

ANNUAL NARRATIVE REPORT

COUNTY
EXTENSION
WORK

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Virginia Agricultural Extension Service

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Name

Home Demonstration Agent

Title



1961

Assistant Agent

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Shenandoah
County

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I. COUNTY SITUATION

1. Location and Size of County

Shenandoah County is situated at the northern part of the great Shenandoah Valley of Virginia. She is bounded on the east by the Massanutten Mountains and on the west by the North Mountains of the Alleghenies. West Virginia provides the northwest boundary of the county.

Shenandoah County is 507 miles square or 324,480 acres in area. Therefore, Shenandoah County would be classified as an average size county in the state.

2. Climate and Topography

The North Fork of the Shenandoah River meanders in a northeasterly direction through the county. About one-half is embraced in the mountainous section which is broken by narrow valleys. On the east is Fort Valley while to the northwest lies Cedar Creek Valley. The remaining central section is in the larger Shenandoah Valley where most of the farms are located. This valley contains limestone and shalescills of rolling to hilly topography. Elevations vary from 1200 feet in the valley section to 3500 feet in the western mountains. Temperatures average about 34 degrees in January and 74 degrees in July. The frost free season varies from 160 days in the mountains to 180 days in the valley. The annual precipitation averages nearly 35 inches with the months of May, June, July, and August ranging from 3.5 inches to nearly 4 inches.

3. Population

The population for Shenandoah County according to the 1960 census was 21,825.

a. Farm, Non-Farm, and Urban Population

There are no cities in Shenandoah County, thus we have no urban population. According to the 1960 population, 7,028 or 36.7 percent of our county population lives in the following six incorporated towns:

| | |
|-------------------|-------------------|
| Edinburg - 517 | Strasburg - 2,428 |
| Mt. Jackson - 722 | Toms Brook - 244 |
| New Market - 783 | Woodstock - 2,334 |

The 1940 population census credits 55 percent of the county population as farm and the remaining 45 percent as non-farm. During the past twenty years the farm population has decreased, while there has been a substantial increase in the non-farm population.

4. Types of Agriculture

The 1949 Agricultural Census divides the value of all farm products sold for Shenandoah County as follows: Poultry and Poultry Products - 44.6 percent; Livestock Products, excluding Dairy - 30.1 percent; Fruit and Nuts - 8.9 percent; Dairy Products - 8.5 percent; Field Crops - 7 percent; and Vegetables - 1 percent.

During the past ten years the value and amount of poultry and poultry products have decreased. Integration has wrecked the local broiler market and the egg market has been rather unsteady during the past year. The turkey situation has declined at a lower level. There has been an increase in both livestock and dairy. The fruit situation now rests in the hands of a select number of large commercial orchardmen who can keep pace with the present market demands. With chain stores now dominating the food market, there is little chance for the small vegetable grower to market his product except by home door to door contacts.

5. Industrial Development

Much of the local industry in Shenandoah County is geared to the farm economy. Products include vinegar, applesauce and other apple products, flour and meal, dairy products, poultry and livestock feeds, fertilizers, insecticides, agricultural lime, equipment for poultry and fruit grading and processing. There are poultry dressing plants and freezers. Other manufactures are apparel, rayon and cotton fabrics, cement blocks, crushed and burned limestone, boats, printing and publishing. At Bird Haven a handicraft factory uses native walnut and maple to make polished bowls and other wooden ware. There are also a large number of sawmills and cabinet makers in the county.

6. Education

According to the 1955 School Census 4,247 of the children in the school age bracket were in school and 468 were not attending school. The Agricultural Census indicates that for our rural people the media school years completed for people twenty-five years and older was 7.6 years. In our Extension Program educational levels are difficult to handle as people attending a meeting may range from those who have had one year of schooling to college graduates.

Shenandoah County recently completed three consolidated high schools. Strasburg High School located at northern end of the county, Central High School located southwest of Woodstock, and Stonewall-Jackson High School located west of Mt. Jackson. The six remaining school buildings are now being used by the elementary grades. In addition three grade schools are located within the county. The new schools will add interest by encouraging more students to complete their school, and this in the future will help to raise the standard of living in Shenandoah County.

7. Telephone and Power Service

Shenandoah County can be reached easily from one end of the county to the other by use of telephone. Three years ago the dial telephone system was installed in the homes scattered throughout the county. To date there are over 5,000 telephones in the county with the main office located at Edinburg, where seventy-five workers are employed by the Farmers Mutual Telephone System, however, each of the five towns have an exchange number that can be dialed easily from one point to another.

In Shenandoah County are located three power services. As a result 98 percent of the people have access to electricity, however, a majority of the homes were wired a decade or so ago. There is a vast need of more information on wiring and appliances. The Extension Service in cooperation with the power services has only scratched the surface as to the importance of wiring and selection of lamps and bulbs.

In the northern end is the Northern Virginia Power Company, with Miss Margaret Flickinger serving as Home Advisor. Virginia Electric and Power Company is in the south of county extending to Fishers Hill, with Miss Patricia Botkin serving as Home Advisor. REA with main office located at Dayton serves the south end of the county to Maurertown. Sub-offices for each power company are located at Strasburg, Mt. Jackson, and Woodstock.

8. Health and Medical Care

The Shenandoah County Memorial Hospital is located south of Woodstock and is supported by payments for services rendered to patients and by the contributions of the public spirited citizens of the county. This hospital is equipped to take care of over fifty bed patients, with two surgeons on call at all times.

The eleven medical doctors are available to the Shenandoah County people are established in towns on U.S. Route 11, are as follows: Woodstock - 4, Strasburg - 3, Edinburg - 2, Mt. Jackson - 1, and New Market - 1.

The county for its size is equipped to meet the dental needs of its people with seven dentists with the location of three in Woodstock, two in Strasburg, and one each at New Market and Mt. Jackson.

9. Recreation and Marketing

Shenandoah County's natural assets make possible many types of recreation. In the George Washington National Forest are scenic drives, hiking trails, picnic and camp areas, hunting and fishing in season. One of the most beautiful drives runs along the valley within the Massanutten Mountains. On this road is a viewing tower from which one can see the seven horseshoe bends of the Shenandoah River.

There are picnic grounds at Elizabeth Furnace, and Little Fort. Powell's Fort Organizational Camp which accommodates about 100 persons, with a swimming pool and several playfields is also located in this valley.

Two of the famous limestone caverns lie within Shenandoah County. They are Battlefield Crystal Caverns near Strasburg and Shenandoah Caverns north of New Market. Just over the Rockingham County line three miles south of New Market are Endless Caverns. Each year an Annual County Agricultural Fair is held at Woodstock.

Throughout the county are motels and boarding places. The Mineral Springs draw summer visitors and provide golf, horseback riding, swimming and other sports. At Shrinemont near Orkney Springs is a collection of paintings open to the public and near New Market there is a permanent exhibit of china, pottery, earthenware and crystal. Between Edinburg and Mt. Jackson there is a museum of Indian relics and handicrafts. Three swimming pools are located in the county, with one at Woodstock, Edinburg, and Uncle Tom's Park at Jerome.

The Shenandoah County women do not have a market other than to sell from house to house; vegetables, dairy products, poultry and eggs, however, a small percent cater to Washington, D.C. markets.

II. COUNTY EXTENSION PROGRAM - ADULT

A. Organization

1. County Agricultural Extension Service Board

This committee is composed of the Home Demonstration Club Presidents, Chairman of the Home Demonstration Clubs, three key women leaders, and one member from the farm organization. This group had on county meeting.

2. Home Economics Council

This council is composed of representatives of the Home Demonstration Clubs, County Nurse, Bible School Teachers, and representatives from two civic organizations. This council did not meet this year as Safety and Home Lighting was selected for two years.

3. General Interest Committee

The General Interest Committee on Safety and Home Lighting each had one meeting where goals and objectives were reviewed. An area was selected to give assistance on Home Lighting in the southern end of the county by the electric companies. Several new home builders were contacted but some where the interest ceased and no tour or meetings were arranged other than personal contacts.

4. County Home Demonstration Club Committee

The County Home Demonstration Club Committee is composed of the president, county executive officers, program development leader, program of work chairman from each Home Demonstration Club in the county. This group directs the overall planning in carrying out the county program and strives to meet the needs of the county's rural population and further the interest of the Extension Program among the adult and young women.

One of the most important duties of the committee is program building. The committee's most important meeting during the year is the annual all-day program planning meeting that was held in May at the Extension Agent's office. The Program Development Leaders from each club presented the needs and wishes of her club and from these needs a month by month program calendar was set up for consideration and adopted by each organized Home Demonstration Club. Committee members selected the Federation Program of Work, listing activities which will be under the direction of the chairman from each club. The committee also sets County Club Objectives and makes suggestions to the Program Development Leaders for carrying out the program.

This committee met in January and reviewed the program calendar for each subject matter and special interest meeting, and set up goals, ways for carrying out programs and measuring results, what were people to learn or do, and by whom the topic would be given. The Program Development Leader after each meeting gave a summary of the demonstration, the next month's topic, meeting place and date. Prior to the demonstration the Program Development Leader asked for results, adjustments, and accomplishments on previous demonstrations.

The County Committee through the representatives from each Home Demonstration Club, is active in securing leaders for 4-H Club work. The committee promoted the Achievement Day and other county-wide meetings.

At the Spring Planning Meeting the committee members gave reports on program progress and club objectives, appointed committee members, elected delegates to attend Institute of Rural Affairs at V.P.I., Blacksburg in July and encouraged members to attend the District Federation Meeting which was held at Shenandoah, Virginia. This committee is also responsible for appointing two clubs to be in charge of printing the Yearbook.

B. Subject Matter and Special Emphasis Area

1. Food and Nutrition

- a. One Dish Meals in the Electric Skillet or Dutch Oven

The skillet meal was selected to assist the homemakers to use and care

for her appliance to the best advantage by preserving time and energy. During special occasions the electric skillet has flooded the kitchen, where as the homemaker knew but one or two uses for this appliance. A need for this type of demonstration was evident after making a survey of the many other uses of the electric skillet.

