

1954

ANNUAL REPORT

COUNTY EXTENSION WORK

VIRGINIA AGRICULTURAL EXTENSION SERVICE

PATRICK COUNTY

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IV. COUNTY SITUATION

Patrick County is a rural county located on the South Side of Virginia bordered by Henry, Floyd, Carroll Counties and North Carolina State Line. There are 2424 farms in the county with a majority of home owners. Stuart is the only town in the county with less than 1000 population. Income is derived from flue-cured tobacco, dairying, orchards, timber, beef cattle, and a little truck farming. Non-farm families secure income from Coble Dairies Co-op Milk Plant, Stuart Knitting Company, United Elastic Plant, Stuart Lumber Company, and Stuart Canning Company. Some farm families supplement their income through employment at some of these commercial establishments.

At the beginning of the year, there were 15 home demonstration clubs located in the 5 magisteral districts. Jacks Creek Home Demonstration Club was discontinued and 2 new groups were organized, Buffalo Ridge and Red Bank. This makes a total of 16 home demonstration clubs with 288 active members. Twenty-five white 4-H Clubs and 3 non-white 4-H Clubs with 404 white and 105 non-white members were supervised by the home demonstration agent. Two community clubs were conducted in the Lone Ivy and Bel Spur areas.

The County Board of Supervisors arranged for the home agent to have an office telephone which has been a great help in making contacts in carrying out the Extension program.

Through the functions of the Patrick County Home Demonstration Committee, the home demonstration club program was planned and necessary changes were made. This committee held two business meetings and one call meeting during the year.

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V. ADULT WORK

A. Project Work

1. Foods and Nutrition:

<u>Objectives</u>	<u>Methods</u>
a. To learn the 7 basic foods groups and their importance.	a. Method demonstration on Planning Low Calorie Nutritious Meals by the home agent in January.
b. Encourage homemakers to plan and serve nutritious meals.	b. Leader training meeting on Meat Cookery by Miss Janet Cameron in January. Leaders will conduct February demonstration.
c. Learn to use low calorie foods for weight reduction rather than "fad" diet methods.	c. Leader training on Low Calorie Salads by Miss Janet Cameron in January. Leaders will conduct June demonstration.
d. Learn better methods of meat cookery for nutrition and variety.	d. The home agent will conduct a method demonstration on Low Calorie Desserts in July.
e. Learn to prepare low calorie salads and desserts.	e. News articles.
	f. Home visits.
	g. Bulletins.
	h. Circular letters.

Results:

Method demonstrations on Planning Low Calorie Nutritious Meals were conducted by the home demonstration agent in January. Emphasis was placed on the basic 7 food groups as well as on calorie requirements for individuals.

Miss Janet L. Cameron, Extension Food and Nutrition Specialist, conducted leader training meetings on Meat Cookery and Low Calorie Salads in January. Twenty-six leaders attended each training meeting and later conducted the demonstrations in respective club groups in February and June. Clubs which were not represented at leader training meetings had leaders from other clubs to give the

demonstrations. Homemakers feel that correct methods of cooking various cuts of meat has helped them to prepare more palatable and nutritious meat dishes and to keep costs of meat at a minimum by using inexpensive cuts of meat. Low Calorie Salads have helped also in giving variety and nutritious elements to the family meal pattern as well as to help keep calories down.

A method demonstration on Low Calorie Desserts was conducted by the home agent in July. Homemakers realized that it was through desserts that high calories were so easily obtained. Many homemakers have used low calorie foods for weight reduction. Emphasis was placed on importance of eliminating "fad diet methods" from weight reduction procedures.

News articles, circular letters, home visits, and bulletins were used in helping to carry out the foods and nutritious program.

2. House Furnishings:

<u>Objectives</u>	<u>Methods</u>
a. To become acquainted with kinds of paints on market and how they should be used.	a. Method demonstration on Color and Paints For The Home by the home agent in April.
b. To learn better uses and combinations of colors for the home.	b. Method demonstration on Care and Cleaning Upholstered Furniture and Rugs by home agent in May.
c. To learn how to select house furnishings fabrics for the best use.	c. Method demonstration on Selection and Care of New Fabrics for House Furnishings by home agent in September.
d. To learn proper care of new house furnishings fabrics.	d. Result demonstrations.
e. Learn how to care for and clean upholstered furniture and rugs.	e. Home visits.
	f. Slides.
	g. News articles.
	h. Circular letters.
	i. Exhibits.

Results:

The home demonstration agent conducted method demonstrations on Color and Paints For The Home in April in which emphasis was placed on color selection, kinds of paints available, and methods used in applying paints. A number of homemakers have painted interior of their homes. A few have been painted on the exterior. Homemakers who used lighter wall colors in small homes and white or lighter ceilings have been well pleased with the results.

The home agent conducted method demonstrations on Care and Cleaning of Upholstered Furniture and Rugs in May. Homemakers were delighted to learn that such general soil and spots could be removed from furniture and rugs with little effort to give a brighter appearance of furnishings.

The home agent conducted method demonstrations on Selection and Care of New Fabrics for House Furnishings in September. Emphasis was placed on looking for and reading labels for fabric content as well as on following directions given on labels for care and upkeep. It is felt that a number of homemakers are more label conscious now.

Fifteen homemakers and the home agent attended the Color and Design Show held in Roanoke at which time valuable information was obtained on fabric selection, color combinations, good designs, and accessories.

Mrs. Elbert Fulcher of Patrick Springs has completely remodeled interior of house through adding wallboard to all walls and painting in lovely colors, leaving ceilings light. She has also made draperies for windows. Storage space has been added to the den and the bedroom.

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About two years ago, the floors were sanded and refinished with floor seal. The floors stood up well under the mentioned activities. This has been used as a result demonstration.

Home visits, news articles, circular letters, exhibits, have been a help in carrying out this phase of the Extension program.

3. Clothing:

<u>Objectives</u>	<u>Methods</u>
a. To help homemakers remodel clothing attractively.	a. Method demonstration on Remodeling Clothing by home agent in October.
b. To help homemakers select new fabrics with care in relation to use and care of fabrics.	b. Method demonstration on Selection and Care of New Fabrics used for clothing in September by home agent.
c. To assist homemakers with color and design of clothing.	c. Home visits.
	d. Bulletins.
	e. News articles.

Results:

Method demonstrations on Remodeling Clothing were conducted in October by the home agent. Leaders assisted the home agent in conducting 7 of these demonstrations. These leaders had been trained individually by the home agent. Ideas on present style trends and suggested ways of remodeling old garments were used. Homemakers gathered ideas for converting old unworn garments into useful garments. Not all homemakers do home sewing but those who do have started remodeling some garments.

Home visits, bulletins, and news articles were used. Garments exhibited at County Fair and at Home Demonstration Achievement Program were very good and indicated that homemakers do make attractive garments which fit well and in the meantime the family budget is helped.

4. Housing:

<u>Objectives</u>	<u>Methods</u>
a. To help homemakers develop attractive out-door living areas as needed.	a. Method demonstrations on Development of Out-door Living Area by home agent in March. b. Home visits.
b. To help homemakers obtain suitable house plans, if desired.	c. Bulletins. d. Result demonstrations.
c. To assist homemakers with remodeling problems.	e. News articles. f. Slides

Results:

The home agent conducted a method demonstration on Out-door Living Areas in March using bulletins, slides, home visits, news articles, and result demonstrations. Out-door fireplaces have been constructed. Comfortable chairs have been made or purchased. Flower borders rather than spotty groups of flowers have been planted. A few homemakers have planted for screening undesirable sights.

