

ANNUAL NARRATIVE REPORT

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service

Carolyn T. Albritton
Name

Local Home Agent Agent
Title

Assistant Agent

Assistant Agent

Assistant Agent



1960

NELSON

County

1960 Annual Narrative

Nelson County

TABLE OF CONTENTS

	Page
CONTRIBUTIONS MADE TO FAMILY LIVING.....	1
1. County Situation.....	2-3
II. County Extension Program Adult.....	3
A. Organization.....	3
County advisory Board.....	3-4
County Home Demonstration Committee.....	4-5
B. Subject Matter and Special Emphasis Area.....	5
Project Work.....	5
Making Christmas Cards and Gift Wrapping.....	5
Kitchen Storage Space.....	5-6
Window Styling.....	6
Selecting Paints for Inside Job.....	6-7
One Dish Meals.....	7
Quicky Picnic Foods.....	7-8
Restyling Hats.....	8
Bakery Making.....	8-9
Slip Cover Making.....	9
Remaking Old Garments.....	9-10
Significant Story.....	10-12
C. Other Activities.....	12
National Home Demonstration Week.....	12
Achievement Day.....	12-13
D. Procedure for Developing and Carrying out Programs with Urban Families.....	13
E. Farm and Home Development.....	13
Subject Matter Area and Assistance Given.....	14
Progress Story.....	14-16
III. County Extension Program - Youth.....	16
A. Organization.....	16
County 4 H Council.....	16-17
B. 4 H Project Work.....	17
Wildlife.....	17
Meal Preparation....	17-18
So You'd Like To Sew.....	18

	Page
Individual Health.....	18
Entomology I.....	18-19
C. Other Activities.....	19
Rural Life Sunday.....	19
National 4 H Club Week.....	19
Short Course and Wildlife Conference.....	19-20
Achievement Day.....	20
IV. Scope of Work.....	20
Table.....	20
Methods used in broadening scope of work.....	20-21
V. Leadership.....	21
A. Growth of Leadership.....	21
1. Over-all Program Leaders.....	21
2. Home Demonstration Club Leadership.....	21
3. 4 H Club Leadership.....	22
B. Outstanding Home Demonstration Club.....	22-23
IV. A. For Special Consideration.....	23
Significant Achievement.....	23
B. Progress in Developing Relations with County Workers	23-24
C. Professional Improvement.....	24
VII. The Look Ahead.....	24-25

Outstanding Contribution Made
To Family Living

The two most outstanding contributions made to family living as a result of this years program were making the people aware of the need of home improvement work and buying and selecting clothing and also clothing construction.

As a result of the contributions made to family living we find that next year's program of work is geared primarily to home improvement, buying and selecting clothing and clothing construction

I. County Situation

A. Location

1. Eastern slope of Blue Ridge Mountain
2. Piedmont section of Virginia

B. Land Area and population

1. 468 square miles
2. Population of County equals to about 14, 070
3. 27% represents the Negro population which equals 3,793
Negroes and also include 221 Negro farm families

C. Type of Work

Nelson County is basically an agriculture area. Among the seasonal crops are large peach orchards and apple orchards. The peach season starts in the latter part of June and ends sometimes in the latter part of August. The apple season starts in the first of September and last until the last of November in some areas of the county.

However, Home Demonstration and other activities are greatly affected at this time because most of the H D Club members are very busy at these seasons. The main emphasis in agriculture is now being placed on growing pasture lands and the raising of beef cattle. The Agricultural Program is yet quite large, but more farmers rely on part-time farming rather than commercial farming. The reason for this is that the farmers don't rely on the sales of crops for their major income and do to the demands for quick money.

D. Health

Nelson County have two Health Centers located in the county. The largest Health is located in Lovington, Virginia and the smallest Health Center is located in Rockfish Valley in Greenfield, Virginia. Lovington's Health Center is supported by the state and county funds and the Rockfish Valley Health Center is supported by a community project and serves as a head quarters for doctors.

At present, medical aid is quite progressive in the county. There are two public health nurses and five resident physicians. The director of Lovington's Health Center serves for Asher County also. Lovington's Health Center is composed of a welfare department, two dentists, one for the public schools and the other one serves the general public and also has a resident physician. The Lovington's Health Center is quite befitting and adequate for medical aid in the county.

D. Schools

The school situation in Nelson County has vastly improved as compared with last year. A new Negro High School has been completed and there are only four Negro schools in the county including the high school. There are two large consolidated elementary schools and one one room school.

