

100  
TOPICS  
FOR



CLOTHING  
AND  
TEXTILES

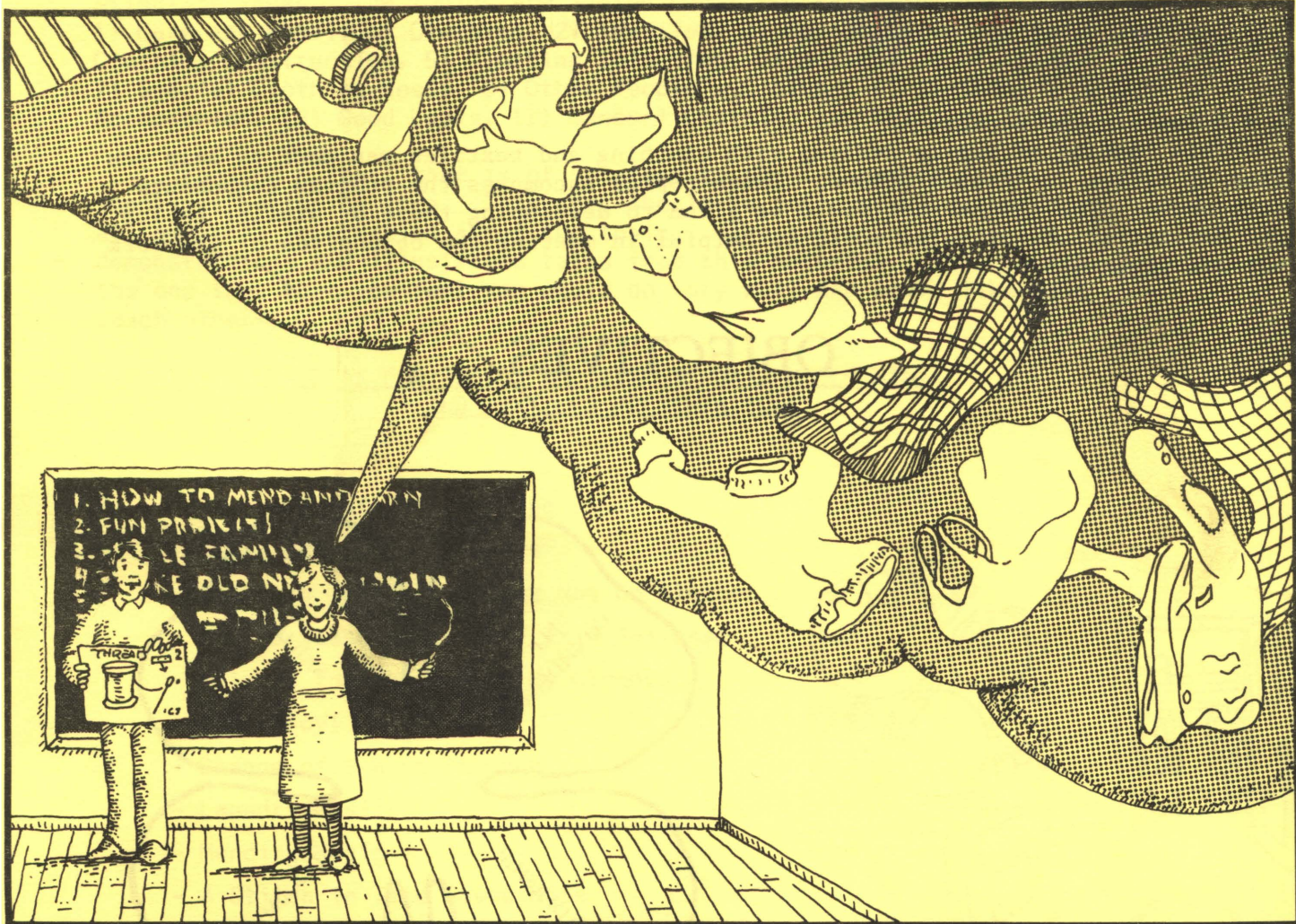
PRESENTATIONS

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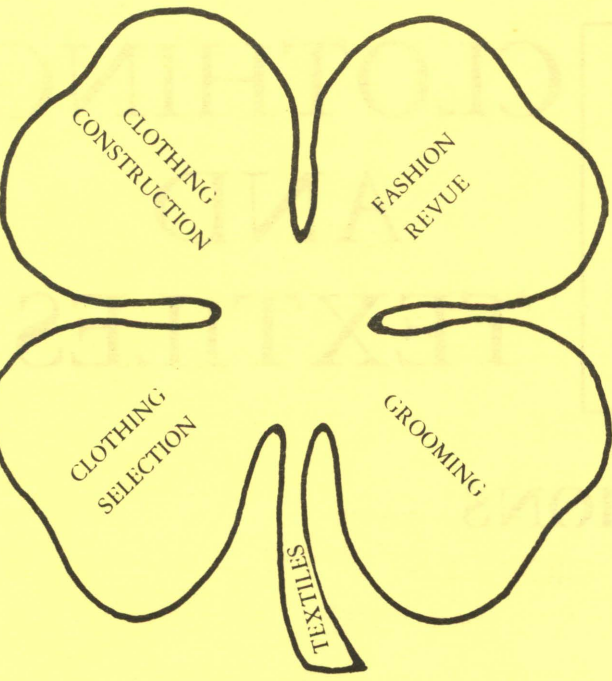
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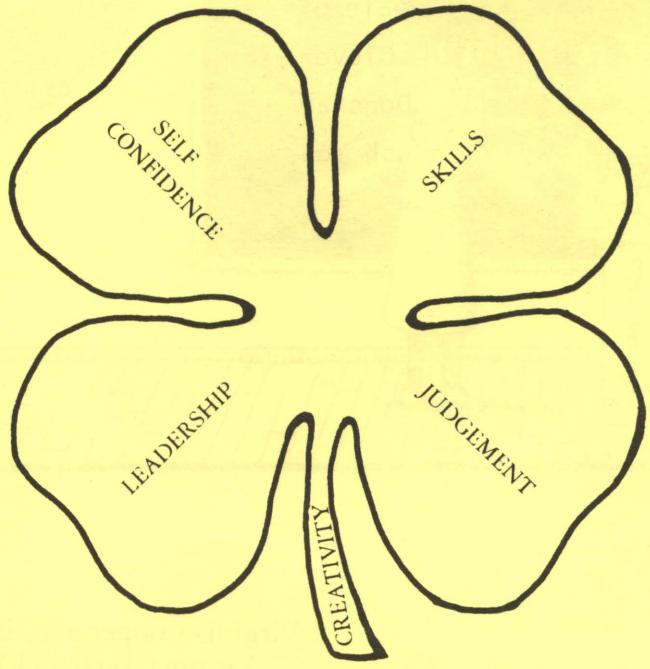


# 4-H CLOTHING & TEXTILES PROGRAM COMPONENTS

To 4-H Members and Leaders

This listing of topics dealing with clothing and textiles was made to help you think up titles for Presentations. These topics encompass the program components given above. The effort that would be given to developing these or similar topics into demonstrations or talks would be helpful in meeting the objectives of 4-H work that are given below.

## OBJECTIVES



# 100 TOPICS FOR 4-H CLOTHING AND TEXTILES PRESENTATIONS

Prepared by: Beatrice Kalka, Ed.D., Extension Specialist, Clothing and Textiles

