

ANNUAL NARRATIVE REPORT

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EXTENSION
WORK

Virginia Agricultural Extension Service

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1958

Lunenburg

County

LUNenburg COUNTY

ANNUAL REPORT

of

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Home Demonstration Agent

December 1957 - November 30, 1958

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I Highlights of the 1958 Program

A. Public Relations

Since the home agent was appointed to her position in Lunenburg December 1, 1957, she feels that becoming acquainted with club members and the general public and establishing good public relations was the most important phase of her work. She set the goal of visiting all club members at least once during the first year. To date, she has visited only sixty-eight percent (68%) of the home demonstration club members and thirty-one percent (31%) of the 4-H members. Of course, county and club leaders and those requesting special attention have been visited a number of times. The home agent has also made a special effort to meet county officials, members of the board of supervisors, ministers, school personnel, business people, civic leaders, and leaders in agriculture and home economics. She has not fully accomplished this goal but has used many opportunities and planned activities to help do so. Public relations are discussed under section IX. The home agent has attended many club meetings in order to become better acquainted.

B. Leadership

The home agent feels that leadership in Home Demonstration and 4-H Clubs has been strong and has grown in 1959. Attendance at leader training meetings has been ninety percent (90%) although five county meetings were held under very adverse weather conditions. Leaders demand a lot and give a lot; they are willing to learn and to teach.

C. Lunenburg County Board of Agriculture

It has been a pleasure and inspiration to work with and observe the work of a group of progressive farm men and women. A home economics committee was established for the first time in 1958 and there is interest in promoting home economics work and bringing the Home Demonstration County Committee closer to the Board of Agriculture. (Described in detail in III A 1.) The Board of Agriculture helps to develop leadership, publicize the Extension program, and to keep farm problems ever before the agents.

D. 4-H Project Work in Home Economics - 4-H Junior Leadership

4-H project work in home economics was the weakest phase in the 1958 Extension Program. The home agent planned to establish project groups but was aware of the need to become acquainted with club girls, their mothers, families and needs before guiding them into project selection. This was done on an individual basis as much as time for home visits would permit. Also, there was a need for knowing leaders in order to know how to help them grow in leadership. Many mothers and Home Demonstration Club members have expressed a desire to serve in this capacity. Though only one project group was set up, some groundwork has been laid for project work in 1959. Junior leaders have been trained individually in various phases of project work, leadership, and record keeping. These older girls are enthusiastic and membership in the senior clubs almost doubled in 1958.

E. Activities

Activities of Home Demonstration Clubs and 4-H Clubs were most effective in 1958. (Described in II D and V C.) These activities served

to publicize both groups, create interest and enthusiasm, and gave the home agent invaluable opportunities to become acquainted with members of both groups. Activities helped to develop leadership and widen horizons.

F. Federation Program of Work

This was a strong phase of the 1958 program though the home agent spent little time and effort in it as it is work of the club members. The type of work done results in intangible growth toward improved family relations and brings results that cannot be measured by a yardstick.

G. Home Demonstration Project Work

Interest was strongest in demonstrations on color harmony, drapery making, and wills and deeds as indicated by requests following these demonstrations. There were also many requests on food preservation. These requests partly led to having several demonstrations on this topic included in the 1959 program.

II The County Situation

Lunenburg County is located in the southern piedmont section of Virginia. The county is rural having two small towns, Kenbridge (population 1176) and Victoria (population 1600). The nearest town, Petersburg, is 55 miles away. Telephone service reaches about 333 families and has improved a great deal in the past two years. More improvements are underway at the present time.

The total population has a racial division of 7,926 white and 6,190 negro people. There are 8,981 persons who live on 1,846 farms. The farms average 96 acres in size and are valued at \$5,686 each. The majority of these farms have white operators.

Agriculture is the principal source of income with flue-cured tobacco being the principle crop. Tobacco quotas have fluctuated from 7000 acres for the county in 1945 to 4,700 in 1958. Over 200,000 acres in commercial and farm forests make a large contribution to county income. There have been recent increases in dairy and beef herds; however, there is an indication that the cattle industry is at a leveling off point.

With decreasing tobacco allotments, industry becomes more important. The shoe factory in Victoria employs approximately 400 persons. The tobacco plant in Kenbridge employs about 200 women from September until December.

Victoria recently increased its water supply and Kenbridge is working on the same with work beginning in the winter of 1958. It is felt that small industry must be attracted in order to supplement the small farmers' income.

Organizations in the county include the following clubs: two Lions, one Rotary, four Ruritan, three Woman's, and nine Garden. There is a Farm Bureau, Farmer's Union, two Chambers of Commerce, several Boy Scout and Girl Scout Troops, two high schools and three grade schools. These, plus the churches and Extension Service organizations provide most of the entertainment and recreation for the county. There is one industry supported recreation park in Victoria, a theater in Kenbridge and one drive-in theater.

Several churches are being built or improved.

The people are cooperative and public spirited. When the need for doing a job has been established the people will work long and hard to accomplish it. Interest in developing a more effective Extension program is strong and growing.

III County Extension Program - Adult

A. Organization

1. Lunenburg County Board of Agriculture

The Lunenburg County Board of Agriculture is composed of three men and one woman from each of seven magisterial districts, four business men from the two towns, the county Extension agents, the chairman of the H. D. Club County Committee, County Foresters, Superintendent of Schools, ASC Office Manager, S.C.S. Technician, F.H.A. Supervisor, Agricultural Instructor, president and secretary of 4-H County Council. Members, selected by the group, serve a term of four years on a rotation system with one-fourth of them starting their terms each winter. The chairman, vice-chairman and secretary are elected for one year terms of office.

Two membership dinner meetings are held annually in March and November. Executive committee meetings are held prior to membership meetings to plan for them, and to thrash out details in order to shorten the time of the regular meetings.

Visitors are invited to the fall meetings so that more county people will be familiar with the work of the board.

Committees on agronomy, livestock & poultry, dairy, forestry, soil & water conservation, farm & home management, and home economics functioned this year. These committees were composed of members of the board and a few other key leaders. Extension agents met with the committees, presented facts that pointed out problems in the county, worked with the committees in selecting objectives and goals to be worked toward in a long range program and during 1956. These plans and results are reported in detail elsewhere in the county agent's and home demonstration agent's narrative reports.

The April meeting in 1956 was devoted to reports from chairmen of the above named committees and of the 4-H County Council as to the work done in committees and plans made by them. Entertainment was furnished by 4-H Club members. The November meeting was devoted to committee reports on work accomplished. Speaker for the evening was John H. Wessells, Director of Information of the Virginia Department of Agriculture, who explained the services of the department.

The Extension agents feel that the work of the Board of Agriculture has been very effective during 1956. However, there is one weakness to be met in having the overall extension program carried on under the vision of the board. At the present time, home economics decisions and plans are largely made and carried out by the Home Demonstration County Committee. The home agent called this to the attention of the executive committee at a recent meeting. Ideas for bringing agriculture and home economics closer

together and uniting the county extension program were discussed. It was decided to think over possible solutions for a year before taking definite action. The extension agents feel that this type of change and progress in existing organizations should take place slowly in order to strengthen all organizations concerned and should take place as members of these organizations become aware of the need.

2. Home Economics Council

The home agent called a meeting of the eight women on the Board of Agriculture and the Home Demonstration Club Program Development Leader to study home economics problems of the county and set up objectives accordingly. The home agent presented overall data and home economics data to this group. These objectives were set up:

a. Set up project groups for girls in communities as we find leaders.

b. Suggest to the Home Demonstration Clubs that 4-H members give demonstrations for at least one meeting during the year.

c. Inform high school girls about loans for furthering home economics education.

d. Ask a specialist to work with us in making our Federation Program of Work more effective.

Procedures:

a. Secure and train leaders in projects requested by girls. Assist leaders in carrying out project work.

b. Suggest to the Home Demonstration Clubs 4-H members in those respective communities that might be invited to give demonstrations.

c. Secure information on home economics loans that are available. Work with home economics teachers and high school guidance directors in making such information available to the girls.

d. Suggest to Federation Leaders the possibility of securing help from specialists in planning a Federation Program of Work.

Results:

a. Project groups were not set up except in one community though there is a great deal of demand for them from the girls. The home agent feels that some groundwork has been laid by securing leaders and developing junior leaders. A number of older club girls have had excellent training in giving demonstrations, keeping records, taking responsibility in various phases of club activities and project work. One project group in the Bethel Hill community has functioned well.

b. 4-H club members have given demonstrations at four Home Demonstration Club meetings and more are planned for this winter.

c. Information on loans offered by the Virginia Federation of Home Demonstration Clubs was given to high school home economics teachers and in turn to high school girls. A more concentrated program is planned for the winter of 1958-59.

d. Dr. Donald Fessler, Extension Sociologist, discussed with Federation leaders some suggested goals in developing family members physically, mentally and spiritually. He helped them formulate a program for 1959 that would call to mind these goals.

The home agent feels that she gave the members of this committee too much information to be digested in one afternoon, yet they undoubtedly gained a broader insight into the extension program and pointed up areas that need emphasis. New fields of endeavor have come into focus and strengthened the extension program.

3.

3. Lunenburg County Home Demonstration Club Committee

Composition:

The Lunenburg County Home Demonstration Club Committee is composed of the county officers and leaders, club presidents, and program development leaders. The county leaders include chairman, vice-chairman, secretary, treasurer, Federation Program of Work leader, program development leader, home management leader, food leader, clothing leader and home furnishings leader. The first four are organizational leaders, the second two leaders of the programs indicated, and the subject matter leaders are chosen according to the project work in the program for that year. The project leaders will make arrangements for leader training meetings and will obtain supplies for them.

Plans:

The executive committee will meet in January to become familiar with the work and organization of the county committee. The county committee will meet in March to plan activities for the year, in the summer to plan the program for 1959, and in the fall to formulate any plans for the coming year that need immediate attention, plan for the yearbook and achievement day. Activities of the H. D. Committee are described in II D.

