

VIRGINIA

HANOVER Home Demonstration Agent Annual Report 1959  
County

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REPORT FILES  
EXTENSION WORK

1911

Year	County	Value
1910	...	...
1909	...	...
1908	...	...
1907	...	...
1906	...	...
1905	...	...
1904	...	...
1903	...	...
1902	...	...
1901	...	...

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ANNUAL NARRATIVE REPORT  
HOME DEMONSTRATION WORK  
HANOVER COUNTY  
VIRGINIA

HOME DEM AGENT ANNUAL REPORT

1939

Miss Beverly Carper  
Home Demonstration Agent

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### III. SUMMARY OF INDIVIDUAL ACTIVITIES

Days in field.....	209
Days in office.....	71
Days annual leave.....	26
Days sick leave.....	
Days leave without pay.....	
Legal holidays taken.....	7
Number home visits made (adult).....	690
Number 4-H Club members visited.....	249
Total number different homes visited.....	575
Number office calls.....	206
Number telephone calls.....	328
Number news articles or stories published....	104
Number individual letters written.....	870
Number different circular letters written....	5
Number meetings attended.....	321
Number miles traveled.....	10,994

#### IV- THE COUNTY AND ITS PEOPLE

Hanover County is located in the mid-eastern part of Virginia, between the North Anna River, which runs into the Pamunkey River on the North and the Chickahominy River on the South, just five miles North of Richmond. Historic Hanover Courthouse is the county seat. Ashland is the only town in the county and it is located in the central part. Randolph-Macon College, a denominational institution, which has been serving this territory for one hundred and seven years is located in Ashland.

Hanover County has five hundred and twelve square miles of comparatively flat land, one third of the acreage being wooded. The county is sixty miles long and twenty miles wide and is divided into two areas it seems. The southern part is more thickly populated, it is definitely influenced more by the near by city of Richmond. The provider in the family often times works in Richmond and hires his farming done. The people consistently have more "ready-cash", because of these regular incomes. That end of the county falls into the trucking area too. The northern end of the county is more typically rural. Those people practice general farming and lumbering. In the southern part of the county there is a 700A Federal Park incorporating the former Cold Harbor Battlefield. This and the numerous historic homes and Hanover

Courthouse bring many tourist to the county.

The U.S. No. 1 highway, the most traveled highway in the U.S. and a paralleling highway No. 2 between Richmond and Washington go through Hanover County. The primary and secondary roads are in very good condition. All of the primary roads, one hundred and twelve miles in Hanover are hard surfaced and one fifth of the secondary roads are hard surfaced. It is the private roads into homes off of the highway that really need repairs.

The county people are very conscious. The county departments cooperate always. There seems to be unity rather than radical political battling.

Home Demonstration work is two and one half years old in Hanover. The appropriation for a white agent started July 1, 1937. Although the work is comparatively new in the county the people are very cooperative and have worked well. The extension program is rapidly becoming recognized as a strong organization.

#### V- FINANCIAL REPORT

The County Board of Supervisors is composed of three men representing the following magisterial districts: Beaverdam, Ashland and Henry. These supervisors are a legislative body elected every four years; having the management of the financial and general af-

fairs of the county. They have charge of all disbursements of the county funds, and an appropriation of \$600 was included in this years' budget for the Home Demonstration Agent. The board meets the first day of each month, and the Home Demonstration Agent submits a report at each meeting. The board asks questions and give suggestions to the agent at this meeting each month.

#### VI- WOMEN'S WORK

##### 1-Organization

###### a- County Homemaking Board

The County Homemaking Board is the coordinating organization for all of the Homemaking agencies in Hanover County. The meetings are held quarterly. In April 1939 the constitution was revised. The year before, the board reorganized and the heads of these other departments were invited to attend and describe their work, but this year, 1939, a lay-person was asked to serve on this board to represent the Health Department, Department of Public Welfare, Farm Security and the Home Economics teachers. The addition increased the efficiency of the board. Originally it was composed of the presidents of the Home Demonstration Clubs, the County Chairmen of the seven State Federation Goals, two women from each magisterial district appointed by

the members of the County Board of Supervisors, the County Nurse, the Home Supervisor for Farm Security, Superintendent of Public Welfare and one of the six Home Economics teachers in the county. The Home Demonstration Agent attends every Homemaking Board meeting and merely act in one advisory capacity. The best example of the effectiveness of this organization is Achievement Day. For two days and one night the W.P.A. Sewing Room, which is a dwelling house was used for exhibits opened to the public. Among the exhibits that filled the house, was a detailed exhibit describing the work done by the Public Welfare Department. Health Department and Farm Security. House furnishings exhibited by Home Demonstration women was one of the main features. The furniture had been done over or made as a direct result of a demonstration this year. Each exhibit room had a hostess with it at all times to explain the exhibits.

Another interesting development has been a "clearing house committee" for the purpose of making a more even distribution of Christmas baskets given to the poor. This committee is headed by a Homemaking Board members, which includes high school principals, ministers and interested citizens. Thirteen people attended the first committee meeting. The committee is establishing a card system in the Welfare office whereby an organizat-

ion in the county is asked to find out from this file whether a certain family, whom they would like to give a basket, is being taken care of by any other organization. This is to prevent some families from receiving several baskets, while another is being left out. This piece of work is a definite out-growth of the organization. All of the Homemaking organizations being definitely interested and working hard to make the system effective.

The county campaign for 1940 is to be "Better Kitchens for Better Health". The plan is to have a chairman for this campaign in every club and have them all meet together in January to make plans for this work. The County Nurse and Sanitation Officer have already said they wanted to come to this training meeting for these chairmen. Also the Welfare Superintendent and the Farm Security Home Supervisor will be invited. Three, the medium of this county campaign all of these agencies working for better homes will be brought very close together.

b- County Home Demonstration Committee

The function of the Home Demonstration Committee is to carry on work that pretains primarily the Home Demonstration Clubs. The matter of Program Planning fell almost entirely to this committee. The committee

is composed of the Home Demonstration Club presidents and the county Federation Goal Chairmen. In Hanover County this committee has held only one meeting and this was in the morning, the same day as the Homemaking Board meeting in July. The committee was divided into sub-committees. One sub-committee planned the work on the Major Project of the clubs, another on the Campaign for 1940 and the third sub-committee on the State Federation Goal and youth chosen for special emphasis.

At the April county Homemaking Board meeting the Home Demonstration Agent presented some background facts, which the women in turn took back to their clubs. The material was presented at the April and May club meeting. Discussion followed. The Major Project and the preferred State Federation Goal were voted upon by the members. These requests were compiled into a report which the sub-committee chairmen were given previous to their meeting. From these requests the Major Project and State Federation Goal and County Campaign Subcommittee prepared some recommendations.

In the afternoon the entire board met and these sub-committee chairmen gave the report of their morning planning. The meeting was opened for discussion and each phase of the program was discussed by the entire board. It was suggested that the entire board did.

not meet in July, but the women voted this suggestion down, saving that with the board only meeting four times per year that they would rather come. It was quite a help to have them there to hear the recommendation of the sub-committee and help to make plans for the program for 1940. These plans were taken to the Institute of Rural Affairs, at which time a special meeting was held. When a state program was planned, three women were designated to attend these state planning meetings, which they did.

In September the state specialist visited the county and met the presidents of the Home Demonstration Clubs and planned a definite county program in the selected Major Project, Food and Nutrition. To finish this program and adapt it to the needs of the clubs, the vice-president is acting as program chairman and planning demonstrations for August, September and October and this entire program will be voted upon by the club and changed if necessary, and then year books will be made by the program committee and given to the members at the January meeting. The county Major Project program includes:

January-Food Values and Meal Planning  
February-School Lunches  
March-Better Kitchens for Better Health (Campaign)  
April-Sunday Dinners and Go To Church  
May-Convalescent Diets and Trays for The Sick  
June-Pressure Cooker Meals  
November-Pressure Cooker Fruit Cakes  
December-Christmas Cookies

As a special feature the women planned to have the dairy specialist come for two days in the spring of 1940 and have three demonstrations in different parts of the county on butter, cheese and ice cream.

c- Home Demonstration Clubs

There are eleven Home Demonstration Clubs in Hanover County. Each club is organized with a president, vice-president, secretary and treasurer, being elected and two project leaders who are appointed by the executive committee of the club and other committees appointed by the club president for specific duties from time to time.

