

XIV. Problems in Carrying Extension Program

1. Transportation:
This is and has been a major problem in both home demonstration and 4-H club work. Solution - 1) walk, 2) one person bring as many as possible. Club attendance will be cut in both adult and junior groups. Many mothers will not allow their children to walk because of convicts working.
2. Illustrative Material:
 - a. Lack of time to prepare
 - b. Lack of money to buy
3. Small Homes a Problem in Organizing New Groups:
Sixteen initial people required to organize a home demonstration group. When the agents say 16 - the people desiring to organize lose all interest. Churches and schools are completely out of meeting places. The women say their homes will only hold from 8 to 10 women comfortably; if children come even 10 women are too many. This, of course, is in the unorganized housing division sections.
4. Lack of Place to Hold 4-H Groups:
Overcrowded schools cut down on attendance at 4-H meetings because of lack of places to meet. Only solution would be to secure more 4-H leaders who would organize and direct more out of school 4-H clubs, but transportation presents a problem then. Club members discourage easily because of lack of time and space available in schools. Girls are often times involved in other activities also keeping them busy.
5. Securing 4-H Leaders:
Four-H leaders are hard to secure in certain communities, because many of the women work away from home. Raising children sometimes puts the active leader on the inactive list.
6. Baby Sitting Problems:
Solve by cooperative baby sitting among members.

XI. Recording Progress and Evaluating 1955 Program

1. Check planned program quarterly
2. Improve own daily, weekly, monthly records and reports
3. Improved leaders record keeping
4. Improve annual statistical and narrative report
5. A more organized office and the home demonstration agents' desk
6. Check quality and kind of 4-H work through club and county exhibits, 4-H fair, and 4-H county contest

XII. Plans for Professional Improvements

- A. Organized Study
 1. School - Evening classes at U.S.D.A. graduate school, spring term.
 2. Take advantage when possible of Extension Training Courses
- B. Professional Publications
 1. Continue reading professional magazines, books and publications
 2. Reading good books other than professional
- C. Membership in Professional Organizations
Am a member of:
 1. State and National Home Demonstration Organizations
 2. State and American Home Economics Association
 3. National Geographic Society
 4. Member of American Association of University Women
- D. Participating in Program, etc. of Other Organizations
 1. Take advantage of these when possible
- E. Planned Educational Trips
 1. Farm and Home Agents Meeting at V.P.I.
 2. Institute of Rural Affairs at V.P.I.
 3. District Planning Meetings
 4. State Home Economics Meetings - National Home Economics Meeting
 5. National Home Demonstration Association

XIII. Cooperating - Farm and Home

There is good cooperation in the Fairfax Extension Service Department. The 4-H program is integrated in county and club features and planning. In the Home Demonstration, the Farm and Home Departments cooperate in many county meetings and exchange help and services when called upon and as often as possible. This is good harmonious fellowship and we'll keep it that way.

4. Red Cross
 - a. To work with through clubs and individuals on drives and other calls
5. Garden Clubs
 - a. Use members as judges
 - b. Furnish information and help when requested
 - c. Use men to train club members
 - d. Judge at their affairs

I. Good Public Relations

- A. Elected Representatives:
 1. Call on for speakers, especially in Legal Affairs program in clubs and community meetings.
 2. Invite to county and community features.
 3. Secure informational literature
- B. General Public:
 1. Invite to county-wide meetings
 2. Have club members give information to non-members, invite these to club meetings and to become members.
 3. Request help and information and demonstrations from professionals and those who do special things, serve as judges.
 4. To serve as leaders, where eligible.
 5. To give advise.
- C. Co-Workers:
 1. Conferences as often as possible
 2. Joint work and travel where possible, for judges
 3. Special information
 4. Request to be project demonstrator and speakers in home demonstration and 4-H work.
 5. Do all possible to help them in their work.
- D. Commercial Interests:
 1. Request for speakers, judges, demonstrators and some awards.
 2. Request for informational literature - sample products
- E. Other Professional Workers:
 1. Cooperate with
 2. Advise with
 3. Request help as speakers, judges, demonstrators
 4. Invite to special programs

The agents will cooperate and advise with and work with all agencies when called upon and where they can be of service.



