

VIRGINIA

CARROLL COUNTY Annual Report HOME DEM. AGENT 1936

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REPORT FILES
OFFICE COOPERATIVE
EXTENSION WORK

ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION WORK
CARROLL COUNTY
VIRGINIA

HOME DEM AGENT ANNUAL REPORT

1936

Mrs. Sue Ferguson
Home Demonstration Agent
December 1, 1935--October 31, 1936

Miss Jaunita Maupin
Home Demonstration Agent
November 1, 1936--November 30, 1936

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III. PERSONAL REPORT SUMMARY

Days in field	186
Days in office	92
Days annual leave	30
Days sick leave	4
Days leave without pay	0
Legal holidays taken	2
Number home visits made (adult)	356
Number 4-H Club demonstrations visited	153
Total number different homes visited	194
Office calls	741
Telephone calls	355
Number news articles or stories prepared for press ...	81
Number different individual letters written	412
Number meetings attended	338
Number miles traveled	9626
Number different circular letters prepared	20

IV. STATUS OF COUNTY EXTENSION ORGANIZATION

1.

The County Board of Supervisors as the governing body of Carroll County make an annual appropriation of \$750 to supplement the salary of the Home Demonstration Agent and to make the program possible. This board is composed of one member from each of the five magisterial districts, each member being elected by popular vote. The Home Demonstration Program has received hearty cooperation from all the county officials.

a. County Home Demonstration Advisory Board

The County Advisory Board for County Home Demonstration Work is composed of fifteen women representing three from each of the five magisterial districts. This board is made up of women selected by the Board of Supervisors, the School Board and the Agent for their quality of leadership; and have been helpful in the development of both the adult and junior work. At their planning meeting they had as their luncheon guests the County Board of Supervisors and other officials, at which time the proposed program of work was discussed. The women themselves prepared and served this luncheon at the 4-H Club house.

At the beginning of the year all members of the Board had changed save one and while it had not been necessary in previous years to ask for a continuance of Home Demonstration Work, the Advisory Board appointed a committee to meet the Board of Supervisors and request the usual appropriation. Many of their husbands volunteered to be present at this meeting, demonstrating their interest in the work of the women.

There are 3240 white homemakers in Carroll County; 600 of these have been reached directly and approximately 2000 of them have been reached indirectly; this, of course, was due to the fact that the Agent assisted with the relief work and was chairman of the Resettlement Committee.

b. 4-H Club Council

The 4-H Club Council consists of officers of the various clubs and leaders who acted as counselors. The members of this council were active in assisting with recreational activities and in securing funds for the proposed recreational camp.

4-H Club leaders have been the means of furnishing leadership for project work and other activities. They assisted in assembling exhibits for Achievement Day and have given demonstrations in preparation and preservation of foods. There are approximately 6000 girls of club age in the county, 285 of these

X

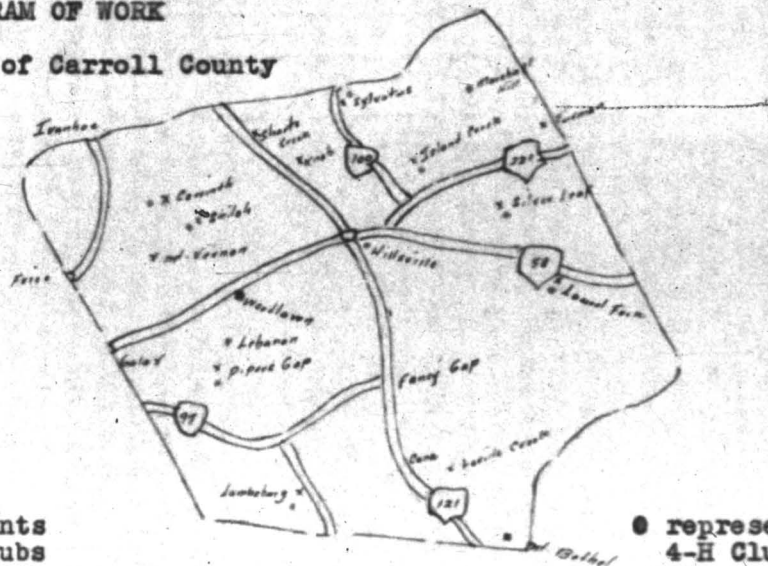
are enrolled in club work.

3.

