

NARRATIVE REPORT

1947

POWHATAN COUNTY

VIRGINIA

Katherine R. Brent
County Home Demonstration Agent

STATEMENT REPORT

1947

FOURTH COUNTY

VIRGINIA

Katherine R. Brown
County Home Demonstration Agent

11-11
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III. Scope of Work

A. Home Demonstration Clubs

Number 9 Membership 217

Other women reached by home demonstration club members 50

B. 4-H Clubs

Number 5 Membership 62

C. No Older Youth Groups organized.

D. Number reached through other groups by agent 55.

F. Other methods used to reach families

Through home visits, circular letters, radio and office calls
we estimate 75 additional families were reached.

G. Estimate total number families reached 427

Number farm families in county 482 (1945 census)

IV. Adult Work

A. Home Demonstration Club Program

1. Project work

a. The home demonstration program for 1947 was determined through local surveys, through study and discussions of conditions and situations likely to confront us in 1947, according to outlook information. These determining activities took place, first, in the home demonstration groups and second, in an all day county program planning meeting, to which findings of the clubs are brought by their presidents. This county meeting was held early in the fall of 1946.

b. Adequate nutrition "at home" and to add our bit in the producing

Narrative Report - 1947 - Towson County

III. Scope of Work

A. Home Demonstration Clubs

Number	9
Membership	217

Other women reached by home demonstration club members 30

B. A-H Clubs

Number	2
Membership	82

C. No Other Youth Groups organized.

D. Number reached through other groups by agent 73

F. Other methods used to reach families

Through home visits, circular letters, radio and office calls we estimate 75 additional families were reached.

G. Estimate total member families reached 427

Number farm families in county 182 (1945 census)

IV. Adult Work

A. Home Demonstration Club Program

1. Project work

a. The home demonstration program for 1947 was developed through local surveys, through study and discussion of conditions and situations likely to confront us in 1947, according to outside information. These determining activities took place, first, in the home demonstration groups and second, in an all day county program planning meeting, to which findings of the clubs are brought by their residents. This county meeting was held early in the fall of 1946.

b. Adequate nutrition "at home" and to add our bit in the producing

Narrative Report - 1947 - Powhatan County

and sharing of food for world needs were objectives in the selection of:

Food Production, stressing vegetables, fruits and poultry for home use.

Food Conservation, canning, storage and stressing preservation by freezing, since a local cooperative was building a Freezer Locker Plant in the county.

The National School Lunch Program, What it is - What it can mean - because many families were confused about the status of the national school lunch program and because children in many instances did not "like" or eat the lunch served.

Kitchen Planning and Kitchen Equipment were selected as topics for study and demonstrations because many kitchens in the county, especially farm kitchens badly needed renovating, remodeling and being brought up to date in arrangement and labor saving equipment.

Re-finishing Furniture and Renovating Lamps and

Care and Repair of Electrical and Other Household Equipment, (including pressure cookers) were projects selected because of the continued scarcity of furniture, poor quality and high cost of what was available and the scarcity of electrical equipment.

c. Food Production - Following the lead of the National Garden Committee, we had as our goal to urge an adequate garden for every family in the county, where suitable land was available. Through the garden leaders in home demonstration clubs, who gave seasonal information in all club meetings; through a county-wide meeting for men and women, with a Garden Specialist from our State Extension Service as speaker; through a circular letter early in the garden season to every home, giving reasons for stressing vegetable production; through a radio talk entitled, "Grow Your Own" and through distribution of our "Virginia Garden Plan" leaflet

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and other garden publications, to those desiring them, we tried to reach every home, stressing the importance of growing a garden and with concrete information on same. Later on in the program we used home visits and demonstration gardens. We estimate over 400 families had gardens. The season for good gardens were against us this year, but most of these gardeners followed through the growing season fairly well. We estimate 25% of home gardens now have at least one small fruit. A striking improvement in home garden was noted in the use of better varieties of vegetables. Another is in planting more tomatoes, and using more for canning and for canned juice. Often I have a Mother to mention that she gives her children tomato juice when they get in from school in the afternoons, "because they like it then".

In poultry production, the aim of practically every farm family is a flock large enough to take care of the family's needed supply of eggs and poultry for table use, and to have some left over for the market. A great deal of chicken has been used for food since other meats are so expensive and scarce. Most of our twelve farm flock demonstrators carry a flock of fifty or more hens. Four meetings were held at these homes. In clubs where these demonstrators were club members they were selected Poultry Leaders. In all club meetings, leaders were responsible for giving seasonal and current information pertinent to poultry raising. Seven thousand five hundred and fifty-four chickens were reported raised, and 11,041 dozen eggs sold, besides those used for food at home. A few of the

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Narrative Report - 1967 - Tompkins County

and other garden publications, to those desiring them, we tried to reach every home, stressing the importance of growing a garden and with concrete information on same. Later on in the program we had home visits and demonstration gardens. We estimate over 100 families had gardens. The season for good gardens was again in this year, but most of these gardens followed through the growing season fairly well. We estimate 25% of home gardens now have at least one small fruit. A striking improvement in home gardens was noted in the use of better varieties of vegetables. Another is in planting more tomatoes, and using more for canning and for canned juice. Often I have a mother to mention that she gives her children tomato juice when they get in from school in the afternoon, "because they like it then".

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farm families with whom we work, carry larger flocks as a money making project.

Food Conservation - canning according to a plan and teaching preservation by freezing, since the county freezer locker plant was supposedly almost ready to be used, were stressed. Also, a few families have home freezers. Demonstrations were given in all club groups by leaders, who had been trained for this, in preparing vegetables, fruits and meats for quick freezing and storing. In addition, bulletins on freezing vegetables and fruits and on freezing meats were given to over 200 families. Another demonstration was given on preparing frozen foods for table use. There was good deal of interest in these demonstrations, since, when we were carrying this feature of the program it was expected that the county freezer locker plant would soon be operating. However, it was not opened until too late for vegetables and fruits, but reported frozen and stored in home freezers or neighboring county locker plants, were: 280 qts. of fruit, 135 qts. of vegetables and 1,648 lbs. of meat. Through information given at club meetings and in a circular letter, to all homemakers, through home visits and telephone conversations and through information and demonstrations given by club leaders and other experienced canners to friends and neighbors, home canning methods were kept up to date. Twenty-six thousand eight hundred and sixty-one qts. of fruits and vegetables and 2,567 qts. of meat were canned. Also conserved by other methods, were fruits dried, 65 lbs., vegetables dried, 545 lbs., vegetables brined, 85 gal.

