Virginia

AGRICULTURAL EXTENSION SERVICE

Annual Report

Home Demonstration Work

1951

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Agent

King and Queen

COUNTY

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The County Situation As It Affected The 1951 Program

The County Home Demonstration Extension Program for 1951 was planned to meet the needs and interest of the people. The economic and social conditions confronting the various communities were discussed and studied carefully through group meetings, home visits, club meetings and personal contacts with community leaders and county workers.

The chief types of agriculture in King and Queen County are general farming, truck farming, family gardens, livestock andpoultry including turkeys. A large portion of the county land is in timber, therefore, many people earn a large portion of their income from the lumber mills and farm on the side, growing such cash crops as cucumbers, tomatoes, black-eyed peas and tobacco. In one section there is a canning factory which cans English peas, string beans, lima beans, corn, tomatoes, black-eyed peas and squash for the first time this year, which provides work for women about six months of the year. In the middle and lower section of the of the county a few men work in the lumber mills and in the pulp mill at West Point. These women for the most part do not work outside the homeand depend solely on the income of their husbands except money gained from the sale of butter and eggs. Some of the families living nearer West Point earn their livilhood from non-farm employment in nearby towns. These women are found in industrial centers and other types of occupations. In spite of these conditions prevalent in each section, there are many families in each district who depend solely on farming as a means of income. The majority of the families grow family gardens, swine, and poultry for home consumption.

The people group themselves according to the neighborhood church. Though the county is seventy miles long, groups travel from one endto the other and a spirit of cooperation exists between various groups.

After careful study of the problems which affect the county, the subjects on which the groups expressed the most interest and on which the need was most urgent were set up in the program calendar to be worked on monthly.

Contributions Of The 1951 Program To Better Family Living

This report deals with some of the activities, accomplishments of Negro farm families, home demonstration women, 4-H girls, home demonstration club leaders and 4-H club leaders in King and Queen County. It concerns extension practices which have been recommended, and reports results which were obtained.

The 1951 program of home demonstration work was planned with the county home demonstration committee. Close contact with program development leaders, regular visits with leaders, close observations on home visits, and through working with other county organizations made thecounty situation very clear. Thus working such organizations as the parent-teachers association, rural youth groups, the American Red Cross, the county welfare department and the county advisory board; the social, health, recreation, clothing, and economic needs of the people were made visible.

The farm families needed to become familiar with their needs and problems to the extent that they would be Interested to improve existing conditions.

The conditions considered were the high prices of ready- made clothing, the prices of foodstuffs, poor arrangements of kitchens. In discussing these situations some of the underlying factors which made these conditions so important and the outlook for 1951 were explained in detail so as to inform farm families of the real significance of these problems.

The year's program contributed to the citizens of the county a desire for a more sufficient, satisfactory family living from the farm. It has enabled farm families to be better clothed at a lower cost by participating in the project clothing for the family. The farm women not only made garments for themselves but made and repaired garments for the entire family. Group discussion on the prices and quality of ready made garments versus that of home made articles, the size of the family, the family income. The amount which could be spent for family clothing, and the wise use of materials on hand suchas feed bags made homemakers see the necessity for home sewing to meet the family needs.

Home improvements and home furnishing with special emphasis on kitchens was another important phase

was another important phase which required attention. The average housewife spends more time in the kitchen than in any other room. The need for good foundations, floors, ventilation, screening, and better arranged kitchens was quite evident. The family income was discussed, and the amount which could be spent for housing consideredin this project. Families were urged to make a budget and to keep accurate records of expenses. They were urged to write down actual needs and to decide what things were most important and advantageous. As a result of budgeting the income, it is hoped that the housing condition will be improved over a period of years.

The occupation and cash income of family heads were considered carefully in regards to the amount of food produced on the farm, size of the family, quantity of food canned and stored. Families were encouraged to produce and preserve according to an annual food supply budget andto grow year round gardens, as a result demonstration. These demonstrators entered in a garden contest, which was sponsored by the County Advisory Board in an effort to encourage more families to grow year-round gardens.

