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VIRGINIA

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK

ANNUAL NARRATIVE REPORT

ESSEX

COUNTY

1950

Agent Alice V. Ankers

Assistant Agent _____

Agent _____

Assistant Agent _____

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	1948	1949	1950
No. Home Demonstration Clubs or Groups			
Membership			
No. 4-H Clubs			
Membership			

Number of families reached 1948 ____, 1949 ____, 1950 ____

Total number families reached 1948 ____, 1949 ____, 1950, ____

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	1948	1949	1950
No. project leaders and goal chairmen			
No. training meetings held by Specialist by Agent			
Attendance at all training meetings			
No. club meetings held by leaders without agent present.			
No. club meetings at which leaders assisted			

D. Growth of H-H Club Project Leadership 1948 1949 1950 ---- 28

- No. adult project leaders
- No. training meetings held by Specialist
by Agent
- Attendance at leader training meetings
- No. H-H leaders trained individually
- No. club meetings held by leaders without
agent present
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lll. Contributions of the 1950 Program to Better Family Living.

Adult project work included the fields of: Foods and Nutrition, House Furnishings, Home Management, Rural Arts, Clothing and Yard Improvement. Project work led to better nutrition, better meal planning, more efficient food preparation, production of home products more efficiently, preservation of home products, more attractive homes, both interior and exterior, improved kitchens and plans for more of these, satisfaction and sense of accomplishment from creative work, improved grooming, posture and health.

Other adult activities included: Federation Activities, County Home Demonstration Activities, Other County Activities, Cooperation with Other Agencies.

Health was the Federation Goal. Many phases of health were stressed. Of 70 home demonstration women answering questionnaires, 53 reported cleaning and putting in order their medicine cabinets, 41 families have hospitalization plans, 39 women had physical examinations during the year, 33 used suggestions from the health meeting and health reports, and home demonstration women gave health information to 125 families.

Other Federation Activities include: Five women and the agent attended the Institute of Rural Affairs and State Meeting of the Federation of Home Demonstration Clubs, five members and the agent attended the Fifth District Meeting, all organized clubs joined the State Federation, and the County Chairman and the Federation Goal Chairman attended and were hostesses to the District meeting for these officers.

County Home Demonstration Activities include: the Annual Achievement Day, a printed yearbook, a contribution of 119 jars of canned food to Sheltering Arms Hospital, contribution of \$23.00 toward the car filled by the State

Federation for CROP, \$136.74 given to 4-H Camp Building Fund, participation in the Fair exhibit section, two Home Demonstration Committee meetings, the serving of two Ruritan dinners, and the making of United Nations Flags.

Other County Activities include: publicity in the newspaper and on the radio, home visits, office and telephone calls, distribution of bulletins, and work on the electric range study.

Other Agencies cooperated with include: Essex County Woman's Club and Jr. Woman's Club, Virginia Agricultural Experiment Station in survey on changes in Virginia Rural life during the last 50 years, farm organizations, charitable organizations and drives, and professional organizations.

4-H project work included the fields of: Clothing, Home Improvement, Foods, Poultry, Rabbit and Rural Electrification. Project work led to the adoption of many new learning processes by club members, more clothing more economically, improved grooming, more attractive homes, improved meal planning, preparation and service, food preservation, better poultry flocks, and an economic saving.

Other 4-H Activities included: State and District Events, County Events, and Club Events.

State and District Events include: 1 club girl attended the State 4-H Short Course, 3 girls and the agent attended Jamestown 4-H Club Camp, one leader and the agent attended recreation training meetings.

County Events: 4-H Achievement Day, Council meeting, yearbook, exhibiting and working at the Fair, and one radio program.

Club Events include: Center Cross Club exhibited 4-H work at P.T.A. meeting, two Christmas gift exchanges, one picnic and one party.

Although there was no organized older youth work in the county, many of the newer home demonstration club members are in the 18-30 age group.

The scope of work was about equal to the scope of work in 1949.

The County Home Demonstration Committee functioned as a planning group for county Home Demonstration Clubs and the 4-H Council for 4-H Clubs.

Volunteer leaders served in both the Home Demonstration and the 4-H Programs, and did outstanding work especially in the Home Demonstration program. Home demonstration leaders conducted 36 meetings without the presence of the agent as compared to 11 the previous year.

