

1954 PLAN OF WORK

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Frederick County

I. State Briefly the County Situation Considered in working out 1954 Program.

Since world conditions continue critical, inflation staring us in the face, prices still soaring on necessities and luxuries, building and housing still critical, and work not as plentiful as in previous years, the work in Frederick County for 1954 has been planned to continue with "Citizenship" as Federation Goal, with emphasis on Youth and Health, and continue stressing conservation of our natural resources.

General farming, livestock and poultry, with fruit growing the chief industry from which the major part of the income is derived. At our County Planning meeting, after reports were given by the delegates to the Institute of Rural Affairs, we decided that we were faced with the necessity to help solve the world problems, which are our own, and that we should continue our work on Health, Youth (both under Citizenship Federation Goal) and Conservation.

II. State Briefly What You Expect the 1954 Program to Contribute to Family Living and How This Program Can Be Used to Increase the Extension Influence in Your County.

The Program of Work for the Home Demonstration Clubs will place special emphasis on Citizenship, with emphasis on work with Youth and Health. Conservation work will be more tray and accessory decorating, housing, textile painting, remodeling; alterations and tailoring in clothing; continue cleaning and electrifying sewing machines, food conservation, continuation of furniture and furnishings conservation, special interest groups in chair seating, clothing, tailoring, mental health, home nursing, civilian defense, money management, wills and deeds, carpentry, result demonstration small fruit plots, and kitchens in each club. There will also be storage demonstrators in each club for clothing and linens, and at least 13 home water system demonstrators.

The 4-H Clubs plan to increase present enrollment, continue good project completion, have money-making projects, youth leadership development, youth activities and conservation work in clothing, foods, home improvement, home beautification, farm and home electric, and livestock work. There will be 16 clubs organized.

Objectives - The County Board of Agriculture and the County Home Demonstration Committee are the functional organizations for Frederick County. The

y is divided into 13 communities under these boards. There are 15 Home Demonstration Clubs with 418 members and 16 4-H Clubs with around 450 members. To place emphasis on a long time housing program, also stress more work with youth.

III. 1954 Program as Planned

A. Subject Matter Fields

1. Housing - Kitchens, Storage, Home Water Systems.

Objectives -

- 1 - To continue kitchen improvement after having had 2 county-wide tours, in 1951 and 1952.
- 2 - Add 4 more demonstrators.
- 3 - Keep 19 storage demonstrators and add 8, and improve storage facilities for clothing and linens, and add 5 home water system demonstrators to the present 8.
- 4 - To conserve time and energy.

Procedure and Methods Used

- 1- Visits to storage demonstrators by specialists.
- 2- A demonstrator in each club.
- 3- Kitchen and storage demonstrators act as leaders and assist any seeking help.
- 4- Improve and secure more water in homes in the county.

2. House Furnishings

- (a) Stenciling and Textile Painting (advanced) Special Interest and Furniture Decoration.

Objectives - To teach principles of art and design in relation to "Art in Daily Living" and skill in using paints.

Procedure

- 1- Agent trained by specialists.
 - 2- Leaders trained by Agent.
 - 3- Leaders assist and supervise work at all day club meetings in each club.
- (b) Furniture - Special interest on seating chairs, upholstery, tying springs, slip covers, and furniture refinishing. Previously trained leaders conduct this work.

Objectives - To teach conservation by doing their own stenciling chairs, cane and hong kong rope seating, tying springs, slip covers and upholstering of furniture.

Procedure - Each group may have meetings to do the work of their choice and leaders will conduct clinics in their own clubs.

(c) Etched Trays - Present leaders will conduct meeting in each club who choose this project.

- 1- Agent trained by specialist on etching.
- 2- Agent will train leaders on etching.
- 3- Leaders conduct in each club.

Objective - To develop skill and art appreciation in making trays.

3. Clothing - Finishes, Hat Remodeling, Care of Clothing and Clothing Storage.

Objectives - To teach conservation and care of clothing.
To teach sewing skills in finishes for clothing.

Procedure -

- 1- Specialists train leaders in Hat Remodeling and Care of Clothing and Storage for Clothing.
 - 2- Agent train leaders in clothing finishes and tailoring group, then help leaders with the meetings.
 - 3- Leaders give Demonstration at club meetings.
4. Improving lighting, converting lamps, and slip covering lamp shades will continue as a carry over from last year.

Objective - To teach proper and adequate home lighting and to make their own electric lamps and lamp shades.

Procedure -

- 1- Leaders will continue teaching how to convert lamps and make the Poldon Lamps - also to make lamp shades.
5. Clothing Conservation

Objectives - To teach "Looking Your Best" and conserve income by intelligent selection of accessories, do more home sewing and Special Interest Tailoring groups. Learn to use sewing machine attachments and clean sewing machines.

Procedure

- 1- Singer representative teach use of attachments.
 - 2- Agent train leaders to clean sewing machines - a refresher course.
 - 3- Last year's tailoring group then assist members with tailoring in their own communities this year.
6. Food Conservation

Objectives - To produce adequate family food supply and also a surplus for the war effort, and teach ways of preparing and serving food.

Procedure -

- 1- 17 Demonstration Fruit Plot now in clubs and add 5 more.
- 2- One pruning demonstration by specialist.

- 3- Visits to fruit plot demonstrators by specialist.
- 4- Leaders give timely information at each club meeting.
- 5- Specialist train leaders for 3 food demonstrations.

1954 4-H PROGRAM

Goals -

- 1- To work with more 4-H groups in school hours.
 - 2- To maintain enrollment at 450 and probably increase some.
 - 3- To develop youth leadership.
 - 4- To conserve clothing, foods, household supplies, etc., in an effort to make for good family life, a better fed family, and for better health and citizenship.
 - 5- To develop more parental interest in youth work.
 - 6- To try to have parent-children projects to improve farm and home conditions in the county.
 - 7- To try to teach true meaning of 4-H Club work.
 - 8- To have an adult 4-H advisory committee.
 - 9- Leaders conduct six meetings without home agent.
- B. Subject Matter Fields in 4-H Program.

All projects are taken because the girls try to enter all contests.

1. Clothing I, II, III

Objectives - To teach girls the principles of construction, selection of patterns and materials suitable to the girl and her needs and to conserve family income by making her own clothes. Also, to teach "Looking Your Best".

Procedure -

- 1- Specialist give agents training on clothing construction, etc.
 - 2- Agent train leaders and Junior leaders.
 - 3- Hold all day project work meetings with 4-H girls.
 - 4- H. D. members assist girls with clothing work.
 - 5- Participate in county, area and district and state clothing contests.
 - 6- "Looking Your Best" to be conducted mostly in school clubs.
2. Foods - Breads, Food For Pep, Meal Planning and Preparation and Preservation.

Objectives - To teach food preparation, preservation, and meal service-using the Basic 7 Chart as a guide to challenge the girls to eat for health and develop skills in handling foods.

Procedure

- 1- Specialist demonstrations to foods girls.
- 2- Agent train leaders and H.D. leaders assist with projects.
- 3- Agent and leaders assist with project work meetings.
- 4- Older girls help younger girls.

5- Have girls give demonstrations and judge food products and enter County, Area and State Contests.

3. Care and Arrangement and Room Improvement

Objectives - To teach girls correct methods and to take over a lot of this work for their mothers.

Procedure -

- 1- Leader training meetings by agent.
- 2- Demonstrations to girls at work meetings.
- 3- Older girls assist younger girls.
- 4- Encourage participation in contests.

4. Laundry

Objectives - To teach girls how to do their personal laundry properly.

5. Farm and Home Electric

Objectives - To teach proper lighting, care of equipment and simple electrical repairs and lamp wiring. Encourage contest participation.

Procedure -

Secure help of Power Company Home Economist for teaching and training. Leader training and training of older members to assist younger. Conduct demonstrations and work period at club meetings.

6. Safety

As a group activity. Conducted with all groups.

7. Leadership

Older girls act as junior leaders and develop leadership by working with younger members.

8. Home Beautification

Objective - To instill pride in helping make beautiful home surroundings.

C. Fields in which young men and women's program is planned.

One young men and women's group was organized in the county, at Round Hill. Their chief activity was recreation and a study of safety, job analysis and study. Some few worked on Home Beautification, but the main emphasis centered on money-making events toward paying the remaining debt on the Community Hall. The last named was the reason for the group dissolving because members from other communities were required to pay for the use of the hall when they wanted to use it. Young men and women are reached through Home Demonstration Clubs, Church, School and Community activities.

IV. OTHER ACTIVITIES

A. Adult

Federation Goals

Citizenship, emphasizing Youth and Health, were continued as Federation Goals for 1954, with Youth and Health Work to be continued in whatever way they can help. Each club has a Citizenship Chairman, with a County Chairman. The County Chairman worked out goals for the county, with each club adopting as suits their community. The Goal Chairman will be responsible for one meeting, with additional time as needed. Each club will assist with the salary of the teachers of Bible in the public schools.

The clubs voted to assist with raising funds for the Continuing Education Center at V.P.I. Each club will decide how much and the method by which the money will be raised. Other activities are Polio Porch Light Parade, Emergency Food Shelf, First Aid Classes, Cancer Crusade, Rural Life Sunday and Bloodmobile.

FEDERATION GOALS

What

1. Sponsor Bloodmobile, Cancer Drive, Polio Proch Light Drive, Emergency Food Shelf, First Aid and Civilian Defense Classes, and Home Nursing for the sick.
2. Secure a Cancer Clinic in Winchester.
3. Urge all people to vote in all elections.
4. Clean up and Safety campaigns.
5. Secure information concerning the War Memorial Fund.

How

1. Each club have a goal chairman.
2. Cooperate with the Cancer Association in every way to secure a Cancer Clinic in Winchester.
3. Making people more conscious of the importance of voting, by Radio, T.V., newspapers and discussions.
4. Arrange with proper authorities for places to dump garbage and trash.
5. Contact proper authorities.
6. Allow 10 minutes a month to Federation Goal meeting.

Other Community and Neighborhood Leaders

Red Cross Bloodmobile Chairman will organize her club's members to recruit donors to secure 125 pints of blood. The 14 leaders have done well and the Board of Agriculture has functioned well. The Board of Agriculture functions in an advisory capacity with fewer active members and committees. The community leaders work with the agents in getting outlook material to local groups. Likewise, the Cancer program is being sponsored by the clubs.

Program Development Chairman

To facilitate and challenge the thinking of the H. D. Club members toward planning a more thorough and workable program of work for 1954, each

club will have a program development chairman who will discuss, talk with the members and analyze community needs as they affect the members and glean throughout the year those ideas to make a good program calendar for another year. The Chairman's aim is to strive for a continuing program from year to year. For example: a carry-over of work in kitchens, storage and water systems. To have a demonstrator in each club and have a storage tour in a year or two, and add 5 water system demonstrators. In art work, advanced textile painting, a carry-over into a study of period furniture and proper decorations for it. In small fruits, a demonstration plot in each club, each club carry a community project, and special interest groups, etc.

PROGRAM DEVELOPMENT OBJECTIVES

1. The Program Development Leader should present program calendar to club members in way she thinks would create most interest.
2. Report number persons wishing special interest work by December 1.
3. Submit to Home Agent any changes and club choice each club desires by November 1.
4. Club members should report to Program Development Leader new ideas for next year's calendar.
5. Give Program Development Leader a few minutes at each meeting to discuss next month's work.

Adult 4-H Club Committee

A group of H. D. Club members and 4-H leaders who analyze the needs of 4-H Club girls and organize the H. D. members to help those girls nearest them with projects, materials, finances, etc. Plan for recording progress of leaders will be recorded after training meetings and after those leaders have carried the meetings planned for. Leaders will report all meetings carried and a record will be kept to compare with previous years. This will be explained to all leaders and they will be made to feel they are a vital part of the program. Their help and suggestions for improvement will be asked for and used.

Emergency Food Shelf, Christmas Baskets to Needy Families, Bible in Schools Teaching program, etc.

Each club will have a Food Shelf chairman to list all food on hand for use with needy folks and to give Christmas baskets to needy folks.

District Federation Meeting - National Home Demonstration Week -
National Home Demonstration Convention - Institute of Rural Affairs

Frederick County H. D. Clubs will try for a large attendance at this meeting in Warren County in 1954. Educational exhibits and programs will likely be planned for National Home Demonstration Week. We plan for a large delegation to Institute of Rural Affairs.

Methods of Extension Teaching to Be Used

1. Method demonstrations are the most effective and get best results. It can be strengthened by re-checking results and striving for completion of all work started, and club choice meetings may be used for that purpose this

year. The demonstration must be clear and concise, usable, timely, meet a definite need, limited in time, summarized, discussed, and have members participate to be really effective. At least 180 demonstrations will be given to all groups by the agent and project leaders. These will include demonstrations on Citizenship, Health, Youth, Trays, Sewing Machines, Clothing, Tailoring, Clothing Alterations, Small Fruit, Lamp Shades, Foods, Seating Chairs with cane webbing, Rugs, Painting, etc.

2. Result Demonstrations - 69 demonstrations were carried this past year. We plan to continue with these and strive to add more. Result demonstrations are: Kitchen Improvement, Small Fruit plots, Storage, Water Systems.

3. News Stories and Radio - Important and timely information and results will be passed on to the public through the newspapers and radio. Cooperation with both is very good.

4. Circular letters are used extensively to convey information to the public.

5. Home visits are a fine means of doing good work and more are being planned for this year. They are badly needed.

6. Exhibits at Achievement Days and National Home Demonstration Week are very effective.

7. Slides and Movies - With both a slide projector and a 17 mm projector at our disposal, more slides and reels will be shown on freezing, lighting, birds, flowers, safety, health, etc., as requested.

8. Subject matter leaders will be trained to give 6 demonstrations without the agent, then report same to the agent.

9. An Achievement Day will be held and exhibits made of work done during the year.

Community Projects

1. P-TA - H. D. Clubs sponsor organizing P-TA groups.

2. Community Halls - 4 halls are being improved and maintained in the county.

3. School lunches - Cafeterias are now in 5 schools in the county and the H. D. members do their part in this.

4. Child Guidance Clinic - The members are tireless in contacting proper officials in a drive for this clinic sometime in the future.

Work in Unorganized Communities

1. Test pressure cooker gauges.

2. Adjust sewing machines. ^{Some} tailoring.

3. Carry over school lunch program into 4-H health program.

4. Experienced club members assist neighboring people with new things

learned.

5. Ask non-members to help with Mother's March of Dimes.
6. Check on requests from 4 communities to organize new clubs.
7. Furniture work carried out to others.

B. Developing and Strengthening the 4-H Club Program

Emphasis will be placed on a study of the philosophy and purpose of 4-H Club work with special study on the true meaning of each H. We hope to improve the quality, as well as the quantity, of 4-H Club work with the cooperation of the H. D. Club members as project leaders. There were 1110 girls' projects completed last year out of 1158 carried, and this year we plan for better quality.

Contests - Much can be done to improve this. An Adult Committee on Contests is planned for this year, and we plan to have the county enter the Electric Contest and continue in Safety and Leadership Contests, as well as continuing in all we have started. 24 girls won medals last year and we plan for as many more to win this year. The County Contest will be held in August and training given at Project Work Meetings during the summer.

Adult Advisory Committee - Will be made of 14. With growth what it has been, there is a vital need for an Adult 4-H Girls Advisory Committee to help iron out, overcome, and strengthen the weaknesses in the program. We need a calendar of work similar to the H. D. Calendar, and committees formed to recommend rules and regulations governing each activity.

Fair - Since the fair is held after school opens, less participation is done on this and the major emphasis placed on Contest activities.

County Wide Parties - Two are held annually and the members plan and execute all activities.

4-H Contests and Achievement Day

1. To continue eliminating open-class exhibits that members had no part in producing and use the money for larger 4-H prizes.
2. To continue allowing only project members to compete against each other.
3. To try to have all clubs participate in all contests, as well as in all activities at the local fair.
4. To have club members plan and execute their own Achievement Day insofar as possible within 4-H rules, regulations and policy.
5. To so word and explain rules that they will be clearly understood by all.
6. To have entries checked for project enrollment before being allowed to be entered.

