

IV. A General Appraisal of the Year's Work

In attempting to appraise the program for 1964, it appears essential, that we consider such questions as: Did the program as planned and conducted contribute to improved personal and family living? Were attempts made to help develop desirable attitudes and to encourage the acceptance of the teachings of extension? Were efforts made to strengthen the program to the extent that a greater number of people were able to help themselves?

Information based on reports from club members indicates, that a study of the subject-matter content of the program was beneficial and contributed to personal and family living.

The use of trained leaders in giving talks and demonstrations to clubs, through cooperation with other agencies, participation in community, district and state activities it is felt that a more desirable attitude has been developed and extension teachings are being accepted to a greater extent.

It is apparent that club members are sharing information gained in club meetings to a greater extent.

Literature on various subjects were sent to club and non-club members during the year. News articles were sent to local papers and to papers having state-wide circulation, fashion shows and exhibits were held. These were designed to reach the public.

In general, it is believed that the program was invaluable to the people of the county.

Cooperation and leadership ability among club members improved during the year.

To be of even greater benefit, the county's program need more trained leaders and more extension personnel to provide leadership for the people.

III. Success Story

"Tell it to a neighbor" seem to have been the motto of home demonstration club members this year.

As a result of publicity by club members, two (2) new clubs were organized with a third one pending.

From "hat-making", an activity carried out in 1963 and continued this year, fashion shows, publicity in newspapers and exhibits, many persons were able to see some direct results of activities carried out in home demonstration club meetings. These results, plus encouragement by active club members have been most helpful in creating interest in the extension program.

Many persons are now turning to extension for assistance and information on homemaking and related subjects. Among the persons seeking information and assistance are: the local chapter of the American Red Cross, personnel in school cafeterias, private clubs, as well as individual families.

B. Other Work Within This Area

1. Gray-Ladies

Twelve (12) home demonstration club members completed the requirements and became Gray-Ladies during this year. Necessary training include courses in First-Aid, Home Nursing and Practice work in a hospital.

These women are now serving as volunteer workers, in their spare time, at Community Hospital in Martinsville.

2. Participation in the Danville Fair

The Henry County Home Demonstration Clubs participated in the Danville Fair for the third (3) consecutive year.

Their exhibit was in the area of homemangement. It's title: Organize Your Home Business Center. The exhibit won fourth-place in the judging.

3. Homemakers Attend District Meeting

Ten (10) homemakers attended the District Home Demonstration Committee Meeting held in Mecklenburg County on May 1.

Mrs. Florida King served on the Place Committee and Miss Linda Holland gave the combined county report for Bedford, Franklin and Henry Counties. The report was the result of a survey made among young homemakers in the three (3) counties. It pointed out areas in which homemakers felt that the extension program could help them in the solution of problems involving individuals and families. Slides were used to illustrate needs and methods of teaching desired by the homemakers studied.

4. Home Demonstration Clubs Present Fashion Show

Forty-seven (47) club members and members of their families served as models in a fashion show sponsored by the home demonstration clubs on Aug-

Extension 4-H Program

A. A Major Emphasis

1. Foods and Nutrition
2. Why A Major Emphasis

The need for girls to learn about nutrition and health is a great one. They will be the homemakers of tomorrow. The health of our families and nation will depend to a great extent upon their understanding and willingness to be guided by the principles of good nutrition.

They need to know about the importance of sanitation in relation to foods and health, and how to plan, prepare and serve attractive well-balanced meals.

Activities in this project were designed to help meet these needs.

3. Objectives

1. To help encourage improved health among individuals and families.
2. To help future homemakers become more efficient in the solution of problems of foods and nutrition.

4. Progress Toward Objectives

Group discussions, method demonstrations, practice work in groups, and exhibits were held in this project.

Thirty-five (35) 4-H members received training outside of club meetings to enable them to assist with club activities. Efforts were made to have each member assist in giving demonstrations and discussions. Three (3) adult leaders and the agent worked with the girls.

The four hundred-two (402) members enrolled in the project participated in such activities as: Tasting new foods, identifying foods, experimenting

Extension 4-H Program

A. A Major Emphasis

1. Clothing and Textiles

2. Why A Major Emphasis

There was general interest in learning to sew among girls joining 4-H Clubs. They were especially interested in making garments and other articles of clothing for themselves and members of their families.

