

VIRGINIA

ROCKBRIDGE COUNTY HOME DEM. AGENT ANNUAL REPORT 1935

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REPORT FILES
 OFFICE COOPERATIVE
 EXTENSION WORK

ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION WORK
ROCKBRIDGE COUNTY

VIRGINIA

HOME DEM AGENT ANNUAL REPORT

1935

Miss Elisabeth S. Carmichael

Home Demonstration Agent

December 1, 1934 - - November 30, 1935

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III. PERSONAL REPORT SUMMARY

Days in field	73½
Days in office	208½
Days annual leave	14
Days sick leave	10
Days leave without pay	---
Legal holidays taken	7
Number home visits made (adult).....	346
Number 4-H Clubs demonstrations visited	114
Total number different homes visited	220
Office calls	457
Telephone calls	493
Number news articles or stories prepared for press	230
Number individual letters written	1053
Number different circular letters prepared	116
Number meetings attended	329
Number miles traveled	10,277

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IV. STATUS OF COUNTY EXTENSION WORK

1. Financial Support

The County Board of Supervisors for Rockbridge County is composed of six members; each member representing one of the six magisterial districts. This board of county supervisors appropriates \$900.00 per year towards the home demonstration agent's salary. In addition to this they supply an office and a telephone and have given some stenographic help during the past year. This board meets monthly at the county seat in Lexington. The home demonstration agent gives a quarterly report to the board. This helps to keep the supervisors informed about the work being accomplished in the county. The reports are similar to the following:

QUARTERLY REPORT OF HOME DEMONSTRATION WORK IN ROCKBRIDGE COUNTY June, July, and August 1935

Communities in Which Home Demonstration Agent Worked:

Alone	Fairfield	Oak Hill	Rockbridge Baths
Brownsburg	Effinger	Monmouth	Ruffner
Blackburg	Glasgow	Natural Bridge	Timber Ridge
Buffalo Forge	Goshen	Old Buena Vista	Vesuvius
Colliertown	Kerr's Creek	Palmer	Raphine
Cornwall	Lexington	Denmark	

No. Homes Visited 102
No. meetings held 98
Individual Letters 188
Miles 3502

The Rockbridge County 4-H Club camp that was held June 17-21st was most successful. There were 15 boys and 34 girls enrolled making a total enrollment of 47 club members from the county who took part in the camp program. There were 15 adults who assisted with the organization and program. These were all Rockbridge County people, with the exception of Miss Dorothy Brown, Recreation Director, and Mr. Wilber O'Byrne, Forestry Instructor.

On July 11th a county 4-H contest day was held for the girls and boys of Rockbridge County to select the healthiest girl and boy and the winners in the correct dress contest. Twenty-four girls and boys entered this contest and seven were selected as delegates to attend the State Short Course at Blacksburg had it been held.

Plans have been made for each of the home demonstration clubs to hold two demonstrations in two different neighborhoods in their community where the people are not being reached through the home demonstration program. The agent hopes in this way to

reach approximately 200 more women than have been reached during the past year.

The last adult leaders meeting was held in July with a splendid attendance.

Twenty-three women attended the Institute of Rural Affairs held in Blacksburg, July 29th---August 1st. These women stayed for the entire meeting and felt it was a splendid opportunity for them to come in contact with other rural women over the state and it helped familiarize them with the home demonstration program.

The market held its anniversary sale on Saturday, July 6th. At this time small bunches of flowers were given to everyone making a purchase that day. The market sales for this quarter have been \$918.56.

Respectfully submitted,

(Miss) Elizabeth S. Carmichael
County Home Demonstration Agent

Advisory Board

The Home Demonstration Advisory Board is an organization composed of all the officers of the home demonstration clubs. The function of this board is to plan with the home demonstration agent the program of work for the county; taking in consideration the

needs and wishes of the homemakers in the county. This board is composed of 88 women and holds three meetings during the year. The fall meeting is the county planning meeting at which time each committee woman is asked to attend. The other two meetings are executive board meetings composed of the chairmen of each of the eleven home demonstration clubs and the seven members at large.

A planning meeting for the 1935 program was held in October, 1934. This was a morning meeting held prior to the afternoon achievement program. This being the first advisory board meeting held for the county the permanent organization for home demonstration work was formed. Committees were appointed to work out campaign plans and to set the requirements for those homemakers wishing to wear a home demonstration pin. After this routine business, the State Home Demonstration Agent explained the value of local leadership and urged each club to develop this phase of work in their community. The projects for 1935 were selected. Since home demonstration work was only started in Rockbridge County in March 1934 the members of the Advisory Board felt that a continuation of the food project would be the best thing for the clubs to major in for 1935. They felt that this would be of interest to all

classes of people and thereby the home demonstration program would be serving more county homemakers. The minor subjects which were recommended for other demonstrations were poultry, clothing, home management, and house furnishings. This gives each club six food demonstrations with six other meetings on any subject they wish them.

No county goals were set at this meeting, but each club was asked to make their own goals stressing the things which were needed to strengthen the home demonstration program in their community.

There are 3,964 home makers in Rockbridge County. Through the home demonstration program there have been 592 women attending one or more demonstrations during the past year. The home demonstration clubs report that help has been given indirectly to 436 women not attending the club meetings.

The Advisory Board has promoted the interest of home demonstration work this past year by offering prizes to both individuals and clubs for various accomplishments made during the year. This has been a great stimulus in promoting home demonstration work in the county.

3. 4-H Club Council

The 4-H Club Council is the county organization support-

ing club work. Its function is to plan with the home and farm agents the program that is most suitable for club work during the year. It's customary to hold two meetings during the year; a fall meeting at which time a county plan of work is made and a summer meeting to check on work done and finish up the year's program. Due to the paralysis epidemic the summer meeting was not held.

