

Table of Contents

I. & II. Cover and Title Page . . . . .	1
III. Table of Contents . . . . .	2-3
IV. The County Situation . . . . .	4-5
V. Adult Work	
A. Project Work	
1. House Furnishings . . . . .	5-8
2. Clothing . . . . .	8-9
3. Food and Nutrition . . . . .	10-11
4. Home Management . . . . .	11-12
5. Arts and Crafts . . . . .	12-13
6. Landscaping . . . . .	13-14
B. Other Activities	
1. Home Demonstration Club Community Projects . . .	14
2. County Objectives . . . . .	14-16
3. Trophy . . . . .	16
4. Home Demonstration Pins . . . . .	16
5. Result Demonstrations . . . . .	16-17
6. Federation Goal-Citizenship . . . . .	17
7. Achievement Program . . . . .	18
8. Community Clubs . . . . .	18-19
VI. Farm and Home Development	
A. Methods Used in Selecting Families . . . . .	19
B. What Has Been Done to Acquaint Local Leaders . . . . .	19
C. Progress of One Family . . . . .	19-21

VII.	4-H Club Work	
	A. Project Work	
	1. Safety . . . . .	22
	2. Clothing . . . . .	22-23
	3. Foods and Nutrition . . . . .	23-24
	4. Health . . . . .	24
	5. Home Grounds Beautification . . . . .	24
	B. Other Activities	
	1. Camp . . . . .	24-25
	2. Short Course . . . . .	25
VIII.	Scope of Work . . . . .	25-26
IX.	Organization	
	A. County Home Demonstration Club Committee . . . . .	26
	B. County Agricultural Extension Service Board . . . . .	26
	C. County 4-H Council . . . . .	27
X.	Leadership	
	A. Contribution of Leaders to Program . . . . .	27
	B. Growth of Leadership--H.D. and 4-H . . . . .	27-28
	C. Outstanding Leaders, etc. . . . .	28
XI.	Good Public Relationship	
	A. Co-workers . . . . .	28-29
	B. Other Professional Workers . . . . .	29
	C. Commercial Interests . . . . .	29-30
XII.	Professional Improvement . . . . .	30-31
XIII.	Brief Appraisal of Work . . . . .	31-32

#### IV. The County Situation

Carroll County is a mountainous county located about 200 miles southwest of the state capitol, Richmond. It was formed from Grayson County in 1842 and named after Charles Carroll, a signer of the Declaration of Independence. It is situated in the southern part of the Blue Ridge area and borders North Carolina. Since Carroll County is a great plateau, 80 percent of the area of the county is comprised with elevations from 2,000 to 3,500. The climate is cool and moist.

Within the 458 square miles of area of Carroll County, there are more than 27,000 people and 3,757 farms (3,744 white operators--13 negro operators). Over 7,750 of the population are between the ages of 6 and 19 years. Carroll is a county of small farms and part-time farms. Over 60 percent of all farms in the county are classified as part-time. The average size farm is 61.9 acres and 75% of all farms classified as full time farms in the county are in the 80-90 acre size group. Thirteen percent of the total farms in the county are less than 10 acres.

Carroll is divided into three belts: on the south side of the Blue Ridge about one-half of the Fancy Gap district is in the Piedmont Belt; the greatest portion of the county is in the Plateau; while about 2,500 acres of land on the northeast border, near Ivanhoe and Austinville, is in the limestone belt.

The population is made up mostly of descendents of early white settlers, while less than 2 percent of the population is negroes. The outstanding characteristic of the development of the county is the even distribution of the population with little regard to location, topography, and public service such as roads and telephone.

59  
72

The type of agriculture in the county is diversified due to the geographic structure of the land. Food and feed crops, vegetables, apples, livestock, and livestock products are the principle products. Livestock and livestock products produce over 60 percent of the agricultural income. Milk production is increasing rapidly and in 1954 was nearly 5 times as large as in 1939. Apples, peaches, and vegetables are important crops. Some of the most productive apple orchards in the State are located on the slopes of the Blue Ridge Mountains in Carroll County.

