

VIRGINIA

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REPORT FILES
OFFICE COOPERATIVE
EXTENSION WORK

COOPERATIVE EXTENSION WORK
in
AGRICULTURE AND HOME ECONOMICS
State of Virginia
- 1934 -

U. S. Department of Agriculture
And State Agricultural College
Cooperating

State Relation Service
Office of Extension Work
Washington D. C.

Twenty-Third Annual Report
Narrative
of
Negro Home Demonstration Work

10

Date Dec. 20, 1934

Date _____

L. A. Jenkins
Home Demonstration

District Agent (negro)

Hampton
Extension Director

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Institution*

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FOREWORD

Included in this the 23d annual report, is the work of the six local home agents during the period December 1, 1933 to November 30, 1934, inclusive. There was a change of agents in one county, Halifax, during this year. Mrs. Othelia E. Brown's resignation became effective March 31, 1934. Miss Hannie E. Jennings, a native of the county, began work as local home agent for Halifax County April 19, 1934.

Other work included is that of the district home agent in 23 farm agents' counties and in four counties having neither farm nor home agent, 27 in all. To this number of counties can be added the various communities reached through food and home improvement work done for the Christian Conference in June.

Counties served by local home agents:

Amherst	-	Miss Rachel R. Carter	-	Amherst
Bedford	-	Mrs. Youtha E. Flagg	-	Bedford
Halifax	-	Miss Hannie E. Jennings	-	1902 E. Main St. South Boston
Hanover	-	Miss Thelma S. Tonkins	-	Ashland
Louisa	-	Miss Blanche D. Harrison	-	Louisa
Nelson	-	Mrs. Kate E. Greene	-	Shipman.

Farm agents' counties in which the district home agent gave demonstrations:

Albemarle	-	Charlotte	-	Lunenburg
Amelia	-	Chesterfield	-	Wecklenburg
Appomattox	-	Dinwiddie	-	Nansemond
Brunswick	-	Gloucester	-	New Kent
Buckingham	-	Gooseland	-	Powhatan
Campbell	-	Greensville	-	Prince Edward
Charles City	-	Henrico	-	Prince George
Southampton	-	Sussex	-	

The district home agent gave demonstrations in these counties also.

Cumberland	Spotsylvania
King and Queen	Lancaster

PERSONAL REPORT SUMMARY OF LOCAL HOME AGENTS

Through the six county advisory boards five junior councils, 70 adult clubs and 104 junior clubs, the six home agents reached 2756 farm families and 669 other families, a total of 3425 families in 1934. Membership in the clubs were, County Advisory Boards 223; Junior Councils 173; adult clubs 1214; junior clubs 2372, with 1707 completions. The extension program was planned cooperatively in 122 of the 238 communities in the six counties. Leaders for adult work included 34 men and 73 women. In 4-H club work 27 men, 84 women, 18 older club boys and 54 older club girls assumed voluntary leadership. There seemed to have been one man and three paid local leaders engaged in relief work in this territory.

The following tables show the distribution of membership in 4-H clubs during 1934:

Members	1st	2d	3d	4th	5th	6th and over
(a) Boys	144	198	193	103	41	22
(b) Girls	238	454	495	273	129	82

Age	10	11	12	13	14	15	16	17	18	19	20 and over
(a) Boys	64	84	114	120	102	87	64	32	27	5	2
(b) Girls	148	178	242	218	247	231	160	124	57	37	32

Number of 4-H club members: (a) In School - 2101 -
(b) Out of School 271

The home agents trained 92 judging teams and 192 demonstration teams. In three counties there were eight groups of older boys and girls which included 29 young men and 87 young women. In pursuit of the work 2795 visits were made to 2018 homes and farms; one thousand four hundred fifteen office calls and 150 telephone calls were received; 71 articles published in newspapers; 1958 letters were written; 72 circular letters were sent; 3678 bulletins were distributed; 26 exhibits were held. To inform leaders of their duties the agents held ten training meetings for adult work which were attended by 10 men and 80 women. For junior work the

attendance for the 16 meetings was 136. Method demonstration meetings held 1168, attendance 13,796; meetings held at result demonstrations 872 with attendance of 3798. One hundred fifteen persons attended the six tours held to see adult work. Two tours for junior work had an attendance of 44. Five adult achievement days were held with 361 attending, while 440 persons were present at the five junior achievement days held. The agents reported 151 other meetings of an extension nature, attendance 9,230. Local leaders were held for adult work, 46 meetings, attendance 826, and for 4-H work 21 meetings with 546 people.

According to the 1930 census there are 8428 farms in these six counties, with 2756 of them and 668 other than farm families definitely influenced by some phase of the extension program. The agents said that 579 farms, 2270 farm homes, and 406 other homes have been able to change to better practices because of the home demonstration program. Four H club members live in 1466 farm homes and 170 other than farm homes in the six counties.

SUPPORTING ORGANIZATIONS

County Boards of Supervisors

County Boards of Supervisors, composed of elected representatives from each magisterial district make the local appropriation for the home agents' salaries. These appropriations vary from \$60.00 in Nelson County to \$180 in Bedford and Hanover. The Louisa Board raised its appropriation this year from \$60.00 to \$100, thus releasing the County Advisory Board from the payment of \$60.00.

County Advisory Boards

During 1934 the Nelson County Advisory Board had to raise fifty dollars of the agent's local aid, while Louisa's Advisory Board was released from the same amount as was mentioned above.

The majority of the 223 members of the six advisory boards consider it quite an honor to belong to this county organization, and assume much of the responsibility for the success of the different community activities, such as extension schools, farmers' conferences, financing extension activities, carrying out the county program of work. The Louisa report says that the board holds quarterly meetings, (as most of them do), raised and paid out \$69.53 towards agent's salary, expenses of delegates to State four H Short Course, delegates to State Farmers' Conference and to State Advisory Board, sponsored the County Extension School, located communities where work should be conducted, thus as-

sisting her in reaching 54 new families this year.

Nelson County - "The Advisory Board assisted with the work of eleven community clubs, as this was considered the best method of getting the extension work across. At the annual meeting of the County Advisory Board held at Shipman May 21, the Board was asked by the county garden director to assist with the Nelson County Day program. The invitation was accepted and it was agreed that we would prepare exhibits of vegetables, flowers, and other products, the object being to create an interest among the people to raise more and better fall and winter gardens, to can all surplus foods, and to continue the home beautification of grounds project. The board assumed the responsibility of one booth for that day and from the sale of food turned in \$26.00 to be used for the dental clinic for school children. All exhibits were held as agreed upon. The board also raised and paid \$50.00 of the agent's salary."

An examination of the narrative report of each county will show that each advisory board has contributed to the moral and financial success of the work.

4-H CLUB COUNCILS

One hundred seventy-three members of 4-H clubs make up the Junior Councils and have much to do with shaping policies of the work for young people. The county council is composed of presidents, secretaries and leaders of the local clubs and meets in semi-annual or quarterly meetings, with an occasional called meeting for considering special activities such as picnics, contests and Short Courses.

Amherst County - "The outstanding work for 1934 undertaken by the council was to raise funds for the State Short Course in order to have more clubs represented. This was done by having each club to give a benefit social and turn the money over into the council treasury. Enough money was raised to pay the bus fare of all delegates in attendance, which amounted to \$22.50. There are 864 Negro girls of club age in Amherst County and 248 of these were enrolled in club work during 1934."

Hanover reports that: "The junior council aids in the training of officers for the local clubs. The council contributed \$5.00 for shrubbery for beautifying the County Training School building at Ashland. It also appropriated \$10.00 to help defray expenses of delegates to State Short Course from the five best clubs in the county.

RELATIONS WITH OTHER ORGANIZATIONS

All agents report friendly relations existing between themselves and other county organizations such as schools, churches, health committees and relief workers. The Bedford report says that these agencies have not been asked to give financial aid but that they cooperated with any movements undertaken by the clubs. The Louisa agent wrote the superintendent of schools in her county, as usual, granted the use of school buildings for community meetings out of school hours whenever needed.

Hanover, Amherst, and Louisa reported work with the tuberculosis committees in their counties.

PROGRAM FOR 4-H County Council

Work to be Done	Work Accomplished
1. Growth Work Contest	: Held in August
2. Winner attend State Short Course	: Attended State Short Course, August.
3. Health Week	: Held in April
4. Four H Club Day	: Held in July
5. Hazel-Atlas Contest	: Held in October
6. Clothing	: Followed as a project
7. Increased enrollment	: Thirty-seven members added.

According to the figures secured from the office of the Superintendent of Schools for Hanover County, there are about four thousand three hundred sixty-seven Negro boys and girls of club age in the county. At this present time, in 18 communities, there are 291 girls and 191 boys being reached directly. Plans are made for reaching more through more and better trained leaders who will be able to carry out plans for clubs organized without much help from the agent, putting on membership campaigns, and a varied program, and considering the ages and interest of the groups."

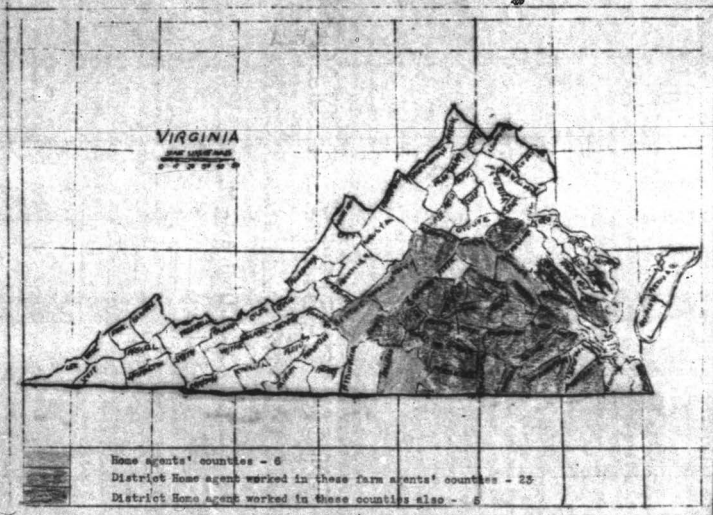
The U. S. Census for 1930 gives population of girls in these six counties between the ages of 10 and 19 years, inclusive, as six thousand five hundred thirty-five. Allowing approximately five hundred more for the 20 years old girls there would be approximately 7085 girls of club age in these counties. This year the agents enrolled 1671 girls and 701 boys.

The table below shows the enrollment for the past three years.

Year	Adults		Juniors	
	No. clubs	No. Members	No. clubs	No. Members
1932	85	1346	92	2141
1933	61	1065	96	2244
1934	70	1214	104	2372

* The 1930 U. S. Census gives 566 as the number of girls between the ages of 10 and 19.

1934

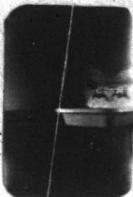


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1934

LOUISA COUNTY



Sinks installed in kitchens of Mrs. Mary Gardner (left) and
Mrs. John Holt (right)



Mrs. Lella Morris' Sink

DEVELOPMENT OF A MAJOR PROJECT

Louis County - "Home Improvement: This was the major project and emphasized "kitchens" under the Home Management Project. One hundred eleven women in H. D. Clubs enrolled for this work. Beginning the first of the year the seven projects to be demonstrated were outlined to the groups to give them the general idea of the work to be done. Individual leaders were given instructions. Pictures of attractive kitchens were collected and brought into demonstrations. Styles and materials for kitchen curtains were discussed; samples of wall paper and floor covering were collected and shown. Treatment of plain wood floors given. Four ways to raise working heights in kitchens were shown with simple devices. Farmers Bulletin 927 was studied for convenience. Bulletin 1513 was studied for kitchen conveniences relative to storage places. Water supply for farm houses was demonstrated from Bulletin 927. Demonstrations in washing dishes and mixing a simple cake were used as checks in step sewing lessons. Several types of kitchen utensils were collected and demonstrated to show points to notice in buying. Importance of screening the kitchen and controlling fly-breeding places discussed.

