

**MEN — HOW TO MEASURE READY-TO-WEAR CLOTHING FOR CORRECT SIZE**

Concerned about fit? Americans, both men and women, want comfort, and the high value they put on it is an important element of closet economics. When a garment fits, it is more comfortable and will be worn more times.

Arriving at the correct size for men's clothing is a matter of knowing the measurements to take and identifying your figure type. Here's how:

**SHIRTS:**

Neck: Take a shirt with a collar that fits you well. Lay the collar flat and measure from center of collar button to far end of button hole. Number of inches = size.

Sleeve: Bend elbow, measure from center of neck (back side) to elbow and down to wrist. Number of inches = your size.

**BELTS:**

Determine your waist size by the number of "even" inches. If between "even" sizes, select next larger size.

**GLOVES:**

Measure around hand at fullest part (exclude thumb). If right handed, use right hand, and vice versa. Number of inches = size.

**HATS:**

Measure around head with tape above brow ridges. Convert inches to hat size using the chart below.

**CHEST:**

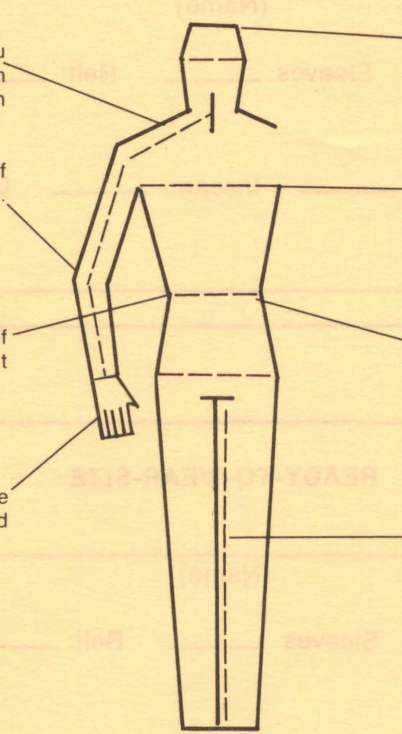
Measure around fullest part of chest, keeping tape up under arms and around shoulder blades. Number of inches = size.

**WAIST:**

Measure around waist, over shirt (not over slacks) at the height you normally wear your slacks. Keep one finger between tape and body. Number of inches = size.

**INSEAM:**

Take a pair of pants that fits you well. Measure from the crotch seam to the bottom of the pants. Number of inches (to the nearest 1/2") = inseam length. Most dress pants are available unhemmed.



**MALE FIGURE TYPES**

**Regular:** Average build, approximately 5'7" to 5'10" tall with broad shoulders, tapered waist, and slim hips.

**Short:** Average build, approximately 5'3" to 5'7" tall with broad shoulders, tapered waist, and slim hips.

**Long/Tall:** Average build, approximately 5'11" to 6'3" tall, with broad shoulders, tapered waist, and slim hips.

**Full Cut:** Husky build and thickened waistline, approximately 5'7" to 5'10" tall with broad shoulders, full waist, and hips.

**Slim/Trim:** Lean, narrow build, approximately 5'7" to 5'10" with a fully developed figure and broad shoulders, tapered waist, and slim hips.

A less specific means of classifying your figure type is to close one hand around your wrist. If the third finger and thumb touch, you are of medium frame. If your fingertips overlap, you have a small frame. If they can't touch, you have a large frame.

**HATS**

**SIZE CONVERSION**

Head Measurements	21 1/2"	21 7/8"	22 1/4"	22 5/8"	23"	23 1/2"	23 7/8"	24 1/4"
Head Size	6 7/8"	7"	7 1/8"	7 1/4"	7 3/8"	7 1/2"	7 5/8"	7 3/4"
Hat or Cap Size	Small		Medium		Large		X-Large	

5655  
762  
0.346-302  
/P1  
Spec

## MAKE A RECORD

When measurements are made, record them on the chart below and refer to them when shopping for men's ready-to-wear.

READY-TO-WEAR-SIZE				
_____				
(Name)				
Shirt:	Neck _____	Sleeves _____	Belt: _____	Hat: _____
Chest: _____	Waist: _____	Inseam: _____	Glove: _____	
Figure Type:	_____			

READY-TO-WEAR-SIZE				
_____				
(Name)				
Shirt:	Neck _____	Sleeves _____	Belt: _____	Hat: _____
Chest: _____	Waist: _____	Inseam: _____	Glove: _____	
Figure Type:	_____			

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### Resources:

Gioello, D. A., and Beverly Burke, *Figure Types and Size Ranges*. Fairchild Publications, New York, 1979.

Lands' End Direct Merchants Catalog, Dodgeville, WI 53595.

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