The Home Demonstration Club president represents the club on the County Homemaking board and if she finds it is impossible to go she sends the vice-president.

d- Scope of Work

- 1- Number of white home makers in county.....3,085  
 Number reached directly..... 387  
 Number reached indirectly..... 775

2- Enrolment of last three years:

<u>Year</u>	<u>No. Clubs</u>	<u>Membership</u>	<u>No. Reached Indirectly</u>
1937	10	238	475
1938	11	365	730
1939	11	387	775

- 3- There are three magisterial districts in Hanover County.

The districts are as follows:

<u>Name of district</u>	<u>:</u>	<u>Number of clubs</u>
Ashland	:	4
Beaverdam	:	3
Henry	:	4

## 2- Project Work

### a- Major

House Furnishings was the Home Economics project that Home Demonstration Clubs put major emphasis on during 1939. This has been an interesting program and seemed to meet a definite need. The Home Demonstration project leaders and the agent have given the following demonstrations in eleven clubs:

#### January-"Buymanship"

This demonstration was how to choose sheets, towels, blankets, pillowcases, etc. Many samples of both good and bad were shown and the good points brought out. The purpose of this demonstration being to help the women know quality and recognize a bargain. This particular month was chosen for the demonstration, because there are so many sales in January in the department stores in Richmond, which is the shopping center for the women in Hanover.

#### February-"Slip Covers"

This demonstration included the design and kind of material to buy for serviceable and economical slip covers; how to measure the chair so that one could tell

exactly how much material to buy, and then with feed bags (usually) a slip cover was fitted and cut. Some short cuts for speed and efficiency and some professional finishes were also demonstrated.

March-"Refinishing Furniture"

This demonstration was a preparation for the three furniture clinics that were held in April. The women did not work as they sometimes do at a demonstration of this kind. The leaders gave a demonstration in restoring old finishes and applying new finishes, removing stains and in some cases repair work. Also included in this demonstration was an effort to help the women realize the value of their furniture. In some cases women were discouraged when they suggested refinishing a piece of furniture that was not worth the work involved.

In April there were three furniture clinics held. One in each district and it was at these clinics that the leaders displayed real leadership and the women actually refinished their own furniture. They showed good judgement when they planned to do this, because it is impossible for them to do more than simply start a piece of refinishing in two hours and that is the time allotted to a club meeting. It was the leaders that made possible the clinics. Members came from four clubs to each clinic. The leaders pledged their assistance and having had training by the specialist were very capable of show-

ing the women what to do to their furniture. At one clinic thirty women came each day and everyone worked together in the community house.

Following is the summary of three furniture clinics:

Days.....	6
Total attendance.....	118
No. pieces refinished.....	50
Estimated saving.....	\$215
Estimated cost.....	\$26

In one club the leaders planned with the members to hold a two day reupholstering clinic in October. The agent was unable to attend except for a few hours. The leaders were entirely responsible for the success of the reupholstering clinic. Twelve women attended and ten pieces were done over entirely, at an estimated saving of \$120.

#### April- "Home and Highway Development"

This program was devoted entirely to the State Federation Goal chosen for special emphasis, Home and Highway Development.

#### May- "Pictures"

Included in this demonstration was how to choose pictures, how to frame or reframe those which the people already had and how to hang them. An effort was made to develop an interest in flower prints and reproductions of the old masters paintings. We should also develop an appreciation for the modern artists' work.

June- "Making Small Pieces of Furniture"

This demonstration was devoted to learning to make small pieces of furniture from available materials that cost very little or nothing. Footstools from orange crates and cheese boxes, small table from cheese boxes, tea carts, hanging shelves and book shelves that stand on the floor and fit into measured spaces were made.

b- Minors

Various minors were chosen.

In foods the demonstration includes the following:

1. Pressure Cooker Canning
2. School Lunches
3. Summer Salads
4. Cakes and Icings
5. Principles in Candy Making
6. Quick Meat Dishes
7. Correct Table Setting and Service

These demonstrations created an interest in choosing foods as their Major Project for 1940. Home Demonstration work is comparatively new in Hanover County and this will be the first food program the county has had.

Crafts have also been a popular minor with the Home Demonstration women. Among crafts demonstrations have been:

1. Leather Work
2. Chair Bottoming (Fiber Rush Bottoms)
3. Shuck Mats
4. Rug Making (Hooked and Braided)
5. Painting Pottery
6. Making Christmas Decorations and Gifts

Shuck mats have proven to be a very popular demonstration. The women have made floor mats, hot plate mats with felt backs and one woman after the demonstration designed and made a picture frame from shucks braided in the same way that the table mats were braided.

#### Clothing

The women have been very much interested in learning to use the attachments that they have for their sewing machines. Also they requested demonstrations in remodeling clothes and styles.

#### Health

The Health Department has been so gracious in assisting with the Health Program. Giving first aid demonstrations and also in giving talks on the control of communicable diseases. Home improvement was carried over from the Major Project last year.

Two clubs have had demonstrations in new and different window treatment and choosing color schemes. Also, furniture arrangement was a subject for Minor Project.

#### c- Community Projects

There have been five outstanding community projects carried on by the Home Demonstration Clubs.

Montpelier Home Demonstration Club had a most interesting project. In the community there was a church which was relatively new and they had gotten the furniture from two old churches when they built this new church. The chairs were upholstered with faded brown velours and the pulpit stand was padded and the top covered with faded blue velours. So when the Home Demonstration Club members, who were also members of this church, found that their club was to be a hostess for a furniture clinic in their end of the county, they immediately began to plan to refinish the church furniture. They had the mail carrier bring the furniture to the clinic in his truck. During those two days the women refinished the wood of three chairs, tied the springs and reupholstered them in plum velours. The chairs were dark oak, so they removed the mahogany paint from the pine pulpit and table and finished these two pieces with dark oak oil stain and repadded the pulpit stand and covered it with matching velours. The materials cost \$7.50 and the work was valued at \$50. This work was done during the week before Easter and the women were very proud of the appearance of their church on Easter morning.

When the Independence Home Demonstration Club found that the Health Department was planning a diptheria immunizing clinic, that club immediately set to work.

They visited every home in the community to interest the women in bringing their children to this clinic, and paid for all the serum used in the clinic. Many people attended and had the serum given to their children.

The Ashland Home Demonstration Club is planning a "loan-closet". At their November meeting the women voted for this project, they had discussed it at two previous meetings. Their plan is to donate useful articles to this closet to be borrowed by anyone in the community during illness in their homes: Sheets, towels, bed pans, big trays, bed blocks, etc. A committee is in charge of this closet to attend to lending and checking returned articles.

A "helping-hand" committee was appointed in the Wickham Club and it has been active through-out the entire year. At various times this committee has reported the need of food or clothes by some family in their community and the club has always responded generously.

### 3- Project Leadership

#### a- Plan for Training and Use of Leaders

The State Homemaking Specialist held three all day Leader Training Meetings with the Home Demonstration leaders and the agent held one Leader Training meeting.

The first Leader Training meeting was a two day

"furniture clinic", type of meeting in January. In the morning slipcovers were demonstrated, in the afternoon of the first day and all day the second day the women refinished furniture. Nine pieces of furniture were refinished. There were sixteen present the first day and fourteen present the second day. The three furniture clinics were to be carried on by the leaders that were present at this meeting.

In April the State Homemaking Specialist held an all day Leader Training Meeting. In the morning she gave a demonstration in choosing, hanging and framing pictures and in the afternoon she gave a demonstration in making small pieces of furniture. Eighteen women attended this meeting and eight pieces of furniture were made.

The agent held a Leaders' Training Meeting in November with fourteen women present. The agent gave a demonstration in making Christmas table decorations, Christmas gift suggestions, Christmas wreaths and evergreen balls.

There have been two project leaders in every club during 1939. One of the recommendations set up by the County Homemaking Board was that the leaders would be responsible for at least two demonstrations during the year. The number was set low to encourage the women. This is the first year that the women have felt the true

responsibility of being a leader.

b- Result Obtained

Because the Homemaking Board set the goal at two demonstrations to be given by the leaders some leaders felt that they had done their duty when the two were over. However, seven of the eleven clubs attained this goal of two demonstrations by the leaders and in one club the leaders were wholly responsible for four demonstrations and in three clubs the leaders were responsible for three demonstrations. In many instances the leaders have been able to give the demonstration and keep the meeting day from having to be changed. This is a thing the leaders would have been afraid to have tried alone last year.

