

1959 Plan of Work

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County Situation Considered in Working out 1959 Program

In working out the 1959 program, the Home Demonstration Club Committee, youth leaders, and resource persons considered the county situation, its population, economic condition, main sources of income and pattern of living.

Lancaster County has an area of 153 square miles. There are three incorporated towns: Kilmarnock with an area of 1.04 square miles and a population of 689; White Stone with .87 square miles and a population of 432; and Irvington with an area of 1 square mile and a population of 575. The county has three magisterial districts: Mantua, White Chapel, and White Stone.

The total population of the county is 8,640 (1950 census). The negro population is 3,562—2,463 non-farm residents and 1,099 farm residents. There are 685 non-farm women and 317 farm women who are available for membership in home demonstration clubs.

Many of the farms in the county are quite small, the majority ranging from 10-30 acres. There are 149 Negro farms (1954 census).

Two thirds of all Lancaster's farms are operated on a residential or part time basis by persons employed in manufacturing or fishing. The greater part of farm income is from poultry and eggs and from field crops.

Lancaster's principle industries are manufacturing, agriculture and commercial fisheries. Fish, crabs, and oysters are packed or canned or frozen in numerous processing plants. One establishment manufactures fish oil and stock and poultry feeds prepared from fish scrap. There are canneries

to process the tomatoes which are widely raised in the Northern Neck. Boat-building and repairing and the manufacture of fishing industry machinery are other important enterprises.

Prior to the progress planning meeting, each club reviewed the 1958 program of work to determine if any part of it should be continued. The Clubs also discussed the living conditions in their prospective community to determine needs and interests of the people. The program development leaders were instrumental in collecting facts in each community. A survey was made by sending out questionnaires from the agents office. A summary of the findings of this survey gave a general picture of the existing conditions all over the county.

During the program planning meeting representatives from the various communities discussed and stated the needs and wishes of the people in the county, and the survey report was made by the Local Home Agent. The County School Supervisor and Mrs. Hewlett, District Agent, who were present at the planning meeting presented factual information about the county and helped to clarify existing problems.

After ample time was allowed for discussion the planning committee decided on three areas of work: (1) Money Management, (2) Clothing Construction, and (3) House Furnishings with special interest groups in Textile Dyeing and Table Service.

Sources of information presented at the meeting were collected from census reports, Virginia Farm Family Living Outlook, Family Economic Review, and Annual Report of Northern Neck Health District for 1958.

II. County Extension Program - Adult

A. Over-all Program

The organizations in the county for planning and carrying out the

long-time Extension program are as follows:

1. The County Advisory Board

The County Advisory Board is composed of representatives from each home demonstration club, special interest group, County Home Demonstration Club Committee, and outstanding leaders and professional workers in the county.

The Advisory Board will:

- (a). Cooperate and sponsor the Extension program under the supervision of the agent.
- (b). Continue to cooperate with the State Advisory Board.
- (c). Sponsor the Community improvement work project.
- (d). Bring together plans developed by the various committees.
- (e). Sponsor achievement day programs and contribute toward awards for the same.
- (f). Attend district and state meetings.
- (g). Help create a better understanding of and more interest in the extension program throughout the county.

2. Home Economics Council

Plans will be made to organize a Home Economics Council for the purpose of correlating the work of various committees in home economics and assisting in development and executing the County Extension program.

The council will be composed of representatives of the various special interest committees and the County Home Demonstration Club Committee.

3. General Interest Committees

Some of the problems in the county that concern men, women, and youth should be met by general interest committees. Such a committee is needed in health and safety. With the assistance of a few leaders it is hoped that a

general interest committee will be organized in health.

4. County Home Economics Committees

Plans for organizing a Home Economics Committee will be continued in 1959. The Committee will be composed of representatives from different areas of the county and of various age groups. The members of the committee will be persons selected who are recognized to be leaders in the specific subject matter field.

The objectives of each committee will be:

- (1). To analyze the situation regarding the particular phase of home economics for which it is responsible.
- (2). To determine the needs and problems.
- (3). To establish goals.
- (4). To set up methods for the solution of the problems and for the attainment of the goals.

