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VIRGINIA

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK

ANNUAL NARRATIVE REPORT

RUSSELL

COUNTY

1949

Agent Reba Grim Lassic Dec. 1, 1948 to Dec. 15, 1949
Date worked from to

Assistant Agent Mary Virginia Fletcher - Oct. 1 to Oct. 15
Date worked from to

Agent Mary Virginia Fletcher Oct. 15 to Dec. 1
Date worked from to

Assistant Agent _____
Date worked from to

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111. Accomplishments

Russell County Home Demonstration Clubs Entertained District I
in May

On May 3, Russell County was hostess to the other counties in District I for their annual meeting. 400 women attended, 150 of them from Russell County. This was a part of National Home Demonstration Week. In addition, many clubs used a window display to show their work.

100 Women Took Part in Work Dress Review

On June 22, about 100 women from all over the county came to the Lebanon High School auditorium for the Work Dress Review. The AEP Company cooperated and sent their Home Economist, Miss Alice George, to serve refreshments. The dresses were reviewed for fit, becomingness, cost and whether or not they were made for doing housework. Most of them were made by housedress patterns, approved by the Bureau of Home Economics.

Russell County Held Its Second Agricultural Fair

An estimated crowd of around 10,000 people attended the Fair. A new building for the women's exhibits and farm crops was erected. Not only Home Demonstration Club women but others helped with the exhibits. The exhibits were superior to last year's. The Home Agent served as Assistant Secretary, and was in charge of the Women's Department. 4-H Club members and F.H.A. had their own department. Their exhibits were good and the department well managed by a 4-H Club girl and a F.H.A. member.

Home Demonstration Committee Held Two Meetings During the Year

A spring meeting with 18 members present was held on March 18. Plans were made to entertain the District I meeting. Committees were appointed. The county program was checked.

The fall meeting of the county committee was held on September 14, with 30 members attending. The program was planned for next year. Committees were appointed to plan the county Achievement Day and the Yearbook for Home Demonstration Clubs.

Poultry and Garden Tours Held for Leaders

Mr. H. L. Moore helped the Agent conduct a tour of five poultry flocks for the Poultry Leaders. Twelve made the tour. Mr. L. C. Beamer did the same for the Garden Leaders. Twelve leaders made this tour, also.

Rural Youth Was Federation Goal

A meeting of the local youth leaders was called by the county chairman, Mrs. Tom Smith, on March 29. Ten leaders attended. Plans were set up for the year's work. Mr. W. W. Bure, Older Youth Specialist, was present and helped the group with their plans.

Work of Project Leaders

The Project Leaders gave two demonstrations this year. In each case they were trained by the Agent. Both were food demonstrations. In December they gave "Tricks with Cakes" and in September "The Master Mix". Seventeen leaders attended the training meeting for "Tricks with Cakes", and twenty-four attended the one for "The Master Mix."

County Committee Prints Its Fifth Yearbook

The county Home Demonstration Committee, through a Yearbook Committee, made up and printed its fifth Yearbook this year. The county banks and the county TVA Committee paid for the printing. This year it amounted to \$77.50.

Home Demonstration Clubs Worked for World Citizenship
and Neighborliness

At the June meeting of the Home Demonstration Clubs each one invited another to be their guest. Speakers from outside were secured. They were returned missionaries, war wives from overseas, and ex-G.I.'s.

A Negro Home Demonstration Club Was Organized

A negro home demonstration club was organized in May, with fifteen members. The negro population of the county is small. They are carrying the regular county program with some adjustments.

TVA Farm and Home Unit Demonstrators Have Been Selected

Mr. and Mrs. Collie Combs in the Big A Mountain community and Mr. and Mrs. Don Gray in the Castlewood community have been selected as Farm and Home Unit Demonstrators by the Extension Staff. Miss Amelia Fuller, TVA Home Management Specialist, and the Home Agent have visited each family one time.

Floor Sanding, A Result Demonstration, Held in September

Mrs. Jay Hawkins, a member of the Hansonville Home Demonstration Club, was selected to have this demonstration. It was conducted by the Clarke Sanding Machine Company. It is available for inspection at any time.

