

3. Because the county is thinly populated, transportation for community 4-H club members is a problem.
4. Securing the parents' interest in doing 4-H club work and getting the members to meetings would solve several problems.
5. There are no channels for publicity except the Weekly Paper.

To assist Home Economics teachers with materials requested.

Cooperate with the health and welfare departments when requested.

XI. Plan for recording progress and evaluations.

- a. Use Plan of Work monthly to show progress.
- b. Keep accurate monthly reports. To use the narrative to give details and useful information.
- c. Note reaction to public meetings as Achievement Day, etc.
- d. Results showed on Accomplishments.
- e. The number of 4-H projects completed.

XII. Plans for Professional Improvement

A. Read professional books and other publications as:

Home Economics Journal  
Extension Bulletins  
Mimeographed talks and periodicals.

B. Membership in professional organizations

Virginia and National Home Economics Association  
Home Agents' Association.

XIII. Work with other Extension Agents

To cooperate in planning with farm agent for unified 4-H club work.

Working with farm agent in Young Men and Women's Work.

Cooperate with the Negro Agent at all times.

XIV. Problems in County

1. Finding suitable places for Leader Training Meetings and other public meetings.
2. Lack of feeling responsible for accepting leadership, especially in 4-H club work.

To cooperate with agencies such as:

Polio  
Band Drive  
Civic Clubs  
T.B.  
County Hospital Auxiliary

X. Public Relations Plan of Work in County

A. Elected Representative

Plan to have Annual Report available for Board of Supervisors and give an oral summary in the month of January. To keep the Board informed as individuals.

Extend invitations to Special County activities such as Achievement Day, Better Homes and Gardens Day.

B. General Public

To keep the general public informed through exhibits, meetings, press and special request.

C. County Workers

Plan to continue the friendly relations between agents and secretary in program planning and developing and secretarial work.

D. Commercial Interest

Work through stores in Louisa and Mineral in featuring exhibits during National Home Demonstration and 4-H Week.

F. Other Professional Workers

To inform and plan 4-H club project work in the county, with Home Economics teachers.

To invite Home Economics teachers to Leader Training Meetings and other educational programs, and special interest workshop.

## Project Leaders

To have a person from the 4-H State Department train 4-H project leaders at the County Committee Planning Meeting and plan to return to their clubs and assist in making the 4-H project calendar.

Leader give 20 demonstrations without agent present.

Leader give 10 demonstrations with the agent present to assist.

Leaders to assist with collecting and compiling project reports.

## Junior Leaders

The agent plans to have Junior Leaders assist in each project group.

## C. Young Men and Women's Clubs

	No.in 1951	No.in 1952	No.in 1953	No.in 1954	Goal for 1955
Young Men & Womens Clubs	1	1	1	1	1
No.Of Club Officers	6	6	6	6	6
No. Adult Leaders or Sponsors	2	2	2	2	2

## 2. Leaders

The agent will assist officers in planning and carrying out the duties.

The agent will meet with the program committee and assist in planning meetings, the agent give any other assistance needed.

## IX. Work with Other Agencies

To cooperate with any plans of Agencies Home Demonstration Clubs think wise.

	No.in 1951	No.in 1952	No.in 1953	No.in 1954	Goal for 1955
Attendance at leader training meetings	58	22	32	-	20
No.4-H leaders trained individually	17	14	11	17	10
No.club meetings held by leaders without agent present	48	51	38	24	20
No.club meetings at which leader assisted	35	40	40	35	10
No.demonstrations given b by adult leaders	60	73	68	48	50
No.demonstrations given by junior leaders	2	5	-	-	10

2. 4-H Club Leaders

a. Officers

Have better planned monthly club meetings held in the schools.

Give to each officer instructions and materials on officer responsibilities and duties.

The agent will keep officers informed as to State 4-H clubcalendar and other business to be brought up at meetings.

b. Adult Sponsors and Organizational Leaders

Agent plans to train leaders through personal conference.

