

VIRGINIA

AGRICULTURAL EXTENSION SERVICE HOME DEMONSTRATION WORK

ANNUAL NARRATIVE REPORT

MONTGOMERY

COUNTY

1949

Agent Kate Estes Hoge Dec. 1, 1948 to Nov. 30, 1949
Date worked from to

Assistant Agent Violet Navy Mar. 1, 1949 to Mar. 31, 1949
Date worked from to

Assistant
Agent Alice George July 1, 1949 to Aug. 26, 1949
Date worked from to

Assistant Agent Mary Emma Ellis Oct. 17, 1949 to Nov. 30, 1949
Date worked from to

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III Summary of Accomplishments

1. Adult Work

a. Foods and Nutrition

Four demonstrations were given to this phase of the work, as

follows:

1. Nutrition
2. Oven Meals
3. Buffet Meals
4. Simple Refreshments

As a result of these demonstrations 286 club women report that they are serving more nutritious meals to their families, 146 report that they can note health improvements in the family after putting into effect information gained at the demonstration on Nutrition.

Two hundred and seven persons report using their ovens to a better advantage. Each of these persons are using their ovens for oven meals on an average of 2.6 times per month.

Six hundred and seven buffet meals have been served.

Simple refreshment suggestions have been used 528 times.

The amounts of foods frozen this year as compared with last year shows some increase. The fruits and vegetables frozen in 1948 were 4,120 quarts - meats, 11,170 lbs. In 1949 there were 4,873 quarts of fruits and vegetables and 13,448 lbs. of meat, with 30 club members buying home freezers in 1949.

b. House Furnishings

Three demonstrations were given to this phase of the program.

They were as follows:

1. Bedside Tables
2. Hooked Rugs
3. Pictures - Selection and use

As a result of the demonstration on the making of a simple bedside table, 130 tables have been made.

Fifty-five hooked rugs and mats have been made.

The demonstration on pictures was given in November, therefore, it was impossible for the home agent to obtain complete results for this report.

c. Clothing

1. Good Grooming
2. Sewing Machine Attachments

As a result of the demonstration on Good Grooming, 147 women report having received helpful information, with each woman putting two or more suggestions received into effect. As a result of the demonstration on Sewing Machine Attachments, 108 women report having learned to use one or more of these attachments.

d. Federation Goal

The Federation Goal for the year was Art in Daily Living.

One demonstration during the year was given over to this phase of the work and from five to ten minutes at each club meeting was in charge of the goal chairman. They studied Books, Rural Poems, Rural Magazines, Paintings, Music, Nature Flowers, Shrubs and Trees.

As a result of this program, the women report having read 1,960 books during the year. They have gotten more from their magazines and can recognize more native trees, shrubs and flowers. Have developed a greater appreciation in music.

55 club members report they enjoy classical music more.
103 club members report they enjoy folk songs more.
121 club members report they enjoy semi-classical more.

e. Community Projects

Each club has carried one or more community projects. They have

worked with the needy in the community, have helped improve the local schools, school grounds and lunch rooms. They have helped with the local churches, have cooperated with the Red Cross in working with the Veterans and other drives.

f. Leaders

The leaders as a whole have done an excellent job. They have been responsible for 6 of the 12 demonstrations. During the year they gave a total of 96 demonstrations in 16 communities.

2. 4-H

a. Clothing

1. Learn to Sew

One hundred sixty-five girls made 505 articles, learning thirty-three different sewing processes.

b. Foods and Nutrition

1. Meal Planning, Food Preparation and Service

Thirty-one girls planned 191 dinners, set the table correctly 505 times, and planned, prepared and served 48 club meals. During the year there were 20 active leaders who worked with the 4-H girls. They gave a total of 80 demonstrations to 15 groups in the county.

IV Adult

A. Project Work

1. Nutrition

The home demonstration club women of the county felt a need for more knowledge in how to have a better fed family. They were especially interested in having the latest nutritional information available. They wanted to know how to serve nutritious and attractive meals simply.