As it is typical for each county to have diversification; Carroll, too, has diversified income levels, living conditions, and social activities. Carroll is a good healthy place to live, work, eat, and rest, and the hospitality of her people is known by the fact that the latchstring of the door of ever citizen's home hangs on the outside.

In planning for the future the people express their desires in continuing to work for better homes, better communities and a better county.

V. Adult Work

A. Project Work

1. House Furnishings

a. Do's and Don't's in Planning House Furnishings

Objectives

1. To assist homemakers in making a long-time plan to fit their budget and in sticking to it.
2. To assist homemakers who are making adjustments to their home in making a plan in the light of their interest and needs.

- 34  
72
3. To assist homemakers in learning art principles that will be useful in making decisions that fulfill their family needs.

Methods and Results

Miss Ruth Jamison, Extension House Furnishings Specialist, conducted a leaders' meeting in November. Members report they are using this information to buy better furniture, choosing the correct furniture to blend with that on hand, hang pictures correctly and use furniture to fit the size of the rooms.

- b. Developing Color Schemes from Room to Room

Objectives

1. To assist homemakers in acquiring confidence in their own ability to develop good color schemes.

Methods and Results

Miss Ruth Jamison, Extension House Furnishings Specialist, trained the leaders for this meeting in November. Due to the county having no agent, leaders gave the demonstration in 13 clubs. Seventeen members report painting and papering 30 rooms. The members report they have learned to choose and use colors to make small rooms appear larger, high ceilings to appear lower, blending colors from room to room.

- c. Window Treatment and Making Draw Drapes

Objectives

1. To assist the homemakers in understanding the type of treatment that is suitable for different type of

72

windows and different homes.

2. To assist the homemaker in understanding the type of hardware suitable and the correct placing of hardware.

#### Methods and Results

Leaders were trained in February to give the demonstration. Twenty-nine leaders attended representing 11 clubs. These leaders conducted the demonstration in their own club. Samples of curtain and drapery material and leaflets were used in the meeting. One-third of the members reported using this information to construct draperies and others hope to use it soon.

#### d. Braided Rugs

##### Objectives

1. To assist homemakers in using what they have to make something useful and attractive for the home.
2. To assist homemakers in following the recommended procedures in workmanship to obtain a good finished product.

##### Methods and Results

Miss Ruth Jamison, House Furnishings Specialist V.F.I., conducted a county-wide meeting in November. Plans were made to have the home agent conduct two community braided rug meetings in January but due to her leaving the county December 31 this was not accomplished. Only a very few members have started braided rugs by methods recommended by Miss Jamison. There is still much help needed in this

72

field as a number of the ladies braid rugs but do not plan them correctly or lace them together so they are reversible.

2. Clothing

a. Correct Dress for All Occasions

Objectives

1. To assist the homemakers in determining what goes with what.
2. To assist the homemakers in learning to select suitable styles and colors.
3. To assist the homemakers in determining the dress suitable for various occasions.

Methods and Results

Miss Iva Byrd Johnson, Clothing Specialist V.P.I., trained the leaders in March for the above demonstration. Eight leaders were present and conducted the demonstration in their clubs in June. This demonstration has made a good number of the ladies conscious of the correct attire for various occasions. Radio broadcasts and news reports have also been used.

b. Family Mending

Objectives

1. To assist the homemakers in learning the correct procedures in mending men's trousers, shirt cuffs, and turning collars.
2. To learn the best patch for the material, shape and size of hole and the quickest to use.

34  
72

Methods and Results

Miss Iva Byrd Johnson, Clothing Specialist V.P.I., trained leaders for this demonstration in March. Leaders conducted the meeting in two of the clubs and leaders helped in five other clubs. Several types of darned patches and other patches were demonstrated. How to mend frayed trouser legs and shirt cuffs and turn shirt collars were also taught. The ladies were instructed in the correct way to sew on buttons. Various kinds of iron-on patches were discussed. It is hoped that this demonstration will help the homemaker a good deal with her mending.

c. Personal Grooming

Objective

1. To assist the homemakers in understanding what contributes to and the importance of being well-groomed at all times.

Methods and Results

The leaders were trained in March by Miss Iva Byrd Johnson to give this demonstration. The home agent assisted by the leaders gave the demonstration in 9 clubs. (The other clubs had cake baking since this was club choice month.) The importance of daily baths, clean underclothes, well mended and pressed clothing, well cared for shoes and hose, and many other points were stressed. This was presented with the aid of a blackboard.