Plans for training and using all types of 4-H leaders in carrying out 1955 program:

The 4-H leaders and county council officers will be trained in organization and carrying out 4-H programs, by Mr. Jack Tyree on January 13th. The council will use this training to strengthen their 1955 program.

The home agent will train adult and junior leaders individually or in small groups. Leaders will conduct meetings without agent and will give assistance in different phases of the 4-H club program.

Leaders will be invited to attend any open training meeting.

C. Young Men and Women's Clubs

	No. in <u>1951</u>	No. in <u>1952</u>	No. in <u>1953</u>	No. in <u>1954</u>	Goal <u>1955</u>
Number of Clubs	1	1	4	5	6
Number of club officers	4	6	12	24	30
No. adult leaders or sponsors	0	0	13	10	15

Plans for training and using leaders in promoting the Young Men and Women's Club Program in 1955:

Leaders will be trained through group meetings and individual conferences. These leaders will give training in their clubs and will set as advisors in various 4-H activities, such as camps, conferences and older youth groups.

IX. Plans for work with Other Agencies

1. County Educational Organization
 - a. Cooperate with and advise with
 - b. Cooperate in programs and exhibits and fairs
 - c. Call on Home Economics teachers for judges
 - d. Use of school buses for camp
 - e. Cooperation in scheduling meetings in schools
2. County Health Department
 - a. Cooperate with Health Department - keep people informed
 - b. Assist when called on
 - c. Help in Cancer Campaign
 - d. Help in Pálío Campaign
 - e. Help in T.B. X-Ray Campaign and others
3. Welfare
 - a. Help when called on

h. Poultry

The farm and home agents will hold one county-wide poultry meeting. A special program on poultry and demonstrations will be given by specialists.

i. House Furnishings

House furnishings leaders will be trained by the state specialist. A commercial representative will give help on papering and painting.

j. Legal Affairs

The state specialists will train the leaders. Local representatives and the agents will help the leaders.

It is the agents plan to have every club - to have every club member to have something to do - that is to have all club members to do something in leadership.

B. 4-H Club

	No. in <u>1951</u>	No. in <u>1952</u>	No. in <u>1953</u>	No. in <u>1954</u>	Goal <u>1955</u>
No. 4-H club officers	100	105	100	120	120
No. adult project leaders	25	25	25	23	25
No. junior project leaders	10	9	11	12	15
No. result demonstrators	2	3	4	3	4
No. meetings at which leaders were trained by specialist	0	0	0	0	1
No. meetings at which leaders were trained by dist. agent	0	0	0	0	0
No. meetings at which leaders were trained by agent	13	1	24	8	10
No. meetings at which leaders were trained by personnel in 4-H Department	0	2	1	1	1
Attendance at leader training meetings	161	7	62	101	100
No. 4-H leaders trained individually	44	23	26	27	24
No. club meetings held by leaders without agent present	91	88	111	152	156
No. club meetings at which leader assisted	93	102	172	151	95
No. demonstrations given by adult leaders	54	101	107	95	103
No. demonstrations given by junior leaders	37	63	79	29	35

a. Organization

A presidents and officers training meeting early in the year to familiarize each with her duty, to give functions and work of committees necessary for program. Conferences with officers and agents when necessary. Visits to the club presidents and county chairman.

b. Program Development

A training meeting early in the year that these leaders may 1) become familiar with their duty, 2) that they may check carrying out of programs in their club, 3) that at each meeting they may explain the program and subject matter of the next months meeting and 4) that they may begin work on 1956 home demonstration program of work. Conferences with agents when necessary.

c. Health & Safety Federation Goal Chairman

A meeting of county health chairman and club leaders will be held to revise and plan 1955 club program and objectives. Club leaders will be given information and help by agents.

d. Home and Community Beautification

We hope to use local people to help in this program. A suggested program will be prepared for the fleaders for 1955.