The agent plans to use these leaders as contact persons in assisting the club officers in planning programs, special activities and arranging for meeting.

For these leaders to assist with the special 4-H county-wide programs.

To have two leaders attend District 4-H Camp, and one to State Short Course.

## (4) Clothing

The agent will train leaders to assist with the Work Shop on Clothing Construction.

The Clothing Leaders will be responsible for Clothing exhibits during National Home Demonstration Week.

## (5) Rural Arts

## Basket Making

Rural Arts Specialist hold a county-wide meeting on "Basket Making", and women attending go back to their club to teach basket making when requested.

The agent will use trained leaders for previous years to assist with their meetings in craft.

## (6) Leaders Judging

Use five leaders trained in the previous training school to judge in fairs and community events.

## B. 4-H Club

	No.in 1951	No.in 1952	No.in 1953	No. in 1954	Goal for 1955
No. 4-H Club Officers	48	44	44	40	50
No. adult project leaders	17	14	11	17	17
No. junior project leaders	2	2	6	3	4
No. Result demonstrators					
No. meetings at which leaders were trained by specialist	2				
No. meetings at which leaders were trained by dist. agent					
No. meetings at which leaders were trained by agent	3	6	5	-	3
No. meetings at which leaders were trained by personnel in 4-H Department					1

- (d) Program Development Leaders report for the Home Demonstration Club the interest for the 1956 program.
- (3) Federation Goal Chairmen- "Art in Daily Living"
  - (a) Work together in planning and conducting the county Federation objectives.
  - (b) Collect sheets of accomplishments on Federation Goal and compile.

B. Project Leaders

(1) House Furnishing

- (a) One project leader from each of the 13 clubs assist the home agent on the demonstrations. Selecting and Using Dining Room Accessories and Washing and Caring for Newer Fabrics.

(2) Foods and Nutrition

Two project leaders from each of the 13 clubs to be trained by specialist on the demonstration to be given by the leaders on Homemade Mixes and Simple and Quick Meals. Agent to train four project leaders to assist in "Taking Off Pounds Safely."

To use the food leaders to strengthen the program by having the 26 leaders to take recipes and show individuals how to use them.

(3) Home Management

Have two leaders from each of the 13 clubs trained by Specialist.

Have 26 leaders hold 3 monthly meetings on Business Facts, Simple Household Repairs, and Time Savers in House Cleaning.

	No.in 1951	No.in 1952	No.in 1953	No.in 1954	Goal for 1955
Attendance at Training Meetings	155	98	127	128	105
No. Club meetings held by leaders without agent present	30	39	57	178	65
No. club members in which leaders assisted	44	80	112	16	26
Total number of discussions by leaders	30	40	57	109	105
Total no. talks or discussions by leaders		172		232	197

## 2. Agent Plans for Using Trained Leaders

### a. Organizational Leaders

#### (1) Club Officers

- (a) Put into the hands of the officers of the 13 clubs a bulletin to strengthen the officers and meetings.
- (b) The agent from time to time send letter on up-to-date business.
- (c) Federation Goal Handbook will be given to each officer and explained how to use it.
- (d) Agent ask the club president to review the county Year Book at club meetings.

#### (2) Program Development Leaders

- (a) Hold a Training Meeting for Program Development Leaders of the 13 clubs on how to find out the needs and desires and get ideas for Program Development.
- (b) Program Development Leaders to check on Accomplishments during the year.
- (c) Program Development Leaders compile the Accomplishments for the agent.

I plan to make an effort to have two All Stars attend the All Star Conference.

D. Young Men and Women's Board

1. To try to interest eligible young people to become members.
2. To strengthen recreational programs at the monthly meetings.
3. To plan to meet with the Board in an advisory capacity and assist in planning a year round program.