The three furniture clinics were planned on the assumption that the leaders would be able to assist with the clinics. In one club the two leaders not only assisted with the clinic but planned another two day clinic for their own club at which they had twelve women each day and they reupholstered ten pieces of furniture. The agent attended only in the morning each day for two hours. Mrs. George Gardner, Mrs. R. B. Beadles and Mrs. D. E. Howe have visited other clubs and assisted with demonstrations as well as having given demonstrations in their own clubs. Mrs. R. B. Beadles

assisted with two furniture clinics and Mrs. George Gardner has often made illustrative material for the agent. She was very generous with her time and materials in the Christmas Leaders' Training Meeting, which the agent held in November.

4- Other Activities

a- Campaign

The county campaign for 1938 was "Save-a-chair". This campaign was not emphasized during 1939, but even so, eighty eight chairs have been reseatad this year as a carry-over from the campaign in 1938.

During 1939 our county campaign was yard improvement. One hundred and fifty people actually made improvement in their yards. Such improvement as tearing down out-houses, changing fence lines, planting shrubs, moving buildings, building pools and painting. One club sponsored a contest in yard improvement in connection with the county campaign. This club had pictures taken before and after improvement. Two prizes were offered for the best improvement.

Handicraft Shop has been much talked about in the Home Demonstration Clubs. Following every demonstration on shuck mats women have asked about the possibility of selling them.

One Home Demonstration Club member has placed on

the market there at the Old Dominion Handicraft Shop winter gardens made under glass from native materials. She is quite artistic and the gardens are very attractive.

b- Income Earnings

1- Market

One thing that has been emphasized in Home Demonstration work this year is realizing the value of the market at hand. An effort has been made to show the people that it is better to sell eggs in Ashland at \$.25 per dozen than to drive to Richmond with five dozen of eggs just to get \$.30 per dozen, if eggs were the chief thing to be marketed that day.

The Old Dominion Handicraft Shop has been much talked about in Home Demonstration Clubs. Following every demonstration on shuck mats women have asked about the possibility of selling them, and at such time the market has been explained to them.

One Home Demonstration Club member has placed on the market there at the Old Dominion Craft Shop winter gardens made under glass from native materials. She is quite artistic and the gardens are very attractive.

Plans are under-way to have a demonstration in one club of salable articles with this handicraft market as the goal.

2- Private Sales

In one club this year, a demonstration was given in chair caning. One woman became sufficiently skilled, therefore, she is bargaining with a woman who has fourteen chairs to be caned.

3- Other

The Home Demonstration Agent was asked to cooperate with the third annual Kiwanis Carnival in Ashland. Home Demonstration work was given a booth. The nearby Home Demonstration Club women came in and assisted. The first night the women made a shuck mat, the second night a footstool and the third night a tea cart. These articles were refilled each night. The Kiwanis Club paid all of the expenses and cleared \$15. The money that this club made is used for community projects throughout the county, therefore, the Home Demonstration women felt that it was worth a project from that standpoint as well as a good advertisement for their work.

c- Camps and Short Courses

There was no camp made available for the Home Demonstration women in this county this year, though each club had included in the budget \$5 to send a representative to Jamestown Camp, but this year there was no district adult camp held.

Each Home Demonstration Club included in their budget \$5 to help defray the expenses of a delegate to the Institute of Rural Affairs, also the County Homemaking Board did this. Seven of the eleven Home Demonstration Clubs and the County Homemaking Board had a representative at the Institute of Rural Affairs and fourteen women from Hanover County attended. Everyone of these delegates were attending for the first time and each one of them came home with a broader vision of Home Demonstration work and a resolution to make Home Demonstration work mean in Hanover County what it means in other counties where the work is much older.

d- Recreation

Every club in the county planned and put in their year book in the program a picnic or some type of outing for their club members during the summer and also in December they planned Christmas parties. Six of the clubs had Christmas parties at night and invited their husbands and friends to attend. Others of the clubs had Christmas parties in connection with their regular meeting.

One Demonstration Club, which meets in homes, always has a social hour after the demonstration, which has been quite an enjoyable feature. This club has increased its membership from twelve to twenty-one dur-

ing the year with an average attendance of twelve.

One club had a demonstration in Table Service and Setting for the family and Buffet Service. When the Buffet Service demonstration was given one of the leaders surprised the group by actually having sandwiches, cake, pickle and hot chocolate. This was quite a successful demonstration.

The Atlee Home Demonstration Club entertained their members at a silver tea, at which time the club was raising money to add to the "President's Birthday Ball" fund.

The Rockville Home Demonstration Club has more money in the treasury than any other Home Demonstration Club, so when the annual picnic time came around the club chartered a bus and took all of their members and all of the 4-H girls in their community thirty miles to Moore's Lake where there was a lake for swimming and a popular picnic ground. A game committee had well planned games and the program was well rounded.

- e- County Meeting - Fairs - Achievement Days - Tours, etc.
- 1- County Picnic

In August the County Agricultural Board and the County Homemaking Board jointly sponsored a county picnic. There were games, contests, a tournament, exhibits, speeches and a picnic dinner included in the day's activities.

The estimated attendance was two thousand. There were fifty prizes awarded during the day that had been donated by the merchants throughout the county. This was the first county picnic that had been held for several years and the response was excellent.

## 2- Achievement Day

Since House Furnishings have been the Major Project this year in the Home Demonstration Clubs the women were particularly interested in having an exhibit in connection with Achievement Day.

An excellent opportunity presented itself, so exhibits were featured for Achievement Day. The office of the Home Demonstration Agent is in a dwelling house, which ordinarily houses the W.P.A. Sewing Room. During the month of September and October when W.P.A. Projects were closed and five of the rooms in the house were not being used, so the exhibits were set up in these rooms on Friday, October 27. Since the Health Department, Public Welfare, Farm Security and Home Economic teachers have joined our County Homemaking Board these departments were asked to make exhibits there describing their achievement, which they did. The public was invited and the house was kept open Friday afternoon and night and again Saturday morning. It was estimated that two hundred and fifty people saw the exhibits.

The 4-H girls were invited to have a joint Achievement Day program with the women, which they did. The girls had majored in foods during the year of 1939. So they donated cookies, which were served to the people who came to see the exhibits. The 4-H girls also exhibited their notebooks, canning they had done and aprons they had made. Nothing exhibited was judged except the Ball and Kerr canning contests. The women and girls deserve much credit for exhibiting as they did for educational reasons rather than seeking a prize.

After plans for the Achievement Day program were well under-way the radio schedule was announced and the agent from Hanover was to have charge of the program on Saturday, October 28 at 12:30. So this feature was incorporated into the program. One woman had been asked to summarize the project activities for all of the clubs, another woman, the former president of the County Home making Board was asked to summarize the activities of the clubs and the State Federation Goals and the president of the most outstanding 4-H Club was asked to summarize the activities of all of the 4-Clubs. These three people went to Richmond with the Home Demonstration Agent and appeared on the program at 12:30 with her on the Farm and Home Hour Program. A radio was borrowed and the people in the exhibit room

heard the program. When these people returned to Ashland with the Home Demonstration Agent, the women had closed the exhibit house and gone over to the school auditorium and had the program well under-way. Representatives from all of the county departments working for better homes were included on the program. The reports given over the radio and a summary of the 4-H leaders was given by one of the outstanding 4-H leaders.

The county newspaper gave the Achievement Day program excellent publicity, which really increased the attendance and was such a help. All of the women agreed that this was the most successful Achievement Day the two held in the county last year and this year.

#### 5- Participation in Federation

##### a- District

On April 12 twenty women attended a District Home Demonstration meeting in Chesterfield County. None of the women had attended a district meeting before and this was the first realization they had had of the extent of Home Demonstration work, even though the program is two years old in Hanover County. The women realizing the range of the program gave excellent reports in every club and extended an invitation at that meeting for the district to meet in Hanover in

1940. This invitation was accepted.

The district president called a meeting in Petersburg of all of the County Homemaking Board Chairmen. The chairmen of Hanover County went forty miles to this meeting knowing that she could only be there one half a day. She was that anxious that Hanover County be represented. This meeting was after the board Chairman had attended the District Meeting and the Institute of Rural Affairs.

u- State

One of the objectives set up by the County Homemaking Board for the Home Demonstration Clubs was that they should include in their budget \$5 to help defray the expenses of a delegate to the Institute of Rural Affairs, which meets in conjunction with the State Federation of Home Demonstration Clubs. Seven of these clubs attained this goal and fourteen members attended the meeting. Some of the comments were: "I did not know women did so much work in Home Demonstration Clubs." "Why, I did not know Home Demonstration Clubs did so many different things." "We cannot work hard enough until we get someone on that stage from Hanover County." These women were very favorably impressed and came back with firm resolution to carry out in Hanover County many of the things they learned about at that meeting.