7. IFYE - It is hoped that we will have a delegate in 1954 and plans to raise the money are being made.

Schools - To continue work in cooperation with school officials in furthering a good 4-H program, with more clubs organized within the schools,

Camps - County Camp is held each year and clubs encouraged to have members go. Money making events are held to help send them to camp.

State Short Course - The county goal is to try to have at least 15 girls go in 1954 since State Round Up is to be held then.

Rural Life Sunday - Urge all clubs and members to participate.

Objectives for Organization

1. Continue to raise the 4-H Club standards.
2. Have Junior Project leaders in each 4-H Club.
3. Strive for more parent-child projects.
4. See that clubs are informed about the true meaning and purpose of 4-H Club week and state policy.
5. Strive to make standards higher for receiving 4-H pin.
6. Divide offices and honors between more 4-H clubs so as to secure their interest and cooperation.
7. Each club have needed leaders and officers.
8. Enroll in the fall for projects and carry them throughout year.
9. Conduct 6 meetings without home agent.

Project instruction in neighborhood groups - Six of the 16 clubs will be given instruction in neighborhood groups. Project leaders who are unable to attend leader training meetings will receive instruction by the agent, then assume the responsibility for housekeeping, clothing and food preparation project instruction.

C. Young Men and Women's Activities

One large group was organized at Round Hill with former 4-H members as sponsors. No new groups are planned. Any work done is through the schools, churches and individual assistance.

V. SCOPE OF WORK

	1950	1951	1952	1953	Goals for 1954
A. <u>Organization</u>					
Number of H. D. Clubs	13	14	14	15	15
Membership	354	350	400	400	430
Number of 4-H Clubs	13	15	15	15	16
Membership (Girls)	245	300	450	450	475
Number Young Men & Women's Clubs (Including All Star)	2	2	2	2	2
Membership	38	50	66	88	90

	1950	1951	1952	1953	Goals for 1954
Community Improve. Clubs	14	14	14	15	15
Membership	334	350	400	400	430
Other Organizations (church, Grange, Farm Bureau, P-TA)					10

B. Number of families reached through:

Home Demonstration Clubs	1260	1280	1440	1480	1500
4-H Clubs	190	240	320	325	350
Young Adult Clubs	39	48	54	55	60
Special Interest groups	175	266	350	400	500
Result Demonstrations	200	315	360	400	500
Home Visits	160	180	341	400	420
Contacts by Club Members	340	300	460	500	530
Other (newspaper, radio, etc.) county meetings,	640	694	950	1000	1150
Estimated number different families reached through above means.	2290	2340	3090	3200	3500

VI. Describe plans for using the following organizations to strengthen the Extension Program in 1954.

A. County Home Demonstration Committee

(a) Objectives for organization:

1. To have County Chairman attend other clubs' meetings.
2. Try to have better attendance at club meetings.
3. Strive to get young women act as officers and leaders.
4. Have Committee sponsor drive for better health insurance, better nutrition, and physical examination annually; sponsor Red Cross Bloodmobile, and cooperate with County Health Unit.
5. Have co-chairmen and committees assume more responsibility.
6. Have committee take more active part in Result Demonstrations.
7. Strive for better Youth Program.
8. Strive for a cultural program in each club.
9. Strive to help organize new Home Demonstration Clubs.
10. Have 4-H Committee in each club organize H. D. help for 4-H girls.
11. Study Citizenship.
12. Strive for unity of adult and youth work.

STANDARD CLUB OBJECTIVES

1. Stress the participation of each group in promoting the Cancer Clinic, Community Center and Continuing Education Center at V. P. I.
 2. Work out a plan to reach new people and reactivate non-active members, assisting new clubs when possible.
 3. Have each club form a budget committee to decide what proportion will be given to each project.
 4. Help form new 4-H Clubs and enlist more leaders.
 5. Arrange club schedules early, keeping them elastic enough to include monthly and special interest meetings, county-wide activities, and work with other organizations, keeping in mind that each club must conduct 6 meetings without the home agent.
 6. Have a roll call each month, checking each member's achievement of above challenging objectives.
- B. Local Home Demonstration Clubs:

1. Have Executive Chairman attend club meetings and help plan objectives of work.
2. Plan and train local leaders and officers, and:
 - (a) Keep clubs informed.
 - (b) Be in contact with all members and their needs.
 - (c) Attend all leader training meetings and/or send alternates.
 - (d) Help train leaders for demonstrations.
 - (e) Plan club program in advance with Chairman.
 - (f) Check objectives.
 - (g) Have Federation Goal program at each meeting.
 - (h) Assist 4-H and Youth in any way possible.
 - (i) Carry a community project.

The Home Demonstration Committee is composed of the officers of each club, plus a few members-at-large. This committee meets bi-annually - in the Fall to plan the year's work and in the Spring to check results and plan the rest of the year's work.

C. County 4-H Council

Objectives

1. Each club be represented at all meetings if possible.
2. Acquaint the Council with state policy and strive for the good of the entire county program.
3. Two junior project leaders, with two in each club - a boy and a girl.
4. Chairmen and Committees on:
 - a. Recreation
 - b. Officer Training
 - c. Money Making
 - d. Publicity
 - e. Safety
 - f. Program planning
 - g. Fair and Achievement Day

5. County 4-H Council take the lead in raising money for IFYE delegate if her application is approved.
6. Send delegates to County Camp.
7. Increase membership and attendance.
8. Have one social during year.

The County Council will meet as needed to plan the county program. Committees will plan and execute the various activities. The All Stars will act in an advisory capacity.

D. County Honor Club

Objectives

1. To take in 50% of each club's eligible members.
2. Strive for 100% completion of projects.
3. More 4-H publicity.
4. Help increase enrollment.
5. Better 4-H Club programs at meetings.
6. Assist with project work.
7. Act as Junior leaders.
8. Get at least 3 new members and help them get started on projects.
9. Be responsible for recreation at 5 meetings.
10. Assist with county-wide activities - Fair, Achievement Day, Picnic, Camp, Contests, National 4-H Sunday, etc.
11. Help a club plan and execute an educational exhibit.

E. County All Stars

Objectives

1. To act as advisors and sponsors for the Honor Club and County Council and teach club members proper 4-H spirit and attitudes.
2. Take an active part in Youth Program.
3. To act as 4-H and Project leaders.
4. To strive for the importance of selecting new All Stars on Merit.
5. Assume responsibilities in home, church, school and community.

F. County Young Men and Women's Board

The only group comparable to this is the committee in the Board of Agriculture that sets up recommendations for this group.

G. County 4-H Project Planning Committee

This group meets and decides unanimously that all 4-H projects should be offered to the 4-H girls because they enter all contests.

H. Other - Grange, Church groups, etc.

VII. <u>Plan For Leadership</u>	Goals for				
	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
A. <u>Home Demonstration</u>					
Number Project leaders	194	205	289	270	285

	1950	1951	1952	1953	Goals for 1954
Number Federation Goal Chairmen	14	14	14	15	16
Number of Result Demonstrators	-	45	56	71	91
Number meetings at which leaders were trained by specialist	7	10	10	10	12
Number meetings at which leaders were trained by district agent	0	0	0	1	1
Number meetings at which leaders were trained by agent	27	26	34	30	32
Attendance at all training meetings	267	429	436	450	475
Number club meetings held by leaders without home agent present	77	79	98	100	175
Total number demonstrations given by leaders	126	139	146	150	175
Total number talks or discussions given by leaders	52	60	71	80	90

Describe plan for training and using all types of leaders in carrying out 1954 program.

There are organizational leaders (5 officers per club).

Each club has officers whose duties are:

- (1) Responsibility for the club's organization and activity.
- (2) Carry on the business activities at each meeting.
- (3) See about a meeting place.
- (4) See that the leaders in each group function.
- (5) Responsible for all coordinated work with other organizations.

A mimeographed Year Book will be made as an aid to strengthen their effectiveness. A training meeting for new officers will be held at the County Planning Meeting. To eliminate time wasted at business meetings, roll call will be omitted.

The club president should appoint the following for carrying out the year's program:

Federation Goal & Bloodmobile, Pálío, Cancer, Educational Center and
Emergency Food Shelf.
Program Development Leader.
Foods Leaders (2).
Clothing Leaders (2).
Rug Leaders (2).
Result Demonstrators: Kitchen, Small Fruit, Storage, Water Systems.
4-H Chairman.

We plan to strengthen their work by:

- (1) Holding leader-training meetings.

- (2) Holding leaders responsible for definite demonstrations - give training, outline, and list of things needed.
- (3) Outline topic for leader to demonstrate.
- (4) Have recipes ready for distributing.
- (5) Have illustrative material, slides, samples, etc.
- (6) Members keep own note books.
- (7) 4-H Club Committee organize work with youth.

SPECIAL INTEREST ACTIVITIES

	No. Grps.	No. Mtgs.	Months
Simple Carpentry	3	2	Feb., March
Advanced Textile Painting	1	2	Feb., March
Wills - Deeds - Business --	Panel of County officials, lawyers		
Slip covers	1	2	March, April
Upholstery ---	As groups want it		
Small Fruits Plots	1	1	Jan. or Feb.
Money Management	1	2	Jan. or Feb.
Remodeling Hats	7	1	February
Lamp Shades ---	As wanted		
Tailoring ---	As requested		
Textile Painting	"	"	
First Aid and Civil Defense and Home Nursing - Red Cross			

After the Fall Planning Meeting, each club sets up its monthly calendar and selects all subject matter leaders, allowing the members to choose what they prefer insofar as possible. These leaders are requested to attend leader-training meetings or be responsible for sending an alternate on the subject in order to take back the information to their group. The leaders accept the responsibility for a definite number of meetings to be held without the agent. They give the demonstration and assist with all demonstrations given by the agent.

B. <u>4-H Club</u>	Goals for				
	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
Number of 4-H Club officers	60	65	75	75	80
Number adult project leaders	121	149	153	156	157
Number junior project leaders	83	97	99	100	102
Number of result demonstrators	8	16	10	20	25
Number meetings of leaders trained					
by specialist	8	3	5	2	3
by district agent	0	0	0	0	0
by Home Agent	25	26	28	32	33
Number meetings at which leaders were trained by personnel in 4-H Dept.	0	0	3	2	2

	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	Goals for <u>1954</u>
Attendance at leader- training meetings	166	299	315	320	410
Number of 4-H leaders trained individually	26	33	36	38	38
Number of club meetings held without agent present	78	73	70	75	75
Number of demonstrations given by adult leaders	232	236	261	255	265
Number of demonstrations given by Junior leaders	302	457	449	450	460

My Plan For Training and Use of All Types 4-H Leaders in Carrying
Out 1954 Program:

(a) Organizational leaders - Each club will have an organizational leader and sponsor. No new clubs will be organized without a leader. These leaders will act as advisors and assist with officer training. Leaders will be asked to attend all County Council meetings. Leaders will be provided with training.

(b) Project Leaders - Girls will have Clothing, Foods, Home Improvement, Farm and Home Electric, Laundry and Home Beautification. Leaders will be secured for at least 2/3 of these projects. Training meetings will be held with specialists and by the Home Agent. Arrange for 'Girls' Leaders to conduct 6 meetings per year without the Home Agent.

(c) Junior Leaders - Each club's junior leaders will be the Honor Club members; also, the All Stars. Those folks will help with project work, officers' training, and all phases of the County 4-H Program. These leaders will also assist younger members in demonstrations, etc., for contests.

Methods of Extension Teaching to be Used in Training 4-H Leaders

(a) Method Demonstration - Instructions will be given club members and leaders in each project to cover three months work at a time. Short demonstrations will also be given at club meetings. Club members will give demonstrations at club meetings and do judging. Project instruction will be given at club meetings.

(b) Result Demonstrations - Will be provided in each community with Home Improvements projects.

(c) News Articles - Will appear in all local papers and over radio, as well as timely instructions and helps by agents and club members. Each club has a reporter. Cooperation with both papers is good.

(d) Circular letters - Will be used to convey information.

(e) Home Visits - Are very effective and more will be made this year.

- (e) Home Visits - Are very effective and more will be made this year.
- (f) Project Exhibits and Educational Exhibits - Will be exhibited at the Achievement Day in the fall.
- (g) Slides and Movies - Will be used at club meetings and at project workshops.
- (h) 4-H Club Contests - Inter-club contests in demonstrations and judging in all projects and winners to be entered in all classes in area and state contests.
- (I) Two county wide parties are put on by clubs.

C. Young Men and Women's Clubs	Goals for				
	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
Number club officers	8	8	8	8	8
Number adult leaders or sponsors	2	2	2	2	2

VIII. State what You Consider to be Your Greatest Problems in Carrying Out The Extension Program in Your County. Give your plans for Meeting Each Problem.

A. Public Work

Being an industrial town, many county women work during the fall and early winter months, which curtails their Home Demonstration activities for awhile. The hardest part of finding time to train leaders to help the 4-H girls but plans are worked out to do more of that this year. Much more project work can be done this year in school since more groups are being organized during school hours. Night meetings bring up a transportation problem and children being out when they should be studying. Home Demonstration leaders already trained, are a good source of project instruction for 4-H girls.

Lack of secretarial help creates a continuous problem and limits the amount of information that could be sent out via mail. Leaders have volunteered to help during rush projects in the past and much of the home agent's time is spent doing secretarial work when she should be out in the field.

The 4-H Fair being held after school prevents the girls from participating as they should and the leaders feel this activity should be done by the girls if they are to benefit and that it should be held before school starts.

Contests coming in October and November are easier to handle since the county contest is being held in August for the next year's participation in area.

We need more 4-H leaders in the school clubs and it is a real problem to secure them.

IX. Plans for Work With Other Agencies

1. Red Cross - Sponsor Red Cross Bloodmobile. Try to organize home nursing and Civilian Defense courses.
2. Northern Virginia Power Company - Cooperate in demonstrations on home lighting, foods, Better Methods Electric and training meetings.
3. Civic Groups - Educational work in trying to secure their support for youth work and County Health Unit.
4. Assist with Fellowship Club, Crippled Children, T. B., Red Cross, Polio, CROP, Cancer and Bible School drives; sponsor Cancer Drive.
5. Business Firms - Cooperate in giving demonstrations on color in the home, sanding; giving demonstrations, supplies, etc.
6. S.C.S. - Work on beautifying community and school grounds.
7. Cooperate with County Health staff in any way they ask.
8. Schools - Help with cafeterias and dinners for James Wood Cafeteria Fund, assist and support P-TA groups wherever they are already organized, or where they are being organized.

Special Programs - Drives - Campaigns

- (a) Assist the County Health officials in carrying out their program.
- (b) Assist with hot lunch program in school and cafeterias; also P-TA.
- (c) Sponsor Red Cross Bloodmobile Clinic and Cancer Drive, Polio, etc.
- (d) Keep up present community centers and plan more for the county.

Studies - Surveys - Discussions

Keep informed so that we can discuss outlook material.
Work on county Health, Safety and Leadership programs with 4-H clubs.

X. Describe Your Plan for Developing Good Public Relations in County with:

A. Elected Representatives

Report at regularly scheduled time to County Board of Supervisors and acquaint them with the work being done in the county.

B. General Public

Take advantage of every opportunity to acquaint the general public with the program and be willing to lend a hand whenever possible.

C. Co-Workers

Continue sharing meetings and helping each other out in emergencies whenever need arises, as well as working together on as many phases of the program as possible.

D. Other Professional Workers

Keep up the good working relationship and cooperative spirit already established.

XI. Give Plan For Recording Progress and Evaluating Programs as Planned for 1954.

1. Reporting from 4-H and Home Demonstration Clubs.
2. Checking Standard Club Goals periodically.
3. Studying and checking objectives as set up.
4. Definite date for H. D. Club members to return Check sheets.
5. Check progress periodically and review accomplishments sheets.
6. Have county and club officers assist with checking results.
7. Check at meetings occasionally.