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Narrative Report - 1947 - Potomac County

farm families with whom we work, carry larger loads as a money making project.

Food Conservation - according to a plan and teaching preservation by freezing, since the county freezer locker plant was supposedly almost ready to be used, were stressed. Also, a few families have home freezers. Demonstrations were given in all club groups by leaders, who had been trained for this, in preparing vegetables, fruits and meats for quick freezing and storing. In addition, bulletins on freezing vegetables and fruits and on freezing meats were given to over 300 families. Another demonstration was given on preparing frozen foods for table use. There was good deal of interest in these demonstrations, since, when we were carrying this feature of the program it was expected that the county freezer locker plant would soon be operating. However, it was not opened until too late for vegetables and fruits, but reported frozen and stored in home freezers or neighboring county freezer plants, were: 280 lbs. of fruit, 133 lbs. of vegetables and 1,648 lbs. of meat. Through information given at club meetings and in a circular letter, to all housewives, through home visits and telephone conversations and through information and demonstrations given by club leaders and other experienced canners to friends and neighbors, home canning methods were kept up to date. Twenty-six thousand eight hundred and sixty-one lbs. of fruits and vegetables and 2,507 lbs. of meat were canned. Also conserved by other methods, were: fruits dried, 62 lbs., vegetables dried, 243 lbs., vegetables brined, 82 gal.

Narrative Report - 1947 - Powhatan County

and vegetables stored, 1,118 bu. and 18,445 lbs. of meat cured.

An interesting result demonstration in food conservation was recently visited. The homemaker, Mrs. Bradbury, first showed us her "little book" in which she keeps her records showing that she with the cooperation of her 12 year old daughter, who is a 4-H member, had canned 455½ qts. of fruit and juices, six different kinds and 575½ qts. of eleven different vegetables, besides 38 qts. of meat and a variety of relishes, pickles, jams and jellies. There are seven in her family. She then took us to her cool storage room for canned products, (a little room partitioned off from the rest of the basement) and nicely equipped with shelves. On these her products were grouped so that at a moments glance she could find whatever jar she wanted. In addition, she had 40 lbs. of dried vegetables, 50 bu. stored, raised 75 chickens for home use and cured 550 lbs. of meat. Mrs. Bradbury has done good work in other projects also, is a leader in her club and church activities and, incidently, is the mother of a 6 months old baby.

The National School Lunch Program - what it is and what it can mean nutritionally, was the subject for discussion and demonstration in all clubs, at one meeting. The objective was better nutrition for school children. We felt that if mothers knew more about the plans and purposes of the national school lunch program and actually saw what was served in type lunches, they would encourage their children to eat more of the food which was served to them in the school lunch. In this phase of the program we particularly asked and had the cooperation and help of the Home Economics

Narrative Report - 1967 - Powhatan County

and vegetables stored, 1,118 lbs. and 18,443 lbs. of meat cured.

An interesting result demonstration in food conservation was recently visited. The demonstrator, Mrs. Eberhart, first showed us her "little book" in which she keeps her records showing that she with the cooperation of her 12 year old daughter, who is a 4-H member, had canned 27 1/2 lbs. of fruit and juices, six different kinds and 27 1/2 lbs. of eleven different vegetables, besides 36 lbs. of meat and a variety of relishes, pickles, jams and jellies. There are seven in her family. She then took us to her cool storage room for canned products, (a little room partitioned off from the rest of the basement) and nicely equipped with shelves. On these her products were grouped so that at a moment's glance she could find whatever she wanted. In addition, she had 40 lbs. of dried vegetables, 30 lbs. stored, raised 75 chickens for home use and cured 300 lbs. of meat. Mrs. Eberhart has done good work in other projects also, is a leader in her club and church activities and, incidentally, is the mother of a 6 month old baby.

The National School Lunch Program - what it is and what it can mean institutionally, was the subject for discussion and demonstration in all clubs at one meeting. The objective was better nutrition for school children. We felt that if mothers knew more about the plans and purposes of the national school lunch program and actually saw what was served in type lunches, they would encourage their children to eat more of the food which was served to them in the school lunch. In this phase of the program we particularly asked and had the cooperation and help of the Home Economics

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teacher and school lunch supervisor. A sheet of information regarding the "lunch program" was prepared in our office and together with the leaflet from the FMA was given to each family concerned. Besides the discussion, which brought out the plans for, and nutritional requirements of the lunch program, a demonstration of type lunches was given in all club meetings. We have no definite figures on results of this piece of educational work, but observe that we now hear much more favorable comments regarding the program, because it is better understood, and the supervisor reports the children are eating the lunches served them much better and that there is much less waste of food, than at this time last year.

In the Kitchen Planning and Kitchen Equipment project, the objective was to improve the arrangement and equipment of home kitchens needing such, to save time, conserve strength and lessen labor for the homemaker. Kitchen Arrangement and Planning was the subject of one meeting, for discussion and demonstration. A sheet entitled, "Score Your Kitchen" was given each member to use in judging and scoring the adequacy of her own kitchen. This sheet placed emphasis on: wall spaces, doors and entrances, windows, artificial lights, walls, ceiling and floors, stove, water supply and sink, mixing unit, storage room and kitchen storage. Adequate storage space and running water and sinks, seemed the outstanding needs. In connection with this kitchen improvement project we enrolled 24 "kitchen demonstrators", located in the different communities. These

Narrative Report - 1967 - Posttest County

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Narrative Report - 1947 - Powhatan County

kitchens were scored by the home management specialist or the home agent and a considerable amount of time spent with these women helping with their planning. It was pre-supposed that this project would be carried at least two years, because of the difficulties in obtaining labor and materials, and equipment. At the beginning, 9 already had running water, 9 have gotten running water installed this year and 6 still have this as their first labor saver objective. Nine of these demonstrators have put in cabinets for storage, 9 have installed hot water heaters, of some type, 3 have added gas or electric stoves, 3 have improved lighting (better electric fixtures), 4 have added or enlarged windows and changed doors and 6 have changed the arrangement of equipment to save steps. Three meetings have been held at these result demonstrations. As the owners get them to a certain degree of completion, we plan to use them further next year, as we continue this project. A leader training meeting was held for leaders who would give the demonstrations in "Small Kitchen Equipment".

