

Extension Agents. Something will be developed in 1955 in the New Farm Development Program.

XIV. PROBLEMS IN CONDUCTING THE EXTENSION PROGRAM

There are no particular problems other than the usual indifferences of people to education, improvement and better living.

Finding h-H leaders is my most difficult problem as such. I hope to find them, but I am not certain of any success.

The Home Agent will co-operate with the three Granges in the County.

X. PLANS FOR DEVELOPING GOOD PUBLIC RELATIONS

A. Elected Representatives

To work honestly, truthfully, co-operatively and sincerely with them in every way I can in their interest.

B. General Public

To work honestly, truthfully, co-operatively and sincerely with them in every way I can in their interest.

C. Co-workers

To work honestly, truthfully, co-operatively and sincerely with them in every way I can in their interest.

D. Commercial interests

To work honestly, truthfully, co-operatively and sincerely with them in every way I can in their interest.

E. Other Professional Workers

To work honestly, truthfully, co-operatively and sincerely with them in every way I can in their interest.

XI. PLANS FOR RECORDING AND EVALUATING THE 1955 PROGRAM

To record each activity in detail as soon as it is completed. Write a complete monthly narrative report. Have club members check monthly record sheet in the Home Demonstration Yearbook.

XII. WHAT ARE YOUR PLANS FOR PROFESSIONAL IMPROVEMENT

A. No organized study is planned except participation in the workshops conducted by Extension Specialist.

B. Plan to continue membership in the Virginia Home Economics and Virginia Home Demonstration Agent's Associations.

C. Plan to read and study new scientific research findings in the Home Economics professional magazines.

XXXX: PLANS FOR CO-OPERATING WITH OTHER EXTENSION AGENTS IN YOUR COUNTY TOWARD A UNIFIED EXTENSION PROGRAM OR SOME PHASE OF THE EXTENSION PROGRAM

Close harmony exists among the activities and endeavors of the

No. meetings at which leaders were trained by specialist	2	3	0	0	2
No. meetings at which leaders were trained by dist. agent	-	-	-	-	-
No. meetings at which leaders were trained by agent	4	5	5	2	2
No. meetings at which leaders were trained by personnel in h-H Department	-	-	-	0	2
Attendance at leader training meetings	27	35	22	8	20
No. h-H leaders trained individually	5	7	4	3	-
No. club meetings held by leaders without agent present	20	43	30	54	25
No. club meetings at which leader assisted	28	21	28	18	25
No. demonstrations given by adult leaders	32	60	58	56	25
No. demonstrations given by junior leaders	14	14	15	7	30

Give Your Plans for Training and Using All Types of h-H Leaders in Carrying out 1955 Program

The club officers or organizational leaders will be trained in parliamentary procedure at a County Council meeting. They will conduct the business part of all club meetings.

Junior leaders will be trained in recreation in the Honor Club.

Help has been asked from the State h-H Department to train adult h-H leaders in the County.

C. Young Men and Women's Clubs

Nothing to report.

IX. PLANS FOR WORK WITH OTHER AGENCIES

Home Demonstration women co-operate with the Health Department in Chest X-Ray Clinic. A county-wide "Sick Loan Closet" will be a joint project by the Health Department, Extension Service and the Granges.

No. meetings at which leaders were trained by specialist	4	7	4	6	6
No. meetings at which leaders were trained by dist. agents	-	-	-	1	
No. meetings at which leaders were trained by agent	4	5	1	5	3
Attendance at training meetings	96	129	76	169	175
No. club meetings held by leaders without agent present	41	54	64	43	66
No. club meetings in which leaders assisted	40	40	44	12	
Total number of demonstrations given by leaders	-	-	-	51	85
Total number of talks or discussion by leaders	-	-	-	20	30

Plans for Training and Using Leaders

In each Home Demonstration Club there will be two project leaders for each phase of homemaking in the year's programs. The officers of the clubs are organizational leaders.