Plans for setting up a Home Economics Committee in clothing are underway.

B. Home Demonstration Club Program

The county home demonstration committee is composed of the president and the program development leader from each home demonstration club, the county officers and a few key leaders in the county.

In 1959 this committee will:

- (1). Assist the agent in planning and setting up monthly demonstration top topics.
- (2). Set up county objectives.
- (3). Help sponsor and plan for Achievement Day programs and county tours.
- (4). Have representatives to attend district and state meetings.
- (5). Sponsor 4-H activities.

(6). Train officers in parliamentary procedure.

(7). Have representatives on the County Advisory Board.

The subject-matter fields in which work will be carried in 1959 in order of major emphasis are: (1) House Furnishings, (2) Clothing Construction, and (3) Money Management.

House Furnishings

- Objectives: 1. To teach families the basic principles involved in selecting and using furniture.
2. To teach homemakers to make the best use of furnishings on hand for comfort and attractiveness.

Procedure: The monthly topics for the project are:

June: Lights for Better Living

July: Beauty in the Home (Use of Furnishings)

Sept.: Window Styling

Oct. : Furniture Arrangements

Result demonstrations will be conducted in each club community in each phase of the house furnishings project. Home Furnishing Specialists and the Local Home Agent will conduct leader training meetings. Charts, exhibits, slides, and printed material will be used as illustrations. Program development leaders will observe the progress or lack of progress of club members and use these observations in program planning. Home visits will be made to assist families with this project and to check on progress. County tours will be made of all result demonstrations.

Clothing Construction:

Objectives: To teach families the fundamental steps involved in making a garment.

To teach families how to be well dressed at all times.

To teach homemakers the economical value of making clothes

for the family.

Procedure: The monthly topics for the project are:

February: Pattern and fabric selection

March: Pattern alteration and use

April: Use of various neck, sleeve, and seam finishes

May: Dress Review

Each participant will construct a garment using recommended clothing construction methods and keep a record of money spent to purchase material to make the garment. The agent will train leaders to use proper clothing construction methods. The clothing leaders and agent will assist club members by giving demonstrations, making home visits, conducting discussions and distributing printed material. Clothing Specialists will furnish printed material and samples of material suitable for clothing construction. A clothing workshop will be held to give homemakers an opportunity to work under supervised conditions. At the end of the project work period, a dress review will be held. This will give all participants an opportunity to evaluate their work and to show the public what was done through home demonstration club work.

Money Management

Objective: 1. To help families plan its finances to meet present and future needs.

Procedure: The monthly topics for this project are:

December, 1958: Management of your Money

January, 1958: Your Clothing Dollar

Money Management Specialist will conduct an agent training meeting in Managing Your Money. The agent will give the demonstrations in club meetings. Home demonstrations groups will discuss ways and means of spending.

money to the best advantage and the allocation of the family's money to meet the clothing needs of all members of the family. Money Management leaders will assist club members with record keeping. Flip charts, bulletins, record keeping books, leaflets, and current event reports on money management will be used in club meetings.

Textile Painting (Special interest group activity)

Objective: To give homemakers an opportunity to use their skill and creative ability to design and make stenciled articles for the home.

Procedure: Rural Art Specialist will conduct agent and leader training meetings in textile painting. Each participant will make articles for the house such as table cloths, place mats, napkins, curtains, etc.. A workshop will be held where participants will work under the supervision of trained leaders, who will be trained to assist the members of each group. Various types of illustrative materials such as samples of material to use, sample of textile painted articles, and printed material will be used to promote this special interest group.

Table Service and Table Setting (Special Interest)

Objective: To learn how to use table appointments properly and make the table attractive, convenient, and comfortable for those who will use it.

Procedure: Leaders will be trained to give the demonstrations in each group. Exhibits will be used for demonstrations to show various types of table linen, chinaware, silverware, crystalware, and centerpieces and how to use what they have to the best advantage in setting the table. Booklets, charts, and other printed material will be distributed to each homemaker.

C. District Program of Work

The goals of the District Home Demonstration Club Committee are:

1. To continue to work on the Community Health Chests
2. To add safety to county goals
3. To contact more people through the organization of home demonstration clubs, home visits, the newspaper, circular letters, and special programs.

