

PLAN OF WORK

Amelia County

Due January 15, 1959

Mary T. Williams  
Home Demonstration Agent

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County

I COUNTY SITUATION CONSIDERED IN WORKING OUT THE 1958 PROGRAM

Amelia County which was a tobacco county is recognized as a county with a diversified agriculture, outstanding in milk production, increased numbers of improved beef cattle as well as producing 4 types of tobacco, a number of excellent poultry flocks, hogs and an increasing number of sheep.

In 1955 the total population of Amelia County was 7,900. The area of the county is 366 square miles or 234,240 acres. Forestry products account for 5.3% of the income of the county. In 1944 the sale of crops accounted for 52.0 per cent of the value of all farm products sold. It dropped to 32.8 per cent in 1955. At the same time live-stock and livestock products sales went from 44.9% in 1944 to 61.9% in 1955. Most of this increase can be attributed to the sales from dairy products.

There are 66 grade A dairies in the county and about 150 shippers of manufactured milk. There are 28 bulk tanks in the county. These have been installed since 1955. Sheep numbers have more than doubled in the past 5 years.

Hog numbers have been about the same for the past five years, about 5015 head. Beef cattle numbers have about doubled in the past 15 years.

In 1945 we had 1227 farms. In 1955 we had 963 farms. A reduction of 264 farms in 10 years while the total land in farms increased by 3,000 acres. The average size of farms increased from 130.1 acres in 1940 to 153.2 acres in 1955. Amelia County has 583 white farm families and 196 non-rural families, 455 non-white farm families.

There are not any incorporated towns or industry other than saw-mills and a milk receiving plant. Amelia has recently ranked among Virginia's ten highest pulpwood producing counties. Local business depends on farm families.

## II. COUNTY EXTENSION PROGRAM - ADULT

### A. Organizations

#### 1. County Agricultural Extension Service Board

All Extension Agents in Amelia County have made plans to invite chairmen of one Lighting Interest Committee, one Home Economics Committee on Nutrition, General Interest Committee on Farm & Home Development, five agricultural committees, to a meeting to organize County Agricultural Extension Service Board. Goal to have Board organized by April 30th. This meeting will follow planning meetings for 1959 of each Special Interest Committee. Each Chairman will present objectives adopted by committee.

2. Home Economics Council

The Home Economics Council for Amelia County consists of representatives of the Nutrition, Lighting, Youth, Farm & Home Development Committees, and representatives of County Home Demonstration Committee. The following special interest events have been planned for 1959:

January - Special Interest Meeting, Preparation of Income Tax Returns and Changes in Social Security Laws.

February - Floor Finishes.

April - Workshop for anyone interested on "Color Schemes".

May - National Home Demonstration Club Week - County Tour.

June - Special Interest Meeting on "Outdoor Cookery".

July - Institute of Rural Affairs.

October - Amelia County Fair.

3. General Interest Committees

a. Youth

Objectives:

The Committee felt the first basic problem to be worked on in Amelia County was the gaining of support of parents and public support of business organizations for 4-H club work.

The second problem is lack of local junior and adult leaders.

Goals for 1958

50 families understand fully opportunities 4-H program offers their boys and girls. All families with boys and girls enrolled improve understanding of opportunities offered in 4-H.

Secure 10 adult leaders; 5 junior.

Train and use local leaders more intensively.

Procedure

1. dinner meeting to present needs to Youth Committee, key county leaders and adult 4-H leaders in January.

Secure reactions and possible solutions from leaders.

2. Special interest meeting for promising club members and parents on record keeping and opportunities available through 4-H.

3. Use of special activities to secure and hold interests of young people.

b. Farm & Home Development

Objectives

County Committee listed these problems & objectives:

1. Unrecognized needs in family living.
2. Lack of thorough planning.
3. Too many families do not know the extent of help available through this method.

Objectives:

1. Help families analyze needs and conditions. Many have un-

recognized needs.

2. Complete food plan - family evaluation

Live at home program

(a) foods - nutrition - home production & preservation

3. Explain program available to any family.

One person in each area to contact family and agents

4. Emphasize to family the opportunities of 4-H clubs and other organizations offer young people.

5. Help families see complete financial picture - investigate possible supplementary incomes.

(a) Record keeping and financial goals.