3. Food and Nutrition

a. Preparing Sunday Dinner on Saturday

Objectives

- 1. To assist homemakers in learning to make preliminary plans and preparation in advance in order to have more time with the family on Sunday.

Methods and Results

Mrs. Mary Thompson, Food and Nutrition Specialist V.P.I., conducted a leaders training meeting in the county in January. Again in the absence of an agent the leaders conducted the meeting. Those who were unable to attend the training meeting were given the material in order that they might lead their club. A number of ladies have reported this demonstration very helpful since the majority of the H. D. members attend Sunday School and Church regularly thus relieving Sunday meal preparation.

b. Cake Baking

Objectives

- 1. To assist the homemakers in learning the correct procedure in making one bowl cakes, cakes made with lard, and desirable filling and frosting.

Methods and Results

A basic white lard cake was made using the one bowl method. Lemon filling and comfort frosting completed the demonstration. The ladies are reporting their use of these recipes very often and are especially happy over the recipes distributed them on making the filling and lard cake as most of the farm ladies have their own country lard.

c. Frozen Desserts

Objectives

1. To assist homemakers in learning to make nutritious desserts with milk.
2. To assist homemakers in understanding the importance of including milk in some way in the diet each day.

Methods and Results

Since there is a large number of cows kept in Carroll County for home use as well as commercial purposes, the homemakers have the milk.

Mr. Guy J. Nageotte, Associate Dairyman V.P.I., conducted a leaders training meeting in April on frozen desserts and making cottage cheese. Eight clubs had the demonstration presented to them by the leaders. There are now a larger number of ice cream freezers in the county that are being used as a result of this demonstration. In several homes they have reported making more cottage cheese. Booklets were distributed to the members to aid them in their uses of these two milk items. Proper foods in the diet have been used in a number of radio broadcasts and news items.

4. Home Management

a. Bluing, Bleaching, and Starching

Objectives

1. To assist the homemakers in learning when and how to correctly blue, bleach, and starch.

Methods and Results

Miss Helen Alverson conducted a leaders training meeting in May with leaders from seven clubs present. The agent conducted the meeting in the five other clubs. Leaflets were distributed to the members. Emphasis was placed on when to blue, what type of bleach to use and the different kind of starches. Also included was a few points on how to handle clothing when washing to cut down on ironing. Two radio broadcasts and one news article has also been used regarding this.

5. Arts and Crafts

Objectives

1. To assist homemakers in learning to give inexpensive gifts that can be grown or made at home.

Methods and Results

Miss Catherine Perry conducted a leaders training meeting in August for the leaders and agent. Since the clubs had been carrying on alone for six months, only two clubs were represented with four people present. The agent gave all the demonstrations but one using the prepared gifts as illustrative material. Each member received a leaflet on gifts.

Since a number of gifts can be costly, emphasis was placed on inexpensive gifts that the homemaker might make yet if bought in a store ready made would be expensive.

The ladies report that they have received more help from this one demonstration than any other gift demonstration. No report has been given the agent as to how many

34  
72

gifts have been made as a result of the demonstration since it was the October meeting, but a number have requested patterns and several clubs have requested the members make the Christmas presents to exchange at their Christmas party.

6. Landscaping

a. Developing Flower Borders

Objectives

1. To assist homemakers in learning how to plan, and develop artistic flower borders.
2. To assist homemakers in learning to appreciate the simple rules of landscaping in keeping the lawn uncluttered.

Methods and Results

Mr. A. G. Smith, Jr., Associate Extension Horticulturist V.P.I., conducted a leaders training meeting in August to develop the leaders for the September meeting. Leaders from four of the six clubs ask to attend were present. The local garden club members were invited and non-club members that had shown special interest in this field were also invited.