The clubs will receive information through talks, demonstrations, special programs, home visits, newspaper, and the distribution of printed material.

D. Other Activities

Club Objectives

1. To increase its membership
2. To pass information received in club meetings to other people in the county
3. To improve the standard of living among people in the county by carrying out the projects included in the home demonstration program.
4. To sponsor special programs
5. To support 4-H activities

Community Improvement Work Project

The objectives of the community improvement project are: to encourage home ownership, to assist farm families in becoming self supported, to encourage farmers to cooperate with all government agencies designed to enable them to make a better living from the soil, to encourage home comforts, community and home beautification, and to encourage all boys and girls of 4-H club age to join the club.

The improvement project is being conducted in the Weems community for the first time this year. As many families as possible are encouraged to participate in the project. Contests and tours will be sponsored and prizes will be given to stimulate interest and to promote further improvements.

Demonstrations, circular letters, and home visits are other methods to be used in informing the community improvement work participants.

National Home Demonstration Week

National Home Demonstration Week will be observed at the designated time by the home demonstration clubs.

Achievement Programs

The County Advisory Board and the Home Demonstration Club Committee will sponsor an Achievement Program in October to acquaint as many people as possible with Extension work, to provide an opportunity for club members and other cooperators to come and see the achievements or lack of achievement on the part of participants, and to give recognition to leaders for work done.

Farm and Home Week

Club members and non-club members will observe Farm and Home Week and be encouraged to attend the Farm and Home Week at Virginia State College, Petersburg, Virginia.

Tours

A county-wide tour will be made in the fall to observe some of the accomplishments of club members.

Organization of Home Demonstration Clubs

The agent and a few leaders will work in the White Stone and Merry Point communities to organize H. D. Clubs. It is expected that a club will be organized in both communities this year,

Plans for Publicizing Home Demonstration Work

1. To write an article about home demonstration work each week and have it published in the local newspaper.
2. To have leaders explain the program in club and community meetings.
3. To have club members pass information gained in club meetings to non-club members.

4. To send Extension bulletins to non-club members
5. To sponsor special programs and invite non-club members to them.

III. Farm and Home Development

Three families are now participating in the farm and home development program. A committee selected by the County Advisory Board will assist the agent in securing two additional families in 1959 to participate in the program. Such work will be promoted to improve living conditions for families by using their resources to the best advantage and making wise choices in the selection of additional farm and home purchases. Extension Specialists will assist the families in making improvements such as adding a bathroom, remodeling the home, adding storage space, and designing farm buildings. The agent will present up-to-date information to these families on matters pertaining to the farm and home through home visits, letters, bulletins, etc.. Farm and home development families will participate in the County Achievement Program and be encouraged to attend the State Advisory Board meeting. They will be given special recognition through tours made of their farm and home and through progress stories that will be published in the local newspaper.

IV. County Extension Program -- Youth

A. Organizations

The following organizations will be used to strengthen the Extension Program in 1959:

1. County 4-H Council

The County 4-H Council is composed of the officers of all the 4-H Clubs in the county and a few adult and junior 4-H leaders.

The 4-H Council will do the following in 1959:

1. Train officers in parliamentary procedure
2. Be responsible for planning the 4-H program of work
3. Send representatives to the State 4-H Short Course and to the

Wildlife and Conservation Conference

4. Observe National 4-H Club Week and Rural Life Sunday
5. Participate in the Achievement Day program and other 4-H activities.

Project Planning Committee

The project planning committee is composed of a few 4-H club members, junior leaders and adult 4-H leaders to be selected by the 4-H Council. This committee will plan the project work for all 4-H clubs in the county, support 4-H club activities, and assist members in carrying out project instructions.

B. 4-H Project Work

The objectives and procedures for carrying out each 4-H project are given below.