Although plans and methods are vague as yet, the home agent hopes to bring the work of the County H. D. Committee close to the County Board of Agriculture during the coming year.

Results:

a. The Home Demonstration officers functioned well. They felt the responsibility for planning and carrying through the plans to completion.

b. Three meetings were held in February, July and October to carry on regular business of the county committee and to plan the program for 1959. A training meeting for program development leaders was held in April.

c. Project leaders planned for county meetings by arranging for the meeting place and securing supplies. They made the same arrangements for special interest meetings and assisted in teaching club members who attended.

d. Plans for bringing the County Committee closer to the Board of Agriculture are described under III A 1.

e. Activities of the county committee are described under activities III D.

B. Project Work

1. Clothing

a. Objectives:

To help homemakers:

(1) Recognize the pattern types available.

- accordingly.
- (2) Learn to measure properly and select proper pattern
 - (3) Gain a knowledge of recent developments and improvements in patterns.
 - (4) Develop sewing skills as needed for different type fabrics and finishes.
 - (5) Recognize important factors in selecting comfortable shoes for all age groups.
 - (6) Improve personal appearance through wise selection of clothing and general grooming.
 - (7) Learn to make inexpensive and attractive accessories.

b. Procedures:

(1) The home agent will give method demonstrations at the March meeting of H. D. Clubs on changes in patterns, pattern types and proper sizes.

(2) Have state specialist train leaders on "Techniques in Clothing Construction" and "Foot Comfort" in March. H. D. Club leaders will present method demonstrations on these topics at the April and May meetings.

(3) Have state specialist train leaders on "Good Grooming" and "Making Clothing Accessories" in September. H. D. Club leaders will present method demonstrations on these topics at the October and November meetings.

(4) Write newspaper articles and make radio programs to be used to stimulate interest in these demonstrations and to make the same information available to more persons.

(5) Encourage club and individual exhibits at the Six County Farmers' Days (fair).

c. Results:

(1) The home agent gave method demonstrations on fitting patterns at the March meetings in order to help homemakers recognize pattern types available, learn to measure properly and select patterns accordingly, and gain a knowledge of recent developments in the pattern industry. There were many opportunities to advise on proper adjustments at the meeting and in home visits later. Homemakers measured each other in the meeting, which proved to be an effective teaching tool, also provided a little humor which probably helped drive the lesson home. The home agent received information for the demonstration from Miss Iva Byrd Johnson, Extension Clothing Specialist.

Eighty-nine women reported that they select patterns more carefully since the March demonstration. One hundred, four learned to measure more accurately for patterns and seventy-two have made pattern adjustments according to instructions given at the meeting.

(2) Leaders of local clubs gave method demonstrations at the April meetings on "Techniques of Clothing Construction". They were assisted by the home agent by request. These leaders were trained in a county meeting by Miss Iva Byrd Johnson, Extension Clothing Specialist. Methods stressed depended on individual needs and demands but generally included facings, sleeves, collars, seam finishes, and hems.

According to reports submitted by club members, the techniques have been learned and used as follows:

Techniques	learned by	used by
facings	48	34
sleeves	46	28
pockets	30	18
collars	48	30
seam finishes	56	34
hems	64	40

(3) Leaders of local clubs gave method demonstrations at May club meetings on "Foot Comfort-Buying Shoes". Leaders were trained by Miss Iva Byrd Johnson, Extension Clothing Specialist, at a county meeting. Points stressed included how to determine good fit in buying shoes and care of the shoes later. Leaders did an effective job of presenting this information.

Seventy-eight club members reported that they have bought shoes more wisely and one hundred, two that they are more careful in caring for shoes.

(4) Leaders of local clubs presented method demonstrations on "Good Grooming" at the October club meetings. These leaders were trained as a group by Miss Bettie McClaskey, Assistant Extension Clothing Specialist. Points stressed in the demonstration included why a person should be well groomed, a discussion of cosmetics and grooming aids, and ways to be more effectively well groomed. Most of the leaders used illustrative material effectively and each presented some hints on grooming that the club members were pleased to know. This demonstration was not received by club members as the most necessary information that could have been presented at a club meeting. However, the home agent feels that it made club members much more aware of their appearance and they learned some things helpful along this line.

One club asked a cosmetologist to give some extra information on make-up. Club members did report being better groomed since the demonstration. Sixty-two gained ideas about how to have that well groomed look and forty-two learned of grooming aids new to them.

(5) Leaders of local clubs presented demonstrations at November club meetings on "Use of Accessories". The topic of this meeting was changed from making accessories due to lack of material on this subject. Leaders were trained for this demonstration by Miss Bettie McClaskey, Asst. Extension Clothing Specialist. Leaders used effective illustrative material (actual accessories) in presenting the demonstration. Club members enjoyed trying on accessories to get the right effect and gained some useful ideas. Club members found their outfit score according to the score card on ME-42. Some leaders had made inexpensive and effective accessories which they took to the meetings.

Seventy-four club members reported learning to use accessories more effectively and twenty-four learned to make simple accessories. These numbers are low as only half of the clubs had met when the check sheets were returned.

(6) A radio program or a portion thereof was devoted to each of the method demonstrations given in clubs. Announcements ahead of time helped to create interest in the club demonstrations. Newspaper publicity was not very effective.

(7) Fair entries were encouraged by the home agent and fair chairmen in each club. 55 clothing entries were from Lunenburg County. The fair (Blackstone Farmers' Days) was well publicized.

The home agent feels that the clothing work carried in the program this year was well received by club members as a whole and helped to meet needs of homemakers. It also helped to point out needs that should be met. These will be met to some extent in 1959 in special interest meetings on basic clothing construction (for mothers of small children mostly) and tailoring (for experienced seamstresses).

2. Home Management

a. Objectives:

Help homemakers to:

- (1) Learn the kinds of credit available and when it is advisable to use each.
- (2) Understand simple facts about wills and deeds.
- (3) Learn how to obtain more information when it is needed.
- (4) Buy wisely at sales.
- (5) To see specific management problems in relation to over-all home management.

b. Procedures:

- (1) Have state specialist give leaders training in presenting method demonstrations on "Wise Use of Credit", "Wills and Deeds", and "Consumer Buying". These demonstrations will be given at monthly meetings in June, August and September.
- (2) Encourage club members to continue their study of and interest in these matters and to set up committees or arrange special interest meetings as the need arises.
- (3) Use radio, newspaper, letters and home visits to promote the use of good management practices.
- (4) Encourage exhibits.

c. Results:

(1) Mr. J. T. Waddill, Lunenburg County Clerk and former teacher and school superintendent, gave splendid talks on Wills and Deeds at the June club meetings. Mr. Waddill explained that he wouldn't give legal advice as he was not a lawyer and emphasized the importance of obtaining legal help in preparing wills and deeds. He gave a number of pertinent illustrations gathered from his experience as county clerk. These illustrations pointed out good and bad experiences which resulted from handling wills and deeds. Points stressed included the importance of writing a will, types of property, the distribution of property in case of death intestate, and types of deeds. The information given followed closely that in Bulletin No. 169, "What Will Become of Your Property?". These bulletins were distributed to club members. Following the demonstrations there were many requests for these bulletins from non-club members due to interest aroused by them. Miss Grace Thompson, Assistant County Clerk, and the home agent gave the demonstrations on two occasions when Mr. Waddill couldn't be present. The home agent feels that this was one of the most effective demonstrations this year. She feels strongly that these demonstrations were much more effective than they would have been if given by local leaders. Club members reported using the information as follows: Thirty wills have been written by club members or members of their families, one changed a will, sixteen had deeds written, three had deeds changed, and thirty-six sought legal advice on deeds or wills. //

(2) Local leaders gave demonstrations on "Wise Use of Credit" at the August H. D. meetings. These leaders had been trained in a county meeting by Miss Helen Alverson, Extension Home Management Specialist. Points stressed included types of credit available and when it is advisable to use each, also general planning to have credit help solve family financial stress. This demonstration was not as effective as it might have been because attendance at club meetings was low in August due to heavy farm work at that time. Also, this type of management presents ideas and decisions unfamiliar to some of the leaders and they couldn't grasp the need for reaching aspects on a planning level as effectively as they should in order to present the demonstration well. Since most of the leaders were farm women and extremely busy, some of them didn't spend as much time studying as they should have. On the brighter side of the picture, those who attended the training meeting did gain an insight into credit and awakened to its possibilities for themselves. Also most of them did prepare illustrative material as suggested. Eight club members reported changing their practices in securing credit and twenty-one use it more wisely.

(3) Local leaders, trained by Miss Alverson, gave demonstrations on "Types of Sales" at the September H. D. Club meetings. Buying washing machines was used as an example of how to plan for family spending, how to shop selectively and how to recognize qualities desired in this type of equipment. The effectiveness of the demonstration was comparable to that of the demonstration on credit. Some leaders used slides borrowed from the state office.

One hundred, eighteen club members report that they plan their spending more carefully, one hundred, eighteen observe sales better, and ninety-four have less tendency to buy on the spur of the moment. Forty reported certain information as being especially helpful, such as reading labels, studying instructions, and prices of standard vs. deluxe equipment.

(4) Radio programs were devoted to each of the topics above. News articles were not written on these subjects but were used to create interest in attending the meetings to see the demonstrations.

(5) Appropriate bulletins were distributed at the meetings and by request.

3. Foods

a. Objectives: Help homemakers to:

- (1) Simplify meal preparation in order to save time and energy.
- (2) Improve the health of the family by eating the proper foods.

b. Procedures:

- (1) Have state specialist train leaders in December in "Simplifying Meal Preparation to Save Time and Energy" and to emphasize well balanced meals. Leaders will give method demonstrations on that topic in January.