The home agent has given assistance when requested in remodeling houses, re-arrangement of present equipment, location of new equipment, addition of storage spaces and bathroooms, and color for new houses.

A few water systems have been added this year.

5. Rural Arts: (Recreation and Handicraft)

<u>Objectives</u>	<u>Methods</u>
a. To learn types of recreation which can be conducted at home.	a. Leader training meeting to be conducted by a specialist on Family Recreation in April. Leaders will conduct August meeting on Recreation.

- b. To help homemakers learn to conduct recreational activities.
- c. To help homemakers learn to create attractive line and design in working with leather.
- d. To help homemakers learn to make gifts at home.
- b. Leader training meeting by home agent on making leather billfolds. Leaders will conduct demonstration in November on Leatherwork or on other gifts which some leaders have previously had training.
- c. Special meetings.
- d. News articles.
- e. Circular letters.
- f. Exhibits.

Results:

Leaders conducted family recreational meeting in August. Some groups invited non-club members and their families.

The home agent conducted a leader training meeting on Leatherwork in October. Twenty-eight leaders were present and in turn conducted the method demonstration on Making Leather Billfolds in November. Many homemakers plan to use the billfolds for gifts. One-hundred billfolds and 8 key cases were completed. Homemakers learned simple methods used in tooling and lacing leather and good designs suitable for small items.

6. Gardens and Food Preservation:

As a result of a previous year's work on the well-rounded vegetable garden, homemakers have continued to grow and use such seldom used vegetables as broccoli, salsify, asparagus, cauliflower, and rhubarb. Homemakers have canned and frozen vegetables from gardens. Meats and fruits have also been canned and frozen to increase the family food supply. More and more homemakers are adding home freezers for food preservation.

Community canneries have been used by many homemakers.

Around 30 pressure canner gauges were tested for pressure accuracy. In a few instances new gauges were purchased for safety measures and for prevention of food spoilage.

Garden leaders gave garden hints at each regular meeting between January and September.

B. Federation Goal

1. Art In Daily Living:

Objectives:

- a. Each club strive to develop appreciation for music, art, nature, strength of character and spiritual life.
- b. Each club member read at least 5 books from a good reading list.
- c. Each club spend at least 10-15 minutes on music at one or more club meetings.
- d. Each club member visit Art Exhibit when it comes to Patrick.

Methods:

- a. Home visits.
- b. Circular letters.
- c. Result demonstrations.
- d. News articles.
- e. Reading certificates will be used in carrying out the program.
- f. Leaders will conduct December demonstration.

Results:

This was the first year for the goal, Art In Daily Living to be carried in Patrick but a great amount of interest was shown. At the December meeting, goal leaders discussed the goal objectives after which Christmas activities took place in the form of music, poetry, readings, and gift exchange. Some groups wrapped gifts and prepared Christmas boxes or fruit baskets for old couples or a

needy family in respective communities. A few clubs continued use of music at other regular meetings.

Seventeen home demonstration club members read five books from Good Reading List and received Reading Certificates.

Since the Art Mobile did not get to Patrick during the year, homeakers attended the Patrick County Schools Art Exhibit held in Stuart in the Spring.

Patrick Springs Home Demonstration Club members, under direction of club leaders, made around 30 frosty white candles for use at the local church during the Christmas season. On the last day of the year, club members prepared and served members of their families and a few guests a turkey dinner. The candles which were made for the church were again used with greenery for decorating the V.F.W. Home, the scene of the turkey dinner. After the dinner, planned recreation and singing was conducted. This activity was an outgrowth of the Federation Goal Program.

Patrick Springs Home Demonstration Club also saw the need of a piano in the new local school. This home demonstration club members planned, prepared, and served a supper, clearing close to \$200.00. A few donations plus money already in the clubs' treasury and a nice discount from a local dealer enabled the club to buy, pay for, and present the piano to the school within a years time. It is felt that this has been a fine contribution for benefit of the community as a whole and shows that there is an appreciation for music in the community.

Charity Home Demonstration Club members conducted a Christmas luncheon and an exchange of gifts among members and children at the December meeting. Invited guests participated in presentation of vocal music.

Dobyns Home Demonstration Club members prepared and served a supper for club members and their families in December.

2. Home and Community Beautification:

This goal was carried in Patrick prior to Art In Daily Living. Even though a new goal was selected, work has continued on Home and Community Beautification. Meadows of Dan conducted a yard improvement contest again and Mrs. Edward LePetrie was winner having made numerous improvements such as - built an out-door fireplace and picnic area, provided a flower border and lawn furniture.

C. Other Activities

1. County Objectives:

- a. Each club pay \$3.00 State Federation Dues by February 1, 1954.
- b. Each club pay \$1.50 to County Home Demonstration Treasurer by February 1, 1954.
- c. Leaders attend Leader Training Meetings and be responsible for demonstrations to be conducted by leaders.
- d. Invite at least 6 non-club members, including young homemakers, to demonstrations of interest to them.
- e. Leaders send reports of any demonstrations conducted by leaders to home agent following demonstrations.
- f. Each club have a delegate to attend the District Federation Meeting and the Institute of Rural Affairs.
- g. Each club member submit Achievement Report to Program Development Leader by October 1, 1954.
- h. Each club have a garden leader to give discussion from January through September.
- i. Each club have a recreational leader and entertain one group during the year and help young people to organize.
- j. Each club member have a physical check-up.
- k. Each club help a needy family.

Results:

All home demonstration clubs paid state and county dues. One-hundred and seventeen leaders attended leader training meetings and were responsible for 5 monthly meetings. Non-club members were invited to demonstrations. A few of these homemakers are expected to be prospective members. Stella Home Demonstration Club had a full-time delegate to attend Institute of Rural Affairs. Ten homemakers from Central Academy and Meadows of Dan attended one day. Each club had a garden leader who made reports at each meeting between January and September. Each club had a recreational leader who conducted the August recreational meeting which was in the form of picnics or wainer roasts. Very few homemakers had a physical check-up. Each club either prepared a Christmas box or fruit baskets for needy families.

2. Community Clubs:

A community improvement club has been in progress in Bel Spur and Lone Ivy Communities. Improvements have been made on roads, mail boxes, and one farms and in homes. Name plates were placed on 46 mail boxes in Bel Spur Community. Each community has community signs. Each community added home freezers and homemakers provided a bountiful food supply. Each community conducted planned recreational meetings. Educational meetings on topics of interest such as home storage, pasture, landscaping, and wildlife conservation were conducted. Bel Spur was declared winner of the Patrick Community Clubs. Bel Spur and Lone Ivy were represented at White Gate Open House in Giles County.

3. Result Demonstrations:

Twenty homemakers served as result demonstrators during the year. Seven were conducted on kitchen and house remodeling. Four were conducted on bathrooms, three on storage, 3 on floors finished with floor seal, and 3 on home grounds.