Special pictures were mounted to help with the club demonstration and an outline of Mr. Smith's discussion was given to each member. This outline was compiled in a way to be used as reference as needed. Available bulletins were also distributed. Three demonstrations were given by the leaders. Nine were given by agent.

Two news items have been written and one radio broadcast given on flower borders. Four result demonstrations are in progress on landscaping in the county. Due to unforeseen delays these have not been completed.

B. Other Activities

1. Home Demonstration Club Community Projects

Some outstanding projects undertaken by the home demonstration clubs are raising money to purchase a hospital bed to be used in the community and bed lifts. One club has recently purchased a bed which was immediately rented by a resident in the community who at the present time has asked the club to sell it to her.

Another club found so much demand for their one bed even the members were unable to get it when needed so they raised money and bought the second one to be used by members only. This same club has been in the process of raising money for a lift. They realized their goal in November and have ordered the lift. They are now talking in terms of a wheel chair.

Approximately half the clubs in the county have definite projects which they feel will make the community a better place in which to live.

2. County Objectives

Each of the 12 organized home demonstration clubs participated in working toward our county goals as recommended by the County Home Demonstration Committee.

Following are the objectives:

Aim: "Strive to be a Better Citizen"

- a. To increase club membership by taking information to non-club members.
- b. To pay State Federation dues by January 1st.
- c. To have two delegates from county to attend the Institute of Rural Affairs. (Expenses for room to be paid by county.)
- d. To have leaders give six (6) demonstrations.
- e. To encourage all members to take a more active part in County Fair.
- f. To be more helpful to the needy and sick in the community.
- g. To have representatives from each club attend county meeting.
- h. To have a county-wide Harvest Festival.
- i. To strive to have a better knowledge of our finer arts, music, literature, craft, painting, etc.

As a result of the objective 14 women attended the Institute of Rural Affairs and all the twelve home demonstration clubs paid their county and state dues.

The leaders gave at least 6 of the demonstrations in 8 of the clubs but this was probably due to no alternative since the county was without a home agent for six months. Leadership is one of the weakest points in the Home Demonstration Clubs as the capable ones do not want to assume the responsibility.

There were seven club exhibits at the County Fair and a large number of the members exhibited individually.

72

Thirty-two club ladies from different clubs supervised the Homemaking Department at the fair.

Eight of the twelve Home Demonstration Clubs were represented at the fall planning meeting.

Many of the Home Demonstration Club ladies took part in the harvest festival in Galax.

### 3. Trophy

A trophy was awarded to the Home Demonstration Club that had done outstanding work this year. This is the second year this has been sponsored by the Hillsville Chamber of Commerce. Dalton Hill Home Demonstration Club received this at the achievement day with a total of 3,300 points.

As before mentioned the leadership in Carroll County is not strong. It is hoped that through the use of the trophy it may be strengthened.

### 4. Home Demonstration Pins

Nine home demonstration pins were awarded this year to outstanding members. The rules for receiving the pin were changed at the fall planning meeting and individual goals set-up so it will be possible for every member to receive a pin.

### 5. Result Demonstrations

Fourteen result demonstrations were conducted this year with nine demonstrators. Of the thirteen demonstrations conducted four are landscaping, four new homes, three are doing house furnishings, three are remodeling. Again the club members have felt the absence of an agent as these

demonstrations have not been visited by groups as they should have been in order to get the full benefit of them.

6. Federation Goal - Citizenship

① Objectives as outlined by the county committee at the county planning meeting are as follows:

Aim: "We are duly bound to be informed citizens, to know the facts of our public affairs, to camouflage these facts from neither ourselves nor others and to be statesmen in exerting our influence."

Herrell De Graff

- a. Each club make a study of citizenship - local and county.
  - (1) School Government
  - (2) County Officers
  - (3) Taxation.
- b. Each club co-operate with any local Civil Defense Program.
  1. Home Nursing - preparing our homes and families for emergencies.
  2. Familiarizing ourselves with the Civil Defense public action signals.
  3. Bloodmobile.
- c. Each member strive to have a better understanding of juvenile delinquency.
- d. Help youth to understand their responsibilities in the home and in the community. Example - Scouts, 4-H Clubs.
- e. Each club devote time at one club meeting to discuss "How to Get Along with People."

