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III. THE COUNTY SITUATION AS IT AFFECTED THE 1951 PROGRAM

In considering a program, for 1951, to meet the needs of the largest number of people, factual and outlook information was studied by home-makers with the assistance of the agent.

Berthampton County, with a population of 17,300 people, is considered rural, having no town with a population of 5,000 or more. The 1950 census shows that only 44% of the people live on farms and 56% in small towns or villages. 53% of the population is negro.

There are 73,097 acres of farm land used largely for truck cropping as compared to 77,552 acres farmed in 1945. The growing season is 210 days. The productivity of the soil is above average for the state, in growing truck crops.

Of the 603 farms, in the county, there are 547 specialized and commercial farms, ranging in size from 25 to 3,000 acres.

Nearly northern markets are accessible to these farmers, by railroad and hard surface road, running north and south, through the county. All roads in the county are hard surface.

Dwellings, generally, are in very good condition, with 78.2% of the people having electricity. 70% of the people have running water as compared to 40.3% in 1945. Numbers of these homes have running water in the kitchens but no bath.

According to the 1950 census there are 621 automobiles on the 603 farms. 23% of the homes have home freezers and 51% have telephones, as compared to 39.6% in 1945.

503 farms have cows as compared to 412 in 1945. 559 farms have poultry flocks, with practically all of them liabilities, due to poor management.

Year-round gardens are practically nil, in this county. With truck crops, during a few months of the year, furnishing vegetables to families, farmers feel the land is too valuable to use it for a garden.

A high rate of Tuberculosis prevails in the county. Outstanding Health Department, holding monthly TB clinics, is helping to prevent a spread of this disease.

A 90 bed hospital, supported by Accomack and Northampton counties, cares for the sick although there is a shortage of nurses and beds.

There are no parks, gymnasiums, or public libraries serving the county.

Two American Legion Halls, Scout House and 2 Fire Houses, and 4 church houses are used for recreational purposes.

There are 9 negro and 24 white churches of Methodist, Baptist, Presbyterian, Catholic, Holiness, Episcopalian and Jehovah Witness faiths. All churches are in good physical condition.

There are 2 white and 1 negro high schools in the county, with 14 grade schools. There are 3,041 children in 1 one-room and 15 larger schools.

At the county seat there is a high school, for white children, teaching Home Economics and Vocational Agriculture to the pupils who want it.

A negro high school, near the county seat, offers Home Economics and Vocational Agriculture instruction to its pupils. Negro schools, generally, are in bad condition, but a new consolidated grade school is now open and a new high school is in process.

Three commercial canneries, a railroad and ferry terminal, seafood industry and truck cropping furnish incomes to the majority of the people of this county. Incomes, during 1950, were not up to 1949. With the increase in cost of living, counties and states to the north and south harvesting at

the ~~same~~ ~~time~~ and flooding markets, which lowered prices; an early killing frost, ~~and~~ crops estimated in the thousands of dollars, would indicate that ~~income~~ will not be more than the 1950 figure.

Bumper late crops, with better prices, over-balanced spring losses, somewhat.

IV. CONTRIBUTIONS OF THE 1951 PROGRAM TO BETTER FAMILY LIVING

As with farm prices fluctuating, prices of consumer goods rising and world conditions not conducive to stable living, a program was planned, by the homemakers, designed to get maximum returns from their dollars and contribute to wholesome living for their families and people of their county, state and nation.

1. In determining a Federation Goal, for emphasis, "Citizenship" was selected, as an all inclusive topic for Health, Library, Safety and all project work designed to contribute to wholesome living.

2. "Library", a long-time project, with a Regional Bookmobile as an ultimate goal, has been stressed for the third year. Although Accomack County has not made progress sufficient to deem it advisable to launch the program for securing the Bookmobile, homemakers, in this county, are constantly becoming more book conscious.

Books are being secured from the State Lending Library and State Home Demonstration Federation Library by clubs and individuals. A second club is purchasing books to start a library for a new Community House. One club has bought books for two years.

3. Health

With a high rate of TB in the county, "Uses of Dried Milk", "Meal Planning", "Food For Pep" and "Food Preparation" were used with the

home demonstration and 4-H clubs in helping to control this menace. An increase of 89 cows on farms, during the past five years may be attributed, in a measure, to the stress placed on this project, by the county agents and home demonstration agents. Food Production, through an increase in cows, poultry and garden products is a long time goal, in helping to control TB.

Poultry Management Leaders, in each club, trained by specialists, are doing much to help overcome the indifference of this phase of Food Production, however, the progress is slow.

Yeg-Around-Gardens are practically nil, in spite of having leaders, trained by specialists, in all clubs. The contention, by farmers, that land is too valuable to use for this purpose, continues and there is never a variety of fresh vegetables, in the fields at one time.

#### 4. Clothing

As a means of extending the Clothing dollar, homemakers selected "The Better Dress" for study, following the previous year's study of "The Work Dress". A number of young homemakers, who had learned to sew on the work dress, made their "good" dresses at an appreciable saving. 250 dresses were reported, by 50% of the members, as having been made. 4-H Club girls wanted help with "Caring For and Wearing Their Clothes". "Looking Your Best" was the topic studied by this group. The check sheet of one of these girls showed an improvement of 30 points. All these girls showed such a decided improvement in their carriage, hair, skin and care of their clothing, that school sponsors requested the project for her entire class.

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5. **Home Furnishings** gave the homemakers great concern with the increased cost of materials and new materials on the market. 173 improvements were reported having been made as a result of this and last year's study of color schemes for the living-room. 68 color schemes were reported having been worked out. More restful rooms are appearing with the elimination of flowered walls, flow, chairs and furniture coverings. With only one flowered pattern in the room, homemakers have found their rooms are more attractive while being more restful. Furniture, across corners of rooms, seems glued in lots of rooms, still, but changes are gradually being made as a result of this training, by specialist. Unnecessary, ornamental dust catchers are also becoming somewhat scarce but there are still too many.

6. **Bad Wreckage**, in the form of correcting electrical hazards, resulted in 148 repairs to cords, plugs, etc. having been made as a result of training given by an engineer.

**Bathrooms**, for every home, is a long time goal. At the present prices of labor and materials, homemakers are reluctant to begin this project. Locations for some have been determined and work will be done when money can be used for same.

7. **Recreation**

Establishment of a Community Forest and Camp Grounds has been considered, by some interested parties, but no concrete plans have been made. There is a crying need for a suitable picnic spot, for all ages, and camping site for 4-H and scout members.

A county-wide-picnic and Game Parties constitute the recreation participated in by home demonstration and 4-H Club members.

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Home Demonstration Club members assist 4-H Club members in defraying camp expenses and one club assisted one girl, in a tonsillectomy by giving her \$10.00.

While homemakers are generous with their funds, very few are willing to serve as 4-H Club Leaders - a crying need in this county.

The Council of Chain Stores entertained 4-H leaders of Accomack and Northampton counties at a Recognition Banquet, in November. There were only three leaders from this county, one having served 23 years, one for five years, and the third for one year. See publicity in Appendix.

The County Health Department is assisted with monthly TB Clinics, with 2 members, from a Home Demonstration Club, render their services for the day.

V. ADULT WORK

A. Project Work

1. Food

With the high cost of feeding the family, Production, Selection, Preparation and Preservation were selected for study, during 1951, in an effort to help homemakers feed their families adequately and to get maximum returns from their food dollars.

During January, Garden\* and Poultry\* leaders were trained, by a specialist, in methods designed to help the homemakers get maximum returns from their land, time, energy and money expended. At the following monthly meetings these leaders led discussions on timely topics, based on the training which they had received from these specialists. Seven of these leaders served as Result Demonstrators.

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While Garden and Poultry management, in this county, is at a low ebb, some progress is being noted.

One of these present Poultry demonstrators, whose flock was being raised, in 1947, became so indifferent that agent dropped her. In 1949 she asked to be enrolled again as she was carrying out some of the specialist's recommendations. Last December, she sold eggs to members of her club for 90¢ and 95¢ per dozen when she was getting 60% and better egg production and the other members were getting practically none. When members asked her "how she got eggs when they were not" her reply was "better management". At present, this demonstrator is getting 60¢ per lb. for her hens as they go out of production.

by ~~selection and Preparation of Foods~~ was demonstrated at a training meeting, in June, when leaders were trained by specialist, in "Meal Planning" and "Preferred Ways of Using Dried Milk".

With only 301 cows for a population of 17,300, a high rate of TB is the county, and the high cost of obtainable liquid milk, "Dried Milk" seemed the answer to some of these problems. Although there are no available figures to prove the value of this project, merchants who became interested in handling it, through the County Nurse's and agent's efforts, report difficulty in supplying the demand.

"Meal Planning" was requested, by homemakers, although they had studied this subject, in 1949. More interest was manifested, generally, this year by these homemakers and 232 meals were reported having been planned by the week - an increase over 1949.

Basic Seven charts were put in hands of homemakers to help them in Meal Planning.

- c. ~~Food Preservation~~ work is still not what it should be. Food, ~~sufficient~~ to feed the populace of the shore, goes to waste, in the truck fields, following harvesting. Two community canneries ~~direct~~ very few homemakers, especially among white, low-income groups, ~~who do no~~ canning at all and, in some cases, receive assistance from the county. Agent has tried to help these people to take advantage of these canneries but they prefer buying them canned, from stores, with county funds.

~~Two~~ Freezers - 8 having been reported purchased in 1951 are being used by some homemakers in saving some food, among those who can afford same. The following food was saved by 50% of club members who reported:

275 qts. meat canned  
5,503 lbs. meat frozen  
2,859 qts. vegetables canned  
1,800 lbs. vegetables frozen  
1,981 qts. fruit canned  
1,452 lbs. fruit frozen

2. Clothing

In view of diminishing incomes, homemakers felt concern over their Clothing dollar. "The Better Dress" was selected for emphasis, during the year.

Leaders, from each club, were trained, in November of 1950, for January and February demonstrations. These leaders discussed suitable materials and patterns, at January meetings, and set dates, at this time, for work meetings. In February, "Finishes" were demonstrated at the meetings and those needing more help were met, at later dates.

As a result of this project, 250 dresses were reported having been made, by members. 29 sewing machines were cleaned as a result of previous years' instructions.

3. Home Management

Homemakers asked for help in removing electric hazards in the home, in view of the high cost of having it done. Small equipment, exposed wires, bad plugs were some of the troubles with which the members wanted help.

Leaders were trained, by a state Associate Agricultural Engineer, in correcting hazards and wiring lamps. These leaders demonstrated what they had learned and, as a result 148 electrical repairs were reported having been made and 15 lamps were wired. (Only 50% of members reported).

4. House Furnishings

In planning the year's work, homemakers asked for help in selecting materials for curtains and making same, in view of the high cost of ready-made ones. Leaders were trained, by a State Specialist, and they, in turn, demonstrated at the following monthly meetings.

Furniture Arrangement was also requested by homemakers who felt a need for conserving space, time and effort in using and caring for their homes.

As a result of this work 50% of the members report having made 173 improvements.

5. Housing

A long time objective is to help all homemakers provide adequate storage, utility-rooms and bath-rooms. Result demonstrators, who have

received assistance from the State House Improvement Specialist, are glad to have homemakers visit their homes and learn from them how and at what cost their baths were installed.

One of these result demonstrators invited the homemakers to visit her place, following Achievement Day program, October 10th, and see her old home which has been completely rearranged, with bath installed, under the specialist's supervision. (This homemaker is also a Poultry and Landscape result demonstrator).

Chairman of the County Home Demonstration Committee has been assisted by agent, in determining space for bath, utility-pantry room and rearranging her kitchen. This homemaker was referred to County Sanitation for septic tank information.