Make or Re-make Your Clothing

- Objective:
1. To learn how to select, buy, make, and/or re-make clothes to meet individual needs
 2. To use clothing money wisely
 3. To care for clothes properly

Procedure: Club members will follow the program and suggestions of leaders in completing this project. Each participant will construct a garment or remodel a garment on hand. At the completion of the project all garments made and re-made will be modeled in a dress review. The demonstrations to be given in club meetings are: How to take body measurements, pattern and fabric selection, pattern alteration and use, How to make neck, sleeve, and seam finishes, and How to make buttonholes, belts, and cover buckles. Adult leaders and junior leaders will assist with the demonstrations, distribution of 4-H bulletins, and with special 4-H programs. Home visits will be made by leaders and the agent. Parents will be asked to cooperate with this project. All participants will keep a record of all money spent for

material purchased.

So You'd Like to Sew

- Objectives: 1. To learn some of the basic fundamentals of sewing
2. To give members an opportunity to gain confidence in themselves by making simple articles.

Procedure: All members enrolled in this project will equip a sewing box, make a pin cushion, stuffed toy, handkerchief, laundry bag and towel.

Demonstrations will be given by 4-H leaders and the agent. All members enrolled in the project will keep an accurate record of all work done. Exhibits, samples, charts, printed material will be used as illustrative material. Completed projects will be placed on exhibit.

Individual Health

- Objectives: 1. To learn what good health is
2. To learn how to care for the person properly
3. To build healthy habits for keeping well and happy

Procedure: Project members will work on such topics as: Eat the right food, Take care of the teeth, Get enough sleep and rest, Improve the posture, Protect the eyesight, and Skin care. Each member will keep a scrapbook containing pictures and printed material relating to each topic. Adult 4-H leaders and the agent will give the demonstrations, make home visits, and check on progress being made. A motion picture, charts, and printed matter will be the illustrative material for this project.

Money Management

- Objectives: 1. To learn how to make decisions on the use of money
2. To learn how to spend money to the best advantage of the individual, thus helping him to be a better buyer.

Procedure: Club members will keep a record of all money received and spent. Leaders and the agent will show members how to keep the records through demonstrations, home visits, and individual assistance. Motion

pictures will be a method of teaching in club meetings. Printed material will be distributed to club members as necessary. Training meetings will be held for local leaders. Discussions will be held on topics relating to money management.

C. 4-H Activities

Rural Life Sunday

Club members will observe Rural Life Sunday by participating in activities to be planned by the County 4-H Council.

National 4-H Club Week

The 4-H clubs will observe National 4-H Club Week on a county wide basis.

Achievement Day Program

The 4-H Clubs will participate in the Achievement Day program which will be held jointly with the home demonstration clubs.

State 4-H Short Course

The 4-H Council will send representatives to the State 4-H Short Course to be held at Virginia State College, Petersburg, Virginia.

State Wildlife and Conservation Conference

The 4-H Clubs will be represented in the Wildlife and Conservation Conference at Virginia State College, Petersburg, Virginia.

Safety Project

All 4-H club members will devote some of their time to participate in a safety project. The objective and procedure to be followed for the special project will be set up by the agent and 4-H leaders.

Organizational Work

1. County 4-H Leaders Association

Efforts will be put forth to organize a 4-H Leaders Association to

further promote the 4-H program. This organization will be composed of all 4-H leaders in the county. Recognition will be given to leaders for outstanding services.

2. County Youth Committee

Youth committees will be organized in some phases of youth work. Each committee will determine and study the needs and problems of the group of which it is responsible, set up practical goals, and develop methods for solving the problems. The committees will be composed of youth and adults who are believed to be leaders in the areas which they are to work.

D. Young men and Young Women's Work

Better living conditions and leadership abilities will be established among young men and women through the organization of a Young Men and Women's Club. Home demonstration club members and other leaders will help organize the club and serve as sponsors.