Mrs. Mary L. Thompson, Assistant Food Specialist, trained thirty-eight food leaders in June for the meeting topic in October. Mrs. Thompson told the women how to care for their skillet in order to preserve the inside lining. Since the preparation involved mainly meat, naturally the importance of meat in the daily diet was stressed by Mrs. Thompson, emphasizing using a variety of meat with a keen watch on the local newspapers for bargains.

The food leaders were shown how to prepare: Pork Chop skillet dinner, Texas Jambalaya and chicken barbecue in a skillet. The leaders were instructed to try all three skillet meals at home and then decide on which one they would show their members. The hostess was notified in advance that her kitchen would be used for this demonstration. The food leaders were supplied copies of recipe for members and friends.

As a result of the above demonstration fifty-six homemakers used their electric skillets to a better advantage than previously, especially the ones attending church, as when they turn the dial to low and return from services their meat or meal was ready for the table. This proved most valuable to the young homemakers because the children were always starving after two hours of church services.

b. Quick Breads for Various Occasions

Since distance and traveling is sometimes a problem, plus finding time to do all the necessary shopping for entertaining a club meeting, church and other social and civic organizations, the homemaker found a need to learn how to make quick breads and fillings that could be made in advance and even frozen if necessary.

The Home Agent received written material from the food specialist and other resource home economist. Recipes were tried and then compiled by the Home Agent before conducting the leader training meeting.

Forty-four food leaders were trained by the Home Agent on how to make the following quick breads from the master mix: Quick Coffee Ring, Date-nut bread and filling, Poppy-cheese loaf, and Yum-Yum Coffee cake.

The above leaders were also shown how to serve the attractive breads with tasty fillings for various occasions. The nutrition was emphasized as well as being satisfying to the family with different quick breads.

The food leaders gave the method demonstration to members during May when other guests were invited for National Home Demonstration Week. The leaders made two quick breads and showed the homemakers how these could be served attractively for weddings, teas, and club meetings. Then recipes were passed out preceding a discussion.

After non-members read about the demonstration fifty requested these recipes. It was one of the most talked about demonstrations put on by the leaders, as one-hundred-and-fifty homemakers have used the information.

c. Inexpensive Salads and Low Calorie Dressings

In preparing foods for the family daily, the homemaker can create her artistic ability and imagination through salads more than other foods because of the eye appeal for attractiveness and color. However with the abilities for salad making the homemakers keeping a family food budget noted too much was spent for salads and dressings. Then too, after calorie counting, realize a large portion of extra calories were in the added dressings.

After analyzing the pros and cons the homemakers expressed a need to know how to make attractive, tasty and nutritious low calorie dressings and salads. The group took the advance step and encouraged members to tabulate the number and results of those making their dressings.

Mrs. Mary L. Thompson, Assistant Food Specialist, trained thirty-four food leaders in an afternoon method demonstration by showing and giving the homemakers an informative discussion on the need for salads in the daily diet stressing the importance of making salads from foods in season and use of planned overs in salads, especially meat. The group was also shown how to make three different kinds of low calorie dressings.

The food leaders conducted these afternoon method demonstrations in July by showing the homemakers how to make: fresh fruit salad, chef salad, and a low calorie dressing. The cost per serving was tabulated, plus calorie count in salad and dressing. The latter method proved most helpful.

The result from the above demonstration involved changing a habit and creating a taste for the low calorie dressings. Approximately seventy-five homemakers are now making low calorie dressings and forty-five noted a cut in food budget because now the homemakers plan their meal around the salad more carefully and think of the combination in relation to cost and palatability.

d. Meal Planning for All Ages

It never fails when checking our the needs and interest of county program that several persons will express a desire for meal planning with emphasis on calorie count or low calorie foods and by observation some of the homemakers and their families need to be more calorie conscious and aware of daily food needs.

As a teaching method the Home Agent used charts of the four different food groups with food needs as to body requirements for all different age groups.

After discussion, one person gave the total intake of food the day before including three meals, plus all the snacks. This proved most helpful, as the members checked the days requirement for basic foods and then final check came in totaling the calories. Needless to say the homemakers were astounded at how the calories could count up by addition of butter, dressings, and preparation of the meat if broiled, fried, or baked. A ten to fifteen minute discussion followed club meeting. During social hour several other members checked their food intake for calories and needs.

Fifty-three homemakers improved their food habits and diets by including more dairy foods in their daily diet, and also putting a caution sign on the preparation of foods, and danger sign on heavy desserts, salads, etc. This meeting was very timely planned for January because the families had become a little more careless with their calories and food requirement during the Holiday Month.

2. Clothing Textiles

a. Color, Line, Design for the Individual Dress

The homemakers stressed a need for an educational meeting on "color, line and design for the individual dress", as women sometimes are lost when purchasing a dress. Sales women get them confused as their motive is to sell, especially the high style garments. Therefore, the main problem was to assist the individual to buy clothing with design best fitted for their need and figure.

Miss Betty McClasky, Clothing Specialist at V.P.I., Blacksburg, Va., trained thirty clothing leaders on "Color, Line, and Design for the Individual Dress", using as her teaching tools little models with different design dresses and strips of flannel to show how line will effect the figure. Members bought or wore basic dresses that they thought were good to camouflage their figure, as well as play up the good features.

The leaders used the devices for their afternoon method demonstration recommended by Miss McClasky, such as use of flannel strips, and wore a basic dress with good lines to show the homemakers how to select clothes with good color, line and design that point up their good features and subdue their undesirable ones. The meeting was closed with discussion by members as reasons why they purchased the dress at present they were wearing.

The homemakers, after above meeting, acquired their knowledge by buying appropriate dress, and color for their figure, as seventy-five women were purchasing dresses on impulse buying, and now forty-five plan before the buying and take broader view, as what the dress will do for their figure.

b. Clothing Accessories for Special Events
(wedding, teas, church and funeral)

Know how to select and wear appropriate accessories for a distinct social event has been a problem for the rural homemakers.

The Home Agent received her training through correspondence from the clothing specialist at V.F.I., Blacksburg, Va., and by reading books on the related topic. Also from clothing representative from Simplicity Pattern Company through agent's training meeting.

The timely topic was presented in afternoon method demonstrations by the Home Agent taking accessories such as hat, gloves, ear-rings, handbag, shoes, hose, bracelet, etc., showing the homemakers how to wear and handle each accessory in relationship to time, if afternoon or evening. The meeting was concluded by giving a sheet to the members to be scored, "Are You Over-dressed or Under-dressed". As the members scored themselves questions and comments preceded the meeting.

The results produced from the above meeting topic are hard to judge, but from observation and telephone calls it at least created a desire for the homemakers to appropriately dress for what ever occasion with ease.

c. Tailoring Class (Special Interest)

For the past four years in February and April two tailoring schools have been conducted by the Home Agent to a special group of namely young homemakers, who have had basic clothing construction and want to master the problems encountered by making a woollen suit or coat.

The preliminary meeting was conducted one month in advance in order to give members time to shop for their material, lining, thread, etc. and to make pressing equipment.

The homemakers sat up six days for the classes because it would take this amount of time to complete their garments.

The following girls made lovely woolen garments: Mrs. Marvin Wilkin - two childrens coats and herself, Mrs. James Strosnider - coat for her daughter, Mrs. Charles Seal - car coats for two sons, Mrs. Sam Hollingsworth, Mrs. John R. Irvin, Mrs. Charles Wolverton, Mrs. Joe Howe, Mrs. Alvin Lutz, Mrs. Harold Riencour, and Mrs. Jacob Myers. Some of the girls modeled these garments at the County Achievement Day Program, and received many complimentary remarks.

d. Clothing Construction (Special Interest)

Each year the interest has grown for homemakers to take advantage of the basic clothing construction classes taught in February, as these girls are interested in maintaining a high standard in clothing, and are eager to learn how to make a garment look custom made. The ones enrolled in this class are primarily interested in clothing construction, because they are young homemakers with children where they have to count their pennies.

Some of the girls modeled their garments at the Achievement Day Program. This proved to be most interesting.

The following girls completed a cotton dress for themselves or members of their families: Mrs. Charles Miller, Mrs. Kenneth Brill, Mrs. John C. Sager, Mrs. Guy Wetzel, Mrs. Fred Coffelt, Mrs. Cecil Feller, Mrs. Ralph Weaver, Mrs. Harry Lee Fleming, Mrs. Alfred Cochenour, Mrs. Landon Walker, Mrs. Robert Folts, Mrs. Landon Cochenour, and Mrs. Elwood Cochenour.

The special interest meetings in clothing has helped to promote the County Extension Program in Shenandoah County. It has also given members of families a sense of self achievement and pride. It is one of the best county programs to give Extension publicity and get to know the county people. Again we are having the clothing workshop meeting in February as some women have already signed up for the classes.

As a result of the special interest classes fifty-two woolen garments were made and two girls have conducted a tailoring school in a near by county. One thousand, one hundred-fifteen cotton garments were made during the year by members.

The following picture represents one-half who made and modeled their garments at the County Achievement Day Program. The other homemakers were pressed for time and to return home to their children before arrival of the photographer.



HANDMADE CLOTHING WITH A FLAIR is one of the many projects of the county's Home Demonstration Clubs. These seven ladies, all members of various clubs throughout the county model the articles of clothing they have made through instruction in the clubs. The are, left to right, Mrs. Joe Howe, Mrs. John R. Irvin, Mrs. Charles Wolverton, Mrs. Elwood Gochenour, with her daughter Linda, Mrs. Guy Wetzel, Mrs. Ralph Weaver, and Mrs. Robert Foltz.

3. Home Management

a. Good Buys Behind the Ads

In setting up a county program that will assist homemakers to become better purchasing agents for members of their family this topic was discussed because they are so confused with the market being flooded with deceptive advertisement, that they do not know what to buy.