e. Foods

The state specialist will train leaders. A commerical home economist will give county-wide meeting in Freezing. The agents will continue with Tops Off Group.

f. Gardening

There will be one small fruits and early garden leader training meeting in February. The state specialists present the material and information. The leaders will present the project work to club members. This is, also, a county-wide meeting.

g. Defense

All clubs have had defense leaders since 1949. County chairman and agents are in touch with county and district coordinators in defense. All information possible and help will be given to club leaders to keep them informed. In any emergency these leaders will be called together for instructions. A suggested outline for club leaders will be prepared by county committee.

D. County All-Stars:

It is planned that this group meet at least twice a year. This group should furnish leaders, help select All-Star recommendations, give scholarships, sponsor the Honor Club and help promote club work and youth work.

E. County 4-H Program Planning Committee:

It is hoped that each club will have a member and leader to serve on this committee to plan project work. Committee to promote county features of the plan of work will be appointed.

F. Others:

1. County Mobilization
County chairman, club defense leaders and agents will cooperate and work this Board in all ways to further civilian defense.
2. Professional Workers Council:
This council will meet
 - a. To become familiar with each others work
 - b. For better county work
 - c. To greater cooperation

VIII. Plan for Leadership:

A. Home Demonstration

	No. in <u>1951</u>	No. in <u>1952</u>	No. in <u>1953</u>	No. in <u>1954</u>	Goal <u>1955</u>
No. project leaders (subject matter)	284	291	298	319	325
No. federation goal chairman	52	54	81	87	89
No. program development leaders	25	25	26	26	27
No. of result demonstrators	44	50	33	56	58
No. meetings at which leaders were trained by spec.	6	4	8	8	9
No. meetings at which leaders were trained by dist. agt.	0	0	0	0	1
No. meetings at which leaders were trained by agent	25	7	20	14	16
Attendance at training mtgs.	345	234	376	385	397
No. club mtgs. held by leaders without agent	196	200	296	286	291
No. club mtgs. in which leaders assisted	95	101	181	37	45
Total number of demonstrations given by leaders	196	200	296	301	310
Total number of talks or discussion by leaders	95	101	121	129	135

VI. Scope of Work:

A. Organization

	No. in <u>1951</u>	No. in <u>1952</u>	No. in <u>1953</u>	No. in <u>1954</u>	Goal <u>1955</u>
Number of home dem. clubs	25	25	26	26	27
Membership	861	925	968	970	990
Number of 4-H clubs	20	21	22	24	24 *
Membership	308	400	415	458	458
No. young men & women's clubs	1	1	4	5	6
Membership	12	20	107	120	135
No. Community Improvement Clubs	0	0	0	0	0
Membership	0	0	0	0	0
No. other organizations	0	0	0	0	0

*Due to crowded school situation, busy schedules in school and turnover of 4-H club members and leaders, it seems advisable at present to show no increase in 4-H clubs and enrollment. It is hoped, however, that there will be an increase.

VII. Plans for Using Organizations to Strengthen the 1955 Extension Program of Work:

A. County Home Demonstration Committee:

This committee will have 2 meetings for planning and developing years program with call meetings if necessary. There will be a executive committee planning meeting prior to these committee meetings. There will be an officers training meeting and a program development chairman training meeting early in the year. The county home demonstration committee is definitely the agents' official organization for carrying out the county extension program for home demonstration women.

B. County 4-H Council:

It is planned that there be quarterly meetings of this council, that the council may keep in touch with the program and plan at intervals to keep the program going through its own efforts with agents help. This council plans for club dues, how they should be spent, for all county events and conducts these events. The council sets up its own procedures for carrying on club work. The council is made up of officers and leaders from each club. It is the nucleus from which the county program enolve - this factor is proof that without the council the 4-H program would weaken.

C. Honor Club:

It is planned that this group meet quarterly. Its particular functions are 1) to supply All Stars recommendations, 2) to supply junior project leaders and 3) to provide recreation and social contact for the older 4-H club members, 4) to provide assistance to agents and leaders in 4-H club activities.