The program contributed to better homemaking, better rural living and improved people, both adult and youth.

IV. Adult

A. Project Work

1. Foods and Nutrition

a. Objectives

To save time for the homemaker in food preparation, make the serving of large numbers of people easier for her, teach her to prepare food with the greatest saving of nutritive value, teach her new ways of preparing food for variety in family meals, teach her the latest in preservation of food so that she may better preserve the family food supply, give her information on producing the family food supply and to help 3 Latvian families who came to the county as displaced person learn American standards of nutrition and how to cook American Food.

b. Methods Used

Demonstrations were given at home demonstration clubs in October and November of 1949 on Sunday Dinner from the Oven and Refrigerator and Buffet Meals (more of these results show in 1950 than in the 1949 program) and demonstrations were given at home demonstration clubs in March and April 1950 on the Use of Herbs and New Ways of Using Pressure Cooker and Saucepan. Leaders were trained by the foods specialists for these demonstrations. A special demonstration was given by the foods specialist on Freezing Foods, 34 people were present. Garden and poultry reports were given at club meetings by leaders in these subjects who were trained by these specialists. The agent held a series of five meetings

with three Latvian families who came to the county as displaced persons on standards of nutrition and how to cook American food.

c. Results Obtained

Of the 70 members answering questionnaires, 39 reported using suggestions from the demonstration on Sunday Dinner from the Oven and Refrigerator. They reported giving information from this demonstration to 25 people. 34 reported using suggestions from the demonstration on Buffet meals and they gave this information to 34 families. 19 used suggestions from the demonstration on Use of Herbs and gave this information to 25 families.

44 reported have pressure saucepans -- 5 of them new this year. 33 reported using suggestions from the demonstration on new ways of using pressure cooker or saucepan, and they gave this information to 40 families.

14 reported using suggestions from the special demonstration on freezing foods and they gave information on freezing to 39 families. 25 of the 70 families rent frozen food lockers, 7 have home freezers--2 of them new this year. The 70 families reported 5083 pounds of meat frozen since November 1, 1949, 1826 pints vegetables and 493 pints fruit frozen.

36 families reported having pressure cookers. The 70 families reported giving information about canning to 44 families, and they reported canning 723 quarts meat, 4872 quarts vegetables, and 2944 quarts fruit.

48 families had gardens and gave garden information to 53 families; 37 families had poultry flocks and gave poultry information to 18 families.

The Latvian families adopted many of the practices shown.

2. House Furnishings

a. Objectives

To make homes more attractive.

b. Methods used

Demonstrations were given to special interest groups on: Caneing, flagging and refinishing. Demonstrations were given at October and November Home Demonstration Club meetings on Christmas Decorations and Window Treatment. Leaders were trained by the House Furnishings specialist for the demonstrations on Christmas Decorations and Window Treatment.

c. Results obtained

13 chairs were caned, 14 chairs and stools flagged, and 40 pieces of furniture refinised. Of the 70 women answering questionnaires, 45 plan to use suggestions from the demonstration on Christmas decorations and they gave information on this demonstration to 48 families. 23 reported using suggestions from the Window Treatment demonstration. 44 window treatments were improved. They gave information on window treatment to 12 families.

3. Home Management

a. Objectives

To make kitchens more convenient and attractive, and to have home accounts for one homemaker in the county.

b. Methods Used

Demonstrations were given at July, August and September Home Demonstration meetings on Kitchen Backgrounds, Arrangement and Storage. Leaders were trained for these by the specialist. One homemaker in the county is keeping home accounts and she and the agent attended a training meeting on this.

c. Results obtained

Of the 70 women answering questionnaires, 29 reported using suggestions from the series of demonstrations on kitchens. 25 plan to make major kitchen improvements. Home demonstration members reported passing this information on to 9 other families.

4. Rural Arts

a. Objectives

For home demonstration members to create beautiful and useful articles with their hands, for the satisfaction and sense of accomplishment it will give them.

b. Methods Used

Demonstrations were given at most clubs on making Aluminum Trays, and at two clubs on Basketry, in May and June. Agents in nearby counties trained the agent in both subjects.

c. Results obtained

77 Aluminum Trays were made and home demonstration members plan to make 74 others. They taught 23 other families to make aluminum trays. Two clubs had extra meetings on this and others are planned. 12 baskets were made and home demonstration members plan to make 12 others. They taught 12 other families to make baskets.