Mrs. Houston Bowsan, County Federation Chairman, developed the club Federation program chairman to give the demonstration in February on citizenship.

#### 7. Achievement Program

The club women held their annual Achievement Program on September 21 at the Hillsville High School with approximately 150 attending.

Mr. R. R. Reynolds, Superintendent of Schools, Hillsville, Virginia, was guest speaker. Mr. Reynold's topic was citizenship.

The Rhythm Bands from Ivy Hill and Mine Branch h-H Clubs, under the supervision of Mrs. W. R. Morse, Fancy Gap H. D. Club, gave five selections.

Forty-one reading certificates and nine home demonstration pins were awarded. Mrs. Hyatt Shockley, President of Dalton Hill H. D. Club, accepted the trophy from the Hillsville Chamber of Commerce representative George Cooley. County h-H girls served as ushers.

#### 8. Community Clubs

Each of the two community clubs have made many and varied improvements this year. These include remodeling churches, building a community center, building and lighting a community picnic area, being instrumental in getting a new, much needed, consolidated school built in the community, and other projects too numerous to mention.

Both Fancy Gap and Island Creek entered the Bristol area community Improvement Contest. Fancy Gap placed first in the county and third in the area with Island Creek placing second in the county.

Galax Chamber of Commerce sponsored the group with Hillsville Chamber of Commerce co-sponsor. The prizes were awarded at a climax meeting in Galax.

The activities of the clubs have been well planned

## VI. Farm and Home Development

### A. Methods Used in Selecting Families

The county agricultural agent and the county home demonstration agent discussed the possible families that would cooperate with the farm and home program.

Some of the families were approached in the field and some in the office. The extension agents were together when some families were approached and were separate when others were introduced to the program.

Those families which were selected were the ones which the agents felt would cooperate with the program and would make a certain amount of progress each year.

### B. What Has Been Done to Acquaint Local Leaders

The farm and home development program has been explained to the home demonstration members and to leaders in communities. One meeting was called of the leaders in the county to explain the program. Mr. P. B. Douglas and Miss Edith Vaughan helped conduct this meeting.

### C. Progress of One Family

Although Carroll County has only recently been made a pilot county under the Farm and Home Development Program, considerable progress has been made with the families whom the county and home agent have assisted.

One family, the Roscoe Gárdners, who operate a sixty-five acre farm near Hillsville, made excellent progress over the past year with the Farm and Home Development Program.

Miss Amelia Fuller, Farm and Home Specialist, along with the county and home agents visited Mr. and Mrs. Gardner and their two small children early in August in regard to the Farm and Home Development Program, and had a friendly chat which later developed into their future plans on the farm and home. On a previous visit by the county and home agent the Farm and Home Development Program was discussed with the family and they indicated that they would be glad to have any assistance that could be offered through this phase of the Extension work.

Two main objectives were established; complete development of the farm, and plans for the construction of a new home.

Mr. and Mrs. Gardner realized that before any material increase in their income could be had, most of their efforts would have to be placed on the development of the farm and the Grade A dairy which they hope to be operating in the very near future.

At present, Mr. Gardner is operating a Grade C dairy and is now rapidly developing toward a Grade A operation.

Originally, Mr. and Mrs. Gardner had planned on building a dairy barn, but after discussing the economy and trend in dairy buildings, they decided to build a milking parlor to be used in connection with a loafing shed. This saved considerable money and they are very much pleased with the present set-up. In the construction, assistance was given by the V.P.I. Extension Agricultural Engineering Department. Mr. Gardner has done, and is doing most all of the construction.

Mr. J. A. Waller, Associate Extension Agricultural Engineer, V.P.I., and the county agent worked with Mr. Gardner on solving his water problem. He now has a new dug well near his dairy in addition to a spring supply at the old home place approximately four hundred yards away. This will take care of all his water needs including the new home which is to be built in the near future.

Mrs. Gardner participated in discussion of the total farm operations and has a thorough understanding of the farm operation in relation to the home and its future development and surroundings. In addition to managing the home, Mrs. Gardner does a great deal of work at the dairy; this releases Mr. Gardner to do part-time work away from home which helps to supplement their income.

