

ANNUAL REPORT

County Extension Work

1953



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Agent

Asst. Agent

CAMPBELL
COUNTY

34
72

ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION WORK

BELVA DUDLEY

HOME DEMONSTRATION AGENT

DECEMBER 1, 1952 - NOVEMBER 30, 1953

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III. COUNTY SITUATION

Campbell County is in the foothills of the Blue Ridge Mountains in Central Virginia. There are in the county 557 square miles with 90,000 acres of crop land. Agriculture is the principal source of livelihood, with general farming and tobacco leading with cattle raising and dairying making forward strides. However, the urban and non-farming population in the county has had a tremendous growth within the past ten years bringing a need of a program that is not entirely rural. The average home in the county is one of comfortable income with food, shelter, clothing and many real comforts provided. There are however about 650 marginal white families, and on the average of about 159 white families on relief. About 86% of the homes have such modern conveniences as lights, water and labor saving equipment that comes as a result of these conveniences. Homes in the county are now affected by the industrial developments in the city, with more girls and women of the rural homes employed in stores, factories, and yet living at home. Along with women working and receiving wages, high farm prices, men working on jobs away from the homes cause social problems. The establishment of many new homes through marriage also bring about many problems. The high cost of living, the desire for better health and wishes of the members were the main factors used in selecting the 1953 program.

IV. CONTRIBUTIONS OF THE 1953 PROGRAM TO BETTER FAMILY LIVING

The contributions of the program to better family living has been varied, but as a whole, the program has proven very satisfactory. The 1953 program as planned by the county Home demonstration Committee was based on the county situation, the desires and need of the homes in the county and results obtained from the 1952 programs. Through county-wide programs in Citizenship, Library, Health, Rural Youth and Community Recreation we have better family living and community life, and a more conscious realization that comes with good health, wholesome recreation and carrying the responsibility of a good citizen. The Extension influence in Campbell County is increased through such county-wide programs as they reach many homes of non-club members. In the home itself more labor saving devices and running water have been installed; homes have been re-arranged for greater conveniences and living comfort. A great many televisions have been bought as a means of drawing the family into a closer unit. There are fourteen home demonstrations clubs in the county with an enrollement of 430. The attendance has been above normal; and as always has varied with the seasons and demonstrations. Home demonstration leadership has been excellent; each club has its quota of officers besides a county federation goal chairman, poultry and garden chairmen and twelve project leaders, each two leaders being responsible for two demonstrations. Continuation of Citizenship as our Federation Goal has been a timely one.

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Eighty-four women have registered this year as a result and 278 voted. Health as a carry over goal is still a matter of vital interest. The cancer detection center that was originated and sponsored by the clubs (as described on page 1 and 2 in the annual report 1949) is still doing wonderful work; if for no other reason than, it is making the women conscious of the importance of the yearly physical examination. One hundred and thirty-seven club women have had a physical check-up, and they have been responsible for many non-club women getting a check-up. Ninety-one of the women reporting have some form of health or hospital insurance. From an economic standpoint one of the greatest contributions made by the county home demonstration program for promoting better living in 1953 has been that an estimated saving has been made of \$39,325.00. This saving was made through skills learned in clothing construction, house furnishings, food preservation, laundry and dry cleaning in the adult program and gardens and canning in the 4-H girls garden and food preservation projects.

V. ADULT WORK

A. Project Work

1. 1953 Program Calendar

December : Club Choice

January : Basic Seven Foods and Ways of Preparing them to Retain Food Value.

February : Making and using Cottage Cheese.

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March : Citizenship is the Federation Goal.
April : Meat Substitutes.
May : Prepared Frozen Meals .
June : Foods After Forty.
July : Club Choice or Picnic.
August : Salads as a Source of Vitamin C.
September : Flower Arrangements .
October : Simple Home Repairs.
November : Do's and Dont's in Painting.