Reports from 50% of the club members show 34 storage units having been built and 17 improved, by rearranging shelves and putting rods and shelves in clothes closets.

One church was added, this year, to the list of those church kitchens in which specialist and agent are working, making a total of 6 churches and Scout House to receive this help. This group of church leaders asked for specialist's help in rearranging present kitchen and rest-rooms, type of hot water heater and stove to purchase and place for installation of these and other necessary equipment, including a steam table.

Each year, the annual Achievement Day program is held in one of the result demonstration church kitchens. Although the kitchen where the program was held, this year, has not been completed, a large debt has been paid on the Sunday School house for building, installing central

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heat, etc. Kitchen stoves and additional equipment will be installed during 1952. The 1952 Achievement Day will be held in church house where work was started, this year.

6. Stenciling

While this was not intended as a long time objective it is proving to be. Speakers asked for help in stenciling metal and wooden articles for their homes and gifts.

Leaders, from 8 clubs, were trained by State Rural Arts Specialist, in July. At the August home demonstration club meetings these leaders displayed the articles, which they had made, gave instructions for selecting materials and preparing articles to stencil and set dates for all-day meetings.

As a result of this work, 50% of the club members reported having stenciled 107 articles from July 25 to October 1. As a carry over from 1950 training, 25 more aluminum trays were reported having been etched. Materials are on hand and more are being ordered for etching and stenciling articles.

Agent gave demonstration, in September, in making various articles for Christmas gifts.

7. Landscaping

Another long time project is beginning to show results at three of the five places specialist gave advice, in 1949. Help in "Pruning Shrubbery" was asked for, this year.

Landscaping Specialist visited the county, in September, and met two groups of leaders, representing 7 of the 8 clubs. At this time information was given in selection of plants and demonstrations were given in

earing for same. In October, these leaders passed on to their club members, attending the monthly meetings, the information which they had received and showed them how to prune their various shrubs. As a result of this work homemakers reported having pruned 173 shrubs.

One Result Demonstrator, who entertained the homemakers, following Achievement Day program, is developing plans given by specialist in 1949 and 50. With numerous handsome plants rooted and grown by the owners, this place is showing marked results.

B. Other Activities

1. Federation Goal

"Citizenship" including Health, Safety, and Library is a long time objective.

This goal was selected by the County Home Demonstration Committee in view of the feeling that our program is designed for the development of better citizens.

A County Chairman set up the following goals:

Slogan: "Every Northampton County Homemaker An Informed and Participating Citizen."

I. To have homemakers recognize and meet the responsibilities of citizenship in a democracy.

1. Give the home a place of training for better citizenship through teaching children to share privileges and responsibilities. Promote 4-H Club work.

II. Conduct a study, by clubs, of "The United Nations" based on "Facts and Figures About United Nations" and "Building For Peace".

- III. Teach Proper Respect For Law and Order.
- IV. Study Your County Government and the published reports of the county's business.
- V. Every member have complete physical examination, annually.
- VI. Help to interest girls in the professions of home economics and nursing.
- VII. Encourage all members to belong to some approved prepayment health and hospital insurance plan.
- VIII. Check dwelling and buildings for safety hazards.
- IX. Continue Library Goals, set up for 1950.

After the Year Books, containing these goals, were in the hands of the club Federation Goal Chairman, the County Federation Goal Chairman held a county-wide meeting and reviewed, with these chairmen, material for carrying out their goals. These club goal chairmen led discussions at monthly meetings on topics outlined in their program.

As a result of this work County Federation Chairman presented the following report, at Achievement Days

a. Health - 26 home demonstration club members assisted with monthly TB Clinics at County Health Department. Many of the members had physical checkup and subscribed to hospital group insurance plan. Home members are urged to have ~~can~~ tested for TB and Bangs and to pasteurize milk.

The club assisted a ~~had~~ girl, financially, in having her tonsils removed.

75 Gray ~~books~~ and 92 ~~lot~~ post holders were made for the Eastern Shore hospital.

b. Safety sales for the home and farm have been studied; careful driving, electric equipment and other fire hazards have received especial attention. All members were urged to keep First-Aid Kits handy.

c. Library - A long time ago is a Regional Bookmobile, for the Shore in cooperation with Accomack County Clubs and individuals are continuing to secure books from the Home Demonstration State Federation Library and State Lending Library. Magazines are exchanged, monthly, in majority of clubs.

Two clubs buy booklets yearly and one quarterly. The club that buys one each year passes it to all members to read and then gives it to the hospital. The club, buying four books a year, is building a community library in a new Community House. After all members read the books they are placed in this Community Library.

2. Helping to ~~rebuild~~ ~~the~~ ~~club~~ has been a long-time objective and \$500.00 has been paid during 1949 & 50. Three fund sales have been held, by districts, to raise funds, this year, but, due to growing interest in establishing a Regional Camp, on this side of the Chesapeake Bay, proceeds from these sales are being held by the County Home Demonstration Committee Treasurer. Six clubs have turned in \$10.00 each to this fund, in addition to proceeds from sale. 8 mattress covers were made, by the clubs, and contributed to Jamestown Camp. 8 more are in the process of being made.

3. National Home Demonstration Week was observed by the clubs sponsoring a "Tea" for 7th grade girls and their mothers in an effort to interest more girls in studying Home Economics in High School. Home Demonstration

tion Club members provided the refreshments and Home Economics teachers and students (some club members) served. With a grade added, in High School, this year, results of this project cannot be measured as the girls, who were in 7th grade, last year, are not allowed to take Home Economics in this new grade.

Further observance of this work was the attendance of six home demonstration club members at the District Federation meeting, held in King William County.

#### 4. Federation

All clubs paid state Federation dues of \$3.00 before the annual District Federation meeting. \$10.00 was presented, at this time, in "Pennies For Friendship".

Reports were submitted, to the District President, prior to this meeting, by the County Home Demonstration Committee Chairman and Federation Goal Chairman. County Home Demonstration Committee Secretary served on a Panel, at the Federation meeting, in reviewing the work of the counties, during the year.

Agent was out of the state, at the time of the State Federation meeting, and no one from the county attended. County Federation Goal Chairman, who attended the previous year, had expected to represent the County Committee, but was sick, at the time, although her husband attended.

#### VI. 4-H CLUB WORK

Agent is not at all satisfied with the type of work which she does in this county. Lack of interested leadership and willingness of leaders and members to work, during the summer months, limits the work to the amount that can be

done in 35 and 45 minute periods, during the school months.

A. Project Work

1. Food Preparation

7 girls took this project and 3 completed.

"Planning Meals", "Preparing and Serving Leafy Vegetables", "Salads", "Uses of Dried Milk", "Cooking Starchy Vegetables" and "Pasteurizing Milk" were demonstrations given in helping these girls to carry out their projects. Basic Seven Foods Charts were given to all girls.

One of these girls, 15 years of age, who keeps house for her father and three younger sisters, planned all the meals and either prepared or helped the sisters to prepare all of them. She also pasteurized milk for the family.

Dried Milk has been introduced and used in the majority of these members' families as a result of their work. Pasteurizing milk is still a problem. The majority of the families, who buy liquid milk, get it from neighbors who sell it raw.

2. Food For Fun

5 girls took this project and 9 completed.

These girls felt the need of knowing what to eat. To such bottled drink was taking the place of milk and some of these girls claimed not to like too many foods.

The Basic Seven Foods Charts were given to these girls and Food Check Sheets were used by them in keeping a record of what they ate. Foods eaten for the first time, by this group, ranged from 1 to 5, with a total of 10 new foods being eaten by these girls.

3. Bread

8 girls took this project and 8 completed. School sponsor, who serves as a leader, assisted these girls in absence of agent.

Agent gave 4 demonstrations, showing methods of making different kinds of quick breads. These girls gave 8 demonstrations, following agent's instructions. Three of these girls exhibited bread at the Eastern Shore Fair.

As a result of this project, 247 biscuits were made, corn bread was made 31 times, muffins 16, whole wheat 16, waffles 8 and yeast rolls 5 times.

4. Food Preservation

5 girls took this project and 5 completed.

Agent was out of the county at the time the girls were to do this work. Adult leaders, who agreed to work with the girls, offered heat as an excuse for not getting them together. One girl assisted younger girls in her community in doing some canning.

Reports turned in showed 233 qts. vegetables and 158 qts. fruits canned. Several froze and assisted in freezing 73 lbs. of vegetables and fruits.

One 11 year old boy helped to can 16 qts. of fruits and vegetables, froze 10 packages of food, alone, and helped to freeze 16 packages.

Tons of vegetables go to waste in this county, every year, but adults are indifferent to the need for canning, consequently, it is difficult to interest any girls.

5. Learning To Sew

First year club members worked to "see something". 22 of the

31 girls, enrolled in this project, exhibited.

Head scarfs, table mats, toy cloths and baby bibs were demonstrated for the majority of these members. Older girls, in this group, made skirts, aprons and simple blouses.

One of these little girls, who entered her table mats in the Eastern Shore Fair, (73rd consecutive year) won first place:

Learning to straighten material, use a sewing machine, pull threads, fringe mats, gather hem and tie thread ends are some of the things these girls reported that they learned.

#### 6. Looking Your Best

This was a project taken by 7 girls with 6 completing.

A very interested school sponsor felt the need of this project as her 7th grade girls were having trouble with their hair, skin, teeth, clothes and posture. Monthly demonstrations were designed to help the girls with these problems. Agent and speaker were impressed with great interest shown.

These girls were given sheets, on which to rate themselves, at the beginning of the project and when they completed. There was such a marked improvement in their appearance, at the close of the school year, that sponsor asked for the club project, in September, for her incoming 7th grade.

#### 7. Home Improvement

High School girls are interested in having nice bedrooms and, for that reason, 9 of the club members are enrolled in a 5 year Room Improvement plan.

Assistance was given these girls, by agent, in working out color

schemes, refinishing furniture, making bedspreads, curtains, dressing table and steel chairs. Directions for making bedside tables and desks were also given to those girls who wanted to make these articles.

All of these girls made color plans for their rooms; 4 had closets built; 6 cleaned, painted or papered walls; 4 dressing tables and stools were made or chairs were made for old ones; 2 new beds were bought; 5 pairs of curtains and 3 bedspreads were made or bought.

One of these girls made closet accessories and a desk, with her father's help. Dressing table and steel chairs were also made. A painted ice cream carton provided a much-needed tooth basket. Closet and room accessories were exhibited, at Eastern Shore Fair, which was first place with goods totaling \$6.00. This girl will complete her five units when she finishes her Reading Unit, now in process.

With improving this girl's room, agent has noted a decided change in the colors throughout the house. A dark dining room and a bedroom had earlier blue walls and ceiling the first time agent visited in the home. These rooms are now done in warm cream. While the girl's room has four "cat catches", that is still a problem in the home, generally.

#### B. Other Activities

##### 1. County Council

At the Allegheny County Council meeting, held in January, the following goals were set up:

1. Vice-President post notice of meeting one week in advance.
2. Have planned program month in advance.
3. Devote one meeting to Parliamentary Procedure.
4. Each club have and carry out a community project.
5. Observe National ~~Self~~ Week.
6. Have 100% project completions.
7. Observe Rural Life Sunday.
8. Every club reporter send report to County Agent after each meeting.
9. Each club pay \$7.50 to help defray expenses of two delegates of Jamestown Camp.
10. Council pay \$10.00 to help defray expenses of two delegates to State Short Course.
11. Have county-wide picnic in July.
12. 50% of members exhibit at Keller Fair.
13. Hold Achievement Day in October or November.
14. Award Bronze pins to first year members completing a project.  
Award a gold pin to members completing 3 years successful work.
15. Hold semi-annual meetings of Council - January and June.
16. Each club donate at least \$10.00 to help build Craft Houses at Jamestown Camp.
17. Council award \$5.00 to club raising the largest amount of money for camp.
18. Pay \$5.00 to County Council.
19. Each club make something for Hospital, by April.

