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ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION WORK

BELVA DUBLEY

HOME DEMONSTRATION AGENT

DECEMBER 1, 1953 - NOVEMBER 30, 1954

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IV. COUNTY SITUATION

Campbell County is in the foothills of the Blue Ridge Mountains in Central Virginia. There are in the county 557 square miles with 90,000 acres of crop land. There are a total of 2,278 farms in the county with 1809 white operators. Agriculture is the principal source of livelihood, with general farming and tobacco the leading crops while cattle raising and dairying are making forward strides. However, the urban and non-farming population in the county have had a tremendous growth bringing a need of a program that is not entirely rural. The average home in the county is one of comfortable income with food, shelter, clothing, and many real comforts provided. There are about 800 marginal white families and on the average of about 165 white families on relief. About 89% of the homes have such modern conveniences as lights, water, and labor saving equipment that comes as a result of these conveniences.

Homes in the county are very much affected by the industrial developments in the city, with more women and girls of the rural homes employed in stores and factories yet living at home. In some of the communities so many of the women work that it has greatly affected the enrollment in the clubs and it has caused other clubs to have night meetings. Because of women working and receiving wages, high farm prices, men working on jobs away from home many social problems have been caused - especially among children after school hours and during the summer vacation.

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These problems the higher cost of living, the desire for more attractive homes, homes more easily cared for, and the desire for better health through diets - were the main factors used in selecting the 1954 program of work.

V. ADULT WORK

A. Project Work

1. 1954 Program Calendar

December : Christmas decorations on glass etching
January : Steps in refinishing furniture
February : What is good design in house furnishings
March : Buying bedroom furniture
April : New materials-care and use of them
May : Use of sewing machine attachments
June : Saving time and energy in the kitchen
July : Kitchen storage
August : Club sponsored picnic
September: Variety in breakfast
October : Getting the best from your home freezer
November : Renovating and redecorating old hats

2. House Furnishings

a. Objectives

To have happier and better satisfied families and more attractive homes through the refinishing of furniture on hand, the study of what is good design in the home

and in buying new furniture. To make the home more comfortable by the purchase of bedroom furniture, stressing the advisability of purchasing open stock rather than "Borax suits".

b. Procedure

The leaders were furnished with material from WPI on the refinishing of furniture; the agent held a leaders' meeting on this work for the demonstration on good design in house furnishings and buying bedroom furniture; the home furnishing specialist from WPI held the leaders' meeting.

Two leaders from each club were present to receive this training and they in turn gave the information to their group. Mimeograph material, and bulletins were distributed to club members and home makers, home visits were made by both agent and leaders and club members, announcements of demonstrations over radio, television and in the local newspapers were made before each meeting.

c. Results

The women reported that they made or remodeled 65 lamps, and thirty lamp shades. They improved 500 rooms, one hundred painted or papered walls and wood work; 28 sanded floors; and 130 improved color scheme; the same number rearranged furniture in the rooms; 60 pieces of furniture were refinished; 75 pieces of furniture were upholstered and numerous pieces were repainted,

repaired and remodeled. They also reported making or buying 400 new drapes or curtains; 28 women made eighty slip covers; and 200 pictures were purchased reframed or rehung. They reported they hooked or braided 30 rugs and made 300 articles for the home. Thirty three reported they bought new springs and mattresses. It is estimated that this program carried a \$5,300.00 saving to the family budget.

3. Clothing

a. Objective

Have training so the home makers will know how to buy the new materials on the market, the use to make of the material and how to care for it after she gets it home. Also how to get more use of her sewing machine and how to make sewing easier and more attractive by the use of the numerous attachments that come with most machines. To save on money spent for buying hats by having a demonstration on renovating or remodeling old hats.

b. Procedure

Have commercial buyers give the leaders training on buying, the use of, and the care of new materials, and the demonstrator from one of the sewing machine companies gave the leaders training on use of sewing machine attachments. Two leaders from each club were present for these demonstrations and they

in turn gave both demonstrations to their clubs; mimeograph material and bulletins were distributed to home makers. The agent and club members made home visits and passed the information on to others. Milliners from the Lynchburg stores, assisted by appointed leaders, gave the demonstration to all of the clubs on renovating old hats.

c. Results

The women reported that they put their knowledge on the care of and use of new materials to good use in both the purchasing of yard goods and of ready made garments. One hundred women reported they used their sewing machine attachments for the first time after the attachment demonstration. Some did not even know where the attachments were, and they were found stored in various places. The women reported they made 3,558 garments and remodeled 425, made 65 coats and suits and dry cleaned 1200 garments, 99 women reported they cleaned and adjusted their sewing machines. The women reported that the above sewing and dry cleaning had been done at a saving of \$14,232.00, and the sewing machine cleaning and adjusting at a saving of \$496.00. One hundred and thirty-five hats were renovated or remodeled at a cost of \$60.00 and an estimated saving of \$900.00.

4. Home Management

Saving time and energy in the kitchen, kitchen storage.

a. Objectives

Have the kitchen a more delightful place to work in, by having better storage space and to save time and energy for the home maker in the kitchen by rearranging equipment to save time and steps. To rearrange the kitchen for greater convenience and easier care.

b. Procedure

The Home Management Specialist from VPI held a leaders' conference with two leaders from each home demonstration club present. The leaders gave the two demonstrations to their groups. Publicity was given about the Specialists demonstration and the leaders' demonstration over the radio, television, and the local news papers. Mimeograph material and bulletins were distributed to club members. The information on this was taken to the non-club members by home visits of club members and agent.

c. Results

✕ The women reported that the demonstration on saving time and energy in the kitchen had proved very helpful and 160 reported they had rearranged their kitchen for greater efficiency. Sixty women reported they had improved the storage in their kitchens. Other improvements in the home were 40 reported

improvement in their home laundries; 30 made major improvements, such as buying 36 washing machines, 13 ironing boards, 20 ironers; 30 bought new stoves; 15 hot water heaters; 18 installed dish washers; and many others have bought numerous pieces of small electrical equipment to make the homemaker's task easier. The agent assisted many of these homemakers individually and in groups in their selections of equipment and appliances and in the change of arrangements necessitated in their homes. 114

5. Foods

a. Objectives

To have healthier, better satisfied and better fed families through the study of and emphasis on better prepared breakfast. To learn attractive and economical ways of serving better every day foods, saving time and energy in food preparation through making better use of their home freezers.

b. Procedure

A leaders' conference was held by the food specialist for the two demonstrations with 2 leaders from 13 of the clubs present. The leaders gave the demonstrations to their groups and the agent gave the demonstrations in the two clubs where the leaders did not attend the leaders' meeting. Publicity of the demonstrations by the specialist and also by the leaders was over the radio, television and in

the local newspapers. Mimeograph material and bulletins were distributed in the clubs, and home visits by club members, leaders, and the agent were made to pass information on to non-club members.

c. Result

Two hundred women reported they were serving better breakfasts and encouraging all members of the family to eat breakfast. One hundred and fifty reported they had improved their family diets. In this program the women reported they passed information to 900 homes. The demonstration on making the best use of your home freezer proved quite popular, and quite a few of the women keep frozen meals in their freezers most of the time, and all keep some prepared frozen foods such as cakes, breads, cookies, pies, and sandwiches all of the time. Some other results reported under foods were 63 new home freezers bought. They froze 8460 pounds of vegetables, 7091 pounds of fruit, and 17,540 pounds of meat. In addition to the above freezing, they canned 875 quarts of tomatoes, 7,906 quarts of vegetables, 10,341 quarts of fruit, and 4680 quarts of meat. A large proportion of the canning was done in the community canneries. In addition to the above canning and freezing, they stored 3500 bushels of vegetables and cured 50,000 pounds of meat; an estimated value on the canned and frozen foods above is \$39,896. This money does not then have to be put out in actual cash by the families when they are ready to consume the food.