By request District Agent J. L. Charity made a survey for installing sinks. As a result four kitchen sinks were installed to take out water in the following homes: Mrs. Mary Gardner, Route #2, Frederick Hall, Mrs. Lelia Morris, Route #1, Mineral, Mrs. John Holt, Route #2, Louis, Mrs. Ella Hunter, Route #1, Trevilians, Virginia. Two of these kitchens had the barrel system for water supply. The above kitchens are serving as demonstrations, being widely separated in four different districts. Four labor savers were demonstrated and back yard improvements outlined. Sixty-eight women followed a better schedule for home activities and saved time and steps. Sixteen families followed recommended methods in buying. One hundred thirty-four families including those in newly organized community clubs were assisted in making adjustments for more satisfactory standards of living."

FOODS AND NUTRITION

Regardless of what the major project may be all home agents gave time to preparation, preservation and serving of foods. This work was conducted in 142 different communities. Four H Club members prepared and served 1009 dishes of food, 1584 whole meals, canned 20,361 quarts of fruits and vegetables, 4599 containers of jellies, jams, and other products, and put away 4589 pounds dried fruits and vegetables. The home agents assisted 286 families in the producing and preserving home food supply according to annual food-supply budget. Fifteen hundred thirty-three families were assisted in producing larger part of food on farm, 870 families were assisted in the

LOUISA COUNTY



Mrs. Mary Thompson repaired porch steps, screens, painted her home (above) and set flowers and shrubs



Mrs. Lelia Morris' barrel water system and home made oak cabinet. Mrs. Morris' son made the cabinet from lumber cut from their farm.

canning or otherwise preserving of fruits, vegetables, and meats, thus adding 116,217 quarts to the number reported for 4-H club members. These goods are valued at \$36,033. Families totaling 223 followed recommendations for the storage of home food supply while forty-three were assisted with economic information for readjusting family food supply.

Bedford County - "Mrs. Eliza Miller, a member of Poplar Springs Community says, "Nothing has helped me and my community as much as extension work. We have learned the great lesson of working together and we find that life itself seems sweeter when we meet together and discuss plans to lighten our burdens in our homes.

We have been able to do a great deal this year with our foods work by using our cooperative pressure cooker, which our club bought last year. We have learned to select the right kinds of food, how to prepare it so that it may be appetizing and nourishing and better ways of setting it.

At each meeting the hostess cooks and serves a meal, using our pressure cooker. We have been given instructions in making better breads and in judging it. It is remarkable to see the improvements we have made in cooking. All this has been brought about by using extension methods."

Amherst and Halifax Counties reported that some of the H. D. club members put up extra cans of vegetables to help with hot lunches at the schools. Mrs. Malinda Ballou, of the Mountain Road, Halifax County Club became so much interested in canning for school lunches that she went from home to home in her community to arouse interest among other women, often carrying vegetables from her own garden to assist the other women with their share of the canning.

Hanover County - "Mrs. Lillie Smith, Beaver Dam, Virginia, said, "I have canned some of everything I could get hold of for the winter. I put cabbage and salad into jars for during the winter when all the children are in school. I do not have anyone to go into the garden for me. I haven't been able to fill out my budget, for my family is quite large, 12 of us, and then there was a shortage in fruits and vegetables. I have 386 quarts of other vegetables, 136 quarts of tomatoes and 155 quarts of fruits."

Mrs. Edna Thompson, Hewlett, Virginia, said, "When I kill my hogs I do not throw away a thing. I canned up all the so-called scraps. After I have canned the sausage, tenderloin, and spare rib, I can the meat skins for seasoning greens during the winter. Before the winter is over everything has been used."

CLOTHING

Clothing work was conducted in 101 communities with 53 leaders assisting with the 324 adults who did definite clothing work. Agents gave 186 demonstrations while leaders gave 5840 visits were

made and 270 calls received in connection with this type of work; two hundred twenty-eight persons followed recommendations in clothing construction; 162 in selection; 47 kept accounts; 34 budgeted expenditures; 28 followed clothing buying recommendations; fifty-five improved children's clothing; 310 followed instructions for care, renovation, and remodeling clothing; 168 families were given specific economic information help for meeting clothing requirements, and 32 other persons followed other specific recommendations. This work resulted in a total estimated saving of \$1834.

The Nelson report says that "As long as figures and fashions change and economic conditions are bad, just so long will it be necessary to continue clothing as a project." While the Amherst reports refers to the fact that a little money must be stretched over a large area and all agents indicated that much of the clothing work consisted of made-over garments and clothing made from bage.

"Mrs. Mickens of the Avon Club has the credit for being so good at dyeing and the remaking of garments that it is hard to distinguish them from new. She pays special attention to line and color."

Amherst County - "During the winter months Mrs. Jessie Watson made over garments for children from adults clothing which amounted to a saving of \$14.00. These were boys over coats, suits and trousers.

The best group work for adults was done by the Pinesy Grove women. At each meeting held during the year an exhibit of garments made during the month was shown. Four of the members were young housekeepers and former 4-H club girls. Judging teams were chosen at each meeting and the women did their own judging. The good and bad points were discussed after the decisions were made. Ribbons were given for the best garments. Project leaders were Mrs. Mamie Smith, Mrs. Martha Kidd and Mrs. Lula Rose."

Bedford County - "Mrs. Lenore Carter, Forest, Virginia says, "I have been a Home Demonstration Club member for seven years and each project I complete helps me not only with my home work, but enables me to earn some money which helps with the up keep of my family.

Times have been very hard with us this year. My husband has not had regular work and as I have a new baby I was not able to go from home to work, but thanks to extension work, which is carried on in my community for the instruction I have received as a club member in sewing and new methods in laundry thereby making it possible for me to earn \$86.75 from December 1933 to October 1934.

I was anxious to make my bed room more attractive so I spent some of this money for wall paper, window shades, rods, curtains, sheets, pillow cases and bedspread.

Each year I send clothing exhibits to the state fair and win prizes."

HOME MANAGEMENT

In spite of the importance of the food problem the agents have not neglected home management and house furnishings. Often we have found out that getting a better kitchen is an incentive towards a better food supply. The two things had to go side by side. During the year 180 kitchens were rearranged for convenience according to recommendations of home agents, 74 families obtained better labor saving equipment, 221 improved their laundering methods, 137 were assisted with soap making, 583 used better methods in the care of the house, 439 secured home-made equipment, 153 followed a schedule for home activities, personal accounts were kept by 216 4-H club members, 68 families kept home accounts, and 40 families budgeted expenditures in relation to income according to recommended plans.

The agents assisted 17 families in developing home industries as a means of supplementing income. For buying for the home, (other than foods and clothing) 22 families were assisted. Five families were assisted in using timely economic information as a basis for readjusting family living, (other than for food and clothing), while two hundred seventeen were helped in making adjustments in home making to gain a more satisfactory standard of living. Fifty-nine families had more time for rest and leisure as a result of the home management program. It is estimated by the three agents reporting on this question that \$288.00 was saved due to home management program.

Bedford County - "Mrs. Helen Thomas of Forest Home Demonstration Club is happy because extension work has helped her get some comforts in her home. She has dug a cellar, which she will use for storage and laundry work, built an open front poultry house and fenced the chicken lot in, added a large window in her kitchen, painted the kitchen walls and furniture, papered walls in three rooms, bought new rugs for her kitchen and dining rooms, graded the lawn, sowed grass seeds and planted shrubbery.

She says, "Since I have been a club member I have learned to refinish and paint furniture, to rearrange furniture to save time and steps and to use the things I have on hand to beautify my home."

Nelson County - "The purpose of home management as part of the extension program is to have more homes comfortable, convenient, cheerful and clean. Much stress is placed upon:

1. Good light, ventilation, screening, additional storage space, and the proper disposal of waste.
2. The care and use of cleaning implements and agents.
3. The value of a home maker, and how to arrange her time so as to have her leisure at the right time, and how to use that leisure.
4. How to buy for the home and its occupants.

Mrs. Millie Franklin, of Shipman has done most in this line. Having painted the house, screened the back porch, put in electric lights, built in additional storage space, and rearranged her front and back yards. She says, "It has been a great sacrifice for I had to choose between a car and the home improvements. I finally decided that in the long run, improving the home brought more happiness and better health to the entire family than would the car, and happiness can not be measured in dollars and cents."

HOUSE FURNISHINGS

Household furnishings by 436 families, with 346 families following recommendations for repairing, remodeling or refinishing furniture, 246 for the treatment of windows as to shades, curtains, and draperies, 320 families improved rooms other than kitchens, 328 improved walls, woodwork, and floors, 216 applied principles of color and design in improving appearance of rooms, thus giving a total savings of \$1678.00 due to house furnishings work.

Bedford County - "There are ten Home Demonstration clubs in Bedford County (two new ones) with a membership of 170. Of this number 182 completed the work in repairing and refinishing furniture; color in the room and window treatment at an estimated saving of \$623.

Mrs. Inez Carter, a member of Forest H. D. Club made this report:

Painted	- one room
Papered	- one room
Stained	- one room
Cleaned Walls-	one room
Bottomed	- one chair
Rearranged furniture	- three rooms
Made slip covers for three piece suite	
Made two pairs of sheets and two pairs of pillow cases."	

"Some of the improvements made by the Ashland Hanover County Club were the rearranging of furniture and painting walls, mending floors, refinishing furniture, rearranging and removing pictures, hanging curtains, making shelves and finishing floors. In these club meetings demonstrations and topics for discussion were given out a month ahead. In this way each club member was able to enter the discussion and ask questions at the meeting. Also club members were given a chance to make a report of what they had done since the last meeting. Much illustrative material was used consisting of paper books from the Mail Order Houses as well as from paper companies in Richmond, pictures of attractive rooms from magazines, pictures of attractive closets, and color charts.

All the methods mentioned added interest to the meetings.

Mrs. Ethel Hicks, Ashland, Virginia, said, "This project has been of much benefit to me. I have been able to accomplish much and at little and sometime no cost. It did not cost anything to change my dining room and making it the living room and to rearrange the furniture to better advantage. The living room is now on the front and it is so much more cheerful and attractive than it was in the back where the dining room is now. I must not forget to mention the papering I have done. Had it not been for our studying wall paper for different rooms and the using of the paper book from the mail order houses, I would have had only two rooms papered instead of the four. The rooms are beautiful, cheerful and the paper is nonfading."

Mrs. Mary Wingfield, Hewlett, Virginia, said, "My kitchen was so very dark and dreary, but since I have painted the walls a lovely shade of green and made my curtains out of bags it is much more cheerful and easier to work in. My next step is to add a cheerful covering for the floor."

Nelson County - "The idea seems to prevail that if one does not have the money to buy new furnishings, they will just wait until times get better when they can."

Mrs. Carrie Walker has done much to help the agent change this attitude on the part of many women who have shown interest in her various exhibits of Home furnishings.

Mrs. Walker belongs to the Elmington Home Demonstration Club, in fact she is the president, and stands out as being foremost in this project.

She won State Fair prizes on her rug and kitchen curtains. Other articles such as footstools from tin cans, fruit boxes, as well as sewing cabinets and book stands have been made."

HANDICRAFT

The two counties reporting on handicraft give 125 as the number of families following recommendations regarding it. Under marketing reference is made to the fact that the Louise agent aided one of her club women in developing marketable rugs.

