

1954 PLAN OF WORK

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Smyth
County

I. County Situation Considered in Working Out 1954 Program

Smyth County is strictly an agricultural county supported by 1895 farms averaging 95.5 acres per farm. The main sources of income are beef cattle and dairying supplemented by the sale of poultry, hogs and such crops as corn and Burley tobacco. Tobacco is the largest single cash crop.

A large percent of families worked with own their homes and derive their income from the farm. Social life is limited, therefore the organized Extension program serves to strengthen the bonds of friendship in the various communities.

II. Potential Value of Program for 1954

The 1954 program is expected to contribute to better home making, better family living, and improved people.

III. 1954 Program as Planned

A. Subject matter fields in which adult program is planned

*1. Foods- salads, jiffy meals and meat cookery

a. Objectives

- (1) To plan well balanced meals
- (2) To improve the health of the family.

b. Plans for carrying out this program

- (1) Hold two county-wide leader training meetings by specialist
- (2) Leaders to give the demonstrations on jiffy meals and meat cookery in absence of agent in 13 clubs
- (3) Agent assisted by leaders to give demonstration on salads in 13 clubs
- (4) Check on results at club meetings
- (5) Club members will pass on information to others through home visits, distribution of printed materials, etc.
- (6) Broadcasts and news articles on foods and nutrition
- (7) Special interest meeting on frozen foods.

*2. Money management

a. Objectives

- (1) To insure family happiness through wise spending of family income
- (2) To help families get the most from the money they work hard to earn
- (3) To encourage families to make money plan and keep records for future needs.

b. Plans for carrying out this program

- (1) Agent to give demonstration on money management in 13 clubs
- (2) Members will keep record of family income and how spent
- (3) Use radio and local newspaper to reach others
- (4) Check reports at end of year for evaluation and next years use of income.

3. Home Furnishings

a. Objectives

- (1) To create more liveable and attractive living rooms for rural people
- (2) To develop good taste in house furnishings.

72

b. Plans for carrying out this program

- (1) County-wide leaders training meeting by specialist on making lamp shades and restoring old accessories for the living room.
- (2) Leaders will give the demonstration on making lamp shades in the absence of the agent in 13 clubs
- (3) Leaders and agent will hold all day meetings on refinishing furniture, stenciling trays, and restoring old accessories for the living room in 13 clubs
- (4) Secure garden club members to give demonstrations in 13 clubs on growing flowers and flower arrangements for the home
- (5) Secure the cooperation of local power company's lighting specialist in holding a county-wide special interest meeting on better lighting in the home.
- (6) Members to keep record of furnishings restored
- (7) Home visits to observe improvements in homes
- (8) Radio and newspaper articles to reach others
- (9) Have window displays during national H.D. week

4. Clothing

a. Objectives

- (1) To teach renovation and restyling of felt hats
- (2) To teach better care and longer wear of both men and ladies' felt hats

b. Plans for carrying out this program

- (1) Hold county-wide leader-training meeting by specialist
- (2) Agent and leaders will give demonstration in 13 clubs to renew old hats

- (3) Club members will pass on information to others by holding special group meetings in their neighborhood
- (4) Use radio and newspaper articles
- (5) Have a hat revue at achievement day program.

B. Subject matter fields in which 4-H program is planned

*1. Food preparation and meal planning

a. Objectives

- (1) To improve the health of rural families
- (2) To teach 4-H members to prepare and serve attractive, nutritious meals in their homes.

b. Plans for carrying out this program

- (1) Use school cafeterias for giving monthly demonstrations
- (2) Have members participate in giving demonstrations
- (3) Agent to train adult leaders to assist with project
- (4) Plan and serve a meal to the members' mothers
- (5) Members will keep record book
- (6) Train individual members for demonstrations in area contest.

*2. Clothing (Units I, II, & III)

a. Objectives

- (1) To develop good techniques in learning to sew
- (2) To teach better grooming and personality improvement.

b. Plans for carrying out this program

- (1) Use adult project leaders
- (2) Make a plan for clothing needs

- (3) Give demonstration at each monthly meeting on some phase of clothing and good grooming
- (4) Hold a dress revue
- (5) Work with individuals to enter area contest
- (6) Secure cooperation of mothers
- (7) Keep records and complete projects

3. Home Improvement

a. Objectives

- (1) To improve the girls' bed rooms
- (2) To teach good taste in house furnishings

b. Plans for carrying out this program

- (1) Study correct furniture arrangement and color harmony
- (2) Make needed articles for bedroom
- (3) Make tour with girls to observe improvements made in the homes
- (4) Keep record.

4. Breads

a. Objectives

- (1) To improve the family diet through better bread making

b. Plan for carrying out this program

- (1) Meet in homes for demonstrations
- (2) Members to give demonstrations with adult leader's assistance
- (3) Keep records and select winner for area contest
- (4) Judge breads at meetings.

72

5. Food Preservation

a. Objectives

- (1) To encourage members to help with the family needs in canning and freezing of foods
- (2) To improve the diets of rural families.

b. Plans for carrying out this program

- (1) Members to help with family food preservation needs
- (2) Give at least one demonstration to a neighboring family
- (3) Keep record and make an exhibit
- (4) Secure the cooperation of parents.

6. Electricity

a. Objectives

- (1) To teach better home lighting
- (2) To learn the principles of electricity

b. Plans for completing this project

- (1) Use Unit II girls to give demonstrations to Unit I members
- (2) Secure help from local power company
- (3) Keep records and select winner.

C. Young Men's and Women's Activities

a. Objectives

- (1) To encourage young people to participate in community improvement club activities
- (2) To render greater service to their community.

b. Plans for carrying out this program

- (1) Help with recreational programs, fairs and exhibits in the community
- (2) Conduct at least one program during year for community club.

