

VII. THE LOOK AHEAD

A. Appraisal

1. On the whole the objectives set up for special interest, home demonstration and 4-H work were carried out. The special interest committees seem to be meeting a real need and are reaching people who were not acquainted with the Extension program. The work has almost doubled in the last two years. Increase of 4 Home Demonstration and 3 4-H Clubs this year.

B. 1961 Plans

1. The agent will continue to work with special interest committees and try to use more leaders to assist in this work.
2. The agent will work with program development leaders and encourage them to involve others in program development.
3. Use result demonstrations to inform public of Extension methods in landscaping, storage and home furnishings.
4. Encourage community projects and county-wide activities.

C. Professional Improvement

1. Organized Study:
 - a. The agent attended training courses offered.
2. Reading:
 - a. Publications on related subjects were read by agent.
3. Membership in Professional Organizations:
 - a. The agent is a member of National, State, and District Home Economics Associations and Home Agents Associations.
 - b. Attended District Home Economics meetings and State and District Home Agents Meetings.
 - c. Served on committees.

B. Developing Good Public Relations

1. ~~Co-workers:~~

- a. Weekly conferences are held with co-workers.
- b. Secretary was invited to special meetings and included in conferences with county agent.

2. General Public:

- a. The Extension program was publicized through news articles, radio, television and exhibits.
- b. Telephone requests for assistance on home problems, as well as letters and office calls were answered.
- c. Invitations to special meetings were extended civic and church groups.
- d. The agent cooperated with church and civic groups whenever possible, assisting with special programs and recommending trained leaders for special work.

3. Elected Representatives:

- a. A written monthly report was given the county Board of Supervisors.
- b. Invitations to achievement programs were sent the Board of Supervisors. This year 2 board members attended the Fall Achievement program.

4. Commercial Interests:

- a. The home economists at the Williamsburg and Hampton VEPCO kitchens cooperated with the agent in food preparation meetings and judging.
- b. Local firms advertised in Tri-Area 4-H Fair catalog and Home Demonstration Year Book. Contacts were made by club members and leaders. One firm made a display of garden spray materials available for a special interest meeting. Leaders and machines from the Singer Sewing Center in Hampton were made available for special sewing meetings.

5. Professional Workers:

- a. Home economics and vocational teachers of the county worked with the agent. Invitations to all special meetings were exchanged as well as assistance in judging.
- b. Printed material was mailed teachers and bulletins furnished when requested.

Last year we had so many entrants that three sections were necessary. A leader was in charge of each section and acted as hostess. Qualified judges were secured from local professional people. Each contestant was given a blue, red or white ribbon and a first and second place winner selected. Awards were made at a joint meeting immediately following the contests. 28 girls participated in the demonstration contests and 13 achievement record books were judged. 4 senior girls were district demonstration winners and 2 juniors. 2 senior achievement records were selected as State winners and competed in the National Contest. 5 junior books ranked in first place.

The county contest has grown into one of the most important events of the club year. It has been a means of sustaining the interest of the young people and keeping them enrolled in 4-H clubs. Leadership, initiative, poise and many other qualities have been developed and a friendly spirit of cooperation and fellowship manifested.

VI

A. For Special Consideration - Achievement

Problems:

1. Need for planned county contests for L-H clubs in county
2. Equipment and place for contest
3. Qualified judges
4. Education of Club members and leaders in purpose of contests.
5. County wide club participation

Methods:

In 1955, club contests in food preparation and a dress review were held for the first time in both senior and junior divisions. This resulted in the first organized county contest, as such. Two senior girls and 4 junior girls were then sent to Richmond to enter the district demonstration contest. 4 achievement record books were also entered in junior competition. Of these a senior girl won first place in food preparation and all 4 achievement records were awarded first place.

This county contest was held on one afternoon with two leaders assisting, the agent and leaders doing all the judging. The only place we could find in which to hold the contest was the kitchen and recreation room of a local lodge hall. There was no available equipment and only a kerosene stove on which to cook.

The girls who took part in this contest had had no previous training in how to give a demonstration or take part in a dress revue.

Training in giving demonstrations, public speaking, additional training in modeling and workshops on compiling achievement records have created interest among club members and each year has seen an improvement in methods and an increase in the number who participated.

The project leaders now help with conducting the contest as well as parents and juniors and organizational leaders. In addition for the past two years county contests have been held in agricultural and related projects as well as home economics. The home economics rooms in local schools have been made available for our use. This is a great help in view of the fact that all of our clubs are community clubs.

B. Leadership Development

The development of a person into a good leader depends, to a great degree, on that person wanting to learn and a willingness to share with others in order to accomplish a definite goal. Since moving to York County, four years ago, Mrs. Willard Warren, of Dare, has taken advantage of attending leader training meetings in preparation for presenting demonstrations to her club members in a variety of subjects. However, she has done more work in the home furnishings field than any other. Her home was used on two occasions for training leaders in "Furniture Arrangement" and "Time and Energy Saving Methods"; two work meetings on "Flower Arranging"; several on "Accessories for the Home"; and many committee meetings both club and county.