Therefore, this educational meeting will help the consumer to get more from their buying dollars and then educate the homemakers away from the idea something for nothing and train homemakers to read labels carefully.

Mrs. Ocie O'Brien, specialist from V.F.I., Blacksburg, trained the Home Agent by showing illustrations of some products on market by comparison of brand in realization to size of package to price, how the premiums inside package affected weight and price. Several products were shown where deceptive advertisement was used in merchandising.

The Home Agent conducted these afternoon method demonstrations to the seventeen clubs using charts and illustrations of different brands as compared to price and weight, as the specialist recommended.

As a result of the above demonstration the homemakers were made aware to read and interpret all labels correctly, be informed of TV and radio ads, and realize the price of trading stamps and premiums are included in the purchasing price.

The comments from the homemakers after the educational meeting created an awareness to read the fine black print on the labels. One hundred-twenty-five members are now more conscious of brands, names, size, and price of package with caution mark toward articles marked 5 or 10 cents off existence price.

b. Selecting and Using the Automatic Washer and Dryer (Special Interest)

The advancing step toward the consumer buying more automatic washers and dryers each year from a survey was evident. Therefore, a need for a county wide meeting on selecting and using the automatic washer and dryer was in order since a number of homemakers have been seeking and requesting this timely material.

Twenty-three women attended this county-wide meeting and received valuable information on the related topic. The meeting was climaxed by touring three local stores where the women observed the machines and talked with representatives from each company. This meeting not only helped the consumer, but gave good public relationship between the company representative and the salesmen.

4. Art in Daily Living - County Program of Work

The County Program of Work Committee selected only four objectives, therefore, all four were accomplished.

1. Use slides prepared by the Virginia Museum of Fine Arts.
2. A tour of the Washington Museum.
3. Visit Mr. Robert Wick's home to see his paintings.
4. Study the selection, framing, and hanging of good pictures.

a. Tour of Washington National Gallery of Art

The program was promoted by the County Program of Work Chairman, Mrs. Braden Fleming, making all the necessary arrangements for the bus tour to National Gallery of Art to see the original paintings of The Washington Family by Savage, and of Mrs. Richard Yeates by Stuart. The above American paintings and reproductions have been studied by the individual club members. Sixty-six members and friends enjoyed the discussion by a guide on the paintings, as well as viewing the lovely building.

b. Tour of Washington "Greens Show"

Mrs. John R. Irvin made arrangements for a tour to see the "Christmas Greens Show" in Washington, D.C. since the women showed so much interest in Christmas arrangements this tour was climaxed by visiting the show in Washington. Again sixty-five women enjoyed the tour.

c. Tour of Robert Wick's Paintings

Shenandoah County is fortunate in having an artist in the county who has done a lot of oil painting and etching. Mr. Wick is always ready and willing to show the local people his work. During the spring six clubs visited Mr. Wick's display of art where he gave a lecture for 45 to 60 minutes. The clubs had previously studied art appreciation.

d. Selection, Framing, and Hanging of Good Pictures

The committee on Program of Work decided from observation and by talking with different families that an educational program was needed on "Selection, Framing and Hanging of Pictures", as the homemakers either had pictures improperly hung, in wrong frame, or in other words some were just hung without any relationship to the furniture or space.

The program was promoted by the Home Agent giving an afternoon method demonstration on the above topic, using as her teaching aids illustrations on "Selecting Pictures", "Reasons for a Mat", "Where and How to Hang Pictures". The home agent also showed the members how to disassemble and old frame and convert it into several useful frames. As an effective teaching method the members rearranged the pictures when hostess requested this timely information.

The above demonstration was hard to tabulate results because of September being month of demonstration. Forty members used above information.

C. Other Activities

1. Community Projects

The Home Demonstration Clubs in Shenandoah County besides from their regular club meetings each carried on a community project, deriving the following achievements from the following clubs.

Central - donated \$25.00 to a college student who was a former 4-H boy, purchased a used gas stove for the Community Center, donated \$5.00 to family that lost their home by fire, presented \$10.00 to each of the three cemeteries in community to help to buy paint for the fence, fixed boxes for shut-ins during Christmas and Easter. To help control "litter bug" problem the club contacted the Supervisor from their district and the State Highway Department concerning dumping along the highway leading to valley, as a result new signs were posted at various points on the road.

Conieville - purchased a wheel chair to be loaned to anyone in nearby community free of charge. In February their hearts turned towards the shut-ins and they packed sixty-three attractive Valentine bags containing cookies and candy for five nursing homes in the county.

Edinburg Senior - contacted concerned persons in Edinburg and had an unsightly lot cleaned and building removed.

Fishers Hill - remembered the folks at County Home by supplying them with interesting and useful magazines and food at various occasions.

Fort Valley - visited sick and shut-ins during winter, helped to maintain building in cooperation with local 4-H Club, and sponsored a Community Halloween Party.

Hudsons Cross Roads - furnished supplies such as soap, tissues and good reading material for coin laundry in Mt. Jackson, removed unfit magazines for teenage reading, made picnic table for community center, and assisted local church with apple butter boiling by donating cans and labor.

Mt. Jackson Junior and Senior - each gave a sizable amount to help pay for maintaining the town public rest-room; made cakes to sell for polio and cancer drive that netted over \$200.00.

Mt. Zion - continued to eliminate the litterbug problem and to provide a place for the disposal of junk. Each month the club remembers a young invalid by showering her with small packages, flowers, cards, etc.

New Market - members joined with the Lee District Hospital Unit to help with bazaar and supper; they also mended articles at the hospital and pushed the hospitality cart.

Strasburg - thought of all the great and small and solicited \$346.00 for the Heart Fund.

Saumsville-Fairview Senior - assisted with county road project.

Toms Brook-Mt. Olive - members go to the Shenandoah County Hospital one afternoon each month to sew and mend garments and bed linens, plus making new ones. Five hundred-seven garments and bed linens were mended this year.

Woodstock - had a window sale and gave proceeds to the Woodstock Fire Company.

Edinburg Junior - chose one elderly lady and one invalid in area and remembered them on special occasions with visits and appropriate gifts.

Fairview Junior - supplied books for children in the waiting room of the Shenandoah County Memorial Hospital.

Woodstock Junior - purchased two sea-saw boards to add to the playground equipment at the Woodstock Recreation Park.

2. County Objectives

- *1. Pay \$4.00 Federation Dues by January 1st.
- *2. Each H.D. Club make a financial contribution to County 4-H Program and County Rest Room by July 1st.
- *3. Have representatives at all leader training and county committee meetings.
- *4. Each club hold five meetings without agent.
 5. Hold one family get-together and invite prospective members.
 6. Send two representatives from each club to Institute of Rural Affairs and pay one-half of the expenses.
- *7. Each club observe National H.D. Week in some outstanding way.
 8. Encourage active members to make at least one fair exhibit. (Note - have homemaker's entries published in local paper prior to the fair.)
9. Have each club represented at District Federation Meeting.
- *10. Each club will select and carry out a Community Project.

(Each club accomplish 6 out of 10 to be standard club)

* Club must do as stated.

3. National Home Demonstration Week

The seventeen Home Demonstration Clubs in Shenandoah County each featured a special program for National Home Demonstration Week with the following combined activities for their meeting:

Mt. Jackson Junior and Senior observed Home Demonstration Week by 4-H members presenting a "spring fashion revue" since one of the Home Demonstration objectives is to encourage participation by 4-H members. Seventy guests observed interesting educational displays of meeting topic where a member was stationed at each post to answer questions regarding the related subject.

Woodstock Senior had different posters displayed in several of the store windows to acquaint the members with the Extension Program.

Mt. Zion Club members wrote an article in the local newspaper telling about National H. D. Work such as our Creed, National Song, Seal, Student Loan Fund, Youth Exchange Program, 4-H Work, and Library.

Woodstock Junior invited guests and members when a demonstration was conducted on "How and What to Serve at Teas, Weddings, etc." How to dress for these different occasions was also discussed. The meeting was climaxed by the girls having an afternoon with appropriate table arrangements, food, service, etc. Needless to say many questions and comments were raised during the social hour.

The remaining clubs invited guests and interested non-members to their local Home Demonstration Club meetings, where a covered dish dinner was enjoyed with the menu consisting of food the members had learned to prepare through the years of club work. Then a movie was shown on "Mouth to mouth Respiration".

Approximately fifteen new members were added to the Home Demonstration Club roll, as a result of the above meetings.

4. Achievement Program

To highlight the year's program of activities throughout the annual Achievement Program is promoted by the Home Demonstration Club members with each club having a part on the program.

The Annual Achievement Day Program was held at the Woodstock United Church of Christ on Thursday, November 2nd, at 10:00 a.m. with careful planning under the direction of Mrs. Charles Seal - Chairman, Mrs. Harry Lee Fleming, Mrs. Braden Fleming, Mrs. John R. Irvin, Mrs. Braden Miller, Mrs. Berlyn Fleming, and Home Agent. This committee planned the program, secured a guest speaker for the afternoon, planned the lunch, and selected clubs to be in charge of the different committees.

The Central Home Economics Club girls served the prepared luncheon with each of the clubs contributing the listed food for the menu: two packages of gelatine made in carrot and pineapple salad, thirteen clubs made sixteen brownies each, one head of lettuce, one pint cucumber pickle, and large bag of potato chips. Several individual clubs were asked to bring coffee, cream, and salad dressing. The menu consisted of the following, and sold for 75 cents: Ham, carrot and pineapple salad on lettuce, potato chips, pickles, rolls, brownies, ice cream and coffee.

SHENANDOAH COUNTY
HOME DEMONSTRATION CLUB
ACHIEVEMENT DAY



HOME

DEMONSTRATION

WORK



ST. PAUL'S UNITED CHURCH OF CHRIST

Woodstock, Virginia
November 2, 1961
10:00 A.M.