2. Foods and Nutrition

a. Objectives

To have healthier, better satisfied and better fed families through the study of the basic seven foods and the ways of preparing them so their food value is retained. To learn attractive and economical ways of serving every day foods through the use of cottage cheese and meat substitutes, to make better use of their home freezers through preparing frozen meals. To enjoy a longer and healthier old age through the study of foods after forty.

b. Procedure

Three leaders conferences with 2 leaders present from each club has been held. The leaders gave the 6 food demonstration s to their groups, mimeograph

material and bulletins were distributed to club members and other home makers, home visits were made by both the agent, leaders and club members. Announcements of demonstrations over radio and in the papers were made before each meeting.

c. Results

In the food and nutrition program the women reported they passed food information to 980 homes. The Basic seven foods and ways of preparing them to retain their food value has proven very helpful and the women have really made an effort to give their families more balanced diets. The individual "Basic Seven" chart was given to each club member and many reported that they posted this on their cabinet door and referred to it daily. Two hundred and thirteen reported they had definitely improved their diets. Cottage cheese has moved out of the "turkey feed" class in many homes since the demonstration on making and using it in salads and desserts.

Meat substitutes proved very popular and helpful as well as appetizing in preparing low cost meals. These recipes have been given out to many non-club members, as well as the ones on salads as a source of vitamin C. The women enjoyed the one on Frozen Meals very much and quite a few of the women reported

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they keep a few frozen meals in the freezer most of the time, and all keep some prepared frozen foods such as cakes, bread, cookies, pies and sandwiches all the time. Foods after forty were very popular and made the women realize that something could be done about making old age more enjoyable and worth living. It made many of the women realize that they should reduce so for 1954 we are planning on carrying this work on and really get some extra pounds off of the women who are willing to try to reduce. We had many calls from non-club members for recipes and mimeograph material that we gave out for this demonstration. Other results in this project reported were 26 bought new home freezers, and 75 used a community locker. They froze 7356 pounds of vegetables, 6646 pounds of fruit, 16,636 pounds of meat and 100 pounds of other foods. Nearly all of the members reported they kept prepared cooked food in the freezer at all times. In addition to the above freezing they canned 980 quarts of tomatoes, 9,356 of vegetables, 12,304 quarts of fruit, 2,563 quarts of meat. a great proportion of the canning was done in the community canneries. In addition to the above canning and freezing they reported they stored 2800 bushels

*from
has
many
reports*

of vegetables and cured 42,121 pounds of meat. An estimated value on the canned and frozen foods above is \$32,442.10 which does not have to be put out in actual cash by the families when they are ready to consume the food.

3. Housing

a. Objective

Through the two demonstrations that are included in our program the objective was to help the women "Do it themselves" on simple repairs on the home and on painting.

b. Procedure

Two leaders meeting were held and the leaders gave both demonstrations to their groups. Mimeograph material and commercial bulletins were given to the women.

c. Results

One hundred twenty-five women reported they used the "Fix it" demonstration in making 300 repairs around their homes. Many are planning on using the Do's and Dont's in painting their homes this fall. The bulletin on Farm Homes has been loaned to groups to study and the results reported are 36 new homes constructed, 45 remodelled, 165 have made major improvements such as painting, cutting new doors and

windows, insulating, or adding storm windows. Twenty-four have added complete water systems and 26 have installed bath rooms in old houses, 75 installed central heating systems, 90 have added much needed storage space and 300 reported they had removed fire or accident hazards.

4. Home Furnishing

This was not included in our program as such this year but worth while results have been reported as a carry over from last years' program. The women reported that they made or remodelled 97 lamps and made 60 lamp shades, they improved 528 rooms. One hundred and fifteen papered or painted walls and wood work, 48 sanded floors, 102 improved color scheme, 150 rearranged furnishings in the rooms, 50 pieces of furniture were refinished and 90 pieces upholstered and numerous pieces repaired and remodeled. They also reported making or buying 340 new drapes or curtains and thirty-five women made eighty slip covers and 160 pictures were purchased or rehung. They hooked or braided 69 rugs and made 225 articles for the home. It is estimated that this program carried a \$ 5,000.00 saving to the family budget.

5. Home Management

The results of the carry over of home management are

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as follows, 36 women reported they improved their home laundry, 60 made major improvements, such as buying 25 new washing machines, 10 ironing boards, 50 re-arranged and improved their kitchens, 13 bought new stoves, 20 hot water heaters, 12 installed dish washers and many others have bought numerous pieces of small electrical equipment to make the homemaker's task easier. Sixty women reported they have simplified their task of house cleaning. The agent assisted many of these homemaker's individually and in groups in selections and changes.

