

1954 PLAN OF WORK

Elizabeth W. Tate  
Home Demonstration Agent

Giles  
County

I. State briefly the county situation considered in working out 1954 program.

According to the last census, more than 22,000 people live in Giles County. About one third of these people are either part time or non-farm families. These families depend upon industries for a living. There is a steady shift of population caused by industry. All of them are cutting off workers which is causing much unrest among the people.

There are 1,070 farms in Giles County with 122,917 acres. Of these farms, 888 are individually owned, 75 part owned, with 104 tenant farmers. There are only 7 negro farmers.

The following industries pay the greatest amount of local taxes:

- (1) Appalachian Electric Power Co.
- (2) Virginian Railway & Limestone Co.
- (3) National Gypsum Company
- (4) Celanese Corporation
- (5) New River Tannery Co.

II. State briefly what you expect the 1954 program to contribute to family living and how this program can be used to increase the Extension influence in your county.

(1) Six hundred seventy one families will be reached through community clubs this year with well rounded programs of recreation, farm and home management, health, and community projects.

(2) Federation Goal - Health and Safety

County Federation Goal Chairmen and 12 club leaders will be trained by the agent to carry out the club and county goals.

- \* 1. Each club member have a complete physical examination annually
- \* 2. Each club member have a chest x-ray every 3 years
3. Encourage planning of better balanced meals
4. Goal chairmen present monthly topics on the following subjects:
  - a. T. B. x-rays
  - b. Civil defense
  - c. Periodic physical check-up, why, when, how
  - d. Safety on the road, Who Me?
  - e. Mental health
  - f. Safety in the home
  - g. Better nutrition

### III. 1954 Program

#### A. Subject Matter Fields in Adult Program

##### I. Health

##### 1. Federation Goal - Health and Safety

###### A. Objectives

- (1) To help homemaker know the health situation and to play ways clubs and individual members might help to improve local needs

###### B. Methods

- (1) Train County Federation Goal Chairmen and club chairmen to carry out county goal
- (2) Club chairmen present timely monthly topics at each meeting

##### 2. Planning Nutritious Breakfast

###### A. Objectives

- (1) To help the homemaker understand the importance of eating a nutritious breakfast

###### B. Methods

- (1) Agent will train leaders in a training meeting to conduct the club meetings
- (2) Use a food guide to select the foods needed for a well balanced breakfast

(3) Use a chart to show the results of a recent study on 138 children's food habits

(4) Demonstration the preparation of oatmeal prune bread

### 3. Milk Dishes for Young and Old

#### A. Objectives

(1) To encourage the use of more milk in the diet

(2) To give homemakers new and interesting milk dishes to prepare

#### B. Methods

(1) Specialist to train leaders

## II. Money Management

### A. Objectives

(1) To help homemaker to understand the need for wise spending of family income

(2) Help homemakers know what we want our money to buy

### B. Methods

(1) Use a flannel board to illustrate

- a. income
- b. fixed expenditures
- c. flexible expenditures
- d. day to day expenditures

(2) Distribute to club members a plan for spending their money

## III. Pruning Small Fruits

### A. Objectives

(1) To teach homemakers to prune brambles and grapes

### B. Methods

(1) County wide training meeting conducted by specialist at V. P. I.

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#### IV. Selecting Children's Clothes

##### A. Objectives

- (1) To help the young homemakers to select wisely, clothing for her family

##### B. Methods

- (1) Meetings in groups of interested persons
- (2) Samples of self help features
- (3) Materials suitable for children's clothes

#### V. Developing Outdoor Living Area

##### A. Objectives

- (1) To help the homemakers have a more attractive outdoor living area

##### B. Methods

- (1) Agent to show a plan for outdoor living to include comfortable chairs, table and fire place that homemakers can easily afford and enjoy
- (2) Tour result demonstrations

#### VI. Flower Arrangement in the Home

##### A. Objectives

- (1) The homemaker to be able to make simple attractive flower arrangements

##### B. Methods

- (1) Club members to bring arrangement to meeting
- (2) Discuss the arrangement brought
- (3) Demonstrate principles of arrangement
- (4) Make any changes that will improve arrangement brought

## VII. Selection and Care of New Fabrics for The Living Room

### A. Objectives

- (1) To help homemakers to become acquainted with the new fabrics on the market and to select pleasing color schemes

### B. Methods

- (1) Agent to show samples and characteristics of the new fabrics
- (2) Agent to demonstrate cleaning of new fabrics
- (3) Agent to show new trends in fabrics and color combinations

## B. Subject Matter Fields in 4-H Program

### I. Home Improvement

#### A. Objectives

- (1) To assist girls to have a more attractive home
- (2) To learn skills and techniques of home care

#### B. Methods

- (1) Make one or more simple articles needed for the room
- (2) Demonstrate arrangement of furniture
- (3) Learn how to arrange fresh flowers
- (4) Practice keeping clothes in a place provided for them daily
- (5) Improve lighting in room

### II. Farm and Home Electric Project

#### A. Objectives

- (1) To teach something about electricity and its practical use in the home and on the farm
- (2) To improve the lighting in the home
- (3) To learn how to repair service cords
- (4) To learn about fuses and how to replace them

- (5) To learn how to care for electrical appliances

B. Methods

- (1) Show picture on electricity and its uses
- (2) Demonstrate correct lighting - club members will rewire an old lamp or convert a lamp
- (3) With help from A. E. P. representatives show members in small groups how to repair service cords
- (4) Demonstrate care for electric appliances

IV. Other Activities

A. Adult

1. School Programs - Urge all clubs to assist in P. T. A. organizations. Shower school with needed articles - 3 new schools in rural areas need lunchroom equipment.
2. Campaigns and Drives - All clubs will assist in county campaigns in raising funds for March of Dimes, T. E. Seals, Cancer, Red Cross, and Crippled Children's Fund.
3. Community Improvement Organization - Interest more people in community clubs. Organize 1 new club.
4. Federation Goal - Clubs to present a monthly topic at each meeting. Urge all club women to have a complete physical examination.
5. National H. D. Week - All clubs will devote time to recognition of National Home Demonstration Week. Representatives from all clubs will attend district meeting.
6. Newport Community Fair - Three H. D. and 3 4-H clubs serve on committees in planning objectives for this fair.

