

ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION WORK
STAFFORD COUNTY

1944

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COUNTY HOME DEMONSTRATION AGENT
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III. Scope of work

A. Home demonstration clubs

Number 14 Membership 363

Other groups sponsored by home demonstration clubs

White 2 Membership 31

Negro 0 Membership 0

B. 4-H clubs

Number 12 Membership 263

C. Number reached through special classes taught by agent 125

D. Total number reached through neighborhood and community leaders 525

E. Estimate total number families reached 1,000. Number families in county 953.

IV. Organization

A. County home demonstration committee

The home demonstration committee is composed of the presidents of the ten clubs; plus a number of interested women. The additional members are added to give stability to the organization, since many club presidents change office each year. These members are the professional workers in the county; home economics teachers, superintendent of public welfare, the public health nurse, the farm security supervisor, an ex-home demonstration agent and several members at large from the home demonstration clubs. The home demonstration committee is composed of 24 members.

This committee is the planning, governing and regulatory body of all home demonstration work in the county. It met twice during the year; the spring meeting was called to review the plans and to change or make plans for the remainder of the year. The fall meeting was devoted

mainly to formulating the coming year's plan of work, adopting the constitution, and suggestions for methods of increasing funds of the committee.

The executive committee of Stafford county met with a committee from Caroline and Spotsylvania counties and definite plans are underway for establishing a public lounge room in the city of Fredericksburg. The project is to be sponsored by the home demonstration clubs of the three counties, and it is for the convenience of the rural women. There will be a paid attendant on duty six days a week.

The home demonstration committee bought two pressure cookers, bringing to the total of five owned by the county. These cookers are placed in various parts of the county and are used extensively by club and non-club women all year long.

The expenses of two delegates to the state federation meeting held at Blacksburg in June were paid by the committee. It also contributed \$25 on the expenses of three girls and two boys to the state short course in Blacksburg.

Stafford county contributed \$30 toward the buying of an ambulance by the federation of home demonstration women in Virginia.

The committee pays all expenses incurred in county-wide leader training meetings.

The committee sponsored a county-wide rummage and canned food sale last year, realizing \$95.86. Another sale of the same type was held on November 3 and 4 with \$105.45 collected. The proceeds are used in advancing home demonstration work in the county.

Stafford county was again one hundred percent in the payment of dues to the state federation.

B. County board of agriculture

Stafford county is composed of approximately 223 square miles which is divided into four communities for carrying out the programs of the board of agriculture. There is a man and woman chairman of the whole county, and a man and woman chairman in each of the four communities. Two professional workers serve as advisors to each community. There are 69 neighborhoods with 101 leaders - 33 men and 68 women. The board of agriculture has about eight negro neighborhood leaders, Stafford has a very low negro population. A list is given to each neighborhood leader of the families they are to contact with programs carried out through the board of agriculture. This has proven to be a good way of carrying out the program and prevents duplication of families by leaders. Each leader has approximately 15 families to contact with programs -- as there are approximately 1,550 families in Stafford and 101 neighborhood leaders.

Each leader received the Neighborhood Leader's Digest, and this is reviewed by a leader each month in the home demonstration clubs.

C. County 4-H council

The 4-H council is composed of the home demonstration executive committee, 4-H leaders and 4-H officers of clubs. The council did not have a meeting this year, but the 4-H program and organization received a lengthy discussion at the home demonstration committee meeting and at the preplanning executive meeting of the committee.

D. Professional workers conference

This group of professional workers is composed of the two Farm Security Administration supervisors, the extension home and farm agent, the agriculture and two home economics teachers. Meetings are called now only for special programs which need to be discussed. This year's programs were on

Food production and conservation and for the establishment of a soil conservation district.

V. Leadership

A. Adult work

There is a president, vice-president, secretary-treasurer, a garden and a poultry leader, two project leaders and a federation goal chairman in each of the 10 home demonstration clubs in the county.

The president, or vice-president, presides at each meeting of her club and if both are absent, some other club member acts in her place. The presidents arrange for the meeting places of the club each month. A most satisfactory program has been worked out in Stafford county in regard to meeting places. At the December meeting last year, the club members invited the club to meet at their homes for the entire year. Each member wrote on the club program the meeting place, therefore each one knew where the next meeting would be. This eliminated the sending of cards each month unless the date or place had to be changed for some reason.