5. Clothing

a. Objectives

To improve the grooming, posture, and health of home demonstration club members and their families.

b. Methods used

Demonstrations were given at the January and February home demonstration club meetings on Good Grooming, Posture and Health.

- A. Set a standard. Develop a system for grooming.
- B. Importance of good posture -- walking, sleeping, sitting.
- C. First aid cabinets for ailing wardrobes.
- D. Shoes, hose, selection, fit and care.

The Clothing specialist trained the leaders for the January demonstration.

c. Results obtained

Of the 70 home demonstration women answering questionnaires, 19 reported using suggestions from the series of demonstrations on Good Grooming, Posture and Health. Home demonstration women gave this information to 76 families.

6. Yard Improvement

a. Objectives

To make home grounds more attractive

b. Methods used

In November 1949, Mr. Albert S. Beecher, Ornamental Horticulture Specialist, visited 8 homes interested in becoming yard improvement demonstrators and made suggestions.

c. Results obtained

Members visited have started work on improving their yards. 18 others want help.

B. Other Activities

1. Federation Activities

a. Federation Goal

Health was selected as the Federation goal. Specific goals were: 1. In cooperation with other organizations to encourage the Board of Supervisors to make an appropriation for a county health unit. 2. Every club member have a physical examination. 3. Every club family have a hospitalization plan. 4. Every member clean her medicine cabinet and refurbish it. In addition to stressing these, plans were made to stress timely health information. December meetings were devoted to the Federation Goal — Health. At most meetings this included a study of the Federation Goal outline, a summary of the work of the State Department of Health, with special emphasis on local health services, a summary of accomplishments and needs as seen by the Virginia Council on Health and Medical

Care, emphasis on nutrition, medicine cabinets, preventative dental treatment, and prepayment plans for hospitalization and medical care. The county health chairman, who was also health chairman for the Tappahannock Club, arranged to have the county health officer talk on preventative and curative medicine and a local dentist explain the sodium fluoride treatment for children's teeth and its importance, to the Tappahannock Club.

There was a county health chairman and each club elected a club health chairman, who made reports at monthly club meetings. They were usually sent suggestions for these by the county health chairman. In addition each one received the Health Bulletin from the Virginia State Department of Health, and were urged to stress other things they considered important. Monthly reports at club meetings included stress on well-ventilated sleeping rooms, good eating and sleeping habits, frequent physical examinations, the "miracle" drugs, pros and cons of socialized medicine, symptoms and precautions against polio, contents and rules regarding medicine cabinet, all the current publications of the Virginia Council on Health and Medical Care, and what to do in case of A or H bomb attack (given by a Reserve Army Officer using Army information.)

Home Demonstration club members sent letters and telegrams to Virginia legislators requesting appropriations for improvement of Virginia's mental institutions and tuberculosis sanatoria. They also wrote senators and representatives requesting that they vote against socialized medicine.

At the District Five Meeting of the Federation of Home Demonstration Clubs, each county chairman was asked to stress one outstanding part of the county home demonstration program. The Essex County chairman selected the Federation Goal -- Health. The county health chairman attended and reported at the meeting of county chairmen and Federation goal chairman. The agent gave the Essex County Woman's Club a report on the Home Demonstration Federation Goal -- Health.

Early in the year the County Board of Supervisors made the appropriation for a county health unit; however, the unit is still not functioning since all the counties in the proposed grouping have not made appropriations, and the personnel is not available. Home demonstration clubs will continue to stress this.

Of 70 home demonstration women answering questionnaires, 53 reported cleaning and putting in order their medicine cabinets, 44 families have hospitalization plans, 39 women had physical examinations during the year, 33 used

suggestions from the health meeting and health reports, and these home demonstration women gave health information to 125 families.

b. Other Federation Activities

Plans were made to participate in the various Federation activities.

Five home demonstration members and the agent attended the Institute of Rural Affairs and State meeting of the Federation of Home Demonstration Clubs.

Five home demonstration members and the agent attended the meeting of the Fifth District of the Virginia Federation of Home Demonstration Clubs.