B. 4-H Club

1. District 4-H Camp - All girls completing satisfactory project work will be eligible to attend 4-H camp.
2. State Short Course - The quota of official representatives plan to attend the Short Course. Plan to nominate a delegate to All Star Chapter.
3. Conservation Camp - The quota of official representatives plan to attend the Conservation Camp at Camp Farrar.

4. Rural Life Sunday - All clubs plan to celebrate Rural Life Sunday in their community churches. Churches will be contacted by leaders or agent in advance of date for planning such a program for this special service.
5. County 4-H Council - Delegates from all clubs will be represented at meetings of county council.
6. National 4-H Week - Clubs plan special program and exhibits for observance of National 4-H Week.

V. Scope of Work:

A. <u>Organization</u>	No. in	No. in	No. in	No. in	Goal
	1950	1951	1952	1953	1954
Number of Home demonstration clubs	14	12	12	12	14
Membership	284	272	264	277	300
Number of 4-H clubs	10	18	18	16	18
Membership	164	242	294	232	400
Number of young men & women's clubs		1	1	1	1
Membership		38	30	40	40
Community Improvement clubs			3	6	5
Membership			112	671	700
Other organizations		2	2		
B. Number of families reached through:					
Home demonstration clubs	720	850	1120	1120	
4-H clubs	192	275	275	325	
Young adult clubs					
Special interest groups		25	26	21	20
Result demonstrations	22	35	35	40	40
Home visits	211	250	251	273	290
Contacts by club members	700	770	650	545	650
Other (newspaper, radio, county meetings, etc.)	450	600	650	675	700
Estimate number of different families reached through above means	450	600	1120	1120	1150

VI. Describe plan for using the following organizations to strengthen the Extension program in 1954:

- A. County Home Demonstration Committee - The home agent will rely upon the dependability and loyal cooperation of the Giles County Home Demonstration Committee. This committee meets every six months for planning and organizing the county program.
- B. County 4-H Council - The council meets three times a year to plan the county program. Officers and leaders are trained at these meetings.
- C. County Honor Club - Plans are underway to organize an honor club to recognize older club members doing outstanding work.
- D. County All Stars - No all stars have been recommended from Giles County until last year. Last year, there was 1 girl recommended and accepted. This year we hope to make two recommendations.
- E. County 4-H Project Committee - This committee will meet in the early fall to select suitable 4-H projects to be carried by clubs for 1 year.

VII. Plan for Leadership:

A. Home Demonstration	No. in <u>1950</u>	No. in <u>1951</u>	No. in <u>1952</u>	No. in <u>1953</u>	Goal <u>1954</u>
Number project leaders	88	100	120	125	130
Number federation goal chairmen	10	10	12	14	14
Number of program development leaders	14	16	12	14	14
Number of result demonstrators	22	35	35	40	50
Number of meetings at which leaders were trained by district agents	2	2	2	1	2
Number of meetings at which leaders were trained by specialist	5	4	5	2	2
Number of meetings at which leaders were trained by agent				1	3
Attendance at all training meetings	290	315	150	110	125
Number club meetings held by leaders without agent present	5	6	27	56	42
Total number of demonstrations given by leaders	525	600	140	175	175
Total number of talks or discussion by leaders	11	35	40	40	45

B. 4-H Club	No. in <u>1950</u>	No. in <u>1951</u>	No. in <u>1952</u>	No. in <u>1953</u>	Goal <u>1954</u>
Number of 4-H Club Officers	30	36	90	75	90
Number adult project leaders	13	35	8	12	20
Number junior project leaders	5	24	4	24	40
Number of result demonstrators	12	34	30	20	25
Number of meetings at which leaders were trained by specialist	1	5	1	0	0
Number of meetings at which leaders were trained by district agent	0	0	0	0	0
Number of meetings at which leaders were trained by agent	1	2	3	4	4
Number of meetings at which leaders were trained by personnel in 4-H department	0	0	0	0	0
Attendance at leader training meetings	11	150	69	112	110
Number 4-H leaders trained individually	11	75	6	24	40
Number club meetings held by leaders without agent present	2	4	0	6	12
Number demonstrations given by adult leaders	2	30	1	24	60
Number demonstrations given by junior leaders	17	50	6	43	60
C. Young Men and Women's Clubs					
Number club officers		8	8	8	8
Number of adult leaders or sponsors		1	1	1	1

VIII. State what you consider to be your most difficult problems in carrying out the Extension program in your county. Give your plans for meeting each problem.

A. Problem 1 - 4-H Leaders -

Lack of active 4-H club leaders to carry on a successful 4-H program.

B. Plans to solve problem

(1) Stress the importance of adult leaders to 4-H Clubs.

- (2) 4-H Clubs will elect 2 leaders. These leaders will be visited by a committee from the club to see if they will serve. Agent then will call on leader to give her information and outline duties. A folder of 4-H materials will be left with her.
- (3) Agent will make a survey of All Stars and former 4-H members and leaders.
- (4) Agent pointed out lack of leadership in 4-H program at County Home Demonstration Committee meeting.

C. Problem 2 -

Lack of cooperation with school officials

D. Plans to solve problem

- (1) To build a stronger 4-H program which will make the schools proud to be associated with.
- (2) Have clubs to carry at least one community project. This project will be guided toward doing some needed thing for the school.
- (3) Invite school officials to 4-H meetings, so they will see and know the 4-H program.