The consolidation of the public schools means that the groups of children in the 4 H Clubs will be larger and harder to handle. In order to cope with the situation means that more adult and 4 H leaders will have to be trained in order to make the 4 H program more effective and extensive.

E. Telephone and Power Services

Fortunately about 3/4 or a little over of the Negro population in Nelson County have telephone services and electricity in their homes. There is a little difficulty in the use of the telephones in the county due to several parties on the telephone lines and the incorrect usage of the telephones. Power services are quite adequate with the exception of major weather conditions and other minor conditions.

F. Recreation

Recreation is still very poor in the county. The only wholesome recreation in the county is the movie which is located in Lovington. Aside from the movie the only types of recreation are sponsored by organizations, schools and churches. Recently a Teenage Club has been organized in order to give the youth some type of a wholesome and well rounded recreation.

II. County Extension Program - Adult

A. Organization

County Advisory Board

There are sixty members who serve on the County Advisory Board. Only one successful meeting was held this year. Two meetings were held as usual but one meeting had very poor attendance. The Advisory Board isn't functioning as well as we desire, however we do hope to secure more interest among the people and get more cooperation.

The Advisory Board did not sponsor any major activities this year with the exception of cooperating with other organizations in the county such as the Health Council, Tubercular Chest Xray Drive and others.

Due to illness and other unknown reasons, there were no delegates who represented the county at the State Advisory Board Meeting, however the Local Home Agent attended the meeting and reported the events of the meeting to the Advisory Board.

As a result of the meetings held, the County Advisory Board made the following objectives for the year:

1. That it would take more interest in working with 4 H Programs and other activities sponsored by 4 H and H D Clubs.
2. That each H D Club would send as many delegates as possible to the H D District Meeting.
3. That National Home Demonstration Week be celebrated countywide
4. That the County Advisory Board would work more closely with the Health Council and other worthwhile county programs.
5. That Massies Mill will still continue to serve as the Live - at - Home Community until more progress is made.

County Home Demonstration Committee

The Home Demonstration Club committees held two meetings this year and the following objectives were made:

1. That each H D Club would send as many delegates as possible to the H D District Meeting
2. That National Home Demonstration Week be observed countywide
3. That a fashion skit be presented and a guest speaker to speak on the national theme "Today's Home Builds Tomorrow's World"
4. That a joint exhibit be on display for National HD Week
5. That the program of work for next year include the following topics:
 - a. Making Christmas Centerpieces for Table Appointment for Various Occasions
 - b. Buying and Selecting Clothing According to Figure Types
 - c. Clothing Construction

Home Demonstration Committee Cont'd

- d. Furniture Arrangement
- e. Picture Arrangement
- f. Etching Trays
- g. Drapery making (Special Interest)
- h. Growing Flowers throughout The Year
- i. Improving Home Grounds.

B. Subject Matter and Special Emphasis Areas

Project Work

Making Christmas Cards and Wrappings

Objectives: To enable members to wrap Christmas gifts neatly and correctly.

To enable members to express their individual talents in gift wrapping.

To teach members and acquaint members with the methods of block printing and marbling.

To aid members in gaining personal satisfaction in making Christmas cards.

Methods used: Method demonstrations, pictures in magazines, bulletins and leader training meetings

Results: The results achieved in gift wrapping and making Christmas cards were quite rewarding. Practically all of the H D Club members mastered the art in gift wrapping. About 110 Christmas cards were made.

Kitchen Storage Space

Objectives: To teach club members how to plan for kitchen storage space.

To teach members how to improve present storage spaces in the kitchen.

To give suggestions and aids on how to construct kitchen storage space savers and shelves.

To make members aware of the need to have or improve kitchen storage space.

Kitchen Storage Space Cont'd

Methods used: Bulletins, discussions by agent and leaders, method demonstrations and special kit on kitchen storage space savers

Results: Several minor improvements were made in the kitchen such as, rearranging tables and chairs and other appliances to help improve better working areas. Twenty kitchens had major improvements made which included addition of new cabinets, improving closet spaces by adding shelves and other space savers.

Window Styling

Objectives: To enable members to learn the proper ways in treating different types of windows in the home.

To teach members different kinds of curtain materials and the correct usage.

To teach members the values of using shades, blinds and draw draperies.

To teach members the correct ways in measuring for curtains and draperies.