The garden and poultry leaders attended the spring and fall training meetings and were given excellent material by the specialist in the two fields of work. These leaders were given booklets of reference material which they used each month in reports of timely interest to their individual club. The agent and the club women feel this was a most worth while training -- both to leaders and to club members.

Project leaders attended three leader training meetings, one on "Safety in the Home" and "Freshening Up the Home." Another training meeting was held on "Pattern Alteration," "Fitting of Garments" and "Home Construction of Garments" by the clothing specialist. A training meeting was held for the Federation Goal chairman on the subject of "Better Housing." There was

an average of nine leaders at each of the three training meetings, and these leaders conducted 27 demonstrations during the year. The county goal was to have 30 demonstrations: three in each of the 10 clubs conducted in the absence of the agent during the year. Leaders rendered approximately 97 days of assistance during the year.

B. 4-H club work

There are 13 4-H groups in Stafford county, with an enrollment of 265, nine boys and 256 girls. There are adult leaders for seven of the 13 groups who assist the agent by giving demonstrations, helping the girls keep accurate recordbooks, helping with project work between club meetings, and arranging for meeting places. Each club has a president, vice-president, secretary-treasurer and a program committee. The first part of the 4-H meeting is left to the program committee which they spend learning new songs or games, giving readings of poems or a discussion of how 4-H members are helping win the war. The remainder of the time is given to project instruction. Mrs. Gladys Buckner, leader of the Stafford 4-H club, gave excellent demonstrations on "Table Setting and Service," "Making of Beds," and "Methods of Dishwashing" to members taking the housekeeping project; while at the same time the agent demonstrated "Making of Biscuits," "Making of Corn Meal Muffins and Yeast Breads" to those members who chose Bread Making as a project. Mrs. Raymond Ryan, leader of the Garrisonville club, gave excellent demonstrations on "Canning" and "Bread Making" while Mrs. HeFlin assisted other girls of the club with "Clothing" and "Poultry" projects. Mrs. W. W. Harris organized the Enon club, composed of 13 members who chose "Clothing" and "Stop Food Waste" mainly as projects. She has also given good leadership to the girls.

Three girls and two boys, chosen for their outstanding project work,

attended the 4-H state short course in Blacksburg. The agent noticed a decided change in their work after returning to the county and felt that they had gained valuable knowledge from attending. They gave reports to their clubs of the trip; one boy gave a poultry culling demonstration and one girl a bread demonstration to their clubs. The Board of Supervisors contributed \$10 to each delegate for the trip, and the agent feels this money was well spent by the county.

VI. Results

A. Home demonstration clubs

a. Food

- (1) Produce, produce, produce — these were the key words used again in food plans this year. Production has been stressed so much in previous years that families are well aware of its value. The agent did notice a decided trend away from large scale production of poultry and pork for marketing. Families this year just raised these for home use, due to high prices of feed, inadequate prices for the finished product and, in many cases, inadequate help.

Garden and poultry leaders gave valuable information to club women on these two subjects. Their monthly reports kept the need of such family production in the minds of the women. Several clubs had plant exchanges, therefore, many women had a greater variety than they normally would, and no doubt several varieties of the same type of plant which increased their family production.

Each family was urged to try one new vegetable in their gardens. The agent received many reports of how well they liked egg-plant, or that the broccoli was beginning to head. Many

families planted the heading varieties of lettuce, and more made later plantings of English peas and root crops for winter storage.

The milk production is average for the county, but there are yet many families who would profit from the addition of a cow to their livestock quota.

(2) Conservation

We usually think of conservation of food as canning, drying or storage; however, this subject was approached a little differently this year in Stafford county. This county has been covered rather thoroughly with demonstrations of this type of teachers, F.S.A. workers and home agents with the help of leaders. A set-up of all the different types of jar closures was made by the agent, and the June demonstration was on how each was used in home canning. This proved rather popular with club women. The rest of the club hour was devoted to a discussion and solution, if possible, of problems encountered by the women in canning.

A great deal of time was spent on conservation of food values in storing and cooking during September which was nutrition month in the state.