The membership of this council is composed of the club officers making a membership of 55 during the past year. All club leaders are asked to attend the council meetings and give suggestions and guidance to the planning of the county program.

The following county plan of work was made for 1935:

Rockbridge County 4-H Plan of Work for 1935

<u>Goals</u>	<u>Accomplishments</u>
Each club have a strong recreational program.	Five clubs had strong Recreation Period.
Have each club discuss social customs that are needed for their particular community.	Six clubs discussed social customs.
Have each club, that is eligible, send two delegates to the State Short Course.	Not Held.

Have each club raise money to defray minimum expenses of the club.

Five clubs met minimum expenses.

Have each club pay dues to the County Council.

Four clubs paid dues.

If possible, plan to hold a county camp somewhere in the county.

Held June 17-21.

Try to develop a county chorus made up of club choruses.

Not accomplished

Have some boys in each club keep farm record account..

Not accomplished.

Each club made a club program for their year's work. The fall meeting of the county council was held the fourth Saturday in November at which the new officers were elected and the program for 1936 was worked out.

There are 1,968 girls in Rockbridge County of club age and 200 were reached through the club program for 1935. It is hoped this enrollment will increase for the new year and the agent is urging the home demonstration club members to encourage their children to take part in the club program.

The farm and home agent have raised the club age for Rockbridge County to twelve years to twenty-one years. This will

make the program more interesting for the older girl and boy and should be the means of holding them longer in club work. A great difference was noticed in the council meeting held the fall of 1934 and the fall of 1935. A group of much older girls and boys attended the last council meeting and the agents feel a much stronger program built.

4. General Policies

The schools of the county have shown a splendid spirit of cooperation by giving the agent two hours once a month to conduct the club program; one hour for project instructions and one hour for the 4-H club meetings. The teachers have encouraged the girls and boys to take part in the club program and do their project work.

The agent has cooperated with the relief office in all projects concerning the welfare of the relief people in the county. Assistance was given the garden director in carrying out her food preservation program. Through the adult education program the agent has been able to contact some people not being reached through the home demonstration program. This has been done by giving some demonstrations and lectures to the adult education classes.

The agent is a member of the advisory committee for rehabilitation work and has attended two of the meetings and given help when called on to do so.

The agent has assisted many schools in working out plans for the hot lunch project for the coming year, 1936.

The Federal Housing program was not a success in this county. The agent tried twice to hold meetings and get a board appointed but the interest was not sufficient to see the project through.