(2) Use letters, radio and newspaper to reach the objectives and make the information available to many.

c. Results:

- (1) Local leaders gave method demonstrations on "Simplifying Meal Preparation to Save Time and Energy" at the January H. D. Club meetings.

Leaders had been trained at a county meeting by Mrs. Mary Thompson, Associate Extension Food Specialist. Points stressed in the demonstration included eating the proper foods each day (especially foods rich in vitamin A, vitamin C and calcium), planning meals ahead of time, and nutritious dishes that are easy to prepare in the oven or skillet. Four of these dishes were prepared at the leader training meeting using recipes new to the leaders. Two of these dishes were prepared at local club meetings and served to the members. These demonstrations were well received and enjoyed by club members. Leaders did an excellent job of presenting the information in most cases though a few of them skimmed over the part on good nutrition as "we've had that before". The home agent feels that the leaders should be impressed more about the need for good nutrition and the prevailing lack of it in spite of repeated demonstrations. One hundred, twenty club members report that they plan more nutritious meals according to information received, one hundred, thirty-one have used the recipes distributed at the meeting.

(2) A radio program was devoted to information included in this demonstration and several to good nutrition. News articles and letters helped to stimulate interest. Radio programs were also devoted to freezing and canning. Requests on food preservation presented more opportunities for the home agent to advise homemakers than any other field.

(3) Bulletins were distributed as requested and at club meetings. Many were distributed on food preservation, especially to families reached through the farm and home management and Farmers Home Administration programs.

(4) The home agent tested pressure canners for twelve homemakers and made recommendations accordingly. The gauge tester was borrowed from the Hottoway Home Demonstration Agent's office.

(5) 67 individual food exhibits were entered in the Blackstone Fair and many ribbons were won by Lunenburg women.

(6) Two clubs observed demonstrations on outdoor cookery given by 4-H girls. One had a 4-H girl demonstrate salads.

4. Home Furnishings

a. Objectives:

Help homemakers to:

- (1) Develop satisfying color plans for their homes.
- (2) Learn to make draperies for their homes.

b. Procedures:

- (1) Have state specialist train leaders in January to give method demonstrations on "Color Harmony in the Home". This will be the topic for the February H. D. Club demonstrations.
- (2) Have state specialist train agent and county leaders in making draperies. The agent and two or three selected leaders will hold a county-wide special-interest meeting in making draperies.
- (3) Encourage exhibits.
- (4) Use radio and other mass media to make program more effective.

c. Results:

- (1) Local leaders gave method demonstrations at February H. D. Club meetings on "Color in the Home". These leaders were trained at

a county meeting by Miss Ruth Jamison, Extension Home Furnishings Specialist. Points stressed in the demonstrations included effects of color on mood and personality, choosing pleasing color schemes for the home, relating colors in various rooms, sources of inspiration, and suitable and available materials to use in the practical application of color in the home. Color schemes were planned at the county training meeting. Leaders from two or three clubs worked together in securing appropriate illustrative materials. The home agent feels that the leaders gained a great deal from the training meeting and did excellent work in carrying this information to club members. The illustrative material was well studied and prepared and had meaning for club members. Many requests for individual help followed the demonstrations on color. Fifty-six club members report using information learned in redecorating their homes.

(2) Miss Jamison trained the home agent and several leaders in making draperies for the home. By request, special interest meetings were held in Kenbridge, Lochleven, Victoria, Nor-Intervention and Plymouth communities with forty-one attending. Draperies were made for one home at each of the special interest meetings. Letters to interested club members ahead of time helped them to prepare for the meeting. Information used followed that in Circular 749, "How to Make Draw Curtains & Draperies". There were many opportunities to advise on color harmony, selection of draperies and simple sewing skills at the meetings and following the meetings. Reports from club members indicate that twenty-two have made draperies following instructions given, thirty-eight have used sewing techniques learned, and forty-eight have been more selective in buying small sewing equipment (ex. sharp pins).

(3) Educational booths at the Blackstone Fair on "Color Harmony" and "Drapery Making" won blue ribbons.

(4) Radio programs were used to bring information on home furnishings to more persons. News articles were not written.

(5) Three result demonstrations on lighting were started. There was no tour in 1958.

C. Outstanding Projects

1. Federation Program of Work

The following program of Work has been set up by a committee appointed by the county chairman:

December: Introduction to Federation Program of Work and Importance of Family Council.
January: Understanding Small Children
February: How School Age Children Behave (6-12 years)
March: Understanding Teen-agers
April: Teen-agers' Contribution to the Family
May: Older People in the Home
June: Suggestions for Family Worship
July: Suggestions for Family Recreation
August: Our Place in the Family
September: What is a Well Adjusted Family?
October: How Do We Rate As Family Members?
November: How to Develop Desirable Traits

a. Subject

a. Objectives:

Mrs. I. H. Pulley, county leader for the Federation Program of Work, suggested the following as her plan for carrying out the program:

(1) Ask the Federation Chairman to present each month's topic on Family Life in order to hold interest and preserve continuity throughout the year.

(2) Emphasize the importance of establishing better understanding among the various age groups in the family and better family relations through -

- (a) Family councils
- (b) Family recreation
- (c) A study of the emotional problems of various age groups.
- (d) Promoting family prayers; grace at meals, church attendance and other manifestations of a deepening spiritual life so important to the achievement of the foregoing objectives.

(3) Have meeting of Federation Program of Work leaders in all clubs to help leaders obtain information and present it.

(4) Weekly articles on Family Life will be printed in a local weekly paper. (These are written by Mrs. Pulley and always follow the topic for that month or the next.)

(5) Additional material, at least an outline, will be sent each club leader well in advance of meetings.

(6) A list of books and pamphlets will be provided for the leaders and every club member will be encouraged to read these books.

(7) A qualified speaker will possibly be asked to speak at a county meeting during the year.

(8) Club leaders will be asked to submit reports in April and October to show club progress and to try to stimulate work.

(These plans were submitted by Mrs. Pulley and are written as she stated them. They will be discussed, added to, or revised at a county meeting of leaders which will be held late in January.)

b. Procedures:

In addition to the plans in the report, she plans to meet with the regional librarian and make definite plans for making books on family life available to club members through the branch libraries in Kenbridge and Victoria and through the bookmobile.

With such a strong and capable person leading the county program, the agent felt that little assistance would be necessary in order to make the program effective. However, she made the following suggestions.

(1) To have a county meeting of leaders from each club to plan together and exchange ideas to make the program effective. She will attend the meeting.

(2) To obtain a good speaker on family life for a county meeting if the club leaders desire this.

(3) To have progress reports to stimulate interest and activities.

(4) To see the regional librarian to plan to make reading matter on family life available.

The home agent will also encourage reading through contacts at club meetings and individual visits.

c. Results:

(1) Federation chairmen in each club presented talks or led discussions on topics planned at each monthly meeting of H. D. Clubs.

(2) Better understanding among various age groups in the family was reported by each Federation leader.

(a) Family councils were established in sixteen family groups. Enthusiasm and interest in family recreation grew.

(b) Definite progress was reported in family groups learning to play together. Some families of three generations developed understanding by playing together. Each club held at least one family meal as community groups.

(c) Happiness in the home was developed by the study of emotional problems of various age groups. For example, older persons in the home were given tasks according to their abilities and "began to live rather than to exist for the first time in several years".

(d) Each club leader reported interest and growth in spiritual matters. Specific growth was indicated by children's participation in family worship.

(3) Federation leaders met in January to discuss materials and effective ways of presenting them. Federation leaders met in July for training and to plan the 1959 Federation Program of Work.

(4) Weekly articles on family life were written by Mrs. Pulley and published in a local weekly newspaper. Club members looked forward to reading these articles and gained inspiration and ideas weekly by doing so.

(5) Mrs. Pulley sent each club leader some suggested printed material each month. Club leaders used this as a help in presenting the topic each month but by no means relied on it entirely.

(6) Books and pamphlets on family life were suggested and some were distributed. Pamphlets on various phases of health in the family were given by the Lunenburg Health Department and distributed at club meetings.

(7) Pick Butler spoke to a crowd of two hundred, fifty during National Home Demonstration Club Week. (See activities)

(8) Six club leaders submitted reports in April and nine in October.

(9) Bad weather interfered with plans to meet the regional librarian. Local librarians and operators of the bookmobile helped club members select good books and encouraged reading.

(10) Mrs. Pulley reported Federation activities at the H. D. Achievement Program.

2. X-ray Survey

H. D. Club members cooperated with the Lunenburg Health Department and Southside Tuberculosis Association in having x-rays and community surveys to encourage others to have chest x-rays.

D. Other Activities

1. County objectives

The following objectives were set up by the Lunenburg County H. D. Committee which was held in July.

a. Each club be represented at all county and district meetings.

- b. Encourage participation in exhibits and educational booth at County Fair.
- c. Each club appoint a 4-H leader to assist in 4-H work.
- d. Participate in a community project of its choice.
- e. Increase club membership and attendance.
- f. Encourage club members to share information received at meetings with members unable to attend.

Procedures:

- a. Discuss with the County H. D. Committee ways to meet objectives.
- b. Notify club members of county and district meetings through letters, news articles, radio, and club meetings.
- c. Continue cooperation with Nottoway to build a better Six County Fair.
- d. Train 4-H leaders individually or in groups and provide opportunities for leadership.
- e. Assist in community projects whenever help is needed.
- f. Encourage non-members to join.
- g. Help club members to see the responsibility of giving as well as receiving.

Results:

- a. 90% of the clubs were represented at leader training meetings, and 90% at the District II meeting.
- b. Four clubs had educational booths at the fair. All clubs had some members exhibiting. There were 469 individual entries from Lunenburg. The fair was well publicized.
- c. Interest and enthusiasm in 4-H work has grown. All clubs helped promote 4-H activities, four had demonstrations by club members, and several helped with club meetings. One project group was organized.
- d. All clubs cooperated with schools, churches and civic groups in promoting projects of a community nature. Two clubs helped in improving community centers, one had a special program to bring sunshine to shut-ins in thoughtful ways, and all held family life programs open to the communities.
- e. Some new members were added to the rolls and some were dropped, with a slight gain during the year but a loss of two clubs dropped the county total since 1957. Attendance was average.
- f. Club members shared information as indicated by requests for bulletins and help from non club members.