IV. Other Activities

A. Adult

1. Plans for aid in carrying out continuing education center of state
 - (1) Each club to hold money-making activity and contribute to fund for center
 - (2) Hold a county-wide event to make money.
2. Federation Goal (Citizenship & International Understanding)
 - a. Objectives
 - (1) To provide basic beliefs and sound knowledge for worthy citizens in the home, in the community and in the world
 - b. Plans for carrying out this program
 - (1) Have report at each monthly meeting
 - (2) Use radio and newspaper to acquaint public with good citizenship
 - (3) Encourage 4-H in study of citizenship
 - (4) Study county government officials
 - (5) Invite visitors from other counties to visit homes and clubs
 - (6) Encourage more reading and keep informed on work of United Nations.

3. Better Lighting Clinic

a. Objective

- (1) To encourage better lighting in the home

b. Plans for carrying out this program

- (1) Secure cooperation of local power company in holding a special county-wide meeting on lighting for the home
- (2) Hold this meeting prior to meetings on restoring old lamps and making lamp shades.

4. Achievement Day

a. Objectives

- (1) To acquaint the public with the extension program
- (2) To recognize leadership
- (3) To strengthen the county program

b. Plans for carrying out this program

- (1) Hold achievement day program in October
- (2) Guide committee in planning program
- (3) Let it be a program by the club members
- (4) Give publicity and invite the public to attend.

5. Community Improvement Club

a. Objectives

- (1) To help solve community problems through organized efforts
- (2) To develop a sound system of farming and homemaking.

b. Plans for carrying out this program

- (1) Hold monthly meetings
- (2) Secure help of other organizations for educational programs
- (3) Hold a community fair and hobby show
- (4) Use radio and newspaper for publicity
- (5) Make home visits
- (6) Have some recreation
- (7) Use young people on committees and programs

6. Home Demonstration Week

a. Objectives

- (1) To acquaint the public with the county program
- (2) To create interest and gain new members in the program.

b. Plans for carrying on this program

- (1) Make exhibits in local store windows
- (2) Encourage members to attend district federation meeting
- (3) Make effort to increase club membership.

B. 4-H Clubs

A. Activities to aid in carrying out 1954 program

1. 4-H camp and state short course

a. Objectives

- (1). To strengthen club work in county
- (2) Develop leadership.

b. Plans for carrying out this program

- (1) Send at least 40 club members to district camp
- (2) Encourage local 4-H clubs to hold benefits to help defray members' camp expenses
- (3) Ask home demonstration clubs to make donation to county 4-H fund to help with transportation of club members to camp
- (4) Attend district camp planning meeting
- (5) Use radio and newspaper for publicity
- (6) Encourage older members to attend state Short Courses.

2. Achievement Day

a. Objectives

- (1) To strengthen county program
- (2) To acquaint public with 4-H work
- (3) To reward outstanding members and leaders for achievements

b. Plans for carrying out this program

- (1) Hold meeting of adult leaders and older club members to plan program
- (2) Use members on the program to tell of their project accomplishments
- (3) Hold achievement day program in November
- (4) Invite parents and public to attend
- (5) Use radio and newspaper publicity.

3. 4-H Contests

a. Objective

(1) To stimulate project work among 4-H club members

b. Plans for carrying out this program

(1) Explain contest regulations at local clubs

(2) Train winners for area contest

(3) Use radio and newspaper for publicity

(4) Compete in area contest.

	No. in <u>1950</u>	No. in <u>1951</u>	No. in <u>1952</u>	No. in <u>1953</u>	Goal <u>1954</u>
Number of home demonstration clubs	12	12	12	13	14
Membership	304	352	369	379	400
Number of 4-H clubs	10	11	11	10	10
Membership	189	203	206	179	200
Number of young men & women's clubs	0	0	0	0	0
Membership	0	0	0	0	0
Community Improvement clubs	3	3	2	2	1
Membership	225	210	150	150	100
Other organizations	0	0	0	0	0
B. Number of families reached through:					
Home demonstration clubs	700	725	765	775	800
4-H clubs	278	406	412	425	450
Young adult clubs	0	0	0	0	0
Special interest groups	75	75	105	150	150
Result demonstrations	103	159	125	125	125
Home Visits	506	395	416	406	450
Contacts by club members	450	475	500	500	500
Other (newspaper, radio, county meetings, etc.)	150	275	300	350	375
Estimate number of different families reached through above means	2100	2125	2150	2150	2175

VI. Plans for using the following organizations to strengthen the Extension program for 1954

A. County Home Demonstration Committee

The committee will hold spring meeting to hear progress reports from local clubs; make adjustments, if needed, to complete program planned. The committee will sponsor county-wide achievement program to climax year's work; sponsor money making activity for continuing education center at V.P.I.; sponsor 4-H club work, and hold fall meeting to plan the 1955 program.

B. County 4-H Council

This committee will meet twice a year to plan and carry out all county-wide activities of the 4-H program.

C. County 4-H Project Planning Committee

This committee will consist of all adult project leaders and selected girls from each local club. A county-wide planning meeting will be held in July to select girls' projects for 1955.

VII. Plan for Leadership



A.	Home Demonstration	No. in <u>1950</u>	No. in <u>1951</u>	No. in <u>1952</u>	No. in <u>1953</u>	Goal <u>1954</u>
	Number project leaders	48	52	52	54	56
	Number federation goal chairmen	13	13	13	14	15
	Number of program development leaders	12	12	12	13	14
	Number of result demonstrators	5	6	8	10	12
	Number of meetings at which leaders were trained by specialist	3	3	4	3	3
	Number of meetings at which leaders were trained by district agents	0	0	1	1	1
	Number of meetings at which leaders were trained by agent	11	13	7	7	10
	Attendance at all training meetings	98	142	127	140	150
	Number club meetings held by leaders without agent present	30	64	60	53	60
	Total number of demonstrations given by leaders	66	84	90	72	80
	Total number of talks or discussion by leaders					

Plans for training and using all types of leaders in carrying out
1954 adult program

1. Subject matter leaders will give four demonstrations in local clubs in absence of agent and assist with others. Specialists will train these leaders at county-wide meetings.
2. Garden leaders will be trained by garden specialist in February and will give a garden report at each monthly club meeting. A garden manual will be furnished each leader for reference material. Timely garden letter will be sent leaders monthly to supplement talks at monthly meetings.
3. Poultry leaders will be furnished poultry bulletin from state poultry department for talks at each monthly club meeting. Timely poultry letters will be sent leaders monthly.
4. Federation goal leaders will be trained by county goal chairman. Materials will be furnished them for short reports on citizenship at monthly meetings by county chairman.
5. Program development leaders will collect needs and interests through the year from their local club and community relative to planning the 1955 program. Reports will be given by them at spring and fall meetings of county home demonstration committee. Suggestions submitted by these leaders will be pooled and used as a basis for 1955 program of work.
6. Organizational leaders (all club officers) will be responsible for carrying through the planned program and holding the interest of their club members.