Pressure Cooker Gauges Tested

The county owns a gauge tester. Gauges were brought into the office, and to certain designated meetings to be tested. It is estimated that 150 gauges were tested last year.

Russell-Tazewell 4-H Club Camp Held at Hungry Mother Park

Russell and Tazewell counties held their third annual 4-H Club Camp at Hungry Mother Park on June 6--11. Russell County had 36 girls, 22 boys,

3 Extension Agents, 2 leaders, 2 cooks, and a bus driver. Tazewell County had 52 boys and girls, 3 Extension Agents, and 2 leaders, making a total of 121. The Agent served as dietician.

County 4-H Club Council Held Spring and Fall Meetings

A meeting was held on April 23 to plan the summer program, and on October 8 to elect new officers and plan Achievement Day. Twenty attended the spring meeting, and fifteen the fall meeting.

County, District, and State Girls' 4-H Club Contest

Girls with outstanding records were chosen to represent the county in the District Contest. Contests entered were: Style and Dress Revue, Clothing Achievements, Food Preparation, and Home Improvement. Winners in Clothing Achievement and Room Improvement went to the State Contest. This is the first time Russell County has had a representative in the State Contest.

State Short Course

Three girls, one All-Star girl, and one woman leader attended the State Short Course in Blacksburg this year.

Institute of Rural Affairs

Four women attended all sessions of the Institute of Rural Affairs.

Home Demonstration Clubs--Increased in Number and Membership

There are seventeen Home Demonstration Clubs and three community groups in the county, with a membership of 539 women. Last year there were

fifteen Home Demonstration Clubs and three community groups, with a membership of 452 women.

4-H Clubs Have 353 Members

In 1948, there were thirteen girls' 4-H Clubs with 229 members. In 1949, there were seventeen Clubs with 353 members.

Home Demonstration Achievement Day

On November 9, the Home Demonstration Clubs held their annual Achievement Day at the Lebanon Methodist Church with 200 women attending. They used as their theme "Arts and Crafts" with Robert Porterfield, of the Barter Theater, as the main speaker. A summary of achievements of all county Home Demonstration Clubs was made by the vice-chairman of the county Home Demonstration Committee. A chorus, from one of the county high schools, sang a number of selections. The president of the District Highland Arts & Crafts Guild displayed crafts made by members of the guild. Members of the Greendale Home Demonstration Club of Washington County and the Honaker Garden Club were special guests by invitation at the meeting. A social hour climaxed the Achievement Program.

4-H Club Achievement Day

On November 5, 222 4-H boys and girls attended the fourth annual Achievement Day which was held in the Lebanon High School auditorium. Each Club president, or a representative from the group, gave a report of the year's accomplishments. Reports were also made by Club members of several of the year's special activities; such as, district camp, 4-H Club Short Course, 4-H Club Contests and others. A film was shown that had been taken at the 4-H Camp and at the county Baby Beef Shows. 4-H pins were awarded

to 46 girls for meeting project requirements and attending the required number of meetings during the past year. Project awards were made to all girls winning in county contests. The county Council of 4-H Clubs paid the fare for all members attending the movie "The Green Promise," which was shown at the local theater.

IV. ADULT

A. Project Work

1. Clothing

Women in Every Home Demonstration Club Made Work Dresses

After the Agent spent one day working with Miss Johnson, State Clothing Specialist, plans were made for the work on work dresses. The February meeting was spent in measuring each woman for the correct size pattern for her, and discussing materials suitable for housedresses. The features essential in work dresses were presented and the work dress patterns approved by the Bureau of Home Economics were shown each group.

At the March meeting the patterns were fitted and altered for one or two women and the group shown how to lay the pattern and cut it. Each woman had bought her pattern in the correct size.

The April meeting was spent in putting grippers in the dresses, marking hems and checking fit. A large percentage of the Home Demonstration members made work dresses. Some made aprons and jackets, too.