The State Highway Department has appointed a chairman in every county in Virginia to work on Home and Highway Development. The club chairmen are going to work with this woman in having the Home Demonstration Clubs help develop that program for beautification and development in 1940.

There is a very active Health Department in Hanover County and the Home Demonstration Clubs have cooperated with them and they have cooperated with the clubs during the year.

Last January the county doctor enlisted the aid of the Home Demonstration Club to help raise money to make a county contribution to the "President's Birthday Ball" fund. One Home Demonstration Club held a silver tea to raise money, another club held a dance and in another end of the county two clubs held a dance jointly and also sold sandwiches. The total amount donated to this fund was \$40.

The Ashland Home Demonstration Club is establishing a "loan-closet", which will be for people needing to borrow sheets, towels, bed pans, etc. during illness in their homes.

In Public Relations most every club has done something. One club donated \$5 to the chapel of the Women's Reformatory in Goochland. The clubs gave their services, which made possible the contribution from the Home Dem-

onstration Clubs to the Kiwanis Carnival (describing under income earnings - three others). The club sent judges to the Field Day exercises at the Negro School when the supervisor asked the Home Demonstration Agent to please send someone to judge the Home Economics exhibits.

The Home Demonstration Agent has appeared four times on the Farm and Home Hour Program over W.R.V.A. in Richmond. Each time one or two women have gone with her and the program has been presented as a dialogue.

6- Story of Achievement by Club Carrying the best Program

The Independence Home Demonstration Club has really been an outstanding club during 1939. This community is a rural community bound together by one church. The church bought an old school to be used as a community house. The Home Demonstration Club raised enough money to buy chairs for the building and they hold their regular meetings there.

Included in this program for 1939 were the following demonstrations:

January - Buymanship  
February - Slip Covers  
March - Refinishing Furniture  
April - Home and Highway Development  
May - Pictures  
June - making Small Pieces of Furniture

July - Guest Speaker, Miss Sylvia Slocum, District Home Demonstration Agent  
August - Report of Trip To the Institute of Rural Affairs by Delegate - Recreation  
September - Window Treatment  
October - Table Setting and Table Service  
November - Christmas Gift Suggestions  
December - Christmas Decorations

At the Achievement Day exhibit everyone's comment was directed to the Independence Home Demonstration Club's exhibits. This club was hostess to a furniture clinic for refinishing furniture in April, at which time the Independence Club members refinished thirty pieces at an estimated saving of \$75. Thirty pieces of furniture were refinished at home after the clinic at an estimated saving of \$85. The project leaders interested the club members in having another furniture clinic for reupholstering. This was really an outgrowth of the first refinishing clinic, those project leaders held a two day reupholstering clinic. The agent attended the clinic in the morning each day for two hours. The leaders were perfectly capable and they did plan and conduct the clinic, at which time thirteen people attended each day and ten pieces were reupholstered at an estimated saving of \$120. These women arranged transportation to the exhibit for Achievement Day and they brought in the furniture and provided two hostesses for the exhibit house during the time it was open.

The County Homemaking Board had no money in the treasury, so the Independence Home Demonstration Club plan-

ned and sponsored a luncheon at the Virginia Dairy in Richmond, at which time forty eight women were shown the dairy and given a luncheon. The secretary was allowed to collect \$.25 per plate for the Homemaking Board. This club has under-way plans for a bingo party to make money for the County Homemaking Board for 1940. The party is to be held the third Friday in February.

The Health Department wanted to hold a clinic in the Independence community and the Home Demonstration Club donated the money to defray the expenses of the clinic. Then the leaders visited every family in the community and explained the benefits of the clinic and interested the people in bringing their children to the clinic.

This club met every objective set up for the clubs by the Homemaking Board. They made year books for the members, paid their federation dues, had their leaders to be responsible for more than two demonstrations and sent a delegate to the Institute of Rural Affairs with all of her expenses paid. This club has a membership of thirty-five with an average attendance of twenty-five.

7- Story of Outstanding Achievement By Individual

Mrs. George Gardner, President and leader of the

Independence Home Demonstration Club has done the most outstanding work in Hanover County in Home Demonstration Club work in 1939. This was her second year as president and leader of this club. She was elected to these two positions when the club was first organized. The membership was small and no one would accept either responsibility. All of the women in the club she belongs to attend one church except her and two other women. She has only lived in this community seven years and it is an old community, but the women have excepted her leadership and as they have in no other club in the county.

Mrs. Gardner has not missed a single Leaders' Training meeting, has missed only one club (due to illness) and has missed only one Board meeting (due to illness). As leader, she devoted two whole days to the furniture clinic for refinishing, two days for reupholstering and two days for the diptheria immunizing clinic that the Health Department sponsored in her community.

She has her own garden, poultry and cow. She has canned eight hundred and sixty nine quarts thus far and she said that she would have a thousand quarts when she canned sweet potatoes, beef and pork this fall. In the Achievement Day exhibit Mrs. Gardner won the Kerr canning contest.

Recently Mrs. Gardner accompanied the Home Demonst-

Agent to the Handicraft Shop near Fredericksburg. Upon her return she made Christmas gift suggestions to demonstrate. She made a knitting bag from burlap, a rabbit from an inner tube, a string box from a quart oyster box, a bowl from a victrola record, an elephant from the gray inner lining of a coat, a boutonniere from acron cups, a table from cheese boxes and a footstool from a cheese box. All of these things were in addition to the project work which Mrs. Gardner did. She repaired four chairs at the cost of \$.15 and a saving of \$3 and refinished one table at a cost of \$.45 and a saving of \$3. She reupholstered five chairs at a cost of \$7 and a saving of \$60 and seated three stools at a cost of \$3 and a saving of \$17.

As many things as Mrs. Gardner does for herself she can always find time to do many things for others. The Home Demonstration Club is her primary community interest.

For the coming year she is being carried over as leader (only one new one elected each year for two years, which is a new plan), but she was able to pass her duties on to someone else as president. She is the newly elected vice-president of the County Homemaking Board. Mrs. Gardner is becoming more independent of the agent and can more easily give a demonstration than last year, which are good examples of leadership being developed. This

is the second consecutive year she has been chosen the most outstanding Home Demonstration woman.

VII- 4-H CLUB WORK

1- Organization

a- County Council

Girls' 4-H Club work is only two years old in Hanover County and the average age of the club members is twelve years. The county is sixty-five miles long, which means a distance of twenty-five miles for some of the children to come to the most central place in the county. All of these things considered no county council has yet been organized. The average age of the girls is so low, because there are six full time Home Economics teachers in Hanover County and in all schools the girls have an opportunity to take Home Economics, and for that reason are not members of the club.

b- 4-H Clubs

There are nine 4-H Clubs in Hanover County. Five of the nine 4-H Clubs meet after school or on Saturday in homes or community houses. These clubs have an average enrolment of fifteen. Four of the nine clubs meet during school hours with an enrolment of thirty to forty. Of course these meetings are limited, but the club has been granted an hour and a half in every school.

## 2- Project Work

The 4-H girls have been enrolled in a family Activities Program during the year 1939. These girls included for major emphasis, Food Preparation, which they had six demonstrations in during the summer months. In November 1938 there was a planning meeting held when all of the club officers and leaders met with the State Agent and an outline of the years work was made.

