

1961 Plan of Work

Clarice A. Spencer
Home Demonstration Agent

Asst. Home Demonstration Agent

Louisa
County

I. County Situation considered in working out 1961 program.

Louisa County has a land area of 517 square miles. The population (taken from 1958 county census) is 13,584. Louisa was formed 1742 from Hanover, and named for the Queen of Denmark, daughter of King George II. Patrick Henry lived in this county for some years.

About 72% of the total area is forested. There are many saw-mills and planing mills, and farmers profit from sales of woodlots.

The fertile clay loam soil yields good tobacco, grain and hay crops. Much of the hay and corn is used on the farms because live-stock, poultry, and dairy cattle now produce the greatest portion of Louisa's cash farm income. Well over half of the farms in Louisa County are operated on part-time residential basis. Many members of farm families are employed in manufacturing plants and other businesses in Charlottesville, Orange, Maryland, and Washington. There are comparatively few manufacturing concerns in Louisa other than lumber plants. An overall factory at Louisa and a shirt factory at Mineral provide employment especially for women.

The Louisa Memorial Center was completed in 1952. It provides

twenty-three hospital beds, district public health offices, clinics, offices for local physicians and dentist, and houses the Selective Service Board.

The total number of dwelling places total 3,782 of which 34% of this number is Negro.

Louisa County has no large urban centers with publicly supported recreation programs, but there are many community activities under the auspices of the schools, churches, 4-H Clubs, and other social organizations.

Swimming, boating, hunting, and fishing can be enjoyed at many places in the county. Many Louisa residents are within easy driving distance of Charlottesville and can take advantage of the sports and entertainment there.

There are 1010 farms on Louisa of which 254 are Negro. The size of the majority of farms is 37 acres.

The North and South Anna Rivers bisect the county from the northwest and southwest.

II. County Program--Adult

A. Organization

The County Agricultural Extension Board holds meetings to discuss problems related to County Improvement Work and to select delegates to the State Advisory Board Meeting. The Advisory Board is the coordinator of the County Extension Program and activities.

1. The Board works with the home development families and with the community-live-at-home work.
2. The General Interest Committee will work to increase the membership and to carry out the calendar of work.
3. The County Home Demonstration Club Committee, composed of the president, secretary, and program development leaders from each club will function all during the year. This committee plans the home demonstration club program, and makes frequent checks to see that the plan is being carried out. The committee will also plan the Home Demonstration Week celebration.

House Furnishings

<u>Problem</u>	<u>Topics to be Included</u>	<u>Number of clubs, groups, or committees inc.</u>
1. How to care for furniture to enhance its beauty and prolong its life.	1. Care of furniture 2. Refinishing furniture	1. 7 clubs 2. Special Interest group (one)
2. How to select and arrange furniture for convenient and comfortable living.	3. Selection of furniture 4. Arrangement of furniture	3. 7 clubs 4. 7 clubs

<u>Goals</u>	<u>What people are to learn</u>	<u>Plans for carrying out program and measuring results</u>	<u>Notes</u>
1. To help members to appreciate well-constructed and well cared for furniture.	1. The proper methods used to clean furniture. 2. Materials necessary and methods used in refinishing furniture. 3. To arrange furniture according to individual needs. 4. Hidden values in furniture selection.	1. Group discussions 2. Visual Aids 3. Home Visits 4. Individuals contacts 5. Lectures 6. Telephone calls 7. Demonstrations 8. Club Meetings	
		<u>Evaluation</u>	
		1. Tour of homes in each communities 2. Refinishing furniture clinic	

Clothing

<u>Problem</u>	<u>Topics to be Included</u>	<u>Number of clubs, groups</u>
1. How to improve our appearance on a limited income.	1. Selection of fabric 2. Measurements and pattern alternation 3. Seams and finishes 4. Barts and tucks 5. Setting sleeves, cuffs and collars 6. Decorative details and button-holes 7. Correct pressing technique	1. 7 clubs 2. 7 clubs 3. 7 clubs 4. 7 clubs 5. 7 clubs 6. 7 clubs 7. 7 clubs

