

PLAN OF WORK

for
1955

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1955 Plan of Work

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I. County Situation Considered in Working out the 1955 Program

Dinwiddie County is located in southside Virginia and has its chief source of income general farming. Products produced are tobacco, corn peanuts and a small amount of cotton and market gardens. There are five hundred and eighty-six (586) owners, two hundred and seven (207) tenants and seventy-seven (77) share croppers, making a total of eight hundred and seventy (870) farm families in the county. Values received from most of these farms are not sufficient to meet the necessities, comforts and desires of life, therefore, men and women seek employment in nearby army bases and urban centers to supplement the family income. There are no community or recreation centers in the county. Churches, schools, home demonstration and 4-H clubs provide most of the wholesome entertainment for the county people. Approximately seventy percent (70%) of the farm families in the county get their water from an open well or spring and ten (10%) percent not have any type of privy.

One section of the county is urban and the pattern of living in that section vary from that of the rural sections.

II. The Adult Program

The Adult program for 1955 include the following: "Food and Nutrition," "Pressure Water Systems," "Home Ground Beautification," Poultry Improvement, the long time goal of "Home Improvement," (1955 Kitchen Improvement). There are five special interest group topics and one month devoted to club choice.

A. Subject - Matter Fields

Food and Nutrition

The food and nutrition phase of the program will include food preparation and preservation. The food preparation part will include better Breakfast, meals from the pantry or using left overs and the master mix and its uses.

Objectives are:

1. To teach the relationship between a good breakfast and good health.
2. To teach the use of canned or frozen foods or left over foods in preparing wholesome meals for the family.
3. To teach the making and using of the home made mixes, which will save time, money and energy in preparing meals for the family.

Procedure planned to carry out these objectives are:

Leaders, leader training, meetings, group meetings, demonstrations, home visits, discussions, bulletins and leaflets.

Food Preservation (Canning and or Freezing) Keeping a canning and or freezing budget

Objectives are:

- Teach the making and keeping of a canning and or freezing budget
2. Teach the latest methods used in canning and freezing
 3. Encourage the canning of more and a greater variety of fruits and vegetables

Procedure planned to carry out these objectives are: Method and result demonstrations, home visits, group meetings, discussions, leaders, bulletins, and leader training meetings.

Farm and Home Water Supply (Water Under Pressure)

This phase of the program include water under Pressure and has as its objectives:

1. To teach the part that water systems would play in terms of better health.
2. Encourage more farmers to install water under pressure by using the unit method of installation.

Procedure planned to be used are: Result demonstrators, group meetings, circular letters containing timely information, home visits, discussions, leaders and questionnaires.

Home Ground Beautification

Objectives are:

- To teach the use of native shrubbery and grasses to beautify the exterior of the home.
2. To teach the cleaning up the yards
3. To teach the use of paint on outer buildings to help beautify the farm stead.

Procedures planned to be used are: Result demonstrators, discussions, group meetings, bulletins, demonstrators, discussions, group meetings, bulletins, circular letters with timely information and home visits

Poultry Improvement

This will include the poultry improvement project.

Objectives are:

1. To encourage the production of more and better poultry
2. To encourage the keeping of egg production records.

3. To encourage the use of more poultry products
4. Provide a supplemental source of income
5. To stress proper management and care.

Procedure planned to be used to carry out these objectives are;
Result demonstrations, the group meetings, discussions, leaders working with Mr. A. L. Dean, poultry Husbandman, circular letters, home visits, and poultry hints.

Home Improvement

This project is being carried for the past seven years, and this year will include "Kitchen Improvement," which has been planned to be carried for the next five (5) years.

Objectives are:

1. To teach the importance of convenience in arrangement and adequate storage space in the kitchen
2. To teach the use of color in the kitchen
3. Reduce number of household flies and other pests by use of more and better screens.

Procedure planned to be used are: Leader training meetings, discussions, group meetings, home visits, charts, pictures and magazine and paper clippings.

B. District Goal

Our District Goals are "Better Housing" and "Health."

Better Housing has been carried as our District Goal for the past several years.

Objectives are:

1. To improve the standard of living through better homes.

2. To provide more and better storage space
3. Encourage the use of house plans in building or remodeling of homes.
4. Arrangement of furniture for more convenience.

Procedure planned to be used are: Result demonstrators, discussions, bulletins, house plans, home visits, and letters containing timely information, group meetings.

Our District Goal "Health" is being carried for the first time this year and has as its objective:

1. Encourage more farm families to construct and maintain sanitary privies.
2. Encourage more farm families to provide a sanitary water supply by installing pumps in the open wells and springs.
3. Encourage the building of solid foundations around the wells and springs to keep out surface water and build covers for these open wells.