XII. What Are Your Plans for Professional Improvement:

A. Organized Study

1. Schools
2. Short Courses - Plan to attend Institute of Rural Affairs, State Extension Workers Conference, District Agents' meetings, and Agents' Workshops.

B. Reading Professional Publications:

Read regularly -

Home Economics Journal
What's New in Home Economics
Forecast in Home Economics
Extension and State Publications
U.S.D.A. Publications
Monthly Home Magazines.

C. Membership in Professional Organizations:

Home Economics Association

D. Participation in programs, workshops, etc., planned by other organizations.

Take advantage of all sources of information and subject matter to improve work and keep up to date on all improved practices and recommendations and use same in the work; in workshops, etc., with other agencies.

Red Cross - Participate in Civilian Defense and First Aid Classes, if organized.

Assist with school educational programs when opportunity arises.

Hospital - Work with them on mental health program.

E. Hope to go to Florida for two weeks in late January.

Annual Report

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service



1954

Agnes W. Shirley
agent

assistant agent

Fredericks
county

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IV.

Describe briefly the county situation as it affected the 1954 program.

Some world conditions are critical due to the past Korean situation, with inflation starting us in the face, prices still soaring on necessities and luxuries, building and housing still critical, and work not as plentiful as in previous years, the work in Frederick County for 1954 was planned to continue with "Citizenship" as Federation Goal" with emphasis on Youth and Health, and continued stressing of conservation of our natural resources.

General farming, livestock and poultry, with fruits growing the chief industry from which the major part of the income is derived. At our County Planning Meeting, after reports were given by the delegates to the Institute of Rural Affairs, we decided that we were faced with the necessity to help solve the world problems, which are our own, and that we should continue our work on Health, Youth, (both under Citizenship Federation Goal), and Conservation.

V. ADULT WORK1. Project Work

1. Home Management - kitchen work based on long-time program.

a. Objectives

1. To put into practice ideas received at Labor Saving Show, from specialists and from Result Demonstrations.
2. To continue improving kitchen storage and arrangement to save time and energy and to improve color schemes.
3. To increase homemakers' efficiency, health conditions, and sanitation, thereby giving her more time to live with her family.
4. To have 29 demonstration kitchens in the county.
5. To so carry on the work in kitchens that it will carry over to other rooms in the house.
6. To inspire other members to improve kitchens by visiting other kitchens - add 5 more demonstrations.

b. Methods used -

↑ Kitchen Result Demonstrations are an inspiration to others - After the second kitchen tour more kitchens have been improved in some way by ideas gotten from others than were done the 5 years previously. The 16 groups did some study on time and energy saving in the kitchen, laundry and housecleaning. 415 families improved their methods of reducing time and energy in the home, 230 in the laundry and 415 in housekeeping. Some clubs have several. 10 members started home accounts, 500 studied outlook material and studied budgeting.

Money Management - The first lesson on "Where does your money come from and where does it go" was attended by 14 members who were so enthused that they decided to have three more lessons - Wills and Deeds, Borrowing Wisely and Good Insurance, - with a good speaker on each topic. This was encouraging and is a topic that we have long hoped would "take". Because of illness of the specialist, only the topic on wills and deeds was studied. Local attorneys were called in and did an excellent piece of work in each club. The public was invited as well as P. T. A. groups, etc. ~~***~~Seventy reported that they plan to have wills written. Three hundred attended and heard the discussion.

2 - HOUSING

a. House repair and improvements

Thirteen families in the county constructed ~~new~~ new homes, 260 made other major ~~repairs~~ repairs or remodeled dwellings, 68 installed water systems, 18 have new heating systems, 200 provided additional storage space, 8 bathrooms were completed, 60 had their homes wired with electricity and 430 improved their kitchens and/or laundry in some way.

Twenty purchased refrigerators, 10 installed electric water heaters. Thirty-two electric stoves were purchased and 13 deep freezers. Many had to remove their phones because the rates in the county got so ~~high~~ high last year they couldn't afford a phone. The rates were changed so 33 had them re-installed. Water systems are

5.

slow in getting into the homes, but the State Specialist has visited three more homes and planned the water systems for them, and more requests are waiting. One club plans it as a major project next year. Each club had a demonstration on storage improvement given by leaders who were trained by the specialist and it resulted in at least 200 people improving storage facilities for clothing.

More emphasis is being placed on Home Beautification and 195 reported doing some landscaping. Community beautification is receiving added emphasis and the Home Demonstration Clubs are cooperating with the Grange in a clean-up campaign for the county to prevent scattering garbage along the highways.

The carry-over of the demonstrations and slides are showing the same good results. Of 210 reporting, plus the 4-H girls, 45 other families have made storage improvements.

3 - Other

1. Objectives

(1) To produce as much of the family food supply as possible, thereby releasing more for world food shortages.

(2) To attend leader-training meetings.

Knowing how necessary a home garden is in providing a balanced diet and in keeping down living expenses, each club appointed a Small Fruits and Garden leader, kept their garden literature in each club with a person in charge, and had a demonstration fruit plot in each club. Two new clubs asked for and had the State Specialist for a meeting on Small Fruits and pruning Demonstrations. Then one home had help in planning a 4-H fruit project. A total of 57 small fruit plots were reported started. These leaders were requested to report on timely helps as needed at meetings. The leaders were supplied monthly garden leaflets by specialists from Blacksburg. Twenty-two Demonstrations

are being continued in the county. All Home Demonstrations members had the opportunity to attend the poultry conference held in February in the county. They also received government bulletins on gardening, poultry, and small fruits. With reports received from 210 members, and including helps passed on to non members, 1500 families improved the home food supply of vegetables, fruits, meats, milk, poultry and eggs, butter and cheese making. The only criticism is that the leaders don't turn out as well for these meetings as for the Home Electric training meetings.

4 - Foods and Nutrition

a. Objectives and Procedure

- (1) Provide more deep freezing facilities to conserve the family food supply and also a surplus for the war effort.
- (2) To attend leader training meetings and leaders give timely information at club meetings.
- (3) Follow recommended conservation practices.
- (4) To increase amount of tomatoes used for Vitamin C
- (5) To study nutrition and menu planning to insure balanced diets

Canning and freezing demonstrations ~~were~~ were not repeated but the latest food preservation bulletins were distributed to members and others requesting them. Many attended demonstrations given at public places. More members rented locker space at one of the 3 cold storages, filling them with fruits, vegetables and meats. The carry-over in food preservation has shown a high scale of use and information has been given to others by the leaders. Many demonstrations have been given by leaders where others requested it. Requests came in for a demonstration by leaders in each club on Yeast Breads, Kneading Process.

Many felt the need for a demonstration on the kneading process in yeast breads. The agent trained the leaders who then gave the demonstration at the club meetings.

It has resulted in at least 215 more homemakers baking their own yeast breads.

They received three yeast breads booklets with many recipes for variations, and they reported passing recipes and help on to 315 others on how to bake better yeast bread. More than 315 families have received help in preserving foods by canning, freezing, drying and storing of foods. Two hundred and ten (210) families ~~report~~ reported making 1760 pounds cheese, stored 29,000 pounds ~~meats~~ meats, 1200 bushels potatoes, 1150 bushels fruits, 715 bushels root vegetables and cabbage; froze 9000 pounds vegetables, 16,000 quarts tomatoes and juice, 18,100 quarts fruits, 9600 quarts meats, 900 gallons butters, 1400 quarts pickles, 700 gallons kraut. ~~Quantities~~ Quantities of flour, meal and dred foods were stored for winter use. It is safe to assume that many others are using the same methods. Pressure cookers are being used in food preservation and kept in repair by using the gauge tester owned by the Home Demonstration Clubs. The food storage and preservation amounts were much higher this year because gardens were very fine in the county. The season was excellent and late gardens were better than any the past 5 years.

~~S~~ - Nutrition

a. Six schools in the county provided hot lunches last year and when the new county high school was finished, releasing space, the Home Demonstration Clubs immediately went to work and have secured Government aid for a hot lunch program at Middletown, Stonewall and Gore and White Hall. A building is nearly completed at Gainesboro School for a cafeteria. Two Home Demonstration members do the food preparation at the Middletown cafeteria and at Gore. Assistance has always been given the Stephens City cafeteria by two Home Demonstration Clubs with the lunch program. The Gore Home Demonstration Club plans to can food for their cafeteria. The work done three years ago with pressure sauce pens is remembered and many more have been purchased. Folks still request the recipes on oven meals, breads and master mixes that we used 4 years ago, as well as those on refrigerator salads and desserts. The old Foods Leaders give many demonstrations to groups who request them, as well as individual help. This relieves the Home Agent for project work meetings

with 4-H girls; and to work with other groups. The three demonstrations this year were given in each club by the leaders and were enthusiastically received. They were: Yeast Breads and Kneading Process. Diets for the overweight, sick, and aged and the well balanced meal, build up and build down for all.

With so much emphasis being placed upon the importance of diet in good health, the clubs felt a real need for special help on nutrition, especially the above two topics. Publicity given the TOPS program has made many conscious of the dangers of overweight and even though no club was formed, 77 reported reducing and taking off pounds ~~resulting in the feeling~~ ^{feeling} resulting in them feeling much better. A study was made of diets for the sick and aged and actual help was given in planning menus for these groups. Counting those reported as passing help on to a total of 800 received help in improving diets.

The clubs were very well pleased with the help received in planning well balanced meals and how to build up or down to fit the needs of the entire family. Many reported that everyone was happier in that no one was left out at any meal because of being over or under weight. Once they learned how to adapt a menu to everyone, they found the basic # 7 chart very helpful and passed help on to many others. A total of 640 received help with the planning.

The State Specialist trained the leaders who in turn gave the demonstration at their club meetings.

Everyone is kept busy passing the recipes on to others. Some recipes were given over the radio and many calls came in. Next years' foods requests were Christmas Foods and Gifts from the kitchen. These demonstrations have been responsible for securing new members in several clubs.

At Christmas Miss Flickinger from the Northern Virginia Power Co. gave a Christmas Cookie Decorating Demonstration together with other Christmas dishes and decorating ideas at a county wide meeting to two leaders from each club, who passed on

these helps to their clubs.

OF the 210 reporting, all used the recipes and passed them on to 815 others. The H. D. Clubs assisted the Ruritan Club with a countywide yard party in August at James Wood High School to finish raising money for 70 band uniforms. \$1700.00 was cleared and added to the \$2400 cleared the year before which finished paying off the debt.

5 - Clothing

a. Objectives

- (1) To conserve and use clothing on hand by remodeling and to conserve income by intelligent selection of ~~new~~ accessories - do more home sewing.
- (2) To make clothing inventory and provide for new garments needed - adapting wisely to style trends and changes.
- (3) To teach advanced tailoring techniques to a Special Interest Group.
- (4) To learn clothing finishes that make a garment have a tailored look.
- (5) To train leaders to clean sewing machines.
- (6) To learn to care for and handle the new fabrics being produced.

b. Procedure

Continue to hold special interest tailoring schools - The excellent work done at the tailoring school eight years ago under the supervision of the State Clothing Specialist continues in effect. Tailoring continues in the county on a larger scale each year and those receiving the training are being very helpful in clothing with 4-H girls. Sewing machines are being cleaned regularly and leaders reported assisting 30 others how to clean machines the past year. ~~Two~~ Two hundred and ten (210) reported remodeling 790 garments during the year, with many more remodeled by others, 1590 new dresses and garments were made by those reporting. A total of 900 Christmas gifts were made. Many Home Demonstration members are taking advantage of the Singer Sewing Machine and Winchester Sewing Machine Companies' lessons on clothing construction and finishes, and those purchasing new

machines receive 10 lessons included with the machine. Three hundred arranged sewing equipment to save time and selected and learned to care for equipment and improved the care of their clothing. Two hundred and ten studied good grooming and posture along with their 4-H girls, and passed on to H. D. Club members what they learned. Seven hundred studied selection and buying of clothing. One hundred and forty garments were reported tailored. Eight hundred received help on clothing construction problems, 800 on care and renovation. Comparisons of costs of ready-to-wear and those made were received. Tailoring school leaders continued helping others learn the new techniques. Many commented on the numerous ways of lengthening and remodeling of garments. Clothing leaders were very helpful to both members and non-members. This project made it possible for many to have the "new look" who otherwise could not have had new clothes. The savings in money cannot be figured. The finishes learned and demonstrated by those doing special tailoring work lead to a request for a demonstration in each club on clothing finishes, such as setting in the sleeve correctly, attaching collars, tailored belts and covered buckles, tucked buttonholes and covered buttons. The leaders were trained by the agent; who then gave the demonstration at each club meeting. Those who have had training in tailoring were very helpful also. Three hundred and sixty received help in this work. By covering their own belts, buckles and buttons they also realized quite a saving on these items, in addition to their garments having a "ready made" look.

Each club also had a demonstration given by leaders on the new fabrics and finishes on the market and how to take care of them. This was most helpful. Emphasis was placed on making a copy of the instructions for the handling and care of each fabric and filing this with a sample of the material.

The state clothing specialist trained the leaders for this demonstration.

6 - House Furnishings

a. Objectives

1. To teach conservation by doing stenciling and striping of furniture, furniture refinishing, upholstering of furniture, slip cover making, rug making and color.

2. To teach principles of art and design in relation to everyday life and skill in using paints in textile painting, oil stenciling and etched trays.

3. To teach principles of good home lighting and skill in making lamps, lamp shades and repairing cords, etc.

b. Procedure

1. Leaders already previously trained to carry on in furniture conservation slip covers, rugs and ~~knapsack~~ lamp shades.

2. Leader-training meeting conducted by Home Agent and Specialist in upholstery and etched tray making.

3. Leaders conduct demonstrations on lamp shades, textile painting, try making and upholstery work.

A. FURNITURE

The training received and work done in previous years on furniture decoration, slip covers, pictures, furniture refinishing, continues to bear fruit. The study of color in crafts has been very helpful in the home. No one starts to plan new slip covers without taking into consideration the entire color scheme of the room.

Many pieces of furniture have had layers of paint removed and lovely wood has been found underneath. By refinishing they are attractive, serviceable, and valuable pieces of furniture. It certainly has been a project of repairs and refinishing, as well as learning a skill. The saving in money naturally runs into many, many dollars.

B. SLIP COVERS

The work done on slip covers 5 years ago continues to bear fruit. Color schemes have been very much improved, as well as quality of materials used. Many other new members have received help from those working on the clinics 5 years ago. Of the 210 reporting, 60 slip covers made this year. Seventy pieces of furniture were re-finished. Leaders assisted at all day meetings and assisted members of their homes

in more slip cover making.

C. ETCHED TRAYS

Leaders trained last year conducted the demonstrations this year were fascinated with this work and made larger trays this year. They worked on larger trays and passed help on to others. Design was studied and many original designs were drafted. The 210 reporting gave a total of 170 trays made the past year.

D. RUGS, DECORATED WITH OIL STENCILING

These members starting braided rugs 6 years ago are proudly showing the size some have become. Eight are now room size and others are planned to end in being room size. Mrs. Douglas Kerns, Mrs. H. F. Lovett, Mrs. M. Cleary, Mrs. Ralph Bauserman and Mrs. Mamie Braithwaite have all completed 9' x 12' rugs started 6 years ago. This is a carry-over of training 6 years ago. Rugs were braided, hooked, crocheted, and woven of looper clips. Color schemes were planned and old wool garments used for braided and hooked rugs. Thirty-seven additional rugs were made or started this year.

