

Orleans in October was indeed a chance to improve one's outlook. Not only the information gained but the wonderful association with so many others having the same interests but with a different outlook or situation. It was an opportunity to learn how others did things.

The workshops agent attended at Agents' Conference were excellent and it is hoped that they will be continued.

VII. THE LOOK AHEAD

Extension programs should and do grow out of the expressed wants and needs of the club members. Several different subjects were chosen this year for study and have been very worthwhile for a number of persons. Those vitally concerned with social security, inheritance laws and wills and insurance now realize more fully the necessity for becoming familiar with all phases of these programs in order to be better prepared for normal living as well as emergencies. The year has been rather full with attendance at meetings improved over last year. Several new club members have been added and one new club organized.

Some suggestions for improving next years program are:

1. Better training of leaders to go back to give more interesting and worthwhile demonstrations.
2. More time to spend in planning with leaders during and after Leader Training meetings.
3. Encourage more use of Library and Bookmobile.
4. Try to encourage more interest in available health services.

how it will increase their capabilities to a fuller degree in order to become useful and desirable citizens.

B. Public Relations

Agent knows county workers and feels free to ask for help or information whenever the need arises. An effort has been made to set up a definite time for an extension conference but it is difficult with the 4-H schedule set to meet school hours. The general public is often invited to special interest meetings and always made welcome. Whenever information sent to the newspapers includes a chance to call for information or bulletins, the public is invited to do so. Commercial interests are contacted and informed of all programs concerning their particular interest.

C. Professional Improvement

Agent subscribes to a number of magazines and reads as many as possible in addition to using many books from the Bookmobile and the library.

Agent attends all church training school and study classes - even though not in a direct subject matter field - it is enlightening and broadening. Recent studies have been on Alaska, Hawaii, United Nations and Africa.

In working with Girl Scouts there are varied and constant training and planning meetings held.

The opportunity to attend the State Home Economics Meeting in Roanoke in March and the National H. D. Agents meeting in New

ceased upon entering high school. Tours were planned and special attention given to programs. We've been lucky in securing a very good adult leader, who is interested in young people and has a daughter in this age group.

In April, eight 4-H members and their adult leader attended the District Contests held in Petersburg, at which time one participated in the public speaking contest. It is felt that this was an enlightening experience for all of them and several aspire to go again and hope to win in the county so as to be a contestant in the district.

Again, the two who attended State Short Course came back with a new concept of 4-H and what it does and can mean to young people. They were especially impressed with the excellent leadership abilities of the Short Course officers and the All Stars.

The chance to work up a worthwhile, educational exhibit to take to the Electric Congress as a result of the Electric program in the county was a real challenge to the club members. Several planning meetings were held and advisors from the Electric Cooperative and the Public Service companies answered questions and made suggestions. A representative group from the four county clubs planned and worked out the entire exhibit with guidance from the electric cooperative, public service and extension agents.

It is felt that the above events involving older 4-H members has done something to make them more aware of what they can do and

year she was the chairman of a committee to see that something was done to remove an open, rat infested dump along the highway at Bridgetown, which was a great hazard to health. Actually anyone could go dump garbage there - it was next to the post office and across the road was a grocery store. She, together with her committee, met with other groups and individuals until they finally got this menace removed. Mrs. Carpenter attended a series of sewing classes, completed several garments and because of her increasing interest in learning to sew, her husband purchased her a portable sewing machine. A young homemaker, with two small boys, she can become a very good 4-H leader in her community. She, together with a sister H. D. member have agreed to serve as leaders for the Birdanest 4-H Club this year since the school leader has retired after being a leader for 31 years. Mrs. Carpenter's club has been active in all health projects such as T.B. Association activities, cancer drive, Polio Foundation and Mothers March. A number of workshops have been held at her home during the year; often she has interested neighbors in various phases of H. D. work.

