organizational leaders	0	0	1	1	1
No. project leaders (subject matter)	138	138	140	140	140
No. Federation program of work chairmen	12	24	24	24	26
No. program development leaders	12	24	24	24	26
No. Result demonstrations	27	20	10	15	20
No. training meetings by specialists	2	4	8	10	8
No. training meetings by Dist. agents	2	1	1	2	0
No. training meetings by agents	2	2	5	2	6
No. training meetings by others	56	62	24	73	86
Attendance at all training meetings	48	26	155	190	108
No. meetings held without an agent	28	18	25	27	92
No. meetings leaders assisted	56	62	24	74	92
Demonstrations by leaders	22	26	18	36	94
Talks and discussions by leaders	22	26	18	36	104

#### III. 4-H Club Leadership

	1955	1956	1957	1958	1959
No. Club Officers	91	91	94	96	96

Dr. W. L. Watson conducted a demonstration on flower arrangements emphasizing line, mass, line and mass arrangements. The ladies were given a chance to make their own arrangements.

Panel discussions were given on above objectives. The discussion was open to public workers. The group sponsors educational programs frequently to discuss current events and keep up with present situations. Pamphlets, booklets, bulletin boards and slides are used to stimulate interest.

### III. Results:

As result of method and result demonstrations sixteen young ladies received training in program areas mentioned.

- A. Ten ladies have freezers and put up over five hundred quarts a year not including meats.
- B. Sixteen ladies can their products such as jellies, jams, juices and preserves.
- C. Two ladies joined since last year.
- D. Sixteen received training on flower arrangements.
- E. All members, men and women, are qualified voters and are great influences to other people in the community.

The young men and women participate in all extension activities and sponsors tours, picnics and special meetings throughout the year to provide a wholesome program.

### IV. Scope of Work

#### A.

	1955	1956	1957	1958	1959
No. H. D. Clubs	12	12	12	13	13
Membership	284	284	307	322	358
No. H. D. Groups (unorganized)	0	0	0	0	0
Membership	0	0	0	0	0
No. A-H Clubs	13	13	13	15	15
Membership	255	290	315	377	441
No. YMW Clubs	0	1	1	1	1
Membership	0	28	28	32	38
No. Community Clubs	0	1	1	1	2
Membership	0	68	60	30	54

D. County-Wide Picnic

The boys and girls met at the Training School to play games, sing songs and dance. A weiner roast was conducted by the leaders for all A-H'ers. The clubs were served watermelon also.

The group enjoyed the activities for the day and expresses their appreciation to their leaders and agent for providing wholesome recreation.

E. Young Men and Women Work

I. Program Areas:

A. Canning and Freezing

1. To teach the importance of canning and freezing
2. To check the different ways of canning and freezing various foods.
3. Care of freezers and jars.
4. Correct way to freeze and pack and other methods of canning.
5. To learn the use of pressure and other methods of canning.
6. Length of time food should be frozen and canned.

II. Increase Voting Status in Community

1. To encourage more people to vote.
2. To study the blank sheet law and be prepared to register.
3. To discuss voting in general and its importance.
4. To have a voice in community activities.

III. Arrangement of Flowers

1. To help make the home beautiful.
2. To teach the various arrangements that can be used in arranging.

II. Procedures:

Monthly meetings were held on the related subjects and demonstrations were conducted. The Agriculture and Home Economics teachers cooperated in helping to work with the group by speaking and giving demonstrations on the above subjects.

Each club member wore green and white ribbons and participated in the Sunday School and Church activities by ushering, saying the prayer, singing songs, pledge and creed.

B. National 4-H Week

The 4-H'ers observed National 4-H Week, March 5th at Southampton County Training School by honoring 4-H Alumni and voluntary community 4-H leaders. Upward of 400 4-H'ers, adults, leaders, parents and friends and well wishes were present.

In recognition of the voluntary service of adult leaders in organizing and training 4-H'ers, enabling them in creating a wholesome society and becoming better citizens. Mr. C. W. Womble, Principal of the Training School, presented eleven certificates of award to community adult 4-H leaders.

4-H members participated in songs, yells, skits and plays indicating their motto and pledge and exemplifying the purpose of the organization and program.

C. State Short Course and Wildlife Conference and Regional Camp

Eleven delegates attended the Short Course at Virginia State College along with two leaders. During the week the 4-H members participated in classes, tours, recreation and met other 4-H'ers from the county. A team group gave a demonstration on How to Stuff a Toy. Two delegates participated in the talent program.