These dresses were used in the window display during the National Home Demonstration Week, exhibited at the County Fair, as well as worn and liked by the women who made them.

A Work Dress Review was held on June 22, with the Home Demonstration Agent in charge. About 100 women attended, wearing workdresses. Each dress was reviewed as to appropriateness of pattern, color, and material, as well as fit and cost. All were made of cotton, either made from feed sacks or bought by the yard. The AEP Company cooperated by serving refreshments and their Home Economist, Miss Alice George, assisted.

Glove Making

The Lebanon Home Demonstration Club has as their choice demonstration "Glove Making". Two leaders from Tazewell County came and gave this demonstration. The members made sample gloves from muslin to practice on, and planned to make kid gloves at home.

Sewing Machines Adjusted

Calls come to the Agent continually for help in cleaning and adjusting sewing machines. The woman making the request is asked to invite her neighbors and the Agent shows them how to clean and adjust the machine. There is more demand for this than the Agent has been able to take care of. About twelve machines have been taken care of this year.

Sewing Machine Attachments

One Club had as their club choice demonstration for November "Sewing Machine Attachments". A representative of the Singer Sewing Machine Company, in Bristol, gave the demonstration.

2. Food and Nutrition

Five Demonstrations Given on Food & Nutrition

Food preservation has always been of interest. Demonstrations on canning were given at each Home Demonstration Club and Community meeting by the Agent. USDA canning bulletins were distributed. Equipment used in freezing were demonstrated. USDA bulletins on home freezing were distributed to all who requested them. Some individual help has been done with those who have had special problems in home freezing, either by office calls or home visits. The number of people who are using the community lockers at Cedar Bluff, Abingdon, or Dante, or own home freezers is increasing. There are two community canneries in the county which run at full capacity during the canning season. The county owns a pressure cooker gauge tester. It is used in the office, and this year at the May meeting of the Home Demonstration Clubs and Community groups, the women brought their cooker lids to be tested. About 150 gauges have been tested this year.

Master Mix Proved Popular with Russell County

Home Demonstration Women

Leaders were trained to give the demonstration on the Master Mix as a time-saver by the Home Agent. Twenty-four leaders attended this training meeting. A sufficient number of bulletins on Timesavers in Food Preparation were given the leaders for the members of their Clubs. Attendance at these meetings has been excellent. The leaders did a credible job with the demonstration, and the members are enthusiastic about the Master Mix. Inquiries from non-Home Demonstration members for the recipe have shown its popularity.

"Tricks with Cakes" Was December Demonstration

The leaders gave the December demonstration which was timely. The Agent trained them for their demonstration. The white cake recipe was used with variations, and the comfort frosting. The leaders gave grand demonstrations. There was so much interest in the cake that the recipe was published in the local paper. A good many white cakes were exhibited at the County Fair. Recipe sheets of several standard cakes and frostings were given each member. These sheets also had the causes for cake failures.

Pies and Pastries

The Agent prepared the mimeographed material for the October demonstration and gave two demonstrations. A pastry mix, meringues, and equipment were stressed.

The new Agent gave the October demonstration on Pies and Pastries to fourteen of the seventeen Home Demonstration Clubs. A pastry mix, chocolate pie, and meringues were demonstrated. Techniques, principles, methods of manipulation, equipment, and measuring were stressed. Recipe sheets with the pastry mix, three popular pies, and meringues were distributed to all members attending the demonstration.

Club's Choice

In November, the Home Demonstration Clubs had a choice of demonstrations. Three Clubs had as their demonstration "Tricks with Cakes," two "Yeast Breads" and six "Christmas Salads and Pulled Mints." The cake demonstration was used by those groups that had not had this demonstration earlier in the year. A basic white cake was used some five or six variations in frostings and fillings.

For the yeast bread demonstration the recipe from the Virginia Extension Bulletin on Making Bread at Home was used. Variations in making rolls and bread out for baking was shown. In these two demonstrations the difference in flours, principles and techniques in handling the product were discussed. For the Christmas Salad and Filled Mint demonstration, mints were made from the recipe recommended by the State Extension Service. A raw cranberry salad and an apple salad were given. A mimeographed sheet with principles of candy making, recipes of candies and suggested Christmas salads were distributed.