HOME HEALTH AND SANITATION

The 73 communities mentioned as having had work conducted in them are the neighborhoods in which some special work was done such as screening the home, safe guarding the water supply or building sanitary closets. Every agent, district and county stressed the importance of proper sanitation as a safety measure for health. Health was made a part of practically everything else undertaken. It was definitely linked with foods and nutrition when growth work was studied. The garden, cow and poultry flock, comfortable homes, free from flies, mosquitoes, bedbugs, and other pests, were all used to show their relation to the health of the family. Every county observed Clean-up or Health Week, when places were cleaned up so that the breeding places of pests would be broken up as far as possible. A few people provided more sleeping rooms in order to relieve crowded conditions. In building their new home Mr. and Mrs. L. E. Coleman, Halifax, Virginia, ardent extension supporters, provided a separate bed room for each member of their family. Sixty local leaders assisted with the 147 health program demonstrations, 276 persons other than 4-H club members had health examinations on recommendations of extension workers or participated in health contests; 761 persons improved health habits; 387 persons improved their posture, one hundred seventy-five individuals took preventive immunisation measures; 99 families adopted better home-nursing care because of help from agents; 27 families installed sanitary closets; 61 homes were screened from flies and mosquitoes; 161 other families followed other methods, such as spraying and breaking up breeding places of these insects. As a result 1208 families enjoyed improved health because of health and sanitation program conducted by extension service in Virginia. Cooperation was given State and County Boards of Health, Tuberculosis Associations and Red Cross in every county, such as assistance with sale of Christmas seals, work for Red Cross and school lunches.

Hamover County - "All adult club members did work in this project trying to improve the sanitary conditions of their communities. A community health meeting was held at the Union Baptist Church, Ashland, Virginia along with the educational program given by the teachers of the county. The plan of the work for the entire week was outlined by the home agent. During the observance of Health Week, 103 homes made some effort to destroy breeding places of flies and mosquitoes and carried out some other plans to clean yards. Eighteen school yards were cleaned, windows washed, and eight floors oiled. Five church cemeteries were cleaned and twelve yards cleaned. Five hundred samples of Bon Ami were given out and four samples of resinol soap and disinfectant were given out also.

Mrs. Minerva Roane, Tunetall, Virginia said, "My children caught some kind of rash or skin trouble at school and the resinol soap and ointment which you gave me healed them up and did not leave a scar."

Nelson County - "Through the County Extension School, much information relative to the importance of Home Health and Sanitation was given.

The agent had on an exhibit from the Agriculture Foundation of the Sears and Roebuck Company, showing figures and pictures concerning women carrying water from springs, the danger of this practice, as well as the effect it has upon the woman physically. This led directly to the installing of a sink in the kitchen of Mrs. Nellie Hughes, president of the Shipman Home Demonstration Club. The cost of the sink was only \$1.60 and the saving amounts to 1792 steps per week.

Through the C. W. A. Projects of 1934, many wells have been dug at schools. This has decreased the danger of drinking water from spring as most of the families living near the schools use the wells.

The need for sanitary toilets has been so great, that the County Relief Director whose attention has been called to the situation by the agent has offered her cooperation in working out some plans by which the condition may be relieved in 1935."

HOME GARDENS

Making a good vegetable garden was very popular this year with 326 adult demonstrations listed in 96 communities. Every community reached did some work in gardening even though all did not carry definite demonstrations. Forty-four meetings were held at result demonstrations; 121 method demonstrations and 33 other meetings were held; 10 news stories were published, 17 circular letters issued; 466 visits made and 168 office calls were received; 149 farms used fertilizer information given; 464 adopted recommended pest control; 201 followed instructions for disease control and 27 farms profited by economic information given for readjusting enterprise.

Bedford County - "One hundred forty-one women were enrolled in garden clubs, this year. These workers represented nine communities.

A great deal of stress has been put on fall and winter gardens, as people in this section have always thought the winters too severe for them. For the past three or four years a few

LOUISA COUNTY



Hayto soybeans in garden of
Mrs. Jane Lewis



Pig won by Louisa Club
member at State Farmers' Conference.



A garden in Rising Sun
Community



Mrs. Lillie Harris has a
good lawn in front of
her newly painted home

club members have planted them with sufficient success to try again the next year.

Mrs. Carrie Rucker, in making her report says, "For 11 years I have been a Home Demonstration Club member but not until three years ago did I have a garden of my own. My garden spot is one fourth of an acre and last year for the first time it was enclosed with a fence. I got so much real joy out of my summer garden that I decided to try harder to have a successful fall and winter garden.

As a climax to our year's work we have our Extension School and there we receive valuable information concerning the projects we have carried during the year, particularly "The Year Round Garden," "Canning" and "Home Improvement." Last year I won first prize in a Garden Contest and received a large pressure cooker. This year I entered the "Salt Seed Garden Contest" and have growing in my garden to date (October) 18 varieties of vegetables:

Lettuce	Beets	Butterbeans	Cabbage
Carrots	Peas	Spinach	Collards
Mustard	Salsify	Sweet Potatoes	Paranips
Peppers	Tomatoes	Parsley	Siberian Kale
Sooth Curly	Blue Kale	Purple Top Turnip	Greens.

I have learned to make a budget and to can, dry and store enough vegetables, together with the fresh ones from my winter garden to feed my family a balanced diet during the whole year."

The Louisa report says that the monthly garden letter sent out from the state office was studied with care and proved very beneficial to gardeners.

Nanover County - "Mrs. Martha Johnson, Beaver Dam, Virginia. "I was told by my neighbors that I would not be able to grow spinach here. I followed the instructions given at the extension school and planted accordingly. Now my spinach is full grown and very good. I just had some for dinner today. I have collards, turnip greens, and cabbage in my fall garden besides the spinach."

HOME POULTRY

Poultry work was done in 11 communities with seven leaders assisting the 32 persons who did the actual work; eight meetings were held at result demonstrations. Nine method demonstrations were held, three news stories published 39 visits made and 37 calls received about poultry matters. Three families improved their breeds, five bought baby chicks; eight followed suggestions in chick rearing; one followed recommendations for production

BEDFORD COUNTY

Garden Work



How Mrs. Carlisle Rucker prepares
her garden soil



Mrs. Rucker's garden had 18 varieties of vege-
tables growing in it when it was scored in
October

feeding; 14 improved sanitary conditions of flocks; two improved poultry house equipment; 12 followed marketing recommendations. One family was assisted in using timely economic information for readjusting enterprise. District Agent J. L. Charity assisted club members in Halifax and Hanover in building brick brooders and poultry houses. The Halifax work is mentioned under Marketing.

Hanover County - People were encouraged to increase poultry flocks, improve stock, improve housing conditions and to build brick brooders. Three new poultry houses were built, one brooder house built, and one chicken lot wired in. Mrs. Sarah Phillips, Hanover, raised a healthy group of 38 turkeys. She has not made a report of the profit gained from them, because she will not finish selling them until Christmas.

Mrs. Mary Henson, Ashland, Virginia, Route #2 has been working on a poultry project. She has to work away from home most of the time and is trying to have a poultry project as a means of support and to be able to remain at home. In the early fall of 1933 she ordered some day old baby chicks. It turned very cold after she received them and because she didn't have a good poultry house many of them died. She also made a mistake in getting poor stock. Mr. J. L. Charity visited here with the local home agent in June and readily pointed out to her why the chicks were not growing so fast, and why some looked so indifferent and weak. He left with her the bill for the amount of material needed to build a house. After Mrs. Henson got the material needed to build a house Mr. J. L. Charity, District Agent, came and put on a poultry house demonstration. Men from Browngrove Community and Wickham Community were there to see and help build this poultry house. Mr. Charity left word for the house to be whitewashed and this was done the following week. Mrs. Henson is ready now to order some good breed ~~chicks~~ in order that she can get the right start. She said, "The chickens have a dryer house to live in than we do, but I am going to have a top put on my house very soon."

HOME BEAUTIFICATION OF GROUPS

The agents devoted 42 days to beautification work in 40 communities where 60 adults conducted result demonstrations. Twelve meetings were held at result demonstrations; 31 method demonstrations meetings, and five other meetings were published; one circular letter issued; 115 visits were made and fifty-four calls were received about beautification work. Twenty-four homes followed insect control methods; 52 followed suggestions for lawns; 48 for planting shrubbery and trees; 78 for walks; drives, and fences, making a total of 82 homes having improved exteriors.

Amherst County - "There are some projects whether they are chosen as majors or minors must be included in our program to help build up our standards of living. Home management is one of those. It is very encouraging to see evidences of progress from year to year. This being a hard year for finance not so much has been done in a large measure, but the majority of the women have taken a great deal of interest in improving their homes and surroundings. Mrs. Kate Hamilton and Mrs. Felli Dane of Mt. Sinal Community and Mrs. Lillie Butcher of Monroe added to the attractiveness of their yards by putting in fish ponds, with water lillies, wood ferns and other plants.

Mrs. Junita Brown and Mrs. Rebecca Higginbotham enclosed their yards with shrubbery from cuttings that had been thrown away by the owner. These women passed this home and saw these cuttings being carried to the dump pile. They got permission to use them, borrowed a neighbors truck and had them taken to their homes. This was done early in March. By watering them carefully during the spring and summer months, they both have a nice stand without cost, as the planting was done by their husbands and boys."

Bedford County - "Eleven Bedford women improved their lawns in the following ways:

- 2 front yards enclosed by fences and whitewashed.
- 11 yards plowed, graded and seeded or turfed.
- 8 moved flowers from center of yards and put them in borders.
- 6 planted shrubbery, from the woods.
- 11 back yards cleaned and as result
- 9 others cleaned their yards and rearranged flowers."

Halifax County - "Mr. A. Sims of Hampton Institute came to the county to conduct a two days demonstration in Home Yards Beautification. This demonstration was conducted on Mrs. L. E. Coleman's yard (recently built new home). Sixteen people witnessed this demonstration on Friday, November 18th and 39 on November 17th. Many who attended the demonstration expressed their desire to have Mr. Sims conduct similar work in their sections of the county."

HOME MARKETING

Definite figures for marketing done by club members have been hard to obtain. The Bedford agent reported that the eight women of her county who sold on the Lynchburg curb market averaged \$224.00 for the 68 days on which they sold. The largest amount taken in by any one seller during a single day was \$16.32. The largest amount for one seller during the year was \$612.00. The Bedford report continues: "The women of this community do all the gardening, as the men do public work. Farming is quite difficult as all homes are on sides of mountains. These women manage, however, to raise enough vegetables for their families use and some to sell on the market twice a week during the summer and once a week the rest of the year. Instructions have been given them in grading and ar-

ringing their products attractively and they find little trouble in selling them. They also sell wild flowers and shrubbery which they find in the mountains near their homes.

The money received from these sales is used to purchase house furnishings, labor saving devices, and clothing for their children and themselves.

Mr. Walter C. Williams of Clays Mill, Halifax County, is a farmer who has added the sale of vegetables, poultry, and butter as a side line. This year District Agent J. L. Charity assisted him to build a brick brooder and a poultry house. Later he built a second poultry house for the young pullets at an approximate cost of \$80.00. He says that he has cleared \$189.20 on chickens alone this year and has his equipment and birds for 1936. He said that when his tobacco sales of \$690 plus the part of the crop still to be sold were added he would have a neat sum even after expenses of labor, fertilizer, and seeds were subtracted. He told us that his weekly sales practically ran the farm, leaving corn, wheat and tobacco almost entirely for his and his wife's reward for their labor. He also had six head of cattle, two mules and four or five hogs. Mrs. Williams's pantry was well filled with canned goods. Mr. Williams is leader of the community club and president of the county advisory board while his wife is 4-H club leader and member of the advisory board.

Louisa County - Mrs. Lizzie Harris of Cuckoo Club succeeded in creating a small market for hooked rag rugs after a beginning in the art of rug making two years ago. This year special attention was given to the study of dyeing and colors. Material was secured from the state office as work proceeded. Mrs. Harris sold rugs this year amounting to \$15.00 and has orders for others. In the State Home Improvement Contest in October Mrs. Harris won first place with a rug of original design.*

Three communities were reported on for market gardening with twelve days of the agents' time devoted to it; 19 adult result demonstrations with two meetings held at demonstrations; nine method demonstrations were held; 20 visits were made and ten calls received in interest of this work. Fifteen homes followed recommendations as to fertilizers; 16 homes followed recommended insect control and nine followed disease control methods; 18 homes profited because of marketing recommendations given by agents.