6. Clothing

As a carry over in clothing from 1951 the women are developing more skill in making their clothes and are practicing good points to look for in selecting ready made garments. The women reported they made 2,158 garments, remodeled 360, made 51 coats or suits and 15 raincoats. They remade or restyled 55 hats and dry cleaned 1000 garments. The women reported that the above sewing had been done at a saving of \$1, 307.00 and dry cleaning at a saving of \$500.00 67 women cleaned and adjusted their sewing machines.

7. Rural Arts and Handicraft

All 14 clubs have had a special work day in this project. Eighty-seven chairs have been reseatd.

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40 chairs stenciled, 20 trays painted, 170 articles decorated with textile paints, 160 glass articles etched, 95 aluminium trays have been hammered or etched. The women reported they had derived an income of \$ 495.00 from the sale of handicraft. Numerous quilts, counterpanes and crocheted luncheon sets have been made.

8. Poultry

a. Objective

To have the women informed on the latest findings on the care, housing and feeding of poultry flocks.

b. Procedure

Each club appointed a poultry leader and she was given a book containing the latest poultry information along with a monthly letter being sent out containing timely hints. At each meeting she was given 5 minutes to discuss pertinent facts and to answer the questions asked by the women.

c. Results.

Thirty-six reported they bought better strains of baby chicks, 120 improved feeding methods, 100 used newer methods of controlling external and internal parasites; and 36 reported they had improved their poultry houses.

9. Landscaping

Though no special emphasis was placed on landscaping this year 140 women reported they had improved their home grounds, 721 shrubs and trees planted, 35 leveled their yards, 53 repaired old buildings, 78 painted old buildings, 47 repaired old steps or porches and 22 put down new walks or drives.

10. Home Recreation

a. Objective

To help the women learn to relax and play together as well as to work together. To show the women how to carry over into their home life games and contests learned.

b. Procedure

At each club meeting during the social hour a game or contest is conducted at which all members are urged to take part in.

c. Two demonstration meetings are given over to recreation, one is the July picnic at which time each club sponsored a community picnic. The attendance at these picnics range from 30 to 150. Each family that attends carries their own lunch, and games are played that have been planned by the recreation leader. Then each club has a family Christmas party, at these parties home made decorations and refreshments are used and there is an exchange of homemade

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Christmas presents. The group all join in the singing of Christmas carols and the playing of games.

11. Flower Arrangement

a. Objective

Add to the livability and attractiveness of the home by having through out the home, arrangements of cut flowers or winter bouquets.

b. Procedure

Each club invited a Garden club member to give a demonstration on the arrangement of cut flowers or winter bouquets to their groups. Club members brought flowers and containers for the arrangements so they could learn by doing.

c. Results

After the club member arranged her container of flowers at the meeting with the assistance of the "Garden Club" leader she was able to go home and make a fairly good reproduction of the same. The women have put forth an effort to keep flower arrangements in their homes since.

B. Other Activities

1. Federation Goal "Citizenship".

a. Objectives

To get women to have better community cooperation, to realize their responsibilities as a citizen by registering and voting, knowing their local, State and National Government and helping the youth to become better citizens.

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b. Procedure

A county chairman was appointed as well as a chairman in each club. A meeting was held by the county chairman with Judge Overby as guest speaker to train the club chairman in her responsibilities. One meeting was given over to the goal and the club chairman in some cases invited a speaker and in others she took charge of the meeting herself.

- c. Eighty-four members have registered this year and they have encouraged many non-club members to register. Two hundred and seventy-eight members reported they voted in the election this year. The women are taking more interest in the local political matters and at each Board of Supervisors and School Board meeting there are a few women in attendance so they can report back to their clubs, the matters that came up at the two above mentioned meetings.

2. Health and Hospitalization

a. Objective

To continue the health program for happier and healthier people in the county. Club members continue their physical check up and to be responsible for one or more persons having a check-up, have hospitalization for yourself and family and contribute to health drives.

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b. Procedure

A county chairman Mrs. W. Goode Robinson was appointed and a health chairman was appointed in each club. These chairmen brought up timely health topics at the club; they were reminded monthly of the physical check-up, and through literature, pictures, home visits from club members passed information on to non-club members.

c. Results

Mrs. Robinson has been untiring in her efforts to keep the health program before the people. Since the annual physical health examination program has been so well established club members may call the center directly for their appointments. One hundred and twenty club members reported they had had a check-up and they have been responsible for about the same number of non-club members getting a physical check-up. One hundred and fifty reported they had hospitalization for themselves and families while 40 reported due to special reasons they carried hospitalization individually. All of the clubs have contributed to the different health drives. Three of the clubs sponsored special events to raise money for the cancer and polio drives.