Methods used: Discussions by Agent, bulletins, method demonstrations and magazine pictures were shown.

Results: Fair results were obtained in window styling due to extremely bad weather conditions and poor attendance at club meetings. Only 4 H D Clubs met during the month that the demonstration was held. However, 32 pairs of curtains were made according to proper methods and procedures that were taught. 31 windows were lengthened and widened in order to improve the appearance of the windows in the homes.

Selecting Paints for The Inside Job

Objectives: To acquaint members with different types of paints for different wall finishes.

To teach members the kinds and colors of paints and to know the colors that each room require according to kind, location, and size

Selecting Paints for Inside Job Cent'd

- Objectives:** of room.
- To teach members how to coordinate the basic color scheme throughout the home.
- Methods used:** Discussions by leaders, home visits, special aid, bulletins and other materials on interior decorations and paints.
- Results:** 53 rooms were painted on the inside using the correct methods and procedures of painting the home. 27 members were made aware in the different mistakes of painting the interior of the home.

One Dish Meals

- Objectives:** To teach members how to combine leftovers and to make them into one dish meals.
- To acquaint members with one dish recipes in order to save time and energy in preparing meals.
- Methods used:** Specialist help, method demonstrations, leader training meetings and pamphlets.
- Results:** From observations and surveys taken, thirty five H D Club members prepared 105 one dish meals to their family members and friends. 10% of the members out of the 35 had trouble with their husbands who disliked the taste of some of the one dish meals.

Quick Picnic Foods

- Objectives:** To teach members how to prepare quick picnic foods for family members and friends.
- To teach club members how to enjoy family members and friends and to save time and energy.
- Methods used:** Specialist help, leader training meetings, bulletins and home visits.

Quicky Picnic Foods Cont'd

Results: Two home demonstration clubs gave two lawn parties and invited different friends to attend the parties using the quicky picnic foods that were suggested. Several H D Clubs also served the quicky picnic foods for repasses during the regular club meetings during the summer months. The demonstration was very effective because the members were able to enjoy themselves and were not fatigued after the entertainments.

Restyling Hats

Objectives: To aid members in restyling old hats.
 To teach members how to restyle hats according to facial types.
 To teach members how to clean and care for different kinds of hat materials.

Methods used: Method demonstrations, Specialist help, discussions, bulletins and leader training meetings.

Results: From observation and display on exhibits, 25 hats were cleaned and restyled.

Basketry Making

Objectives: To aid members in using their creative abilities and the use of their hands in basketry making.
 To teach members to make use of native materials (honey suckle vines and willow twigs) by making them into baskets.
 To aid members in appreciating the different kinds of weave.

Methods used: Bulletins, circular letters, home visits, Specialist help, method demonstrations and leader training meetings.

Results: From observation and display 12 table mats were made using basket weaves, 10 biscuit baskets were made and 20 fruit baskets were made and also 5 sewing baskets were made. H B members highly enjoyed this demonstration because 100% were interested and eager to make baskets.

Slip Cover Making (Special Interest)

Objectives: To teach members the kinds of materials for the use of the chair.

To teach members how to measure chairs for chair covers.

To teach members how to fit and cut chair covers correctly.

To teach members how to make the continuous bias cording for seam finishes.

To teach members how to sew and put the chair cover together properly.

Methods used: Leader training meetings, Specialist help, method demonstrations, home visits and pamphlets.

Results: As a results of the chair cover clinic, 12 people learned how to cut and fit and measure chair covers. Two chair covers were made and one chair cover has been fitted and cut but not put together.

Reseking Old Garments

Objectives: To teach members how to make skirts out of old pants.

To teach members the present style lines in order to remake the garments with the present styles.

To teach members how to reduce the width in gored skirts

Methods used: Specialist help (indirectly), method

Remaking Old Garments Cont'd

Methods used: demonstrations, bulleting, home visits, and leader training meetings.

Results: According to surveys taken, 16 coats were restyled with lines changed, hems shortened, buttons added and other trims added. 22 skirts were restyled with pleats changed, flares reduced and hems shortened or lengthened when needed. 27 dresses were restyled with necklines changed, pockets added, hems shortened, trims added and other features added or taken away.

Significant Story

The McKinley Jackson family live in Feber, Virginia. Mrs. Jackson is 58 years old and Mr. Jackson is 61 years old, and have seven children, five boys and two girls. The children's ages range from 36 to 18 years old. All of the children live in New and New Jersey with the exception of one son who lives in Washington, D. C. All of the children have highschool education.