Mrs. Gardner is also quite a good seamstress but needs quite a little help on various steps of this. She makes almost all her clothes, her daughter's, and as many of the son's clothing as is possible to make at home such as shirts, pajamas, etc.

The home agent has been assisting Mrs. Gardner in selection of material, pattern and clothing construction. She has recently finished the construction of her daughter's winter coat.

In the future plans, the Gardners plan to build a ranch-type home located on the west of the barn and milking parlor. Much thought was given to the location of the house with regards to convenience and any offensive odors that might be present.

The Extension Agents shall continue to assist the Gardners in carrying through on proposed plans on the farm and in the home.

34  
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VII. 4-H Club Work

A. Project Work

Until this year Carroll County had been having the girls and boys separate in the 4-H Clubs. The home agent worked with the girls and the county agent worked with the boys. This year the boys and girls clubs met together with safety as the in-school project.

1. Safety

Objectives

1. Help 4-H members to understand their part in safety at home, on the highway, at school, etc.
2. Teach 4-H members to help others, when necessary, to promote safety in their homes.

Methods and Results

- A demonstration was given at each monthly meeting.
1. The county agent did most of this with a little help from leaders as there was no home agent.

2. Clothing

Objectives

1. Understanding the need for good sewing practices.
2. Learning the suitability of colors and quality of material.
3. Learning good practices and technique in sewing.
4. Recognizing principles which make sewing economical.

Methods and Results

The agent and leaders gave demonstrations in helping the girls with the selection of patterns and material to

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suit the occasion the garment would be used for. The color was also discussed and the right combination of colors was emphasized.

The 4-H girls were taught the need of careful construction of a garment for serviceability and appearance.

The girls were encouraged to give demonstrations to the club on different phases of the selection and construction of a garment. After garments were made they were exhibited to the group for comments.

As a result of the work done in clothing, Jane Sowers, Gladesboro 4-H Club, entered the District clothing dress review and was placed in the yellow ribbon group. Janet Iroler competed in the state clothing dress review at V.P.I. during Short Course.

225 garments have been constructed and 402 articles.

The practice of good grooming is quite evident.

### 3. Foods and Nutrition

#### a. Meal Preparation

##### Objectives

1. To learn simple table setting.
2. To learn to plan, prepare and serve a meal.
3. To complete all requirements of the project.

##### Methods and Results

Method demonstrations were given to the groups by the home agent, by the adult leaders and by junior leaders. Various foods were prepared, meals planned, prepared and served.

Fifty-eight members were enrolled with 43 members completing. 270 dishes were prepared and 58 meals served.

#### 4. Health

##### Objectives

1. Learn need of safe guarding health.
2. Learn daily requirements to remain healthy.
3. Aid others in guarding their health.

##### Methods and Results

Members were taught the need of an adequate number of hours of sleep in a well ventilated room, the importance of the proper food, how to care for their teeth, skin, hands and hair.

Six h-H members took the health project with 6 completing.

#### 5. Home Grounds Beautification

##### Objectives

1. Plant shrubs, flowers and trees.
2. Clean lawn and care for it.

##### Methods and Results

The h-H club members were instructed in the planting of flowers, shrubs and trees. They learned the need for landscaping and as a result of this project children from one of the schools are making plans to landscape their school ground.

#### B. Other Activities

##### 1. Camp

Seven girls and 11 boys attended camp in June this year at Camp Summers, West Virginia. The group was accompanied

by the county agent, the assistant county agent and one leader.

2. Short Course

Two boys and two girls attended 4-H short course. These were Janette Iroler, Mary Louise Largen, Melvin Beckner, and Billy Largen.

Janette entered the dress review as district winner.

Short course was quite a challenge to the boys and girls inspiring them to return to their club and work toward being a district winner in order to be eligible to compete in the state contest.

VIII. Scope of Work

A.