IX. Plans for work with other agencies

1. P. T. A. Council - help with program planning, give assistance when CALLED upon.
2. Chamber of Commerce - assist with plans for community clubs.
3. T. B. Association - distribute literature, urge clubs to contribute to T. B. drive.
4. Red Cross - assist with emergency calls, urge Home Demonstration Clubs and Community Clubs to donate to Bloodmobile.
5. Health Department - assist with health programs in the county and support all clean up campaigns and clinics.
6. Welfare Department - assist need families through local Home Demonstration Clubs.

X. Describe your plan for developing good public relations in county with:

A. Elected representatives

- (1) Invite representatives to outstanding club programs, Achievement Day, etc.
- (2) Visit meeting of Board of Supervisors, give them monthly report, and annual report of work.

- (3) Keep progress of work before them with good news stories.
- (4) Invite them to community clubs and home demonstration tours.

B. General Public

- (1) Greet the public with a friendly and welcoming attitude.
- (2) Have time to hear and help office callers.
- (3) Keep office an attractive and inspirational place to receive callers.
- (4) Members of the public, from civic clubs, industry, etc. will be asked to judge the community contest, visit result demonstrations and tours.
- (5) Informed through articles published in local newspaper.

C. Co-Workers

- (1) Invite co-workers to planning meeting and outstanding meeting so they will know work being presented.
- (2) Office conferences.

D. Commercial interests - Visit stores to see and ask about new things on market. Also to find out what the people are buying.

XI. Give plan for recording progress and evaluating programs as planned for 1954.

1. Leadership growth
2. Check sheet at end of year for individual club member
3. Result demonstrations
4. Standard goals for each club printed in year book
5. Growth in enrollment
6. Try to organize 2 new Home Demonstration Clubs

XII. Plans for professional improvement:

A. Organized study

1. Schools

- a. Finished an extension course May 1952 from V. P. I. in advance child nutrition.
- b. Attended extension school In Arkansas in summer 1953.

B. Reading professional books and other publications

1. What's New in Home Economics
2. Forecast
3. National Journal of Home Economics
4. Good Housekeeping
5. Ladies Home Journal
6. Better Homes and Gardens
7. The American Home
8. McCall's
9. Saturday Evening Post
10. Roanoke Times
11. Extension Service News

C. Membership in professional organizations

1. Virginia Home Economics Association
2. American Home Economics Association
3. Virginia Home Demonstration Agents' Association

D. Participating in programs, workshops, planned by other organizations

Agent will attend programs of this nature when called upon

E. Planned Education Trips

1. Plan to use vacation time for trip of interest and recreation
2. Agent will welcome opportunity for such trips when it does not interfere with official work.



MRS. ELIZABETH W. TATE  
COUNTY HOME DEMONSTRATION AGENT  
GILES COUNTY, VIRGINIA

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IV. Describe briefly the county situation as it affected the 1954 Program.

Giles County (land area 356 square miles or 227,840 acres) lies in the Alleghany Mountains. Temperatures average 38° in January, 80° in July. Precipitation is about thirty nine inches a year. Altitudes above sea level vary from 1,470 feet where the New River leaves the county to 4,348 feet on Bald Knob of Salt Pond Mountain. Mountain Lake, about four thousand feet up on Salt Pond Mountain is the lake of highest elevation east of the Rockies and is a well-known summer resort. At Narrows, the New River cuts through the mountains in a gorge which marks the entrance to the rich Pocahontas Coal Fields of West Virginia and through which 2 railroads and 2 highways pass. At Glen Lyn, just below Narrows, the Appalachian Electric Power Company has a power plant with capacity of 195,000 kilowatts.

About one half of the county is forested. Many acres are included in the Jefferson National Forest. Not much lumber is being cut now, but Giles farmers are selling mine props, fence posts, trees, and tanning bark, with some standing timber. Mineral resources include iron and manganese ores, sandstone, limestone, and shale. Several large quarries produce limestone for agricultural and chemical lime, rock dust, ballast and building stone. Manganese deposits on the Giles-Bland border are again being worked.

Fertile limestone soils along the streams produce good crops and pastures. The biggest part of the farm income is from beef cattle and calves, sheep, and hogs. Dairy products, poultry, fruits and forest products also contribute. Three-fourths of all farms are now part-time or

residential and two thirds report more income from other sources than sales of farm products, for today many farms have one or more members of the family working in local industrial plants.

Although, Giles has long had some substantial industries, it was the opening of the Celanese Corporation Plant in 1940 that no longer made the county primarily agricultural. In addition to acetate flake yarn and fiber produced by this great plant which employs more than 3,000, Giles has other manufactures which include shoe leather, limestone, limestone products of many types, lumber, concrete blocks, and grist mill products.

## V. ADULT WORK

### A. Project Work

#### 1. Foods and Nutrition

A recent study made with 138 children in the 5 high schools in Giles County, shows that 84% had inadequate diet and that 74% are in need of dental care. Two and one half out of 10 eat green leafy and yellow vegetables, 9 out of 10 eat bread, 9 out of 10 eat protein, mostly beans and bacon; 3 out of 10 eat citrus fruits, 1 out of 10 drink milk, 2½ out of 10 eat potatoes and other vegetables, 4½ out of 10 eat butter, 3½ out of 10 eat free sweets. These facts when made known to our home demonstration women, some whose children were included in the study; were acted upon immediately. At the Fall Planning meeting, 2 topics were included in the year's program which would help homemakers to see that her family were better fed. Many of these homemakers have small children in their families.

#### a. Planning Nutritious Breakfast

The agent trained 24 food leaders to give this demonstration in January. The problem of getting

children to eat a good breakfast was discussed. Making the meal interesting with new foods and attractive table was demonstrated. Oatmeal Prune Bread was prepared and served. The agent also used a food guide to select the foods needed for a well balanced breakfast.