2. National Home Demonstration Club Week

Objectives:

- a. Have each club participate in National Home Demonstration Club Week.
- b. Inform the general public of Home Demonstration Club activities.
- c. Stimulate greater interest in Home Demonstration Club work.

Procedures:

- a. A county committee will be appointed to plan for county participation. A county meeting will probably be held with a speaker on family life.
- b. Club committees will be appointed to direct and report activities within each club.
- c. Activities will be promoted through radio, press, letters, and meetings.

Results:

- a. A county committee composed of Mrs. J. G. Winn and Mrs. W. L. Roach planned activities for National H. D. Club Week.
- b. Each club participated in some of the activities.
- c. Club members attended church in family or club groups. Ministers cooperated by recognizing club work and choosing a sermon topic on family life. Some club members took part on the program with special reading and music.
- d. Exhibits on family life were made by Kenbridge, Plymouth, Rehoboth, West End and Bethel Hill clubs. Topics included worshipping, reading good books, solving problems, and decorating the home as family groups.
- e. A county program on family life was held at Victoria High School on May 9 with 300 present. Mr. Pick Butler of Richmond spoke on The Family Cycle. Members of eight clubs took part on the program by presiding, leading music, explaining H. D. Club Work, leading devotionals and introducing the speaker.
- f. Hollydale and Lochleven clubs held a joint family night with 75 persons attending.
- g. Publicity was handled by Mrs. J. C. Parrish, County publicity chairman, with help from Mrs. W. B. Wilkinson, County chairman and the home agent. Newspaper articles and radio programs well publicized Home Demonstration Club work and local plans for the week. One radio program features Mrs. W. B. Wilkinson talking on H. D. Club work, Mrs. I. H. Pulley on Family Life, our Federation Program of Work, and Mrs. J. G. Winn on the plans in Lunenburg for National H. D. Club Week.
- h. The home agent feels that the activities noted above helped to publicize H. D. Club work and to stimulate greater interest in same.

3. District H. D. Meeting

Objectives:

- a. Have club members attend district meeting.
- b. Report county activities as requested.
- c. Cooperate with Nottoway County and District officers.

Procedures:

- a. Members will be notified about District meeting.
- b. County chairman will appoint committees to prepare and give county report.
- c. County chairman will appoint members to do any tasks assigned to Lunenburg County.

Results: home agent and

- Club members were notified of the district H. D. meeting through letters, press and radio.
- b. About 60 club members attended the meeting.
 - c. Mrs. Dennis Chesley, County vice chairman, gave the report of work in Lunenburg County.
 - d. The home agent and club members cooperated with Nottoway County H. D. Clubs in planning for the district meeting.

4. Institute of Rural Affairs

Objectives:

- a. Stimulate greater interest in club work.
- c. Have each club represented at Institute.

- Procedures:
- a. Notify clubs and club members of Institute through radio, press, and meetings.
 - b. Encourage clubs to send delegates, paying part expenses if possible.
 - c. Have club members attending report later at club meetings.
- Results:
- a. Interest in the state meeting of H. D. Clubs and in the Institute was stimulated through letters, press, radio and talks at meetings.
 - b. Seven women representing five clubs attended the Institute of Rural Affairs and brought back reports to their clubs.
 - c. Five women were delegates from their clubs.

5. Achievement Day

- Objectives:
- a. To evaluate club work for the year.
 - b. To publicly recognize outstanding H. D. Club work.
 - c. Present year pins, reading certificates to club members.
- Procedures:
- a. To have each club submit record of accomplishments for members in October.
 - b. County chairman will appoint committee to plan program.
 - c. Publicize program through radio, press, letters and meetings.
 - d. Recognize outstanding club with trophy.
- Results:
- a. A committee composed of Mrs. G. A. Austin, Mrs. Morris Beck and Mrs. W. T. Estes planned the program in cooperation with the county chairman and home agent.

6. Home Demonstration Club Yearbook

- Objectives:
- a. Promote better organization of clubs.
 - b. Have club members better informed.
 - c. Promote related activities such as reading and 4-H activities.
- Procedures:
- a. Have county chairman appoint committee to plan yearbook.
 - b. Have yearbook published and distributed by first of year.
- Results:
- a. A committee of two compiled the H. D. yearbook.
 - b. The yearbook was distributed the first of the year.
 - c. The yearbook contained pertinent information related to the club work. The words to the H. D. song were added to the 1959 yearbook.

7. Rural Life Sunday

- Objectives:
- a. To stimulate family and community life through closer church communities.
 - b. To help rural people realize the gifts of creation and have greater interest in conserving them.
 - c. To have Rural Life Sunday services reach a larger number of people.

Procedures:

- a. Work with a county committee to plan for county and community observance.
- b. Contact ministers personally or through letters to enlist their cooperation.
- c. Publicize program through radio, press, letters and meetings.

Results:

- a. Rural Life Sunday programs have always been a part of 4-H Club work here. The home agent hoped to expand this idea to include other groups but it was decided to encourage the observance only. Home Demonstration Club members attended the programs and in some cases assumed roles of leaders in 4-H.

8. Home Demonstration Club Year Pins

Objectives:

- a. To encourage each club member to be active and carry part of the load in her club.
- b. To stimulate pride in H. D. Club work by having members wear pins.
- c. To recognize strong members.

Procedures:

- a. Have county committee determine standards to be printed in yearbook.

- b. Award pins publically at Achievement Day.

Results:

- a. Requirements for the H. D. pins were listed in the yearbook and encouraged members to work for the pins.
- b. Pin requirements included attendance at ten H. D. Club meetings, attendance at special events, sharing information, participation in club activities, reading approved books, practicing methods taught in demonstrations, fair exhibits, leadership, 4-H leadership, having chest X-rays, and voting.
- c. Fifty-seven women received pins at Achievement Day. This was one-third of the total membership.
- d. A county committee reviewed pin requirements but did not change them.

9. Six-County Farmers' Days

Objectives:

- a. To stimulate adult leadership.
- b. To encourage better quality in products.
- c. To publicize H. D. Club activities.
- d. To raise standards of workmanship.

Procedures:

- a. To encourage participation in fair through radio, press, letters, and meetings.
- b. To have county chairman appoint leaders to assist in planning for and carrying out fair activities.
- c. To encourage clubs to enter educational booths.
- d. To help clubs and members understand good quality in products and booths through meetings and individual contacts.

Results:

- a. Participation in the fair was encouraged through fair chairmen in each club, the home agent, and publicity through letters, news articles, and radio programs.
- b. Lochleven, Kenbridge, Plymouth and Rehoboth Clubs placed educational booths in the fair on making draperies, color for the home, family worship, and school and home cooperation. Two blue ribbons, one red ribbon, and one white ribbon were won.
- c. 98 women exhibited 469 articles in the fair.
- d. Twenty-seven adult leaders worked at the fair. A number of others helped with educational booths and carrying exhibits for others.
- e. Fair attendance was good.
- f. The home agent and Lunenburg fair committee work with those from other counties in setting up the fair rules, divisions and classes. Standards were raised through changing some rules, and classes were added.
- g. Individual contacts and talks at meetings helped to raise fair standards.

10. Home Demonstration Club Trophy

Objectives:

- a. To recognize outstanding club work.
- b. Improve quality of club work.

Procedures:

- a. Notify clubs of standards to be reached in club work.
- b. Award trophy to outstanding club at Achievement Day.

Results:

- a. A trophy score card was set up for clubs to follow. Standards included attendance at local, district and state meetings, leadership, reading approved books, voting, having chest X-rays, fair participation, and pins earned.
- b. A county committee reviewed reports that had been sent to the home agent each month. Winners were determined by these reports.
- c. The trophy was awarded at the achievement program with a suitable explanation of standards. Winning club was Bethel Hill with 5321 points. Runners-up were Lochleven, 5302 points, Kenbridge, 4119 points, and Plymouth, 4071 points.

11. Pennies for Friendship

Club members will contribute Pennies For Friendship and send them in before the District II meeting.

Results:

- a. Club members contributed \$32.02 to Pennies For Friendship and sent them to the county treasurer before the District II Meeting. They were presented at the meeting by Mrs. Elroy Callis dressed in a Hawaiian costume.

12. Work in Unorganized Communities

Objectives:

- a. To reach as many families as possible
- b. To organize clubs where there is a need and desire.

Procedures:

- a. Contact non-club members through radio and press, visits and other contacts.

b. Meet with Rose Hill group to see if club can be reorganized and continued.

c. Visit in Jonesboro community to see if there is enough interest for a club.

Results:

a. The home agent found many opportunities to work with adults as she visited 4-H Club members whose mothers do not belong to H. D. clubs. In many cases information taught 4-H members reached mothers and other relatives and friends of the girls.

b. Three dates were set in the winter and early spring to meet with the former Rose Hill group but bad weather prevented the meeting. It was not arranged later for various reasons.

c. Non-club members were contacted through the radio and press, visits and on the street. Bulletins were distributed as requested and some visits were made.

13. Publicity

Mrs. J. C. Parrish was appointed county publicity chairman for the H. D. Clubs. Much of the publicity for county activities was handled by her.

14. Judging

Thirteen women attended the fair judging school in Farmville. They helped to raise fair standards by telling club members information learned. Mrs. A. W. Elder and Mrs. H. M. Stone judged clothing at the Farmville Fair.