Housing

1. Running Water - plan in steps

2. Storage - how to arrange for maximum convenience

Goals for 1959

To use committee recommendations in working with individual families.

Goals for home agent is two new families per month. To keep in contact and work with families in program as closely as possible.

C. Lighting

Needs listed by Committees:

1. Good lighting is unrecognized need of Amelia County.
2. How to reach families in county.
3. To teach what is good light.

Objectives:

1. Create an awareness and importance of good lighting to Amelia County families.

2. Committee to make contacts with local merchants to stock approved fixtures and portable lamps.

Goals for 1959:

Educational program to make Amelia County people up as to the need for improving lighting - personal used of each family.

100 families apply information to improve lighting.

4. County Home Economics Committee

a. Nutrition:

Problems listed by committee:

1. Need for additional information on Amelia County.
2. Many local people do not recognize nutrition needs.
3. Teach what is good nutrition and how to get family to practice recommendations.
4. General trend in increasing number of emotionally disturbed and mentally ill people in the county.

Committee Recommendations:

Committee drew up plans and a work sheet, as to what the committee would do to improve the present condition. The long-time goals were: (1) get information to as many people as possible, (2) Plan for better nutrition, (3) Mental Health, (4) Tops club, (5) Production and preservation of foods. Short time goals for 1959: Have committee meeting in February to evaluate nutrition program for past two and one half years. Secure and use their recommendations for reaching families.

Goal for 1959: 100 Amelia County families request help on improved nutrition.

E. Home Demonstration Club Program

1. County Home Demonstration Committee

The Amelia County Home Demonstration Committee is composed of the 13 presidents of each club, five charter members and three key women in the county. This committee plans all programs and special activities. The Amelia County Home Demonstration Committee has two meetings during the year:

- a. Spring Meeting - 1959 Program will be reviewed to date and plans made for completing years program. Program Development Leaders will be trained for the year. Appointed committees for County Fair, Year Book, Rally Day, and Achievement Program and National Home Demonstration Week.
- b. Fall Planning Meeting - To report necessary accomplishments of the Extension Program for 1959. The 1960 program will be planned by Program Development Chairmen and members of the committee from information from the 13 clubs in the county.
- c. Sponsored 4-H Club Work - by paying demonstration expenses, encouraging leaders & provide scholarship for one county winner.
- d. Pays expenditures of home demonstration work - in Amelia County for 1959.
- e. Buy home demonstration pins and guards for H. D. members meeting pin requirements set up by Year Book Committee for 1959.
- f. Prepare and finance 1960 Year Book
- g. Cooperate with PTA, Health Department and all other organizations to further health, education, welfare, social and religious work in Amelia County.

Specific Projects in 1958 - County Community Building and County Fair, Amelia County Civil Defense Program.

2. Project Work

1. Better nutrition and food preparation

A. Objectives

- (1) To work on goal of Amelia County Nutrition Committee and to stimulate an interest for all people in Amelia County in the importance of good nutrition and to make available to families requesting help, information on planning meals for good health.
- (2) To fill all requests on how families can plan to make maximum use of home produced and conserved foods.
- (3) To give information to all Home Demonstration Clubs on Christmas Food Suggestions, Planning Well-Balanced, Interesting Meals, Yeast Breads & variations and Meat Carving.

B. Methods

- (1) Detailed planning by County Nutrition Committee in February of ways to reach and interest more Amelia County families in basic 7 information.
- (2) One leader training meeting by specialist for twenty-six food leaders to train leaders in September.
- (3) Three method demonstrations, for all 13 Home Demonstration Clubs.

September - Menu Planning for Good Nutrition - Agent

October - Bread - Yeast Bread & Variations.

November - Meat Carving.

(4) Bulletins to be used as follow-up for all method demonstrations in food and special requests.

(5) One radio program devoted to food and nutrition for 6 months. Feature local people on three programs.

(6) Club members carry information to other people following each demonstration. This is pin requirement and was one of most successful methods used for past two years, in all subject matter fields.

(7) Fair booths.

(8) News article - one to feature food leaders and nutrition committee program.

(9) June - Special Interest Meeting on "Outdoor Cookery".