4. Community Projects and Cooperation With Other Groups:

- a. Meadows of Dan Home Demonstration Club members served supper to local Puritans each month, conducted a Halloween Carnival, sold cards, contributed to a club birthday jar to raise money for club treasurer. Two-hundred and seventy dollars were given to the building program for a Community Cannery at Meadows of Dan. Home demonstration club members and non-club members have used the cannery during this canning season. A child's record was donated to the school's music album each month. A dish towel shower was given for the school lunchroom.
- b. Stuart Home Demonstration Club members cooperated with local Jaycees in a community project. The new community building needed draperies or curtains. The Stuart Home Demonstration Club members purchased and made 12 pairs of draperies for the new community building. Draw drapery rods were purchased also and installed by the group of homemakers. The home agent and a committee representing the two groups planned the colors to be used in the Community Building.
- c. Patrick County Fair:
Home demonstration clubs cooperated with Stuart Rotary Club in helping to make the County Fair a success through entering numerous exhibits, registration of exhibits, and the operation of the food concession stand on the grounds. Skyline, Red Bank

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Meadows of Dan, Five Forks, Dogwood Hills, Stuart, Patrick Springs, Central Academy, Woolwine, Charity, Lone Ivy, and Buffalo Ridge operated the food concession. The Fair was a success.

Home Demonstration club members who had been trained on judging at Fairs assisted with entering exhibits at the fair.

d. County Health Unit:

Charity, Meadows of Dan, Stuart, Lone Ivy, Patrick Springs, Dogwood Hills, and Woolwine Home Demonstration Clubs were represented with other organizations at the February meeting of the Board of Supervisors to help get a Health Unit in Patrick. Five Forks had previously sent resolutions to the Board. The Board passed favorably on the Health Unit.

e. County Welfare:

All home demonstration groups cooperated with local welfare agency in donating gifts, books, food, or clothing to needy families particularly during Christmas season.

f. Adult Education Center:

One-hundred and three dollars and fifty cents was contributed by Patrick Home Demonstration Clubs for the Adult Education Center in Blacksburg.

g. Laundry Clinic:

The home agent and one homemaker attended the Laundry Clinic conducted in Roanoke at which time valuable information was gained on soaps and detergents, laundry methods, and equipment.

h. Work With Appalachian Electric Power Company:

Mrs. Virginia Hancock, A.E.P. Co., Home Economist, conducted special interest meetings on uses of electric stove and also on uses of automatic washing machines and clothes driers for home demonstration club members and non-club members.

Mr. Jimmy Crouch, a photographer for A.E.P. Co., cooperated with the home demonstration club program by making pictures of accomplishments in remodeling houses and kitchens and additional electric equipment. These were used in local newspapers.

5. National Home Demonstration Week:

Twenty homemakers and the home agent attended the District Federation meeting held in Wytheville on May 5th. Most groups conducted club exhibits in community stores or held a special recreational activity for members and families.

6. Achievement Day Program:

The Annual Achievement Day Program for home demonstration clubs was conducted in Stuart High School Auditorium on November 8th at 7:45 p.m. Mrs. William M. Rodgers, County Chairman, presided over the meeting. Meadows of Dan gave a skit of club activities during the year. County Federation Goal activities were given by Mrs. George Wood of Patrick Springs and Mrs. Will Joyce of Stuart reported on Community Activities in the county. A fashion show was conducted by homemakers and their children, modeling garments made by homemakers. Miss Lady Clark, County Librarian, presented Reading Certificates. Mrs. Gay Owens, County Federation Goal Leader, directed group singing. Several clubs exhibited handicraft.

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VI. 4-H CLUB WORK

A. Project Work

1. Your Room, Pep It Up:

<u>Objectives</u>	<u>Methods</u>
a. To help girls learn to arrange room for attractiveness and best use.	a. Method demonstrations by the home agent.
b. To help girls use good combinations of color for room in question.	b. Home visits.
c. To help girls learn recommended methods for caring for room.	c. Exhibits.
d. To help girls learn to make attractive picture selections and how to hang these pictures.	d. Bulletins.
	e. Circular letters.

Results:

Two-hundred and one girls were enrolled in the project, Your Room, Pep It Up. One-hundred and sixty-eight girls completed project. Two-hundred and thirty articles were made, costing \$350.80. One-hundred and thirty-seven girls cared for own room regularly. Twenty-eight dustless dust cloths were made. Ninety-three girls partitioned drawers. One-hundred and fifty-eight towels or scarfs were made. Two-hundred and fifty-one rooms had furniture re-arranged in them as a result of this project. A few girls also converted lamps.

The home agent used method demonstrations, home visits, bulletins, circular letters, and exhibits in carrying out this program.

2. Clothing:

So You'd Like To Sew

<u>Objectives</u>	<u>Methods</u>
a. To help girls learn recommended practices in beginning Clothing Construction.	a. Method demonstration by home agent and leaders trained by home agent. b. Home visits.
b. To help girls learn attractive color combinations.	c. News articles. d. Exhibits.
c. To help girls learn to use recommended sewing equipment.	e. Circular letters.

Results:

Method demonstrations were conducted by the home agent and leaders. Two-hundred and forty-eight girls were enrolled in So You'd Like To Sew project. One-hundred and five girls were non-white. Two-hundred and twelve girls completed project. Seventy-six completions were non-white. Wrist pin cushions, needle cases, kitchen towels, tray cloths were made by the girls. Sewing boxes were equipped at beginning of project. Information was gained on use of proper sewing equipment, recommended sewing practices and color combinations. Most project groups exhibited articles which had been made in project.

Make or Remake Your Clothing

<u>Objectives</u>	<u>Methods</u>
a. To help girls learn to plan for, buy or make garments economically, considering garments on hand, good color, design and line in relation to fabrics and the girls figure.	a. Method demonstrations by home agent and junior and adult leaders. b. Home visits. c. Exhibits. d. Bulletins. e. News articles.
b. To participate in contest:	

Results:

Method demonstrations by home agent, junior and adult leaders were used. Girls learned how to plan for and make at least one garment for self. Information was given on color, design, and line suitable for the girl.

Fifty-two girls were enrolled in the project with 11 reporting on activities completed. Girls reporting made 85 new garments for self costing \$167.60.

A county contest was conducted at which time Pat Beasley received first place in Dress Review and Ella Sue Hopkins was second. Pat Beasley represented county in district contest and was a blue ribbon winner.

Sara Leigh Dickerson was county winner in the Clothing Achievement Contest and entered district contest where she was district winner.

5. Safety:

<u>Objectives</u>	<u>Methods</u>
a. To help girls to recognize safety hazards.	a. Method demonstrations by home agent.
	b. Home visits.
b. To help girls to correct safety hazards.	c. News articles.
	d. Bulletins.

Results:

Three-hundred and thirty-three girls were enrolled in the Safety project. Three-hundred and twenty-two girls completed project, eliminating safety hazards and correcting safety hazards at school and at home. Method demonstrations, home visits, news articles, and bulletins were used.

4. Food Preparation:

<u>Objectives</u>	<u>Methods</u>
a. To help girls learn to use accurate measurements, table service, and table manners.	a. Method demonstrations by home agent, junior and adult leaders. b. Home visits.
b. To help girls recognize importance of well-planned nutritious meals.	c. Exhibits. d. News articles.
c. To help girls learn to prepare attractive dishes of foods.	e. Bulletins.
d. To participate in contests.	

Results:

Method demonstrations by home agent, adult leaders, and junior leaders were used in helping to carry out food preparation project. Girls learned to use accurate measurements, plan well-balanced meals, and to prepare attractive dishes of food.