All organized clubs paid dues to the State Federation. The County Chairman and Federation Goal Chairman attended and were hostesses to the District meeting for these officers.

2. County Home Demonstration Activities

Plans were made to further home demonstration work on local and county levels and initiate and cooperate in worthwhile activities.

The Annual Home Demonstration Achievement Day Dinner was held the evening of November 30, with 150 in attendance. Main speaker of the evening was Senator Charles R. Fenwick of Arlington, Chairman of the Health and Welfare Commission of the Virginia State Legislature, who spoke on the county Federation goal for 1950 and 1951, Health.

Special music was also given. Exhibits were on display, showing some of the work of the past year and the agent gave a brief report of the years work. The meal was furnished by the home demonstration members and served by 4-H girls and other young people. Special guests included county officials and other special guests.

A printed yearbook was published and distributed to club members.

As has been customary each fall, home demonstration members contributed canned food to Sheltering Arms Hospital. 119 jars were given.

Essex County Home Demonstration Clubs gave \$23.00 toward the car filled by the State Federation for CROP (Christian Rural Overseas Program).

The clubs sponsored an Amateur Show for the benefit of the Jamestown 4-H Club Camp Building Fund. Profits were \$136.74. Home Demonstration women were in charge of exhibits at the Tappahannock Fair. Mrs. Charles N. DeShazo was employed as superintendent of all exhibits and Mrs. B. F. Shearwood as her assistant. Mrs. W. A. Dryden, county home demonstration chairman, served as chairman of the Home Department. Home demonstration women served as chairmen and workers in the different sections. In nearly every class, home department exhibits doubled those of last year.

The 70 women answering questionnaires made 73 exhibits at the Fair and won 36 prizes.

Two meetings were held of the Home Demonstration Committee. Prior to the fall planning meeting, the usual pre-planning discussions were held in the clubs, led by the Program Development Chairman. Numerous committee meetings were held to carry on the business of the County Home Demonstration Committee.

As a means of making money for the County Home Demonstration Committee, and as a community service, the home demonstration women served two Ruritan dinners, clearing \$80.05. Millers-Minor Club gave an old-fashioned ice cream festival as a means of making money for club activities and Tappahannock club sold flavoring extract. Tappahannock Club made and presented a United Nations Flag to Tappahannock High School. The club members are now getting a staff for the flag. Flags are in progress in other clubs for the two elementary schools of the County.

3. Other County Activities

As a means of reaching more people with the home demonstration program and publicizing its accomplishments and to teach subject matter, various means of publicity were used in the county. The home demonstration chairman and the agent published 45 news articles regarding home demonstration work and subject matter information. Of the 70 women answering questionnaires, 45 read the news articles.

The agent gave 7 radio talks telling of home demonstration and 4-H activities in the county. Four home demonstration members assisted in these talks. 50 of the 70 women heard the radio talks by the agent, and 38 heard them by other agricultural workers.

Home visits were used as a means of reaching others with the home demonstration program, to create interest among others and to carry on work with club members.

The agent made 406 home visits to 152 homes.

To carry on home demonstration work, 275 office calls were made and 425 telephone calls were transacted.

In giving information, 450 bulletins were distributed.

The agent completed 5 interview studies in the Electric Range Survey and located a home for the meter study.

This study is being conducted jointly by the Virginia Agricultural Experiment Station and Virginia Agricultural Extension Service and the power suppliers.

4. Cooperation with Other Agencies

The agent spoke twice briefly at regular meetings of the Essex County Woman's Club on the Federation Goal -- Health and on the survey to determine the changes in Rural Virginia in the past 50 years.

The agent conducted a discussion group sponsored by the American Home Department of the Woman's Club on Physical Conditions Conducive to Developing Desirable Characteristics in Children.

The agent helped with the Food Booth at the Woman's Club

Bazaar.

The Chairman of the Home Demonstration Committee spoke at the February meeting of the Jr. Woman's Club on Decorating Living Rooms.

Home Demonstration members helped in the survey conducted by Dr. W.E. Garnett, of the Virginia Agricultural Experiment Station on Changes in Virginia Rural Life in the Past 50 Years, by filling out questionnaires.