Mr. Jackson use to drive the county school bus, but due to his health and other reasons Mr. Jackson resigned. Mr. Jackson farms and cuts wood. Mrs. Jackson cooks in the Ryan Hall Elementary School's lunchroom.

The facilities in the home include telephone, sewing machine, vacuum cleaner, washing machine, hot and cold water, home freezer and a refrigerator.

The family's production consist of 12 beef cattle, 100 head of poultry $3/4$ acres of garden and fairly good farm equipments.

The Jackson's own their home. The home is a 6 room 2-story frame home and is painted white. There are three bedrooms, living room, dinning room and a modernized kitchen with adequate working space and hot and cold water.

The Jackson's have been living on their farm for 23 years. Their farm consist of 160 acres of land and the major crops

Significant Story Cont'd

are corn, hay and oats.

Mr. and Mrs. Jackson are very cooperative in Extension work and in the community. They members of the church, County Advisory Board, Countywide League, PTA, and the Health Council. Mrs. Jackson is the president of the Faber's H B Club and has served as the secretary of the H B District meeting for two years. Mrs. Jackson also received a certificate at the Achievement Day Exercise for being an outstanding leader.

Two years ago, the family's short time goals were to repair their drive way and to install a bath room. The long time goals were to build their live stock by improving herd, improving pasture land and to make the farm land more fertile and productive.

In order to realize the short time goals the family had planned to sell timber on their 50 acre wood land tract.

Due to Mr. Jackson's failure in health, the long time goals had to suddenly become short time goals. Mr. Jackson came by the Local Home Agent's office one day and told her the situation. He stated that his health was failing and that he and his wife were not able to milk the cows and attend to the farm. He also stated that their two sons who use to help on the farm had jobs elsewhere and had moved away. After consulting with the Jackson's several times through home visits and other sources, the Local Home Agent got advice from the assistant State Agent. The advice from the State Agent was to advise Mr. Jackson to improve his pasture land and to raise beef cattle for marketing and to cut timber from his wood land to serve as a means of income.

As a result of the advice and help given, Mr. Jackson has made some improvements on the pasture lands and has started raising beef cattle for marketing. The herd consist of 12 cows

National Home Demonstration Week

National Home Demonstration Week was observed county wide on Friday night, May 13, 1960 at the Nelson County Training School Shipman, Virginia.

National Home Demonstration Week was publicized through circular letters, announcements in various organizations and posters placed in certain areas in the county.

Guest speaker on program was Mr. Charlie A. Elliott, Farm Agent in Campbell County. Mr. Elliott spoke on the National theme "Today's Home Builds Tomorrow's World." His speech was based on the proper rearing of children and the family working together as a unit.

To further highlight National Home Demonstration Week's celebration, H D Club members presented a fashion skit in order to acquaint the public with the correct dress wear for all occasions. The fashion skit consisted of four scenes, church wear, sports wear, shopping wear and after five wear. Miss Nancy I Hudson, 4 H Club sponsor assisted with the fashion skit.

Articles consisting of various kinds of flower arrangements, blouses skirts, quilts made out of old coats, dresses, canned and preserved fruits and vegetables were on display. Recognition was given to the newly joined H D Club, Hubbard's Hill. Also there were about 125 people who attended the program.

Achievement Day

Approximately 70 people attended the Achievement Day Exercise at the Ryan Hall School in Shipman, Virginia, Saturday morning, November 19, 1960 at 11:00 a.m.

The theme of Achievement Day Exercise was "The Progress in Nelson County Through Extension Service Through The Years." The history of 4 H and Home Demonstration work was given by H D Club leaders. Extension work started in Nelson County in 1915.

Other Activities Cont'd

Articles were on display that were made by club members from 1915 to 1960.

Four H B Clubs participated on the program. There were 7 H B Club members who received pins for being the oldest members and for their outstanding services that they had rendered. The 7 H B Club members who received pins were Mrs. Alice Berkeley, Mrs. Sylvia Murrell, Mrs. Alice Vaughan, Mrs. Mary Jackson, Mrs. Nannie Ross, Mrs. Annie E. Bailey and Mrs. Nellie Miles. The 8 leaders who received certificates were Mrs. Chlore Hudson, Mrs. Edith Edinburg, Mrs. Novell Woodson, Mrs. Mary B. Hughes, Mrs. Helen Jackson, Mrs. Blanche Braddock, Mrs. Bertha Robinson and Mrs. Florence Jones.