B. 4-H Club

	No. in <u>1950</u>	No. in <u>1951</u>	No. in <u>1952</u>	No. in <u>1953</u>	Goal <u>1954</u>
Number of 4-H Club officers	50	55	55	60	60
Number adult project leaders	11	14	16	18	20
Number junior project leaders	0	0	0	4	4
Number of result demonstrators	0	0	0	2	2
Number of meetings at which leaders were trained by specialist	1	1	0	0	0
Number of meetings at which leaders were trained by district agent	0	0	0	0	0
Number of meetings at which leaders were trained by agent	6	6	7	9	10
Number of meetings at which leaders were trained by personnel in 4-H department	1	0	0	0	0
Attendance at leader training meetings	43	70	44	30	45
Number of 4-H leaders trained individually	11	14	12	10	12
Number club meetings held by leaders without agent present	20	20	30	29	35
Number demonstrations given by adult leaders	35	69	46	45	45
Number demonstrations given by junior leaders	15	24	15	8	10

Plans for training and using all types of 4-H leaders in carrying out the 1954 4-H program

1. Each 4-H club will have at least one adult project leader and if possible an adult sponsor. Where advisable, hold 4-H meetings out of school. Home demonstration club members and mothers of girls will serve as leaders. The agent will train these leaders individually to conduct project meetings.
2. Organizational leaders will serve as sponsors to help carry out the county-wide activities and arrange for monthly meetings.
3. All Stars will help sponsor all county-wide activities such as camp and achievement day.

VIII. Greatest Problems in carrying out Extension Program in County

1. Time for securing and training 4-H project leaders
2. Getting 4-H girls to turn in record books on time.

Plans for meeting these problems

1. Secure the help of home demonstration members as project leaders in 4-H clubs
2. Make 4-H secretaries responsible for collecting records of members. Have leaders responsible for turning in records to home agent.

IX. Plans for work with other agencies

A. Health Department

1. Cooperate with local health department by having home demonstration club members help with clinics and furnish transportation to clinics wherever possible.

B. Red Cross and March of Dimes

1. Encourage club members to serve as chairmen for special drives in their communities.

C. Parent Teachers Association

1. Cooperate with P.T.A.'s in holding at least one meeting on citizenship.

D. Farmers' Home Administration

1. Cooperate with the F.H.A. supervisor to encourage membership of their clients in H.D. clubs.
2. Contribute news articles on home items to supervisor's monthly bulletin sent to his clients.

E. Garden Club

1. Secure garden club members to give demonstrations on growing flowers and flower arrangements at H.D. Club meetings.
2. Secure garden club members to serve as judges at community improvement club's flower show.

X. Plans for Developing Good Public Relations in County

A. Elected representatives

1. Show friendly relations toward all county officials
2. Keep county board of supervisors informed of work done in their districts
3. Ask county board members for helpful suggestions in carrying out program of work.

B. General Public

1. Be courteous to everyone and broadminded enough to understand and accept all situations.

C. Co-workers

1. Coordinate work for well rounded program for successful family living.

D. Other Professional Workers

1. Keep home economics teachers informed of 4-H projects to prevent overlapping of subject matter.
2. Invite these teachers to attend county leader-training meetings.
3. Work with supervisor of Farmers' Home Administration in reaching his clients.

XI. Plans for Recording Progress and Evaluating Program Planned for 1954

1. Keep a daily record
2. Write up projects as they are completed
3. Keep records on file for future reference and evaluation
4. Keep records of meetings held by leaders
5. Have club members turn in individual reports of accomplishments at October club meeting.

XII. Plan for Professional Improvement

A. Organized Study

1. Attend the In-service-training school for agents

B. Reading Professional Books and Other Publications

1. Find some time each day to read current magazines and books to keep up with what's new in home economics.

C. Membership in professional organizations

1. Continue membership in

- (a) State Home Economics Association
- (b) State Home Demonstration agents' Association
- (c) Epsilon Sigma Phi

D. Participation in Programs, Workshops, etc. Planned by Other Organizations

1. Talks
2. Virginia Highland Arts Festival
3. Tobacco Festival in Abingdon
4. County Fairs

E. Planned Educational Trips

1. Attend the State Home Economics meeting
2. Attend District Home Economics meeting
3. Vacation.

72

1954

ANNUAL NARRATIVE REPORT

FOR

SMYTH COUNTY

MARION VIRGINIA

BY

KARLE BUNNY

COUNTY HOME DEMONSTRATION AGENT

T A B L E O F C O N T E N T S

	Page
I. Cover Page	
II. Title Page	
III. Table of Contents	
IV. The County Situation As It Affected the Program	1
V. Adult Work	1-II
A. Project Work	
1. Foods and Nutrition	1- 7
2. Home Management	1- 2
3. House Furnishings	2- 3
4. Clothing	3- 4
5. Rural Arts	4- 5
6. Other	5- 6
(a) Gardens	6- 7
(b) Poultry	6
(c) Better Lighting	6
6-7	6-7
B. Federation Goal	7
C. Other Activities	7-11
1. Community Projects	7
2. Community Achievement Day	8- 9
3. Home Demonstration Week	9
4. Training Lay People for Fair Judging	9
5. Result Demonstrations	9- 10
6. County Objectives	10
7. Community Improvement Work	10-11
VI. L-H Club Work	11-14
A. Project Work	11-12
1. Foods and Nutrition	11
2. Clothing (Units I, II, III)	11-12
3. Room Improvement	12
4. Electricity	12
B. Other Activities	12-14
VII. Young Men and Young Women's Work	14
VIII. Scope of Work	15
IX. Organizations that Functioned in the 1954 Program	15
X. Leadership	16-19
XI. Work in Cooperation with Other Agencies	19
XII. Appraisal of Year's Work	20