Club officers will conduct the business part of the club meetings.

The Agent and County Committee officers will meet with Federation Goal Chairman to plan to carry out the Federation Goal, "Family Life".

Program development leaders will receive training to keep them in program planning.

Subject matter leaders will be trained by subject matter specialists from VPI.

B. 4-H Club

	No.in 1951	No.in 1952	No.in 1953	No.in 1954	Goal 1955
No. 4-H Club Officers	-	-	-	56	84
No. adult project leaders	7	7	5	3	6
No. junior project leaders	6	4	6	1	6
No. result demonstrations					2

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4-H activities that will be carried out this year. These activities will consist of an Achievement Day, County Picnic and an exhibit day in connection with the Blackstone Farmers' Day.

IV. YOUTH MEN AND YOUTH SCIENCE WORK

Nothing to report.

V. FARM AND HOME DEVELOPMENT

Nothing to report.

VI. SCOPE OF WORK

Organization

The Board of Agriculture meets semi-annually to make recommendations for the County Agricultural Program of Work. The Board made up of various agricultural and community life committees

Monthly demonstrations and discussions will be given by the County Home or Farm Agent on good grooming. A check sheet on improvement made during the year will be used.

B. Other Activities

1. Camp

Nottoway County 4-H Clubs will be represented at District Camp, Conservation Camp and 4-H Short Course. The County quota will be filled by those who meet the requirements of project work, interest and leadership. Permission to attend any of these camps will be an award for good 4-H Club work all during the year.

2. National 4-H Club Week

Plans for observing National 4-H Club Week will be made and carried out by the County Council.

Activities of the week will consist of radio programs, special editions of the local newspapers, billboard signs, erecting road entrance signs, "Share the Fun" Talent Show and other activities.

The outstanding event will be the five-County 4-H Parade (Nottoway one county) to be held in Kenbridge on Saturday of National 4-H Club Week.

The purpose of these activities will be to tell the citizens of Nottoway County what the 4-H Club members are doing, to encourage more boys and girls to become 4-H members and to stimulate the club members on to "Make the Best Better".

3. Rural Life Sunday

Rural Life Sunday will be observed by the 4-H Clubs in Nottoway County by having a county-wide program in which the club members will participate. Definite plans will be worked out by the County Council.

4. Contest

Clubs and County contests will be held in the various projects that are being carried in the County in order to select the county winners. The county winners will compete in the District Contest. The contest encourages the girls to do better project work.

5. Community Activities

The County Council will make plans for the county-wide

Mrs. Harold Walker, Burkeville
Mrs. Dick Forrester, Route 3, Blackstone
Mrs. Tommy Mottley, Burkeville

b. Yard

Mrs. L. E. Williamson, Route 2, Crewe
Mrs. Meral Wells, Crewe
Mrs. Helen City, Blackstone

c. Play Room

Mrs. J. W. Vaughan

The Home Demonstration Agent will visit and work with these result demonstrations in 1955. We hope to secure Mr. Beecher, Horticulturist of VPI, for help with Mrs. City's yards.

3. National Home Demonstration Week

Plans for observing this event will be made by the County Committee at the Spring meeting. It is hoped the committee will plan a successful way to, a live activity, celebrate Home Demonstration Week.

4. Achievement Program

The Farmers' Day is a two-day county fair sponsored by the Retail Merchants Association in Blackstone. Each club will put an educational booth in the fair, and members will enter the homemaking exhibits.

5. Tours, Drives, etc

One of the county objectives is to make an educational tour. All clubs monthly collect pennies for pennies for friendship.

III. 4-H CLUB WORK

A. Good Grooming

1. Objectives

- a. To emphasize the importance of care, cleanliness and neatness for health and happiness.
- b. To teach the importance of care of clothing.
- c. To teach the importance of good posture.