MARKETING

Mr. and Mrs. Spencer Marable, Paces, Halifax County, are staunch supporters of extension work. For more than a year they have been trying to decide whether to buy an automobile or a truck. The truck won and was brought home July first. It cost \$275. They made the initial payment of \$125 and agreed to pay the balance in monthly installments of \$16.60 each. Farm

and garden products were already maturing as is shown by the following figures:

July sales vegetables, eggs, chickens	- \$ 15.00
August sales vegetables, eggs, chickens	- 18.50
September sales vegetables, eggs, tomatoes, and trips to town for neighbors	- 20.02
October sales vegetables, eggs, chickens and tomatoes	- 21.25
November sales butter, eggs, chickens	- 10.96

\$ 85.72

This average of \$17.10 enabled them to meet the truck payments. They have already made plans for more vegetables and a larger poultry flock for 1936.

RELIEF WORK

The agents reported having assisted 168 families by obtaining Red Cross or other relief for them. All agents offered their services to county officials for the relief work. By request of the County Board of Supervisors the Hanover Agent looked after a T. B. patient who was on the county poor list. She also assisted a mother at Noel, who receives state aid for Mothers. She also attended the relief garden meeting in Richmond.

The Bedford agent was instrumental in getting four women on the roll to do sewing for the needy. The county garden director Mrs. Julia Nance, in her printed report, speaks with praise of the assistance given by Mrs. Youtha B. Flagg, Local Home Agent and of Mrs. Carrie Rucker, a club leader who assisted with the garden work during the summer. A glance through the Bedford account is very interesting.

The same thing can be said of work rendered by the Amherst agent. The garden director there in her printed report gave our local agent much credit for assisting her with the work. One of our club members, Mrs. Alma Wiley of Nelson County, was assistant garden director for Nelson and Amherst Counties. On the Nelson County Achievement Day she publicly expressed her gratitude for the help which she had received from the local agents and Amherst and Nelson.

The Halifax Agent reports having been assisted by five club members in the canning of 1615 quarts of food, valued at \$320.90 for 19 relief families.

The Louisa agent speaks of having handed to the relief agencies a list of responsible women who could be called upon to assist the garden director and that two of them, Mrs. Ella Hunter, Trevillians, and Mrs. Daisy Cobby, Cuckoo, gave canning demonstrations in their districts. This agent assisted in getting together data on Negro unemployment which involved several consultations with C. W. A. officials. She made and sent in a list of farmers desiring mules. She met the county relief garden director in a county wide meeting and gave assistance in investigating a list of persons in one section of the county. Three sectional committees were visited and assisted with relief garden lists. She sat in two conferences with state workers. She was visited by the garden director from Fluvanna. Following this conference Mrs. Hannah Thurston, club member and leader of Louisa was appointed part time assistant garden director for Fluvanna County. Louisa also had a part time assistant garden director. The assistant garden director for Louisa was invited and placed an exhibit of canned goods at the annual county exhibit. The helper assisted with 132 subsistence gardens.

COMMUNITY OR COUNTY LIFE ACTIVITIES

District and county home agents assisted with the survey of rural homes as directed by Dr. Louise Stanley of the Federal bureau of home economics. The agents held seven meetings for the training of community leaders. Adequate and wholesome recreation for rural people is still a problem but every agent has made some attempt to meet this need through the social period of the regular Four H and H. D. club meetings and special parties or picnics. Forty-seven communities were assisted in developing certain definite recreational features while 282 families followed recommendations for home recreation. Nine pageants or plays were presented, eight communities were assisted in hygienic or public welfare practices, two school grounds in Hanover County were improved according to plans furnished through Extension Service. Twenty-five 4-H clubs assisted with beautification work and school fairs. The Nelson agent cooperated with other county officials of both races in the celebration of Nelson County Day. Her report states that she visited 25 communities in interest of this piece of county-wide work. All of these twenty-three communities took an active share in the celebration. Exhibits consisted of products from vegetable and flower gardens of prepared foods, health and fire prevention posters, and a yard beautification demonstration put on by a worker from Hampton Institute. Eight of the communities taking part were represented in the group of 100 voices who sang Negro spirituals on the day's program. The exhibit directed by the local home agent Mrs. Kate R. Greene was very good and was well organized. Among the many guests who viewed it were Mr. William A. Smith, State Relief Director, and Mrs. Sara Porter Ellis, State Foods Specialist. The writer of this report was also present to witness the work done by club members under the local home agent's instructions.

HANOVER COUNTY

Yard Beautification



Setting shrubbery at County Training School
Much of it was given by club
members.



The 4-H Club Council contributed towards the
fund for the purchase of shrubbery

Quoting from the Nelson report: "The agent also worked with the County School League in getting eighth grade work given to the colored schools for 1934-35. This is a help for extension work as well, for the more intelligent background the individual has the quicker he will feel the need for improvement or raising his standard of living."

Bedford County - "Eight women and two men have been given special training in Home Improvement, Canning, Clothing and Recreation for leadership in adult club work. Two training meetings were held and the following demonstrations given:

How to conduct a club meeting.

Games

Songs and stunts

Bed making

Table setting and service

Curtains for the windows

Selection, refinishing and painting furniture.

Mrs. Elisa Miller, of Poplar Springs Community in Charleston District, is the president of her club and is not only an adult leader but is an active 4-H leader. Her club is not yet two years old but she has been able to aid five new members to it this year, this brings her club enrollment to 20 which represents every family in the community. She has held six meetings at the absence of the agent and attended each of the 14 meetings held during the year.

She is a midwife and for two years has helped conduct classes in home nursing."

Hanover County - "Mr. Ass Sims, landscape artist, Hampton Institute, Virginia has put on two demonstrations at as many school this year. At Bethany School fifteen persons with two double horse teams, wagons, and spades met Mr. Sims who worked with them all day. The yard was graded, walk laid off, yard laid off, and shrubbery planted. Six pieces were bought from the nursery and the rest including dogwoods and cedars came from the woods. Patrons and members of Ashland Community worked with Mr. Sims when he beautified the Hanover Training School yard. Club members and patrons contributed from the nursery and woods, and the Junior Council contributed five dollars. Miss L. A. Jenkins, District Agent, was at this demonstration. Thirty seven loads of dirt had been hauled on the school yard to raise it.

Mr. Alexander Hewlett, Ashland, Virginia, Route #4, has been acting as adviser for this community, putting on demonstrations in pruning, planting, and arranging of yards."

The annual agents' meeting at the State College occurred during the drive for funds for the college library. The agents gave the sum of \$20.00 towards the drive.

LEADER TRAINING

Local leaders rendered loyal service to extension service throughout the year. Indeed, it is marvelous to observe the sacrifices made by persons of slender means in counties where the agents have succeeded in impressing these leaders with the fact that they have a definite part in the program. The report cites several instances of good leadership on the part of the Advisory Board members. The Bedford agent calls attention to a good 4-H club leader.

Bedford County - "One man, ten older girls and eight women have been given special training in the major and minor projects: Home Improvement, Gardening, Canning and Recreation in order that they may be better prepared to lead their clubs. Two training meetings were held this year, and demonstrations given in gmos, songs, stunts, tie dyeing, bookmaking, curtains for the windows, canning and clothing.

Miss L. J. Poindexter, Forest, Virginia, has done outstanding work as a club leader in her community. She has been the Forest four H club leader for nine years. She attends all club meetings and helps to plan and supervise community activities. This year she conducted six of the 13 meetings held in her community, at the absence of the agent. It was her active work in helping to raise money that six delegates were sent from Forest to the State Short Course meeting held at Virginia State College."

Hanover County - "Two leader training meetings were held. At these meetings instructions were given for carrying out the projects in the various clubs and for compiling reports and records of the years work. Mrs. Alma Glover, Ashland, Virginia, has held meetings without the agent, given demonstrations, attended leaders meetings and exhibited at State Fair and community exhibit."

In the fall of 1933 Mrs. Josephine Gardner, Beaver Dam Club leader, gave a demonstration at the State Fair and won five dollars. With it she bought two pigs for breeding purposes."

Older boys and girls have done good work as local leaders. Two older Louisa County girls served as leaders for the county delegation attending the State Short Course. These leaders were with the group at all times, assisted the agent in the county with group meetings for 4-H club music and prepared music for the 4-H Rally.

EXTENSION SCHOOLS

One of the most enjoyable as well as profitable occasions of the whole year's work is the County Extension School. It has been proven to have a very splendid use in spreading information for improving farm and home practices. Since there are no local farm agents in the territory served by local home agents, the schools bring to the farm men much information which the home agent is unable to supply. Virginia State College and Hampton Institute have been most generous in supplying workers for these six meetings. Programs for all schools were very similar and gave instructions for soil improvement through green manures, barn manures, terracing; farm management; home improvement; poultry work; gardening; home and civic beautification; care

of the family cow and hogs, food preservation. Not all subjects mentioned were taken at every school, however, time was allowed for free discussion so as to check up on results of former schools as well as to be sure that points advanced were clear to the farmers. Programs were made to fit the individual county's needs and were arranged according to requests from the county advisory boards. The Bedford school was entertained by music furnished by members of the county advisory board and home demonstration club members. The Halifax school was held January 30 and 31. Although weather reports said that they were the coldest days since 1918, forty-six persons attended the first day and 57 on the second day, representing eight communities of six magisterial districts.

ACHIEVEMENT DAYS

"The Bedford Achievement Day was held in Forest Community at the home of Mrs. Carrie Rucker on November 8 with 28 present. The program consisted of songs, silent games, and demonstrations. Club members gave reports of the year's work. Short talks were given by six club members who told how extension work had helped them especially during these days of depression. An exhibit of clothing and house furnishings was made. Prizes won at the State Fair were presented."

The Louisa County Annual Extension Exhibit and Achievement Day was held in the Louisa School building, October 13. Eight four H clubs were represented by feeds preservation units and doll outfits from the Doll Dress Contest. Garden members put on eight fine fresh vegetable displays. Louisa 4-H club made a clothing exhibit. A local merchant loaned shoes and the 'Do-You-Know Your Feet' chart. Four out of county visitors included our district home agent and Mr. T. C. Walker, of the State Relief office.

The district home agent makes the following report of the Nelson County Achievement Day program.

"The Nelson County Achievement Day brought together about 160 people above the minimum club age, ten years.

As I drove over the dirt road from the James River via Wings and Norwood to the Gladstone School for the Nelson County Achievement Day program I wondered why Mrs. Greene, the agent, chose such an out-of-the-way place for it, feeling sure that people from other sections of the county would not attend. Imagine my surprise when I reached there and found the school building packed with people, many of them standing throughout the entire program. Twelve communities were represented. Many people had chosen to go around through Ashurst Court House, down Route 60, and back for a short distance over a dirt road to the meeting. Rounding these narrow mountain curves gave me a better understanding of what the late Mrs. Smith's time, before the road was improved at all. In spite of such inconveniences, these

two agents have gone to Norwood and to Gladstone and there are live clubs in both places. Irene Sparrow, an older club girl, of Gladstone made a splendid job of presiding at the morning session where 4-H club members gave reports and demonstrations of their year's work. Outstanding among the demonstrations were: Correct Dress by Massies Mill club girls; Room Improvement showing home made wardrobe of strips of wood, plaster board and crates; Good Grooming, showing use of cosmetics; Value of Canning in the Live-at-Home program; and The Sanitary Toilet.

All of these demonstrations were outgrowths of work done by clubs during 1934. Quoting from the Nelson agent's report:

"The Massies Mill Club under Mrs. Anna Oakrum, leader, added fifteen new members this year. This club felt the need of Better Grooming. Posters and booklets were made, special demonstrations were given on:

1. Effects of posture on health and appearance.
2. Daily care of skin, teeth, hair, nails and the proper use of cosmetics.
3. Care and repair of clothing.