Health and recreation were worked on as a long time goal. The health facilities were few, as there is no local health board. In each club there is a health committee composed of three women who are to keep club women informed on matters regarding health practices and activities. The recreational activities are limited. Each club has appointed three persons to be responsible for a fifteen- minute recreational period during club meeting. Families were encouraged to provide family recreation weekly at a time when the entire family could participate. Groups became interested in a county recreational project which would provide a place for county activities. This is a long time recreational goal.

The home demonstration committee planned the program of work for the year to meet the needs evident above and presented them to the county Advisory Board for its approval and later to the various home demonstration clubs for

adoption. In addition to the county program seven groups wished to etch aluminum trays as club choice and one group wished to upholster furniture.

A total of 130 leaders were trained in clothing constructinn,meal planning,preparation,food preservation,home improvement,etching aluminum trays ,and upholstering furniture in thirty county and community leaders training meetings.With the assistance of these leaders, a great deal was accomplished towards better family living.With the help of these leaders the following results were reported:183 dresses,3 housecoats,17 aprons, 5 bags,15 children garments were made;11 tables,one piano and five chairs were refinishedand upholstered.Leaders reported 245 families planned and prepared meals properly.

Eighty-seven farm families produced and canned food according to an annual food supply supply budget.These families reported 43,662 quarts of fruits and vegetables canned,770 pounds frozeh,and 15,500 pounds stored.

The accomplishments which were reported contributed in a large measure to better family living throughbetter health,better housing and more self-sufficient farm families.

Adult

Project Work

The program of work for this year was based on the needs and interests of the county,giving consideration to the economic status,educational background and social outlets of each community residents.The home demonstration committee composed of club presidents,club leaders,program development leaders, and county workers discussed the problems in detail and planned project work to meet the needs of the people.Each club carried the same projects but not during the same months,working first on the area most important to its members.

Sewing To Meet The Family Needs

The objectives of this project are:

1. To enable the homemaker to budget the income better.

2. To enable the farm family to be better dressed through proper pattern and fabric selection.

3. To encourage the homemaker to make the family clothing with the proper interpretation and use of commercial patterns.

4. To enable rural people to be well dressed by using proper finishes and closures and proper fitting garments.

The clothing work with the various groups was conducted with the assistance of two or more clothing leaders in each club. These leaders were trained individually or in groups to perform specific duties. Nine community leader training meetings were held to train leaders in taking body measurements, making pattern adjustments, interpretating and using commercial patterns, garment construction, fitting, proper finishes, and closures for various garments. In addition to these community leaders training meetings instructions were given to leaders in regular home visits. A total of 21 clothing leaders were trained.

Due to the condition of machines found in many homes, the increasing cost of clothing, thereby increasing the need of sewing for the family, a need for a sewing machine clinic was felt. The Singer Sewing Machine Center of Richmond conducted a machine clinic on March, in the office of the home agent. Demonstrations were given on cleaning, oiling, adjusting the stitch, adjusting the upper and lower tension and the way in which a treadle machine can be converted into electric. Twenty-seven women attended this meeting and a total of thirty-three machines were adjusted.

Mrs. Rosie Robinson and Mrs. Reecie Pollard clothing leaders of the Owenton home demonstration club assisted 14 club members with their family sewing. The articles worked on were housecoats, suit dresses, children's garments and one-piece dresses. Mrs. Gertrude Doby of the Owenton club used a sewing machine for the first time and learned very well with the assistance of the other club members. When she finished one dress she was so proud that she decided to make a second one immediately. Mrs. Doby said to the club members "I never thought I'd be able

to make a dress, I have always paid someone at least $1.50 to make a feed bag dress for me."

Miss Grace Banks, of St. Stephens Church, home demonstration club assisted twelve members of her club with clothing problems. Mrs. Mary Pollard used a commercial pattern in making her dress for the first time. She was so happy over her sheer cotton, it was used for dress occasions.

