

# ANNUAL NARRATIVE REPORT

## COUNTY EXTENSION WORK

### *Virginia Agricultural Extension Service*

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Home Demonstration

**Title**

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1959

Loudoun

**County**

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#### HIGHLIGHTS OF THE YEAR'S PROGRAM

Perhaps the two most significant things outstanding in this year's program which contributed toward improving family living were the progress with the planning of the permanent 4-H fair grounds and auditorium, and the increased interest in sewing.

Loudoun County 4-H Clubs and Associates, Incorporated, continued to function as an organization set up to further improve and develop the permanent 4-H Fair Grounds. Two cattle sheds and a show ring building now stand on the grounds. Additional plans have been made for the erection of the two-story auditorium. The 4-H Clubs and Home Demonstrations Clubs, and an organized finance committee set out to solicit funds for the building program. Nearly half of the amount needed was procured. The building committee made some progress with securing bids for the contracted work. This entire project is effecting many citizens of the county. It will be an excellent place for holding meetings for many organized groups of the county. The efforts of this project will be meaningful for years to come.

The second highlight is the clothing construction. Many of the homemakers who knew nothing of sewing desired to learn but when they came to classes it was discouraging because the class was not geared to the true beginner. The agent this year conducted a county-wide special interest series of classes for the beginners. This group learned how to sew from the beginning. Their garments were displayed before the fall planning meeting, the 4-H Fair, and for their many friends. The picture of pride and accomplishment was truly rewarding.

## I. COUNTY SITUATION

As an essentially agricultural county, Loudoun farm families derive their income from dairy farming, beef cattle, swine, sheep, and poultry, and from the principal crops which are corn, wheat, barley, and orchard grass.

Forty percent of the county income are from wages and salaries of commuters to jobs in Maryland and Washington. Relatively high for the state, the median income is \$1902. The total population is 21,147 with half of this being rural farm and half rural non-farm families.

The addition of many farm and home conveniences have led to an increased interest in home management topics for the home demonstration club program for the year. Of the total female population, 24% are working away from home; therefore, programs were geared to interest and help those where possible. This percentage is influencing a decreased H. D. enrollment.

The Waterford Foundation each year sponsors an exhibit at which craft articles which have been made locally are displayed and sold. This is one of the factors influencing a wide interest in crafts throughout the county. Thousands of people from near and far come to watch the making of apple butter, pottery, cutlery, chair caning, braided rugs, leather goods and numerous other items.

Many business firms and establishments have shown interest in and have given support to the 4-H club program. This interest in the youth program has helped to put 4-H club work on a sound basis. The permanent 4-H Fair Grounds has been a county-wide project involving the interest of farmers, homemakers, 4-H members and business establishments.

The county is served by two power companies, VEPCO and Tri-County. Assistance of VEPCO was secured in conducting the 4-H Electric Project and with carrying out an educational program for homemakers on laundry equipment and wash and wear garments.

Numerous nursing homes in the county are subjects of charity projects for many of the community organizations, Extension sponsored and otherwise. Fenton Home for orphans is among this group of institutions.

The Loudoun County Guidance Center maintains a professional staff to give a certain amount of guidance and psychiatric help to school children and adults where help is needed and wanted. The Center is financially supported in part by the County citizens.

## II. COUNTY EXTENSION PROGRAM - ADULT

### A. Organization

#### 1. The County Home Demonstration Club Committee

The County Home Demonstration Club Committee is composed of such key leaders as county H. D. officers, club presidents, and program of work chairmen and program development chairmen. These women representing the club women function as a planning and co-ordinating body.

Two meetings were held to plan and coordinate the year's program. Officers serving a two-year term included President, Mrs. Nelson Cram; Vice President, Mrs. Norman Wright; and Secretary-Treasurer, Mrs. Lester Newton. The committee published a yearbook, sponsored the Annual Achievement Day and assisted with 4-H club activities. The yearbooks were found to be much improved over former years and of much value.

#### 2. General Interest Committees

A steering committee of professional workers was formed in 1958 to promote better farm and home lighting in Loudoun County. A survey of home demonstration club members was made with the use of a questionnaire. Forty-one persons expressed an interest in improving the lighting. Two families were selected from this group with whom to work. This committee's work has not yet been effective for a result demonstration. However, individual assistance was given to other persons or families who realized the need for improved lighting.

### B. Subject Matter and Special Emphasis Areas

#### 1. Food and Nutrition

##### a. Objectives

(1) To teach variety in cooking economical cuts of meat; lamb, veal, etc.

(2) To teach good principles in providing and preparing satisfactory and substantial meals.

##### b. Procedures and Results

As a result of the information gained in the 1958 program on cuts and grades of meats, the County Committee incorporated into the 1959 program the request for more information and actual preparation of cooking economical cuts of meat. The agent gave 10 demonstrations to the club women. This consisted of preparation of beef and lamb into tasty dishes to serve for the family. Color films were secured from the VEPCO Home Economist. Subjects included meats requiring less than one hour of preparation and meats requiring over one hour of preparation.

The WEPFO Home Economist gave two demonstrations to club women featuring meat cookery.

New recipes were used by the club women for their families and in at least one known case in which H. B. club women served the Business and Professional Women's Club a dinner.

Mrs. Mary Thompson, Food Specialist, trained 19 food leaders to present helpful information to their respective club members on the subject of satisfying and substantial meals. Since preparing meals is a daily routine, the women ask for and appreciate new ideas on balancing the diets of the family members.

## 2. Christmas Art

### a. Objectives

(1) Each club will plan and prepare a program for the December meeting on the topic requested. Topics suggested were gift wrapping, Christmas decorations, and music appreciation of the carols.