One of the first training meetings she attended was a course in "Mass Feeding" in cooperation with the county Red Cross and Civil Defense Organizations. She became a group leader in this and carried on her duties very efficiently. She was asked to serve as program of work chairman the next year and did an excellent job. Home and community beautification was the program and the use of flowers in the home was given special attention. She assisted in planning the years program and helped others in making arrangements of dried flowers and making corsages at county workshops after special training in these subjects. Talks and discussions were given at each monthly club meeting on special topics.

The next two years she served as program development leader of her club and is now county program development chairman. After attending a training meeting on program development conducted by Mrs. Geie O'Brien, V.P.I. Extension Specialist, she developed posters and other visual aids to use at club meetings to arouse interest in coming programs. A large poster that she used at the beginning of the year to present the years program proved so adaptable it was presented at our district agents meeting as an example of methods others might use in their counties. Mrs. Warren has always been willing to help, not only her own club but other clubs who needed assistance. She served as a member of the county special interest home furnishing committee and helped plan the years program.

She was secretary treasurer of the county home demonstration club committee for 2 years and helped plan the county budget. She took charge of ordering and purchasing supplies for special meetings and was in charge of all the arrangements of a tour to Washington D. C. by club women from Hampton and York County.

Mrs. Warren has been a delegate to the State Federation meeting for 2 years, this year going as the incoming District XI resident.

I believe that Mrs. Warren would be a leader in any community, but by taking advantage of the many opportunities for training offered through Home Demonstration Club work, she has developed into a valuable and well trained volunteer leader of the highest order. She is gracious and above all one that can be depended upon to do her best in any situation.

V. LEADERSHIP

A. Growth of Leadership

	1958	1959	1960
1. Overall Program Leaders			
a. County Agricultural Extension Service Board	0	0	0
b. Youth Council	0	0	0
c. Home Economics Council	0	1	1

2. Home Demonstration Club Leadership

	1956	1957	1958	1959	1960
No. Organizational leaders	24	26	46	40	56
No. project leaders (subject matter)	54	68	92	59	84
No. Federation program of work chairman	6	8	8	7	8
No. Program development leaders	6	6	6	7	8
No. result demonstrators	4	6	4	6	12
No. training meetings by specialists	4	5	7	3	4
No. training meetings by dist. agents	3	1	0	0	1
No. training meetings by agents	13	23	19	4	13
No. training meetings by others	0	2	0	3	8
Attendance at all training meetings	185	176	157	111	187
No. Meetings held without an agent	25	49	56	35	56
No. meetings leaders assisted	22	68	89	69	115
Demonstrations by leaders	73	78	96	76	180
Talks and discussions by leaders	209	220	246	230	410

3. 4-H Club Leadership

	1956	1957	1958	1959	1960
No. club officers	56	64	64	63	78
No. adult project leaders	42	21	20	18	20
No. Junior project leaders	19	23	6	7	8
No. result demonstrators	7	9	9	3	4
No. training meetings by specialists	2	0	1	0	1
No. training meetings by dist. agents	1	0	0	0	0
No. training meetings by agent	13	10	11	4	9
No. training meetings by club dept.	2	0	1	2	1
No. training meetings by others	2	2	2	2	8
Total attendance ldr. tr. meetings	162	117	147	95	152
No. 4-H leaders trained individually	10	13	18	20	30
No. club mtgs. held by leaders	66	100	113	64	51
No. club mtgs. leaders assisted	82	73	90	96	101
No. demonstrations by adult leaders	75	107	120	84	190
No. demonstrations by junior leaders	31	53	60	50	80

IV. SCOPE OF WORK

A.

	1956	1957	1958	1959	1960
No. H.E. Clubs	6	7	7	6	9
Membership	135	140	135	125	150
No. H.E. Groups (unorganized)	0	0	0	0	0
Membership	0	0	0	0	0
No. 4-H Clubs	8	7	7	6	9
Membership	120	135	96	80	140
No. YMW Clubs	0	0	0	0	0
Membership	0	0	0	0	0
No. Community Clubs	0	0	0	0	0
Membership	0	0	0	0	0
No. Home Ec. Committees	0	0	2	4	3
No. General Interest Committees	1	2	2	2	1
No. Youth Committees	0	0	2	2	1
No. Other Organizations	3	5	7	7	6
No. Farm & Home Dev. Families	0	0	0	0	6
No. Other families reached	70	500	550	570	1100
No. Different Families reached	200	1000	1500	1600	2000

B. Methods:

1. Assistance was given to individuals in subject matter fields when requested. Special interest meetings were held and a public invitation extended through items in local papers. Letters were sent to lists of names furnished by individuals and committee members. Home demonstration club members passed information on to persons.
2. County-wide activities of 4-H clubs reach many families and help inform the public of Extension methods.
3. The special interest committees, general interest, youth and home economics, are proving effective in reaching families unacquainted with Extension.
4. The local papers publish notices of club meetings and special activities. The monthly notices of club meetings include comments about the program to be given.
5. Participation in career day at York High School and assistance given civic groups has also helped inform the public of home demonstration work.

Group singing, a candle light service by the Honor Club, reports of each clubs activities for the year by the presidents, recognition of leaders, was presented, the president of the 4-H Council being in charge. Miss Angie Simmons, Home demonstration agent in King William County, presented slides and talked of her experiences as an I.F.F.E.