11. 4-H Project Planning Meeting:

It is hoped that each club will be represented at this meeting next summer so they can plan their program effectively and satisfactorily for 1956.

12. 4-H Handbook:

A new committee will meet as usual to plan the 4-H handbook. Agents and leaders will assist. The book is designed to present Fairfax 4-H Club program to each club member in the county.

13. Young Men's and Young Women's Work:

A. Program Areas:

The Honor Club group is one of our young adult groups. The objectives are 1) educational, 2) recreational, 3) to know one another and 4) to train more people to be leaders and responsible citizens. The All Stars and older 4-H members are included in Older Youth Activities. Two home demonstration clubs are considered young adult groups. All of the groups should assist in leadership activities in their club and county programs. They will be encouraged to attend camps, conferences, etc. and will assist in planning and carrying out 4-H activities. Agent will assist at regular meetings, at conferences and at special interest meetings.

B. Activities:

The Honor Club members will assist as junior leaders in their clubs. All Stars will select prospective All Stars for 1955, will act as leaders in their individual clubs and will assist in other 4-H activities. The two home demonstration clubs will carry on project work as planned and leaders will give demonstrations and attend leader training meetings.

V. Farm and Home Development:

The agents have attended all meetings called and have material on this subject sent out. They will keep informed and will attend the January 17th, 18th and 19th, 1955 meeting on this subject to be held in Luray. Fairfax County is not one of the trial counties - but the agents would like to be informed when this does become a statewide project.

5. County Junior Fair:

This fair is an annual event. This is an opportunity for club members to exhibit and compete with county members. The home economics section of the fair committee plans, arrange and carry out these plans. Agents assist, advise, and help in background arrangements. County contests in girls work will be held at the fair if club members think its' advisable to do so again.

6. Camps:

a. County -

This camp is an annual event. It is educational and recreational. The main objectives are 1) to teach, 2) to have fun, 3) to experience good sportsmanship, 4) to learn to know other club members, 5) to learn to do and live in groups. Camp control is handled by the Honor Board composed of the tribal executive chiefs. Handicraft, vespers, educational work and recreation are handled by leaders and agents. Previous plans for camp are made by county council and leaders with agents assisting. It is hoped to have an increase in attendance.

b. State Conservation Camp -

Plans are to have at least one or two girls attend. It gives members an opportunity to know members from other counties, to have concentrated work on conservation and wildlife. This camp is planned by the State 4-H department. County agents assist.

c. State Short Course -

This is planned and carried out by State 4-H Department. Agents assisting. It is hoped to have an increase of girls attending from this county.

7. Achievement Day:

This is an annual feature held on National 4-H Achievement Day. Planned by junior council, leaders and agents but conducted by Junior Council. This is observed for the purpose of 1) bringing club groups together, 2) for club groups to learn of each others work, 3) to give more members an opportunity to participate before county groups, 4) to award honors and medals to club members and leaders and 5) for a good time, and 6) to promote interest in club work.

8. It is hoped that each club will contribute to the International Youth Exchange Fund.

9. It is hoped that some clubs will contribute to the National 4-H Club Center.

10. Honor Club:

New members will be initiated January, 1955 on the basis of their outstanding 4-H club work. The year's program will be planned by honor club members with leaders and agents assisting. They will hold quarterly meetings. Each member will select a goal or goals to work on during year.

B. Other Activities:

1. Club, County and Area Contests:

- a. Some groups will hold a contest in subject matter carried. Club officers with help and leaders and agents will plan and conduct these. The particular objectives are: 1) club members to become familiar with handling such affairs, 2) to allow members and others to see and hear about each others work, 3) to show good techniques learned and 4) reward club members for good work.
- b. Agents, leaders, and club members plan for and conduct the county contest. The particular purpose of county contests: 1) to publicize club work, 2) to give participants more experience and 3) to select area representatives. It is hoped that the county contest will be held at the 4-H fair again. More members participated there.
- c. Participation in Area contests is planned and arranged by agents with leaders help with the objective 1) to give club members greater experience, 2) that each may see work of members from other counties, 3) for greater interest in club work and 4) for selection of district and state contestants. The agents will give concentrated help with individual members entering the area contest.