Home demonstration clubs cooperated with various other agencies. These include: farm Bureau and Southern States, and the various charitable organizations and drives, including Red Cross, Tuberculosis Association and Cancer Foundation.

Work with charitable drives include: making contributions, soliciting, giving publicity.

The agent judged at the Tidewater Fair.

The agent attended part of the State meeting of the Virginia Home Economics Association.

V. 4-H Club

A. Project Work

1. Clothing

a. Objectives

For 4-H club members to learn the techniques of sewing while making useful articles, to learn to make their own clothes, to learn to judge their clothing needs, and to be well-groomed.

b. Methods Used

22 girls at 2 clubs selected the So You'd Like to Sew project. Demonstrations were given at club meetings and members started work on articles and received instructions for completing them at home.

50 members in 4 clubs selected the Looking Your Best project. Demonstrations were given at club meetings and members given assignments in improving their grooming.

31 girls in 4 summer project groups and doing individual summer work selected the Clothing Make or Remake project.

In the project groups, demonstrations were given by the leader and members started work on garments and received assignments and instructions for completing them at home.

The 14 girls who lived too far from others to attend project groups had individual helpers, who gave them project instruction.

There was one leader for the So You'd Like to Sew project, trained by the agent, 4 project group leaders and 14 individual helpers for the clothing - Make or Remake

project, trained by the agent, two leaders for the Looking Your Best project, one trained by the specialist and one by the agent. The agent has received training on all three projects from the specialist, though not all in the last year.

c. Results Obtained

11 girls completed the So You'd Like to Sew project. Those who did not complete did some work, although not enough to complete the project. Six different topics were studied in the various clubs and 16 members made exhibits.

13 members equipped sewing boxes, 15 members made head scarves, 11 members made baby bibs, 7 members made 8 aprons, 8 members made 9 skirts, 14 members made 15 handkerchiefs and 5 members made blouses.

The members listed 36 practices learned after study of the topics included in the program.

18 girls completed the Clothing - Make or Remake project. 16 girls made for themselves 29 new garments at a total cost of \$9.47, average cost 32.6¢, one made for others 3 new garments, 3 remodeled for themselves 4 garments at a total cost of 80¢, average cost 20¢; two remodeled for others 5 garments, two dyed for themselves two garments, 19 completed sewing kits, and 18 own patterns.

Four members completed the Looking Your Best project. Those who did not complete did some work, although not enough to complete the project. 15 different topics were studied in the various clubs.

The following numbers of members improved care of the following objects:

20-feet, 39-skin, 41-teeth, 40 hands, 38-posture, 40-hair, 37-voice. Five provided shoe shine kits, 29 stored clothing seasonally, 11 dry cleaned un-washables, 27 pressed woolens, 22 made quick repairs, 26 replaced hems, 22 practiced care of hosiery, 35 hung up clothes when removed, 16 members laundered 91 sweaters, and 41 improved rating sheets.

2. Home Improvement

a. Objectives

For 4-H girls to learn some of the principles of home decoration and to improve their rooms at home.

b. Methods used

24 girls in one club selected the Home Improvement project, as outlined in the manual for the first full year's work, concentrating on the dressing unit. Demonstrations were given at club meetings and members were to put those which applied to their homes into practice.

Early in the year, the agent visited each home and planned with the girl and her mother the work the girl was to do on her own room.

There was one leader for the in-school project trained by the agent. The agent was given training by the specialist in an agents workshop. 13 girls and mothers attended the Home Improvement Workshop given by the specialist in Richmond on a Saturday in March. During the summer, the same leader met those who lived near enough to her and gave them additional project help. Others carried out work at home and were given project help by their mothers, who were trained by the agent.

c. Results obtained

19 girls completed the Home Improvement project. 8 of them gave demonstrations. 23 members cared for their rooms for 3 or more months, 22 made color plans for their rooms, 20 improved room arrangement, 11 improved walls and woodwork, one improved the floor, 10 improved window treatment, 7 made or bought rugs, 4 made or renovated closets, 5 members made, remodeled or refinished 10 pieces of furniture, 10 made, renovated, or refinished 20 accessories, 7 made 12 pieces of bed linens, 2 made or bought 4 pieces of furniture, 9 made or bought 26 furniture accessories. The girls improved 29 different rooms.