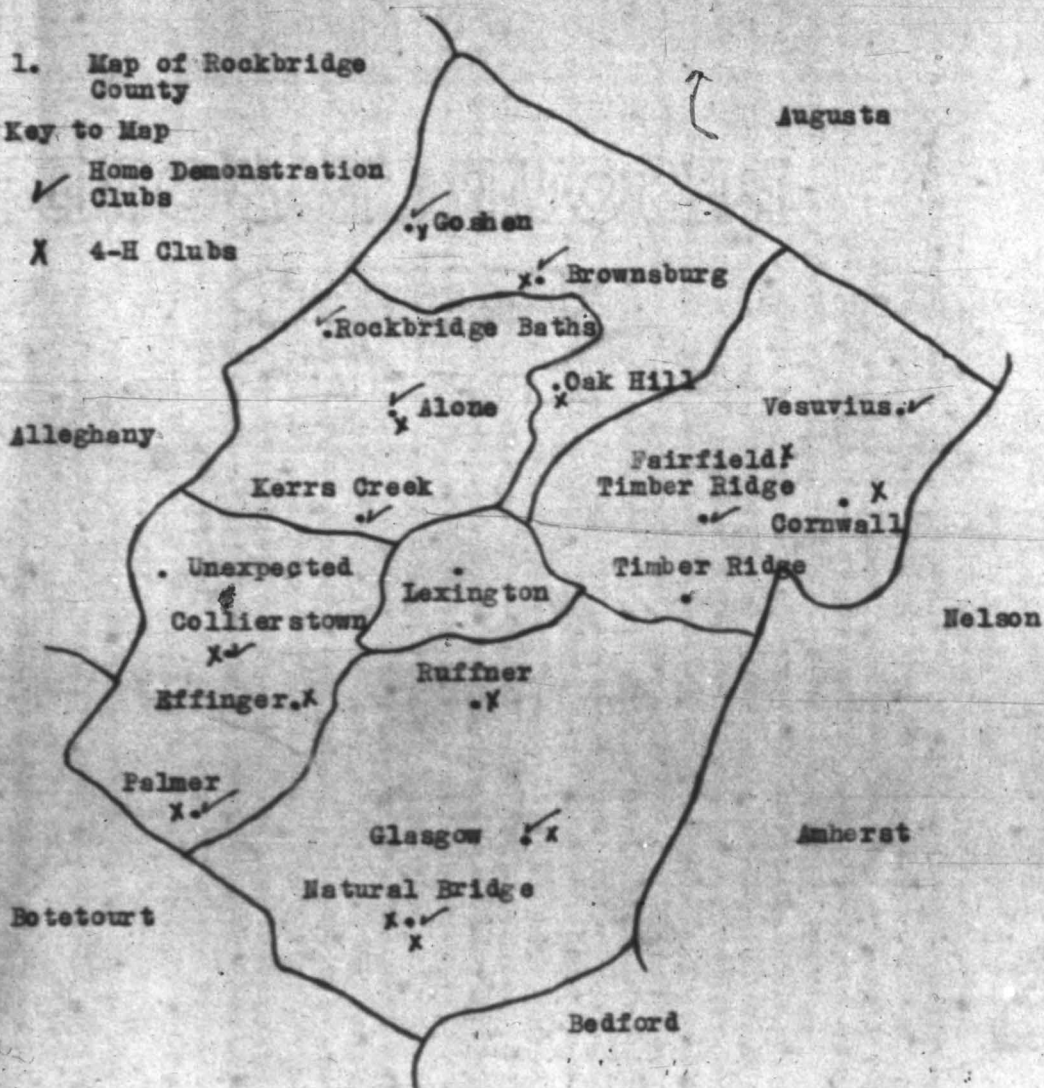
V. PROGRAM OF WORK

1. Map of Rockbridge County

Key to Map

✓ Home Demonstration Clubs

X 4-H Clubs



<u>Home Demonstration Clubs</u>	<u>Membership</u>	<u>No. Meetings</u>
✓ Alone	50	12
✓ Brownsburg	58	11
✓ Collierstown	34	12
✓ Fairfield-Timber Ridge	70	12
✓ Goshen	37	12
✓ Glasgow	27	11
✓ Kerrs Creek	35	12
✓ Natural Bridge	29	11
✓ Palmer	20	12
✓ Rockbridge Baths	30	11
✓ Vesuvius	22	12
	<u>392</u>	<u>128</u>

<u>4-H Clubs</u>	<u>Membership</u>	<u>No. Meetings</u>
X Alone	15	4
X Brownsburg	17	10
X Collierstown	16	10
X Cornwall	13	4
X Effinger	15	13
X Fairfield	24	10
X Glasgow	27	8
X Goshen	19	11
X Natural Bridge	19	8
X Natural Bridge Jr. Home-makers	12	6
X Oak Hill	14	12
X Palmer	11	10
X Saffner	10	14
13	<u>212</u>	<u>120</u>

2. Scope of Work

Enrollment for the past three years

Year	WOMEN		GIRLS	
	No. Clubs	No. Members	No. Clubs	No. Members
1932	:	:	:	:
1933	:	:	:	:
1934	10	332	11	118
1935	11	392	12	212

3. Women's Work

a. Major Projects -

Hockbridge County selected as their major project health giving menus for all the year. This included five demonstrations on the preparation of meals and one demonstration on canning for healthful meals. This project emphasized the health side of making menus for the three meals a day, with special emphasis on planning for adults and children in the same meal. Menu planning for a week in advance was recommended as the most satisfactory way to see that a family was receiving balanced meals. Demonstrations were given on yeast breads and their place in healthful meals, breakfast, quick dinners for busy days, simple and wholesome suppers, and preparing and serving the well planned dinner. The home demonstration

clubs started their food program off with a demonstration on yeast breads in January and the other demonstrations followed taking the meals in consecutive order. 236 women report that they are serving better balanced meals due to this food project. 148 have improved the way they pack school lunches. 62 women are trying to follow recommended methods for weight control. 238 families report that they are "Living at home" (raising practically all food used). 32 women are making cheese and report 635 pounds made during the past year. The number of quarts of fruits, meats, vegetables, pickles, jams, and jellies reported are 65,420. The value of this is \$16,409.58. The estimated cost of this food canned is \$8,604.78; making the net saving of \$7,804.80.

Only one community canned for hot lunches in the school. This was done for Highland Belle School in Kerrs Creek District, and 325 quarts were canned.

b. Minor Projects

Home management was selected by two clubs as one of their subjects. A demonstration on home dry cleaning was given to one club and a demonstration on homemade cleaners to another. These demonstrations both proved most popular and the reports show good results. The women report the following accomplishments during the past year in the home management project:

71 articles dry cleaned, 1884 pounds of soap made, 193 pounds floor wax, 53 quarts furniture polish made, and 10 pints silver polish made.

County Campaign

To make Rockbridge County homes more sanitary was the aim of the Advisory Board in planning the county campaign for 1935. The slogan that they chose was "Clean Up, Screen Up, and sink Your Troubles"; these being the three goals they wanted to emphasize, and have each homemaker working towards. Any home in Rockbridge County was eligible to enter this campaign and it was promoted through the eleven home demonstration clubs in the county; each club striving to enroll as many homes as possible. This was done through a club chairman, who was appointed or elected by the extension committee in each club. This chairman was responsible for enrollments and the final check of results made during the campaign. Each home demonstration club woman was asked to follow at least two of the five goals which were as follows:

Suitable fly protection for the entire house.

To install or improve sink and drainage.

Adequate disposal of garbage.

Removal of all rubbish accumulation, during county clean-up week.

Regular cleaning of the interior of the toilet.

As no plans were made in the home demonstration club program for information to be given on these various goals a county meeting was held during Better Homes Week and each goal discussed and information given on how they might be accomplished at a minimum cost.

250 homemakers attended this meeting held on April 30th. Dr. B. B. Bagby of the State Health Department, was the morning speaker, and a representative from the Federal Housing Program, was the afternoon speaker. Both of these persons gave helpful information on campaign improvements.

Eleven communities participated in this campaign with an enrollment of 290 homes. On October 15th when the final check was made there were 250 of these campaign members who made a final report to the community campaign chairman. The reports show the following improvements were made.

85 screened their houses.

70 screened doors.

38 made and used recommended fly traps.

16 families installed a sink.

20 made improvements on the sink and drainage they had.

130 reported improvements were made on the disposal of garbage.

135 have cleaned their toilet regularly during the campaign.

215 participated in the county clean-up week, May 11th.

3 built sanitary toilets.

This report shows that a splendid piece of work was done by the campaign chairman and the advisory board should feel proud of the way in which these chairmen carried on their program through the county.