<u>Goals</u>	<u>What people are to learn</u>	<u>Evaluation</u> <u>Plans for carrying out program</u>	<u>Changes in results</u>
1. To teach members to appreciate well constructed garments.	1. Pattern and alternation 2. Pressing equipment and how to use it	1. Leader training meetings 2. Visual Aids 3. Discussions	
2. To help members master advance sewing techniques	3. Construction details in making better dresses 4. Types of materials 5. Decorative stitches	4. Demonstrations 5. Printed material 6. Telephone calls 7. Individual contact	
		<u>Evaluation</u> Have members to make sample button-holes Dress Revue Round table discussion on my recently constructed garment	

Stain Removal

<u>Problem</u>	<u>Topics to be Included</u>	<u>Number of clubs or groups</u>
1. How to remove stains from cotton and linen.	1. The content of fabrics 2. Materials used in stain removal 3. Classification of stains 4. Methods of stain removal	1. 7 clubs 2. 7 clubs 3. 7 clubs

<u>Goals</u>	<u>What people are to learn</u>	<u>Plans for carrying out program and methods of Evaluation</u>	<u>Notes</u>
1. To learn to treat and remove stains from cotton and linen.	1. Supplies used in stain removal 2. Methods of stain removal from cotton and linen	1. Discussions 2. Club Meetings 3. Telephone calls 4. Visual Aids	
		<u>Evaluation</u>	
		1. Having each lady to remove a stain 2. A check sheet on stain removal	

II. C. Other Activities

- a. Clubs will participate in State Fair.
 - b. The clubs will select delegates to attend the District Home Demonstration Meeting.
 - c. The clubs will cooperate with all Agricultural Agencies in the county to help strengthen the Extension Program.
 - d. Leaders will assist with the program; try to increase the membership, and encourage more people to attend Home Demonstration Activities.
 - e. All clubs will support the county and state advisory boards by sending delegates and dues to the meeting.
2. The Home Demonstration Club Committee will plan the Achievement Day Program.
 3. An educational tour to Monticello will be planned by the County Advisory Board.
- D. The urban problems in Louisa County are similar to the problems of rural problems. There are five urban families.
- E. Farm and Home Development

There are two families in Farm and Home Development work this year; plans are being made for two more families to be added. These families are selected from the ones in the general group who seem to have a multiplicity of problems. Progress stories from the families already engaged in the work will be related to others to help increase the number participating in the work.

Work will be carried on with the families through the use of leaders in the home improvement work. Surveys will be made; check sheets will be given out. Success stories will be written on the work.

III County Extension Program--Youth

Forming a youth group is a very difficult task in Louisa County. No club can be held in the high school, therefore, we have found no successful way of getting the older youth to attend meetings. An after school meeting presents a transportation problem.

The 4-H Councils are composed of representatives from each of the 4-H clubs. These members hold a planning meeting each year to plan the 4-H Program. The Council checks with the leaders to note the progress of the clubs after each phase of the work has been completed.

As Others See You

<u>Problem</u>	<u>Topics to be Included</u>	<u>Number of clubs</u>
1. How to be well mannered at all times.	1. Put your manners on the table. 2. Making new friends. 3. Guest in the house. 4. Manners on the CCo. 5. Dress for the occasion.	1. 1 club 2. 1 h-H club 3. 1 h-H club 4. 1 h-H club

<u>Goals</u>	<u>What members are to learn</u>	<u>Methods & Evaluation</u>	<u>Change in results</u>
1. To understand proper dress for different occasion. 2. To learn to use good etiquette in any situation.	1. To make introductions. 2. Rules of table manners. 3. Proper dress for school, church, and recreation. 4. Travel, etiquette school bus, cars.	1. Demonstrations 2. Movies 3. Visual Aids 4. Lectures	Teams to check and observe daily habits Having a social to observe the behavior of the group