With leadership such as this in nine adult clubs, 21 clothing leaders assisted 170 club women and 45 non-club women with their clothing problems. A total of 254 articles were reported made from feed bags, cotton, rayon, and linen. Other articles were reported remodeled, repaired and made over.

To publicize extension activities and accomplishments, an achievement day in the form of a dress revue was sponsored. To climax the project on sewing for the family ten home demonstration clubs participated in the program. Eighty-three women and seven children wore their dresses in the revue. Mrs. Margaret Poles, a former Home Economic teacher pointed out important features about each dress, such as suitability of color, style and design of material for individual, serviceability of garment for various occassions, workmanship and the ease with which the garment could be changed or laundered. Individuals told the cost of the garment in comparison to the price of the ready made garment. Approximately 150 spectators witnessed this program which featured some of the results of extension teachings.

Home Improvements With Special Emphasis On Kitchens

The objectives of the project were:

1. To make the homemaker aware of the time she could save by properly planning her kitchen.
2. To give her a chance to see how many steps she makes in doing a job.
3. To let the homemaker see how much time and energy she wastes in preparing a meal in a poorly arranged kitchen.
4. To sanable the homemaker to realize the importance of working tables.

being the proper height and being spaced properly.

5.To familiarize the homemaker with desireable floor and wall finishes for kitchens.

6.To make the rural family conscious of the necessity of good kitchen storage fod food preserved.

To arouse interest in kitchen improvement, demonstrations were given on textile painting of articles for the kitchen. After which five clubs purchased textile painting set and began to make attractive articles for the kitchen. Some of the articles made were kitchen curtians, kitchen chair covers, dish towels, hand towels, luncheon sets and table cloths for kitchen use. This created a great deal of interest in this project.

Miss Alverson, the Extension Service Home Management Specialist from Blacksburg, Virginia visited the county in June and trained the agent for monthly demonstrations on the project. It was suggested that demonstrations on this project would began with planning good foundations, good floors, good walls, sufficient windows and doors; then plan and work on the things to purchase first and then the arrangement and storage. To carry out the suggestions, samples of floors, wall finishes, and floor coverings were assembled in a kit and discussed. To hold the interest of the groups slide films were shown on poorly arranged kitchens, well arranged kitchens, and kitchen storage in an effort to show homemakers how much time and energy can be wasted in a poorly planned kitchen. Demonstrations were given on controlling time and energy through kitchen arrangement. This was done by preparing bread in a poorly arranged kitchen, showing the time and the number of steps it required and rearranging the same kitchen and performing the same duties and show how quickly, and how many steps could be saved. Individuals drew their kitchens to scale and brought them to club meetings fo discussins and suggestions of ways in which improvements couls be made in their kitchens. 125 families made improvements in their kitchens, 33 added kitchen storage space , 7 families purchased new stoves, and 41 imp-

roved the wall finish.

Mrs. Susie Baylor, of St. Stephens Church was the kitchen improvement demonstrator in her club. This year Mrs. Baylor installed built in wall and base cabinets in her kitchens and made chair covers for her kitchen chairs. In addition she painted the walls of all the rooms downstairs. She plans to purchase a refrigerator and install hot and cold water in the kitchen. Storage space for canned fruits and vegetables is provided for in the basement of the house.

Mrs. Pearl Booker, home improvement demonstrator of Newtown community for two years planned to improve the four rooms downstairs first. She planned to improve her bedroom firrst and her living room was the next room in her program. After she became a demonstrator, her plans for improvement wereddiscussed in detail with the home agent. Mrs. Booker changed her mind and began work on her kitchen which lacked counter-working space and storage space. Mrs. Booker worked very hard on this project and and contributed a great deal by building the wall and base cabinets and painting them. The Booker's painted the kitchen blue and white, purchased patterned inlaid linoleum, made white with blue trim cottage style curtains, and purchased a blue and white chrome dinnette set. To add to the already attractive kitchen, the Booker's added an electric stove to make for cleanliness, ease, and speed in meal preparation. Plans are to install hot andcold water next year. Provisions were made to install a sink when the base cabinets were put in.