Exhibits were on display from the various clubs. The articles on exhibit included fresh green vegetables, canned fruits and vegetables, dresses, quilts of all kinds, crocheted work, dresses, baskets, pot holders, laundry bags, rugs made out of burlap and various other articles. Clubs who won the recognition on exhibit work were Shipman 1st place winner, Faber 2nd, Massies Mill 3rd, Arrington 4th and Locust Grove 5th.

Clubs who won outstanding accomplishments in Home Improvement and Community work were as follows:

First place	Arrington
Second place	Massies Mill
Third place	Locust Grove
Fourth place	Midway Mills

The judges of the exhibit work were Mrs. G. S. Shorter, Mrs. A. S. Robinson and Mr. James Butler, Farm Agent in Albermarle County.

D. Procedure for Developing and Carrying out Programs with Urban Families

Nelson County is a rural area and is not an urbanized area.

F. Farm and Home Development (Farm and Home Management)

Problems encountered most often	No. of Families
a. Record keeping	2
b. Distinguishing between wants and needs	1
c. Developing written plans	2
d. Failure to confer with Agent and others in making decisions	1

Farm and Home Development Cont'd

Subject Matter Area and Assistance Given

	Short time goals	Long time goals	Out- look infor- mation	Improved methods & pra- ctices	Buy- infor- mation	Re- non- strations
Foods and nutrition	3			3	3	3
Clothing	2		2	2	2	
Home Furnishings		1	1	3	2	
Yard Improvement		2		2		
Vegetable Gardening	3			2		
Housing	1	1	1			
Home Management						
4 H Club				2		1

Progress Story

This story deals with a family who failed to distinguish between their wants and needs and because of the failure they readily see that what they had purchased and done was a want instead of a need.

At the beginning of the year the Ross family of Tye River, Virginia decided that they wanted to plan to improve their home and plans were made toward that end. At once Mr. and Mrs. Jake Ross made a sudden change to buy a car. However, nothing could be done to persuade them to wait and start on improving their home. So they purchased a car and in the meantime Mrs. Ross got a job and started to working. Her major objective when she started to work was to help improve their home but was changed. The car cost \$1005.00 and they also purchased a new wood saw which cost \$125.00 when \$20.00 could have repaired the old one.

Mr. Jake Ross is 51 years of age and Mrs. Bessie Ross is 46 years of age. They were born in Nelson County and now resides in Tye River, Virginia. They have been married about 30 years and have 10 children. They have 7 grown children and three children who are in school, one in elementary school and the other two in high school. The children ages range from 33-12. There are 4 boys and 6 girls and 20 grand children. There are 9 people who live in the Rosses's home including 1 grown daughter, 3 grand children and an uncle.

Progress Story Cont'd

Most of the grown children have some high school education. Mr. and Mrs. Ross have 4th grade education.

Mr. and Mrs. Ross are very civic minded people. They are members of the Countywide League, PTA, County Advisory Board, Health Council and church. Mrs. Ross is a 4 H Club member and serves as secretary of her Sunday School. Mr. Ross serves on the deacon board of his church.

The family have not kept very accurate records of their expenditures. They have insurances on their home, car and truck. Unfortunately they do not have any life insurance or any sick insurance on the family members. The Local Home Agent has urged the family greatly to get some health and life insurances on the family members. The Ross family plan to take out some insurances atleast by the first of the year.

In agricultural Production, the Rosses own 61 acres of land. Out of this 61 acres, 30 acres of land was pasture land, about 16 acres of woodland. Their crops grown including their shared crops are 9 acres of wheat, after all expenses are cleared the family averages about \$2000. per year and with Mrs. Ross salary the total income yielded \$3,536.00. During the summer months the 3 school children help on the farm, a girl 16, a girl 14, and a boy 12 years old and the three children who help on the farm are 4 H club members.

The family raise 7 hogs, 3cows and enough chickens for family use, Mrs. Ross canned 800 quarts of fruits jellies, jams, preserves and vegetables. They buy a very little grocery because they usually have enough meats and foods with the exceptions of a few staple goods for the family.

Mrs. Ross and her daughter makes most of their clothing and is greatly assisted by the local Home Agent.

The family's short time goal is to remodel their home add both and running water. They want to add on atleast two rooms and add on more closet space and enlarge some of the that they already have. The Ross family plan to start remodeling their home by spring.