Members report equipment added all the way from small things like mixing bowls, spoons, knives and egg beaters, to refrigerators, hot water heaters, stoves, electric churns, cabinet sinks, pressure cookers, canners and sauce pans. Many members have gotten this year, good cutting knives, one of the pieces of small equipment stressed. Fourteen pressure canners, 8 pressure sauce pans, 10 ranges, electric, gas or wood, and 7 electric churns were reported. One hundred and five kitchens were reported

Narrative Report - IRT - Potomac County

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Narrative Report - 1947 - Fowhatan County

Improved by re-arranging, or by adding some one or more pieces of equipment. A half dozen homes have been insulated and weather stripped, with ventilators installed in the kitchens.

One of our "kitchen demonstrators", Mrs. Hicks, has accomplished the following in her kitchen and home improvement plan. Installed a complete water system, hot and cold, built bath room, insulated and weather stripped her entire house. Laid and finished three hardwood floors, new kitchen floor laid and covered with inlaid linoleum, kitchen windows enlarged for better lighting, double cabinet sink installed, with plans for other cabinets to be built later. Mrs. Hicks has also established a work room adjoining her kitchen, in which she had a new floor laid. She has added to her equipment an electric churn and pressure sauce pan. #

Refinishing Furniture and Renovating Lamps were interesting projects and met a real need, that of repairing and making more attractive and useful household furniture and lamps, needing same. Both of these projects were carried on a county-wide basis as "Clinics". The Furniture Refinishing was a two day clinic held in the spring under the guidance of our Home Improvement Specialist. Leaders from all clubs were asked to attend, understanding that they would assist with demonstration meetings in their respective clubs as scheduled later in the year. The privilege of working in this clinic was also extended to other interested persons. Sixty people attended the clinic to observe and/or work.

Narrative Report - 1977 - Foxonian County

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ings in their respective clubs as scheduled later in the year. The
privilege of working in this clinic was also extended to other interested
persons. Sixty people attended the clinic to observe and/or work.

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Thirty-nine pieces of furniture were worked on, in fact completed, with the exception of minor treatments, like applying wax. These ranged from drop leaf tables and chests of drawers to smaller tables, chairs, frames, etc. In this project we had the cooperation of the Vocational Agricultural Teacher. Both men and women worked in the project, our local minister being among those most interested.

One hundred and fifty-seven pieces have been refinished, some repaired too. These include everything from cutting down and restyling and refinishing beds, to chairs, including reseating them as well as refinishing the wood. A lot of families are interested in this type of work and a good many requests have come for further help. The leaders do a good job of helping friends and neighbors. Some of the husbands are interested.

Mrs. W., over a period of several years, as a leader has become quite skillful with furniture repairing, upholstering and re-finishing. This year she exhibited, Achievement Day, a chest of drawers she had done ~~me~~ which was the outstanding piece of work in the exhibit. Mrs. W. has helped in two all day furniture clinics in her club community. She has given days helping friends and neighbors with upholstering, repairing and re-finishing furniture. This year she has worked on 15 pieces, demonstrating how to do whatever was needed to make a "new piece of furniture" out of the wreck. She renovated and upholstered and slip covered two chairs for her son's new home, because she could make these

Narrative Report - 1947 - Postman County

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Narrative Report - 1947 - Powhatan County

old pieces into much better pieces than anything he could buy (within a reasonable price). Mrs. W. has learned all this from her home demonstration training and experience.

A "Lamp Renovating Clinic" was included in this year's program, because lamps were quite expensive and many women in the clubs felt they would like some help in renovating and reconverting what they had on hand. Good reading lamps, the correct heights, with correct size bulbs, diffusing bowls and suitable shades, were points stressed by our Specialist who helped us that day, in September. Over 100 lamps were worked on and/or plans made for their reconversion into lamps of utility, as well as beauty. This was another meeting opened to all who were interested. It was a rainy day, but we had a full house, and many went home with their pretty old lamps ready to "plug in" and use. Training, which the leaders had gotten at the "Electrical Repair" meeting earlier in the year, came in mighty well at this clinic, since they could go right ahead with fixing cords, switches and plugs for their lamps, and help others too.

Care and Repair of Electrical Equipment and Other Household Equipment, including Pressure Cookers, was of interest to club members, since there is no repair shop for such equipment in the county. A meeting was held with the assistance of a Specialist of the Agricultural College Engineering Staff to train leaders for helping with this work. One meeting in each club was devoted to it. We only attempted simple repairs,

Narrative Report - 1947 - Powhatan County

old pieces into much better pieces than anything he could buy (within a reasonable price). Mr. W. has learned all this from his own hands-on training and experience.

A "Jump Renovation Clinic" was included in this year's program, because jumps were quite expensive and many women in the club felt they would like some help in renovating and re-covering what they had on hand. Good reading lamps, the correct height, with correct size bulbs, diffusing globe and suitable shades, were points stressed by our Specialist who helped us that day, in September. Over 100 lamps were worked on and/or plans made for their re-conversion into lamps of utility, as well as beauty. This was another meeting opened to all who were interested. It was a rainy day, but we had a full house, and many went home with their pretty old lamps ready to "plug in" and use. Training, which the leaders had gotten at the "Electrical Repair" meeting earlier in the year, came in mighty well at this clinic, since they could go right ahead with fixing cords, switches and plugs for their lamps, and help others too.