7. Rural Life Sunday and Rally Day

Objectives:

- a. Cooperation of clubs
- b. Deepen love of church
- c. Establish good fellowship

The observance of these two days was planned by the Open Road Club. A family picnic and recreation meeting was to be held. This was to be followed by a vesper service. Due to a heavy rain the meeting was canceled.

8. Talent Program

Objectives:

- a. Recognize talent of club members.
- b. Encourage share the fun participation

Methods:

- a. A county talent program was planned by the Open Road 4-H Club. The award of \$15.00 to the senior winner was used as a scholarship to the State Short Course, and \$5.00 as a scholarship to Jamestown 4-H Camp went to the junior winner. All who participated received blue, red and white award ribbons. The senior winner placed 5th in the state program and participated in the Rural Institute program and a program in Roanoke.

Methods:

County contests were held at Poquoson High School for both boys and girls. 33 club members entered home economics, agricultural and general projects. Blue, red and white ribbons were awarded and 19 first place winners selected to enter demonstrations in district contests. 11 girls gave demonstrations during the District Contest held in Richmond May 21. 5 junior achievement books were entered. 2 senior girls entered state competition.

A talent contest was held in both junior and senior divisions.

The Tri-Area 4-H Fair also furnished an opportunity for club members to compete on county and area level.

6. Achievement Days

Objectives:

- a. Exhibit result of project work.
- b. Recognition of work done and leadership.

Methods:

- a. Tri-Area 4-H Fair (described under "Organizations" No. 5)
- b. National Achievement Day.

Each club included the recognition of this day in their monthly club program. The local newspapers carried news items.

c. National 4-H Club Week

Exhibits during National 4-H Week were set up by leaders and club members in 4 county schools. Recreation meetings, such as skating, bowling parties, movie and dinner parties, were held. Pictures of project work and news articles appeared in local papers. A "parent's night" was also held in one community with the program consisting of demonstrations and talks by club members. Many exhibits were also displayed and ribbons awarded.

d. Annual Awards Program

Special awards and 44 county medals were presented by the agents during the program. 7 members received certificates of recognition entitling them to membership in the county's 4-H Honor Club. The Navajo Club in Poquoson received recognition for outstanding accomplishments in both the National 4-H Health Program and the National 4-H Safety Program.

3. L-H Honor Club

Objectives:

- a. Recognize senior club members
- b. Strengthen over-all L-H program

Methods:

One business and one recreational meeting was held by the county Honor Club. Six new members were welcomed and initiated at a supper meeting. At the business meeting officers were elected and goals adopted.

4. Camps

Objectives:

- a. Foster cooperation
- b. Encourage wholesome recreation
- c. Give training in citizenship

Methods:

a. Jamestown Camp

6 girls attended the Senior camp and two elected as junior leaders. 1 adult and 1 junior leader assisted the agents at the Jamestown camp. Twenty girls attended, with two being elected to serve in camp offices. One other girl served as lesser scribe. Classes were conducted in recreation, tile painting, Entomology and stool seating. Tours and organized games formed a part of the program for the week.

b. Conservation Camp

2 girls attended this camp receiving training in leadership and conservation practices.

c. State Short Course

5 girls attended the L-H Short Course this month. 2 girls were selected State Achievement winners, and went to L-H Club Congress in Chicago. One girl was taken into the "All Star" organization.

5. Contests

Objectives:

- a. Measurement of making the best better
- b. Foster good sportsmanship

C. Other Activities

1. 4-H Community Clubs -

Objectives:

- a. Increase membership by 10%
- b. Form one new club

Methods:

There were 6 community clubs at the beginning of the year. There were more than 10% new members enrolled but about the same percent dropped out. After a conference with the principals of the five elementary schools the agent visited the schools and talked to 19 fifth and sixth grade children explaining 4-H club work. A letter was given to children requesting information to take home to parents. Enrollment has increased in all clubs and new community clubs have been organized. There is an ever changing population in this area due to the many government installations. Regular monthly meetings were held by all clubs either with the agent or leaders in attendance. Project leaders held project meetings at stated times. Demonstrations and instruction are given by the agent or by previously trained leaders. Group participation is encouraged. All meetings are held after school or at night in the homes of members. Clubs join in helping with civic activities, such as March of Dimes, Folio, Red Cross and other such drives.

2. 4-H Council

Objectives:

- a. Plan county-wide activities
- b. Develop skill in parliamentary procedure and program planning
- c. Foster principles of democracy

Methods:

Two business meetings were held by the Council composed of all offices of all county clubs. Leaders and agents act as advisors. Officers were elected and each club acted as a committee to plan and carry out different county activities.

The Council donated \$30.00 to help send two leaders to the State Leaders Conference. Transportation of club members to State Short Course was financed by Council.

c. Home Improvement

Goals	Projects	No. clubs	No. groups involved
1. Help 14 members improve furnishings and furniture arrangement of rooms	1. Your Room	3	3
2. Show 6 club members methods to improve rooms and furnishings	2. Your Home		