6. Housing

As a carry over in housing the following things were reported :
200 women reported they made 350 repairs around the home -
these jobs consisted of installing window panes, putting new
locks on the doors, repairing light sockets and switches,
adding extra shelves to storage cabinets; 35 new homes have
been built; 60 have been remodeled; 150 have made major improvements
such as painting, cutting new doors and windows, insulating, or
adding storm windows; 43 have installed water systems or baths;
60 installed central heating systems; 326 reported they had
removed fire or accident hazards.

7. Rural Arts and Handicraft

All fifteen clubs have had a special work day in this project.
73 chairs have been resealed; 20 chairs stenciled; 15 trays
painted; 200 glass articles etched; 115 aluminum trays have
been hammered or etched. Numerous quilts, afghans, counter-
panes, cut work tableclothes and luncheon set have been made.

8. Poultry

a. Objectives

To have the club members informed on the latest findings
on the care, housing and feeding of poultry flocks.

b. Procedure

Each club appointed a poultry leader, and a specialist from
the poultry department at VPI held a leaders' meeting with
these leaders and gave them a book containing the latest

information. The leaders then discussed this book with their clubs. A monthly letter from the Poultry Department at VPI was also sent to the leader to be discussed in her club.

c. Results

Fifty reported they bought better chicks; 135 improved feeding methods; 150 used newer methods of controlling external and internal parasites; 48 reported they had improved their poultry houses.

9. Home Recreation

a. Objective

To help the women to learn to relax and play together as well as work together. To show the women how to carry over into their home life games and contests learned.

b. Procedure

At each club meeting during the social hour a game or contest is conducted, and all members were urged to take part in them. The member was asked to play the game or have the contest with her family after supper the night of the club meeting.

c. Results

The women reported their families looked forward to playing the games or contest after the meeting and they had an enjoyable time. Two demonstration meetings are given over to

recreation, one is the July picnic, at which time each club sponsored a community picnic. The attendance at these picnics ranged from 30-150. Each family that attended carried their own lunch; the recreation leader had charge of the games. Then each club has a family Christmas party; at these parties home made decorations and refreshments are used, and there is an exchange of Christmas presents. The group all join in the singing of Christmas carols and playing of games.

B. Federation Goal - Health and Safety

a. Objectives

To make the women more conscious of home and community health and safety. Try to make them realize that health and safety are both their responsibility. Points to be stressed;

1. Overweight - organize reducing groups.
2. Stress and continue annual physical examination.
3. Nutrition as a basis for health.
4. Remove accident hazards from the home and farm.

b. Procedure

A county chairman, Mrs. A. W. Jones, was appointed, and then each club appointed a club chairman. Mrs. Jones called a meeting of the chairmen, and with the assistance of Mrs. Mary Thompson, a plan of work was drawn up for the year, and plans were made for the organization of a "T O P P Club". One of Campbell County's club members, Mrs. Goode Robinson, is State Chairman of the State Federation Goal - Health and Safety.

As a carry over from " Foods After Forty " the year before ,
a "TOPS Club" was organized, with 31 members enrolled.
The women did not attend the meetings too well but the
over-all results of it were very satisfactory. All 31
reported losing some weight averaging from 5 pounds to
twenty-five pounds. In addition to these losing weight,
thirty-seven others reported that they had also lost weight.

One hundred and thirty club members reported they had
a check up and they have been responsible for about the
same number of non-club members getting a physical check
up. One hundred and seventy-five reported they have
hospitalization for themselves and families. All of the
clubs have contributed to the different health drives.
Four of the clubs sponsored special events to raise money
for the cancer and polio drives.

2. Library

a. Objectives

To contribute to better family living and recreation through
the reading of better books, to widen the circle of readers
and get better books distributed through out the county.
To secure 200 new books for the library during the year.

b. Procedure

Clubs contribute \$5.00 to library. Each club has a librarian
who keeps a record of books read, distributes and collects

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books for agent (who takes books to club) presents reading certificates at Achievement Day to members who read five books on the recommended reading list.

c. Results

Each club contributed \$5.00 to the library. There are now 2800 books in the library, as 225 new ones were secured this year. It is open 5 afternoons a week with the librarian paid by the Board of Supervisors. Eighteen reading certificates were awarded at Achievement Day. At least that many more had read the required number of books but failed to turn their names in before Achievement Day so they were not awarded certificates.

C. Other Activities

1. County Objectives

1. Work for better attendance.
2. Assist with 4-H work.
3. Each club to have representation at Institute of Rural Affairs
4. Organize two home demonstration clubs.
5. Improve mail boxes
6. Sponsor Continuing Education Center

The attendance of the clubs has improved during the year and there has been more leadership among the home demonstration women with the 4-H clubs during the year. There were twenty-five serving as community project leaders during the summer and

there are six that serve as leaders during the winter. There are eight teachers that serve as club sponsors. One new club was organized in March - this club membership consists of young homemakers; it was organized with eleven members and now has 22. The president Margaret Deacon Knowles, is a wide-awake "All Star" and she sees to it that her club is represented at the leaders' meetings, planning meetings and Achievement Day. Some improvements have been made on the mail box project - about one hundred and fifty names tags for the boxes have been sold by the club members. Fourteen of the fifteen clubs made a contribution to the Continuing Education Center - the county set a goal of \$500.00 but only about \$300.00 was raised.

2. Result Demonstrations

a. Objectives

Have one demonstration yard in each community.

b. Procedure

Mr. A. S. Beecher, Specialist from V.P.I. was in the county and he and the agent visited the club member that had expressed willingness for her yard to be used as a demonstration, and in the consultation with the husband and wife, Mr. Beecher helped them plan a useful and attractive yard. He also gave them suggested plantings.

c. Results

Due to the drought very little has been accomplished on the yards, but the women express a desire to carry over and it is hoped that these yards will still be good for demonstrations to others in the near future..

3. Institute of Rural Affairs

a. Objective

Have the president of the home demonstration committee; the federation goal chairman, and 10 women attend the Institute.

b. Results

The agent, president of the committee, and eight women attended the Institute of Rural Affairs. Mrs. S. S. Gilbert was selected as president of the District and we, as a county group, are very proud of Mrs. Gilbert. Reports of the meetings of the Institute were given in most of the clubs as well as at the Fall County Planning Meeting and Achievement Day.

4. District Federation Meeting

a. Objective

To have as many women as possible to attend the District Federation meeting in Appomattox, so they may get a broader outlook as to what home demonstration work is and to know what some of the other counties are doing.

b. Results

The agent and 79 women attended this meeting. Mrs. S. S. Gilbert was appointed District Chairman but the final decision on this rest with the State Federation meeting at V.P.I. Reports of this meeting were given to all the clubs and the women reported they enjoyed the meeting as well as getting a lot of help from it.

