

ANNUAL NARRATIVE REPORT

COUNTY
EXTENSION
WORK

FILED

Virginia Agricultural Extension Service

Pattie Orr Snodgrass _____

Name

Home Demonstration _____ **Agent**

Title

Assistant Agent

Assistant Agent

Assistant Agent



1961

Scott _____

County

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Highlights of Year's Work

During the past year, the Agent has worked closely with the County Federation Goal Chairman, Mrs. Frances Lindamood. Mrs. Lindamood needed help in decorating a new home. The Home Furnishings Specialist and Home Demonstration Agent helped Mrs. Lindamood make a plan using her present furnishings. Help was given in color planning, drapery selection, furniture and picture selection and arrangement. Mrs. Lindamood carried out the suggestions given and was well pleased with the results.

Her husband was well pleased also, especially with the money saved. (Approximately seventy dollars on draperies.)

Mrs. Lindamood has shown growth in leadership ability, also. She gave the Scott County report at the District VI meeting and presented the speaker at the County Achievement Day Program. She has been intensely interested in the Family Life Program and served well as County Federation Goal Chairman.

The Home Agent has worked closely also with the family of the County Committee Chairman, Mrs. Ieta Stallard. In choosing one 4-H Club member most helped by the 4-H program, the selection would be John Gayle Stallard. John Gayle has served as County Council Chairman for the past year. During this time, he has presided at two County Council Meetings. Two years ago, John was so shy that he would not lead the Pledge at a Club meeting. He was also having difficulties in school. He transferred from the Gate City school to the Dunganmon school because he could not adjust to the larger school at Gate City.

John's participation in Club events is helping him overcome this shyness. He gave a demonstration at the District Contests in May and attended the State Short Course and Leadership Camp. His principal tells me he is becoming a good student.

4-H Club work is helping him in his total development as an individual and giving him much needed recognition and confidence.

I. County Situation

Scott County is located in Southwest Virginia bordered by Lee, Russell and Wise Counties in Virginia and Sullivan County in Tennessee. It contains five hundred thirty-nine square miles.

According to the 1959 census there are two thousand five hundred nine farms in the county. One thousand four hundred ten of these farms harvest from one to nine acres of cropland. Eight hundred forty-six farms are tobacco farms by type. One hundred eighty-five rely on livestock other than poultry and dairy for most of their income.

Due to the number of small farms, steep land, and need for industrial workers in Tennessee, many farmers are converting to part-time farming. Tennessee Eastman, in nearby Kingsport, Tennessee, furnishes employment for a large number of Scott County people. This extra income is helping to raise the standards of living and broaden family interests. At the same time, it creates problems in adjusting to shift work and the wise use of income.

Homes in the county range from very new and beautiful to primitive. All over the county one sees many new homes and much remodeling. There are four consolidated high schools in the county. Two of these are new and modern and the other two have new additions. There are four new elementary schools and six older ones that are surprisingly obsolete. Even the new schools are crowded. This makes it impossible to have L-H meetings during school hours in three schools. Health and medical care standards could be raised. The only hospital is in the adjoining Tennessee County.

Recreation facilities for young people are limited mostly to church and school affairs. They keep very busy with these. Transportation is always a problem.

Most of the marketing is done out of the county.

From four to five thousand persons have been receiving food through the Emergency Food Program. The living standards of this group are very low. They especially need help in raising the nutritional level of their diets.

II. County Extension Program - Adult

A. Organization

The Home Demonstration Club Committee is composed of county officers, club presidents, program development leaders and Federation Goal Chairmen. This committee meets twice each year to plan the year's program and check on the progress of the Home Demonstration Club Work. (Copy of Planning Meeting enclosed on Page 13.) At present, the county has no Home Economics Council or special interest committees.

B. Subject Matter and Special Emphasis Area

Foods and Nutrition:

Three food demonstrations were included in the 1961 program: "Eat Well to Live Longer (Good Exercise for Health)", "Best Use of Freezers" and "Complete Oven Meals".