Practices Recommended for Adoption	Methods	Results
1. Approved methods in care of rooms	1. Leaders and agent gave method demonstrations at project meetings	1. Two home demonstration club members conducted a well attended class in flower arranging
2. Good use of furnishings on hand	Home tours	2. County district and state contests were entered by senior and junior girls
3. Time and money saving methods	3. Exhibits at Fairs	3. Leader training for adult and junior leaders on etching aluminum trays was given and trays exhibited in Fair
4. Appreciation for standards of good taste	4. Individual assistance of leaders and agent	4. Excellent exhibits of models of room arrangements, and step by step methods of construction of quilts and bed spreads and other articles were entered in Fair
5. Use of principles of color harmony	5. Slide films	5. 23 girls completed this project and reported 122 articles made and furnished, in an average of 6 rooms, rearranged

b. Food

Goals	Projects	No. clubs	No. groups involved
1. Instruct 35 girls in baking and bread making	1. Bread	6	13
2. Assist 10 girls in canning and freezing methods	2. Food Preservation		
3. Give instruction to 15 girls and boys in planning meals and preparing food	3. Meal Preparation		
4. Help club members learn art of "Outdoor Cookery."	4. Outdoor Meals		

Practices Recommended

For Adoption	Methods	Results
1. Wise use of food dollar	1. Method demonstrations by leaders and agent	1. 71 young people enrolled in Food projects with 65 completing
2. Quality in home baking	2. Club, county and district contests	2. 6 girls completed work in Food Preservation
3. Approved methods in food preparation and preservation	3. Exhibits at Fair and special events	3. One club prepared and served meal to 25. The senior club prepared and served chicken barbeque supper for 200 as a money making venture
4. Safety measures	4. County wide all day meeting, agent and group demonstrations.	4. Clubs used outdoor cookery in connection with recreational meetings.
5. Group Cooperation and enjoyment in learning skills.	5. Encourage participation in preparation of club refreshments.	5. 15 girls entered exhibits in Tri-Area Fair, 13 entered county contest, 2 Bread 1 Food. Achievement records went to state and district contests. 8 girls were district winners.
		6. The Master-mix bulletin was used to good advantage in cooking groups.
		7. Leaders, agents, and VEPCO home economists cooperated in two county meetings.

a. Clothing

Goals	Projects	No. Clubs	No. groups involved
1. Assist 25 boys and girls in better grooming practices	1. Looking your Best	6	11
2. Help 15 girls in basic sewing	2. So You'd Like to Sew		
3. Assist 35 girls in making garments.	3. Make or Remake		

Practices Recommended for Adoption	Methods	Results
1. Proper care of self and clothes	1. Agent and leaders gave method demonstrations at project meetings	1. 33 boys and girls completed the project on "Looking Your Best." 22 girls in "So You'd Like to Sew" and 28 in "Make or Remake". 2. 9 girls entered county dress revue and a junior and senior were entered in the district contest. 5 other girls gave demonstrations 3. An estimated total of 40 articles or garments were exhibited. 4. Two summer clothing workshops were held with leaders assisting. This was well attended and the girls were most cooperative.
2. Good Posture and Poise	2. Members exhibit articles at Tri-Area Fair and other events	
3. Wise spending of clothing dollar	3. Members participate in dress revue	
4. Good sewing methods	4. Conduct club and county contest	
5. Use and care of sewing machine	5. Individual instruction through summer workshops	
6. How to plan and make suitable wardrobe.	6. Mothers and leaders give individual instruction.	

5. Tri-Area 4-H Fair Committee

The committee is composed of adult and junior leaders and agents from each area (Hampton, Newport News and York County). A chairman, secretary, treasurer and Fair board is selected each year. Regular meetings are held to plan procedures and methods of conducting the fair, which is held each summer rotating in the various localities. The purpose of the fair is to give the club members an opportunity to display to the public the results of their project work, and to recognize work done.

A Fair Catalog is printed and all expenses of the fair, including prizes, are financed by the securing of advertisements printed in the catalog and by donations. Leaders and members are given recognition in the catalog, explanations of 4-H activities are included, and prizes to be won in different classes listed. A copy is mailed to all advertisers, donors, leaders, 4-H members and other interested persons. The local newspapers gave us good publicity.

Every club had exhibits at the fair and an estimated 50% of all club members took part. Around 1,000 persons were in attendance.

6. Leaders Organization

County policies for club and county activities were set up by this organization. Two meetings were held and helpful ideas exchanged. Two leaders were selected to attend the State Leaders Conference held at Natural Bridge. The 4-H Council assisted with the expenses of these delegates and two were sent by the senior club.

B. 4-H Project Work

In each case projects were selected by leaders, club members and agents to fit individual club needs. All clubs are community clubs, having project work at a different time than regular monthly meetings, in most cases.

Demonstrations by agent, leaders and junior leaders, and trained local persons are given. Home work is carried out under parents supervision. Exhibits of work done and judging of finished product were encouraged by club, county, district and State contests and Tri-Area 4-H Fair.

See following charts

- D. Urban Work
All work done in this county may be classified as urban work.
- E. Farm and Home Development
Families with home management problems were given assistance as described under subject matter heads. The situation in this county seems to be covered in this way.

III. Youth

A. Organization

1. County 4-H Council

The county 4-H Council held two meetings this year electing officers and appointing committees to plan for county activities such as National 4-H Week, Talent Contest, Rural Life Sunday, Rally Day, Awards Program, Year Book and Tri-Area 4-H Fair.

2. All-Stars

Due to the close relationship of Hampton and Newport News to York County a tri-area All Star Organization was formed. Officers are elected and the organization takes an active part in helping with the Tri-Area Fair. At other events each unit works with their own community.