E. HOOKEED RUGS

Thirty leaders were trained by the state specialist on planning and designing and ~~dyeing~~ dyeing fabrics, in preparation for making hooked rugs. The leaders conducted these demonstrations at 2 of their monthly meetings. This is a new project for all the clubs and bids fair to become a long-time project. Many are interested in spending much time and creating a large rug or hall runner. Stair runners are also being planned by some. They are very much interested in creating their own designs; then dyeing the woolen fabric to fit the ~~color~~ color scheme. This project is one that will grow and more will become interested. By popular request it has been extended into next years program. Seven rug cutters have been ordered this year by the clubs and many rug hooks have been purchased. Of the 210 reporting, 90 rugs have been planned by as many people in the various clubs. This has been the outstanding project for this year.

F. OIL STENCILING AND OIL PAINTING

In oil painting, the training the leaders received 4 years ago was well learned. The principles of oil painting applied to oil stenciling and stood them in good stead. Items stenciled include ~~trays~~ trays, jugs, candles, molds, bottles, irons, pie tins, china, glass, cans, wooden articles, boxes and so forth. Many have some talent and want to do lighting and shading, and everyone discovers some ability to mix colors and use a brush. It carries over into color schemes for the home and is especially helpful in blending paints and dyes to get the color desired. Members started with a small simple design until they learned to handle the brush and stenciling powders and blend colors - hence the reason for being interested in advanced work. The members developed skill in cutting stencils and in using the colored powders attractively. The most gratifying results were in the ~~new~~ Adams chairs, Boston rockers and others that were refinished, stenciled and striped. ~~XXXX~~

G. SIMPLE CARPENTRY

Two leaders from each club received training from the state specialist on household mechanics and simple carpentry last year. Sharpening knives and scissors, replacing window panes, repairing leaky faucets were learned, as well as the use of tools, making folding screens of window shutters and bedside tables. The work done this year brought a request for special advanced work with help from the state specialist on doing more detailed carpentry work.

H. HOME LIGHTING AND MAKING LAMPS AND SHADES

Miss Jamison, State House Furnishings Specialist, trained the H. D. leaders in how to make electric lamps from jugs, bottles, oil lamps, candlesticks, etc., three years ago and the Polden Lamp Kit was used as an illustration of the correct lamp for study, reading and work. The leaders then gave this demonstration at their club meetings. To date, 78 Polden Lamp Kits have been assembled by folks in the county and everyone has been completely satisfied. No doubt, more will be bought. Good lighting and correct color schemes are keenly studied now.

The specialist trained agents then they trained the leaders to make lamp shade covers. The fibre glass ~~containing~~ continued to be bought freely and beautiful

shades are being made in all clubs. The 210 members reported 60 or more lamps wired. Help was given to others. And a total of 60 homes were reported improving home lighting. Seventy - six lamps were bought according to light engineers' standards. More than 500 shades were made of white fibre glass last year and this year at least 200 more have been made. It continues as a special interest project for 1955. Many non-members have made shades.

I. FURNITURE UPHOLSTERY

Last year Miss Ruth Jamison, State Home Furnishings Specialist, spent one day training two leaders from each club in fabric selection and points to consider in furniture selection. Three more days were spent training 35 leaders in actually doing re-upholstery work on pieces of furniture. They were taught to re-web and re-tie the springs, re-pad-cut-and fit-in fact, tear down and re-build the pieces. They went home with "new" pieces of furniture of which they were very proud. As they commented, they never worked so hard in their lives but they wouldn't take anything for what they learned. Fourteen pieces of all shapes and sizes were completed at the training meeting. Then, clinics were held all over the county the rest of last year, and are still being held this year. The leaders are doing an excellent job and feel "expert" now. The most frequently heard comment has been, "I'll certainly buy furniture with simple lines in the future and with good fabric." Groups are working all over the county. Of all the 210 reports received, 21 pieces of furniture were re-upholstered this year making a total of 94 since the project was started. This project will continue next year as a special interest project.

7 - RURAL ARTS

A. Oil painting and oil stenciling have been carried on a crafts project the past 6 years and we thought they did well with it, but when their liking for color, painting and use of it in the home led to textile painting as another phase 4 years ago, their interest mounted. Results were far beyond our expectations. Of 210 members reporting, a total of 500 more articles were painted. They held special meetings on

the side in all clubs and painted articles for gifts, church bazaars, etc. Seven leaders came to the training meeting on advanced textile painting then took the work to their clubs. It developed into advanced textile painting for next year in each club. They developed skill with double and triple stencils and did shadowing and lighting work in some clubs. They became pattern conscious - we would find them tracing ~~*****~~ designs of ladies' walls at meetings, embroidery transfer patterns were brought out, etc. They found patterns everywhere they looked - on fabric, in seed ~~****~~ catalogues, on greeting cards, ~~*****~~ etc. No "ready made" patterns were bought. It developed a keener sense of design, proportion, color and beauty. This special interest group will work on cutting and using multiple stencils in 1955, and help train leaders for the other clubs.

4 - SPECIAL INTEREST

Objectives - To develop skills of more people in chair seating, furniture re-finishing, money management, tailoring and first aid and civilian defense

a. Chair Caning

When a few members requested chair caning at the planning meeting 5 years ago, it was set up as a special interest project, little dreaming that so many more wanted it later. Requests were so numerous that three special interest meetings were held on chair seating with cane and rope. From this work the leaders got busy and special all day meetings were held in the county and members were in attendance from every club. Chairs came out of sheds, attics and barns, or were bought at sales. 14,000 feet of cane was used in 1950, which seated at least 70 chairs and there were still chairs to do. Many had the beading around the edges and the webbing was ordered for them. The members have become adept and helping others to do this work. Many non-members came in with chairs to work on. We thought we had all the chairs caned but the next year the leaders took hold. Chairs were bought at sales, more came out of hiding and more were repaired. 14,000 feet more of cane was ordered, which seated 60 more chairs.

b. Hong Kong Pope Chair Seating

Again this was a special interest meeting planned for a small group which developed into 3 all day workshops 5 years ago. Fireside and footstool frames were made and ordered, old chairs repaired, attics and sheds were raided and the sum total grew into 238 pounds of rope being used in 1950 and 125 chairs seated. Four years ago all clubs held at special meeting and did more chairs with the leaders in charge of instruction. The leaders have become professional at chair setting. Two bales of rope, 266 lbs., was used again for chairs and stool frames. The next year 3 bales of rope were used. The clubs ordered stool frames from Madison, Va., by the dozens. West Frederick H. D. C. ordered a total ~~of~~ of 87 alone and plan to sell them to add money to their treasury. Since the footstool calls for less than $1\frac{1}{2}$ lbs, of rope, approximately 340 stools and chairs were seated. Last year, two bales of rope have been used and more than 100 chairs were seated.

c. Markets

The Curb and Home Demonstration markets are still selling produce. The buildings that they hoped to use were leased to an oil company for a filling station, hence no shelter is available.

d. Classes continued this year. Home care of the sick classes were planned for 1954 but due to a lack of teachers they could not be held.

e. Tailoring

Eight years ago the state specialist conducted a tailoring school with 12 H. D. members. Results of this have been narrated ~~***~~ under clothing. Two years ago requests came in for advanced tailoring techniques. The specialist first conducted an Agents' Training School, then held a $\frac{1}{2}$ day training school in the county with the old school group. Those ladies then assisted with the schools.

Three tailoring schools were held in the county of 4 days each. Nineteen members completed a garment and I am proud to say they all did a very good piece of work. They have reported passing on help to a total of 94 others - members and non-members and tailored a total of 65 garments for themselves, friends and their daughters. They were well pleased with the new techniques learned and often speak of the money saved,

also that their garments look like or better still, look better than expensive garments ~~from~~ purchased ready made.

Instruction ~~*****~~ were first given on selection of good quality material and a suitable pattern. All purchased very nice material, hence one reason why the garments turned out well. Last year the work continued with leaders working with special groups or individuals. 87 garments were reported tailored, using the new techniques and help was passed on to 110 others.

f. Wills, Deeds and Money Management

Miss Alverson, State Specialist, met with 17 H. D. members for a special study on money management "Where does your money come from and where does it go". Leaflets and account books were provided. They asked for more and presented the lesson to their clubs. Interest was such that more work was requested on the same topic and also on Insurance for families and the new Social Security law. It was included for 3 monthly meetings in each club.

The meetings held on wills and deeds were well attended. Two or 3 clubs held joint meetings and some ~~one~~ held the meeting in cooperation with P. T. A's, Grange groups, etc. Local attorneys gave an excellent discussion and explanation of this topic in such a manner that everyone could understand it.

g. Federation Goal

1. Sponsor Bloodmobile, Cancer Drive, Polio Porch Light Drive, Emergency Food Shelf, First Aid and Civilian Defense Classes, & Home Nursing for the sick.

2. Secure a Cancer Clinic in Winchester.

3. Urge all people to vote in all elections.

4. Clean-up and safety campaigns.

5. Secure information concerning the War Memorial Fund.

b. Plans for Accomplishing Above ~~Goals~~ Goals:

1. Each club have a goal chairman.

2. Cooperate with the Cancer Association in every way to secure a cancer clinic

in Winchester.

3. Making people more conscious of the importance of voting, by radio, T. V., newspaper and discussions.

4. Arrange with proper authorities for places to dump garbage and trash.

5. Contact proper authorities.

6. Allow 10 minutes a month to Federation Council meeting.

c. Accomplishments

1. Sponsored Red Cross Bloodmobile. Secured 159 pints of blood and would have made the quota of 150 pints had not 15 been rejected. Red Cross officials declared it a most successful clinic because it was so well organized. The last appointment was in by 3:30 p.m. H. D. members worked at the Red Cross office for 2 days before the clinic calling and making appointments.

2. Stressed and helped secure hot lunches in 6 schools and the 7th school is prepared for hot lunches as soon as the new building is ready. The clubs also helped with second county-wide yard party at James Wood School to raise money for band uniforms

3. Each H. D. Club sponsors one 4-H club and has a H. D. Committee to work directly with them.

4. Devoted one meeting to citizenship and additional time at least 8 other meetings on some phase of citizenship.

5. Participated in Rural Life Sunday and contributed to Religious Education in public schools.

6. 159 Home Demonstration members act as 4-H leaders and project leaders.

7. Assisted with P. T. A. groups ~~and~~ etc.

8. Contacted legislators on health legislation.

9. Home Demonstration members serve on girls 4-H fair committees and assisted in getting up plans for the fair.

10. Presented youth program to other civic agencies and secured help from them.

11. Stressed 4-H health and safety program.

12. Assisted with maintaining 4 community centers.

13. Sponsored Cancer Fund Drive and Educational program.

Each club selected a federation goal chairman who conducted one meeting on citizenship and worked with the County Federation Goal Chairman. Because of the problem facing the youth of today, and with results in sight on our health objectives, citizenship continued as Federation Goal this year, with emphasis on youth and health, and Art in Daily Living as a minor goal.

All H. D. Clubs pledged their support in helping to carry out the health program. Members continued to have a physical examination and correct defects. All clubs with health. 160 reported physical examinations and defects corrected. 36 additional families took health insurance. Water supplies and sewage disposal were improved by 89 families. 760 improved diets, 690 studied cold and disease prevention. 515 had children immunized and all are cooperating to the fullest extent with the county health department.

Cancer Crusade

The Cancer Society asked for help on the cancer educational program and fund drive again in April. The clubs were credited with doing such a nice job of distributing literature that many folks came in for cancer examinations and several had cancer detected and cured. Also \$600 was raised by 4-H and H. D. Clubs by means of cans for donations, movies.

The Cancer Society have raised support to the extent that one H. D. Club was given back \$100 it had contributed. This same club keeps the cancer clinic supplied with cancer dressings which is a worthwhile project.

The Valley Mill Club started the idea and others now are starting to follow. They approached the cancer society to arrange for the members to go to Charlottesville for a cancer detection check-up. The result was a schedule worked out with the clinic for 27 members to go with three each year. Many others wanted to go and ~~start~~ a drive was started in the local hospital. The decision has been made to continue using the

clinics at Charlottesville and Alexandria until sufficient interest has been aroused to support a clinic in the Winchester Hospital.

The clubs also keep the white cloth supplies for bandage and keep the linen closets filled. Stephens City H. D. Club can be praised for more and supplying cancer dressings. This club does cancer work as a memorial to 4 members of their club who died of cancer.

T. B., Red Cross, Folio Drive and Bible school teachers salary all received the support of the clubs. Under the health program the Home Demonstration Clubs sponsored the March Red Cross Bloodmobile explained earlier. The Federation Goal Chairman in each club was appointed to work with the County Chairman and the Red Cross Committee to carry out this program. Mrs. Butler, co-chairman, contacted the heads of all work centers in Winchester had them recruiting donors. The men were drafted to recruit donors among their co-workers. Articles appeared in the papers. Announcements were made at church and anywhere else groups met together. Outstanding work was done by Shannee, Valley Mill and Evandale Clubs on this project.

Each Home Demonstration Club Federation Goal Chairman confers with the County Chairman on pertinent projects, then carries it back to her club. The clubs contribute to the salary of the teachers of Religious education in the county schools, and help sponsor Rural Life Sunday.

Emergency Food Shelf

The district nurses office made a study of emergency aid given to people and found that the privilege was being abused in that help was being sought from every agency by the same people - securing for themselves an abundance beyond the needs for the immediate emergency.

A plan was worked out so that her office would be a clearing house and each agency would refer all requests to her. Each agency was then asked to supply only one item to a central place for distribution as needed. A canned food emergency shelf was suggested to the Home Demonstration Clubs at their part of the project.

This was accepted and the Emergency Food Shelf was kept filled throughout the year. This plan worked so well, and eliminated having to provide so many other things, that it is being continued for 1955.

Police - Mothers' March of Dimes

The Police Foundation asked the Home Demonstration Clubs to carry on the Mothers' Porch Light Parade in the county. Each Federation Goal Chariman assigned certain roads for each member to canvass. The plan was well worked out, judging by the results. \$1,142.00 was secured by the 15 clubs. They thoroughly enjoyed the experience and various reports were received. The most frequently repeated comment was "I put my light on but honestly I just couldn't believe you women would really travel over all these by-roads to collect the money."

This year 2 porch-lite parades were conducted and H. D. Clubs made the county drive. A large map of the county was cut up into areas and a captain assigned to secure workers for the roads on the piece of map. Results were a total of \$1,925.00 from the county. They are sponsoring this project in 1955.

First Aid and Civilian Defense

When the Red Cross offered to send instructors into the local communities to teach First Aid and Civil Defense classes, if the Home Demonstration clubs would sponsor them, they were not expecting so many to respond. Ten clubs called for instructions at the same time and kept the Red Cross busy training qualified people to teach. Many took the advanced course and several the instructor's course. Several 4-H club members also received Junior certificates.

One member took the Home Care of the Sick Course and was certified as an instructor. The Red Cross is offering this class next year and several clubs will probably sponsor it.

Youth

After 8 years of youth work, real results are evident. The H. D. Clubs feel so encouraged that youth work was continued under Citizenship as the Federation Goal

another year. The younger matrons are working with the 4-H girls and each Home Demonstration club has a 4-H Committee. These women serve on Fair Committees as advisors, help plan the Fair, act as organizational and project leaders, furnish transportation, judge at contests, furnish project materials; and best of all, help train club members to become our future leaders by giving them responsibilities. A full account of 4-H work will be given in the 4-H section.

The work that Mrs. John Whitacre did as State Youth Chairman has inspired more adults to take an interest and help with the 4-H program. All the groups are actively working with the youth program. Each club has a Federation Goal Chairman and a 4-H Committee which works with 4-H girls on projects and records, thereby doing their part in again challenging the girls to complete their projects.

Home Demonstration Clubs assisted 4-H clubs with money making events. The encouragement given the 4-H clubs has resulted in marked leadership development among our youth. They take more interest in all community activities - older 4-H girls are remaining in club work. Enrollment is increasing. More will appear about the girls junior leadership in the 4-H section. Mrs. John Whitacre and Mrs. Sloan Wolfe's influence and training have done much to develop such leadership. Wilda Jean Adams, a former member of Mrs. Whitacre's club, is a 1954 I. F. Y. E. delegate, another tribute to Mary's leadership teaching.