5. Achievement Day

Achievement Day was an enjoyable day as well as an educational one. Thirteen of the fifteen clubs had a booth, and in the booth they displayed something representing each demonstration given during the year, Christmas gift suggestions, and hobbies. A score system was set up, and the two highest scores given were for number of demonstrations represented in the exhibit and for club membership participation.

Mrs. R. E. Martin, Mrs. J. C. Martin, and Mrs. R. E. Fore from Appomattox County, assisted by Miss Roller, Home Demonstration Agent of Amherst County acted as the judges.

Achievement Day was held in the new Rustburg High School and the women served their picnic lunch in the cafeteria. Dr. W. E. Skelton of V.P.I. was the guest speaker, his subject was "To Make the Best Better". In his talk he told of the importance of 4-H work and how the home demonstration women could assist with it. Mrs. F.W. Carr, State Home

Demonstration President, gave a brief talk on the meeting in Toronto. Mrs. S. H. Swanson, County President of Home Demonstration Clubs, presided and gave the county report.

VI. A-H CLUB WORK

A. Project Work

1. Food and Nutrition

a. Objective

To teach the girls to cook and assist with the family food preparation.

b. Procedure

Leaders were secured where possible for local community groups; training was given the leaders by the agent; the leaders in turn gave the demonstration to their groups. Project books and mimeograph material from V.P.I. were furnished the leaders and girls. The agent and home demonstration club members visited these community groups when ever possible.

c. Results

One hundred and twenty girls were enrolled in this project with one hundred and thirteen completing the project. All of these girls gave demonstrations in their clubs, they planned seven hundred meals for their families, and served 1200; they served 1800 club meals. All of the girls helped with the family preparation of food.

2. Food Preservation

a. Objective

To have the girls help with better feeding of their families through making a plan of the amount of food to can for their families; to keep a record of the amount of food canned; to assist with the canning and freezing; and to can and freeze some food by themselves.

b. Procedure

In the majority of cases the older 4-H members and home demonstration members serve as leaders. Mimeograph material and government bulletins and Food Preservation project booklets from V.P.I. were distributed to the members. The agent visited clubs and individuals when ever possible.

c. Results

Two hundred and thirty-five girls were enrolled with 225 completing. They reported they canned by themselves 1260 quarts; they assisted with 12,340 quarts; they froze 1060 pounds of food; and assisted with the freezing of 7,800 pounds. In the canning contest sponsored by Sears Roebuck, Sue Riley of the Concord Club was the county winner and was placed in the district contest.

3. Gardening

a. Objective

To teach club members, parents and others through practical demonstrations the best methods of growing and caring for a garden. To interest and secure the help of the girls in a wholesome and profitable enterprise essential to better living.

b. Procedure

The girls selecting this project are the ones that have good family cooperation. Sears and Roebuck sponsors the garden project offering prizes to the best canners and that is an added incentive for good garden work. These gardens are visited 4 times a year by the agent, and visited and scored twice a year by one of the garden specialist from V.P.I.

c. Results

Thirteen girls entered the garden project with ten completing the project. The garden and canning records of the girls that entered the Sears Roebuck contest show the following results:

value of 10 gardens of girls completing	2034.80
cost of 10 gardens of girls completing	288.00
profit from 10 gardens	1746.00
total number of vegetables canned	3,888
total number of quarts of vegetables canned	500

total pounds of vegetables dried or stored 2500.
These girls won \$51.00 in prizes from Sears in addition to the prizes won by them in canning and exhibits of garden products at the Farm Show. Sue Riley, the girl who won first place in canning, was also first winner in the garden contest. Janice Martin, member of Gladys 4-H Club, is winning a trip to the Boys and Girls Club Congress in Chicago because of the work she did in her garden last year. She leaves on the trip with state delegation November 26th.

4. Home Improvement (Your Room)

a. Objective

This project helps make the family a unit, as the daughter takes over definite jobs as her contribution to better family living, by learning and practicing new methods that save time and energy.

b. Procedure

The agent held small group leaders' meetings so that their trained leaders could give the demonstrations to the community groups. Project books were given to the girls and a work sheet with the required work listed so that as the girls did the jobs assigned they could check it on the work sheet.

The agent talked over projects with many of the parents explaining some of their responsibilities and letters were written to them; the girls made exhibits in the clubs and had exhibits at the Farm Show.

c. Results

Eighty-five girls selected home improvement as their project with 80 completing. Seventy-five of the girls gave demonstrations to their groups and seventy cared for their rooms for six months. The girls reported that 180 rooms were improved; 100 articles were made for their rooms; 36 pieces of furniture remodeled or refinished; 8 floors sanded; and 50 rooms repapered or painted.

5. Clothing (So You Want To Sew)

a. Objective

To have young girls make simple articles as a means of developing skills to be used in making their own clothes and helping with the family sewing when the girls are more mature.

b. Procedure

The agent held individual or small group leaders' meetings where leaders could be secured. The leaders in some groups gave the demonstrations to their groups.

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In other groups the agent gave the demonstrations, mimeograph sheets from V.P.I. on each article to be made were given to the girls for their use and to be added to their 4-H books. The making of the article was demonstrated; then the girls made the article and brought it to the next meeting to be judged.

c. Results

Eighty girls were enrolled in this project with 75 completing. These girls reported they made 290 articles and 64 garments. They all reported they made a sewing box, improved their personal care, and assisted with the care and repair of their clothing.

6. Farm and Home Electric

a. Objective

To have the girls make family living more attractive and easier by proper wiring and lighting for special jobs; more beautiful through the correct use of lights in the decorative scheme; easier by having the proper electrical equipment for the job and more economical of their equipment through proper use and care.

b. Procedure

Agent and leaders gave demonstrations; mimeograph material and bulletins from V.P.I. were distributed;

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visits to well-lighted homes and electrical equipped farms were made; members were assigned special jobs monthly; work sheets and records were checked.

c. Results

Eighteen girls selected this as their project with 12 completing. Joyce Gann, member of the Rustburg 4-H Club, was county winner and attended the Club Congress in Richmond. This Club Congress is sponsored by the electrical companies in Virginia and a girl and a boy from each county may attend if they have done creditable work. The demonstrations have varied in this project from repairing electric lamp and iron cords, remodeling and making lamps - 24 were made, learning to read the meter, to the use of household electric equipment.

7. Poultry

Eight girls were enrolled in the poultry project with 4 completing and handing in their record books. The girls reported they cared for and kept a record on 260 chickens.

B. Other Activities

1. State Short Course

Three girls - Jeannene Neighbors, Janice Martin and Joyce Gann attended the State Short Course. The three girls reported they received great help from attending the Short Course and were determined to become better club members. Janice Martin of the Gladys club was accepted into the "All Star" organization. Several of the "All Stars" attended the All Star conference held just prior to the State Short Course. One of our "All Stars", Richard Martin of Concord, was made Big Chief- we are very proud of this honor.

2. 4-H District Camp

The agent, Mrs. Edison Gann, Jean Newland, and 38 girls attended the district camp at Holiday Lake. The agent was in charge of the girls.