3. Honor Club

Three meetings of the Honor Club were held. Officers were elected and objectives adopted. A recognition ceremony was carried out for the Awards Program when 7 members received recognition.

4. Project Planning Committee

Adult and junior leaders act as a committee working with the agent to plan the project work.

h. Community Projects

<u>Objectives</u>	<u>Methods</u>	<u>Results</u>
1. Foster good relationships with people in county 2. Public application of Extension Educational methods.	1. Special committee appointed to plan for undertaking county project with agents assistance 2. Cooperate with other county groups if requested 3. Cooperate and plan with general interest committees	1. Clubs raised money to purchase camera to be used by clubs. 2. Clubs furnished hostesses to assist Health department keep office open 1 day a month. 3. Cooperated with special interest committee on six programs.

i. Judging

<u>Objectives</u>		
1. Use local trained leaders for judging exhibits at area events 2. Assist neighboring counties if requested 3. Encourage appreciation for high standards and accepted practices.	1. Ask local leaders to assist at Tri-Area 4-H Fair, local achievement and special programs, including county 4-H club contests.	1. Agent helped judge exhibits of Hampton H.D. Club during National Home Demonstration Week 2. Leaders helped judge exhibits at Tri-Area Fair 3. Leaders set up exhibits for Craft display and window display.

f. Home Demonstration Club Achievement Program

<u>Objectives</u>	<u>Methods</u>	<u>Results</u>
1. Inform public of Home Demonstration Club Activities 2. Recognize achievement of clubs and leaders 3. Evaluate years work 4. Encourage cooperation of club members	1. Special committee appointed to work with agent to plan observance. Plans to be approved by all clubs 2. Publicity in local papers	1. Each club assumed responsibility for specific duties in arranging and preparing covered dish luncheon for club members and guests. Over 100 attended. 2. Past county presidents were recognized. 3. History of county H.D. clubs highlighted 4. Style show presented 5. Talk on Civil Defense presented by county coordinator. 6. 4 new clubs welcomed

g. Home Demonstration Club Year Book

<u>Objectives</u>	<u>Methods</u>	<u>Results</u>
1. Outline club program in compact form for distribution	1. County committee appointed one club to compile and make all arrangements for printing, with agents assistance. 2. Distribute to all club members and key persons. 3. Agent will use book as basis for summarizing club program for local news papers.	1. 200 copies of year book printed. 2. Pertinent information included in book as well as program.

e. County Objectives

<u>Objectives</u>	<u>Methods</u>	<u>Results</u>
1. At least one result demonstration in each club.	1. Monthly programs a basis for result demonstrations	1. Result demonstrations were established in kitchen storage and care of shrubbery in each of 6 clubs.
2. Support 4-H activities	2. Donate time, effort and money to 4-H activities	2. 6 club members worked with 4-H and contributions were made to these activities amounting to \$20.00
3. Each club have delegate attend State Federation meeting.	3. Club members urged to invite friends	3. 4 clubs had delegates at State meeting
4. Each club have 5 members attend District meeting	4. Agent and Chairman, distribute blank to report members accomplishments	4. All clubs were well represented at District meeting.
5. All members memorize Homemaker's Creed		5. Creed is repeated at all club meetings
6. Each club secure 3 new members		6. Club chairman compiled accomplishment sheets and turned in to agent
7. Each member report accomplishments.		7. All clubs increased their membership more than minimum and 4 new clubs were organized.

c. District Meeting of Home Demonstration Clubs

Objectives	Methods	Results
1. Arouse interest of club members in Virginia Federation 2. Help club members gain a better understanding of objectives and ideals of Federation and its relation to the Extension Service 3. Recognition of leaders and clubs.	1. Urge attendance at District meeting 2. Have reports given at club meetings 3. Agent assist county publicity chairman with publicity 4. Agent send out advance information by letter and telephone 5. County participate in meeting 6. Contribute to "Pennies for Friendship" IFYE and any other project approved by Federation 7. County Chairman give report	1. 60 club members attended District meeting. Total estimated attendance 450. 2. County was hostess to meeting 3. Reports were given by club leaders and county chairman 4. Contributed \$6.00 Pennies for Friendship, \$30.00 IFYE and \$30.00 Co-op House at VPI 5. County club member elected as incoming district president

d. State Meeting of Home Demonstration Clubs

Objectives	Methods	Results
1. Awaken appreciation of club members to Federation 2. Recognize leaders	1. Urge attendance of club members at meeting 2. County send 2 delegates 3. Participate in meeting 4. All clubs a member of Federation	1. 4 club members attended State Federation meeting, 2 of whom went as county delegates 2. County chairman gave welcome talk at State meeting 3. All clubs are members of Federation 4. Increased interest and understanding noticeable in those who attended meeting.

a. Federation Program of Work
of Home Demonstration Clubs

Objectives	Method	Results
1. Develop better attitudes towards "Safety" as it applies to Civil Defense	1. Years program planned by county and club chairman for presentation to clubs. Topics- What to tell Children; First Aids; Grandma's Pantry; Four Wheels to Survival; Disaster Know How; Emergency Food Preparation; Hurricane Precautions; Communications; Fall Out Protection. 2. Discussion period at each monthly meeting of H.D. clubs led by Chairman. 3. Sponsor First Aid Course 4. Agent distribute printed material furnished by County Civil Defense organization to chairman to give to those requesting information. 5. Make community survey of facilities.	1. Emergency preparation made by families. 2. Survey of community facilities made and filed 3. Sponsored First Aid course, 18 attended 4. Presented County Civil Defense coordinator as speaker at Achievement Day program 5. Will continue civil defense work another year. 6. Many women assisting with Red Cross activities as a result of Civil Defense training.