Here I wish to pay tribute to the Farm Bureau, Sears Roebuck, Home Dem. Clubs, the banks, and Southern States for sponsoring projects and providing money for ~~contests and~~ contests and fairs. Contest work is such a valuable device to develop skills and ability that the girls are being encouraged to participate and more are doing so each year. Many gave demonstrations at project work meetings. So much still remains to be done that the clubs are continuing the work with youth under citizenship. The High school band received help from the H. D. Clubs in helping to raise money for band uniforms.

The schools are cooperating with the 4-H program. Middletown, Stephens City

James Wood, Gore and Star Tannery schools have 4-H clubs in school. The principals and teachers help in every way possible and some ~~of~~ act as organization~~s~~ leaders.

C. Other Activities

1. Community Projects

a. Community Halls

There are now six community halls in the county if we count the Fire Hall at Middletown, which is used for community activities and which the H. D. members helped pay for by assisting with money making events. The Grange Hall at Mt. Airy has been paid for and the community, including the H. D. Club, are working on the interior of the building.

b. School Cafeteria

When the Middletown H. D. C. was organized their first objective was to have a cafeteria at Middletown School, which they succeeded in getting after two years work. The H. D. Clubs in the section of Gore assisted in securing one for that school. Gainesboro school's cafeteria is nearly ready to open, which gives us a cafeteria in all the schools in the county of any size. No more ~~of~~ worthwhile project can be taken because the women feel that the boys and girls are America's most valuable asset. The clubs feel that these projects are their most important community activity this year as affecting boys and girls from all parts of the county. Stephens City school has had the support of these Home Demonstration Clubs for several years on their cafeteria program. All schools in the county provide milk for every pupil.

c. Rest Room

The rest room committee and the Bd. of Supervisors painted the rest room and ~~set~~ floor, put in better ceiling light fixtures, and made new lamp shades.

d. Community Centers

All six receive help from the H. D. clubs in fund raising events, remodeling the building, purchasing equipment, etc., and with the care, repair and

maintenance of the buildings.

e. War Memorial Building

Much debating had been done as to where this building would be located when it was constructed. Two places were available. A plot of land in the city without parking facilities or a play ground and the presently owned city park at the edge of town. A mass meeting was called of all interested groups in the county and towns to decide upon the location. A committee from the H. D. Clubs pointed out the need for a place to hold fairs, achievement programs, workshops, play grounds, recreation center, for our youth, etc. for the county. Other organizations did likewise. It was decided to locate the building in the park where plenty of space was available for outdoor activities and make it of such a size with kitchen etc. to hold fairs, hold programs, banquets, etc. Two H. D. members were names on the committee to help draw up plans for the building.

Other community project work has been listed under Federation Goal.

2. County Objectives

Standard Home Demonstration Clubs

In 16 clubs, 10 met the requirements for standard clubs this year. Many new and younger matrons are joining the H. D. Clubs and holding office and acting as project leaders in their clubs. They are doing a fine piece of work and all clubs reported securing new members. Three new committee have requested clubs but some can join neighboring groups. Of the others in distant communities, one may be organized.

Standard Club Objectives

1. Stress the participation of each group in promoting the Cancer Clinic, Community Center and ~~Continuing~~ Continuing Education Center at V. P. I.
2. Work out a plan to reach new people and reactivate non-active members, assisting new clubs when possible.
3. Have each club form a budget committee to decide what proportion will be

given to each project.

4. Help form new 4-H Clubs and enlist more leaders.
5. Arrange club schedules early, keeping them elastic enough to include monthly and special interest meetings, county-wide activities, and work with other organizations, keeping in mind that each club must conduct 6 meetings without the county agent.
6. Have a roll call each month, checking each member's achievement of above challenging objectives.

The major county objectives for 1954 was the continuing Education Center fund at V. P. I. This also being a state-wide project. Plans were made and a minimum goal of \$300 set up for Frederick County. Each club was to have a special fund raising event for this project and try to reach the goal. Suppers, window sales, dinners, bazaars, yard parties, foods sold at parades, and imaginary bake sales were held to raise funds. In the event the ~~goal~~ goal couldn't be reached the county committee voted to make up the difference from the county treasury. A total of \$316 was raised.

And speaking of raising money, with an I. F. Y. E. delegate to raise funds for plus 6 others this past year, Frederick County H. D. Clubs raised a little over \$6000 for 8 different projects and drives.

Each club had a budget committee and upon analyzing the type of program they were doing they decided that they were getting away from their educational work and spending too much time conducting drives. It was recommended and adopted at the planning meeting that we rotate these activities and do more work on educational projects.

3. Result Demonstrations

This is one of the best methods that we have for teaching improved practices. We have a total of 91 Result Demonstrations in kitchens

Kitchens

The work in kitchens started 5 years ago with a result demonstration in each club. After 2 years a kitchen tour was held. The folks were so enthusiastic that other work was added. The State Specialists in all 4 fields have made visits to many of the homes and actually helped plan with the families. The program has grown until we now have a total of 91 Result Demonstrators as follows:

Kitchen - 29	Clothing & Linen Storage - 27
Small Fruit Plots - 27	Farm & Home Water Systems - 13

Many go to see the work done by these folks and get ideas that they use to make changes in their homes or in small fruit plantings.

4. Community Improvement Work

a. Roadside Beautification

The H. D. Clubs have tried for 2 years to plan some way to prevent strewing garbage along the roadsides over the county but didn't get very far. This year the Grange took this project also and ~~was~~ asked the H. D. Clubs to work with them. Two meetings have been held and state road officials have been present. Sanitary Engineers have also been present. To date the group has decided that definite garbage disposal areas must be found first over the county, then the public notified that there are ~~some places~~ certain places that garbage can be taken. They are to look for places and try to find some before the next meeting on December 1. When these places are provided the county officials tell us that there is a law that can be used to enforce keeping our county clean.

b. County Health Council

The County Health Council department is interested in organizing a Health Council in the county and has asked the H. D. Clubs to help sponsor this project. It was presented to each club and set up as a major project for next year.

c. Religious Education Program in Public Schools

All H. D. Clubs have helped support this program. It is entirely financed by churches, civic clubs and individuals. This project was adopted by the H. D. clubs

as the one project to raise funds for to establish a back-log of funds with which to start the new year.

d. Child Guidance Center

For two years Stephens City H. D. Club has discussed trying to secure a child guidance center in Winchester and Miss Mildred Lee ~~groves~~ Groves, H. D. member and visiting teacher, presented it at the H. D. achievement program 2 years ago. It has been discussed by more groups periodically and meetings have been attended by several of the ladies. Recently the Rotary Club has taken an interest in this program and has asked for our cooperation for 1955 in trying to secure the center here.

5. Home Demonstration Work

Home Demonstration Week was observed first by 57 members attending the District Federation Meeting held at Front Royal. It was a most interesting and inspiring day for the group. News articles were published in the local papers about H. D. Week and a radio broadcast given.

Another event that might be noted as being done during this week was the contacts and requests made to retain the county health unit in the county, it being talked around that the appropriation may not be made to continue the unit. A group, representing the H. D. Clubs appeared before the Bd. of Supervisors along with representatives of other groups of the county to request them to make the needed appropriation. The request was granted.

6. Co-operative projects with other groups and agencies

Board of Supervisors

The Board has been most cooperative in helping with the county rest room and any activity wherever possible.

Board of Education and Schools

We have the cooperation of the school system with the 4-H club program, thereby enabling us to have more club meetings in school - and more club members. Since many parents do not like for the boys and girls to be out week-day nights, because of homework, a

of homework, and it doesn't always suit the parents to bring them to night meetings. The county Bible school teachers receive some salary contributions from both the 4-H and H. D. Clubs. This year the county H. D. Committee contributed \$25.00. The clubs work with the P. T. A's and cafeterias of the schools.

Future Homemakers of America

The Home Economics teachers cooperate by serving as judges for contests, and by encouraging the Home Economics girls to take 4-H Club work. The Home Economics Department at James Wood High School is available for Area Contests each year, which gives us an ideal place to hold them. The school was also made available for the Home Demonstration Achievement program.

Local Business Firms

The business places cooperate with demonstrations, and furnish labor; likewise, with floor finishing materials, record players and records for demonstration purposes, when called upon.

Southern States Service and Frederick Farm Bureau

These stores contribute prize money and 4-H corn club materials; also feed sacks, etc., for camps, rest room slip covers, etc.

Health Department

The Health Department works hand in hand with the clubs in any way possible.

Red Cross

The Red Cross works with H. D. Clubs on Bloodmobile and teach first aid and civic defense classes wherever organized in the county. They kept ~~then~~ ten classes going at one time last year and are offering Home Nursing classes next year.

Northern Virginia Power Co.

If it were not for the ~~Western~~ Northern Va. Power Co., we would have a hard time finding a place to hold training meetings, work shops and other events. In addition, Miss Flickinger helps in every way possible in demonstrations on Christmas cookies, foods, lighting, etc.

Civic Groups

The Civic groups all work with, or shall I say the H. D. clubs work with them on Cancer, Polio, Bloodmobile, Red Cross, T. B. Seals, Community Chest, etc., when these drives are on to the extent that we are getting in too deeply and spending too much time "sponsoring." The time has come that we will have to start rotating these drives, which will be hard to do. We are looked upon as THE organization in the county and thus are called upon by all of them.

The ~~above~~ following projects in cooperation with other groups and agencies have been narrated in other parts of this report mostly under Federation Goal. I shall list them here:

1. Mothers March on Polio
 2. Cancer Drive and Education program
 3. Emergency Food Shelf
 4. Red Cross Bloodmobile Clinic
 5. Yard Party with Nuritan Clubs for James Wood School
 6. Religious Education program in public schools
 7. Work with county health department
 8. Work with Grange on county clean-up project
 9. Red Cross First Aid and Civic Defense
 10. Work with schools on cafeterias
 11. Work with P. T. A. groups, etc.
 12. Christmas baskets to needy - work with salvation army
7. Other Activities

1. County Gentleman Magazine Representatives

Four representatives of the Farm and Home section of the magazine spent 2 weeks in June taking pictures and interviewing some twenty farm families in the county. The purpose of this work was to compare farm homes with urban in light of attractiveness, convenience, equipment, comfort, etc. Their plan is to use some of the

pictures with stories, and some tie-in will be shown wherein the Extension Service has helped these ~~some~~ families in planning and carrying out the work done. All families worked with have been active in the Extension program in the county.

2. National Home Demonstration Convention

The National Convention this year was held in Washington, D. C. Two members from the county attended part of the convention and 3 attended the entire time. Glowing reports were brought back. Dr. Norman Vincent Peale, guest speaker for the banquet, was the highlight of the meeting for the ladies.

3. Institute of Rural Affairs

The county was represented at V. P. I. at the Institute of Rural Affairs by 4 H. D. Members and they declared it was the best and most inspirational meeting they had attended in a long time. They all felt it is very rarely so many outstanding, inspirational speakers are present at one conference. The delegates brought excellent reports back to the county home demonstration planning meeting. Mrs. Vernon Unger rang the keyhole on the planning meeting by ~~reporting~~ reporting on the Federation Goal activities that would be helpful in program planning.

4. Fair Judging School

The Presbyterian Church is used regularly for Red Cross Bloodmobile Clinics and for the past year the H. D. Clubs have been given the use of the church. The Fair Judging School for leaders of 12 counties was held there. I've had 95 people present. Five State Specialists gave training in Foods, Clothing, House furnishings, arts and crafts and Educational Exhibits. The entire church was made available to us. Three H. D. Clubs served lunch and the proceeds were given toward the Education Center at V. P. I. The Minister said that ~~we~~ we were welcome to use the church anytime and that he was pleased because H. D. ~~clubs~~ and 4-H groups always left everything clean and in order. The leaders attending the fair judging school requested advanced training especially after they had judged a county fair. Another school may be held next year.

5. Farm and Home Development Program

Frederick County has been designated as one of the counties of the state to receive the added personnel to carry out the Farm and Home Development program as provided by the last congress. This program will provide help and supervision for a small group of Farm families

6. Home Demonstration Achievement Program

Having had kitchen tours the past two years in lieu of an achievement day the clubs decided to have an evening program last year with a buffet supper - family style - at James Wood High School Friday, November 6. The entire family was included. Exhibits by clubs were planned to include project work done or completed during the past three years. Following supper a program was held in the school auditorium. Luck was against them as they drew the iciest, snowiest night that anyone can imagine. However, despite the weather, 200 folks came and the clubs did unusually well with their exhibits. Many others were stranded on the roads and many more planned to come but wisely stayed in because of dangerous roads. Had the weather been good, there would easily have been around 500 ~~people~~ present. Mr. G. H. Clark, District Agent, was unable to make it all the way due to the storm. He was to have been the guest speaker, using as his topic "50 years of Extension Work." Those who came were well pleased with the supper, the exhibits and program.

THIS YEAR

It was decided that since the snow storm last year prevented a large attendance, the same type of program and supper would be held.

The exhibits, however, were arranged differently. Instead of each club exhibiting an assortment of crafts and projects, they each set up an educational exhibit showing the steps in how to do one project with 2 Or 3 completed articles. In this way 15 different projects were shown in such a manner that the folks could see the process used to complete a project.

The highlights of the program was a colored slide report by Wilda Jean Adams,

I. F. Y. E. delegate to Finland, on her trip and the way of life of the Finnish people as she lived it with them for 3 months. Wilda Jean was certainly an ideal person for such a trip and one who did an excellent job in helping to promote world understanding. She declared it an honor beyond description and thanked the H. D. Clubs for their part in ~~the~~ helping make the trip possible. More about the I. F. Y. E. program will appear under 4-H section. More than 700 were in attendance and the men folks jokingly said "well, it looks like the ladies do something besides gossip at these meetings." They were very much impressed by the project work displayed, the buffet supper, and the report of achievement given by Mrs. Clarence Robinson.

7. Home Demonstration Survey

Questionnaires

The survey requested from each county was conducted here. After alphabetically arranging the mailing list, labeling the active and inactive ones; then checking every 5th person as per instructions in each group, 85 questionnaires were mailed out. A total of 54 members filled out and returned them. The study is intended to try to glean information that will be helpful in better program planning to meet the needs of the people.

VII. 4-H Club Work.

The adult and junior 4-H committee recommended that due to the interest in contest work that all projects should be offered to the girls and more emphasis placed on greater participation at an early age in order to build records. They also recommended that group work be done in Safety and Junior Leadership, and urged more work in Better Methods Electric.

The 4-H girls, agent and leaders discussed and explained the various projects to the parents, then they decided to select those projects that would be most helpful to the members and most needed in the home. The girls selected projects in clothing, food preparation, food preservation, bread baking, housekeeping, home improvements, food for pep, personal laundry, electric and livestock - with special

work in Safety and Junior Leadership.

A. Project Work

1. Clothing Construction

(a) ~~sewing and dressmaking~~ Objectives

- (1) To teach good grooming.
- (2) To teach the girls to care for their own clothing.
- (3) To teach them how to select clothing to meet their needs, and plan clothing budgets.
- (4) To learn clothing construction.
- (5) To teach beginners the fundamentals of hand sewing and how to use the sewing machine.

One hundred and ninety-five enrolled in "So You'd Like to Sew", (Clothing III), 131 in Clothing II - "Make or Remake" -, and 102 in Clothing I - "Looking Your Best." 575 items were made in all items listed in Clothing III. They learned the basic sewing principles - how to make ~~new~~ hem gauges, hand hem, use thimbles, use a pattern, use the machine, etc. These girls were assisted by H. D. ~~son~~ demonstration* members and parents, junior leaders, Honor Club members and the agent.

Several entered the 4-H Fair and won ribbons of which they are very proud. This work was done mostly in the school clubs and some very nice sewing was done.

