

complaints, depression, and skinfold measures were found to be predictors for pre-surgical sleep ($R^2 = 0.52$), as well as post-surgical sleep ($R^2 = 0.78$). Fitness measures of functional capacity and physical activity were not a significant predictor of sleep. The findings of this study suggest that a modest correlation exists between functional capacity and sleep in CABG patients; however, predictors including health complaints, depression and skinfold measures serve as better indicators for sleep outcome before and after CABG surgery.

ACKNOWLEDGEMENTS

There are several people I would like to thank because without their guidance and support the completion of this document would not have been possible. First, I would like to thank my committee members: Dr. Bill Herbert, Dr. Ron Bos, and Dr. Warren Ramp. I would like to thank Dr. Herbert for his guidance and patience. Without his encouragement and revisions toward the final weeks of writing, this document may not have been completed on schedule. Thank you to Dr. Bos for the numerous meetings and the time you spent revising chapters. Your assistance throughout the semester is very much appreciated. I would also like to thank Dr. Ramp. Although, there was a distance between us that did not allow for a lot of interaction, the time that was spent on meetings, reading the document, and suggestions for revisions, is appreciated and assisted in the completion of this document.

A thank you is also extended to Lee Pierson. Lee's assistance with data collection and guidance in the beginning stages strengthened this document. I am thankful that I had an opportunity to work with Lee at the hospital and hope that I can one day be as influential on another student as he was on me.

A special thank you goes to my family, whom I love very much. All my life, my parents and my sister have given me guidance and support. Their encouragement gave me the incentive to begin and complete my graduate studies. My parents and my sister are my heroes, their love and support have allowed me to succeed in life. Thank you mom, dad, and Tamatha for always being there for me!

Another very special and loving thank you is extended to my fiancé, Eric Reinking. Eric entered my life during my first semester of graduate school. He has given me encouragement throughout my graduate work and always had a shoulder to lean on during the stressful times. Thank you Eric for the love and support you have given me throughout the completion of this document. I feel very fortunate to have you as my best friend and am very excited about our life together after graduate school!

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