Progress Story Cont'd

In order to achieve these goals they have asked the local Home Agent to get help on helping them to decide how to go about how to remodel their home. They have already cut some lumber in order to start. After the yield of their crops they estimate on having at least \$1,500 to get started and if needed they plan to borrow money from a loan. Mrs. Ross continues to work and economize where ever she can with the help of the local Home Agent. They owe about \$600.00 to other sources and if all goes well they plan to be finished paying the 600.00 by February.

After their short time goals is accomplished, they plan to start furnishing their home and improving their home grounds.

This might not be exactly a progress story but it shows the satisfaction of wants have challenged their minds more towards their major needs. I think when one realize his mistakes just as the Ross family has done and have asked for help and guidance I definite think that there is great progress.

III. County Extension Program - Youth

A. Organization

County 4 H Council

There are 67 members who make up the 4 H Council. Unfortunately one meeting was held this year and one 4 H committee meeting was held. The objectives of the 4 H Council are as follows:

Overall Objectives

- a. To help plan programs that will be beneficial and worthwhile to the youth.
- b. To aid in sponsoring 4 H Club week, Achievement Day, Rural Life Sunday and to help with other programs.
- c. That Achievement Day be celebrated with the H D Clubs.
- d. That 4 H Rural Life Sunday be observed third Sunday in May.
- e. That National 4 H Club Week be celebrated countywide.
- f. That a trophy be purchased each year to be presented to the outstanding 4 H Club.
- g. That the 1961 projects will include Safety,

County 4 H Council Cont'd

Home Improvement (Your Room), Food (Bread Making) - Special Interest and Gardening II.

B. 4 H Project Work

Wildlife

Objectives: To teach members how to identify atleast 10 different kinds of birds.

To aid members in constructing different kinds of bird feeders, houses and baths.

To aid members in protecting bird feeders from enemies.

To aid members in constructing bird traps and sieves for different birds.

Methods used: Adult and 4 H training meeting, method demonstrations, bulletins and discussions.

Results: From observation and display of articles, six boys completed the wildlife project. 12 different kinds of birds were learned, 12 bird houses and 8 feeding stations were constructed. Three bird baths were made and seeds were grown for bird feed.

Meal Preparation

Objectives: To aid members in planning well balanced diets and meals.

To teach members how to set a table correctly.

To teach members the proper methods of preparing, cooking and serving salads, meats, stews and vegetables.

Methods used: Home visits, leaders training meetings, method demonstrations and bulletins.

Results: Only 21 girls completed the Meal Planning project out of the 36 who were enrolled. There were 210 meals prepared and served. 275 different dishes were

4 H Project Work Cont'd

prepared and served 651 times.

So You'd Like To Sew

Objectives: To teach members proper uses of the thimble.

To aid members in making different kinds of stitches.

To teach members how to cut simple patterns out of newspaper and how to measure and cut materials correctly.

Methods used: Method demonstrations, bulletins, home visits and leader training meetings

Results: Only 2 girls were enrolled in clothing and both girls completed the projects. 10 articles and 10 garments were made.

Individual Health

Objectives: To aid members in eating the right kinds of foods.

To teach members the necessary daily requirements of foods needed for growth.

To teach members daily care of the teeth, and the importance of sleep, rest and exercise.

To teach members the care of hands, skin and hair.

Methods used: Surveys of work needed, method demonstrations, home visits, method demonstrations, bulletins, and leader training meetings.

Results: 236 boys and girls were enrolled in the Health project and 119 completed the project.

Entomology I

Objectives: To teach 4 H members how to distinguish useful insects and harmful insects.

To teach members how to mount insects.

4 H Project Work Cont'd

- Objectives:** To aid members in learning atleast five chemicals used to kill insects.
- To aid members in learning the importance of beneficial insects and learn ways of protecting them.
- To aid members in learning the history and habits and control of most common insect pest in the locality.
- Methods used:** Home visits, tours, bulletins, method demonstrations and leader training meetings
- Results:** Eight boys were enrolled in Entomology I and all eight of the boys completed the project.

C. Other Activities

4 H Rural Life Sunday

4 H Rural Life Sunday was celebrated countywide, Sunday May 15, 1960 at the Montreal Baptist Church in Shipman, Virginia. Approximately 96 persons attended the program. The purpose of 4 H Rural Life Sunday, Candle lighting ceremony, skits, 4 H Club songs and recitations were presented by 4 H boys and girls on the program. Recognition was given to 4 H Club parents and to 4 H alumni.