The 121 clothing II girls made 840 garments, remodeled 540, dyed 200 and ~~se~~ did their own dry cleaning, mending, laundering sweaters, and stored their winter and summer clothing. 94 have sewing kits, 108 have own pattern, and 100 made clothing inventories; 70 kept accounts for 6 months, spending \$1,890.00 and 55 kept accounts for 12 months, spending \$4,540.00. These girls were assisted by the same means as the beginners. Two all day work meetings were held with each group this year, with leaders and older ~~girls~~ girls assisting. Some of the girls were taught how to use the machine attachments as a result of the Singer lessons to the Home Demonstration clubs. Peggy Hammock won the Singer Co. Contest in the teenagers

clothing construction class last summer.

Many of the girls are taking Home Economics at the new James Wood High School and the Home Economics Instructors (so the girls tell me) commend their 4-H work, and tell them they can go ahead with clothing construction without as much help from them as those girls require who haven't had 4-H work. The 4-H girls are being given more responsibilities at school. The Home Economics teachers assist the girls with their contest work with suggestions on material, patterns, etc. The girls are starting clothing work this fall and plan to have more girls in contest work next year.

102 girls did Good Grooming and 95 completed the work. They made a total of 210 articles, such as shoe shine kits, mending boxes, dressing cape, manicure kits, make-up kits, etc.

Demonstrations were given on shampooing, hair cutting and styling, setting the hair and making pin curls. They are hair style conscious and study and pictures for ideas. Many girls told their mothers they didn't want anymore home permanents until they were older.

The care of the skin and use of make-up was studied and demonstrated. Girls changed the color of lipstick, took off most of the make-up and learned how to use it correctly. Emphasis was placed on the natural versus the painted look. Diet was stressed as the most important factor in having beautiful skin, teeth* hair, etc. The girls are studying people and pictures of correct color in make-up and its application.

They like their make-up capes - many made pockets in them for make-up, etc. It also saves having to brush their shoulders after doing their hair. The hands and nails were the biggest problem, how to get them to stop chewing their nails and to cut off the long, long nails. However, when they actually saw how much nicer their nails were when they were the correct length and the right color polish correctly applied - and compared the chewed fingers to them also - they set out to

overcome the nail chewing and keep them well groomed. A lengthy and vivid picture was painted of how very unsanitary nail chewing was, besides being dangerous in that germs are under the nails aplenty. Most progress was made on this phase of the project.

They studied and learned how to laundry sweaters, how to use detergents, water softerer, pressing sweaters, etc. How to dry clean and press the various fabrics was very helpful. Most of them like wide circular skirts and learned to keep the hem line straight by ironing them with the weave of the material. Many gifts were made for Christmas - needle cases, baby bibs, stuffed toys, wrist pincushions, etc.

Many mothers found the girls rendering first aid to their own clothing by doing the repairs themselves. Shoeshine kits were made and the shoes and socks kept much neater. However, they say it is stylish to wear dirty saddle oxfords. This project gives excellent training and the girls are much more conscious of their appearance, spend more time at it, and it carries over into advanced clothing work in selection, care, etc. It is also a good project to make the girls food conscious. We found them more anxious to eat for health and they realized the importance food played in good health.

2. Meal Planning, Food Preparation, Baking

1. Objectives

- a. To realize mothers of much of the meal planning, preparation and serving and teach girls to be better homemakers.
- b. To learn to use Basic 7 Chart and plan balanced meals.
- c. To teach correct food preparation methods.
- d. To learn correct baking methods.

219 girls enrolled in Meal Planning and Food Preparation, 22 in Bread Baking, and 85 in Food Preparation, 196 completed Food Preparation, 74 Food Preservations and 21 Breads. 350 demonstrations were given by all foods members, 150 by adult leaders and helpers, 145 by junior leaders, and 42 ~~*****~~ by the agent.

One leader-training meeting was given by the State Food Specialist to Home Demonstration leaders who helped the girls. 57 adult and 60 junior leaders, to-

gether with parents and H. D. members assisted the agent with this work, This group planned 7800 dinners, packed their lunches 500 times and prepared and served 5300 meals. Cafeterias eliminated some packed lunches. 30 helped prepare and serve a club meal, made 1410 cakes, baked cookies 1021 times, prepared 9000 milk dishes, 2000 salads, 5100 vegetables dishes, served club refreshments, 110 times, and judged food at club meetings 57 times during the year. Different breads were baked 1090 times by the 22 members enrolled. Contest work will be elaborated on under Contests. More exhibits were made this year in these projects than ever before, even though they were in school.

3. Food Preservation

a. Objectives

- (1) To teach girls to make canning budgets.
- (2) To teach correct food canning and freezing methods.
- (3) To teach girls to give food demonstrations.

83 girls enrolled in and 74 completed the canning and freezing project, with the help of leaders and older members. 99 demonstrations were given in canning and 75 in frozen foods by the 83 members, leaders and agent. The H. D. Foods leaders were very helpful with this work. 13,010 quarts of fruits, vegetables and meats were canned by girls alone and with help. 2460 packages of foods were frozen by girls alone and with help. 52 made budgets for the number of quarts of tomatoes needed and 50 made a plan for all canned foods needed. The girls certainly are appreciated by their mothers. A lot of the family food preservation is being done by the girls, relieving their mothers of this task and giving them more time to "live with" their families.

4. Home Improvement and Care and Arrangement

(a) Objectives

- (1) To teach girls to assume housekeeping duties, thereby relieving mothers so they can spend more time on family relationships.

- (2) To teach better housekeeping methods.
- (3) To learn to refinish furniture.
- (4) To make color plans for rooms.

12 girls enrolled in Housekeeping, 21 in Home Improvement. 10 finished their projects in housekeeping and 20 in Home Improvement. The State Specialist visited 3 girls and helped with line time plans 2 years ago and Jamie Hubbell has been working on all rooms in their house, which will make an excellent record for her. 20 members served as demonstrators. Home Demonstration members have given excellent assistance to these girls. Each girl did the required work in her project and many did more than was required. Sarah Marie Smith is also doing an outstanding piece of work in this project.

The Home Demonstration members have worked in good lighting and made the Polden Lamps. The girls were taught to make the same lamp and add it to their Home Improvement work.

The girls in Care and Arrangement have become real helpers at home, doing much of the housework for their mothers.

4. Your Room - Pep It Up

Twenty girls ~~enjoyed~~ enrolled in and completed this project. The girls thoroughly enjoyed partitioning off the dresser drawers, arranging flowers, selecting potted plants, making bulletin boards, dresser scarfs, towels, etc. They streamlined their rooms for easier care and delighted in making their rooms attractive.

The 20 girls reported partitioning off 35 dresser drawers, arranging flowers, 230 times, made 10 bulletin boards, made 15 dresser scarfs and 20 towels, framed and hung 11 pictures, etc. The mothers like this project because it gives the girls an incentive to fix up and keep their own rooms looking nice.

5. Home Grounds Beautification

- (a) Objectives

(1) To teach girls to take pride in and beautify the home grounds. 16 girls enrolled and 15 completed this project. More girls are taking pride in and working with the Home Beauty project. Joan Lockhart has a beautification project started that will make a nice report for next year. It includes painting the house and landscaping the yard at their newly remodeled home. Mary Lou Owings continues to build her record and is becoming an expert with flower growing and flower arrangements.

6. Laundry Projects

(a) Objectives

(1) To teach the girls to launder and care for their own clothing by approved standards.

This is the 5th year any of the girls have taken this project and the 5 who did got a lot out of it. Betty Hammock entered this contest 2 years ago, and received a red award and also the same last year. She is going to enter again this year. They learned to launder and clean all fabrics and to iron them. Laundry equipment was rearranged to save time.

7. Farm and Home Electric

43 girls enrolled in this project and 40 completed their records. They studied lighting, wiring lamps, color, repairing cords and care of appliances. The trip to the State Electric Congress was the best thing ever to happen to Joan Pugh, county winner, so she says. An even better electric program is planned for 1955.

8. Safety

30 club members made a safety survey for the farm - using the literature supplied by the forestry service. Each member made a list of danger hazards; then checked them off after corrective measures had been taken.

9. Health

Sixty 4-H members completed the First Aid and Civic Defense work taught by the Red Cross at James Wood H. S. during Physical Education periods and received junior certificates.

Sixty-one received physical examinations before going to county 4-H camp.

Because of the Good Grooming project, many of the girls are more interested in and practice good health habits such as cleanliness, posture, diet, regular hours and sleep and exercise, etc.

I. Other

All clubs are given special help in judging, giving demonstrations, group recreation, music appreciation, record keeping and ~~wedging~~ budgeting, citizenship and personality improvement. Plans are to choose one or two each year for future study and work.

II. Livestock Projects

The girls gave the boys plenty of competition in livestock this year. The girls are proud of these projects and feel that with luck and hard work they will be able to earn a nice savings account that can be used for their higher education. They figure that if Roxanne Rogers could earn the money with livestock that is now paying her college expenses, they can do it too.

B. OTHER ACTIVITIES

1. The Community

The 4-H Clubs in 6 communities help with keeping up community halls. Round Hill 4-H Club has enlisted the cooperation of the entire community and have a new community hall fully equipped for meetings and suppers. They have had fund raising events and everyone has cooperated in this project. Each year the 4-H clubs have cooperated with the Salvation Army and given a basket to a needy family at Christmas.

The 4-H clubs each year cooperate with their churches in planning and participating in special church services, and with Rural Life Sunday. More emphasis is being placed on greater participation in the county-wide service next year.

The 4-H club girls assisted with the Cancer Fund Drive - distributing educational literature and helping raise funds. They also assisted with the James Wood High

School yard party to raise money for band uniforms.

2. Camps

State 4-H Short Course

18 4-H girls attended State Short Course this year. The girls have certainly come home with the will and zest to do all they can to help their local clubs do better work so that others might some day attend State Short Course. Mrs. John Whitacre chaperoned the girls and praised their good behavior. Six girls competed in State Contests, of which more will be written under contests.

4. County 4-H Camp

This year it was considered the best one held - with 169 campers from 3 counties. 61 boys and girls attended from Frederick County. Susan Stine was chosen as Big Scribe and did an excellent piece of junior leadership work. She wrote, ready for publication, a camp paper giving a complete story of the week's activities. Betty Hammock, Ann Wolfe and Rhoda Whitacre went as Junior Leaders.

3. 4-H Fair

The Fair was held after school opened, which made it hard for the club members to do much preparation, arranging or decorating. The girls did surprisingly well and had the best exhibits in 4 years. Clothing, Canning, and foods exhibits were very good. An added feature was home displays that created a lot of attention. Three exhibits were well planned. The ~~quality~~ quality of project work was much better than previous work. 69 girls entered project exhibits in their respective projects. Harriet Goode was sweepstake winner. Harriet is 15 years old and bids fair to someday competing for higher honors. She is already coaching younger girls and helping them with their projects. She carried 5 projects, and carried a heavy school schedule. She is a ~~sophomore~~ sophomore in high school.

Rhoda Whitacre, second place winner, has an 8 year record and is working on the frozen food contest. Betty Hammock was 3rd place winner.

Peggy Elliott was Superintendent of the girls' section of the Fair and did real

well in seeing that all arrangements were made. The committees checked in and arranged the exhibits, then put things back in place after the judging was done. The girls and advisors set up the rules, decided on exhibit classes and provided for age groups in some of the projects.

The 4-H girls are much more interested in working on contests. The Fair as a whole was much better this year. Around 500 people were in attendance.

F. Contests

The 4-H Girls area contest for 1954 was held December 10, 1953, which made it necessary to hold County Contests in August. 14 girls entered the Area Contest and 10 placed first. These 10 competed in District and 5 placed first - Poultry Consumption Team and Frozen Foods. The Poultry Team and Frozen Foods girls received blue awards and ~~the~~ a red award was received.

This phase of the 4-H girls' program is the key to keeping older girls in 4-H club work and the goal toward which younger girls are working. It is one of the best means of developing poise and skill, by giving the girls an opportunity to work and talk at the same time before a group. The girls regard this work as a real opportunity for development and enter for the enjoyment, experience and learning processes first of all. Good sportsmanship and well wishes to all winners are uppermost in their minds. A lot of practice work was done in club groups in Demonstration Work this year and several new clubs had entries in the County Elimination Contests. The girls thoroughly enjoyed learning to ~~give demonstrations and~~ give demonstrations and judging at their project work meetings this summer.

To date, work done in contest work for 1955 is as follows:

Two County Elimination Contests - August and November - with girls qualifying in all classes in Area Contests - a total of 13 girls.

Area Contest for 1955 will be held at James Wood School January 29, 1955.

Results of 1955 County Contest are as follows:

Style Revue - Sylvia Brant

Food Preparation - Ann Wolfe
 Clothing Achievement - Margaret Ramey
 Dairy Individual - Patsy Wolfe
 Bread Team - Mary Ann and Patricia Adams
 Dairy Team - Arvilla Snyder and Peggy Elliott
 Poultry Consumption Team - Georgianna Gum and Shirley Carper
 Canning - Harriet Goode
 Frozen Foods - Rhoda Whitacre
 Laundry - Betty Hamcock

Ruritan Club Awards

A new awards program was sponsored by the Stonewall Ruritan Club for 4-H girls last year in the form of trophies for outstanding work done in their projects throughout the year. Six girls received an award. This year 2 awards were given for all-round 4-H club work at a dinner meeting December 2, and Harriet Goode and Betty Hamcock received these trophies.

This program was an inspiration to the girls receiving the trophies and is a challenge to the other girls to try to qualify for the same honor in the future.

Frederick County had 14 girls in the Area Contest held at James Wood High School. Frederick County 4-H girls were in charge of enrollment and Mrs. Landon Whitacre was in charge of one kitchen. Mrs. Richard Good was in charge of the other foods kitchen. We used two kitchens for foods, and laundry demonstrations; and another for clothing and Room Improvement contests, enabling all to be finished by 1:00 p.m. so that the afternoon could be devoted to announcing the winners. The girls typed their own contest records again this year.

Achievement Program

The 4-H club members decided at their spring County Council meeting to have an achievement program this year. It is gratifying to note that they made all arrangements, planned the program and even mimeographed 500 copies at school. They also notified all who were to be on the program. It was decided to have it November 26th so as to give all college 4-Hers a chance to be present and also hear Wilda Jean Adams report as I. F. Y. E. to Finland before she left for work somewhere in the state.

Highlights of the program were reports on trips won by:

Roxanne Rogers - National Club Congress - 1953

National Clothing Achievement Winner

Sidney Rogers - Camp Miniwanka

National Camp - Lynn Wolfe

Syracuse Poultry Conference - Julius Whitacre

Missouri Coop. Award - Ronnie Miller

State Short Course - Billy Grim and Harriet Goode

Jackson's Mill Leadership Conference - Georgianna Gum

4-H Electric Congress - James Watt

Wilda Jean Adams - I. F. Y. E. to Finland

County 4-H Camp - Susan Stine

County Summary 4-H work awards and honors - Miss Shirley and Mr. Gerken

Forty 4-H girls received co. medals, 2 received Ruritan Trophies, 12 received foley equipment and 1 received the book, "I Dare You," and 8 leaders were recognized and received the gate signs "A 4-H Club Leader Lives Here." More than 500 club members, parents and friends were present.

Wilda Jean Adams gave an excellent report of her trip to Finland as an I. F. Y. E. delegate and the 4-H club members were proud that they had a part in helping make her trip possible.

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VII. Young Men's and Women's Work

1. Jackson's Mill

There was one older youth organization in the county at Round Hill. It was active until last spring but has been discontinued. Individual help has been given on home planning, water, landscaping, furniture, decoration, foods, clothing, etc., as requested to this group through the H. D. Clubs, church work, school programs and through the All Stars and Honor Club Groups - at least 216 young women have been reached.