Mr. Bernard McCleny was awarded a fifty dollar war bond for having completed satisfactory records on livestock for three years. He was also appointed to attend the Regional Camp in Washington, D. C. in August.

During the week he attended various 4-H activities, toured Washington and had the honor of shaking hands with Vice President Nixon.

Four 4-H girls attended the Wildlife Conference at which time they attended classes and received training in 4-H work, forestry, wildlife and soil conservation.

Memory books were given to each member on material pertaining to projects chosen and for the purpose of keeping accurate records.

III. Results:

- (a) One hundred and twenty eight girls were enrolled in Your Room and sixty four completed the project by making ninty items for the room.
- (b) Items made were cigar boxes covered, pillows for the bedroom, rugs for the room and scarves.
- (c) The 4-H members purchased plants for the room. Some members used sweet potatoes to make pretty plants.
- (d) The club members learned how furniture should be arranged by using minature doll furniture for an example.
- (e) Club members learned what accessories should be used in the bedroom to dress it up and make it more attractive.

C. Other Projects

Some of the club members carried individual projects such as Meal Preparation, Textile Paintings and Drying Flowers. These classes were conducted in the summer in various communities. The club members received training from the leaders and agent and held meetings monthly. The results were as follows:

- A. Ten girls made pillow slips and aprons to be painted.
- B. Several girls dried flowers for Winter. Such as roses, larkspurs, gladiolas and marigolds.
- C. Thirty girls prepared and served a well balanced meal including meat, starch, vegetable, beverage and dessert.
- D. Ten girls painted the articles they made.
- E. Five girls painted purchased scarves and pillow cases.

C. Other Activities

A. Rural Life Sunday

Individual 4-H clubs observed Rural Life Sunday in their community. That Sunday was observed for the purpose of stimulating the heart to realize the importance of pledging the Heart, Hand, Head and Health to greater loyalty for "Betterment of Young Boys and Girls" in the county.

B. Procedures:

Method demonstrations were given by leaders and agent on the above objectives. The objectives were discussed and memory books passed out before demonstrations were given.

Bulletin boards, charts and other written material will be used. Club members have received new memory books for keeping records on project work. In this book, material pertaining to club work is illustrated.

C. Results:

- A. Two hundred seventy nine were enrolled in clothing and two hundred fifty five made the following items: skirts, collars, stuffed toys, aprons, and head scarves.
- B. 4-H'ers learned to sew on sewing machines.
- C. 4-H members learned to step stitch, make various hems, sew on buttons, snaps and embroidery.
- D. 4-H members improved on record keeping.

B. Your Room - Pep It Up

I. Objectives:

- (a) To learn how to improve your room to look attractive.
- (b) To learn how to make one simple article for the room.
- (c) To learn how to make a neat box to hold socks and handkerchiefs.
- (d) To learn how to arrange furniture and accessories in an orderly way.
- (e) To learn how to grow a plant for your room.
- (f) To learn how to make a braided ~~xxx~~ rug.
- (g) To keep a check on records.

II. Procedures:

Method demonstrations were given to club members at regular monthly meetings. All members were required to make a simple rug, grow a plant and make a box for small articles, such as socks, handkerchiefs, etc. Bulletin boards were displayed on work as club members made items.

3. Your Furnishings

4. Meal Preparation

A recreation period followed. The leaders helped in planning the program.

The Junior Council sets up a program for all 4-H'ers. They send 4-H boys and girls to the Short Course and Wildlife Conferences. The Council is composed of 4-H officers, adult and sponsor leaders and agent serves as overall committee for 4-H work in the county.

B. Leaders Association

A Leaders Association was organized this year for the purpose of establishing better leadership among the 4-H'ers. The leaders met and organized, elected officers and suggested meeting times for the year. They plan to meet four times a year to help in the planning of 4-H activities. The association is planning a rally to help add finance to their treasurer. The association is new but they are doing a successful job at getting well established.

C. Leader-Training Meeting

The 4-H leaders were trained in June by the agent on Textile Painting and Clothing with emphasis on "So You'd Like to Sew". Twelve leaders attended the meeting. Summer 4-H classes were held in the various parts of the county and conducted by the leaders. The results of these meetings will be reported in another section of this report.