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Narrative Report - 1947 - Powhatan County

of course. Over 50 pressure cooker gauges were tested with a master gauge for accuracy, and cookers looked over for other defects. A good many of these we could correct, but some had to be sent to the factory for repairs, and some being made of wartime material were so badly worn, they were recommended to be replaced. Ninety-seven repairs to electric cords, plugs, lamps, etc. were made, according to reports. The leaders and members who learned to do these repair jobs, saved the cost and trouble of getting this done elsewhere and in addition, will continue to take care of these simple jobs in and around their homes.

2. Federation Goal

HEALTH was the federation goal selected for 1947, with objectives set up per the page below from the Home Demonstration Year Book:

County Federation Goal for 1947 is:

HEALTH

County Chairman Mrs. W. R. Parker

"Safeguard the health, both of body and soul"

Objectives

1. Cooperate with our County Health Unit in Health Education Programs, Clinics, etc.
2. Encourage all members to have pre-payment plan of Hospital Insurance.
3. Study ways of preventing spray borne diseases especially the common cold.
4. Encourage members to have annual physical examination.

*"Health is one of God's greatest gifts."
"He who has health has hope; and he who has hope has everything."*

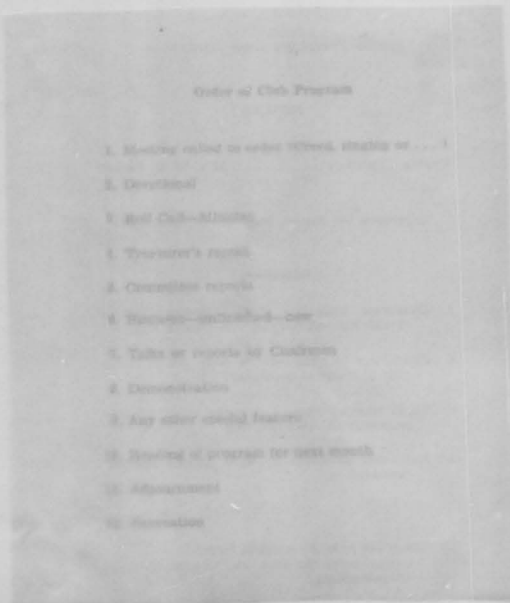
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Narrative Report - IAWT - Potomac County

of course. Over 30 pressure cooker gauges were tested with a master gauge for accuracy, and cookers looked over for other defects. A good many of these we could correct, but some had to be sent to the factory for repairs, and some being made of wartime material were so badly worn they were recommended to be replaced. Ninety-seven repairs to electrical cords, plugs, lamps, etc. were made, according to reports. The teachers and members who learned to do these repair jobs, saved the cost and trouble of getting this done elsewhere and in addition, will continue to take care of these simple jobs in and around their homes.

2. Federation Goal

HEALTH was the federation goal selected for IAWT, with objectives set up per the page below from the Home Demonstration Year Book:



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Narrative Report - 1947 - Powhatan County

In the federation goal organization, we had a County Health Chairman, and a Health Chairman in each H. D. Club organization. These women made up the county H. D. health committee, which set up the objectives. The County Health Chairman guided all county meetings held, and provided some literature, information, etc. for the club chairmen. The club chairmen had five minutes for health information at each club meeting. The November meetings this year, were devoted to "Health". A paper prepared by the County Chairman on, "The History and Objectives of the Virginia Council on Health and Medical Care", was given at these meetings.

Our County Health Unit was established February 1, 1947. The H. D. clubs had been working in cooperation with county civic organizations for this, for a number of years. By invitation from the club presidents, the County Nurse visited all clubs in April and spoke, telling briefly of the health services which the Unit hoped to render and how the club organizations might cooperate. Since then, the nurse has said that these contacts were her greatest asset in learning the people and communities and their problems, and in knowing leaders who could be of service in the health program. At the request of the Director of the Health Unit, the committee sponsored a Typhoid Immunization Clinic, in which over 30 families participated. Information regarding all clinics and other health programs has been given through the clubs.

Pre-payment hospital insurance plans were discussed in all clubs, stressing the advantages of same. At a recent survey taken in the club

Narrative Report - 1947 - Powhatan County

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Pre-payment hospital insurance plans were discussed in all clubs,
 stressing the advantages of same. At a recent survey taken in the club

Narrative Report - 1947 - Fowhatan County

groups, it was found that about 50 per cent of the members in most groups have some type of hospital insurance.

In talks at club meetings on the subject of preventing the spray borne diseases, especially the common cold, the part a well balanced diet, containing plenty of vitamins and minerals, and the importance of keeping children at home when colds first start, to help prevent their spreading, were points stressed.

Our county nurse strongly recommends to our members, physical examination. She told them, "That's such a good objective you have set up." Fifty-one had an examination this year.

3. Other Activities

"Library" had been the federation goal in 1946. There was a lot of interest manifested in this work, so it was decided to include library work as a 1947 activity and keep our same County Library Chairman. An interesting piece of work she did this year, was a unique survey she made through the Post Offices of the number and types of magazines, families received in 1947, presuming they read those received. She found that over 800 families, white and negro, received some type of magazine. ~~F~~arm magazines let the list, Church publications and those on Parent Education were lowest. This survey was a kind of check on our work in 1946, when "subscribe to and read at least one good magazine" was one of the goals.

At the H. D. Achievement Program this year, Mrs. J., County Library

Narrative Report - 1967 - Hamilton County

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have some type of hospital insurance.

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of some diseases, especially the common cold, the part a well balanced

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POWhatan COUNTY
ACHIEVEMENT PROGRAM



POWhatan COURT HOUSE
OCT. 29 - 1:30 P.M.