Sixteen girls were enrolled in the project with eleven girls completing. One-thousand, five-hundred and fourteen dishes of foods were prepared and 69 meals were served by the girls.

A county contest was conducted in which Arlene Smith was winner. Arlene represented Patrick in the district contest and received a white ribbon.

Three girls were enrolled in the Bread project and completed the project making biscuits 40 times, cornbread 60 times, muffins 12 times, griddle cakes and waffles 14 times. Norma Soyars was county winner of Bread contest and represented county in district contest. Norma received white ribbon.

5. Food Preservation:

<u>Objectives</u>	<u>Methods</u>
a. To help girls learn recommended practices for canning and freezing foods.	a. Method demonstrations by home agent and junior and adult leaders. b. Home visits.
b. To help girls learn how to detect food spoilage and causes for the spoilage.	c. Bulletins. d. Exhibits.
c. To learn how to use a pressure canner.	
d. To help girls learn how to can for exhibits.	
e. Each girl can at least 25 pints of food.	

Results:

Method demonstrations were given on recommended practices for canning and freezing foods. A few girls also learned to use the pressure canner. Eight girls completed project canning 500 jars of food alone and helped can 2772 jars of foods. Around 200 packages of food were frozen.

Girls exhibited canned foods at County Fair and received many awards.

Girls were also entered in Sears Roebuck Canning Contest. Betty Clifton was county and area winner in canning project. Peggy Soyars was second in the county; Mildred Smith was third; Jeanette Cox was fourth; Doris Ann Mills fifth; Ruth Terry sixth.

Home visits and bulletins were used in helping to carry out this program.

6. Home Gardens:

<u>Objectives</u>	<u>Methods</u>
a. To help each girl recognize importance of planting a spring and fall garden.	a. Method demonstrations by home agent and specialist. b. Garden inspections by home agent and specialist.
b. To help each girl select a variety of good vegetable seeds and plants from a reliable dealer.	c. Home visits. d. Result demonstrations. e. Exhibits.
c. To help girls see need for and to use insect control.	f. News articles. g. Circular letters.
d. To participate in contests.	h. Bulletins.

Results:

Method demonstrations by home agent and L.C. Besser, Garden Specialist, assisted girls in selection and planting of spring and fall gardens. Insect control measures were learned. Eight girls completed project. These girls were enrolled in Sears Roebuck Garden contest with results as follows:

Betty Clifton was county winner and took third place in area. Peggy Soyars was second; Mildred Smith was third; Doris Ann Mills was fourth; Ruth Terry was fifth; and Louise Handy was sixth.

It is felt that even with a drought during the summer the girls had fairly good gardens.

7. Rural Electrification:

<u>Objectives</u>	<u>Methods</u>
a. To help girls improve home lighting, to recognize and correct safety hazards.	a. Method demonstrations by home agent. b. Home visits. c. Bulletins.
b. To help girls make simple repairs.	d. News articles. e. Exhibits.

Results:

Method demonstrations were conducted by Mr. George Turner of Appalachian Electric Power Company. Girls learned to make simple repairs, recognize and correct electrical safety hazards. A few girls converted oil lamps into electric lamps.

Twelve girls completed project. Sue Reynolds was county winner and represented Patrick at the Electric Congress in Richmond. Mary Lou Cocks of Meadows of Dan and Doris Ann Mill of Red Bank received county medals.

Home visits, bulletins, and news articles were used in carrying out this project.

8. Home Grounds:

No definite plans were made for this project but two girls were enrolled in the project and completed it making numerous improvements around the home, mowing the lawn, growing flowers, and keeping shrubs trimmed.

B. Other Activities

1. 4-H Camp:

Eighteen girls, one adult leader, one junior leader, and the home agent attended 4-H Camp at Holiday Lake, Appomattox, Virginia. The home agent conducted one of the handicraft classes and vespers. 4-H Club members gained new friends and learned new methods.

Three home demonstration clubs paid expenses of club members at 4-H Camp.

2. Achievement Day:

The Patrick County Achievement Day Program was conducted at Stuart School Auditorium on the afternoon of March 13th. Awards for 1953 project work were presented. Coble Dairy cooperated by supplying ice cream for refreshments.

3. National 4-H Week:

4-H contests, council meeting, and achievement program were conducted during National 4-H Week. Many clubs had regular meetings with special programs during the week.

4. State 4-H Short Course:

Five girls attended State 4-H Short Course in Blacksburg, June 21-26. The girls gained valuable information and new friends. Yvonne Williams was initiated as an All Star.

5. State 4-H Contests:

Sue and Drue Reynolds were entered in State Garden contests and received \$12 each. Sara Leigh Dickerson entered State Clothing Achievement contest and received a red ribbon.

6. Conservation Camp:

The home agent attended Conservation Camp as an adult counselor during the week of July 17th.

7. County Fair:

Many 4-H Club girls entered numerous exhibits at Patrick County Fair and received many awards. Hilltop Girls 4-H Club entered a club exhibit and received \$2.00. The club also had an exhibit in Foods and Nutrition and received \$3.00.

8. Recreation:

Meadows of Dan girls' group and Hilltop girls each conducted recreational meetings at which time their mothers were invited. The girls enjoyed the outings.

9. Community Activities:

Critz 4-H Clubs continued work on the recreational community building. Since this is a long-time goal, work will continue over a period of years.

VII. YOUNG MEN AND YOUNG WOMEN'S WORK

Young homemakers were reached through organized home demonstration clubs, community clubs, and individual home visits.

VIII. SCOPE OF WORK

	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
No. Home Demonstration Clubs or Groups	14	14	15	15	16
Membership	241	265	305	331	288
No. 4-H Clubs					
White	16	18	21	24	25
Non-White	0	0	0	0	3
Membership					
White	317	373	474	509	404
Non-White	0	0	0	0	105
No. Other Families Reached	277	208	200	650	650
No. Different Families Reached	1252	1633	1650	1650	1650
No. Community Clubs	0	0	0	2	2
Membership	0	0	0	72	75

IX. OTHER ORGANIZATIONS

A. County Home Demonstration Committee:

The County Home Demonstration Committee composed of presidents and program development leaders held two planning meetings, first to plan the year's program and a later one to make necessary adjustments as homemakers desired. An additional meeting was held to make plans for assisting with Patrick County Fair activities. These homemakers have assisted with carrying out the home demonstration program and in carrying out planning discussions.

B. County Board of Supervisors:

The County Board of Supervisors had a telephone installed in the home agent's office. This telephone has assisted the home agent in making contacts with homemakers.

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C. County 4-H Council:

The County 4-H Council met on morning of March 13th at which time officers were elected and plans were made for 4-H activities. This council serves as a steering committee.

D. County All Stars:

All Stars have served as junior leaders and have assisted in carrying out the 4-H program in Patrick by helping younger club members with project work, filling out records, and giving demonstrations.

E. Other Home Agents:

Mrs. Anita Love, Assistant Home Demonstration Agent in Franklin County, assisted in judging Patrick Community Clubs. Miss Marion Lawrence assisted Patrick Home Agent in securing judges for Patrick County Fair.

F. District Agents and Specialists:

The District Agent and Specialists have cooperated with the Patrick County Extension Program through office calls, leader training meetings, planning meetings, and home visits.

G. Other Agencies:

Coble Milk Plant cooperated by furnishing free ice cream for 4-H Achievement Day Program.