B. 4-H Project Work

A. So You'd Like to Sew

I. Objectives:

1. To learn how to make and equip a sewing box.
2. To learn how to make a stuffed toy.
3. To learn how to make a simple blouse and gathered skirt.
4. To learn how to make a collar.
5. To learn how to make an apron and head scarf.

The agent gave all the assistance available. This project was started two years ago but it is now completed. Their next goal is a central heating system and setting aside money for educating their children.

As an agent, I am very proud of this family because they take an active part in extension work and enjoy being members of the home and farm development unit.

### III. County Extension Program-Youth

4-H club work in this county has been progressing in the past year due to the fact of better leaders, a wide and selection of projects. The projects this year were centered around the interest of the parents, leaders and 4-H'ers and carefully planned to hold interest of all 4-H'ers who were interested in joining.

Method and result demonstrations were conducted to carry out projects. The girls and boys abided by their motto, "To Make the Best Better".

#### A. 4-H Council and Project Planning Committee

This committee usually plan for all meetings held in the county. The council met August to plan their program and select projects for 1960.

After the county situation was given, members of various clubs got together and discussed plus suggested projects they would like to include in the coming year. These projects were listed on the blackboard. Sheets were passed out with a list of projects and sub-topics to show what other projects could be selected.

Points were given to club members on selecting projects:

1. Keep in mind a project suited to the need, age and interest of club members.
2. Consider the school attending and facilities to work with available.
3. Projects show growth.

New projects were selected as a result of the above objectives:

1. So You'd Like to Sew
2. Electrical Appliances

The Home Demonstration Clubs are cooperating with the council in a joint fashion show sometime in the future.

h

H. Farm and Home Development

At present there are nine families set up in the seven magisterial districts in the county. Since working with the families, four have improved their homes by remodeling kitchen, adding bathroom, screens for windows and doors, and hot and cold water. Five are still at a stand still because of financial problems. The problem found among all members were: Loans are long time processes, upkeep of what you have already, clearing some of the debts on hand, keeping up with standards of living, lack of finance, and crops didn't come up to expectancy.

With other problems the families are slowly progressing. The only assistance this year was given by the agent and other public agencies. The families have been asked to set up short time goals and try to get some of them accomplished. More time has been spent on getting them to stick to the goal and reach one goal at a time. In other words, those things that exist in the home as being really needed should be considered first rather than "wants". Four families did make some improvements and out of the four, one family story is as follows:

Mr. & Mrs. Booker Turner of Drewryville purchased over one hundred acres of land several years ago with an old farm house already on it. Mr. Turner is a very progressive homemaker and Mrs. Turner is a thrifty homemaker. She is a club member and an active worker in her community. She helped around the home by raising chickens, turkeys and geese.

Mrs. Turner has ~~has~~ her own freezer where she freezes all of her vegetables and meats which cuts down on the food dollars.

There are three children. One is a 4-H club member and an active worker. Mrs. Turner is a 4-H leader in her community.

Mr. & Mrs. Turner believes in comfort so they set as their goal remodeling their home and putting in a bathroom.

The akit was entitled "What's Your Goal". Each member made herself a committee to bring in a new member, or friend to the meetings. Several ladies made comments on the program and expressed their interest by joining.

E. Tidewater Fair

Three Home Demonstrations clubs participated in the Tidewater Fair during the week of October 17-22. The three booths were put up by Zuni, Ivor and Brown Doyle clubs.

The first exhibit was on Planing Storage Space in the Kitchen. Emphasis was placed on racks that could be made at home. This was exhibited by Ivor. Zuni club exhibited a booth on "Painting and Fixing Up Mailboxes", showing the old and new box. Brown Doyle exhibited a booth on Winter Arrangements. Emphasis was placed on various arrangements with the use of native materials dried. One club won first prize and two won third prize. A total of twenty-five dollars helped to supplement the clubs treasurer.

F. Tour

The Home Demonstration clubs took an educational tour to Washington, D. C. in August for a two-fold purpose: 1. To tour some of the well known historical buildings, and 2. To provide recreation for all the clubs combined. Eighty-nine ladies toured the United Department of Treasury where they saw the manufacturing of money from beginning to end, Smithsonian Institute where some of every thing that was first exhibited was displayed, African Embassy to see how the people actually live and Zoological Park. The ladies had an enjoyable day and expressed a desire to return to visit some of the other buildings.

G. Urban Work

The agent attends Garden clubs in Franklin monthly to discuss yard beautification, flower arrangements, how to dry flowers for Winter and Flower Shows.