. Food Exhibits at County Fair

It was noticeable that the quality and number of exhibits at the County Fair were an improvement over the previous year. There were exhibits in canning, preserves, and jellies; also cakes, breads, and butters of all sorts.

3. House Furnishings

Tufting Learned as a New Handicraft

The Home Demonstration members have always liked to learn a new handicraft during the winter months. This year during January the Agent demonstrated tufting at each Home Demonstration meeting, as well as the Community meetings. Sources of supplies were given each member. The exact number of bedspreads made is not known. Some were exhibited at the County Fair. The quality was good. Others plan to make a tufted bedspread this year. Bath mats were also made. Some of the women used feed sacks to make their bedspreads; others bought the material already stamped from the Sims Manufacturing Company.

Flower Arrangement During July

The Coca-Cola Bottling Company cooperated with the Home Agent in giving this demonstration. They sent a representative who showed their slides on Flower Arrangement and distributed their booklet to the project leaders. They also served coco-colas. The local florist cooperated by sending flowers to each meeting. She, however, was not able to attend every meeting. Miss Ruth Jamison, House Furnishings Specialist, gave the demonstration at the Dante Club. The Agent gave demonstrations at all Clubs, except Dante, to show the principles of flower arrangement.

The Flower Exhibit at the County Fair was one of the best there, both as to number of exhibits and quality. Some of this was due to the Garden Club at Honaker, but the woman who won the most blue ribbons was a Home Demonstration Club member from Mason's Store.

Flowers were studied as a decoration for the home.

Women Still Demand Help on Chair Bottoming

Three demonstrations were given by the Agent on chair bottoming, with fiber. Fifteen women were helped. Some were not Home Demonstration Club members.

Chair Caning

Two demonstrations were given for the November demonstrations on putting cane bottoms in chairs.

Interest Continues in Home Made Rugs

The Agent has done some individual work with women who started braided rugs. Information on sources of material, color schemes, and methods have been given on home or office visits.

Re-Finishing Furniture Demonstrated

The best demonstration on re-finishing was given to the Home Economics girls at the Temple Hill High School. A walnut drop-leaf table was re-finished with their help. About 50 girls helped with this. It is used as a result demonstration.

Two other demonstrations were given in the county to small groups.

Home Decoration

Through home visits the Agent has advised as to color schemes, drapes, curtains, walls, and rugs to all those who have requested help.

Electrifying Oil Lamps

Two meetings have been held on electrifying oil lamps. Twenty lamps were electrified.

4. Home Management

Two Farm & Home Unit Demonstrators Selected

For more than a year the Extension Staff in the county had been trying to select two farm and home unit demonstrators. Mr. and Mrs. Collie Combs in the Big A Mountain community, and Mr. and Mrs. Don Gray in the Castlewood community have been selected. The Home Agent has visited each family in regard to being a demonstrator, and then has visited them with Miss Fuller, Extension—TVA Home Management Specialist, once. They understood their position as demonstrators and have agreed to do it. In fact, they feel some pride in being selected.

Bathrooms Planned

The Home Agent, through home visits and distribution of the government bulletins on bathroom planning, has helped those who requested information. Ten families have installed bathrooms after getting the information. Others are still working on their plans.

Kitchen Arrangement Still Important to Homemakers

More kitchens have been improved than any other room in the house. The improvements usually include water, sink, and cabinets. For some, it has meant a new electric stove or refrigerator, or a new linoleum. Sometimes a new kitchen is built. The Home Agent has made home visits and furnished information on this.

One of the large farms in this county, which has about 50 tenant houses, has recently made a number of home improvements. One of the landowners said that he had followed the Home Agent's advice and had put water in the kitchen or at the door of each house. All houses have electricity. Two new houses have been built by USDA plans complete to utility rooms and bathrooms.