Poultry was selected as a minor project for ten of the home demonstration clubs. Two meetings were given over to this subject; one in the spring on the selection and care of baby chicks and one in the fall on culling. These meetings were illustrated with film strip, where ever possible, and the use of fowls. In getting the final reports 30 families followed recommendations in buying their baby chicks, 75 families followed recommendations in raising chickens, 30 families used recommended methods for disease control, 19 culled their poultry flock, and 8 families improved their poultry houses.

Clothing was selected by ten clubs as a minor. 7 clothing clinics were held; 7 demonstrations on children's clothing and 2 demonstrations on good grooming. The State Clothing Specialist was here for three clothing clinics which were combined with two groups each. She gave valuable help to the women and aroused much interest in making over old clothes. The agent held four other clinics in the county making the total of seven. From these clinics

49 garments were remodeled, 12 hats were remodeled at an estimated saving of \$235.00. 25 women reported that they were wearing more sensible shoes. 71 women are following recommendations for children's clothing.

House Furnishings was selected as a minor by 9 home demonstration clubs. The demonstrations given were the use of feed bags, suggestions for small articles for Christmas and other occasions, and reseating chairs. 9 groups had the demonstration on Christmas Suggestions, and one the uses of feed bags, and one on chair seating. These demonstrations have created a great deal of interest and to date 16 chairs and stools have been resealed.

Home Beautification of Grounds. One group had a demonstration on landscaping which was given by the state specialist. While she was in the county she gave assistance to three individuals on landscaping their yards.

Leaders Training Meetings. Each of the eleven home demonstration clubs had two women selected at the beginning of the year to serve as their project leader for their major project, which was food preparation. This made a total of 22 leaders who served for the adult project work. It is customary to hold three meetings for the major project and the first meeting was called

for December 10th, but due to a dreadful snow storm the meeting was poorly attended so this necessitated three other leaders meetings to make the work effective in the clubs. The state food specialist was here for the first meeting and the agent conducted the other three. The attendance at these meetings was splendid. At the first meeting there were only six persons; the second meeting 22; the third 20, and the 4th 22; making two of these leaders meetings 100 % in attendance.

Each of the eleven home demonstration clubs have held two meetings on the major project, without the agent. Three clubs held three demonstrations; making a total of 25 demonstrations given without the agent by the leaders who were trained at the leaders meetings. The leaders assisted the agent or gave in her presence 35 demonstrations; leaving a total of six demonstrations carried on by the agent without any assistance from the leaders. The leaders report that they have given 172 days to their work. This makes an average of 6 days per leader. Some of this time was spent in neighborhoods where there were no organized clubs.

State Federation of Home Demonstration Clubs. Rockbridge County had 46 women attending the district meeting of the federation of home demonstration clubs held in Charlottesville on April 4th. These women represented 8 of the 11 communities where there's a home demonstration club. This program helped to give the women of Rockbridge County a better realization of what home demonstration

work could mean to a county. Many of the women said it was the best all day meeting they had ever attended.

23 women attended the state meeting of the Federation of Home Demonstration Clubs held in Blacksburg, July 30th through August 1st. 21 of these women went on Monday and came back Friday staying for the entire program. Two came up for two days. This delegation represented nine communities where there's a home demonstration club. Each of the nine clubs paid part of one or two delegates' expenses.

The women were pleased with the program and liked the variation with which it was made up. They were particularly pleased with Mrs. Toby and Dr. Andrus and would like to have something along both of these lines for another year. The social part of the program was of interest to many.

These meetings helped to stimulate the interest of the program back in the county and played a vital part in making up the program for the county.

e. County Meetings

Fairs. The home demonstration agent cooperated with the fair association in putting on a display showing the results of home demonstration work in the county. 7 of the clubs put on educational exhibits featuring poultry, children's clothing,

table service, making of yeast breads, school lunches, adequate canning budget, and the value of vegetables in the diet. In addition to this there were four open classes the women could exhibit in; canning, bread, cheese, and soap. \$14.00 was given for these open classes and \$14.00 to the club exhibits; making a total of \$28.00 in prizes received by the women taking part in the home demonstration work.

The First Better Homes meeting for Rockbridge County proved a most successful day. The meeting was attended by 300 women and the program centered around the county campaign, to make Rockbridge County more sanitary. Dr. B. B. Bagby from the state health department in Richmond was the morning speaker, and a representative from the Federal Housing program spoke in the afternoon on making the kitchen more convenient. Several entertaining features were included on this program, both morning and afternoon, and lots of group singing.

The advisory board served lunch at this meeting and realized \$37.61 for the treasury.

Achievement Program. The advisory board planned for the second womens' achievement program to be held on October 29th. This was an all day meeting and was attended by 250 women.

The program started off with group singing which was followed by reports from each of the home demonstration clubs. These reports were given by the secretaries of the clubs. County summaries were given showing the progress made in the different phases of work. Example: Adult leaders work; county campaign; recreation work, and general county summary.

The county delegate gave a report of the Rural Women's Conference held in Columbus Ohio in September.

Lunch was served by the advisory board for 25¢ a plate. The food is furnished by the home demonstration clubs for these dinners and a committee serves to get the lunch ready.

The afternoon program consisted of a remodeled dress revue; a talk on what makes for happier homes in Rockbridge County by the State Home Demonstration Agent, and the announcement of individual and club prizes made. Kerrs Creek home demonstration club won the prize of \$2.50 for the best club report and accomplishments. The Fairfield home demonstration club won the prize of \$5.00 for having the best report on the county campaign. These prizes were offered by the Advisory Board.

The women look forward to these county meetings and have made definite plans to have their clubs represented.