Eight 4 H Clubs celebrated National 4 H Club Week, "Learn, Live, Serve through 4 H." A 4 H clean up campaign was planned for the week's celebration. However, during that time the Home Agent was ill, there was bad weather conditions and there were also several cases of mumps in the county. The program was celebrated in the individual schools. The programs included the meaning and purpose of National 4 H Club Week. 4 H Club members gave demonstrations on the care of the hands, teeth and hair.

Shortcourses and Wildlife Conferences

4 H Club members who attended the 4 H Shortcourse held at Virginia State College in Petersburg, Virginia were Jacqueline Page, Janet Morse and Helene Morse. The time of Short Course was June 27-July 1, 1960. The delegates from Nelson County gave a demonstration on the Skin and Its Care.

Only one member attended the 4 H Wildlife Conference. Oliver L. Page attended the 4 H Wildlife Conference held at

Other Activities Cont'd

4 H Club members who attended the Wild Life Conference and the 4 H Shortcourse were very inspired after having attended the conferences. The delegates said that they would inspire more club members to do a better job in order to see what other 4 H boys and girls are doing in the different counties.

About 70 people attended 4 H and H D Achievement Day in Nelson County. Achievement Day program was held at the Ryan Hall Elementary School in Shipman, Virginia, Saturday, November 19, 1960 at 11:30 a.m.

The entire theme for Achievement Day was "The Progress in Nelson County Through Extension Service Through the Years". The history of 4 H and H D Clubs were given by adult leaders. Extension work started in Nelson County in 1915.

4 H Club members furnished the music on the program under the direction of Miss Nancy I Hudson, a 4 H sponsor.

Three 4 H members received pins for their achievement and their outstanding services. Also 4 H members had health posters on exhibit, blouses and skirts and other articles. 4 H demonstrations were given by members.

IV. Scope of Work

	1946	1957	1958	1959	1960
No. W. F. Clubs	7	7	7	7	8
Membership	125	125	100	100	108
No. W. F. Groups (Unorganized)	0	0	0	0	0
Membership	0	0	0	0	0
No. 4 H Clubs	12	9	12	11	10
Membership	342	317	353	321	288
No. YMA Clubs	0	0	0	0	0
Membership	0	0	0	0	0
No. Community Clubs	1	1	1	1	1
Membership	40	50	50	50	55
No. Home Ec. Committees	35	35	35	35	37
No. General Interest Committees	0	0	0	0	0
No. Youth Committees	45	45	48	48	55
No. Other Organizations	1	1	1	1	1
No. Farm & Home Dev. Families	2	2	2	2	3
No. Other Families Reached	291	207	112	118	125
No. Different Families Reached	354	374	277	275	309

Increasing Scope of work

Methods used in broadening the scope of work

Scope of Work Cont'd

1. Home visits
2. Attending other organizational meetings and making contact
3. Circular letters
4. Posting special events
5. Putting articles in the newspaper
6. Writing letters and making personal contact to non-club members

V. Leadership

A. Growth of leadership

1. Over-all program leaders

	1958	1959	1960
a. County Agricultural Extension Service Board	60	60	60
b. Youth Council	13	13	15
c. Home Economics Council	31	32	35

2. Home Demonstration Club Leadership

	1956	1957	1958	1959	1960
No. organizational leaders	30	26	52	52	55
No. project leaders (subject matter)	46	53	55	55	60
No. Federation program of work chairmen	7	17	18	20	20
No. program development leaders	7	9	10	10	12
No. result demonstrators	10	7	9	11	13
No. training meetings by specialist	5	1	0	2	3
No. training meetings by dist. agents	-	-	-	-	-
No. training meetings by agents	18	5	2	12	10
No. training meetings by others	-	-	-	-	3
Attendance at all training meetings	176	35	17	52	67
No. meetings held without an agent	74	14	7	10	14
No. meetings leaders assisted	59	46	31	44	42
Demonstrations by leaders	42	9	12	15	11
Talks and discussions by leaders	46	109	97	85	110