The demonstration "Eat Well to Live Longer" was chosen because of the number of homemakers with a weight problem and a need for basic nutritional information. The Agent gave this demonstration to nine clubs. Ninety-seven homemakers report checking their family diet against the Basic Four Food Requirements and making an improvement in their diet.

One homemaker lost twenty-eight pounds after applying the demonstration to her own diet. Another homemaker checked with her family doctor and put her five year old son on a diet to lose weight.

The demonstrations on "Best Use of Freezers" and "Complete Oven Meals" were chosen because the homemakers needed help in management. Twenty-eight homemakers reported receiving help in the type of containers and wrappings to use in freezing foods. Thirty-two reported preparing more cooked foods to be frozen.

Two hundred fifty recipe sheets were given out for the "Complete Oven Meals". These are being passed on to friends and relatives by the one hundred sixty-two Club members.

The Emergency Food Program:

Between four and five thousand persons have been receiving Emergency Food regularly in Scott County for the past year. Help was needed especially in the use of dried eggs and milk.

The Agent cooperated in the following manner with the Emergency Food Program:

Two posters on the Use of Dried Eggs and Milk were placed in the Emergency Food Distribution Center. Articles on "The Use of Dried Eggs and Milk, Dried Beans, Rice and Cornmeal" were put in two county papers. In cooperation with the County Welfare Superintendent and Emergency Food Clerk, two demonstrations were given at Dugannon, one at Fort Blackmore and two at Fairview schools. Three all-day meetings were held at the Appalachian Power Company Auditorium in Gate City. One hundred thirty-four persons attended these demonstrations. The meetings at the Appalachian Power Company were attended by two different groups each day. One group in the morning, another in the afternoon. Emphasis was placed on the use of dried eggs and milk at each demonstration. Foods demonstrated were the stove top custard, cooked salad dressing, barbecued beans, rice, rice pudding, peach upside down cake, peanut butter cookies and skillet cornbread. At five meetings an exhibit of a complete meal (except the cabbage for the slaw) was set up from Emergency Foods. The menu was pork and rice, barbecued beans, slaw, skillet cornbread and peach upside down cake.

Five Home Demonstration Club members attended the Fairview demonstrations to receive training to pass on to the people in the community getting the food. The Agent gave a demonstration to the Slant Home Demonstration Club so that they could help others use the eggs and milk properly. Basic nutritional information was emphasized at each meeting. The need is very great for this information. Much work still needs to be done. These meetings were a worthwhile beginning.

Clothing:

The demonstrations on "New Fabrics—How to Sew and Launder", "Putting in Zippers" and "Sewing with Plaids" were included in the program because the homemakers needed this information to produce a more professional home garment. The Agent gave these demonstrations to nine Clubs. Eight persons reported buying a zipper foot attachment for their sewing machines. Twenty-eight report trying the new way of putting in a zipper. Thirty-five report removing a crease from wash and wear material with white vinegar. Fifty-nine report help with adjustment of sewing machine tension and pressure.

As part of the demonstration on "Wash and Wear" the Agent used a film strip entitled "Successful Sewing with Wash and Wear" and a cotton fabric loan exhibit showing sixteen different fabric finishes.

In showing the fabrics, emphasis was given to the importance of reading and saving labels.

Two clubs chose knitting as a Club Choice demonstration. Instruction is being given by leaders. The results are incomplete as the members are just beginning to learn and are still receiving individual leader help.

Home Management:

A need for better management of time, energy and money prompted the choice of two demonstrations: "Easy Methods in House Cleaning" and "Wise Use of Electricity".