As a result of their care and interest these girls were asked to give a demonstration on County Achievement Day. Seven girls took part in showing the correct dress and accessories to be worn.

- | | |
|---------------------|-------------------|
| (a) In the home | (d) Sports |
| (b) At School | (e) In the garden |
| (c) To church | (f) To a party |
| (g) In the bedroom. | |

Each demonstration presented was worked out in the same careful manner.

President of the Advisory Board, G. E. Ligon, presided over the afternoon session when adult members reports were made. Among other things done the H. D. Clubs brought in \$40.80. This effort was undertaken to secure the balance of local appropriation (\$20.00) due the agent for 1934. The remainder \$20.80 will be placed in treasury for 1935 expense of County Advisory Board. Prizes won by 4-H and H. D. club members at the State Fair were awarded by the local home agent during this session.

A Candle Lighting Ceremony by 4-H leaders and club members ended the program.

Because of the difficulty and expense necessary in bringing people together so often, the County Advisory Board was asked to meet during the intermission for lunch. At this conference officers were elected for 1935 and county wide activities of the 1935

Program of work such as Extension School, Community Improvement, arrangements for farmers to attend State Farmers' Conference and two leaders' conferences were planned.

It was most gratifying to see how much interest was shown by those present. Among them were ministers, teachers, the supervising teacher of public school, the assistant garden director, who thanked the Amherst and Nelson local home agents and the club women who had made it possible for her to do a successful job; farmers, two blacksmiths, and others who showed much interest in extension activities.

Four club boys formed a very entertaining quartette. Norman Oakrum, newly elected Song Leader at the State Short Course, led the audience in several songs. His mother was one of the first club members in the county.

The meeting well repaid me for any nervousness felt in rounding narrow unknown mountain curves and showed what energetic local agents can do."

TOURS

Eight tours to see results of club members efforts were made.

The Bedford agents reports that tours to see fall and winter gardens were held in Altha Grove, Forest and Whitten Road Communities. "Forty-eight people visited 12 gardens. Many were surprised to find 18 different varieties of vegetables growing in Mrs. Carrie Rucker's garden in October."

A tour was conducted in Hewlett Community to see fall gardens and canned goods.

"Kitchens, backyards and gardens were inspected during the tours held in Trevilian and Bells-Evergreen Communities in Louisa County in September. District Agent T. P. Patterson was the guest of honor each day and spoke to the groups at the end of each day."

STATE ADVISORY BOARD MEETING

The ninth annual meeting of the Negro State Advisory Board organized by Field Agent J. B. Pierce in Powhatan County in September, 1935, brought 86 delegates to the Piedmont Baptist Church near Yanceys Mill in Albemarle County, September 10-13. All farm and home agents were in attendance. Delegates representing adult extension clubs came from all counties represented by agents with the exception of two. These delegates told of successful work done on their farms and in their homes through the assistance of farm and home agents. Along with the success mentioned help was asked for pressing problems. The program was directed, as usual, by Field Agent Pierce assisted by the three district agents. Assistant Director C. A. Montgomery discussed the Agricultural Adjustment Administration, President J. M. Gandy and Director J. L. Lockett of Virginia State College, and Director Donald Fenn, Hampton Institute addressed the meeting. Other speakers were County Agent Spott of Albemarle and Mr. C. Nelson Beck.

Visits were made to the farms and homes of five or six successful citizens of the county, to an apple storage plant at Crozet and to Monticello, the home of Thomas Jefferson.

From the beginning of the State Advisory Board in 1926 it has been the policy that only representative farm men and women, one of each from every county having extension workers, be sent as delegates to this meeting. This year the Board launched a state wide contest for community improvement during 1935. One community from each agent's county may enter the contest. Points on which scoring will be done are:

1. Number of families in community
2. Number of families who own their farms
3. Number homes painted.
4. Number homes with sanitary toilet.
5. Number boys and girls in community of club age.
6. Number of boys and girls in community enrolled in 4-H club.
7. Number of boys and girls in community who completed their project.
8. Number of boys and girls in community of school age.
9. Number of boys and girls in community attending school.

Two scores will be taken, one prior to January 1, 1936, and the other by August 1, 1935. Progress made between the scoring dates will govern the contest.

The delegates discussed these points thoroughly and pledged themselves to support the contest.

GIRLS WORKFOODS

In Amherst Alice Ross, a member of the Glasgow 4-H club, whose mother was ill during the canning season did most of the canning for a family of seven. Alice won first prize at the county fair. She plans to use the money to help pay her expenses to the 1938 State Short Course.

Bedford County - "Virginia Davis, has been a club member for four years. She is very much interested in cooking and says "Even before I joined the club I wanted to cook and would watch my mother and ask questions especially about bread making.

Last year Miss Elsie Stark sent us bulletins on cooking and each a can of Davis Baking Powder and MY! was I glad? I would get up early in the mornings in order to get breakfast and try out new recipes.

I entered the community and county contests, last year, but did not win, but I was not discouraged and tried again this year. I won in the county contest and sent my bread to the State Fair and won second prize of \$4.00.

I have kept a record of my work and by so doing find I have prepared 438 meals this year.

I love my club work and try to take advantage of all it has to offer for the improvement of my head, heart, hands, and health."

Hanover County - "Irene and John King are members of the Brown Grove 4-H Club. They have been interested in canning, because they felt if they were to have strong healthy bodies they must have the vegetables from the garden in winter as well as summer. During the summer their mother was stricken with a stroke. Even though she got well enough to do part of her house work, she did not get well enough to do any canning. So with the knowledge that each person needs at least 20 quarts of tomatoes to carry them during the winter months, John and Irene decided they would can them. There are five persons in the family and they have canned one hundred thirty-seven quarts. Each one of them exhibited a jar of tomatoes at the state fair in Richmond, Virginia, October 1 - 6, 1934 and won first and second prizes."

In the Davis Foods Contest well made biscuits and food budgets gave the following girls prize money to be applied to their 1938 State Short Course trips:

First - Margaret Murrell - Nelson County
 Second - Virginia Davis - Bedford County
 Third - Dorothy Carter - Amherst County

CLOTHING

The agents had an enrollment of 736 girls in clothing, 563 of whom completed their work. They made 641 dresses and 260 other articles. Because of this work 660 girls can construct better garments; 490 know more about selection of clothing; 444 kept clothing accounts; 53 got acquainted with a clothing budget; 107 learned to make clothing for younger brothers and sisters; 343 were taught better care, renovation, and remodeling of clothing; 13 girls followed other specific practice recommendations. The sum of \$1577 was saved by following clothing instructions.

Hanover County - "Clothing was the major project for club girls, because a need was felt for establishing good standards of dress and good grooming. Two hundred and ninety-one girls enrolled in this project and 256 girls carried the project to completion. Two hundred and seventy-four dresses were made and 319 other articles. Eighty-eight method demonstration meetings were held and 79 result demonstration meetings. Demonstrations were given in sewing box equipment, keeping of clothing accounts, sitting position while sewing, selection of material for underwear and wash dress, how to use and cut with commercial patterns, different stitches, types of seams and finishes, sewing on buttons, and good grooming. Club books were made by club members. Boys were interested in sewing on buttons and good grooming as well as the girls.

Elinor Winston, Ashland, Virginia, does most of the sewing for herself and two sisters. She makes their school dresses, under garments, and most of their best dresses. She has good taste in selecting materials, designs and patterns. Elinor can alter patterns not only in size, but can take a plain pattern and make various styles. In the spring, she made a brown tweed swagger suit for herself for \$6.85 less than she would have been able to buy one of the same quality and workmanship."

Bedford County - "These girls have been given demonstrations in how to select materials, cut, fit and make their own clothes; how to remodel dresses and coats and the use of sewing machine attachments.

Elsie Davis, a member of Altha Grove Club says, "We have had very little money to spend this year for clothing but we have been well dressed. We have learned to remodel our clothes and sometimes by using dye they look like new ones. We have also learned to clean and press our clothes and that makes a person look well groomed. I have made nine dresses, five aprons, four shirts, and ten other garments, this year.

I made a national uniform and sent it to the State Fair and won first prize."

The Louise agent believes in having a place for everything and every thing in its place, even for the very young. Her report gives the following information.

"A list of things required for the clothing work was given each club. Because of the youthful group emphasis was placed on members assembling sewing equipment. To create interest for keeping well arranged equipment a sewing box was demonstrated. It was made of cardboard and covered with any convenient material found in the girl's home, cretonne, print, or silk, new or old. Tapes and thimbles were secured free and given as rewards for completed work. Ninety-two boxes were completed as planned."

HOUSE FURNISHINGS

Elizabeth Davis for eight years a Whitten Road Club member, says "My dream of a bed room fitted up as I would like it have at last come true. Until 1928 we lived in a very small house and as there were ten in family we were not at all comfortable. In 1928 some thing happened! You may think it strange but I will tell you just how it happened. We all love to read and one night my mother was reading the Household Magazine and saw an advertisement concerning a house being given away that attracted her attention. She at once said she would try to win it. She sold subscriptions for this magazine to the amount of \$4.00; wrote a letter containing one hundred words on the subject "Why You Would Like to Become The Winner of The Six Room House" and sent them in. She was the happiest woman in Bedford County when she received the news that she had won the house and with it a check for \$250 to help build the house. We have a living room, dining room, three bed rooms, kitchen and bath also a nice large basement, which we use for storage and laundry.

During the past three years three of my sisters have married and my mother agreed this year to let me fit up a room to suit myself. My major project is Room Improvement, so after making a plan of the room, I decided to not only rearrange the furniture but to discard every thing in it but the bed and make my furniture from orange crates. My walls are painted ivory and my color scheme is ivory and blue, the dressing table, made from crates, bench for the dresser and foot stool are all covered with a beautiful glazed blue and white chintz. Over the dressing table hangs a long mirror. The glass curtains are cream scrim, with draperies made from salt sacks with trimmings of blue and rose yo-yos. The bedspread and runners are also made from sacks with the same trimmings. A rack for my books hangs on the wall and a magazine rack, which I made myself, sets on the table. The floor has been treated with a wax I made and three rag rugs are placed in front of dressing table, washstand and by the side of the bed. The improvements to this room have been made at a cost of \$2.80.

My bed room set consisting of spread, runners and curtains, was sent to the state fair and won second prize, which will pay for improvements made.

On Achievement Day my club mates inspected my room and were much pleased with it. I hope they received enough inspiration to make for themselves beautiful rooms like mine."

HANDICRAFT

The Halifax agent reported that the Mountain Road 4-H Club assists with the church service by lifting the penny collection. Not having suitable plates the members made very attractive ones under the agent's directions. Old broom handles were cut the proper lengths, sandpapered, painted, and fastened to new tin plates which were lined to prevent the noise of falling coins. When finished they were very attractive looking and gave the service of a much more expensive article. During the time this piece of work was in progress nine girls and five boys joined the club and two other committees asked for a boys' club."

Club members in all counties made 4-H club books.

Amherst 4-H boys made rugs for their own rooms by using rubberoid roofing. The rugs, (pieces of roofing) were painted all over, then had a border or design in appropriate colors added. After receiving coats of clear varnish these rugs made a very attractive appearance at small cost. By buying the paints cooperatively, each rug cost less than 15 cents as they were made from pieces of roofing found about the houses. Some had been used but after they were finished up they looked almost as well as the new ones."

HEALTH

Growth was especially emphasized among four H club members, the agents enrolling 1084 health improvement work aside from special health projects. All agents cooperated with public school officials in the five point health work for school children.

A growth work contest was held during the 4-H State Short Course in August.

Amherst County - "The most outstanding work done by Amherst 4-H club members for 1934 was a county-wide follow-up project which has been carried over a period of four years. The project has shown increased interest each year. The work was started in 1931. Miss Florence Winfield, Field Agent for tuberculosis work in Virginia spoke to the group at the first annual program.