3. Farm Show

One of the high lights of the 4-H club year is the Farm Show. This is an educational project sponsored by the Chamber of Commerce, and the business men of Lynchburg for white boys and girls enrolled in 4-H, vocational agriculture, and home economics. This show is open for exhibits of boys and girls from 14 counties within the business area of Lynchburg. Exhibits are made by the boys and girls in the projects they have carried during the year. Four thousand exhibits were

entered this year and were seen by several thousand people. One hundred and fifty exhibits were made by the 4-H girls and they received quite a few awards. Janice Martin was the girl winning the most prizes - her picture again appears on the Campbell County Bank Calendar. This is the fifth year she has received this honor; she also received \$113.00 in prize money.

4. Rural Life Sunday

Five clubs observed Rural Life Sunday by making a special effort to attend church. The Concord 4-H group assisted with the regular church services.

5. Outstanding Girl

Janice Martin, is again our outstanding girl for the year. She has carried projects in Make or Re-make, 4-H garden, Food Preservation, "Meal Planning", Preparation and Service. She entered canning, sewing and cooking in the Farm Show and won \$113.00 in prize money. Her picture appears on the Campbell County Bank Calendar for the fifth time, this honor is given in recognition of the girl receiving the most money and the greatest number of awards at the Farm Show. She had a trip to Tulsa early in December in 1953 for winning in the production project of the National Junior Vegetable Growers Association. She won a scholarship to the State Short Course awarded by the Colonial Stores of Virginia,

this summer for her outstanding garden work. While she was there she was accepted into the "All Star" organization. This year she is a State winner in gardening and is awarded one of the trips to National Club Congress in Chicago leaving November 26th. The senior 4-H club that Janice organized in her community is still going and has twelve members. 4-H has meant a great deal to Janice and her family.

6. County Winners

The two winners in 4-H contests should be an incentive for better 4-H work in the county. The two winners are Janice Martin is a State winner in Gardening and is a winner of the trip to the National Club Congress in Chicago.

Phyllis Isaacs receives the same award as a sectional winner in "Community Relations" this contest is sponsored by Gene Autry and Wm. Wrigley Jr. Co. Phyllis is a senior at V.P.I. this year and is majoring in Home Economics. Phyllis has always been an outstanding club member and she will be successful in what ever she undertakes.

VII. YOUNG MEN AND YOUNG WOMEN'S WORK

There are no clubs organized as young men and womens groups in the county. The young women are working in home demonstration clubs, senior 4-H clubs or the agent works with them individually.

The Colonial, Pilot and Brookville Home Demonstration clubs are composed mostly of young women in this age group, and they follow the program outlined in the adult group. The Colonial Club was

organized in March and is made up entirely of young homemakers in this age group.

VIII. SCOPE OF WORK

	1950	1951	1952	1953	1954
No. HD Clubs or Groups	18	18	16	14	15
Membership	443	454	432	430	450
No. 4-H Clubs	13	13	14	15	17
Membership	328	353	370	365	355
No. other families reached	3500	5283	5283	4000	4000
No. of different families reached	5000	5100	5100	4000	4000

IX. FUNCTIONING OF ORGANIZATIONS

A. County Home Demonstration Committee

The Home Demonstration Committee held 2 meetings during the year. The fall meeting was an all day one, at which the program for the following year was planned. The president, program development chairman and secretary from each club attended and brought a list of their suggested topics for demonstration, federation goal, and special interest group meetings, from these suggestions a county plan of work evolves. At the spring meeting the same officers attended and they discussed the progress of the program to-date, made suggestions as to where the program needed strengthening, made plans for the District Federation meeting, appointed the Achievement Day committee and selected delegates to the Institute of Rural Affairs. Outstanding accomplishments and results of the work done by the county committee in 1954 are:

1. Held two meetings during the year.
2. Sent two delegates to the Institute of Rural Affairs.

3. Paid expenses of material used at leaders' training meetings.
4. Paid \$5.00 each to a boy and a girl to attend the District 4-H Camp.
5. Planned and had a Year Book made for distribution to all home demonstration members.

B. County 4-H Project Planning Committee

Ten older girls and leaders met with the agent early in the spring and decided on the projects that the 4-H girls would carry for their summer and fall programs.

C. County All Stars

The Campbell County and Appomattox County "All Stars" have organized a chapter with Embra Moorman Tillertson as chairman and Arlene Nash as secretary. They have had three meetings during the year with a good attendance. The Cities Service Oil Company is sponsoring the All Stars in the State and gave a district banquet at the Carroll Hotel on the 18th. There were representatives from each county in the district. Nine were present from this county and Janice Martin being the 1954 All Star received the key and plaque. The agents from this county were also invited to the banquet. The All Stars are taking a new lease on life and have been very helpful this year.

1. They serve as 4-H leaders
2. Gave talks to home demonstration clubs to increase the parents interest in 4-H Club Work.
3. Talk to 4-H members to increase their interest and participation.

4. Several attended the All Star conference in Blacksburg.

X. LEADERSHIP

A. Volunteer Leaders

1. Organizational Adult Leaders

One hundred and sixty organizational leaders have developed in leadership through their clubs and committee work during the year. These leaders have full responsibility of the planning of the year's program, arranging for a meeting place and conducting the meetings. These leaders are given a State Federation Handbook which serves as a guide and a county Year Book which contains the actual county information. The development of these leaders has been shown through better programs in the clubs and in their willingness to assume greater responsibility.

2. Program Development Chairman

Each club appoints one of its outstanding members as the Program Development Chairman. This year these chairmen accepted more responsibility than previously in making the year's program of work. They are taking interest in the community activities and the changes that take place which would affect their groups. After serving as program development chairman, they are more sympathetic and understanding of the program, of the other club members and they in turn make better and stronger members. The women were trained in their duties and responsibilities by the District Agent and the Home Agent.

3. Subject Matter Leaders

One hundred and twenty five different women have served as project leaders for the clubs this year. Four training meetings have been held by the specialist and five by the agent to train the leaders; and 174 leaders were trained in these meetings to carry out the program during the year. Dividing the leadership up among a number of women has proved very successful; in fact, so successful that the members now volunteer for leaders and they are disappointed if their offer is not accepted. These leaders have given 110 demonstrations to their clubs without the agent being present and they assisted with 32 additional ones.

4. 4-H Leaders

a. 4-H Organizational Leaders

The seventeen clubs have had their full quota of officers who have charge of arranging the meeting place, planning the program (with the assistance of the agent or adult leader) and conducting the meeting. The training of the leaders was given by the agent. They are also given one of the parliamentary leaflets to use, which is of great help in conducting meetings.

b. Project Leaders

Trained Home Demonstration women, All Stars, women interested in girls and older 4-H members have acted

as leaders to community groups during the summer. We were unable to secure enough leaders to assist all of the girls. The girls carried Food Preparation, Food Preservation and Sewing for their summer projects. The agent trained these leaders in 21 small group meetings. These have proved very successful and some of the women are carrying this work on with their groups this winter. Our aim is to get enough leaders to have all of the project work done out side of school.