POLK COUNTY ACHIEVEMENT PROGRAM OF H.D. CLUBS

October 29, 1947

Mrs. R. A. Cosby, presiding

Song - America - Led by Mrs. George W. Settle

Hymn - Come Thou Almighty King

Invocation - Mrs. H. D. Anderson

REPORTS - Highlights of the State Federation Meeting
- Mrs. N. B. Henning
Compiled County Reports (from all clubs)
- Mrs. P. J. Flippen
Our Library Goal for 1947 - Mrs. Darrell Jerv
Our 1947 4-H Program - Virginia Bodie, Margar
Carter, Julia Tucker,
Charlotte Firebaugh and
Sally Mac Hurt
~~Roberta Bradley~~

Songs - The Quilting Party - Carry Me Back to Old Virg

NEWS NOTES - From the Associated Country Women of the
Triennial Conference held in Amsterdam, Ho
September 7-13, 1947 - Mrs. E. F. Yates,
Virginia Delegate

Creed - Led by Mrs. Katherine R. Brent

Gifts - for Sheltering Arms

Exhibits - Refinishing Furniture, Renovated Lamps and
Good Reading

TEA - in the Community House

AMERICA

My Country, 'tis of thee,
Sweet land of liberty,
Of thee I sing.
Land where my fathers died!
Land of the Pilgrim's pride!
From ev'ry mountain side,
Let freedom ring!

Let music swell the breeze,
And ring from all the trees
Sweet freedom's song.
Let mortal tongues awake;
Let all that breathe partake;
Let rocks their silence break,
The sound prolong.

Our fathers God, to Thee,
Author of liberty,
To Thee we sing.
Long may our land be bright
With freedom's holy light;
Protect us by thy might,
Great God, our King!

THE QUILTING PARTY

- 1 - In the sky the bright stars glittered
On the banks the pale moon shone
And 'twas from Aunt Dinah's quilting party,
I was seeing Nellie home.

CHORUS

I was seeing Nellie home
I was seeing Nellie home
And 'twas from Aunt Dinah's quilting party
I was seeing Nellie home.

- 2 - On my life new hopes were dawning
And these hopes have liv'd and grown;
And 'twas from Aunt Dinah's quilting party
I was seeing Nellie home.

Chorus -

- 3 - On my arm a soft hand rested,
Rested light as ocean foam,
And 'twas from Aunt Dinah's quilting party
I was seeing Nellie home.

Chorus -

- 4 - On my lips a whisper trembled,
Trembled till it dared to come;
And 'twas from Aunt Dinah's quilting party
I was seeing Nellie home.

CARRY ME BACK TO OLD VIRGINNY

Carry me back to old Virginny,
That's where the cotton and the corn and 'taters
grow;
That's where the birds warble sweet in the
spring-time,
That's where this old darkey's heart am longed
to go.
That's where I labored so hard for old Massa,
Day after day in the field of yellow corn;
No place on earth do I love more sincerely
Than old Virginny, the place where I was born.

CHORUS

Carry me back to old Virginny,
That's where the cotton and the corn and 'taters
grow;
There's where the birds warble sweet in the
spring-time,
There's where this old darkey's heart am longed
to go.

Carry me back to old Virginny, ~~There's~~
Here let me live till I wither and decay.
Long by the old Dismal Swamp have I wandered,
That's where this old darkey's life will pass
away.
Massa and Missis have gone on before me,
Soon we will meet on that bright and golden
shore,
Here we'll be happy and free from all sorrow,
Here's where we'll meet and we'll never part
no more.

COME THOU ALMIGHTY KING

Come, Thou Almighty King,
Help us Thy name to sing;
Help us to praise;
Father! all glorious,
O'er all victorious,
Come and reign over us
Ancient of days.

Come, Thou incarnate Word,
Gird on thy mighty sword,
Our prayer attend;
Come, and thy people bless;
And give Thy word success,
Spirit of holiness,
On us descend!

To the great One in Three
Eternal praises be
Praise ever more.
His sov'reign majesty
May we in glory see,
And to eternity
Love and adore.

Amen.

COMMITTEE CHAIRMEN

Exhibit Committee - Mrs. Paul Wagner

Tea Committee - Mrs. N. B. Hening

Hostess Committee - Mrs. W. R. Parker

Mrs. J. M. Whitlock

Sheltering Arms - Miss Sadie Johnson

CREED

As homemakers we will strive to:

Have our organization foster the highest ideals in home, church, school and public life.

Have our homes reach out in service to the communities and help unite the people.

Have cooperation and progress the leading forces in our communities.

Study the best ways to do every day work that we may find joy in common tasks well done.

Be kind beyond the standards of charity; avoid thoughts and words that condemn; be more thoughtful than love requires; maintain the highest ideals of Christian life.

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Narrative Report - 1947 - Powhatan County

Chairman, arranged a most interesting and attractive exhibit of books and magazines. The outstanding magazines in this exhibit were those featuring home and religious training for youth.

Twenty-eight club members represented the county at the District H. D. Federation Meeting, traveling the 90 miles in a chartered bus.

Four women attended the delegated State Federation meeting of H. D. Clubs, one of these being the state president of the organization.

The only Virginia delegate to the ACWW, was a homemaker from our county. Fifty-three pound packages of food were sent to Holland for the ACWW triennial meeting.

The Achievement Day Program was planned this year by the County H. D. Committee. This committee set up four sub committees to help carry out plans, namely, Hostess, Exhibit, Hospital Gifts and Tea committee. Twenty-four women served on these committees and all plans were nicely carried out. Around 200, mostly women, attended. Attached is the program as it was very creditably executed. The educational exhibits were outstanding.

Outstanding work on maintaining several Community Houses, which were in the beginning established through the efforts of H. D. Clubs, has been done this year, along the line of redecorating and keeping in good condition. Over \$400.00 has been made and spent for the most part on these community projects. Outstanding also, has been the clubs participations in campaigns, like the Cancer Control Foundation and Infantile Paralysis

Narrative Report - 1947 - Potomac County

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Narrative Report - 1947 - Powhatan County

Foundation, Red Cross Chapter, etc. Some clubs have contributed and participated in the recent overseas relief campaign, being sponsored by the World Council of Churches.

4. Leadership

Organization leadership is good in our clubs. The officers - presidents and secretaries, in particular - carry their responsibilities with dignity and efficiency. The club executive committees (composed of the officers) take over where the County Program Planning leaves off, complete suggested plans for their respective clubs and see that the year books are completed and ready for the members. The organization officers are the steering wheel in the club groups through out the year. We held, this year, two training meetings for club officers, on the county level and had many conferences with them, besides keeping in touch with them through telephone and correspondence.