### b. Procedures and Results

Each club made a concentrated effort to develop some Christmas art for the members during December. Two clubs had an excellent study of Christmas Carols. The other 10 had demonstrations on attractive gift wrappings and decorations and how to make them. Members reported a total of 208 Christmas gifts made. The bulletin CHRISTMAS EVERYWHERE - 8/58, by Thompson, Fuller and Peery was distributed to the leaders of the clubs. The Loudoun Times Mirror used it for obtaining ideas for publications.

## 3. House Furnishings

### A. Slipcovers and upholstery

#### a. Objectives

(1) To teach homemakers the fundamentals and skills of slipcovering and upholstering.

(2) To teach measuring for and selection of fabrics for slipcovers and upholstery.

(3) To present equipment needed for this work.

#### b. Procedures and Results

The agent received training from Miss Agnes Shirley and Mrs. Madeline Myers, Frederick County, on the fundamentals and skills of upholstering. Measuring for slipcovers was reviewed. This training was put into use and effect as the agent used the necessary equipment and a chair to teach upholstery. Club members were given a chance at each of the 12 club meetings in January to construct parts of the chair for its completion. Later, on April 6, 12 homemakers

and one man worked during an upholstery clinic conducted by the agent. They each completed an article. The man was interested in receiving the instruction so that he might upholster the interior of his private airplane. The woman has completed other articles for themselves and have taught others the skills.

#### B. Restoring Household Accessories

##### a. Objectives

- (1) To fill the needs of homemakers desiring to learn how to repair and to restore articles around the house which can be used for some time more.
- (2) To teach the value of restoring worthwhile articles and discarding others.
- (3) To develop an appreciation for antiques through some knowledge of them.
- (4) To have a workshop to restore at least one household accessory which might include china, glass, wooden sugar bucket, coffee mill, tarnished metal, etc.

##### b. Procedures and Results

Miss Catherine Feery, Rural Arts Specialist, trained 22 leaders in the proper methods of restoring such articles as wooden baskets, sugar buckets, coffee mills, brass, pewter, copper, and silver articles and mending china. These leaders in turn taught their respective club members these techniques and value for things useful and encouraged the discarding of articles not worth restoring.

Excellent displays of restored articles were set up during National Home Demonstration Week, the 4-H Fair, and the Annual N. D. Achievement Day.

#### 4. Draperies

##### a. Objectives

- (1) To teach homemakers how to measure windows for calculating the amounts of fabric to purchase for draperies.
- (2) To teach the construction and techniques of making draperies.

## **b. Procedures and Results**

Miss Ina Glick, Home Demonstration Agent, Page County, trained 17 leaders and one agent for constructing draperies. Each of these leaders gave demonstrations to their club members. The Loudoun County agent trained individuals who are non-H. D. members in the selection of drapery colors, fabrics, and construction. A total of 148 curtains and draperies were reported by H. D. members as having been made during the past year.

## **5. Braided Rugs**

### **a. Objectives**

(1) To teach color harmony and the fundamentals of making braided rugs.

(2) To teach the subject as a special interest.

### **b. Procedures and Results**

The agent received training from Miss Catherine Peery who gave training to Frederick County leaders. A list of a few local people who make braided rugs was secured. A sufficient time did not occur to permit having a special interest meeting. The subject was requested again for the 1960 program and a meeting was held for 18 leaders who received instructions from the District Agent, Miss Eva Minix, letting them know what equipment was necessary for braiding rugs. Training from a specialist was scheduled for the new year.

Printed bulletins, No. 748, The Braided Rug, were secured and distributed to the leaders.

A total of 14 rugs were made by those already knowing how to construct them.

## **6. Coordination of Colors in Furnishings**

### **a. Objectives**

(1) To teach the selection of colors in fabrics used in window treatment, furnishings, rugs and accessories in order to create a harmonizing affect within the homemakers home.

(2) To study color harmony and texture.

## b. Procedures and Results

The agent gave demonstrations to the clubs on the subject. Illustrative material of fabrics, colors, textures, and period furniture were secured from the Land Grant College, VPI, Sears and Roebuck, Consumer Education Division, and Don McAfee's Interior Decorators store in Leesburg. The women were given opportunity to choose colors and fabrics to coordinate pleasing arrangements from the numerous samples of goods brought to them.

## 7. Recreation

### a. Objectives

(1) In connection with the program of work, Family Life, one month will be devoted to recreation and family life. This is to teach a certain fundamental of the importance of family recreation.

### b. Procedures and Results

Traditionally and again the clubs enjoyed a club-family picnic in July or August. Perhaps in addition to this, one of the most educational efforts was made by the Lucketts Home Demonstration Club. The club took a historical tour of a circular area covering the vicinity of Loudoun County, Washington, D. C., Maryland and Harpers Ferry, West Virginia. An exhibit of their mapped out journey and some souvenirs were on display for the Annual Achievement Day program.

## 8. Clothing

### (a) Objectives

(1) To teach the frequently requested subject of simple sewing construction and new techniques.

### (b) Procedures and Results

After many requests from individuals, a county-wide meeting was conducted by Miss Bettie McClashay, Clothing Specialist. It was the beginning of a series of meetings to teach the basic simple construction of a dress, blouse, or skirt. This group of 10 women and girls accomplished a great deal because they came prepared to learn from the beginning, taking body measurements, to buy patterns, and to alter them, selecting patterns and fabric, cutting, basting, constructing, pressing, and modeling their garments. The members of the class, taught by the home agent after the first meeting, were very proud to model the garments for the County H. D. Committee at the Fall Planning Meeting. Because of the demand for these popular classes, the simple sewing classes were requested again by the committee. It was requested also, that they be conducted on community basis to reach more people. Here is the result of an effective special interest meeting and also that of a good, thinking planning committee.