## 2. Home Management

### A. Objectives

(1) All topics to be studied in 1959 program will emphasize better management of homemaker's time, energy and money.

(2) To help Amelia County Homemakers realize the importance of family financial planning and create an interest in devoting time to this phase of homemaking.

(3) To teach basic needs to consider in buying equipment.

(4) To continue working for interest in convenient kitchens, laundry centers and running water for all families in Amelia County.

(5) To try to give homemakers more help and methods in evaluating the job of homemaking.

B. Methods

(1) One method demonstration in all thirteen clubs by leaders.

July - Buying Equipment

January - Special Interest meeting - Preparing Income Tax Returns and Changes in Social Security Laws.

(2) One leader training meeting for 21 Home Management Leaders in June by specialist.

(3) Do individual work with families under Farm & Home Development.

(4) Eight radio programs - 1 TV program, 4 news articles.

(5) Bulletins - very important.

(6) Set up three result demonstrations on kitchen, two on laundry unit. Continue work on 11 result demonstrations under way.

(7) Fair Booths.

(8) Agents Goal - To try new methods to give Amelia County homemakers more insight of the importance and need for analyzing and improving management practices in homemaking.

(9) Special interest group on records & family finances.

3. Yard Improvement

(a) Objectives

- (1) To stimulate interest in value of well planned and well kept home grounds.
- (2) To help families requesting assistance in planning home grounds.
- (3) To teach all home demonstration members principles of planning flower borders for continuous bloom and flower arrangements - church or dried.

(b) Methods

- (1) One special interest meeting by L. B. Wilkins on vegetable gardens.
- (2) One method demonstration in all 13 home demonstration clubs by Agent in May - Planning Flower Border for Continuous Bloom.  
June - Leaders - Flower Arrangement (dried or church)
- (3) Bulletins for requests - very important.
- (4) Six news articles.
- (5) County wide tour to emphasize Yard Improvement, Housing and Home Management Practices in May.
- (6) Continue work with seven result demonstrations; plan to set up five new ones.

(7) Fair Booths.

4. Housing & House Furnishings

(a) Objectives

(1) To stimulate a desire for more comfortable houses, special emphasis on running water and storage and lighting. Major emphasis has been given to permanent home improvements for past 5 years.

(2) To continue result demonstrations which are underway in Amelia County and work with interested families requesting help. Use 6 demonstrations in lighting as methods of teaching on different occasions.

(b) Methods

(1) Work on goals set up by General Interest Lighting Committee in February.

(2) Method demonstration in 13 clubs. February - Painting - exterior & interior - leaders.; March - Good Lighting - House Furnishings Leaders; April - Workshop - Modernizing lamps and Shades, House Furnishing leaders.

(3) Two leader training meetings for leaders by specialist for February, March and April.

(4) Special work with any families requesting help for problems.

(5) Set up 3 new result demonstrations, on some phase of housing.

- (6) Home visits, to families with projects underway.
- (7) Tour, to see homes where improvements have been made National Home Demonstration Week, possible achievements program, have meetings at these homes.
- (8) Three radio programs, give publicity on help available in housing.
- (9) News Article, give publicity on help available in housing.
- ( 10 ) Bulletin, vary important to fill requests.
- (11) Fair Booths on lighting, painting and housing helps by Home Demonstration Clubs and on Storage & water.
- (12) Special interest meeting on floor finishes. (Feb. by Specialist) Work shop on color schemes & decorating - Specialist.

#### 5. Clothing

##### (A) Objectives

Major emphasis will be given to grooming and foundation garments.

- (1) 13 method demonstrations in clubs. January - Club Choice-Hair Styles or Skin Care.
- (2) Fair Booths.
- (3) News Article.
- (4) Special program and outside speakers.
- (5) Bulletins.

#### C. Federation Program of Work - Health & Safety

- (a) Objectives

(1) To stimulate more interest in Amelia County on the importance of family health - first aid, Sound Mental Health Program for Family and to make Amelia County families Safety Conscious.

(2) Points to be stressed: Safety is Every Family's Responsibility; Foods for Health; Lighting for Health; Community First Aid Courses; Sponsor Adult Polio Clinic for Third Year; Mass T.B. Xrays.