Two cheese making demonstrations were given in the county this year by the agent with about four pounds of the finished product at each demonstration. As a result of this, seven club women have made about 45 pounds of cheese for their family use.

Several demonstrations on salads were given, using home grown products such as lettuce, radish, carrots, spinach, cabbage, etc. This demonstration was well liked by club members.

The agent gave 11 demonstrations in October on the making of yeast breads. The nutritional value of homemade bread against commercial

breads, the value of using enriched flour, milk and eggs in breads was pointed out, as well as the money value involved. Time saving suggestions for quick breads were also given, such as mixing dry ingredients together and storing for use later, making double quantity of biscuit dough and storing part in the ice-box for later use.

Some clubs were not reached last year with the storage of root crops, so these groups had demonstrations this year. Mrs. Price Edwards of the New Hope club goes all-out for kiln storage. This year she has cabbage, carrots, beets, turnips, early and late white potatoes stored. She says her grocery bill for vegetables during the winter months is quite small. She also has 664 quarts of food canned for a family of five.

Club members were urged to keep a record this year of food saved. The 56 women who turned in report sheets on conservation canned 10,596 quarts of fruit, 14,746 quarts of vegetables, and 876 quarts of meat. They dried 15 bushels of fruits and nine bushels of vegetables; 1,205 pounds of meat were stored in freezer lockers. They stored at home 3,590 pounds of meat, 485 bushels of vegetables, 157 gallons of lard. Homemakers also stored in freezer lockers 66 quarts of fruits, and 240 quarts of vegetables.

(3) Nutrition

September was nutrition month in Virginia and all clubs had discussions on this subject. The agent tried to present this often vague subject on the level of the women. For example, instead of saying citrus fruits provide vitamin C, it was said "Tomatoes, oranges and raw cabbage supply a vital food material which cannot be stored so it needs to be eaten daily." The basic seven chart and leaflets prepared by the State Department of Health were used in the discussion.

The agent spoke to one PTA group during the month on the subject of "Better Breakfasts and Lunches" for school children and workers.

b. Clothing

(1) Consumer problems

The complaint of poor materials, high prices for clothing and poor construction was rather universal. The complaint in many cases was justifiable, however, it was the aim to educate the women as to what they could expect from the market on their shopping trips. They were urged to read labels, compare prices and quality, buy only quality materials if available, and require information from clerks. They were urged to treat the material or garment as the tag suggested rather than try to wash a garment that the tag specified to have dry cleaned. Homemakers were urged to treat mixed fibers, and substitute fibers as the weakest fibers in the material. For example, rayon and wool must be treated as rayon, and that Butcher linen is not linen but spun rayon.

(2) Conservation

(a) Woolen garments

There are yet many homemakers who do not store woolen garments, nor summer ones either correctly. The proper method of storage and protection is constantly kept before them by discussion, newspaper articles and pamphlets.

The agent attended the laundry demonstration given by the home management specialists and followed with seven demonstrations in the county on the subject. She tied in the dry cleaning of garments with the demonstration of laundry, and found much interest displayed by the club women. Numerous women do their dry cleaning at home. Thirty women improved their laundry set-up as a result of the demonstration.

Some of the ways this was done was by raising the height of laundry bench, or providing a bench, providing a place for supplies, securing a laundry basket, making clothes pin bags and many other methods.

(b) Sewing machine clinics

Eight machine clinics were held by the agent with 39 machines cleaned and adjusted. The agent has found that the women know more about their sewing machines and how to care for them and enjoy sewing as a result of the clinics last year and this year. Mrs. Edna Wertz of the Falmouth club brought to the clinic a Singer machine that had been in the woodshed for two years. It was so gummed that the wheels would not turn. When she finished her cleaning and adjusting, this machine stitched as well as any other brought to the clinic. Below is a picture taken at one of the two clinics held for the Falmouth club.

(3) Construction

Clothing work in the county this year was confined to the use of patterns, cutting, fitting, construction and finishing of the garment. A training meeting was conducted for the leaders by the state clothing specialist. Nine leaders attended this meeting and gave 15 demonstrations to their clubs. Each club woman was measured and her measurement compared against a commercial pattern to determine the size pattern that she required. Each woman was given a sheet of these measurements for future use.