Presentations are an important part of all 4-H programs because they are tools that can be used to learn and to teach others. They also provide opportunities for recognition -- a ribbon, one's name in the 4-H news, a picture in the newspaper!

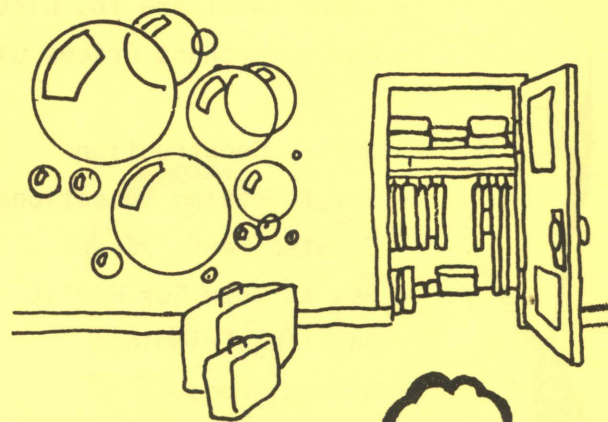
Boys and girls enrolled in projects in the 4-H Clothing and Textiles Program Components (see back of the front cover for a listing of components) have many opportunities to prepare and make presentations such as demonstrations and illustrated talks.

Topics for clothing and textiles presentations are suggested to stimulate ideas. The topics are listed under the following headings: 1) Care and Repair of Clothing, 2) Textiles, 3) Buying Clothing, 4) Clothing Construction, 5) Clothing Selection, 6) History of Clothing, 7) Special Clothing Needs, 8) Other People's Clothes, 9) Clothing Accessories, 10) Good Looks, 11) General Clothing and Textiles Topics.