Local merchants cooperated with home demonstration program by stocking supplies needed and by giving good prices on bulk items needed for operation of Patrick County Fair Food Concession Stand.

Local pastors and churches have cooperated by allowing home demonstration groups to use church kitchens and assembly rooms for leader training and planning meetings.

H. Home Economics Teachers:

Local home economics teachers have assisted in judging 4-H contests.

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X. LEADERSHIP

A. Contribution of Volunteer Leaders:

1. Organizational Leaders:

Eighty adult and 168 4-H organizational leaders conducted meetings in an orderly manner and managed to get club groups to act as items needed attention. By serving as organizational leaders, homemakers and 4-H members were strengthened in leadership activities. Organizational leaders have also assisted with planning the programs for the year.

2. Program Development Leaders:

Sixteen program development leaders carried on group discussions in local clubs and brought suggestions to planning meetings at which time they took part in planning the year's program. Program development leaders also took the planned program back to respective clubs and have helped to carry out the program in an effective manner.

3. Subject Matter Leaders:

Sixty-seven subject matter leaders have conducted 79 adult demonstrations in the absence of the home demonstration agent and have given 513 talks or discussions.

B. Growth of Leadership

Home Demonstration Club Project Leadership	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
No. Project Leaders (subject matter)	60	37	55	37	67
No. Goal Chairman	14	14	15	16	17
No. Program Development Leaders	14	14	15	15	16
No. Result Demonstrators	4	14	15	19	20
No. Training Meetings by Specialist	3	6	4	3	2
By District Agent	1	2	2	0	1
By Agent	7	0	8	5	2

	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
Attendance at All Training Meetings	167	106	179	124	117
No. Meetings Without an Agent Present	73	71	137	87	79
Talks and Discussions by Leaders	467	490	596	600	513

Growth of 4-H Club Project Leadership

No. Club Officers	96	106	126	146	168
No. Adult Project Leaders	18	18	18	24	4
No. Adult Sponsors	0	0	0	0	28
No. Result Demonstrations	0	0	0	0	0
No. Training Meetings held by					
Specialists	0	0	0	0	0
By Agent	0	3	1	4	0
By Member Club Department	0	0	0	0	0
Attendance at Leader Training Meeting	0	3	8	8	0
No. 4-H Leaders Trained Individually	18	18	5	2	4
No. Club Meetings Held by Leader Without Agent Present	9	11	9	26	31
No. Additional Meetings at Which Leader Assisted	0	0	0	0	30
No. Demonstrations by Adult Leaders	29	26	5	23	21
By Junior Leaders	3	8	4	10	10

C. Activities and Accomplishments of An Outstanding Leader

Mrs. J.W. Helms lives on an orchard and beef cattle farm and has served as treasurer and project leader in her home demonstration club. She has also taken over demonstrations for the home agent in emergencies. Having had information on Clothing Construction and tailoring in previous years, she has assisted many club members and neighbors with clothing problems. Mrs. Helms attended leader training meetings in the county and also attended the meeting on Judging Fairs

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which was conducted in Roanoke. She assisted with registration and arrangements of homemaking exhibits at Patrick County Fair. She modeled a garment in the Achievement Day Program Fashion Show and assisted with serving refreshments. Mrs. Helms has been ready and willing to help carry out the Extension program.

There have been other outstanding leaders in home demonstration clubs in Patrick County.

D. Activities and Accomplishments of An Outstanding Family

Mrs. Melvy Layman has been secretary of the Concord Home Demonstration Club and has also served as a project leader. She has attended leader training meetings and has conducted demonstrations at local club meetings. She has also attended club recreational meetings.

Mrs. Layman lives on a flue-cured tobacco farm and has one child. The house in which the family lived needed quite a number of improvements. Thus the family, with assistance from home agent, planned for improving the house. The kitchen was re-located. Two windows were added. Running water was installed with new sink and cabinets added. Table and chairs for dining area were purchased. Wallboard walls and celotex ceiling were added to the kitchen and painted. A bathroom was added in the remodeling procedures. The living room has been remodeled through the re-location of a door and the addition of a large picture window. Plans are underway for pine paneling this room. A stairway which was in one bedroom was removed and a disappearing stairway was installed. Wallboard and celotex were added to walls and ceiling. Paint was applied. The porch was enlarged and new floors were added. Lawn furniture was made. On the farm, an electric pig brooder was installed, new basement and packhouse was built. Other improvements are underway.

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E. Activities and Accomplishments of Outstanding Clubs

Bel Spur Community Club was organized in May 1954. The program committee planned an interesting program for remainder of club year. Community participation was outstanding. Survey and Scrapbook Committees started work in very beginning. Plans for improvement of community were set up. Forty-six nameplates for mailboxes were added. A community road was improved by grading and widening. Community signs were made and erected. Contributions were made toward the cannery at Meadows of Dan. One of club members constructed this cannery. Homemakers have used cannery. Home freezers were purchased which also helped with food preservation. The home agent conducted a demonstration on preparing foods for freezing which was well attended. Several homemakers participated in local home demonstration activities in community and in the county. 4-H Club members participating in Community Club showed up well in county activities. Some members participated in Ruritan activities. Sound farm practices were used and in several instances improvements were made in the home and on the farm by remodeling, painting houses, fencing, or clearing land. There are Grade A Dairies in the community. Bel Spur took part in the county and area judging of Community Clubs and was declared 3rd place, winner of \$200 in cash, in the Area Community Club Contest sponsored by Roanoke Chamber of Commerce.

Meadows of Dan Home Demonstration Club was an outstanding club in 1954. Accomplishments have been mentioned earlier in report. This group showed maximum participation in Community Activities as well as in County Activities.

Hilltop 4-H Club was an outstanding club this year. Project work carried and completed was outstanding. Participation in county activities such as County Council, Achievement Day, Contests, and the

County Fair was outstanding. Members also participated in district and state activities such as Camps, Short Course, and State Contests. This club received County 4-H Achievement Banner.

XI. COOPERATION WITH OTHER AGENCIES

A. Stuart Rotary Club:

The home agent cooperated with Stuart Rotary Club in assisting with plans for the Patrick County Fair, September 30-October 2. Assistance was given in setting up exhibits and premium lists, securing help for registering, entering, and arranging exhibits, and planning for and operating Food Concession Stand. Food Concession Stand was operated by home demonstration club members.

B. Martinsville Agricultural Fair:

The home agent assisted with judging of the homemaking division of the Martinsville Fair on August 31st.

C. Stuart Junior Chamber of Commerce:

The home agent cooperated with Jaycees by assisting local groups in planning and construction of draperies for new community building. Assistance was also given in selection of paints for the building.

D. Stuart Methodist Church Circles:

The home agent cooperated with Stuart Methodist Church Circles in giving demonstration on Candle Making. Members later made candles for church bazaars.

E. Montgomery County Community Clubs:

The home agent assisted with judging the Community Improvement Clubs in Montgomery County on October 21, 22, and 25th.

F. Home Economics Teachers:

Bulletins and other printed matter has been given to home economics teachers. School lunch program has been promoted through home demonstration and 4-H programs. Teachers have been invited to attend Extension programs and activities.

G. F.H.A.

Homemakers affiliated with F.H.A. have been invited to attend home demonstration club activities.

H. Patrick-Henry Health Program:

The home agent and home demonstration clubs attended numerous meetings concerning probability of getting a local Health Department. Home demonstration clubs with other groups appeared before local Board of Supervisors requesting an appropriation for a local Health Department. The Board approved an appropriation but adequate personnel is not available at this time.