Leaders gave demonstrations on adjusting patterns to measurements, placing patterns on material for accurate cutting. They followed this demonstration with one on the fitting of garments and finishes for a nice looking homemade garment. At this last demonstration, club women practiced the making of buttonholes, plackets, pockets, collars, etc., under the guidance of the leaders. The agent does not have the number of garments

made by the club members, but knows there has been an increase in home construction of garments.

C. House

Since housing is the federation goal for Stafford county, this will be fully discussed under home demonstration club activities 2,a.

d. House furnishings

(1) Conservation

(a) Woolens

Very little was done on this subject other than that involved under proper storage for protection against moths. Homemakers were told how to clean upholstery with a stiff brush and cleaning fluid or with a mild soap lather.

(b) Furniture and furnishings

The home furnishing specialist conducted a leader training meeting on "Freshening Up the Home." Thirteen leaders attended this training meeting, from eight clubs and these leaders conducted the demonstrations in their clubs during March. They gave hints on the proper cleaning of furniture, and finishing of furniture. Several club members followed their leader's suggestion of reversing window shades for lengthening their lives and making the home more attractive. More results of this leader meeting will be discussed later.

(c) Furniture clinics

Two furniture clinics were held this year in Stafford county. The home agent visited Mrs. E. J. Schleigh of the Richland club and found a lovely set of solid walnut covered in black paint. The springs were coming through the upholstery. The agent helped the

family with removing the upholstery, and the paint. The furniture was then sanded, treated with hot linseed oil and turpentine, and rubbed down well with wax. New webbing was put in, springs tied and covered, and re-upholstered with a lovely piece of paper-try. The finished product was lovely, and would no doubt have cost at least \$100 had it been done at a commercial shop. The Schleigh family spent about two months completing this.

Two tables were refinished at the same clinic. Mrs. Myrtle Allison brought to the clinic the cushions from a three piece set of overstuffed furniture. The springs had separated, thus wearing holes in the upholstery. The agent demonstrated to the club how to remove the springs from the cushion, tie and sew them together and place them back in the cushion. Mrs. Allison completed a cushion at the clinic, and several months later, she proudly displayed the completed set.

Mrs. David Wirman of the Roseville club is the home unit demonstrator in the county. The agent spent two days helping Mrs. Wirman refinish a lovely marble top oak server, which had two coats of green paint. Mrs. Wirman bought a nice mirror to hang over the refinished server - which added size and interest to her dining room.

Several other club members refinished odd chairs. Mrs. Randolph Brooks of the Berea club with an eye for values, bought three odd and old walnut chairs for 15¢ each at an auction sale and refinished them. Mrs. Ryland Heflin of the Garrettsville club also refinished two odd chairs.

(2) Construction

(a) Furniture

Two club members took old pictures frames and campstools and made attractive coffee tables from them. Mrs. Wertz of the Palmsouth club made an attractive serving tray from an old picture frame.

Club members were very much interested in the making of slip covers for furniture, but the scarcity of good materials on the market was quite a draw back in accomplishing this. The most attractive covers the agent has seen were made by Mrs. Lana Peregoy of the White Oak club. Mrs. Peregoy is a beautiful seamstress and did a nice job in making the covers. She did the davenport and one chair in print and the arm chair and foot stools of the set in stripes. Mrs. W.H. Jordan of the Antioch club is another member of home demonstration clubs who has displayed nice slip covers and upholstered chairs.

Mrs. Hunter Simpson of the Antioch club made three beautiful lamp shades for vanity lamps. She used a soft shade of rose silk for the base covering, and then made a skirt for the shade of embroidered curtain material. She did a beautiful job of covering the shades, the material costing her \$1.39 as compared against the \$6.98 each shades she copied. Mrs. Simpson has also covered two other shades for lamps in her home. Mrs. Gertrude Edwards and Miss Elizabeth Silver of the New Hope club have also made attractive shades, as have seven other club women in the county.

The April demonstrations in the county were on "Storage". This was directed mainly at the improvement of the present storage spaces in the home, due to scarcity of labor and materials. Homemakers were urged to add or to change shelves in closets or pantries to

increase storage space. Changing of rods and shoe racks were other methods of increasing storage spaces. Twenty-eight homemakers improved storage by enclosing the sink in a cabinet, building shelves, unhinging kitchen cabinets and attaching the upper part to the wall; 17 improved bedroom storage and 18 improved basement storage.