3. 4 H Club Leadership

	1956	1957	1958	1959	1960
No. Club Officers	106	81	110	110	117
No. adult project leaders	37	24	13	13	15
No. junior project leaders	-	5	13	13	23
No. result demonstrators	6	-	1	1	3
No. training meetings by specialists	-	-	-	-	-
No. training meetings by dist. agents	-	-	-	-	-
No. training meetings by agent	10	2	3	3	6
No. training meetings by members club dept.	-	-	-	3	-
No. training meetings by others	-	-	-	2	2
Total attendance atldr. tr. meetings	134	70	43	50	45
No. 4 H leaders trained individually	44	5	3	3	7
No. club mgs. held byldr. without agent	51	21	7	9	12
No. additional meetings at which leaders assisted	38	55	40	52	57
No. demonstrations given by adult ldra.	40	20	22	28	31
No. demonstrations given by junior leaders	28	3	4	9	12

B. Outstanding Club H D

This year the outstanding club is the Faber Home Demonstration Club. This club has been very progressive during the last two years. There are 22 active club members in the club.

One of the things that this club has done is that they have been seeking to reach more young mothers to join the H D Club and as a result 7 new members joined the club this year. At the beginning of this year there were 15 active club members. Four of the new members who joined the club were young mothers and the other three members were middle age women. Some of the new members said that they had prospects of more women to join the H D Club. With the increasing membership of the club there might be prospects of organizing another H D Club because the new members that are joining the club are coming from another community in the county.

As we see it now and according to the remarks and observations from club members, Extension Services have made a great contribution toward the Faber's H D Club. One contribution that Extension has made to the Faber's H D Club members is the awareness of making or improving the home and the home grounds. The members said that Extension Service has played a great part toward challenging them toward their major needs and is seeking to give members help as far as possible.

Outstanding Club Cont'd

The Feber's Home Demonstration have given their fullest support to all Extension programs that have been sponsored. They have participated in countywide programs sponsored by other organizations.

VI. A. For Special Consideration

Significant Achievement

The Cedar Grove 4 H Club was outstanding in significant achievement in 4 H Club work. There were only 10 members enrolled in the Cedar Grove 4 H Club. The ages of the club members range from 10 to 12. The members were enrolled in Individual Health project.

A survey was taken at the Cedar Grove School to see how many children ate balanced meals daily and was found that milk was lacking in their diets. The Home Agent and teacher along with 4 H Club members assisted the school children and parents in making them aware of the fact that more milk was needed in the children's diets. Circular letters and bulletins on the importance of milk in the diets were given to parents and children. 4 H Club members gave talks and discussions on the importance of milk in the diet. The Home Agent gave demonstrations to the 4 H Club members and to the other school children and stressed the importance of milk in the diet. The total enrollment of the Cedar Grove School was about 35 children.

As a result of the 4 H Health project the children even brought milk to school to drink. Parents also remarked how the children were drinking more milk.

- B. Progress in developing relations in the county with
1. County workers
 - a. To aid in worthwhile countywide programs
 - b. To acquaint the county workers with the Extension Service program
 - c. To give services to the county workers when needed
 2. General Public
 - a. To acquaint the general public with Extension program
 - b. To invite the public to programs and affairs
 - c. To include the general public in developing Extension programs
 3. Elected Representatives

- a. To cooperate with the Health Department and the Health Council in developing better health in the county
- b. To include ideas of elected representatives in order to help promote a better Extension program and the health program in the county

4. Commercial interest

- a. To make use of commercial firms when needed
- b. To publicize the events of the Extension program
- c. To visit and become more acquainted with commercial firms

5. Other professional workers

- a. To consult with other professional workers when need be
- b. To secure guidance and help to carry out the Extension program
- c. To aid other professional workers when possible

C. Professional Improvement

Work done toward professional improvements

1. Reading magazines on current information which pertain to my profession
2. Watch television and keep abreast with news and listen to the radio other programs that affect the economy of the people
3. Read newspaper
4. Join professional organizations in order to aid in my professional improvements
5. Spend more time in the office in reading literature pertaining to Extension work

VII. The Look Ahead

As we pause for a few moments and glance over this past year's program, we feel that progress has been made as well as some failure. As I recall in one phase of the program for this year the results in terms of failure brought about progress. We also realize that we have had extremely bad weather conditions and several cases of illness in the county and yet the maximum results were not reached. We also realized that the H D membership increased and the 4 H membership decreased slightly.

The Look Ahead Cont'd

In order to improve the home economics Extension program in the year ahead we feel that we need more trained leaders, a closer relationship with other county workers and to keep abreast with current changes that will affect the county. We also feel that there is a need to publicize the Extension program in order to reach more people.