B. Growth of Leadership

<u>HD Club Project Leadership</u>	1950	1951	1952	1953	1954
No. Project leaders (subject matter)	212	221	125	110	160
No. goal chairmen	19	19	50	43	30
No. Program Development Leaders	18	18	16	18	16
No. result demonstrators	16	16	13	20	30
No. training meetings by specialists	10	7	5	7	4
by District Agent	2	2	2	2	2
by Agent	10	4	6	8	6
Attendance at all training meetings	400	203	311	237	204
No. Meetings without an agent	96	99	108	91	110
No. meetings leaders assisted	-	-	110	125	32
Demonstrations by leaders	149	114	108	128	120
Talks and discussions by leaders	75	75	312	325	408

Growth of 4-H Club Project Leadership

No. club officers	52	52	64	60	68
No. adult project leaders	37	33	36	36	34
No. result demonstrations	8	6	8	10	-
No. training meetings held by specialists	-	-	-	-	-
by agent	19	36	24	45	21
by district agent	-	-	-	-	-
by member club department	-	-	-	-	-
Attendance at leader training meeting	94	107	77	189	60
No. 4-H leaders trained individually	35	35	35	40	60
No. Club meetings held by leader with agent present	7	-	-	-	-
No. additional club meetings at which leaders assisted	77	71	83	120	77
No. demonstrations given by adult leader	39	50	98	60	35
by juniors	20	10	50	40	15

C. Activities of Outstanding Leader

Mrs. James Furniss, president of the Leesville Road Home Demonstration Club and leader of the Midget 4-H Club, is one our outstanding leaders. Mrs. Furniss was reared in the city and knew nothing about country living, home demonstration work or 4-H work until five years ago when she moved to the outskirts of Lynchburg and joined the local home demonstration club, this than, was a very weak club. She was an untiring worker and could always be counted on - if the appointed leader failed to attend the leader's meeting and would notify Mrs. Furniss she would always take over, and would give a lovely worth-while demonstration. Last year Mrs. Furniss was elected president of the club - their membership has doubled, she sees that her leaders attend the leaders' meeting, and attends herself in case something happens to the leader so she can pinch hit for her. She served as chairman of the Achievement Day Committee. Mrs. Furniss daughter was ten years old last year and joined the Brookville 4-H club, this club meets in school and has such a large enrollement that it is impossible to do such project work in the club. Mrs. Furniss wanted her to learn to sew, so she organized a club with 14 ten year olds and during the year they had, "So You Want to Sew" as their project. Every girl completed the project and sent in a record on it. During the illness of the agent she was scheduled for a TV program, so with seven of these 4-H members Mrs. Furniss took over the program and carried it through beautifully. The girls in the club are continuing this year and they

are taking Food Preparation as their project. Leesville Road club made the largest club contribution to the Continuing Education Building Fund, and also the Cancer and Polio drives.

D. Outstanding Club

Colonial club, our baby club which was organized in March has done quite outstanding work this club is sponsored by Mt. Athos club. Mrs. Phil Payne president of the Mt. Athos club has been with them for each meeting and has given them special meetings on topics they wanted that was not included in this years program of work. An All Star member, Margaret Deacon Knowles is president and there are seven former 4-H club members which belong.

They have had two leaders present at each of the leader's meetings and the leaders have given all the demonstrations. The president, program development chairman, and secretary were at the Planning Meeting. This club had a lovely booth at the Achievement Day and all of their members made an exhibit, every member but one was present for the program. Mrs. Knowles called the agent last week and wanted to organize a 4-H club for the girls and boys in that community (this fact in its self would make this an outstanding club). They held a club picnic in July and invited all of the people in their community-there were one hundred present.

11. WORK IN COOPERATION WITH OTHER AGENCIES

1. Home Economics

- a. Member of Home Economics Association.
Urge Home Economists to join the association.
- b. Visited and discussed 4-H projects and programs with county home economic teachers, visited their departments when in the schools, cooperated with them whenever possible.

2. Health Agencies

The agent as well as some of the home demonstration members are closely associated with the health unit and several are members of the health council. The Home Demonstration County Health Chairman, Mrs. Coode Robinson, served as cancer chairman in Campbell County. The club members contributed to all health drives.

3. Red Cross and Welfare

- a. Agent and majority of the members are members of Red Cross.
- b. Club member chairman of bloodmobile, some assist with it and others donate blood.
- c. The members collect contributions of clothing or other necessities for welfare.
- d. Agent and members make contributions to all health drives.

4. Schools

- a. The agent attends special programs in the schools.
- b. 4-H Clubs are held in eight of the schools during the school Activity Period.

5. Farm Home Administration

- a. The Farm Home Administration clients are invited to home demonstration meetings in their communities and the children are invited to join the 4-H clubs. The agent visits their clients, especially upon request of county worker.

6. Woman's Club

The agent is a member of the Woman's Club and assists with the programs in any way possible.

7. County Extension Workers

There is a close cooperation between all the Extension workers in the county, they plan programs together, hold conferences, and assist each other whenever possible. The agent cooperated with the other agriculture agencies in all ways possible, attends their meetings when invited and assists when her services are requested.

XII. APPRAISAL OF WORK 1954

It is gratifying to the agent that both the "Plan of Work" and the "Years Program" as planned by the county committee have been carried through with very few changes. This shows a well planned and well organized program; one new home demonstration club has been organized; and we have had a gain in membership of 16. In 1953 we had 14 home demonstration clubs with an enrollment of 430 members; in 1954 we had 15 clubs with an enrollment of 446. The 4-H clubs have also increased in numbers from 16 to 17, we had an enrollment of 355 girls. Health as the long time Federation Goal has reaped fine results with interest continuing to grow after 5 years of work. More women are having

physical examinations and the interest has spread. Citizenship has been a carry over in the Federation Goal and has proven helpful with more women becoming aware of their responsibilities as citizens.

The Library is continuing as a popular project and many new books have been donated to it during the year, and \$200.00 worth of books have been purchased. The appraisal of 4-H and home demonstration progress cannot be fairly given in physical accomplishments.

Real accomplishments for better family living have come to families in Caspell County through home demonstration women learning finer ways of living with others and having more contacts with other homemakers; giving satisfaction in home life through more attractive and more comfortable homes, a more balanced diet attractively served.

Perhaps greatest of all is finding a vision of service and 4-H members carrying out a project because of their eagerness to serve. The agent feels that the home demonstration members should find more ways of strengthening the project work and leadership in the 4-H program.

The women should feel more keenly their responsibility toward their leadership and gain a vision and understanding of the value of 4-H work. With a state and sectional winner in 4-H work this year, there should be a greater incentive to more and better leadership.

PLAN OF WORK 1954

CAMPBELL COUNTY

BELVA DUDLEY

RUSTBURG, VIRGINIA

1954 PLAN OF WORK

BELVA DUDLEY

CAMPBELL COUNTY

1. COUNTY SITUATION :

Campbell County is in the foothills of the Blue Ridge Mountains in Central Virginia. There are in the county 557 square miles with 90,000 acres of crop land. Agriculture is the principal source of livelihood, with general farming and tobacco leading with beef cattle raising and dairying making forward strides. However the urban and non-farming population in the county has had a tremendous growth within the past few years bringing a need of a program that is not entirely rural.

The average home in the county is one of comfortable income with food, shelter, clothing, and many real comforts provided. There are however about 650 marginal white families, and on the average of about 159 white families on relief. About 86% of the homes have such modern conveniences as lights, water and labor saving equipment that comes as a result of these conveniences. Homes in the county are greatly affected by the industrial developments in the city, with many girls and women of the rural homes employed in stores, factories, and yet living at home. Along with women working away from home and receiving wages, high farm prices, men working on jobs away from home cause many social problems, especially among children after school hours and during the summer vacation. These problems, the higher cost of living, the desire for more attractive homes and the desire for better health through better diets were the main factors used in selecting the 1954 program of work.