The Extension Program in Carroll County has received whole hearted cooperation from the county School Board; vacant school rooms and the school houses have been always available for programs and entertainments. The agricultural teachers have given their services in assisting with project instruction and assembling tables for exhibits and many other ways. The doctors in the county have given free examinations to children enrolled in growth work; these examinations have been genuine and very definite. Agent has cooperated with Parent-Teachers Association and has assisted with Red Cross work along with the club girls, and has also served as chairman of the Tuberculosis Association, mailing out 1500 letters in the Christmas Seal Campaign. Agent has bought material for WPA sewing rooms and distributed finished articles to the county poor.

V. PROGRAM OF WORK

1. Map of Carroll County



X represents
H.D. Clubs

● represents
4-H Clubs

H.D. CLUBS			4-H CLUBS		
No.Clubs	Membership	Meetings	No.Clubs	Membership	Meetings
13	450	217	13	285	170

2. Scope of Work

a. Enrollment for past four years.

Year	WOMEN		:	GIRLS	
	No.Clubs	No.Members		No.Clubs	No.Members
1933	10	298	:	5	113
1934	10	329	:	8	223
1935	13	392	:	12	275
1936	13	450	:	13	285

3. Women's Work

a. Major Project

The major project this year was "Foods for Health". This program began with the making of gardens; each club member making a budget, planning and planting her garden in such manner that her budget might be completed. Each club member planted two or more new vegetables and was interested in learning to prepare and serve these vegetables. Incorporated in this program, of course, was the making of menus, studying food values, the proper preparation of meals and the correct serving. The women exchanged seeds and plants at their club meetings and bought new seeds cooperatively. More than 300 gardens were planted according to plans in the early spring with a better balanced diet in view. Many of these gardens were destroyed by extreme dry weather and hail; however, all of them were replanted and the fall and winter gardens were perhaps the best ever grown in the county. The fruit crop in the county was a failure; nevertheless, 111,150 quarts of fruit and vegetables were canned and 21,000 containers of jellies and jams stored. Corn, sweet potatoes, apples, beans and various kinds of greens were dried.

Ten women have been selling home made cheese regularly at a price slightly below that paid for commercial cheese.

b. Minor Projects

Quick breads have been emphasized as a minor project. Hot bread demonstrations were given by club members, leaders and agent; these demonstrations consisting chiefly of biscuit making and spoon bread. As a result the bread exhibit this year was a great improvement over former years.

Home management-

Since the major project had to do with the preparation of foods, naturally the women were interested in their kitchens. Forty kitchens were rearranged or improved for convenience. This included the painting of walls, putting in new windows, glass doors, adjusting working surfaces, making new wood boxes, and covering or otherwise reconditioning floors. Step ladder stools have been made and magazine racks have been installed in the kitchens. Three steam pressure cookers have been bought and in many modest homes, the kitchen is the most attractive room.

Home, Health and Sanitation-

The women have been interested in improving their posture and exercises to control their weight. Forty sanitary closets have been built by club members; thirty homes have been screened for the first time. More than a hundred families have been furnished yeast and given direct instructions for proper diet in controlling pellagra.

Home Poultry

Eleven culling demonstrations for egg production and blood testing have been given. Ten families have followed plans in disease and parasite control. Six families were persuaded to buy pure bred baby chicks in order to improve their flocks.

Clothing

Clothing could hardly be termed a minor project, for women and girls were encouraged in the proper selection of materials and patterns for house dresses, both for color and design. Twenty women and twenty-three girls made and modeled their house dresses at Achievement Day and were so pleased with themselves are asking for a dress parade next year.

House furnishings

Five clubs have had demonstrations in the selection of curtains and draperies and the proper lighting of their homes. Old curtains have been washed and tinted; old shades repaired and home made ones been put up; old furniture reconditioned, polished and slip covers made. Chairs have been rebottomed and painted. Drab old walls have been brightened by a coat of paint; rugs and bright pillows have been made.

7

Home Beautification of Grounds

One club with seventeen members improved their home yards 100%. Native shrubs were used when possible, shrubbery bought and planted, trees planted, fences mended and in several instances the homes painted. Walks were made and more attention given to the care of the grounds.