b. National Home Demonstration
Club Week

Objectives	Method	Results
1. Inform public of H.D. Activities 2. Interest public in Extension methods 3. Recognize leaders	1. Publicity in local news papers 2. Sent out advance information by letter and telephone 3. Had special county wide program planned by county committee assisted by agent. 4. Invite prospective club member to May meetings. 5. Sponsored Tour of Embassies, Washington, D.C. 6. Have exhibits of work in store windows.	1. Tour was made to Washington, D.C cooperating with Hampton group. 2. Summary of years activities published in local papers and leaders recognized. 3. Exhibit of home furnishings in one store window, and one stressing monthly programs in another. 4. Increase in membership noted.

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15
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Story

"Let's do something" is still the cry of many women, but to find the time and to direct this need to constructive channels presented a problem to a majority of home demonstration clubs in the county. When asked what they wanted to do the answer came, "let's make something". It was found that the articles that could be made would take up more time than could be spared from regular monthly meetings.

This problem was discussed at the county program planning meeting of home demonstration clubs and the committee made the following suggestions which were adopted for 1961.

First a county craft chairman was appointed. Then each club selected a club craft chairman. These club chairmen are to secure leaders from their clubs to instruct and give demonstrations, collect all money from club members for supplies, send in lists of names for registration for classes members want to attend, and assist county craft chairman in conducting these special meetings. The county chairman will order all supplies and see that leaders are present to carry out program. The chairmen obtained a list of suggestions from club members. They then met with the agent and planned a years program. The first and third Mondays in each month were designated as "craft days". The agent suggested that different areas in the county be selected for meeting places in order to accommodate interests. This program, where to meet, length of program and dates was printed in 1961 year book. This will enable members to plan their time so they can attend the craft they wish to learn. The agent urged chairmen and members to invite friends and neighbors to participate in this program. Most of the instruction will be given by previously trained leaders. However, a few programs will be given by the agent assisted by leaders. Other workshops will be added as the need arises.

C. Other Activities

There are various activities that contributed to the overall program. Due to the county situation there are not many opportunities for community projects as such but individuals help in all civic undertakings.

g. Housing

Goal	Problem	Number Involved
1. Assist 20 families in planning homes, storage areas, kitchens or other housing problems.	1. Many new homes being built to accomodate influx of families. 2. Need of informing public of available assistance Extension has to offer. 3. Need of churches and civic organisations to plan convenient work space, etc.	1. Help was given to individual families

Practices Recommended for Adoption	Methods	Results
1. Time and energy saving arrangements. 2. Planning for future expansion. 3. Planning for economical upkeep.	1. Visits and consultations with owners by agent 2. Bulletins on planning distribtee 3. Loan of Farm House plans 4. Interest church boards and individuals in better planning for work space in activity rooms. Personal contact.	1. Help was given 150 home makers in kitchen planning. 2. Farm House plans were loaned to 6 families.

f. Ornamental Horticulture

Goal	Problem	Number Involved
1. Help 25% county residents in doing a better job of landscape planning	1. Need for educational programs.	9 groups, Landscape Society
2. Give assistance to 25% county residents in the establishment of permanent lawns.	2. Need to interest residents in subject matter methods suitable for county situation	6 groups, H.D. Clubs
	3. Eliminate overlap of programs of other groups.	
	4. Beautification and care of home grounds	
	5. Encourage use of native material.	

Practices Recommended for Adoption	Methods	Results
1. Good methods to use in pruning trees and shrubs	1. Present monthly programs, open to public, planned by Landscape committee	1. 240 families received assistance on home grounds beautification problems.
2. Proper spray to use for disease and insect control	2. Agent used result demonstration at homes of club members in each of 6 home demonstration clubs.	2. Many families reached with this program not previously aware of educational facilities offered by extension.
3. Methods and material to use suitable for establishing lawns in this area	3. Mailed Landscape Notes (Extension Leaflet) to active list of residents requesting them.	3. Native plant material being used especially by new comers to this area.
4. How to landscape the home grounds	4. Agent conducted tours of homes and local nursery.	
5. How to more effectively use native plant material.	5. Timely articles were published in local papers	
	6. Personal contacts by agents and committee members.	

e. Rural Arts and Crafts

Goal	Problem	Number Involved
1. Assist 30 women in handicraft skills	1. Need of training in personal and family recreation 2. The need of an individual to develop skill resulting in beautiful articles for home, at a saving of family dollar.	6 home demonstration clubs 9 home demonstration clubs 2 special interest groups.