THIS 88-YEAR-OLD lady, Mrs. Minnie Calvert, Toms Brook, a member of the Toms Brook-Mt. Olive Home Demonstration Club, was awarded a corsage for being the oldest active member present at the Shenandoah County Home Demonstration Club Achievement Day Program, held yesterday at St. Paul's United Church of Christ, Woodstock. (L to R) Miss Sallie Wetzel, Shenandoah County Home Demonstration Agent, Mrs. Calvert, and Mrs. Berlyn Fleming, County Chairman. -- (Daily Photo by Woodstock Photo Shop)

Achievement Day Is Held By HD Clubs

Mrs. Berlyn Fleming, County Chairman, welcomed 175 members of Home Demonstration Clubs in Shenandoah County and guests to the Shenandoah County Home Demonstration Club Achievement Day Program, held yesterday morning and afternoon at St. Paul's United Church of Christ, Woodstock.

The meeting was called to order promptly at ten o'clock by Mrs. Fleming with devotions led by Mrs. Earl Miley, Sr. Group singing was led by Mrs. Edgar Hockman with Mrs. Polly Shoyer at the piano.

Two of the three highlights of the morning session were reports from the club presidents on club activities over the year and a county summary by Miss Sallie Wetzel, Home Demonstration Agent for Shenandoah County.

Miss Wetzel reported that 17 clubs exist in the county with 280 active members. Other statistics quoted by Miss Wetzel were that 61 homemakers improved their family diet and eating habits

tured by a talk by Mrs. Guy Benchuff, Woodstock on the subject "The Christian Home."

A prize was awarded to the Soursville-Fairview Sr. Club for having the highest percentage of members present at the meeting. They won the prize by having 82 percent of their members present.

Another award was made to the oldest member of any club present at the meeting. This award went to the 8-year-old Mrs. Minnie Calvert, Toms Brook, a member of the Toms Brook-Mt. Olive Club.

In appreciation of her outstanding work with the club members this year and knowing her taste for coffee, the 17 clubs banded together to present a coffee making to Miss Sallie Wetzel, Home Demonstration Agent.

The meeting was closed with

the repeating of the Home Makers Creed.

Mrs. Fleming expressed her appreciation to those responsible for the success of the meeting, to all 17 clubs for the food contributed for the lunch, for the flowers arranged by the Soursville-Fairview Junior and Senior Clubs, for the corsages made by the Strasburg Club, for the lunch tickets sold by the Woodstock Junior Club, for the Bazaar arranged by the Toms Brook-Mt. Olive and Mt. Zion Clubs; and the arrangement of the food by the Edinburg Senior Club.

She also expressed her sincere appreciation to Mrs. Henry Lee Fleming, Mrs. Braden Fleming, Mrs. John B. Irvin, Mrs. Braden Miller and Mrs. Charles Seaf for helping to make the day such a successful one.

Each club president gave a report on their community project, observance of National H.D. Week, and number of new members added. The club with the highest percent of membership present received \$5.00. Saumsville-Fairview Senior received this recognition for having 82 percent of their members present.

The girls that made their cotton dresses and tailored garments last spring during special interest classes modeled their garments for the event.

The afternoon was devoted to the guest speaker, Mrs. Guy Benchoff, Woodstock, Va., on the subject "Christian Home". Special music was provided by a Vocal Ensemble from Central High School under the direction of Mrs. Robert Danley.

5. Shenandoah County Fair

The Shenandoah County Fair was held during the week of August 28th to September 2nd. Two hundred exhibits were displayed by the individual Home Demonstration Club members.

Fifteen of the seventeen Home Demonstration Clubs had the educational booths:

- Central - Central Serves its Community
- Concleville - Kitchen Space Savers
- Edinburg - Lord's Supper
- Fishers Hill - Flower Arrangements for Church
- Hudsons Cross Roads - Cookies for All Occasions
- Mt. Jackson - Line and Design in Dress
- Mt. Zion - Christmas Begins in the Heart
- New Market - Safety at Home
- Saumsville-Fairview - Study and Appreciation of Famous American Paintings
- Strasburg - Seasonal Arrangements
- Toms Brook-Mt. Olive - Be Fit and Not Fat
- Woodstock - Counter Tops
- Edinburg Junior - Are You Over-dressed or Under-dressed (12 points)
- Saumsville-Fairview Junior - Breads for Special Occasions
- Woodstock Junior - Homemakers Creed

These educational booths were not judged, but the Fair Association pays each club \$7.50 for putting up a booth, but each one must meet certain specifications and maintain high standards of workmanship. Too, each club had to display a different subject that has been in the program from September to September.

6. Judging for Special Events

The Home Demonstration Club members were asked to judge at the following fairs:

Frederick County - Arts and Crafts: Mrs. W. B. Davis
Mrs. Edgar Crabill

Warren County - Foods: Mrs. E. E. Golladay
Mrs. Berlyn Fleming

Handiwork: Mrs. Edgar Crabill
Mrs. Bill Baker

Canning: Mrs. Noah Good
Sallie F. Wetsel, Home Agent

4-H Foods, Records, etc.: Mrs. Russell Hiner, 4-H Leader
Miss Jo Ann Clark, Junior 4-H
Leader and college student.

Clothing: Mrs. John R. Irvin
Miss Anna Mae Swartz, Junior 4-H Leader.

Several of the above members assisted with club and county 4-H contest, 4-H Share the Fun Contest, and other activities.

III. COUNTY EXTENSION PROGRAM - YOUTH

A. Organization

1. County Youth Council

The youth of Shenandoah County has been organized into three groups:

1. The County 4-H Club Adult Leaders; 2. The 4-H All Star Chapter;
3. The 4-H Club County Council. Officers have been selected, which are as follows: President - Mrs. Jack Hockman, Vice-President - Ernest Ryman, Secretary - Mrs. Earl Rinker, and Treasurer - Mrs. William Getz.

Some of the suggestions that the Youth Council have offered for the improvement of the 4-H Club Program are as follows:

1. Increase the enrollment of each club to fifteen boys and girls.
2. Increase the average tenure of each 4-H club member.
3. To locally organize a satisfactory 4-H club leader training program.
4. To further develop the opportunities of the 4-H Club members at the County Fair.
5. Establish a new senior 4-H club at the northern end of Shenandoah County.
6. Create more immediate opportunity for the younger 4-H club members in the way of awards and contests.

2. Youth Committee

This group consisting of officers of the 4-H Council, Adult Leaders, and All Stars was organized as a standing committee and meet at each Council Meeting.

The meeting was devoted to organization, selection of officers and suggested recommendations and objectives. An explanation was given as to the purpose and relation to the overall youth and agricultural extension program.

Some suggestions during the year were: *1. Encourage more recreational activities in the 4-H program; *2. Have 4-H Livestock Sale at the conclusion of the county fair; *3. Encourage different clubs to have joint activities (familiarize clubs with activities of other clubs); *4. Suggest all County Agricultural Extension Offices be located in one building; *5. Encourage more boys and girls to raise more livestock for exhibit at county fair; 6. Have more competition in judging teams; *7. Suggest 4-H Welcome Signs Be erected on Highway. The ones stated were accomplished in 1960-61.

This committee has proposed a number of good suggestions. Many of these have been carried throughout the year and will be reported under various 4-H activities. An over-all coordination of the youth program will be much easier with committee activities serving as a guide to the groups. Also officers of the committee may represent the Youth Council on the County Agricultural Board.

3. County 4-H Council

The County 4-H Council is composed of the officers and leaders from each community organized 4-H club in the county.

The function of the organization is to plan and carry out all the county-wide activities. The county committee sets up the objectives and a point system by which the community clubs are determined the champion club of the group. This committee also plans county recreation such as -- county picnic (date, place and time), county dance, and county Achievement Program.

The school clubs have a limited score of points because they meet in the grade schools.

Jerry Hiner, Meems Valley 4-H Club, was elected President of the County 4-H Club Council in December 1960. The following officers were elected to serve with him for the year 1961:

1st Vice President - Charles Gochenour, Wesley Chapel
2nd Vice President - Edwin Tamkin, Fort Valley
Secretary - Jo Ann Zirkle, New Market
Assistant Secretary - Doris Ann Walker, St. Luke-Saunsville
Treasurer - Mrs. Florine Gets, 4-H All Star
Reporter - Dee Hockman, Massanutten
Assistant Reporter - Marlene Renalds, New Market
Recreation Leader - Robert Coverstone, Fort Valley
Assistant Recreation Leader - Carmon Baker, Hudsons Cross Roads

Song Leader - Susan Reger, Meems Valley
Assistant Song Leader - Judy Swecker, Wesley Chapel
Pianist - Jane Rea, Meems Valley
Assistant Pianist - Carol Ann Walker, St. Luke-Saunsville
advisors - Mrs. Paul Swecker and Kenneth Brill

Bill Gochenour, 1st Vice President for 1959-60, presided over the organizational planning meeting for the approaching year. He divided the members into the following working committees:

1. Nominating slate of county officers - Chairman, Bill Gochenour
2. County Club Objectives - Chairmen, Jerry Hiner and all club presidents.
3. Score of Points - Marlene Renalds and all vice presidents and secretaries.
4. County Events - Chairman, Susan Reger, all song and recreation leaders.
5. Finance - Chairman, David Brill and all treasurers.
6. Handbook Cover - Nancy Grandstaff
7. Adult Leaders - Mrs. Jack Hockman and all adult leaders.

Each of these groups were given 45 minutes and then they reported back to the entire group, where reports were adopted. The reports were combined in a handbook and given to each club member at the January meeting.

4. 4-H Club Objectives

Listed below are the 1961 club objectives adopted at the December 1959 County Council Meeting.

1. Have projects completed by October 1st.
2. Each club have at least one Community Project completed and reported by November 1st.
3. Have County 4-H Achievement Program.
4. Each member attend and have at least one parent attend the Achievement Program.
5. Give outstanding Junior and Senior Clubs an award.
6. Have at least two County Council Meetings during the year.
7. Have at least three members from each club attend the Northern Virginia 4-H Club Camp. More may be sent if the quota is not filled.
8. Have County Leader Recognition Program.
9. Each club strive to increase enrollment over the previous year.
10. Have at least one Community Night.
11. Have a program committee in each club; work up a definite program for six meetings during the year.
12. Meet our allotted quota of membership and encourage members to participate in events that will lead to attendance at State Short Course.