3. Foods

a. Objectives

To teach 4-H members to make bread, plan, prepare and serve meals and can food, by actually doing these things.

b. Methods used

19 girls selected the bread project as a summer project, 5 selected the meal planning, preparation and service project, and one selected the food preservation project. One neighborhood group of nine girls worked on the bread project under the local leader trained by the agent. Other girls worked with individual helpers trained by the agent.

One leader, one girl and the agent, attended a training meeting by the specialist on 4-H foods projects and contests.

c. Results obtained

Three girls completed the bread project, others did some work but not enough to complete. Members made biscuits 165 times, corn bread 123 times, muffins 21 times, griddle cakes, 38 times, waffles twice, yeast rolls once.

Two girls completed the meal planning, preparation and service project; others did some work but not enough to complete.

Members planned the family dinner 102 times, planned and served packed lunches 115 times, set the table 433 times, make cake 11 times, made cookies 57 times,

made milk dishes 12 times, made salad 14 times, cooked vegetables 27 times and prepared and served breakfast 13 times.

One girl canned 4 jars of food alone and helped can 40 jars. She helped plan the amount of tomatoes needed by the family.

4. Poultry

a. Objectives

For 4-H club boys to learn to raise poultry and raise it at home.

b. Methods used

A group of 12 boys at one club selected the poultry project. Project instruction was given by a local leader, who attended the meeting conducted by the specialist for poultry leaders of home demonstration clubs and is a good poultry raiser herself.

c. Results obtained

9 boys completed the poultry project with 212 birds and a profit of \$116.49.

5. Rabbit

a. Objective

To help a club member with the techniques of raising rabbits.

b. Methods used

One 4-H boy wanted to raise rabbits. His parents agreed to serve as leaders, but needed information on the subject which was supplied by the agent.

c. Results obtained

The boy completed his project with 38 rabbits and a profit of \$21.00.

6. Rural Electrification

a. Objective

To teach a group of very young boys a few very simple things about electricity.

b. Methods used

One group of 2/ boys selected the Rural Electrification One Project, which was conducted by Capt. Henri deB. Clairborne, a retired Navy Captain, who's special field has been in electricity. Capt. Clairborne was furnished 4-H material by the agent, which he had to adjust considerably due to the age of the group.

c. Results obtained

Two boys completed the project, the others did some work; however, due to the age of the group, Capt. Clairborne did not stress all the parts of the project, just tried to give them all what he thought they could take in.

B. Other Activities

1. State and District Events

Plans were made to have representatives at State 4-H Short Course and to have each club represented at Jamestown 4-H Club Camp; also to enter into any other state and district events.

One 4-H girl attended State 4-H Short Course and three girls, representing two clubs attended Jamestown 4-H Club Camp. One leader and the agent attended the Recreation Training Meeting in Richmond conducted by Mrs. Ann Livingston of the National Recreation Association. The agent also attended a recreation training meeting conducted by Miss Jane Farwell, recreation specialist.

2. County Events

Plans were made to have an Achievement Day, two council meetings, a yearbook, and help in the local Fair.

40 4-H members, leaders and parents attended the 4-H Achievement Day in the Court House, Saturday May 27. Main feature of the program was a review of projects just completed by the members enrolled in the projects. Genie Cooke, president of the Lloyds Club, was presented the electric chicken brooder, given by the R.E.A. for the most outstanding 4-H member at Lloyds Club.

The 4-H Council met in December. Officers were elected, a county plan of work made, and training given officers in their duties.

Clubs had a 4-H Yearbook.

4-H members exhibited and help work in the exhibit section of the Fair.

One girl and the agent made a radio talk.

3. Club Events

Center Cross 4-H Club exhibited their work at the May meeting of the P.T.A. Tappahannock Jr. and Sr. Club had a Christmas gift exchange. Tappahannock Jr. had a picnic and Tappahannock Sr. a party at the close of school.

4. Miscellaneous

The agent judged in 4-H sections at Fredericksburg and Tidewater Fairs.

VI. Older Youth

Although there is no organized older youth work in the county, many of the newer home demonstration club members are in the 18-30 age group.