Procedure planned to be used are: bulletins, result demonstrators, discussions, group meetings, home visits, use of county sanitation officer, and letters containing timely information.

C. Other Activities

1. Result Demonstration

Result demonstrations on the following projects will be attempted this year. "Poultry," "Kitchen Improvement" and "Sanitary Privies."

Each Club has been asked to select a result demonstrator for each of the above mentioned projects and these persons will be asked to report to the club on progress on their particular demonstration at

certain times and the other club members will hold meetings at these demonstrations to see the progress made on the projects.

Procedures planned to be used are: Home visits, bulletins, discussions, and leaders, group meetings, score cards, etc.

2. County or Community Projects

Each club has been asked to select a community project which will have as its objective to improve the community and reach more people in organized and unorganized communities. These projects will be selected according to needs, interests, and desires of the people in each community.

Procedure planned to be used are: Leaders, group meetings, discussions, bulletins and home visits.

3. National Home Demonstration Club Week

During this week we plan to have a county-wide activity to acquaint the public with the extension program thus increasing the memberships in the various clubs throughout the county. We also plan to ask different club members to conduct demonstrations or have discussions among non-club members on various phases of this year's program, that week.

Procedure planned to be used are: leaders, Discussions, group meetings, letters containing timely information, news stories, and home visits.

4. Achievement Program

The Achievement Program will be held on a county-wide basis. It will be used to bring farm and non-farm people together to report

accomplishments, and recognize leaders for work well done.

Procedure planned to be used are: Leaders, discussions, group meetings, home visits, circular letters and news stories.

5. County Farmers' Conference

The county Farmers Conference will be held in the spring to acquaint the public with the work of the extension program and give out valuable information to improve rural living.

Procedure planned to be used are: Leaders, group meetings, discussions, home visits and circular letters.

6. Work in Unorganized Community

The Home Agent is now working in one unorganized community and plan to continue in that community throughout this year.

This community is an urban area and the patten of living vary from that of the rural areas, therefore, their interests, desires and needs are different.

Procedure planned to be used are: Leaders, group meetings, home visits, discussions, Leader training meetings, and method demonstration.

III. 4-H Club Work

A. Project Work

The 4-H projects for 1955 include the following: Clothing Unit I and II - "Looking Your Best" and "Make or Remake" respectively, Housekeeping, "Bread" and "Health," respectively and food preservation.

1. Clothing - Unit I - "Looking Your Best."

This project is being carried by three groups of 4-H Club girls and has as its objectives:

- a. To teach the relationship between cleanliness and good grooming.
- b. To teach simple repairs for clothing.

Procedure planned to be used are: Group meetings, discussions, Method demonstrations charts, home visits, leaflets, and bulletins and letters to parents.

2. Clothing Unit II - "Make or Remake"

This project is being carried by one 4-H Club group and has as its objectives:

- a. To teach the basic steps in sewing
- b. To teach the selection and use of the pattern
- c. To teach the cutting, fitting and making of a simple garment.

Procedure planned to be used are: Leaders, Method demonstrations, discussions, group meetings, bulletins, pattern books, charts and home visits.

3. "Housekeeping"

This project is being carried by 3 groups of 4-H Club and has as its objectives:

- a. To teach the correct procedure for washing dishes, windows, ect.
- b. To teach the saving of time and energy in house cleaning tasks.

Procedure planned to be used are: Method demonstrations, group meetings, bulletins, discussions, home visits.

4. "Bread"

This project is being carried by 2 groups of 4-H Club girls and has as its objectives:

- a. To teach how to measure liquids and dry ingredients.
- b. To teach the important place measuring spoons and cups play in successful baking
- c. To teach the making of different hot breads

- d. To teach the making and use of master mix (Older 4-H Club members)

Procedure planned to be used are: Method demonstrations, leaders, group meetings, bulletins, charts, home visits, judging of finished products, use of teams of two or four in giving a demonstration before the rest of the group.

5. Health

This project is being carried by 1 group of 4-H club members and has as its objectives:

- a. To teach the relationship between good eating habits and health.
- b. To encourage the use of the seven Basic Food Groups in Planning meals
- c. To encourage the participation in such drives as T. B., Red Cross, Infantile Paralysis, ect.

Procedure planned to be used are: Leaders, method and result demonstrations, home visits, discussions, bulletins, charts and letters to parents.

6. Food Preservation

This project will be taken by older 4-H members from all of the clubs through out the county and will include canning and or freezing.

Objectives are:

- a. To teach the latest methods used in canning and or freezing of fruits and vegetables.
- b. To teach the use of the hot water bath and pressure cooker for canning.
- c. Encourage the making of a canning and or freezing record for the family.