2. Market Work

The home demonstration market was organized in Rockbridge County in July, 1934. During the past year 17 women

have sold their surplus products on this market. Only those women who are home demonstration club members are eligible to sell and their products must reach a certain standard before they can be sold. The market is under the supervision of the home demonstration agent and is run by a manager who is paid \$2.50 a Saturday. The market is open once a week from 8:30^{A.M.} to 12:30^{P.M.}. During the last year the market sales ^{amounted to} have been \$4196.08.

The merchants attitude towards the Rockbridge County home demonstration market is exceptionally fine. The grocermen in the town have cooperated in every way possible to make the market a success. There has been no complaint as to price and products, but the manager has been very careful to see that the prices correspond with Lexington's market prices. ^{PP} The women tell very interesting things that they have been able to do since they have ~~been selling on the market~~ had the market money. One woman said her four little girls wouldn't have had winter coats had she not had the market money. Two women have installed a sink, and they all say many holes have been stopped that would not otherwise have been.

The largest amount taken in by one seller during the year was \$137.42, and the largest daily amount taken in by one seller was \$20.55. Baked goods is the most popular product sold, and chickens and fresh meats come second. The market has ^{now} been open 53 days during ¹⁹³⁵ the past year.

g. Rehabilitation Work

The agent has served on the advisory board for the rehabilitation program and has given assistance to the workers when called on to do so. Information has been given on house-keeping, foods and clothing.

h. Relief Work

The agent has given assistance to the relief office in helping to establish a sewing room and giving information on sewing and construction. The supervisor consults the agent on various problems she is confronted with.

Help has been given on working out food supplies for families on relief in order that they may have a balanced diet even though they have a small food budget.

The relief office furnished help for the county 4-H camp by giving two cooks; a dining room supervisor and two other helpers.

The agent assisted the subsistent garden supervisor by helping her to plan food preservation demonstrations and in working out storage plans for winter fruits.

i. Program of Best Club

The Kerrs Creek home demonstration club made the best report and showed the greatest accomplishments during the past year. They fulfilled all of their club goals which they set at

the beginning of the year. They have a club enrollment of 35 and their average attendance was 28 for the year. The club leaders carried demonstrations in two other communities and gave three demonstrations. One group that they gave a demonstration to is interested in forming a club. They hope to get this club organized the first of the year.

There were 26 of their members who attended the achievement program and 25 members submitted reports of work done during the year. This club canned 235 quarts of soup mixture to be used for school lunches at Highland Belle. Three steam pressure cookers were bought in this club.

j. Recreation

Each home demonstration club planned to have a short recreation period at each of their meetings. Some of these periods had to be forfeited because the food demonstration was so long.

The home demonstration agent held the leaders meeting in January at which time she gave out programs planned for each meeting, which included two games and a song. The leader was to use as much of this as she could for each meeting. Many of the recommended games were games that could be used for home recreation for the family.

Two home demonstration clubs held community socials and planned recreation was given.

4. Girls' Work

a. Major Project

The 4-H club girls of Rockbridge County selected clothing as their major project for 1934; this being a continuation of the project carried the year before. There were 184 girls who enrolled in the clothing project and 147 who completed. This enrollment included ten clubs in the county and there were ten leaders who gave their assistance in carrying out this project. Each club held a monthly project meeting at which time demonstrations were given on clothing instruction and the members received individual help. The majority of these clubs met in school; having a hour for each meeting. The summer meetings were longer as they were held at the schools or in a home. Reports show that 166 dresses were made and the estimated saving \$70.40. 204 other garments were made at an estimated saving of \$50.50; making a total of 370 garments made at a saving of \$120.90.

One club wanted to organize a club but couldn't secure a club leader. One of the girls who was twenty years of age said she would be the club leader if they could have a club. This club was organized and has done a very splendid piece of work under her leadership. She attended the leaders meetings and carried on the club project with the other girls. Her club had a larger percentage of its club members completing; more of its members exhibited in the county fair than any other club and they

sent a contestant to each of the county contests.

b. Minor Project

Canning. 23 girls signed up for the canning project. Only 13 made exhibits at the canning contests. Therefore, the county could not enter the district contest. The club members report 1,237 quarts of fruits and vegetables canned during the year. 13 girls made exhibits at the county fair in canning, and 16 girls report that they canned 50 quarts or more alone.

Gardening. There were two garden clubs organized in the county with 28 members enrolled; 12 boys and 16 girls. 18 completed the project. 5 and 3/4 acres was planted by the garden club members and the value of the vegetables raised estimated at \$331.80. The cost was \$72.30; making a net profit of \$262.30. 97 clothing club members report that they had assisted with the home gardens.

Growth. Work. Each of the 12 4-H clubs in the county selected their healthiest girl to enter the county contest which was held in January. The winner in the county contest was from the Goshen 4-H club and she entered the district contest held in Charlottesville in October. The growth work has stimulated the interest of the children and made them very conscious of having a sound mind and a sound body.

c. Program of Best Club.

The Oak Hill 4-H Club carried out more of their goals than any other club in the county. They sent contestants to enter all of the county contests and were fortunate in having the girl who won first place in the county dress revue. The second winner in the growth contest was from their club. The club raised money to pay half of the expenses of four delegates to the county camp and \$5.00 each for two to attend the state short course. They held one social for 4-H club members and each was allowed to bring one guest.

d. Leaders Training Meetings

Five leaders meetings were held with an attendance of 27 leaders. The specialist was here for four of the meetings and the agent held one. Only five of the leaders were able to carry out their club program. Various things hindered the others. The leaders report that they have given 80 days to leadership work. 14 method demonstrations were given by the leaders in the absence of the agent. No leaders association has been formed.

e. County Camp

A County camp for 4-H club members of Rockbridge County was held June 17-21st with an enrollment of 47 club members; 13 boys and 34 girls; 13 club leaders and other adults assisting with the management of the camp; making a total of 60 at camp.