II. 1954 CONTRIBUTIONS TO FAMILY LIVING

The 1954 program as planned by the County Home Demonstration Committee is based upon the county situation, the needs of the homes, desires of the club members and the results obtained from the 1953 program.

Through county-wide programs in Health and Safety, Rural Youth and Community Recreation and Library we hope to have better family living and community life by having a more conscious realization that comes with good health, wholesome recreation and carrying the responsibilities of a good citizen. The Extension influence in Campbell County is increased through such county-wide programs as they reach many homes on non-club members.

Projects chosen for the home demonstration work in the organized groups will promote better health through better diets, and more attractive homes through better planning and family living both socially and economically. These projects include, steps in refinishing furniture that needs renovating and the study of good design in furniture and buying of bed room furniture. In clothing the study of use and care of some of the new made fibers on the markets, use of sewing machine attachments and renovating hats. The ways of saving time and energy in the kitchen and kitchen storages.

III. 1954 PROGRAM AS PLANNED

A. Adult Subject Matter Fields

1. Adult

a. House Furnishing

1. Objectives

To have happier and better satisfied families and more attractive homes through the refinishing of furniture

on hand, the study of what is good design in the home and in buying new furniture. To make the home more comfortable by the purchase of bedroom furniture as one third of a persons life is spent in bed.

2. Procedure

For the demonstration on steps in refinishing furniture, furnish the leaders with material from V.P.I. and have the women who are good in refinishing furniture give some of the demonstrations and in others the agent give them. For the demonstration on good design in house furnishings and buying bed room furniture hold a leaders meeting with two leaders from each club, this meeting conducted by the house furnishing specialist from Blacksburg. Distribute mimeograph material and bulletins to club members and home makers, home visits and club members pass information on to others. Have announcements of demonstrations over radio and in paper.

b. New Materials and how to use them , Sewing Machine Attachments

1. Objectives

Have training so the homemakers will know how to buy the new materials on the market, use to make of the material and how to care for it after she gets its home. Then how to make more use of her sewing machine and to make sewing easier and more attractive by the use of the numerous attachments that come with most machines.

2. Procedure

Hold leaders conference with 2 leaders present from each home demonstration club; have leaders give both demonstrations in all clubs, distribute mimeograph material and bulletins to club members and home makers, home visits, and club members pass information to others. Have announcements of demonstrations over radio and in papers.

c. Home Management - Saving Time and Energy in the Kitchen Kitchen Storage

1. Objectives

Have the kitchen a more delightful place to work in, by having better storage space and to save time and energy for the home maker in the kitchen by re-arranging equipment to save time and steps. To re-arrange the kitchen for greater convenience and easier care.

2. Procedure

Hold leaders conference with 2 leaders from each home demonstration club, invite leaders from 4-H clubs where they have Home Improvement for their project. Have leaders give 2 demonstrations in each club with agent giving the demonstration in an emergency, distribute mimeograph material and bulletins to club members, home visits, take information to non-club members.

D. Variety in Foods and Making the Best use of Home Freezers

1. Objectives

To have healthier, better satisfied and better fed families

through the study of and emphasis on better prepared breakfasts. To learn attractive and economical ways of serving better everyday foods. Saving time and energy in food preparation through making better use of their home freezers.

2. Procedure

Hold leaders conference with 2 leaders present from each home demonstration club, have leaders give both demonstrations in each club with agent giving demonstration in an emergency. Distribute mimeograph material and bulletins to club members and home makers, home visits and club members pass information to others. Have announcements of demonstrations over radio and in paper.

e. Renovating and Re-decorating Old Hats

1. Objective

To have the women save money and have attractive up to-date hats without spending too much on them.

2. Procedure

Have a leaders conference with two women from each club attending. Then in November each club will hold an all day meeting with each member bringing their hat they want remodelled. Publicity will be given this over the radio and through the papers.

B. 4-H Subject Matter Field

1. 4-H School Clubs

Mountain View 2 clubs, Brookville 3 clubs, Concord 2 clubs,

Brookneal 2 clubs, Forest Hill 2 clubs, Rustburg 2 clubs
Naruna, Gladys and Evington.

1. Objectives

To have boys and girls interested in 4-H so they will demand
community project clubs and will help to secure leaders to
conduct these projects.

2. Procedure

Have organized meetings in 30 minute activity period at
above schools. Boys and girls meet together; agent or junior
leaders give a demonstration of general interest to both at
each meeting. Write letters to parents of 4-H members, home
visits, Heart, Health and Hand sent to each member. Decide on
project and secure leaders in communities where interest
demands

b. Home Improvement

1. Objectives

To make the family a unit by having the daughter take over
definite jobs in homemaking as her contributions to better
family living, and have her learn and practice new methods
that will save time and energy.

2. Procedure

To-date Rustburg is the only club that is taking this as a
project. Other groups will take it when local leaders can be
found for them. The agent holds leaders meetings with 2
leaders of each group, leaders give demonstrations to club
give out project books, girls make scrapbook, assigned

jobs from demonstration, check work sheets; talk over projects with parents; exhibits in clubs; exhibits at Farm Show.

c. Rural Electrification

1. Objectives

To have the girls make family living more attractive, easier and more beautiful by the proper lighting for special jobs; more beautiful through the correct use of lights in the decorative scheme; easier by having the proper electrical equipment for the job and to save their equipment through proper use and care.

2. Procedure

Hold electrical school for those who can attend. Agent and workers from the A.E.P. Co. give the demonstration; mimeograph material and bulletins; visits to well lighted homes and electrical equipped farms; assigning special jobs to club members monthly; check work sheet; individual counseling studies.

d. Food Preservation

1. Objectives

To have the girls help with better feeding of their families through making a plan of the amount of food to can for their families; keep a record of the amount of food canned; assisting with and canning some food themselves and learn how to judge a good product.

2. Procedure

Secure and train local leaders, home demonstration and older 4-H members serving, leaders give demonstration to their groups,

home visits, mimeograph material and government bulletins distributed and exhibited; exhibit at the Farm Show, garden girls exhibit at Sears Roebuck.

e. Gardens

1. Objectives

Twelve girls will enter the Garden Contest if it is sponsored by Sears.

- a. Teach club members, parents and others through practical demonstrations the best methods of growing a garden.
- b. Teach the value of a good home grown garden by producing a variety of vegetables necessary for a well balanced diet.
- c. To interest and secure the help of the girls in a wholesome and profitable enterprise essential to better living standards.

2. Procedure

Seek girls that have the family cooperation for a garden demonstrator; garden planting guide; mimeograph literature on gardening; home visits, garden specialist visit garden; tours; keeping records of vegetables used or sold to find value of garden.

C. Young Men and Women's Program

No clubs will be organized as such, but an effort will be made to have more young women in their age group join and work with the home demonstration club in their community.

IV. OTHER ACTIVITIES

A. Adult

1. Federation Goal Health and Safety

1. Objectives

Make the women more conscious of home and community health and safety. Make them realize that health is their responsibility and that safety is too, to a greater extent than they realize. Points to be stressed under this goal are 1. First Aid Civilian Defense 2. Overweight - organize reducing groups. 3. Stress and continue annual physical examination. 4. Nutrition as a basis for health.