Clothing

So You'd Like to Sew

<u>Problem</u>	<u>Topics to be Included</u>	<u>Number of groups</u>
1. How to operate the sewing machine.	1. Sewing equipment	1. 5 clubs
2. How to cut and baste.	2. The stuffed toy	2. 5 clubs
3. How to make decorative stitches.	3. Accurate measurement	3. 5 clubs
	4. Decorative stitches	4. 5 clubs

<u>Goals</u>	<u>What members are to learn</u>	<u>Plans for carrying out program and measuring results</u>
1. To help members acquire skill in the use of the machine.	1. To equip a sewing box.	1. Demonstrations
	2. To make a stuffed toy.	2. Telephone calls
	3. A decorative stitch.	3. Discussions
2. To acquaint members with the basic sewing equipment.	4. To measure accurately.	4. Visual Aids
	5. To use the sewing machine.	5. Home Visits
3. To learn to make decorative stitches.		1. Exhibit

4-H Club

4-H Electric Project - Unit I

<u>Problem</u>	<u>Topics to be Included</u>	<u>Number of clubs</u>
1. How can we use and care for electrical equipment?	1. The place of electricity in the home and on the farm. 2. First aid for electrical appliances. 3. Care of home electrical equipment.	1. 5 clubs 2. 5 clubs 3. 5 clubs

<u>Goals</u>	<u>What members are to learn</u>	<u>Plans for carrying out Program</u>	<u>Evaluation</u>
1. To learn to give electrical equipment the proper care. 2. To acquire skill in repairing electrical equipment. 3. To encourage the use of electricity in the home.	1. How to repair electric cords. 2. How to clean and iron and refrigerator 3. The electrical equipment used in homes and on farms.	1. Demonstrations 2. Lectures 3. Visual Aids 4. Home Visits 5. Discussions 6. Telephone calls	1. Having 4-H members to fill in a questionnaire on Electrical Appliances.

Looking Your Best

<u>Problem</u>	<u>Topics to be Included</u>	<u>Number of Groups</u>
1. How many boys and girls care for them selves and their clothing	1. Care of your hair 2. Care of your hands 3. Learn to make quick repairs 4. Wash your sweaters 5. Care for your skin	1. 1 club 2. 1 club 3. 1 club 4. 1 club 5. 1 club

<u>Goals</u>	<u>What members are to learn</u>	<u>Plans for carrying out project and evaluation</u>
1. To teach boys and girls to care for themselves and their clothing. 2. To develop good posture when walking standing or sitting. 3. To help boys and girls control their voice.	1. The proper care of their hands 2. To wash sweaters to keep them attractive and durable. 3. To make quick repairs. 4. To care for their hair and skin.	1. Discussion 2. Visual Aids 3. Demonstrations 4. Home Visits 5. Telephone calls
		<u>Evaluation</u> Making a scrapbook.

C. Other Activities

4-H Clubs participate in the Rural Life Sunday Program.

Plans will be made for a special observance at one of the churches in the county.

This year plans will be made for a 4-H Achievement Day. The 4-H Club and Home Demonstration Club Achievement Day programs have been combined before.

IV. Scope of Work

A.

	No. in 1960	Goal for 1961
No. H. D. Clubs	7	10
Membership	100	130
No. H. D. Groups* (unorganized)	1	2
Membership	14	24
No. 4-H Clubs	7	7
Membership	348	400
No. 4-H Clubs	0	1
Membership	0	0
No. Community Clubs	1	1
Membership	13	30
No. Home Ec. Committees	1	1
Membership	12	20
No. General Interest Committees	18	20
Membership	50	55
No. Youth Committees	0	0
Membership	0	0
No. Other Organizations	0	0
No. Farm & Home Dev. Families	2	4
No. Other Families reached	155	180
No. Different Families reached	376	385

I believe that Home Demonstration work needs the greatest emphasis during the year. The varied age groups calls for special adjustment in the Extension Program to provide the members with the proper assistance. I plan to reach this goal by training more leaders so that they will be able to plan for the

use of time, money and energy. If this can be done successfully,

I believe that the Extension Program can be strengthened.