E. County 4-H Project Planning Committee

1. To explain to Adult leaders and 4-H clubs the reasons for having a project planning committee.
2. To assist in selecting worthwhile projects which may be carried in the school year and continue work on these projects.
3. To keep all club members informed as to projects and to inform incoming members.
4. To have a representative to report at the County Adult Planning Meeting.
5. The agent will compile necessary and helpful materials for the planning meetings.

VIII. Plan for Leadership

A. Home Demonstration

	No. in 1951	No. in 1952	No. in 1953	No. in 1954	Goal for 1955
No. Project Leaders (Subject Matter)	108	108	108	120	106
No. Federation Goal Chairmen	15	13	13	13	14
No. Program Development Leaders		13	13	13	13
No. Result Demonstrators	29	22	27	37	49
No. meetings at which leaders were trained by Specialist	8	7	4	9	6
By District Agent				1	1
By Agent	1	2	3	1	2

responsibility of meeting the Federation Goal objectives.

d. County Goal

Be responsible for reaching the county goals.

e. Achievement Day

Plan and carry through the Achievement Day Program.

- f. Hold a Spring Meeting of full membership of the county committee to review work of 1955 program and plan the work for the remaining year. Develop plans for 1956 Program. Select delegates to attend District Federation Meeting. Plan exhibits and activities for National Home Demonstration Week. Elect and finance the trip for at least two delegates to the State Federation Meeting in Blacksburg.

B. 4-H Council

1. The Louisa 4-H County Council will hold two meetings in 1955. One meeting to review and set up the program for the year on a county-wide basis. The agent will meet with three All Stars to make plans for the January meeting.
2. The 4-H County Council will have the responsibility for National 4-H Club Week Program.
3. The County Council will sponsor two Rural Life Sunday programs in two churches in the county.

C. County All Stars

I do not plan to organize an All Star Council in the County, but to work with them individually and have them assist with 4-H Club work.

## V. Farm and Home Development

The farm and home agent in the county plan to work with from two to four families in farm and home development. These families will be chosen by two of the officers of County Home Demonstration Committee and two men on the Farm Committee, with the assistance of the farm and home agents.

The agent plans to assist the family with home management problems and making improvements in home where they are needed.

The agent plans to visit in home at least once a month to give needed assistance and at any special request.

## VI. Scope of Work

A. Organization	No. in 1951	No. in 1952	No. in 1953	No. in 1954	Goal for 1955
No. of HDC	15	13	13	13	14
Membership	301	257	250	232	300
No. 4-H Clubs	12	11	11	10	9
Membership	205	221	220	222	265
No. YMW Clubs	1	1	1	1	1
Membership	39	39	36	28	25

## VII. Organizations in the County

## A. County Home Demonstration Committee

1. Have sub-committees to carry through the Extension Program for 1955.

## a. Year Book Committee

Be responsible for compiling and publishing Books for the year.

## b. Family Day Picnic

Cooperation with the Civic organizations in having this event.

## c. Federation Goal

Through the Federation Goal chairmen carry the

- b. Have a good program as a means of showing achievements.
- c. The agent will give publicity to the approaching event.
- d. Use leaders to assist with planning and arranging the program.

3. County Contest

- a. To have an outstanding <sup>4-H</sup> club girl participate in County Contest.
- b. To invite parents and friends to the County Contest.
- c. To have winners of Contest participate in the Achievement Day Program and District Contest.

4. National 4-H Club Week

- a. The 4-H County Council will be responsible for a window exhibit in Louisa and Mineral.
- b. To have a 4-H club county-wide party.
- c. To have 4-H members write articles for local papers

5. State Short Course

The county objectives is to fill the county quota with outstanding 4-H'ers to attend the State Short Course.

IV. YOUNG MEN AND WOMEN

- a. The agent plans to participate in an advisory capacity.
- b. The agent plans to attend the YMW Camp with the county group.
- c. To have 12 young men and women to attend YMW Camp.
- d. The agent will give assistance to young couples or individuals requesting help.
- e. Give special recognition to the development of leadership in young women who are members of Home Demonstration Club.