Under 2(a) is the result sheet on the housing goal, which was the federation goal in the county.

e. Home Management

(3) Storage (kitchen and laundry).

In carrying out the federation goal, improvement of kitchen and laundry storage was greatly emphasized, as these are two places where homemakers spend a great deal of their time. During the year, 28 homemakers improved kitchen storage and 14 improved laundry storage. Mrs. Hunter Simpson had a woodbox built on the outside with the opening near the stove, thus giving added space in the kitchen. She raised a built in cabinet to the ceiling, giving a 1½ foot storage at the bottom. She also had two windows cut in the kitchen, and in one corner built cabinets around the window. Underneath she put the sink, which is enclosed by cabinets; now she has adequate storage space in her kitchen.

(4 and 5) Home accounts and home unit demonstrators

Mrs. David Wirman of the Roseville club is the home unit demonstrator in the county. The agent spent much time in helping her start and keep a home account book. She had never kept an expense record before and has done well with this part of the project. She was also assisted with arrangement of household furnishings for more efficient use of her time. She has recently installed electricity,

and was assisted in the selection of lamps and the placement of outlets for more efficient use. Mrs. Wirman was fortunate to be able to buy a used refrigerator and an electric iron, which are indeed time and labor savers.

Mrs. Wirman had a back porch and basement built, something she had wanted since building her home. She has enclosed the back porch for extra work and storage space, especially during the winter months. The agent assisted with plans for bins and shelves for storage space.

(4) Home Laundry

The agent attended the laundry workshop which was conducted by the home management specialist, and gave eight demonstrations on the subject to homemakers. The demonstrations consisted of a discussion of soaps, methods of laundry, stain removal, rinsing and hanging of laundry. Time and labor saving methods were discussed, for instance, the providing of a place for doing laundry only, using boxes for assorting the laundry, pulling or rolling laundry to the line, and to sit while ironing. Fourteen homemakers improved their laundry set-up during the year.

2. Home Demonstration Club Activities

a. Federation Goal

Club women selected "Housing" as the federation goal they desired to work on during the year. Specialists conducted leader training meetings on "Repair and Upkeep of the Home," "Safety in the Home," and "Freshening up the Home." Check sheets or goal sheets were prepared and distributed to the club women in January. These were checked for the things desiring to be accomplished during the year. The homemakers kept one sheet and the agent the duplicate. These sheets were checked in July and again in October, and the results of both checks are attached on

the following page. There are numerous mentions throughout the report of the accomplishments made by club members, so these will not be duplicated. The total is for 113 members.

REPORT OF STAFFORD COUNTY'S FEDERATION GOAL
"Housing for Safety, Security and Satisfaction"

July 31, 1944

1. 11 Repaired or painted roofs.
2. 3 Repaired gutters on house.
3. 6 Painted exterior of house and porches.
4. 7 Painted house screens; 3 put on new screens and screen doors.
5. 2 Repaired chimneys; 2 built new chimneys.
6. 15 Installed electricity in the house.
7. 3 Installed bathrooms and running water.
1 Put tile walls in bathroom.
8. 1 Built back porch and basement.
9. 5 Added extra windows for more light to rooms.
10. 3 Provided sanitary disposal of waste.
11. 13 Provided or equipped medicine chest.
12. 11 Provided some type of fire extinguisher, either commercial extinguisher or sand.
13. 10 Improved laundry by building or raising height of bench, storage of equipment, buying additional equipment.
14. 8 Built or improved bedroom storage space.
15. 11 Improved kitchen storage by enclosing sink cabinet, building shelves, building wood boxes, unhangng kitchen cabinets.
16. 49 Papered or painted rooms in the home.
17. 16 Refinished floors in the home.
18. 2 Re-upholstered living room furniture.
6 Cleaned and slip-covered furniture.
3 Painted kitchen furniture.

The attached sheet was prepared last fall by the home agent and the county federation chairman. At the January meeting these were rechecked, each member keeping one and the agent one. These have been checked once since then to determine work done by the club members and to give any information needed to complete individual goals for the year.