News articles were written for the county paper. As a result, several people called on the agent to talk over her individual breakfast problem. Two hundred seventy five leaflets on "Planning Nutritious Breakfast" were distributed to club and non club women. One hundred sixty club women report using information given them on "Planning Nutritious Breakfast".

#### b. Milk Dishes for Young and Old

"Milk Dishes for Young and Old was planned in our program when women realized so few children were drinking milk and they themselves, were not including it in their diet.

Mrs. Mary L. Thompson, Food Specialist, at V. P. I. trained 19 leaders to give this demonstration in their club. Emphasis was given to new and interesting milk dishes to prepare. This topic is being used in the clubs during November and it is too early to have a report on result of this demonstration. However, the recipes for Fluffy Batter Bread is very popular and I find it is talked about in almost every group of club women.

## II. Clothing

Due to the fact, that more than half of the home demonstration enrollment in Giles are young homemakers with children of pre-school age, the program has centered around interest of this group. In March and April, 5 clinics were held on "Making Children's Clothes". Forty seven garments were made and 18 children modeled in a Spring Fashion Show. Twenty four clothing leaders assisted the agent. In many instances, the homemaker was unable to sew at all when she started to the clinic. Usually, a leader was assigned to work with this person and at the end of 4 days, she was able to sew with confidence. There has been a good carry over in this project as 52 people report having made 2 or more garments following this clinic.

### III. Home Management

Miss Helen Alverson, Home Management Specialist, V. P. I. spent 1 morning helping the agent prepare a demonstration on "Money Management". This was planned to help the homemaker understand the needs for wise spending and to help her determine what she wanted her money to buy. A flannel board was used to illustrate income, fixed expenditures, flexible expenditures, and day to day expenditures. A guide for budgeting money was given to club women who wanted to work out this plan.

Program Development Leaders have given monthly tips on the value of buying war bonds and other timely information on money management.

In December, 9 home demonstration women from 7 clubs attended the all day Laundry Clinic held in Roanoke. These leaders reported to their club timely information gained.

The Home Agent attended a Banking Forum sponsored by the Banks of Giles County in January. This was very valuable in helping women plan their family budget.

### IV. House Furnishings

#### A. Selection and Care of New Fabrics for the Living Room

This program was planned to help homemakers to become acquainted with new fabrics on the market and to select pleasing color schemes. The home agent showed samples and characteristics of new fabrics. She also showed new trends in fabrics and color combinations. Tours to new homes and remodeled homes has proven most interesting.

#### B. Good Design Show

Four home demonstration leaders attended the Good Design School held in Roanoke.

#### C. Developing Outdoor Living Area

This was demonstrated in order to help the rural Homemaker have a more attractive and useful lawn. Plans for comfortable chairs, tables and fire places that the homemaker can easily afford and enjoy were distributed. Tours were conducted to see improvements made in this line. Triangle Community Club sponsored a Yard Improvement Contest giving \$30.00 in cash prizes to the 3 top

winners. 125 people toured these 3 yard improvements. One picnic area on Walkers Creek was developed by 2 families. This is a very beautiful spot for the public to enjoy.

#### VI. Rural Arts

Handicraft leaders are trained in the following fields: glass etching, tray etching and stenciling, hooked rugs and needlepoint. Fourteen special interest meetings were held by these leaders in 12 clubs. Records show that:

- 90 trays have been etched
- 36 articles stenciled
- 12 hooked rugs
- 48 glasses etched
- 16 pieces of needlepoint have been made during the year.

#### VII. Other

##### A. Poultry

Twelve poultry demonstrators serve in communities For Giles County. Records are kept on farm flocks and are scored twice a year by A. L. Dean, Poultry Specialist. The Farm Bureau donated a bag of chicken feed to the demonstrator gaining the most points during the year. Mrs. Rose of Newport won this award.

##### B. Federation Goal

###### I. Reasons

Health and Safety was selected as a Federation Goal in order that the homemaker might know the health situation of the county and to plan ways clubs and individuals might help to improve local needs.

###### II. Plans and Methods

Federation Goal Chairmen were trained to carry out the following programs:

- A. Present timely tips on Safety in the home

- B. Present discussion and information on care of your heart
- C. Present a program on physical check-up, why, when, how
- D. Present a program on Cancer and self examination
- E. Urge club members to have a physical check-up and TB Chest X-ray.

At the end of year, Mrs. W. R. Allison, County Health Chairman, reported that

Dr. Frame, County Health Doctor, talked to 3 clubs on "Problems in Family Health".

Mrs. Robert Bingham, County TB Executive Secretary, spoke to 2 clubs on the "Importance of Having Chest X-ray".

Miss Frances Hoffman, Representative of the Cancer Society, showed film to 2 clubs on "Danger Signals of Cancer".

83 women have had complete physical examination

91 women have had chest x-rays

11 women have donated blood to the Red Cross

160 women report using information on "Planning More Nutritious Breakfasts".

### C. Other Activities

#### I. Community Projects

Mt. Olivet-Clover Hollow Home Demonstration Club has helped other civic organizations in their community to complete a combination fire department and community center by donating large gifts of money and articles to complete the furnishings.

Wolf Creek Home Demonstration Club cleaned off a site along Wolf Creek which will serve as a community wayside in their neighborhood.

## II. County Objectives

A. Pennies for Friendship - Giles County Home Demonstration Clubs presented a short program on purpose of the "Pennies for Friendship" program in March and April. Club members made a donation in pennies amounting to \$19.00 to the State Treasurer.

B. Continuing Education Center - The clubs also raised \$219.00 for the Continuing Education Center at V. P. I.

C. Home Demonstration Cook Books

One Club, the Providence Home Demonstration Club, sold 90 copies of the Virginia Federation Cook Book. This not only added money to their treasury but provided the women with good recipes as well.

D. District Federation Meeting

Forty five club women attended the District Meeting in Wytheville during National Home Demonstration Week.