Sixty one homemakers report making an effort to simplify and organize their house cleaning during the past year. This simplification included the removal of unnecessary accessories and clutter from their homes and the application of work simplification principles. Seven persons attended the leader training meeting on "Wise Use of Electricity". Two of these persons were Senior 4-H Club girls taking the Electric project. This demonstration emphasized better management practices in saving electricity. One Club member reported a four dollar saving on her electric bill after putting new washers on her hot water faucets.

House Furnishings:

The major accomplishment to report in House Furnishings is the Upholstery Workshop which was held in May. Fifteen persons attended the planning meeting held in the Baptist Church March 15th. The Upholstery Workshop was held in the Gate City Cannery in May. Sixteen persons attended. Eight chairs showing a variety of problems were completed. Since the workshop, members attending have also reupholstered three chairs and one sofa. The Gate City Club won third prize at the Scott County Fair with an upholstery exhibit.

Handicraft:

Reseating stools was the Club choice demonstration for three Clubs. Twenty-six new stools were seated and six old stools resealed. Leadership for these meetings was provided by the Clubs. Leaders from the Midway Club assisted with the Cleveland and Nottingham workshops.

Toleware was chosen by Pufffield-Fattomville as a Special Interest meeting. Thirteen trays were painted and stenciled.

Rug making was Dunganon's Club Choice. The Club bought a cloth cutter to be used by the members. A demonstration was given on dyeing. Their rug exhibit won first place at the Scott County Fair.

First Aid in the Home:

The two County Health Nurses, members of the Scott County Life-Saving Crew, the County Red Cross Representative and Civil Defense Director have all assisted with the First Aid Program sponsored by the Home Demonstration Clubs.

During June the County Health Nurses held two leader training meetings for the Home Demonstration leaders planning to give the demonstration in their Clubs. These meetings were held at Midway and Slant. The Slant meeting was at night with husbands and teenage children attending. Thirty-seven persons were present. Nineteen attended at Midway. The Home Demonstration Club leaders gave eight Club demonstrations. The Captain of the County Life Saving Crew gave the demonstration for the Gate City Club. Two Gate City Club members also gave short talks on "Safety for the Child in the Home".

In July, the Captain of the Life-Saving Crew and County Red Cross Representative conducted a Beginners Red Cross First Aid Class. Twenty-nine persons attended. Twenty-four received certificates. In October another course was held in the Duffield-Pattonsville school. Forty-two persons attended, thirty-five received certificates. The Home Demonstration Club paid a baby-sitter so that more mothers of young children could attend.

Two exhibits were made on First Aid. One at the Scott County Fair, another was placed in a store window in Gate City for a week. The First Aid Program will be continued in 1962 as part of the Civil Defense Federation Goal.

Federation Goal - Family Life:

The Family Life Program was interwoven throughout all the other activities of the year. Family Life was chosen as the 1961 Federation Goal because of an increasing interest and need for more understanding and better relations between family members. The aim and objectives of the program were:

Aim:

To assist adults in their most important task of developing each individual in the family to the happiest fulfillment of his

capacity for developing resources for - (1) learning; (2) loving; (3) communicating; (4) creating; (5) assimilating unwanted experiences and going on; (6) developing a sense of One greater than oneself.

Objectives:

- (1) Each Club devote the December meeting to a study of some phase of Family Life.
- (2) Each Club member work toward individual self-improvement and by doing this set a good example in home, community and family relations.
- (3) Each Club Federation Goal Chairman be responsible for ten five minute to ten minute Club discussions on different phases of Family Living. One suggested topic--"Developing Good Manners in Children as an Aid Toward More Harmonious Family Living".
- (4) Hold a county-wide meeting with a speaker on Teen-Agers.
- (5) If needed, provide leadership, transportation and other help to 4-H Clubs and other Youth Organizations.

In December the Agent held a leader training meeting for the Federation Goal Chairmen. The Chairmen gave seven demonstrations and the Agent two on the topic "Your Mind Can Keep You Well". Information for this demonstration was taken from an article in the November 1959 "Readers Digest".