2. Procedure

Appoint a county chairman - Mrs. A. W. Jones appoint a chairman in each club. Have specialist from V.P.I. to hold a training meeting for these leaders to work out a program of work and to train them in their responsibilities. The leaders will be given ten minutes at each meeting for the discussion of this project. They will be given booklets, pamphlets and special reminders for distribution to their members.

- a. Library

1. Objectives

To contribute to better family living and recreation through the reading of better books. To widen the circle of readers and get better books distributed through the county. To secure 200 new books for the library during this year.

2. Procedure

Clubs contribute \$5.00 to library. Clubs have librarian who keeps records of books read, distributes and collects books for agent (who takes books to each club) Presents reading certificates

at Achievement Day to members who read 5 books on the recommended reading list.

b. Citizenship

1. Objectives

Continue to stress the importance of being a good citizen by taking part in community and local affairs, and to register and vote. To urge all boys and girls to register and vote when they become of voting age.

2. Procedure

Appoint a chairman in each club to bring this matter before their club at each meeting. Booklets, pamphlets and reminders of special interest will be distributed to the members by the chairman of each meeting.

c. Institute of Rural Affairs

1. Objectives

Have the agent, Chairman of home demonstration committee, Federation Goal chairman and 14 women attend the Institute of Rural Affairs.

2. Procedure

Early in the year talk to the women about attending. In some clubs have them pay a part of the expenses of a delegate to V.P.I.

d. District Federation of Home Demonstration Clubs

1. Objectives

Have forty women to attend the District Federation meeting.

e. Achievement Day

1. Objectives

To show the club members and non-club members the accomplishments of the home demonstration women. To give publicity to club work.

Appoint committee, decide on type of Achievement Day and plan of meeting. Publicize through clubs, paper and radio.

f. Home Demonstration Committee

1. Objectives

Hold two meetings during the year, one to make a program for the clubs, the other to check upon the progress of the work, appoint delegates, appoint Achievement Day Committee, sponsor 4-H work and pay expenses of materials used at Leaders meetings.

g. Socials

1. Objectives

Each club hold two socials during the year at which time they invite all non-club members in their community to participate. One is the Christmas party and the other is a picnic. Through these non-club members acquaint themselves with some of the work of the clubs, and as a result usually there are several new additions to each club.

B. 4-H CLUBS

a. All Star

1. Objectives

Have 6 All Stars attend the conference and assist with the program, have 2 members taken into the organization.

b. Short Course

1. Objectives

Have 6 girls attend the State Short Course along with 2 All Stars remaining for this.

2. Procedure

Have home demonstration committee pay part of the expenses of one girl to this. Give publicity to the Short Course at meetings, over radio and in the papers.

c. 4-H District Camp

1. Objectives

Have agent, 3 leaders and 40 girls attend District Camp, having all taking an active part in the camp program.

2. Procedure

Give publicity to camp at meetings, at home demonstration clubs and over radio and in the paper.

d. Farm Show

1. Objectives

Have girls make exhibits of the sewing, canning and baking at the Farm Show. Have all of the girls attend the Farm Show and study the exhibits so they will know the type products to exhibit next year. Have a 4-H girl win more exhibits at the Farm Show than a home economic girl.

e. Achievement Day

1. Objectives

Hold an Achievement Day in the fall as publicity for 4-H work, to acquaint the parents and others as to what club work is, and to give 4-H members practice in giving a program to an audience.

f. Club Contest

1. Objectives

Club contest will be used as an incentive for better project work, and in selecting the county winner for the area contest.

g. District Contest

1. Objectives

Have the county winner enter the area contest for experience in giving demonstrations before the public and have their demonstrations critized by the specialist, and if possible win in the state contest.

h. Rural Life Sunday

1. Objectives

Have 7 clubs take part in the Rural Life Sunday to acquaint parents and the public in general of the 4-H work, have the club women take part in the services. Plan better programs for the county, select projects, secure leaders for projects and in general improve the caliber of 4-H work in the county.

2. Procedure

Hold a meeting of a few of the outstanding people and leaders that are interested in 4-H work with one member of the State 4-H club Department. Explain the program and arouse enthusiasm
* in the program as a whole.

C. Young Men and Women's Activities

1. Objectives

Institute of Rural Affairs . Have as many young women as

possible attend the Youth meeting at the Institute.

Encourage women of this age group to serve as leaders for both the home demonstration and 4-H groups.

V. SCOPE OF WORK

A. ORGANIZATION

	No.in	No. in	No. in	No.in	No.in
No. of home demonstration clubs	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
	18	18	16	14	16
Membership	443	456	432	430	470
Number of 4-H Clubs	13	13	14	16	16
Membership	328	363	370	365	390

B. Number of families reached through:

Home Demonstration clubs	3600	5283	5283	4000	5000
4-H clubs	1400	1400	900	1500	1800
Young adult clubs					
Special interest groups	700	700	-	1500	1800
Result demonstrations	300	160	125	170	200
Home visits	550	354	429	425	500
Contacts by club members	400	365	892	900	1000
Other (newspaper, radio, county meetings, etc.)	3600	3600	3600	3500	3550
Estimate number of different families reached through above means	1200	1300	1200	1400	1600

VI. PLANS FOR USING ORGANIZATIONS

A. County Home Demonstration Committee

- a. Have two meeting during the year.
- b. Send two delegates to the State Federation Meeting.
- c. Send two delegates to the District Federation Meeting.

E. County Mobilization

- d. Pay expenses of material used for training leaders at leaders meetings.
- e. Give scholarship to outstanding girl and boy to 4-H Short Course.
- f. Have printed Year Books for distribution to all members.
- g. Have women to take more responsibility of leadership for home demonstration clubs.
- h. Have women to take responsibility of some of the 4-H club leadership.
- i. Urge club and non-club members to have physical check-up.
- j. Make years program of work.

B. 4-H Council

- a. Help with securing leaders.
- b. Plan program of work for year.
- c. Plan summer recreation program.
- d. Send representative to State Short Course.
- e. Act as clearing house for 4-H work.
- f. Hold two meetings

C. County All Stars

- a. Use All Stars as leaders
- b. Give talks to home demonstration clubs to increase parents interest in 4-H program.
- c. Talk to 4-H clubs to increase interest and participation.
- d. Six All Stars attend the All Star conference.
- e. Have one girl taken into the organization.

D. County 4-H Project Planning Committee

- a. Plan summer and winter projects for the club members
- b. Help secure leaders
- c. Improve the over all 4-H program in the county
- d. Acquaint some parents with the 4-H work.

1. Training for leaders

a. Organizational leaders

Give training in parliamentary procedure for conducting club meetings at Fall planning meeting. Give parliamentary procedure sheets and State Federation Hand Book for their study and use.

b. Program Development Chairman

Trained by District Agent, and agent in their duties and responsibilities.

c. Project Leaders

Four leaders meetings will be held with state specialist giving demonstrations to two leaders from each club.