## 9. Housing

### A. Lighting Improvement

#### a. Objective

- (1) To conduct 4 result demonstrations on lighting improvement.

#### b. Procedures and Results

The lighting program has been a very weak one. Assistance has been limited because of the lack of requests. Also the fact other local agencies give assistance lessens the probability for requests. However, 21 club members reported having improved lighting during the past year.

### B. Kitchen Remodeling

#### a. Objectives

- (1) To conduct 2 result demonstrations on kitchen remodeling.
- (2) To teach the values and conveniences in making a kitchen more useful for the busy housemaker.

#### b. Procedures and Results

The Spring Valley Home Demonstration Club, which is a newly-formed one, planned an educational tour of the National Housing Institute in Washington, D. C. Much valuable information was secured by these members who were either building new homes or remodeling old ones. Two new homes were built by members of the club.

Other housing developments reported by club members were: 33 improved kitchen or clothes storage arrangements, 14 remodeled kitchens, 275 simple household repairs were made around the home, 26 improved the flooring in the work areas of the home, 2 houses painted, 5 houses protected by storm windows, 1 bath room installed, 1 house insulated.

## 10. Rural Arts

### a. Objectives

- (1) To create an interest in some rural art or craft.
- (2) To teach the proper methods of working with the art.

b. Procedures and results

The Central and Hillsboro Home Demonstration Clubs secured the able assistance of Miss Maria Copeland to teach the making of footstools using twisted fiber. Some 50 footstools and five chair bottoms were completed. One member, Mrs. William Heasley, instructed members of the Hamilton Club in making footstools. Mrs. Nancy Wormedolph, Leesburg, trained leaders for Loudoun Valley and Leesburg Clubs on how to make Christmas ornaments from tin cans. Other clubs worked on rural arts such as glass etching, making baskets, and making splint bottom chair seats.

11. Dried Flower Arrangements

a. Objectives

- (1) To fill the requests for knowledge of drying flowers and which ones may be dried.
- (2) To teach the methods of drying flowers.
- (3) To teach the skills in arranging dried flowers.

b. Procedures and Results

Drying flowers and making dried flower arrangements is a unique art which the women enjoy because of the individual creativeness and working with their hands.

Mrs. Madeline Myers, Frederick County, trained fifteen leaders at a county-wide special interest session. Her work was an inspiration and many beautiful arrangements have been done for homes, window displays, church alters, and Achievement Day exhibits.

12. Vegetables Gardening and Home Food Supply

Many of the homemakers who attend the Institute of Rural Affairs VPI, Blacksburg, take advantage of the sessions on gardening and preserving of food. From the county-wide report of the home demonstration club members accomplishments these amounts of food preservation were reported. Also homemakers are given an opportunity to exhibit canned and frozen foods at the Annual 4-H Fair in August.

	Pints Canned	Quarts Canned	Pints Frozen	Quarts Frozen	Pounds Frozen or Cured
Tomato Juice	78	1807	1	145	-
Other Vegetables	432	4367	252	2930	-
Fruit	95	3156	151	1277	3
Meat: Poultry	-	15	20	1122	1671
Beef	-	-	-	250	10,261
Pork	-	163	75	465	3833
Other Food					
Preserves	846	534	-	-	-
Jams	674	-	-	-	-
Meat Cured	-	-	-	-	12,905
Others:					
Pickles, Relishes etc.	604	970			

### 13. Federation Program of Work

The Federation Program of Work as set up by the County Committee is as follows:

#### A. Family Life

Emphasis will be placed on these subjects:

1. Doing things together as a family.
2. Recreation for families.
3. Better health for the family.

Suggestions for developing each goal:

1. Have family picnics.
2. Set aside a time each day for discussions and family worship.
3. Plan and use games for indoors and outdoors where families can play together.
4. Plan trips of interest for the family.
5. Have yearly check-up for entire family members including polio shots and all vaccines for the small child.

#### B.

#### B. Community Life

1. Provide transportation to Sunday School and Church and to medical centers for check-up for those not having their own transportation.

It was the plan to devote at least 10-15 minutes at each home demonstration meeting on the Family Life Program. Leaders from each club were to be responsible for this. However, there was a definite weakness in this program because training for their leaders was not given because the selective personnel could not be secured to give it.

Most of the accomplishments in this area were on an individual basis except for the planned county-wide educational trip to the State Capital, Richmond, and other tours of the surrounding area and for club picnics which included family members.

C. Other Activities

1. County Objectives

(1) Attendance at club meetings has been fairly good but the attendance has decreased because more and more women are being employed outside the home. The total enrollment is 302 in 12 clubs. The improved yearbook was of greater value. Each member received one.

(2) Ten of the 12 clubs always had leaders at training meetings. All clubs were represented at the fall planning meeting. One club was absent for the spring planning meeting.

(3) Clubs desiring any changes in the club program notified the home agent at least two months in advance of the time desired for the change. In the case of changes, the clubs secured the program and leaders or speakers for it.

(4) Clubs were unable to carry out definite projects in the Federation Program of Work because of the lack of training for leaders.

(5) Clubs held at least five meetings without the agent.

(6) All clubs paid State and County dues, \$30.00 to Pennies For Friendship, and \$60.00 to the Dental Health Fund. Yearbooks were mailed out to individual members and fees (30¢ each) were not collected from all of these. This matter the agent and County Executive Committee realized was a mistaken deed.

(7) All Clubs enjoyed two all-day work meetings. Projects of interest to the clubs were crafts, restoring household accessories.

(8) The clubs have supported 4-H Clubs in a number of different ways. Some of these are by arranging exhibits at the two-day county 4-H Fair, being 4-H leaders, supporting individual 4-H project work, using IPTE speakers for club programs, and by sponsoring a financial campaign to raise money for the construction of an auditorium on the 4-H Club fair grounds.