The agent also works with the Women's Council to help plan activities pertaining to homemaking and beautification of the home.

Dr. W. L. Watson, Horticulturist, Virginia State College, ~~provided~~ aided in landscaping several homes and church grounds.

Bulletins and slides were used as illustrative materials for references. Families who weren't connected with the extension program helped in making the community project successful by offering assistance and funds.

### III. Results:

1. The T. B. Association received boxes semi-annually with articles that the patients could use.
2. Two families are being helped in different communities.
3. Clothes are provided by the club for a child entering school, who was out of school due to inadequate clothing.
4. One church and school received first aid kits donated by a club.
5. One community beautified yards with flowers, shrubbery and cleaning up trash by providing outside trash barrels.
6. Three communities fixed up mailboxes namely; Zuni, Jones and Branchville totaling over fifty mailboxes painted and name plates added.
7. Five churches were landscaped and three completed. The other two will be completed by December. The churches were in Adams Grove, Iver, Breweryville, Diamond Grove and Brown Doyle community.

### D. National Home Demonstration Week

Club members observed National Home Demonstration Week in ways through out the county. Circular letters were sent out to remind members of the week and observed the theme "Today's Home Builds Tomorrow's World". The leaders were given recognition during the week by writing news articles and certificates.

Ways of reaching new members were through radio and personal contact. Twenty ladies presented an half hour program on the radio-WYBB-Franklin on "Why Home Demonstration ~~Week~~ Work"!

Fifty four attended the District meeting in Brunswick County. ~~At the meeting~~ At the meeting, twelve ladies showed results of the county goal - Better Housing-Health and Recreation in the form of a skit.

(d) The clubs donated from one to five dollars in the Xmas Seal Drive.

C. Other Activities

I. Community Projects:

Eight community projects were conducted in the various clubs in the county for the purpose of improving their communities. Projects selected were:

1. Yard Beautification
2. Helping a Needy Family
3. Tuberculosis Association
4. Fix Up Mailboxes
5. Church Ground Beautification
6. Church bulletins
7. First Aid Kit for School and Church
8. Clean Up Campaign

The clubs set up objectives for working out the projects. One main objective was to include non club members in the planning by asking them to cooperate with them on their projects as well as professional workers in the community. Other objectives were:

1. To improve the community and let outsiders know some of the accomplishments.
2. To help those less fortunate by contributing to them each month.
3. To cooperate with other organizations in the county and State by soliciting to them monthly contributions and items such as cabinets and first aid articles.

II. Procedure:

The clubs worked on the community project with the agent and program development leaders assisting to begin and complete projects by the end of the year. Other organizations were called upon for aid in helping plan activities.

Bulletins, pictures, and samples of each project were shown to motivate interest.

### III. Results:

Fifty-eight club members attended the workshops and received training in textile painting, drying flowers and reseatng chairs. Eight ladies reseatng chairs, fifty-eight dried flowers. Some of these flowers were exhibited at Tidewater Fair which won first prize and thirty-two ladies did textile paintings. Such as: scarves, pillow cases, curtains and aprons. The workshops were successful and the ladies were well pleased at their results.

### D. Subject Matter (Special)

#### I. Problem:

The clubs each year set aside as their goal to cooperate with the Health Department in the Tuberculosis Christmas Seal Sale Drive. The problem that arouded the club members was that approximately one hundred of the patients at Piedmont Sanatorium were from Southampton County that needed help. Articles were made and others purchased throughout the year to be sent to the patients.

#### II. Solving the Problem:

The families cannot solve the problem completely but they are contributing toward helping the Association by setting up chests in each club and making Christmas boxes for the patients. Each club is responsible for a box.

#### III. Results:

- (a) Thirteen boxes were sent to the patients by the Executive Secretary, Mrs. Bell, the past year.
- (b) Three extra chests were delivered throughout the year.
- (c) Thirteen boxes will be delivered this year.

## II. Procedures:

The agent demonstrated to thirteen clubs Planning Color Schemes through the use of booklets, flannel board and slides. Samples of material were used to show homemakers how to plan color schemes around one dominant thing in the room such as drapes, rug or chair. Homemakers were given a chance to match colors for various rooms.

## III. Results:

Since this project was conducted in the latter part of the year, the agent is not able to tabulate results in figures as to how many took advantage of the demonstration. However, homemakers will be expected to put the information received into practice whenever they plan to decorate.