(4) Junior leaders assist in collecting records.

(5) 4-H members take part in Achievement Day.

5. Food Preservation

a. Objectives

(1) To have 2 girls who have completed preservation project continue.

(2) To have one group of at least 5 girls carry food preservation project.

(3) To teach the best methods in canning and freezing.

b. Procedures

(1) The agent will give individual instructions.

(2) To have 2 junior leaders give demonstrations and instructions to newly organized group.

(3) To have two elder girls participate in County Contest.

B. Other Activities

1. District Camp

a. Have 4-H club members meet the requirements for completion of projects to attend Camp.

b. To have all 4-H clubs represented at Camp.

c. To have 2 local leaders attend District 4-H Camp.

d. To have the 4-H club members who attended the District 4-H Camp, give a report at a Home Demonstration club on Camp.

e. For the 4-H'ers who attend Camp to teach skills learned at Camp to other 4-H'er clubbers.

2. Achievement Day

a. Hold a county-wide Achievement Day in the fall of '55

- (3) The demonstrations at monthly meetings will include:

Fitting a Work Kit  
 Washing Windows  
 Make a dustless dust cloth  
 Dust furniture  
 Make Broom cover  
 Remove marks from floors  
 Hang up clothes  
 Selection and care of equipment  
 Dish washing

- (4) The club members participate with 3 member demonstrations at each meeting.
- (5) Have this club participate in a short demonstration at 4-H Achievement Program.

#### 4. Your Room

##### a. Objectives

- (1) To instruct 32 members in one club on "Room Improvement".
- (2) To make the Bedroom more comfortable and livable.
- (3) To teach skills in making and repairing furnishing to use in their bedroom.
- (4) To use this project as an incentive to further Room Improvement Work.

##### b. Procedures

- (1) The agent will train leaders to assist with demonstrations at monthly meetings.
- (2) Five method demonstrations to be given in school year with leader assistance with summer project work.
- (3) Visit to rooms improved be made by 4-H members and interested people.

- or more years in Clothing Construction.
- (2) To show younger 4-H Club Members the important value of carrying a project for more than one year to further development in skills.
- (3) To develop the girls in clothing construction so as to aid the family.

b. Procedures

- (1) The agent will train a leader for each of the three clubs to assist in giving demonstration and instructions.
- (2) The agent and leaders give instruction in neighborhood groups during summer groups.
- (3) To have leader and junior leader assist with keeping records.
- (4) To have outstanding girls from each club participate in County Contest and Achievement Program.

3. Housekeeping

a. Objectives

- (1) To teach 28 girls in one club to feel the responsibility in daily tasks.
- (2) Lead to a project on Home Furnishing or Home Management.
- (3) To have the 28 girls carry the project to completion.

b. Procedures

- (1) The agent will train leaders to assist with demonstrations.
- (2) The Junior Leader will check and assist with collecting records.

## B. Clothing

## 1. Looking Your Best

## a. Objectives

- (1) To create a desire for personal pride in appearance and behavior as they contribute to health and social living.
- (2) To have <sup>four</sup> 4-H clubs with 130 participants carrying this project to completion and turn in records.

## b. Procedures

- (1) To train leaders to assist with demonstration in 2 clubs for 6 meetings. Agent is to give demonstrations in the 2 clubs.

- (2) Demonstration to be included are:

Rate Yourself  
 Fitting the Work-Kit  
 Care of Your Hair  
 Learn to Make Quick Repairs  
 Improve Posture  
 Hang Up Your Clothes  
 Care of your Feet, and Shoes

- (3) Two leaders and Junior leaders to assist with records in clubs.
- (4) To have "Looking Your Best" Revue in May.
- (5) Each month have three 4-H Club members give a short demonstration on "Looking Your Best".
- (6) Winner in "Looking Your Best", at the County Achievement Day Program.