In 1932 Dr. C. F. Wimbush, one of the Lynchburg dentists spoke on the Care of the Teeth, which resulted in a Dental Clinic financed by the County Health Association and the School Board. The work was done by Dr. Fred Morton, State Clinician, during the 1933 school term.

As a result of these health programs a member of the Sweet Erier Y. W. C. A. and a member of the Home Demonstration Advisory Board (white) Mrs. Bertha Wales, called on the agent for a conference.

They stated that they had heard of the efforts we were making to encourage better health habits among the boys and girls of the county and were so pleased with the results and that the college Y. W. C. A. wanted to do something to help to put over the project. They assured the agent that a sum of money would be given by the college on Health Day for contests and other activities.

The Fourth Annual Health Day was held Saturday, May 8th at Amherst, Virginia at the County Training School, under the auspices of the 4-H clubs, with the county schools cooperating. Eighteen communities were represented. Nine communities took an active part in the games and contests.

One of the new and outstanding features of the day was a Baby Contest, which was conducted by the county nurse, Mrs. Rachel Robinson and Dr. Frank Trigg of Lynchburg, Virginia. The babies were weighed, measured and checked up on feeding and general care. Each baby that entered the contest was given a blanket and a blue ribbon. A special ribbon was given to the baby making the highest score. For 1935 a prize will be given to the mother of the healthiest baby.

A prize of \$5.00 was given to the 4-H Club having the best exhibit. This was won by the New Glasgow Club, which also won the same amount for having the best school exhibit and \$3.00 for having the highest percentage of school children in attendance. A prize of \$3.00 was won by the Timothy Club for having the highest percentage of club members in attendance. Prizes amounting to \$25.00 in cash together with other prizes were given by the Sweet Brier students.

The program for the day included an address on Farm Sanitation by District Agent J. L. Charity, songs and folk dances, games and contests. Miss L. A. Jenkins, District Agent and Mrs. J. L. Charity judged the work. The prizes were delivered by Miss Jenkins.

All indications show that a bigger and better program will be put on in 1936. Through these programs every community in the county is given a chance to know something about 4-H club work and see some of the results.

HOME GARDENS

Boys and girls were led to feel that they too profitably assist with home garden work. Enrolled were 886 boys and 531 girls, with 810 boys and 299 girls completing their work.

These young people tilled 203 acres and secured an estimated yield of 4635 bushels of crops.

From the Hanover County reports: One hundred fifteen boys have at least two green vegetables in their fall gardens. Louis Gardner, Beaver Dam, was interested in growing tomatoes. He supplied the

HEDFORD COUNTY



James Davis shows his collards, a new vegetable in that community.



Elisabeth Davis included bottoming chairs in her room improvement work.

family for daily use in summer and canning."

Louisiana gardeners practiced early plowing and clearing up about hedges and fences and thus were able to rid themselves of many pests.

"In Nelson County the Hubbard's Hill Club chose gardening and food preservation for their projects. The agent helped the members make family canning budgets and garden plans. The best one being that of Rosa Stevens was put on exhibit Nelson County Day. The entire group was then divided into three sections with an older girl in charge of a section, each trying to outstrip the other. Reports were made and progress checked at the regular meetings. Rosa Stevens, president of the club was given first place for her efforts and results. From her garden she canned beans, peas, tomatoes, corn and beets. Canning chicken, fruit juices, and soup mixtures are the new foods canned by her in 1934.

This club's team has won first place at Achievement Day for best demonstration twice, the subjects being:

1. Value of canning in the Live-at-Home program.
2. Judging and scoring canned goods.

Rosa Stevens won the first place for the Hazel-Atlas Canning Contest at the State Fair, 1934."

HOME BEAUTIFICATION OF GROUNDS

Sixty boys and 36 girls were enrolled for this project with forty-three boys and 20 girls completing. Mention has been made of David Glover's work on the lawn of Mrs. Cora Wiley of Gladstone. The 114 boys of Louisa mended porch steps, fences, gates, made flower boxes and flower beds, and kept yards cleaned.

MARKETING

Walker and Richard Banks, Amherst 4-H club boys, raised vegetables for market and had something fresh to sell almost every day during the summer. Their father was ill but these boys kept up the gardening and marketing throughout the summer.

Bedford County - "James Davis, a member of the Whitten Road Club made the following report of his garden:

"My garden is one tenth of an acre of land. I planted corn, pole beans, tomatoes, squash and beets. I had ten rows of corn and gathered 35 dozen ears and sold them for \$7.00. For my pole beans, tomatoes and squash I received \$8.75. Some of my vegetables were used at home. With this money I bought:

1 pair of pants which cost -----	\$1.50
2 pairs of shoes (for special and work) ---	4.48
2 work shirts and pair overalls -----	2.18
1 hat -----	1.29
	<u>\$9.45</u>

I still have \$5.30 spending change.*

COMMUNITY ACTIVITIES

The Madison Heights Club bought a water cooler, shades for six of the school house windows and curtains for all the windows. Each Amherst Club includes some phase of community work in its year's program, as this is considered a good way of giving the local people chance to know 4-H club work. "Carefully prepared programs are presented at community meetings, such as school leagues or other entertainments. Included on the programs are papers on club work, demonstrations, and club songs."

The Nelson report gives this story: "From the Candle Lighting Ceremony held during the State Short Course Nelson's 24 candles were saved and used to light other candles of club members and leaders during the Candle Lighting Ceremony on County Achievement Day November 17. Miss L. A. Jenkins, District Agent, lighted the candle for the state of Virginia and Miss Ethel Wiley, School Supervisor and club leader, lighted one for Nelson County."

FOUR H CLUB PROGRAMS

Wayland Club in Louisa County was not the only one with a good program, but it stood out just a little above other clubs in the county.

WAYLAND CLUB PROGRAM FOR 1934

<u>Goals</u>	<u>Accomplishments</u>
Meet each month	: Held 12 meetings
Each member make a club book	: Each member made a book. : Pictures of clothing work were collected and used for books.
Follow instructions in first year clothing project	: All members completed sewing equipment boxes. : Beginning was made on clothing records. : 13 dresses and nine other garments were made.
Do some canning for home use	: Canned 180 quarts and 11 other containers of food.
Assist with daily home tasks	: Members reported work on home tasks at each meeting.
Send delegate to State Short Course	: Sent three members to State Short Course.

The club won a prize of \$5.00 in 1933 and decided to use it to send a delegate to the State Short Course. Later the club raised \$10.00 more and sent three delegates. One of these delegates was Edna Winston who scored highest in the county in the Growth Work contest and fifth in the State Growth Work Contest.

The Bedford agent listed the Forest home demonstration club as having executed the best program this year as follows:

<u>Goals</u>	<u>Accomplishments</u>
Held at least 10 meetings during year	: Held 17 meetings - Attendance : 180
Each club member to give at least one public demonstration	: 50% gave demonstrations.
Send delegates to Extension School	: All members attended.
Club to be represented on Achievement Day	: 75% of members attended
Enter Text Garden Seed Contest	: 90% entered contest
All members to complete major project	: 90% completed

Three members of this club have attended each local club meeting and all county wide meetings held this year. Visits have made to the sick and needy. Mrs. Ammie Poindexter has given free meals to 210 persons and free lodging to 47 persons this year."

The Louisa narrative report also lists the Cuckoo Club as having done a good job (in write of its name). The Nelson report lists the Shipman club as having executed an effective program.

LEADER TRAINING

The Bedford agent's report shows that two training meetings for 4-H leaders were held. Demonstrations were given in games, songs, stunts, tie dyeing, bedmaking; curtains for windows, canning, and clothing. Special leadership training was given to one man, ten older girls, and eight women for major and minor projects.

Miss L. J. Poindexter, Forest, has been club leader for nine years and has done most outstanding work. She attends all club meetings and helps to plan and supervise all community activities. The agent was present at seven of the 15 meetings held this year. Miss Poindexter supervised the other six meetings. Through her activity and interest six delegates were sent from the Forest 4-H club to the State Short Course.

Other agents tell similar stories of activities of club leaders. Many of them make great sacrifices that the work may be a success.

The Hanover agent reports that Mrs. Josephine Gardner is the most outstanding leader in that county. She attends all leaders' meetings, helps to make the county and club program, and gives demonstrations in the presence as well as in the absence of the agent.

CLUB EXHIBITS

Amherst County 4-H club members were invited by the County Fair Association (white) to place an exhibit at the fair this fall, this being the first time such an invitation had been extended. Exhibits consisted of room improvement articles, clothing and sewing and won prizes amounting to \$10.50.

Halifax was the only other county exhibiting with a regularly organized fair association (white) this year.

Bedford, Hanover, Louisa, and Nelson all held community and county exhibits. All counties sent exhibits to the State Fair.

A special educational feature of the Louisa exhibit was the display of kitchen conveniences which had been demonstrated during the year. Among them were the barrel water system - pitcher pump

for kitchen, scrubbing chariot, racks for pot lids and kitchen knives. (Miss Settle's idea).

Louisa County - The club members gave the story of the Day to Boy Bean demonstration conducted in the county this year. The beans were shown in four stages by Mrs. Jan Lewis, who grew the beans, while Mrs. M. C. Moss showed the beans prepared for the table in two ways. Miss L. A. Jenkins, District Home Agent, made the principal talk of the day.

OLDER GIRLS' WORK

The agents reported work with eight groups in which there were 29 young men and 87 young women. Six clubs in Bedford were divided and the older boys and girls separated from the younger ones. These club members had home improvement as their major project with gardening and canning for minors. Being beyond 18 years of age, a good deal of their time was spent in studying good manners and good grooming. Ten of these girls are club leaders, and were very active in raising money to send delegates to the State Short Course. It was through their special efforts that Bedford County sent the largest delegation (18) in its history to the Short Course.

Hubbards Hill Club in Nelson County has an enrollment of nine young women. Adults are invited to their open forums. On Sunday October 21 their subject for discussion was "Making Club Work Effective", with the Rev. C. S. Hughes, guest speaker. Mr. Claud Brown, who was in attendance upon this meeting said: "I did not know that the club was supposed to work on Sundays, also, but I like it because it gives the children something to do and think about that will help them in the future."

Hanover older girls advanced clothing work. They made pajamas, sport suits and household linens.

RECREATION

Much of the recreation provided has been combined with some other feature of the program according to the Bedford report from which the following extract was taken:

"The following entertainments were given to help send delegates to the State Short Course.

<u>Community</u>	<u>Kind</u>	<u>Amount Raised</u>
Alpha Grove	Tacky Party	\$6.00
Coleman Falls	Book Social	5.00
Forest	Lawn Party	17.50
Whitten Road	Lawn Party	10.00
		<u>\$48.50</u>

Picnics are held in every county. Three clubs in Louisiana had the Candle Lighting ceremony. One club in the same county had a Halloween party.

STATE FOUR H SHORT COURSE

The Twelfth Annual 4-H State Short Course held August 7 - 9, inclusive, had a registered roll of 350 delegates. Added to this number was a large group of interested friends who drove in for the day. The parade was the particular drawing card for this group of guests. Lecturers included Miss Hallie L. Hughes, State Girls' Club Agent, Miss Bess Hodaden, Poultry Specialist, Garden Specialist L. B. Dietrick, and Field Agent J. B. Pierce, U. S. D. A.'s District and county agents and instructors of Virginia State College also rendered assistance. Other special guests included instructors and college students from Hampton School of Agriculture. We were also honored with the presence of Mrs. D. F. Lowe, North Carolina District Home Agent, three of her local home agents, and a local farm agent.

The program included special work in poultry, gardening, tie dyeing, judging canned goods, growth work, singing, games and discussion groups. These groups led by local home agents had for their subject, "How the Club Girl Can Help Her Community."

The Candle Lighting Ceremony at the conclusion of vespers and the club night program on Thursday night were interesting features of the program.