The president of the county council was appointed big chief by the farm and home agent and the other camp officers were elected by the group. The Indian form of organization was followed and the two tribes were known as Shawnee and Cherokee with a lesser chief elected for each tribe. The morning program was given over for instruction in parliamentary procedure, first aid, tree identification, and hand work. The afternoon was given over to recreation entirely.

The program around the camp fire proved to be one of the most interesting features of the program. Here the tribes challenged each other to various stunts, songs and games.

The vesper program was held each evening prior to the camp fire program and two outside speakers were asked in for two of the four programs.

Each club member paid \$3.00 and brought approximately \$1.00 worth of food from home. This made the camp pay out.

The camp has certainly stimulated interest in the 4-H club program and the enrollment this fall certainly shows the influence of the camp.

1. County Meetings

Fairs. The 4-H Club members entered exhibits in three classes in the county fair; clothing; gardening; and canning.

32 members exhibited in these three classes and the club members received \$23.75 in prizes.

4-H Achievement Program

The 4-H Achievement program for Rockbridge County was held Saturday afternoon in the courthouse with one hundred present. The meeting was presided over by Edith Mae Fultz, President of the County Council. The meeting was opened with the singing of club songs after which the president welcomed the club members, leaders and visitors to the second achievement program for club work in Rockbridge County.

Reports were given by each club showing the work that had been done during the year. County summaries were given by the farm and home agents.

A prize of \$2.50 was won by the Goshen 4-H club for having the best report and the largest number of its members present. Two achievement medals were awarded to Nell Wade of the Oak Hill 4-H Club and Edith Mae Fultz of the Fairfield 4-H Club. These two girls were selected for the outstanding work they had done in the club program. Recognition was given to the first and second winner in the county dress revue; Edith Wade of Oak Hill 4-H Club and Martha Gans of the Goshen 4-H Club. Gay Griffiths, winner of the growth contest was introduced.

After club yells and songs were given the group attended the Lyric theatre as the guest of the theatre. This concluded the program for the day.

g. Older Girls Work

One group of junior homemakers has been organized in the county with a membership of 14. This club was organized in July and spent most of their time on clothing. This seemed to be the thing that was of most interest to the girls. They had one demonstration on refreshments for simple entertaining.

They planned to hold an outdoor supper at which time guests were invited, but this was called off due to the epidemic of paralysis.

h. Recreation

Each club has had some recreation at their programs during the year but none of them carried out the suggestion of the county council to have a strong recreation program. Plans have been made to strengthen this part of the 4-H club program for the coming year.

V. PROGRESS DURING THE YEAR

Prior to March 31, 1934 there had been no home demonstration work in Rockbridge County other than a temporary organization which was set up to establish home demonstration

work in Rockbridge County permanently. The permanent advisory board was organized in October 1934 following the organization of ten home demonstration clubs. At the close of this year the agent can report one additional home demonstration club and four additional 4-H clubs. The womens' work has made great strides and shows much development in leadership at the end of the year. The work done at the leaders training meetings and by the leaders in their respective clubs is quite gratifying to the agent. The chairmen of the home demonstration clubs have felt their responsibility and shouldered their duties nobly. This, of course, has left much time for the agent to work with other organizations in the county.

The 4-H club enrollment has increased from 118 to 212. This is an increase of 94 members over last year and four additional communities being reached.

The agent is satisfied with the work done with the women of the county but is sorry not to report an additional home demonstration club; making a total of twelve. Her efforts failed to organize one in a community where she had given much time. But in view of the whole program strides have made in this phase of it, although, there is room for much bigger things which time alone can bring.

The 4-H club program has not increased in service to the county as the agent had hoped it would. This is due partially to the lack of leaders' help. The agent is satisfied with the

results gotten in this phase of work and is endeavoring to build a stronger program this coming year by raising the club age from ten to twelve.

It is hoped more families may be reached in 1936 through the home demonstration club program than during the past year.

VII. PLANS AND GOALS FOR 1936

The county planning meeting for 1936 was held on November 6th to make the years plan of work. This meeting was well attended having each of the 11 home demonstration clubs represented and an attendance of 42. At this time the women of the county voted for home management for their major project; taking up home kitchens as the subject for six demonstrations. The three minors recommended were home handy crafts, foods, and clothing. Each club will make out a club plan of work in December; working out a monthly calendar; setting community goals; and designating the time when certain work shall be done by the committee. This plan enables the committee members to advertise the meetings in advance and plan for the work prior to the regular meetings.

The county goals which were set were:

1. Increase average attendance at regular meetings 25%.
2. Take a demonstration to a neighborhood not having a home

demonstration club.

3. Promote 4-H club work one of the following ways: Secure leaders for 4-H club; or help club members plan a public meeting.
4. Send two women to Blacksburg to attend the State Federation meeting of Home Demonstration Clubs; paying half the expenses of each.

The 4-H club girls of Rockbridge County selected as their major project foods. At the present time there are nine organized girls clubs in the county who have enrolled in this project. The agent hopes the enrollment will exceed that of last year. Three clubs have been taken out of the schools and placed in local communities and this will cut our enrollment to a certain extent but the agent hopes that through local leaders that our community girls can be interested in taking ^{part} in their local club. The club age has been raised from ten to twelve hoping that the older girls of the county will take part in the club program more than they did last year. At the county council meeting there was a noticeable difference in the group of girls this year and that of 1954 and the agent feels very much gratified.

The goals recommended by the county 4-H club council are as follows:

1. Hold County Camp in June.
2. Hold Summer meeting of the Council in Lexington, July 1, 1935.
3. Hold 4-H party at a central place.
4. Hold County Achievement Program October 24, 1936.