In October we were delegated to attend the 4-State Leadership Training Conference at Jackson's Mill, W. Va. for YMW groups, and to take a car load of young people. Peggy Elliott, George Cather, Georgianna Gum, and Seppo Kanervisto, I. F. Y. E. from Finland, attended. It was the first time any of them had been to Jackson's Mill. They declared it the most learning that they had ever gotten in so short a time and were inspired by the place as all are who ever go there. Ann Wolfe did an excellent job of presiding at one morning assembly "pinch hitting" for Paul Sanders who didn't arrive in time because of high waters making the road impassible. The trip was a real challenge to the group.

Seventeen All-Stars, parents and agents attended the banquet at Luray on November 17, sponsored by City Service Oil Company, at which time the Key Award was presented to Lucille Carpenter and George Cather. The All-Stars are a help and inspiration to the 4-H club members of the county.

I. F. Y. E. International Farm Youth

Exchange Program

The highest honor that can come to a youth program was awarded to Frederick County this year. Wilda Jean Adams was selected as an I. F. Y. E. to Finland. This program did more to create interest and cooperation among all Extension groups, Civic Clubs, Schools, Churches and business firms in our county. The H. D. Clubs feel rewarded in their efforts to help the youth program the past 8 years, and our youth are grateful for their support. I shall not repeat a lot of data here but will let the attached news clippings, letter, and report of methods used to raise the county's ** share of this program speak for ~~itself~~ itself.

Since Wilda's return November 15th, she has given her colored slide report of her trip at her church, the H. D. Club achievement program, and the 4-H achievement program. Many, Many more requests will be made to hear her report.

Procedure Used to Raise I. F. Y. E. Funds for Wilda Jean Adams

A County Council meeting was held to start the program. Leading business men, key people, and chairman of clubs were invited. Frank Keesling, I. F. Y. E. to Scotland in 1955, gave a report. The county council voted to sponsor the project and voted that supporters of the Youth Program on a county level should give to the I. F. Y. E. fund this year and give less to the county program if they felt that they couldn't go above the amount they were already giving. This generous stand by the 4-H clubs was a big factor with many contributors and helped get more for the I. F. Y. E. fund. The club members felt it was an honor to them and to their county for one of their number to be selected.

For the past five or six years the Home Demonstration Clubs and 4-Wer's have helped several civic clubs with local drives such as bloodmobiles, polio drive, cancer drive, fund raising for James Wood High School, etc. This year was the first time that the occasion has arisen where we needed help in raising funds for a former 4-H Club girl, and the response was fine. Then, too, we had a girl worthy of the honor and with a record that appealed to the generosity of the contributors. Thus, the ground-work was laid several years ago, our cooperation with others paid dividends. It being the highest honor that could be achieved was also a strong factor.

A letter was sent out to the chairman of all clubs and heads of business firms explaining the program and asking their help. I. F. Y. E. literature was distributed also. This was followed up by phone calls and interviews. One club (Quota Club) asked if they couldn't have a part in the program. We had overlooked them. They gave \$50.00. The two Ruritan Clubs, in appreciation for help given them by the Home Demonstration and 4-H Clubs on yard parties to raise funds for James Wood School, set up a fund to purchase the camera complete with films and flash bulbs. Bill Bradley laid the ground work for this with Mr. Irvin Cather, a member of one club, who made the contracts with the other club. Mr. McSherry Lupton gave her a check for \$75.00 for personal use from the sale of an apple grader he had contributed. His daughter, as well as he and Mrs. Lupton, have all been abroad and he wanted her to see some of the countries while she was there.

J. Kenneth Robinson, President, State Horticultural Society, Secretary of Shenandoah Vinegar Plant, and stockholder in the Farmers and Merchants National Bank at Winchester, and one of the largest apple growers we have deserves a special citation for his help. He secured for us: \$25.00 from Shenandoah Vinegar Plant, \$200.00 from the bank, and with Landon B. Whitacre's help \$100 from the Fruit Growers Association.

Landon B. Whitacre, another fruit grower, former chairman of the Board of Supervisors and present chairman of the Frederick County Farm Bureau Federation also helped get another \$50 from the Farm Bureau. The Farm Bureau gave \$100 and we have Mr. Solenberger to thank for this.

Mr. Frank Armstrong, President of National Fruit Products Co. has a son in a European Country as a college Exchange Student, was chairman of the drive last year and appreciated the Home Demonstration Clubs securing \$1,925. from the County Mother March on Polio, gladly had National Fruit Products Co. give \$100 and if we needed more he'd see what they could do. We didn't need to go back.

All 4-H and Home Demonstration Clubs contributed toward the fund and the county council set up \$75 which we didn't need. Other clubs were told we didn't need all that they had set aside, especially the Home Demonstration Clubs. They were asked to add the amount not needed to their original amount set aside for the continuing Education Center at V. P. I. which they did.

Business places and clubs were most generous. The amount was secured before the original list of possible contributors had been contacted. Only a very few refused and their reasons were very good and justified. They had either made up their budgets before being contacted or had already pledged all they had set aside for the youth work.

Radio and Newspaper publicity was very good. Pictures of Wilda Jean were published along with stories of her achievements and stories of the progress being made in securing the total amount needed.

It is worthy to note that no adverse criticism or resentment was heard anywhere to the effect that she should not have received the honor. Everybody felt she was deserving and looked upon it as the highest honor the county could achieve and not an honor just to one person. Therefore they wanted to have a part in the project.

Now that she is in Finland, copies of her letters are mimeographed and sent to all clubs and persons who contributed toward her trip as well as other friends and key people. The local paper also prints interesting parts of her letters.

COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS
VIRGINIA POLYTECHNIC INSTITUTE AND THE UNITED STATES
DEPARTMENT OF AGRICULTURE COOPERATING

STATE OF VIRGINIA

V. P. I. AGRICULTURAL
EXTENSION SERVICE

Box 237, Winchester, Virginia

March 19, 1954

Dear Mr.

Frederick County has received the highest award that can be attained by a young person, in the nature of an International Farm Youth Exchange Student. Wilda Jean Adams, a 4-H girl and a Home Economics student at V. P. I., received this award for outstanding 4-H work and for her work as a student at V. P. I. She goes to Finland for 6 months - leaving June 19th. Upon her return she will be a Home Demonstration Agent.

It is required of the county from which the delegate is chosen to raise \$700.00 of the total of \$2200.00 needed for the trip. Our share of the money must be in Blacksburg by June 1. The Home Demonstration and 4-H Clubs are using various means of raising their share of the amount needed, but we also need the help of our Civic Clubs, banks, business firms and individuals.

Since the Home Demonstration Clubs have been helping the various Civic Clubs and organizations with the drives sponsored by them the past several years, such as Polio, Cancer, Red Cross, etc., we need the cooperation of your group in helping us raise the \$700.00 for our Exchange Student. Would you present this to your organization or Board of Directors and ask them, for us, if they would make a contribution to this project. Individual contributions would also be very much appreciated.

We are writing you to save time as we know that you are very busy. Would you kindly let us know what action your group takes on this request?

Sincerely yours,

Agnes V. Shirley
Agnes V. Shirley
Home Demonstration Agent

John T. Wolfe
John T. Wolfe
County Agent

Frederick County in turn, had an I. F. Y. E. delegate from Finland in the county from September 11 to November 10. He lived in the homes of Mr. & Mrs. John Whitacre, Mr. & Mrs. Ernest Adams, Jr., Mr. & Mrs. Sloan Wolfe, and Mr. & Mrs. Lawrence Cole.

He declared American ways of life most interesting and the people so friendly. He commended on American customs being so different that we have ~~so~~ so many more meetings and go so much more than do the Finnish. While here he experienced working in the apple harvest and processing, seeding grain, corn gathering, etc. He gave talks at a District Bankers Meeting, Farm Bureau Meeting, Ruritan Club, County 4-H Council and one 4-H Club meeting.

Mr. McSherry Lupton had the Rotary Club sponsor a trip to Florida for his free travel week.

VIII. SCOPE OF WORK:

	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
Number Home Demonstration Clubs or groups	13	14	14	15	16
Membership	354	393	395	418	436
Number of 4-H Clubs	13	15	15	15	16
Membership (girls)	246	365	450	437	463
Number other families reached	774	795	810	830	700
Total number different families reached	2290	3085	3090	3100	3010

IX. Give a brief statement as to how the following organizations functioned in the 1954 program.

A. County Home Demonstration Committee

The entire County Home Demonstration Club program is planned by the County H. D. Committee. The organization is made up of the presidents of each club, a Program Development Leader ~~one~~ from each group, with ~~some members-at-large~~ members-at-large. At the spring meeting (May) the committee checked the calendar of work to determine work accomplished and the plan for the rest of the year. Committees were appointed for the Achievement Program and a Program and Nominating Committee were also appointed. A report was made of the District Federation meeting. The Program Development Leaders directed the group's thinking toward ideas for the new calendar. Help was pledged to 4-H girls' project work, records, contests. The accomplishment sheets were discussed and the Federation Goal was considered.

At the preliminary fall meeting, the committee reviewed the year's work, suggested long-time projects, and community interest work, and appointed Program Development, Objectives, 1955 Calendar, and Club Goals Committees.

The Annual Meeting, held August 10, was called to plan the 1955 program, Mrs. Mary Whitacre gave an inspiring report on the 4-H program, its needs, problems, accomplishments; called for more trained project leaders and for help in completing this year's records.

Mr. Byron Brumback presented the Grange Clean-up Garbage program for Frederick County and asked for the Cooperation of the H. D. Clubs.

Dr. Lindall, County Health Officer, explained the County Health Council program and asked the community to sponsor this project.

The group was asked to seriously consider and set up a rotation plan for the drive and projects sponsored. They were to raise money.

The delegates to Institute of Rural Affairs emphasized the need for becoming better informed on Government and Citizenship obligations to our youth and country, and appealed to them to take part in civilian defense and health and nutrition work,

and to plan a long-time program with fewer topics and giving broader study to each. The health and housing picture was clearly presented as a carry over from last year and it was decided to continue work on both. School cafeterias are still an important project and an appeal was made to strengthen the P. T. A. program and Home Nursing. The Polio Chairman called for help with the next county Polio Torch Light Parade.

More emphasis was placed on Money Management, Social Security and Family Insurance Study.

Club Objectives

1. Each member plan to reach new people and reactivate nonmembers.
2. Assist the agent in organizing at least one new club.
3. Help form new 4-H clubs and enlist more ~~business~~ leaders.
4. Arrange club schedules early keeping them elastic enough to include monthly and special interest meetings, county-wide activities and work with other organizations keeping in mind that each club be prepared to conduct 6 or more meetings without the agent.
5. To be ~~presented~~ represented at all Leader and county meetings and the District meeting.
6. Each club increase average attendance over 1953 and visit at least 3 non-members.
7. Have a 5 minute routine check of club objectives at each meeting.
8. Promote at least one Community Project.

Federation Goal Objectives

1. Understand and ~~now~~ know how to help others understand the clean-up project and County Health Council.
2. County Government:
 - A. Education
 - B. Urge full participation
3. Clubs meet together for lectures by proper authorities on county government.

4. Sponsor religious education program, polio porch light parade, emergency food shelf, home nursing classes and youth program.

HOW

1. Each club have Federal Goal chairman.
2. Cooperate with health program and clean-up campaign.
3. Allow ten minutes at each meeting for federal goal study.
4. Each club have representative at all meetings of clean-up and health committee meetings of public interest.

Points to be Stressed in County Government

1. Voting
2. Study County Government.
3. Study duties of county officials.
4. Study qualifications of county officials.

Calendar for 1955

Long time program Citizenship, housing, kitchens, result demonstrations.

November - Leader Training on Christmas decorations by Margaret Flickinger.

December - Christmas observance - Leader Training on money management

January - Money management and hooked rugs - Leader Training on Federation Goal

February - Federation Goal - Our county government

March - P. M. Insurance - (Health, Property, Hospital, Medical and crafts)

April - Social Security Groups - Mrs. Nelson

April - Early-Jamison - Leader Training

Demonstration - Good Design in House Furnishings

May - Wise use of accessories in House Furnishings

June - Gifts from the Kitchen

July - Advanced Textile Painting (Cut stencils)

Institute of Rural Affairs - Picnics

August - Picnics - Club Choice

September - Advanced textile painting

October - Club Choice - Braid rugs or slip covers

November - Smoking

County Special Interest Activities

Advanced carpentry

Social Security

Slip covers

Braided rugs

Hooked rugs

Dress rugs

Tours

Result Demonstrations 1955

Kitchens - Water

Storage Fruit Plots

A. County Board of Agriculture

The organization of the county board of agriculture is still the same except for some reason not ~~exact~~ explained to the Home Agent all women were removed from committees 2 years ago. There are 14 functioning committees, namely: Youth, Poultry, Horticulture, Farm and Home Markets, Livestock, Dairy, SCS, Purchasing, Resolutions, Legislative, Farm Credit, Housing and Veterans. The Board meets quarterly and endorses all agricultural work in the county.

B. County 4-H Club Council

The officers and leaders of the 16 4-H clubs in the county make up the County 4-H Council. The Council holds meetings as needed and plans all county 4-H activities by means of working committees. Committees on Safety, Fair and Achievements, Membership, Special Training, Program and Recreation, Publicity and 4-H Projects, plan and execute the program approved by the Council. All 4-H Club activities previously narrated were planned for the most part by the County Council, with results as noted earlier in this report.

d. Honor Club

This group of older 4-H Club members assists materially in helping younger 4-H Club members with projects and project records. Goals were set up by the ~~goals~~ goals committee and each member elects to adopt at least one goal. If any member fails to achieve his goal, he, or she, is automatically dropped. The members really accomplished good results in the program by helping increase enrollment, assisting younger members with projects and records, serving as Junior Leaders, etc. The goals set up were:

1. Serve as a Junior Leader
2. Secure at least 3 new members and help them get started on projects.
3. Be responsible for recreation at 5 club meetings.
4. Assist with county-wide activities.
5. Help own club plan an educational exhibit.

The Honor Club is a fine means of developing Junior Leadership. They are members of the County Council and assist with all plans. It is also a means of holding older members in 4-H work.

e. County Chapter of 4-H All Stars

The All Star group is organized with full staff of officers. They set ~~the~~ in an advisory capacity at County Council meetings and with planning the county program, serve as organizational and project ~~member~~ leaders, set high standards of conduct as a challenge to 4-H members, and assist with any and all 4-H activities. The group meets subject to call

f. County 4-H Project Planning Committee

This committee is made up of ~~at~~ a leader and older girl from each of the 15 clubs. With growth what it has been, there is a real need for this committee - to help iron out, overcome, and strengthen the weaknesses in the program, as well as helping to plan a calendar of work similar to the Home Demonstration Calendar with committees to recommend activities, rules and regulations for:

Countywide events

Contests

Selection of Projects

Leader Training, etc.

The committee agreed that all projects should be offered to the girls since they want to enter all contests. It was also agreed that all club members should have Health, Safety or Recreation as group activities; and as many as possible take the Better Methods Electric projects. It was recommended that H. D. leaders who had had training in various projects be asked to help the 4-H Club girls, and from this one source the girls get a lot of project help.

h. Other - Civilian Defense, Professional Workers Council, or Civic Organizations

1. Civilian Defense

As previously narrated 60 4-H members received Junior certificates for completing the First Aid and Civic defense courses taught by the Red Cross.

2. Professional Workers Council - There is none in the county.

3. Civic Organizations

The County 4-H council worked in cooperation with all civic clubs, etc. in raising the I. F. Y. E. fund for Wilda Jean Adams, delegate to Finland. In fact it was the generosity of the 4-H clubs that won the support and admiration of many who contributed. They noted 100% to gladly have less given to them on a local level for youth work by their supporters, ~~and this year~~ this year and asked them to give some of their share toward the Exchange Student fund. Each club gave a contribution and the county council set aside \$75 to be used if needed.

Club members assisted the Maritan Clubs with the Yard Party at James Wood High School for Band Uniforms.

i. Publicity

A very good publicity program is carried out with the two daily papers and the radio. The paper never fails to print any worthwhile news items. They have pictures made and pay for the pictures and mats for all pictures printed in the papers.