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A leader training meeting was held by the State Assistant Foods and Nutrition Specialist, at which time 24 leaders were trained from 16 clubs.

Not only were the excessive use of soft drinks and the eating of sweets between meals, especially among children, greatly reduced in many families, as a result of this demonstration, but they are serving more nutritious meals.

Two hundred and eighty-six club members report that they are giving their families a more adequate diet. One hundred forty-six of these women state they can note health improvements in the family, after putting the information gained at these demonstrations into effect.

2. Oven Meals

Since the Electric Power Company has extended its rural lines to many families in the county within the last few years, many families have bought electric ranges and others have replaced old ones.

The club members were much interested in knowing how to use these ranges to the best advantages. Therefore, they requested a demonstration on Oven Meals.

For these demonstrations the home agent was fortunate in being able to work out a schedule with two of the home economists with the Electric Power Company serving this area.

Demonstrations on Oven Meals were given to the members of 16 home demonstration clubs of the county, at which time a wholesome and nutritious meal was prepared and served. Many problems on the use of the electric range were solved for these women at this time.

As a result of these demonstrations 207 persons report using their ovens to a better advantage. These persons are using their ovens on an average of 2.6 times per month.

3. Buffet Meals

In various discussion groups held over the county, the club women decided there was a definite need for learning how to entertain large groups nicely and simply at meal times. They felt that they needed help on entertaining visiting groups to the community, such as church groups, as well as, entertaining in their homes.

A leader training meeting was held at which time 24 leaders were trained for the demonstration on Buffet Meals, by the State Assistant Foods and Nutrition Specialist. Two leaders were trained by the home agent. The leaders gave 16 demonstrations in 16 different communities on Buffet meals. These meals were prepared and served to a total of 389 persons.

As a result of these demonstrations, the women report that they have served 607 Buffet Meals using information received at the club meeting.

4. Simple Refreshments

The home demonstration club women of Montgomery County often entertain the members of their club and other groups of which they are members. In the discussion groups a need for help on what to serve and how, was brought out. The women were especially interested in knowing how to entertain simply and graciously.

A leader training meeting was held by the Assistant Foods and Nutrition Specialist, at which 29 leaders were trained from 16

clubs on Simple Refreshments. The leaders gave 16 demonstrations in 16 different communities on different types of sweets, sandwiches and beverages suitable for simple refreshments. The leaders took the foods demonstrated and showed how to give a tea in ones home.

As a result of these demonstrations the women of the county report that they have used suggestions and ideas gained at these meetings 528 times.

5. Bedside Table

The request for a demonstration on making Bedside Tables came as a result of club discussion on what can we do to make our bedrooms more convenient, attractive and at the minimum cost. It was learned that many homes did not have a bedside table, and that others felt a need for one in a daughter's or son's room.

A leader training meeting was held by the State Home Furnishings Specialist, at which time 31 leaders were trained in How to Make a Bedside Table.

At the previous meeting to the one at which bedside tables were made, the leaders discussed the bedside table and gave a list of materials needed for the construction of this table in order that those who actually wanted to make a bedside table might have their material ready at the next meeting.

Sixteen demonstrations were given in 16 different clubs by the leaders, assisted by the home agent, at which time each woman who had her material actually constructed a bedside table.

As a result of these demonstrations 130 bedside tables have been

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made and 10 desks for the son or daughter's room.

Plans for more bedside tables and desks to be made by club members, their families and neighbors are under way.

6. Hooked Rugs

The demonstration on Hooked Rugs was selected because the women were interested in making their homes more attractive at minimum cost. Many women felt a need for attractive floor coverings, but did not feel they had the money to buy what they felt they needed and wanted. Too, many of them had old materials on hand that they felt they would like to put to use.

A leader training meeting was held by the State Home Furnishings Specialist, at which time 31 leaders from 16 clubs were trained. They learned to combine colors for rug making, type designs suitable, how to cut strips and the construction of the rug. Each person actually had an opportunity to work on a rug.