	1952	1953	1954	1955	1956
No. H. D. Clubs or Groups	20	13	15	15	12
Membership	504	287	330	328	266
No. 4-H Clubs	15	15	16	16	24
Membership	381	310	263	377	
No. other families reached	2260	2576	2830	2573	2425
No. different families reached	3300	3550	3423	3619	3600
No. of community clubs		4	4	4	2
Membership		787	723	741	245

\* Figures for 1952 in lines 1 and 2 contain H. D. and Community Club organization and membership.

B. Work to Increase Scope of Work and to Publicize Home Demonstration Work

To publicize the work, the home agent used radio, newspaper, and circular letters, to inform the people of the county of the coming events, meeting dates, success of the programs that were held and of information that was timely.

74  
72

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A summary of the annual report will be sent to county officials and outstanding leaders of the county.

Club members are urged to share with others the knowledge gained in H. D. Clubs. Each member is encouraged to strive to enlist her neighbor as an active H. D. Member.

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IX. Organization

A. County Home Demonstration Club Committee

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The County H. D. Committee is composed of the H. D. club presidents, the program development chairmen, the Federation Program chairmen, the county H. D. committee officers and key women who have been influential in the progress of the home demonstration program for several years.

There have been two meetings of the committee this year -- one in the spring and one in the fall. The District Agent has assisted the group at both these meetings.

The spring planning meeting consisted of making plans for the District meeting, Achievement Program, County Fair, and Federation Goal Activities.

At the fall planning meeting the chosen club program was organized for the coming March, the president and secretary were elected for the next two years. Goals were set up for the club pin, county objectives, Federation goals and trophy points.

B. County Agricultural Extension Service Board

Although attempts have been made to set up a County Agricultural Extension Service Board this has not been successful to date. The county and home agent will keep striving toward this goal.

C. County 4-H Council

The 4-H Council, made up of the officers from the 4-H Clubs, has a membership of over 325 boys and girls. One meeting was held this year at which time new officers were elected, and club officers were trained for their jobs. Seventy-eight attended this meeting with 16 of the 27 schools represented.

X. Leadership

A. Contribution of Leaders to Program

Due to the county being without an agent for 6 months of the year and with two different agents for the other 6 months the leaders have not received as much help as they needed to become strong leaders except for the subject matter leaders. The subject matter leaders were trained for each demonstration by a specialist.

Leadership is, and probably will be for quite a while, the weakest point in the program for Carroll County. The club members seemingly cannot realize the need of the various leaders in the clubs taking an active part as leaders. The agent will strive to continue toward the goal of trained leaders assuming their share of responsibilities.

B. Growth of Leadership

4-H Club Project Leadership	1952	1953	1954	1955	1956
No. project leaders (subject matter)	120	52	56	90	48
No. Federation program chairmen		14	16	16	16
No. program development leaders		13	15	15	21
No. result demonstrators	20	17	18	13	15
No. training meetings by agent	4	5	2	3	0
by specialists	5	5	6	8	7
by district agents		1	1	2	5
Attendance at all training meetings	162	183	125	143	101
No. meetings without an agent	59	51	49	55	60
No. meetings leaders assisted	41	32	123	54	11
Demonstrations by leaders		51	49	55	60
Talks and discussions by leaders		120	292	269	123

Growth of h-h Club Project Leadership	1952	1953	1954	1955	1956
No. club officers	75	97	119	119	153
No. adult project leaders	10	10	11	44	9
No. junior project leaders					
No. result demonstrations					
No. training meetings held by specialists					
by agent	1	0	1	2	2
by district agent					
by members club dept.					
by others					
Total attendance at leader training meetings	11	0	8	5	136
No. h-h leaders trained individually	9	10	11	39	9
No. club meetings held by leader without agent	32	30	85	29	44
No. additional club meetings at which leaders assisted	40	49	69	83	9
No. demonstrations given by adult leaders	39	67	161	96	44
by junior leaders				19	8

C. Outstanding Leader, etc.

Since this agent has been in Carroll County less than five months she feels she is not qualified to pick an outstanding leader, family or club.

Since her time has been so limited she has done nothing outstanding. It is felt by this agent that the advancement being made in h-h Club work for the coming year may result in an outstanding achievement in another year. Plans are underway to get h-h Club work into all the schools that do not have access to home economics or agriculture.