IV. The County Situation As It Affected the Program

Smyth County is strictly an agricultural county, divided by mountains into three broad valleys. There are 1875 farms averaging 95.5 acres per farm. 1189 farms have ten acres and above, 19 have 1,000 acres or more. The farm income for the county is estimated at \$5,600,000. Livestock is the largest single source of income, with crops ranking second and dairying third. Burley tobacco is the main cash crop.

The fact that a large percentage of the families are home owners makes the approach easier in working with these people. They show more pride and interest in doing things to improve their family situation.

Farm families have had less ready cash this year due to a severe drought and livestock prices. Therefore, emphasis in working with families has been placed on better home management, better health and nutrition, better care and repair of house furnishings, and good citizenship for improved people.

V. Adult Work

A. Project Work

1. Foods and Nutrition

Too many people were not feeding their families nourishing, well balanced diets. The homemaker seemed to have less time to spend on meal preparation and planning due to extra duties outside the home. Too many homemakers were depending on the easiest and quickest methods of feeding the family. Therefore, fried and starchy foods were playing an important role in food preparation, presenting health problems, poor nutrition and bad management on the part of the homemaker.

This year's objective in foods and nutrition has been to improve the family's health through better planning, better selection and better preparation of foods. Special emphasis has been placed on meat cookery, nutritious salads, jiffy meals, home gardens, and food preservation. Two county-wide meetings were held by the state foods specialist to train project leaders. One county-wide meeting by the garden specialist trained the local garden leaders to lead garden discussions at each monthly club meeting in fourteen communities. The garden leader also served as a demonstrator in her respective community. The home agent,

assisted by the local foods leaders, gave the salad demonstration in 14 clubs. This was a Christmas demonstration and stressed the using of attractive congealed salads for the holiday season using raw fruits and vegetables.

Project leaders gave 24 foods demonstrations in the absence of the home agent, reaching more than 500 families.

Special subject matter materials were sent to these leaders for distribution to club members and non club members. Timely broadcasts and news articles were prepared during the year. Home visits were made to gain new club members and assist those who could not attend meetings on account of young children or elderly people in their family.

As a result of the foods program 152 women reported improvement in preparing meals. Twenty-three homes reported kitchen improvements such as building cabinets, closets and rearranging equipment for easier work. One hundred twenty of these families cook with electricity, fifty nine have home freezers. New vegetables, such as the Big Boy tomato, Slobolt lettuce, cold resistant kale, asparagus, and broccoli were grown for the first time in the home garden. Mulching gardens with sawdust became popular as recommended by the garden specialist. This saved many vegetables during the severe drought period.

The 152 reports showed 17,423 quarts of vegetables, 18,001 quarts of fruits and 3,140 quarts of meats canned. These reports also showed 5,584 pounds of vegetables, 3,848 pounds of fruits and 17,756 pounds of meats frozen.

The 1955 program of work shows that the homemakers have asked for foods and nutrition for four monthly meetings next year. This is an indication that the homemakers feel the need for doing a better job of feeding their families. The experience gained this year will strengthen and improve the foods program for the current year.

2. Home Management

Money management was emphasized because the women needed to know more about keeping records on how their money was spent.

The objectives were to insure family happiness through wise spending of family income and to encourage families to keep records for future needs.

The home management specialist trained the home agent for these demonstrations. Charts were used to discuss the different classifications of family income and how it was usually spent. Each member followed the procedure, making an individual outline comparable to their income. They were asked to check records kept at home at least four times during the year.

One demonstration was given on money management in all the home demonstration clubs, reaching 295 homemakers. The women were amazed to know that fixed expenses such as taxes, etc., took a large portion of their income. Out of 152 reports checked, only 25 women kept complete records of money spent and four reported having partially kept their reports. This seems like a very small percentage, but follow-up work with these 29 homemakers in the current year may encourage others to keep records of the family income.

3. House Furnishings

The problem was to get rid of some of the so called clutter accumulated in the homes in order to create more liveable and attractive living rooms, and at the same time develop good taste in selection of furnishings and accessories for the home. Special emphasis was placed on restoring old accessories, making lamp shades, and refinishing furniture.

Leader training meetings, clinics, broadcasts, home visits and special interest meetings were held to help the women solve their problems. The house furnishings specialist, assisted by the home agent, held a county-wide meeting to train project leaders. The leaders were asked to bring articles of brass, tin and wood to restore, also old lampshades to recover. The leaders were very enthusiastic over results obtained at the training meeting. They returned home to search for old accessories that had been mistreated and discarded. One leader called that she had found some of the same articles restored pictured in House Beautiful magazine. She was then convinced that it was correct to use these old articles to add charm and beauty to her home.

All day meetings were held in twelve clubs on restoring old accessories. As a result of these meetings, 58 articles including such things as brass kettles, dinner bells, candle sticks, coffee mills, candle moulds, butter bowls, and churns were restored. They not only have added beauty to the home but are now serving an

different purpose in the home from that of grandmother's. Homemakers are still searching the attics and out buildings for these antiques. Restoration is still in progress.

Homemakers have learned that they have too much "clutter" in their homes. Now they say, "If an accessory does not have a purpose and does not add charm to the home, it is clutter." Home visits show that much of this so called clutter has been removed. House furnishings will be continued next year with emphasis on furniture arrangement and using accessories to the best advantage.