In February the Federation Goal Chairmen led a discussion on "Developing Good Manners in Children" using the 4-H booklet, "As Others See You", as their reference material. Some of the other topics covered during the ten minute discussion periods were "Planning for Leisure", "Understanding the Young Child", "Television Manners", "Helping Your Child Learn, etc." Material for the discussions was taken from magazines, newspaper articles and the booklets listed as reference material by the State Federation Goal Chairman.

One hundred sixty Club members report a greater awareness of magazine and newspaper articles on "Family Life".

Three Family Life exhibits were set up during the year. One at the Scott County Fair and two at the Appalachian Power Company in Gate City. A showing of a film on "Breast Self-Examination",

the celebration of National Home Demonstration Week and the Achievement Day Program were planned as part of the Family Life Program. These will be reported under "Other Activities".

C. Other Activities

National Home Demonstration Week:

The County Federation Goal Chairman, County Committee Chairman and a Program Development Leader gave a radio talk during National Home Demonstration Week using parts of the talk Dr. Donald R. Fessler gave on "Family Life" at the District VI Meeting.

Seven Clubs reported one to three new members as a result of efforts made during National Home Demonstration Week. Three young homemakers from the Mauville section joined the Gate City Club. The Agent had visited these homemakers during National Home Demonstration Week last year in an unsuccessful effort to organize a Mauville Club.

Achievement Day Program:

The Home Demonstration Achievement Day Program was held in the Appalachian Power Company Auditorium October 12th. Forty persons were present. The speaker for the program was Dr. R. H. Turcotte, a Psychiatrist from Kingsport, Tennessee. His topic was "Understanding the Teen-Ager". A coffee hour was held after the program. Members of the Gate City Club assumed the major responsibility for this. Homemade mints, cookies and coffee were served from a beautifully arranged table. Information from Dr. Turcotte's speech extended further than the Home Demonstration Club members present. The County Welfare Superintendent and three case workers attended hoping to receive information that would be helpful in their work with young people.

County Objectives:

1. Pay County Federation dues before February 1st, 1961.
2. Encourage the members to read five books and receive reading certificates.
3. Have reports of each monthly Club meeting sent to newspaper by reporter.
4. Each Club attempt to secure three or more new members and to encourage former Club members to become active again.

5. Each Club member be responsible for taking information to one or more non-Club members.
6. Each Club have leader attend leader training meeting and present the demonstration.
7. Each Club be represented at Spring and Fall planning meetings of Home Demonstration County Committee.
8. Encourage Club members to attend District Meeting and Institute of Rural Affairs.
9. Leaders be responsible for at least four demonstrations.
10. Each Club be responsible for furnishing a 4-H Club leader wherever possible.
11. Invite and encourage 4-H Club members to give demonstrations at Home Demonstration Club meetings.
12. Support 4-H Club Program and 4-H Club Center.

Scott County Fair:

Six Home Demonstration Clubs entered exhibits at the Fair. These were on Rug Making, Towelware, Reseating Stools, First Aid, Family Life and Re-Upholstery. The Agent set up a table of bulletins covering most phases of homemaking and showing the scope of the program. So many bulletins were distributed that it was impossible to keep account of the number. The people seemed especially interested in Family Life, House Furnishings, Landscaping and Gardening material.

Cancer Film:

The Home Demonstration Clubs, realizing that physical health is necessary to the welfare of the family sponsored three showings of a cancer film on "Breast Self-Examination" by the County Health Nurses. Seventy-eight persons saw this film. It was shown at Gate City, Fort Blackmore and Duffield-Pattonsville.

Home Demonstration Community Projects:

Members of the Gate City Club collected a baby layette to give to the Health Nurses to be used where needed.

The Dunganon Club prepared two baskets for needy families at Christmas. The Marble Point Club also helped a needy family at

Christmas. Cleveland Club members assisted with Heart Fund, Cancer and Polio Drives.