13. Have judging contest between the club members in local clubs.
14. 100 percent club members have at least one exhibit at the County Fair (each member must prepare his own exhibit).
15. Each club have a booth at the County Fair if room is available and booth must be decorated by members only.
16. 100 percent membership of each club observe National 4-H Club Week and Rural Life Sunday.
17. Have a County Share the Fun Program. (announce points to be judged for winners)
18. Have the County 4-H Club Picnic, and other recreational programs.
19. Encourage an exchange of more individual demonstrations at club meetings, and before civic groups. (at least 5)
20. Each club stress honesty in carrying out all phases of 4-H Club Work.
21. Strive for better club relations throughout the county. (joint recreation activities, etc.)
22. Recognize members who have attended 100 percent of 4-H Club meetings.
23. New members must attend three months regularly before added to roll.

5. Junior 4-H Club Objectives

Listed below are the 1960-61 club objectives for the Junior 4-H Clubs which meet at the grade schools.

1. Observe Rural Life Sunday in March, 1961.
2. Observe National 4-H Club Week.
3. Have 100 percent of members completing projects by April club meeting.
4. Stress honesty in carrying out all phases of 4-H Club work.
5. Each club member strive to review exhibits at the County Fair.
6. Have club well represented at each County 4-H Club event.
7. Have at least two members attend the Northern Virginia 4-H Club Camp in August.

6. Score of Points

A copy of the score of points is enclosed on the following page of this report showing each community club's total score.

7. Junior Club Score of Points

A copy of the Junior Club score of points is enclosed on the page following the Score of Points (Senior Club) showing each school club's total score.

1961 - 4-H SCORE OF POINTS

| Points | | Fort Valley | Hudsons Cross Roads | Kassartun | Neems Valley | New Market | St. Luke-Saunsville | Weeley Chapel |
|--------|---|-------------|---------------------|-----------|--------------|------------|---------------------|---------------|
| 50 | Boys Project Records | 46 | 20 | 38 | 38 | 42 | 47 | 49 |
| 50 | Girls Project Records | 50 | 44 | 48 | 48 | 44 | 46 | 48 |
| 25 | Secretary's Book | 30 | 25 | 35 | 25 | 25 | 25 | 25 |
| 25 | Reporter's Book | 25 | 25 | 25 | 35 | 30 | 25 | 25 |
| 25 | History Book | 30 | 25 | 25 | 40 | 25 | 25 | 35 |
| 25 | Community Project | 30 | 25 | 40 | 35 | 25 | 25 | 25 |
| 50 | 100% members at each meeting | 44 | 44 | 43 | 46 | 41 | 37 | 44 |
| 25 | 4 officers & 2 leaders at Business Council Meetings | 25 | 13 | 13 | 25 | 25 | 25 | 25 |
| 8 | Each 4-H Camper (24 points limit) | 24 | 24 | 24 | 24 | 24 | 24 | 24 |
| 20 | Active enrollment of 10 boys and 10 girls | 0 | 10 | 20 | 20 | 10 | 20 | 20 |
| 5 | Each new member completing a project (25 points limit) | 5 | 25 | 25 | 25 | 15 | 25 | 25 |
| 20 | For active boys leader | 20 | 20 | 20 | 20 | 20 | 20 | 20 |
| 20 | For active girls leader | 20 | 0 | 20 | 20 | 20 | 20 | 20 |
| 25 | Community Night with at least 5 guests | 25 | 25 | 25 | 25 | 25 | 25 | 25 |
| 30 | Presentation: 4 educational programs, 2 recreational | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| 50 | Entering Contest (50 points limit) | 50 | 15 | 50 | 50 | 50 | 50 | 50 |
| 50 | 100% members having individual exhibits at County Fair | 50 | 44 | 38 | 46 | 45 | 47 | 46 |
| 25 | Club exhibits at County Fair | 25 | 25 | 25 | 25 | 40 | 30 | 35 |
| 25 | Observance of National 4-H Club Week | 25 | 25 | 25 | 25 | 25 | 25 | 25 |
| 25 | Observance of Rural Life Sunday by Clubs | 25 | 25 | 25 | 25 | 25 | 25 | 25 |
| 20 | Each Jr. & Sr. entry in Share the Fun Program | 20 | 10 | 20 | 20 | 20 | 20 | 20 |
| 50 | 5 boys & 5 girls having demonstrations | 50 | 40 | 50 | 50 | 45 | 40 | 45 |
| 25 | For exchanging demonstrations between 4-H Club, HD Club or Civic groups (5 points each) | 25 | 0 | 25 | 25 | 25 | 25 | 25 |
| 25 | Clubs making financial contribution to County Treasurer | 25 | 25 | 25 | 25 | 25 | 25 | 25 |
| 30 | Presentation of Radio or TV Program (15 each) | 30 | 0 | 30 | 30 | 30 | 30 | 30 |
| 25 | Submitting monthly program calendar to Ext. Agents | 25 | 15 | 25 | 25 | 25 | 25 | 25 |
| 25 | According to Parliamentary Procedure | 22 | 19 | 21 | 20 | 20 | 20 | 23 |
| 25 | Having orderly meetings | 23 | 22 | 24 | 21 | 21 | 21 | 21 |
| 25 | Having organized recreation and programs | 21 | 23 | 24 | 21 | 21 | 21 | 22 |
| 50 | 100% members & parents at Achievement Program | 36 | 13 | 30 | 40 | 26 | 34 | 40 |
| | TOTAL SCORE | 856 | 656 | 868 | 904 | 844 | 853 | 897 |
| | PLACING | 4 | 7 | 3 | 1 | 6 | 5 | 2 |

8. County All Stars

Fifty-nine members belong to the Shenandoah County 4-H All-Star Organization. All Stars are selected by their past accomplishments in 4-H Club work for a life time role of guidance and support of 4-H Club work to other generation of 4-H'ers in their efforts.

For the second consecutive time two boys and two girls from Shenandoah County were taken into the State All Star Chapter. Their names are: Jerry Hiner - Meems Valley Club, Bill Gochenour - St. Luke-Saumsville Club, Marlene Renalds - New Market Club, and Nancy Richardson - Meems Valley Club.

The County All Star Chapter held an organization meeting for 1961 and elected the following officers: Chief - Mrs. Weldon Miller, Lesser Chief - Landon Mumav, Scribe - Mrs. James Walker, Treasurer - Mrs. William Getz, and Reporter - Ann Renalds.

The following objectives and accomplishments were achieved during the year:

1. Provide leadership and support of the 4-H Club Program as a duty of each All Star member. Approximately twenty active All Stars have assisted in many ways, including serving as adult leaders, 4-H committee members, and representatives on Youth Council.
2. Have County All Star Organization represented at District 4-H All Star Key Award Banquet at Powell's Fort Organizational Camp.
3. To familiarize the new members with county organization and its original members. A picnic social was held at Uncle Tom's Park in August.

The County Extension Staff assist the All Star group by setting up meeting places and dates, serving as advisors, handling correspondence and help co-ordinate the objectives with 4-H adult leader groups.

9. County 4-H Leaders Association

The County 4-H Leaders Association under the direction of Mrs. Edgar Hockman, Chairman, met and set up the following suggestions to be obtained for the following year to help strengthen the 4-H Club Program through the Leader's Association:

1. Encourage more and better livestock for the county fair (special emphasis on more hogs and absmp), also the quality should be improved. Suggests that a date six months prior to the fair be set for fat hog entries.
2. Suggest that a \$10.00 scholarship (such as a trip to 4-H camp) be awarded to the winner of the Junior Share the Fun Program.

1961 - JUNIOR 4-H CLUB SCORE OF POINTS

| POINTS | | Columbia Furnace | St. Luke | Fort Valley |
|--------|---|------------------|----------|-------------|
| 25 | Girls Project Record Books | 18 | 19.4 | 22.5 |
| 25 | Boys Project Record Books | 23 | 23 | 25 |
| 10 | Secretary's Minute Book | 8 | 9 | 7 |
| 10 | Reporters Clippings | 9 | 8 | 9 |
| 25 | 100% members attend Church on Rural Life Sunday | 16 | 22 | 19 |
| 20 | Have organized program at four club meetings | 20 | 20 | 20 |
| 20 | Observe National 4-H Club Week | 20 | 20 | 20 |
| 20 | Have six demonstrations during a year | 20 | 20 | 20 |
| 25 | According to proper parliamentary procedure (4-H pledge and song) | 23 | 22 | 25 |
| 25 | Having orderly meetings | 20 | 22 | 23 |
| 25 | Having 100% attendance at club meetings | 24 | 24 | 24.5 |
| | TOTAL SCORE | 201 | 209.4 | 215.0 |
| | PLACING | 3rd | 2nd | 1st |

3. More emphasis and time should be spent on judging in the local clubs. The adult leaders may help in this work and conduct tours between clubs.
4. The continuance of county 4-H recreational events.
5. Encourage more demonstrations by 4-H Club members to civic and other organizations.
6. To have a county-wide leader training meeting and get assistance from 4-H Club Department, V.F.I., Blacksburg, Va.
7. Have meeting for leaders once or twice a year.

B. Project Work

One hundred and thirty senior 4-H club members carried 226 projects. Of this number 124 completed 190 projects with Fort Valley Junior and Senior 4-H Clubs having 100 percent project completion.

Thirty-five 4-H Club members that meet one hour in the school each month in the three separate grade schools carried the following projects:

- (a) Baby Sitting (school club) --
 1. The girls studied appropriate stories to read to preschool children, as well as how to read them for entertaining purposes.
 2. Each girl brought her doll to show how to change diapers, feed baby, hold baby, and how to dress and undress.
 3. Members used their imagination to make toys for preschool children.
 4. Made a stuffed toy for Christmas.
 5. These girls baby sat for different times to put their knowledge to use.