Twelve meetings were held on refinishing furniture. As a result of these all day meetings 76 pieces of furniture were made new again. One home maker refinished ten chairs. She discovered a duplicate of her chairs was on the cover page of the specialists' most recent refinishing bulletin. This, along with many hours of hard work, makes her doubly proud of her dining room chairs.

The housefurnishings specialist also trained local leaders in making lamp shades. Fourteen meetings were held on this project with the agent assisting the leaders. Five special interest meetings have been held on this topic by leaders reaching non club members. One hundred and one fiber glass shades were reported made. Two local merchants cooperated with this project by stocking materials in their stores for the lamp shades.

4. Clothing

Emphasis was placed on renovating and restyling felt hats. Club members had an accumulation of old hats too good to discard. Their problem was how to renew and restyle them for the current season.

The home agent attended a leader training meeting by the clothing specialist in the adjoining county in preparation for this project. Work shops were planned in all the clubs with the women taking inventory of their hat situation. Publicity was given through the newspaper, broadcasts and at club meetings. Fourteen work shops were held reaching 416 women. One hundred ten hats were reported cleaned and blocked. Local merchants cooperated by supplying special trimmings for restyling the hats.

It was fun to see the transformation that took place. The women estimated many dollars saved that could be used for other clothing needs. The pride and feeling of accomplishment meant a

72

lot to the women. Learning how to make the pressing equipment for doing a professional job will help them to take better care of their hats, especially good felt hats, in the future. I am sure that special interest groups will be meeting next spring to renovate straw hats, now that the job has been made so easy.

Regular weekly broadcasts by the agent on the clothing outlook, selection and care of clothing have reached homemakers indirectly during the year. Many individuals have been helped with their clothing problems through personal visits and by telephone.

One hundred fifty two reports show that homemakers made 429 dresses and remodeled 308 this year. Three months' work on making the better cotton dress is planned in the 1955 program of work. This clothing project will be culminated with a cotton tea to celebrate National Home Demonstration Week next spring. Many renovated hats will also add interest to the show.

5. Rural Arts

The club members always express a desire to do something with their hands that will give them pleasure and add beauty to their homes. Stenciling tin articles and flower arrangement helped to satisfy this want.

The rural arts specialist trained local leaders to learn the art of stenciling. Garden Club members gave flower arrangement demonstrations at local club meetings. The home agent gave demonstrations on growing flowers and improved landscaping. Broadcasts, news articles, and home visits reached many others in this project. Twenty six demonstrations were held by leaders and agent reaching thirteen different communities. Many old trays, boxes and containers were salvaged for the stenciling demonstrations. Discarded articles have been turned into decorative and useful things for the home. Since these work shops were held during the month of October, no definite report can be made as to the number of articles made. Five special interest groups have been held by leaders on designing and etching aluminum trays as a carry over of this project two years ago.

Garden Club members assisted in giving twelve flower arrangement demonstrations at local club meetings. The members brought flowers and containers, making their own arrangements following the demonstrations on correct arrangements for the home.

Three clubs especially benefited from these demonstrations in making exhibits at community fairs. Two clubs sent out printed suggestions to all exhibitors at their 1953 community fair in order to improve their exhibits this year. The judges reported a great improvement in exhibits over last year.

6. Other

(a) Gardens

This is reported under foods and nutrition work (A-1)

(b) Poultry

Poultry chairmen were appointed for all home demonstration clubs to lead timely discussions on this topic at monthly club meetings. The purpose of these discussions were to help members care for and manage their home flocks at a profit.

Subject matter material from the poultry specialist was mailed to each poultry chairman monthly to aid them in giving five minute talks at club meetings. The average home flock consisted of 25 hens. With better care and feeding of the flock, most farm families were able to supply the family with eggs and supplement their grocery bill by selling eggs. A report from one family raising 250 Red Rock pullets showed a net profit of \$600.00. Eggs were sold to the hatchery and accurate records were kept. The amount netted paid for the Red Rocks, purchased 161 White Rocks and fed them for three months. The eggs too small to sell were used for home consumption.

(c) Better Lighting

To follow up the lamp shade making project, a county wide meeting was planned on better lighting for the home. The purpose of the meeting was to show families the importance of good lighting for health and efficiency in the home. The local power company cooperated by having their lighting specialist and local home economist assist the home agent with the demonstration.

Publicity was given the meeting through the local paper and broadcasting station. The results were disappointing as far as attendance was concerned. Only fifteen families were

represented at the meeting. However, I do feel that these families were greatly benefited by the information received and, with 101 new lamp shades made, the lighting situation is improved in many homes.

B. Federation Goal

Citizenship and international understanding was chosen as the federation goal. The objective was to provide basic beliefs and sound knowledge for worthy citizens in the home, in the community and in the world.

Each local club selected a goal chairman to give five minute reports at monthly meetings on the topic. They in turn were to report results to the county goal chairman. Broadcasts and news articles were a means of reaching others on citizenship throughout the year.

Know Your County Officials was the topic for discussion in the local clubs. After several discussions, each club participated in a quiz to name their county officials giving their duties, how elected and term of office.

Each club chairman compiled information on voting, finding number voting in each family. Families were urged to vote in general election. During United Nations Week, special talks were given on "What Can We As Citizens Do To Help Support The U.N.?" The county goal chairman gave a talk on citizenship at the County achievement day program and gave plans for continuing citizenship in the new year's program. These plans are to have a leaders' training meeting conducted by the state goal chairman, who lives in the adjoining county, to have five minute discussions at each monthly meeting, and a monthly broadcast by each club during the year. As a result of this year's work, the people are better informed and have a better understanding of what citizenship means.

C. Other Activities

1. Community Projects

Each club was asked to carry a community project in their club to promote more interest in their community and club work. Such projects as remembering the shut-ins in the community, improving community cemeteries, raising money to help carry out projects, and promoting 4-H club work were undertaken. Three

clubs held work days to clean the cemetery and cooperated with the church in maintaining them. One club gave clothing and food to a family whose home burned. Each club gave a contribution to help send a 4-H member to camp. Two clubs paid all expenses of a 4-H member at camp. Set Wall cards were sent to shut-ins in the community during the year. Baskets of canned foods were provided for the less fortunate at Christmas time. Game parties and bake sales helped provide money for carrying out these projects.