A second meeting, held in June, is for evaluating program, electing delegates to District and State Camps, and more planning.

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a. National A-H Club Week

This was observed, by all clubs, with Window Displays in prominent windows. Three of these clubs had very creditable displays which caused favorable comment, from members of persons unfamiliar with club work. Pictures of these windows were carried in the county papers and clubs were awarded prizes, according to placing, by impartial judges.

b. State Short Course

\$10.00 was given, by the Council, to help defray expenses of two girls to the State Short Course, at Blacksburg.

c. Jamestown Camp

All clubs contributed \$7.50 to help defray expenses of delegates to District Camp. 19 girls and boys attended this camp.

Getting club members across the Chesapeake Bay is expensive and very inconvenient in normal times. Due to a ferry strike, it was necessary to solicit aid from the Ferry Company attorney, County Sheriff and State Highway Department, this year, in order to get members to camp.

• School officials are cooperative in letting us use a school bus to transport members to and from camp.

• One club contributed \$10.00 to Jamestown Camp Building Fund.

d. Picnic

A county-wide picnic was held, in July, with all clubs represented.

• Swimming and soft ball were enjoyed until a storm (as usual on picnic days) drove members home or on a small hotel porch to

eat picnic supper.

e. Hospital

All clubs made scrap books or presented books to the Eastern Shore Hospital.

f. Rural Life Sunday

In April, all clubs made plans for observing Rural Life Sunday, the second Sunday in May. Committees were appointed to contact ministers and offer services of club members for that day.

As a result of this planning, flowers were arranged and placed in churches; bulletins were distributed; collections were taken and special musical numbers were given by club members.

All the club members and leaders from one club, with leader's ~~members~~, attended one church.

Only those members who were sick failed to attend a church of their choice, on that Sunday.

g. Keller Fair

While the goal of having 50% of the members exhibit at Keller Fair was not reached, reports are that more exhibited this year than in former years. (Agent was out of the county during the week).

Club members, who have exhibited for several years, are showing definite improvement in preparation of exhibits.

One girl took Sweep Stakes, of \$15.00, in 1950, and lacked only one point of winning same, this year.

h. Achievement Day

An Achievement Day will be held November 30, with skits, by clubs, depicting some phase of the work. A speaker and special

with awarding of medals, pins, etc. will constitute the program.

1. Recognition Banquet

A Recognition Banquet for leaders was sponsored, by the Council of Chain Stores and Extension Division, October 10, for the first time in the history of Eastern Shore 4-H Club Work.

Representatives from churches, banks, schools, press, Farm Bureau, 4-H County Council officers and State, District and County Agents were invited to help do honor to these leaders.

Fifty places were laid for this banquet in a setting of green and white, carried out in club mottos, banners, 4-H napkins, place cards and favors. A lovely green and white arrangement of carnations, snap dragons and chrysanthemums was contributed, by a county florist, for the speakers' table. A bountiful turkey dinner was served at one of the best known tourist homes in the county.

Following the dinner, a representative from the State 4-H Club Department spoke in recognition of the value of leaders to club work. County Agents then presented pins to leaders in recognition of the work which they have done in the county. One of our leaders received a gold 4 leaf clover pin, centered with an emerald, in recognition of her 23 years leadership work.

A silver 4 leaf clover pin was presented to a leader who has served for 5 years and a leadership pin was given to a leader for 1 year's services.

Following the program, pictures were taken by press photographers. These pictures, with accounts of the banquet, appeared in

Three Eastern Shore papers whose representatives attended this banquet. (See Appendix for pictures and stories).

VII. No work has been done with Young Men and Women in segregated groups. Young married homemakers belong to some of the home demonstration clubs. Young farmers belong to a Farmers' Club.

VIII. SCOPE OF WORK

	1948	1949	1950	1951
No. of families of county	8	8	8	9
Members	155	180	215	186
No. of meetings	4	4	4	4
Members	86	92	90	63
No. of meetings	0	0	0	0
Members				
No. of other families reached	25	47	70	70
Total no. families reached	100	500	600	600

IX. FUNCTIONS OF COUNTY ORGANIZATIONS

A. County Board of Agriculture

This organization, as such, does not function, in this county.

B. County Home Demonstration Committee

Officers of the organized home demonstration clubs, in the county, constitute this organization. Semi-annual meetings are held for the purpose of planning, evaluating the program and appointing a delegate to the annual State Federation meeting.

In September, a pre-planning meeting is held, by the Executive Committee, to discuss goals, appoint committees and prepare, generally, for the County Planning meeting, to be held the following week.

At the Planning meeting, which is an all-day affair, out going and incoming presidents, program development leaders, District and County Agents meet in an all-day-session. Following a check on progress and with a blackboard, leaders report the wishes of their members regarding topics for study, during the coming year.

With this information in hand, President of the County Home  
Demonstration Committee, agents and a few representative members  
went, in another room, and outline monthly programs to be voted on  
by the entire group, later. A State Federation Goal is also select-  
ed by this group. Those remaining in the auditorium handle coming  
events, etc.

Agent feels that this planning and steering committee is a great  
force in carrying out county program.

Officers, for 2 years, are elected at this time.

C. County 4-H Project Planning Committee

This committee, as such, has not been perfected. A 4-H Advis-  
ory Committee takes care of over-all-planning, at present.

Plans are being made for organizing a committee to meet with the  
4-H Council, at their June meeting, and help plan the project work for  
the next year.

D. County 4-H Club Council

This organization is composed of officers of the 4-H Clubs through-  
out the county. Semi-annual meetings are held for planning and check-  
ing progress.

At an all day meeting, held in January, goals were set up, club  
officers were trained, programs were outlined and officers for the  
Council were elected.

In June, a second meeting was held to check progress, elect dele-  
gates to State and District Camps, select a date for county-wide pic-  
nic, appoint committees for same and appoint an Achievement Day Com-  
mittee.

This organization functions very well with the assistance of leaders and agents.

Honor Clubs

There are no Honor Clubs in the county.

All Stars

There is only one All Star in the county. She is a Mother of four children, two in 4-H Club and one an infant. Although she is chairman of the 4-H Advisory Committee, she is not too active, at present, due to the infant's care, but she is interested in promoting 4-H Club work and helps whenever possible.

X. LEADERSHIP

A. Contribution of Volunteer Leaders to the Program

1. Organizational

Officers of the Home Demonstration and 4-H Clubs constitute this group of leaders, who are responsible for the planning and steering of the community clubs throughout the county. In clubs where these officers are interested and active a group of club members get full benefit from the program. One of the home demonstration clubs failed to secure a 1952 president because of this lack of interest on the part of the president, who has held the office for 2 years.

2. Program Development Leaders

While these 8 leaders are improving, in their methods of securing information for building programs, there is still much room for improvement. Agent expects to work with them, early in January, in helping them to determine how and what to get for building programs.

At monthly meeting, these leaders help their presidents to get accomplishment sheets, in their Year Books, checked and suggestions for the coming year's program.

3. Project Leaders

Were it not for project leaders, in the county, the Home Demonstration program would have become static, for lack of interest. Trained leaders, in communities, is the best insurance for maintaining continued interest in the work, in that community, agent feels. Four years ago the club members expected agent to attend all of their meetings, preside, in some cases, and give all of their demonstrations. Today, these same members are proud of the fact that they can meet, in the absence of the agent, and have good demonstrations by their trained leaders. This year, 103 leaders have given 63 demonstrations without the agent.

4-H leadership is not as active as it is in home demonstration clubs. Homemakers do not want to work with that age group, it seems. Agent thought she had three leaders, who would work with girls, during the summer months, in Food Preservation work. "Too busy", "too hot", "company", "girls did not want to work", were excuses given agent, by these leaders, for not meeting them.

There are only three active 4-H leaders, at present, and two of these are school teachers acting as sponsors and leaders as far as their school duties will permit. 4-H Club members are getting more interested in securing leaders and agent hopes some of the mothers, of these members, will consent to serve.

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B. Growth of Leadership by project leaders over a four-year period in adult and junior work

Growth of H. S. Club Project Leadership	1948	1949	1950	1951
No. project leaders and goal chairmen	60	88	106	111
No. training meetings held By Specialist	7	10	14	13
By Agent				
Attendance at all training meetings	93	119	170	111
No. club meetings held by leaders without agent present	30	49	53	63
No. additional club meetings at which leaders assisted	23	27	35	26
No. adult project leaders	1	2	3	
No. junior project leaders	0	0	1	2
No. training meetings held By Specialist	0	0	0	0
By Agent				
Attendance at leader training meetings	0	0	0	0
No. 4-H leaders trained individually	1	2	3	3
No. club meetings held by leader without agent present	3	2	31	7
No. of additional club meetings at which leaders assisted	0	0	2	2
No. demonstrations given By Leaders	3	4	32	7
By Adult	3	2	31	4
By Junior	0	2	1	3

C. Activities of an Outstanding Leader and her Accomplishments

Mrs. H. S. Wilson, who served as chairman of the County Home Demonstration Committee, during 1945, '46, & '47, is now County Federation Goal Chairman, President and Garden Chairman of her club, a Poultry Result demonstrator, and attended the Home Management Leader Training meeting, in November, for the January and February demonstrations of her club.

County Federation Goal Chairman, Mrs. Wilson attended the area

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planning meeting, held in Williamsburg, met the club goal chairmen, in a county-wide meeting, for training, and followed up this training with materials and instructions. The Club Federation Goal leaders did such a good job of leading discussions, at their monthly meetings, based on Mrs. Wilson's training, that the members selected "Citizenship", for emphasis, again, in 1952, with Mrs. Wilson as their County Chairman.

The Home Demonstration Club, which Mrs. Wilson heads, is one of the most active in the county, due largely to her interest, enthusiasm and leadership. Project leaders have attended all training meetings and have assisted two other clubs, when their leaders failed to attend training meetings.

Mrs. Wilson's garden is known from one end of this county to the other, having been included in two county-wide Achievement Day tours, during the past three years. Her garden is the only one in the county in which Rhubarb is green. Having attended all the Garden meetings, in this county, conducted by specialist, she has put into practice their suggestions and recommendations. At present her garden is one of very few in the county, now having parsnips, parsley, carrots, beets, lettuce, and 5 or 6 leafy vegetables. When there is danger of frost, Mrs. Wilson pulls up her tomato plants and hangs them in a storage room where she can gather tomatoes for Christmas. Her home freezer is always full of vegetables, poultry, strawberries and meats, grown on the farm.

The laying flock of New Hampshires, which Mrs. Wilson manages, is one of the best in the county, according to the Poultry Husbandman, who has scored her flock, house, and methods of handling the flock, for the past 6 years. Her regular egg customers are willing to pay premium prices to get good, clean, fresh, eggs, packaged to go in the refrigerator.

When Mrs. Wilson serves as a project leader her background, interest and skill impress the members to the extent that results are obtained very readily.

Mrs. Wilson, as Federation Goal Chairman, with the County Home Demonstration Committee Chairman, attended the area meeting, held in Williamsburg, November 29, to plan the District Federation meeting, to be held in Elizabeth City County, in May. At this time Mrs. Wilson will report on our 1953 Goal activities and get help for the 1952 program.

Agents feel that Mrs. Wilson has been one of the most outstanding forces in the promotion of the Home Demonstration program, in Northampton County, since its organization, in 1944.