These leaders, assisted in some cases by the home agent, gave 16 demonstrations in 16 different communities; at which time, each woman interested was taught to hook and was also given instructions on color selection and combination. Two groups in the county have planned all-day meetings at which time they will get together to work on hooked rugs.

To date the women report having made 55 hooked rugs and mats.

7. Selection and Use of Pictures

After much discussion on ways and means of making the home attractive, the women felt that there was a definite need for some help on the selection and use of pictures in the home, what type pictures and accessories are suitable for the various rooms in the home, how should they be hung and what masterpieces are considered

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suitable. They asked that this demonstration be given by the home agent.

The demonstration on the selection and use of pictures in the home was given by the home agent in 16 communities. For the demonstration the agent gave a discussion on the selection of pictures for the various rooms, size pictures for different spaces, etc. Pictures illustrating the various points were shown and a poster on the right and wrong way to hang pictures was prepared. The framing of various pictures was discussed, the use of mats, etc., - pictures illustrating the various points were shown. Pictures showing balance and rhythm in their relation to the other furniture were contrasted with those lacking these art principals.

Much interest was shown in this demonstration. The women had many questions concerning their individual problems.

This being the last demonstration of the year, it was impossible to get any record of what has been accomplished for this report.

8. Good Grooming

The request for a demonstration on Good Grooming came as a result of club discussions. The club members felt there was a definite need for some help along this line.

Twenty-nine leaders from 16 home demonstration clubs were trained by the Clothing Specialist for this demonstration. These leaders gave 16 demonstrations in 16 different communities in the county. The local Drug Stores were most cooperative in loaning various products now on the market, such as different deodorants available, those that are harmful to clothing and those that are not were on display.

As a result of these demonstrations 149 women stated that they received much helpful information from these demonstrations. They are putting into use 240 suggestions received at this time.

9. Sewing Machine Attachments

The demonstration on Sewing Machine Attachments came as a request from the women in the county. Many of those having sewing machines did not know how to use most of the attachments. A leader training meeting was held by the State Clothing Specialist, at which time 27 leaders were trained in how to use the most commonly used attachments. The leaders were asked to bring their own attachments in order that they might handle and look at them as the use of the attachment was being explained and demonstrated.

The clothing specialist was assisted in this demonstration by a representative from a local Sewing Machine Company, who did an excellent job in demonstrating the attachments.

The leaders were responsible for these demonstrations in their local clubs. In some cases the leaders gave the demonstration, in others, they were able to get a representative from the local Sewing Machine Companies, to put on the demonstration.

As a result of these demonstration 108 women stated that they have learned to use one or more attachments that they did not know how ^{to} use. They also plan to master the use of other attachments as time permits.

10. Other Projects

Two months during the year were left as club choice- December and August. For these months the members chose topics for the demonstrations that they especially wanted and felt a need for.

Demonstrations were given on such things as; Landscaping the Home Grounds, by the Landscape Garden Specialist; Flower Arrangements, by members of local garden clubs, who had special training along this line; Book Reviews, by club members who were especially interested in books; Cake Decorating, by a local woman who had special work along this line; and Pattern Adjustment, by a local seamstress.

In addition to these demonstrations most of the clubs planned and gave a Christmas Party and a Picnic in August for their families and friends. In some cases several clubs got together for their picnics. From year to year the communities look forward to these get togethers.

B. Other Activities

1. Federation Goal - Art in Daily Living

After a discussion of the various Federation Goals, Art in Daily Living was selected. The Planning Committee felt that it would be wise to give one meeting over to one phase of the program, since there had been quite a few requests for a demonstration on Books. It was decided that the month of January would be given over to this subject.

The women wanted to know how to read and what literature can do for you. For this demonstration the home agent was able to get Miss Lucy Lancaster, Associate Librarian at V.P.I., who gave six most delightful demonstrations on this subject, over the county, with several clubs meeting together.