2. Rural Life Sunday:

Club groups will plan to observe Rural Life Sunday by attending Church in a body or individually on that day. Wherever possible the minister will be requested to have a special message for 4-H club members and leaders. Members and leaders will participate in Sunday School and Church services.

3. National 4-H Club Week:

This week will be observed by clubs with special publications, and some special feature according to the particular club group. Club groups and leaders will plan for and carry out these plans. Agents will advise with and help. Club exhibits will be displayed in community buildings. Ribbons will be awarded to groups having worthwhile exhibits. Programs will be given at chapel and P.T.A. meetings.

4. County Picnic:

This is an annual event. It is planned for a good time with good wholesome fun and recreation. This is planned and carried out by the leaders and club members for county council. They select the picnic site and plan the program.

12. Television Work:

As often as possible have local club women as guest demonstrators on television programs as the national program, The Modern Woman.

111. 4-H Club Work

A. Project Work:

1. Foods:-Seven clubs are enrolled in "Meal Preparation". Developing good eating habits, planning well balanced meals, improved cooking techniques and attractive service are the objectives. Leaders and agent will present project work. School clubs plan to bring hot plates to the school meeting. The club members will bring food and cooking equipment for the demonstration. Junior Leader training will be given to the members.
2. Clothing - Two clubs are enrolled in "Looking Your Best" and six clubs are enrolled in "So You'd Like To Sew". Individual club members are taking the "Make and Remake" project. The objectives are to improve personal appearance, develop sewing skills and reduce clothing budgets. Club members will receive training from agent, adult and junior leaders.
3. Health - Three clubs are enrolled in the Health project for 1955. The main objective is to develop a healthy mind and body. The agent and leader will train the club members. The agent plans to secure help from the County Health Department and the Power Company for the program on Good Lighting. At least one tour is planned for visiting the County Health Department.
4. Home Improvement - One club is enrolled in "Your Room, Pep It Up" project. One club is taking "Your Furnishings". Their main objectives are to learn and practice good arrangement, have better knowledge of selection of furniture as related to price and design. The agents and leaders will train the club members. More tours to club members homes will be helpful in the program.
5. One club is taking Safety and Money Management.

Many girls enrolled in the club projects listed above are also taking individual projects.

8. Community Projects:

Improving Home Demonstration and Community Halls:

- a. It is planned to keep on the improvements started in 1954 or before, of halls already constructed; the building itself and the landscaping, the follow-up with recreational areas.
- b. It is planned that as many groups as possible have a community meeting to discuss local problems, plan to and overcome them with a speaker on public relations pertinent to the time. These meetings will be planned and carried on by club groups with conferences for suggestions and help of the agents. This community work is in relation to and coordinated with the educational subject matter of the Home Demonstration program. The state campaign on Litterbugs will still be stressed - progress in this is quite evident in Fairfax County.

9. Landscaping Institute:

This institute as written in the Federation goal, will be used not only to give real information and help to many more people - but as a means to secure more and greater coordination of the whole county in the Home and Community Beautification federation goal - and to promote greater interest in the home demonstration program.

10. County Master Plan of Work:

Fairfax County has a Master Plan for county progress to 1983 in the process of being made. Community meetings will be held by the Board of Supervisors and Planning Commission to explain this to the people. The home demonstration clubs will help to promote these meetings.

11. Judging by Local Leaders:

For years all judging in 4-H work and county features has been done by local leader homemakers who are professional home economists (some of these are ex-home demonstration agents). The exception is any home demonstration work - and here the home demonstration women prefer to have home demonstration agents to judge their work.

We have 11 leaders not professional home economists who were trained in judging by state specialists. These leaders have been called on by the agents constantly to help with preparation, arranging, and planning for county features - but not judging in their home county. These leaders would like to and will go to other counties to judge if called upon. They would like further training.