Many Floors Re-Finished

Through home visits, telephone calls, and office visits, the Agent has helped in re-finishing floors. Some families have rented sanders and did the work themselves. The Home Agent has worked with a local sander in helping him improve the finish he gave. Floor seal has been recommended.

In September, the Clarke Sanding Machine Company gave a demonstration at the home of Mrs. Jay Hawkins, at Hansonville, on floor sanding and finishing. Sixteen people attended, including men and women who plan to rent a sander, a local sander, and Home Demonstration Agent from adjoining counties.

5. Home Improvement

Re-Modeling and Construction

Information on re-modeling and construction has been given principally by distribution of USDA and State bulletins when requested.

Mr. Albert Beecher Helps with Landscaping

two County Homes

Mr. Beecher visited Mrs. Wade Dickenson's home in Castlewood, and Mrs. Hugh Taylor's home in Belfast and advised them on landscaping their homes.

6. Poultry

Every Club had a poultry leader who made a report on timely information at most meetings. These leaders had two training meetings conducted by Mr. H. L. Moore, Poultry Specialist. The one in July was in the form of a tour of five flocks in the county. At each flock Mr. Moore pointed out the good and bad practices. This tour proved very valuable. Twelve leaders made the tour. It is not practical to raise broilers in the county because of poor market. A good farm flock is desirable. Three factors have been stressed: (1). Purchase of baby chicks in late March or early April. (2). Good feeding practices, and (3). Adequate housing and sanitation.

7. Gardens

Each Club had a garden leader, who gave timely information at each meeting. Two training meetings were held for the garden leaders, one in January and one in July. Both were conducted by L. C. Beamer, Vegetable Gardening Specialist. The one in July was a tour of five garden leaders' gardens. Mr. Beamer pointed out many interesting facts at each garden. Some results of the garden program that has extended over the past seven years that can be

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seen are: (1) Control of tomato blight, (2) More variety in gardens, (3) Adoption of new varieties, (4) Better fall gardens, and (5) Better control of pest and disease.

B. Other Activities

1. Community

County Fair Outstanding Event

The outstanding event sponsored by the county Extension Staff is the County Fair. It would be impossible to carry this on without the cooperation of the county people. It is managed by a Board of Directors, with the County Agent serving as Secretary and the As'st. Agent and Home Agent serving as As'st Secretaries. Heads of the Departments are appointed, as well as helpers. The Home Agent was in charge of the Woman's Department and trained all the women who helped in the Fair. She was also generally in charge of her department, and on duty full time during the Fair. The women who helped did a beautiful job. The new building helped, too. The exhibits were superior to last year's. This was the second year of the Fair. The Home Agent helped to sell ads in the Fair Catalogue to Bristol merchants. She also helped to distribute catalogues. About 10,000 people attended the Fair. Many exhibits were results of Home Demonstration projects. It gave Extension Staff the best opportunity to show results to more people than any other activity of the whole year.

Russell County Home Dem. Clubs Hostess to District I

On May 3, in the Lebanon High School auditorium, four hundred Home Demonstration Club members gathered for the annual meeting of District I. The Agent worked closely with Mrs. Turner A. Gilmer, District I President, in

making plans for the meeting. At the spring meeting of the county Home Demonstration Committee all committees were appointed. The Russell County Home Demonstration women were responsible for the coffee, cookies, and a relish plate. In addition, they brought twice as many sandwiches as the women from the other counties brought.

4-H Club members of the Lebanon Club were asked to help park the cars and to help a special Home Demonstration committee to assemble the lunch. Without these 4-H boys and girls it would have been difficult to have taken care of the meeting. Two 4-H Club girls acted as pages.

The Lebanon High School is a large consolidated high school, and school was in session, and without the cooperation of the principal, Mr. Lynn Moore, the teachers, and the pupils we could not have held the meeting. The meeting was most successful in every way, and due to cooperation of the Home Demonstration Club members and the community.