As a result of these demonstrations 97 persons reported that books had meant more to them.

Each club president in the county had a copy of the recommended

list of books for home demonstration club women to read. These book lists were checked and discussed from time to time and many of the books read.

The home demonstration club women in the county report having read 1,960 books during the year. Many of these books were obtained through the Bookmobile. The club women are responsible for getting this service into most of their communities.

A County Federation Goal Chairman was appointed, who headed up the work in the county. Each club in the county appointed a Federation Goal Chairman, who gave a 5 to 10 minutes discussion on the various phases of art as outlined.

A leader training meeting for these chairmen was held by Miss Catherine Peery, State Rural Arts Specialist, at which time, 15 leaders were trained on how to carry through on the program as outlined by a committee which was composed of two club Goal Chairmen and the County Goal Chairman.

The year's program consisted of a study of Books, Christmas Music, a study of two artist, some of his paintings, etc; what does one see in her farm magazines, Poems of Rural Life, Land-scaping, Native Shrubs, Trees, Wild Flowers and a display of Creative Arts.

As a result of these discussions, 120 persons stated they had developed a greater appreciation for music within the past year and 52 persons attended concerts during the year. One hundred and twenty-five persons report they have found a greater enjoyment in the reading of Rural Poems. One hundred and forty persons say they get more ideas from their farm magazines that help them

in their farm and home activities. Seventy-six persons state they have learned to recognize one or more native shrubs. Forty-two persons have learned to recognize one or more wild flowers. Sixty-one persons have learned to recognize one or more native trees and ninety-seven persons have improved the landscaping of their home grounds.

2. Community Activities

Each Home Demonstration Club sets up one or more goals each year to work on. This usually has to do with some definite community need. Some of the goals set up and the accomplishments are:

The Roanoke Road Home Demonstration Club did a very creditable piece of community work. Their objectives were:

1. To continue work with an invalid in the community. They made and contributed \$295.42 on hospital and nurses bills for this invalid.
2. Continue work on Community House Fund. They made \$48.00 for their Community House Fund.

The Otey Club continued its work with the local Cemetery. They sold food at two local gatherings and a sale, at which they cleared \$27.00, which they gave toward this project.

The Roanoke Valley Home Demonstration Club reached its objectives by helping a needy family in the community. They gave each of the nine members one or more Christmas presents, three dozen quarts of canned fruits and vegetables, gave them meat, lard, potatoes, apples and oranges and the children some clothing. They sent cards to the sick and four boxes were sent to the shut-ins in their community.

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Three of the clubs in the county helped those at the County Homes. One group took Christmas packages to 52 persons at Fairview Home in Pulaski County, (a home for Montgomery, and Pulaski counties). Two other clubs sent gifts to the Mercy House in Salem.

One club sent 3 baskets to the Mercy House, one for each of the 3 people from Montgomery County.

Another club contributed \$35.00 in clothing, dishes and cooking utensils, which were sold for the aid of the home.

The Cambria Club had a rummage sale and made \$30.00 which they contributed to the Claytor Lake Camp project.

The F.F.A. boys, the F.H.A. girls, the 4-H boys and girls and Home Demonstration club women in the county sold 132 lamps to help with the Claytor Lake Project. Thirty-four of these lamps were sold by the Blacksburg 4-H boys, who led the county in sales.

The clubs have made contributions toward the various drives in the county, which are as follows:

Red Cross, \$45.00 - Cancer \$30.00 - March of Dimes \$8.00 -

Planned Parent Hood \$7.00. This does not include individual contributions.

The club members have also cooperated with the local Red Cross Chapter in working with the Veterans at the Roanoke Veterans Facility. They furnished materials and packed 50 stockings for Christmas and made and contributed 225 dozen cookies to be used for parties and teas for the Veterans.

Three of the club members are Gray Ladies. They have given 700 hours during the year to this work.