I strongly advise a project of this material be set for state level.

- (b) Meal Preparation (school club) --
 1. The girls taking meal planning studied the importance of eating a good breakfast before going to school, then each prepared breakfast for two weekends.
 2. They learned the basic principles of how to measure, read, and follow a recipe, and identify the use of ten kitchen utensils.
 3. Made candy, drop cookies, and studied table manners and how to set the table correctly.

Each girl gave a short demonstration in April on the project.

- (c) Make or Remake (school club) --
 1. The girls wanted to learn the basic principles of clothing construction. The girls equipped their sewing boxes with the necessary equipment.

2. Made wrist pen cushions, stuffed toys, tea towel and needle cases.

Each girl had a display of her articles at the April meeting. Ribbons were awarded to those who merited an award.

1. Clothing

The girls enrolled in the clothing project wanted to learn the basic clothing construction problems so that they could make their own clothes. As a result they have more clothes with a personal touch, that looked custom made. The program was promoted by the Junior and Adult Leaders with the assistance of the Home Agent conducting all-day clothing workshop meetings in June and July. The girls were instructed at previous meetings on selection of pattern and material. The girls completed their garments at these workshop meetings, then Ann Reynolds, State 4-H Clothing winner, instructed the girls how to model their garments to local 4-H Clubs, Home Demonstration Clubs, 4-H County Achievement Program, and civic organizations.

Fifty-two members made two hundred and seventy-eight garments.

2. Food and Nutrition

Meal planning, preparation and service has always been an interesting project for girls because every girl likes to show her artistic ability by preparing attractive salads, making cookies and candy, then branching out into the broader field by preparing more complicated foods. Surprisingly, a large number of these girls plan and prepare the evening meal because their mothers are employed outside the home.

Forty members completed the Food Preparation project. As a result of this project the members prepared 561 complete meals, made 793 cakes and cookies, and prepared over 1500 eggs, and 1300 hamburgers.

3. Other Projects

The following 4-H projects were carried and completed:

| <u>Project</u> | <u>Enrolled</u> | <u>Completed</u> |
|-----------------------------|-----------------|------------------|
| Meal Planning and Breads | 49 | 40 |
| Canning | 7 | 7 |
| Health | 6 | 6 |
| Child Care | 10 | 10 |
| Housekeeping | 31 | 29 |
| Clothing | 66 | 52 |
| Room Improvement | 5 | 5 |
| Junior Leadership | 14 | 14 |
| Home Grounds Beautification | 7 | 7 |

4. 4-H Enrollment by Years

Girls enrollment by years in 4-H Club work is as follows:

| | | |
|-------------------|-------|-----------|
| 1st year | | 53 |
| 2nd year | | 30 |
| 3rd year | | 28 |
| 4th year | | 9 |
| 5th year | | 6 |
| 6th year and over | 11 | |
| | <hr/> | 137 total |

5. 4-H Enrollment by Ages

Girls enrollment by ages in 4-H Club work is as follows:

| | | |
|--------------------|-------|-----------|
| 10 years and under | .. | 45 |
| 11 years | | 23 |
| 12 years | | 26 |
| 13 years | | 17 |
| 14 years | | 9 |
| 15 years | | 8 |
| 16 years | | 6 |
| 17 to 20 years | | 3 |
| | <hr/> | 137 total |

C. Other Activities

1. Community Projects

The 4-H clubs listed below had the following community projects:

- Massanutten -
1. Planted broom corn from which will sell whisk, house, dairy, and children's brooms.
 2. First Aid Kits were given to the Strasburg High School and Toms Brook Elementary School.
 3. Members took turns and mowed the lawn for an elderly lady in the community this summer.
 4. Gave \$10.00 and dinner napkins with "Father We Thank Thee" printed on them to Shenandoah County Hospital.
 5. Gave Toms Brook Methodist Church a floor waxer and three brooms.
- Meems Valley -
1. Still working on long-rang landscaping project for Stonewall-Jackson High School, club contributed \$100.00 and other organizations contributed \$135.00.
 2. Dogwood Buttons were sold for Fireman's Relief.
 3. Helped Home Demonstration Club sale cakes and cookies for Folio Drive.
 4. Gave to needy family at Christmas time.

Fort Valley - Painted 35 mail boxes, aluminum with red flag; helped with the upkeep of the historical community building where 4-H Club meets.

Wesley Chapel - 1. Made a survey of non-interested members to see what they wanted to see as community project.
2. Made and mounted Bulletin Board, stating name of church, pastor, and time of services.
3. Prepared plates of food for Miller's and Fisher's Nursing Homes at Christmas and Halloween.

St. Luke-Saumsville - 1. Helped needy family.
2. Bought new song books for club.
3. Contributed \$25.00 to Band Booster.

New Market - 1. Took care of St. Martin's Lutheran Church lawn.

Hudsons Cross Roads - 1. Cut trees and brush to enlarge play grounds.
2. 4-H Camp

One hundred and sixty-three 4-H campers and counselors from Shenandoah, Fauquier and Rockingham Counties had an enjoyable week of work and play at the Powell's Fort Organization Camp.

Each day of camp was a busy one from "rise-n-shine" at 6:45 a.m. to "lights out-all quiet" at 10:30 p.m. There were cabins and grounds to be cleaned, assemblies and classes to attend, swimming and other athletic events, vesper services, evening programs, and best of all three good meals a day. The youngsters did not need anybody to rock them to sleep after such a day.

Shenandoah County 4-H Clubs were represented by twenty-eight girls and twenty-five boys with Mrs. Cooper Bowers serving as Adult Leader, and Marlene Renalds, Jerry Miner and Nancy Richardson as Junior Leaders.

Nancy Grandstaff of Fort Valley was honored by her fellow campers when they elected her "Big Chief" of the whole camp. Ann Janney, Susan Keger, Irene Rosen all from Meems Valley 4-H Club, and Albert Fravel of the Massanutten 4-H Club were elected as lesser chiefs of the four tribes that composed the camp.

All in all it was a week that was enjoyed by all campers and members of the staff.

3. Rural Life Sunday

The ten 4-H clubs in Shenandoah County paid their tribute to their fellowman by the Community 4-H Clubs attending church in a body.

Due to the distance the school 4-H clubs attended their own Sunday School or Church. Each year a high percent of the boys and girls attend church on this designated Sunday. The members take part in the service by serving as ushers, reading the scripture, or by having special music. All of the community clubs met with their local minister and assisted in making out the bulletins.

4. Shenandoah County Fair

Three-fourths of the Community 4-H Clubs made individual entries at the County Fair. All seven Community Clubs had individual educational exhibits. Each of these showed high standards of workmanship and much time and thought was put forth to make these booths attractive. The following clubs received awards on their educational booths:

- 1st - New Market -- \$25.00
- 2nd - Wesley Chapel -- \$22.00
- 3rd - St. Luke-Saumsville -- \$20.00
- 4th - Massanutten -- \$17.50
- 5th - Meems Valley -- \$15.00
- 6th - Hudsons Cross Roads -- \$13.00
- 7th - Fort Valley -- \$7.50

The above clubs were judged on: educational value - 30, develop theme - 25, draws attention - 20, appearance - 15, and quality of material - 10.

5. Achievement Program

The 4-H Achievement Program is the highlight of the year's club program where parents, friends, and 4-H club members assemble in the Central High School at Woodstock to watch members participate before an audience of 450, and receive recognition for club activities, and also members acquiring medals for achievements accomplished throughout the club year.

Each senior club had a specific part to play on the program as it was planned at a previous County Council Meeting with the following clubs volunteering: Fort Valley - Ushers (pass out programs), St. Luke-Saumsville and Hudsons Cross Roads - Arrangement (set up chairs before meeting and take them down after) decorate stage and have flower arrangements), Massanutten and Wesley Chapel - Refreshments (made fruit punch and arranged cup cakes brought by club members), New Market and Meems Valley - Entertainment (Marlene Heralis acted as mistress of ceremony for style dress revue modeled by 4-H girls who made their garments at clothing workshop.

Enclosed on the following pages are newspaper clippings and a copy of the Achievement Program.

SHEPARD COUNTY

SHEPARD COUNTY

4-H ACHIEVEMENT PROGRAM

LEARN - LIVE - SERVE



CENTRAL HIGH SCHOOL

November 8, 1961

7:30 P.M.



MISS SALLIE WETSEL, Home Demonstration Agent, Shenandoah County, presents a trophy to Charles Cutlers, president of the Fort Valley 4-H Club for winning the County championship in the Junior class. First row (l. to r.): Miss Wetzel, Charles Cutlers. Second row (l. to r.): Kenneth Planger, Coleste Brede-man, Mrs. Isabelle Ritenour, Adolt Leader. Third row (l. to r.): Celia Walker, Nancy Tamkin. Fourth row (l. to r.): Richard Saffell, Billy Mantz, Larry Cave.—Daily Photo by Woodstock Photo Shop

Shenandoah Co. 4-H'ers Get Achievement Awards

Awards for achievement in various projects were awarded to Shenandoah County 4-H club members at the annual Shenandoah County 4-H Achievement Program held at Central High School, Woodstock, on Wednesday evening.

In addition to the individual awards, the champion Junior and Senior 4-H Clubs were named.

Following the invocation by James Miller, Jerry Hiner, president of the Shenandoah County 4-H Council, welcomed the capacity audience.

Presentation of the girls' awards was made by Miss Sallie Wetzel, Home Demonstration Agent and the Boys' by Stephen J. Becken, Assistant County Agent.

Winners of individual awards were:

Achievement — Alan Boyer, Charles Gochenour, Doris Ann Walker, Sharon Larrick.

Agricultural — Joe Wilkins, Dennis Bowers, Bill Mantz, Robert Coverstone.

Beautification of Home Grounds — Darlene Phillips, Martha South-

ern, Gary Golladay, J. L. Hockman.

Bread Demonstration — Connie Bauserman, Jo Ann Tisinger.