Project leaders, this year, included garden leaders, who attended the county-wide general garden meeting and had leader's manuals prepared by a Garden Specialist, to use throughout the year. These leaders also take farm magazines and are good gardeners, themselves, all of which helps them to keep up to date.

Each club also had a poultry leader. In most cases these leaders are poultry demonstrators and through their contacts and study, as such, have something of value to give each month.

In addition to garden and poultry leaders, this year, we had food preservation, house furnishings, home management and health leaders.

Narrative Report - 1967 - Foshan County

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• Narrative Report - 1947 - Powhatan County

These leaders were given training by Extension Specialists and the home agent, in three all day leader-training meetings. Besides this training, the agent had conferences with many of them. Those who spend some time in study and preparation for themselves, really give splendid demonstrations. Altogether, these leaders gave 30 demonstrations, 78 talks, or discussions and gave 175 days of assistance to the home demonstration program. We just couldn't get along without the interest and help of leaders.

B. Other Means of Reaching People

We cooperated with the County Board of Agriculture in holding two meetings this year. The first being a general meeting to which men and women were invited and the second, a countywide meeting for men and women on Home Gardening. At both of these meetings, speakers from the Extension Division were on the program. The attendance was good. Garden leaders were especially invited to the garden meeting and most of them were present.

Special meetings, such as the clinic type meeting, 3 of which were held, have been told of elsewhere in this report. Suffice to say here that we do reach a good many people through general meetings and clinic type meetings who do not seem interested in regular club meetings, or being a club member. Often, too, they do the best kind of work in the particular type of work in which they are interested, and are very appreciative of the help, but just aren't too interested in community organizations.

Narrative Report - 1947 - Potomac County

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Narrative Report - 1947 - Powhatan County

- Publicity, and to give information was the objective of the four radio broadcast, from a Richmond Studio, that have been done this year. On each of these we had home demonstration members or 4-H members participate. One of these was stressing the National Garden Program, another was in observance of National Home Demonstration Week, and still another was on what the 4-H Club Program has to offer, with several 4-H'ers taking part. A lot of people in the county heard this broadcast.

- Since we have no local newspaper or broadcasting station, we use circular letters, trying always to make them interesting and easily read, to give timely and seasonal information to all farm and other families to which the letter would be of interest.

V. Work With Youth

A. 4-H Clubs

1. Organization

- a. County Council - The County Council, which we now have, was organized with the usual officers, in mid-summer. This one meeting was the only one held this year. Plans were made at this meeting, at which all clubs were represented, for a county 4-H picnic, to be held the last of August. The picnic was held as planned, with around 100 members, parents and friends attending.

Plans were also made for participation of clubs in the County Labor Day Picnic, which was really a money making affair, for the benefit of the County Recreation Building fund. All clubs provided "grab bags" for

Narrative Report - 1947 - Potomac County

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Work With Youth . V

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Plans were also made for participation of clubs in the County Labor Day Picnic, which was really a money raising affair, for the benefit of the County Recreation Building fund. All clubs provided "grab bags" for

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Narrative Report - 1947 - Powhatan County

this project. Members sold the "grabs" that day, working in couples. They made \$18.65, which was presented in a 4-H Emblem, little money bag.

Announcement was made at this council of the "Little Congress", for 4-H representatives from our district, to be held in October and a discussion followed as to how the eight ~~county~~ county representatives would be selected.

The date and plans were also, announced at this council meeting for the County "Demonstration" contest for girls over 14 years of age. Winners in this contest to go on to the District Contest, which would be held the last of August.

2. Project Work

a. In the early fall 4-H club meetings, in 1946, projects and programs the girls would like, were discussed in each 4-H club. They were given choice of several projects which were practical winter time projects. In making a selection of the project, place and time of meeting and transportation had to be considered. All club girls, this year, have been in school, but only one club held meetings in school or during school hours.

b. Clubs, this year, carried projects in Bread, Personal Laundry, Canning, Housekeeping and Clothing. These projects were selected by the club members, under the guidance of their leaders and agent, because of certain conditions and situations. For example, practically all laundry

Narrative Report - 1947 - Potomac County

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Narrative Report - 1947 - Powhatan County

work is now done in the homes. Girls were interested in having demonstrations on, "how to do a good job of washing their own things, learning to iron and to launder and block their sweaters".

c. Bread - Nine little girls in a two room school, wanted to take bread making. They had a leader, and a little kitchen (in the school) and were given time during school hours for their club meetings. This club held nine meetings. All nine members completed the project, gave a demonstration, exhibited bread and did judging. They did baking of breads, 262 times.

Personal Laundry - Thirty girls, in two groups, were enrolled in this project, the objective being to teach them good laundry methods. One group had an adult leader and one a junior leader. All thirty girls learned to do personal laundry, for the first time, or learned better laundry methods than they had been practicing. All learned to iron. Some of them quite well, so that they could and did take the responsibility of much of the home ironing. Twenty-four of these girls gave demonstrations and made exhibits. Twenty-eight of them learned to wash and block sweaters. Sixty-three sweaters were reported washed and blocked. Demonstrations were given at every club meeting by the agent, leader or members, sometimes by all three. Progress reports were given by members at club meetings and their problems discussed. Girls and mothers were visited by agent, some by the leader. Through telephone conversation, the leader kept in touch with some of the girls and their mothers. This

Narrative Report - 1967 - Franklin County

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Narrative Report - 1947 - Powhatan County

project was completed in May and most of the girls enrolled in Canning for their summer project.

Sally Mae Hurt did outstanding work in Personal Laundry. Her report says she laundered her socks and stockings for two months, her own undies for three months and washed and ironed her synthetic blouses and dresses for three months. These were project requirements, but Sally has continued to do these things and besides, now does most of the family ironing. She has washed and blocked nine sweaters, for herself and others. Sally is junior leader in her club and has given demonstrations for her club, and in the county demonstration contest. She was selected to represent the county in the District Demonstration contest, and won first place in "Home Laundry", her demonstration being ironing a rayon blouse. This entitled her to be among the county group at the "Little 4-H Congress", a district achievement event. All winners were asked to put up an exhibit representing the project in which they had excelled. Sally did this, showing a blouse, shirt and sweater laundered, together with her record book and suitable posters. She won an electric iron as the prize given.