(b) Methods

(1) The following program will be followed in all Home Demonstration Clubs. County planning and training meeting for 13 club chairmen and county chairmen in January - to be arranged by Agent.

(2) A committee has been formed to work on each goal. Committee on First Aid hopes to arrange with Red Cross to teach instructors course in First Aid.

(3) Use Radio, newspaper, bulletins to best possible advantage.

D. Other Activities

County objectives - each of these objectives will have a committee to plan procedure for carrying out.

County Objectives

1. Each club have at least one fund raising activity for the benefit of the War Memorial Recreation Building.

2. Every member plan to participate in family and community recreation activities listed:

December - Attend or hold Christmas service; June - See some point of interest near home; July - Have friends for outdoor supper; August - Take family vacation; September - Make home or ground improvements; October - Attend and participate in fair; November - Have family Thanksgiving Celebration.

3. Sponsor activities to encourage 4-H participation.

4. Encourage more individual fair exhibits.

5. Each home demonstration club award prize to member making largest number of exhibits at county fair.

6. Each home demonstration club send delegate to Institute of Rural Affairs.

National Home Demonstration Week & Tours & Achievement Program

National Home Demonstration Week Celebration for Amelia County will be planned by a committee of home demonstration members. Emphasis on publicity through exhibits, news articles, radio and circular letters. Tour is planned to feature different phases of home and home ground improvement. Agent hopes Amelia Home Demonstration Clubs will plan one major program during the year which will highlight the home demonstration work in the county, during Home Demonstration Week. This aim is to unite the home demonstration clubs and to give publicity to the work which has been done.

6. County Fair

Major emphasis is to be placed on exhibits at County Fair. Each of the 13 Home Demonstration clubs will prepare booth on one phase of 1959 program. Fair to be held in October - home demonstration clubs also supply leadership for superintendents in open classes. In 1958 work for a larger number of individual exhibits.

7. Work with Unorganized Groups

The Agent plans work with any unorganized group in the county who are interested in becoming an organized Home Demonstration Club. The Agent and leaders will make home visits to the homemakers in these communities to try and stimulate interest. Paineville is the only community where there is not a club. Efforts will be made to enlarge Little Patrick, Amelia Jr. Clubs. Agent hopes to plan special interest activities in two communities, Rennie-Memorial and Paineville.

III. FARM & HOME DEVELOPMENT

In 1958 sixty-eight families received assistance through the Farm & Home Development approach. There are 47 complete units. These families were selected by a committee of local leaders from the Board of Agriculture. In 1959 plans are to continue work with these families plus other families who need and will accept assistance in Farm & Home Management.

Home  
Letters will be used each month to Farm &/Development Families. Home  
Agent is trying to keep program together and to fill requests from  
Home  
families. Recommendations of Farm &/Development Committee will be  
used to determine program emphasis.

IV. COUNTY EXTENSION PROGRAM - YOUTH

A. Organization

1. County Youth Committee:

Amelia County Youth Committee is known as 4-H Club Advisory  
Committee. Committee Members: Mrs. J. R. Whittington, Mrs.  
Phil White, Mrs. John Woods, Mrs. Wheeler Watkins, Mrs. George  
Anderson, C. B. Goodman, Lewis Morris and Herbert Barnard.  
The Committee will meet two or three times in 1959. The first  
meeting will be early in February and will work with 4-H County  
Council in analyzing needs of youth in county and trying to find  
means of making 4-H club work meet the needs of youth of Amelia  
County. Committee provide scholarships for four county winners,  
sponsored Amelia County in six-county parade, publicized club work,  
and supported the 4-H club program financially.

2. 4-H County Council:

Amelia County has an active 4-H County Council in Amelia County.  
Three meetings will be held February, July and November. The  
membership is made up of all officers of all 4-H Clubs in the  
county and club leaders.

In 1959, the County Council will plan special events for the county as the Five County Rally, County Share The Fun Program and Five County Share The Fun Program, Rural Life Sunday, prepared one educational booth for County Fair, sponsor one event for the County Community Building, and plan for 1959 National 4-H Week, Public Speaking and Awards Program.

The Council also provided Camp Scholarship to Junior Winner and County Event. The County Council will also sponsor an officers training meeting.