Home agents counties gave a good accounting for themselves in every contest. In the parade, with a possibility of ten placings they scored as follows: Amherst, first; Nelson, fourth; Bedford, fifth; Louisa, seventh; and Halifax, tenth. Amherst was awarded the parade banner. In the final rating for speaking, judging, parade, and growth work, six counties tied for placings. In this final rating for all points won the home agents placings were: Amherst, second; Louisa, fifth; Bedford, sixth; Hanover, eleventh; Nelson, fifteenth. All of these received money prizes.

The 27 leaders who came with the delegation rendered splendid assistance throughout the meeting.

It is most encouraging to those of us who have had the opportunity of watching the young people from year to year, to note their gradual improvement. They are now able to take more responsibility and carry it so much better than in the early years of the State Short Course.

A visit was made to the North Carolina State Short Course in July where Miss Thelma S. Tonkins, Local Home Agent in Hanover County and I assisted with the judging of contesting teams. The visit was very inspirational, being my first time to see any short course except our own here in Virginia.

PROGRESS MADE

Every agent expresses the fact that she is not satisfied with progress made, even though each can point to the successful completion of certain projects in her county. Relief work, of one form or another, broke into many well laid plans. The Hanover agent, in mentioning certain signs of progress, expresses sorrow for not having reached more older girls. The Nelson agent voices the same regret and has plans on foot for reaching girls who are young enough to be club girls, but for economic reasons, have had to go from home to work.

Probably the Louisa agent's expression speaks for all:

"I have tried to do better work than in previous years but do not feel that I have done my best yet, therefore, I am not entirely satisfied."

PLANS AND GOALS FOR 1955

Each agent plans to increase the number of people reached, both adults and juniors. One method for accomplishing this will be through training more leaders to conduct satisfactory work in the absence of the agents. District agents' plans include training meetings for leaders. Specialists will be used for these meetings whenever it is possible to secure them.

Major projects in Clothing, and Home Improvement will be closely seconded by the Garden and Foods work.

PERSONAL NARRATIVE
of
DISTRICT HOME DEMONSTRATION AGENT L. A. JENKINS
December 1, 1933 - November 30, 1934

November 30, 1934 ended a very interesting year of work. It was a year which brought much satisfaction to supporters of extension service because so many successful results emphasized the value of the agricultural extension work. Calls for assistance have been numerous and many substantial results have been noted. This does not imply, however, that I feel that all necessary work has been done. Far from it. A strange man came up to me at the close of a ladies' meeting sometime ago and said, "You are the lady who got after us men about keeping plenty of wood out for the kitchen stove, aren't you? Well, I want you to know that ever since I heard you speak down in King William County, I have been getting in plenty of wood for my wife, so that she doesn't have to cut it any more." When I have such experiences, as that, and it could be multiplied many times, I feel that the message is being understood. Getting that wood in is a simple sounding chore, maybe, but it usually leads to a better kitchen, eventually.

During this year I made 69 visits to local home agents, 61 to local farm agents, seven to counties without agents and had 53 conferences with Relief officials. Of the 74 demonstrations given 45 were foods demonstrations in farm agents territory. Three Four H and eight Home Demonstration Clubs were visited. One hundred sixty-four days were spent in the field and 132 in office work. Met five contributing boards during the year. Each of the six counties now being served contributes from public funds to the salary of the local home agents. I took part in eight extension committee meetings with 59 in attendance and 129 other meetings which were attended by 11,596 persons; wrote 801 letters; sent three hundred eighty-six copies of 44 circular letters; distributed 5422 bulletins and assisted with 16 extension schools. My records show that sixty-two persons who had relief gardens attended my food-preservation demonstrations. Spoke to the Presbyterian Christian Women's Conference, Baptist Women's Convention in Nelson County, the Gloucester Ladies Aid Club and assisted with annual program at the Girls' Industrial School, Peakes, Virginia; North Carolina 4-H State Short Course and performed my duties as secretary of the State Advisory Board. Conducted the Better Homes section of the Negro Organization Society and assisted in making program and budget for the year's work of the society. Miles travelled during 1934: by auto 11,472, by rail 1,317, otherwise 172. Total miles travelled 13,961.

OTHER COUNTY WORKERS

It has been my pleasure to hold conferences with many of the women and most of the men working as supervisors of Negro schools in Virginia. Many problems were brought to me to be talked over. Some seem to feel (and rightly so), that because my work was with them from 1913 to 1920, they can still feel free to call on me.

One visit was made to King William County upon invitation from Miss India Hamilton, Supervising Teacher. Making a Foods Budget was my subject for that meeting. A few weeks ago a letter came to me from Mrs. Allonia G. M. Jones, King William, Virginia. In this letter she gave a report of work done this year, as a result of the discussion on budgeting food. Three families with a total of 14 members put up 313 quarts of fruit, 404 quarts of vegetables, 27 quarts of pickles, seventy quarts of preserves, jams and jellies, and 392 pounds of sausage. She mentioned the use of the U. S. canning bulletins.

Mrs. Jones also mentioned that stress was placed on an adequate supply of wood for the kitchen as she met groups of women in her county.

RELATIONS WITH OTHER ORGANIZATIONS

Most cordial relations have been sustained with other forces at work in the state. Most contacts have been made with the Negro Organization Society of Virginia. This society, made-up of representatives from numerous and varied other organizations among Negroes in Virginia. Churches, Sunday Schools, lodges, Parent-Teacher Associations, Federation of Women's Clubs, possibly other such organizations, and individuals make up this rather unique effort to improve living conditions in the state. The work has always had the approval of the State Board of Education, the State Board of Health, Extension Service, the General Education Board, Jeanes Teachers, Hampton Institute, Virginia State College, St. Paul School at Lawrenceville, Virginia Union University at Richmond, the InterRacial Commission and other representative organizations and persons of the state. The motto of the society, Better Homes, Better Schools, Better Health, and Better Farms, needs explanation. Along with the other district agents I have given assistance whenever called upon to conduct programs during the annual meeting and to work on committees throughout the year.

Some of the Smith-Hughes workers have been equally cordial. Mr. M. H. Boykin of King and Queen and Mr. Harrison of Gloucester seem to feel that I am due to make at least an annual visit to their counties to meet groups of women. During Mr. Boykin's address to the Farmers' Institute at St. Paul School in February he spoke of the interest in food preservation created by my visits to his county and showed some filled cans which were cut open to show types of what had been done. While I was in King and Queen, May 4, I assisted 24 women, who came to me individually after the address, to work out food budgets according to their families' needs.

COOPERATION WITH VIRGINIA STATE COLLEGE

Virginia State College continues its very friendly attitude towards the extension workers. Everything which it is able to furnish for our comfort and convenience is furnished cheerfully. This spirit is very much appreciated. Lecturers have been furnished for all extension schools and farmers' conferences when requested. President J. M. Gandy and Director of Agriculture J. L. Lockett attended the meeting of the State Advisory Board in Albemarle County. The district agents are members of the legislative council as well as staff members of the college and accorded the same right and privileges as other members of the staff. The program of the annual farmers' conference conducted by the college is always arranged subject to the approval of the extension workers.

The work of Dr. E. G. Trigg on the Care of the Family Cow and of Mrs. C. W. Armstrong with Clothing and of Mr. Orleans Reid, Jr. on Farm Management was most helpful. Mr. Reid's subject was a new one for the schools but the farmers showed keen interest in it.

HAMPTON INSTITUTE

Hampton Institute has been most liberal in sending out speakers when requested. Mr. J. S. Higginbotham has given much help and inspiration to the gardeners of the state. In order to stimulate more interest in winter greens he distributed free several pounds of kale seeds in Ashurst (his home county) and Bedford. Prizes for successful gardens were secured for our workers by Hampton Institute from the Tait Seeds Company of Norfolk, Virginia.

In spite of apparent hard times many people seem as much interested in yard beautification as they are in food, therefore Mr. Asa Sims, of Hampton Institute has been kept very busy.

The Institute sent the Junior Quartette and a speaker to give series of meetings in Louisa and Hanover Counties to assist in raising sufficient county funds.

Instructors and students attended the 4-H State Short Course. Director of Agriculture D. F. Fenn and Mrs. Fenn attended the State Advisory Board meeting in Albemarle County.

We are very grateful for all service rendered.

ST. PAUL SCHOOL - LAWRENCEVILLE

As in former years assistance was given with the Women's Division of the Farmers' Institute at St. Paul's School, Lawrenceville in February. Home conveniences and foods budget were stressed.

In May of this year I went to the county, Brunswick, to give canning and drying demonstrations. This meeting was held by Local Agent W. E. Williamson at the home of Mrs. W. E. Davis, near Cochran. Upon my arrival Mrs. Davis told me that she had to thank me for my February talk as well as for coming to her home in May. Said she, "I had long wanted a built-in kitchen cupboard, but my husband thought that I had a pantry and that was enough. After hearing you at St. Paul's School he was convinced of the need for it but was slow in getting it built. When Mr. Williamson said that you were coming for the demonstration I offered my home and told my husband. He sent for the carpenter at once and had it built before you got here." It is a very roomy nice cupboard in a lovely well lighted kitchen which has running water, electric lights and a screened kitchen porch.

St. Paul's is most hospitable towards extension workers.

CHRISTIAN CONFERENCE OF PRESBYTERIAN CHURCH

The Fourteenth Annual Meeting of the Negro Women's Auxiliary of the Synod of the Virginia Presbyterian Church met at Virginia State College in June. The chairman of the conference, Miss Carrie Lee Campbell, asked me to talk to the women and I chose kitchen improvement. This talk was given on Friday morning. Miss Campbell asked me to talk again on Saturday which was done. After the meeting was over I received a letter of thanks in which Miss Campbell asked that I use one hour each of the days which they will be in session next year.

VISIT TO SCHOOL FOR WAYWARD GIRLS

I assisted with a program held at the Girls Home School at Peaks Turnout, Virginia, upon invitation from the Superintendent Mrs. J. F. Barrett.

FOODS PROGRAM

When this writer entered "Canning Club" work May 1, 1913, canning was largely confined to a few jars of tomatoes, a few jars of fruit and still fewer jars of vegetables. Only 234 girls and fewer women were enrolled in canning that year. In fact the agents were advised to enroll not more than 50 girls per county. One of the first lessons received from their District Agent J. B. Pierce was to see that the women and girls enrolled agreed to produce and preserve enough food for their individual families. When the work was re-organized in 1920 the new home agents were given the same instructions. For the past few years very satisfactory results along this line have been seen.

Foods preservation work seems to be the most outstanding single piece of work undertaken by the district home agent during 1934. Forty-five food preservation demonstrations were given in local farm agents' territory and two in counties without agents, namely Lancaster and King and Queen Counties. Farm agents in every county visited cooperated with the garden directors who brought or sent their subsistence gardeners to the demonstrations for help in foods preservation. For instance, in Powhatan County Local Agent A. P. Walton invited me to come to the county for two days of such (just as had been done in former years) work. The assistant garden director, Mrs. L. P. Simpson was present and assisted me with the demonstration. She brought along five subsistence gardeners to add to the 83 other persons in attendance. Later in the day Mrs. Timberlake, County Garden Director and Mrs. Seamer, State Food Specialist came to the demonstration. On the two days following I worked through Local Agent A. H. Shelton with Assistant Garden Director Mrs. Virginia Miller and gave demonstrations in Cumberland and Buckingham Counties. The Cumberland director spent the greater part of the day at the demonstration.

The Greenville director, Mrs. Reese, spent most of the two days which I gave to Local Agent George D. Williams, in our meetings. She brought subsistence gardeners each day and herself became a part of the group to receive instructions just as the women did. About 100 women and men on relief attended and took part in my demonstrations. In fact, everyone attending these demonstrations was required to take an active part. Directors and assistant directors were asked to help with the

preparation of products, sterilization of containers, and any other needful chore just as the women were. The days spent in these demonstrations were really "community get-togethers," and "a good time was had by all."

When the persons attending demonstrations had jars of finished products to take home at the end of the day they looked very happy. In several places we had men working as subsistence gardeners and they, too, entered heartily into the spirit of the food preservation.