2. Procedure

b. Procedure

- (1) Leaders will be trained by the Home Management Specialist to give demonstrations on short cuts and aids in laundering and ironing, May and June demonstrations.
- (2) Leaders will be trained by the Clothing Specialist to teach fabric selection and care, October demonstration.

B. Federation Goal

The Federation Goal is a continuation of last year's "Family Life". The aim then and now is to promote richer and happier family life in the home and community.

Two months, March and April, will be devoted to this goal. Also, the Federation Goal in each club will suggest and keep a record of efforts made by the families of Home Demonstration members.

The theme for the program of the year is the Federation Goal, "Family Life".

C. Other Activities

1. County Objectives

- a. Continue requirements for pins. Eight requirements were set up to be met if eligible for the Home Demonstration Club pin. Each club will keep records on members during year on meeting requirements and will finance the pin.
- b. Each Home Demonstration Club secure adults for h-H Program.
- c. Sponsor a county-wide meeting on Family Life. The County Home Demonstration Club Committee will bring into the County an expert on Family Life.
- d. Organize and hold county-wide tour to an educational center.
- e. Each club send one official delegate to Institute of Rural Affairs.

2. Result Demonstrations

The following result demonstrations are underway:

- a. Kitchen

a. Objectives

- (1) To improve the health and happiness of the people by well planned meals with emphasis on the nutritional needs for various age groups.
- (2) To teach the homemaker to plan meals on the table each week.
- (3) To teach economical use of food, money, fuel and time by using one-dish oven meals.
- (4) To assist the homemaker in providing interesting salads in her meals and easy and interesting simple refreshments to guests in her home.

b. Procedure

- (1) The Extension Foods Specialist will teach food the four food demonstrations planned for 1955, namely, "Planning A Week's Menu", "Oven Meals", "Mild, Light and Tasty Salads", and "Beverages and Light, Simple Party Refreshments".
- (2) Various bulletins and illustrative materials relating to the demonstrations will be distributed to the club members.
- (3) News articles and radio programs will give timely nutritional, gardening and food preservation information.

2. Home Management

a. Objectives

- (1) To save time and energy by learning short cuts in washing and ironing.
- (2) To learn newest recommended laundering and ironing methods.
- (3) To acquaint homemakers with newest findings on characteristics and qualities of new fibers and fabrics on the market.
- (4) To teach selection of fabrics.
- (5) To teach care of fabrics.
- (6) To teach use of fabrics (new).

1955 PLAN OF WORK

Laura Geneva Martin
Home Demonstration Agent

Nottoway
County

I. COUNTY SITUATION

Nottoway County is rural with a total population of 15,479. It consists of 310 square miles (less 26,000 acres in Camp Pickett). Farming is the chief industry and the source directly or indirectly of the livelihood of most of the people. Tobacco is the main crop on land suited for diversified farming. Dairying is a large farm industry in the County, perhaps second to tobacco. Other small industries in the County are flour, rayon hosiery, garments, veneer, cut stone and fertilizer.

There are three small towns in the County. Blackstone is the largest, population 3,500, and is the business, trading and cultural center of the County. Crewe is a small town and the site of a number of the larger industrial means of income among the non-farm industries. Burkeville is a small incorporated village in the western end of the County.

The people are public spirited minded. There are three white schools - Blackstone, Crewe and Burkeville (elementary). The people take a great deal of interest and are very active in church, school, educational and civic programs and organizations that make for better living and better communities.

The County will and is recuperating from the "boom town" effects of Camp Pickett. The compensation for fewer dollars will be sounder and more normal living conditions, standards and daily life. Many more

The drought of the past few years has also caused considerable loss in income.

With education, health, courage and industry, the people of Nottoway County can continue to achieve the good life for its people as can all like communities and counties in our country that believe they can.

II. THE ADULT PROGRAM

A. Subject Matter Fields in Which the Adult Program is Planned

1. Foods and Nutrition

P L A N O F W O R K

Nottoway County

1955

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