REPORT OF STAFFORD COUNTY'S FEDERATION GOAL
"Housing for Safety, Security and Satisfaction"

October 31, 1944

1. 36 Repaired or painted roofs.
2. 7 Repaired gutters on the house.
20 Repaired or painted outdoor buildings.
3. 4 Painter exterior of house and porches.
4 Repaired walls of home.
4. 19 Painted house screens; 19 put on new screens and screen doors or repaired same.
5. 15 Repaired chimneys; 2 built new chimneys.
6. 19 Installed electricity in the home.
7. 11 Installed bathrooms and running water.
1 Put tile walls in bathrooms.
8. 14 Built back porch and basement.
9 Built walks.
9. 14 Added extra windows or doors for more light to rooms.
11 Weatherstripped door and windows.
10. 12 Provided sanitary disposal of waste.
11. 23 Provided or equipped medicine chest.
12. 11 Provided some type of fire extinguisher, either commercial extinguisher or sand.
13. 14 Improved laundry by building or raising height of bench, storage of equipment, buying additional equipment.
14. 17 Built or improved bedroom storage space.
15. 28 Improved kitchen storage by enclosing sink cabinets, building shelves, building wood boxes, and unhinging kitchen cabinets.
18 Improved basement storage.
16. 18 Papered or painted rooms in the home.
17. 51 Refinished floors in the home. 24 provided floor covering.
9 Repaired floors.
18. 6 Re-upholstered living room furniture; 3 made small tables from long ones.
11 Cleaned and slip-covered furniture; 4 made draperies. 12 Painted kitchen furniture and other furniture. 7 made lampshades, 15 made curtains.

b. Special Activities

The home demonstration clubs sponsored two canned food and rummage sales, realizing \$95.86 at the first and \$105.45 at the second. All clubs in the county contributed food and rummage for the sale, and the proceeds went to the home demonstration committee.

The Berea club served dinner to the Ruritans adding \$10 to the individual treasury. The Falmouth club served dinners during the Fireman's Festival, and they also served a special dinner to raise funds for repairs and equipment of the Falmouth community house. The Enon club sponsored a rummage sale, making \$10 for the treasury of the club. The New Hope club added \$25 by selling greeting cards.

The home demonstration committee contributed \$30 to the ambulance fund. It also contributed \$25 on the expenses of five delegates to the state short course.

3. Brief Account of the Most Outstanding Club

The agent considers the Rappahannock club, consisting of 15 members, the most outstanding in the county. This club has had an average attendance of 12 members for the entire year. The leaders gave three demonstrations during the year in the absence of the agent. They have been 100% for two years in the payment of federation dues. They have had leaders at every leader's meeting, and the officers, and the members have cooperated well and done a good job in every major project undertaken in club work. The leaders assume a great deal of responsibility in promoting the home demonstration program, and in seeing that all members cooperate. It is a club that doesn't forget from one meeting to the next that home demonstration work exists. They have collected and sold waste paper, scrap, and fat and have added \$9.79 to the club treasury from the sales of such. Mrs. Nettie

Pierre, conservation chairman from the club deserves high credit and praise for her excellent work in the collecting and selling the salvage. The club canned food for and is sponsoring the school lunch program of the Little Falls school of the community.

4. Account of how a club woman has adjusted to war conditions.

Mrs. Myrtle Allison of the Richland club has been chosen for discussion on this subject. Mrs. Allison has five members in her family, two daughters of school age, a son in the marine corps, and her husband who is employed by the Farmers Creamery. They live on a farm, raising chickens and turkeys for sale, a small grain crop, pigs and cows for family use and an adequate garden. Due to Mr. Allison's long working hours, Mrs. Allison does most of the farm work, with the exception of the crops. In spite of this and her housework, she finds time for community activities of the church, school and the home demonstration clubs.

Mrs. Allison made all of the evening dresses worn by the girls graduates of the Falmouth high school and did a lovely job of making them. She and a neighbor do their laundry together, and in some way find time to do that of a neighbor who suffers from a heart condition.

Mrs. Allison's son has just returned home after being seriously wounded in the South Pacific. This was a terrific mental strain, yet she manages to carry on her many activities. She is a very talented woman and has the abilities to do well what she undertakes.