3. & 4. County All Stars and Honor Club:

Amelia County organized an Honor Club sponsored by County All-Stars in 1958. Honor Club will sponsor special meeting on opportunities and awards available to 4-H club members on January 23 to stimulate interest in Achievement and Demonstration Contests. New members to be taken in at County Awards Program in March. Goal - 3 meetings in 1959.

5. County 4-H Project Planning Committee:

The Amelia County 4-H Clubs will hold their project planning meetings. Some representatives from each club, adult leaders, and youth committee will be invited in July to plan 1960 program. This committee will plan club project to be carried by all Amelia 4-H clubs during 1960 and select projects which would be offered to the girls.

B. 4-H Project Work

1. County Project - Home Grounds Beautification selected by Project Planning Committee for all clubs. Plans will be adapted to meet needs of local clubs. Home agent plans to use Jr. & adult leaders in adapting and carrying out plans.

(1) Monthly Demonstrations

November - How To Take A Soil Sample - Earl Boozer & Juan Whittington

How to Mulch Flowers & Shrubs - Johnny Woods \_ leader - Mrs. Whittington  
Identification Contest - Mary Williams

December - Outdoor Lighting for the Lawn - Earl Boozer

Christmas Party & decorations - Mary Williams

Leaders - Mrs. Lush, Gail Lush, Nancy Saunders & Frieda Vandiver

January - Improving Rural Mail Boxes - Earl Boozer

Ideas for Farm Signs - Sandy Lush

Making Entrances Attractive - Grace Ann Kerr

Leaders - Earl W. Boozer & Mrs. Woods

4-H memory Books - Mary

February - How to Prune Shrubs - Earl Boozer with Ruth Jones assisting.

Recommendations for fertilizing lawns - Boozer

Contest demonstrations by 4-H members - arranged by

Mary Williams

March - Insect Control - Earl Boozer - Movie from V.P.I.

Contest demonstrations by 4-H members - Mary Williams

- April - Planting Annual Flowers - Earl Boozer, Carolyn Poore,  
Judy Jones, Ann Bowlin and Joan West.
- May - Collecting and Pressing Flowers - Both Agents  
Leader - Mrs. A. B. Jones - Collect Records
- June - Community Club Outdoor Recreation Areas - Gail Lush,  
Fatsy Saunders, Glenna Blankenship, Jerry Jones & Connie  
Bowlin.  
Leader - Mrs. Roy Whittington
- July - Community Club Picnic
- (2) Tours - Arrange county tours to home of club members who have  
sound and practical home grounds plans.
- (3) Exhibits - Amelia County Fair; Lawrenceville at 6 county parade.
- (4) Radio Program - Try to use club members.

2. Foods

(a) Objectives

Project instruction will be given individually and in neighborhood  
groups by leaders.

- (1) Continue to work with 4-H club members by improving eating  
habits for better health and to teach basic patterns of food prep-  
aration.
- (2) Encourage keeping this project until all phases of it have been  
completed.

(3) Learn the value of well kept records.

(b) Methods

(1) Special interest training meeting for girls and mothers on food projects December - March.

(2) Hold special interest meetings using local leaders and working with small groups. Three groups organized January 1959.

(3) Have club members to give demonstrations.

(4) Be sure that club members have materials that have been compiled by the specialists.

(5) Publicity given through home demonstration clubs, press, radio, circular letters to members and parents, exhibits at fair and outstanding club members participating in county and district contests.

(6) Individual planning meeting with project leaders from each club.

3. Clothing

(a) Objectives

Project instruction will be given individually and in neighborhood groups by leaders. 2 neighborhood groups organized January 1957.

(1) To create an interest in the importance of learning to sew, basic planning and how to buy.

(2) To teach the importance of being well groomed in relation to clothes.

(3) Create interest in well kept records.

(b) Methods

(1) Training School for leaders and members in February.

- (2) Method demonstrations given to all of the club members enrolled by leaders.
- (3) Bulletins given to club members on each phase of the project.
- (4) Each girl to model or exhibit at least one article in the county contest and fair.
- (5) Each club to put on an exhibit at the County Fair.
- (6) Agent have planning meeting with project leaders from each club.