(9) The club program development leader summarized the accomplishment sheets. These sheets were kept up-to-date by each member. The sheet is found in the home demonstration club yearbook.

These objectives were used to determine which of the twelve clubs could be named as standard clubs. Eleven of the 12 were so named at the Annual Achievement Day, October 14.

## 2. National Home Demonstration Week

All 12 clubs observed this week in some way. Many of them had displays of subject studied and articles done during the past year. Dried flower arrangements, restored metal, wood or china articles, were among the attractive window exhibits in the village.

Some of the clubs heard Bill Thomas of Loudoun County, 1938 IYFH, Exchanges to Uruguay, who returned March 15, 1939. His color slides illustrated talk promoted better world understanding as an objective toward obtaining world peace.

## 3. District and State Federation

Some 40 Loudoun homemakers attended the District Federation meeting in New Market, Virginia. Mrs. Nelson Cram, Loudoun County H. D. Chairman, presented the program for Pennies for Friendship.

Attending the State Federation meeting with the home guest were Mrs. June Galke, Mrs. Nelson Cram

## 4. Achievement Day

Highlighting the woman's club work was the annual home demonstration Achievement Day on October 14 at the St. James Episcopal Church, Leesburg, Virginia. The all-day meeting featured exhibits of the year's club work by each of the 12 clubs consisting of eleven reading certificates, a demonstration on spot and stain removal by Mrs. Gene Mendirk, Loudoun Laundry, Inc., and a movie-illustrated talk on the Loudoun County Guidance Center by Mrs. O. Wayne Parsons. Lunch was provided by the women for the attendance of 100.

## 5. Judging

A number of Loudoun women were asked to serve as superintendents of the 4-H Fair exhibits. The best possible display of all exhibits made the 4-H Fair an attractive public event.

Judges for the home economics exhibits of the 4-H Fair included a number of well-known county citizens, Arlington and Fauquier homemakers.

Mrs. Joseph Bailey, Mrs. John Carr and the agent judged exhibits of the Arlington 4-H Clubs at their Fall Exhibit Day.

## 6. Publicity

The local weekly county paper, Loudoun Times Mirror and the Leesburg Radio Station, WAGS, have both been used extensively to publicize the H. D. and 4-H work in the county.

Mrs. William Vandoren, Mrs. Nelson Cram and the home agent presented a radio broadcast January 19 to cover the subjects of the two newest formed H. D. Clubs and the fund raising campaign for the

4-H auditorium. It was the first broadcast these first two homemakers have experienced.

#### 7. Home Demonstration Trip

Twenty-nine homemakers and the agent traveled to Richmond on a tour of the State Capital. A committee of club members planned the trip and were assisted by the agent.

#### D. Programs with Urban Families

Loudoun County is considered essentially rural and a plan for developing and carrying out programs with urban families of the county was not necessary this past year.

#### E. Farm and Home Development

Nothing direct or specific has been done in this area of the Extension Program by the home agent. This is not the result of weakness in the program, but more specifically that there has been no request from farm families in the county.

### III. County Extension Program - Youth

#### A. Organization

##### 1. County Youth Council

An essentially helpful committee in clarifying certain questions concerning the 4-H Club program has been the newly organized Youth Council. It is made up of 11 persons representing 4-H Club members, parents, project and organizational leaders. It served as a guide to the Extension agents as they determine in which direction the 4-H program should be steered.

##### 2. County 4-H Council

All officers of the nineteen 4-H Clubs are members of the County 4-H Council. As an organization it was responsible for promoting the County 4-H Picnic, 4-H Fair, Share-the-Fun and Public Speaking Contests, Achievement Night, the tri-county district camp at Powell's Fort Valley, and the Jamestown Junior Leadership Camp. Business meetings of this council were held on these occasions, March 21, County Council Banquet, October 31, Officers training. The latter is devoted to training officers, electing county council officers and establishing a set of goals. This is used in determining the banner junior and senior 4-H Clubs of the County. The council is responsible for the planning of the major activities of the year for the 4-H Clubs.

The elected officers form an executive committee which meets bi-monthly for the purpose of ironing out plans and problems related to 4-H Club work.

Officers elected to serve in 1960 are:

Bonnie Jo Dillon , President  
Jane Virts , Vice President  
Roberta James , Secretary  
Beth Welsh , Treasurer  
Ruth Brown, Recreational Leader  
Josephine Terminella, Reporter  
Clayton Hardy, Sgt.-at-Arms  
Ann Harper, Song Leader  
Shirley George, Song Leader

### 3. All Stars

The Loudoun County Chapter of All Stars is a working organization as individual members. It lacks the strength of a regular meeting organization but certainly serves as one of the strongest supporters of 4-H in the County. The group of members help with 4-H Camp, Fair, dances, District and State All-Star events, and volunteer leaders work.

Officers remain as:

Chief, Keith Oliver, Purcellville  
Lesser Chief, Edgar Tillett, Arcola  
Scribe, Jane Norman, Purcellville  
Medicine Man, Mildred Crawford, Leesburg

Edgar Tillett and Frank Keeling attended the State weekend conference at VPI in June. Attending the two Key-Award Banquets this year have been Mrs. Leonard Warner, Mary Hope Stowers, Edgar Tillett, Frank Keeling, Shirley Myers and Mildred Crawford.

A large number of Loudoun All-Stars attended the Interstate Conference held at the National 4-H Club Center, August 29.

All-Stars recognized during the tapping ceremonies at the 4-H Short Course in June were Rachel Norman and Johnny Stowers.

### 4. Honor Club

The Honor Club made up of outstanding 4-H members 14 years old and over endeavors to strengthen the 4-H Club program, to develop leadership, and to promote recreational activities.