Each Club Should Aim to:

1. Plan a short recreation program at each meeting.
2. Pay one-half of the expenses of two members to State Short Course (age permitting) and two members to County Camp.
3. Pay County Council dues--large clubs \$1.00 and smaller clubs 50¢ ; payable at council meeting, in July.
4. Hold club contest at May meeting.
5. Plan and carry out a definite community project.

Each club will make up a club plan and program to meet the individual needs. This should be done prior to the December meeting.

With these goals and plans for both the womens' and girls' work the agent hopes to strengthen home demonstration work in Rockbridge County for another year.

PROGRAMS FOR COUNTY MEETINGS

PROGRAM

Educational Movie Few Theatre
Morning Session 11:00
 Ann Smith Academy
Mrs. S. D. Mangus, President,
 Advisory Board Presiding
Song Home on the Range
Invocation Rev. J. A. Johnson
Welcome by President
Talk Dr. B. B. Bagby,
 State Health Department.
Reading - "It Takes a Man to Kill a Mouse" -
 by Mrs. Charles A. Reed, Glasgow H. L. Club
Explanation of Exhibits - Miss Carmichael,
 County Home Demonstration Agent
Adjournment for lunch - Inspection of Exhibits

12:30 - 1:30

Plate Luncheon 25¢ (on sale by advisory board)
 Chicken salad and cheese sandwiches
 Potato salad, deviled eggs, pickles
 Pie and coffee

AFTERNOON PROGRAM - 1:30 P.M.

Quartet W & L Students
Sanitary Needs in Rockbridge County - Mr. R. E. Burgess,
 Sanitary Officer
Conveniences that Save Steps Mary B. Settle,
 and Bachaches State Home Improvement Spec.
Group singing
Plans for County Clean-up-Week Miss Carmichael
Adjournment

COMMITTEES

Decoration Glasgow Home Demonstration Club
Lunch Mrs. Charles Crist, Chairman
Reception Miss Agnes Paxton, Chairman
 Mildred Alphin, Pauline Hotinger, Lois McAlpin

PROGRAMS FOR COUNTY MEETINGS

MORNING PROGRAM

Mrs. S. D. Mangas, President
Advisory Board

Presiding
Old Virginia

Song

Home Makers Creed

Welcome by President

Reports of Home Demonstration Clubs

Alone

Brownburg

Collierstown

Fairfield-Timber Ridge

Glasgow

Goshen

Kerra Creek

Natural Bridge

Palmer

Rockbridge Baths

Vesuvius

County Summary for Leaders

County Summary for Campaign

County Summary for Recreation

General County Summary

Mrs. Loyd Braford

Mrs. W. T. Reveley

Mrs. James Goodbar

Mrs. Y. W. Patton

Solo

Willard King, Tenor

Mrs. A. C. McCorkle

Report from National Rural
Conference for Women

Living Room Trial

Roll Call by Clubs for attendance

Adjournment for Lunch

Brownburg H. D. C.

AFTERNOON PROGRAM 1:30 P. M.

Group Singing

Led by Miss Mildred Alphin

Style Revue of Remodeled Garments

"What makes for Happier
Homes in Rockbridge
County"

Miss Maude E. Wallace
State Home Dem. Agt.

Music

Announcements of Awards & Prizes

Campaign

Mrs. Claude Crist

Remodeled Garments

Miss Maude E. Wallace

Winning Club

Miss Maude E. Wallace

Pins Awarded to
Leaders

Miss E. S. Carmichael
County Home Dem. Agt.

COMMITTEES

Decoration

Collierstown Home Dem. Club

Lunch

Mrs. Claude Crist, Chairman

Reception

Mrs. Clyde Morrison, Chairman

Miss Mildred Alphin

Miss Kate Wade

Mrs. W. E. Fitzpatrick

4-H Clubs Have Program Here On Saturday

Activities Of Past Year Are Reported By Clubs Of County

The 4-H Achievement program for Rockbridge county was held Saturday afternoon in the courthouse with approximately one hundred present. The meeting was presided over by Miss Edith Mae Fultz, president of the county council. The meeting was opened with the singing of club songs after which the president welcomed the club members, leaders and visitors to the second Achievement program for club work in Rockbridge county.

Reports were given by each club showing the work that had been accomplished during the year. County summaries were given by Miss Carmichael, home demonstration agent, and Mr. G. B. Allison, farm demonstration agent.

A prize of \$2.50 was won by the Goshen 4-H club for having the best report and the largest number of its members present. Two achievement medals were awarded to Nell Wade, of the Oak Hill 4-H club, and Edith Mae Fultz of the Fairfield 4-H club. These two girls were selected for the outstanding work they had done in the club program. Recognition was given to the first and second winner in the county dress revue. Edith Wade of Oak Hill 4-H club and Martha Gans of the Goshen 4-H club. Gay Griffiths, winner of the growth contest, was introduced.

Miss Carmichael announced that the age for 4-H club work had been changed for Rockbridge county from ten years to twelve years and up. This will be effective in all clubs and only those girls and boys under twelve who were club members last year will be enrolled in club in club work this year along with the other club members twelve years old. No club will be organized or reorganized in any community where no leader can be obtained. Each club must have their club leader for 1936.

After club yells and songs were given, the group attended the Lyric theatre as the guest of the theatre.

County Women Have Program Here Tuesday

Home Demonstration Clubs Of County Report On Activities

The second Achievement Day program of the women and home demonstration clubs of Rockbridge county was held in the Ann Smith building Tuesday, October 29 with more than 200 attending. The various reports presented at the meeting indicated that there has been a decided increase in activities and accomplishments by the demonstration clubs throughout the county.