Community meetings were held in the home of the Baylor's at St. Stephen's Church and the Booker's at Newtown to witness the results of peactices which had been conducted.

Year Round Garden's And Food Preservation

The objects of this projects were:

1. To encourage farm families to grow food sufficient to supply his family needs for the year.
2. To make thehomemaker conscious of the high of food and the great

necessity for growing the food needed by the family.

To enable the farm family to have better planned meals.

Demonstrations were given in club meetings on planning the yearly food supply and canning budgets. Group discussions were held regarding planting dates, the amount needed for individual families yearly, and the variety of vegetables suited to this area. The extension circular on vegetables garden suggestions for Virginia farmers was distributed to each club member and discussed fully. Ten families carried result demonstrations on year round gardens. The farm and home agents worked jointly on these demonstrations. The County Advisory Board sponsored a garden contest to interest people in growing year-round gardens. Early gardens, were scored in June and the fall gardens were scored in September andwinners were selected. The fall gardens were toured and the score was made by farm agents, F.B. Goode of Gloucester County, M.T. Poles of King William County and home agent, Miss E.A. Bradley of King William County. Community meetings were held at six of these demonstrations and each garden was visited and practices followed which were discussed by the homemaker. The garden plan. rotation system, cultivation, fertilization, planting time, source and variety of vegetables used by the family were discussed by the group

The Herman Baylors of St. Stephens Church carried this result demonstration again this year. The soil was plowed as early as possible, a liberal application of manure and 500 pounds of 5-10-5 fertilizer was added. The garden plot was located near the house with a row of poppies and dahlias on the side. In the early garden they had a total of twenty-seven different varieties. In her record keeping Mrs. Baylor figures she spent $35.00 in cash and gathered approximately 97 bushels of vegetables valued at $300.00. They were able to sell at the local store all the lettuce and rhubarb which was not needed. The family placed a single garden exhibit on the 8 County Tidewater District Fair and won second prize, reported 417 jars of fruits and vegetables canned, 70 containers of fruits and vegetables frozen, and stored 250 pounds of vegetables.

Health and Recreation

The Objectives of this project were:

1. To familiarize farm families with good health practices.
2. To teach the importance of a safe water supply.
3. To enable the entire family to enjoy each other through participating in family recreation.

To accomplish these goals it was planned that the club members from each club would take the Red Cross Home Nursing Course. Due to the heavy schedule of the local nurses, this course could not be secured this year. Since this could not be done, each adult group appointed a health committee of three persons who were to bring health information to the clubs monthly.

Good health is a family necessity. It is vitally important that family heads become familiar with good health practices. Since cancer claims a large number of lives. as a health feature two films on cancer were presented on October 26, 1951 at the King and Queen Central High. The films, one for men only, and one for women only, dealt with self-examination for signs of cancer. A discussion and question period followed the film to give the groups more information on the subject. Mrs. L.C. Watkins, the County Publicity Chairman of the American Cancer Society; Mrs. A.W. Frizell, a Registered Nurse; Mrs. Catherine Chazo the Commander of the Virginia Division of the American Cancer Society; and Dr. Elric G. Stewart a local physician were present to lead the discussion and give facts on cancer. Dr. Stewart lectured on the subject giving recent cancer research findings. The following points were stressed; monthly self-examination for signs of cancer, thorough examination by the family doctor following precisely his advice; he urged the group not to be mislead by fake healers or patent remedies as a cure for cancer, he especially stressed that if found in time cancer could be cured, and that the only cure known to medical science to date is surgery, X-ray, or radium.

Publicity for this program was given by thehealth leaders , and attended by a group of 147 men and women. Mrs. Isabelle Howard and Rev. J.C. Graves assisted in the operations of the projectors to show the films.

Recreation leaders were appointed in nine adult groups and led recreational activities in club meetings for fifteen minutes each month. The group engaged in games, songs and activities which could be used in the home for family recreation.