Twelve clubs helped toward the continuing education center at VPI by contributing \$189.00. This money was raised on a club basis with members participating in bake sales, game nights and by individual donations. A fine spirit of cooperation was shown by clubs in carrying out community projects to help others. A community project is important in helping to hold the interest of club members all during the year.

2. County Achievement Day

This program is held each year to climax another year's achievements in the extension program and to acquaint the public with what has been done. It also helps members to evaluate their achievements and gain inspiration for the year ahead. Club members look forward to this day when they meet new friends and renew old acquaintances.

Approximately one hundred club members and others attended the program in Marion, the county seat. The county committee carried out full responsibility for a successful program. An exhibit of old accessories, stenciled trays, lamp shades, refinished furniture and flower arrangements done by club members attracted wide attention during the social hour.

4-H Club members played an important part in the program. Four girls served as pages. Two girls, blue ribbon winners in the district 4-H contest modeled their dresses and told of their 4-H accomplishments. Two girls from the adjoining county furnished special musical numbers. One of these girls was one of the ten top winners in the state Share The Fun program this year.

The home agent and county federation goal chairman summarized outstanding achievement in this year's program. The county committee chairman reported on the state federation meeting and urged others to attend next year.

Highlighting the program was the talk by the head of the home economics department from the state college. She stressed the American home in building a strong democracy.

The program was concluded with a social hour at which time punch and cookies were served.

Club members always look forward to the achievement day program.

3. Home Demonstration Week

The first week in May was observed as national home demonstration week. Educational exhibits were displayed in local store windows to show the public some of the phases of home demonstration work during the past year. Ten members attended the district meeting in Clintwood. Distance kept a large number of members from attending this meeting. A goal next year for each club to be represented will be carried out since the adjoining county is to be hostess to the meeting. A special broadcast and news articles brought the week's activities before the public.

4. Training Lay People for Fair Judging

A series of training meetings were held by the state college specialists. The purpose of these meetings was to give training to lay people in judging at community fairs.

Six women from the county and the home agent attended one meeting. Valuable help was given in judging foods, clothing, crafts, and in setting up exhibits. Each woman attended a different section in order to bring back as much information as possible to the county. These trained people helped judge at three community fairs. Their help in arranging exhibits for a better show was complimented by the fair association. Similar judging schools have been requested for another year.

5. Result Demonstrations

The purpose of these demonstrations was to show others in the community improvements made in the homes. Twelve families served as demonstrators in their communities to show others work done to make their living rooms more liveable and attractive. Club meetings

were held in these homes to show improved arrangements and better use of accessories that had been restored. As a result of these meetings and home visits, 180 walls and 70 floors were reported refinished; 98 accessories were restored and 76 pieces of furniture refinished.

Fifteen families served as demonstrators for kitchen improvement in nine different communities. Two kitchens were built; 13 families built in cabinets for storage; three families put in running water and sinks; four families enclosed back porches for utility rooms. Six of the 15 demonstrators laid new linoleum in the kitchen. Nine meetings were held in these homes, reaching 120 other families. Home visits have been made by the agent to give individual help to these families. Broadcasts on housing has reached many others indirectly.

Fifty-two families reported having made repairs on their homes. These included 31 closets built other than in the kitchen. One family insulated their house, and three took out partitions to enlarge the living room. Reports from 152 families show that 115 of this number have running water in the home.

6. County Objectives

Seven objectives were set up by the county home demonstration committee to help the clubs carry out certain goals. These included holding four meetings in the absence of the agent; paying state and county federation dues; giving donation to county 4-H fund; have a community project; remember shut-ins in the community; increase membership and giving each member something to do to make them feel a part of their club. Fifty eight meetings were held by the leaders without the agent 100% of clubs paid their state and county dues. Twelve clubs made a donation to 4-H fund. Five clubs completed community projects. Each club increased their membership by ten per cent.

7. Community Improvement Work

One community entered the community improvement contest sponsored by the Bristol Chamber of Commerce. Their objectives were to finish the school project started two years ago; to develop a sound system of farming and home making; and to provide educational and social programs for the families.

Monthly meetings were held with the exception of July when members met to finish the school basement. The floor was concreted and a hot water tank installed. Educational meetings were held on

safety, soil conservation, gardening and handicraft. A flower and vegetable show was held in the fall. More than \$300 was raised for the polio drive by a pot luck dinner and game night.

Some improvements included six bath rooms built, two wells dug, one house wired for electricity, ten kitchens improved. Many of the homes were repaired and painted. Donations were made to two churches in the community. The club helped the PTA buy a piano for the school and had a school sign erected. The club was placed in the white award group, winning \$115.00 in the area contest.

VI. 4-H Club Work

A. Project Work

1. Foods and Nutrition

The objective of the foods and nutrition project was to improve the health of rural families by teaching 4-H members to prepare and serve attractive, nutritious meals in the home. One hundred twenty girls were enrolled in this project. Demonstrations were given in school cafeterias, at monthly meetings with adult leaders and 4-H members assisting. A meal was served to the mothers and teachers to complete the project. Fifty-eight girls reported 3,796 dishes prepared and 219 meals prepared and served at home.

Five girls carried the bread project with all completing. These girls made bread 575 times at home. One member competed in the area contest and gave a demonstration on making corn muffins. She also gave a bread demonstration in her local club after the contest. Four girls completed the food preservation project, canning 697 quarts of food and freezing 205 quarts. One girl gave a frozen foods demonstration in the area contest winning a red ribbon award. She also gave the same demonstration in her local club previous to the contest, reaching 21 girls.