3. Result Demonstrations:

- a. Your Living Room for Family Comfort.
- b. Community Beautification
- c. Kitchen Planning.
- d. Landscaping or Home Beautification

These are to be carried as result demonstrations. These will be carried through information and visits from the agents. Result demonstration meetings will be held to show work accomplished.

4. District Federation:

It is planned that 1) a federation goal chairman have a full club report into county chairman on time for county report to be on time to state chairman; 2) all club groups be well represented at the annual district meeting; 3) that all groups will contribute to "Pennies for Friendship Fund". Constant conferences and information to club executive committees and chairmen stressing these points will be given by agents.

5. Institute of Rural Affairs:

It is planned to encourage attendance for at least one representative from all groups to the Institute of Rural Affairs. Information on the programs will be given as soon as possible to all clubs by agents. From time to time the agents will stress the importance of this state meeting. The state program is directly related to and coordinated with the home demonstration program in subject matter.

6. County Achievement Program:

This is planned to be a combination of the year's work in subject matter, community, county and state work and any national work that may come into the program during the year. Club groups start early in February to plan educational exhibits. This meeting is carried on directly by the county executive committee. All clubs participate, the agents advise with, suggest and help to promote these plans. Suggestions for the program are sent in from clubs and by individuals.

7. National Home Demonstration Week:

It is planned to:

- a. All clubs represented at District Federation Meetings
- b. All clubs contribute to Pennies for Friendship
- c. Hold an International Tea
- d. Club exhibits

3. Result Demonstrations:

- a. Your Living Room for Family Comfort.
- b. Community Beautification
- c. Kitchen Planning.
- d. Landscaping or Home Beautification

These are to be carried as result demonstrations. These will be carried through information and visits from the agents. Result demonstration meetings will be held to show work accomplished.

4. District Federation:

It is planned that 1) a federation goal chairman have a full club report into county chairman on time for county report to be on time to state chairman; 2) all club groups be well represented at the annual district meeting; 3) that all groups will contribute to "Pennies for Friendship Fund". Constant conferences and information to club executive committees and chairmen stressing these points will be given by agents.

5. Institute of Rural Affairs:

It is planned to encourage attendance for at least one representative from all groups to the Institute of Rural Affairs. Information on the progress will be given as soon as possible to all clubs by agents. From time to time the agents will stress the importance of this state meeting. The state program is directly related to and coordinated with the home demonstration program in subject matter.

6. County Achievement Program:

This is planned to be a combination of the year's work in subject matter, community, county and state work and any national work that may come into the program during the year. Club groups start early in February to plan educational exhibits. This meeting is carried on directly by the county executive committee. All clubs participate, the agents advise with, suggest and help to promote these plans. Suggestions for the program are sent in from clubs and by individuals.

7. National Home Demonstration Week:

It is planned to:

- a. All clubs represented at District Federation Meetings
- b. All clubs contribute to Pennies for Friendship
- c. Hold an International Tea
- d. Club exhibits

In connection with this goal a Landscaping Institute of at least six meetings is planned. This will be open to the public and held at night. It is hoped that this will bring about better results in this goal through better, and greater cooperation on the part of garden clubs, civic organization and individuals. The state specialist will work with the agents in planning, advertising and carrying out this institute .

C. Other Activities:

1. Defense:

The home demonstration clubs have had defense leaders since 1948 - by request of the Civil Defense Organization. These leaders get defense help and information from county and district defense offices and keep their group informed. The county chairman and her committee will make a suggested program for the leaders help. These leaders report to the county chairman who in turn reports to the county committee chairman and the home demonstration agents.

2. County Objectives:

1. To serve more people.
 - a. Increase membership
 - b. Pass information to others
 - c. Give demonstration or information to other groups as well as home demonstration clubs.
2. Provide information concerning country services available to county people.
3. Sponsor county-wide safe driveway and roadside clean up campaign.
4. Each club sponsor and provide leader for 4-H or other youth groups in community.
5. Assist in county Health program.
6. Each club hold seven monthly meetings without agent.
7. Encourage completion of work by holding club displays.
8. Each club encourage discussions on Highway Safety and Civil Defense.