V. Scope of Work

A. Organization

	<u>No. in 1958</u>	<u>Goal 1959</u>
No. Of home demonstration clubs	7	9
Membership	146	186
No. of 4-H Clubs	7	7
Membership	267	300
Number of Young Men and Women's Clubs	0	1
Membership	0	25
No. Community improvement clubs	1	1
Membership	40	60
No. home economics committees	0	1
No. general interest committees	0	1
No. youth committees	0	2
No. other organizations	0	1
No. farm and home development families	3	5

Plan for Leadership

	<u>No. in 1958</u>	<u>Goal 1959</u>
Overall program leaders (organizational leaders for County Advisory Board)	<u>37</u>	<u>47</u>

B. Home Demonstration Club Leadership

	<u>No. in 1958</u>	<u>Goal 1959</u>
No. organizational leaders	49	63
No. project leaders (subject matter)	47	54
No. federation program of work chairmen	7	9
No. program development leaders	12	18
No. result demonstrators	12	18
No. meetings at which leaders were trained by specialists	3	3
No. meetings at which leaders were trained by district agents	0	1
No. meetings at which leaders were trained by agent	5	12
Attendance at training meetings	71	120
No. club meetings held by leaders without agent present	13	9
No. club meetings in which leaders assisted	21	90
Total no. of demonstrations given by leaders	15	54
No. talks or discussions by leaders	91	108

Plans for Training and Using All Types of Leaders in Carrying out the 1959 Program:

1. Organizational Leaders

a. Each organizational leader will preside at meetings and carry out suggested monthly duties.

b. Each leader will report meetings and club activities to the agent in her absence.

c. Each leader will cooperate with all club activities.

2. Project Leaders

a. Receive training in leader training meetings and individually

b. Give demonstrations on the subject which they are trained in

c. Assist the agent in giving demonstrations

d. Participate in club discussions and give short talks on various topics.

e. Assist club members with project work in their respective communities.

3. Program Development Leaders

a. Compile information on needs in their respective communities

b. Help select result demonstrators and give assistance to the same.

- c. Assist with county program planning
- d. Assist clubs in developing programs that have been planned for their clubs and communities.

All leaders will be trained in groups or individually by specialists, district agents, and the agent.

C. Over-all Youth Leaders (organizational leaders for County Youth Council) No. in 1958 Goal 1959
0 0

D. 4-H Club

	<u>No. in 1958</u>	<u>Goal 1959</u>
No. 4-H Club Officers	42	42
No. Adult project leaders	12	14
No. Junior project leaders	13	14
No. result demonstrators	4	7
No. meetings at which leaders were trained by specialist	0	1
No. meetings at which leaders were trained by district agent	0	1
No. meetings at which leaders were trained by agent	11	12
No. meetings at which leaders were trained by personnell in 4-H department	1	1
No. meetings at which leaders were trained by others	0	1
Attendance at leader training meetings	73	210
No. 4-H leaders trained individually	6	14
No. club meetings held by leaders without agent present	10	21
No. club meetings at which leaders assisted	9	35
No. demonstrations given by adult leaders	16	42
No. demonstrations given by junior leaders	2	6

Plans for Training and Using all types of 4-H Leaders

All 4-H leaders will be trained and used in the same way as listed for all home demonstration leaders. Each 4-H club will have a sponsor and junior leader as well as adult leader.

E. Young Men and Young Women's Clubs

	<u>No. in 1958</u>	<u>Goal 1959</u>
No. Club officers	0	6
No. adult leaders or sponsors	0	2

Leaders will be trained and used in the same way as listed for home demonstration leaders.

VII. Plans for Work with Other Agencies

1. Cooperate with other Home Economics and Agricultural agencies to help improve rural living.

2. Assist the County Teachers Association in their better health and homes program.

3. Help financially with the Local Tuberculosis Association and other local associations working to improve better health.

4. Cooperate with the Local Health Department in promoting better health.

VIII. Plans for Developing Good Public Relations in the County

The agent will give respect of opinion to co-workers, elected representatives, and other professional workers and support their programs when the purpose is to improve the living conditions and the educational level of the general public.

IX. Plans for Recording Progress and Evaluating Programs as Planned for 1959

1. Make and keep monthly reports on progress from daily observations and report on monthly narrative report.

2. Publish news articles about outstanding project work, special programs, and leaders work.

3. Provide questionnaires for members to check accomplishments

4. Check 4-H club records

5. Award prizes to 4-H club members for good records and project work.

6. Have an achievement program where club members may exhibit their work

7. Conduct tours to observe accomplishments of result demonstrators.

X. Plans for Professional Improvement

1. Read professional books and other publications

2. Maintain an active membership in the County Teachers Association and cooperate with educational programs planned by others.