Canning — Carolyn Eastep,

Karen Sue Tucker, Joan Rutz.

Clothing — Peggy Zirkle, Evelyn Hawkins, Sharon Ryman, Winnie Wetzel.

Beef — Floyd Ryman, Caroline Swartz, Paul Swecker, Carolyn Eastep.

Dairy — David Brill, Wayne Orndorff, Chris Neese, Linda Gochenour.

Electric — Dale Ramsey, Larry Ambrose, Darly Kingree.

Entomology — Jim Ryman,

Donald Baber, Kenneth Fansier.

Field Crops — Albert Fassel,

Robert Eastep, Kenneth Walke

(State Supplemental award).

Forestry — Steven Rinker, William Whitmer, John Planger.

Garden — Keith Zirkle, Kenneth Fansier, Bob Gochenour, Larry Dellinger.

Leader Ship — Jerry Hiner,

Wayne Bowers, Nancy Grand-

staff, Ann Janney.

Recreation — Wayne Wilkins,

Dennis Dart, Emma Jane Swartz,

(over)



LEADERS AND OFFICERS of the Meems Valley 4-H Club receive their trophy from Steve Becken, Assistant County Agent, for winning the championship of Senior 4-H Clubs in Shenandoah County. Front row l. to r.: Steve Becken, Jerry Hiner, president. Second row (l. to r.): Jane Rea, vice-president; Irene Rosen, recording secretary; Bobby Rosen, Sgt.-at-Arms; Patty Miller, reporter. Third row (l. to r.): Ann Janney, parliamentarian; Jimmy Miller, treasurer; Cecil Rosen, recreation leader; Monroe Janney, Adult Leader. Fourth row (l. to r.): Mrs. Russell Hiner, Adult Leader; Mrs. Cecil Rosen, Adult Leader; Sharon Larrick, corresponding secretary.—Daily Photo by Woodstock Photo Shop

Linda Reilly
 Safety — Jimmy Rosen, Wayne Foltz, Michael Dart, Bob Rosen.
 Swine — Lonnie Cullers, Donna Sue Walker, Marvin Buber, Robert Eastep.
 Tractor — Eric Sager, Harold Grandstaff, Jimmy Skyles, John Plauger.
 Citizenship — Carson Baker, Susan Dellinger, Marlene Aiche.
 Poultry — London Wetzel, Carolyn Wetzel, Larry Dysart, Lonnie Cullers.
 Dairy Food Demonstration — Peggy Swecker, Margaret Skyles, Carol Ann Walker.
 Dress Revue — Karen Fandler, Linda Shafer, Caroline Swartz, Emma Jane Swartz, Jane Weavers, Jane Janney, Carol Ann Walker, Brenda Mitchell.
 Foods-Nutrition — Phyllis Neff, Judy Swecker, Carol Miley, Carolyn Ryman.
 Health — Patty Sue Miller, Irene Rosen, Brenda Vann, Jane Rea.
 Home Economics — Karen Runion, Alicia Phillips, Judy Wetzel, Cindy Hottle.
 Home Improvement — Barbara Clark, Sue Miller, Nancy Tumpkin, Linda Ritenour.
 Laundry — Linda Mitchell, Nancy Bowstra.
 Room Improvement — Susan

Reger, Connie Crabbil.
 Soil and Water Conservation — Jane Grant, Patricia Dart.
 In four club projects: Massachusetts was first and Fort Valley second in the Secretary's Book; Meems Valley was first and New Market second in the Reporter's Book; Meems Valley was first, Wesley Chapel, second and Fort Valley third in History Book, and Massachusetts was first, Meems Valley, second, and Fort Valley third in Community Project.
 Alumni plaques went to Mrs. Jack Hockman and Waldo Zirkle for their outstanding work with the 4-H Clubs.
 The Mt. Jackson Chamber of Commerce awards of \$25 War Bonds for the best boy and girl 4-H member in Ashby District went to Sharon Barrick and Jimmy Miller of the Meems Valley 4-H Club.
 The Style Dress Revue presented by the New Market and Meems Valley Clubs presented young models in garments that they had made as parts of their projects.

J. Carl Coim, County Agent, made the awards to the champion Junior and Senior Clubs. This is an honor cherished by the winning clubs as they have their names engraved on a trophy which is held by the winning clubs for one year.
 The honor this year went to the Fort Valley Junior 4-H Club and to the Meems Valley Senior 4-H Club.
 The meeting adjourned with the saying of the 4-H Pledge. Refreshments were served after adjournment.

The highlight of the meeting was the presentation of the cup to the Champion Senior and Junior Clubs that had achieved outstanding accomplishments throughout the year based on the Score of Points. Meema Valley received the highest score in the Senior division, with Wesley Chapel edging for second place. Fort Valley placed first in the Junior division with St. Luke in second place.

6. Contests

The girls listed below received awards at the District Contest in Madison on April 15th.

| <u>Name</u> | <u>Demonstration</u> | <u>Award</u> |
|--------------------------------------|---|--------------|
| Marlene Renalds | Style Dress Revue | Blue |
| Ann Janney | Food Preparation | Blue |
| Go Ann Zirkle | Laundry | Blue |
| Sharon Larrick | Home Grounds Beautification | Red |
| Carol Ann Walker | Poultry Consumption | Red |
| Carolyn Wetzel | Canning | White |
| Achievement Records (State Contest): | | |
| Marlene Renalds | Recreation | Blue |
| Sharon Larrick | Home Grounds Beautification | Blue |
| Ann Renalds | Leadership | Blue |
| Nancy Richardson | Home Economics (Trip to Jackson Mills) | Blue |
| Nancy Grandstaff | Health (Portable Radio) | Blue |

The Junior 4-H Leaders sponsored the Girls Junior Homemaking Contest on Saturday, August 19th at the Woodstock Presbyterian Church. These girls gave demonstrations on — cookies, breads, fruit salad, canning, dairy foods, housekeeping and poultry consumption.

Marlene Renalds acted as mistress of ceremony for the girls in the Style Dress Revue. After ribbons were awarded Marlene had each girl walk across the stage showing them the details on "How to Model".

The contest was concluded after awarding ribbons to the social part, where the girls went swimming while the Junior Leaders prepared a picnic for the girls. The food such as deviled eggs, cookies and fruit salad were used for the picnic from the demonstration.

This event proved so satisfactory that the Junior 4-H Leaders decided to sponsor the contest in 1962 in the same manner with swimming party and picnic preceding the contest.

7. Share the Fun Contest

The annual Shenandoah County Share the Fun Contest was held at Central High School on Tuesday, April 18th. An estimated crowd of 350 people were entertained by six Junior acts and seven Senior acts. Newspaper clippings on following page.



SENIOR 4-H WINNERS, at the Share-the-Fun program, Central High School Tuesday night. They represent the Fort Valley entry and are (l. to r.), Margaret Skyles, Allen Boyer, Lennie Cutlers (standing), Nancy Grandstaff and Edwin Tamkin.—(Daily Photo by Woodstock Photo Shop.)



JUNIOR 4-H WINNERS at the Share-the-Fun program, Central High School Tuesday night. They represent the Meems Valley entry and are (l. to r.), John Dart, Gary Foley and Dennis Dart.—(Daily Photo by Woodstock Photo Shop.)

'Share-Fun' Winners Announced

Meems Valley won first place in the Junior entries and Fort Valley won first place in the Senior entries in the "Share-the-Fun" contest held at Central High School, Woodstock, Tuesday night. This contest is staged annually by the 4-H Clubs of Shenandoah County with the assistance of the County Agent and the Home Demonstration Agent.

The winning Junior entry consisted of two songs "Old Texas" and "Yellow Cat" presented by John and Dennis Dart and Gary Foley. The winning Senior entry was called the "Ah" Stunt, and was presented by Nancy Grandstaff, Margaret Skyles, Edwin Tamkin, Lennie Cutlers and Allen Boyer.

The largest audience in the history of this annual event was present and received each number with an enthusiastic response. Jerry Hiner of the Meems Valley 4-H club was master of ceremonies. The judges were Mr. and Mrs. James Fetter, Mt. Jackson and Mr. Philip Potter of WNO, Mt. Jackson.

The New Market and Wesley Chapel Junior entries finished second and third respectively. In the Senior competition, Meems Valley was given second place and St. Luke-Sarasville third. Other clubs participating were, Massanutten and Hudson Cross Roads.

8. National 4-H Club Week

Each of the Community 4-H Clubs observed National 4-H Club Week in Shenandoah County from a different aspect, rather than the usual window displays.

Meems Valley 4-H Club members and leaders each had a 4-H pin to wear during National 4-H Club Week, inscribed "Ask Me About 4-H Club".

Meems Valley, St. Luke-Saunsville and New Market each had coffee and cookie hour for the business people in town. Members put displays of their project work and were on hand to answer questions about 4-H club work.

Massanutten and Wesley Chapel had spot announcements of National 4-H Club Week, and each made a tape recording of the accomplishments achieved in their club work for the local radio, and wrote news articles.

The school clubs had a display at their school. Fort Valley gave a program on 4-H Club Work at the P.T.A. Meeting.

IV. SCOPE OF WORK

| | 1957 | 1958 | 1959 | 1960 | 1961 |
|---------------------------------|------|------|------|------|------|
| No. H. D. Clubs | 16 | 16 | 17 | 17 | 17 |
| Membership | 396 | 461 | 455 | 470 | 475 |
| No. H. D. Groups (unorganized) | 0 | 0 | 0 | 0 | 0 |
| Membership | 0 | 0 | 0 | 0 | 0 |
| No. 4-H Clubs | 19 | 19 | 17 | 10 | 11 |
| Membership | 245 | 238 | 228 | 136 | 137 |
| No. YMW Clubs | 3 | 3 | 4 | 4 | 4 |
| Membership | 61 | 45 | 60 | 65 | 70 |
| No. Community Clubs | 0 | 0 | 0 | 0 | 0 |
| Membership | 0 | 0 | 0 | 0 | 0 |
| No. Home Ec. Committees | 0 | 1 | 4 | 4 | 4 |
| No. General Interest Committees | 0 | 1 | 5 | 5 | 4 |
| No. Youth Committees | 0 | 1 | 16 | 16 | 10 |
| No. Other Organizations | 4 | 2 | 6 | 4 | 4 |
| No. Farm & Home Dev. Families | 4 | 4 | 5 | 4 | 8 |
| No. Other Families Reached | 820 | 1732 | 1800 | 1812 | 1885 |
| No. Different Families Reached | 350 | 400 | 425 | 450 | 460 |

Publicity of Home Demonstration Work

The club publicity chairman from each club writes a very complete news article on the monthly meeting topic and submits it to the local newspapers. The Home Agent's schedule is published weekly in the paper giving demonstration topic, time, place, date and hostesses. These schedules are announced over the local radio stations, Mt. Jackson and Harrisonburg.