E. Achievement Day

95 women enjoyed a luncheon and fashion show in June. 18 children modeled garments made in the sewing clinics throughout the county

## III. Result Demonstrations

There are 35 home club members serving as result demonstrations.

A. Poultry Demonstrators

1. Mrs. B. D. Rose
2. Mrs. James Dowdy
3. Mrs. Claude Link
4. Mrs. E. R. Henderson
5. Mrs. W. D. Bane

B. Bathrooms

1. Mrs. A. B. Allen
2. Mrs. Leverette Jennelle
3. Mrs. Lake Johnston

G. New Homes

1. Mrs. Gilbert Cook
2. Mrs. Fred Woodyard
3. Mrs. Bryce Porterfield
4. Mrs. David Miller
5. Mrs. Robert King
6. Mrs. Warren Williams

D. Remodeling

1. Mrs. G. T. Blaker
2. Mrs. Roy Munsey
3. Mrs. T. G. Whittaker
4. Mrs. A. B. Allen
5. Mrs. W. D. Bane
6. Mrs. J. M. Whittaker

E. Landscaping

1. Mrs. R. R. Croy
2. Mrs. Birdie Robertson
3. Mrs. R. P. Stafford
4. Mrs. Forrest Robertson
5. Mrs. Alan Rhodes
6. Mrs. Leverette Jennelle
7. Mrs. Edward Johnston
8. Mrs. C. C. Eaton
9. Mrs. C. C. Straley
10. Mrs. E. H. Scott

F. Central Heating Systems

1. Mrs. Earl Phillips
2. Mrs. Alvin Sarver

G. Gardens

1. Mrs. E. R. Henderson
2. Mrs. Frank Sibold
3. Mrs. James Dowdy

IV. Community Improvement Work

Giles County had 4 community improvement clubs with a membership of 405. These clubs are Wolf Creek, Triangle, Spruce Run, and White Gate. These clubs held regular monthly meetings with

planned educational and recreational programs.

The type of work done by these clubs is typical by the narrative of the Spruce Run Community Club, second place winner in the county for 1954. They won first place in the county and in the Roanoke Area in the Enlightenment Award.

### I. Community Situation

Spruce Run is considered to be a farming community since soil is its chief resource; however, there are only 9 full time farming families in the community. The farms serve as the chief source of food supply (fruits, vegetables, and meat), but the chief source of income is in the nearby industrial plants, where one or more members of most families work. Most of our people are employed by Celco, the Radford Arsenal, the Standard Lime Plant. Several are employed on the V.P. I. campus. We also had during the past year people serving in the following positions:

- 2 school bus drivers, 1 assistant driver
- 1 nurse, V.P.I. Infirmary
- 1 teacher, Newport High School
- 1 lunch room cook, Newport High School
- 1 mail carrier
- 1 acting postmaster

The children of Spruce Run attend school at Newport and are active in all school activities.

The religious needs of the community are met by 2 churches, the Spruce Run Christians, and the Pentecostal Holiness. Several people attend church and Sunday School in churches outside the community.

### II. Community Program as Planned and Carried Out

#### A. Community Organization, Planning and Development

The Community Improvement Club was organized in the spring of 1952. Three long range goals were adopted by the club, and work on these goals has been carried on each year. These goals are as follows:

1. To secure telephone service for the community
2. To get the underpass under the railroad widened
3. To build a community house

Little has been accomplished to secure telephone service this year. A delegation of 3 people went to Radford to see what could be done, a delegation of 2 people went to New Castle for the same purpose, and

one person contacted the Roanoke office for information. The location of our community is the big factor which makes this goal difficult to accomplish.

Members of our club have appeared before the county Board of Supervisors several times to try to get aid for having the underpass under the Virginian Railroad widened. This year a delegation of club members appeared before the Board and also a representative of the state Highway Department. This group was promised support and advised to send a petition to the Virginian Railroad Company. The petition was drawn up and sent. No action has been taken by the company.

Building the community house has been the big accomplishment in long range goals for this year. Construction was begun during the summer. Members of the club gave their time (420 man hours to clear the land, pour the footing, and help the man who was employed to lay the cinder blocks. A total of \$891.31 has been spent for work on the land and building and for building materials. \$315.00 of this amount has been donated by members of the club. The land was also donated by club members.

Two community projects were agreed upon by members of the club:

1. To paint all mail boxes within the boundaries of the club area
2. To clean the cemetery on the J. J. Cook Estate

Paint was bought with funds from the club treasury, and a special committee appointed by the president painted all mail boxes except two, whose owners did not wish them painted. Men in the community cleaned the cemetery on the J.J. Cook Estate.

The members of the club voted in regular business meetings during the year to sponsor the special, fund-raising, and recreational activities listed below. The accomplishments on these activities are given in parenthesis.

1. To have a pot luck supper to raise money for the March of Dimes (\$27.25)
2. To conduct the March of Dimes Drive in the community (\$67.65 collected.)
3. To conduct the Red Cross Drive in the community (\$24.80)
4. To sponsor a special program on cancer education
5. To conduct the Cancer Drive in the community \$24.12 was collected
6. To sponsor an Easter Sunrise Service for all members of the community (This was the first service of this kind to be held in the community and was well attended.)
7. To sponsor a supper for the benefit of the parsonage (\$111.00)
8. To make a quilt which was to be drawn off at one of the club meetings (This was a fund-raising activity which brought in \$57.50)
9. To serve the Newport Buritan Club (This brought in \$32.00)
10. To have a guess cake at the Newport Agricultural Fair (\$15.35)
11. To sponsor these recreational activities: Halloween Tacky Party, Christmas Party, Valentine Party, Easter Egg Hunt for the children.

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This year for the first time a devotional leader for the club was appointed. Mr. H. C. Hypes assumed this responsibility and led the devotional at each club meeting.