I. Patrick County Public Welfare:

Home demonstration clubs cooperated with Patrick County Public Welfare by preparing Christmas packages for needy families.

XII. APPRAISAL OF YEAR'S WORK

The adult and 4-H Extension program in Patrick during 1954 has been educational, interesting, and helpful to the people participating. Better methods and practices have been used and have contributed to better rural living and improved people. Individuals have become better leaders. Some homemakers and 4-Hers have served as organizational leaders for the first time and have learned that they can serve in this capacity.

A well-planned program, good publicity, and more good organizational and project leaders accepting responsibilities will help accomplish work in 1955.

1954 PLAN OF WORK

Ethel L. Grubbs
Home Demonstration Agent

Patrick
County

I. County Situation

Patrick County is a rural county located on South Side of Virginia bordered by Henry, Floyd, Carroll Counties and North Carolina State line. There are 2424 farms in the county with a majority of home owners. Stuart is the only town in the county with less than 1000 population. Income is derived from flue-cured tobacco, dairying, orchards, timber, beef cattle, and a little truck farming. Non-farm families secure income from Coble Milk Plant, Stuart Knitting Company, United Elastic Plant, and Stuart Canning Company. Some farm families supplement their income through employment at some of these commercial establishments.

There are 15 home demonstration clubs, 29 4-H Clubs, and two community groups in the county. Three of the 4-H groups are non-white.

In planning the 1954 adult program, emphasis was placed on planning and serving low calorie nutritious meals, developing an attractive home through care and use of new paints and fabrics, care and cleaning of upholstered household furnishings, and developing out-door living areas. It was felt that remodeling clothing should be emphasized after a weight-control program. A recreational training meeting was desired to help homemakers plan for family recreation. It was felt that homemakers could help themselves to provide inexpensive homemade gifts through some handicraft.

In the 4-H program, emphasis was placed on line, color, and fabric selection along with better clothing construction methods. Emphasis was also placed on color, arrangement, and care of the girls room which would include some safety and home lighting work. In relation to foods, emphasis was placed on meal planning, preparation, and preservation for better nutrition.

II. Contributions Expected of 1954 Program

A. Homemakers are expected to plan and prepare low calorie nutritious meals through:

1. Use of 7 basic foods groups daily.
2. Preparation and serving of meats.
3. The preparation of low calorie salads and desserts.

- B. Homemakers are expected to manage money better and care for house furnishings through:
1. Selection of color and paints for the home.
 2. Selection and care of fabrics used for house furnishings and clothing.
 3. Care and cleaning of upholstered furniture and rugs.
- C. Since a great deal of time is to be spent on low calorie meals, it is felt that homemakers will need information on remodeling clothing. Thus homemakers are expected to learn recommended procedures for remodeling clothing and perhaps help to maintain family clothing budget.
- D. Development of out-door living area will be done by some homemakers who in turn are improving surroundings of house.
- E. In the Federation Goal Program on Art In Daily Living, homemakers are expected to improve home surroundings, read for pleasure and self-improvement, develop appreciation for music, art, and nature, strengthen character and spiritual life.
- F. In the handicraft program on leatherwork, some homemakers will develop good taste in line and design, learn to work with leather, make small useful gifts, and satisfy a creative art within themselves.
- G. In the recreation program, homemakers are expected to learn recreational activities suitable for the family. It is anticipated that more families will learn to enjoy recreation among family members.

III. 1954 Program As Planned

A. Subject Matter Fields in Adult Program (*long-time program)

*1. Foods

Objectives	Methods
a. To learn the 7 basic foods groups and their importance.	a. Method demonstration on Planning Low Calorie Nutritious Meals by the home agent in January.
b. Encourage homemakers to plan and serve nutritious meals.	b. Leader training meeting on Meat Cookery by Miss Janet Cameron in January. Leaders will conduct February demonstration.
c. Learn to use low calorie foods for weight reduction rather than "fad" diet methods.	c. Leader training on Low Calorie Salads by Miss Janet Cameron in January. Leaders will conduct June demonstration.

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| <ul style="list-style-type: none"> d. Learn better methods of meat cookery for nutrition and variety. e. Learn to prepare low calorie salads and desserts. | <ul style="list-style-type: none"> d. The home agent will conduct a method demonstration on Low Calorie Desserts in July. e. News articles. f. Home visits. g. Bulletins h. Circular letters. |
|--|--|

*2. House Furnishings

Objectives	Methods
<ul style="list-style-type: none"> a. To become acquainted with kinds of paints on market and how they should be used. b. To learn better uses and combinations of colors for the home. c. To learn how to select house furnishings fabrics for the best use. d. To learn proper care of new house furnishings fabrics. e. Learn how to care for and clean upholstered furniture and rugs. 	<ul style="list-style-type: none"> a. Method demonstration on Color and Paints For The Home by the home agent in April. b. Method demonstration on Care and Cleaning Upholstered Furniture and Rugs by home agent in May. c. Method demonstration on Selection and Care of New Fabrics for House Furnishings by home agent in September. d. Result demonstrations. e. Home visits. f. Slides g. News articles. h. Circular letters. i. Exhibits.

*3. Housing

Objectives	Methods
<ul style="list-style-type: none"> a. To help homemakers develop attractive out-door living areas as needed. b. To help homemakers obtain suitable house plans, if desired. 	<ul style="list-style-type: none"> a. Method demonstration on Development of Out-door Living Area by home agent in March. b. Home visits. c. Bulletins d. Result demonstrations.

- c. To assist homemakers with remodeling problems.
- e. News articles.
- f. Slides

4. Clothing

Objectives	Methods
a. To help homemakers remodel clothing attractively.	a. Method demonstration on Remodeling Clothing by home agent in October.
b. To help homemakers select new fabrics with care in relation to use and care of fabrics.	b. Method demonstration on Selection and Care of New Fabrics used for clothing in September by home agent.
c. To assist homemakers with color and design of clothing.	c. Home visits.
	d. Bulletins
	e. News articles.

5. Family Recreation

Objectives	Methods
a. To learn types of recreation which can be conducted at home.	a. Leader training meeting to be conducted by a specialist on Family Recreation in April.
b. To help homemakers learn to conduct recreational activities.	b. Leaders will conduct August demonstration on Family Recreation.
	c. Special meetings.
	d. News articles.
	e. Circular letters.

6. Handicraft

Objectives	Methods
a. To help homemakers learn to create attractive line and design in working with leather.	a. Leader training meeting by home agent on making leather billfolds. Leaders will conduct demonstration in November on Leatherwork or on other gifts which some leaders have previously had training.
b. To help homemakers learn to make gifts at home.	b. Circular letters
	c. News articles.
	d. Exhibits.

B. Subject Matter Fields In 4-H Program

*1. Your Room, Pep It Up

Objectives	Methods
a. To help girls learn to arrange room for attractiveness and best use.	a. Method demonstrations by the home agent. b. Home visits.
b. To help girls use good combinations of color for room in question.	c. Exhibits. d. Bulletins.
c. To help girls learn recommended methods for caring for room.	e. Circular letters.
d. To help girls learn to make attractive picture selections and how to hang these pictures.	