It was felt that a great deal of guidance was needed to help these girls develop skills and understanding in methods and procedures in sewing that would result in satisfying experiences.

3. Objectives:

1. To help girls learn to sew.
2. To help develop those skills and understanding that would result in good workmanship and high standards in home sewing.
3. To help develop an appreciation for home sewing.
4. To help create pride in one's own accomplishments.

4. Progress Toward Objectives

Demonstrations, discussions and exhibits were held in this project during regular club meetings.

Commercial patterns and other printed materials were used as teaching tools.

As one member mastered a skill, she assisted other members who had not grasped it. Three (3) adult leaders assisted members in carrying out this project.

The sixty-eight (68) members enrolled participated in topics including:

A. A Major Emphasis

1. Home Furnishings
2. Why A Major Emphasis

Homemakers were interested in improving the appearance of their homes and the quality of their furnishings. They were aware of the importance of economizing and felt that by wiser selection, by making certain items at home, and by renovating certain items they already had, they could reduce the cost of furnishings and thereby, secure desired furnishings in a shorter period.

3. Objectives:

1. To help homemakers secure desired home furnishings at a minimum cost.
2. To help homemakers develop skill in selecting home furnishings.
3. To help develop skill in making home furnishings at home.
4. To help satisfy the creative desire in women.

4. Progress Made Toward Objectives

Thirteen (13) leaders were trained in groups to give demonstrations in this area.

Two topics, "Selecting and Making Draperies and Making Lampshades" were studied.

In our study of draperies, illustrative materials used included: sample draperies, fabric samples, a filmstrip, drapery hardware and printed materials.

The "See and Do" type demonstrations were given to clubs and members made one-half ($\frac{1}{2}$) drapery for small windows in their homes. The other half was to be made outside the meetings.

II. Report on Project Areas

A. Major Emphasis Areas

1. Clothing and Textiles
2. Why A Major Emphasis

Most homemakers indicated that they have very little time for home sewing. However, they felt that the high cost of family living made it necessary to cut cost wherever possible. As a result, they attempted to economize on the cost of the family's clothing by learning to make certain garments at home. They felt that improved skill and greater understanding of methods and techniques in clothing construction would be helpful to them.

3. Objectives:

1. To help reduce the cost of the family's clothing.
2. To help families meet their need for adequate clothing.
3. To help club members develop skills in clothing construction.
4. To help club members develop an appreciation for well constructed home sewn garments.
5. To help improve personal appearances.
6. To help develop an awareness of and the ability to select lines and designs suited to the individual.

4. Progress Made Toward Objectives

In the area of Clothing and Textiles, discussions and demonstrations were given by trained leaders and the agent. Topics studied included: Body Measurements, Selecting Patterns for the Individual, Understanding the Pattern, Laying the Pattern, Cutting and Marking a Garment, How to Assemble a Garment, and Finishes.

Annual Narrative Report

1964

I. Involvement of Local Leadership in Planning and Carrying Out the Extension Program.

A. Planning Committees

1. County Home Demonstration Advisory Board

The Home Demonstration Advisory Board was composed of three representatives from each club and the home agent. The board served as the governing body for county-wide activities. These activities included approval of the subject-matter content of the year's program, provided for financial obligations of these activities and participation in district and state home demonstration club events.

2. Home Demonstration Program Planning Committee

The Home Demonstration Program Planning Committee was composed of one member from each club. The committee brought in suggestions from the various clubs for use in planning the subject-matter activities for monthly club study and special interest activities.

3. The 4-H Club Council

The Henry County 4-H Club Council was composed of the officers of the various 4-H Clubs and their leaders.

The group approved projects to be carried in the county for the year, also planned and conducted county-wide activities for the strengthening of the 4-H Club's Program.

Annual Narrative Report

Henry County

1964

ANNUAL NARRATIVE REPORT

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service

Mrs. L. W. Hairston

Extension Agent

Extension Agent

Assistant Agent

Assistant Agent

Assistant Agent



1964

Henry

County