Other Activities

Farm And Home Unit Demonstrations

The objectives of this project were:

1. To improve the entire farm and home as a complete unit.
2. To create in the family a desire to improve the surroundings of farm and home.
3. To encourage the family to follow recommended practices.

The farm and home agents worked cooperatively on this project in showing the results of long time planning and the use of extension practices, to prove to thepublic that a family can live well on the farm, and to interest others in living on the farm. There are three farm and home unit demonstrators, one in each magisterial district. Mr. and Mrs. Baylor Davis of Stevensville District, made t the following home improvements: painted the house outsideand two rooms downstairs and installed running water. Mr. and Mrs. Archie King of Beuna Vista District purchased a new dining room suite andpapered the dining and living rooms walls. Mr. and Mrs. Ruben Gaines of NewtownDistrict painted two rooms downstairs, had the house wired, purchased a refrigerator and washing machine. These accomplishments have been an incentive to other families living on a farm.

Community Live At Home Work

The objectives of this project are to encourage farm families to make farm and home improvements, to produce sufficient food for family and livestock, to be home owners, and to have happy satisfied farm families. The farm and home agents worked cooperatively with the Plainview-Prospect Community in carrying out these objectives. One can visit this community and readily see evidences of this

program through; painted homes ,green pastures, gardens,new homes,poultry flocks,corn,hogs,green lawns and running water.

Farmers Conference

The County Advisory Board sponsored a farmer's conference on February 26, at Zion Baptist Church,Cumnor Community,Mrs.Sadie Roane ,home demonstration agent from Westmoreland County gave a very informative demonstration on planning the home with emphasis on remodeling,insurance,and home insulation.Mrs.T.T. Hewlett gave a demonstration on kitchen arrangement.Mr. S.E. Marshall spoke on record keping ,Mr. I.C. Peeble discussed poultry.This annual conference was held in an effort to provide farmers and homemakers with factual information and demonstrations which would assist the with yearly farm and home planning,money management and to give the farmer and homemaker an opportunity to discuss their problems with specialists.

District Home Demonstration Meeting

The King and Queen County Home Demonstration Committee sent four delegates to the district home demonstration meeting on May 3,at the John M. Gandy School in Hanover County.The women representing the county were;Mrs. Pearl Booker of Newtown,Mrs. Pattie Allen of Mattaponi,Mrs.Ethel Baylor of St.Stephens Church, and Mrs. Susie Ellis of King and Queen Courthouse who gave a report on the accomplishments of the county on the objectives of the district goal,housing, health and recreation.

Parent-Teacher's Association

The home agent cooperated with the P.T.A. in planning the program for the year.The Home demonstration clubs of the county presented a program as the May feature of the County Parent Teacher's Associations.The program consisted of a series of demonstrations of the old versus the new in fashions,clothing construction,food preparation,food preservation,meal planning,child care, home improvement,gardening,emphasing year round gardens,yard beautification, proper table services and various other activities which home demonstration

women carry on in the community. The various scenes showed how the extension work functions in a community and showed the importance of it in making happy, healthy contented rural people.

The incentive to present the program was received from "The Home Demonstration Picture Album", presented by the Delaware Home Demonstration Club in 1950.

The American Red Cross

The home agent with the assistance of 13 leaders conducted the county Red Cross drive.

Negro Organization Society

Cooperation and assistance of 10 leaders supported the Better Home Committee of this organization. Help was given in reporting information regarding home improvements made in the various communities during the year.

4-H Club Project Work

Food For Pep

The goals set up in this project were reached as a result of children refusing so many foods in the school lunch program, discussion with parents, club leaders and 4-H club members who believed that the project, food for pep would help to solve that particular problem.

The objectives of this project are:

1. To improve the food habits of rural children.
2. To teach children the seven basic food groups and the role each group plays.
3. To teach school children what constitutes a good lunch.
4. To teach 4-H club members to pasturize milk at home.
5. to enable them to make milk drinks, measuring accurately.
6. To teach boys and girls to set the table and wash dishes correctly.
7. To encourage record keeping of meals prepared and menus served in the home for a week during three seasons.