### A. Special Interest Group

1. Reseating chairs.
2. How to Dry Flowers for Winter
3. Textile Paintings

#### I. Objectives:

- (a) To save old chairs by adding new bottoms.
- (b) To make the home attractive in the winter through the use of dry arrangements.
- (c) To teach club members how to use textile paints on various articles in the home.

#### II. Procedures:

Special meetings were held for all interested persons on reseating chairs, flower arrangements and textile painting. Leader-Training meetings were held first to train the various leaders. Work shops were set up in various communities during the summer to cover all topics. Method and result demonstrations were given.

III. Results:

The club members expressed their appreciation for an interesting demonstration with various reasons, namely; new dishes were prepared using the same foods, which brought about a change in menus, casseroles could be prepared beforehand and kept in freezer or refrigerator until ready for use, and fuel can be saved as well as time and energy.

F. Care of Floors

I. Objectives:

- (a) To take care of floors you already have.
- (b) To know how to purchase various kinds of floor coverings.
- (c) To know how to care for all types of floors.

II. Procedures:

- (a) The agent with the assistance of housing leaders gave demonstrations on the care of floors. With the cooperation of Sears and Roebuck Educational Division, the leaders were able to show samples of various floor coverings and give the characteristics of each, also the care of each. Various kinds of waxes were discussed upon and used to evaluate which wax was best for various kinds of floors.
- (b) Booklets were given to each member on the Care of Floors.

III. Results:

- (a) Over one hundred and eighty ladies witnessed the demonstrations and expressed their appreciation for a helpful information and plan to put it in practice on the next purchase.

G. Planning Color Schemes in the Home

I. Objectives:

- (a) To plan color schemes according to the size and exposure of the room.
- (b) Plan from your favorite color and have one dominant liking to plan from for color.
- (c) To teach homemakers to dress their room like they dress themselves.
- (d) To make use of accessories in a room.

so much work as to take them from the most important part of the meeting.

## II. Procedures:

- (a) The agent was trained by Miss Janet Cameron, Foods Specialist, on Simple Refreshments and Quick Meals. The agent trained thirty leaders on Simple Refreshments. Several dishes were prepared with emphasis on attractiveness, nutritious and low cost refreshments. Such dishes included grapefruit decorated as centerpieces, Lazy Susan, Raggy Ann doll, dips, beverages, cookies and candies.
- (b) The leaders trained club members the same in various meetings. Pamphlets and other illustrations were used to motivate club members along with the use of various slides showing variations in simple refreshments.

## III. Results:

- (a) All of the homemakers felt this demonstration was most beneficial being it helped them to recognize and correct some of the mistakes they had been doing in serving. It also gave them ideas of different types of refreshments and help to solve some of the problems that existed as to what am I going to serve, and I regret taking meetings because it is expensive. Noticing from the time this demonstration was conducted, the women have become more conscious of what to serve and how but most of all the hostess has a chance to sit through the meeting with ease because simple refreshments can be prepared.

## E. Planning Quick Meals for Hurry-Up Days

### I. Objectives:

- (a) To save time and energy in the kitchen.
- (b) To help the homemakers prepare a well-balanced meal in a short time who were employed out side of the home.
- (c) To know how to plan menus for hurry-up days.
- (d) To remind club members of the basic seven guide and the importance of planning to include one of each every day.

### II. Procedures:

The food leaders were trained to give demonstrations on several dishes that could be prepared for hurry-up days. One oven meals and casseroles were mainly included in the discussion and demonstrations.

Pamphlets and recipes were given to each member on how the prepare Quick Meals.

### III. Results:

As a result of leader-training meetings on clothing construction, the leaders along with the agent organized five sewing clinics in five different sections of the county. These clinics were held twice a month. In each clinic, the members are making garments from aprond to dressy dresses. The leaders did a splendid job at training all leaders. Before the clinics were held a general discussion on how to select patterns and materials in detail after which each member was able to purchase their own pattern and material and laying out pattern on material before attending the clinic.

As a final statement for summary of the sewing clinics the results were not as favorable as the leaders and agent anticipated it to be. Fifteen ladies made dressy dresses, twenty five made house dresses, five made aprons, 1 made a suit, twenty made children's dresses, twenty five made skirts and blouses and others received the information but did not participate because of lack of finance, lack of sewing equipment such as machine, etc., and while others did not attend the meetings regularly.