4-H Scholarships:

The Clubs gave a scholarship to Senior 4-H ^{Camp} to the Senior County Dress Revue Winner.

District Meeting and Virginia Highlands Arts and Crafts Festival:

Twenty-three persons attended the District Meeting.

Eight persons attended the Virginia Highlands Arts and Crafts Festival.

Home Electromation Program:

The Agent assisted the Appalachian Power Company Home Economist in conducting a Kitchen Planning Meeting and Tour October 20th. Nineteen persons attended the all-day meeting. The morning was devoted to demonstrations on Fundamentals of Kitchen Planning and Better Planning of Small Storage. In the afternoon, the group toured three kitchens in Gate City. Two of these were in new homes and the third was in an old home that had been recently remodeled. During November the Agent has shown nine Clubs the slides on the Beltsville Energy Saving Kitchen.

D. Urban Families:

Holding to a strict definition for urban families, Scott County families in town would be considered non-rural.

Three Home Demonstration Clubs in town areas hold their regular meetings at night making it easier for Club members to attend. Due to the number of part-time farmers in the county who work in Tennessee industries the whole county is becoming more urban in character. The same program is applicable to rural and non-rural areas. Very little adjustment in the program is necessary.

E. Farm and Home Development:

The Agent made a beginning in this area of work this year. Two families have been worked with through Home Demonstration, 4-H Club work and home visits. Help has been given in Family Relations, Management and Clothing.

All the Clubs were shown a film strip on "The Basic Four Foods". The Agent gave a demonstration on "Reading Your Recipe". Junior Club members gave demonstrations on "Setting the Table", "How to Measure", "Making Biscuits and Muffins". The demonstrations were limited because of school facilities. The Midway Community Club members planned a schedule of demonstrations to be given by Club members. Five food demonstrations were included.

Safety:

Safety was selected as a county-wide project for both boys and girls. Four hundred twenty-four girls enrolled in this project, two hundred thirty-three completed the project (54%). Most of the Clubs used safety as a theme for the short programs planned by the Vice-President and a Committee. Programs given by the Club members included talks on "Christmas Safety", "Bicycle Safety", "Fire Prevention" and "Safety in the Home".

C. Other Activities

Electric Workshops:

Two all-day Electric Workshops were held for 4-H Club members taking Electric Projects. An Agricultural Engineer from the Appalachian Power Company conducted these meetings. One meeting was held in Gate City, the other in Dunganon. Forty-four Club members received training at these meetings on electrical terms, reading a meter, planning a study center, making simple repairs and correct wiring for a kitchen.

National 4-H Club Week:

All the 4-H Clubs celebrated National 4-H Club Week in some way. The Hiltons Jr. I and II Club members made green aprons with white pockets and appliqued the 4-H emblem on the pockets. These were worn to school one day. They gave talks to the third and fourth grade students, sold candy and cup cakes for the Clubs, and prepared two bulletin board displays. The Midway Clubs gave a program for the P.T.A. Rye Cove Senior I had a party and invited their school principal and parents.

County Share-the-Fun and Public Speaking Contest:

During January and February each Club had Club Share-the-Fun and Public Speaking Contests selecting their contestants to take part in the county events. The County Contests were held in the Gate City Methodist Church March 18th.

Both contests were divided into Junior and Senior divisions. Eighteen Clubs had representatives in the Public Speaking Contest. Fifteen speeches were given.

Twenty one Clubs had Share-the-Fun acts. Fifteen of these were presented. Thirty-eight Club members took part in the county Share-the-Fun program. (A copy of the program is enclosed.)

Winners in the Senior Division presented a dance. This act was composed of four girls. They made their costumes and taped the music to be used in their dance. Three of the girls attended the Short Course, receiving a red ribbon in the State Contest. Ten 4-H Club acts took part in a county-wide Band Boosters Talent Show.