Three programs of a general nature were arranged by the program committee with the help of the county agent:

1. Dr. C. W. Hpener, a former missionary to Japan spoke to the club about the customs, education, and religions of the Japanese people.

2. Mr. L.E. Turner, Glen Lyn, showed slides of many Giles County scenes and spoke briefly about these scenes and their significance to Giles County.

3. Mr. Jack Richmond, Celanese Plant, showed a film on past and present scenes and activities in Giles County and spoke briefly on the value of community organization and agriculture and industry.

The Spruce Run Home Demonstration Club is a very active club in our community and does much work to improve home and community conditions. This club donated \$100.00 on the community house which is being constructed and plans to use the building in club work. Some of the programs during the year's work included money management, planning nutritious breakfast, pruning small fruits, selecting and making children's clothes, flower arrangement for the home, and selecting and caring for living room fabrics.

Some of the members of the club attended a sewing clinic, attended the Institute of Rural Affairs, conducted the Mothers' March of Dimes Drive, and attended a freezing demonstration at Pearisburg.

#### B. Sound System of Farming or Wise Use of Resources and Income

The members of the committee on farming met and made suggestions for goals to be adopted by the club. From the suggested list the club, with the help of Dr. Don Fessler, voted to accept the following as farm goals:

1. To improve pasture
2. To have soil tests made
3. To improve livestock

The program committee then planned programs to secure information on these goals and with the assistance of the county agent secured the following:

Mr. J. C. Mustard, Soil Conservationist for Giles County, who spoke briefly on testing soil and offered his services to the people of the community.

2. Mr. Kenneth Loope and Mr. E.D. Chastain, Agricultural Economists, V.P.I., who presented a program on farm management.

3. Mr. John F. Shoulders, Agronomist, V.P.I., who presented a program on pasture improvement.

4. Mr. K.C. Williamson, V.B.I., who presented a program on livestock improvement.

As a result of adopting goals and having programs on farming these accomplishments were made:

- 83 soil tests were made
- 49 tons fertilizer and 123 tons lime were used to improve pasture and farm crops
- 24 $\frac{1}{2}$  acres alfalfa were grown
- 42 $\frac{1}{2}$  acres pasture were made available for livestock
- 8 registered bulls and 1 registered ram were purchased
- Several new pieces of farm machinery were purchased
- Farm buildings were repaired or painted
- New fences were built

### C. Sound System of Family Living

The following goals were suggested by the committee on home improvements and adopted by the club:

1. To increase the number of home freezers
2. To improve farm houses or buildings by painting the exteriors
3. To improve the interiors of homes by redecorating
4. To improve lawns by landscaping or reseeding

The program committee then planned programs to secure information on how to carry out the goals. They were unable to arrange programs on some of the goals, but with the help of the county and home agents the following programs were arranged:

1. How to prepare foods for freezing

Miss Mary Kirby, Home Economist for the Appalachian Electric Power Company, gave a demonstration on how to wrap foods for freezing. She pointed out the advantages and disadvantages of several kinds of wrapping paper and containers. This program stimulated interest in freezing foods and helped those who had freezers to learn how to wrap foods properly.

2. The Magic of Electricity

Mr. Prince Thornton, Appalachian Electric Power Company, gave a flannelgraph discussion on the uses of electricity and how electrical equipment has been developed recently. This was mostly an educational type program.

3. Small Fruits and Vegetables for Home Use Gardening

Mr. H.B. Aroian and Mr. G.R. Williams, V. P.I., presented a program on raising fruits and vegetables for home use.

4. Painting and Improving Homes in Rural Communities

Mr. Dan Kite, V.P.I., spoke to the club on paint-up, fix-up, clean-up improvements which can be made in rural areas.

5. Health and Safety

Mr. Raymond Hogan, Giles County Memorial Hospital, spoke on health, particularly on the tuberculosis situation in the county and suggested means of improvement. Mr. A.B. Heck, State Trooper, showed a film on highway safety and spoke briefly on the use of radar speed checks

These accomplishments in home improvements were made during the year:

- 1 home installed running water; 22 homes now have this
- 2 bathrooms added; 15 homes now have bathrooms
- 4 new refrigerators bought; 40 homes now have this
- 2 washing machines bought; 39 homes now have this
- 2 freezers bought; 9 homes now have freezers
- 14,400 qts. food canned for home use
- 3,385 lbs. food frozen for home use
- 145 kinds of fruit grown for home use
- 83 hogs butchered for home use
- 4,575 lbs. other meat butchered for home use
- 530 kinds of vegetables grown for home use
- 8 families used sawdust as mulch in gardens
- 873 chickens raised for home use
- 102 cows kept for home milk supply and for family income
- 46 rooms redecorated by painting or papering walls
- 36 floors improved by painting, tiling, etc.
- 16 buildings repaired or remodeled
- 10 buildings painted
- 9 new buildings constructed
- 11 lawns improved
- 1 storage closet built
- 1 reservoir built

All of these improvements showed an increase over last year's improvements.

### III. Plans for Future Development

The work of the community club led to many improvements in both farm and home. The programs sponsored by the club were educational in nature and helped the people in many ways to make improvements or to participate in community activities. The recreational Activities were very enjoyable and improved the social life of people in the community.

The community plans to continue the club work and to continue work on the long range goals. We plan to complete the community house during the next year and to plan a program of greater cooperation, education, and improvement for the people of our community.

We greatly appreciate the help of all those who have taken part in any and all of our activities for the year. We hope these activities have made our community a better place in which to live.

### VI. Cooperation With Other Groups and Agencies

A. P. T. A. - Home Agent has furnished material for programs, has attended P. T. A. meetings at White Gate and Eggleston and 2 meetings of the Giles County P. T. A. Council.

B. T. B. Association - Home Agent serves as a member of the Board

of Directors of the Giles County Chapter of T. B. Association. She has attended 2 dinner meetings and one office meeting of this board. Agent spent one day with Mrs. Bingham, executive secretary of the T. B. Association visiting prospective nursing students.