3. Library

a. Objectives

To contribute to better family living and recreation through the reading of better books. To widen the circle of readers and get better books distributed through the county.

b. Procedure

Clubs contributed \$5.00 to club sponsored library. Clubs have a librarian who keep records of books read, distributes and collects books for the agent (who takes books to each home demonstration club.) The Home Demonstration committee gives reading certificates to members who read 5 books on the reading list that is recommended and made up by the State Goal Chairman.

c. Results

The County Library is and has been a long time goal of the clubs. Each club pays \$5.00 annually toward its upkeep. The outline of work includes the maintenance of the reading room, the problem of getting the people to read more and better books, and the distribution of the books from the library to the people throughout the county. There are more than 2600 books in the library. It is open 5 afternoons a week with the librarian paid by the Board of Supervisors.

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4. Institute of Rural Affairs

a. Objectives

Have the president of the home demonstration committee ,
federation goal chairman, and eight women attend the Institute.

b. Results

The Agent, president of the committee, goal chairman and
ten women attended the Institute of Rural Affairs.

Mrs. S. S. Gilbert, our County Federation Goal chairman of
Citizenship was State Chairman of Rural Youth and Recreation.
Mrs. Gilbert was on the panel discussion while there as well
as serving as chairman of the group for all the State Feder-
ation Goal chairmen in their report to the group. We as a
county group were very proud of Mrs. Gilbert . Reports of
the above meeting were given in all of the clubs as well
as at the Fall County Planning Meeting.

5. District Federation Meeting

a. Objective

To have as many women as possible to attend the District
Federation in Danville, so they may get a broader outlook as
to what home demonstration work is.

b. Result

The agent and 58 women attended this meeting. Richard Martin
one our 4-H boys and a I.F.Y.E. student gave a travelogue
of his trip to France. Richard gave a good talk and we
were proud of him.

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6. Achievement Day

Achievement Day was enjoyable as well as an educational one. Each club had a booth showing handiwork they had done within the past two years, only articles based on demonstrations could be exhibited. Mt. Athos club won first for their exhibit Forest Hill second and Pilot club third place. One hundred and fifty women were present. Each woman brought lunch and it was served together so a delightful picnic lunch was enjoyed by all. Mr. W. Fred Carr, District Soil Conservation Supervisor was the guest speaker, his subject was "Soil Conservation as it applies to good Citizenship". Miss Sally Guy Davis and Miss Mary Moorman and Mrs. W. Frank Carr, State Home Demonstration president were guest and served as judges for the booth. The vice president of the home demonstration committee gave the county report. A style review of old fashioned clothes was given during the afternoon this was very enjoyable and some of the garments shown were over 100 years old. The Glee Club of the Concord High School rendered several choral numbers after lunch.

7. Community Project

The Gladys home demonstration club in cooperation with the P.T.A. has jointly converted the abandoned Home Economics building into a community center. The home demonstration women held two clean-up days, cleaned and waxed the floors, upholstered a sofa and 2 chairs, had a kitchen shower to secure dishes and

cooking utensils for the kitchen. They have always undertaken 2 other major projects, one was securing telephones before this effort there was only one in the neighborhood and now there are 24 in the Village, and it is in hopes that more will be added shortly. The other cooperative project has not proven as successful, that was to secure a doctor for the community. To-date several have come to the community and looked the situation over but no doctor has settled. The community is planning to continue its efforts along this line.

VI. A-H Club Work

A. Project Work

1. Home Improvement

a. Objectives

The project helps make the family a unit, as the daughter takes over definite jobs as her contribution to better family living, by learning and practicing new methods that save time and energy.

b. Procedure

The agent held small group leaders meetings so that these trained leaders could give the demonstration to the community clubs. The agent gave all of the demonstrations, project books were given to the girls and a work sheet with the required work listed as the girls did it they checked the work done on the work sheets. The girls made scrap books; they were assigned jobs from the demonstration. The agent talked over projects with many of the parents explaining some of their responsibilities (which has been of great help)

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and letters were written to them, the girls made exhibits in the clubs and had exhibits at the Farm Show.

c. Results

Ninety girls selected home improvement as their project with 82 completing, 80 of the girls gave demonstrations to their groups, and 87 cared for their rooms for 6 months, 75 rooms were improved, 60 rearranged for easier care, 220 articles were made or bought for their rooms, 46 pieces of furniture remodeled or refinished, 12 floors sanded, 60 rooms repapered or painted.