Practices Recommended for Adoption	Methods	Results
1. How to use native materials 2. Methods of constructing beautiful and useful accessories 3. Selection and construction of attractive articles for Christmas giving.	1. Qualified leaders held workshops for women interested in making "Fine Needle Bags". 2. H.D. club craft leader held workshop on making "Tote Bags" as a special interest meeting. 3. Exhibit of articles to make for Christmas giving was arranged by each club as "an open house" to the public. Leaders from each club visited Henrico County workshop and received some training there.	1. Bags made by individuals valued at \$20.00 2. Over 100 families visited "Christmas Display" expressing thanks for ideas they could use. 3. Closer companionship and enjoyment was fostered as groups worked together on different crafts. 4. Increased interest and need resulted in special monthly craft program planned for 1961 by H.D. leaders.

d. House Furnishings

Goals	Problems	Number Involved
1. Assist 100 women in home furnishing methods.	1. Establishment of principals of good taste in home furnishings 2. Need of women to learn skill in making and repairing articles for home beautification. 3. Furniture arrangement for more comfortable living.	1. 6 home demonstration clubs 2 special interest groups 1 group, Home Furnishing committee Individuals.
Practices Recommended for Adoption		
1. Proper methods of up keep in order to save money 2. Knowledge of color harmony 3. Knowledge of beauty in home furnishing. 4. Good construction methods.	1. VPI specialist trained leaders in the giving of a demonstration on "color in the home" to 7 clubs at monthly meetings. Local stores furnished samples to use in demonstration 2. VPI specialist assisted agent in demonstration on "Planning the Hooked Rug" at a county wide special interest work meeting. This was followed by another meeting held by agent in constructing the braided rug. Extension bulletin and directions were used. 3. Home Demonstration agents in Newport News assisted agent in a two day work meeting on making slip covers. Bulletin from Extension Department was successfully used. This meeting was planned by County Home Furnishing Committee. 4. Individual assistance was given by agent to organizations and home owners on refinishing furniture, construction of draperies. and furniture arrangement.	1. 220 women reported help received in repair and care of home furnishings 2. Information on color schemes was used by 118 individuals 3. Training in rug making resulted in 186 rugs. 4. Training in flower arrangements was used by 58 homemakers in homes as well as group activities, such as civic, church and 4-H project training. 5. 108 pieces of furniture reported refinished.

c. Home Management

<u>Goals</u>	<u>Problem</u>	<u>Number Involved</u>
1. 75% H.D. Club members able to make simple household repairs and plan better household storage. 2. 75% club members better informed about legal matters.	1. Need of women to learn how to save family dollar in regard to upkeep of home, wise investments and safe contracts. 2. Additional information on storage problems to help create better family living.	7 Home Demonstrations Clubs Individuals
<u>Practices Recommended for Adoption</u>		
1. How to make simple household repairs. 2. Better methods and utilization of kitchen storage. 3. Legal matters a woman should know about contracts and investments.	1. Leaders trained by VPI Specialist gave demonstrations at 6 club meetings on kitchen storage. 2. VPI Specialist set up 6 result demonstrations on kitchen storage which were used by leaders trained at this time to assist agent in giving demonstrations to county clubs at monthly meeting. 3. Local lawyers or bankers gave talks to county club groups at monthly meeting on "Contracts and Investments." Mimeographed aids supplied by Extension Service were distributed. Open discussion followed each talk.	1. Knowing how repairs should be made as important as being able to do them; in order to get value for work done. 2. 140 repairs were reported made by H.D. women. 3. Information on legal matters was used by 36 families. 4. Appreciation by local leaders of intelligent interest in affairs that make for good home management.

b. Food and Nutrition

Goals	Problems	Number Involved
<ol style="list-style-type: none"> 1. Reach 75% H.D. Club members with information on foods and nutrition. 2. Interest 25 new contacts in improved meal planning and preparation methods. 	<ol style="list-style-type: none"> 1. Weight control through better balanced and nutritious meals. 2. Preparation of food for enjoyable entertaining. 3. Emergency preparations. 	<p>9 home demonstration clubs 2 special interest groups sponsored by Food and Nutrition committee Individual requests</p>

Practices Recommended for Adoption	Methods	Results
<ol style="list-style-type: none"> 1. Value of low calorie foods 2. Value of milk in diet 3. How to save money through learning skill in preparing party foods. 4. Emergency methods in saving and preparing food. 	<ol style="list-style-type: none"> 1. Leaders trained by VEPCO home economist planned buffet luncheons, prepared and served at 6 monthly club meetings. Recipes were distributed and methods explained. 2. The agent and 3 leaders were trained by Newport News H.D. Club leaders in "Cake Decorating." These leaders in turn helped train county club leaders who held work meetings in each of 6 clubs on this subject. 3. VEPCO home economists trained club leaders in making "Party Sandwiches." A local bakery cooperated in this work meeting and in club work meetings held by leaders in 7 clubs. 4. WPI Specialist trained leaders who planned and gave demonstrations to 7 club groups. Low calorie luncheons were given by 6 clubs. One club used low calorie desserts. 5. Emergency food preparation was developed by agent and leaders as basis for club programs on civil defense in 6 H.D. Clubs. 6. Individual assistance was given by agent on methods of freezing and canning. 7. Articles for local papers were prepared by agent and individual assistance given on methods of food preservation during emergency which resulted from hurricane damage. 	<ol style="list-style-type: none"> 1. 100 women reported new methods in food preparation used. 2. 1249 qts. of food canned or frozen by H.D. women. 3. Information on freezing, canning and storage of food used by women. 4. 900 changes reported in improved diet in members of families. 5. Use of different forms of milk increased by 150 families.