Members of the Board of Supervisors and other county officials are invited to all county-wide activities and programs.

Using the radio for special events, newspaper reports and photography for county activities makes for very good publicity.

V. LEADERSHIP

A. Growth of Leadership

1. Over-all Program Leaders

| | 1959 | 1960 | 1961 |
|--|------|------|------|
| a. County Agricultural Extension Service Board | 10 | 10 | 10 |
| b. Youth Council | 5 | 5 | 7 |
| c. Home Economics Council | 5 | 5 | 5 |

2. Home Demonstration Club Leadership

| | 1957 | 1958 | 1959 | 1960 | 1961 |
|---|------|------|------|------|------|
| No. organizational leaders | 64 | 64 | 72 | 72 | 72 |
| No. project leaders (subject matter) | 165 | 178 | 204 | 204 | 187 |
| No. Federation program of work chairmen | 16 | 16 | 17 | 17 | 17 |
| No. program development leaders | 16 | 16 | 17 | 17 | 17 |
| No. result demonstrators | 20 | 18 | 14 | 12 | 12 |
| No. training meetings by specialist | 2 | 6 | 3 | 2 | 4 |
| No. training meetings by dist. agents | 0 | 0 | 0 | 0 | 0 |
| No. training meetings by agents | 3 | 3 | 4 | 3 | 4 |
| No. training meetings by others | 2 | 1 | 1 | 1 | 0 |
| Attendance at all training meetings | 145 | 243 | 246 | 249 | 259 |
| No. meetings held without an agent | 94 | 97 | 109 | 111 | 97 |
| No. meetings leaders assisted | 90 | 95 | 100 | 105 | 115 |
| Demonstrations by leaders | 94 | 97 | 109 | 111 | 97 |
| Talks and discussions by leaders | 186 | 190 | 180 | 165 | 180 |

3. 4-H Club Leadership

| | 1957 | 1958 | 1959 | 1960 | 1961 |
|---|------|------|------|------|------|
| No. club officers | 114 | 114 | 122 | 80 | 80 |
| No. adult project leaders | 37 | 35 | 51 | 43 | 41 |
| No. junior project leaders | 22 | 25 | 33 | 20 | 25 |
| No. result demonstrators | 6 | 4 | 2 | 3 | 5 |
| No. training meetings by specialists | 0 | 0 | 0 | 0 | 0 |
| No. training meetings by dist. agents | 0 | 0 | 0 | 0 | 0 |
| No. training meetings by agent | 4 | 2 | 4 | 2 | 3 |
| No. training meetings by members club dept. | 0 | 0 | 0 | 0 | 0 |
| No. training meetings by others | 0 | 0 | 0 | 3 | 2 |
| Total attendance at ldr. tr. meetings | 36 | 36 | 48 | 32 | 22 |
| No. 4-H leaders trained individually | 70 | 80 | 96 | 104 | 90 |
| No. club mtgs. held by ldr. without agent | 59 | 71 | 55 | 85 | 97 |

| | 1957 | 1958 | 1959 | 1960 | 1961 |
|---|------|------|------|------|------|
| No. additional meetings at which leaders assisted | 66 | 70 | 88 | 90 | 70 |
| No. demonstrations given by adult ldrs. | 19 | 10 | 12 | 10 | 13 |
| No. demonstrations given by junior ldrs. | 85 | 96 | 105 | 115 | 120 |

B. Activities and Accomplishments of an Individual Club (Woodstock Junior)

The Woodstock Junior Home Demonstration Club is composed of twenty alert members. The members are active in attending county wide meetings, as well as other out of county meetings and tours.

This club is composed of young homemakers with small children and each family has a limited budget to operate on, and many obstacles come before these family members for making decisions. This is where the Extension Program has assisted these girls, as at least once a month several members will counsel with the Home Agent on related problems on the following: house furnishing--window treatment, best buy in materials, as these girls make their curtains and draperies; selection and buying of furniture and rugs--however, only a few have rugs because the traffic of children flowing through the house daily.

Food has been a major item for these homemakers because of the variety of eating habits these youngsters have acquired, therefore, the Extension Agent has informed these young homemakers on consumer information, when and how to buy staple foods, importance of reading labels and checking the newspaper for good meat buys. These girls have all stated that their food budget has been reduced because of careful menu planning, shopping with a list so as to cut their number of trips to the store. This not only saved them money, but valuable time. The use of home-mixers have been a tremendous savings for five homemakers because of their families taste for hot breads and cookies.

This group was responsible for the county-wide meeting on selection and use of the automatic washer and dryer because of the heavy demand for these needed appliances. These homemakers stated that their number of clothing and linens will be cut in half with use of the automatic washer. However, only a few have purchased dryers because of heavy demand for other needed things. As one homemaker stated, when we are in the market for a dryer we will have the nucleus to know where to start and what features to look for.

Clothing construction has been a sharp note of achievement in this club. They were eager to learn the basic clothing construction problems so several workshop meetings were held on making a cotton dress. Then during the year these girls made cotton dresses for themselves and members of their family. They became so interested so another workshop meeting on making woolen dresses and skirts was conducted the following year.

The girls interest never ceased, they kept up with their clothing construction techniques. The next year they requested a tailoring school. Needless to say these girls made the best looking tailored suits and coats during the seven all-day clothing meetings. At the present the same group have made car coats for their sons, coats for their daughters and this fall made winter coats. All in all they have made twenty-two tailored garments. The girls, after working with them three years stated that it was the best used time and money they have ever spent because it not only ment saving for them, but the members of their families are well dressed.

These girls now are interested in home management in relationship to setting up a kitchen business work center for filing all their bills, important paper, etc., as a majority of these homemakers are their husbands book-keepers.

This club is not only interested in their social well being, but take an active part in all church and civic organizations. They give generously of their time toward promoting civic and community projects for the Home Demonstration Club members like to see that a task is completely finished with a high standard of workmanship.

Three of these girls light conditioned their homes after the series of meetings on home lighting. Ten girls fixed up study units for their children to improve their study habits. Nearly all the girls have purchased the correct light bulbs and shades.

In conclusion, these young homemakers really keep Extension Agents on their toes, and they are so enthusiastic about the program that they make you want to do everything in your power to make the educational meeting topics interesting and informative, as they really flood you with questions.

VI. SPECIAL CONSIDERATION

A. Significant Achievement

The long time objective for improving the working conditions of the homemaker by making recommendations for changes in the kitchen is to save time and energy by locating the work area close to major appliances. To cause less fatigues by the homemaker, the group is working on another objective, to improve the lighting condition in the kitchen, however, the surface has only been scratched, as several kitchens have been light conditioned according to specifications.

B. Developing Good Public Relations

1. Co-workers

The County Agent, Assistant County Agent and Home Agent cooperates well together on any problem or program in the county.

The Home Agent always goes to the County Agent for advise on any county problem. The agents in Shenandoah County always travel together to 4-H meetings, out of the county meetings and other Extension meetings.

2. General Public

The general public was informed of county events by circular letters, newspaper articles and radio broadcasts.

3. Elected Representatives

The Home Agent always invites the county officials by letter to the County Achievement Day Program of both the Home Demonstration and 4-H Clubs. They are also invited to any other outstanding program or event.

4. Commercial Interests

The key leaders in business are informed of the county events and fifty of these were invited to attend the 4-H Club meetings in their community. Thirty-five attended these meetings and seem well pleased with the growth and organization of the 4-H Clubs.

5. Other Professional Workers

The Home Agent cooperates with professional workers in the county and tries to keep them informed on the Extension Program.

C. Professional Improvement

1. Attended the District and State American Home Economics Meeting.
2. I have read books and magazines to help develop a better program in the county.
3. Have taken part in church activities and civic organizations, have given six talks to different organizations on "Extension Program".
4. Studies the county background as to the population, income, people, resources and other characteristics.
5. Attended professional meetings.
6. Attended Agent's Workshop meetings.

VII. THE LOOK AHEAD

The Extension Agents are working towards organizing a community 4-H club and two Home Demonstration Clubs in the northern end of the county in January. These clubs will broaden the County Extension Program because very little Extension knowledge has been given to this section of the county, other then newspaper articles and personal contacts.

4
The Home Agent needs to study the years program and county events, and shift more responsibility on people, rather than Extension Agent carrying so much of the load. In other words involve more people in county in programs and events, as it is not always necessary for the Home Agent to be present at all county committee meetings.

In order to maintain the interest of the older 4-H club members the Extension staff and adult leaders need to give these boys and girls more responsibility as junior leaders. This will create a desire of need for their abilities, and too, encourage them by giving them tasks that you know will take some thinking, and finally give a word of appreciation or thanks for their efforts.

The Home Agent, realizing a need for the Extension Service to render assistance to homemakers employed outside the home, is trying to work out something at the next executive meeting of the Home Demonstration Clubs.

The Home Demonstration Club Program in Shenandoah County will continue to put more emphasis towards the young homemakers, as over fifty percent of the members are within this group.

Again, the Shenandoah County Extension Goal will be to try to work with more unorganized groups and help to educate the public through newspaper articles and radio programs on the different phases of the services rendered by the Extension Program.

* * * *