2. Clothing (Units I, II, & III)

The objective of these projects was to develop better techniques in clothing construction and to develop good grooming with improved personalities for club members. Home visits and broadcasts were made to reach others in the project. Club members gave demonstrations at their local monthly meetings assisted by the adult leaders. Seventy-nine girls were enrolled in these projects with 59 completing. Fifty four articles

and 160 garments were made. Two girls won blue ribbon awards in the area contest for outstanding clothing achievements. One of these girls was selected to represent her district in the state contest for the style dress revue contest to be held next June at the State 4-H Short Course. Her outfit cost her approximately \$7.00. Awards for outstanding achievements were made at the county-wide achievement day program.

3. Room Improvement

The objective was to improve the girls' bed rooms for more comfortable living. Only two girls took this project. Individual home visits and instructions were given these girls on making their bed room more attractive. They reported six rooms improved and 15 articles made. They refinished the floor in the bed room, papered the walls and improved the lighting in the room and fixed a study unit. The furniture was rearranged for easier care and the closet remodeled. These girls enjoyed their work and plan to continue this project next year.

4. Electricity

The purpose of this project was to improve the lighting in the home. Fifteen girls were enrolled and 15 completed the project. Demonstrations were given at monthly meetings with junior leaders assisting the home agent and local power company home economist. These demonstrations included making lamps, fixing cords and making a study unit. They visited a nearby farm home to observe the use of electricity. Two demonstrations were given by club members to others in the community. The county winner received an all expense trip to the State Farm and Home Electric Congress. This girl is serving as a junior leader in her club.

B. Other Activities

1. Camp

The objective of the 4-H camp was to develop leadership and strengthen 4-H work in the county. The program was set up to provide educational and recreational programs for one week. Members were selected for camp on the basis of good

project work since there was a quota assigned the county. The camp was held in cooperation with seven other counties with a total of 300 boys and girls, adult leaders and agents attending. Thirty-nine members, one adult leader and two agents attended from Smyth County. Outstanding leadership was shown by the campers in activities carried out. The best all round camper was a Smyth County girl and the camper making the greatest improvement over a period of three years was a Smyth County boy. Reports were given at home demonstration and 4-H meetings after camp. Valuable help was brought back to the local clubs by these 4-H members to help them with program planning and recreational activities. Most of all, camp life helped develop leadership in the clubs.

2. Achievement Day

The objective of this annual meeting was to acquaint the public with the 4-H program and to recognize outstanding achievements during the year.

A council meeting was held to make plans for the program. Publicity was given the meeting on the radio and through the county news paper.

Approximately 100 club members, parents and friends attended the program. Talks were given on camp, Short Course, and Electric Congress by club members attending these events. Highlighting the program was a talk illustrated with a movie on Pakistan by a TVA specialist who recently returned from that country. Individual awards were made to members on outstanding project work. A leadership plaque was presented one boy and one girl by the Marion Chamber of Commerce for outstanding leadership in their 4-H Club, community and school. A plaque was also awarded to the club having achieved the most during the year. Recognition was given to adult leaders for their valuable services rendered to the 4-H program in the county.

3. Rural Life Sunday

The objective of these meetings was to render service to the community and to help club members take an active part in church service.

Three clubs observed rural life Sunday by taking part in the church services. They also attended the services in a group and furnished the flowers for that particular service.

4. Contests

The objective was to encourage better project work by members through competition. The contest regulations were explained at all local club meetings at the beginning of the project. Project records and other activities helped determine the club and county winners. Four girls were trained to compete in the district contest. Two girls gave foods demonstrations. Two girls won blue ribbon awards in the clothing contest. One girl was selected to represent the district in the style dress revue contest for the state. Awards to county winners in each project were made at the achievement program.

5. Special Events

Five clubs participated in community activities to make money for camp expenses. Two clubs held a fun night and realized \$90.00 which was used to send eight members to camp. Another club held two bake sales netting \$70.00. This fund helped send six girls to camp and two to the State Short Course.

A county-wide picnic was held at Hungry Mother State Park with approximately 150 members and parents in attendance. Some of the members arrived early enough to enjoy a swim in the lake before the picnic supper. Others enjoyed volley ball and horseshoe pitching. Following the bountiful meal an interesting program was presented consisting of skits, talks on camp and Short Course experiences by members. In conclusion, slides of the year's camp were shown.

VII. Young Men and Young Women's Work

There are no organized young men and young women's clubs. However, these young people have been reached through the community improvement club and home demonstration clubs. Approximately 50 young people between the ages of 18-26 are taking part in monthly club meetings.

VIII. Scope of Work

	1950	1951	1952	1953	1954
No. Ho. Clubs or Groups	12	12	12	13	14
Membership	304	352	369	379	392
No. 4-H Clubs	10	11	11	10	11
Membership	189	207	206	175	208
No. other families reached	2513	2595	2585	3000	3000
No. of different families reached	2100	2125	2150	2200	2175
No. community clubs	3	3	2	2	1
Membership	225	210	150	150	100

IX. Organizations That Functioned in the 1954 Program

A. County Home Demonstration Committee

This committee served to determine the program of work for the year. Two meetings were held. Interest and needs of the local clubs were presented to the committee at the fall meeting and used as a basis for developing the county program of work. Progress reports by the local clubs were discussed at the spring meeting and revisions made to complete the year's work. Two club members were elected county delegates to attend the state federation meeting with the committee paying part of their expenses. Special committees were appointed to make plans for the annual achievement program and to set up the yearbooks. A committee reported that the yearbooks would be sponsored by a local feed store.

B. County Board of Agriculture

The chairman of the home demonstration committee and home agent served on this board to formulate plans for carrying out a new phase of extension work in the county- the farm and home development program.

C. County 4-H Council

The county council is composed of all officers of the local 4-H clubs and adult leaders for the purpose of planning and carrying out county-wide activities such as camp, achievement day and picnic and giving instructions to local clubs on program planning. Two meetings were held during the year.

D. County 4-H Project Planning Committee

This committee, consisting of the adult leaders and three or four older 4-H girls from each local club, met in September to

select the girls' projects for 1955. Each club brought in their suggestions. These were pooled to determine the main projects for the new year, which will include clothing, foods and food preservation.