This project work was conducted through the assistance of 15 adult leaders and 12 junior leaders who were trained individually and in small groups to give

the various demonstrations. 4-H Club Leaders Manuals with the demonstrations planned for the year, Bulletin on Food For Pep, song sheets, and duties of 4-H club officers and leaders were distributed to each leader. These leaders gave a total of 36 demonstrations on the project, 130 of these kept a record of meals prepared and menus served for one week during three of the seasons, and 142 of the girls enrolled in the project completed the work.

Hanneh Holmes of Edgehill 4-H club reported that she had packed lunches for her brother and herself for 32 days, set the table and washed dishes correctly for two months, and had planned and prepared meals 120 times. She states that "this project has meant a great deal to me because I have no mother and have most of the cooking and housework to do".

Food Preservation

The objectives of this project are:

1. To encourage club membersto grow vegetables for home canning.
2. To teach correct methods of food preservation.

Twenty 4-H club members were engaged in work on this project in four clubs. Parents of 4-H club members who are interested in food preservation have been asked to work with club members and club leaders on this project. These persons were given canning bulletins, hints on labor saving aids in canning, and the latest time table in canning. Parents and leaders were asked to train 4-H club members in the selection of vegetables, preparation of vegetables, and containers for canning, care and operation of canner, and the proper storage of canner and and canned fruits and vegetables.

Wilhelmina Howard of King and Queen Court House carried Food For Pep and Food Preservation. She reported that during the summer when her mother was in summer school, she planned, prepared and served meals six days a week for nine weeks. She reported that she canned 50 jars alone and helped to can 450 jars.

The County Advisory Board sponsored a canning contest and prizes to be awarded to the three girls canning the largest amounts. Wilhelmina Howard can-

ned the largest amount and is the winner of the county contest. Thirteen of of the girls enrolled in food preservation completed the project and reported 3500 jars in which they helped to can.

4-H club members made a total of 57 jars of canned food on the 8 County Tidewater Fair. Mary Allen of Hockley 4-H club entered 7 jars of canned vegetables and fruits, and Mary Pollard of Edgehill 4-H club entered 9 jars of canned fruits and vegetables. 4-H club leaders Mrs. Ida Anderson of Hockley and Mrs. Blanche King of Plainview-Gressitt assisted 4-H club members to assemble and arrange exhibits at the fair.

Other Activities

4-H Short Course

Mrs. Eugie King, Leader of Plainview-Gressitt 4-H club accompanied Doris Greene of Gressitt, Bertana Billups of Hockley, Mary Pollard of Edgehill, and Cora Fortune of Owenton 4-H clubs to the State Short Course which was held at Virginia State College, Petersburg, Virginia in June. Each 4-H club helped to share the expenses of the delegates and leaders for the three days.

Wild Life Conference

Maude Johnson of Owenton 4-H club and Maggie Lawson of Hockley 4-H club attended the wild Life Conference August 8-10 under the guidance of Mrs. Julia Walker 4-H club leader of Hockley.

Vacation Bible School

Five church schools conducted Vacation Bible School at the Prospect Baptist Church June 18 through 22. Assistance was rendered by the home agent and four leaders in handwork and sewing to sixty five 4- H club members. At the closing exercises of the school an exhibit of the articles which had been made by the group was made. Some of the articles made were: trash cans, pot holders, wall placards, book markers, and dresser scarves.

During the week of July 9 through 13 three 4-H leaders and the home agent worked with seventy 4-H club members in a Vacation Bible School at Bethlehem

baptist Church, Bruington with sewing, handicraft articles, and wood work. The following articles were completed: 11 sprons, 12 pot holders, 1 clothes pin apron, 6 pot holder racks, 4 trash cans, 7 sea shells painted, and two book cases were made.