- C. Health Department - Met with County Health Doctor and planned with him ways home demonstration clubs could carry out a worthwhile health program.

## VI. 4-H CLUB WORK

### A. Project Work

#### I. Foods and Nutrition

41 club members completed the meal planning and food preparation project. Their records show that 5,290 dishes were prepared and 112 complete meals served. One leader training meeting was held by Mrs. Mary Thompson, with 3 leaders attending.

#### II. Clothing

221 members completed the "So you'd Like to Sew" Project making a total of 882 articles. 5 club members gave demonstrations and 120 made exhibits.

26 members completed the project, "Looking Your Best". Their records show that 18 members got a shoe kit, 23 dry cleaned, 18 made repairs needed on clothings, 23 stored clothes seasonally, 20 replaced hems, 20 hung up clothing and 63 washed sweaters.

21 members report completing the project, "Make or Remake" with 155 new garments constructed. Each member's sewing kit is complete and owns their own pattern.

#### III. Electricity

12 girls completed the 4-H Electric Project. Their records show 22 articles made. 35 4-H girls and boys were guests of Appalachian Electric Power Company to a tour and luncheon at Claylor Lake Saturday, May 29.

Virginia Wise and Taylor Massie represented Giles County as winners to the State Electric Congress in Richmond September 2 and 3.

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B. Other Activities

I. WELS CONTEST

Triangle 4-H Club - Giles County - 33 members

- I. Percent of projects completed 97%
- II. Percent of club attendance 75%
- III. Percent increase in enrollment 100%
- IV. Percent of members re-enrolling 100%

Triangle 4-H Club was organized in April 1953 with 16 members attending the first meeting. The membership is now 33. At that time, Mrs. Joe Stafford and her son, Joe Jr., were chosen as leaders. The following officers were elected:

Boys	Girls
Pres. Tommy Starnes	Pres., Freda Stafford
Vice Pres., Bobby Crotty	Vice-Pres., Emogene Stafford
Sec-Treas., Jimmy Stafford	Sec-Treas., Mary Ella Hedrick

This club meets twice a month with a well planned program at each meeting.

V. Report of Club Activities

A. Community Service

1. Conducted an Easter Sunrise Service
2. Halloween Party open to the public
3. Participated in a program for the Triangle Community Club
4. Repaired old school house for recreation hall
5. Painted mail boxes in effort to improve looks of community
6. Gifts and cards were sent to sick
7. Observed 4-H Sunday

B. Leadership Development

1. Four members went on a 2-day tour of Roanoke and V. P. I. sponsored by Southern States
2. Six members attended tour to Claytor Lake sponsored by Appalachian Electric Power Company
3. Ten members attended special electric school
4. One member, Tommy Starnes, serves as president of the Giles County 4-H Council
5. One member, Catherine Gueler, attended 4-H Camp
6. Leader attended Leader Training meetings and held by County Home Demonstration Agent.
7. Members presented programs and demonstrations at each monthly meeting

8. Two members won county 4-H medals

C. Radio and TV Programs

1. Did not have opportunity to appear on radio

D. Activities Carried on By Club Members

1. Soft ball club was organized and took part in the Giles Recreation League
2. 4-H Club had a Weiner Roast at Mt. Lake
3. 4-H Club had an Ice Cream Supper to raise money for the club
4. Gave a surprise birthday party to member

II. Camps

11 club members attended Camp Caesar, W. Va. along with one club leader, Mrs. W. R. Allison and 3 county agents.

1 club girl attended Conservation Camp at Virginia Beach. 4 girls and 2 boys attended the State 4-H Short Course at V. P. I. Nadine Scott a senior 4-H Club member from Newport 4-H Club was made an All Star at this time.

III. Rural Life Sunday

4 clubs presented a program at their church in observance of Rural Life Sunday. Printed Blessings were distributed to all eating establishments in the county by club members.

IV. County 4-H Council

Two meetings of the County Council were held during the year. Song leaders were trained by competent leaders. The Extension workers trained organizational officers. Awards for the previous year's work were awarded to club members.

IV. National 4-H Week

News stories, posters, and exhibits were used during National 4-H Week.

VII. YOUNG MEN AND WOMEN'S WORK

The Young Adult Club of Giles County is composed of young men and women from all parts of the county. This club meets once a

month with a business session, program and recreation. Some of the projects carried on by this group are:

1. Donated a Christmas Basket to a needy family
2. Had a Spaghetti Supper
3. Had a Hamburger Fry
4. Sponsored a dance
5. Held a chicken fry at Mt. Lake
6. Donated \$5.00 to Landscaping of Giles Memorial Hospital
7. Talk by Dr. French of the Giles Memorial Hospital Staff on Health Problems - Past, Present, and Future
8. Talk by Miss Lucy Lee Lancaster on her travels in England
9. Talk by Tpr. Heck of the State Police Department on Safety

#### VIII. SCOPE OF WORK

	1950	1951	1952	1953	1954
<u>No. HD Clubs or Groups</u>	15	12	12	12	12
<u>Membership</u>	244	244	264	287	248
<u>No. 4-H Clubs</u>	12	18	18	15	18
<u>Membership</u>	357	412	294	232	415
<u>No. other families reached</u>	450	415	435	465	470
<u>No. of different families reached</u>	950	950	1120	1135	1175
<u>No. community clubs</u>			3	6	4
<u>Membership</u>			259	737	405

#### IX. ORGANIZATIONS

##### A. County Home Demonstration Committee

This group is composed of the elected officers of the club, plus the program development leaders and Federation Goal Chairman. Two meetings are held each year to make plans for carrying out the county home demonstration program. Some of the things this group of women do are:

1. Plan the year's demonstrations
2. Set up club and county goals
3. Select Federation Goal
4. Edit a year book
5. Hold an Achievement Day Luncheon
6. Sent delegates to Institute of Rural Affairs
7. Sponsored Continuing Education Center at V. P. I.
8. 45 delegates to Wytheville for District Meeting

### B. County 4-H Council

Two meetings were held in Pearisburg of the Giles County 4-H Council. The club members set up goals for a standard club.