County Dress Revue and Demonstration Day:

The County Dress Revue and Demonstration Day was held in the Fellowship Hall of the Gate City Methodist Church April 22nd. Ninety-two girls filled out entry blanks for the contest.

Due to transportation difficulties, thirty-eight actually took part in the Contest.

The Dress Revue was divided into a Junior and Senior Division. Nine girls modeled in the Junior skirt class, ten in the skirt and blouse class, ten in the Junior dress division and nine in the Senior dress division.

Ribbons were given to all contestants. Mrs. Annis Daugherty, Mrs. W. D. Taylor of Gate City and Mrs. Etta Carter of Clinchport were judges for the events.

The judges gave all red and blue awards—no white awards were given. In addition to the ribbons, prizes were given to the outstanding blue award winner in each group. These were donated by local merchants and the Home Demonstration Clubs. A pair of scissors was given to the skirt division winner, a length of dress material to the Junior skirt and blouse, and dress division. The Home Demonstration Clubs gave a scholarship to Senior 4-H Camp to the winner in the Senior dress division. The Singer Sewing Center furnished hem gauges to be used as prizes for games played during the day.

Since clothing was the major project for the year, no county demonstration contest was held. Eight demonstrations were given the same day as the dress revue. These were given by Senior Club members

planning to enter the District Contests or Junior members needing experience in giving demonstrations. (The Program for the day is enclosed.)

Rural Life Sunday:

The Midway Community and Elementary Clubs, the Clinchport and Rye Cove Senior I Clubs gave a program at two churches as an observance of Rural Life Sunday. All Club members were asked to attend their own church and wear a 4-H emblem to signify their Club membership.

District Contests:

Six Club members entered the District demonstration contests and dress revue in May. They received one blue, three red and two white awards.

Judy Hillman entered the District freezing contest in August being selected as one of the District winners.

Camps and Short Courses:

Regional Resources Development Conference:

Two Club members, and the Home Demonstration Agent attended Regional Resources Development Camp at Fontana Village, North Carolina. The Unit Test Demonstrators sponsored this event.

The Agent planned the devotional service for one morning at this meeting. She also attended a work group and helped with the discussion conducted by this group.

Short Course:

Seven Club members and one leader attended State Short Course.

Junior and Senior Camps.

Ten Club members, one Junior Leader, one adult Leader, the Home Demonstration Agent and County Agent attended Junior 4-H Camp at the Southwest 4-H Center.

The Home Demonstration Agent was in charge of the Vesper Program and handicraft class.

Ten Club members and an adult leader attended Senior Camp at the Southwest 4-H Center.

Conservation Camp:

Two boys, two girls, and one leader attended Conservation Camp. One boy attended on a scholarship won for being the best camper in 1959.

All Star Banquet and Camp:

One girl and two boys were taken into the State All Star organization this year. They received their awards at the All Star Key Awards banquet at the Southwest 4-H Center.

Leadership Camp and Leadership Conference:

Three Club members and one adult leader attended Leadership Camp, Camp Farrar.

Miss Elizabeth Salling, Adult Leader from Fort Blackmore, attended the Adult Leaders' Conference in Washington D. C.

No leaders attended the State Leaders' Conference.

4-H Electric Congress:

One boy, one girl and the County Agent attended the Electric Congress. An exhibit on "Dusk to Dawn Lighting" was set up at the Electric Congress winning a blue award.

4-H Year Book:

The Gate City First National Bank is sponsoring the 1961-62 4-H Year Book. One thousand copies have been printed and are ready for distribution. The Honor Club worked up the Year Book and secured the sponsorship of the bank.

Scott County Fair:

Four 4-H exhibits were taken to the Scott County Fair. These were the lighting exhibit planned for Electric Congress, a scale model of the 4-H Center, an exhibit showing the activities a good Club member takes part in and an exhibit showing good lighting for a study center.

Girls in the Midway Community Club won twenty dollars in prize money. Jenette Blackwell, a Dunganon Senior Club member, won the sweepstakes prize for Club member winning most awards.