These county objectives are adopted by each club group. Marked and checked by the club executive committees. Their accomplishments are compiled and reported to the county committee chairman and the home demonstration agent.

(Note:) It is from the reports of Health, Home and Community Beautification and County Objectives that the County Home Demonstration Committee Chairman makes her report for the District Federation of Home Demonstration meeting.

annual report. In all craft work it is the agents' objective to teach good design, balance, proportion and good use (if the article is not useful as well as decorative - DON'T MAKE IT.)

6. Club Choices:

Three months are set aside for club choices. This method gives each club an opportunity to have a desired topic - a topic, not in the county program. These choices furnish interest, further educational opportunities and time to finish up work requiring more time.

B. Federation Goal:

a. *Health and Safety - Long time Goal Objectives

1. Promote programs of the Virginia Health Council on Health and Medical care by:
 - a. Giving blood when possible.
 - b. Having chest x-ray.
 - c. Having cancer examination
2. Urge each club member to give more attention to physical and mental health by:
 - a. Eating well balanced diet.
 - b. Resting daily.
 - c. Learning to control emotions in everyday living.
 - d. Having a complete physical examination annually.
3. Take advantage of first aid information when possible.
4. Help make our highway safer by:
 - a. Improving driving tactics.
 - b. Being more courteous.
 - c. Eliminating blind driveways.

b. Home and Community Beautification

Points to be Stressed:

1. Planning for and Planting Seasonable Shrubs and Plants.
 - a. For food, beauty and pleasure.
 - b. Flowers and herbs for drying.
2. Cooperate with state highway improvement campaign.
 - a. Avoid littering highways and \$500.00 fine.
3. Secure information on County Master Plan.
4. Sponsor landscaping institute open to the public.

Love of the beautiful - is an incentive for all beautification. This project will be promoted by visits and information from the agents. The farm agents help in this project. Three home demonstration community houses, four churches will have result demonstration. Leaders will report work to the agent. The county chairman and her committee will make a suggested program for the leaders help. The leaders report to the county chairman who reports to the county committee chairman and to the agents.

3. Foods:

- a. Glamorizing Your Everyday Vegetables
- b. Special Interest - County-wide meeting on "Planning for and Freezing Casserole Dishes".

Foods and nutrition is important in the minds of homemakers as a project in relation to the long time Health Federation goal. It is tied up with economics and family relations. HOW to get the members of the family to eat the same old vegetables - and like them. It is hoped that good techniques in planning and preparing and serving will help to answer this problem. The state specialist will hold a leader training meeting on the first. The agents will secure the services of the home economist of one of the freezing companies to hold the second. This second should be of help in PLANNING to those without freezers, and both planning and freezing, of help and interest to those who have freezers. Leaders will 1) give the project work to their club members; 2) advertise the county-wide meetings and 3) get reports for the annual report. This subject will be tied up with the Home and Community Beautification Federation Goal in so far as herbs for sauces and flavoring can be used in year round planning for landscaping.

4. Clothing:

Clothing does not deature as a monthly program - but there are always many demands for this in club choices and special interest in beginners clothing and tailoring and making cloth and leather gloves. The agents conduct these wherever called. The special interest groups will model at the county achievement program and at other events.

5. Crafts:

As one club member put it - "Crafts are good for my soul . It may not look so good to others - but it does something for me". Crafts will be carried as club choices or special interest. Special subjects are: 1) making and decorating your candles - this is an economic affair as the price of candles has almost become prohibited for some families. A leader training meeting will be held by the agents and some leaders who know how. Leaders will a) give this project demonstration to clubs wishing it, b) plan for a county exhibit at the annual achievement program and c) compile report for the annual report. There will be a televised program on WMAL. 2) Making folding Screens: Though this is not an actual necessary, our small homes sometimes almost require one. This will be county-wide for those who wish to attend. The state specialist in Housing will demonstrate making the frames - teaching techniques in such carpentry. Other work will be on panel decorating. The agents will handle this. Other craft work will be called for by individual clubs. Crafts are given in various ways - by club women, non-club members and the agents. The leaders get reports for the

appeal of beauty, neatness, and attraction. Foods and Health* for a healthier family and county; and crafts for general satisfaction of the soul.