"Rural Youth" -- Federation Goal

Mrs. Tom Smith was county Rural Youth Chairman, and through her efforts a good program was lined up. Every Club had their own youth chairman, whose job it was to carry out the program in her own community. In May, the Hansonville, Lebanon, Elk Garden, and Belfast Home Demonstration Clubs entertained the graduating class of the Lebanon High School. The Agent attended. Every one had a good time--the boys and girls and the committees of women from each of the Home Dem. Clubs. First a picnic supper was served. The supper, furnished by all members of the Clubs, was delicious. It consisted of fried chicken, salads, sandwiches, home made cake, ice tea, and plenty of it.

There were hot dogs to roast, too. Following the supper, there were stunts by different groups with prizes for the best. A local string band then furnished music for a square dance in the cafeteria of the school. There was no cost -- everything was furnished free. This is the second year of entertaining the high school graduating classes, and the Club members and the boys and girls look forward to these events.

The Castlewood and New Home Demonstration Clubs entertained the Temple Hill graduating class. They followed just about the same procedure of entertainment as that of the Lebanon class. They held their party in a large unused house in the New community.

The Dante Home Demonstration Club entertained their graduating class in the home of one of the members with a party and dance.

In August each Home Demonstration Club planned a community picnic. If the Sunday School had not planned a picnic, then they sponsored the Sunday School picnic. Some Clubs just had a picnic for all their families, and others had one for the young people of their communities.

2. Other Activities

Four Home Demonstration Club members attended the Institute of Rural Affairs. It is one of the objectives of the county Home Demonstration Committee that next year each Home Demonstration Club will send one delegate and pay her expenses.

The County Home Demonstration Committee held two meetings last year. They were both well attended. They transacted their business in a business-like way. A county Yearbook Committee and a county Home Demonstration Committee were appointed at the fall meeting.

V. 4-H CLUB

A. Project Work

"Look Your Best" Is Winter Project

Two hundred eighty-four girls enrolled in the winter project, "Looking Your Best". Two hundred twenty-nine completed their project. In the summer two Clubs enrolled in "Clothing Construction." Twenty-two members enrolled in this project, sixteen completed the project, making a total of twenty-two garments. Entries were made by girls with outstanding records in the District Clothing Achievement Contest and in the Style and Dress Revue. Nancy Aker of the Lebanon Club won the District Clothing Achievement Contest, and entered the State Contest.

In the spring, exhibits were held in all Clubs. Blue, red, and white awards were made. Clothing exhibits were made by many 4-H members in the County Fair. The girl who won the first prize in Dress Construction in competition with other 4-H members and Home Economics students was a girl who had had all her clothing work in the 4-H Club. Some of the girls have been in 4-H clothing work for several years and have built up nice records for themselves.

Girls Enrolled in "Food Preparation" During the Summer

Girls in the Castlewood and Honaker 4-H Club took "Food Preparation" for their summer projects. Of the thirty-four girls who enrolled, twenty-six completed their project. They planned 218 meals and served 717 meals. They exhibited cookies at the County Fair in the 4-H and Home Economics Department, and made a credible showing.

Home Improvement

Two sisters enrolled in the Home Improvement project for the past two years. They have taken as their project their bedroom and have assisted the family in improving six rooms. So far they have sanded the floor and re-finished it, made a braided rug, made curtains of unbleached cotton, and made closet accessories. They have also re-arranged the furniture in their room. They plan to paper their room, make some additional closet space, and re-wire the room for better lighting. One of the girls entered the District Contest and won. In the State Contest she placed second.

Two Sisters Carry Poultry for Their Project

For two years Jane Ann and Frances Lee Hanson have bought 100 baby chicks. They planned to sell eggs. They sold all the cockerels as fryers. Their year old hens were stolen this spring, but they are starting this fall with 25 layers.

Re-Organization of 4-H Clubs

Seventeen 4-H Clubs were re-organized during the months of September and October, with an enrollment of 395 members. Three hundred and eighty-one girls are carrying the winter project--Housekeeping. The Agent gave the October and November demonstrations on "Care of the Room" and "Making the Bed". Fourteen girls are enrolled for special project work: 6 in Clothing Construction, 3 in Room Improvement, 2 in Poultry, 2 in Baby Beesves, and 1 in Food Preparation.