Automotive Club:

In December with the assistance of Mr. Ed Hale, Associate Agricultural Engineer, a 4-H Automotive Committee was formed. This Committee secured an organizational leader for the Club and furnished speakers for the project meetings. The first meeting was held in the Baptist Youth Center with twenty-two present. The Club members decided to meet every other Thursday night. By April the enrollment had dropped to eleven. Four Club members completed the project. The Advisory Committee was very cooperative and the project seemed well planned. The decrease in interest in the project seemed to be the result of conflicting school programs and the number of meetings needed to complete the project.

Achievement Day:

One hundred sixty Club members, leaders and parents attended the 1961 Achievement Day in November. Fifty-six county medals were presented to Club members. Seventeen Certificates of Recognition were presented to prospective Honor Club members. Mr. Billy Wayne Daugherty received the Alumni Recognition Certificate.

Club of the Year plaques were presented to the Hiltens and Midway Clubs.

Billy Keith Salyer was presented with a \$200.00 savings bond and a wrist watch. Both these were awards for Billy's achievement in his Field Crops project. (Copy of program enclosed.)

IV. Scope of Work

	1957	1958	1959	1960	1961
No. H. D. Clubs	14	11	11	9	10
Membership	269	219	219	144	162
No. H. D. Groups (unorganized)			3	1	
Membership			11	8	
No. 4-H Clubs	24	21	21	19	21
Membership	874	854	718	872	803
No. YW Clubs					
Membership					
No. Community Clubs	3	3	3	2	1
Membership	240	240	240	120	61
No. Home Ec. Committees					
No. General Interest Committees					
No. Other Organizations					
No. Farm & Home Dev. Families		17	17	17	12
No. Other Families Reached	225	235	247	260	285
No. Different Families Reached	736	791	805	798	935

An effort has been made to increase the scope of work by giving special invitations to non Club members to all workshops and special interest meetings. This was done through letters, personal invitations by Club members and Agent, newspaper and radio announcements.

Newspaper articles, a radio talk during National Home Demonstration Week, exhibits at the Fair and in store windows informed the public about Home Demonstration Work.

V. Leadership

2. Home Demonstration Club Leadership

	1957	1958	1959	1960	1961
No. organizational leaders	56	44	44	49	60
No. project leaders (subject matter)				36	63
No. Federation program of work chairmen	14	11	11	10	11
No. program development leaders	14	11	11	9	10
No. result demonstrators	10	10	10	8	2
No. training meetings by specialists	1	3	1	1	3
No. training meetings by district agents	2	2	2	2	1
No. training meetings by agents	3	2	5	5	4
No. training meetings by others		1	1	2	2
Attendance at all training meetings	55	43	56	66	109
No. meetings held without an agent	6	37	43	35	42
No. meetings leaders assisted				80	28
Demonstrations by leaders	9	37	41	35	42
Talks and discussions by leaders	7	91	111	96	189

3. 4-H Club Leadership

	1957	1958	1959	1960	1961
No. club officers	150	126	105	114	138
No. adult project leaders	9	12	12	12	13
No. junior project leaders	25	25	25	22	17
No. result demonstrators	2	6	5	21	
No. training meetings by specialists	2		5		2
No. training meetings by district agents					
No. training meetings by agent	2	2	3	2	1
No. training meetings by members club dept.				1	
No. training meetings by others					
Total attendance at ldr. training meetings	63	65	74	13	25
No. 4-H leaders trained individually	9	4	5	13	13
No. club mtgs. held by ldr. without agent	5	4	7	9	14
No. additional meetings at which leaders assisted	10	53	36	77	83
No. demonstrations given by adult ldrs.		5	4	9	3
No. demonstrations given by junior ldrs.	5	41	36	45	38

B. During the past year the Nottingham Home Demonstration Club has shown much progress in the development of leadership ability of two of the young homemakers belonging to this Club—Mrs. Beverley Fields and Mrs. Nella Dougherty. Mrs. Fields attended the beginners First Aid Course conducted in Gate City in July. She presented this information to her Club at the July and August meeting. She and Mrs. Dougherty were responsible for the Club's Fair exhibit on "Family Life". They also set this exhibit up in the auditorium of the Appalachian Power Company to be seen during the Achievement Day Program.