VII. Scope of Work

	1948	1949	1950
Number Home Demonstration Clubs or Groups	8	8	9
Membership	215	215	215
No. 4-H Clubs	6	7	5
Membership	92	94	126

Number of other families reached, 1948, 600, 1949, 600, 1950, 600

Total number families reached 1948, 900, 1949, 900, 1950, 900.

IX. How the following organizations functioned in the 1950 program

2. County Home Demonstration Committee

At the planning meeting in the fall of 1949, the county home demonstration committee set up a program calendar, using as a guide the requests from the various clubs as brought out in their pre-planning discussions. At the meeting the committee also selected the Federation Goal and planned the county objectives.

In its spring meeting, the county home demonstration committee checked on progress and made further plans.

The fall 1950 meeting was used as an opportunity to check on the year's work and as a planning meeting for 1951, similar to the one described above for 1950.

Between meetings of the county committee, business was carried on by the executive committee.

3. County 4-H Council

The 4-H Council met in December and organized for the year.

A county plan of work was made and officers received training for their duties in the club, in parliamentary procedure.

X. Activities of Volunteer Leaders

A. Home Demonstration

Organizational leaders conducted club meetings. Program Development leaders talked informally with community people, both members and non-members to help determine community needs

and interests and conducted pre-planning and post planning discussions in the clubs. They also checked on follow up work from the previous month's demonstration at club meetings. Health (Federation Goal), poultry and garden chairmen gave 50 reports at club meetings. Project leaders gave 36 demonstrations. Leaders conducted 36 meetings without the presence of the agent.

B. 4-H

1. Club Officers

The clubs had the usual officers who conducted their meetings.

2. Adult Leaders

Center Cross Club had a teacher who served as sponsor and organization leader. That club had a man as Rural Electrification project leader and two women for the So You'd Like to Sew Project (one woman succeeded the other as the first had to resign in mid-year due to illness in the family).

Tappahannock Jr. Club had a leader who served as organization leader and project leader for the Home Improvement Project, and Tappahannock Sr. Club had a leader who served as organization leader and project leader for the Looking Your Best project.

Lloyds Club had 3 women who served as organization leaders and leaders for the Looking Your Best and Poultry projects (one woman succeeded the other as poultry leader as the first resigned since she had accepted a regular job.)

The leaders gave organizational aid and project instruction in these projects.

Under the summer set-up, there were 46 adults who served as project helpers, 6 of these gave project instruction to small groups of girls who lived near them. The others served as individual project helpers to isolated members. Leaders gave 30 method demonstrations to 4-H groups.

Growth of Home Demonstration Club Project Leadership 1948 1949 1950

No. project leaders and goal chairmen	23	23	37
No. training meetings held by specialist	4	6	7
by agent	6	1	4
Attendance at all training meetings	55	64	84
No. club meetings held by leaders without agent present	16	11	36
No. club meetings at which leaders assisted	25	10	62

Growth of 4-H Club Project Leadership 1948 1949 1950

No. adult project leaders	5	4	14
No. training meetings held by specialist	2	1	2
by agent	7	6	2
Attendance at leader training meetings	23	20	53
No. 4-H leaders trained individually	5	4	32
No. club meetings held by leaders without agent present	4	2	11
No. club meetings at which leader assisted	45	17	36
No. demonstrations given by leaders	40	15	35
by adult	40	15	35

XI. Work In Cooperation With Other Agencies

This is covered under Section IV B 2, 3, and 4, since these were adult activities.

XII. Significance of the Year's Work

The program contributed to better home making, better rural living and improved people, both adult and youth, in a number of ways. The foods work contributed through improved nutrition, more efficient meal planning and preparation and greater variety in diets; the garden and poultry work through production of the home food supply, the house furnishings work through more attractive homes, the home management work through improved kitchens and plans for more improvement; the rural arts work through the satisfaction and sense of accomplishment from creative work; the clothing work through improved grooming, posture and health, and having better clothing less expensively, and the yard improvement work by improved home surroundings.

Participation in Federation Activities, county-wide activities, community activities, and club activities, and the work of volunteer leaders made for better rural living and improved people by giving a broader viewpoint, greater ability to cooperate and increased ability and self confidence in the individuals who participated.

Although people have progressed far in the subject matter fields, there is still much to be done. This year's outstanding improvement was in the field of leadership development, and that still leaves much room for improvement in the coming year's program.