### Personal Record

December - Christmas Suggestions  
January - Personal Appearance and Account Sheet  
February - Good Food Habits and Score Card  
March -  
April -  
May -  
June -  
June -  
July - Major Project -- Food Preparation  
July -  
August -  
August -  
September -  
October - Yearly Record Sheet Filled In  
November - Christmas Gifts  
December - Wrapping Christmas Packages

After this planning meeting this outlined program was taken back to each club and a program committee worked out the details of the program filling the months left vacant with projects of particular interest to the club. The 4-H girls took great pride in planning the program.

a- Story of Best Project Work By Individual

Linnae Belle Redd, the treasurer of the Beaverdam 4-H Club is the individual who has done the best project work. Linnae Belle is thirteen years old. She made a very attractive notebook in which she kept her records. In January she was given a personal account sheet which she began first of February and kept for eight months. She was still keeping this record of money spent then she handed in her years record. Linnae Belle assumed a house responsibility as a part of her club work every month. She is a very conscious girl about her duties and preforms them regularly. One of the most outstanding home responsibility she chose was to assist with canning in her home. She canned one hundred and ninety containers of jelly alone and assisted her mother in canning two hundred and forty-five quarts of vegetables and fruits.

During the previous club year clothing was the Major Project. Linnae Belle has continued this clothing. She has made two dresses, which she valued at \$4, two undergarments, which she valued at \$1.25 and has mended fifty articles or more. She says and estimates the value of her work at \$10.

The Beaverdam 4-H Club had no money in the treasury, so when Linnae Belle heard her father say the Beaverda m Community League was going to serve a dinner to the Ashland Kiwanis Club she immediately thought perhaps the

club might make some money. She talked it over with her father saying perhaps the girls could serve the dinner and wash the dishes and make some money. Mr. Redd came to the leader and the agent and asked if the girls would be capable and willing to do this. The leader felt after a demonstration in Table Setting and Service the girls would be able to do this very well even though they were rather young. The 4-H girls were quite excited when Linnae Belle told them about it. They worked hard and well.

The Superintendent of Schools was a member of the Kiwanis Club and he was well pleased and complimented the girls highly for the work they did. Community League gave the girls one half of all that they made, which was \$15 for the club treasury.

Linnae Belle attended Jamestown District Camp and even though she was not recognized by the other children as a leader she was very popular and quite outstanding in camp activities. Her spirit of cooperation is excellent for a child of her age.

### 3- Community Activities

The Hanover 4-H Club is composed of girls from twelve of fourteen years of age. These girls planned and directed a Halloween costume party for the children in the community and charged \$.10 admission. The party

was well conducted and was the source of much pleasure for the younger children.

The Independence 4-H Club took as a community project canning for the school cafeteria and each girl planned to can two quarts for this purpose. The girls exhibited their canning at Achievement Day and it was taken from there to the school cafeteria.

The Beaverdam 4-H Club assisted in the Community League in serving a dinner to the Kiwanis Club in July. The girls came in the morning and had a demonstration in Table Setting and Service and in the afternoon those girls arranged and set the table for eighty people. That evening they came back and served the dinner. The next day they helped to wash, dry, put away and return all of the plates, cups, saucers, silver, etc. From this the club received \$15. The club leader worked out the servicing plan. It worked very smoothly and the girls were very quiet and efficient.

b- Recreation

The club girls take a portion of every meeting to sing old songs and learn new ones. Every club planned a picnic or a hike in their program for this year and they all felt that their Outdoor Cookery demonstration had been a recreational meeting.

The Independence 4-H Club planned two weinnier

roast, which were very successful. Hanover 4-H Club entertained the little folks on Haloween (describing under community project).

c- Raising Money for Club Activities

The Beaverdam 4-H Club has earned more money than any of the other 4-H Clubs in Hanover County. The Community League in Beaverdam was entertaining the Kiwanis Club for dinner in July and these 4-H girls came in the morning to the 4-H meeting; at that time they had a demonstration in Table Setting and Service. In the afternoon the 4-H girls set the tables and that evening they served the dinner. The girls went back the next day and washed dishes, cleaned up and returned the borrowed silver and china. The Community League had had the food donated so they divided the profits with the girls, which was \$15. The girls worked hard and well for thier money. When camp time came around in August these girls gave one girl \$5 to go to camp at Jamestown. The girls still have the rest of the money in the treasury.

The Hanover 4-H Club made \$3.70 when they had a Haloween costume party for the little children in the community. The charge for admission was \$.10. The leader planned with the 4-H girls games for the entertainment and prizes were given for the best costume. Lemonade and cookies were served for refreshments. The girls led the

games and the party was quite successful. This money is still in the treasury, because the club has not held another meeting.

The Patrick Henry 4-H Club was interested in having a delegate sent to the State Short Course in Blacksburg. One of the girls donated a cake. Chances were sold on the cake and the girls made \$5 in this way. None of the girls could go to Blacksburg, therefore, the money was divided and used to help defray the expenses of the girls who went to Jamestown District Camp.

The Battlefield Park 4-H Club made \$6 in the same way that the Patrick Henry Club made their money. These girls made a cake and sold chances on it. This money was not made until after the district camp had been held and the girls are planning to use it next year for sending a delegate to camp.

The Independence 4-H Club has had two money making schemes. The leader and three girls bought food, prepared and served a luncheon to the Home Demonstration committee when the committee met in the morning and the County Homemaking Board meeting was held the same evening. Because the food had to be bought the club only made \$2.35. The charge was \$.35 per plate. When camp time drew near the girls wanted to hold a Correct Dress Revue. The leader helped them and it was held at night and the public cordially invited. The girls sold lemon-

ade, cup cakes and candy and made \$3.15. There are a few girls in the club fourteen years old and over that would be eligible to go to the State Short Course, therefore, the money was divided and used to send two delegates to Jamestown District Camp.

#### 4- Local Leadership

##### a- Plan for Training and Use of Leaders

Three Leader Training Meetings have been held during 1939. These three meetings were held for 4-H leaders.

##### May

Morning-Popovers  
Sponge Cake  
Butter Cake  
Afternoon-Outdoor Cookery

##### June

Morning-Desserts (custard base)  
Mild Dishes  
Afternoon-Vegetable Cookery  
Salads

##### November

Morning-Christmas Gift Suggestions  
Christmas Decorations

The State Food and Nutrition Specialist met with the leaders for the first two meetings. The agent conducted the third meeting in connection with the Home Demonstration Leaders Meeting. At the first Leaders Training Meeting the agent went over the demonstration with the leaders and the list was made with each lead-

er of the demonstration that she was to have complete charge of. During June, July and August the girls planned two meetings a month. Every club had an adult leader or this program could not have been carried out.

b- Results Obtained

Without the 4-H leaders the program could not have been carried on as it was. The leaders were willing to assume responsibility in every club. Because this was the first year for most of them they were afraid to exert much initiative, however, they are getting over the feeling that "the club belongs to the Home Demonstration Agent", and are beginning to realize that it is a community organization.

Planned Summer Meetings.....	54
Held by Leaders Alone.....	31
Held by Leaders, Agent Present.....	13
Held by Agent Alone.....	10

5- Other Activities

a- Camps

- 1- Hanover County had no county camp.
- 2- Hanover County had never had a representative at the State Short Course until 1939. Two girls and one leader attended the State Short Course. Every year the Land Ladies' Club of Washington, D.C. gives twelve scholarships to the State of Virginia to send deserving girls to the State Short Course. One of these scholarships

was given to Hanover County and was awarded to Jean Lovelace for the outstanding work she had done. The Ruitan Club in Henry District gave a scholarship to the State Short Course to the most outstanding girl in Henry District. Evelyn Barden was awarded this scholarship. These two girls took an active part in everything at the short course. One girl was in the carol class and sung in the Short Course Chorus. The other was in the dramatics class and appeared in one of the night programs.

The County Board of Supervisors gave the Home Demonstration Agent, upon request, \$20 to hire a bus to take the 4-H girls and boys to Jamestown District Camp. There were twenty-four representatives from Hanover present. This was the largest delegation from any one county out of the thirteen counties represented. Because transportation was given to these children by the County Board of Supervisors it enabled so many more children to go than could have gone otherwise.

One girl from Hanover County was elected "Big-Chief of Camp", another girl was elected "Big-Chief of Her Tribe" and another girl won a blue ribbon in the school dress class of the correct dress contest.

The girls have given excellent reports from Blacksburg State Short Course and the Jamestown Camp and have helped with new songs and games.

b- County Meetings or Special Events, Fairs, Achievement Program, Rallies, Tours, etc.

All except two of the children who went to Jamestown camp went on a tour of Jamestown Island and Colonial Williamsburg. This was an excellent opportunity for the children to see the things they had so often. Many of the children commented as they were shown these buildings that they had written paper drawn pictures, etc. in school of these very things they were seeing.