VI. SPECIAL CONSIDERATION

A. Extension Achievement

Agents have put forth a special effort to strengthen the 4-H program for older members, that is after grade school. It has been very difficult to change the attitudes of parents, children and teachers that have thought for a number of years that all 4-H work

Growth of Leadership (continued)

	1955	1956	1957	1958	1959
No. meetings leaders assisted	4	7	8	10	9
Demonstrations by leaders	62	70	80	42	63
Talks, discussions by leaders	184	336	300	297	320

3. 4-H Club Leadership

	1955	1956	1957	1958	1959
No. club officers	21	21	21	35	36
No. adult project leaders	2	3	2	2	5
No. training meetings by agt.	0	0	2	2	2
No. trng. mtgs. by member of club department	0	0	0	1	0
No. trng. mtgs. by others	0	0	0	4	0
Total attendance at ldr. trng. meetings	0	0	37	30	25
No. 4-H ldrs. trained individually	2	3	2	2	5
No. club mtgs. held without agt.	7	10	14	5	8
No. dem. given by adult ldrs.	7	16	14	13	14

B. Mrs. Arnold Carpenter, Vice-President of her club and County Federation Program Chairman, has made and is making an outstanding contribution to the program not only in her community but the whole county. She is very much interested in the health program and attends Health Council meetings regularly. At the beginning of the

club members.

Agent receives requests for information or assistance from individuals and groups (non-club members) both by telephone and through H. D. club members. Special interest groups and other classes are held to which all homemakers are invited. Often club members, especially leaders, assist others with various problems and report to us concerning this. Often we are asked for bulletins by telephone because someone has read of them in the three weekly papers that serve the county. Occasionally agent is asked to assist an individual non-club member with a specific problem.

V. LEADERSHIP

A. Growth of Leadership

2. Home Demonstration Club Leadership

	1955	1956	1957	1958	1959
No. organizational leaders	36	36	36	36	39
No. project leaders	38	79	70	79	67
No. Federation chairmen	8	8	8	8	7
No. program development ldrs.	7	9	8	7	7
No. result demonstrators	29	12	18	20	20
No. training mtgs. by specialist	4	4	6	3	5
dst. agt.	2	2	4	1	1
agent	2	4	6	1	1
others	0	0	0	5	3
Attendance at all trng. meetings	100	127	172	99	109
No. meetings held without agent	69	89	55	45	49

Blacksburg this year.

11. Electric Congress

Four 4-H club members and agents attended the Electric Congress held in Richmond in August.

IV SCOPE OF WORK

A.	1955	1956	1957	1958	1959
No. H. D. Clubs	8	8	8	7	8
Membership	160	151	136	123	133
No. H. D. (unorganized) groups	0	0	0	0	1
Membership	0	0	0	0	6
No. 4-H Clubs	3	3	3	4	4
Membership	67	71	71	87	79
No. other families reached	250	275	300	325	339
No. different families reached	150	325	400	425	440

B. Steps taken to increase scope of work

Publicity has been sent to three newspapers every week concerning club meetings and also articles concerning all phases of homemaking. Club program and schedules have been included.

The giving out of good information to non-members and encouraging them to join clubs has resulted in some very good new members joining - some that become fine leaders. The educational exhibits set up in store windows have been talked about and requests for information have reached this office as well as requested of

public speaking when she spoke on Conservation. Mac Henderson, Birdsnest Club and Hazel Revell, Exmore-Willis Wharf Club won first and second, respectively for their piano selections in the county talent contest. Several others who had been runners-up in their club were asked to put on the program. The girls taking "Make or Remake" project modeled their outfits. After giving out awards the meeting adjourned.

7. Northampton High Tour

The agents and leader took the Northampton High School 4-H Club on a tour on Saturday, May 23, which included the Power Plant at Millsboro, Delaware, which supplies all our current; the bakery in Salisbury and the Pocomoke Frozen Food Locker. The members were shown how beef was cut and packaged, the freezer lockers, the banana aging rooms, and the fruit and vegetable rooms.

8. Picnic

A county-wide picnic was held at Wilkins Beach on July 24. Supervised swimming by the Assistant County Agent was enjoyed, after which a covered dish supper was held and then a baseball game was played.

9. District Contest

This year, we had several members from the 4-H clubs attend the District Contests held in Petersburg in April.

10. Short Course

Two 4-H members and agent attended 4-H Short Course held in

speaker that the Northampton 4-H Clubs were happy to be able to sing Christmas carols at the hospital. One patient sent his nurse out to take a picture of the group because he enjoyed it so much.

4. Camps

Jamestown 4-H Camp, held in July, was attended by 22 girls. Agent accompanied the group to and from camp and spent the week with them. Only those completing their projects are eligible to attend.