B. Plan for informing the public about the Extension Program

Special interest activities, mass media, news articles, and group activities will be used to inform the public about the Extension Home Economics Program. Key people will be contacted for the purpose of arranging meetings to organize clubs in unorganized communities. Each club lady has been elected as a committee of one to encourage a lady not belonging to a club to join.

V. Leadership

A. Plan for Leadership

1. County program Leaders.	<u>No. in 1960</u>	<u>Goal for 1961</u>
a. County Extension Service Board	10	15
b. Youth Council	28	28
c. Home Economics Council	0	6
2. Home Demonstration Leadership	<u>No. in 1960</u>	<u>Goal for 1961</u>
No. organizational leaders	36	50
No. project leaders (subject)	36	42
No. Federation Program of work chrm.)	7	10
No. program dev. leaders	21	25
No. result demonstrators	8	10
No. tr. meetings by specialists	2	8
No. training meetings by Dist. Agts.	0	5
No. training meetings by agents	2	6
No. training meetings by others	0	5
Attendance at all training meetings	28	50
No. meetings held without agent	2	10
No. meetings leaders assisted	18	25
Demonstrations by leaders	3	9
Talks and discussions by leaders	18	25

3. 4-H Club Leadership No. in 1960 Goal for 1961

No. Club Officers	42	42
No. adult project leaders	12	12
No. junior project leaders	14	14
No. result demonstrators	14	18
No. training meetings by specialists	0	4
No. training meetings by dis. agents	0	4
No. training meetings by agents	0	5
No. training meetings by mem. of club dept.	0	5
No. training meetings by others	7	10
Attendance at leader training meetings	185	200
No. 4-H leaders trained individually	14	20
No. club meetings held by ldr. without agt.	0	5
No. additional club meetings at which leaders assisted	25	35
No. demonstrations given by adult leaders	0	5
No. demonstrations given by junior leaders	5	10

B. Strengthening Leadership

The Home Demonstration Clubs in the area of Home Furnishings, need the greatest emphasis during the year. The plans for reaching this goal are through the use of leaders who will serve in the following ways:

1. Attend leader training meetings
2. Lead discussions
3. Render assistance to other club members
4. Give demonstrations
5. Make surveys

VI. For Special Consideration

- A. Plans for maintaining and strengthening and maintaining good public relations in the county with:
 1. State Extension Organization Itself--Send information in on time, seek assistance from Specialists, State Agent, District Agent, other agents, and State Officials.
 2. Within the Parent Institution--Carry out the recommendations from Virginia Polytechnic Institute and Virginia State College.

3. Elected and Appointed Officials--Cooperate whenever services do not call for political action.
 4. Organizations--Cooperate when services are beneficial to both parties.
 5. Mass Media Personnel--Make use of newspaper, radio, and television when possible to inform the public of the Extension program in the county.
 6. Businesses--Use materials and equipment offered by concerns but not for the purpose of advertising.
 7. Other Agencies--Use services of county and outside agencies when the services are appropriate and available in order to carry out the program of work.
 8. Individuals and Families--Try to cooperate in every endeavor for the improvement of family living. Provide assistance when needed if it strengthens the Extension Program.
- B. Professional Improvement--
- The agent will attend all meetings pertaining to Extension teachings. The agent will continue to use resource information and attend an institution for higher learning in the near future.
- C. I believe that the Home Furnishing phase of the program will be the most significant contribution to family living.
1. Progress stories will be given to families.
 2. Pictures will be taken for future references.
 3. Yearly improvements will be made.
 4. Surveys and tours will be conducted.