IV Farm and Home Development

The home agent has not carried on a farm and home development program. She has visited some farm and home development families that the assistant county agent is working with and helped them with some problems in home economics. Since it requires time to become acquainted and to establish a working relationship with these families, it was difficult to do this and also to try to meet the demands of all home demonstration club and 4-H club members. Although some visits were made, not enough visits were made to any one home to study the situation, and to help families in making overall management decisions. The home agent worked with the Farm and Home Management Committee of the Lunenburg County Board of Agriculture in setting up goals and plans for the year.

V County Extension Program - Youth

A. Organization:

1. County Youth Council - Youth Committees

The county extension agents planned to establish a committee to advise and help plan youth activities for the county. Several office conferences and many informal discussion periods were held to discuss setting up such a committee. Due to differences of opinion as to the functions of this committee, it was decided to postpone setting up same until it could be discussed with district agents and members of the club department. Ideas concerning this were contributed from sources mentioned above. At the present time extension personnel have just about reached an agreement as to how such a committee could best function in Lunenburg County and plan to establish such a committee early in 1959.

2. 4-H County Council:

The Lunsburg 4-H County Council is composed of the officers of all the 4-H Clubs in the County. (Included are presidents, vice-presidents, secretaries, reporters, treasurers, song leaders and sponsors.) Officers of the County Council are elected by the membership of the council. The council will meet three times during the year as follows:

December: 1-Plan 1958 Program
2-Elect Officers

April: 1-Plan for certain activities which will take place during the spring and summer.

September: 1-Receive training in conducting meetings.
2-Plan for Achievement Day.

a. 1958 Goals of County Council:

- (1) Sponsor Lunsburg County Share-the-Fun Contest.
- (2) Observe Rural Life Sunday on May 26.
- (3) Sponsor County-wide recreational meeting.
- (4) Assist with the opening of Camp Farrar.
- (5) Sponsor 4-H year pins.
- (6) Assist with the 7 county parade, to be held in Crewe this

year.

(7) Sponsor Achievement Day Program.

(8) Assist 4-H Honor Club with the yearbook.

(9) Cooperate with other counties participating in the International Farm Youth Exchange Program by contributing \$5.00 to help send an IFYE to a foreign country.

(10) The president and secretary of the County Council will be members of the County Board of Agriculture.

b. Results:

- (1) Share-the-Fun held on March 14 (see activities).
- (2) Rural Life Sunday held May 18 (see activities).
- (3) Held County-wide recreational meeting in July (see

activities).

(4) Year pins were bought for 4-H Club members who completed their projects and were distributed in the fall of 1959.

(5) Seven county parade held on April 26 (see activities).

(6) Assisted in distribution of yearbooks (see activities).

(7) Contributed \$5.00 to the IFYE program from the County Council treasure.

(8) Achievement program held in November. (see activities).

(9) Bonnie Nelson & Mary Ann Gill attended the County Board of Agriculture meeting. Bonnie Nelson gave the report of Objectives and Accomplishments. (See County Board of Agriculture).

3. 4-H All Stars:

The All Stars meet 2 to 4 times a year. Eight All Stars are active members of the chapter. Big Chief, Less Chief, Scribe, and Medicine Man are elected from the group.

The All Stars help in planning and developing the 4-H program. Outstanding contributions include leaders of 4-H projects, promoting participation in fairs, contests, parade and other special events.

a. Goals:

- (1) To carry on the 4-H tractor maintenance project in the county with a minimum of assistance from the County Extension workers.
- (2) To assist 4-H club members in their respective communities with their 4-H project work.
- (3) To promote 4-H member participation in local fairs and contests.
- (4) To assist with the 7 county 4-H celebration and other special 4-H club events.

b. Results:

- (1) Most of the active All Stars in the county are also Honor Club members. Some of them serve as leaders for the Honor Club. Others are regular Home Club members but do not hold offices or take the prime positions of leadership in the organization.
- (2) The All Stars did an outstanding job in teaching the classes in the tractor maintenance project. Their effective leadership is reflected in the better quality work done and in the excellent project completion. The All Stars planned and helped carry on the tractor program.
- (3) All Stars served as leaders for all activities described in section C.
- (4) All Stars nominated Ann Sadler as a new member. She was tapped at the 1958 4-H Short Course.
- (5) All Stars attended the All Star recognition banquet and week-end camp, and the All Star - Honor Club week-end camp at Holiday Lake 4-H camp (see activities).

4. 4-H Honor Club:

The Honor Club is composed of 19 outstanding 4-H Club members. This group meets ten times a year. The Honor Club stimulates club work for the individual members and gives them an opportunity to enjoy fellowship together. Many opportunities for developing leadership are provided. Outstanding contributions are junior leadership, compiling a yearbook and compiling a special edition of the local newspaper for National 4-H Club Week.

The Honor Club set up the following monthly program for 1958:

- | | |
|----------------|--|
| November, 1957 | - Good Record keeping. |
| December, 1957 | - Selecting new members and recreation. |
| January, 1958 | - Initiation of new members. |
| February, 1958 | - Preparation of the 4-H Parade Journal. |
| March, 1958 | - Banquet. Speaker on opportunities in Agriculture and Home Economics. |
| April, 1958 | - Show film on 1957 Parade and work on floats for 1958. |
| May, 1958 | - Discussion on camps and other summer activities. |
| August, 1958 | - Picnic and hayride. |
| October, 1958 | - Organization. |

a. Goals:

- (1) To learn better how to collect and assemble a 4-H achievement record.
- (2) To invite the outstanding 4-H Club members who are eligible to join Honor Club.
- (3) To compile and sponsor a county 4-H year book.
- (4) To compile the special edition of the Blackstone Courier Record in celebration of National 4-H Club Week.

- (5) To learn more about parliamentary procedure.
- (6) To hold a weekend 4-H Honor Club camp.
- (7) To serve as junior leaders in the 4-H Club program.

b. Results:

- (1) W. A. Turner, of the 4-H Club Department at VPI, gave a demonstration on assembling achievement records at the November, 1957, meeting. The records ~~the~~ Honor Club members are keeping and the assistance they are giving other club members indicate that they have a better knowledge of how to assemble a record.
- (2) One girl and five boys were taken into Honor Club in 1958.
- (3) The Honor Club compiled an excellent county 4-H Club yearbook (see activities).
- (4) The special edition of the paper was compiled and published (see activities).
- (5) The club decided to drop the objective to learn more about parliamentary procedure and concentrate their efforts on getting a better knowledge of opportunities in agriculture and home economics. One meeting was devoted to discussion of these opportunities led by Ben Wilkinson (All Star) from Kenbridge.
- (6) The Honor Club - All Star week-end was held on July 19-20. (see activities)
- (7) The Honor Club members are taking the "Junior Leadership Project". They turned in completed junior leadership record books this year for the first time. Most of them at least completed the basic requirements to have a completed leadership project.

5. Project Planning Committee:

The projects that can be offered to club members are publicized in the club meeting and by activities carried on by particular project groups. As a result of this publicity the club members choose their projects. If there is enough interest in a particular project to warrant consideration, it is carried on in project groups in the county. These projects chosen are planned by committees from the Honor Club, All Stars and the County Council. The county-wide project is chosen by the county council and voted on in each club.

B. 4-H Project Work:

The 4-H club program in Lunenburg County is carried out in sixteen organized clubs, all of which are held in school. In the two high schools a club is organized and in each of the 5th, 6th and 7th grade rooms. There is one club organized in each of the two elementary schools. We also have a senior 4-H club in each of the two high schools. The agents and leaders meet each of the sixteen organized clubs on a monthly basis to carry on the business and project work.

1. Forest Appreciation:

This project was selected by the 4-H County Council as the county-wide 4-H Club project for the school year 1957-58. 4-H Clubs in Lunenburg County are organized primarily in school and all members enrolled take this project.

a. Objectives:

- (1) To develop leadership and more effective citizenship through participation in club meetings and activities.

- (2) To develop a sense of pride in our forests and a desire to preserve them.
- (3) To teach good conservation practices in order to preserve our natural resources in the forests.
- (4) To help 4-H members learn about forests and their value and importance.
- (5) To teach 4-H members to identify trees and their parts.
- (6) To encourage club members to help others gain an appreciation of forests.
- (7) To encourage members to complete projects and submit records.

b. Procedures:

- (1) Hold monthly club meetings in school.
- (2) Give monthly demonstrations as follows:

October -	Introduction to Forest Appreciation
November -	How to Collect, Press & Mount Leaves
	How to Make Leaf Prints
December -	Decorating with Trees, Tree Decorations
January -	How A Tree Grows
February -	Products of a Forest
March -	Trees in Virginia
April -	How to Identify Leaves
May -	Tree Quiz
- (3) Stimulate interest through home visits.
- (4) Use mass media such as radio programs and newspapers to stimulate interest in forests.
- (5) Collect records at the May meeting.

c. Results:

- (1) All the monthly meetings were held as scheduled.
- (2) All of the monthly demonstrations and programs were given with good response from the individual club members.
- (3) Home visits were made by the agents to give individual help when the need arose. We feel that home visits are necessary when the club members need individual assistance on some particular phase of the project that can not be attended to at the meetings.
- (4) Two local newspapers carried articles concerning the project several times during the year. The agents publicized the project at least once a month on their regular radio programs.
- (5) The records were collected in May. (see 4-H worksheet)

2. 4-H Electric Project:

This project was carried on by forty-eight 4-H boys and fifteen 4-H girls. Project meetings were held out of school.

a. Objectives:

- (1) To study some reasons why electricity is so important to the modern homemaker and farmer.
- (2) To improve the lighting in the homes and on the farms in Lunenburg County.
- (3) To teach club members how to maintain certain electrical equipment on the farm and in the home.
- (4) To teach club members how to construct and repair certain equipment on the farm and in the home.

(5) Conduct a tour to Electric Chesterfield Power Plant (VEPCO) and to WRVA TV Station.

(6) To develop more effective leadership and citizenship through participation in the electric project.