a. Clothing

Goals	Problem	Number Involved
1. Help 100 homemakers with clothing problems.	1. Need to develop skill in construction and obtain information on quality and care of fabrics in order to save time and money.	9 Home Demonstration Clubs 5 County Clothing Committee Groups 9 Groups - Special Interest (Nat, sewing tips) Individuals

Practices Recommended for Adoption	Methods	
<ol style="list-style-type: none"> 1. Learn how to identify new fabrics. 2. Learn proper care of new fabrics 3. New sewing techniques in making <ol style="list-style-type: none"> a. Children's clothes b. Tailoring c. Millinery d. Sewing Tips 	<ol style="list-style-type: none"> 1. Agent demonstrations on fabrics to county home demonstration clubs at 2 monthly meetings. Extension kits furnished by Clothing Specialist used. Members participated through exhibits and discussion. 2. Agent demonstrations and instructions to 4 different classes, 6 lessons each, to special interest groups. Leaders trained by local professional worker helped conduct hat making classes. 3. Demonstrations and instruction by agent and two trained leaders to 5 different groups, sponsored by clothing committee, for 6 two hour periods. Agent and leaders trained by clothing specialist in tailoring. Used visual aids made at this time. 4. Assistance to individuals on special problems; selection, pattern alteration, construction. 5. 14 monthly demonstrations by agent, given one in morning and one at night, to groups as part of program planned by clothing committee. 	<ol style="list-style-type: none"> 1. Total of 115 received instruction in special classes. 2. Estimated saving of clothing dollar was over \$50.00 to each family. 3. Development of skill in sewing methods gave women a feeling of being able to turn out a well made garment. 4. Wider appreciation and acceptance of Extension methods. 5. Increased interest in clothing construction methods and ways to save clothing dollar.

Through discussions and as a result of a questionnaire, a program was developed for 1959 and 1960. Details are related under Clothing.

e. County Home Demonstration Club

2 regular meetings of this committee are held each year. Officers are elected and committees appointed to plan for county-wide activities at the spring meeting and objectives, achievement day, and county budget are included in the fall meeting. The county by-laws outline the function of the different standing committees and the regular procedure for all business and special meetings.

B. Subject Matter Emphasis Areas

See following charts.

II. COUNTY EXTENSION PROGRAM - ADULT

A. Organisation

a. Home Economics

Key women from the county, representing various groups, form the membership of the Home Economics County Council.

b. General Interest Committees

1. York County Landscape Society

A committee was organized in 1957 with a chairman and a secretary being elected each year. The agents met with the committee and a program for 1960 was developed. Meetings are held each month except December, July and August.

c. Youth

1. Tri-Area 4-H Fair Committee

This work is described under 4-H club work.

This committee is composed of volunteer adult leaders, junior 4-H club leaders, and county and home agents from Hampton, Newport News and York County. Each year 6 to 8 meetings are held to plan all details of a Tri-Area 4-H Fair.

d. Home Economics

1. This committee is composed of key women from different areas in the county interested in home furnishing problems. A chairman and secretary were selected and through committee meetings a program was developed to fit the desires of the county residents. This is described in detail under special interest county-wide programs in home furnishing.

2. Food and Nutrition

Key women from different parts of the county formed this committee. Through committee meetings and the use of a questionnaire, meetings were planned to help women learn time saving methods in preparing nutritious and economical meals. Methods and results are listed under Food and Nutrition section.

3. Clothing

This committee was organized in 1959 as a result of requests for more meetings on sewing problems.

1. COUNTY SITUATION

A. Size

Approximately 25 miles long, ranging, from 2 to 7 miles in width. Total land acreage, 78,720.

B. Topography

Land is mostly flat, elevation from sea level to about 35 feet. Erosion is only a problem along many streams and high bluffs. Soil is mostly sandy loam.

C. Population

The trend here has moved rapidly in the last 5 years from a rural county to a non farm and urban one. There has been a decrease from 291 farms in 1950 to 239 in 1954. A majority of these are from 3 to 9 acres, the operator working full or part time off the farm.

D. Employment

Many residents are employed at nearby government facilities. Others are working at the American Oil Co., Refinery, VEPCO Plant, Dow Chemical and Newport News Shipyard and local seafood industries.

E. Facilities

Good roads and all modern conveniences are above average. However, there is no public transportation facility. There are good public schools but a lack of school room space to take care of large increase in school population. There are also a number of adult educational agencies near by. There are no towns of any size in the county. Residents in the upper part of the county use Williamsburg, as a shopping center and Newport News and Hampton serve the rest of the people. The local beaches and waterways afford many natural recreational facilities. The problem here is time to take advantage of existing facilities. The climate is mild with a mean temperature of 59.48 degrees. All activities that go with urban living are easily available and present no problem.

1960 HIGHLIGHTS

Family Living Highlights

A. Home Demonstration Club Program

The work in clothing construction and programs on care and selection of new fabrics, as described under "Clothing" resulted in an increase of interest by club members, and an acknowledgement of the need for additional information.

B. Leadership

The cooperation and assistance given by adult leaders in both home demonstration club work and special interest committees has made it possible to reach many new families with Extension methods. This and good publicity is resulting in increased membership in clubs, requests for formation of new clubs and requests for assistance from individuals in family living problems.

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