Canning - Forty-two girls were enrolled in canning, the objectives being to teach and get them to practice good canning methods, and to encourage their helping with the entire home canning program throughout the canning season. These girls were in four clubs, one club being divided into three groups, with leaders in charge of each group. In this club, at the beginning of the canning season, an all day meeting

Narrative Report - 1947 - Poshan County

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Camling - forty-two girls were enrolled in camling, the objectives being to teach and get them to practice good camling methods, and to encourage their helping with the entire home camling program throughout the coming season. These girls were in four clubs, one club being divided into three groups, with leaders in charge of each group. In this club, at the beginning of the coming season, an all day meeting

Narrative Report - 1947 - Fowhatan County

was held with practically all girls and the leaders present. Demonstrations in canning fruits and vegetables were given by the agent and leaders. Other meetings were held in small groups by leaders. In August, another all day meeting was held and all girls asked to bring and give reports of what they had done, and to ask for help on any special problems. This was a most interesting meeting. During this time, six girls had been enrolled and were being taught by leaders. Other clubs had canning demonstrations given by agent, leader or junior leader at the regular meetings. Thirty girls reported 2230½ qts. canned alone and 4421 qts. helped with. All made a canning plan in the beginning of the project.

Virginia Bodie is an outstanding club member. In canning she has done an excellent home project. She canned alone, this year, 365 qts. and helped with 335 making a total of 700 qts. She uses the pressure cooker intelligently and has these jars well stored on pantry shelves and basement shelves. Virginia said in her report of this work, "I could have gone to Richmond to work this summer, but after talking it over with Mom and Dad, we decided it would be worth more to me and my family for me to stay at home and take care of our canning. My Mother couldn't do it alone". She also said, "Taking this project has helped me a lot and I have enjoyed it". Virginia won the first placing in the County Canning contest, went on to the district contest, where she gave blue ribbon scoring demonstration.

Housekeeping - This was a summer club, with a group who did not

Narrative Report - 1947 - Fowlston County

was held with practically all girls and the leaders present. Demonstrations in canning fruits and vegetables were given by the agent and leaders. Other meetings were held in small groups by leaders. In August, another all day meeting was held and all girls asked to bring and give reports of what they had done, and to ask for help on any special problems. This was a most interesting meeting. During this time, six girls had been enrolled and were being taught by leaders. Other clubs had canning demonstrations given by agent, leader or junior leader at the regular meetings. Thirty girls reported 2300¢ etc. canned alone and 1421¢ etc. helped with. All made a canning plan in the beginning of the project.

Virginia Belle is an outstanding club member. In canning she has done an excellent home project. She canned alone, this year, 365¢ etc. and helped with 36¢ making a total of 700¢ etc. She uses the pressure cooker intelligently and has these jars well stored on pantry shelves and basement shelves. Virginia said in her report of this work, "I could have gone to Richmond to work this summer, but after talking it over with Mom and Dad, we decided it would be worth more to me and my family for me to stay at home and take care of our canning. My Mother couldn't do it alone." She also said "Thinking this project has helped me a lot and I have enjoyed it." Virginia won the first place in the County Canning contest, went on to the district contest, where she gave

blue ribbon county demonstration. Homecoming - This was a summer club with a group who did not

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carry a winter project. They found a leader and held five meetings connected with the project. An older member also acted as junior leader. Seven enrolled and seven completed. Method demonstrations were given in the girl's homes, where the meetings were held. Housekeeping jobs they carried for three months were: Caring for their rooms, they were most interested in the bed making demonstration - one mother told me her little daughter was teaching everybody in the house how to make a bed correctly - setting the table and washing dishes. They made and equipped a cleaning box. Extra things included refinishing a piece of furniture and making a pair of curtains. This group of girls has become interested in club work and have decided to try to carry their club work on during this coming winter, in spite of the lack of time.

Clothing - Twelve girls enrolled in Care of Clothing project, the objective being to train girls in taking better care of their clothes, to make them last longer, and to help the girls to look their best by keeping clothes neater, well pressed and repaired.

Demonstrations were given the group in their regular club meetings. Nine girls reported darning 44 times. Seven patched 26 garments, ten girls washed and blocked sweaters 48 times and stored their winter and summer clothing. Five of these girls (older girls) reported making 40 garments. They also dyed 8 garments after having a demonstration on dying. One of these girls modeled a housecoat with matching shoes which her mother had made and entered in the Southern States Feed Bag Dress

Narrative Report - 1947 - Fowlston County

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Clothing - Twelve girls enrolled in Care of Clothing project, the objective being to train girls in taking better care of their clothes, to make them last longer, and to help the girls to look their best by keeping clothes neat, well pressed and repaired.

Demonstrations were given in their regular club meetings. Nine girls reported during 44 times. Seven patched 36 garments, ten girls washed and blocked sweaters 48 times and stored their winter and summer clothing. Five of these girls (other girls) reported making 40 garments. They also dyed 8 garments after having a demonstration on dying. One of these girls modeled a housecoat with matching shoes which her mother had made and entered in the Southern States Feed Bag Contest.

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Contest in Richmond. Together, they won first prize in this contest. Ten girls completed this project.

3. Other Activities

Eleven girls attended the District 4-H Camp. One older girl represented the county at the delegated State Short Course. The county 4-H picnic and participation in the County Labor Day Celebration have already been reported under activities of Council. Four girls and a leader attended with the home agent, the "Little 4-H Club Congress", held at the Cavalier Hotel, Virginia Beach, in October. This is really a District Achievement event for the counties in our district. Boys and girls eligible to attend are those with a record of at least several years of good 4-H club work. From these we had to select four. The two winners in the county demonstration contest and two club presidents, with good project records were selected. This trip and the days activities, ending in a banquet, were a wonderful experience for these girls. (and boys) Six 4-H club girls participated in a 4-H Club Panel, giving highlights of their 1947 program as a feature of the county H. D. Achievement Program, held in October.