New members initiated December 15 were Irene Cromer, Ruth Brown, Ann Cockay, Darlene DeLong, Jane Virts, Betty Brown, Roberta James, Georgia Rasm, Beth Welsh, Connie Smith.

Officers elected to lead the club were:

Claude Stowers, Jr., President  
Rachel Norman, Vice President

Josephine Terminella, Secretary  
Roberta James, Treasurer  
Beth Welsh, Reporter  
Irene Cromer, Recreational Leader  
Johnny Stowers, Sgt.-at-Arms

**Committee Charman who served were:**

4-H Club Week, Irene Cromer  
Rural Life Sunday, Anna Mae Fields  
Program, Frank Keeling  
Social, Charlotte Cook

The 20 active club members selected individual goals and pledged themselves to accomplish some leadership roles. Many of these were excellent Junior leaders during the years.

Three members from the club selected to attend the S&S Conservation Camp at Camp Farrar, Virginia Beach were: Sandra Hensley, Josephine Terminella and Gill Tinder.

The Club sponsored and held the Rural Life Sunday Service on May 24th at the Purcellville Baptist Church. The large church was completely filled with 4-H club members parents and leaders. The Reverend John A. Wood of Lincoln gave the sermon for the evening. The Honor Club composed the Chair and sang a special anthem, "The Ploughing Song."

An ice-skating party was held during the Christmas Holidays for the members at the farm of Mr. Sam Welsh.

**5. Project Planning Committee**

A committee composed of all 4-H Club project leaders was held to discuss projects for winter and summer. The attendance was poor but some definite helpful suggestions were received.

Projects were selected by clubs from the number chosen by the committee the offer for selection.

**6. County 4-H Leaders Association**

There is no organized association but volunteer leaders were given the opportunity to attend the State Association meeting at Natural Bridge, November 20, 21, 22. Though some were delegated and planned to go, no one was able to attend this year.

**B. 4-H Project Work**

The 1959 winter projects for each club were selected at the October 1958 meeting. Club members were encouraged to select a club project with second year members given the opportunity to take a second project if desired. Summer projects were chosen at the same time. Senior club

## 1. So You'd Like to Sew

### a. Objectives

- (1) To teach members the importance of and the essential equipment in a sewing box.
- (2) To help members learn basic clothing construction.
- (3) To teach members to keep good, accurate records.

### b. Procedures and Results

There were 71 girls enrolled in the beginners sewing projects with 52 projects completed. There were 132 articles made by these girls. Sewing boxes, collars, aprons and gathered skirts were exhibits, at the fair.

## 2. Make or Remake

### a. Objectives

- (1) To teach members proper method for taking body measurements.
- (2) To teach members how to select and buy patterns and fabrics.
- (3) To teach members more advanced clothing construction and remodeling techniques.
- (4) To help members assume the responsibility for the care of their own clothing.
- (5) To help members choose their clothing accessories wisely.

### b. Procedures and Results

Seventeen girls enrolled in this project with 15 of them completing. A total of 130 garments were made. This is an increase of 40% over last year's total number made. Many of the girls who kept accurate accounts of their clothing budget learned what a large percentage of the family income is spent for clothing needs. They also learned what might be saved with their being able to make some of their own clothing.

Carolyn Marshall, Aldie, placed first in the county dress revue. She went on to compete in the district contest and received a red ribbon award.

### 3. Meal Preparation

#### a. Objectives

- (1) To help members acquire acceptable techniques in handling foods.
- (2) To help members learn how to prepare foods well.
- (3) To teach members how to give a demonstration.
- (4) To teach members proper table setting and service.
- (5) To teach members to plan meals which meet nutritional standards.
- (6) To help members keep accurate records.

#### b. Procedures and Results

There were 206 girls enrolled in the meal preparation project with 131 of them completing their projects. Girls showed definite improvements in their food preparation at the county contests. There were two girls, Barbara Milbourne, and Charlotte Cook who entered the district contest.

### 4. Breads

#### a. Objectives

- (1) To teach girls how to make breads and the variations of bread.
- (2) To teach girls how and improved methods of making bread.
- (3) To teach girls how to give a bread demonstration.

#### b. Procedures and Results

Sixteen girls enrolled and completed this project. Project completion is always high. Perhaps this is because it seems natural for girls to want to learn to make bread. Jean Virts made delicate pretzels for the project, her club, her county, and for herself. She represented the county and district at the state contest held at the State 4-H Short Course. This year for the first time the project had a state sponsor, the Virginia Bakers Council, Inc. In addition to her scholarship to Short Course, she and eleven other 4-H girls, leaders, mothers, and agent were guests of the Royal Baking Company in Front Royal on July 21. Mr. Harold Waldler, Executive Secretary of the Council, Richmond, Virginia, conducted the educational tour through the bakery. The group was the guests of Mr. and Mrs. E. H. McConchie during the tour and luncheon in the Royal Hotel. The group was indeed grateful for the interest shown in them and this project.

## 5. Food Preservation

### a. Objectives

- (1) To help members acquire acceptable techniques in handling foods.
- (2) To teach members how to can and freeze foods.
- (3) To teach members to give a demonstration.
- (4) To teach members to plan meals which will meet nutritional standards.
- (5) To help members keep accurate records.

### b. Procedures and Results

A total of 56 girls enrolled in the food preservation project and 38 of them completed their projects. The girls canned and helped to can 4,924 quarts of food. They prepared and helped to prepare 231 pounds of food for freezing.

Josephine Terminella represented the county at the district contest and received a white ribbon award.

## 6. Your furnishings

### a. Objectives

- (1) To teach senior 4-H members the importance of housekeeping room improvement and redecorating.
- (2) To develop an interest in this project for senior members.

### b. Procedures and Results

Only four girls enrolled and four completed this project. Some excellent remodeling has been done in a total of 9 rooms by these girls. These senior 4-H members have developed good techniques in color planning and room arrangements.