Home Gardens

Already home gardens have been mentioned as related to the "Foods for Health; however, since the needs for fall and winter gardens were so acute in the county due to the prevalence of pellagra; much time and thought has been given to the cultivation of green and leafy vegetables. Of the thirteen Home Demonstration Clubs in the county, thirteen put up garden exhibits at the Achievement Day program. The prize winning club exhibited eighty-two varieties of vegetables and in addition had twenty-two kinds of leafy greens. Many of these greens will be available until very late winter. Two outstanding individual garden exhibits had more than a hundred varieties of vegetables. These exhibits were judged by garden specialist from the Extension Division, who declared it was the best exhibit he had ever seen. At the close of the day these vegetables and greens were given to the less fortunate families of the community.

c. Community Activities

Two leaders' training meetings were held with 80% of the leaders in attendance. These leaders have given concrete assistance to the agent.

d. Camps and Short Courses

One week-end camp was held by members of one club and their families. The club members themselves made all arrangements, furnished all the food and entertained their friends for one meal. It was interesting to see their husbands leaving early in the morning to go home in order to get the milking done and return in time for breakfast.

e. Virginia Federation of H.D.Clubs

Four women attended the state meeting at Blacksburg and twelve women attended the district meeting at Tazewell. These women are much interested in having their dues paid in order that they may have a part in the program next year.

f. World Meeting in Washington of Country Women

Five women attended the Associated Women of the World Meeting in Washington and were delighted with their trip. Each of them attended the garden party at the White House, an event they will never forget.

g. County Meetings

Annual Achievement Day was held on October 24 at which time exhibits of vegetables, and hand work including bed spreads, table linens and home made rugs were shown. Reports were made from the various clubs and a fashion parade was put on. The Commonwealth's attorney of the county welcomed the women and congratulated them on the work done.

h. Rehabilitation Work

Agent has worked in close cooperation with the rehabilitation in the county, having served since the work began as chairman of the selection committee. In addition to this, agent has acted as agent for the Board of Supervisors in distributing all surplus commodities to the rehabilitation clients.

i. Program of best club

This club has insisted on having two meetings a month, nearly always having 100% attendance. Every member has improved her yard as well as made some definite improvement inside her home, and they insist on serving refreshments at every meeting. One of its members won first place in the district canning contest and first place in the county. The Club exhibit also won first prize at Achievement Day.

j. Recreation

Land as well as money has been secured for the building of a recreational center; this camp would have been completed except for the scarcity of laborers and a tie-up in getting plans released. When completed it will consist of a recreational hall 40 x 60 and two sleeping rooms 15 x 20, all built of native stone. The money was secured by private contributions and \$200. contributed by the county Board of Supervisors.

4. Girls' Work

a. Major Project

Two hundred and eighty-five girls have been studying "Foods for Health", a program dovetailing with the work done by the women. Many of these girls belong to marginal families and have perhaps derived more benefit from their menu making and the study of food values than anything else. The girls made canning budgets and were instrumental in having new vegetables in the family gardens for the first time. One new stove has been installed in a club room and the girls have learned to cook new dishes and to properly prepare and serve meals. They have been keenly interested in table service and have given demonstrations in the preparation of dishes for table service to their clubs.

Every club girl has obligated herself to assist with the home canning. One club girl won the district prize in canning and the second prize in the state.

b. Minor Projects

The girls together with their mothers have been interested in improving their posture and have formed the habit of wearing sensible shoes along with other sensible clothing for school and recreation. Each club selected a representative in their growth work and one girl represented the county in the state contest at which time she received a blue ribbon. These girls were given thorough examinations by the local doctors who have always been cooperative and interested in the growth work.

c. Community Activities

Every club had a picnic or swimming party to which their friends and parents were invited. This has been a means of securing the interest of the grown-ups and given the girls an opportunity to be hostesses to their parents and friends.

d. Program of Best Club

Perhaps the most outstanding piece of work done by an individual club was the club whose leader was interested as well as trained in "Wild Life". These girls have made bird houses, bird baths and have learned to identify many birds. They have also made a wonderful collection of wild flowers and made the money to send their leader to the Wild Life Conference in Jamestown.

e. Leaders training

The 4-H Club leaders have been active and cooperative. One leader trained a group of 4-H Club girls and accompanied them to Blacksburg to put on a program for the Institute of Rural Affairs. This leader has never missed a leaders' meeting and was elected State President of the Leaders' Association this year.

f. County Meetings

County Achievement Day was held jointly with the adult clubs and the 4-H clubs. Three girls from each club acted as ushers, and each club was responsible for some event on the program. The girls exhibited canning, bread and wild greens. The girl receiving first prize for her exhibit of wild edible greens had collected and mounted sixty-four varieties.

VI. PROGRESS

Reasonable progress has been made during the year; the attendance has kept up and membership has increased. Both the women and girls have manifested their interest in their work and without exception the women feel that they have sold the idea of Extension Work to their husbands; and all county officials have been very cooperative.

VII. PLANS AND GOALS FOR 1937

The incoming agent met with her Advisory Board and plans were made for the next year. The board decided to take "Home Improvement" as their major project, and to continue their garden and canning program as in previous years. New agent has met 4-H and Home Demonstration Clubs and definite plans have been worked out.

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