These two Vacation Bible Schools were conducted and worked on coop ertively with three local ministers, six teachers, the farm agent, and twenty three local leaders. The main objectives of such conferences were to train youth spiritually, socially, to develop leadership, cooperation and to encourage wise use of leisure time by making useful things with the hands.

Rural Life Sunday

Rural Life Sunday was observed at the First Baptist Church, Hockley the third Sunday in June. The farm agent T.W.Allen secured Rev. Drew from Virginia Union University as speaker. 4H club members sat in a group in the center section and served as ushers. Mrs. Julia Walker, Mrs. Ida Anderson leaders of Hockley 4-H club and Mrs. Edith Bingham leader of Gressitt-Plainview 4-H club assisted with the program.

Scope Of Work

	1948	1949	1950	1951
Number of home demonstration clubs	4	7	9	10
Membership	63	93	121	170
Number of 4-H clubs	3	5	5	8
Membership	46	68	79	158
Number of other families reached	250	450	600	550

County Organizations

County Advisory Board

The County Advisory Board consists of 65 members, 35 of whom are home demonstration club members. Themain objectives of this board are to support the overall county extension program, to encourage better living from the farm by rural families, to sponsor an annual farmer's conference, to serve as leaders of

county wide activities, to support 4-H club work, to participate in the Tide water Agricultural Fair, and to conduct the Live-at-Home Program.

Some of the county-wide activities supported this year were the Live-at-Home Program, Parent Teacher's Association, American Red Cross, The Tidewater Agricultural Fair, Rural Life Sunday, and the T.B. Association. The County Advisory Board sent Mrs. Ethel Baylor Of St. Stephens Church and Mr. John Collins as delegates to the State Advisory Board Meeting which was held in Southhampton County, September 11-12, 1951.

Home Demonstration Committee

This committee is composed of club presidents, leader, organizational leaders, program development leaders, and county workers who work cooperatively with the County Advisory Board. This group plans the home demonstration program for the year and presents it to the Advisory Board for approval. The two groups function as one in planning and supporting the county extension program.

As an achievement day feature this year the committee sponsored a clothing revueas an informative program for the public.

The committee participated in the District Home Demonstration Committee Meeting by sending four delegates as representatives from the county.

4-H Council

The 4-H club council is composed of club officers, and sponsors who work jointly with the Advisory Board in planning the 4-H club program and county 4-H activities for the year. The council sponsored a picnic at Mark-Haven Beach, Center Cross, Virginia. Mrs. Ida Anderson and Mrs. Eugie King accompanied them.

The council participated in the Wild Life Conference and the State 4-H Short Course by sending seven 4-H members and two leaders as representatives from thecounty.

Leadership

Contributions of Volunteer Leaders

Volunteer leaders played a very important role in the extension program. Subject matter, organizational, andprogram development leaders held a total of sixty meetings during the year, and gave fifty seven demonstrations. Program development leaders led fourteen discussions to adult groups.

Four 4-H club leaders held meetings fourty six times and gave twenty two demonstrations. to groups without the presence of the agent.

Organizational Leaders

These leaders were trained in groups and individually in organization, parliamentary procedures, order of business meetings, and to encourage rotation of club members from one office to another. In most of the adult clubs this leader served as parliamentarian, and as a guide for the selection of officers for next year.

Program Development

A program development leader is appointed in each club. The object in selecting this person is to get a women who is active and interested in community work, one who is interested in her community progress and its residents. Each month the program development sends a report of the activities of the club, improvements made by club members, andthese reports are memeographed and distributed to each club member, in order that each club will know the accomplishments of the various groups. These leaders serve as guides to the clubs in developing a program. These attend the home demonstration planning meetings and present the program for the coming year to the respective clubs.

Subject Matter Leaders

The subject matter leaders were train ed in groups and individually to lead discussions, give demonstrations, to know subject matter related to the project well, to be familiar with technical terms, and to use their own words to give information to club members. These leaders gave information and demon-

strations in groups and to individuals, whether they were club members or not.