4. Leadership

Seven adult leaders and two junior leaders, besides the 4-H club officers (presidents, secretaries and song leaders, especially) contributed much towards strengthening the 4-H program over the county this year. These leaders gave 25 demonstrations to clubs, smaller groups

Narrative Report - 1947 - Potomac County

Contest in Richmond. Together, they won first prize in this contest.

Ten girls completed this project.

J. Other Activities

Eleven girls attended the District A-M Camp. One other girl represented the county at the delegated State Camp Course. The county A-M picnic and participation in the County Labor Day Celebration have already been reported under activities of Council. Four girls and a leader attended with the home group, the "Little A-M Club Congress", held at the Cavalier Hotel, Virginia Beach, in October. This is really a District Achievement event for the counties in our district. Boys and girls eligible to attend are those with a record of at least several years of good A-M club work. From these we had to select four. The two winners in the county demonstration contest and two club presidents, with good project records were selected. This trip and the days activities, ending in a banquet, were a wonderful experience for these girls. (and boys)

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A. Leadership

Seven adult leaders and two junior leaders, besides the A-M club officers (presidents, secretaries and song leaders, especially) conducted much towards strengthening the A-M program over the county this year. These leaders gave 25 demonstrations to clubs, smaller groups

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and individuals, but even of more value than this activity, was their continued interest and help in every phase of the 4-H program. One club became so large and the membership so scattered, after the summer enrollment for canning, we had to find two additional leaders for these canning groups. These leaders, after an all day "demonstration day", which was really a training meeting for leaders as well as members, took care of the demonstrations and instructions for the next two months, and incidentally, added six members to their groups. One leader was included in the delegation to the "Little 4-H Congress". Leaders are hard to secure, but we really need them and cannot do a really good 4-H program without them. One of their valuable contributions is helping with transportation. *30 days given by 4-H leaders.* Our members are so scattered, this is quite a problem in getting them together for meetings.

VI. Work Done by Agent in Cooperation With Other Agencies

Much less work has been done this year with other agencies than during the war years, however, we have cooperated with our newly established Health Department in their program and solicited and gotten 100% cooperation from them. We have especially helped this department with its publicity work regarding health programs, clinics, etc, and through having the nurse visit and speak at club meetings in each community, we have helped her to be of more service, more quickly. She has spoken over and over of how helpful these contacts have been to her. The H. D. Club groups sponsored a typhoid immunization clinic, during the late summer

Narrative Report - IMA - Towson County

and individuals, but even of more value than this activity, was their continued interest and help in every phase of the A-H program. The club became so large and the membership so scattered, after the summer enrollment for canning, we had to find two additional leaders for these canning groups. These leaders, after an all day "demonstration day", which was really a training meeting for leaders as well as members, took care of the demonstrations and instructions for the next two months and incidentally, added six members to their groups. Our leaders are included in the delegation to the "Little A-H Congress". Leaders are hard to secure, but we really need them and cannot do a really good A-H program without them. One of their valuable contributions is helping with transportation. Our members are so scattered, this is quite a

It helps give the A-H club a sense of unity.

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in which about thirty families participated.

We have continued to cooperate with the REA Cooperative in our county and also, cooperate with the WEP Utility, in trying to bring electricity to more rural homes. We estimate 30 to 40 homes have been added this year, to those 450, or more rural homes already served by this wonderful agency, helping to raise the standard of living in the home and on the farm.

We cooperated with the County P'TA, served on the Social Planning Committee, the Home Economics teacher and her department, the County Red Cross Chapter and Welfare Department. As chairman of the Home Nursing in the Red Cross Chapter, in cooperation with the County Health Department, we organized one nursing class of 15 members, who completed the course, and have another group enrolled ready for this work and training.

We have also, cooperated with the Churches in their Overseas Relief Programs, by giving publicity and information concerning same to various groups.

VI. Evaluation of the 1947 Home Demonstration Program

One valuable contribution of the H. D. program is the organization. The home demonstration and 4-H clubs themselves, out at the various crossroads, are the only organizations representing the neighborhood. Beginning with this school term, there is only the one school for white pupils in the county, located at the county seat. This leaves the communities without a school to which they may anchor, as a center of activity

Narrative Report - 1947 - Franklin County

in which about thirty families participated.

We have continued to cooperate with the RMA Cooperative in our county and also, cooperate with the WPA Utility, in trying to bring electricity to more rural homes. We estimate 30 to 40 homes have been added this year, to those 150, or more rural homes already served by this wonderful agency, helping to raise the standard of living in the home and on the farm.

We cooperated with the County P.T.A., served on the Social Planning Committee, the Home Economics teacher and her department, the County Red Cross Chapter and Welfare Department. As chairman of the Home Nursing in the Red Cross Chapter, in cooperation with the County Health Department, we organized one nursing class of 12 members, who completed the course, and have another group enrolled ready for this work and training.

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VI. Evaluation of the 1947 Home Demonstration Program

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Narrative Report - 1947 - Fowhatan County

and interest, so the clubs do serve in holding the little neighborhoods together with at least this tie. We believe we should plan and work towards strengthening neighborhood organizations of men, women, boys and girls.

General meetings and Clinics on a county level, as we have held them this year, are good. They do reach people, often important people, we do not reach in other type meetings. These county meetings, where usually, we have the help of a specialist, give many more people the opportunity of meeting these specialists. This in itself, gives prestige to the program, and leaders, both organization and project can get inspiration and quite a lot of training, to help them back in their neighborhood club groups. We plan for several meetings of this type in 1948.

In making neighborhood surveys of home conveniences, during our preparation for program planning for 1948, we found that one of our major needs was - not to get electricity - in rural homes, as we have worked for, for ten years, but to learn how to make more use of it, now we have it, especially in saving labor for the homemaker, therefore, one of the major programs we are planning for 1948, is a "water in the home" campaign.

We feel the 4-H program has been strengthened through better organization this year, and through the contribution of leaders. In 1948, we hope to continue to increase the enrollment and number of club groups.

Narrative Report - 1947 - Foshman County

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