Achievement Day for the 4-H girls was held in connection with the Home Demonstration Clubs. The 4-H girls exhibited canning they had done, aprons they had made and their club notebooks. The Major Project for the girls in Hanover County was Food Preparation for 1939. Since there was no suitable place to exhibit the cakes, salads, etc. that the 4-H girls had made they decided to serve cookies in the exhibit house, which they did.

Mary Austin Timberlake broadcasted on the program over W.R.V.A. on Achievement Day, describing the work of all nine of the 4-H Clubs. Then that same day she came to Ashland and was on the program there giving a more complete account of the work done by all of the 4-H Clubs.

6- Story of Achievement of Best Club

The Battlefield Park 4-H Club has been the most outstanding club in Hanover County. There are eighteen girls on roll in this club and until June of 1939 the

club had been without a leader. These girls have not missed a meeting, there is no friction in the club and the girls are very congenial. The first meeting of the club year they devoted to making notebooks, therefore, every girl in the club had a notebook. The girls were given personal account sheets which they kept, and better food scores. Every girl is assumed a home responsibility as part of her club work. Twelve of these girls had flower gardens.

During the summer months the club held six meetings.

June 1 - Muffins  
2 - Butter Cake

July 1 - Custards  
2 - Canning

August 1 - Vegetabe Cooking  
2 - A Club Meal

These meetings were will attended. Twice during the summer this club had one hundred per cent. The girls planned their program, so that they would learn to do various things toward a dinner and then everyone would help prepare a club dinner. One of the parents invited these eighteen girls into her kitchen to prepare their club dinner and serve it. Everyone was there that day so the table was set twice. The girls served, cut cake at the table, acted as maids and were given a talk on good manners in connection with this meal. It was the best meeting of the year.

This club has \$6 in the treasury that they made

by selling chances on a cake. This money was made after camp so they could not use it for sending a delegate to camp.

The only two girls in the county who went to the State Short Course were from this club, and both of the girls won trips because of the outstanding work done.

#### VIII- OLDER YOUTH

The two older youth clubs in Hanover were organized with the assistance of the Home Economics teachers in the respective community. In one community there was a boys club which met with the Agricultural teacher, in other communities there were only girls. Both clubs were organized with a president, vice-president, secretary and treasurer and met at night twice a month. The enrolment of fifty-six includes just the girls.

The program at the beginning of the year included Christmas Gift Suggestions that might be made: Pottery, painting, leather craft, crocheting, etc. After Christmas a new type of program was inaugurated - discussion. These groups discussed incomes, handling incomes, personality, group spirit, what makes one person stand out, etc. Different members led the discussion and occasionally a guest from Randolph-Macon College would lead. These meetings continued until June. Even though these girls were not in school they voted to disband for the summer months. In

September several attempts were made to reorganize, but the group would not come back together. The agent feels that perhaps two meetings a month was too much.

IX- PROGRESS MADE DURING THE YEAR

An effort has been made this year to acquaint the present Home Demonstration members with the set-up of the district and state organizations in Home Demonstration work, and to make them feel that their own Home Demonstration Club is a part of all of this big organization. And too, the Home Demonstration women are becoming to feel that the organization belongs to the community, rather than the agent. To do this a special effort was made to interest people in attending the district meeting and also the State Federation meeting. Twenty women attended the district meeting (two hundred miles from Hanover). The eleven Home Demonstration Clubs and the Homemaking Board paid their State Federation dues, which made Hanover County one hundred per cent federation dues paid. Only one club paid these dues last year. This is an indication that progress is being made in this one thing of getting the Home Demonstration members to realize just what the club is.

The women have learned to preside with much more ease and to take notes at the Leaders Training Meeting, collect material and give a demonstration much more ef-

feciently. Proof of the increased efficiency of the leaders is the furniture clinic for reupholstering that the leaders planned and conducted, and the club demonstrations they have given when the agent had to be absent. The exhibits at Achievement Day were excellent. The fact that the women began the actual program for Achievement Day with the agent and three of the main speakers on the program in Richmond talking over the radio is proof that the women are developing initiative that they did not have a year ago.

It was fine to have fourteen women present for the Leaders' Training Meeting when they knew the specialist could not be with them and that the agent would have to give the demonstration. The women seemed to feel it quite a privilege to help prepare illustrative material for this demonstration and some of the leaders gave generously of their time and materials.

The 4-H children are comparatively young in Hanover County, but they are cooperating with each other in planning and carrying out their plans. Two girls went to the State Short Course this year and after one more year the agent feels that there will be a girl ready to be recommended to the All-Stars, but not yet.

On a whole the work is progressing with both the women and the girls.

X- HISTORY AND APPRASAL OF HOME DEMONSTRATION WORK IN COUNTY

Home Demonstration work is two and one half years old in Hanover County. In these two and one half years eleven Home Demonstration Clubs, nine 4-H Clubs, two Older Youth Clubs and a County Homemaking Board have been organized. The Home Demonstration Club and 4-H Clubs are fast becoming recognized as one of the community organizations, which can be depended upon. The County Homemaking Board is the one board that correlates all of the agencies in the county that are working for better homes.

The County Board of Supervisors meet every month and the Home Demonstration Agent always submits a report of her work for the month. The board was most generous in granting the 4-H children money for a bus to go to camp.

Many women and girls have been provided the opportunity to talk over the radio by going in with the agent and appearing in dialogue with her.

Achievement Day provided an opportunity for exhibits to be made of the work done this year in club work. The exhibits were not judged, therefore, were not exhibited in a competitive way, but rather in an educational way.

Home Demonstration and 4-H work have given some women and girls an opportunity to develop their leadership ability, and their talents in some cases. It has provided recognition for many people who have done community work all their lives with practically no recognition. The Herald-Progress (county

paper) and the Richmond News Leader have been very generous in the space allowed the Home Demonstration Clubs from Hanover County, which helps so much in developing the extension program.

#### XI- PLANS AND GOALS FOR 1940

##### a- Women's Work

1. Hold a quarterly meeting of the County Homemaking Board.
2. Every Homemaking Board member have a hand book containing materials to use for club programs and suggestions for club improvement.
3. Each club hold twelve meetings.
4. Each club have a year book prepared for its members.
5. Each club and the Homemaking Board pay the Federation dues by April.
6. Have every club represented at the State Federation, which is held in conjunction with the Institute of Rural Affairs.
7. To hold an Achievement Day in October 1940 with exhibits in connection with Achievement Day.
8. To entertain the northern half of the Eastern District of Home Demonstration Clubs.
9. To sponsor a county campaign on "Better Kitchens for Better Health".
10. Each club hold a canning contest before the county canning contest in the fall.
11. To cooperate with every organization in the county canning contest in the fall.
12. To have in connection with the Major Project two devoted to demonstration in the making of dairy products by the State Specialist.
13. To hold a training meeting for the State Federation

Goal chairmen from the clubs majoring in youth.

14. To organize two Home Demonstration Clubs in organized communities.

b- 4-H Work

1. Each club hold nine meetings from September to June and two in June, July and August.
2. Each club send a representative to Jamestown District Camp with expenses paid.
3. To have every girl make a notebook and keep accurate records.
4. Each club to have a adult leader.

c- Office

1. To revise files.
2. Prepare more and better illustrative material.
3. Continue article in Herald-Progress (county paper).
4. To keep the news in the Richmond News Leader up to the present standards.
5. To have more action pictures taken for newspaper records.
6. To spend more time preparing demonstrations.
7. To keep a record of home visits on a record card.

### Names Objective



"Better Foods and Kitchens" will be the objectives for 1940 for Hanover County Home Demonstration clubs, Miss Beverly Carper, County Home Demonstration agent, announced this week.

## Home Makers Stress Foods

### Adopt New Objective For Next Year

"Food and Nutrition" was elected as the major project for 1940 by the Hanover County Home-Making Board, Miss Beverly Carper, County Demonstration Agent, reported to the Board of Supervisors at their meeting Saturday. The new project was voted at a meeting of the Home Making Board in Duncan Memorial Church last Thursday. Mrs. D. E. Glascock was chairman of the committee which approved the project, originally suggested and approved by the eleven home demonstration clubs in the county.

The campaign next year will carry the slogan, "Better Kitchens For Better Health" and demonstrations for the year will be built around kitchen arrangement for more efficiency.

"Youth" was chosen as the Federation goal for special emphasis in Hanover County with Mrs. Herman Jones heading the committee in charge of this project.