Procedure planned to be used are: Leaders, method and result demonstrations, home visits, Group meetings, discussions, charts, and letters.

B. Other Activities

1. Community Activities

We are planning to have each 4-H Club to conduct a community project along with their regular project to stimulate more interest in 4-H club work and reach more boys and girls of 4-H club age.

Procedures planned to be used are Method and result demonstrations, home visits, discussions, leaders, group meetings and letters to parents.

2. Achievement Day

We plan to have a county-wide 4-H Achievement Day where the 4-H club boys and girls will exhibit their projects and conduct a program centered around 4-H achievements.

Procedure planned to be used are: Leaders, letters to parents, home visits, group meetings and discussions.

3. Rural Life Sunday

We plan to have a county-wide Rural Life Sunday Program this year at some rural church with the leader and 4-H Club members in that church community playing host to the other 4-H clubs throughout the county. Representatives from all 4-H Clubs throughout the county will be asked to participate on the program.

Procedure planned to be used are: Leaders, discussions, group meetings, home visits, newspaper articles, and circular letters

4. Fund Raising Activity

We are planning for each 4-H Club to participate in a county-wide fund raising activity this year. Monies raised by this activity will

be used to help send a boy or girl abroad this year, help send club members and leaders to State 4-H short courses and wild life conference and other county-wide activities.

Procedure planned to be used are: Leaders, discussions, letters and group meetings.

IV. Young Men and Women's Work

A. Program Areas

We plan to work with young men and women in unorganized groups and with individuals. The program will include clothing construction and food and nutrition.

Objectives are:

1. Teach the selection and use of a pattern
2. Teach the placing of patterns on material, cutting and fitting of garment.
3. Teach the making of simple garments
4. Encourage the making instead of buying of the mixes.

Procedure planned to be used are: Leaders, group meetings, discussions, method and result demonstrations and home visits.

B. Activities

1. Exhibits

At the close of each project taken by this group an exhibit of the product will be held and judging of the products to tell of weak and strong points of the article or product.

Procedure planned to be used are: Leaders, letters, home visits, and group meetings.

V. Farm and Home Demonstration

Our county is in one of the pilot areas, but we hope to cooperate in some way with this phase of the extension program if training along the line is given a time.

We hope to be able to work with at least three families and these families will be selected through home visits, discussions at club meetings, group meetings, county Advisory Board and or Home Demonstration Committee. The families selected must be willing to do some work along the line of developing the farm and home as a unit.

VI. Scope of Work

A. Organization

	No. in 1951	No. in 1952	No. in 1953	No. in 1954	Goal 1955
No. of Home Demo. Clubs	15	16	14	12	12
Membership	234	265	205	200	200
No. 4-H Clubs	13	15	14	13	10
Membership	194	205	230	230	230
No. Young Men and Women's Clubs	0	0	0	0	0
Membership	0	0	0	0	0
No. Community Improvement Clubs			0	1	1
Membership			0	48	50
No. other Organizations	3	5	0	0	0

VII. Description of Plan for Using the Following Organizations to Strengthen the Extension Program in 1955.

A. County Home Demonstration Committee

Plans for using the county H. D. Committee are:

1. Serve as an overall guide for home demonstration clubs
2. Make plans for county-wide H. D. activities
3. Have one meeting with County Advisory Board to discuss and present the H. D. Program
4. Check on progress of H. D. Program set up by committee.

B. County Advisory Board

The County Advisory Board will serve as an overall planning and advisory Committee for the Extension Program in the county, plan county-wide activities, select and send delegates to State Advisory Board meeting and assist with work of 4-H Clubs.

C. County 4-H Council

The County 4-H Council will serve in an overall planning and advisory capacity for all 4-H activities, plan all county wide activities, and meet once a year with the county advisory Board to present their program to them.

D. County 4-H Project Planning Committee

Plans for using the 4-H Project planning Committee, which meets once each year are:

1. Make a calendar for the 4-H Clubs and based upon needs, interests, and desires, presented by leaders, members and agent.
2. Check on Progress of club work.