Mrs. S. C. Mangus, president of the county advisory board, presided at the meeting and gave a short welcoming talk which was followed by the entire group singing "Old Virginia."

Each of the eleven clubs of the county presented a report of the accomplishments in their communities. Mrs. Lloyd Bradford, of Natural Bridge summarized the work done with the leaders and Mrs. W. T. Reveley, of Timber Ridge reported on the county campaign. Mrs. Page Shoulder, of Rockbridge Baths, presented a report of the recreational work and Mrs. Y. W. Patton gave the general summary for the county.

A report of the national Rural Conference for women, which was held in Columbus, Ohio, was given by Mrs. A. C. McCorkle, of Collierstown. Virginia had next to the largest delegation of rural women in attendance at the conference.

A group of songs by Willard
(Continued on page four)

Alone Demonstration Club Entertains

The Alone homemakers' demonstration club entertained its members and their guests Wednesday evening, Aug. 21st with a lovely banquet at Alone schoolhouse.

The color scheme was green and white, and was beautifully carried out in the flower arrangements, candles, programs, and place cards.

Group singing was led by Mrs. J. M. Copper and Mrs. H. T. Kirkpatrick.

After reading in unison the Home-maker's Creed, Rev. Roy T. Troutman of Bethany Lutheran church, gave the invocation.

Mrs. W. H. Stuart, president of the club, was toastmistress, and gave a most cordial welcome.

Misses Virginia Wilhelm and Geraldine Troutman gave several humorous readings, which were greatly enjoyed.

Mrs. Stuart introduced Miss Carmichael, county home demonstration agent, who complimented most highly the Alone club for its success in putting on such an attractive social affair, and then introduced the speaker of the evening, Rev. James A. Johnson, of Trinity Methodist church, Lexington. Mr. Johnson gave an interesting and uplifting talk on "The Home."

Mrs. Roy T. Troutman very graciously thanked the committee in charge, and also had the honor of presenting to Misses Carlos Lindsay and Josephine Alphin, lovely vases of roses, as tokens of the club's love and appreciation for the work they have done as leaders.

The singing of "Old Virginia" concluded the program and everyone went home feeling they had spent a most enjoyable and profitable evening.

tion club, to have charge of a short recreational period at each of the home demonstration club meetings. Miss Carmichael gave each person a manual containing suggested programs for each meeting. In addition to this directions were given for all of the games that were to be used and tunes to many songs were learned.

Seven of the eleven home demonstration clubs had representatives at this meeting as follows: Mrs. Janet Alexander, Fairfield; Miss Reba Craft, and Miss Lula Chittum, Kerrs Creek; Mrs. H. T. Kirkpatrick, Alone; Mrs. J. E. Goodbar and Miss Page Shoulder, Rockbridge Baths; Coreta Armstrong, Collierstown; Mrs. Arthur Alphin, Alone; Mrs. Fitzgerald, Vesuvius.

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County Women Have Program Here Tuesday

COUNTY WOMEN

(Continued from Page One)

King and a playlet, "The Living Room Trial," concluded the morning program. The advisory board was in charge of the noon luncheon.

The afternoon program was opened with group singing led by Miss Mildred Alphin. A style revue of remodeled garments was presented by eight women who followed suggestions received at the remodeling clinic. First prize went to Mrs. W. E. Wilson, and second prize to Mrs. A. C. McCorkle.

Miss Maude E. Wallace, state home demonstration agent, the speaker on the afternoon program, was presented by Mrs. Mangus. Miss Wallace spoke on the subject "What Makes for Happier Homes in Rockbridge County." For happy living Miss Wallace stressed economic security for the family, adequate space for number in the family, necessary modern conveniences for comfort, sanitation, health and happiness, proper nutrition, exercise, health habits, some outlet to express individual desires for beauty, mental stimulation and character building, and a happy medium in family relationship and affection for the members of the family.

The following awards and prizes were announced: County campaign, first prize, \$3.00, Mrs. J. S. Mackay, of Timber Ridge; second prize, \$2.00, Miss Edith Cash, of Vesuvius; third prize, \$1.00, Mrs. H. McClung, of Fairfield; fourth prize, \$1.00, Mrs. C. R. Goodman, of Crossroads, and fifth prize, \$1.00, Mrs. W. Y. Patton, of Fairfield.

The Kerrs Creek home demonstration club won the prize of \$2.50 offered for the best report and largest number present at the meeting. Fairfield-Timber Ridge club won \$5.00 for reporting the largest number of improvements in the county campaign.

Home demonstration pins were awarded to Miss Josephine Alphin and Miss Carlos Lindsay, of Alone; Mrs. J. E. Brown and Mrs. M. M. Sterrett, of Brownsburg; Mrs. Clyde Morrison, of Collierstown; Mrs. H. A. Bailey and Mrs. J. C. Sterrett, of Fairfield-Timber Ridge; Mrs. Alfred Snider and Mrs. C. W. Bywaters, of Glasgow; Mrs. Lloyd Bradford and Mrs. J. M. Bradford, of Natural Bridge; Mrs. Freeman Pix and Mrs. Albert O. McCown, of Palmer, and Mrs. William Sterrett, Rockbridge Baths.

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Mrs. Roy T. Troutman, very

Recreational Features For Club Meetings

On Wednesday, January 30, Miss Elizabeth Carmichael, county home demonstration agent, held a recreational leader meeting in her office. The purpose of this meeting was to train a committee, which has been selected from each home demonstration club, to have charge of a short recreational period at each of the home demonstration club meetings. Miss Carmichael gave each person a manual containing suggested programs for each meeting. In addition to this directions were given for all of the games that were to be used and tunes to many songs were learned.

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PICTURES OF 4-H CLUB CAMP



4-H camp officers



around the Council fire with 4-H club members