4. Room Improvement

(a) Objectives

(1) To teach methods and skills in house furnishings and care of the home and appreciation of having a room of their own.

(b) Methods

- (1) One special training meeting for girls and mothers.
- (2) Individual guidance by agent, leaders and parents.
- (3) Holding demonstrations in some interested girl's room.
- (4) Include rooms and home improvement on 4 county yard improvement tour.

5. Food Preservation

(a) Objectives

(1) To teach approved methods of canning and freezing and importance of preserving home grown foods.

(b) Methods

- (1) One special county training meeting for girls and mothers.
- (2) Project instruction will be given individually and in small

groups by local leaders.

C. 4-H Activities

1. Camp and other activities

(a) Objectives

(1) To give 4-H boys and girls new experience that will provide recreation, help to develop leadership and the ability to adjust to new conditions.

(2) To encourage better club work and project completion.

(3) Fill county quota of 20 girls.

(b) Method

(1) To allow only the 4-H club members who have completed their projects to attend camp.

(2) Agent write one news article about camp and how the individuals are selected to go.

(3) Have the home demonstration clubs each to sponsor one 4-H club member to camp or short course who otherwise could not go. This club member must be an outstanding boy or girl.

2. Exhibits

(1) Have club members participate in exhibits at the County Fair.

(2) Each 4-H club put educational booth at fair.

(3) Amelia County enter county quota of floats in 7 county parade.

3. National 4-H Week

(a) Objectives

(1) To give publicity to 4-H work in Amelia County.

(2) To give recognition to 4-H member by giving them an opportunity to participate in special events.

(3) County Share The Fun Program and Honor Club Tapping.

(b) Methods

(1) 4-H Club members take part in Five County Rally Goal, floats, 200 club members and parents attend. One county exhibit - Amelia & Lawrenceville.

(2) Bulletin Board exhibits.

(3) Two radio programs.

(4) Individual Club programs.

(5) News articles.

4. Achievement Day

(a) Objectives & Methods

(1) Have one Achievement Day Program at the most suitable time in the year. Planned for February, with Public Speaking Contest.

(2) A special class at the Amelia County Fair for 4-H Club members.

(3) Each member exhibit at least one article completed in the 4-H project.

(4) News article and radio programs.

5. Contests

(a) Objectives and Methods

(1) To stimulate more interest in good quality club work and to recognize members who are doing a good job.

(2) Honor club will sponsor meeting January 23rd. for club members. Leaders and parents to point out opportunities for members. Miss Evelyn Barker to assist.

D. Young Men's and Young Women's Work

There are no Extension sponsored groups of young men and women in Amelia County.

V. SCOPE OF WORK

A. Organization	<u>No. in 1958</u>	<u>Goal 1959</u>
No. Home Demonstration Clubs	13	13
Membership	253	275
No. of 4-H Clubs	11	12
Membership	155	163 girls 152 boys
Number home economics committees	1	2
No. general interest committees	2	2
No. youth committees	1	1
No. other organizations	1	1
No. farm & home dev. families	102	125

VI. PLAN FOR LEADERSHIP

	<u>No. in 1958</u>	<u>Goal 1959</u>
A. over-all program leaders (org. leaders for county Ext. Service Board)	28	36
B. Home Demonstration Club leadership	<u>No. in 1958</u>	<u>Goal 1959</u>
No. org. leaders	68	69
No. project leaders (subj.matter)	88	91
No. Fed. prog. of work chrm.	14	13
No. prog. dev. leaders	13	13
No. result demonstrators	16	19
No. meet. at which leaders were trained by spec.	3	4
No. meet. at which leaders were trained by dist. agents	0	1

	<u>No. in 1958</u>	<u>Goal 1959</u>
No. meet. at which leaders were trained by agent	17	15
Attendance at training meetings	181	200
No. club meetings held by leaders without agent present	56	60
Total no. demon. given by leaders	89	65
No. talks or discussions by leaders	146	150
C. Over-all youth leaders (Organization leaders for co. youth council)	<u>No. in 1958</u>	<u>Goal 1959</u>
	9	9
D. 4-H Club	<u>No. in 1958</u>	<u>Goal 1959</u>
No. 4-H club officers	65	72
No. adult project leaders	24	25
No. jr. proj. leaders	13	10
No. meet. at which leaders were trained by specialist	0	1
No. meet. at which leaders were trained by dist. agent	0	1
No. meet. at which leaders were trained by agent	25	25