## 2. Make and Remake

## a. Objectives

- (1) To carry Senior 4-H club members further in Clothing Construction who have already had one

## A. Project Work

## 1. Safety

## a. Objectives

- (1) To have a project that is county-wide that all club members will participate in.
- (2) To have safety as a school project.
- (3) To make Home and Surrounding safer for rural living.
- (4) To have 400 boys and girls carry this project to completion.

## b. Procedures

- (1) To have joint project groups for 50 minute periods in 8 groups for 3 months.
- (2) To have Method Demonstrations given at each of the meetings on:
  - Safety with Firearms
  - Safety in the Home
  - Safety in Buildings and Surrounding areas.
- (3) These will be given by County Police, Home Agent and Farm Agent.
- (4) Each of the 400 enrolled will receive a safety manual of instructions and record book.
- (5) Junior leaders will be appointed in each club to assist with checking and collecting records.
- (6) To have safety project features at the 4-H Achievement Day Program for 1955.
- (7) To have 4-H Reporter give news articles on the 4-H project.

6. Achievement Day

a. Objectives

- (1) The agent will plan with the Home Demonstration Committee the Adult Achievement Day Program.
- (2) To reach women who are not Home Demonstration members through the Achievement Day Program.
- (3) To show accomplishments of the years' program.

b. Procedures

- (1) The Home Demonstration Committee appoint a Committee to take charge of this program.
- (2) The Home Agent will advise and assist the committee with this program.
- (3) To give publicity to this event, both before and after the program to show accomplishments.

7. Unorganized Communities

The agent plans to organize a Home Demonstration Club in the town of Louisa with a minimum of 15 members.

8. Judging Done by Local Leaders

- (1) To have 5 local leaders who received training in 1954 continue judging in 1955.

9. Family Day Picnic

To cooperate by taking information to Home Demonstration Clubs on plans made by the County Committee of other organizations for County Picnic.

Encourage the participation of the Home Demonstration Club members at picnic.

III. 4-H CLUB WORK

a. Church Ground Improvement - Vawters Store HDC

This is a long-time project. The agent plans to encourage completion of this project in 1955.

b. Green Springs Grade School Library - Piedmont HDC

(1) To continue project for 1955.

(2) To furnish a list of good books from Extension to encourage adult reading.

(3) To be able to award Reading Certificates to 20 Home Demonstration Club members.

(4) To encourage Green Springs Club to participate in Library project.

c. The agent plans to encourage 3 other Home Demonstration Clubs to do short time community projects such as making Hospital Bandages and Repairing School Furniture.

4. National Home Demonstration Week.

a. Objectives and Procedures

(1) During Home Demonstration Week give to the county people through local paper the progress of Home Demonstration work.

(2) To have representatives of each of the 13 clubs and County Committee attend the District Federation Meeting.

5. Better Homes and Gardens Day

The Agent will plan with the County Committee in planning Better Homes and Gardens Day.

The Agent will advise and assist with getting a worthwhile speaker who will reach other families with the Extension Program for happier rural living. The Agent will also assist in giving Publicity.

## C. Other Activities

## 1. County Objectives

- (a) Assist and work with other organizations such as 4-H and Young Adults.
- (b) Seek to increase membership and attendance.
  - (1) Each member share information with at least three other persons.
  - (2) Each member bring at least 1 visitor during the year.
  - (3) Each club assist with unorganized groups where possible.
- (c) Promote County Health Program by:
  - (1) Secure information from County Health Officers.
  - (2) Actively cooperating with Hospital Auxiliary.
- (d) A representative from each club to attend every County and Leader Training Meeting.
- (e) Each club to hold 4 meetings without the agent present.
- (f) Accomplishment Sheets turned in by all clubs at September Meeting.
- (g) Devote 10 minutes of each meeting to the Federation Goal.
- (h) Each club to visit one place of historic interest during the year.
  - (1) Each club to report items of interest to the county publicity chairman.