## 7. Looking Your Best

### a. Objectives

- (1) To create an awareness for the need to examine one's self with the objective to improve posture, voice, cleanliness, etc.
- (2) To study improvements as is necessary.

### b. Procedures and Results

A total of 71 girls enrolled in this project, 52 completed their projects. This is a very valuable project for younger club members and serves as a good school room project. There is little opportunity for an individual to have anything for a 4-H fair exhibit. Therefore each member usually takes on an additional project for summer.

In conjunction with a program for both boys and girls at the 4-H meetings, the agents conducted a study of courtesy and table manners. The manual, "As Others See You" was used and distributed to each club member to clarify certain points regarding courtesy. The agents also presented a skit at each of the meetings in order to make the manual more effective and the teaching successful.

### C. Other Activities

#### 1. Achievement Night

November 26, 1958, the annual Achievement Program was held at Lincoln School. An overwhelming crowd of 275 watched many outstanding boys and girls receive medals for project work. They heard reports of the accomplishments of individual clubs and naming of the champion junior and senior clubs. Waterford Junior and Leesburg Senior were awarded the banners.

County medals were presented to the following girls:

Achievement	- Charlotte Cook Emily Gill Rachel Norman
Beautification of Home- Grounds	Sandra Heasley Evelyn Cook Jo Ann Bailey
Bread - Canning -	Elizabeth Grant Sandra Heasley Ren Dillon
Citizenship - Clothing -	Charlotte Cook Carolyn Marshall Carol Stowers Mary McDaniel
Dairy Foods Demonstration - Dress Revue - Food Preparation	Charlotte Cook Emily Gill Tara Forsyth Jana Virts Jo Ann Bailey Beth Welsh
Girls' Home Economics - Recreation - Public Speaking Room Improvement	Charlotte Cook Elizabeth Grant Carolyn Marshall Roberta James Beth Welsh

#### 2. Camp

Fifty-nine (59) 4-H club members attended the week long district camp at Fowall's Fort Valley, August 10-15. Mrs. John Sisk and Bobby McComb served as adult leaders from Loudoun County. The Home Agent, Mildred Crawford, and Assistant County Agent, Henry M. Keyser, Jr. helped the other staff members conduct the camp.

### 3. Community Projects

As a county council goal, it is the objective of all the 4-H Clubs to complete some worthwhile community project. A number of excellent ones have been done this year. Some of them were: providing food and clothing for Ruth's home, a home for retarded children, naming the streets of Purcellville, mending library books and helping to secure funds for the 4-H auditorium building.

### 4. Conservation Camp

Gill Tinder, Josephina Terminella and Sandra Heasley were selected to represent Loudoun at the State 4-H Conservation Camp at Virginia Beach, July 20-25. They traveled by bus with the northern Virginia delegation starting from Winchester.

### 5. Contests

Loudoun girls turned out in an excellent force to participate in the county contests in girls 4-H project work. Judges included Mrs. Leona Barlow and Miss Rubinette Miller, agents in Prince William and Miss Phyllis Hockman, agent in Clarke.

As a result of the good planning organization of the County Council, the goals were again adopted to encourage at least 25% of the junior club girls and 50% of the senior club girls to enter county contests. The contest day was the best in 3 years and the girls know and understand how they can better improve their skills in the home economics projects.

### 6. County Council Banquet

The Lovettsville Senior 4-H Club served as hostess to the county-wide banquet for 4-H Club officers, leaders and invited business men and women and elected officials. The group of 215 enjoyed the session held at Loudoun County High School on March 21st. The program of the evening was a most interesting talk by Bill Thomas, IFYE to Uruguay from Loudoun County.

## 7. 4-H Fair

For the second year a two day Fair was held on August 28-29. There were more exhibits than in previous years and more prize money presented to the best exhibitors.

Adding special interest to the fair were the club booths, the float parade, the greased pig contest and the quarter horse-cattle roping show. The cooperation of leaders, businessmen, the Woman's Club of Loudoun, home demonstration clubs and 4-H members combined to make the event possible. The Fair creates wide spread interest in 4-H Club work. This, the twenty-fourth annual Fair was held on the permanent 4-H fair grounds on the Bry Mill Road near Leesburg.

Prizes awarded to girls for the highest scores accumulated in exhibits include:

<u>Name</u>	<u>Exhibit Division</u>	<u>Award</u>
Carol Stovers	Meal Preparation	Blending Fork
	Clothing	Mitchel's \$5 gift certificate
	Room Improvement	1 qt. Pentraseal
Sandra Bailey	Bread - Jr.	coekis press
Jo Ann Bailey	Bread - Sr.	cake press
Linda James	Meal Preparation	corn griddle & measuring cup
Mary Ellen Herndon	Canning	Folley food blender
Sandra Heasley	Frozen Foods	Folley food blender
Elizabeth Grant	Room Improvement	1 qt. Pentraseal
Emily Gill	Room Improvement	1 qt. Pentraseal
Beth Welsh	Meal Preparation	\$5 gift certificate
Jane Virts	Canning	\$5 gift certificate
Ann Cockerill	Frozen Foods	\$5 gift certificate
Marilyn Frye	So You'd Like to Sew	\$5 gift certificate
Carolyn Marshall	Clothing	White's Dept. Store
		\$5 gift certificate
		Raflo's

## 8. Picnic

The county-wide 4-H picnic was held at Braddock Heights, Maryland June 6 for 260 4-H club members, parents and leaders who enjoyed roller skating, bowling, rides, and a lunch prepared by the club members.