5. Rural Life Sunday

At the March meetings, club presidents appoint committees from each church represented by the members, to contact the ministers and offer the assistance of the members in presenting a Rural Life Service. A number of club members took some part in this service either by ushering, providing flowers, furnishing special music, etc. In two in particular, they sat together in a body, ushered, took up collection, read scripture and responses.

6. Achievement Day

All clubs held Public Speaking Contests to choose a winner for their club who competed in the county contest at Achievement Day on June 10. The county winner was awarded a free trip to Jamestown 4-H Camp in July by the County Council.

The Achievement Day and County Council meeting was held on Wednesday, June 10, with a good attendance of children, leaders and some parents. After the Council business meeting, Talent and Public Speaking Contests were held. Faye Collins, Birdsnest Club, won the

taking inventory of clothing on hand; listing clothing needs; posture; care of clothing, including shoes and hose, care of hair, teeth and skin. Agent noticed a marked improvement in the posture and poise of these girls at the end of the year.

c. "Make or Remake" was the project selected by other third year members. Demonstrations were given on collars and aprons, pattern selection, "Steps in Clothing Construction" (checking grain of fabric, notches, pattern placement, marking fabric.) All members completed this project, making some very satisfactory garments. It was very interesting to hear members say they were going to continue sewing through the summer and some had already started another garment before school closed.

C. Other Activities

1. All clubs observed National 4-H Club Week by putting educational exhibits in store windows. These were judged by H. D. members and awarded prizes of \$4.00, \$3.00, \$2.00 and \$1.00.
2. One club sponsored an "Evening of Fun" with their community's H. D. Club in March. The whole community seems to look forward to this event every year.
3. Exmore 4-H Club members made tray favors for the hospital for Christmas and also went thereto sing Christmas Carols. Both children and patients enjoyed this. A member of the Exmore H. D. Club led the group in singing the carols and was assisted by her husband, the Methodist minister in that town. He announced over the loud

ranged to determine the county winners in the projects the girls have carried in their clubs.

B. 4-H Project Work

Several projects were selected by the County staff and 4-H Leaders and from these club members chose their projects. With limited school and leader facilities it is impossible to give children a complete list from which to choose.

All members of all 4-H Clubs took the Electric Project, as a club project this year. With more and more electrical appliances being used in the home it was felt that 4-H children should become more familiar with the why etc., of electricity so as to be able to use them intelligently and safely. Safety has been stressed and will continue to be.

Club members learned to repair cords, convert oil lamps, make simple lamp shades, improve the lighting in one room of their home, learned certain electrical terms, etc.

Clothing

a. All first year girls took "Learning to Sew" as their project. Learning to use the sewing machine was the main objective for these girls. Hemming dish towels, stitching along thread-drawn lines for making table place mats and head scarves, and stitching around curves as in stuffed toys; these were some of the articles made in learning to use the sewing machine. Of the members enrolled 84% stayed in 4-H and completed this project.

b. "Good Grooming", for the third year club members entailed

Three leaders, who had attended a judging training school in Courtland, were asked to judge at the Accomac H. D. County Fair in Parksley in September. They judged canning, house furnishings, crafts, educational exhibits, foods, and flower arrangements.

D. Procedure For Developing and Carrying Out Programs With Urban Families In County.

Talks, demonstrations and sewing classes were given for all women in the county whether H. D. members or not. These were publicized by newspapers and by club member contacts. Several H. D. Clubs have as many members living off the farm as on; many of these live in small towns.

III. COUNTY EXTENSION PROGRAM - YOUTH

A. Organization

County 4-H Advisory Committee

Made up of adult 4-H leaders and at the present one 4-H leader-teacher, who has retired. The former chairman even though an All Star did not contribute to the program at all.

County 4-H Council

The council is composed of the officers from the four 4-H Clubs and leaders. Meetings are held in November and June to plan programs; set goals; train officers and provide wholesome recreation as well as acquaint members from all parts of the county with each other.

In June, progress is evaluated, the county picnic is planned and Achievement Day committees appointed. At this time, contests are ar-

Mrs. Hunter spoke briefly on the District meeting held last April and the upcoming National meeting to be held at Virginia Beach in 1961. She urged more club members to attend the Institute of Rural Affairs.

Mrs. Edmund Bedsworth, Youth Director, Epworth Methodist Church, favored the group with a solo, "Mighty Like A Rose", accompanied by Mrs. E. L. Kelly.