	<u>No. in 1958</u>	<u>Goal 1959</u>
No. meet at which leaders were trained by personnel in 4-H dept.	2	1
No. meet. at which leaders were trained by others	2	2
Attendance at leader training meetings	272	250
No. 4-H leaders trained individually	7	10
No. club meetings held by leaders without agent present	33	50
No. club meet. at which leaders assisted	59	60
No. demon. given by adult leaders	27	50
No. demon. given by jr. leaders	41	25

Plan for Training and Using Leaders

1. Home Demonstration Organizational leaders

There are 69 organizational leaders which include President, Vice-president, Secretary, Treasurer and Program Development Chairmen in the 13 Home Demonstration Clubs and additional members of the Amelia Home Demonstration Committee. The organizational leaders in 1959 will be trained and used in the following ways.

(a) Responsibility will continue to be given to club president at Home Demonstration Committee meetings as the key representative from her club.

(b) Continued responsibility for planning and developing county program to meeting local needs will be given to president and program development chairmen. These executive officers are responsible for special club events with committees from clubs. Program Development Chairmen to be trained by District Agent in February.

(c) Home and office visits when needed during the year.

2. Subject matter

There are 13 Health & Safety Chairmen, 18 housing leaders, 26 food leaders, 13 Home Management Leaders in the 1959 program, 23 house furnishings leaders and 13 song leaders.

Subject matter leaders will be used and trained in the following ways:

(a) Health & Safety - Responsible for a short discussion every 6 months. One training meeting. March - Program Planning. Program planning in March by Mrs. L. M. Sanderson, County Chairman and Home Agent.

To provide instruction in community first aid classes if can be arranged.

(b) Food - Responsible for October and November. One leader training in September - specialist. Agent will give supplementary training to all leaders when necessary.

(c) Home Management - Leader responsible for July; one leader training meeting in June by Specialist.

(d) Housing - Responsible for February; leader training January 14th by specialist.

(e) House Furnishings - responsible for March; Agent leader training in February by Specialist.

(f) Use trained Home Demonstration leaders in 4-H clubs.

(g) Song leader training meeting in March by Mrs. Harold Hammer, County Song Leader.

Plans to train and use 4-H leaders

1. Junior

There are 78 4-H Junior Organizational leaders including the President, Vice-President, Secretary, Treasurer, Reporter of the 10 4-H clubs and officers of the County Council.

These club officers will do the following things:

Plan and conduct business sessions and arrange programs in 4-H meetings.

Follow through with leaders help on goals recommended by County Council.

Arrange for special events with help of leaders.

Compose 4-H County Council and plan program of work for 4-H Clubs.

A leader training meeting in fall for all officers using new bulletin guide for officers.

Use jr. leaders more efficiently. Secure more junior leaders through the Honor Club.

## 2. Adult 4-H Organizational and Project Leaders

Most of the 25 adult 4-H leaders help with both the organizational and project work in the 12 clubs. These leaders have been trained and used in the following ways:

Followed through with clubs on goals set up for 1959.

Trained new club officers to conduct better meetings from help secured at council meetings.

Help make better use of allowed time in schools by leaders planning before club meetings.

Responsible for special club events.

Encourage members to attend more out-of-county 4-H events.

Definite work sheet for each leader for giving project instructions will be planned with leader.

Give project instructions in small groups for food, clothing, and room improvement project. Secure help of parents for project work.

Try to get more parents as leaders.

Help arrange for individual project instructions for some 4-H members. A large number of parents help girls with project instructions.

Assist with club contests.

Use older girls to give project instructions to some small groups.

Leaders planned and will work with special activities.

(a) 4-H Fair Exhibit

(d) Rural Life Sunday Program

(b) Camp & Short Course

(e) Awards Program

(c) Socials

(f) Public Speaking and Share  
The Fun Program.

(g) Parade

3. Junior Project Leaders

To make better use of Junior Project Leaders' demonstrations, each girl responsible for definite number of younger girls.