VIII. Plan for Leadership

A. Home Demonstration

	No. in 1951	No. in 1952	No. in 1953	No. in 1954	Goal 1955
No. Project Leaders (Subject Matter)	40	45	70	78	80
No. Program Develop. Leaders	15	16	10	12	12
No. District Goal Chairmen	15	16	10	12	12
No. Result Demonstrators	53	64	46	32	34
No. Meetings at which leaders were trained by specialists	0	0	0	2	3
No. Meetings at which leaders were trained by District Agent	0	3	0	1	3
No. Meetings at which leaders were trained by agent	8	5	6	25	15
Attendance at all training	121	105	101	150	165
No. meetings held by leaders without Agent present	40	60	29	39	39
No. club meetings at which leaders assisted				35	40
Total No. of Demonstrations given by leaders	38	58	35	45	48
Total No. of talks or discussions by leaders	13	49	25	54	54

Description of Plan for Training and Using All Types of Leaders in
Carrying Out the 1955 Program

My plans for training and using leaders in carrying out the 1955 program are: Have two or more different leaders serve for each different project carried this year. These leaders will be trained by specialist from Blacksburg District Agent, Home Agent, and other leaders. These leaders will be trained in advance in most instances so that they will have an opportunity to practice the demonstration discussion and or talk at home before coming before their club groups.

After the leaders have been trained they will give or assist in giving the demonstration talk or discussion before their group.

B. 4-H Clubs

	No. in 1951	No. in 1952	No. in 1953	No. in 1954	Goal 1955
No. 4-H Club officers	39	45	57	63	50
No. adult project leaders	15	22	22	25	30
No. Junior project leaders	0	0	14	28	20
No. Result demonstrators	12	22	10	15	10
No. Meetings at which leaders were trained by specialist	0	0	0	1	1
No. meetings at which leaders were trained by District agent	0	3	0	2	3
No. meetings at which leaders were trained by Agent	14	16	0	6	10
No. Meetings at which leaders were trained by personnel in 4-H Dept.	0	0	0	0	0
Attendance at all Leader training meetings	76	95	79	261	275
No. 4-H leaders trained individually	10	12		15	0
No. Club meetings held by leaders without agent present	53	65	50	13	25
No. club meetings at which leaders assisted	0	0	0	18	45
No. demonstrations given by adult leaders	28	40	15	10	35
No. demonstrations given by Junior leaders	19	30	0	0	25

Plans for Training and Using All Types of 4-H Leaders in Carrying Out 1955 Program

Special interest will be placed on securing more and better 4-H adult leaders this year. These leaders will meet regularly this year. These leaders will meet regularly at which time they will be trained in organization, Program development and project work. To give project instruction all leaders on each different project will be trained together and these leaders will be expected to give or assist in giving the demonstration discussion or talk before the club.

IX. Plans for Working With Other Agencies

1. County Health Department - Encourage more farm and non-farm families in the county to attend the clinics and teach the important part good health play in wholesome family living.
2. County T. B. Association - Encourage more farm and non-farm families to support the annual T. B. Seal Sales and have their chests X-rayed annually.
3. Infantile Paralysis Drive - Encourage more people to contribute toward their drives and teach seriousness of the disease.

X. Plans for Developing Good Public Relations in the County With:

A. Elected Representatives

Invite them to County-wide and group activities and inform them of programs planned in the county.

B. General Public

Through attendance at various churches throughout the county, attendance at P. T. A. meetings and other public gatherings to acquaint the public with work of the extension service.

C. Co-Workers

Plans are to discuss problems and progress of work with my co-workers weekly.

D. Other Professional Workers

Plans for developing good public relations with other professional workers in the county are: invite them to all county-wide activities, to attend the program planning meetings to discuss county problems as they see them, and help set up a good, workable extension program

XI. Plans for Recording Progress and Evaluating Programs as Planned for 1955

My plans for recording progress will be: Recording progress on plan of work at end of each project by reports, home visits, discussions and check sheets, also write up in narrative reports the accomplishments at end of each project. The program will be evaluated by farm and non-farm families applying information obtained from the program.

XII. Plans for Professional Improvement

A. Organized Study

1. Plan to attend one of the Extension Schools during the summer (Choice Cornell University)

B. Use professional books and magazines monthly for professional improvement.

C. Will attend nearby workshops, tours, ect. planned by other organizations, if possible.

D. Will participate in educational trips, if possible.

XIII. Problems in Carrying Out the Extension Program in Dinwiddie County

Some of the most difficult problems in carrying out the extension program in Dinwiddie County are: Having enough time and facilities for project instructions for 4-H club members who travel to school on the bus (about 80 % fall in this category), being able to keep older 4-H club members interested in 4-H club work after completing elementary school, and the county being located in a tobacco area from May to November most farm people are busy and it's hard to keep up the interest in club work during that busy season. My plans for meeting the first and second problems are: to secure more leaders in the local communities that these members are from and train them to give project

instructions in small groups of from 5 - 10 members. No solution to the third problem is to set up the Home Demonstration Club program so that most of the work will be done during the winter months. Use more leaders, bulletins, talks or discussions on the work of the extension program and what it affords the rural and urban people.