X. Leadership

A. Contributions of Volunteer Leaders to the Program

1. Organizational

These leaders served as officers of the 4-H and H.B. clubs, conducting all business matters pertaining to the clubs. They were responsible for arranging meeting places and turning in records of accomplishments to the home agent.

Program development leaders were responsible for collecting data on needs and interests in club and community. Reports from these leaders served as a basis for planning the H.B. program at the fall county committee meeting.

Federation goal chairman gave five minute reports at each monthly club meeting on citizenship training and subject matter materials were furnished these leaders by the county goal chairman who in turn reported accomplishments to the state goal chairman.

2. Subject matter

H.B. leaders gave 58 demonstrations without the agent and assisted with 37. They attended three county-wide leader training meetings in preparation of the above meetings. They helped collect individual project reports for the secretary's annual achievement report published by the county newspaper. They gave special broadcasts and passed subject matter materials to non club members.

4-H leaders gave 49 demonstrations without the agent, reaching 961 girls. These leaders assisted the members with record keeping and helped collect records at the end of the year. They also served as advisors on the county project planning committee in helping to select girls' projects.

B. Growth of Leadership

HD Club Project Leadership	1950	1951	1952	1953	1954
No. Project leader (subject matter)	: 24	: 26	: 30	: 32	: 73
No. goal chairmen	: 12	: 12	: 12	: 13	: 15
No. Program Development Leaders	: 5	: 6	: 8	: 10	: 33
No. result demonstrators	: 12	: 15	: 20	: 24	: 39
No. training meetings by specialists	: 3	: 3	: 4	: 2	: 3
by District Agent	: 0	: 0	: 1	: 1	: 1
by Agent	: 11	: 13	: 7	: 7	: 10
Attendance at all training meetings	: 98	: 142	: 127	: 141	: 183
No. Meetings without an agent	: 30	: 64	: 60	: 53	: 58
No. Meetings leaders assisted	: 36	: 8	: 21	: 35	: 37
Demonstration by leaders	: 66	: 84	: 90	: 72	: 95
Talks and discussions by leaders	: 150	: 168	: 170	: 172	: 195

Growth of 4-H Club Project Leadership

No. club officers	: 40	: 40	: 40	: 30	: 40
No. adult project leaders	: 11	: 14	: 15	: 13	: 17
No. result demonstrations	: 0	: 2	: 5	: 5	: 7
No. training meetings held by specialists	: 0	: 1	: 0	: 0	: 0
by agent	: 0	: 5	: 7	: 10	: 26
by district agent	: 0	: 0	: 0	: 0	: 0
by member club dept.	: 1	: 0	: 0	: 0	: 0
Attendance at leader training meeting	: 43	: 70	: 44	: 75	: 54
No. 4-H leaders trained individually	: 11	: 14	: 12	: 5	: 12
No. club meetings held by leader without agent present	: 20	: 20	: 30	: 29	: 49
No. of additional club meetings at which leaders assisted	: 42	: 49	: 16	: 32	: 15
No. demonstrations given by adult leaders	: 50	: 20	: 30	: 29	: 49
by juniors	: 15	: 24	: 15	: 25	: 5

C. Activities of Outstanding Leader and Her Accomplishments

Mrs. H. B. Eller, adult leader for the Marion girls' club has been very active this year. She has been a leader of this club for the past five years. The club has an enrollment of fifteen girls, including two of Mrs. Eller's daughters. She was instrumental in organizing the first club to meet out of school.

She attends regular monthly meetings and serves as a project leader. She helped the girls sponsor two bake sales to earn money for camp and Short Course expenses. Six girls attended camp and two the Short Course. Two girls won blue ribbon awards in the district contest and one was selected to represent the district in style dress revue at the Short Course in 1955. One other member competed in the bread contest in the district. Two girls served as pages at the home demonstration achievement day and two took part on this program.

Her girls completed 28 projects this year. She has given willingly of her time to help her club. She is also a member of the home demonstration club and is past secretary of the county home demonstration committee. Her heart and interest is in helping young people develop leadership.

D. Activities and Accomplishments of Outstanding Family

The C. B. Atwell family takes an active interest in all phases of the extension program and other activities in their community. Mrs. Atwell is a member of the Nebo home demonstration club, serving as project leader. She is also past treasurer of the county home demonstration committee. They have two 4-H club members in the family. The son is vice president of the 4-H Council and was made an All Star this year.

The Atwells run a dairy farm and their income has afforded them means to remodel their home and add many modern conveniences to include a bath room and central heating.

They are interested in the school and church and are active members of the Farm Bureau Federation.

E. Activities and Accomplishments of Most Outstanding Club

The Atkins girls' 4-H Club, with a membership of twelve, has done outstanding work. This club was organized in December 1953 by a 4-H member of the Marion club. She realized that there were girls in her own community that needed to be in a club. After consulting the home agent, plans were made to organize this club to meet at night in the girls' homes. Two adult leaders were secured and under their leadership outstanding achievements have been accomplished.

The club held a community fun night, raising approximately \$90.00. Six members benefited from this project by having their expenses paid to 4-H camp. Ten girls completed 13 projects. They held monthly meetings and were represented at all county council meetings, the county 4-H picnic and achievement day program. They fixed two baskets for needy families at Christmas time. They observed National 4-H Sunday by holding a church service. One member was a red award winner in the district contest.

This club received the 4-H plaque at the achievement day for the best club for 1954.

XI. Work In Cooperation With Other Agencies

The home demonstration club members cooperated with the local health department in furnishing transportation to clinics held. They served as chairman of special drives for the Red Cross and March of Dimes. They cooperated with the P.T.A. in holding a meeting on citizenship. Garden Club members gave demonstrations on growing flowers and arrangements at home demonstration club meetings. They also judged the flower show held at the Community Improvement Club.

The Marion Chamber of Commerce presented plaques to two outstanding 4-H members. The home agent worked with the Farmers Home Administration Supervisor in furnishing news articles for the monthly bulletin sent to his clients. She has worked with local power company's home economist to improve lighting in the home and with food problems.