C. 4-H Clubs

1. Project work

a. Bread

Demonstrations were given club members on the making of biscuits, muffins, cornbread and one group had demonstrations on the making of

yeast breads. These demonstrations were given by the leaders or the agent. There were 89 girls enrolled in the bread project, 59 making completions, with bread being made 963 times. The agent did not require the making of loaf bread for completion, due to the age of the group. This was one of the most popular projects.

b. Clothing - make or remake

Clothing was another of the popular projects with the girls. There were 54 members enrolled, with 23 completing, making 102 new garments and 7 remodeled. The new garments cost the club members \$31.87 to make, the remodeled garments cost \$1.55. Barbara Snellings of the Berea club had never sewed before or was very much interested in clothing, but she selected clothing as her project. She made a most attractive apron for her first garment, then followed with a broom stick skirt with Dutch hat to match. Her next garment was a slip, followed by a most attractive blouse. She plans to remodel a garment next and is now very much interested in clothing construction and in the care of her clothes.

c. Home Laundry

Seven girls chose this as a project, and all completed the project. They did the family ironing, helped with the washing, made starch and improved the laundry set-up in the home. They made clothespin bags, lined laundry baskets, and one girl made covers for the wringer of the washing machine. Demonstrations on the dry cleaning of sweaters were given to six of the 4-H clubs, and now many girls are cleaning their own sweaters.

d. Poultry

Four boys and 13 girls enrolled in this project with two boys and nine

girls completing. They assumed the management of the home flocks in all cases, however no member kept as adequate a record as was desired Janet Chinn managed her flock of 20 hens and raised 15 pullets for egg production. She kept accurate records, cared for the chickens well and enjoyed her project.

e. Gardens

Club members taking this project helped with the family garden, there was no special 4-H garden. They were instructed how to care for the gardens, to add new vegetables and to practice successive plantings of vegetables.

f. Child Care

Club members enrolled in this project were not of adequate age to fully understand how this project was to be carried out, and no one, in the opinion of the agent completed the project.

g. Housekeeping

This was a most popular project. The girls were given demonstrations during the year on "Table Setting and Service," "Washing of Dishes," "Making Beds," "Making of dust cloths and how to Clean Furniture". Some clubs had demonstrations on the arrangement of rooms for more convenience.

h. Stop Food Waste

Eleven girls were enrolled in this project, six completed with 192 dishes prepared. The girls were instructed in the proper methods of cookery, pamphlets were distributed, and they carried out the actual work of the project with either preparing the whole meal or just the desired dish.

i. Canning

Sixteen members enrolled in this with three completing and 107 quarts of food canned by 4-H members. Each member would bring to the club meeting enough food to fill her jars. At the meeting they would prepare the food, fill the jars, and assist in the canning. The agent felt there was a lot of interest in this subject and the girls enjoyed doing the canning.

2. Health

During "Safety Week" all clubs had discussions and demonstrations on first aid for the entire month. The Vita-min-go game was played at 4-H meetings, and they also had programs on nutrition for better health.

3. Community Activities

The White Oak club and the Richland 4-H club have been the most active in the collection of scrap metal, tin cans and waste paper for salvage. The agent always leaves the club meeting with her car loaded down with salvage. Other clubs have been fairly active in the collection of salvaged materials. There was very little milkweed pod collection in the county as it is not very prevalent in this part of the country.

D. Other Work Done by Home Demonstration Agent

The agent always tries to cooperate with others workers and agencies in the county in all programs that come up. Each month she sent to the home economics teachers a folder of material which they could not secure copies of. They are always invited, as well as other professional workers, to leader meetings and other educational meetings which the agent has charge of.

The agent explained all new rationing programs to the home demonstration clubs and other groups. She assisted the rationing board in distributing blanks for sugar applications, and in helping the board check the returned applications. The agent worked two days with the Stafford Red Cross

canteen in serving lunch on blood donor's day. The serving and preparing of large quantities of food was valuable experience to the agent.

VII. Appraisal of the most significant contribution to the county in meeting war needs which was made by the home demonstration program.

The agent feels that helping homemakers to use to the best advantage the materials they have, be it food, clothing, house furnishings or equipment is the best contribution that could be made during war time. The program planned for the county was aimed at doing just this.

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