XI. WORK IN COOPERATION WITH OTHER AGENCIES

A. School Officials

1. Superintendent of Schools is most cooperative in letting the agents, in Accomack and Northampton County, use a school bus for transporting Club members to and from District Camp. School buildings, time in school and use of school equipment is available for club meetings.
2. Principals and teachers are very cooperative, generally, in assisting agents with making arrangements for meetings, etc.

B. Health Department

1. County Nurse furnishes agent with material for club health leaders to be leading their discussions at monthly meetings.
2. PH Clinics are assisted with each month, by 2 members from a home demonstration club. Clubs rotate these services and feel that they learn a great deal in their contacts aside from feeling that they are helping with a worthwhile program.

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3. Eastern Shore Hospital, owned and maintained by Accomack and Northampton counties, is supplied with hot pan holders, by home demonstration club members. Christmas Tray favors are also made for this hospital.

The 4-H Clubs, throughout the county, make scrap books and present them to the Hospital, each year.

4. A Home Demonstration Health Scholarship, amounting to \$180.00, was awarded to a worthy county girl, who is training at the Eastern Shore Hospital.

C. Welfare

Agents of this department and agent cooperate when an occasion arises.

Several 4-H Club members, whose families receive public financial assistance, are given individual attention, by agent, in saving food for winter use, using dried milk and learning to sew.

D. R.E.A.

Two conferences have been held, during the year, with representatives from this organization, in an effort to correlate our programs.

E. Chain Stores

For the first time, in the history of the Eastern Shore, a Recognition Banquet, for 4-H Club leaders, was sponsored by the Virginia Council of Chain Stores, in cooperation with the Extension Division, October 7th. At this time, representatives from all of the Chain Stores, banks, 4-H Council, farm organizations, schools, churches, home demonstration clubs and Extension Service were invited to attend a banquet, laid for 50, when three leaders, from this county, were recognized for

their years of service. One leader, who had served for 23 consecutive years, was presented with a gold, 4-leaf-clover pin, centered with an emerald. The leader, who had served for 5 years, received a silver 4-leaf-clover pin and the one-year-leader received a leadership pin.

One of the county florists donated an arrangement of white carnations, snapdragon and chrysanthemum, for the speakers' table, at this event.

Those, who attended this-banquet, declared it a decided success.

### XII. APPRAISAL OF THE YEAR'S WORK

Helping people to develop and maintain standards, conducive to good citizenship, was the basis for planning the 1951 program of work. In helping these people to change their attitudes, which is a principle of learning, agent can see some progress, however, she is not at all satisfied with present home and community conditions.

So many homemakers have gone out of the home, to seek employment; one club has disbanded, temporarily, for lack of leaders. Other clubs are having difficulty in finding enough regular attendants to fill the necessary offices. While 20 additional homemakers joined the clubs, this year, so many dropped out to go to work, the reported membership is less than last year. Scarcity of labor and high cost of living, together with lowered incomes, due to crop losses, are responsible for some of these women going out to work.

Agent feels that the year's program has contributed to better living and better people, adult and junior, in helping them to make their homes more comfortable, convenient and attractive through a study of home lighting, furniture arrangement, color schemes, storage, etc.; in studying Food

Selection, ~~Preparation~~, Production and Preservation; in obtaining and reading good literature, in selecting, constructing and caring for clothing and making it possible for homemakers to have an opportunity to contribute to the furth~~erance~~ of world understanding and lasting peace.

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Year Book

HOME DEMONSTRATION  
CLUBS



**Northampton County**  
**1951**

## THE HOME DEMONSTRATION CLUB EMBLEM

The hearth fire in the center symbolize the Home, it expressed the spirit of the finest attributes of the Home; such as fidelity, hospitality, comfort, peace and protection.

The Olive Leaf symbolize strength; the sheaf of wheat, productivity; and the Roman Lamp, knowledge and other attributes of a successful home.

Around these symbols are the words, "Home, Family, Community" and "Cooperative Extension Service" on the outside ring, representing the cooperation of the county, state and nation in the Extension program. The letters "H. D." at the bottom stand for "Home Demonstration", the official term used by the government and the U. S. Dept. of Agriculture.

## VIRGINIA HOMEMAKERS CREED

As homemakers we will strive to:

Have our organization foster the highest ideals in home, church, school and public life.

Have our homes reach out in service to the communities and help unite the people.

Have cooperation and progress the leading force in our communities.

Study the best ways to do every day work that we may find joy in common tasks well done.

Be kind beyond the standards of charity; avoid thoughts and words that condemn; be more thoughtful than love requires; maintain the highest ideals of Christian life.

### OUR AIM FOR 1951

Our Aim is to make every home

Economically sound. Mechanically convenient.

Physically healthful. Morally wholesome.

Artistically satisfying. Mentally stimulating.  
Socially responsible. Spiritually inspiring and  
Founded upon mutual affection and respect.

—Lita Bane

### HOMEMAKERS PRAYER

For health and strength and daily food, we praise thy name, O Lord. Amen.

HOME DEMONSTRATION COMMITTEE  
NORTHAMPTON COUNTY  
OFFICERS

President.....Mrs. Sidna Barendsz  
Cape Charles, RFD, Virginia

Vice-President.....Mrs. W. T. Taylor  
Oyster, Virginia

Secretary.....Mrs. Edgar Smith  
Exmore, Virginia

Treasurer.....Mrs. A. R. Fuller  
Jamesville, Virginia

County Federation Goal Chairman—  
Mrs. D. S. Wilson  
Exmore, Virginia

County 4-H Advisory Committee Chairman—  
Mrs. B. E. Tupper, Jr.  
Nassawadox, Virginia

County Health Chairman.....Mrs. J. W. Jackson  
Machipongo, Virginia

County Library Chairman.....Mrs. R. H. Rockwell  
Jamesville, Virginia

## ADVISORS

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Miss Maude E. Wallace, Assistant Director  
in charge of Home Demonstration Work  
Blacksburg, Virginia

Mrs. Betty K. Kyle, District Agent  
Richmond, Virginia

Miss Emma Bratten  
County Home Demonstration Agent  
Eastville, Virginia

## YEAR BOOK COMMITTEE

Mrs. Bernard Nottingham, Chairman  
Machipongo, Virginia

Mrs. Rudolph Carpenter, Weirwood, Virginia

Mrs. Iola Erslev, Birds Nest, Virginia

## THOUGHT FOR THE YEAR

"Whoever serves his country well has no need  
of ancestors."

1950 - 51 CLUB YEAR BOOK

Name of Member \_\_\_\_\_

Name of Club \_\_\_\_\_

CLUB OFFICERS

President \_\_\_\_\_

Vice-President \_\_\_\_\_

Secretary \_\_\_\_\_

Treasurer \_\_\_\_\_

Federation Goal Chairman \_\_\_\_\_

Safety Chairman \_\_\_\_\_

Library Chairman \_\_\_\_\_

Program Development Chairman \_\_\_\_\_

Health Chairman \_\_\_\_\_

4-H Club Leader \_\_\_\_\_

Clothing Leaders \_\_\_\_\_

Fruit & Garden Leader \_\_\_\_\_

Poultry Leader \_\_\_\_\_

Foods Leaders \_\_\_\_\_

Rural Arts Leaders \_\_\_\_\_

House Furnishing Leaders \_\_\_\_\_

Landscape Leaders \_\_\_\_\_

Other Leaders or Chairmen: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

● CLUB PRESIDENTS — 1951

● CLUB

Birds Nest.....	Mrs. Bernard Nottingham Machipongo, Virginia
Cheriton.....	Mrs. A. R. Russell Cheriton, Virginia
Community.....	Mrs. Dixie Mister Townsend, Virginia
Homemakers.....	Mrs. H. S. Wilson Exmore, Virginia
Jamesville.....	Mrs. R. H. Rockwell Jamesville, Virginia
Cross Road.....	Mrs. C. O. Barnes Cape Charles, RFD, Virginia
Willis Wharf.....	Mrs. Walter Kaczorowski Willis Wharf, Virginia
Wilsonia.....	Mrs. N. L. Corbin Machipongo, Virginia

● THOUGHT FOR THE YEAR

● "True Happiness is a flower that grows along the roadside of service."

FEDERATION GOAL — 1951  
CITIZENSHIP

Mrs. H. S. Wilson, Chairman  
Exmore, Virginia

Slogan: "Every Northampton County Home-  
maker An Informed and Participating  
Citizen."

AIM: To have homemakers recognize and meet  
the responsibilities of citizenship in a  
democracy.

- I. Make the home a place of training for better citizenship through teaching children to share privileges and responsibilities. Promote 4-H Club work.
- II. Promote a study, by clubs, of "The United Nations" based on "Facts and Figures About United Nations" and "Building For Peace".
- III. Teach Proper Respect For Law and Order.
- IV. Study Your County Government and the published reports of the county's business.
- V. Every member have complete physical examination, annually.
- VI. Help to interest girls in the professions of home economics and nursing.
- VII. Encourage all members to belong to some approved prepayment health and hospital insurance plan.
- VIII. Check dwelling and buildings for safety hazards.
- IX. Continue Library Goals, set up for 1950.

## COUNTY OBJECTIVES

1. Continue interest in Rural Youth and continue Recreation in cooperation with other organizations.
2. Continue Library work on a long time basis. Work to secure Regional Bookmobile for Accomack and Northampton counties.
3. Pay State Federation dues of \$3.00 by March 1.
4. Contribute \$3.00, per club, to County Fund.
5. Supply helpers in Health Department each month to assist with T. B. Clinic.
6. Furnish 12 hot pan holders (12" x 12") to Nassawadox Hospital.
7. Continue making Christmas favors for hospital.
8. Help organize a new club.
9. Continue purchasing blocks for Jamestown 4-H Club Camp.
10. Sponsor "Tea" for 7th grade girls, during March.
11. Observe National Home Demonstration Week, in April.
12. Each club offer \$5.00 scholarship to worthy 4-H Club members to attend Jamestown Camp.
13. Have 60% attendance of membership at all meetings. Vice-Presidents serve as membership chairmen.

## RECOMMENDATIONS

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1. Start meetings on time.
  2. Each member keep records, on pages 20 and 21.
  3. Take helpful information to non-club members.
  4. Hand in reports in September.
  5. Leaders attend training meetings.
  6. Leaders give demonstration for which they are trained.
- 

## THOUGHT FOR EVERY ONE EVERY DAY

“Were half the power, that fills the world with  
terror,  
Were half the wealth, bestowed on camps and  
courts,  
Given to redeem the human mind from error,  
There were no need for arsenals or forts.”

—Henry Wadsworth Longfellow.

## DECEMBER

Date \_\_\_\_\_ Hostess \_\_\_\_\_

Call to Order—Business Session

Demonstration: "Christmas Wrappings"

### THINGS TO DO THIS MONTH

1. Make decorations for Christmas Dining Table.
2. Make spray or wreath for the door
3. Give good books to children for Christmas.
4. Wrap Christmas gifts.

### THOUGHT FOR THE MONTH

"Not what we give but what we share, for the gift  
without the giver is bare;  
Who gives himself with his alms feeds three,  
Himself, his hungering neighbour, and Me."

## JANUARY

Date \_\_\_\_\_ Hostess \_\_\_\_\_

Call To Order—Business Session.

Demonstration: "The Better Dress"—Line and  
Design, Cutting and Fitting.

### THINGS TO DO THIS MONTH

1. Study seed catalogs and order seed for year.
2. Place order for baby chicks.
3. Garden and Poultry Leaders, 4-H Chairmen  
Program Development and Federation Goal  
Chairmen attend training meetings.