Each club president gave an interesting report; the list of accomplishments being many and varied.

The exhibits of each club were visited and admired after which a delicious lunch was served by Birdnest H. D. Club.

Mrs. Arnold Carpenter, Federation Program of Work Chairman, introduced Dr. William Frits and Mrs. Etter, who spoke on "Securing Mental Health Services for the Eastern Shore."

Eighteen Reading Certificates were presented to members earning them by Mrs. R. H. Rockwell, County Library Chairman.

Mrs. David Sumners, County Treasurer, presented H. D. pins to those who had met the goals. This is the first time pins have been presented in the county and 35 were awarded.

Mrs. Stewart called attention to the 4-H Electric Exhibit, which was on display.

Mrs. Herman Richardson, County Vice-President, led the group in the Homemakers Prayer.

Judging By Leaders At Special Events

National Home Demonstration Week

Five out of seven clubs set up excellent educational exhibits in store or hotel windows showing various projects worked on during the year. Each club planned and worked out their own exhibits. The hotel owner in Cape Charles told agent she received a number of inquiries about the exhibit while in Esmore at the hardware store they received requests for the names of the exhibitors because they wanted to have their lamps improved and new shades made. In order to bring the whole county group together during National H. D. Week a meeting was planned to include the whole group. One member showed colored slides of the latter half of her trip around the world after which a social hour was enjoyed with one club acting as hostess and the others having had a part by furnishing cake or cookies.

Achievement Day

Approximately 80 homemakers and guests attended the annual Achievement Day of Northampton County's seven Home Demonstration Clubs on Tuesday, October 6, 1959, at Johnson's Methodist Church, Johnstown.

After group singing, led by Mrs. Douglas Cole, and Homemakers Creed led by Mrs. Joe Wilson, Mrs. Bernard Nottingham gave the invocation. Mrs. Harvey Stewart, County Chairman, introduced Dr. William Frits, Shore Health Officer, Mrs. Robert Etter, Executive Secretary, Mrs. T. C. Hunter, District I President, Miss Ann Wills, District Agent and Mrs. Mark Lewis, State Citizenship Chairman.

torium and a "jingle money" fund was set up to provide necessities such as stamps, etc., for patients by one H. D. Club.

Four H. D. Clubs assisted financially in the Cancer Fund Drive by holding luncheons, auctions and bake sales. Perhaps they were more interested because the Fund Chairman was a member of one of these clubs.

One club meets once a month at the Nurses Home to sew for the hospital. They mend linens and make various other articles used in the operating room. This same group keeps a supply of cancer dressings made so that they are always available to the county nurses to use wherever needed.

Jamesville H. D. Club planned an afternoon of games, contributing the prizes and giving the proceeds to the Exmore-Willis Wharf A-H Club. The Exmore H. D. Club contributed time, money, cookies and some prizes to make this same club party a huge success. It was planned only for recreation for the group but so many children came the room was fairly bursting at the seams.

County home demonstration objectives were carried out very well. All clubs cooperated with the Health Department by publicizing clinics, X-ray days, a representative attended Health Council meetings and took information to clubs, assisted T.B. Association in a number of ways by making pajamas and slippers, contributing money for stamps, etc. for patients, making and packing gifts. County, as a whole, gave four A-H scholarships.

clubs and they attempted to help solve them. Clothing construction classes were held and steps were taught from the selection of patterns and materials to the finished article. A number learned how to use a pattern correctly and to make the instructions help them in their sewing. It was surprising that so few knew how, even though they had sewn before. Those taking the classes were very much encouraged in their sewing efforts and gained confidence in their ability to go ahead.

C. Other Activities

Each H. D. Club has had a Health Chairman and in most all cases made a report at each club meeting on some phase of health; quite often taking her material from the Va. Health Bulletin. Every Health chairman and agent receives a copy of this bulletin each month. Included in the county objectives for the year was a goal to cooperate with the Health Department in any way needed. Many clubs and members have worked hard in this field giving their time to assist with mobile X-Ray clinics, and urging friends and neighbors to avail themselves of this service. They have attended Health Council meetings and brought back reports to their clubs of the work that the council is doing and suggested ways in which everyone can help. The Eastern Shore T. B. Association has been assisted in a number of ways: envelopes have been stuffed with Christmas seals, various toilet articles and clothing contributed by both H. D. and 4-H members, pajamas have been made for T.B. patients in the sana-

lucky number. A number of these women had lovely flowers they wished to preserve and started right in to do this.