(7) To send delegates to the Electric congress in Richmond and to place an exhibit there.

b. Procedures:

(1) Hold necessary project meetings to accomplish the objectives of the project.

1938 Schedule for Unit I

(2) Thurs. Feb. 20 - Demonstrations - Home Lighting & movie.

(3) Thurs. Feb. 27 - Demonstrations - Farm Lighting & cord repair

(4) Friday, Mar. 7 - Demonstrations - Care of Home Appliances
Care of Farm Equipment

(5) Friday, Mar. 14 - Individual Member Demonstration

(6) Friday, May 2 - 4-H Elec. Project Workshop.

(7) Tuesday, June 10 - 4-H Electric Project tour.

1938 Schedule for Unit II

(1) Thursday, Feb. 20 - Same as Unit I

(2) Thursday, Feb. 27 - Same as Unit I

(3) Friday, Mar. 7 - Demonstration - Electrical Terms,
Reading Meters and
Computing cost.

(4) Friday, Mar. 14 - Club member demonstrations
Wiring systems - by leader

(5) Friday, May 2 - 4-H Electric Project Workshop

(6) Tuesday, June 10 - 4-H Electric Project Tour.

c. Results:

(1) All meetings were carried out as scheduled.

(2) All demonstrations and programs were carried out very effectively by the agents and leaders.

(3) Each club member taking the project assembled and gave a demonstration. (see activities)

(4) The workshops were held on schedule. Club members made nineteen table lamps, twenty-two pin-up lamps and fourteen heavy duty extension cords at the workshops.

(5) The Electric project tour was held on schedule. About seventy-five percent of the club members enrolled in the project went on the tour. The group toured the VEPCO Electric Plant in Chesterfield County and WRVA TV Station in Richmond. The 4-H'ers learned something about how electricity is generated as well as to learn many more uses of electricity.

(6) The assistant county agent (Hunter), Carolyn Smith and Alvin Austin attended the Electric Congress in Richmond. The Lunenburg County exhibit on better home lighting won a red ribbon.

(7) Margaret Berkley and Rosa Lee Bishop set up result demonstrations in home lighting.

3. Home Economics Projects

a. In General

The objectives and methods outlined in the home agent's plan of work were not followed as leaders were not secured to help conduct the

work. One project group was organized in the Green Bay community with five members and Miss Joyce Watlington serving as junior leader. Meal Preparation was the project chosen.

The home agent feels that some high school girls have grown in project work and leadership this year and are prepared to serve as junior leaders. Since there were no organized project groups, no girls with the experience of preparing achievement records, and only one girl who had given a group demonstration at the beginning of this year, there was little to work with. Some parents and H. D. Club members have expressed a willingness to serve as leaders. The home agent has visited a number of homes with the objective of getting acquainted and securing cooperation of adults and older club members who are potential leaders. She feels that progress is being made along this line though there is little specific progress to report at this time.

b. Food Preparation, Breads

Seventeen girls completed twenty-three projects with 6622 dishes served and 634 meals prepared. These girls were given help in home visits, at meetings and through letters. Bonnie Nelson won first in district and state bread demonstrations. Five county medals were awarded at Achievement Day.

c. Food Preservation

Eleven girls completed fourteen projects in food preservation by canning 1625 quarts and freezing 1823 quarts and 200 pounds of food. Assistance was given through visits, at meetings, through letters and bulletins. Five county medals were awarded at Achievement Day.

d. Clothing

Eight girls completed thirteen projects in clothing. 91 articles and 51 garments were made by them. The home agent gave the girls bulletins on their projects and gave instructions during home visits, regular club meetings and in letters.

e. Home Management

Eight girls completed twelve projects in Housekeeping, Washing and ironing. Assistance was given through home visits, letters, calls and bulletins.

f. Home Furnishings

Ten girls took the project, Your Room, and nine completed. All of these girls made significant changes in their rooms and kept good records.

C. 4-H Activities:

1. Summer Camp and Short Course:

a. Objectives:

- (1) To fill county quota to attend district camp and short course.
- (2) To provide facilities to take care of more members at summer camp.
- (3) To have more members who have not been to camp participate in this activity.
- (4) To help develop 4-H members both physically and emotionally through participation in camp activities.

- the county.
- (5) To stimulate greater interest in camp throughout
 - (6) To have each senior club represented at short course.
- b. Procedures:
- (1) Gave advance publicity to these events at club meetings in April, through press and radio.
 - (2) Encouraged club members who had attended these events to share their experiences with other members.
 - (3) Worked with other agents to increase facilities at district camp.
 - (4) Arranged transportation to and from camp and short course.
 - (5) Provided help in opening and operating camp.
 - (6) Had Home Demonstration Clubs encourage camp activities and provide financial assistance.
- c. Results:
- (1) The Lunenburg County quota was filled at 4-H Camp Farrar with twenty-two boys and twenty girls attending. Each community in the county was represented.
 - (2) Plans for expanding the dining room were discussed with other agents. No definite plans were made.
 - (3) Nineteen boys and fourteen girls attended district camp for the first time.
 - (4) The H. D. Agent and Assistant County Agent attended 4-H Camp Farrar and worked with agents and leaders in providing a wholesome program. Leaders from Lunenburg included Mr. & Mrs. Frank Hiltzheimer, Mr. Madison Conner (All Star) and Mrs. Sue Williams.
 - (5) Interest in camp was strong.
 - (6) Seven Home Demonstration Clubs and six individuals provided scholarship money for ten boys and girls. Some scholarships were given as awards for work well done and some were given to needy children according to recommendations from leaders and teachers.
 - (7) Club members receiving financial aid directly made reports to sponsoring groups.
 - (8) Five girls and three boys attended 4-H Short Course at VPI. Joan Taylor, Kenbridge, ran for vice-president of the 1959 Short Course but was not elected.
 - (9) Agents arranged transportation to Camp Farrar on a county school bus and to Short Course on a chartered bus.
 - (10) The Assistant County Agent attended Short Course and supervised eighteen boys from three counties.
 - (11) Twenty Honor Club members and All Stars attended a recreational and inspirational week-end camp in July at Holiday Lake 4-H Camp. It was not planned until the spring of 1958. The week-end activities brought the members closer together in fellowship and understanding. The H. D. Agent and two assistant county agents attended.
 - (12) Ten All Stars and five guests attended the All Star recognition banquet held in July at Holiday Lake 4-H Camp. Six All Stars stayed for the week-end camp. The week-end camp was attended by the assistant county agent and H. D. agent, and the banquet by the county agent.
 - (13) A Senior 4-H Camp was planned by the agents in the Camp Farrar group in order to have more junior members in the regular camp and to provide a more challenging program for the older club members. Three boys from Lunenburg attended and received excellent training as junior leaders.

2. Achievement Day:

a. Objectives:

- (1) To evaluate club work for the year.
- (2) To recognize outstanding work.
- (3) To publicly present medals and awards.
- (4) To have more club members participate on the program.
- (5) To tell the story of club work in an interesting way.

b. Procedures:

- (1) Collect records and select county winners in September.
- (2) Plan program carefully with County Council.
- (3) Give advance publicity through radio, newspapers,

letters and meetings.

- (4) Have county achievement program in November.

c. Results:

(1) The 4-H Achievement Program was held at night in Victoria High School. The program was planned by the County Council.

(2) County winners received awards in achievement, home grounds beautification, boys agricultural program, bread, canning, citizenship, clothing, dairy, dairy foods, electric, entomology, field crops, food preparation, forestry, frozen foods, garden, health, home economics program, room improvement, laundry, leadership, poultry, recreation, safety, swine, and tractor. Awards included: Certificates in county-wide project, forestry certificate and cash prizes, cash prizes in swine, club awards in county-wide project, cash prizes in poultry, pastry frame, food grinder, I Dare Books.

(3) Advance publicity and good program encouraged attendance of club members, friends, and parents.

3. National 4-H Club Week:

a. Objectives:

- (1) To acquaint the public with 4-H work.
- (2) To stimulate interest in 4-H progress.
- (3) To have more members participate in activities.

b. Procedures:

- (1) Give publicity to 4-H work through press and radio.
- (2) Have each senior club make a 4-H display.
- (3) Have special 4-H section in Blackstone Courier Record.

c. Results:

(1) Special publicity helped to advertise 4-H Club work.
(2) Four special releases were prepared and three radio programs with eleven club members participating were broadcast over local stations.

(2) Victoria Senior Club made a window display there on good nutrition, "Better Breakfasts".

(3) Kenbridge Senior Club made a window display on forestry, "Products of Our Forests".

(4) The H. D. Agent, Assistant Co. Agent and several leaders helped plan and present a pageant, "Fifty Golden Years of Progress" to mark fifty years of club work. It was given in Creve on April 26.

(5) Other spring activities to celebrate National 4-H Club Week though held later are described under sections 5, 8, and 12.

4. Club Contests:

a. Objectives:

- (1) To win recognition for outstanding work.

- (2) To develop skills to a finer degree.
(3) To develop standards for achievement through competition.
- contests.
- (4) To have 4-H'ers participate in county and district
- (5) To develop wholesome attitudes by competing in contests.
- b. Procedures:
- (1) Help members keep and submit records of work done.
(2) Help club members learn to give demonstrations.
(3) Have Honor Club sponsor county contests.
(4) Publicize contests through radio, press, letters and meetings.