The radio station broadcasts any and every event and can be depended upon to come to the rescue in every emergency. As Mr. Morgan told the Bloodmobile Committee, "I weep for you over the air every five minutes to urge donors to come in."

Bulletins, leaflets, movies and circular letters are excellent devices to use in keeping the public informed. Personal appearances and talks by members, leaders and agents on program for civic groups and at other business meetings are also good, and are used at every opportunity.

XI. LEADERSHIP

A. Describe briefly the contributions of the volunteer leaders to the program.

1. Adult organizational leaders are the officers of the H. D. clubs; program development leaders and result demonstrators, together with the County Home Demonstration Committee officers take the initiative in planning and executing the program. The high school cafeterias, cancer drive, Bloodmobile, kitchen tours, etc., previously narrated are examples of the type of leadership activities of leaders. Six meetings of each H. D. Club were held without the agent and some held 7. They will continue holding six without the agent next year. Our best leaders and workers are former 4-H club girls who are doing an excellent piece of work in selling the program. The newer clubs are more willing to assume leadership without the agent than some of the older ones. Organizational leaders spend several days each and with so many Special Interest projects in addition to the regular schedules, Result Demonstrators, sponsoring Citizenship Activities, most members have a chance to show leadership ability and use it for the good of the people. Many non-members receive help each year. Leaders are listed further on in this report.

2. Program Development Leaders

Most of these ~~new~~ leaders have served continuously for 6 years and for a new project they have done well. They can ve given credit for the following major results.

First, they have guided their groups into thinking in terms of ~~one~~ longtime

projects. Such projects have been kitchens, (Housing), storage, furniture, house furnishings, result demonstrations, Federation Goal, etc. Projects that they have started have been and are being finished. The results are narrated under these projects in another section of this report. They have convinced the groups that they get better and more satisfactory results by studying fewer projects with more related work on these. The groups have been led to analyses, see and work on community improvement projects. Outlook information is presented.

These leaders have one training meeting each year and at several meetings during the year they challenge the thinking of their groups toward ideas and projects for the following year's program which they present at the planning meeting. This year they did unusually well without much help from the home agent, she being in Arkansas for one month.

The following objectives define the function of the program development leaders.
Program Development Leaders Shall:

1. Present program calendar to club members in way she thinks would create most interest.
2. Report persons wishing special interest work by December 1.
3. Submit to Home Agent any changes and club choices each club desires by Dec. 1.
4. Members report to program leader ideas they wish included in next year's calendar.
5. Give program devotion leader a few minutes at each meeting to discuss next year's work.

3. Subject Matter

Each club selects project leaders for each project as follows:

Program Development Leader

Federation Goal Chairman

4-H Club Chairman

Project Leaders

Money Management	- 1.
	2.
House Furnishing	1.
	2.
Arts and Crafts	1.
	2.
Carpentry	1.
Clothing	1.
Foods	1.
Gardening	1.
County Special Interest Activities	
Advanced carpentry	
Social Security	
Slip Covers	
Braided rugs	
Hooked rugs	
Dress Forms	
Tours	
Result Demonstrations	
Kitchens	Water
Storage	Fruit Plots

This makes a total for the 16 clubs of 308 project leaders, plus 91 Result Demonstrations for this year. This year these leaders gave 443 subject matter demonstrations and 120 Federation Goal demonstrations to adult and 4-H groups. These leaders were trained by the specialists from V. P. I., Northern Virginia Power Co., Red Cross, District Agent and the Home Agent. The group devoted a total of 890 days to their work. The 96 officers of clubs worked 512 days, and the 13 community leaders worked 74 days. Many of the leaders are the younger matrons and take a lot of interest

in their work. They give excellent demonstrations and are placed when given a chance ~~sets~~ to do something. Home Demonstration members also act as 4-H organizational and project leaders to all clubs which will be explained in the youth section. A total of 46 new H. D. members were secured in 1954 as reported by 210 members. This includes one new H. D. Club.

4-H Leadership Activities

- Adult and Junior -

Each 4-H Club has an organizational leader whom the girls respect, can rely upon, and who challenges them to develop their best qualities of leadership and skills. They act in an advisory capacity for all club activities and serve on committees for all county events, assist with educational exhibits, help each girl~~s~~ for contest work, project instruction and demonstrations.

Each club staff of officers presides at meetings, and take the lead in having club participation in as many activities as possible. The Honor Club is one of the best ways of developing Junior Leadership for organization and project work. The group also are members of the county 4-H council and help plan all county wide 4-H activities. The county wide parties are held annually and are planned and executed entirely by club members. The 4-H Fair, 4-H Achievement Program contest work, county and area, a high percentage of completion of project work, are examples of the work of the leaders. ~~These~~ The Honor Club members really work on getting project records completed.

Adult project leaders are members of H. D. Clubs, mothers and All Stars. In this field, girls have the opportunity to secure help from trained subject matter leaders in all their projects. They assist with work meetings, give demonstrations at club meetings, and at home, and help any and every girl who expresses a need for assistance.

Junior project leaders are older 4-H girls who assist the younger members of their clubs. 103 Junior Leaders gave a total of 460 demonstrations; while 155 adult project leaders and helpers gave a total of 250 demonstrations, with 160 given by the agent, specialists and other professional workers.

We want to pay tribute to our 4-H girls' adult leaders. Each and every leader is qualified and is able to meet the needs of the members in her particular club. Each is respected and the girls feel free to go to them with any and all problems.

Many qualities of leadership were developed and displayed by the majority of the older 4-H girls but evidence of outstanding leadership training is shown by Roxanne Rogers, who is studying Home Economics at college and taking an active part in all college activities; and Wilda Jean Adams, an all star, who did outstanding Home Economics work at V. P. I. and will become an Home Demonstration Agent, December 1, 1954. Marna Ashton is in V. P. I. studying Home Economics and working for her living expenses. Sarah Marie Smith is Junior Leader for the new 4-H club in her community. She is now in ~~she~~ college. Rhoda Whitacre, Jr. Leader, is also in college. Lucille Carpenter are all following in the footsteps of the older girls, as well as many more younger girls. Nancy Cather displayed outstanding leadership qualities the past year and is now a graduate nurse. Other ~~***~~ girls have been mentioned under 4-H leadership projects. It is safe to say that 1/4 of the total girls enrolled are older girls.

B Growth of Leadership

	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
Number of Project Leaders and Goal Chairman	194	205	205	285	308
Number Result Demonstrations	26	45	56	69	91
Number Goal Chairman	30	50	30	50	46
Number Training Meetings Held - By Specialists	7	10	10	10	10
By District Agent					4
By Agent	24	26	34	28	30
Attendance at all training meetings	257	424	436	472	417
Number meetings without agent	77	79	96	172	174
Number meetings leaders assisted	126	211	215	220	219
Demonstrations by leaders					164
Talks and discussions with leaders					210
Number of club officers	121	149	153	157	144
Number of Result Demonstrations		16	10	19	45

	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
Attendance at leader training meetings	166	299	315	399	572
Number 4-H leaders trained individually	26	53	36	34	35
Number club meetings held by leaders without agent	76	73	70	69	65
Number club meetings at which leaders assisted	57	60	83	65	60
Number demonstrations given					
By adult leaders	232	233	251	260	250
By junior leaders	302	457	449	457	460
Young men and womens clubs					
Number officers	8	8	8	8	8
Number leaders	2	2	2	2	2

C. Tell of Activities of Some Outstanding Leader and Her Accomplishments

Mrs. Richard Goode deserves this recognition this year.

Her outstanding leadership has been with the White Hall 4-H Club until last year the mothers took very little interest in the girls and club meeting. Mrs. Goode has them coming to meetings assisting with projects, attending County Contexts, the fair, achievement program, etc. The girls never entered the fair or contests until this year and much to the delight of the girls and mothers they won recognition in both events. Her club had the Fair Sweepstakes Winner for girls, one girl received one of the 2 Ruritan Trophies and was elected as Secretary of County Council for next year. She is also in the area contest (canning).

She has the women of her community asking for a H. D. Club and plans are to organize one in 1955. She was a member of the Shawnee Club until they moved to White Hall and was at one time considered for State Federation Goal Chairman but couldn't accept at that time.

She takes an active part in all county-wide activities of the 4-Her's as well as other civic work.

Under her guidance a P. T. A. has been organized which has succeeded in getting milk for the pupils, had the school building remodeled and painted inside and out, and better teachers.

As a member of her Community Grange she is working on Community Projects with that organization. She is a real leader in her community.

D. Outstanding Family

Many families deserve this space, but the Lawrence Cole family stands out for all-round activity.

Mrs. Cole is an excellent homemaker and their home was one selected by the Country Gentlemen group as a good example of good homemaking. In the H. D. Club she takes an active part and as a project leader gives an excellent demonstration. Her children are active 4-H club members, held offices in their club, attended State

4-H Short Course and do good project work.

Mr. Cole is a member of the Farm Bureau and is a good dairy farmer. It is a good example of father-son farm operation.

They are to be commended for the way they worked with the I. F. Y. E. delegate who lived with them for 2 weeks in October and November. Having read the instructions carefully they saw that he lived, worked and played with them as they did at all times with no fanfare. He was not considered as a "guest" to be entertained "but as a member of the family." His experience with them was a true family life picture of the average American family. He helped with the dairy, the crops, the machinery, was included in family recreation, went to church with them, was given medical care when he had a bad cold, etc.

16. Activities and Accomplishments of Most Outstanding Club

The Valley Mill H. D. Club, for a new club only 3 years, has done outstanding work and took the lead in a number of projects.

They have secured more new members than any other club in the county and their leaders have never missed a leader-training meeting or failed to give the demonstrations to their club. Their attitude is excellent toward carrying 6 meetings without the agent.

They made the contact with the Cancer Society and arranged for 27 H. D. Club* members to go to Charlottesville to the Cancer Detection Clinic for a complete Cancer Examination for \$10.00 per person. Because of this trial offer arranged by the Cancer Society to see if there was enough interest, standing arrangements were made for H. D. members to go on any Thursday in groups of 3 at the welfare rate of \$15 each. This is a great service arrangement for our group.

They also took the lead in getting the H. D. Committee to send a committee to the public meeting and help influence the war memorial committee to erect a building suitable for large group meetings at the city park.

They sent a delegate to the Institute of Rural Affairs.

They took part in the request to the Board of Supervisors to retain the Health Department.

A member of this club was elected to the County H. D. Committee and another member was named Polio Chairman for 1955.

They requested and secured help in conducting a class in First Aid and Civil Defense last year which has lead to all clubs in the county participating in these classes. They are now working on organizing a Home Nursing Class.

A committee from this club works steadily on making cancer dressings for the Cancer Society.

This group is active, alert, and an inspiration and challenge to the other clubs of the county.

Describe work in cooperation with other agencies. (This topic is covered under C number 6)

Significance of the year's work. Give here your feelings as to how the program contributed to better homemaking, better rural living and improved people, youth and adults.

The end of the year, with all its accomplishments, leaves the county united and working together toward one goal - that of being given the privilege of helping do their bit in making this a better world in which to live.

Citizenship study, with emphasis on Youth and Health, and Art in Daily Living, is worthy of first place. Leadership development in the youth program is very marked. Likewise, the project in adult work that challenged the best in leadership. Previous experience with cafeterias, field days, Federation meetings, etc., helped them succeed with P. T. A. work, Cancer Drive, First Aid, Emergency Food Shelf and Polio Drives, The fine feeling developed between the youth and adults, and with all coordinating agencies, does one's heart good. The work on United Nations makes us more world conscious. Everyone is more conscious of a need to study and learn more about government and citizenship. The health situation is improving, with the help of a county health staff. Work is now under way to sponsor a county health council. Educational facilities, with a new county high school now completed, are on the upward trend. The cafeteria debt was paid 4 years ago. More schools are getting cafeterias and a drive is under way to clean up the garbage situation in the county.

Skills learned and used in all homemaking projects for adults and youth are

making homes more attractive and comfortable, and pride is shown in ~~accomplish~~ accomplishments. The ~~trend~~ trend is now toward community and home beautification. Leadership is chair seating, re-upholstering furniture and other projects has been very outstanding. Nutrition work and foods program have done much to provide more balanced diets for many, many more, and more ~~work~~ work is planned for 1955. Six meetings were voted to be carried in Home Demonstration Clubs next year again without the agent.

The long-time view of the program has been started and as they go along, they have developed high ~~new~~ ideals, attitudes, skills and cooperation. They want, and strive for, the best, have a true sense of values and all are working together with good feelings toward a well rounded program. Leadership opportunities have developed pride and confidence in accomplishments and satisfaction ~~in~~ in seeing a job well done. There are better schools, a health program, increased family income, higher standards of living and all working together for a better, happier world. There is much yet to be done, but they are on their way. The Farm and Home Development program plans have been started in the county.

In the youth program, growth has been rapid in membership, project completions contest work, project work, junior leadership, honors and awards. Adult interest and help continue whenever the need arises. Home Demonstration Clubs membership is increasing and requests for more clubs are in hand. Likewise, more girls want to join the 4-H clubs than we have staff to take care of. The schools are very cooperative with the 4-H program. The county had an I. F. Y. E. delegate to Finland and one to come to the county which has increased interest in the youth program.

The goals and aims of both the adults and youth groups are better understood by the public, hence the reason for more cooperation and support from so many sources.

Give your felling as to how next year's work can be strengthened in the light of 1954 experiences.

HOME DEMONSTRATION CLUBS

Too much craft work has been included in the past. In order to do more work on the other more important topics, it was necessary to work in still more Special Interest groups in 1955. The past year spoiled them somewhat and naturally there was a little grumbling - with all that has been said and done, there are still a few that want personal work done for them on crafts and the agent at all meetings, and I believe an educational program is needed to clear this up. It's the older members (few) who feel this way. A personal conference may be the solution since they can give new members the same impression they have of the program.

In order to reach new requests for help and for clubs, the leaders will still have to carry more club meetings without the agent. Also, the program could be strengthened by older clubs giving some demonstrations to other groups. In some phases, the leaders need to put forth more effort to get to leader training meetings. They must be made to feel that the club depends on them for this work. The educational program should try to sell the idea that any member must participate if she is to get anything out of club work or any other activity, that our job is to help them to help themselves.

Quite a lot has been done, but still more can be done in giving new and younger members more responsibility.

Publicity is a weak spot and more could be done in this line by club reporters. Perhaps a training meeting for reporters would be a help. The radio is a very good device and the local station is cooperative. There is a weekly program. The newspapers are always cooperative and will print all that we can get to them.

4-H CLUBS

~~More clubs~~ More leaders are always needed and especially in the school clubs. It is hoped that some system can be worked out for more adult leaders for the school clubs.

The 4-H Adult Advisory Committee has been needed badly for sometime and we feel that they will do much to plan a more workable program that will be more help to the

girls. A handbook similar to H. D. is needed by the 4-H Clubs.

The 4-H Fair is good but it doesn't do the girls much good by being held after school opens. They have not enough time to help with arrangements, decorations, plans or even do a good job of making exhibits. The parents and leaders feel this keenly and would like ~~us~~ it held prior to the opening of school. They feel that it will be of more benefit to the girls by giving them the opportunity to do all things the leaders have had to do that they should do if it is to be a device to develop their leadership ability.

4-H Club standards should be raised - particularly those on exhibiting a 4-H pin, and if some standards or objectives were set for 4-H Clubs similar to those for the Home Demonstration Clubs, there would likely be a better group spirit. Parliamentary procedure is a must in both 4-H and H. D. Clubs, especially the new groups and plans are underway to have lessons on this. The County Council could train club officers.

The leaders need training in contest work so that ~~they~~ they can help the girls get ready for contest days. More training for girls and leaders is needed in setting up contest records. This activity does more to teach the girls self-expression, poise and skill, than any other 4-H activity.

With so many things sponsored that call for money, each club has planned to vote at H. D. Planning Meetings to set up a rotation system.