11. 1955 Adult Program:

A. Subject Matter

1. Legal Affairs:

- a. Where Does Your Money Come From - Where Does It Go?
- b. Joint Ownership of Real and Personal Property
- c. Simple Banking and Small Loans
- d. Insurance, Health, Hospitalization, Property and Saving

It is hoped that this project work study will be conducive of calmer, easier - more tranquil minds thus lead to better living and family relations. The state specialists will hold leader meetings on each of these subjects. The leaders will 1) give this project information in their respective clubs; 2) arrange for speakers versed in these subjects; 3) special interest - arrange for a county meeting for all the family and at this meeting a panel of bankers, lawyers, insurance people will be ready to give information and answer questions and 4) report on the possible help families received. This is somewhat intangible and the report may be general. Club members will pass this information to other people. The agents will fill in where necessary and work with other organizations and individuals.

2. House Furnishings:

- a. Do's and Don'ts in Furnishing Your Home
- b. Background of Room - Painting, Papering and Colors
- c. Study of New Fabrics in House Furnishings
- d. Special Interest - Making Your Draperies, Slip Covers and Upholstry

This project work is hoped to bring about more homes in good taste in selections and arrangement; to have the do it yourself project really to work. The state specialist will hold leader training meetings on (a) and (c). (B) will be given by a representative of a paint and papering company. The agents will be responsible for the special interest work and will fill in where necessary. The leaders will: 1) give project demonstrations in their clubs; 2) arrange for project demonstration with companies; 3) arrange for result demonstrators and 4) get reports of work done for the annual report. Club members will give information to other people. Some club members would like to visit Beltsville to learn of experimental work on new house furnishing fabrics and possible results.

1955 PLAN OF WORK

James M. Hammerly
Home Demonstration Agent

Patricia M. N. Bryan
Assistant Home Demonstration Agent

Fairfax
County

1. Of the 135,000 to 154,000 people living in Fairfax County about 131,000 live in the suburban and urban sections of the county helping to form the greater Washington area. Government jobs, work in stores and industrial plants in the Metropolitan area gives these people their living. One thousand six hundred fifteen farms take care or partially take care of the 8,000 people living on them. Most of the rural people supplement their incomes by part time jobs. A small number of people are supported by farm income, alone. The most important farms are, in order given, dairy, livestock, poultry and general farms. In such a rapidly growing area the problems are many and much the same. AND - they are problems that will always be: rapid increase of population, the housing situation, garbage disposal, sewerage, unemployment, increasing highway traffic, high cost of living, increasing school population (with its own problems of enough teachers, space, equipment, and bus situation), increase of industrial plants; then, too, the Burke Airport question is still there. The international situation affects each. The new Westinghouse and General Electric Plants are now in operation. Other industries are investigating and seeking building lots. It is a complex situation within a complex situation. All these and many others affect the happiness, living standards, social and economic living of every man, woman and child in Fairfax County. The county government is constantly working and planning to alleviate the situation.

The 1955 home demonstration plan of work as planned by the club members was planned to help relieve some of these economical and social questions for families and individuals. Legal affairs came into the program because many tragic affairs happened to the women or to their friends - through war; accidents and natural causes. Many of the people found that if they had known something of what to do on these occasions - or if these affairs had been attended to properly - many of these legal tragedies could have been avoided. House Furnishings is a necessity and has been carried more or less in the program for some years. Greater housing programs, more people moving in, newer materials, higher cost of living, wear and tear on furnishings makes this item a big one in any family budget. Home and Community Beautification, as a federation goal ties in with house furnishings as well as the authentic