Growth of Home Demonstration Club Project Leadership	1948	1949	1950	1951
Number project leaders and goal chairman	8	15	29	32
Number training meetings held by specialists	0	9	0	1
Number training meetings held by agent	1	10	14	30
Attendance at all training meetings	18	88	64	139
Number club meetings held without agent present	4	8	25	60
Number club meetings at which leaders assisted	3	18	40	45

Growth of 4-H Club Project Leadership	1948	1949	1950	1951
Number adult project leaders	3	4	12	15
Number junior project leaders	1	2	2	12
Number training meetings held by specialists	0	0	0	0
Number training held by agent	1	10	12	20
Attendance at leader training meetings	18	19	34	53
Number 4-H leaders trained individually	1	4	12	27
Number club meetings held by leaders without agent present	2	15	24	46
Number additional club meetings at which leaders assisted	5	23	30	41
Number demonstrations given by leaders				
by adult leaders	3	19	30	55
by junior leaders	3	11	28	28

Activities of Leaders

Four-H girls made a creditable showing at the Eight County Tidewater Agricultural Fair which was held in West Point September 10 through 15 th. Club leaders Mrs. Ida Anderson of Hockley, Mrs. Blanche King of Gressitt-Plainview, Mrs. Roxie Bagby of Little Plymouth, and Mrs. Ethel Baylor of Cwenton 4-H clubs assisted in exhibiting fifty seven articles on the fair and arranging display attractively, for 4- H club girls.

On July 7, 4-H club leaders, Mrs. Mary Spencer, Mrs. Ida Anderson of Hockley 4-H club, Mrs. Eugie King and Mrs. Blanche King of the Plainview-Gressitt 4-H club accompanied 4-H club members on an educational trip to Log Cabin Beach near Williamsburg, Virginia. The adults furnished a pinic lunch after which club members sang songs and played games.

All home demonstration club members expressed interest in making metal trays. In order that leaders in each club would receive training, three leader training meetings were held. Twelve leaders were trained who assisted 54 women in making trays. A total of 77 trays were completed with the assistance of these leaders. Miss Grace Banks of St. Stephens Church, made an eight piece coaster set and Mrs. Irene Montague made three trays for Christmas gifts after being trained in a group.

Work With Other Agencies

Leaders and agents worked cooperatively with the Parent-Teacher Association, the American Red Cross, Association, the T.B. Association, The Farmer's Home Administration, and the County Cancer Chapter. Work was done with these agencies and through close contact with these organizations some of the needs of the county were discovered.

Assistance With Gloucester Fair

The home agent rendered services to the local farm agent in Gloucester County in judging clothing, household articles, handicrafts, canned and baked products, and educational exhibits.

Appraisal of Year's Work

Through this year's program the county people have realized that the extension program is an important one. It has enabled homemakers to realize the accomplishments gained through organization and cooperation of a group in solving problems. Through organized groups following recommended practices, results have been obtained and improvements have been made which aroused the interest of others to the point where there were suggestions by which they

could improve existing conditions.

The membership and number of both adult and 4-H clubs have increased. The flexible program, a program planned by the groups, and results of the extension program have been largely responsible for this increased interest.

The program has made worthwhile contributions to better family living in developing in the citizens in King and Queen an awareness of the urgent needs for : sewing to meet theclothing needs of the family rather than buying all ready-made garments, a better satisfied farm family through family recreation, better health practices, making home improvements with special emphasis on better kitchen planning, and planning, producing, preserving foodstuffs according to an annual food supply budget. These factors have contributed a great deal towards raising the standard of living of the entire county. The program was planned to make people think independently so that he might see his needs and become anxious to improve his economic status, as well as his social, recreational, and health conditions.

The home agent wishes to express her gratefulness to the staff members of the State Colleges, experiment stations, King and Queen Board of Supervisors, farm and home agents from other counties, and to the U.S. Department of Agriculture for services rendered in making the extension program successful in King and Queen County, Virginia.