*2. Clothing - So You'd Like To Sew

Objectives	Methods
a. To help girls learn recommended practices in beginning Clothing Construction.	a. Method demonstration by home agent and leaders trained by home agent. b. Home visits.
b. To help girls learn attractive color combinations.	c. News articles. d. Exhibits.
c. To help girls learn to use recommended sewing equipment.	e. Circular letters.

*3. Clothing - Make or Remake Your Clothing

Objectives	Methods
a. To help girls learn to plan for, buy or make garments economically, considering garments on hand, good color, design and line in relation to fabrics and the girls figure.	a. Method demonstrations by home agent and junior and adult leaders. b. Home visits. c. Exhibits. d. Bulletins.
b. To participate in contest.	e. News articles.

4. Safety

<u>Objectives</u>	<u>Methods</u>
a. To help girls to recognize safety hazards.	a. Method demonstrations by home agent. b. Home visits.
b. To help girls to correct safety hazards.	c. News articles. d. Bulletins.

*5. Food Preparations - A few girls will carry this project.

<u>Objectives</u>	<u>Methods</u>
a. To help girls learn to use accurate measurements, table service, and table manners.	a. Method demonstrations by home agent, junior and adult leaders. b. Home visits. c. Exhibits.
b. To help girls recognize importance of well-planned nutritious meals.	d. News articles. e. Bulletins.
c. To help girls learn to prepare attractive dishes of foods.	
d. To participate in contests.	

*6. Food Preservation

<u>Objectives</u>	<u>Methods</u>
a. To help girls learn recommended practices for canning and freezing foods.	a. Method demonstrations by home agent and junior and adult leaders. b. Home visits.
b. To help girls learn how to detect food spoilage and causes for the spoilage.	c. Bulletins. d. Exhibits.
c. To learn how to use a pressure canner.	
d. To help girls learn how to can for exhibits.	
e. Each girl can at least 25 pints of food.	

*7. Home Gardens

<u>Objectives</u>	<u>Methods</u>
a. To help each girl recognize importance of planting a spring and fall garden.	a. Method demonstrations by home agent and specialist. b. Garden inspections by home agent and specialist.
b. To help each girl select a variety of good vegetable seeds and plants from a reliable dealer.	c. Home visits. d. Result demonstrations.
c. To help girls see need for and to use insect control.	e. Exhibits. f. News articles.
d. To participate in contests.	g. Circular letters. h. Bulletins.
8. Rural Electrification - a few girls will participate in this project.	

<u>Objectives</u>	<u>Methods</u>
a. To help girls improve home lighting, to recognize and correct safety hazards.	a. Method demonstrations by home agent. b. Home visits.
b. To help girls make simple repairs.	c. Bulletins. d. News articles. e. Exhibits.

C. Young Men and Young Women's Work

The program for this group will be in connection with the Adult Program and special requests at intervals.

IV. Other Activities

1. Planning Meetings

At least two meetings will be held to plan and make any desirable changes in the adult homemaking program. One of these will be in the fall and the other in the spring. Leaders from each club, a state representative, and the home agent are expected to participate.

2. Leader Training Meetings

Three leader training meetings are planned for adult leaders to be conducted by specialists. The home agent will conduct at least two leader training meetings for adults.

3. Federation Goal

The goal on Art In Dairling Living will be carried for the first time in Patrick. Emphasis will be placed on 4 objectives as follows:

- a. Each club strive to develop appreciation for music, art, nature, strength of character and spiritual life.
- b. Each club spend at least 10-15 minutes on music at one or more club meetings.
- c. Each club member read at least 5 books from a good reading list.
- d. Each club member visit Art Exhibit when it comes to Patrick.

Home visits, circular letters, result demonstrations, news articles, and reading certificates will be used in carrying out this program. Leaders will conduct December demonstration using the objectives.

4. Over-All County Objectives

Homemakers in organized groups anticipate completing the following county objectives for 1954:

- a. Each club pay \$3.00 State Federation Dues by February 1, 1954.
- b. Each club pay \$1.50 to County Home Demonstration Treasurer by February 1, 1954.
- c. Leaders attend Leader Training Meetings and be responsible for demonstrations to be conducted by leaders.
- d. Invite at least 6 non-club members, including young homemakers, to demonstrations of interest to them.
- e. Leaders send reports of any demonstrations conducted by leaders to home agent following demonstrations.
- f. Each club have a delegate to attend the District Federation Meeting and the Institute of Rural Affairs.
- g. Each club member submit Achievement Report to Program Development Leader by October 1, 1954.
- h. Each club have a garden leader to give discussion from January through September.
- i. Each club have a recreational leader and entertain one group during the year and help young people to organize.

j. Each club member have a physical check-up.

k. Each club help a needy family.

5. Institute of Rural Affairs

Each club expects to have a delegate to attend Institute of Rural Affairs in Blacksburg.

6. District Federation Meeting

Clubs are expecting to have representatives to attend District Federation meeting and a county report will be given if requested.

7. National Home Demonstration Week

All clubs will participate in some special activity planned for National Home Demonstration Week.

8. Adult Education Center on V.P.I. Campus

All clubs expect to make a contribution to the building fund for the Adult Education Center by the Spring Planning Meeting in April.

9. Reading Certificate

It is anticipated that many homemakers will read enough good books to receive a reading certificate.

10. Achievement Day

An Achievement Day Program is expected to be held during the year.

11. County Fair

Homemakers expect to participate with plans and exhibits at County Fair.

12. Special Meetings

A special meeting on Flower Arrangements will be conducted in July by a specialist or other well-informed person.

13. Community Drives

Homemakers as individuals will participate with local community drives such as Polio and Red Cross.

14. Community Improvement

It is anticipated that at least two communities will participate in organized community improvement.

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Procedures expected to be used in carrying out the above 14 items include method demonstrations, tours, exhibits, news articles, circular letters, bulletins, slides, and home visits.

B. 4-H Club

1. Achievement Day

An Achievement Day program will be conducted. 4-H Club members who have done outstanding work will be recognized and awards presented. Leaders and the parents of club members will be invited to attend.

2. Camp

Patrick 4-H girls, home agent and adult leaders expect to take part in the 1954 camp program.

3. Club and County Contests

Club contests will be conducted in most girls projects. A county contest will follow. Leaders are expected to assist with planning and conducting these contests.

4. National 4-H Club Week

Some form of activity will be planned for all clubs during National 4-H Week.

5. 4-H Sunday

Clubs will participate in programs at respective churches on 4-H Sunday.

6. Recreation and Rural Arts

A few clubs will participate in the recreation and rural arts program. Patrick anticipates having a Share The Fun Program in 1954.

7. Honor Club

The honor club has been inactive. It is anticipated that the Patrick Honor Club can be revived in 1954.

8. Community Projects

A few clubs will conduct a community activity.

9. County Fair

4-H Club members will participate in County Fair with exhibits.

The above activities in the 4-H Club program will be carried out through the use of home visits, special meetings, method demonstrations, exhibits, news articles, bulletins, and possibly some tours will be conducted.