In turn these leaders will give demonstrations to their clubs. Agent will hold one leaders meeting to train leaders.

d. Federation Goal

A County Chairman has been appointed and a chairman for each club. These chairman will be assisted in planning a program of work by the State Health Chairman. Mrs. Goode Robinson and the State Food Specialist Mrs. Mary Thompson. These leaders will be given 10 minutes at each meeting to discuss this project.

B. 4-H CLUB	No.in 1950	No.in 1952	No.in 1952	No.in 1953	No.in 1954
No. of 4-H officers	52	52	64	60	80
No. adult project leaders	37	33	36	36	60
No. junior project leaders	18	14	29	32	40
No. result demonstrators	8	6	8	10	14

18

	<u>No.in</u> 1950	<u>No.in</u> 1951	<u>No.in</u> 1952	<u>No.in</u> 1953	<u>No.in</u> 1954
No. meetings at which leaders were trained by specialist	-	-	-	-	4
No. meetings at which leaders were trained by district agent	-	-	-	-	-
No. meetings at which leaders were trained by agent	19	36	25	45	20
No. meetings at which leaders were trained by personnel in 4-H department	-	-	-	-	1
Attendance at leaders training meetings	94	107	77	189	190
No. 4-H leaders trained individually	35	35	35	40	20
No. club meetings held by leaders without agent present	57	71	83	120	120
No. demonstrations given by adult leaders	39	50	98	60	80
No. demonstrations given by junior leaders	20	10	50	40	60

1. Leaders for 4-H Program

a. Project Leaders

The plan is to get trained home demonstration women, All Stars, women interested in girls and older 4-H members to act as community project leaders. The agents are meeting the 4-H members in school during their activity period and giving general information of interest to both boys and girls. Here, have the girls sign up for the project they would like to take, then the agent, home demonstration club members and girls try to find some one in their community that will help the girls with their projects.

b. Hold two leaders meetings with specialist

c. Agent hold enough small group meetings to keep leaders interested and up to-date.

d. Organizational Leaders

Secure adult organizational leader or sponsor for each club, agent, all star and home demonstration members, train junior organizational leaders in their duties. Give club officers the 4-H parliamentary sheets for their study and use.

e. Junior leaders

Have one or more in each club to help with the checking of records, books and on projects of club members, assist with planning of programs for meetings, give simple demonstrations.

VIII. PROBLEMS IN CARRYING OUT PROGRAMS

A. Lack of 4-H Leaders

- a. Have home demonstration committee and clubs responsible for helping secure leaders.

B. Lack of time for 4-H meetings

- a. Clubs meet in schools during 30 minute recreation period, this cannot be solved until we get community interest and leaders enough to get the clubs out of the schools.

C. Vocational Home Economics

- a. This problem seems unsolvable in this county, it is being overcome to a small degree by having two night club meetings of older boys and girls. But as a whole, as soon as the girls enter the home economics classes we lose them in 4-H.

D. Lack of parental interest in the program

- a. We are trying to overcome this by better publicity and more home visits.

E. Program and County too big for one agent

E. Appropriation in the county has been made for an assistant, we are waiting for the state to make their appropriation and place an assistant in the county.

F. Lack of Transportation

a. The lack of transportation effects both the home demonstration program and 4-H program, but until more parental interest is aroused it cannot be over come.

IX. OTHER AGENCIES

1. Home Economics

- a. Members of the Home Economics Associations
- b. Visit and discuss 4-H projects and programs with county home economic teachers, visit their departments when in the schools, cooperate with them when ever possible.
- c. Attend home economics association

2. Red Cross and Welfare

- a. Members of Red Cross
- b. Club member chairman of bloodmobile others assist with it and others donate blood.
- c. Ask for, collect contributions of clothing or other necessities for welfare.
- d. One club member chairman of county cancer association.
- e. All clubs and agents make contributions to all health drives,
- f. County Red Cross workers and chairman of county Library.

3. Health

- a. Some of the Home Demonstration members are members of and attend health council.

- b. Cooperate with Health Unit in every way possible.
- c. County woman, Mrs. Goode Robinson, State Health Chairman
- d. Continue annual physical check-up through Dr. Houck.

4. School

- a. Attend special programs
- b. Hold 4-H clubs in 8 schools conforming as closely as possible with their schedules.
- c. Assist in anyway possible.

5. Farm Home Administration

- a. Invite their clients to home demonstration clubs.
- b. Visit their clients, especially upon request of county workers.
- c. Make special efforts to enroll the children in 4-H clubs.

6. Soil Conservation and P.M.A.

- a. Work with these organizations on any program that is possible.

7. Woman's Club

- a. Agent belongs to Woman's Club and will assist with programs in any way possible.
- b. Serve as hostess when my turn comes.
- c. Serve on committee's when appointed.

I. PUBLIC RELATIONS

A. Elected Representatives

- a. Know representatives personally.
- b. Women let them know personally or by letter, their views on questions that arise.
- c. Get information of extension program in county to them.
- d. Invite them to attend a club meeting and Achievement Day.

B. General Public

- a. Invite them to take part in the Extension Program.
- b. Let them know about the Extension Program through publicity and personal contacts.
- c. Give home demonstration Year Books to a few key people in the county.
- d. Home visits
- e. Home Demonstration members pass information

C. Co-Workers

- a. Plan program together
- b. Hold conferences
- c. Ask for, and render services whenever possible.
- d. Invite them to attend special meetings.

D. Commercial Interests

- a. Visit stores and get to know managers.
- b. Tell them something of what our program is going to be, so they will know what the women mean when they ask for and describe certain articles or material.
- c. Answer commercial letters on time and courteously.

E. Other Professional Workers

- a. Know their program and let them know the Extension Program.
- b. Know them and visit them personally.
- c. Give each one a Year Book so they will know the home demonstration program.
- d. Invite them and their families to club meetings and special programs.

XI. EVALUATION AND RECORDING OF PROGRAM

1. Evaluation

- a. By practices adopted by county women and girls, and by skills acquired by them.
- b. Influences on fellow workers and Board of Supervisors.
- c. Attendance at club meetings.
- d. Increased enrollement and participation at meetings.
- e. Check with plan of work.

2. Recording

- a. Publicity in Newspaper and Radio.
- b. Report of Board of Supervisors
- c. Monthly reports made and filed
- d. Keep daily memorandum of work done.
- e. Evaluation and filling members reports.
- f. Write, file and send copy of Annual Report to Blacksburg, District Agent and Board of Supervisors.

XII. PROFESSIONAL IMPROVEMENT

A. Organized Study

- a. Attend agents meeting in Blacksburg.
- b. Attend District Agents meeting.
- c. Attend Institute of Rural Affairs.
- d. Attend 4-H Camp.

B. Professional Publications

- a. Subscribe and read as much as agent has time for of Journal of Home Economics, Forecast, What's New In Home Economics,

Practical Home Economics, Good Housekeeping, American Home, Better Homes and Gardens, McCall's, Woman's Day, several Farm Journals, and timely publications that are sent the agent.

C. Professional Organization

1. State and National Home Economics Association, State and National Agents Association, Epsilon Sigma Phi.

D. Participation with Other Programs

- a. The agent will participate in programs, and work shops of other organizations when time in the Extension Program permits it.

E. Educational Trips

- a. Attend State Home Economics Meeting in Richmond.
- b. Ten day visit to Tulsa to chaperone the 2 girls that were winners in the N.J.V.G.A.
- c. Two weeks visit in the New England States.



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