Various department stores and Sears Roebuck Educational Division were helpful to us by letting the leaders use pattern books, samples of all kinds of material, patterns of different names and sizes, helpful pamphlets on clothing construction and slides.

### D. Simple Refreshments

#### I. Objectives:

- (a) To help club members plan a simple but nutritious snack.
- (b) To avoid club members from planning too much for meetings.
- (c) To help solve some of the problems that exist when time occurs to take meetings.
- (d) To show how simple refreshments can be inexpensive but attractive.
- (e) To teach club members that a simple refreshment does not require

### III. Results:

1. Over one hundred ladies made space savers for the kitchen namely; spice racks, knife racks, removable shelves for bowls and platters, step shelves for spices and removable shelves for cups and dishes.
2. Over fifty ladies purchased racks already made such as knife racks, silverware racks to fit in drawers, hooks for hanging cups and racks for separation of dishes.
3. From this meeting, ladies realized the need of more storage space and how much easier it is to have items in reach that is most often used.
4. Pamphlets were given to each member on storage space including measurements and pictures of Do it Yourself for future references.

### G. Clothing

#### I. Objectives:

- (a) To teach club members the value of sewing at home to save money.
- (b) To help solve some of the problems of how to buy a pattern, lay out a pattern, and follow instructions on patterns and guide sheets before purchasing materials.
- (c) To teach them the importance of being accurate in sewing.
- (d) To teach them the importance of unit construction, ways of finishing seams, hems, and other clothing finishes.
- (e) To bring out the various figure types, differences in pattern types, selecting pattern adjustments and correcting figure problems.
- (f) To teach them how to purchase the kind of fabric best suited for the individual, and how to take care of garment after it is completed.

#### II. Procedures:

- (a) A leader-training meeting was conducted by the agent to train all clothing leaders on clothing construction. Each lady was given illustrations materials on clothing construction. Samples of seam finishes were made and twenty ladies put zippers in the new way.
- (b) Slides were shown on the General Construction of a garment. Patterns were given to each member for the benefit of showing how to express to members ~~of~~ the correct way to read a pattern. Emphasis was placed on important factors in the selection of patterns and materials such as color, figure, style, use, how made and care.
- (c) The leaders took this same information to all clubs. The leaders and agent decided upon clothing clinics by combining clubs making the clothing program more effectively for four months.

A list of Do's and Don'ts for Home Lighting were given to each member and discussed. From this pamphlet, the club members were able to get a clear picture on good lighting.

III. Results:

1. Fifty-two ladies converted oil lamps to electricity. These lamps were made from old oil lamps, cypress kees, and fancy bottles.
2. One hundred and sixty ladies corrected their lighting by adding bowls to the bare light bulbs in the ceiling.
3. All club members realized the Do's and Don'ts of good lighting. Each one was given a tape measure as a result of the demonstration to use in the home for measuring their own lamps.
4. Several homemakers recognized the importance of watching television in the dark as being harmful to the eyes.
5. Twenty-eight homemakers purchased white shades to get a true color for reading, writing and dressing.

B. Planning Storage Space in the Kitchen

I. Objectives:

- (a) To help plan for more storage space in the kitchen.
- (b) To solve some of the problems by adding space savers in cabinets and pantries.
- (c) To keep things in the kitchen easy to reach without having to take down several items to get to another.
- (d) To provide an attractive storage space at all times.

II. Procedures:

- (a) Miss Mary Settle, Home Management Specialist, trained the leaders on storage space in the kitchen. Several racks and shelves were made to show how homemakers could add these savers to their shelves to provide extra space. Several purchased savers were shown such as the dish rack, knife rack and Bowl racks to add extra space.
- (b) Pamphlets were given to each leader. A summary was given by the agent on a brief analysis of what is expected of each leader. The leaders trained club members on the same demonstrations. The agent asked each leader to purchase materials and racks before time for use in demonstration.
- (c) Method demonstrations were given to complete projects.

General Interest Committee - a committee has been selected but have been unable to meet this year so far. The plans are still in the making and at present, a definite date is being debated as the best time for these people out of work.

B. Subject Matter and Special Emphasis Areas

The 1959 program of work was based on county situation, results and accomplishments from 1958 reports. Program development leaders conducted surveys to find out the needs and interests of club members. The program was set up to include long and short time goals, method demonstrations, discussions and result demonstrations.