- c. Results:
- (1) All objectives were met except to hold a county contest in home economics projects. Club members voted to hold a demonstration contest for this year after Christmas.
- (2) Members were assisted in keeping good records. Junior leaders assisted in helping younger members. The Honor Club had a demonstration on record keeping.
- (3) Ann Sadler, Joan Taylor, and Rosa Lee Bishop submitted achievement records in Frozen Foods, Food Preparation and Electric Contests respectively. All three won blue ribbons.
- (4) Bonnie Nelson entered bread demonstration contests at Farmville (district) and VPI (state). She won in both contests. She presented her record to the donor of her award.
- (5) David Rash entered the forestry demonstration contest on county, district, and state levels. David did not place in the state contest.
- (6) Rosa Lee Bishop, Marvin Alder, Mac Moore, and Carolyn Smith entered district contests in Dairy Judging. The team placed third in the contest. Rosa Lee Bishop was second high individual in the contest.
- (7) Mary Ann Gill, Curley O'Dell competed in district competition as an egg grading team. They placed second in the contest but were ineligible and could not claim the award due to age.
- (8) Wallace Brown won first place in the county tractor driving contest, second place in the district tractor driving contest. He was invited to participate in the state contest but was unable to attend.
- (9) Mac Bailey, Calvin Seagle, Jerald Seagle, Dennis Bailey and Ronnie Doty entered district livestock judging competition and placed well but were ruled ineligible because of age.
- (10) Demonstration Contests in electric were held at West End and Victoria Schools at the last meeting of the electric groups. Winners at West End were Ann Baugh, Elizabeth Watson, Douglas Ward, and Dennis Bailey. Winners at Victoria were Rosa Lee Bishop, and Jack Ragsdale (senior) and Margaret Berkley, Dorothy Cordle and R. M. Underwood (junior).
- (11) All contests were well publicized.

5. Share-The-Fun Contest:

- a. Objectives:
- (1) To win recognition for outstanding talent.
(2) To encourage the development of talents.

(3) To share talent with others.

(4) To participate in Seven-County Share-The-Fun Contest.

b. Procedures:

in March.

(1) Have County Council sponsor county Share-The-Fun Contest

(2) Have each junior club enter one number.

(3) Have senior clubs enter several numbers.

(4) Have county winners participate in Seven-County

Share-The-Fun Contest.

(5) Have senior winners participate in talent program

at Short Course.

(6) Publicize contests through press, radio, letters,

meetings.

c. Results:

(1) A Share-The-Fun Contest was held at Victoria High School in March with forty-eight club members representing every club in the county taking part. Those taking part were chosen on a club basis in the junior clubs. The senior division was open.

(2) The winners in the county Share-The-Fun Contest participated in the Seven-county Contest and won second place for Lunenburg. Those participating were Joan Taylor and Ann Sadler (song), Bonnie Nelson, Suellen Clark and Nancy Marshall (play) and Bagley Garden and Laura Crowder (song).

(3) Ann Sadler and Joan Taylor participated in the state Share-The-Fun Contest at VPI and won a red ribbon.

(4) The contests were well publicized.

6. Rural Life Sunday:

a. Objectives: (Planned by agents)

(1) To emphasize the Heart "H" to club members.

(2) To inform the public of this phase of club work.

(3) To have Rural Life Sunday services reach a larger

number of club members.

b. Procedures:

(1) Plan with county council for county and community observances.

(2) Enlist the cooperation of ministers.

(3) Publicize program through radio, press, letters and meetings.

c. Results:

(1) County observances were planned by a committee of the county council. The committee set up these objectives of its own:

(a) To observe Rural Life Sunday on May 18.

(b) To observe Rural Life Sunday in Victoria Christian Church, Kenbridge Methodist Church, Cool Springs Christian Church, Perseverance Christian Church, Antioch Methodist Church.

(c) To explain the purpose of Rural Life Sunday to the ministers and ask their cooperation.

(d) To have club members participate in the program by singing, ushering, reading scripture, sitting together as a group, and reading a suitable piece on Rural Life Sunday.

- (e) To ask Mr. Hunter and Miss Ragsdale to send the ministers and participating club members suitable material on Rural Life Sunday.
- (f) To publicize Rural Life Sunday by: newspaper articles, radio announcements, Extension radio programs, announcements at club meetings and in schools just before May 18.
- (g) To ask the following club members to serve on committees: (members were named)

(2) Committees were set up to secure speakers and carry forth the plans in each church. The work was done by the committees with some assistance by the agents.

(3) Each objective suggested by the county council was reached by local committees with help on publicity from the agents.

(4) The programs were well presented and well received by about seven hundred, fifty persons.

7. County Recreational Meeting:

a. Objectives:

(1) To bring club members and their families together in fun and fellowship.

(2) To stimulate interest in club work and cooperation through recreation.

(3) Have larger number of club members participating.

b. Procedures:

(1) Have county council sponsor county recreational meeting.

(2) Work with county council in planning varied recreation.

(3) Publicize activity through radio, press & letters.

c. Results:

(1) A committee of the County Council planned the recreational meeting which was held in July at Lunenburg Beach, Victoria, with about one hundred, fifty club members and parents attending.

(2) Swimming and a picnic lunch were the main activities.

(3) The recreational meeting was well publicized.

8. Seven-County Parade:

a. Objectives:

(1) To bring 4-H club work before the public.

(2) To stimulate interest in 4-H among club members, parents, friends, and the general public.

(3) To have more club members participate in the parade.

(4) Have fewer but better floats.

b. Procedures:

(1) Have County Council sponsor 4-H parade.

(2) Cooperate with other counties in planning parade.

(3) Have club members and leaders build floats.

(4) Publicize activity through press, radio, meetings, letters, and individual contacts.

c. Results:

(1) Lunenburg joined with Amelia, Brunswick, Hottoway, Mecklenburg, Dinwiddie, and Powhatan Counties in staging a 4-H parade on April 26 in Crewe.

(2) There was strong interest and enthusiasm in the parade among club members, their families and the general public. About eight thousand attended.

(3) A large crowd gathered in a local warehouse to help build floats for four nights preceding the parade. Twenty-three club members rode the floats and three drove tractors that pulled the floats. A number of club members played in the Victoria High School band which marched in the parade and thirty members marched behind the Lunenburg 4-H banner.

(4) Lunenburg had five floats in the parade representing the 4-H motto and Head, Heart, Hands and Health.

(5) Floats were planned through the cooperation of agents, leaders and club members.

(6) The agents worked with agents from other counties in making general plans.

(7) The parade was well publicized.

9. 4-H Club Yearbook:

a. Objectives:

- (1) Promote better club organization.
- (2) Have club members better informed.
- (3) Help parents to better understand 4-H.

b. Procedures:

- (1) Have Honor Club compile and sponsor yearbook.
- (2) Have yearbook distributed to members in January.

c. Results:

- (1) The Honor Club compiled a yearbook which was distributed to club members, leaders, and other interested people in January.
- (2) The yearbook was compiled nicely and met the objectives listed above.

10. 4-H Club Pins:

a. Objectives:

- (1) To encourage pride and interest in 4-H by giving members pins to wear.
- (2) To encourage members to complete all projects.

b. Procedures:

- (1) Have county council sponsor project.
- (2) Distribute pin to each member who completes all of his projects.

c. Results:

- (1) Year pins were bought by the county council and distributed to all club members completing the county-wide project, Forest Appreciation.

11. Blackstone Farmers' Days (Local Fair):

a. Objectives:

- (1) To encourage 4-H'ers to exhibit products.
- (2) To encourage better quality in products.
- (3) To publicize 4-H work.
- (4) To raise standards of workmanship.

b. Procedures:

- (1) To encourage all members to exhibit products.
- (2) To teach club members good quality in products through meetings and individual contacts.

(3) To publicize fair through radio, press, letters, meetings, and individual contacts.

c. Results:

(1) 4-H Club members were encouraged at meetings, through posters and other publicity to exhibit products at our local fair, Farmers' Days.

(2) Sixty-nine members exhibited products at Farmers' Days.

(3) Good quality in fair exhibits was taught individually and in groups.

(4) The fair was well publicized.

12. 4-H Journal:

a. Objectives:

(1) To publicize 4-H work.

(2) To give Honor Club members experience in journalism.

(3) To stimulate leadership among Honor Club members.

b. Procedures:

(1) To have an Honor Club committee work on the journal.

(2) To publish the journal and distribute to club members and leaders shortly before the parade.

(3) To have committee cooperate with representatives of the Blackstone Courier Record in planning the Lunenburg Section of the Seven-County Journal.

c. Results:

(1) A committee of Honor Club members formed the staff of Lunenburg Section of the 4-H Journal.

(2) The staff met with Mr. Ed Silverman for training and to plan the journal.

(3) The staff planned the articles, sold ads, and compiled the paper. All Honor Club members took part in writing the articles and assembling the material.

(4) The Lunenburg staff won second prize on its work.

(5) The agents advised the club members and took photos used in the paper.

(6) The Journal was distributed to all club members and leaders.

D. Young Men and Women's Work:

There was no YMW program in Lunenburg County. Some young men and women in this age group were reached through work of the 4-H Honor Club, All Stars, County Board of Agriculture and Home Demonstration Clubs.

VI Scope of Work:

A.	1954	1955	1956	1957	1958
No. H. D. Clubs or Groups	11	12	12	12	10
Membership	262	231	242	242	185
No. 4-H Clubs	15	18	18	16	16
Membership	201	246	257	218	220
No. Home Ec. Committees					1
No. other families reached	1500	1500	125	125	650
No. different families reached	1875	1800	495	495	650

B. A Home Economics Committee was organized as described in III A 2. The home agent directed most of her efforts at becoming familiar with present organizations and members rather than securing new members.

VII Leadership:

A. Contributions of Volunteer Leaders:

1. Organizational:

The organizational leaders (president, vice-president, secretary and treasurer of the clubs) were responsible for the business of the club and it's being carried on in local meetings. The president presided at club meetings, appointed necessary committees, and worked in the County Home Demonstration Committee on county business and program planning. These leaders were contacts in their communities for carrying on a more effective county extension program.

2. Program Development Leaders:

A training meeting was held in April for program development leaders in each club. They assisted the home agent in discussing program planning in May and led discussions in June. Leaders were responsible for club surveys in problems, needs and desires of their club members. Reports of these surveys were sent to the county program development leader and presented at the program planning meeting in July. They worked with a county group in planning the 1959 program calendar. A report of the county meeting was carried back to the clubs for approval.