The Lancaster meeting was typical of most of the others.

Accepting an invitation of many years standing I went to Kilmarnock on Monday, gave a canning demonstration on Tuesday and visited three homes on Wednesday before returning to headquarters. More than forty persons attended the demonstration which included the preservation of corn, lima beans, string beans, beets, carrots, tomatoes, squash and soup mixture. Twenty-six finished jars were carried home by the women at the end of the day. The audience included the garden director, Mrs. Davenport and her assistant, Mrs. Humphreys, both white, who brought four of their subsistence gardeners for the lesson. We had the local colored minister, the Rev. Young and his wife, Dr. and Mrs. M. E. Morris, two or three school teachers, one dressmaker, two store keepers, one white and one colored, with the rest of the audience made up of housewives, young men and young women. Among the housewives were three other white women not mentioned above. It was really a most unusual meeting in many ways. The meeting was engineered by Dr. Norris and was held in the new brick school building. The women of both races invited me to come back again.

The demonstration which probably gave me the greatest thrill of the year was the one given at the Prince Edward Farmers' Conference, July 27.

The people came prepared for a talk but saw the actual work done. Graham Lancaster, a 4-H club boy, was my main assistant and did a good job.

The Prince Edward Conference turned out to be almost as fervent as a camp meeting. Those people seemed particularly grateful that nobody in that group of more than 100 persons had a subsistence garden and that every family represented was trying to be self sustaining again the next winter. Mr. Lancaster is a very quiet agent but he certainly seems to have taken the field agent at his word many years ago and counseled his farmers to grow their home supplies.

Here again Mr. Higginbotham discussed gardening. Mr. T. C. Walker discussed "Better Citizenship," District Agent J. L. Charity led the round table, and I demonstrated making soup mixture. A discarded stove with two joints of rusty pipe (also discarded) was set up in the church yard for processing. The entire group of men and women witnessed this

demonstration and apparently enjoyed it. One man said that he thought that the women might be too lazy to do as much work as I was doing. They talked him down, however, and said all they wanted was something to put up plus the jars to put the food in.

This story illustrates the way in which the women have taken hold of the foods work.

It was most gratifying to visit the Plank Road, Sussex County, group of women at their urgent request, and find them handling their pressure cooker with so much ease. In spite of the fact that these women asked me to give them a demonstration I soon saw that they knew how to handle the work themselves, and, best of all, they were working cooperatively, one helping another cheerfully whenever necessary. These products were canned: apples, peas, cabbage, soup mixture, butter beans, sweet potatoes and chicken; 26 jars in all. Although she is not president, Mrs. Daisy B. Graves, is clearly the group leader, a most intelligent one, too. The very careful way in which she does things would do credit to a home agent. When I complimented her (on the side) as to the efficient way in which she handled the new pressure cooker, she told me in a most unobtrusive manner that her husband gave her a cooker last summer and that she had splendid use of it. Mrs. E. M. Jones, Homeville, in whose home the meeting was held, exhibited shad, chicken and fresh pork along with her vegetables and fruits which she had canned. Mrs. Jones told me that she earns much of the money for things which she must buy through canning for other people.

The club of women wore work aprons made from bags. One wore a dress made from a heavy striped bag and I was told that each lady had one like it.

This county has no home agent.

Local Farm Agent M. D. Jones made many trips to my office to secure information for these club women when it was not convenient for me to go to them, and he certainly has such to show for his efforts, including woodboxes, as the women stated.

This group asked me to give them some assistance this winter.

HOME IMPROVEMENT

Kitchen improvement has been stressed with some tangible results seen, according to statements made to me from time to time. A more convenient water supply, more light, more pantry or shelf space and more woodboxes are constantly stressed. Kitchen improvement was asked for

in Amelia and Hottoway for the extension school and farmers conference. The local farm agent, Mr. C. G. Jeffries, working in those counties is much interested in that problem and is stressing it right on with his other farm planning. Definite help with this problem was given to clubs of women in Sussex and Greenville during the winter aside from the time spent during the Extension Schools.

An interesting feature suggested to the Sussex women in a February meeting bore fruit in July at the canning demonstration in the same county. We discussed the matter of clean dresses in the kitchen and the women were urged to be sure to wear clean dresses, and preferably caps, when canning, because it was often felt that spoilage might be traced to the lack of these things. At the July canning demonstration the women came in a neat uniform which consisted of dress and apron made from bags and white caps of a thinner material. They said that the uniform was a direct outgrowth of that discussion and that they were wearing clean outfits during their home canning, also.

Better kitchens were stressed at the schools held in home agents' territory at their request as the agents in these counties were devoting their time largely to foods. Still they wanted this topic kept before the people of the counties.

The Louisa agent followed up by getting the help of District Agent J. L. Charity to install sinks and barrel systems in four kitchens.

EXTENSION SCHOOLS

Time was taken in each of the 16 extension schools with which I helped to work out family food budgets. Blank forms for the budget were distributed. I, also, always took with me a supply of lead pencils so as to eliminate that excuse. When I found a man or woman whose glasses had been left behind or who might have had some other excuse for not writing help was given for making that budget. Each family went home knowing what extension service considered a suitable food supply for it during the months when foodstuffs are not easily secured from garden, field and orchard. About 1,220 such budgets were made.

In spite of the fact that foods work was the major for these meetings I never let a meeting go by without urging more convenient kitchens and a better water supply. It must be confessed, however, that often a man asks why so much is said about these things. To my surprise during the closing remarks at one of this year's schools a woman arose and said that she was not satisfied. Says she: "You folks have talked about cows and hogs and land and chickens and canning

for two days and haven't said a word about any clothes for us women to wear."

The Greenville Extension School was attended by the upper grade boys and girls of the County Training School, more than 50 of them. Permission was secured from the district and county agents in charge to vary any part of the program a bit and introduce something to fit an immediate need of those young people. The little mimeographed sheet on "Washers" sent out by the State office for 4-H club use was then presented and how it was enjoyed! A very elderly man came up at the end of the meeting and asked for a copy to take home to his two grand daughters as he had been trying to teach them some of the very things mentioned and they thought that he didn't know what he was talking about.

The Board of Supervisors was invited to the Appomattox Extension School. The members not only came but all made talks and remained for a considerable part of the program. The chairman and clerk entered heartily in the food budget discussion. Later when I went back for two days of canning demonstrations I had a conference with the chairman of the board, Mr. Moss.

FARMERS' CONFERENCES

Farmers' Conferences of one day each were assisted with in Buckingham, Goodland, Campbell, Pr. Edward, Amalia, Gloucester, six in all. The same type of work described under extension schools was done in these six meetings. Since these conferences lasted only one day each, it was not possible to give as much time to the subjects as was done in the schools.

At the close of the Campbell County Farmers' Mrs. Alice Davis insisted that I go home with her for a short visit. When I arrived she explained why she was so anxious to have me visit her. Said she:

"This stair rail and banisters were built by my husband after her attended a meeting in which you hammered on unfinished interiors. Inside painting and other much needed improvements followed these stairs. Now, I am working for outside paint and new screens." The interior of her home is really very pretty and very comfortable.

Mention is made under "Foods" about the Prince Edward Conference.

VISIT TO STATE GARDEN CLUB

A visit was made to the meeting of the Negro State Garden Clubs at Hampton Institute in April, where I spoke briefly. It was very pleasing to see how women from the cities and larger towns of Virginia are becoming interested in making their surroundings more beautiful by orderly planting and screening of unsightly spots about the home. Practically all clubs reported having had assistance from local white club members. This was not in any sense a rural meeting but I felt and still feel very sure that it is a direct outgrowth of what has been going on among rural Negro women of our extension clubs for at least ten years.

FAIRS - STATE

Assistance was given in placing and looking after exhibits sent to the State Fair at Richmond by 4-H and home demonstration club members. Visitors to our building seemed more numerous than usual and many fine things were said about the exhibits. The canned goods display always seems to please visitors. Many women lingered to ask how certain products were put up, mainly string beans and soup mixtures. Explanations were given and inquiries made as to whether the person lived in a county served by a home agent. If so, she was directed to the agent for necessary help for the next canning season.

Much admiration was expressed for articles made from bags, particularly a child's bedroom set made from meal bags and adorned with blue gingham elephants. The elephants were little red saddles, and though the eyes were red, small boys and girls were quite pleased with the set. The dyeing from Hannover and a rag rug from Louisa attracted a great deal of attention and called for much explanation.

FAIRS--COUNTY

Assisted with the judging at the Powhatan and Chesterfield County Fairs, both of which had very good products. The canned goods would have some credit to my home agent.

FAIRS - COMMUNITY

Two community fairs were held in Henrico County by Local Farm Agent R. F. Jones, at St. James and Fair Oaks, respectively. It was my third time to assist with the St. James Fair. Fair Oaks caught the urge from

St. James and made a fairly good showing of farm and garden products. The canned goods did not look as well as Mr. Jones and I hope to have it appear another year.

OTHER MEETINGS

County wide meetings were attended and assisted with in King William and King and Queen, Spotsylvania and Lancaster, plus a second visit to Lancaster described under Foods Demonstrations, and a day spent in Cumberland and described under Relief. Other county-wide work is also mentioned under Relief.

I assisted with the Louisa and Nelson County Achievement Days, the Louisa County Annual 4-H Club Picnic, the Powhatan 4-H Club Rally, Five County 4-H Club Rally held in Southampton, Health Day program in Amherst, assisted local agent with her plans for and attended Nelson County Day.

Spoke to Ladies Aid Club of Rising Valley Church, Gloucester County and the Women's Auxiliary of the Baptist Association in Nelson.

RELIEF WORK

Mention is made elsewhere in this report that 62 persons on relief attended and took part in the foods demonstrations conducted by the maker of this report. That number was definitely checked. There were meetings, however, at which no check was taken. I, therefore, feel that it is perfectly safe to estimate that at least 100 persons heads of families for the most part, benefited from food preservation demonstrations.

Acting upon instructions from the state extension office as well as from a personal desire assistance was gladly given to relief work whenever and wherever possible. Special trips were made to Norfolk, Richmond, Gloucester, Chesterfield, Cumberland, and Buckingham to assist with relief work. These trips were in addition to aid given while making visits to our local farm and home agents.

I probably have not done a lot of work on the interracial committee, but white officials encountered showed a most friendly attitude. Among these were the supervisors in Appomattox, relief workers in Charles City, Chesterfield, Fluvanna, Hanover, Halifax, and state relief workers, Miss Ella Agnew, Mr. L. B. Dietrick, Mr. Parker, Mrs. Sara Porter Ellis, and Mr. T. C. Walker, Consultant on Negro Affairs.

Upon request assistance was given Field Agent J. E. Pierce in compiling a list of women eligible to be appointed assistant garden directors. Of the number suggested four received appointments and several others became volunteer leaders in giving canning demonstrations. Bulletins and other help asked for by volunteer and paid assistant garden directors have been freely given. The assistants for Lunenburg, Fluvanna, Mecklenburg, Amherst and Nelson Counties have expressed their gratitude for help received through this office.

AN APPRECIATION

It would be unfair to close this report without making mention of the splendid spirit of cooperation which has prevailed within extension ranks. State officials and specialists have been most cordial and helpful at all times. Field Agent J. E. Pierce has assisted in every way possible, the district farm agents have been generous with their time and advice, local farm and home agents have been thoughtful and cooperative, and last, but by no means, least our clerk has certainly contributed a valuable part towards keeping the machine moving. Thanks are also given for the emergency helper who worked in our office for about three months.

CONCLUSION

I am sure that gradual progress, though limited, is being made. I also know that no chance was lost to meet a definite need, no matter how simple it might seem. That sort of satisfaction, however, makes me more determined to reach more people in 1936.

Plans are already under way for going to more groups and holding more leaders' conferences, thus making it possible to duplicate the service of the district home agent.

Respectfully submitted,

L. A. Jenkins

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District Agent