The Christiansburg Home Demonstration Club women answered a call

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from the local Red Cross office for donations of beds, mattresses and quilts. They gave 2 beds, 2 springs, 2 mattresses and 2 quilts. The six home demonstration clubs which are located in the Blacksburg Magisterial District and are members of the Blacksburg Community Federation, contributed \$15.00 to the Community Drive. This does not include individual contributions.

The Cambria Home Demonstration Club contributed \$5.00 to its Community Drive. They also contributed \$2.00 to the Cambria Lunch room for the purchase of needed glasses.

The Mt. Tabor club continues work with its Community House and landscaping the grounds of the local parsonage. Just recently they painted the Community House and are now working on building a stage. They have also added some additional plantings to the plans worked out last year with the help of the Landscape Garden Specialist. These are being developed from time to time as they have the money to work with.

Negro Group

The Shawsville Home Demonstration Club sponsored a negro group in their town again this year. Members of the Home Demonstration Club adapted material they received from their club meetings and took it to this group of 8 from time to time.

They have also worked with them on the production of better gardens and poultry. Timely information on these subjects have been carried them from time to time.

Members of the group have also attended some of the Foods demonstrations given by the Shawsville club and carried the information back to this group.

During the National Home Demonstration Week, the Shawsville

Home Demonstration Club gave a baby shower to one of the negro group, which amounted to \$5.00, which included such things as; baby soap, oil, powder, diapers, etc.

They also gave each member a Christmas gift, which included useful articles such as; dishes, cooking utensils, etc.

As a result of this work, the Shawsville women felt that there is a definite improvement in the standard of living among this group and certainly a very kindly and friendly feeling toward the members of the Home Demonstration Club.

3. Year Book

The Home Demonstration Club Year Book was prepared by a group of 8 women from the home demonstration clubs. Five were responsible for the advertisements and three for working up the book and getting it printed. This gives every club member a copy of the program. A space is left for meeting place and date, as well as, a place to record monthly achievements.

4. The Montgomery County Chorus

This chorus is composed of 18 members which has been active since 1935. This group meets twice each month.

They have given two Stephen Foster programs in costume. They gave a nice musical program at two of the Churches in the County, during National Home Demonstration Week.

In November they gave a musical program at the Long Shop Church. During the summer they took a bus trip to see "The Lost Colony." On Friday, November 18, they gave a bazaar and turkey dinner to make money to visit the Azalia Gardens.

5. National Home Demonstration Week

Every club in the county observed National Home Demonstration Week. They held open meetings during the month, at which time a special effort was made to invite non-club members to the meetings. Special Church Services were also held in the various communities. The Montgomery County Chorus sang at two of these services - once in the morning, another in the evening.

V. 4-H Club

1. Project Work

1. Clothing - Learn To Sew

After discussing project work with the 4-H'ers, the 4-H leaders and members of the home demonstration clubs, the need for the 4-H girls to learn to sew was brought out as one of their greatest problems. The objectives as set up were:

1. To teach the girls to use a needle and thimble correctly through the construction of a few simple articles.
2. To teach some of the simple stitches in hand sewing, along with a few decorative stitches.
3. To learn to cut, follow simple directions and how to straighten materials.
4. To develop an appreciation and understanding of a well constructed article.

Illustrative material for this project was worked up by the home agent and her assistant. The following articles were made: Needle Case, Wrist Pin Cushion, Tea Towel, Head Scarf, a simple Blouse, a Broomstick Skirt and an Apron.

The twenty 4-H leaders were then trained in the making of these articles. The articles made by the home agent and leaders were used as illustrative material in working with the girls in their respective groups.

There were 15 clubs in the county taking this project. Much time was spent by the agent and leaders in working with the girls on their sewing, since practically no one had any previous experience in this type of work.

The 20 leaders held 30 additional meetings with their groups. This was over and above the time given at the regular monthly meetings.