4. Use jr. and adult leaders to organize two new community 4-H clubs and Honor Club Activities.

E. Young Men and Young Women's Clubs (see D, page 24)

VII. PLAN FOR WORK WITH OTHER AGENCIES

A. Welfare Department

Home Demonstration Clubs plan to continue cooperation in helping with needy families on special occasions.

B. Virginia Electric Cooperative

Continue to solicit help from agency to further the electrification projects in the county.

C. Radio - WSVS

Home Agent, Home Demonstration members and 4-H members continue to broadcast programs on scheduled dates.

D. Home Economics Teacher

Invite Home Economics Teacher to all training meetings and work with her on the Amelia County Fair. Supply materials requested.

E. County Health Unit

Cooperate with the health department whenever and wherever possible. Invite nurses to Home Demonstration Clubs to explain new services and needs. Nurse act as resource person on the Nutrition Committee and assist in developing the program, especially the health phase. Try to arrange instructors course on first aid.

F. Amelia County Schools

All of the 4-H clubs are held in the schools during school time.

There is a favorable attitude toward 4-H club work. The Home Demonstration clubs work with the schools in the polio drive and other county-wide drives.

VIII. PLANS FOR DEVELOPING GOOD PUBLIC RELATIONS WITH

A. Co-workers - Keep in constant touch with county co-workers, keep informed of their plans and program and give assistance wherever possible. Weekly staff conferences. Goal - Better Planned Cooperative Activities.

B. General Public - By publicity, through news articles, public meetings, radio, TV, and personal contact.

C. Elected Representatives - Show to such representatives the agents appreciation for their cooperation, keep Board of Supervisors informed as on developments in the Extension Program in the county. Invite officials to Home Demonstration events.

D. Commercial Interest - Cooperate whenever possible. Try to keep better informed as purpose of program. Provide Extension Bulletins pertaining to their business. Public recognition of commercial supporters of Extension program.

E. Other Professional Workers - Have conference with the Home Economics Teacher in the county trying to arrive at an understanding on how to best correlate our work. Invite her to meetings of joint interest. Give to other professional workers in the county materials of extension nature when requested. Invite professional workers to special interest meetings, and overall county planning.

IX. PLANS FOR RECORDING PROGRESS AND EVALUATING PROGRAMS AS PLANNED FOR 1959

- A. Accurate daily office and field records - Evaluate events as they take place.'
- B. Monthly Reports
- C. Annual Reports - Comparison of reports from year to year.
- D. Home Demonstration Club members accomplishment reports.
- E. 4-H Club records at end of the year.
- F. Per cent of club participation.
- G. Per cent of completed 4-H Club records.
- H. Recognition of leaders and girls through contests.
- I. Put Agent training in practice.

X. PLANS FOR PROFESSIONAL IMPROVEMENT

- A. Organized Study
  - 1. Agents Conference.
  - 2. District Meetings.
  - 3. Communication Schools.
- B. Professional Publication
  - 1. Reading - Journal of Home Economics, American Home, Practical Home Economics, What's New in Home Economics, 4-H Newsletter, Extension Material sent out from the Extension Service.
- C. Continue membership in professional organizations.
- D. Attend such workshops and programs as planned for the home agents in my area.

XI. PLANS TOWARD A UNIFIED COUNTY EXTENSION PROGRAM

- (1) Regular weekly staff conference.
- (2) Emphasis on trying to improve methods of analyzing and evaluating county situation and needs.
- (3) Using recommendations of county committee for all program objectives. Agents trying to work out effective methods for carrying out committee objectives.
- (4) Agents hope to organize Committee Chairmen from the Nutrition, lighting, agronomy, beef cattle and dairy committees into County Extension Service Board by April 1st.

XII. PROBLEMS OF EXTENSION AGENT

- A. The heavy schedule of church, school, civic, and community activities in Amelia County that effects Amelia women and girls. To try to plan better.
- B. The number of extra activities seem to increase both within and without the county. We shall try to meet this problem by planning a flexible program and making better use of our time and local leaders. Trying to evaluate importance of each activity, use time accordingly.
- C. More adequate training and use of 4-H leaders, junior and adult. Ways to hold older 4-H club members. Work to give parents and communities a better understanding of opportunities of 4-H work.