Choosing a topic that is of interest to the 4-H member is an important beginning step. This step should be followed by gathering all possible information about the topic. Make a list of ideas for demonstrations and illustrated talks from this material. Then select the one idea that you feel you could do very well and would like to teach others.

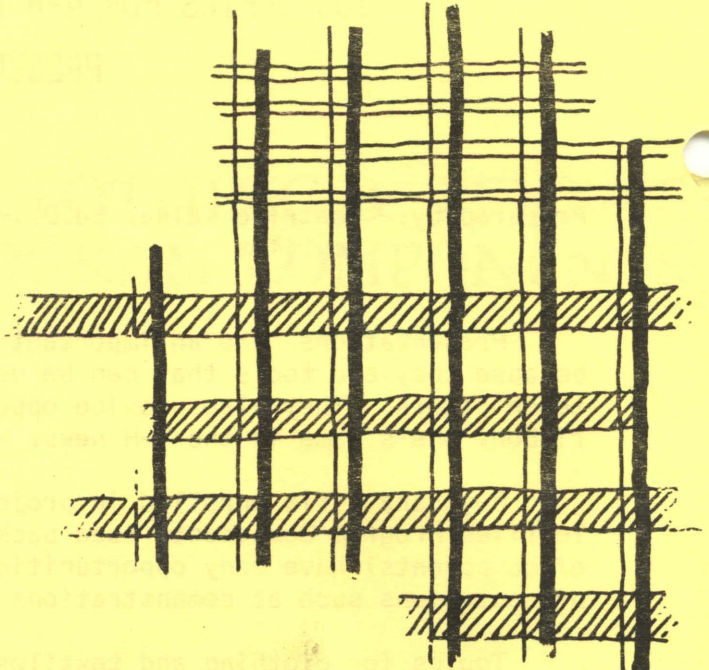
## IDEAS FOR TOPICS AND TITLES FOR 4-H CLOTHING AND TEXTILES PRESENTATIONS

1. Care and Repair of Clothing
  - Clean and Clever Closets
  - Spots on Dogs are OK But Not on Clothes
  - How to Stash Your Stuff in a Suitcase
  - This Is the Way I Wash My Clothes
  - Suds Ahoy!
  - Change of Season Storage
  - Laundry Basics
  - Mending Magic
  - A Stitch in Time Saves Nine
  - Recycle - To Look Like New
  - How to Read a Fabric Care Label



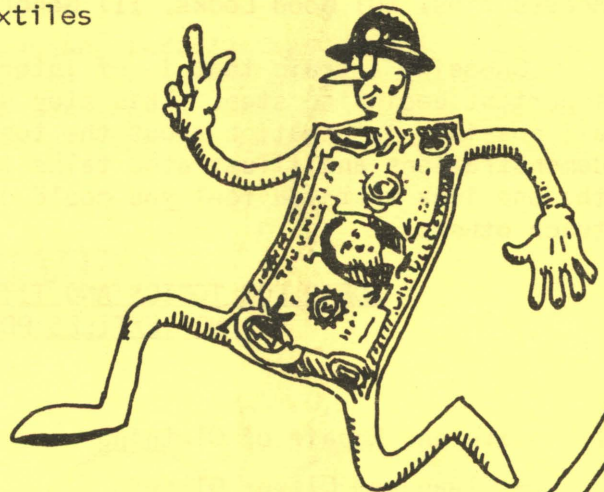
2. Textiles

- T is For Textiles
- Textile Legislation
- Stretch Your Knowledge of Textiles
- Be a Fabric-Wise Consumer
- Know Your Knits
- Wise Shopping for Fabric
- Textile Topics on Target
- A Textile Research Project
- Testing for Colorfastness
- Comparison Tests on Textiles
- A Lamb's Textile Tale
- Be "Materialistic"
- Exploring the World of African Textiles