With the aid of leader-training meetings, monthly club meetings, demonstrations and tours, the 1959 program of work has helped to show improvement in the rural areas.

A. Light for Better Living

I. Objectives:

- (a) To teach club members the value of good lighting in the home.
- (b) To teach them to recognize the importance of good lighting and how it affects health (eyes).
- (c) To help solve some of the problems in purchasing electric fixtures, bulbs and proper lamp shades.
- (d) To teach those who could not afford to purchase table lamps how oil lamps can be converted to electricity.

II. Procedures:

The Virginia Electric and Power Company of Suffolk, Virginia cooperated with the agent in training leaders on Better Home Lighting. The leaders conducted the meetings along with the agent by using illustrative materials and flannel board. A lamp was used to illustrate the difference with and without a diffusion bowl or shade. Measurements were taken to show the homemakers the correct height lamps should be when reading or writing in the home.

H. D. Planning Meeting--July

The county committee met July 20th at Southampton County Training School for the purpose of analyzing the county situation, and to plan the program for the coming year. The program was centered around the problems and needs as well as interest of homemakers.

Twenty homemakers, agent and District Agent, Miss Ford, represented the planning meeting having club members representing twelve clubs in the county.

A preplanning meeting was held in June in each club, discussing the needs and interests of each community with ideas centered around the county long-time goal; Better Housing, Health and Recreation.

As a result of the pre-planning, the extension activities were formulated and objectives set up as to why topics were selected.

The problems include the following: Home Management - with emphasis on Budgeting the Family Dollar and how to shop for foods, and safety in and around the home. Home Furnishings - with emphasis on window treatment and first aid in the home. Foods and Nutrition - with emphasis on getting more milk in the diet and Better Breakfasts.

Special Interest groups will include classes in Basketry, How to Care for Clothing and Buying Clothes, Weight Reduction and Know Your Clothing Sales. The county goal will be Better Housing-Health and Recreation. The committee will continue to cooperate with the T. B. Association by beginning in September to set aside a chest.

Community projects will be selected by each club, namely; Fix Up Mailboxes, First Aid In The Home, Church and School; Beautification of Church and Home Grounds and Helping a Needy Family. The clubs also plan to contribute to other organizations worthy in the county such as Red Cross and March of Dimes.

Development Work. At the present, there are nine families organized but only four have made improvements since last year. The other five are at a stand-point due to financial problems.

The Board is made up of represented families from each community that extension service reaches. These families also plan for achievement programs, rallies, 4-H Club work, county-wide and other important phases of the extension program. Usually each year representatives from the county attend Home and Farm Week at Virginia State College. Information from this conference is brought back to the county and discussed in monthly club meetings.

#### County Home Demonstration Committee

The Home Demonstration Work is governed by the Home Demonstration Committee. This committee makes up officers from each club and three program developments leaders from each club which meets four times during the year.

During the month of December, the Committee meets for the purpose of discussing 1959 program calendar and other activities are planned to be carried through out the year. Plans for trip or picnic is also discussed.

On April 20th, thirty members met representing thirteen clubs in the county. The purpose of the meeting was to complete final plans for National Home Demonstration Week, annual tour and select delegates to attend the District Meeting in Brunswick County. After discussing thoroughly the above purposes, results were drawn and report as follows: National HD Week would include a half hour radio program on WISR, Franklin, Virginia on May 9th at 1:30 p.m. to 2:00 p.m., on Why Home Demonstration Work, with more than twenty HD ladies participating. Some in a chorus and others in a symposium. A bus carrying forty members to Brunswick County would be chartered for the District Meeting. A tour of Washington, D. C. is planned for August and the financial report was given. The committee adjourned until July at which time the year's program will be planned.

There are forty-eight grade schools and two high schools. Two grade schools are non consolidated. Four of these schools have hot lunch programs, so hot lunch program is one of the main problems in the school system. The extension program has worked toward helping to get hot lunches but due to poor water conditions, and inadequate facilities it would be unsanitary to develop such a program effectively.

There is one community hospital which serves the surrounding areas. Two libraries; one in Courtland and the other in Franklin. The Courtland library facilitates all the people in the county. There is one Negro Park that needs improvement and over seventy churches.

The Camp Manufacturing Company and St. Regis Company, affords work for Franklin men and women while various peanut shellers and farming make up the rural family income in the county.