B. Other Activities

4-H Club Camp Attended by Full Quota

Each year, for the past three years, Tasewell and Russell 4-H Club members have had a joint camp in the old CCC Camp at Hungry Mother Park. This

year it was held from June 6--11. The date depends upon the manager of the camp site. It is set up for the groups of young people from Smyth County. O' taiders have to take dates that they do not want. The camp was managed by the Extension Staff of the two counties, with one class being taught in Home Lighting by Miss Alice Goerge, AEP Home Economist in Russell County. The cost per camper was \$8.00. Classes were taught in handicraft. A tribal organization was set up, and recreation planned for the entire week. Swimming each afternoon at the Lake meant a great deal to them. Russell County had 36 girls, 22 boys, 2 leaders, and 3 Extension workers.

4-H Club Council Planned for Rural Life Sunday

At the spring meeting of the 4-H Club Council, plans were made for each Club to observe Rural Life Sunday in the way that best suited their church. Some Clubs planned to take part in the service, others planned to attend in a body, and others just planned to go to church that day.

Achievement Day Plans Made

At the fall meeting of the 4-H Club Council on October 8, plans were made for the annual 4-H Achievement Day. It is to be held in the Lebanon High School auditorium, on November 5. Reports of all 4-H activities will be made, movies of the Baby Beef Shows and the 4-H Camp will be shown. Prizes for Achievement will be awarded. Each member will bring their own lunch. The film, "The Green Promise" will be shown in the afternoon at the local theater. Admission will be paid by the County Council.

Russell County Has Full Quota at State Short Course

Three girls, one All-Star, and one woman leader attended the State Short Course, in Blacksburg, the past summer.

District & State Contests

Russell County had entries in the following District Contests: Style & Dress Revue, Clothing Achievement, Home Improvement, and Food Preparation. Winners in the Clothing Achievement and Home Improvement went to the State Contest. In the State Contest, the Russell County girl won second in the Home Improvement Contest.

VII. SCOPE OF WORK

	1948	1949
<u>Number of Home Demonstration Clubs or Groups</u>	17	20
<u>Membership</u>	432	539
<u>Number 4-H Clubs</u>	13	17
<u>Membership</u>	229	284
<u>Number Older Youth Groups</u>	0	0
<u>Membership</u>	0	0
<u>Number of other families reached</u>	1315	1885
<u>Total number families reached</u>	1996	2708

VIII. ORGANIZATIONS

Home Demonstration Committee

This is one of the strongest organizations in the county. It is composed of the president and vice-presidents, and the past presidents and vice-presidents of each local Club, the Federation Goal Chairman, and certain members at large. This committee met twice this year, in the spring and in the fall. Executive committees held meetings when needed. Special

committees also did some of the work of the committee; such as, the Achievement Day and Yearbook Committees. Also several committees that helped prepare for District I meeting. The meetings are well attended. They did an excellent job of preparing the year's program, planning for District I meeting, and National Home Demonstration Week. The County Chairman was also available to the Home Agent for discussion of the county program at any time.

County 4-H Club Council

The County 4-H Club Council is composed of the officers and leaders of the local 4-H Clubs. They held two meetings this year, one in April and one in October. At the spring meeting, they planned 4-H Club Camp, girls' summer projects, and the observance of Rural Life Sunday. At the fall meeting, they planned their annual Achievement Day, elected new officers, and made general plans for the year. It is an effective organization.

Board of Directors of the Russell County Agricultural Fair and Horse Show

This is a large group of men and women from all over the county.

- They met twice this year to plan for the Fair, set up policies, etc.

11. LEADERSHIP

Home Demonstration

The Project Leaders gave two demonstrations after attending the leader training meetings conducted by the Home Agent. Both of the demonstrations were food demonstrations. In December the demonstration was

- "Tricks with Cakes", and in September "The Master Mix." The president of

each local Club was responsible for the June meeting, "Becoming a World Citizen." The local youth leader was responsible for the August meeting. This was some form of recreation for the young people of the community. This made four months for which local leaders were responsible.