Each girl displayed the articles she made at her own club. Each of these articles were judged by the group, giving both good and bad points, and showing how they might have been improved.

There were 165 members enrolled with 165 completing. The 165 girls made a total of 505 articles. In addition to this, each girl equipped a sewing box.

There were 33 different stitches and sewing processes checked as having been learned by these girls. The construction of 7 different articles was taught. Articles made by these girls were displayed at both community and county fairs.

2. Meal Planning, Food Preparation and Service

A number of the rural girls of Montgomery County helped with some phase of ~~of~~ the cooking. In a few cases they have the entire responsibility. These girls were especially anxious to learn more about meal planning, preparation and service. There were 75 girls who expressed a desire to carry this project

during the summer months.

A leader training meeting was held by the home agent at which time 8 leaders were trained. A simple meal was planned, prepared and served. An outline for the project was prepared, discussed and planned just what should be accomplished at each meeting. As a result of the training meeting, the leaders held from 3 to 4 meetings (depending on the length of meeting) in each club, giving several demonstrations at one meeting.

Thirty-one girls turned in completed records on this project. One hundred ninety-one family dinners were planned by these girls. The table was set correctly 505 times. One hundred forty-six milk dishes were prepared and served. One hundred forty salads were prepared and served. They all helped prepare and serve club refreshments, and each girl helped prepare and serve both breakfast and lunch at the club meetings.

All foods prepared and served were judged. The club members brought a total of 38 foods to be judged, that they had made at home. The 31 girls gave a total of 58 demonstrations.

B. Other Activities

1. 4-H Camp

The Montgomery 4-H Camp was held in connection with four other counties. Sixteen 4-H club girls, 7 boys and 3 leaders attended this camp from the county. One week was spent at Camp Summers near Hinton, West Virginia. There were a total of 146 campers in the group.

Previous to camp week, the leaders were given training in what their duties and responsibilities would be. While at camp the

boys and girls were given special training in Better Methods in use of electricity, table manners and conversation, the construction of Bird Houses, Swimming and other forms of recreation.

VI. Older Youth

The Prices Fork community decided they would like to start on an older youth group. Mr. W. W. Bure, Older Youth Specialist, worked with the farm and home agent and with the young folks of the Prices Fork Community. Recreational meetings and topics of interest to the group were discussed and plans for a permanent organization were being worked on. Five meetings were held during the year with a membership of 58.

VII. Scope of Work

	1948	1949
Number Home Demonstration Clubs or Groups	17	17
Membership	349	355
No. A-H Clubs	14	15
Membership	195	165
Number Older Youth Groups	0	1
Membership	0	58
Number of other families reached	1948 1506	1949 1460
Total number families reached	1948 2200	1949 2300

VIII. Organizations Functioning in the 1949 Program

1. County Home Demonstration Committee

This committee is composed of the President of the 16 Home Demonstration clubs plus the county officers and members-at-large. It is through this committee that plans are made and carried out for the year's program of work. It is through this group that the home agent works as a professional worker in the county in helping the members first, to recognize their problems and second, to solve their problems.

This group met twice during 1949 - once in September when the Program

of Work was developed and again in June when the Progress of Work todate was discussed, and a discussion on whether or not changes in the program for the rest of the year should be made. Plans for developing the rest of the year's program and the date for the fall planning meeting were discussed. Who should attend this meeting and what part does the program development leader play in helping to shape up the next year's program were topics for discussion and decision. Coming events at the State Agricultural College were announced, who will attend these meetings, 4-H Camp and other meetings that take the home agent out of her county, are a few of the things that are discussed.

2. County 4-H Council

The County Council is made up of the officers of the various clubs. The Council met twice during the year - once in the fall, at which time they reorganized the Council, set up the objectives for the year and trained the various officers in their respective duties. At this meeting 39 officers were trained in their respective duties and responsibilities.

Another meeting was held in May, at which time plans for summer projects and 4-H Camp were made. State and National Camps, County and State Contests were all matters for discussion and decision.