## 9. Rural Life Sunday

The Honor Club sponsored the Rural Life Sunday Service with a program prepared and conducted by them. It was held at the Purcellville

Baptist Church. The Reverend John A. Wood of Lincoln, was the guest speaker. The attendance was large and perhaps so because of the encouragement by the County Council to have at least 50% of the club membership attend.

#### 10. State Short Course

Delegates selected to attend the Short Course were those who were outstanding in their project work and who showed signs of good leadership development.

Delegates were:

Rachel Norman	Jimmy Biggers
Bonnie Jo Dillon	Johnny Stowers
Ruth Brown	Larry Orms
Jane Virts	Gill Tinder
Irene Crowder	George Washington

The home demonstration agent accompanied this group to the VFI Campus, Blacksburg, June 22-27.

All-Stars from Loudoun tapped at the annual ceremony were: Rachel Norman and Johnny Stowers.

#### 11. Share-the-Fun Talent Program

The recognition of talent was given to members from each club in the county at the contest held March 6. Winners in the senior division were: Ruth Brown of Lincoln Senior Club, first; Elizabeth Grant Leesburg Senior, second; in the junior division, Carolyn Ramsey, Middleburg, first; Ann Harper Hamilton, second, a skit by Susan Anderson Claudia Neeltzel and Megy Ellen Herndon, third from Waterford, Gloria Hatrick, fourth, Ashburn, and the Arcola 4-H band, fifth, Arcola.

The senior winners of the contest received a trip to Blacksburg to the State 4-H Short Course. Junior winners received money for the prizes in the county contests.

The public speaking contest was held March 6.

Barbara Milbourne Lovettsville Senior 4-H was first place winner. Charlotte Cook, Leesburg Senior 4-H was second, Barbara completed in the district contest in Front Royal.

## 12. Extension Youth Program

The Extension sponsored group in Loudoun for young men and women is the All-Star group. Their functions and purposes are explained in preceding material.

Officers serving during 1959 were:  
Chief, Dr. Keith Olber  
Lesser Chief, Edgar Tillett  
Scribe, Jane Norman  
Medicine Man, Mildred Crawford

Eight persons from Loudoun attended the Key Award Banquet in Front Royal. Rachel Norman and Johnny Stewers received certificates and the key award from the representatives of the sponsor, Cities Service Oil Company.

The International Farm Youth Exchange Program has been very meaningful to the youth and adults of this county in this and previous years. With the return of Bill Thomas, 1958 IFYE to Uruguay, the county people have enjoyed hearing his reports.

The home agent completed a two-year assignment as a member of the National IFYE Advisory Committee. As a member she represented all home demonstration agents of the United States.

## IV. Scope of Work

### A.

	1954	1955	1956	1957	1958
No. H. D. Clubs or Groups	14	12	12	11	12
Membership	375	333	339	290	302
No. 4-H Clubs	19	19	19	19	19
Membership	264	244	260	234	264
No. YMW Clubs	--	--	--	--	--
No. Community Clubs	--	--	--	4	4
Membership	--	--	--	87	91
No. Home Ec. Committees	--	--	1	--	--
No. General Interest Committees	--	--	--	--	--
No. Youth Committees	--	--	--	--	--
No. Other organizations	--	--	2	2	2
No. Farm and Home Dev. Families	--	--	1	1	--
No. other families reached	1400	1415	870	800	252
No. different families reached	1890	1895	1230	1200	802

B. Much of the interest from non-home demonstration members is secured through work with special interest groups such as tailoring simple sewing or dried flowers arrangements.

In addition, the radio and newspaper gives space for publicity of H. D. Work.

V. Leadership.

A. Growth of Leadership

1. Overall program leaders

a. What would be done without the excellent support of leaders is unknown? The story is that we cannot get along without them. The Extension program is set up for people to help themselves through access to improved methods and better living standards. Leaders are trained in subject matter to present to home demonstration club members and 4-H leaders are trained to help the children learn how to carry out the projects.

b. Program development leaders must and do obtain the reaction of the club members to the year's program. The program is discussed within the club, the planning meeting is held, and thus the women make their own program. The 1959 program has proven very interesting to the members.

c. Subject matter  
Specialist from V. F. I. , the home agent and other persons trained in the subject for the particular month's program set up a demonstration and present it to leaders from the individual clubs. These leaders in turn present the information to their club members.

d. Federation Program of Work Chairman  
The home demonstration program of work chairman were responsible for carrying out the program on Home and Community Beautification. This was not a very successful program for the lack of training and for the lack of initiative on the part of these leaders.

(1) Overall program leaders

	'57	'58	'59
(a) County Agricultural Extension Service Board	--	--	--
(b) Youth Council	--	--	11
(c) Home Economics Council	--	--	--

## 2. Home Demonstration Club Leadership

	1955	1956	1957	1958	1959
No. organizational leaders	--	--	15	56	58
No. project leaders (subject matter)	97	45	92	93	105
No. Federation program of work chairmen	25	25	28	28	28
No. program development leaders	12	12	14	14	13
No. result demonstrators	21	5	3	6	16
No. training meetings by specialists	4	2	5	6	2
No. train. mtgs. by dist. agents	2	2	1	0	2
No. training mtgs. by agents	1	1	3	4	2
No. training mtgs. by others	-	-	2	2	2
Attendance at training mtgs.	229	208	236	213	160
No. Mtgs. held without an agent	-	111	56	40	67
No. mtgs. leaders assisted	-	36	40	20	67
Demonstrations by leaders	96	145	60	40	29
Talks and discussions by leaders	121	72	84	85	74