Civil Defense

Civil Defense was chosen for special interest, but since there was no one responsible on the shore for this work nothing has been accomplished. Those planning the program felt the need for it but apparently others have not or will not accept the responsibility.

Leather

A representative of a leather company, in Norfolk, trained all the Craft Leaders in a special interest class on leather tooling. Several of these together with others attended a three day class and made various advanced leather articles such as purses, wallets, etc. At the end of this class three or four were well trained so that they can teach others in the county as the requests come in. These articles showed good workmanship.

Several young homemakers as well as older club members needed assistance with their clothing problems; especially the best methods of finishings with the many new fabrics on the market as well as ways of remodeling or utilizing in some way (perhaps for children's garments) the still good material in outgrown or discarded clothes. By doing this they could save money on their clothing budgets.

Leader training was given on the "Finishing of Seams and Buttonholes in Different Fabrics" and "Remodeling and Restyling Clothes." Leaders then asked club members to bring their problems to individual

gradually follow through.

4. First Aid

First Aid had been requested by some club members for three years or more but finally was included this year. It seems so many emergencies arise not only on the farm but in the home. Since there were many phases of first aid, each club chose their own phase and secured their own leader. Several had the County Nurse, one doctor and a club member who was a nurse. These presented informative talks, passed out printed suggestions and gave the address to obtain a free first aid book.

5. Special Interest

Fly and Mosquito Control

Even though club members asked that this be included in the program they did not attend and apparently were not interested. The specialist did visit the Cross Roads Club and advised them as to what they could do to control the breeding of flies and mosquitoes in an open ditch left on the shore line when a section of the community marsh land was drained.

Drying Flowers

Agent received a number of requests for more help in drying flowers. Mrs. Roy U. Nottingham, County Agent's wife, gave a most interesting demonstration on the selection of background materials, the drying of these and also fall flowers. She brought samples to show and then did an arrangement and presented to the holder of a

3. Business

Since social security laws do change it seemed club members needed to increase their knowledge of these existing laws as many either are getting or will draw social security in the future. The District Manager, from the Salisbury Social Security office, trained leaders and gave them pamphlets concerning the law to give to all club members. This is not something that all could be learned about but with the knowledge of where to look and what help is available from social security officers it makes for a more secure people. They will be more able to plan for their retirement and try to make sure of their families' security.

Along with this came the study of Life and Hospital Insurance. Many were not familiar with how many different kinds of insurance was available and just how to go about finding out what would best suit their individual and family needs before actually buying it. Several local agents met with all individual clubs and discussed this topic very fully and then answered all questions. They also very graciously said they would be available at any time to help plan a good family insurance program.

Inheritance Laws and Wills runs into a very complicated and technical field and was presented as a county-wide program by Mr. W. J. Nuckols. Those attending gained valuable information and several have gone on and had their lawyers assist them in making wills. It is thought that many others have it on their minds and will

blems. These ladies have children either in the school or pre-school group. They needed to know how to select and use patterns, how to finish seams, do buttonholes, work with the many new fabrics of man-made fibers, how to make use of the still-good material in out-moded garments and how to restyle garments to make them fit and look better.

In the Remodeling Training, leaders chose partners and assisted each other in deciding the best methods to follow and then the two sought the opinion of the Clothing Specialist. Since they brought their clothes to remodel, it was done during the time and then shown to the group, pointing out changes made. Leaders then did the same in their clubs and further offered assistance to anyone desiring more help with their remodeling problems.

A Clothing Construction Class was held for those requesting it and several garments completed. Several of these gained confidence in themselves and in their ability to go ahead and sew for their families at home. One young homemaker's husband was so pleased he purchased her a new portable sewing machine. She had not had a machine in her home before; always had to take mending, etc. to her in-laws. These classes were held adjoining a fabric shop and the owner assisted whenever she could by suggesting short cuts, suitability of fabric or pattern, aiding members in planning amount of material to purchase, etc. A home economist, in business, also came in one day to observe and help in any way she could.