4. Read at least one book from recommended list.
5. Assist 4-H Club with party.
6. Clothing Leaders give demonstration.

#### THOUGHT FOR THE MONTH

"Now another year is starting  
May 1, as the years unfold  
Learn that art of greatest value,  
Make new friends and keep the old."

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#### FEBRUARY

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Date \_\_\_\_\_ Hostess \_\_\_\_\_  
Call to Order — Business Session  
Demonstration: "The Better Dress" — Finishes,  
Exhibit.

#### THINGS TO DO THIS MONTH

1. Leaders attend training meeting.
2. Clothing Leaders give demonstration.
3. Read a book from recommended list.
4. Get brooder house ready for baby chicks.
5. Plant peas and onions.
6. Complete cutting and fitting dress.

#### THOUGHT FOR THE MONTH

"Experience is a marvelous thing. It enables you to recognize a mistake whenever you make it again."

## MARCH

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Date \_\_\_\_\_ Hostess \_\_\_\_\_

Call to Order — Business Session.

Demonstration: "Repair Electrical Equipment".

### THINGS TO DO THIS MONTH

1. House Furnishings Leaders attend training meeting.
2. Pay Federation dues and county contribution.
3. Continue planting gardens.
4. Put in baby chicks.
5. Prune grape vines.
6. Elect delegates to District Federation meeting.
7. Read a book from recommended list.
8. President and secretary send report to County Chairman.

(See form in State Handbook — Page 59)

### THOUGHT FOR THE MONTH

"To watch the corn grow,  
Or the blossoms set,  
To draw a hard breath  
Over plow share or spade,  
To read, to love, to pray;  
Are the things  
That make men happy."

—John Ruskin.

## APRIL

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Date \_\_\_\_\_ Hostess \_\_\_\_\_

Call to Order — Business Session.

Demonstration: "Curtains and Draperies".

### THINGS TO DO THIS MONTH

1. Register to vote.
2. Finish planting garden.
3. Send 12 hot pan holders (12" x 12") to hospital.
4. Attend county-wide meeting in observance of National Home Demonstration Week.
5. Visit your Garden Leader's Garden.
6. Go to see your Poultry Leader's flock.
7. President and Program Development Chairmen attend County Committee meeting.
8. Check electric wires and equipment. Make necessary repairs.

### THOUGHT FOR THE MONTH

"As a man thinketh so is he."

## MAY

---

Date \_\_\_\_\_ Hostess \_\_\_\_\_

Call to Order — Business Session.

Demonstration: "Furniture Arrangement".

### THINGS TO DO THIS MONTH

1. Attend District Meeting.
2. Attend church on Rural Life Sunday. Check on transportation for 4-H club members.
3. Freeze peas, asparagus, strawberries and greens.
4. Make or recondition window treatment.

### THOUGHT FOR THE MONTH

"We enrich the lives of people when we help them to see and understand the world in which we live."

—Mena Hogan.

## JUNE

---

Date \_\_\_\_\_ Hostess \_\_\_\_\_

Call to Order -- Business Session.

Demonstration: "Meal Planning".

1. Rearrange furniture for convenience, space saving and appearance.

2. Buy a block for Jamestown Camp.
3. Assist 4-H members in going to camp.

### THOUGHT FOR THE MONTH

"Home is not merely four square walls,  
 Though with pictures hung and gilded;  
 Home is where Affection calls —  
 Filled with shrines the Heart hath builded."

—Charles Swain.

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### JULY

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Date \_\_\_\_\_ Hostess \_\_\_\_\_  
 Call to Order — Business Session.  
 Demonstration: "Preferred Ways to Use  
 Powdered Milk".

### THINGS TO DO THIS MONTH

1. Send delegates to State Federation meeting, in Blacksburg.
2. Prepare Fair exhibits.
3. Can and freeze foods.
4. Attend Picnic.
5. Rural Arts Leaders attend training meeting.
6. Plan meals by the week.

### THOUGHT FOR THE MONTH

"A good name is rather to be chosen than great riches."

## AUGUST

Date \_\_\_\_\_ Hostess \_\_\_\_\_

Call to Order \_\_\_\_\_ Business Session.

Demonstration: "Stenciling Metal & Wood".

### THINGS TO DO THIS MONTH

1. Exhibit at Keller Fair.
2. Elect president.
3. Continue freezing and canning food.
4. Try using your canning center to save time, energy and fuel.
5. Use Powdered Milk to supplement or supply milk needs.

### THOUGHT FOR THE MONTH

"I have boiled down the importance of education to just two things: character and good manners. A man or woman who can develop good character with good manners is educated because everything else will come."

—Nicholas Murray Butler.

## SEPTEMBER

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Date \_\_\_\_\_ Hostess \_\_\_\_\_

Call to Order — Business Session.

Demonstration: "Making Christmas Gifts".

### THINGS TO DO THIS MONTH

1. Attend Planning meeting.
2. Can tomatoes, tomato juice and sweet potatoes, at canning center.
3. **Give your report to your Club President.**
4. Cull and freeze or can your loafing hens.
5. Make an article for the bazaar to be held in November.

### THOUGHT FOR THE MONTH

"Just start in to sing, as you tackle the thing  
That cannot be done, And you'll do it."

—Edgar A. Guest.

OCTOBER

Date \_\_\_\_\_ Hostess \_\_\_\_\_

Call to Order — Business Session.

Demonstration: "Pruning Shrubbery".

THINGS TO DO THIS MONTH

1. Can and freeze beans.
2. Attend Achievement Day program.
3. Elect officers, secure leaders, and chairmen.
4. Go to see your Garden Leader's garden.
5. Go to see your Poultry Leader's flock.
6. House Furnishings Leaders attend training meeting.

THOUGHT FOR THE MONTH

"I like to see a man proud of the place in which he lives, and so live that the place will be proud of him."

—A. Lincoln.

## NOVEMBER

---

Date \_\_\_\_\_ Hostess \_\_\_\_\_

Call to Order — Business Session.

Demonstration: "Hooked Rugs".

### THINGS TO DO THIS MONTH

1. Begin making Christmas gifts.
2. Begin canning meats.
3. Garden and Poultry Leaders attend training meeting.
4. Bring articles for County-wide Bazaar.
5. Attend 4-H Achievement program.
6. Prune shrubbery.

### THOUGHT FOR THE MONTH

"God bless the man who sows the wheat  
Who finds us milk and fruit and meat;  
May his purse be heavy, his heart be light,  
His cattle and corn, and all go right,  
God bless the seeds his hands let fall,  
For the farmer, he must feed us all."

SCHEDULE OF MONTHLY MEETINGS  
IN COUNTY  
H. D. and 4-H CLUBS

FIRST WEEK

Monday .....

Tuesday ..... Exmore and Cheriton 4-H Clubs

Wednesday ..... Capeville and Northampton  
4-H Clubs

Thursday ..... Birds Nest 4-H Club  
Homemakers H. D. Club

Friday .....

SECOND WEEK

Monday .....

Tuesday ..... Community H. D. Club

Wednesday ..... Birds Nest H. D. Club

Thursday ..... Cross Roads H. D. Club

Friday .....

THIRD WEEK

Monday ..... Wilsonia H. D. Club

Tuesday ..... Willis Wharf H. D. Club

Wednesday ..... Northampton 4-H Project  
Jamesville H. D. Club

Thursday ..... Birds Nest 4-H Project  
Cheriton H. D. Club

Friday .....

FOURTH WEEK

Monday ..... Birds Nest 4-H Project

Tuesday ..... Exmore and Cheriton 4-H Project

Wednesday .....

Thursday .....

Friday .....

## ACCOMPLISHMENTS

	Dec.	Jan.
1. No. people to whom information was passed this month		
2. Electric repairs made		
3. No. dresses made		
4. No. sewing machines cleaned		
5. No. shrubs pruned		
6. No. storage units built		
7. No. storage units improved		
8. No. ways powdered milk was used		
9. No. color schemes worked out for home		
10. No. improvements made in house, curtains made, etc.		
11. No. qts. meat canned		
12. No. lbs. meat frozen		
13. No. qts. vegetables canned		
14. No. lbs. vegetables frozen		
15. No. lbs. fruit frozen		
16. No. qts. fruit canned		
17. No. vegetables being served from garden this month		
18. No. times meals were planned by the week		
19. Was Pressure Sauce Pan purchased and used?		
20. Was Home Freezer purchased?		
21. No. trays made		
22. Recommended Books read		
23. No. glasses etched or articles stenciled		
24. No. exhibits at Keller Fair		
25. No. rugs made		
26. No. pieces furniture refinished		



## SPECIAL MEETINGS

- December.....County 4-H Clubs' Council Meeting
- January.....Garden & Poultry Leader  
Training Meeting  
Program Development Chairman  
Training Meeting  
4-H Advisory Committee Meeting  
Federation Goal Chairmen  
Training Meeting
- February....Electric Equipment Training Meeting
- March.....National 4-H Club Week  
Refinishing Furniture  
Reupholstering Furniture
- April.....County Wide Observance National  
Home Demonstration Week  
County Home Demonstration Committee  
Meeting
- May.....District Federation Meeting—Jamestown  
Observance Rural Life Sunday—4-H Clubs  
Foods Leaders Training Meeting
- June.....4-H State Short Course  
County 4-H Contests  
County 4-H Clubs' Council Meeting
- July.....Rural Arts Leaders' Training Meeting  
State Federation Meeting—Blacksburg  
Picnic  
District 4-H Club Camp

August..... Keller Fair  
 September..... House Furnishings Leader  
    Training Meeting  
    Program Development Meeting  
    Landscape Leader Training Meeting  
 October..... County Home Demonstration  
    Achievement Day  
 November... County 4-H Clubs' Achievement Day

PREAMBLE TO THE CHARTER OF  
 THE UNITED NATIONS

WE THE PEOPLES OF THE UNITED NATIONS  
 determined

To save succeeding generations from the  
 scourge of war, which twice in our lifetime has  
 brought untold sorrow to mankind, and

To reaffirm faith in fundamental human rights,  
 in the dignity and worth of the human person,  
 in the equal rights of men and women and of  
 nations large and small, and

To establish conditions under which justice and  
 respect for the obligations arising from treaties  
 and other sources of international law can be  
 maintained, and

To promote social progress and better standards  
of life in larger freedom,

and for these ends

To practice tolerance and live together in peace  
with one another as good neighbors, and

To unite our strength to maintain international  
peace and security, and

To ensure, by the acceptance of principles and  
the institution of methods, that armed force  
shall not be used, save in the common interest,  
and

To employ international machinery for the pro-  
motion of the economic and social advancement  
of all peoples.

have resolved to combine our  
efforts to accomplish these aims.

Accordingly, our respective Governments,  
through representatives assembled in the city  
of San Francisco, who have exhibited their full  
powers found to be in good and due form, have  
agreed to the present Charter of the United  
Nations and do hereby establish an interna-  
tional organization to be known as the United  
Nations.

## ORDER OF BUSINESS

Meeting called to order.

Homemakers' Creed.

Reading of minutes and their approval.

Report of Treasurer.

Report of Library Chairman.

Report of Citizenship Chairman.

Report of Health Chairman.

Report of 4-H Club Leader.

Report of Poultry Chairman.

Report of Fruit and Garden Chairman.

Reports of other Chairmen.

Old Business.

New Business.

Check Page on Accomplishments.

Program

Demonstration.

Announcements.

Social Hour.

Adjournment.