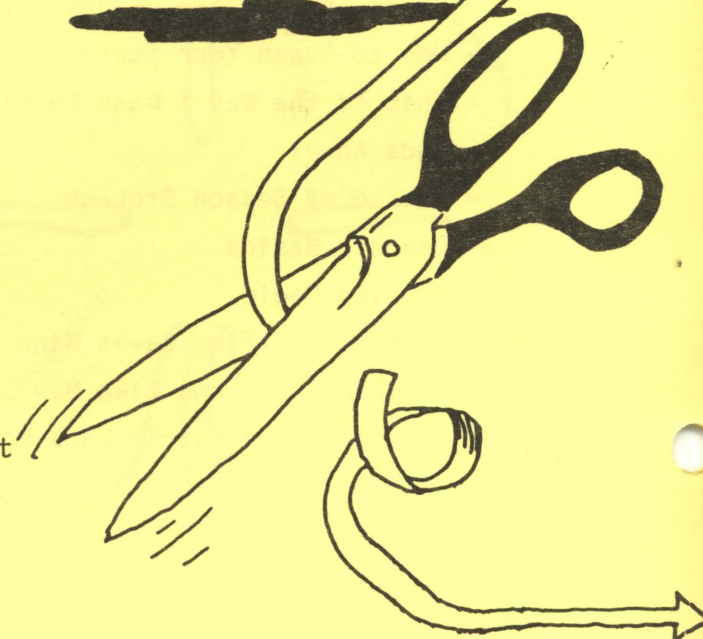
3. Buying Clothing

- Clothing Dollars and Sense
- How to Make a Complaint
- We All Pay for Shoplifting
- How to Be a Savvy Shopper
- Be Fashion Aware
- Ready, Set, Shop
- Clothes Help!
- Label Talk! Are You Listening?
- How a Merchant Prices Clothing



4. Clothing Construction

- Sew Something Sensational
- Updated Pants/ Jeans
- Sew at Home For Profit
- Dazzling Trimmings
- Ribbon Moods
- All About Buttons
- New Sewing Equipment -- How to Use It
- Sew Business



### Clothing Construction (contd.)

- Tips for Designing With Patterns
- Old Sweater = New Vest
- "Plan" to Sew
- How to Care for The Sewing Machine
- I'm A Sewing Machine Mechanic
- Thread on the Spool
- A Needles Eye
- Successful Machine Applique
- Press a Fine Seam
- Sew Plaids

### 5. Clothing Selection

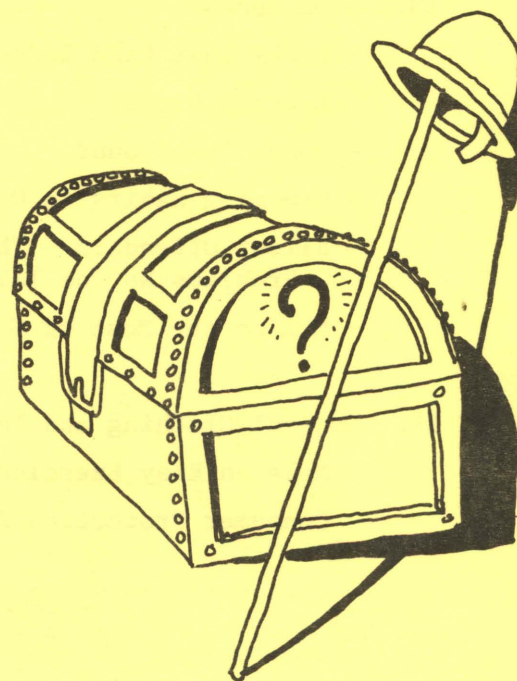
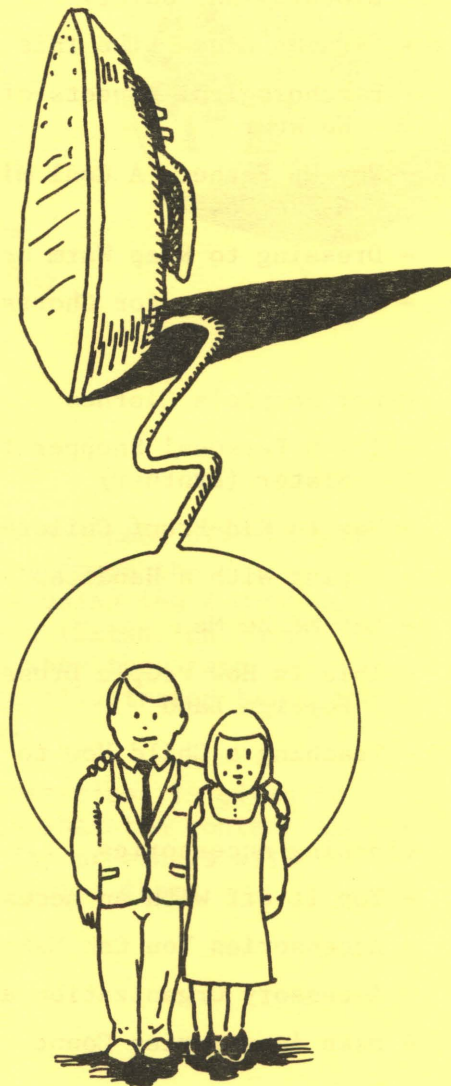
- Clothing Tips for Guys and Gals
- The Shoe Scoop
- The "D-Mons" in the Clothes Closet
- T-Shirt Topics
- Gear Up for Jogging
- Dressing for Active Sports
- Inner and Outer You
- How Many Safety Hazards Can You Find?
- Tricks With Color in Clothing
- Dressing My Self Image
- Hi Fashion!
- Clothing That Suits My Lifestyle
- Tie a Tie: Right in Fashion