Various methods of serving were demonstrated - using a large buffet table, using card tables, lap service (the least desirable). Some decoration was also included. Several clubs have since had other buffet meals and they were much more at ease and confident in their planning of these.

Leaders were trained by VPI specialist and then gave demonstrations to individual clubs - quite often serving the group a buffet luncheon or supper. The women wanted to know how to plan for this type of service not the food preparation; actually where to place plates, silver, etc.

Tastier Meals With Herbs - Since it wasn't possible for a specialist to give the training for this demonstration, it was done by the agent. Frankly, I think some members requested this because some of their friends or relatives had had it the year before in the adjoining county. However, one in particular had visited abroad and had seen herbs used there and was anxious to use and grow some for herself and her family. Leaders were given recipes and then prepared herb dishes and these were all sampled for lunch. Several herbs were brought and pictures of others were shown. Several members of various clubs have started to grow some herbs of their own and are adding new interest to their meals.

2. Clothing

Since a number of new members have been added to our club rolls, they began asking for help and information on various clothing pro-

c. Special Interest Committees are gradually being formed as women meet and work together on interested projects. A Craft committee has been formed and has been working very well. This committee has on it a chairman from each club, headed by a county chairman. This group plans and assists with various craft work days.

4. Home Economics Committees - Plans are to certainly make an effort to form such a committee, even though before not enough interested people could be found to have a working committee.

5. County Home Demonstration Committee - This organization is composed of presidents of the seven Home Demonstration Clubs, Federation Program of Work Chairman and a few other representative members, serving as officers.

Semi-annual meetings are held, at the county seat, when county objectives are set up; delegates, to out-of-county Federation meetings, are elected; a financial budget is set up; officers are elected, Year Book and Achievement Day committees are appointed and progress is checked.

B. Subject Matter and Special Emphasis Areas

1. Food

Table Service (Buffet) The club members requested that this be included in the program because so often they found it necessary to entertain either friends or family (large group) at one time in a small home and with no outside help.

the Eastern Shore with Norfolk has been planned but actual work has not begun.

Several large chain grocery stores are located in the towns of Cape Charles and Exmore with a number of small independent stores in the other towns. Residents have a good distance to ride to shop at the super-markets since the towns are about twenty miles apart, one being in the extreme north of the county and the other extreme south.

II. COUNTY EXTENSION PROGRAM - ADULT

A. Organization

1. Up to date a County Agricultural Extension Service Board does not exist.
2. There is no existing Home Economics Council.
3. General Interest Committees
 - a. Eastern Shore Library Advisory Committee is made up of interested people of the two Eastern Shore counties for the purpose of carrying on the necessary work of the Shore Bookmobile. It functioned very actively in helping to show the communities the real need of such a service for them.
 - b. Eastern Shore Health Council - all interested persons of both counties (Northampton and Accomack) are invited to attend all meetings. The purpose of the council is to aid and assist in any way possible through education and other means the development of better health conditions for the entire Eastern Shore of Virginia.

71% have televisions, with central heat being installed as incomes allow. There seems to be no record of the number so heated. About 41% have home freezers.

The Virginia Public Service and the Accomac-Norhampton Electric Cooperative furnish power and service and assist and cooperate with all H. D. and A-H programs when asked to do so.

Norhampton has a county Health Center located in Nassawadox and staffed with a director, nurse and clerical workers. Chest X-rays are done twice a month and various other clinics are held such as orthopedic.

A 100 bed hospital is also located in Nassawadox and has four surgeons, an internist, X-ray specialist and pathologist on the staff. This hospital serves patients in both shore counties. A well organized Health Council composed of interested persons of both counties is working very hard to obtain a mental health clinic for the shore. Many persons needing such assistance either cannot afford or will not make the trip across the bay to receive treatment.

The high schools have gymnasiums and have basketball games during the season as well as competitive football in season. Several churches, as well as civic groups, plan recreational and social activities for their members and often everyone is invited. A roller skating rink was opened in Exmore in early summer and children go from miles and miles around.

There are no large cities or shopping centers and transportation becomes a problem because of water barriers. A bridge tunnel to connect

I. COUNTY SITUATION AS IT AFFECTS PROGRAM

Northampton County is rural with 71,742 acres of farm land having a total population of 17,300 of which 8,044 are white. There are 4240 families in the county. Farms range in size from 2.5 to 3,000 acres with 400 specialized and commercial farms.