Compliments of

EXMORE COCA-COLA  
BOTTLING WORKS

Drink *Coca-Cola* In Bottles

Exmore, Virginia

ANNUAL ACHIEVEMENT DAY  
NORTHAMPTON COUNTY HOME DEMONSTRATION CLUBS

• THREE -

"OUR RESPONSIBILITY IN TODAY'S WORLD"

October 10, 1951

Bethel Methodist Church  
Fonesville, Virginia

ANNUAL ACHIEVEMENT DAY

NEW CASTLE COUNTY WARE DEMONSTRATION CLUBS

- 1951 -

"OUR RESPONSIBILITY IN TODAY'S WORLD"

October 10, 1951

Methodist Episcopal Church

Lansdowne, Virginia

NORTHAMPTON COUNTY COMMITTEE

President Mrs. Dixie Mister  
Vice-President Mrs. Bernard Nottingham  
Secretary Mrs. Edgar Smith  
Treasurer Mrs. A. E. Fuller  
Federation Goal Chairman Mrs. H. S. Wilson  
County 4-H Advisory Committee Chairman Mrs. B. B. Turner, Jr.

ADVISORS

Mrs. Betty K. Kyle, District Agent  
Richmond, Virginia

Mrs. Claude E. Wallace, State Agent  
Blacksburg, Virginia

Miss Emma Bratten  
County Home Demonstration Agent  
Eastville, Virginia

12:00 Noon - 3:00 p.m.  
Mrs. Dixie Mister, Presiding

Mrs. Dixie Mister	President
Mrs. Edward Nettleton	Vice-President
Lunch	12:00 - 1:30 p.m.
America	Group Singing
Mrs. E. L. Kelly, Accompanist	
Invocation	Rev. C. T. Boyd Minister Bethel Church
Welcome	Mrs. Dixie Mister Mrs. E. L. Kelly, Accompanist Group Singing
Radio Skit	Mrs. Edgar Smith Mrs. Dixie Mister Mrs. Herman Richardson
"Bless This House"	Rev. C. T. Boyd Mrs. C. T. Boyd, Accompanist
"Getting Acquainted With German Home Makers"	Miss Janet Cameron State Food Specialist Blacksburg, Virginia

HOMEMAKERS CREED

As homemakers we will strive to:

Have our organization foster the highest ideals in home, church, school and public life.

Have our homes reach out in service to the communities and help unite the people.

Have cooperation and progress the leading forces in our communities.

Study the best ways to do every day work that we may find joy in common tasks well done.

Be kind beyond the standards of charity; avoid thoughts and words that condemn; be more thoughtful than love requires; maintain the highest ideals of Christian life.

• ACHIEVEMENT DAY COMMITTEE

Mrs. Dixie Mister, Capeville

Mrs. N. L. Corbin, Machipongo

• Mrs. Walter Kaczorowski, Willis Wharf

Music

Mrs. E. L. Kelly

Hostess

Jamesville Club

Registration

Mrs. C. O. Barnes

Mrs. Willis Tyler

Mrs. Rudolph Carpenter

Lunch

Home Demonstration Club Members

DREAMING

My home must have a high tree  
Above its open gate;

My home must have a garden  
Where little dreamings wait;

My home must have a wide view  
Of field and meadow fair,  
Of distant hill, of open sky,  
With sunlight everywhere.

My home must have a friendship  
With every happy thing;

My home must offer comfort  
For any sorrowing;

And every heart that enters  
Shall hear its music there,  
And find some simple beauty  
That every life may share.

My home must have its mother,  
May I grow sweet and wise;

My home must have its father  
With honor in his eyes;

My home must have its children,  
God grant the parents grace,

To keep our home through all the years  
A kindly, happy place.

Home

Registration

Mrs. C. O. Barnes

Mrs. Willis Tyler

Mrs. Rudolph Carpenter

Home Delegates

Club Members

(Publishing Carried in 3 Eastern Shore Weeklies)

FRIDAY, JANUARY 5, 1951



**NORTHAMPTON**

The Wilsonia Home Demonstration Club met in the home of Mrs. E. A. Underhill, Monday, December 18th. Following routine business, at which time the 1951 Year Books were reviewed, a demonstration in "Christmas Gift Wrappings" was given by the Home Demonstration Agent.

The January meeting will be held with Mrs. N. L. Corbin — "Color and Design" in the Better Dress will be the demonstration at this time and all interested homemakers are invited to attend.

Mrs. A. R. Russell entertained the Cheriton Home Demonstration Club, Thursday, December 21, with ten members and three visitors present.

1951 Year Books were distributed and briefly reviewed. Leaders and officers discussed their duties and members exchanged attractively wrapped Christmas gifts, after which a discussion on "Wrapping Gifts" was discussed.

Mrs. Haywood Moore invited the club to meet with her, in January.

At the conclusion of the meeting Mrs. Russell surprised the members by inviting them into the dining room where festive punch, canned nuts and cookies were served from her most attractively appointed dining table.

The Business Womens group of the Community Home Demonstration Club met with Mrs. Eber Downes, Tuesday evening, December 19th, with eight members present. Mrs. Melvin Doughty, Mrs. Harvey Belote, Jr., and Miss Marion Rippon were welcomed at this time.

Following a short business session, a demonstration in "Glass Etching" was participated in by those present.

Mrs. Neal Downes will entertain the group, January 15.

**U-SHAPED SEWING CENTER**

Modern housewives have heard much about the convenience of a U-shaped kitchen. But a U-shaped sewing center may be a new and helpful idea for many a family seamstress.

Such an arrangement is suggested by Elsie K. Williams, Iowa extension specialist in clothing, who points out that sewing can be done faster and with less effort in a convenient work place where cutting table, adjustable ironing board, sewing machine and other equipment and supplies are grouped together where they are easy to reach, use and use. Such a set up saves walking "all over the house" in making a dress, as often happens when cutting is done on the dining room table, pressing in the laundry, and stitching in the bedroom.

Most right-handed women work most conveniently in a right to left direction. Arrange this by setting the cutting table to the right of the machine and the ironing board to the left. The fabrics can be cut out, folded in units, pieces slacked in order of use at the right of the machine. Each unit can be put together and pressed without getting up from the chair.

The Iowa specialist adds that the sewing center will be even more convenient with built-in drawer and closet space for storage of materials and equipment and with plenty of light on the work.

She adds that the location for

a sewing center should be out of the way of everyday family activities to save the time and effort of putting things away for another day when the job is only partly done.

**SPEEDIER SANDWICHES**

Sandwich-making can take a lot of time if several members of the household carry lunches to work or school. A speedier system is suggested by Vera Brastow of the school lunch staff of the Bureau of Human Nutrition and Home Economics, U. S. Department of Agriculture.

First, have all ingredients ready and equipment assembled before starting to make sandwiches. For example, have butter or margarine softened, filling mixed, bread sliced, lettuce crisp and thoroughly drained.

Soften butter or margarine by letting it stand at room temperature several hours never by melting with heat.

An electric mixer saves time and effort in making a large batch of smooth filling. Fillings that keep well—such as peanut butter and chipped dried fruit, or peanut butter and pickle relish—may be mixed in quantity and stored in the refrigerator. Others made with crisp vegetables, egg meat, poultry and fish are best made up the day they are used.

Day-old pullman or sandwich bread, sliced medium thin, is firm enough for easy spreading yet not too dry.

Equipment to speed the job: Scoop or ice cream disher for "portioning" filling; spatula or broad-bladed knife for spreading; long sharp knife for cutting; sandwich bags or ready-cut squares of waxed paper of the size to wrap each sandwich; cutting board.

For efficient making, arrange bread in rows—3 rows of 6 slices each to make 9 sandwiches. Without picking up bread, butter each slice to the very edge place a scoop of filling on alternate slices or rows; spread evenly to the edge. Cover with matching slice. For contrast in color or flavor some sandwiches are made by spreading the two slices with different fillings.

Stack several sandwiches together and cut in half diagonally with sharp knife. Wrap each sand-

wich separately, or put in separate bag. If made in advance, keep sandwiches in refrigerator until lunchbox is packed.

NEWSPAPER

(followed with several lines of illegible text)

50. VERSION

# The Pitts

[The main body of the page contains several columns of text that are almost entirely illegible due to heavy noise and artifacts. Only faint outlines of words and lines are visible.]

old, clipped syllables. "I am Limp-

Nellie Fox were married Wednesday, Dec. 28.

Jenkins Bridge—William Mason and Miss Ethel Taylor were married on Dec. 22.

Franktown—The marriage of Miss Annie Fanetta Pitts and Walter Marion Kellam will take place Tuesday, Jan. 11.

Onancock—Charles Davis Johnson and Miss Mary Bunsick of Nelsonia were married at Pocomoke, Wednesday, Dec. 29.

Daugherty—Clarence Simpson was and very seriously injured Thursday of last week by Herbert Satchell, colored.

Cashville — Miss Mary Kilmon and Grover Cleveland Selby of Craddockville, were married Sunday Dec. 26.

Greenbackville — Miss Marion Hosea Short and Elmer James Littleton of Modest Town were quietly married at the home of the bride, "Pha...," on Saturday Jan 1.

### 25 YEARS AGO

Craddockville, Jan. 3—Vernon, son of Duleie and Ella D...mond, died in a Norfolk hospital from a fall on ice during Xmas age 12 years, 6 months.

Accomac — Mrs. I. H. Bayly Brown of Accomac was fatally injured last Saturday when she was

## County Home Dem. Committee Holds Meeting April 17th

Semi-Annual Session  
Held In Court House  
Co. President Resigns

The Northampton County Home Demonstration Committee held its semi-annual meeting Tuesday, April 24th, at the Court House, Eastville, with seven of the eight clubs in the county represented. Mattress covers, for Jamestown 4-H Camp, made by club members, were brought in and \$10.00 in "Pennies For Friendship" was contributed by the clubs, to be delivered with the mattress covers, at the District Federation meeting, May 3rd, in King William County.

Treasurer's report showed 100 per cent Federation dues having been paid.

Resignation of County President, Mrs. Sidney Barends, due to her health, was accepted, with regret. A Nominating Committee, composed of Mrs. R. H. Rockwell, Chairman, Mrs. A. R. Russell and Mrs. Bernard Nottingham, was appointed to bring in nominations for President and Vice-President, at the September meeting.

County goals were checked and a copy of the county report, sent to the District Federation President, was read at this time.

Mrs. Betty Kyle, District Agent, discussed the District Federation meeting to be held at Central Garage on May 3rd, and urged those present to have at least one representative at this meeting.

Those present were Mrs. Dixie Minter, Mrs. C. O. Barnes, Mrs. W. T. Taylor, Mrs. N. L. Corbin, Mrs. Garland Miles, Mrs. Bernard Nottingham, Mrs. Rudolph Carpenter, Mrs. C. E. Boole, Mrs. Edgar Smith, Mrs. C. J. Eley, Mrs. Walter Kaczorowski, Mrs. A. R. Russell, and Mrs. H. B. Woodward.

## County Women Hold Meeting At Jamesville

### Home Demonstration Members Observe 5th Annual Achievement Day

Northampton County Home Demonstration Club members observed their fifth annual Home Demonstration Achievement Day program, on Wednesday at Bethel Church, Jamesville, with Jamesville Club members acting as hostesses.

Beginning at noon, representatives of the various clubs throughout the county, speakers and guests assembled around long tables, bedecked with handsome roses from Mrs. R. V. Marron's garden, for a picnic lunch. Following lunch, a program was presented carrying out the theme "Our Responsibility in Today's World." Mrs. E. M. Kelly, at the piano, led the group in singing "America," after which the Rev. C. T. Boyd offered the invocation. Later in the afternoon Mr. Boyd gave a vocal solo, with Mrs. Boyd at the piano.

A county report in the form of a radio skit was given by Mrs. Dixie Mister, County Chairman and President of Community Club; Mrs. Herman Richardson and Mrs. Edgar Smith. These homemakers stressed the work of the leaders in promoting a home demonstration program and outlined the year's work showing how an attempt was made to develop people rather than things.