## 2. Result Demonstrations

(Taken care of in Subject Matter Fields)

## 3. Community Projects

- (d) County Federation Goal Chairman will prepare a sheet for Home Demonstration Club members to get information on accomplishments for Federation Goal activities.
- (e) The Agent and Federation Goal Chairman will reach other families through local paper with special musical programs.
- (f) The Federation Goal Chairman make a contribution to the County with a special Easter Program.
- (g) A short time be given at each monthly club meetings on carrying out the goal objectives.
- (h) The County Federation Goal Chairman prepare a report to be given at the District Federation Goal Meeting.

### 3. Home and Community Beautification

A long-time Federation Goal preceding "Art In Daily Living".

- (a) To continue the 15 Yard Improvements Result Demonstrations having been carried two or more years.
- (b) To have 4 new Result Demonstrations started on Lawn Improvement.
- (c) To have result demonstrators report to agent the number of people reached and how.
- (d) To get assistance from Extension Staff to visit 3 Result Yard Improvement Result Demonstrators. Take pictures and use the demonstrations as feature stories.
- (e) To make an effort to reach others by meetings at the Result Demonstrators.
- (f) The Agent will send to each of the demonstrators blanks for accomplishments for 1955.
- (g) The agent will give publicity to the demonstrators.

B. Federation Goal - Art in Daily Living

Art in Daily Living is a continued Federation Goal. 1955 being the third year carried as a county goal.

1. Objectives

- (a) To continue to create a desire for an appreciation of what we have in materials and traditions that makes daily living more beautiful with music.
- (b) To study and appreciate the beauty in good music.
- (c) Encourage listening to good musical programs on radio and TV.
- (d) Encourage membership and attendance of the Louisa County Chapter of Virginia Orchestra Guild.
- (e) Have group singing or recordings of good music at meetings.
- (f) Learn to distinguish the different musical instruments.
- (g) Have quizzes and musical games at meetings.

2. Procedures

- (a) A County Committee composed of Agent, County Federation Goal Chairman and Federation Goal Chairmen of the 13 Home Demonstration Clubs, hold a meeting for the purpose of planning the 1955 goal program with emphasis on music appreciation.
- (b) The County Federation Goal Chairman and agent will send to Goal Chairmen materials for December meeting and goal program for 1955.
- (c) For each Federation Goal chairman to explain program for the year.

- (8) The agent will make home visits to assist with special problems such as machine adjustments and fitting problems.

#### 4. House Furnishing

##### a. Objectives

- (1) To gain knowledge in selecting articles and materials for accessories and dining room use and plastic in house furnishings.
- (2) To emphasize more simple and attractive accessories for daily use and informal entertaining.
- (3) To teach wise buymanship and selections of plastics.
- (4) To teach the use and care of plastics.

##### b. Procedures

- (1) The agent be responsible for giving two method demonstrations, Selection and Using Dining Room Accessories and Study of Plastic and their uses, at monthly meetings of the 13 Home Demonstration clubs.
- (2) The agent will distribute bulletins on Dining Room Accessories and Plastics to each of the Home Demonstration Club Member.
- (3) The agent will make home visits and office conferences to give assistance when requested.
- (4) Home Demonstration club members will take information to other people.
- (5) Have a window exhibit on table setting and plastics for the purpose of reaching people who are not club members.

nutritional problems.

- (6) The agent will write articles for the local paper.
- (7) Distribute bulletins on Foods and Nutrition.
- (8) For the Taking Off Pounds Safely Club to give a review at Achievement Day showing accomplishments.

### 3. Clothing

#### a. Objectives

- (1) To save time and money through proper laundering and care of newer fabrics.
- (2) To reach women with instruction "Care of Newer Fabrics" and on "Simple Construction."
- (3) Through the clothing program economic savings in family clothing and selection of materials.