2. Clothing

a. Objective

To have young girls to make simple articles as means of developing skills to be used in making their own clothes and helping with the family sewing when the girls are more mature.

b. Procedure

The agent held individual or small group leaders meetings where leaders could be secured, and they gave demonstrations to their groups in others the agent gave the demonstrations, mimeograph sheets on each article to be made was given to the girls for their use and to be added to their 4-H books. The making of the articles was demonstrated, then the girls made the article and brought it to the next meeting to be judged.

c. Results

Seventy-five girls were enrolled in these 2 projects with

68 completing. They reported they made 275 articles and 60 garments and they all reported they improved their personal care, and many assisted with the care and repair of their clothing.

3. Food Preparation

a. Objective

To teach the girls to cook using the basic patterns in food and preparation.

- b. Leaders were secured where possible for local community groups; training was given the leaders by the agent, they in turn gave the demonstration to their groups. Project books and mimeograph material were furnished the leaders and girls. The agent and home demonstration club members visited their community groups when ever possible.

c. Results

One hundred and eighty girls were enrolled in these projects with 170 completing. They reported that all of the girls completing gave demonstrations, they planned 400 meals, prepared 1260 meals and served 16 club meals. All of the girls helped with the family preparation of food.

4. Food Preservation

a. Objective

To have the girls help with better feeding of their families through making a plan of the amount of food to can for their families; keep a record of the amount of food canned; assist

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with the canning, and canning some food by themselves.

b. Procedure

In the majority of cases older 4-H members and home demonstration club members served as leader. The agent visited clubs and individuals when ever possible. Mimeograph material and government bulletins distributed and exhibited .

c. Result

Two hundred and seventy girls were enrolled with 235 completing. They reported that they canned by themselves 3000 quarts and froze 680 quarts of fruit and vegetables and helped freeze 991 pounds of meat, also assisted with the canning of 13,640 quarts.

5. Gardening

a. Objective

To teach club members, parents and others through practical demonstrations the best methods of growing and caring for a garden. To interest and secure the help of the girls in a wholesome and profitable enterprise essential to better living.

b. Procedure

The girls selected in this project that was sponsored by Sears and Roebuck Company were the ones that had good family cooperation.

c. Results

Nine girls entered the garden project as sponsored by Sears Roebuck with 8 girls completing. Their garden and canning

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records show the following results.

Value of gardens of girls completing	\$ 1598.00
Cost of gardens of girls completing	400.00
Benefit from gardens of girls completing	1198.00
Total number of quarts canned	2563
Total quarts frozen	225
Total pounds dried	1200

These girls won \$61.00 in prizes from Sears in addition to the prizes won by them in canning and exhibits of garden produce at the Farm Show.

6. Home Electrification

a. Objective

To have the girls make family living more attractive and easier by proper wiring and lighting for special jobs; more beautiful through the correct use of lights in the decorative scheme; easier by having the proper electrical equipment for the job and to save their equipment through proper use and care.

b. Procedure

Agent and leaders give demonstrations, mimeograph material and bulletins; visits to well lighted homes and electrical equipped farms; assign special jobs to club members monthly, check work sheets ;individual counseling.

2. Results

Sixteen girls selected this as their project but only 6 completed. We were unable to send out County winner to the Club Congress at Richmond as only 6 girls sent in their reports on time (12 reports were required for the county winner to be eligible for the trip). The demonstrations have varied in this project from repairing electric cords, remodeling lamps, learning to read the meter and use of household electric equipment.

7. Home Laundry

Twenty girls enrolled in the laundry project with 14 completing. These girls reported they did their own laundry and gave 10 demonstrations. They all improved their laundry equipment and method of doing laundry, and they all assisted with the family washing and ironing.

8. Poultry

Six girls enrolled in the poultry project with 4 completing and handing in their record books. The girls reported that they cared for and kept a record on 300 chickens.

B. OTHER ACTIVITIES**4. State Short Course**

Five girls Jeanne Neighbors, Janice Martin, Gerry Jenks, Joyce Gann and Nina Calohan attended the State Short Course.