Miss Janet Cameron, State Food and Nutrition Specialist, V.P.I. showed slides taken in Germany, to illustrate her talk on "Getting Acquainted with German Homemakers." Miss Cameron, who worked with German homemakers for six months during 1950, urged her hearers to learn all they can about people of other countries in order to bring about better understanding of our ideals.

Miss Elizabeth Stiff, State Extension Library, spoke briefly on the need for more and better reading material and distributed lists of good books for adults and children.

In spite of a stormy afternoon, practically all the Achievement Day attendants visited Mr. and Mrs. A. B. Fuller's remodeled home on Occahanock Creek. Entering the convenient and attractive dining room-kitchen, guests were ushered into the living room with large windows at one end, overlooking the water. Here guests chatted and some reminisced and marveled at the improvements as they looked at pictures of the house before the Fullers remodeled it. From here those present went to the lovely "breeze way" where punch, mints and cookies were served. The attractive flower borders and lawn were enjoyed as guests arrived and departed as rain prevented them from getting full benefit of the attractive grounds.—Contributed.

## FEDERATION GOAL

### NEWS, GRANCOCK, VIRGINIA



#### NORTHAMPTON

In observance of National Home Demonstration Week, seven Northampton County Home Demonstration Club members and agents attended the District V Home Demonstration Federation meeting, held at Central Garage, King William County, May 3.

The theme of the meeting, "Family Responsibility in Today's World", was developed throughout the program, with Miss Maude Wallace, Assistant Director, Extension Division, making the principal address.

"Ponies For Friendship" were presented by the sixteen counties represented in a very effective manner. Two 4-H Club members, standing between the U. S. and U. N. flags and holding a large tray, received the boxes, bearing the flags of countries represented in the U. N. Mrs. Herman Richardson presented Northampton County's contribution and explained Canada's participation in the U. N.

Miss C. L. Fisher, New Kent County, acted as Moderator of a Panel Discussion in which "County Achievements" were given. One outstanding event had been selected, from previously submitted county reports, by the District Chairman, Mrs. Edgar Smith, Secretary, Northampton County Home Demonstration Committee, explained the purpose of a "Tee" given by her county organization, to the 7th grade girls and their mothers.

Those attending this meeting were: Mrs. Dixie Minter, Mrs. Herman Richardson, Mrs. M. L. Gibbs, Mrs. Jack Hitch, Miss Georgia Warren, vs. Edgar Smith, Mrs. Walter Kackrowski and Emma Bratten, Home Demonstration Agent.

#### SLICED AND SUGARED FOR THE FREEZER

Is ripe all over, sound, firm and slightly tart in flavor — that's the way to have strawberries for home freezing. And strawberries are among the fruits that freeze most successfully, say home freez-

ing specialists of the Bureau of Human Nutrition and Home Economics, U. S. Department of Agriculture.

Berries may be frozen whole in sugar sirup or as puree or juice, but for finest flavor the specialists recommend sliced or crushed berries, sweetened with sugar. Here's how to prepare sliced, sugared berries:

After sorting berries to remove any that are green or imperfect, wash in cold water, a few at a time, lifting them gently out of the water to prevent bruising. Drain in a colander. Then remove hulls and slice into a bowl.

Sprinkle on sugar, allowing 3/4 cup sugar to each quart (4 cups) of fruit. To draw out juice, turn fruit over several times with a large spoon. (Use granulated sugar either loose or cane, or 1/4 cup corn and three-fourths granulated sugar.)

Pack berries in moisture vapor-proof containers. Hard containers such as the new square plastic "boxes" with press-on lids or glass freezer jars are easy to use. The berries will expand as they freeze, so one-half inch headspace should be left in pint containers, and one inch headspace in quarts. Be sure juice covers all the fruit. Press berries down with a spoon if necessary to let the juice rise.

Seal the container. Then label to show the date and also the type of product for example: "Sliced

sugared strawberries, June 15, 1951.)

#### CLEANING THE CONDENSER

A small but important cleaning job to do before hot weather arrives is dusting the condenser of the mechanical refrigerator, household equipment specialists of the U. S. Department of Agriculture remind homemakers. The condenser is a series of coils and metal fins which releases into the outside air the heat taken from the food compartment. In electric refrigerators it is located either in the motor compartment or at the back of the refrigerator. Keeping it clean helps keep the refrigerator in good condition and prevents overworking the motor, especially in hot weather.

Condensers in some refrigerators need cleaning every month, in others no often than every half year. Use a stiff brush or the dusting tool of the vacuum cleaner, or blow off dust by directing the blowing end of the vacuum cleaner at it. Always disconnect an electric refrigerator before cleaning the condenser.

Pour left-over cereal into a glass that has been rinsed out with cold water. Chill thoroughly and tip it out of the glass. It can be sliced and fried until crisp. A bit of sirup nuded over the top will make it more appetizing.

needs to make a rapid reach to save a fall. Too long trousers dragging over shoes are stumble hazards.

Check children's shoes often to be sure they fit and are in good repair, Miss Scott urges. "Trip" hazards include shoe straps that come unfastened, missing buckles, untied strings, flapping soles. A double tie makes shoe strings secure. As for the slippery soles of new shoes, especially hazardous to the toddler just learning to walk, rub with light sandpaper to rough them up for safety.

Play clothes probably need first attention for safety, but even best clothes can be hazardous, Miss Scott says, citing examples on dresses that easily come untied and drag, and party shoes with buckles on the side that may catch and cause an accident.

The cowboy outfit, so popular with the youngest generation, need safety consideration, too: If they include fuzzy "chaps" be sure the fabric is non-flammable. High-heel hazards often have been pointed out to women, but how about those tilted-heeled boots on which many young cowboys are teetering? Such heels are designed for stirrups, not for the lad on foot.

Miss Scott's suggestions are the result of her work on garments best-suited to the needs of young wearers.

#### Safe Clothes For Children

Consider safety as well as comfort, economy and attractiveness when selecting young children's clothes this fall, Clarice Scott, clothing specialist of the U. S. Department of Agriculture, counsels mothers. Clothes that fit, she says, look better wear longer, are safer and more comfortable than too big or too small.

An oversize playsuit or snowsuit, for example, is awkward and uncomfortable, may catch on anything in the way and jerk a running child to a dangerous stop. Straps that continually slip off shoulders may restrict a child's arms just when he

## TYPICAL 4-H CLUB NEWS

(Publicity Carried in 3 Eastern Shore Weeklies)

### 4-H Club News

#### Birds Nest 4-H Club Meeting

The regular meeting of the Birds Nest 4-H Club was held in the school library, April 5, 1951, with Judy Erstlev, president, presiding. After roll call and minutes of the last meeting were read and approved the treasurer reported receipts from a game party. Then followed reports of standing committees.

Pete Parkerson, Chairman of the Community Project Committee reported need for more plants, shrubbery, etc for the school lawn. Rosabel Gladden, Chairman of committee to make scrap book for the hospital, presented to the club the scrap book and was complimented very highly for the nice job they had done.

The first item of old business was a discussion of the cup for the best 4-H window display—Birds Nest 1950 and Exmore 1951. The treasurer of the club was then told to take money out of the club treasury to pay Miss

Bratten for the machine band which the club would donate to the school. Leah Belle Hudson was then appointed chairman of the committee on Rural Life Sunday, April 29.

Mr. Branch discussed the amateur show to be sponsored by the 4-H clubs of Accomack County on April 27.

The president then turned the meeting over to the Program Chairman, Joe Wescott, who presented the following program:

Song—"Ploughing Song" by the club

Poem—"Daffodils" by Joe Wescott

Game—"Coffee Pot" by the club

Theme Song—"The More We Get Together" by the club

The meeting was then turned back to the president and adjournment followed with the Club Pledge, Motto and Colors.

Leah Belle Hudson, Reporter

### 4-H Club News

4-H Clubs, in Northampton County, got off to a fine start in 1951. The five clubs met with practically 100 per cent attendance and as much enthusiasm.

All clubs reported having contributed to the International Farm Youth Exchange in helping to send a 4-H club member to a foreign country, next summer. This club member will live with a family or families to learn their mode of living and problems.

Announcement was made, at these meetings of the semi-annual meeting of the 4-H Club Council, to be held Saturday, January 13th, in the Northampton High School Lunch Room, beginning at 10:50 a. m. Officers of the clubs, leaders, sponsors and county agent will meet in an all-day session to set up goals, train officers, plan programs, etc.

#### Northampton 4-H Club

The 4-H Club held its fourth meeting, in the school library, on January 3. All members were present but three. We opened the meeting with the roll call. The secretary being absent, the reporter served in that capacity. We discussed some unfinished business. Jimmy Underhill was elected chairman of the Community Project Committee; Patty Bundick and Joyce Carpenter are to serve on this committee, also. New business was then discussed. We talked about the Council meeting to be held at Eastville, January 13th.

The meeting was then turned over to the Recreation Leader, Ellie B. Savage. We played "This Is My Nose" and "Pleased Or Displeased" and had loads of fun.

The meeting was closed with the Club Pledge, Motto and Colors.

Reporter—"Yolie" Rodriguez

#### Birds Nest

The regular monthly meeting of the Birds Nest 4-H Club was held on Thursday, January 4, in the school library, with Judy Erstlev presiding.

After the minutes were read and approved and the treasurer's report given, the following committee reports were heard:

Pete Parkerson, chairman of the community project committee reported that our community project had been selected and told of the plans being made.

Nancy Fray, chairman of the ways and means committee, suggested several ways of making money for the club. A motion was made and carried that the club would have a party and also sell cards and seeds.

Pins for project completion were then awarded to 36 members of our club by Mr. Branch, after which Miss Bratten told us about our new banner. She also reminded us to be sure to attend the County 4-H Council meeting to be held at Eastville High School on Saturday, January 13, beginning

### 4-H Club News

Cheriton 4-H Club held its re-organizational meeting, Tuesday, October 2, with Judy Means, President in the chair.

Reports were given by those who attended Jamestown 4-H Camp in July.

The following officers were elected for 1951-52:

President, Nancy Charnock; Vice President, Southey Holland; Secretary, Marshall Acuff; Treasurer, Mary Frances Couch; Reporter, Lillie Richardson; Song Leader, Betty Lou Savage; Recreation Leader, Tommy Hall.

Lillie Richardson, Reporter

The 4-H Club of Northampton High School held its first business meeting, Wednesday, October 3, 1951, in the school lunch room. The purpose of the meeting was to elect officers for the coming year. They were elected as follows:

President, Theron Bell; Vice President, Joe Wescott; Secretary, Beverly Wescoat; Treasurer, Joyce Carpenter, Reporter, Judy Erstlev, Song leader, Gerry East, Recreation Leader, Mary Anne Gaylor.

After the election of officers, Miss Bratten introduced our new club sponsor, Mrs. B. B. Turner, Sr., who has been a 4-H leader in the county, for 23 years.

Mr. Branch discussed our projects. He announced that both boys and girls would take an electrical project, along with other projects if they preferred.

We are hoping to have an outstanding 4-H Club at Northampton High this year.

The meeting was then adjourned with our Club Pledge, Motto and Colors.

Reporter, Judy Erstlev



## 4-H RECOGNITION BANQUET

Publicity carried in 3 Eastern Shore Weeklies)

### County 4-H Leaders To Be Honor Guests Chain Stores Banquet

Northampton and Accomack County 4-H Club leaders will be honored at a banquet program to be given on Nov. 7th, at La Fonda by chain stores on the Eastern Shore.