#### b. Procedures

- (1) The agent will hold a three-day county-wide work shop with an effort to instruct 20 women on clothing construction.
- (2) Preceding work shop the agent and 4 clothing leaders will plan the instructions.
- (3) Instruction will be sent the 20 women on pattern and material selection.
- (4) At the close of the work shop the dresses constructed will be displayed in a window exhibit.
- (5) The agent will give a method demonstration at each of the 13 clubs on washing and caring for newer fabrics with materials secured from the Specialist.
- (6) Distribute bulletins on fitting and construction and care of fabrics to interested women.
- (7) The agent will write articles for the local paper on "Clothing Construction and Care".

- (6) To reach non Home Demonstration Club women by club members taking information to them.
- (7) Agent will write 3 articles in local newspaper on some phase of Home Management.
- (8) Agent will make home visits to assist individual homemakers.
- (9) To hold meetings at each Result Demonstrator.
- (10) Distribute informative bulletins and prepare materials to interested homemakers.

## 2. Food Preparation and Nutrition

### a. Objectives

- (1) To save time and money through planning and preparation.
- (2) To improve health through nutritionally planned meals and low calories.
- (3) To reach 282 women with information on Food Preparation and Nutrition.

### b. Procedures

- (1) To have specialist train leaders for method demonstration for 2 regular club meetings.
- (2) To reach 15 women in Piedmont Club with Taking Off Pounds Safely.
- (3) Have every club member reach one non-club woman with information gained at these demonstrations.
- (4) Have 8 women be Result Demonstrators on Taking Off Pounds Safely in this way show other women the advantages of such a program.
- (5) For the agent to make home visits to assist with

demonstrations in in-school clubs or in neighborhood groups after school hours. Projects are selected to attempt to meet the needs of the advantage or low income families in an effort to prepare the 4-H club members to participate in rural family activities.

## II. ADULT PROGRAM

### A. Subject Matter Fields

#### 1. Home Management

##### a. Objectives

- (1) To save time and labor in management.
- (2) To gain knowledge of business and management facts.
- (3) Economic savings of family income.
- (4) To learn to make simple household repairs to save time and family income.

##### b. Procedure

- (1) To hold method demonstrations on the following:
  - Business Facts
  - Time Savers in House Cleaning
  - Simple Household Repairs
- (2) Specialist will train 3 leaders for each of the 13 clubs to give demonstration at the regular monthly meeting.
- (3) To hold one-county-wide special interest meeting on Household Accounts reaching all communities throughout the county.
- (4) To have 6 homemakers in 6 different communities as Result Demonstrators in Household Accounts.
- (5) Continue the five Kitchen Improvement Result Demonstrators and add 4 others in an effort to show good management.

## I. COUNTY SITUATION CONSIDERED IN MAKING THE 1955 PLAN OF WORK

Louisa County is a rural county. On its 516 square miles are 1545 farms according to the 1950 census. General, Poultry and Live-stock are the leading types of farms.

Farming, lumbering and small business are the sources of income for the Louisa county citizens. The land is not producing an adequate income. Due to this, rural women work in near-by towns to help supplement the family income.

Because of the consolidated high school, children are away from home most of the day. The Mother has most of the chores to do. The average Louisa County family has no hired help in the household.

The above are contributing factors in the Home Demonstration women choosing time savers as tied in with money management in the 1955 Home Demonstration Plan of Work. Special interest is showed in saving time in house cleaning and simple and quick food preparation.

The Home Demonstration Club members feel the necessity of learning how to spend more wisely is also emphasized by their interest showed in keeping household accounts as a means to improve their purchase power.

Because the scattered neighborhood makes it difficult to have long instructions at regular monthly meetings, it is felt that interest groups on a county-wide basis, open to all women of the county are necessary. This will provide additional opportunities for instructions on expressed needs as Clothing Construction, Taking Off Pounds Safely, Basket Making and Keeping Household Accounts.

The Federation Goal is "Art in Daily Living" with desires to bring families closer in social and spiritual fellowship.

Projects for 4-H club work has been selected to be able to have

PLAN OF WORK

1955

LOUISA COUNTY

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HOME DEMONSTRATION AGENT