Mrs. J. W. Smith of Sycamore Hall was appointed to represent the Board at the Institute of Rural Affairs to be held in Blacksburg July 17 to 21. Mrs. Smith will assist in preparing the State program on foods which will be the county objective.

Official representatives from every home making department in the county were present at the meeting last week including: Miss Ruth Johnson, Mrs. Walker, and Mrs. Roland Beasley, lay representatives of the health department; Miss Florence Hicks of the Welfare Department; Miss Rose Duggins and Miss Evelyn Hubble, home making teachers, and Mrs. T. M. Waldrop, their lay representative, and Miss Rebecca Minor, county supervisor of the farm security program, and Mrs. W. Y. Whitbeck and Mrs. Boyse Talley, her lay representatives.

The Independence 4-H Club, with the assistance of their leader, Mrs. Willard Coates, served luncheon.





**CALLED OUTSTANDING 4-H CLUB**—The Battlefield Park 4-H Club was declared the most outstanding 4-H Club in Hanover County for 1939. Kneeling, left to right: Jean Barden and Doris Barden. Second row, left to right, Miss Beverly Carper, Hanover home demonstration agent; Frances Hall, song leader; Evelyn Barden, secretary-treasurer; Lucretia McGhee, reporter; Shirley Knox, vice president; Mary Austin Timberlake, president. Third row, left to right, Althea Ayres, Margaret Binnix and Carry Lee Luck. Back row, left to right, Jean Lovelace, Ann Lovelace, Hettie C. De, Mildred Campbell, Inez Gaulding, Virginia Starke and Alice Lee Hall. [Saunders photo]

## Hanover H. D. Agent Chooses County's Outstanding Clubs

News Leader Correspondence.

ASHLAND, Nov. 2.—Miss Beverly Carper, Hanover home demonstration agent, today named the two most outstanding clubs in the most outstanding clubs in Hanover County for 1939. The superlative title goes to the Independence Home Demonstration Club among the adult groups, and the Battlefield Park 4-H Club was named the most outstanding of the nine 4-H clubs in the county.

Officers of the Independence Club while it was carrying on the projects to win the "most outstanding" title were Mrs. George Gardner, president; A. R. Reynolds, vice president; Mrs. D. E. Howe, secretary; Mrs. Willard Coates, Sr., treasurer; Mrs. Gardner and Mrs. Howe, project leaders.

Furniture clinics for their own and other clubs, proceeds of \$28.75 from a lawn party, payment of their federation dues, compilation of year-books, delegates to the Institute of Rural Affairs, sponsorship of a diphtheria immunization clinic held by the health department, and a money-making luncheon for the Hanover Home Making Board were among the activities of

the club during the present year which influenced Miss Carper in citing it in her annual report as the county's most outstanding.

Officers of the "most outstanding" Battlefield Park 4-H Club, with a total enrollment of twenty-one, during the current year were Mary Austin Timberlake, president; Shirley Knox, vice president; Evelyn Barden, secretary and treasurer, and Mrs. F. M. Howell, leader.

Twice during the summer the club had had an attendance of 100 per cent., Miss Carper said. A former president of the group, Mary Austin Timberlake, was awarded the scholarship offered by the Landladies' Club of Washington. It was the only club to carry out complete details of a six-meeting summer schedule. As a climax to the series eighteen of the members met in the home of Mrs. Roland Starke where they planned, prepared and served a luncheon. The club sent a member, Miss Timberlake again, to talk over the radio, organized a baseball team and sold a cake in a money-making scheme, for all of which Miss Carper named it the most outstanding 4-H club in Hanover County for 1939.



**4-H CLUBS HOLD PLANNING MEETING**—Plans were made for the coming year for the Hanover 4-H Clubs at a meeting attended by this group. First row, left to right: Misses Flora Ricks, Mary Austin Timberlake, Ernestine Waters, Mildred Coleman, Imogene Cowan and Mary Howard Traylor. Second row, left to right: Miss Beverly Carper, Home Demonstration Agent; Miss Florence Waters, Miss Janet Cameron, State Food Specialist from Blacksburg, and Mrs. S. B. Chilton. [Saunders photo]

## Hanover Sets 4-H, H-D Plans

### Programs Announced For 1940 Meetings

*News Leader Correspondence.*

ASHLAND, Sept. 13.—Programs for all 1940 meetings of home demonstration and 4-H Clubs in Hanover County are announced today by Miss Beverly Carper, Hanover home demonstration agent. The home demonstration calendar will feature meal planning along with foods and nutrition, while 4-H members will emphasize meal planning and food preparation.

The home demonstration calendar: January, food values and meal planning, a basis for the other demonstrations to follow in the year; February, school lunches; March, emphasis will be placed on the county-wide campaign for "better kitchens for better health"; April, Sunday dinners prepared ahead of time; May, pressure cooker meals; June, planning convalescent diets and trays; July, picnic or outdoor cookery demonstrations; in August, September and October each individual club will select its own program; November, pressure cooker fruit cakes; and December, Christmas cookies.

While 4-H clubs will stress meal planning, many of their demonstrations will be followed by actual practices. In January they will discuss their personal account sheets; February, health talks and lessons on making beds correctly; March, discuss table linens and choose mats to be made at the April meetings; May, planning meal patterns.

In June, July and August the clubs will have two meetings in each month. Suggested breakfast dishes will be the subject at the first June meeting and at the second one a club luncheon will be served. July's program will be suggested lunches or suppers and later in the month a club luncheon will be given. Dinner dishes, followed by a club dinner at a later meeting, will be featured in August.

September, making plans for achievement day; October, filling out club reports; November, Christmas gift suggestions; and in December, each member will bring a gift, made during the month from suggestions offered in November. These presents will be wrapped with "wrapping Christmas presents" as the principal demonstration.



**HIGHWAY BEAUTY PLANNED**—Holding the first meeting of its kind in Eastern Virginia the Hanover County Home Demonstration Club met in Ashland to outline a year-long program for beautifying the homes, highways and private drives in the county. The club will follow the federation goal for 1939. County campaign chairmen from each club attended the meeting. They are, front row, left to right: Mrs. W. E. Tyler, Elon; Miss Sylvia Slocum, Richmond, district home demonstration agent; Miss Beverly Carper, Hanover County home demonstration agent. Second row: Miss Pauline Toler, Rockville; Mrs. H. L. Greenwood, Doswell; Mrs. W. W. Mallory, Wickham. Third row: Mrs. Herman Jones, Montpelier; Mrs. Joe Bumpass and Mrs. Thomas Vaughan, Independence; Mrs. E. Bannish, Atlee; Mrs. Toler, Rockville. Fourth row: Mrs. George Gardner, Independence; Mrs. E. V. Hall and Mrs. James W. Smith, Ashland, and Mrs. D. E. Howe, Independence. [Saunders photo.]

## Home Demonstration News

By MISS BEVERLY CARPER

HANOVER COUNTY HOME DEMONSTRATION AGENT

Do you just buy at bargain counters or do you stop to consider "will I get value received for my money invested?" It is foolish to buy anything just because it is cheap.

Buying sheets, blankets and towels is a timely subject during this month of January and a good housekeeper who wishes to help "provide economic security through careful and well planned expenditures, and protection against future needs by reasonable saving" for her home, will take advantage of the opportunities to buy at a saving these things on sale this month.

Now when you are buying sheets, do you stop to think: Is it a torn length or cut? for if it is a torn length it will be straight across the hem lines, if it is cut it may become crooked after it is laundered. What count is it—low, medium, high, fine or percale? The count is actually the number of threads per square inch. A high count sheet is the most desirable that you can buy, that is a count between 66 and 72. Compare this with a low count sheet of 48 and 50. You will be surprised. Now you can get two types of sheets with higher count, fine and percale but they cost more and are not quite as durable. Now if you like thinner sheets and yours do not get such hard wear you may prefer fine count or percale—but remember you pay more.

Of course you are conscious of the length of your sheet, always. Now the shorter the sheet, the cheaper the sheet. When you buy a sheet 90 inches long, that does not take into account the fact that that is the "torn" length—at least 5 inches will come off when it is hemmed and 5 inches the first time it is laundered. That will leave your sheet only 80 inches long and that is about 4 inches longer than your bed—and your sheet will not be long enough to tuck good at the top and bottom. For the average bed a sheet that is 106-108 is not too long. Say your bed is 76 inches long, you allow 5

inches for hem, 5 inches to shrinkage, 5 inches thickness of the mattress at each end of the bed and 5 inches to tuck under at each end. That will be a total of 106 inches.