3. Subject Matter:

Leader training meetings on monthly topics were held on a county basis. Extension specialists trained the club leaders in subject matter and methods of presenting the demonstrations. Average attendance at these meetings was nine of ten clubs with two to four leaders per club. Club leaders gave demonstrations on topics studied following the training meeting.

4. Federation Program of Work Chairmen:

Federation chairmen were appointed in each club. They were responsible for giving a short talk or leading a discussion on Family Life each month. These leaders also assisted in special Family Life activities, made suggestions and submitted reports to the county federation leader. Mrs. I. H. Pulley, county federation leader, planned a meeting in February with splendid discussion leaders to give and exchange ideas with club leaders. By request, Dr. Donald Fessler, Extension Sociologist, helped the federation chairmen form ideas concerning the 1959 program and planned some at a meeting held in August.

B. Growth of Leadership:

1. Overall Program Leaders (organizational leaders for County Ext. Service Board)

No. 1957 No. 1958

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2. Home Demonstration Club Leadership:

	1954	1955	1956	1957	1958
No. organizational leaders					41
No. project leaders (subject matter)	87	98	109	101	109
No. Federation program of work chairmen	11	12	13	13	10
No. program development leaders	11	12	13	13	10
No. result demonstrators	11	0	0	1	6
No. training meetings by specialists	5	6	4	7	7
No. training meetings by dist. agents	2	0	0	0	0

D. Outstanding Family:

The R. E. Gill family lives on a 210 acre tobacco farm near Kenbridge in a pretty brick home they built six years ago. They have lived there since they were married about 21 years ago and have proved to be a progressive family. A herd of 40 Herefords is the family pride.

Each member of the family is active in community and club work. Mr. Gill's interests include Farm Bureau, Ruritan and Woodmen of the World. Mrs. Gill is president of her Home Demonstration Club, past chairman of the Home Demonstration County Committee, president of Fletcher's Chapel WSCS, and Sunday School teacher.

Their three girls are active in 4-H work. Sus, now married with a small child, has been the most active 4-H leader in Lunenburg this year. She is a member of the Lunenburg 4-H Honor Club as a leader and has helped with every 4-H activity, especially helping older members in demonstrations and record keeping. As a 4-H'er she was a district winner in dairy judging and her dairy animal was grand champion at the Atlantic Rural Exposition.

Mary Ann won a county medal in poultry two years ago, a project she has carried four years. She has competed in district egg grading contests for two years though ineligible because she was under 14. She has held offices in 4-H, FFA and MYF and is a member of the Glee Club and Honor Council at Kenbridge High. She was tapped for membership in the Lunenburg Honor Club in 1958.

Edwina has had a 4-H baby beef project four years though she is only 12 years old now. She has been song leader for her club and at camp. She is a Girl Scout.

All three girls have won several honors not mentioned here.

E. Outstanding Club:

The Lochleven Club, composed of seventeen members, has actively participated in Home Demonstration, 4-H, and Board of Agriculture Work. Two members have served as county chairman and county program development leaders. Attendance was good at local club meetings. Local leaders were present at all county meetings, leader training meetings, District II meeting, and Institute of Rural Affairs. Most members exhibited at the Blackstone Fair and claimed a number of ribbons. The educational fair booth on making draperies won a blue ribbon. Other activities included landscaping school grounds, actively supporting the chest X-ray program, a club picnic, having 4-H girls present a demonstration at a meeting, a family night with a nearby club, reading approved books, 100% registered voters and voting, and supporting all county activities. Lochleven scored second in the contest to win the trophy. Eight members received reading certificates and eight received H. D. pins.

F. Significant Achievement - 4-H Parade and Celebration:

A seven-county parade was staged in Crewe in April with thirty floats, five of them from Lunenburg. Extension agents, county leaders and the Crewe Chamber of Commerce worked together to make this possible. Counties participating were Amelia, Brunswick, Nottoway, Dinwiddie, Mecklenburg, Powhatan, and Lunenburg. Preceding the parade, a field day was held in Crewe stadium. Games and contests held a large crowd all morning. A pageant, "Fifty Golden Years of Progress", telling of the birth and growth of 4-H work, followed the parade. Princes and princesses from each county rode the lead float. Crowning of a king and queen climaxed the celebration.

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Awards were given to winners in the parade, newspaper contest and field events.

A week before the parade, a forty page 4-H Journal (newspaper) was distributed to club members in the seven counties. 4-H leaders and other key leaders. This paper was written and compiled by 4-H members, the Lunenburg section being sponsored by the Honor Club.

Also prior to the parade, a seven county Share-The-Fun contest was held with winners of county contests competing.

Publicity on this event was excellent.

VIII Cooperative Work Done With Other Agencies or Groups:

The home agent was chairman of a historical fashion show to commemorate the 50th anniversary of Kenbridge, an activity of the Kenbridge Chamber of Commerce.

Other cooperative work is described in section IX.

IX Progress in Developing Good Public Relations:

A. Co-workers:

The home agent feels that an atmosphere of cooperation, respect and admiration prevails among the county extension workers. Scheduled conferences are held to discuss important work, to make decisions and overall plans. Detailed work is assigned to certain agents with the assurance that the work done will be satisfactory to all. If a situation arises that makes it necessary for one to make a decision before a conference can be held, those absent accept the decision as satisfactory. The home agent and assistant county agent (Hunter) plan for and carry through most 4-H work though all agents work on large projects and important decisions are made by the entire extension staff. The county agent and home demonstration agent keep one another informed on developments and plans in their respective work in an effort to better understand and unify the county extension program.

B. General Public:

The home agent is active in local church work, has attended many school and community activities throughout the county, and uses personal and business opportunities to establish good public relations.

C. Elected Representatives:

The home agent knows elected representatives personally and through letters. Local and district representatives have been invited to important extension activities. The county clerk, Mr. J. T. Waddill, gave demonstrations on wills and deeds at June Home Demonstration Club meetings.

D. Commercial Interests:

The home agent has used opportunities to become familiar with local commercial interests through professional and personal contacts. The home agent knows and endeavors to work with radio and press personnel serving Lunenburg County.

E. Other Professional Workers:

1. School personnel:

The home agent works with the school superintendent, principals, and teachers in arranging 4-H club meetings and activities. Classroom teachers serve as club sponsors and leaders.

2. Ministers

The home agent and assistant county agent (Hunter) worked with ministers to plan Rural Life Sunday programs. Other contacts have made it possible to meet and talk with ministers in the county.

3. Medical Personnel:

The home agent has made an effort to meet medical personnel and become acquainted with medical facilities available locally. She has discussed with them to some extent health problems and needs that might be met through H. D. and 4-H Clubs through programs related to health and preventive medical care.

4. County Health Personnel:

The home agent has talked with the county nurse, sanitation officer and Lunenburg Health Nurse (a local health program) about services offered by them. This was discussed briefly at H. D. Club meetings. Bulletins pertaining to health and family life were distributed as a part of the federation program. The home agent and many club members joined hands with the Lunenburg Health Department and district TB Association personnel in urging men and women to have chest x-rays and in helping to secure persons to work as hostesses when x-rays were made here. The home agent read the report of the county health department.

5. County Welfare Officer:

The home agent talked briefly about the local welfare program with the welfare officer and read the last report of same.

6. Home Economists:

The home agent has worked with home economists from power companies on better home lighting, the 4-H electric project, and home appliances in the local programs. She has also attended professional meetings with them and worked with them at fairs. The home agent knows home economics teachers though a closer understanding and cooperation could be established. The home agent has talked with graduate home economists living in Lunenburg County.

7. Agricultural Workers:

The home agent works with agricultural workers through the County Board of Agriculture and the local fair.

8. F.H.A. Supervisor:

The home agent works with the FHA supervisor by visiting some of the homes under his supervision.

9. In General:

The home agent has become engaged to a progressive Lunenburg farmer. (This was not on official time, however.)

X Professional Improvement:

A. In-service Training:

The home agent attended communications school, annual extension conference, and tailoring school.

B. Reading:

The home agent read three books on family life, several novels, and professional magazines.

C. Membership in Professional Organizations:

The home agent joined the AHEA, VHEA, AHDA, and VHDAA.

D. Workshops:

The home agent attended forums on "Art in Daily Living" and "Food for Fitness".

XI Improvement of Office and Working Conditions:

An excellent secretary has joined the Lunenburg extension staff. New equipment in the secretary's office include an addressing machine, a letter folder, and an electric typewriter.

Shelves were added in the home agent's closet. Desk lamps were requested for the home agents' desks.

Fans are needed.

XII The Look Ahead:

Areas needing improvement include:

A. Home Economics Project Work in 4-H

This was a weak phase of the 1958 program. The home agent planned to do more effective work along this line, but succeeded only in laying the ground-work by training junior leaders, becoming acquainted with parents and club girls, and arousing interest. It is believed that project work in groups will follow in 1959.

B. Uniting Agricultural and Home Economics Work:

Again, there is room for growth but some work has been done along this line as described in III A 1 (Lunenburg County Board of Agriculture).

C. Home Economics Committees:

The work along this line is well described under III A 4. The home agent feels that there will be progress in this area in 1959.

D. H. D. Work in Clothing and Lighting:

There is a great deal of interest in these two areas of home economics due to work done in 1958. The 1959 program will include workshops and tours to promote work along this line.

E. 4-H Activities:

4-H contests and records were weak in 1958 though many more girls are aware of their importance in the overall 4-H program. The home agent plans to capture this interest in 1959 and work toward growth in these areas in the next few years.

F. Good Public Relations:

Since the home agent has been in Lunenburg only one year, she plans to continue to use opportunities to meet people and become better acquainted.

G. Publicity:

The home agent feels that the quality of her radio programs can be improved and hopes that the network system discussed at a recent meeting can be worked out. Newspapers can be used more effectively for subject matter information.