Phyllis Isaacs, Mrs. Hunter Evans and Arlene Nash attended the "All Star" conference that was held just prior to the State Short Course.

2. 4-H District Camp

The agent, Phyllis Isaacs, Jean Newland, Sylvia Williams and 37 girls attended the district camp at Holiday Lake.

The agent was in charge of one of the handicrafts, the dining room and vespers.

3. Farm Show

One of the highlights of the 4-H club year is the Farm Show.

This is an educational project sponsored by the Chamber of Commerce, and the business men of Lynchburg for white boys and girls enrolled in 4-H, Vocational Agriculture and Home Economics. This ~~show~~ is open for exhibits of boys and girls from 14 counties within the business area of Lynchburg. Exhibits are made by ~~the boys~~ and girls in the projects they have carried during ~~the year~~. Thirty-nine hundred exhibits were entered this year and were seen by several thousand people. One hundred and sixty exhibits were made by the 4-H girls and they received their share of awards.

4. Rural Life Sunday

Five clubs observed Rural Life Sunday by making a special effort to attend church. The Concord 4-H group assisted with the church services.

5. State Conservation Camp

Two girls Jean Edelstein and Ellen Tweedy attended the Wild Life and Conservation Camp at Camp Farrar they reported they had a wonderful time and learned lots of new things.

6. Outstanding Girl

Janice Martin is still our outstanding garden girl. This year she had 55 exhibits at the Farm Show, winning 47 ribbons and won \$107.00 in prizes. She made special entries in the American Legion Fair and won \$44.00 there. She won a scholarship to the State Short Course and in the Junior Vegetable and Market Growers Association, she was awarded \$ 50.00 in money at the Atlantic Rural Exposition. She has just been notified that she is the State winner in the Junior Vegetable Growers Association and will be awarded \$75.00 at Tulsa in December. Janice has organized a senior 4-H club in her community as these girls cannot belong to a regular 4-H club as they are high school students. 4-H has meant a great deal to Janice and her family.

VII. YOUNG MEN AND YOUNG WOMEN'S WORK

There are no clubs organized as young men and womens groups in the county. The young women are working in home demonstration clubs, senior 4-H clubs or the agent works with them individually. The Pilot and Brookville Home Demonstration Clubs are composed mostly of young women in this age group, and they follow the program as outlined in the adult group. Mrs. S. S. Gilbert ~~is~~ as State Chairman of the Federation Goal and Rural Youth ~~and~~ Community Recreation for 1952-1953.

VIII. SCOPE OF WORK

	1949	1950	1951	1952	1953
No. HD Clubs or Groups	16	18	18	16	14
Membership	355	443	454	432	430
No. 4-H Clubs	13	17	17	14	16
Membership	311	328	353	370	365
No. other families reached	3400	3600	5233	5233	4000
No. different families reached	3200	6000	6100	6100	4000

IX. FUNCTION OF ORGANIZATION

A. County Home Demonstration Committee

The Home Demonstration Committee held 2 meetings during the year. The fall meeting was an all day one, at which the program for the following year was planned. The president, program development chairman and secretary from each club attended and brought a list of their suggested topics for demonstration, federation goal, and special interest group meetings, from these suggestions a county plan of work evolves. At the spring meeting the same officers attended and they discussed the progress of the program to-date, made suggestions as to where the program needed strengthening, made plans for the District Federation meeting, appoint the Achievement Day committee and select delegates to the Institute of Rural Affairs. Outstanding accomplishments and results of the work done by the county committee in 1953 are;

1. Held two meetings during the year.
2. Sent two delegates to the Institute of Rural Affairs.

3. Paid expenses of material used at Leaders Training meetings.
4. Paid \$5.00 each to a boy and girl to attend the District 4-H Camp.
5. Plan and had a Year Book made for distribution to all home demonstration members.

B. County 4-H Project Planning Committee

Ten older girls and leaders met with the agent early in the spring and decided on the projects that the 4-H girls would carry for their summer and fall programs.

C. County 4-H Council

The council has not held a meeting during the year, plans were made for one, but for numerous reasons the meeting was postponed and never materialized.

D. County All Stars

The All Stars are not organized into a chapter in the county.

The All Star members have been of tremendous help to the agent.