When you buy sheets you want to consider whether or not it is a firm weave, its length and do not forget to look at the selvage. The stronger the selvage the longer the sheet will last.

In buying blankets, READ THE LABEL. It may tell you a lot about the blanket, it may tell you very little—but read it. If it has no more than 5 percent wool they cannot label the blanket "part wool"—but if it has 98 percent wool, the manufacturer can label it "all wool." We buy blankets for warmth, and the more wool, the warmer the blanket.

You do need to see whether the napping is strong in a blanket or can you pull it out easily? In the slaxy weaves you can pull it out easily and there is no economy in buying such a blanket. When it is rubbed between the other covers the napping will just roll up and come off.

The reason we have become attached to Turkish toweling for our bath towels is because of its absorptive power. The pile looping almost doubles the rubbing surface of a towel—so that we would say is the most important thing. If a towel is woven closely, that looping will not pull out easily, however, in the loosely woven towels that looping will pull out. And too, be sure to examine a towel closely, front and back, to see if there are any LONG pile loops. Occasionally there will be just such a flaw in the material. The stronger the selvage, the stronger the towel, too.

Here's to you and better buying. May you consider the length, the strength and the durability of every sheet, towel and blanket that you buy.

○ ○  
EDMUND JAMES DUKE  
DINES IN HURLEY STATION

## Hanover H. D. Groups To Aid Beautification

Zinnia Selected as County Flower in  
Program for Homes and Highways

Special to The News Leader.

ASHLAND, Feb. 1.—Selecting the zinnia as the flower of Hanover County, county campaign chairmen from all home demonstration clubs in Hanover met here yesterday to outline a plan for a year's work in beautifying homes and highways in the county. This was the first meeting of its kind in the Eastern District.

Miss Sylvia Slocum, of Richmond, district home demonstration agent, conducted the meeting, attended by sixteen women from Hanover County. She said that Hanover women were initiating a new movement, and that a campaign would be launched shortly in which every club member in the county will be asked to plant at least one zinnia and to give one to her neighbor. Garden clubs, 4-H clubs, welfare and farm security programs will also be asked to help in the program.

Definite plans were given the women yesterday to take back to their clubs. Home and highway beautification is the Virginia Federation of H. D. Clubs' goal for the year.

## Furniture Clinics Set In Hanover

Three Two-Day Events Planned for April

Special to The News Leader.

ASHLAND, March 15.—An elaborate program of three two-day furniture clinics to be held in Hanover County next month, in addition to the regular meetings of the eleven home demonstration clubs, is announced today by Miss Beverly Carper, Hanover home demonstration agent.

"Any woman in Hanover County with a furniture problem is invited to the clinics, as well as to the club meetings," Miss Carper said.

On April 5 and 6 the first clinic will be held at Montpelier, probably in the agricultural building of the local high school. The participating clubs are Beaverdam, Montpelier, Rockville and Elon.

The next clinic will be held April 17 and 18 in the Independence Community House, with Ashland, Duxwell, Independence and Wickham clubs sponsoring it.

The final clinic will be held April 26 and 27, with Battlefield Park, Cold Harbor and the Alleet clubs as the sponsors.

Each club member brings the pieces of furniture she wishes refinished to the clinic, where she seeks advice from the club leaders and Miss Carper. The furniture is left there overnight, since it takes two days to complete the work. All materials needed will be on sale at the clinic, where the work will be done.

All meetings during March have been in preparation for the furniture clinics, with furniture demonstrations given each time. In addition to the clinics, the April meetings of the clubs will be held at the usual times. The home and highway beautification chairman of each group will have charge of the program at her club meeting. She may speak herself, have a guest speaker or arrange a demonstration for the afternoon.

There will be a leader training meeting also during April, Miss Carper said, to prepare for May and June club programs.

## Cafeteria Managers Hold Meet

Hanover, Caroline Leaders Discuss Menus, Recipes

Special to The News Leader.

ASHLAND, April 1.—All WPA school and cafeteria managers in Hanover and Caroline Counties met here Thursday with Miss Beverly Carper, Hanover home demonstration agent, to discuss menus and recipes.

This was the first such meeting to be held here, Miss Carper said today, but others are being planned in response to a request from Miss Helen Ward, State supervisor of the WPA hot-lunch projects, to Miss Maude Wallace, of Blacksburg, assistant director of the extension program in Virginia. Miss Ward asked for the co-operation of home demonstration agents in Virginia with the hot-lunch program.

Other meetings will be held with Miss Carper and Miss Rebecca Shropshire, Caroline County home demonstration agent. Mrs. Pearl Akers, of Bowling Green, WPA supervisor from Hanover and Caroline Counties, also met with the cafeteria managers this week.

Meal planning was followed by an open discussion and an exchange of recipes, ideas and menus from each woman. A food preparation demonstration was given in the cafeteria of the Ashland school by Miss Carper.

## ***Achievement Day Program***

(Under the auspices of the Home Demonstration Clubs, Welfare and Health Departments of Hanover County.)

**Time: 2 P. M. Saturday, Henry Clay School Auditorium**

1. Creed.
2. Invocation—Rev. E. B. Joyner.
3. Purpose of Achievement Day—Mrs. J. W. Smith.
4. What the Health Department Can Do in A Better Home Program—Dr. Charles L. Savage.
5. What Part Welfare Plays—Miss Florence Hicks.
6. The Part Farm Security Plays—Miss Rebecca Minor.
7. Relationship of the Homemaking and Home Demonstration Programs in Hanover County—J. Walton Hall.
8. Clearing House—Mrs. T. M. Puller.
9. Special Music—Randolph-Macon Quartette, George W. Jones, Frank Shrader, Charles Shrader and Paul Evans.
10. Roll Call by Clubs.
11. Group Singing.
12. Federation Goals—Mrs. D. C. Glascock.
13. Report of Home Demonstration Clubs in Hanover County—Mrs. C. R. Norment.
14. 4-H Girls' Report—Miss Mary Austin Timberlake.
15. 4-H Boys' Report.
16. 4-H leaders County report—Mrs. Vance Hall and J. C. Stiles.
17. Outlook for 1940—Miss Beverly Carper.
18. Announcement of Winners of Canning Contests.
19. "God Bless America."

**HANOVER COUNTY ACHIEVEMENT DAY**  
**HENRY CLAY HIGH SCHOOL**  
**OCTOBER 28, 1939 2:00 P.M.**

President—Mrs. J. J. Smith  
 Secretary—Mrs. J. A. Fowler  
 Accompanist—Mrs. W. H. Maddox Jr.  
 Directing—George Westly Jones  
 Mrs. J. A. Fowler—General Chairman of Achievement Day

**Creed**

Invocation.....Rev. E. B. Joyner

Purpose Of Achievement Day.....Mrs. J. W. Smith

Song.....America, The Beautiful

What Health Department Can Do In Better Home Program.....Dr. Savage

What Part Welfare Plays.....Miss Florence Hicks

The Part Farm Security Plays.....Miss Rebecca Minor

Relation of Homemaking and Home Demonstration Programmes in Hanover..Mr. Hall

Clearing Houses.....Mrs. T. M. Pullor

Home and Highway Development.....Mrs. W. R. Sholton

Special music.....George Westly Jones  
 Paul Swens  
 Charles Shrader  
 Frank Shrader

**ROLL CALLS BY CLUBS**

**Songs**

Federation Goals.....Mrs. D. C. Glascock

Home Demonstration Club Reports.....Mrs. C. R. Norvant

4-H Girls County Report.....Miss Mary Austin Timberlake

4-H Leaders.....Mrs. Vance Hall

4-H Boys County Report.....Alvin Jennings

Achievement of Farm Agent.....Mr. J. C. Stiles

Outlook for 1940.....Miss Beverly Carper

**Announce Winners in Canning Contest**

Song.....God Bless America

**OUR CREED**

As home-makers we will strive to have our organization foster the highest ideals in Home, Church, School and Public Life. Have our homes reach out in service to the communities and help unite the people. Have cooperation and progress the leading forces in our communities. Study the best ways to do every day work that we may find joy in common tasks well done. Be kind beyond the standards of charity; avoid thoughts and words that condemn; be more thoughtful than love requires and maintain the highest ideals of Christian Life.