Mrs. Fields was appointed Assistant County Federation Goal Chairman for 1962. Mrs. Dougherty was elected Secretary-treasurer of the County Committee.

Both Mrs. Fields and Mrs. Dougherty are young homemakers anxious to learn more about their job. In visiting their homes, the Agent sees direct application of some of the Family Life information presented at their Club during the past year.

VI. For Special Consideration

The December Family Life demonstration on "Your Mind Can Keep You Well" especially emphasized the necessity for healthful recreation and interests for the older person. The Dunganon Home Demonstration Club members took the admonition "Have a Hobby" seriously. The Dunganon Club is composed largely of older women with grown children or women retired from school teaching and other jobs. Six of these

Club members joined with individuals in nearby communities and organized a Hobby Club. Representatives from the Southern Highlands Handicraft Guild have been meeting with this group giving them instruction in making handicraft articles from native materials. They have been working with corn shucks, corn, dried grasses and seed pods, yucca, cat tails and burlap. They have made corn shuck dolls, place mats, hats, bags and are learning to bottom chairs with corn shucks at present. Some of the husbands of the group have also been drawn into this activity. At present they are beginning to market a few of the articles that they are making. They are working toward membership in the Southern Highlands Handicraft Guild so that their articles can be marketed through the Guild.

Dungannon is a secluded little mountain town which has very limited recreational and cultural opportunities. This handicraft interest cultivated through the years by the Home Demonstration Club members is bringing in dividends now of pleasure and interest. The Club members hope that in time it will prove to be financially profitable.

B. Public Relations

Much of the past year's program has been in cooperation with other agencies. The Agent has worked especially with the following Agencies: County Welfare Department, County Health Department, Civil Defense Director, Scott County Life-Saving Crew and Red Cross Representative, Appalachian Power Company officials, Home Economics teachers and other school officials. The merchants and Scott County Bank have been most cooperative in assisting with the 4-H program. The Agent feels that progress has been made in the county in the past year in developing good public relations.

C. Professional Improvement

The Agent has not taken any formal educational training this year other than that furnished by the Extension Department. She attended the Institute of Rural Affairs, Agents' Conference, all District training meetings held by specialists including the Tailoring Workshop.

The trip taken to Fontana Regional Resources Conference was both inspirational and educational in conducting the County 4-H program. The Agent has read professional magazines, books and bulletins and tried to become familiar with subject matter available from the

State Department of Extension. She has made an intensive study of the subject matter pertaining to each demonstration or special interest meeting held.

VII. The Look Ahead

The past year shows progress both in Home Demonstration and 4-H Club work. The Home Demonstration enrollment is still too low for a county as large as Scott.

Four large communities--Clinchport, Rye Cove, Hiltons and Nickelsville do not have Clubs. A few individuals from these communities have come to special interest meetings during the past year. The Agent needs to spend some time visiting in these communities.

During the past year, participation and interest by 4-H Club members in special events and demonstrations has increased. The Clubs need leaders badly especially project leaders.

During the coming year, the Agent thinks that the County Home Economics Extension Program could be improved most by two things:

- (1) Securing project leaders to work with small groups of 4-H Club members in their homes and in this way giving the Club member more thorough project instruction. The Agent plans to try this in the Duffield-Fattonsville Area with Home Demonstration Club members serving as project leaders.
- (2) The Agent and County Agent are becoming familiar enough with the county to begin work on a long term Plan of Work for the county. This needs to be started.