The soil is sassafras-sandy-loam, with good drainage, very little erosion and a growing season of 210 days, with productivity above average for the state. A number of truck crops, marketed in the northern cities, transported mainly by truck are the principle sources of income. Of course, there are other sources of income such as professional workers, some seafood industry, processing plants, agricultural suppliers, plumbing and heating, painters and building suppliers.

A shirt factory, freezing plant, canning factories and various other businesses give employment to a number of the county's men and women. At least 25% of the homemakers are employed outside of the home.

Four elementary and two high schools are accessible to all white children. Four elementary and one high school serve, adequately, the negro population. One of these elementary schools has recently been enlarged although only built a few years ago. Two high schools are relatively new and well equipped. Median years of schooling completed is 7.8 as compared to 8.5 for state.

Homes are generally good with 96% electrified; 76% have running water; 75% telephones; 607 automobiles on 481 farms; there are 4,988 cars in the county, about 1 for every 4 people; 41% washing machines;

their families and interested others. There is a carry-over as well to 4-H and then back. A little 4-H girl taking "Learning To Sew" has gotten her mother interested in enrolling in a sewing class. This same young homemaker has agreed to help with a Girl Scout Patrol and asked for suggestions in planning their program; especially that part having to do with sewing.

Requests for sewing classes came as a result of several Leader Training meetings on several clothing phases. These classes included club members and non-club members. Those attending gained confidence in themselves and in their abilities to go ahead and make articles of clothing for themselves and their families.

HIGHLIGHTS OF THIS YEAR'S PROGRAM

One of the most outstanding contributions made this year was the emphasis placed on the total health program in the county. It was chosen as the program of work phase that was most needed at this time and all clubs had chairmen to bring health problems and reports before their groups. Many different parts of home or health emergencies were studied because one never knows at what time accidents will occur around the home and the farm. Health chairmen attended and cooperated with the Health Council in all their efforts for improving conditions and more particularly the effort to obtain mental health services for the shore. The plan is to combine with Princess Anne and Virginia Beach and have the services of a psychiatrist, psychologist and social worker one day a week. Club members have become health conscious and have followed through with physical check up, T. B. X-rays, made cancer dressings, assisted in cancer, polio and heart fund drives, done considerable sewing for T. B. Association and the hospital. All are still working to try to have a county dump that is adequately maintained. Since a "healthy family is a happy one" there could be no better way to emphasize this than a good strong county health program.

Since a number of demonstrations involved clothing of or for the family it is believed that this was another highlight of this year's work.

Several young homemakers in particular have begun sewing for

IV. SCOPE OF WORK	19
Steps Taken to Increase Scope	19 - 20
V. LEADERSHIP	
A. H. D. Leadership	20 - 21
4-H Club Leadership	21
B. Outstanding Leader	21 - 22
VI. SPECIAL CONSIDERATION	
A. Extension Achievement	22 - 24
B. Public Relations	24
C. Professional Improvement	24 - 25
VII. THE LOOK AHEAD	25

TABLE OF CONTENTS

	Page
COVER	
TITLE PAGE	
TABLE OF CONTENTS	
I. COUNTY SITUATION	1 - 3
II. COUNTY EXTENSION PROGRAM - ADULT	
A. Organization	3 - 4
1. County Agricultural Extension Service Board	3
2. Home Economics Council	3
3. General Interest Committees	3 - 4
a. Eastern Shore Library Advisory Committee	3
b. Eastern Shore Health Council	3
c. Special Interest Committees	4
B. Project Work	4 - 10
1. Food	4 - 5
2. Clothing	5 - 6
3. Business	7 - 8
4. First Aid	8
5. Special Interest	8 - 10
C. Other Activities	10 - 14
National H. D. Week	12
Achievement Day	12 - 13
Judging	13 - 14
D. Urban Work	14
III. COUNTY EXTENSION PROGRAM - YOUTH	
A. Organization	14 - 15
B. Project Work	15 - 16
Electric Project	15
Clothing	15 - 16
C. Other Activities	16 - 19

ANNUAL NARRATIVE REPORT

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service

CATHERINE W. REVELL

Name

HOME DEMONSTRATION

Title

Agent

Assistant Agent

Assistant Agent

Assistant Agent



1959

NORTHAMPTON

County