## II. Organization Adult Program

### A. County Advisory Board

The County Advisory Board is an overall county committee which serves as a "backbone" for extension program. At present, there are sixty members on roll representing the various magisterial ~~district~~ districts in the county. The board meets five times a year to set up and work out county plans for the year's activities. Each year a man and woman is sent to the State Advisory as delegates to represent the county. This year the delegates attended the State Advisory Board in Charles City and New Kent counties. At this meeting, delegates passed in the report of the results obtained in the community chosen by the Board.

The Advisory Board meets the latter part of November to discuss the visit and select a new community project providing they see fit to do so.

The Board also appoints a committee to select families for Home and Farm

will always be a lag in getting some of the modern conveniences most families desire.

Little or no time is spent on recreation. Progress is being made gradually but as it stands now, it is due mostly to bad crop years and other financial difficulties.

The extension families in the county have realized some of their mistakes and that is failure to work toward any special goal. Therefore, through leaders and agents, goals have been stressed and each family was given fact sheets on the advantages of goal-making. Some of the many goals brought out were centered on the county situation such as increasing landownership and setting aside finance to meet the most important needs of the home as education, medical expenses and other emergency cases. I believe when the families set a definite goal, they have something to work for in bettering not only themselves, but the extension program as well.

A brief analysis of the county in size and population is the land is low, level and conducive to grow peanuts, cotton, corn and soybeans. A small amount of tobacco is grown in one section of the county. Swine is a major livestock in the county. Many ribbons and awards have been won by families who are raising pure bred hogs.

The county is 37.12 miles long and 39.19 miles wide; located in Tidewater area. There are 1,244 of 2,174 farms being operated by rural Negro families. The total population is 26,522. There are 14,314 non-farm families.

There are seven magisteral districts. Extension work is being conducted in each district. The organization work includes thirteen Home Demonstration Clubs and fifteen 4-H Clubs with a total enrollment of over nine hundred and one ~~fact~~ young adult club with an enrollment of thirty-six members.

In other words a better relationship between the parents, churches, and school was established.

The Agent feels the extension program in this county is progressing each year. It is because the extension families are willing to accept new ideas to meet changing times, and cooperative in developing greater leadership that adds to the betterment of their program.

#### I. County Situation

In July, representatives from each club met to plan the year's program of work. The program was centered around three phases namely: County situation, County Goal - Better Housing and Health and Recreation, and interests and needs of the extension families in the county.

The county being large in population has to be given a great deal of time and effort in developing an effective extension program to meet the problems and changing needs of the people.

Such problems that has to be encountered upon in this county are:

1. Large percentage of tenants.
2. Modern conveniences to better family living.
3. Low income groups.
4. Financial strains.
5. Insufficient machinery to work with.
6. Renting versus buying.
7. Betterment of their opportunities to meet these challenging times.

The program is planned to encourage families how to advance ways to improve their standards and take advantage of some of the opportunities offered to them through extension and other organizations. Until the people in the county start realizing their biggest problem and that is landownership, there

### Highlights of 1959 Program

The extension activities in this county are set up and conducted to guide the people in following better practices in homemaking, in planning more carefully for the family needs, and to appreciate more of the things available for the improvement of their living conditions.

Since the county is large in rural population and many of the homemakers are seeking employment outside of the home, the projects are selected to meet the changing situations and to show homemakers time saving advices on how to budget her time, and money wisely, and plan quick but well-balanced meals.

Through reaching club members, other families who are not connected with extension work are benefited by coming in contact with extension families and seeing some of the accomplishments they have done.

As a result of the years program, leadership is one of the outstanding accomplishments because the leaders carried out most of the adult meetings and programs and in Home Demonstration and 4-H Club work. The leaders have advanced in keeping up-to-date in extension activities and keeping extension families informed as to what was going on in the work. The leaders were cooperative and dependable which contributes toward making a good leader.

Another result is that the extension families have become more aware of the work and seems to set greater aims at getting more accomplished. This was aroused from the community projects conducted throughout the clubs. With these projects the families helped their respective communities and it gave them a feeling of belongingness since the outsiders cooperated with them in helping to complete the projects.

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# ANNUAL NARRATIVE REPORT

## COUNTY EXTENSION WORK

*Virginia Agricultural Extension Service*

SARAH H. WALDEN

**Name**

LOCAL HOME AGENT

**Title**

**Agent**

**Assistant Agent**

**Assistant Agent**

**Assistant Agent**



1959

Southampton

**County**