## 3. 4-H Club Leadership

	1955	1956	1957	1958	1959
No. Club Officers	149	139	169	144	127
No. adult project leaders	30	41	30	30	22
No. junior project leaders	-	-	8	8	8
No. result demonstrators	-	1	-	12	18
No. training mtgs. by specialists	-	1	-	-	-
No. training mtgs. by dist. agents	-	-	2	-	-
No. training mtgs. by agent	2	1	4	8	8
No. training mtgs. by members club dept.	-	1	-	-	0
No. training mtgs. by others	-	1	1	-	2
Total attendance at ldr. tr. mtgs.	62	43	118	156	145
No. 4-H leaders trained individually	17	11	15	22	22
No. club mtgs. held by ldr. w/out agent	50	111	56	49	44
No. additional club mtgs. at which leaders assisted	75	52	48	135	0
No. demonstrations given by adult ldrs.	62	23	48	22	24
No. demonstrations given by junior leaders	4	-	8	35	75

## B.. Leadership Development of a Club

The Leesburg Senior 4-H Club is perhaps our most outstanding club because of the individuals in the organization who strive for further leadership development. Mr. Clinton Cook has been serving

as the club organization and boys' project leader for four years. It is through his help that the club does so many things for the community. He also serves on the Youth Council which helps to determine the direction in which the club program should go.

This club is composed of 22 members, 12 girls and 10 boys. This club has won the Championship Banner for Sewing Clubs for three succeeding years. During this year they have sponsored a mother-parent Tea in October. At that time new officers are installed and the parents have a chance to meet the leaders and to become better acquainted with the 4-H work.

The clubs participation in camps and project contests have been excellent this year and in previous years. For this year about 2 delegates were sent to Powell's Fort Valley 4-H Camp, 3 to Jamestown Junior Leadership Camp and 1 to Camp HerryVista in New England. Six girls entered to County 4-H girls contests, one of these girls, Jane Virta made a good name for herself and her club in the Broads Contest. Johnny Stevers and Charlotte Cook entered to State Meat Animal and Meat Preparation Achievement Contests.

Ninety percent (90%) of the club members exhibited at the 4-H Fair August 28-30. The club also entered a float and a booth exhibit in competition and <sup>won awards</sup>.

Numerous other things the club did and individual members did could be enumerated. Perhaps the important fact is that all these things are offered for the club and its individuals through their 4-H Club work and they have the spirit to take advantage of them. They do this because they see the benefits of leadership development and desire them.

#### VI. A. For Special Consideration

Perhaps one of the most valuable interests in the Home Economic program this year was the continuation of the tailoring and simple sewing schools conducted by the agent. A fashion show was held in December 1953 as the grand finale of one tailoring school held last year.

Then a county-wide special interest beginners sewing class was begun. People who knew nothing of sewing but wanted to learn used up this class. Their exhibit of garments went on display to the fall planning meeting, the 4-H Fair, the 4-H camps. Needless

to say, the friends and neighbors of these individuals heard much about the success of the serving class.

According to the accomplishments sheets of the club members a total of 918 garments were made this past year, 55 garments were tailored. These figures represent only those of reporting members.

#### B. Public Relations in the County

##### 1. County Workers

A regular monthly staff meeting was set up to discuss the work and to delegate responsibilities. It was not always held and therefore, some delay in accomplishments were evident.

##### 2. General Public

Through the "Homemakers Column" of the Loudoun Times Mirror and Radio Station WAGE, Leesburg, information of interest regarding 4-H and H. D. work, and recommendations for better homemaking is presented weekly.

##### 3. Elected Representatives

A copy of this annual report will be presented to each member of the County Board of Supervisors. Each board member receives a copy of the 4-H newsletter, "Head, Heart, Hands and Health."

##### 4. Commercial Interests

Commercial establishments have been of great value in their assistance to the Extension program. Whitmore and Arnold donated a calendar for each 4-H member. The Peoples Bank of Leesburg donated a calendar to all Home Demonstration Club members. Many other establishments have contributed to the ads making possible the 4-H Fair catalogue, and developing the permanent 4-H Fair grounds.

##### 5. Other Professional Workers

Other home economists and agricultural workers have given wonderful support and assistance toward making the Extension program successful.

#### C. Professional Improvement

1. The home agent attended the state and district meetings of the Extension Service in order that she might be well informed and up-to-date on subject matter and policies of Extension to improve her work with the county people.

## 2. Reading Professional Books and Other Publications.

Among the professional publications read by the home agent are: The Journal of Home Economics, Forecast for Home Economists, What's New in Home Economics, Better Home and Gardens, and the Extension Service Review. A number of other books and magazines coming to her are read when they include items helpful to her work.

## 3. Membership in Professional Organizations

The home agent is a member of the Virginia Home Economics Association, American Home Economics Association, National Home Demonstration Agents association, Junior Women's Club of Loudoun County and Scepticist Club of Leesburg.

## 4. Participation in Programs and Workshops Planned by Other Organizations

The home agent completed a two-year assignment as a member of the National IFYE Advisory Committee of the National 4-H Club Foundation. She represented all home demonstration agents of the U. S.

## 5. Planned Educational Trips

The home agent and a group of Loudoun homemakers toured the capital of Virginia, Richmond in July.

One of the most educational and inspirational trips was that to the IFYE Alumni Conference held this year at Millersville State Teachers College, Millersville, Pa.

## VII. The Look Ahead

This year was a very busy year in all phases of the home agents work with the home economics and 4-H Extension program. Much time was devoted to meetings, both day and night, both organized clubs and committee work. Too little time was left to prepare for demonstrations or for research to keep up with new things in the home economics program. There were too few home visits but other meetings and appointments placed definite demands on the agent so as to limit the amount of time and travel for visits.

The project work for the senior 4-H girls needs improving. More time is needed to devote to individual instruction.

Leaders are needed to assist with the club program. No leaders were able to attend the state leaders conference at Natural Bridge this year. Those who have attended in previous years have enjoyed the conference thoroughly, and benefited from it. It would be of great benefit if we could get more leaders to go to this conference.