IX. Activities of Leaders

A. Adult

1. Organization

Each organized home demonstration club in the county has the following officers: President, Vice-President, Secretary and Treasurer. Each new officer was given help with her duties as an officer by the home agent.

2. Project Leaders

Each club had from two to four project leaders, depending upon whether or not they felt the need for garden and poultry leaders. There were 40 leaders who were responsible for 6 of the demonstrations during the year. These leaders were given special training by the Specialist and gave a total of 96 demonstrations in 16 different clubs during the year.

The 7 garden leaders were sent garden material prepared by the garden specialist, who gave a total of 80 timely discussions at the club meetings.

The 6 poultry leaders were sent poultry material prepared by the poultry specialist who gave a total of 69 timely discussions at the club meetings.

3. Federation Goal

A County Federation Goal chairman was appointed by the county home demonstration chairman. Each of the home demonstration clubs in the county had a Federation Goal chairman, who was appointed by its president.

The county goal chairman and her committee worked out a plan of work for the year.

A leader training meeting was held by the Rural Arts Specialist, at which time 15 leaders were given training on the program as outlined by the committee.

Each club leader in turn gave a 5 to 10 minutes discussion on the phase of the program as outlined or got an outsider to come in and give the discussion.

B. 4-H

1. Organizational

Montgomery County has fifteen 4-H clubs in the county, with 75 officers. These officers were given special training in their respective positions and were responsible for a period of 12 months for carrying on the work and business of the club, with special help from the leaders, and the farm and home agent as it was needed.

Twenty adult 4-H leaders were given training in project work by the home agent. They assisted the home agent with all demonstrations she gave and carried all the summer meetings without the home agent. In June a leader training meeting was held at which time the leaders were trained to carry on the summer projects. They also collected records, secretaries' books, etc., and turned them in to the home agent.

2. Growth of Home Demonstration Club Project Leadership 1948 1949

No. project leaders and goal chairmen	81	70
No. training meetings held By Specialist	5	7
By Agent	4	3
Attendance at all training meetings	150	187
No. Club Meetings held by leaders without agent present	96	96
No. Club Meetings at which leaders assisted	0	8
<u>Growth of 4-H Club Project Leadership</u>	<u>1948</u>	<u>1949</u>
No. adult project leaders	18	20
No. junior project leaders	1	2
No. training meetings held By Specialist	3	0
By Agent	0	2

Attendance at leader training meetings	43	30
No. 4-H leaders trained individually	2	5
No. Club Meetings held by leaders without agent present	42	48
No. Club Meetings at which leaders assisted	48	52
No. Demonstrations given		
By Leaders	94	72
By Adult	94	70
By Junior	0	2

K. Significance of the Year's Work

The home agent feels that the Home Demonstration Program this year has contributed a great deal toward better home making. Club members have had the latest information brought to them on nutrition. Many of the homemakers state they are putting this information into use. One of the first essentials to better living is to have the diet nutritionally adequate.

They have also had the best information available brought to them on the use of the oven and deep-well cooker, and how to entertain simply and graciously.

They have discussed the various phases of art and what it can contribute to a happier and more satisfying life. Demonstrations on making the home and other surroundings more attractive, have all contributed to making an attractive home for the members and their families.

All of the clubs have carried one or more community projects. They have worked with needy families in the community, worked with local schools, helping to improve the school rooms, school grounds, etc., working with Parent Teachers Association on improving lunch rooms, etc. They have contributed to improvements on community parsonage, churches, cemeteries and community houses. They have given of their time by working with the Veterans at the Veterans Hospital in Roanoke, making cookies and filling

Christmas stockings to help add to their pleasure and happiness. They have worked with the youth in the community by supplying 4-H leaders in most cases for the local 4-H clubs. They have contributed to the various drives such as; Red Cross, Cancer, March of Dimes, Planned Parent Hood, Crippled Children and Community Chest Funds.