Under the leadership of the County Youth Chairman a good youth program was carried out. This has been described under the Federation Goal.

All Club members conduct their meetings in a credible manner. The Yearbook has been of great help to them in this. The secretary of each local club served as Program Development Chairman.

The Poultry and Garden leaders fill a needed place in the Home Demonstration Program, too.

4-H Leadership

While every 4-H Club has a sponsor or leader, not all of them take too much responsibility. There are three leaders who are all you could ask for. Many of the others are teachers and while you could not get along without them, they do not take the responsibility that a good leader takes. We have one older girl as a junior leader this year. However, she will soon be leaving to go away to school.

<u>Growth of Home Demonstration Club Project Leadership</u>	<u>1948</u>	<u>1949</u>
No. project leaders and goal chairmen	42	51
No. training meetings held: By Specialist	5	5
By Agent	5	1
Attendance at all training meetings	140	99
No. Club Meetings held by leaders without Agent present	40	51
No. Club Meetings at which leaders assisted	242	332

<u>Growth of 4-H Club Project Leadership</u>	<u>1948</u>	<u>1949</u>
No. adult project leaders	13	17
No. junior project leaders	0	1
No. training meetings held: By Specialist	2	0
By Agent	2	3
Attendance at leader training meetings	37	38
No. 4-H leaders trained individually	13	17
No. Club Meetings held by leaders without Agent present	16	12
No. Club Meetings at which leaders assisted	115	74
No. demonstrations given: By leaders		
By adult	4	12
By Junior	0	1

X. SIGNIFICANCE OF YEAR'S WORK

It is difficult to measure what has been the result of work in one year, since much of the Home Demonstration work carries over from year to year. However, in trying to evaluate the value of the program, I would say first the number of people and homes that are reached. From the enrollment one can see that the number has increased, but the program reached many more people. Maybe a woman comes to one meeting in which she was particularly interested, but didn't join; or maybe she reads the paper or talked with her neighbor or relative who is a Home Demonstration Club member. There are more organized groups, too.

Secondly, the fact that the Home Demonstration Program sets higher standards of living and attempts to help the families meet them. Even in some of the poorest communities bathrooms are being installed and water put in the kitchen.

The pride that most women have in being Home Demonstration members and in their local clubs has developed over the years. The fact that they have been able to accomplish some of the things that they have learned has helped to develop this pride.

The responsibility that the officers and leaders assume is not the result of one year's work, but of the seven years that the county has had Home Demonstration work. But it is a fact resulting in good local clubs and the carrying out of the county program.

The cooperation that was shown in the District I meeting, the County Planning Meeting, and the County Fair, can be pointed to with pride.

Another thing that has been shown this year for the first time

is a desire to read, which shows a desire to grow and perhaps that with labor-saving devices and time-saving methods the women have more time to read.

A larger program has been planned each year. This year the program included citizenship and recreation, as well as "Tricks with Cakes" and the "Construction of the Work Dress."

Definite demonstrations such as "Selecting a Pattern", "Altering a Pattern" and "Cutting the Garment" gave new skills to those who did not have them.

Vegetable gardening has improved. Most everyone controlled tomato blight this year. New varieties are used, and succession of plantings make the garden last longer.

Bathrooms have been installed and water put in many kitchens. Kitchens have been re-arranged and homes re-decorated. All of these contribute to better living. The Home Demonstration Program has had its part in stimulating interest in these and making plans for them.

Many people think that the 4-H Program alone is enough reason for having an Extension Program in the county. This year we have had more 4-H Clubs and 4-H members. The 4-H Program has helped to set high ideals, develop skills, furnish recreation, and teach cooperation. It has developed a spirit of competition with the members being able to show the qualities of good sportsmanship, whether he wins or loses. Most of our 4-H Club members are outstanding girls in their groups.