V. Scope of Work

A. Organization	No. In 1950	No. In 1951	No. In 1952	No. In 1953	Goal 1954
Number of home demonstration club	14	14	15	15	15
Membership	241	265	305	331	345
Number of 4-H Clubs	16	18	21	24	29
Membership	317	373	474	509	515
Number of Men & Women's Clubs	1	1	1	0	0
Membership	35	35	35	0	0
Community Improvement Clubs	0	0	0	2	2
Membership	0	0	0	72	95
Other Organizations	0	3	5	5	

B. Number of families reached through:

Home demonstration clubs	241	265	305	331	345
4-H Clubs	317	373	472	509	509
Young Adult Clubs	35	35	25	0	0
Special Interest Groups	175	250	325	250	250
Result demonstrations	4	14	116	175	175
Home visits	283	323	303	344	350
Contacts by club members	141	365	405	662	790
Newspaper, county meetings, etc.	1200	1200	1250	1275	1250
Estimated number of different families	975	1425	1500	1425	1425

VI. Plans for Using Following Organizations

A. County Home Demonstration Committee

The County Home Demonstration Committee will help plan, check, adjust, and carry out the 1954 home demonstration club program. Through activities of this committee, leadership will be strengthened. Activities of the committee and results will receive publicity. Worthwhile county programs such as the Achievement Day Program and County Fair will have the participation of the committee.

B. County Board of Supervisors

This board will be contacted for office phone to help promote extension program.

C. County 4-H Council

A County 4-H Council consisting of leaders and 4-H Club officers will help plan, adjust, and carry out the 4-H Club program.

D. Honor Club

The Honor Club which is inactive at present is expected to be reinstated as an active group. This group will be used to help younger club members with project work and records. Leadership will thus be strengthened.

E. All Stars

All Stars will cooperate with 4-H Club program by assisting as leaders.

F. Civic & Church Groups

It is anticipated that local churches and Junior Chamber of Commerce will cooperate with extension program by allowing meetings to be held in respective buildings. Other groups such as Rotary Club, Women's Club are expected to cooperate.

VII. Plan for Leadership

	No. In 1950	No. In 1951	No. In 1952	No. In 1953	Goal 1954
A. Home Demonstration					
Number of Project Leaders	60	37	55	37	37
Number federation goal chairmen	14	14	15	16	16
Number program development leaders	14	14	15	15	15
Number of result demonstrators	4	14	15	19	19
Number of meetings at which leaders were trained by specialists	3	6	4	3	3

No. meetings at which leaders were trained by district agent	1	2	2	0	2
No. meetings at which leaders were trained by home agent	7	0	8	5	2
Attendance at all training meetings	167	106	179	124	150
No. club meetings held by leaders without agent present	73	71	137	87	90
Total No. demonstrations given by leaders	73	71	169	87	90
Total no. talks or discussions by leaders	467	490	596	600	650

Training meetings will be conducted for leaders. Leaders will conduct 5 demonstrations during the year. It is felt that leadership activities will be strengthened.

B. 4-H Club	No. In 1950	No. In 1951	No. In 1952	No. In 1953	Goal 1954
No. 4-H Club officers	96	106	126	146	174
No. adult project leaders	18	18	18	24	20
No. junior project leaders	4	4	4	4	7
No. result demonstrators	0	0	0	0	3
No. meetings at which leaders were trained by specialist	0	0	0	0	0
No. meetings at which leaders were trained by district agent	0	0	0	0	0
No. meetings at which leaders were trained by agent	0	3	1	4	4
No. meetings at which leaders were trained by personnel of 4-H dept.	0	0	0	0	0
Attendance at leader training meetings	0	3	8	8	16
No. of leaders trained individually	18	18	5	2	6
No. meetings held by leaders in absence of agent	9	11	9	26	24
No. demonstrations given by adult leaders	29	26	5	23	24
No. demonstrations given by junior leaders	3	8	4	10	10

4-H Club leaders are expected to help club members with proper procedures in conducting meetings, assist with programs and project work. Most leaders in Patrick are considered as sponsors assisting in above mentioned activities. Out-of-school groups and summer groups leaders will have project instruction in leader training meetings. Method demonstrations, lectures, home visits, circular letters, bulletins, movies, and exhibits will be used.

C. Young Men and Women's Club

With no organized group as such, young homemakers are to be reached through home demonstration groups and community groups.

VIII. Problems In Carrying Out The Extension Program In Patrick County

- A. Adult 4-H leader training meetings have not been very successful. Individual training of leaders is time consuming. Most leaders in Patrick are school teachers and cannot attend training meetings. Out-of-school clubs with actual project leaders are needed to help solve this problem.
- B. Attendance at special meetings has been improved but more means of transportation would help many homemakers get to a meeting of interest.
- C. Reports of activities of club leaders has improved but still remains a problem of getting all reports in on time. A more simplified form is planned for 1954.
- D. 4-H girls fail to fill in project records. This has been improved but still needs more improvement. More actual project leaders could help remedy this problem.

IX. Plans For Work With Other Agencies

A. F.H.A.

Invite supervisors to leader training meetings and special meetings. Encourage home ownership among individuals participating in F.H.A. program.

B. Home Economics Teachers

Invite teachers to attend special meetings and encourage farm families to take advantage of community canneries.

C. School Lunch Program

Encourage homemakers to assist in promoting the hot lunch program. Encourage 4-H Club members to eat hot lunch at school.

D. Public Welfare

Encourage families to become home demonstration club members and

4-H members. Invite superintendent to special meetings. Cooperate with community activities when possible.

E. County Fair

Encourage homemakers to participate in exhibiting farm and home products. Cooperate with fair committee in helping to set up fair plans.

X. Plan For Developing Good Public Relations With

A. Elected Representatives

Make an annual report to Board of Supervisors. Give publicity to major activities in home demonstration club and 4-H Club programs. Publicize special meetings as well as activities in respective communities.

B. General Public

The general public will be informed of extension activities through news articles, weekly schedule of activities in local paper and individual contacts.

C. Co-workers

A weekly conference will be held for purpose of learning activities of co-workers and for discussing problems which arise.

D. Commercial Interests

Cooperate with local business concerns in worthwhile programs.

E. Other Professional Workers

Through cooperation in special interest activities, good publicity, individual contacts, and home visits, distribution of bulletins, and circular letters, it is anticipated that better relations will take place among professional workers such as librarian, superintendent of schools, U.S.D.A. workers, teachers, and former home economists.

XI. Plan For Recording Progress and Evaluating Program Planned For 1954

A. Meetings

1. A spring and a fall planning meeting of county home demonstration committee will be held for planning, evaluating, and changing program as is desirable to fit the county situation.
2. An Achievement Day program will be conducted for purpose of reporting work completed in form of exhibits, oral reports, and for presentation of awards for outstanding work in home demonstration and 4-H Club program.
3. Reports of meetings will be written so that items of interest and importance will be available for later reference.

B. Reports

1. Monthly narratives will be written in full so that items of importance will be available for future reference.
2. Compare monthly reports for progress made.
3. Keep accurate daily itinerary making notations as necessary.
4. Develop monthly work sheets, making notations as necessary.
5. Develop leadership worksheet in order to keep more accurate record of leadership activities.

XIII. Plans For Professional Improvement

A. Read Professional Books and Publications

1. Extension news.
2. Head, Heart, Hands, and Health
3. National 4-H News
4. What's New in Home Economics
5. Forecast
6. Journal of Home Economics
7. Articles of Extension Nature

B. Membership In Professional Organization

1. Home Demonstration Agents Association
2. Virginia Home Economics Association
3. American Home Economics Association

C. Participation In Programs

1. Home Economics Convention
2. State Agents' Conference

It is anticipated that cooperation with worthwhile programs conducted by schools and local civic clubs will take place.