1. They served as 4-H leaders
2. Gave talks to home demonstration clubs to increase parents' interest in 4-H work.
3. Talk to 4-H members to increase their interest and participation
4. Several attended the All Star conference in Blacksburg

E. County Mobilization

- a. The women were encouraged to take courses in First Aid and home nursing. Two clubs had a class in this and 15 scattered club members took the course in different groups in Lynchburg.

b. Bloodmobile

The club members have donated blood, acted as recruiting agents, served as hostess at the bloodmobile, members who are nurses have assisted at each visit of the bloodmobile.

All of the clubs have furnished sandwiches and cookies.

K. LEADERSHIPA. Volunteer Leaders

1. Adult Leaders

One hundred and ten organizational leaders have developed in leadership through their clubs and committee work during the year. These leaders have full responsibility of the planning of the years program, arranging for a meeting place and conducting the meetings. These leaders are given a State Federation Handbook which serves as a guide and a county Year Book which contains the actual county information. The development of these leaders has been shown through better programs in the clubs and in their willingness to assume greater responsibility.

2. Program Development Chairman

Each club appoints one of their outstanding members as the Program Development chairman. This year these chairman accepted more responsibility in making the years program of work than previously. They are taking interest in the community activities and the changes that take place that would affect their groups. After serving as a program

development chairman, they are more sympathetic and understanding of the program, of the other club members and they in turn make better and stronger club members. These women were trained in their duties and responsibilities by the District Agent and Home Agent.

3. Subject Matter and Project Leaders

One hundred and ten different women have served as project leaders for the clubs this year. Seven training meetings have been held by the specialist and three by the agent to train and 230 to carry out the program during the year. Dividing the leadership up among a number of women has proven very successful; in fact so successful that the members now volunteer for leaders and they are disappointed if their offer is not accepted. These leaders have given 91 demonstrations to their clubs without the agent being present and they assisted with 90 additional ones.

4. 4-H Club Leaders

a. 4-H Organisational Leaders

The eleven clubs have had their full quota of officers who have charge of arranging the meeting place, planning the program (with the assistance of the agent or adult leader) and conducting the meeting. The training of the leaders was given by the agent. They are also given one of the parliamentary leaflets to use, which is of great help in conducting meetings.

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b. Project Leaders

Trained Home Demonstration women, All Stars, women interested in girls and older 4-H members have acted as leaders to community groups during the summer. We were unable to secure enough leaders to assist all of the girls. The girls carried Food Preservation, Food Preparation and Sewing for their summer projects. The agent trained these leaders in 45 small group meetings. These have proven very successful and some of the women are carrying this work on with their groups this winter. Our aim is to get enough leaders to have all of the project work done out side of school.

B. <u>HD Club Project Leadership</u>	:	1949 :	1950 :	1951 :	1952 :	1953 :
No. project leaders (subject matter)	:	180 :	212 :	221 :	125 :	110 :
No. goal chairmen	:	:	:	:	51 :	43 :
No. training meetings held by Specialist;	:	9 :	10 :	7 :	5 :	7 :
by Agent	:	3 :	10 :	4 :	6 :	3 :
Attendance at all training meetings	:	269 :	400 :	203 :	311 :	280 :
No. Club meetings held by leaders without agent present.	:	83 :	96 :	79 :	108 :	91 :
No. additional club meetings at which leaders assisted	:	100 :	149 :	114 :	95 :	90 :
<u>Growth of 4-H Club Project Leadership :</u>						
No. adult project leaders	:	10 :	37 :	33 :	36 :	36 :
No junior project leaders	:	18 :	18 :	41 :	29 :	32 :
No. training meetings held by Specialist	:					
by Agent	:	15 :	19 :	36 :	25 :	45 :

	1949	1950	1951	1952	1953
Attendance at leader training meeting	82	94	107	77	189
No. 4-H leaders trained individually	20est.	35	35	35	40
No. club meetings held by leader without agent present	40	57	71	83	120
No. of additional club meetings at which leaders assisted	60	74	45	25	40
No. demonstrations given by leaders	61	57	60	148	120
by adults	49	37	50	98	60
by juniors	12	20	10	50	40

C. Activities of outstanding Leader

Mrs. Edison Gann is an outstanding home demonstration member, 4-H club leader and sponsor. During the winter Mrs. Gann teaches school and serves as leader to the school club, she has been doing this for a number of years. She sees that the meeting is planned for, and notifies the members far enough ahead so they may bring the necessary material or equipment for the meeting. For four years she has helped the group plan for and get their exhibits to the Farm Show. Plans with them for a group exhibit and they have won a prize on this each year. Her daughter is a member of another club that meets at night and Mrs. Gann brings her to all of the meetings. Two of her club members have been made "All Stars" and Janice Martin, the outstanding garden winner was one of her pupils as well as a club member when she was in the sixth and seventh grades. Mrs. Gann served as leader at the District Camp for 2 years, a greater number of her boys and girls attended camp than from any other club.

xl. WORK IN COOPERATION WITH OTHER AGENCIES

1. Home Economics

a. Member of Home Economics Association.