The song leaders were instructed in song leadership by Mrs. Lewis E. Watson, Music Teacher.

Extension workers presented club members with county medals at the Spring Council meeting.

## X. LEADERSHIP

A. Contributions of the following volunteer leaders to the program:

### I. Organizational

All of the 12 clubs have splendid organizational leaders. Much interest has been shown in knowing how to conduct better meetings. Three clubs have purchased books on "Parliamentary Procedure". At least one meeting has been devoted to Parliamentary Procedure. These leaders keep in touch with members and the agent and notify them of the meetings or change of meetings.

### B. Growth of Leadership

<u>HD Club Project Leadership</u>	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
No. project leaders (subject matter)	88	100	120	108	108
No. Goal chairmen	10	10	12	12	12
No. Program Development Leaders	10	10	12	12	12
No. result demonstrators				33	35
No. training meetings by specialists	3	7	5	4	2
by District Agent	0	0	0	0	0
by Agent	3	3	2	2	3
Attendance at all training meetings					70
No. Meetings without an agent	7	6	27	47	75
No. meetings leaders assisted	5	6	120	82	17
Demonstrations by leaders					75
Talks and discussions by leaders					161

Growth of 4-H Club Project Leadership                      1950    1951    1952    1953    1954

No. club officers					102
No. adult project leaders	19	23	8	10	12
No. result demonstrations					2
No. training meetings held by specialists	1	1	1	1	1
by agent	4	5	3	1	3
by district agent	0	0	0	0	0
by member club dept.	10	0	0	0	0
Attendance at leader training meeting	48	67	69	30	45
No. 4-H leaders trained individually	18	28	6	10	12
No. club meetings held by leader without agent	1	4	0	2	12
No. additional club meetings which leaders ass'ted	8	8	30	60	65
No. demonstrations given by adult leaders	8	2	1	2	6
by juniors			6	15	16

Young Men and Women Clubs

No. club officers		5	5	5	6
No. leaders		0	0	0	0

C. Outstanding Leader and Her Accomplishments

Mrs. Glen Allen of the Providence Home Demonstration Club serves as a Program Development Leader in her club. Each month she presents interesting discussions and topics on various subjects in her club. She also serves as devotional leader in her club. This year she served as chairman of the yearbook committee and I believe has developed the best yearbook Giles County has ever had.

D. Outstanding Family

Mr. and Mrs. W. D. Bane live on a 367 acre farm at White Gate, Virginia. They have 2 children, a boy, William Doak, Jr., and a girl, Beeky Bee, both under school age. This young couple are very active all community and church activities. Under the leadership of Bill Bane last year, White Gate Community Club won first in the Roanoke Area Contest and first in a contest with Bristol Area.

Mr. and Mrs. Bane run a 367 acre farm that his father left him. The farm is mostly for Hereford cattle. He keeps about ninety head during the summer and about sixty in the winter. He does nearly all his own work on the farm. His hobby when he has time for it, is wood working. He estimates that he spends about one third of his time in community activities that concern others.

Mrs. Bane serves as president of the Giles County Home Demonstration Committee. She is very active in all home demonstration work.

Last year, Mrs. Bane and her husband remodeled their old farm home, making the 3 bedrooms up stairs more convenient and attractive.

#### E. Most Outstanding Club

The Providence Home Demonstration Club 2 years ago, had 14 members. These were older homemakers and most of them had belonged to the club for more than 10 years. Under the leadership of Mrs. T. E. Starnes, Club President, they have more than doubled their membership, now having 30 on roll. These new members are young people who need home demonstration club work and are contributing a great deal to the program.

Their club sponsored the Mother's March on Polio, donated to the Red Cross, T. B. Association, Cancer Drive and to the Landscaping Fund for the Giles Memorial Hospital.

The handicraft, house furnishings, and clothing leaders held special interest meetings in their community with an attendance of 64. Twenty two aluminum trays were etched in one of these meetings. Mrs. Starnes met with 2 young homemakers and taught them to sew.

Twelve ladies attended the Achievement Day Luncheon in Pearisburg and 5 members attended the Institute of Rural Affairs.

Two members appeared on radio with members of the health department on a panel discussion of family health problems.

Three stork showers were given to members of the club. One girl was sent to 4-H Camp with all expenses paid.

This club has sold 110 cook books during this year. Raised money on individual talents "so called talent money".

There have been 6 new members added to the club this year.

The club has donated \$104.50 to the following causes: Religious Education, "Pennies for Friendship", Polio, Red Cross, T. B., and Cancer. They gave \$50.00 to the Continuing Education Center at V. P. I. The club members collected \$85.90 for the Polio and Red Cross Drive.

All leaders have attended leader training meetings and conducted meetings which they were scheduled to meet. One leader held

an all day hat clinic. There were 12 hats remodeled and part of these ladies modeled their hats at the Achievement Day Luncheon.

One Leader, Mrs. W. R. Allison served as a handicraft leader at 4-H Camp for 1 week. She also served as the county Federation Goal Chairman.

### XII. Brief Appraisal of Year's Work

Home Demonstration Club members, 4-H Club members, and members of the 4 community clubs show a pronounced spirit of working together, of cooperativeness, of friendliness and the people of the county look to this group for leadership.

It is evident that men, women, and young people are learning to manage their time, money, energy to a better advantage. It is only through shrewd management of the home agent's time that she is able to meet the demands of the homemaker in her eagerness to learn.

One new home demonstration club has been organized. The enrollment in all clubs has increased. Three new 4-H clubs were organized last year and an increase of 183 members.