# Meagan C. Alder, M.S. 10556 Faulkner Ridge Circle, Columbia, Maryland 21044 410-715-6849 (home) 410-340-9591 (cell) malder@vt.edu

## **PROFESSIONAL EXPERIENCE**:

Family Therapist Intern

August 2003 to present

Center for Family Services, 7054 Haycock Road, Falls Church, VA

- Provide psychotherapy and mental health services to individuals, couples, and families applying a systemic, strength-based, process-oriented approach.
- Conduct assessments, which include providing a multi-axial DSM diagnosis and identifying problem areas, stressors, family strengths/assets, and risk issues.
- Develop and implement treatment plans, address treatment goals and objectives, and reassess those goals when appropriate.
- Participate in case planning sessions discussing and collaborating with supervisor and other therapists.
- Consult with other therapists, psychiatrists and other mental health professionals in order to coordinate services for clients when appropriate.
- Fulfill administrative duties and maintain client files, according to AAMFT guidelines.

Therapist Intern

September 1, 2004 to present

Laurel-Beltsville Oasis Youth Services Bureau, 702 Gorman Ave, Laurel, MD

- Provide therapy and counseling to young children, adolescents, and families experiencing family conflict, substance abuse problems, and behavioral problems.
- Conduct intake interviews and assessments, psychosocial evaluations
- Develop and implement treatment and care plans, address treatment goals and objectives, reassess goals when appropriate
- Maintain confidential client records

Front-line Counselor

April-August 2001

Pioneer Development Systems and Services, 5900 S 900 E, Salt Lake City, UT

- Provided short-term crisis interventions for clients with issues ranging from marital problems, domestic violence and substance abuse to suicide.
- Managed and de-escalated volatile situations and referred callers to local help centers if needed.
- Conducted initial intake interviews by telephone for those individuals requesting counseling services, and made referrals when necessary; maintained schedule for assessments for long-term patient services for substance abuse treatment.

## **RESEARCH EXPERIENCE:**

Graduate Research Assistant

August 2002 to present

Virginia Polytechnic Institute and State University, 7054 Haycock Road, Falls Church, VA

• Collect and organize data from two on-going domestic violence research projects conducted in conjunction with the Armed Services.

- Strict attention to detail required managing in-coming data from 12 separate military installations; review and correct data before being statistically analyzed.
- Read and code articles from child abuse literature for meta-analysis and literature review, write the findings of the review on over 100 variables.

## Teaching Assistant

August 2001-June 2002

University of Utah, Psychology Department, Salt Lake City, UT

- Assisted students with diverse issues; prepared and conducted exam review, constructed and proctored exams.
- Provided written feedback on exam challenges and decided if the challenge was worthy of credit.
- Administrated evaluations on module instructors, and completed the statistical analysis of evaluations with SPSS.
- Maintained record of research participation hours for all students and extra credit hours.

Undergraduate Research Assistant:

September 1999-June 2002

University of Utah, Psychology Department, Salt Lake City, UT

- *Clinical Psychology*: Coded transcripts and videotapes of therapy sessions from three empirically based intervention programs.
- Assisted in revising the coding system being used for the Functional Family Therapy model, and acted as a mentor for undergraduates on new coding assignments.

Undergraduate Research Assistant:

September 1996-June1997

University of Utah, Psychology Department, Salt Lake City, UT

- Social Psychology: Set up and conducted experiments with undergraduate participants, administered "Big Five" personality questionnaire, gained informed consent and debriefed participants.
- Maintained records of participants, strong attention to detail was required.

## **VOLUNTEER EXPERIENCE:**

Volunteer Service—Chile, Santiago

August 1997-February 1999

• Fluent in Spanish

Project Youth Mentor, University of Utah,

May 1996 and May 1997

• Organized and lead tours for low SES children to visit university campus; participated in motivational activities and speeches to set goals to attend college.

#### **EDUCATION:**

Virginia Polytechnic and State University – Northern Virginia Center, Falls Church, VA Masters of Science in Marriage and Family Therapy, expected graduation date May 2005 Cumulative grade point average to date: 3.96

University of Utah—Salt Lake City, UT Bachelor's of Science in Psychology, May 2002 Cumulative grade point average: 3.7

**MEMBERSHIPS:**Student Member of AAMFT Golden Key International Honors Society Psi-Chi—Psychology National Honors Society

September 2002 to present September 2000 to present January 1995 to present