### 6. History of Clothing

- Look What I Found in Great Aunt Jane's Trunk
- Clothes That My Ancestors Wore
- Attic Treasures
- Clothing Tales I See In Family Photographs

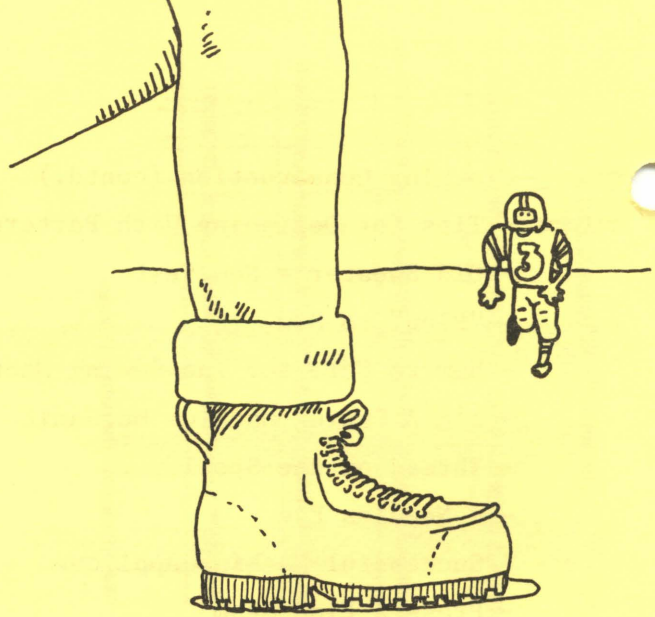
### 7. Special Clothing Needs

- How I Would Need to Dress to Drive in a Race Car Event
- Why I Dress Like This to Play Football



Special Clothing Needs (contd.)

- Clothing and Safety
- Firemen Dress Like This Because
- Psychological Aspects of The Clothes We Wear
- Why My Father, A Coal Miner, Dresses As He Does
- Dressing to Keep Warm or Cool
- Safe Clothing for Chores



8. Other People's Clothes

- I'm a Personal Shopper for My Baby Sister (Brother)
- How to Kid-Proof Children's Clothes
- Coping With a Handicap
- Let Me Be Me
- This Is How People Dress in a Foreign Land
- Teaching a Child How to Tie His Shoes



9. Clothing Accessories

- Top It Off With An Accessory
- Accessories You Can Make
- Accessory Organization and Storage
- Make Accessories Count

10. Good Looks

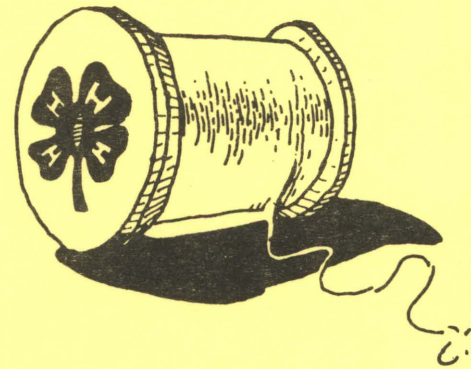
- Looks That Land Indoor/Outdoor Jobs
- Looking Great
- Looks That Count
- Grooming Habits in Other Lands
- Silent Offenders - The Grooming Problems No One Talks About
- Making the Most of Grooming Dollars



11. General Clothing and Textiles Topics

- Make an Easy Exercise Mat
- Consumer Protection Agencies





General Clothing and Textile Topics (contd.)

- Career Awareness in Clothing and Textiles
- What to Look For When Buying a Sleeping Bag
- New Sewing Books to Crack
- Sew: Totable Game Boards
- Fashion Modeling Cues

After the demonstration or illustrated talk has been planned and polished, 4-H'ers can judge how well they have prepared the presentation. This can be done rather easily by using the 4-H Member Demonstration and/or Illustrated Talk Scoring Aid (Extension Form 388-062) as a guide. The aid is used by judges when they rate 4-H Members Clothing and Textiles demonstrations and illustrated talks and can be obtained from the local Extension office.

This listing of topics and titles for presentations is given to trigger ideas. It is up to the 4-H'er to decide what the content shall be. A leader, Extension Agent, teacher, librarian or others will assist with this step if the 4-H'er wishes to involve them.

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