XI. Good Public Relationship

A. Co-workers

The extension staff in Carroll County has increased from two agents to five since July 1, 1956. The agents are striving to work very closely together in every way possible. At least one staff conference is held each week to make necessary plans. The

57  
72

offices are located so the agents can work as one big family. Seldom a day passes that some problem isn't discussed between the county agents and the home agents.

Detail plans were made, with all agents present, for the h-H Club work for 1956-57. The agents try to alternate clubs in order that all will have an opportunity to meet every club as many times as possible. The same program will be used in all clubs.

B. Other Professional Workers

All agriculture departments such as Soil Conservation, A.S.C., F.H.A., and Extension Agents share the one conference room. Each tries to check with the others before scheduling a meeting in order not to conflict.

The other workers feel free at any time to call on the home agent for help in any homemaking problem they have. One is building a new home and he has approached the home agent several times on certain problems regarding it.

C. Commercial Interests

The home economists for A.E.P. Company and the home agent cooperate in any way possible. She has helped in the h-H program and the Home Demonstration Clubs. Representatives from the company are anxious to cooperate when possible. The home agent has the use of the A.E.P. kitchen both in Hillsville and Galax at any time she desires unless it is being used by them.

The home agent realizes every professional person has a definite job to do and if they can all cooperate in the numerous jobs more can be done. Something helpful can be learned from every agency

and the more a person learns the stronger she is to do her job and the better she can tie her work in with the work of the county as a whole.

### XII. Professional Improvement

The home agent is a member of the National H.D.A.A., the A.H.E.A. and V.H.E.A. She subscribes to and reads "The Journal of Home Economics" and "What's New in Home Economics" besides the extension magazines and a number of farm magazines. The daily paper is roughly read each day with an eye for latest fashion trends, new food hints or any item that might be of help to the work.

The home agent does not have time to read all she would like to pertaining to her work but tries to make some advancement from week to week.

The home agent has attended a tailoring school held by Miss Iva Byrd Johnson, Clothing Specialist, V.P.I., and Miss Edna Earl Akers, Assistant Clothing and Home Furnishings Specialist, V.P.I. This lasted for a week. At this time she made a strictly tailored suit. One day of photography school was attended also. This was held by Mr. William P. Bradley, Associate Extension Editor, V.P.I. Various other training schools have been held which this agent has taken advantage of.

Not to be overlooked are the two district agents meetings, the state extension conference, 4-H district contest, one day of Institute of Rural affairs. She feels she learns a good deal at each and every one of these meetings each year.

34  
72

The home agent studies any data available pertaining to the county she is working in. Only by this can she work with the people to the best of her ability.

XIII. Brief Appraisal of Work

There is no way in which one can completely evaluate or measure the value of the 1956 extension program.

Visiting in the homes one can see the influence extension programs are having. Talking with homemakers the agents know they are receiving help to enable them to do a better job of homemaking.

The community Improvement Clubs give the agents a definite summary of work accomplished. If this summary could be received from every club, definite evaluation could be made but it is very evident that the entire county is feeling the influence of the home demonstration work by the improvements being made following the way taught by the H.D. program and the 4-H Club also has its accomplishments in the county.

An example of this follows: One 4-H boy in the Gladesboro Club has been a problem child and a problem pupil. This in part was due to being born to old parents. Friends and relatives were becoming very concerned over him and wondering the outcome.

Through 4-H Club work this boy is receiving recognition that he has been seeking. He has done an "about face;" taking part in every club activity, won the free electric trip to Richmond this year, put an electric exhibit in the county fair, and is fast becoming an outstanding 4-H member.

Friends are marveling at his change and needless to say, quite pleased.

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72

If the extension program has accomplished nothing else in Carroll this year, it has been well worth while. This is only one of many boys and girls reached and it is believed each has received some help.

Plans for 1957 are to reach out to more 4-H boys and girls. With additional staff help this will be possible. It is hoped time will permit working a little closer with these.

In the H.D. program it is hoped leaders will accept more and more responsibility. There is plenty material for good leaders if they will only accept the responsibility.