Attended the State Meeting in Roanoke.

Urged Home Economists to join the association.

b. Visited and discussed 4-H projects and programs with county home economic teachers, visited their departments when in the schools, cooperated with them whenever possible.

2. Health Agencies

The agent as well as some of the home demonstration members are closely associated with the health unit and several are members of the health council. The Home Demonstration County Health Chairman, Mrs. Goode Robinson served as cancer chairman in Campbell County. The club members contributed to all health drives.

3. Red Cross and Welfare

a. Agent and the majority of the members are members of Red Cross.

b. Club member chairman of bloodmobile, some assist with it and others donate blood.

c. The members collect contributions of clothing or other necessities for welfare.

d. Agent and members make contributions to all health drives.

4. Schools

a. The Agent attends special programs in the schools.

b. 4-H Clubs are held in eight of the schools during activity period.

5. Farm Home Administration

- a. The Farm Home Administration clients are invited to home demonstration meetings in their communities and the children are invited to join the 4-H clubs. The agent visits their clients, especially upon request of county worker.

6. Soil Conservation and P.M.A.

The agent and clubs work with these two organizations on all programs that are possible. The District Soil Conservation Supervisor was guest speaker at Achievement Day.

7. Woman's Club

The agent is a member of the Woman's Club and assists with the programs in any way possible.

8. County Extension Workers

There is a close cooperation between all the Extension workers in the county, they plan programs together, hold conferences, and assist each other when ever possible. The agent cooperated with the other agriculture agencies in all ways possible, attends their meetings when invited and assists when her services are requested.

9. General Public

- a. The general public is invited to all of the Extension programs.
- b. Publicity was given to the work through news papers, radio and circular letters.
- c. Several of the Year Books were given to a few of the key people in the county that do attend the meetings.

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XII. APPRAISAL OF WORK 1953

It is gratifying to the agent that both the "Plan of Work" and the "Years Program" as planned by the county committee has been carried through with very little changes. This shows a well planned and organized program, while the number of home demonstration clubs have decreased by two, we have only lost two in membership. This is brought about by some of the members from the dropped clubs joining near by clubs and by the addition of new members. In 1952 we had 16 home demonstration clubs with an enrollement of 432 members, in 1953 we had 14 clubs with an enrollement of 430. The 4-H clubs have also increased in number from 14 to 16, this was brought about by the combining of grades in the schools, but we did have a decrease of 5 in membership in 1952 we had 370 and in 1953 there are 365 members.

Health as the long time county-wide Federation Goal has reaped fine results with interest continuing to grow after 4 years of work. In fact the interest is so keen in it, that it has been selected again for the Goal in 1954. Our County Health Goal Chairman has done such outstanding work in this that she has been selected for State Health Goal Chairman for 1954-1955.

Our Federation Goal Citizenship has proven quite helpful with more women becoming aware of their responsibilities as citizens. "Citizenship" has been our goal for 2 years and here again our chairman did such outstanding work in the county that she was selected to serve as Rural Youth and Recreation State Goal Chairman

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for 1952 and 1953. The library is continuing as a popular project and many new books have been donated to it during the year. A book committee has been appointed to buy \$200.00 worth of books by December 15th. The appraisal of 4-H and home demonstration programs cannot be fairly given in physical accomplishments. Real accomplishments for better family living have come to families in Campbell County through home demonstration women learning fine ways of living with others and contacts with other home makers; giving satisfaction in home life through more attractive and comfortable homes, a more balanced diet attractively served. Perhaps greatest of all is finding a vision of service and 4-H members carrying a project because of their eagerness to serve. The agent feels that the home demonstration members in the county should find some way of strengthening the project work and leadership in the 4-H program. The women should feel more keenly their responsibility toward their leadership and gain a vision and understanding of the value of 4-H work.