The program will include awarding 4-H leadership pins to adult leaders for their time and energies given voluntarily and gratuitously in promoting and directing 4-H activities.

The chief talk will be made by M. A. Hubbard, executive secretary, Virginia Farm Bureau Federation on "Working Together for World Understanding." The event is being sponsored by Colonial Stores, Inc., American Stores, Great A & P Tea Co., McCrory Stores and A & N Stores, in cooperation with the Virginia Chain Store Council and the Agricultural Extension Service.



**SPEAKERS AT 4-H DINNER**—Above is the group of speakers at the dinner held at La Fonda last night honoring 4-H leaders. Left to right are: Mrs. Betty Kyle, Mr. John D. Hatchinson, Rev. George Apperson, Miss Ruth Ann Taylor, Mr. M. A. Hubbard, Mr. V. M. Gaunt, Miss Hallie Hughes, and Mr. Henry C. Lewis.

We take pleasure in inviting you to attend the

4-H Club Adult Leadership

Recognition Dinner

La Fonda, Exmore, Virginia

Wednesday, November 7, 1951

7 P. M.

Host Committee Managers

American Stores

Colonial Stores, Inc.

Army and Navy Stores

McCroxy Stores Corp.

The Great A. & P. Tea Co.

4-H CLUB VOLUNTEER  
LEADERSHIP RECOGNITION  
DINNER

COUNTIES OF

ACCOMACK



NORTHAMPTON

LA FONDA  
EXMORE, VIRGINIA

NOVEMBER 7, 1951

7:00 P. M.

---

"WORKING TOGETHER FOR WORLD UNDERSTANDING"

---

The managers of the sponsoring chain store firms on the Eastern Shore are appreciative of the opportunity of joining with the Virginia Agricultural Extension Service and 4-H Club members in recognizing the following adult leaders for their time and energies given voluntarily and graciously in promoting and directing 4-H Club activities, thereby improving the moral, social, and economic welfare of club members and the communities in which they live.

Twenty-three Years Service

Mrs. B. B. Turner, Sr.

Ten Years Service

Mrs. Gerald Taylor

Five Years Service

Mrs. John Barnes

Mrs. R. Viohl

Two Years Service

Mrs. Elinor Tarr

Mrs. Walter Barn

One Year Service

Mrs. John K. Branch

Mrs. Marvin Custis, Jr.

Mrs. Forest Bell

Mrs. Drummond Middleton

Mrs. Howard Watts

Mrs. Henry Jander

Mrs. Willard Pruitt

Mrs. Lewis Northan

Mrs. Tyson Mapp

Mrs. F. V. Matthews

Mrs. Joe Scott

Richard Evans

Mrs. Roger Groton

---

"WORKING TOGETHER FOR WORLD UNDERSTANDING"

---

\* AMERICA

My country 'tis of thee,  
Sweet land of liberty,  
Of thee I sing;  
Land where my fathers died,  
Land of the pilgrims' pride,  
From every mountain side  
• Let freedom ring!

DREAMING

My home must have a high tree  
Above its open gate;  
My home must have a garden  
Where little dreamings wait.  
My home must have a wide view  
Of field and meadow fair,  
Of distant hill, of open sky,  
With sunlight everywhere.

My home must have a friendship  
With every happy thing;  
My home must offer comfort  
For any sorrowing;  
• And every heart that enters  
Shall hear its music there,  
And find some simple beauty  
That every life may share.

My home must have its mother,  
May I grow sweet and wise.  
My home must have its father  
With honor in his eyes.  
• My home must have its children,  
God grant the parents grace  
To keep our home thru all the years,  
• A kindly, happy place.

4-H CLUB PLEDGE

I pledge:

My HEAD to clearer thinking.  
My HEART to greater loyalty.  
My HANDS to larger service, and  
My HEALTH to better living, for my  
club, my community, and my country.

4-H CLUB MOTTO

"To Make the Best Better"

4-H CLUB COLORS

Green and White

Green: Nature's most common color is emblematic of springtime, life and youth.

White: Symbolizes purity and high ideals.

"WORKING TOGETHER FOR WORLD UNDERSTANDING"

**PROGRAM**

Group Singing ..... America

Toastmaster ..... Mr. W. M. Gaunt, Jr.  
Field Representative, Virginia  
Chain Store Council,  
Richmond, Virginia

Invocation ..... Rev. George M. Apperson, Jr.  
Accomac, Virginia

Welcome and Introduction of Hosts.... Mr. A. A. Howard, Supt.  
Colonial Stores  
Exmore, Virginia

Dinner

Recognition of Leaders..... Miss Hallie Hughes  
Associate State 4-H Club  
Agent, Blacksburg, Virginia

Special Music ..... Miss Eleanor Churn  
4-H Club Member  
Northampton County

"Working Together For World Understanding"  
Mr. M. A. Hubbard  
Executive Secretary  
Va. Farm Bureau Fed.  
Richmond, Virginia

Thanks to Club Leaders and Friends... Miss Ruth Ann Taylor  
4-H Club Member  
Accomac County

Adjournment — 4-H Pledge

Pianist  
Miss Nancy Viohl

Song Leader  
Mr. John K. Branch

"WORKING TOGETHER FOR WORLD UNDERSTANDING"

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"WORKING TOGETHER FOR WORLD UNDERSTANDING"

## 4-H RECOGNITION BANQUET

(Publicity carried in 3 Eastern Shore Weeklies)

# Club Leaders Are Honored

The 4-H Club Volunteer Leadership Recognition dinner for Accomack and Northampton counties, sponsored by the chain store firms of the Eastern Shore with the Virginia Agricultural Extension Service and 4-H club members was held at La Fonda last night with about fifty in attendance.

The leaders and their service:  
23 years — Mrs. B. B. Turner;  
19 years — Mrs. Gerald Taylor;  
5 years — Mrs. John Barnes, Mrs. R. Viohl;  
2 years — Mrs. Elinor Tarr, Mrs. Walter Barnes.

1 year — Mrs. John K. Branch, Mrs. Marvin Custis, Jr., Mrs. Forest Bell, Mrs. Drummond Middleton, Mrs. Henry Jander, Mrs. Willard Truitt, Mrs. Lewis Northam, Mrs. Tyson Mapp, Mrs. F. W. Mathews, Mrs. Joe Scott, Mr. Richard Evans and Mrs. Roger Groton. Pins were awarded.

The program last night at La Fonda was:

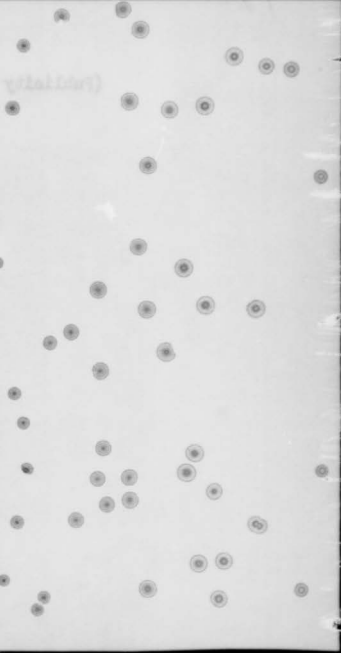
Group singing; toastmaster, W. M. Gault, Jr., Field Representative for Virginia Chain Store Council; invocation, Rev. George M. Apperson, Jr.; dinner; recognition of leaders by Miss Hallie Hughes, Associate State 4-H Club agent; special music, Miss Eleanor Churn, 4-H member Northampton Co.; address, M. A. Hubbard, Executive Secretary Virginia Farm Business Federation; thanks to club leaders and friends, Miss Ruth Ann Taylor 4-H member Accomack; adjournment with 4-H pledge; pianist Miss Nancy Viohl; group leader, John K. Branch.

The affair last night was given by the following chain stores: McCrory, A. & P. Tea Co., A. & N. Stores, American Stores and Colonial Stores.

REPORT NUMBER 8-1

(subject code number) (at bottom of page)

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### 4-H Club Leaders Recognized



Staff photo by Howard Hutchinson

Eastern Shore 4-H Club leaders were recognized at a dinner at La Fonda, Exmore, Va., Wednesday evening. Those having the longest service were, reading left to right — Mrs. R. Viehl, Mrs. B. B. Turner, Sr., and Mrs. Gerald Taylor.

In the observance of 4-H Club Sunday, 4-H members are always encouraged to attend the church of their own choice. At that time, in keeping with the Heart II, their attention can well be directed to the development of their own spiritual lives, and thus they can be helped "to stand firm under the pressures of life." Today, more than ever before, people of all lands are in need of that spiritual development which will enable them, if put to the test, to meet triumphantly the threatening crises that seem to overhang the world.

Northampton County 4-H Club

members will observe April 29, as Rural Life Sunday. All members and their families will attend the church of their choice and participate in the services, if requested to do so by their pastors.

**4-H Club Council Holds**

**Semi-Annual Meeting**

The semi-annual meeting of the Northampton County 4-H Club Council, was held Friday, June 15, in the lunch room at Northampton High School, with Tommy Rice, President, in the chair. In the absence of Nancy Viohl, Secretary Leahbelle Hudson, was named Secretary Pro-Tem.

A check of club goals, by clubs, showed much progress, in the majority of the clubs.

Delegates to the State Short Course, to be held at Blacksburg, June 25-30, were elected at this time. Mary Anne Gaylor, Geraldine East and Tommy Rice will represent Northampton County at this meeting.

July 19th was selected as the date of the annual 4-H picnic, to be held at Wilkins Beach. Floyd Boole was appointed chairman of the program committee for the picnic and selected Nancy Fray and Joe Wescott to serve with him.

Achievement Day, to be held in November was discussed and the following program committee was appointed: Chairman, Mary Anne Gaylor, Judy Erslev and Jackie Mapp.

The meeting was adjourned with the Club Pledge, Motto and Colors, to meet January 12, 1952.

**4-H CLUB COUNCIL HOLDS SEMI-ANNUAL MEETING**

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**NATIONAL HOME DEMONSTRATION COUNCIL**

The annual meeting of the National Home Demonstration Council will be held at the Michigan State College, East Lansing, Michigan, August 13 to 17th.

The theme of the meeting will be "Democracy, The Torch We Hold."

All guests will be housed in College dormitories. The rooms have single beds, two in a room. Towels and bedding are furnished. Twenty-five dollars will be the cost which includes registration fee, board and room, starting Monday evening, with dinner, and ending with luncheon, Friday.

For further information, regarding this meeting, contact your Home Demonstration Agent.

House remodeling today should put first emphasis on changes which protect health, increase safety, and make work easier. Remodeling for appearance only has become a luxury which does not fit into the defense program.

If you have a home heating system with radiators, be sure to use the right kind of paint on them. Metallic paint used on radiators acts like insulation and reduces heating efficiency. Use instead a flat wall paint to blend with wall paper, or the same paint as that used on the walls. This practice increases heat efficiency by 10 to 15 per cent.

NATIONAL 4-H CLUB WEEK OBSERVANCE

**Eastern Shore  
National 4-H Club  
Week Winners**

National 4-H Club Week was very successful on the Eastern Shore. Each club participated, with most clubs entering the display window contest. Winners of the contest in Accomack County were: Onley, first; Bloxom, second; and Wachapreague, third.

Winners in Northampton County were: Exmore, first; Cheriton, second; and Birds Nest, third.



Reading left to right—top, Birdsnest, Exmore-Willis Wharf; bottom, Cheriton.

**WINDOW DISPLAYS—**

During National 4-H Club Week—March 3 - 11.

These windows were judged, by impartial persons, on originality, attractiveness, member participation in making exhibit and educational value.

Exmore - Willis Wharf Club won first place, Cheriton, 2nd and Birds Nest, 3rd.

